

Sunday  
July 11, 1999

# Canton Observer

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## EVERYDAY HEROES

Do you work with the public every day — and love it? Do you know someone who gives his or her customers that extra special touch? The Observer wants to hear about it. We're looking for people who put the service in customer-service jobs:

- restaurant staffers;
- postal carriers;
- mechanics;
- meter readers;
- convenience store clerks;
- office receptionists;
- or even telemarketers.

We'll take reader nominations and profile a different person in the Canton community each month.

Nominations will be accepted:  
• by phone (734) 459-2700  
• by fax (734) 459-4224  
• or by e-mail at —  
[tschneider@oe.homecomm.net](mailto:tschneider@oe.homecomm.net)

## THE WEEK AHEAD

### SUNDAY

**Church addition:** St. Thomas A'Becket Church, 555 S. Lilley, will hold a groundbreaking ceremony for its new sanctuary, offices and youth center at 2 p.m. Sunday.

### THURSDAY

**Concert in the park:** Waco is the featured band for this week's concert in Heritage Park. Showtime is 7:30 p.m. at the amphitheater. Blankets and lawn chairs are welcome. Refreshments will be available.

### SATURDAY

**Free Immunizations:** Oakwood Healthcare Center-Canton will offer free immunizations for kids taking part in summer activities or headed back to school next fall. Appointments aren't necessary but parents must bring their child's immunization records. Physical exams will also be available on an appointment basis. For information call the center, 1-800-543-9355.

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## Interim chief on job Monday

### SCHOOLS

BY TONY BRUSCATO  
STAFF WRITER  
[tbruscato@oe.homecomm.net](mailto:tbruscato@oe.homecomm.net)

Plymouth-Canton Schools will see the passing of the torch this coming week on two fronts, as the district gets a new superintendent and a new school board president.

Interim superintendent Ken Walcott, 58, begins his new post Monday, as current Superintendent Chuck Little prepares to leave for a position at Indiana University on Thursday.

Walcott said he plans to spend the week with Little to receive insights on the issues facing the district, and then move ahead.

"I don't plan on being a lame duck superintendent," said Walcott. "I would like to do as much as I can for the district in the coming six months to make Plymouth-Canton schools a better place."

Walcott said one of his first orders of business will be to call every adminis-

Please see **SCHOOLS**, A6

## Girl, 7, in critical condition after crash

BY SCOTT DANIEL  
STAFF WRITER  
[sdaniel@oe.homecomm.net](mailto:sdaniel@oe.homecomm.net)

A 7-year-old Canton girl is in critical condition after the car her mother was driving was struck at the intersection of Cherry Hill and Lilley roads on July 4.

Brittany Brodie is in intensive care at the University of Michigan's Mott's Children's Hospital in Ann Arbor. According to family members, the youngster was scheduled for a third surgery yesterday in relation to head injuries suffered in the accident.

Canton Police Capt. Laura Golles said a 24-year-old township man will likely be charged with reckless driving, a misdemeanor offense. She said he appeared to have caused the accident by running a red light while traveling northbound on Lilley.

The incident occurred at about 5:40 p.m. on July 4.

Please see **CRASH**, A3

## Police link car theft to 2 local bank jobs

BY SCOTT DANIEL  
STAFF WRITER  
[sdaniel@oe.homecomm.net](mailto:sdaniel@oe.homecomm.net)

A 42-year-old Canton man was charged with stealing a car from a Lilley Road restaurant July 3.

Robert Wayne Chambers was arraigned on a single count of unlawful driving away of a motor vehicle Tuesday by video at 35th District Court in Plymouth. According to Canton Police Capt. Laura Golles, he's also being charged as a habitual offender.

Both charges are felonies. Golles said the car theft is Chambers' fourth offense. She added that he had had charges in Florida as well.

Police reports indicate that Chambers took a running 1992 Chrysler LeBaron that was parked in front of Toarmina's Pizza at 3700 N. Lilley shortly before 6 p.m.

Canton officers responded to the scene and searched for the vehicle. Area police departments were also alerted, reports said.

Van Buren Township Police stopped

Chambers at I-275 and Ecorse Road. He was then taken into custody without incident.

The FBI subsequently interviewed Chambers in connection with recent robberies of two Canton banks.

A man described as 25-40 years old, 5-foot 10-inches tall, about 150 pounds and wearing an orange construction hat robbed Comerica Bank near Canton Center Road June 30. An undisclosed amount of cash was stolen.

A man with the same description attempted to rob the First Federal Bank of Michigan at Ford and Haggerty on June 28, but got no money.

Police said Chambers matches the bank robber's description. Golles didn't say whether the FBI was prepared to bring additional charges against the Canton man or whether he was a suspect.

"The FBI is continuing its investigation," Golles said. "We do what we can to assist them. But it's their case."

## Wet and wild at Griffin Park



STAFF PHOTO BY PETER WILLIAMS

**Balloon toss:** Austin Norton of Canton attempts to catch a water balloon at Griffin Park. The balloon-tossing contest this week was sponsored by Canton's parks and recreation department. Below, Brandon Goble of Canton tries his best to stay dry.



## Canton in their sights — again

■ The National Archery Target Championships will return to Canton next summer for a 3-year-run at Heritage Park. Canton hosted the tournament in 1997-98.

BY SCOTT DANIEL  
STAFF WRITER  
[sdaniel@oe.homecomm.net](mailto:sdaniel@oe.homecomm.net)

After a one-year hiatus, the National Archery Target Championships will return to Canton next summer.

The township beat out six cities, including finalist Sacramento, Calif., to snare the five-day tournament. The National Archery Association of the United States recently made Canton its selection.

Executive Director George Greenway said the NAA's "positive experience" in 1998 with the township was one factor in the selection. He hopes the tournament will grow to include more than 600 competitors in 2000.

"That would be good for the Canton community and for us," said Greenway.

Parks and Recreation Director Mike Gouin said the township is pleased to have the tournament back.

"It brings a lot of exposure to the community," he added. "It's a neat event that brings Olympic-level competition."

Gouin felt several factors put Canton over the top on its bid.

"We're located in the hot-bed of archery," he said. "That's why we drew more archers (in 1998) than in past tournaments."

Canton's proximity to highways and a major airport also helped, said Gouin.

"They know the site will work for their event," he added.

Canton hosted the target championships from 1997-98. The tournament had previously been held on the campus of the University of Miami in Oxford, Ohio.

The NAA, in fact, returned to that site for this year's championships, which began last week. The organization has conducted the tournament for more than a century.

Competition is broken down into compound and recurve divisions. Archers are broken down into "classes" such as cadet, junior, intermediate and senior.

Each class is further broken down into age groups. Greenway said there are upwards of 30 divisions for male and female competitors.

Archers shoot at targets from 30 to 90 meters away. National champions are crowned in each age group.

Archers come from as far away as

Please see **ARCHERY**, A4

## Park it here

## Playground program still has openings

BY RICHARD PEARL  
STAFF WRITER  
[rpearl@oe.homecomm.net](mailto:rpearl@oe.homecomm.net)

There's still time to register children up to age 15 in the Supervised Playground Program sponsored by the Canton Parks and Recreation Department.

The program, now in its 21st year, annually serves about 1,500 Canton youngsters, according to recreation supervisor Bob Dates.

Open Monday through Friday through Aug. 11, the program provides both structured and unstructured leisure-time activities for township kids.

The program operates at 16 neighborhood parks and four other parks which are for residents whose own homeowner's association does not support a neighborhood park — Flodin and Griffin plus Freedom and Heritage, the latter two added

Sites and days, Page A4

this year

"More than half of the homeowners associations donate to their parks," Dates said.

Activities include field trips, sports, arts and crafts, group games and special events.

The program is free of charge to residents except for some special events, which require a small fee.

Supervision is provided by 18 park leaders, who are area high school and college students, Dates said.

Children under 5 who are registered in the program must be supervised by someone at least 18 years of age.

For additional information, call (734) 397-5110.



# 2 charged in incident; robbery is 4th in month

BY SCOTT DANIEL  
STAFF WRITER  
sdaniel@ec.homecomm.net

Two men were charged with armed robbery and retail fraud in connection with a pair of incidents in Canton early Tuesday.

Township resident Robert Lee Kahri, 28, and John Ballard Hinton, 26, of Westland, were arraigned by video at 35th District Court in Plymouth Wednesday. A preliminary exam is scheduled for July 19 at the court.

Both men are being held on \$50,000 cash bond. Armed robbery, a felony, carries a possible life penalty while retail fraud is a misdemeanor punishable by 93 days in jail.

The incident began at approximately 5:30 a.m. at the DeSwaan Motel on Michigan Avenue. According to police, an 18-year-old Canton man was sleeping in his room when Kahri and Hinton entered unannounced.

The men demanded that the teenager drive them to Detroit to purchase drugs, police reports said. When the 18-year-old refused, the men began punching him in the face and placed a knife at his throat.

The teen was able to escape moments later and fled the room. Police said Kahri and Hinton then stole the Canton man's 1985 Chevrolet, along with several other items, and left the motel.

Canton Police apprehended the men at 5:45 a.m. after they allegedly stole cigarettes from Super Kmart on Ford Road.

Officer James Marinelli stopped the vehicle in the parking lot, said Canton Police Capt. Laura Golles. He recovered a brown-handled kitchen knife used in the robbery on the Canton teen as well as the car and stolen cigarettes, reports said. It's the fourth armed robbery

# Embezzlement scheme found

A 26-year-old Redford woman is being accused of stealing more than \$16,000 in cash from a Canton business.

According to township police reports, the woman took funds from a township transportation firm from January of 1998 until early June of this year. Reports said the company's 39-year-old owner discovered discrepancies in bank and computer records indicating that as much as \$32,000 had been stolen.

The owner confronted the woman, who admitted to taking the money, police reports said. She told him that she had changed amounts of checks, deleted check numbers then cashed the checks and written false payroll checks.

Reports indicated that the woman returned \$16,000 of the money. The business owner, however, wishes to prosecute to recover \$16,000 more, said reports.

The incident was reported to Canton Police Wednesday. The case is under investigation.

**OUIL/DWLS**

Canton Police arrested a 40-year-old Canton man after a traffic stop on Ford Road near Haggerty Wednesday.

Police pulled the man over for running a red light at the intersection of Ford and Lotz roads, reports said. Upon a computer check, police discovered that the man had six outstanding warrants from Westland and Detroit on various charges.

Upon handcuffing the man, a township officer noticed the strong smell of intoxicants on his breath, reports said. Several sobriety tests were performed, including a breathalyzer test.

The man registered above the legal limit of .10, reports said. He was subsequently arrested for drunken driving, driving with a suspended license and the outstanding warrants.

## COP CALLS

**Larceny**

More than \$200 worth of items were stolen and damage done to a 32-year-old Canton man's car Wednesday.

According to police reports, the vehicle was parked at the man's home in the 8000 block of Honey Tree. An unknown person broke out the passenger's window and took checks, miscellaneous papers and magazines from the car.

Police have no suspects.

**B & E**

A 55-year-old Canton woman's purse was stolen from her home in the 5000 block of Willow Creek Thursday.

Reports said an unknown person cut the screen on a kitchen window and crawled into the house. The robber then rummaged through her purse and took a cell phone; an undetermined amount of cash and other items, reports said.

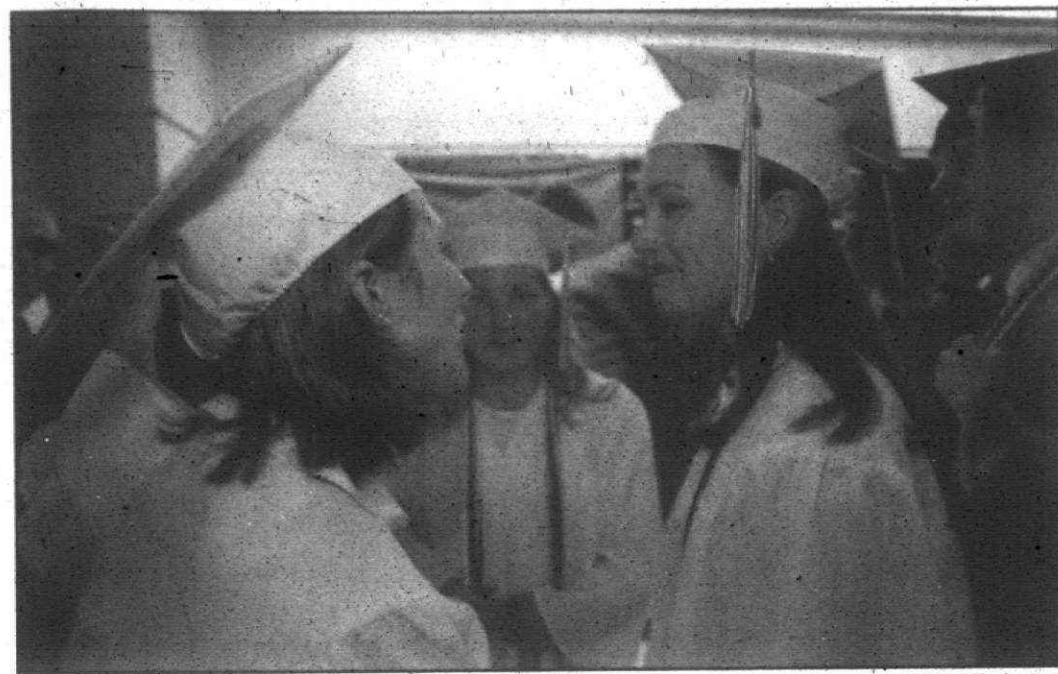
# Blood drive scheduled for Monday

drive for the American Red Cross Monday.

"We have a church blood drive in the fall, but the Red Cross is in serious need of blood during the summer because of vacations and plant shutdowns," said Shelly Meinhart, coordinator of blood drives at St. Johns. "We're encouraging people to make appointments because it reduces the waiting time. However, we are accepting walk-ins."

The blood drive is from 2 p.m. to 8 p.m. St. John's is located at 574 S. Sheldon in Plymouth. To make an appointment call Meinhart at (313) 255-4319.

St. Johns Episcopal Church in Plymouth is holding a blood



At commencement: Katie Tolbert laughs with best friend Beth Wargin, 18, (left) and Anne Patterson, 18, both of Plymouth, prior to commencement at Hill Auditorium in Ann Arbor June 13. Below, Katie receives her diploma from Plymouth Canton Schools School board President Mike Maloney.

# Looking back Katie recalls her senior year

Editor's note: The *Canton Observer* followed Plymouth Canton senior Katie Tolbert through her final year during 1998-99. Tolbert's year-end essay is the last installment.

BY KATIE TOLBERT  
SPECIAL WRITER

Reminiscing through my four years of high school, I would have to say that my senior year was my favorite.

I can still remember posing for my senior pictures last summer. It seemed unreal at the time to finally be a senior, and now I'm getting used to the idea of being a high school graduate. I made priceless memories throughout the year, and I won't soon forget all the good times I've had.

Ever since childhood I've thrived on performing with either gymnastics, music or dance and in high school the Chieftesses became my creative outlet to perform. I loved the thrill and adrenaline that pumped through me at competitions and the excitement and fun of the half-time performances. Football season was always my favorite. I'll never forget the smell of the field, or the glare looking up into the bleacher spotlights from the 50 yard line. I learned leadership skills, how to work with a team and dedication from pom. These are events that I will carry with me through life.

**A worthwhile year**

Other events this year that I'll remember are pep rally, homecoming, applying to college, scholarship applications and rejection letters, spring break and prom. These are just some of the things that helped make this year that much more worthwhile.

Graduation was a much anticipated event, but with the flip of a tassel it was over. As I watched my peers walk across the stage, I realized how many people I knew, and how many I didn't know. I've been through different groups of friends over the years, and I've shared my life with some amazing people.

I regret not getting to know more people and the contribu-

**Important lesson**

I taught myself a life-long lesson that helped. I realized that I have to accept the negativity and bad experiences I'm handed in order to appreciate all the good around me. A big part of that has to do with looking back on my achievements and feeling the accomplishment of getting through all the conflicts of life. It would be wrong of me to say that I did this all on my own because there are some very significant people who've always been there for me and always will be. These are people that everyone might take for granted in their own lives. I know I do more often than I should. But they were the most supporting for me this year as I struggled with school, friends, college, major decisions and life in general.

To my family I would like to say "Thank You." You've helped shape me into someone that I'm proud to be. For my older brother, Josh, who's been my best friend since Day One. He shows me the ropes through life and has eased some of my anxieties this year for my newly awaiting college life at Western Michigan University. I know that I'll

**New experiences**

Well, I've finished another chapter of my life, and now I'm looking forward to going on to college and starting a new chapter. I'll be attending WMU in the fall and my intended major is occupational therapy. I'm excited, and a little nervous, but right now I'm just focusing on enjoying my summer, and working to save money for school.

They say that high school is the best time of your life. I'll just have to see about that.

# Crash from page A1

Debbie Brodie, 36, her three daughters and a cousin from Garden City were on their way to a family member's home at the time of the accident.

Police reports said Brodie had a green light as she headed westbound on Cherry Hill. The Canton man, whose name was withheld by police, struck her white Pontiac in the intersection with his 1998 Chevy.

Minutes later, Dembeck said Jennifer Brodie, 13, and Rachel Brodie, 10, suffered bumps, bruises and cuts from the accident but were



**The King courts Canton softball fans**

Softball's living legend: Fans line up for autographs from the "King," Eddie Feigner. The Softball legend made an appearance July 2 at the Canton Softball Center. Feigner (below) and his four-player team competed against the Canton All-Stars. In his fast-pitch career, Feigner struck out some 9,000 players while pitching with a blindfold.



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**Physical Therapy UPDATE**

Hands On Center for Physical Therapy

**JOINT EFFORT**

Osteoarthritis is the leading cause of joint problems that lead to line-replacement surgery. Although this form of arthritis commonly goes by the name "wear-and-tear" arthritis, that does not mean it is relieved by avoiding activity. In fact, a well-rounded routine that includes aerobic and strength training can be devised by the physical therapist to help osteoarthritis. Strength training should include exercises for the hamstrings and quadriceps, as well as the calf muscles. Aerobic and strength-training sessions should always begin and end with exercises specifically designed to stretch these muscles. In addition to helping the knees maintain strength and elasticity, such a program

25. When exercising, never twist your leg while putting weight on it.

John Connors, PT  
Mark Hightower, PT  
Bob Schumann, PT

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**CHARTER TOWNSHIP OF CANTON SPECIAL JOINT BOARD OF TRUSTEES PROCEEDINGS**

A Special Joint Meeting of the Board of Trustees of the Canton, Northville, and Plymouth Townships and WTUA was held Tuesday, June 30, 1999 at 46000 Summit Parkway, at Summit on the Park. Canton Supervisor Yack called the meeting to order at 7:20 P.M.

**ROLL CALL - CANTON**

Members Present: Bennett, Burdick, Kirchgatter, Lajoie, McLaughlin, Shaffer, Yack

Members Absent: None

Staff Present: Machnik, Kelly, Wroblewski, Zevalkin

Also Present: Tim Fias, WTUA Operations Manager; Joe Heffernan, WTUA Finance Manager

Tim Fias presented the WTUA Business Plan Update. WTUA goals and objectives, historical capacity needs, key issues for capacity needs, service levels, degree of control over rates, sale of capacity to other Rouge Valley Interceptor System customers, and options for acquiring additional capacity were presented.

Joe Heffernan reviewed the cost trends for wastewater treatment rates paid to RVIS and YCUA. RVIS has lower costs beginning in 1990 and have steadily increased. He noted that the under-use of YCUA drove start up costs. As usage of YCUA increased, the rates have spread out and the costs have decreased. The wastewater treatment rates paid to RVIS and YCUA have recently been about the same at a little more than \$1 per thousand gallons.

Key issues included: Financial impact of the DWSD Combined Sewer Overflows (CSO) Correction; Degree of Control Over Future Rates and Operation; Potential for Sale of Capacity in the RVIS to Other Communities.

Tim Fias reviewed options for acquiring additional capacity based on the criteria of capital cost, operating and maintenance cost, level of service, degree of control over rates, feasibility, time frame, and environmental impact. The options were 1) Maintain the Status Quo, 2) Expand RVIS and Continue flow to YCUA, 3) Expand YCUA, 4) Build Our Own Wastewater Treatment Plant, or 5) Retain Our Capacity in RVIS Permanently and Build a Smaller Treatment Plant. Expanding the YCUA plant or building their own WTUA plant were highlighted as the most feasible alternatives.

Discussions occurred regarding location of a new plant; the allocations to users for the CSO clean up cost by the DWSD; rate charges for continuing water use from DWSD with no flow of sewerage to DWSD.

Mr. Fias recommended that the member townships give careful consideration to the two most feasible options. WTUA commissioners offered to meet with all township boards individually to review their assessments and answer any questions. Mr. Fias stressed the urgency of a united decision in order to meet the future wastewater needs of the communities.

The above is a synopsis of discussion taken at the Special Joint Board meeting held on June 30, 1999. The full text of the approved minutes will be available following the next regular meeting of the Board, July 13, 1999.

THOMAS J. YACK, Supervisor  
TERRY G. BENNETT, Clerk

Published: July 11, 1999



Archery from page A1

Russia, China and Argentina to compete.

Canton's bid to host the tournament was submitted in March. A minimum \$15,000 fee was paid to the NAA, according to Gouin.

The Metropolitan Detroit Convention and Visitors Bureau helped defray the township's cost by posting \$5,000. Gouin said the township hopes to cut its out-of-pocket expense by providing in-kind services to the tournament.

Besides exposure, the championships will provide a boost to Canton's economy, he added. Local restaurants feel the biggest surge, Gouin said.

"We feel it has a positive effect on business," he commented.

Competition will be held at Heritage Park. Targets will be located on the park's soccer fields.

The township will seek 50-100 volunteers to help run the tournament, Gouin said. "We're hoping to get the same level of support."

The tournament went off more smoothly in 1998 than in the first year, he added.

"The NAA was much more organized from their end," said Gouin. "That made everyone happier."



Say it with Flowers

A VISION IN WHITE

When asked to draw flowers, school children usually reach for the red and orange crayons to create multi-colored petals. As we grow up, we may likely develop an appreciation for more restrained, but no less beautiful floral displays. And none is more beautiful than an arrangement of all-white flowers. Such arrangements have a timeless grace that never goes out of style. In fact, some say the green foliage-white flower arrangement is the floral equivalent of the little black dress. It is never out of place, and it never fails to draw attention. White flowers of varying textures invite us to scrutinize them and compare their subtle differences. Under moonlight, white flowers and foliage glow as if illuminated from within.

Let your imagination run free as you develop new and exciting combinations of flowers from HEIDE'S FLOWERS & GIFTS. We use only the freshest flowers from around the world and locally. Our professional designers are dedicated to creating personalized works of art to express your sentiments beautifully. Visit us at 995 W. Ann Arbor Trail, Plymouth, or call 453-5140 to arrange worldwide wire service.

HINT: Start an all-white arrangement with white roses and gardenias and/or white lilies.

CHARTER TOWNSHIP OF PLYMOUTH NOTICE OF PUBLIC HEARING NORLIGHT TELECOMMUNICATIONS, INC. PERMIT APPLICATION

PLEASE take notice that a public hearing as required by the Plymouth Township Telecommunications Ordinance will be conducted regarding the Telecommunications Permit Application filed by Norlight Telecommunications, Inc. at the regular Plymouth Township Board Meeting to be held on July 20, 1999 at 7:30 p.m. at Plymouth Township Hall located at 42350 Ann Arbor Rd., Plymouth, Michigan 48170.

MARILYN MASSENGILL, CMC Clerk, Charter Township of Plymouth

CITY OF PLYMOUTH LEGAL NOTICE PRIMARY ELECTION, AUGUST 3<sup>RD</sup>, 1999

Notice is hereby given that a General Election will be held in the City of Plymouth on Tuesday, August 3<sup>rd</sup>, 1999 from 7:00 a.m. until 8:00 p.m.; Eastern Standard Time. At that time candidates for the following offices will be voted on in the City of Plymouth.

CITY COMMISSIONER (FOUR POSITIONS)

Also to be voted on will be separate ballot issues for the following:

VACANCY POSITION FOR CITY COMMISSION (2 years)

Absentee ballots may be requested from the Clerk's office, 231 S. Main Street, Plymouth, MI 48170. Telephone number is 453-1234, x225 or 234. Absentee ballots will be issued to qualified absentee voters in person in the Clerk's office from 8:30 to 2:00, on Saturday, July 31, 1999. On Monday, August 2nd, qualified voters shall receive their ballots and vote them in the City Clerk's office until 4:30 p.m.

All polling places in the City are accessible to the elderly and the handicapped (ADA Requirements). You are further notified that the City's two (2) precinct locations are as follows: (please be aware that the school and city precinct locations are different, check your voter registration card or call the Clerk's office to verify.)

PRECINCT	LOCATION
1, 2, 4	PLYMOUTH CULTURAL CENTER 535 FARMER STREET
3	CENTRAL MIDDLE SCHOOL 650 CHURCH STREET

If you are a qualified voter and find it necessary to require an absent voter ballot and have not applied for one, applications are available for pickup or mailing at the front office or Clerk's office from 8:30 a.m. to 4:30 p.m.

LINDA J. LANGMESSER, CMC/AAE City Clerk



STAFF PHOTO BY PAUL HURCHMAN

Swingers: Jennifer Zott, 4, left, and her sister Gabriela, 3, play on a tire swing at the playscape in Heritage Park, one of four community parks that are locations for the township's supervised Playground Program. Neighborhood parks throughout Canton also have sites.

Playground Program: What, where, when

Here is the Canton Parks and Recreation Department's schedule for its Supervised Playground Program:

- Community Parks  
Open to all Canton Township residents.  
Morning sessions are from 10 a.m. to 1 p.m.  
afternoon sessions 2 to 5 p.m.
- Forest Trail: Monday, Wednesday and Friday mornings; Tuesday and Thursday afternoons.
- Sunflower: Tuesday and Thursday mornings; Monday, Wednesday and Friday afternoons.
- Kingsway: Monday, Wednesday and Friday mornings; Tuesday and Thursday afternoons.
- Greenbrook Village: Tuesday and Thursday mornings; Monday, Wednesday and Friday afternoons.
- Windsor Park East: Monday, Wednesday and Friday mornings; Tuesday and Thursday afternoons.
- Windsor Park West: Tuesday and Thursday mornings; Monday, Wednesday and Friday afternoons.
- Glengarry #3: Tuesday and Thursday mornings; Monday, Wednesday and Friday afternoons.
- Buckingham Place: Monday, Wednesday and Friday mornings; Tuesday and Thursday afternoons.
- Royal Pointe: Tuesday and Thursday mornings; Monday, Wednesday and Friday afternoons.
- Pleikwick: Tuesday and Thursday mornings; Monday, Wednesday and Friday afternoons.
- Canterbury Mews: Tuesday mornings; Wednesday and Thursday afternoons.
- Fox Run: Wednesday and Friday mornings;

Phone 'slamming' may cost you if you're not careful

BY KEN ABRAMCZYK  
STAFF WRITER  
kabrancyk@ecce.com

Pat Johnston's problems started in February. The Livonia resident received a phone call from AT&T to "welcome her back" to the company and its long-distance service, she told a House Republican Task Force on Consumer Issues on Thursday.

Johnston wondered why that phone company would be calling her because she never authorized a change from AT&T to another carrier in the first place.

"Welcome us back? We never left," Johnston said.

The Johnstons later were told that they were "slammed" — known in the telecommunications industry as an unauthorized switch in phone service from one company to another.

It happened again later that month, and a third time in March. The Johnstons had to call AT&T to inquire about the bill, then a 700 number to find out who the long-distance carrier was that changed their service without their knowledge and permission, then call AT&T to be switched back to that company.

They discovered a \$5.20 connecting fee on one bill that they refused to pay, and they had been switched to another carrier by a computer, all without their authorization.

"I feel as a resident and a citizen, that we should have some rights as to who can be our carrier," Johnston said.

Johnston and about 20 area residents attended a public hearing at St. Mary's Cultural Center in Livonia with a few airing their complaints about telephone slamming. State Rep. Laura Toy, R-Livonia, chaired the task force, which included Reps.



Telephone SLAMMING:

Nancy Cassis, R-Nowi; Rep. Joanne Voorhees, R-Wyoming, and Jennifer Faunce, R-Warren. State Rep. Bruce Patterson, R-Canton, also joined the group of lawmakers.

Ameritech reports that 53,000 people have been slammed this year out of its 3 million Michigan customers. In 1998 approximately 68,000 customers were slammed.

Richard Price, a treasurer of Redford Interfaith Relief, told the task force that the church noticed a switch in a long distance carrier without authorization from the director, pastor or Price.

He found the church was billed \$8.43 for five minutes of long distance. He checked with the billing company but could not find the slamming carrier.

"I do not yet know who the long-distance carrier was who authorized this slam," Price said. Livonia businessman Ken Lawrence said he threatened to report a carrier to the Federal Communications Commission and state Attorney General Jennifer Granholm for slamming after he received about \$15 in charges on his bill.

"I was willing to play hardball, and it was taken off," Lawrence said. About a month ago, Lawrence received a phone call from someone inquiring about his phone lines and his business.

Lawrence asked to speak with a supervisor, who asked him how

to spell "Livonia" in preparation of a switch — and probable slam — of Lawrence's phone service. Lawrence then asked where the company was located and was told Minnesota.

"I asked what Ameritech (Lawrence's actual phone company) was doing in Minnesota, and then I heard a 'click' on the other end," Lawrence said.

Rose Fowler of Redford said she was slammed in February, March and May.

Fowler tried to telephone a relative in Illinois but could not because she was not authorized to call that number as the new "carrier" went out of business. She eventually called her old company to be reinstated after a lot of phone calls and aggravation.

"That angered me. In case of an emergency, we couldn't have gotten through."

The public hearing attendees did not complain about Ameritech, which had a representative at the hearing. Maryanne Zavagnin, director of regulatory policy for Ameritech, said the issue was causing consumers "a lot of grief and a lot of pain."

Part of the problem is created by phone companies that send electronic transmissions to Ameritech's computers authorizing a change, Zavagnin said.

What is slamming?

Slamming is the practice of switching a person's telephone service to a different company without their knowledge or permission.

The practice is illegal. Both federal and state governments have taken steps to curb slamming, including fining perpetrators.

Telephone service providers found guilty of violating state law regarding proper and legal procedure for switching consumers from one phone company to another can be fined by the Michigan Public Service Commission up to \$20,000 for the first offense and up to \$50,000 for repeat offenses.

"There is actually no one who looks at it," Zavagnin said. "It's all done electronically, similar to what banks do electronically at night."

"Consumers may talk to these companies when they call, but many do not agree to change companies. 'Nevertheless, that company may not be on the up and up and they send that change to our computer,' Zavagnin said.

Zavagnin said Michigan has some of the stiffest penalties in the country for slamming. In April, the Michigan Public Service Commission fined Brittan Communications International Corp. \$660,000 for 33 unauthorized switches, and ACI Communications was fined \$940,000 for 47 unauthorized switches.

For its part, Ameritech recently changed its bills' appearance to make them easier to read. "Customers must have a better understanding of what they are being billed," Zavagnin said. A new section on the bill will tell customers when a provider is being changed, Zavagnin said.

Residents who examine their bills closely can tell if they've been slammed. While Price may not have known where a charge of \$8.42 originated on his bill, he did see it listed. Price wondered how much money had been scanned out of others who don't examine their bills.

"If we look at bills, we might find more mysteries, and not just

See SLAMMING, A7

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CANTON Tuesday, July 27th 6:30 p.m. - 8:30 p.m. (evening) CANTON PUBLIC LIBRARY 1200 S. Canton Center Rd. (Between Palmer & Cherry Hill)	NORTHVILLE Wednesday, July 28th 6:30 p.m. - 8:30 p.m. (evening) NORTHVILLE PUBLIC LIBRARY 212 W. Cady (Downtown Northville)

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Paul Leduc is a Registered Representative with Linco/Private Ledger, WSB - 555 S. Old Woodward #777, Birmingham, MI 48009. Securities offered through Linco/Private Ledger, Member NASD/SIPC.

Strawberry Festival  
Sunday, July 18

The Annual Strawberry Festival will be held in front of Garden City Hospital on Sunday, July 18 from 10:00 AM to 5:00 PM. There will be plenty of Strawberry Shortcake and Strawberry Sundae along with a food tent, bake sale, white elephant sale, big raffle, kiddie booth and more.

A Buck for a Puck!

There will be a raffle held for an official Red Wings hockey puck autographed by defenseman Nick Lidstrom. Tickets can be purchased the day of the festival at the Human Resources Information Booth. Tickets are only \$1.00.

The hospital is located at 6245 N. Inkster Road between Ford Road and Warren Road.

10:00 AM - 12:00 PM Employee Basketball	12:00 PM - 12:30 PM Employee Stretcher Races
10:00 AM - 3:00 PM Rock-n-Roll DJ	3:00 PM - 3:30 PM "Rockin' Rhythm" Clog Dancers
10:00 AM - 5:00 PM Memories in Motion Information booths	3:30 PM - 4:30 PM Garden City Fire Department Sweet Adeline - Vocal Point Barbershop Quartet
11:00 AM - 11:30 PM Pet-a-Pet	
11:00 AM - 3:00 PM Plymouth Fire and Drum Corps Clowns & Face painting Police K-9 Unit and Motorcycle Dan Dan the Choo Choo Man Westland Wizards Basketball	

Strawberries



## OBITUARIES

## WILLIAM K. WHITE

Services for William White, 77, of Redford Township were June 18 in Rosedale Gardens Presbyterian Church in Livonia. Officiating was the Rev. Richard Peters.

Mr. White was born Sept. 7, 1921, in Detroit and died June 16 in Dearborn.

Surviving are his wife, Betty;

sons Bill White and Dan (Penney) White; daughter, Jean Kearney of Canton; brother, Kenneth (Mary) White; sister, Doris (Lewis) Fitchett; and seven grandchildren.

Mr. White was preceded in death by his sister, Irene Dinkgrave.

Memorials may be made to Michigan Cancer Society or Hos-

pice of Southeast Michigan.

## QUINCY Z. MCCULLOUGH

Services for Quincy Z. McCullough, 85, formerly of Plymouth, were July 3 at Riverside Cemetery in Plymouth with the Rev. Steven McCullough officiating. Mr. McCullough was born June 26, 1914 in Union City, Tenn. He died July 2 in Jackson, Mich.

He came to the Plymouth community in 1937 from Tennessee.

He lived in Napoleon, Mich. for 15 years and most recently in Brooklyn, Mich.

A retired supervisor for the Wayne County Road Commission, Mr. McCullough loved to hunt, garden and work in his yard.

He was preceded in death by his first wife, Leslie McCullough and eight brothers and sisters.

He is survived by his wife, Helen; five children, Farrell (Jenny) of Florida, Quincy of Carlton, Mich., Barry (Carla) of

Whitmore Lake, Joan (George) Barbat of Dexter, and Steven (Jennie) of Hagerstown, Maryland; 11 grandchildren, 10 great-grandchildren; and two sisters, Imogene Warren of Garden City and Christine Jones of Marietta, Ga.

Local arrangements were made by the Schrader-Howell Funeral Home in Plymouth.

## WILLIAM STOKES

Services for William Stokes, 84, of Plymouth were July 10 at the First Presbyterian Church of Plymouth with the Rev. Dr. James Skimins officiating. Burial was at White Chapel Cemetery in Troy.

Mr. Stokes was born May 15, 1915 in Scotland. He died July 7 in Livonia. He came to the Plymouth community in 1974 from Detroit.

He was an attorney referee for the Wayne County Friend of the Court for 30 years after graduating from Detroit College of Law. He attended Ford Trade School

prior to his military service and worked for the Ford Motor Co.

A member of the First Presbyterian Church of Plymouth, he served as an elder. Mr. Stokes also was a member of the Masonic Lodge (Zion #1 of Detroit), joining when he was 21, a member of the Knights Templar #1 of Detroit, past president of the St. Andrew's Society of Detroit, a Scottish benevolent society.

Mr. Stokes also fought in the Golden Gloves in Detroit where he lost and became friends with Joe Louis.

He enjoyed golf, traveling and reading.

He is survived by his wife, Thelma, and friends, Anne and Bill Fysh of Westland and Betty and Charles Fisher of Lincoln, Mich.

Local arrangements were made by the Schrader-Howell Funeral Home in Plymouth.

Memorials can be made to the First Presbyterian Church of Plymouth.

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PLANNING COMMISSION

Public Hearing is required by Ordinance No. 83 and/or Subdivision  
Ordinance No. 32, of the Charter Township of Plymouth. Application No.  
1587A/0699 Parts of Tax L.D. Nos. 025-99-0006-00, 025-99-0008-00, 025-99-0009-00, 025-99-0010-00 and 025-99-0012-00.

Questions regarding the application may be directed to the Community  
Development Department, Department of Public Services Building, during  
regular business hours, 8:00 a.m. to 4:30 p.m. The Planning Commission  
will consider the application at its regular meeting on July 21, 1999,  
commencing at 7:00 p.m. Written comments will be received prior to the  
meeting. The address for application review and written comment is:  
Plymouth Charter Township, Community Development Department, 46555  
Port Street, Plymouth, Michigan 48170. Telephone No. 734-453-4372. The  
meeting will be held in the Meeting Room at Township Hall. The address of  
Township Hall is 42350 Ann Arbor Road.

PLEASE TAKE NOTE: The Charter Township of Plymouth will provide  
necessary reasonable auxiliary aids and services, such as signers for the  
hearing impaired and audio tapes of printed materials being considered at  
all Township Meetings, to individuals with disabilities at the  
Meetings/Hearings upon one week notice to the Charter Township of  
Plymouth by writing or calling the Supervisor's office, 42350 Ann Arbor  
Road, Plymouth, MI 48170. Phone number: (734) 453-3840 X201. TDD  
users: 1-800-649-3777 (Michigan Relay Service).

MARCIA SAYLES, Secretary  
Planning Commission

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## Schools from page A1

trator in the district to introduce himself, and will eventually get into every school building on a rotating basis to talk with teachers and students.

"I want to show everyone that the most important work being done in the district is in the classrooms for kids," added Walcott. "I would like to see principals in the hallways, around kids and helping teachers."

Walcott said he plans to talk with school board trustees and the area's power brokers to continue relationships in the district.

Walcott was named interim superintendent by the Board of Education June 22. He spent 10 years in the Mona Shores School district in Muskegon County, the last seven as superintendent.

"Ken has the right kind of background and personality that will fit right in," said Trustee Roland Thomas. "He'll be a new set of eyes that will be able to look at the issues and give us a fresh perspective."

This could be a valuable experience for us."

Walcott's six-month contract, which at \$10,000 per month is the same as Little's salary, is expected to be approved by the board at Tuesday night's meeting.

Patterson said lawmakers may look into legislation to create a pool of funds from the fines collected against slammers to recompense consumers to help them deal with aggravation.

Toy called telephone deregulation a "trial-and-error" process.

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## Only you can change long distance service

Consumers should know that a phone company cannot switch their telephone service from one company to another without a customer's direct approval.

Consumers should also realize they have the option of selecting three different telephone companies — one to serve local telephone calls, a second to serve long distance calls within their area code, and a third to handle all other long distance calls.

Telephone customers wanting to switch telephone companies should make sure they understand the service the new company is providing and that that new company uses one of the following methods to initiate a switch.

■ The company obtains your verbal authorization through use of a three-way conference call with the local telephone company in which no confidential or proprietary information is disclosed.

■ Your local telephone company is prohibited from trying to persuade you not to switch telephone companies or from marketing other services.

■ Educate yourself

Consumers can avoid slamming by using the old adage, "Let the buyer beware."

Consumers should be skeptical of "cash bonus" checks or contest entry forms. They should never sign anything without reading all documentation and check the fine print.

■ The company sends you an

information packet within three business days of your request to switch companies, which includes the name of your current and new company, a description of any terms, conditions or charges incurred; your name, address and telephone number and that of the new company; and a postage-paid postcard for you to use to deny, cancel or confirm the switch; or

■ If you are interested, get the offer in writing. If a company isn't willing to do that, you probably don't want to do business with them.

■ Read your phone bill carefully each month. If you see unfamiliar names or charges you can't identify, call the company issuing the charges or call your local phone company right away. (Ameritech now lists all companies whose services appear on the bill on the front page of the bill.)

■ If you are unsure of the identity of your long-distance provider, call (700) 555-4141. For the local-toll provider, call your area code and 700-4141.

■ Consumers who have concerns or questions about telephone slamming may call the MPSC, which is an agency within the Department of Consumer and Industry Services, at its toll-free number, 1-800-292-9555. The Federal Communication

Commission also can be contacted at 1-888-225-5322. Its mailing address is Federal Communications Commission, Common Carrier Bureau-Consumer Complaints, Mail Stop Code 1800A2, Washington, DC 20554.

■ If you are slammed

Under the FCC rules, if you are slammed you are not obligated to pay the slammed charges for the first 30 days after the illegal switch occurs.

■ Call the customer service number on your bill to get your service switched back or call the company you were switched from and report that you were switched from without your permission. Ask to be reinstated on any calling plans.

■ If you cannot resolve your complaint, file a complaint with the MPSC at <http://ferrisweb.cis.state.mi.us/mpsc> or FCC electronically at [www.fcc.gov/oc/enforce/complaints.html](http://www.fcc.gov/oc/enforce/complaints.html). Consumers can also contact their state representatives.

Source: Ameritech and The Michigan Public Service Commission.

LEGAL SENSE

By Mark Slavens, P.C. Attorney at Law

REPRESENTING YOUR INTERESTS

When money, power, and/or legal rights are at stake, you want to make sure that your interests are well represented by a knowledgeable and experienced attorney. Good legal representation assures you that your case will be judged on its merits. To this end, it is important to select an attorney with whom you are comfortable sharing all the facts of your case so that he or she may make an appropriate assessment of your ability to win. Beyond that, clients should be able to sense an air of confidence in their attorneys that comes with experience. A reasonable expectation of winning combined with a willingness to do the necessary work is the basic recipe for good representation.

Some people just accept losses incurred in accidents that involve another party's liability because they fear they can't afford legal representation needed to sue. In personal injury cases, attorneys will take a case and charge you fees contingent on winning the case. This is done to ensure that everyone can seek redress for damages done.

HINT: When selecting a lawyer to represent you, ask about experiences he or she has in dealing with the particular issues involved in your case.

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WARREN VALLEY GOLF CLUB

## Fairy tales come to life

Children can expect to see a musical fairytale revue starring many famous storybook characters at 6:30 p.m. Tuesday at Hines Park-Waterford Bend Picnic Area in Northville.

The group, Nelson's Off Broadway Productions, offers this unique program to give a new twist to the everyday fairytale. Magic, comedy and audience participation will entertain children of all ages.

Characters will be available for photos after the show.

This free performance is part of the Kids Kaleidoscope Series sponsored through Wayne County Parks and Recreation. The series has been made possible through parks millage funding.

The Waterford Bend Picnic Area is located on Northville Road, north of Six Mile Road in Northville.

For information, call (734) 261-1990.

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# EMU opens center in Livonia

BY KEN ABRAMCZYK  
STAFF WRITER  
kabramczyk@oe.homedcomm.net

Many years ago the University of Michigan opened campuses in Flint and Dearborn to supplement the Ann Arbor campus.

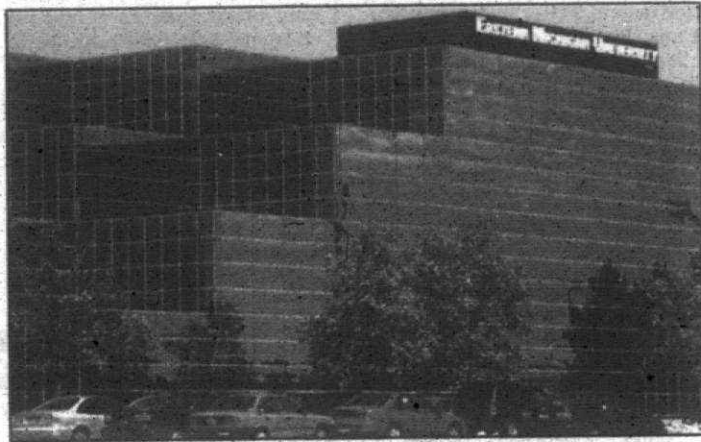
Wayne State University extended its academic reach from downtown Detroit to a campus in Farmington Hills.

And now, Eastern Michigan University has opened an instructional site in Livonia, on the fourth floor of the Cambridge Center at Six Mile and I-275, for the university's Continuing Education and Centers for Corporate Training.

EMU administrators decided to create classroom space in western Wayne County after a regional survey found strong area interest.

"The survey indicated that this was the best location," said Don Loppnow, associate vice president for extended programs at EMU. "It's a high-traffic area in western Wayne County and southwestern Oakland County is nearby, and it is in a high-population area."

EMU will offer graduate programs in communication, public administration, human resource management, educational leadership, secondary education, nursing, CAD/CAM, construction management, liberal studies



STAFF PHOTO BY BRYAN MITCHELL

**New site:** The Cambridge Center at Six Mile and I-275 in Livonia sports a sign for Eastern Michigan University that went up this spring.

in technology and engineering management. Undergraduate programs include hotel and restaurant management, nursing, quality and manufacturing technology.

The site expands Eastern's current graduate programs from the main campus, said Carolyn Dahl, dean of continuing education. The graduate programs at the Livonia site are aimed at working adults.

Eleven classrooms will be housed on the fourth floor at Cambridge. They include a com-

puter lab and an interactive video room for distance learning. EMU is leasing 13,000 square feet of space from Blaine & Associates for \$250,000 a year.

Noncredit training through EMU's Centers for Corporate Training will be available for companies in the automotive and health care industries.

"One of the disadvantages of having these conferences at a hotel is the hotels are not set up with computer labs," Loppnow said. "This site provides them with a setting that is a little closer to home and are designed for computers."

er to home and are designed for computers."

Even though the campus is around the corner from Schoolcraft College and a short drive from Madonna University, Loppnow said the site is not expected to compete with those institutions. EMU will promote graduate programs and undergraduate programs for college juniors and seniors.

"It will be done so as to not compete with Schoolcraft," Loppnow said. EMU officials have discussed their plans with Schoolcraft and Madonna officials, but they have not articulated any agreements for courses or programs, Loppnow said.

Schoolcraft President Dick McDowell believed EMU's programs do not present a problem in competing with Schoolcraft and taking prospective students from them "as long as they aren't offering what we're offering."

"It's more of an opportunity for them to offer advanced studies," McDowell said. "It's more convenient for those graduate students than to have to drive to Ypsilanti."

EMU campus officials have scheduled open houses for prospective students from 5-8 p.m. Aug. 4 and 10 a.m. to 1 p.m. Aug. 14 at the Livonia site.

For information about the Livonia instructional site, call (734) 542-4368.

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Carolina Herrera  
as she presents her  
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Wednesday, July 14  
from 10:30 to 11:30  
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The collection also  
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Shown: Tunic in mink  
with beaded collar, \$5,000  
Wool herringbone trousers, \$1,400  
Both in camel color



The Somerset Collection, Big Beaver at Coolidge, Troy (248) 643-9000. Monday through Friday 10 to 9; Saturday 10 to 7; Sunday 12 to 6.  
Fairlane Town Center, Dearborn (313) 336-3070. Monday through Saturday 10 to 9; Sunday 11 to 6.



## 2 UNIQUE



KELLI LEWTON

## Home-grown produce is the very best

The blossoming market for all things herbal has Michigan farmers adding new varieties to their crops.

New farms, whose only focus is herbs and specialty produce, are also taking root.

Across the country, people are popping capsules, sipping teas and changing their diet to ward off flu, brighten their moods and rev up their romantic life.

In addition to all the bottled herb concoctions and health potions, there is a whole line of so-called "functional foods" popping up at a grocery store near you.

Fruit juices laced with ginger, corn chips with Kava, food to pick you up as well as food to bring you down. Many of our national food chains and drug companies are finding their way into the health food game.

It is estimated that 60 million Americans are now swallowing herbal doses of some form regularly. Americans are rediscovering the healing power of plants and home-grown produce, making the return to an ancient form of medicine that was our mainstay for thousands of years — and that remains so for 80 percent of the world's people.

My sister and I have a small booth at the Royal Oak Farmer's Market, where I have been afforded a bird's-eye view of what local farmers grow.

Greg Marciszewski of Blooming Farms in Grand Blanc, a regular at the market, said his business that he started 11 years ago as a hobby of sorts has turned into a thriving 31-acre vocation for himself and his wife, Diane.

He grows a large variety of culinary, medicinal and aromatic herbs as well as other produce, including baby greens.

Many of his customers are buying green foliage, including St. Johns Wort, Echinacea, Skull Cap and Ginger Root, to have a potted pharmacy and culinary cabinet at their fingertips.

Greg suggests tossing herbs such as basil, sorrel, caraway, salad burnet, lovage and dill into your next salad. These herbs promise to perk up your taste buds as well as your feeling of well-being.

Another Royal Oak Market favorite of mine are Heather and her chef husband, Bob Rosencrantz.

They are cultivating an array of medicinal and culinary herbs and are known for their special ointments, salves and powders. They also offer some of the best Chai and Farm blend tea that I've had the good fortune to sample.

Heather said all of their culinary herbs have health and healing properties. She suggests growing your own herbs, potted or directly in the soil.

"Remember during the growing season to trim buds and leaves to zip up your salads, summer vegetable dishes as well as fun treats such as herb pizza!"

To harvest herbs at the end of the growing season, hang and dry them in a dark place, such as a closet, for a week. Pick leaves and store in an airtight glass jar and live the freshness of your garden in your winter fare.

Glen, my produce purveyor, reports the following up-and-coming Michigan produce.

Local crops are rolling in by the truckload: lettuces, spinach, cucumbers, strawberries, cherries, cabbage, kale and the famous Michigan morels and chanterelles.

Expect awesome fresh corn by next week. By mid-July, anticipate peppers, all stone fruits, Honey rock, blueberries, raspberries, watermelons, a variety of squashes, tomatoes of every shape, size and color, local asparagus and more!

Chef Kelli L. Lewton is owner of 2 Unique Caterers and Event Planners in Bloomfield Hills. A graduate of Schoolcraft College's Culinary Arts program, Kelli is a part-time instructor at the college. Look for her column in Taste on the second Sunday of the month. See recipes inside.

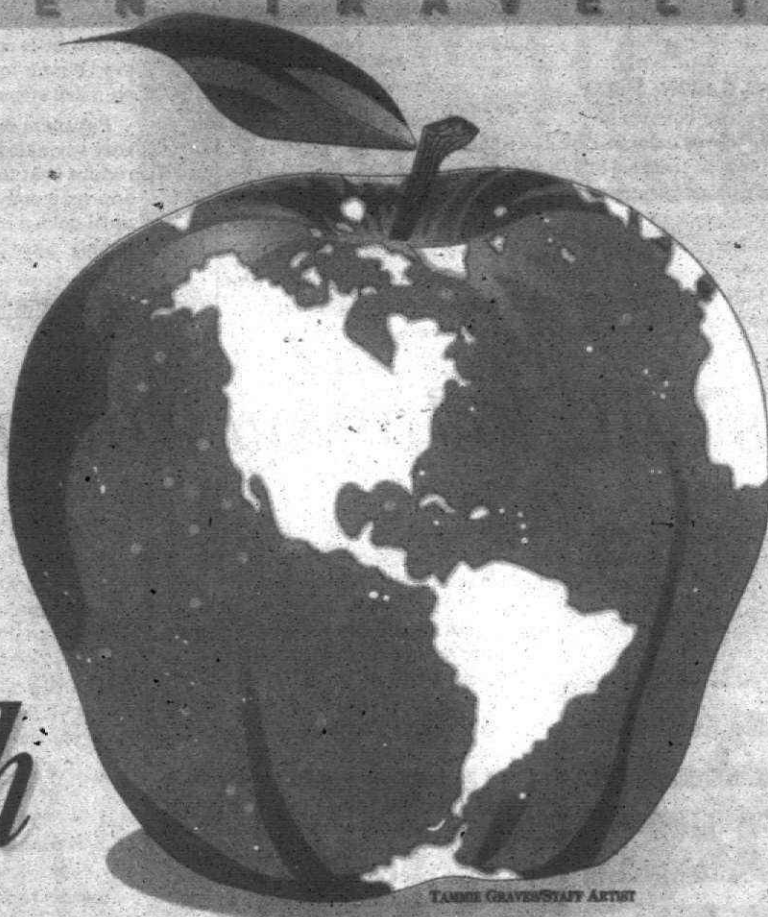
## LOOKING AHEAD

What to watch for in Taste next week:

- Ice cream
- Focus on Wine

## WHEN TRAVELING

# Stay ON THE road TO good health



TAMMIE GRAVERSTAFF ARTIST

By PEGGY MARTINELLI-EVERTS  
SPECIAL WRITER

Staying faithful to a healthy diet can be a challenge when you travel.

A puzzled observation from Europeans is that we Americans eat in our cars. Eating on the road is commonplace. For me, it is an everyday occurrence. I stash food in my glove box where others keep maps and pens.

We often don't take time to sit down at a table and eat — there are too many things that need to be accomplished. But besides food spills in the car, the problem with eating on the run is that we may not make good food choices.

When we're on vacation many of us don't have as many healthy foods as we should. We stay up late, and eat the foods that we enjoy but aren't necessarily nutritious. Vacations last only a short time.

If your job frequently takes you away from home, you may need to develop some good eating strategies. For instance, take advantage of local specialties that are good and fun for you to eat. Going to the East Coast? Try lobster at a lobster pond. To the West Coast? Enjoy Dungeness crab and salmon.

If you are driving, stop at roadside markets. Cherries in Traverse City; peaches in Romeo, Ontario and Georgia; melons in Texas; oranges in Florida. You get the idea. Some hotels have a bowl of apples right at check-in!

Convenience stores have started selling fresh fruit. You can fill up your car tank with gas and buy yourself a banana for the road.

### Foreign versions

Every foreign country has its version of fast food. In England it's called a "take-away." They have small sandwiches prepared "to go." English bakeries make up sandwiches on multi-grain rolls and sell bananas, apples, bottled water and juices.

In Mexico City, fruit stands on the street offer juices and cut-up fruit in cups. Sometimes you can't tell by looking whether it is sanitary. The safest place to buy is in a store front or restaurant with modern facilities. Street-side stands aren't worth the risk. In the Third World it may be wisest to buy fruit and vegetables yourself, clean them with disinfectant and peel just before eating.

However, if you're unsure, stick to cooked foods. Drink coffee, bottled water, beer or soda without ice. Cooked vegetables, soups and stews are better choices than a fresh salad. Brush your teeth with bottled water even if the sign says the water is "potable".

Ordering a freshly prepared dish from the restaurant menu may be a better choice than eating from the buffet if your travel takes you to a hot climate in a foreign country. Refrigeration might be less regulated with rules for keeping food "hot" or "cold" frequently lax.

High altitudes cause you to become tired more quickly and eat-

ing lighter is a wise choice until you become acclimated to altitude and the time zone change. Note — the effects of alcohol are more pronounced as well.

Be creative. Quick, tasty and nutritious food can be found in convenience stores, service stations, grocery stores as well as restaurants. Choose wisely and you can stay healthy as you travel.

### Coffee pot cuisine

When staying in a hotel, usually you are forced to dine out, because the room offers no kitchen. However, if yours has a coffee pot, you're in luck! We've developed some "coffee pot cuisine" recipes to make right in good old Mr. Coffee. Pack the ingredients in your suitcase (they're light, portable and nutritious) then enjoy a hot meal anywhere a coffeemaker is available! These economical recipes are great for anyone who is watching their calories and their cash! See recipes inside.

Peggy Martinelli-Everts, R.D., a Clarkston resident, is a registered dietitian and director of clinical operations for HDS Services, a Farmington Hills based food service and hospitality management and consulting company. Look for her article on the second Sunday of the month in Taste.

### Healthy eating on the go

■ "Fast food" is popular, predictable and, well, fast. It is also high in calories, low in calcium, fiber and vitamins A and C. Huge portions make it difficult to get the nutrients without a bunch of extra calories. A small hamburger, fries and soda pop could be as low as 700 calories. But, if you replace the soda with milk or orange juice, add a salad and forego the fries, the meal becomes fairly healthy.

■ Food prepared away from home tends to be salty. Watch out for pickles, olives, potato chips, and smoked, cured or processed meats. Go easy on extra salt or you'll feel bloated and thirsty later on.

■ Often restaurants will "bundle" foods together to make a meal. Don't feel like you have to have everything that is offered. Skip the higher calorie, fried or creamed foods, or ask for a smaller serving of everything.

■ Try to eat at "normal" times so you don't become famished and chow down without thinking about what you're eating.

■ Make a meal out of a side dish. A baked potato with broccoli and a carton of milk can be quite filling. Same with a large salad, a roll and milk or juice.

■ Select breakfast foods carefully. A plain egg is better than bacon, egg and cheese on a biscuit. A bagel is better than a doughnut. Ready-to-eat cereal is better than a bran muffin.

■ Drink lots of water and other hydrating fluids. Being inside an airplane or traveling in a car can be dehydrating, so drink up. You can often prevent "jet lag" by avoiding alcohol and caffeine-containing fluids.

■ Check the menu for foods denoted to be "healthy." Look for items made with less fat, oil, salt or sugar. Don't be shy about asking that food be prepared the way you want it. Most restaurants are able to handle simple and reasonable requests.

■ As always, choose baked, broiled, steamed or poached meats. Trim away extra fat. Choose poultry or fish. Select low fat dairy products. Ask for sauces, gravies, dressing and margarine on the side. Choose flavored vinegars, spicy mustard, horseradish, lemon or reduced calorie salad dressings.

■ Check out the vegetarian choices on the menu. Often these are high in fiber and other nutrients and low in fat and calories. Watch out for the cheese, it can be high in fat. Pasta with vegetables or in a tomato sauce is filling and nutritious.

■ Find travel sized foods in the grocery store. Look for dried fruits like raisins, dates or apricots. Pick up granola or cereal bars or pretzel sticks. Stash these in your car with juice boxes.

■ When served a bread basket in a restaurant, take the packaged crackers and breadsticks that come with it. These are great foods to keep in your glove box for the road.

■ Order foods a la carte or from the appetizer section of the menu. You can reduce calories because the portion sizes aren't so enormous.

■ Traveling can do a number on your work-out schedule. If you cannot exercise on the road, then watch your calories. Otherwise, you'll bring back more than souvenir matches from your trip.

## Make ahead Oriental chicken salad a cool company dish

### MAIN DISH MIRACLE



MURIEL WAGNER

I envy cooks who seem so calm when company arrives for a meal. I've given up trying to uncover their secrets. Instead, I concentrate on developing my own strategy.

One of my ploys is to develop a repertoire of delicious recipes that can be prepared ahead of time and that actually improve on standing.

Of course, they must meet my criteria for smart eating as well — low fat, high fiber and taste tempting.

This recipe for Oriental Chicken Salad is just that. It actually needs to be prepared ahead. The flavor improves while it waits to be served. It combines low fat, high fiber ingredients with my favorite Chinese sweet-sour flavors.

I poach my chicken breasts for the recipe in one of those prepared herb-seasoned broths. I'm a lazy cook, remember? For this salad the roasted garlic flavor enhances the final taste. Be sure to keep the broth at a simmer temperature when you're cooking the chicken. Boiling toughens the meat. If you're planning to use the broth again,

bring it to a full rolling boil to be on the safe side.

I like my chicken breasts torn in large pieces, rather than cut into strips or chopped. You'll note from the ingredient list that most of the ingredients are also in large recognizable pieces. One of the advantages of overnight marinating is that the ingredients become flavored throughout.

The Italian dressing may seem a strange choice for a salad with Oriental flavors, but I like a dressing that adheres to the ingredients. That's difficult to achieve unless you use lots of oil. If you want to reduce the sodium content, a fat reduced, low sodium broth can stand in for the Italian dressing. The other flavors, particularly the Chinese Five Spice Powder, soy sauce and ginger will add the flavor accents that say Chinese. You can call it my version of "fusion" cooking.

The Chinese Five Spice Powder is a blend of star anise, Szechwan pepper and fennel or anise seeds with cinnamon and cloves and possibly licorice root, cardamom or ginger. It has a licorice accent. You could make it yourself but I buy mine in the Oriental food section of my favorite supermarket. The toasted sesame seeds add an interesting flavor accent. Don't skip them.

### ORIENTAL CHICKEN SALAD

- 5 chicken breast halves, cooked and torn into strips
- 1/2 cup baby carrots, washed and peeled
- 1 cup broccoli florets, washed
- 1 cup pea pods, washed and trimmed
- 6 green onions, washed and silvered
- 3 stalks bok-choy or celery, washed and cut into 1-inch pieces
- 1 can (8 oz.) sliced water chestnuts, drained
- 1 can (9 oz.) mandarin orange sections, drained
- 2 tablespoons sesame seeds, toasted
- 1 recipe nonfat Oriental dressing

Cook carrots on HIGH in microwave for 1 minute. Chill immediately in ice water. Repeat process for broccoli. Microwave pea pods for only 1/2 minute on HIGH and chill immediately in ice water. Drain all ingredients and combine. Pour Oriental dressing over all ingredients and marinate at least 4 hours in refrigerator. Arrange on leaf lettuce and sprinkle with sesame seeds that have been lightly browned over low heat in a skillet treated with nonstick spray. Serves 6.

### NONFAT ORIENTAL DRESSING

- 3/4 cup nonfat Italian dressing
  - 1 tablespoon dry sherry or orange juice
  - 1 tablespoon low sodium soy sauce
  - 2 cloves garlic, minced
  - 1 teaspoon fresh ginger, peeled and minced
  - 1/2 teaspoon Chinese Five Spice Powder
- Mix all the above ingredients well. Refrigerate.
- Nutrition Facts: Calories 210; Fat 3.1 g; Saturated Fat 0.6 g; Cholesterol 62 mg; Sodium 586 mg
- Food Exchanges: 3 lean meat, 2 vegetable

■ Look for Main Dish Miracle on the second Sunday of the month in Taste. Muriel G. Wagner is a registered dietitian and nutrition therapist with an office in Southfield. She publishes "Eating Younger," a quarterly newsletter with recipes and nutrition tips. To subscribe, send a check for \$13.50 to "Eating Younger," P.O. Box 69021, Pleasant Ridge, MI 48069.



# Home-grown produce makes it better

*See related story on Taste front. Recipes compliments of Kelli Lewton, 2 Unique Catering.*

### COOL AS A CUCUMBER SOUP

4 medium cucumbers, trimmed, peeled and cut into 1-inch chunks.  
1/2 cup half & half or whole milk  
1 tablespoon fresh mint  
1 teaspoon fresh dill  
1/2 cup fresh cream or 1 cup plain yogurt  
Garnish:  
2 tablespoons freshly toasted chopped walnuts  
1/4 cup yogurt  
8 slices of paper thin sliced cucumber.

Place cucumbers, half-and-half, mint, dill pepper and 3/4 teaspoon salt in large blender or food processor and blend on high until smooth.

In medium bowl, mix whisk together sour cream, creme fresh and or yogurt.

Stir in half of puree, blend then fold in the rest.

Ladle into bowls, top with yogurt, a teaspoon of walnuts and a few slices of cucumber. Serves 4 to 6.

### HERB GARDEN PIZZA

1 whole garlic bulb baked until caramel color in 1/4 cup olive oil (reserve oil)  
1 pound of your favorite pizza dough or try frozen dough from your grocery freezer section  
6 plum tomatoes sliced thin  
12 whole basil leaves

Roll pizza dough to 10 by 12-inch oblong size.

Take 1/2 of soft caramel colored garlic cloves and mash with reserved olive oil and smear onto raw pizza dough.

Top with thinly sliced plum tomatoes (overlapping).

Sprinkle with chopped herbs and arrange whole basil leaves. Arrange extra garlic cloves and top with grated cheese.

Season top of pizza generously with course black pepper and a pinch of salt.

Preheat oven to 400°F. Bake cookie sheet turned upside down with a little cornmeal sprinkled over top for ten minutes (or bake on pizza stone).

Put pizza directly onto hot sheet tray sprinkled with cornmeal and reduce heat to 375°F and bake for approximately 12-14 minutes until golden brown and cheese is bubbly. Slice into 8-12 squares.

### BLUEBERRY-RASPBERRY SOUP

1 pint blueberries  
2 oz. Blueberry Schnapps  
2 oz. White wine  
1 oz. Olive Oil  
Sugar to taste  
1 pint Raspberries  
2 oz. Chambord  
2 oz. White wine  
1 oz. Olive oil  
Sugar to taste

Saute blueberries in oil two minutes. Add Schnapps and white wine and cook for 10 minutes. Run Through food mill. Adjust consistency with sugar. Repeat same procedures using raspberries.

To Assemble:  
In wide soup bowl ladle a scoop of each soup at the same time into the bowl. Make sure both soups are of the same consistency. Sprinkle with chopped walnuts as garnish.

### STRAWBERRY RHUBARB PIE

1 1/2 cups sugar granulated  
1/2 cup Michigan Rhubarb  
1/2 cup raisins  
1 Orange, segmented  
Mix the ingredients together and let the mixture stand overnight on the refrigerator.  
1 cup chopped Walnuts  
2 cups sliced strawberries  
1/2 cup flour

Add these to the above mixture and place in a 9-inch pie shell. Place a top crust on the pie and bake at 375°F for 45 minutes to an hour or until rhubarb is tender. Let cool. Serve.

## These recipes will help you down the road to good health

*See related story on Taste front.*

### Coffee Pot Cuisine

Making food in a hotel room can be difficult, unless you come prepared. Most hotels and motels now provide a coffee pot in each room. You can use this handy appliance to make much more than coffee.

The HDS test kitchen successfully made seasoned rice in our very own Mr. Coffee. It took a bit of time — about an hour — but the rice was light, fluffy, and flavorful.

To cook Rice-A-Roni, or other packaged rice, first wash the coffee maker parts thoroughly, then simply empty the rice and flavor packet into the coffee pot. Pour the water (amount according to package instructions) into the coffee maker. Turn it on. The water will heat up and cook the rice in about an hour.

Here's a more creative recipe that is easy to pack, requires no refrigeration, and cooks in about the time it takes to make a pot of coffee.

**MR. PASTA**  
(Recipe is per serving, you can make up to 2 servings)

at once in a coffeemaker) serving (2 nests) of Angel hair pasta (we used Delverde Capelli d'Angelo pasta, that comes dry, swirled into a nest)  
1/4 cup dried vegetables (available in camping supply stores, some health food stores and grocery stores)  
1/4 teaspoon Mrs. Dash  
1/8 teaspoon coarse Kosher salt (or less)  
pepper to taste  
1 packet Kraft "Handi Snack" cheese and cracker combo

Thoroughly clean automatic drip style coffeemaker (like a Mr. Coffee). Put a coffee filter in place.

Put the pasta nest on the coffee filter, where coffee usually goes.

Fill the coffee pot 3/4 full with water and pour into coffeemaker. Put vegetables into empty coffee pot. Position pot in place and turn on coffeemaker.

When all the water has run through, pasta should be cooked. If its not quite done, place it in the

3/4 teaspoon cinnamon  
3/4 teaspoon baking soda  
3/4 teaspoon salt  
1/4 cup almonds  
1/4 cup pine nuts  
1/4 cup sunflower seeds  
1/4 cup dried cherries  
1/4 cup walnuts, coarsely chopped

Preheat oven to 375°F. Soak dates in hot water. Cream butter and sugar together until fluffy. Beat eggs and add to sugar and butter. Sift together the flour, cinnamon, soda and salt. Add to the sugar, butter and egg mixture. Mix in dates with water, and remaining ingredients.

Drop in tablespoon-size portions onto cookie sheet sprayed with non-stick cooking spray. Bake for 10 minutes. Cool. Makes 28 cookies. Store in a covered tin.

Nutrition information per cookie: Calories 112. Protein (g): 2.7. Fat (g): 4. Sodium (mg): 82. Carbohydrates (g): 16. Percent of calories from fat: 32.

1 cup dates (cut up in small pieces and soaked in hot water)  
3 tablespoons hot water  
3/4 cup sugar  
1/2 cup butter or margarine  
2 eggs (beaten)  
1 1/4 cups flour  
1/2 cup soy flour

Nutrition information per serving: Calories 323, Protein (g): 10, Fat (g): 7.4, Sodium (mg): 822, Carbohydrates (g): 13, percent of calories from fat: 21.

\*These items are not available in all areas. Some items may be sold out. Some items may be sold out. Some items may be sold out.

# Michigan's medicine cabinet

Chili peppers — contain dynamic redent capsaicin that triggers natural reflexes that flood your respiratory system with watery secretions. This extra fluid thins toxic wastes allowing you to oxygenate your system for more energy.

Garlic — contains allicin an active ingredient that can revitalize your metabolism.

Kale — contains a substance called indole-3-carbinol which is needed to keep you feeling youthful. What makes Kale so energetic is its high amounts of absorbable calcium to help stabilize your energy, hormones in proper balance.

Strawberries — contain elagic, a compound that helps alert your metabolism, boost your immune system and revitalize your body and mind.

Onions — have sulfur compounds, which stimulate metabolism and rejuvenate your immune response.

Leeks — stimulate glands, which help clean your immune system of sludge. They are also very rich in calcium, potassium and B & C.

Apples — are an invaluable energizer and cleanser of inner organs.

Cucumbers — The high potassium content along with sulfur gives you the feeling of well being by regulating sugars in your metabolism hence "cool as cucumbers".

Blueberries — Are a good source of myrtillin an amazing substance that keeps balance blood sugar.

Salad greens — provide the essential nutrients needed to revitalize your sluggish metabolism and are packed with vitamins and minerals.

Echinacea — combats colds and viruses.

Chamomile — has been used for thousands of years to cure stomach ailments.

Information from Kelli Lewton

## Peach melba is famous — and deservedly so

BY DANA JACOBI  
SPECIAL WRITER

It's time to observe the centennial of Peach Melba. Renowned Chef Auguste Escoffier created this luscious combination of peaches poached in vanilla syrup, served over vanilla ice cream and drizzled with a sauce of pureed raspberries to honor Dame Nellie Melba, an Australian opera diva with a passion for peaches.

First served in London sometime between 1898 and the turn of the century, Peach Melba soon came to the U.S., where it became an American favorite. Edith Wharton even mentions it in her 1906 novel, The House of Mirth.

Sublime when made with mature, ripe fruit, Peach Melba also brings out the best from the prematurely picked peaches prevalent these days in stores even at peak season. It is even delicious when made entirely with frozen fruit.

In fact, I often use frozen raspberries for the sauce. Not only are they more economical and convenient, but frequently they taste better, as well.

For peaches that taste best, follow your nose. Select fruit exuding a rich, seductive fragrance and glowing with golden color. A rosy cheek is not an indication of ripeness, while any tinge of green should be avoided. Pick fruit that yields somewhat when pressed gently along its suture. Even if the rest of it is hard, these peaches can become soft and juicy when held two to three days, especially if stored in a paper bag.

**PEACH MELBA**  
1 1/4 cups sugar  
4 fresh peaches, halved and pitted, or 20-ounce bag frozen unsweetened sliced peaches  
1 teaspoon vanilla  
1 pint fresh raspberries or 12-ounce bag frozen unsweetened raspberries  
1 pint low-fat vanilla ice cream

In a deep saucepan, combine 1 cup of the sugar with 2 cups water. Bring to a boil, reduce the heat, and simmer 3-5 minutes to thicken the syrup slightly.

Add the peaches, cut side down. When the peaches are still firm, about 3 minutes, remove the pot from the heat. Add the vanilla.

Cool the fruit in the syrup. If using fresh peaches, lift the skins from the fruit. The peaches can sit in the syrup for up to 2 days, refrigerated in a closed container.

Puree the berries in a food processor. Strain the puree through a sieve, there should be about 1 cup. Mix in 1/4 cup of the peach syrup. Add up to 1/4 cup of the remaining sugar, according to taste.

To serve, with a slotted spoon, lift a peach half from the syrup. Place it, cut side up, in an individual dessert dish or shallow bowl. Top with a scoop of the ice cream. Place a second peach half, cut side down, on top of the ice cream. Pour over a quarter cup of the raspberry sauce. If using sliced peaches, start with the scoop of ice cream. Arrange a quarter of the peaches over and around the ice cream in each bowl and top with the raspberry sauce.

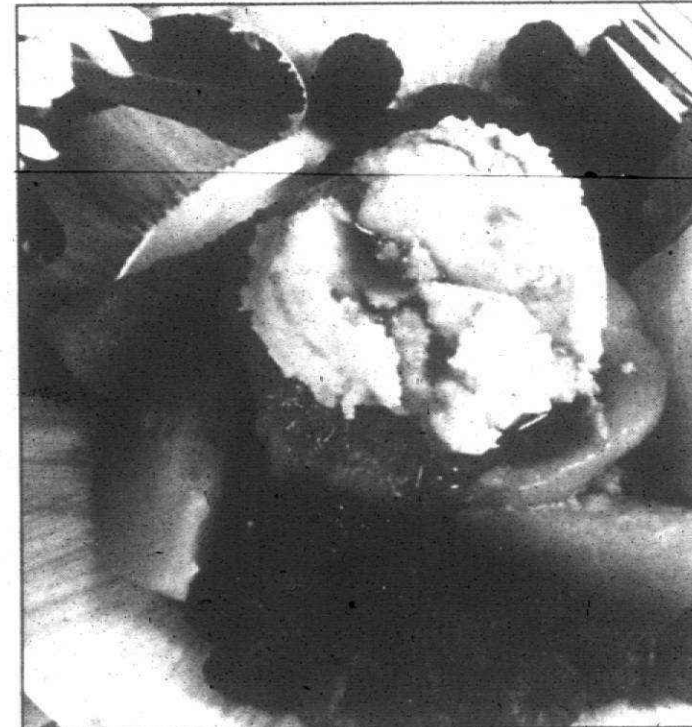
Repeat to make four servings. Serve immediately.

(Note: Save the syrup to pour over strawberries and other fresh fruit and to sweeten iced tea.)

Nutrition information: Each of the four servings contains approximately 230 calories and 2 grams of fat.

Written for the American Institute for Cancer Research by Dana Jacob, author of "The Best of Clay Pot Cooking" and "The Natural Kitchen: SOY!"

**Special dessert: First served in London sometime between 1898 and the turn of the century, Peach Melba soon came to the United States, where it became an American favorite.**



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## MEDICAL BRIEFS

### Gift of Life run

The 6th annual "Just Zoo It," Gift of Life 5K run and 1.5 mile fun walk is scheduled for Saturday, July 17 at the Detroit Zoo. To register call (877) 966-6263. This family-style event held inside the Detroit Zoo, is an opportunity to celebrate the "gift of life," and learn more about organ and tissue donation.

### Immunization clinic

Immunizations provided except chicken pox. Bring your child at the most convenient time from 4-7 p.m. Wednesday, July 14. No pre-registration required. Bring child's immunization records with you. Clinic held monthly at Saint Joseph Mercy Arbor Health Building, 990 W. Ann Arbor Trail, Plymouth. Call (734) 414-1010.

### Lyme disease

The Lyme Disease Support Group of Western Wayne County will meet at 7 p.m. Tuesday, July 20 at the First United Methodist Church (3 Towne Square, Wayne). Call Connie, (734) 326-3502 for information. All are welcome.

### Senior health

Saint Joseph Mercy Health System and Bharati Srivastava, M.D., will be presenting a series of free lectures devoted to seniors and their health. These informative programs will answer questions about specific health-related issues. The next lecture will be from 1-2 p.m. Wednesday, Aug. 11 at Canton Summit on the Park, 46000 Summit Parkway. The topic will be health issues of women, including osteoporosis, breast cancer, uterine cancer, nutrition and exercise. For more information or to register call (734) 397-5444.

### Respite program

Marquette House in Westland is pleased to announce the expansion of their Respite (short term stay) Program. They now have six rooms available to older adults allowing caregivers the chance to vacation or simply take a break. For information call (734) 326-6537.

### Camp 9-1-1

Huron Valley Ambulance will host a free 9-1-1 Camp for children ages 10-13 in Plymouth on July 27 and 28. Activities will include touring an ambulance, learning CPR and first aid, and taking a tour of a local ER. Interested children are asked to write a short letter explaining why they would like to attend the camp. For a registration form or more information call Julie Sakewski at (734) 482-6259.

### Weight control

The Mission Health Medical Center in Livonia will host a weight control class from 6:30-8:30 p.m. Aug. 12. This program combines behavior modification techniques with the power of self-hypnosis to help change your way of thinking regarding weight loss. First forty-five minutes is a free orientation. \$59. Call (877) 345-5500 to register.

### We want your health news

There are several ways you can reach The Observer Health & Fitness staff. The easiest is to call. We also welcome news items from hospitals, physicians, companies. We also welcome news items for health and fitness related stories. To submit an item to our newspaper you can call, write, fax or e-mail us.

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## Alcohol and heat don't mix

BY KIMBERLY A. MORTON  
STAFF WRITER  
kmorton@oe.homecomm.net

AS much as a cold beer or a tall Long Island Iced Tea may sound quenching on a hot summer day—alcohol in general isn't the wisest choice when it comes to staying cool.

According to Dr. Gary Christopher, chief of emergency services, Oakwood Healthcare Center-Canton and Oakwood Hospital-Dearborn, the effect alcohol has on an individual's body is opposite of their desired goal of drinking to stay hydrated or cool.

"Alcohol interferes with the body's ability to cool itself by shifting blood flow and constricting blood vessels," said Christopher. "Your best choice would be to consume sports drinks like Gatorade. A whole host of other similar brands have cropped up in the last few years."

### What works best?

The Oakwood physician said sports drinks can be likened to "flavored sweat." The manufacturers, according to Christopher, calculated the number of electrolytes people lose when they sweat and created a drink that equals the contents of critical fluids lost when someone exerts themselves to the point of perspiration.

Medical experts suggest removing yourself from the heat source by getting out of the sun or seeking shade from direct exposure. Other recommendations include:

- Remove unnecessary clothing
- Position yourself in front of a fan to cool down rapidly
- Spray person with lukewarm water
- Apply cold compresses to the wrists, ankles, groin, armpits and neck
- Have the person drink cool water, juice or soda

One of the most serious medical issues that arise out of drinking alcohol when it's particularly hot is people not being able to judge the difference between the effects of the alcohol and heat stroke.

"Some of the early signs of heat stroke and illness include confusion, headache and disorientation. People mistake this for the person being drunk. It's more serious than that, though."

The Wayne County Health Department is offering tips on how to avoid heat-related ill-

nesses associated with hot weather.

"Be alert to forecasts warning of a heat wave to prevent a condition known as hyperthermia, which is when the body is unable to perspire and dissipate heat," says Dr. Donald Lawrenchuk, Wayne County Medical Director.

Signs of hyperthermia include clammy skin (cold, sticky moisture), headache, dizziness, extreme fatigue and nausea. In extreme cases of a heat emergency, a person can suffer a heat stroke which can cause vision impairment, disorientation, loss of consciousness and possibly death.

To avoid hyperthermia during extremely hot weather, you should:

- Limit your physical activity to cool morning or evening hours
- Spend more time in air-conditioned rooms
- Drink plenty of water for proper hydration
- Wear lightweight and light-colored clothing
- Wear a hat and sunglasses to shield your eyes from the sun

### Counterbalance

Christopher said if you're going to consume alcohol, drink an equal amount of other liquids at the same time to balance your body's ability to stay cool and avoid dehydration. Juice, soda and sports drinks all contain sodium which helps to retain the necessary fluids to support hydration. While water is a good choice, it lacks the sodium content the other examples contain.

One drink per hour will also help balance out the alcohol in your system and have less of an impact on the average individual than consuming beer or hard liquor drinks successively.

"Eating also helps abate the effects of alcohol. Starches and carbohydrates are some of the best sources," added Christopher.

If you suspect someone has consumed an excessive amount of alcohol, Christopher said sleep is a good remedy but the person should be kept under direct observation. "Essentially a person could throw up and suffocate on their own vomit."

People at increased risk for hyperthermia are senior citizens, overweight individuals, mental health patients, laborers and athletes.

For more information on hyperthermia and heat-related illnesses, call Wayne County Health Department at (734) 727-7000 during regular business hours.

## BE SMART WHEN FIRING UP THE GRILL

Have fun barbecuing outdoors during the hot summer weekends, say emergency medicine doctors at William Beaumont Hospital, but avoid common injuries by following these safety tips:

- Keep children a safe distance away from the grill when in use.
- Never leave lighter fluid within a child's reach. Establish a "safe zone" around the grill and instruct children to avoid the zone.
- Check tubes that lead into the burner for any blockage from insects or food grease. Before starting grill, use a pipe cleaner or wire to clean tubes

and push blockages through the main part of the burner.

- Check grill hoses for cracks, brittleness, holes and leaks. Make sure there are no sharp bends in the hose or tubing.

■ Move gas hoses as far away as possible from hot surfaces and dripping grease. If you can't move the hoses, install a heat shield.

- If you detect a leak, immediately turn off the gas. Do not attempt to light the grill until the leak has been fixed by a trained and authorized repairman.

- Keep lit cigarettes, matches and open flames away from the grill.

■ Keep the grill at least 10 feet away from your house, your car, and any dry vegetation. Never use a grill indoors, in a garage, breezeway, carport, porch or under any surface that can catch fire.

- Keep propane gas tanks upright while transporting them. Never store a spare tank under or near a grill or indoors.

■ Always read and follow the manufacturer's directions.

## Take precautions to avoid food-borne illness

There's nothing like the taste of a juicy hamburger or a succulent steak on a warm summer night. Now, imagine the experience of eating these tasty foods ruined by food not handled or cooked properly.

It's a frightening thought. In the past few years, we've heard more and more about food poisoning and illnesses related to undercooked or mishandled food.

Food poisoning or "food-borne illness" is a very common problem and many times can be avoided by simply handling food properly. Outbreaks of food poisoning that have caused death and illness in other parts of the country underscore the importance of proper food handling.

"Each year, thousands of people become ill because of mishandling food," said Susan Ryskamp, M.S., R.D., director of medical nutrition therapy for Oakwood Healthcare System.

Ryskamp says food illnesses occur because bacteria develop, which at the right temperature, can multiply in very large numbers in a few short hours. "These bacteria are tricky because you cannot see, taste or touch them," said Ryskamp. She continued to explain that food which is left unrefrigerated, particularly in the summer, can produce the dangerous toxins which cause food poisoning.

"It's important to remember to keep hot foods hot and cold foods cold," she said. "When you are storing foods you can keep them safe by refrigerating them."

Ryskamp offers the following tips, to ensure that you are aware of what may lead to food poisoning.

- When preparing foods, keep everything clean and thaw in the refrigerator

"Make sure that you keep everything that touches food clean, including your hands, utensils, bowls and even counter tops," said Ryskamp. "Make sure to use separate platters, cutting boards, trays and utensils for cooked and uncooked meat, poultry and fish."

- Cook food thoroughly "Ground meat contains more bacteria that thrives inside of the meat, therefore it should be thoroughly cooked so that it is no longer pink," said Ryskamp. "Also, use a meat thermometer for certain meats and don't leave meat out overnight, because it doesn't take long for bacteria to grow on meat."

- Safe microwaving: Stir and rotate food to avoid cold spots where bacteria can thrive. It's important when you use the microwave to avoid partially cooking the food and then finishing it later. Partially cooked food may not reach a temperature to sufficiently destroy any potentially harmful bacteria."

- When you serve food never leave it out for more than two hours. Food has the potential to spoil if you leave it out at room temperature for longer than two or more hours. Make sure to use those extra plates or plat-

ters to keep foods from touching each other.

- When in doubt, throw it out "If you have some food left in your refrigerator that you think may be old or you can't remember when you originally had it, it's probably best to throw it away," she said. "You're better off ordering a fresh, piping hot pizza than to take a chance of getting sick from old food."

Ryskamp points to the preparation of particular foods to make sure they are cooked properly.

- Poultry: make sure it's cooked until its white... don't eat it if you see blood or pink meat.
- Hamburger: look out for traces of blood or pinkness in the center.
- Steaks: harmful bacteria on steaks are usually found right on top, therefore should be cooked at least at medium to make sure that any potential bacteria are killed.
- Fish: cook until it flakes and is translucent in the center.
- Eggs: make sure to cook eggs and egg dishes thoroughly. It's not even wise to sample uncooked dough, cake batter or anything else with uncooked eggs in it.

In these situations it is out of your control. We need to be aware of the texture and taste of the food. For example, with the recent Listeria scare in some Michigan based food plants, it was definitely a situation out of control. There are times when we may have to deal with having a food-borne illness. We

may have them more often than you think, said James Sunstrum, M.D., an infectious disease specialist with Oakwood Healthcare System.

One common question, according to Sunstrum, is how do I know if I have a food-borne illness? "We may acquire a food-borne illness, but our bodies have an amazing ability to fight it off. Most food infections and illnesses can be fought off in a few days without ever having to see a doctor," explained Sunstrum. "Thankfully, the body can produce diarrhea, which is very beneficial in ridding threatening organisms from our bodies."

However, if you are very ill you should see a physician, especially if you have frequent diarrhea, a high fever, diabetes or other medical problems.

Often times when people have food-borne illnesses such as E. coli or Salmonella, they won't need much time to rebuild their cells. Drinking water and plenty of fluids can be very helpful in fighting food-borne illness.

Food-borne illness occurs when a person gets sick by eating food that has been contaminated with an unwanted micro-organism or bacteria. Many cases of food-borne illness go unreported because their symptoms often resemble the stomach flu. The most common symptoms include stomach cramps, nausea, vomiting, diarrhea and fever.

"There are millions of food-borne illness investigations, but only 1-2 percent of food-borne illnesses are actually reported," said Sunstrum.

## Can't afford a computer? Try one of these free ones



MIKE WENDLAND

extended communications services.

If you've been shopping for a computer and visited either a CompUSA, Best Buy or Circuit City store lately you surely saw the promotion signs offering \$400 discounts on loaded desktop systems. All the customer had to do was sign up for three years of Internet service at \$21.95.

In fact, Circuit City has been specifically promoting a cut-rate 333 MHz system made by Emachines.

(www.emachines.com) which normally sells for \$475 in the store. With the \$400 rebate that comes if the customer signs up for CompuServe Internet access, along with an additional \$75 rebate from Emachines, the system is basically free.

The promotions by the big retail stores follow the much-publicized PC giveaways on the Net by web-based companies that send them out free to new long-term Internet subscribers.

Take a company called Enchilada

(www.enchilada.com). Enchilada offers a desktop system equipped with a 300-MHz AMD K6-2 processor, Windows 98, a 15-inch monitor, and unlimited Internet access for

\$19.99 a month.

The catch? Customers agree to that access to the Internet for four years. That works out to just a little under \$1,000. If a customer wants to buy the whole system outright without the Net service, they can do so for \$799.

Is four years too long? Then check out Gobi

(www.gobi.com). They offer Internet access and a PC equipped with an Intel Celeron 333 MHz processor, a 15-inch color monitor, Windows 98 and Corel WordPerfect Suite, Version 8. You pay them \$25.99 a month for three years and when it comes time to sign up again, they'll send you a brand new replacement system.

Want something for less of an Internet commitment? No problem. There's the iToaster from MicroWorkz (www.microworkz.com). Pay them \$19.95 a month for a year and you get unlimited Net access and a free PC.

The same thing is happening overseas, too.

I just returned from a three-week business trip to Europe. Over there, America Online just announced that it will give away free computers to new subscribers. In France, England and Germany, Dell Computer is already giving away free computers to new subscribers of its Internet service. If it works there, Dell plans to bring it to the U.S.

All this has major implications for the technology industry.

It used to be we bought computers to run spreadsheets, word processors and other stand-alone programs. But with the Internet, the primary

focus has changed.

Market surveys now reveal that access to the Internet is the primary factor in the purchase of a computer. In other words, as the online news service CNet pointed out recently, PCs are increasingly being viewed not as individual machines but as appliances that let users access another product—the Internet.

Do these promotional offers sound like a good deal to you? They may be. And indeed, customers have been quick to take advantage of these cheap or free PC offers.

But before you jump on the freebie bandwagon, be aware there also have been a lot of complaints about some companies that take their credit card numbers and then don't deliver PCs for weeks. And if things go wrong with these freebie PCs, customer support is often impossible to find.

But what should we expect? Free service with free PCs?

The free PC for Net service trend is not going to go away. Right now, I wouldn't recommend one of these freebie systems if it is to be your only computer. Most have only limited expansion capabilities.

But as a second system, hey... free is good.

Just don't expect too much. Remember, as my Daddy used to say, "You get what you pay for."

Mike Wendland reports about computers and the Internet for NBC-television stations coast-to-coast. His radio show is heard every weekend on TalkRadio 1270, WXYT. You can reach Mike through his Web site at [www.pcmike.com](http://www.pcmike.com)

## MEDICAL DATEBOOK

Items for Medical Datebook are welcome from all hospitals, physicians, companies and residents active in the Observer-area medical community. Items should be sent to: Medical Datebook, c/o The Observer Newspapers, 36251 Schoolcraft, Livonia 48150, e-mail kmorton@oe.homecomm.net or faxed to (734) 591-7279.

### WED, JULY 14

#### INFANT CPR

Course intended for people age 12 and older interested in learning basic knowledge of the heart and lungs, household safety tips, CPR and choking rescue skills for people age 1-8. Does not meet requirements for day care. \$25 includes manual. Class runs from 7-10 p.m. at the Livonia Mission Health Medical Center, 37595 Seven Mile Road at Newburgh. Call (877) 345-5500.

#### IMMUNIZATION CLINIC

Immunizations provided except chicken pox. Bring your child at the most convenient time from 4-7 p.m. No pre-registration required. Bring child's immunization records with you. Clinic held monthly at Saint Joseph Mercy Arbor Health Building, 990 W. Ann Arbor Trail, Plymouth. Call (734) 414-1010.

### TUE, JULY 20

#### CARBOHYDRATE COUNTING

Learn how to read labels, adjust recipes and incorporate more variety into your diabetic meal plan. Information regarding complex vs. simple carbohydrates and using more fiber. Farmington Hills/Northwestern Providence Medical Center, 30055 Northwestern, Farmington Hills. Call (877) 345-5500.

### TUE, JULY 20

#### LYME DISEASE

The Lyme Disease Support Group of Western

Wayne County will meet at 7 p.m. the third Tuesday of each month at the First United Methodist Church (3 Towne Square, Wayne). Call Connie, (734) 326-3502 for information. All are welcome.

### WED, JULY 21

#### BASIC LIFE SUPPORT

This course is intended for those 12 years and older interested in learning basic life support and knowledge of the heart and lungs, sings and symptoms of a heart attack and stroke, adult CPR and choking rescue skills. Does not meet requirements for daycare providers. \$25. Class runs from 6-9 p.m. at the Livonia Mission Health Medical Center, 37595 Seven Mile Road at Newburgh. Call (877) 345-5500.

### THUR, JULY 22

#### NUTRIBABY

This class can help your child get a healthier start towards a lifetime of good eating. Learn how to feed your baby, when to introduce different foods, and how to make feeding time fun for your baby and relaxing for you. Class includes cooking demonstrations, recipes and food tasting from 6:30-8:30 p.m. at the Canton Summit on the Park, 46000 Summit Parkway, Canton. Call (734) 397-5110.

### MON, JULY 26

#### INSTRUCTOR LIFE SUPPORT

This course provides updated information and teaching techniques for holders of a current BLS Instructor Card. Course will also include BLS-HCP recertification. Must have taught two BLS courses over the past two years. Please bring instructor manuals to class. \$40. Class runs from 8 a.m. to noon at the Livonia Mission Health Medical Center, 37595 Seven Mile Road at Newburgh. Call (877) 345-5500.

## MEDICAL NEWSMAKERS

Items for Medical Newsmakers are welcome from all professionals active in the Observer-area medical community. Items should be sent to: Medical Newsmakers, c/o The Observer Newspapers, 36251 Schoolcraft, Livonia 48150, e-mail kmorton@oe.homecomm.net or faxed to (734) 591-7279.

### Top award

Sheena Aurora, M.D., a senior staff neurologist at Henry Ford Hospital, received the top research award from the American Association for the Study of Headache.

The award was presented at the annual scientific meeting of the association. The Harold G. Wolff Award is given annually to a researcher for a significant contribution in the understanding of headache.

Aurora's research was co-authored by Henry Ford medical physicians Susan Bowyer, Ph.D., and Yue Cao, Ph.D., as well as K.M.A. Welch, M.D., former department chair of Neurology.

Dr. Aurora is a resident of Livonia.

### New Livonia office

Unlimited Medstaff of America Inc., a temporary medical staffing firm, has opened its eighth office at 38705 Seven Mile Road (Suite 435), in Livonia. The office will match experienced nurses, medical assistants, and other clinical staff with positions in hospitals and nursing homes in Livonia and surrounding areas.

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## Women seeking men

**POET SEEKS SAME**  
SF, 31, 5'7", 200lb, bright red/brown, glasses, loves children. Seeking honest, trusting man. **#4772**

**A DREAM CAN BE TRUE**  
Educated BCP, 25, seeks professional, 25-35, for travel, shopping, dining, boating, and LTR. **#4780**

**I CHALLENGE YOU**  
To call this dependent free, smart, challenging DWF, 40+, this shapely brunette desires passionate, intelligent SOWM, 45-55, for weekend escapes, art gazing, dating. North Oakland county. Garry please, call **#3748**

**IT'S THE ONE FOR YOU**  
Caring, sweet, fun SFW, 31, 5'7", medium build, blonde/brown. Catholic, N/S, never married, no dependents. Enjoys sports, concerts, movies, outdoors. Seeking caring, romantic, honest SOWM, 28-38, with similar interests. **#4727**

**BEAUTIFUL & CHARMING**  
Intelligent, romantic, witty, affectionate SFWP, 33, 5'8", honey-blonde, slender, many interests. Seeking handsome, very successful, fit, witty, trustworthy, romantic, intelligent SOWM, 32-45, for LTR. **#4338**

**STARTING OVER**  
Widowed, 45, 5'7", 120lb, blonde/brown, enjoys movies, theater, dining-out, animals, walking, swimming. Would like to spend time with loving, caring white gentleman. **#4732**

**REGISTERED NURSE**  
seeks SOWM, 30-40, doctor to share similar interests in medical profession. Very attractive, educated, friendly, outgoing, friendly, financially secure DWF, 36, 5'5", blonde/green, great figure, great smile. For possible LTR. **#4783**

**LOVE A MAN IN A BIG TRUCK**  
If you're looking for a beautiful, blue-eyed blonde who knows how to treat her man, look no more! Seeking SM, 35-45, who appreciates children, for love, respect, and quiet evenings. **#3521**

**SUMMER LOVE**  
Full-figured SFW, 35, single parent, seeks well-rounded SOWM, 32-40, to spend summer together and hopefully build a lasting relationship. You won't be disappointed. **#4583**

**PATIENT**  
Shapely SFWP, 30A, 5'3", loves romance and spontaneity. Seeking SOWM, who believes in God and knows how to romance a lady. **#4780**

**UNIQUE, CREATIVE**  
Adventurous, nature spirit, romantic, sporty, youthful, ecology minded, energetic SFW, 41, vegetarian, artist, organic gardener, loves art, music, dancing, swimming, animals, pool playing, motorcycle riding. Seeking mechanically inclined N/S, 37-50. **#3706**

**SOLICITABLE**  
Adventurous, 35, 5'5", brown/brown, seeks honest down-to-earth, N/S, SOWM, 30-38, for movies, dancing, golfing, fishing, traveling. **#4780**

**GIVE ME A CALL**  
SFW, 30, 5'4", blonde, single, drinks, seeks SOWM, 36-48, with similar interests, for dining out, concerts, plays, comedy clubs. **#4781**

**STILL LOOKING**  
SFW, 25, 5'7", single mom, enjoys outdoors, movies, quiet times with someone special. Seeking honest, caring, outgoing SOWM, 27-32, 5'10", for LTR. No games. **#4771**

**800 A BEAR**  
SFW, 36, brunet/green, enjoys the outdoors, camping, hiking, walking, and sharing quality time with someone special. **#4780**

**LET'S DO LUNCH**  
Healthy SFWP, 55+, with young ideas and high energy level, seeks healthy SOWM, who is sensitive, for companionship, maybe more in the future. **#4722**

**IRRESISTIBLE**  
With beautiful eyes, Sensitive, sexy SFW, 28, seeks tall, dark, and handsome SOWM, 30+, for romantic dinner. **#4780**

**LET'S MAKE LIFE COMPLETE**  
Pretty health care professional, blonde, slender, youthful SFW, 34, blonde/brown, N/S, homeowner, no dependents. Enjoys movies, dining out, theater, movies. Seeking educated SOWM, 40+, emotionally/intellectually secure, for friendship, possible LTR. **#3692**

**ABSOLUTELY BEAUTIFUL**  
Down-to-earth SFW, 34, 5'7", 120lb, blonde/green, seeks financially secure, successful SOWM, 42-50, for possible LTR. **#4780**

**WHERE'S MY KNIGHT**  
Attractive, kind, affectionate, down-to-earth SFW, 36, 5'7", 120lb, blonde/green, N/S, one child, enjoys running, warm weather, music, hiking. Seeking rich, financially secure SOWM, 40-55, N/S, to enjoy life with. **#2520**

**PASSIONATE & PRETTY**  
Pette, well-educated SFWP, 48, blonde, N/S, N/D, no children, enjoys golf, intelligent humor. Edeco interests in music, art, entertainment. Seeking handsome, successful, but playful SOWM, 40-50, for LTR. **#4535**

**SENSUAL LADY**  
DWF, young-looking 44, 5'2", 120lb, strawberry blonde/green, seeks SOWM, 40-50, who is fit, attractive, honest and attentive. I enjoy fishing, camping, dancing, concerts, romantic, sensual, and holding hands. For LTR. **#4531**

**QUALITY**  
Attractive, professional blonde, 40s, medium build, enjoys weekend getaways, adventure. Seeking quality, stable, relationship, with good-looking, honest, financially secure, active, energetic DOWM, 45-55, N/S. **#3392**

**NO PICKUP TRUCKS...**  
For this classy, elegant, attractive, blonde lady, you're sophisticated. 44, N/S, who likes Pine Knob, Meadowbrook, fine dining, travel, and enjoys summer and wonderful times together. **#4734**

**LOVES LIFE**  
Attractive, easygoing, humorous, financially secure DWF, 42, mom, tall, slim, N/S, seeks male counterpart 38-45, who enjoys family, outdoors, sports, and is financially secure. North Oakland County. **#4523**

**LET'S ENHANCE OUR LIVES**  
Very pretty, energetic, spontaneous, petite SFW, 43, long blonde/hazel, N/S, N/D, loves to travel, travel, traveling, the arts, reading, dancing, conversations. Seeking same SOWM, 40-50, who is handsome, intelligent man in handsome, elegant man. **#4154**

**AMERICA'S ANGEL**  
SFW, 36, blonde, financially secure, blue-eyed beauty, 5'5", 120lb, Jewish, visionary dreamer, optimistic with distinctive qualities, attractive, fun, and informative. How about you? Seeking active gentleman who is sweet and warm, age unimportant. **#4780**

**LOOKING FOR ADVENTURE**  
Slender DWF, 43, 5'6", blonde/green, enjoys movies, dancing, vacations, romance. Seeking fit, outgoing SOWM, 34-46, 5'10", with good sense of humor. Possible LTR. **#4780**

**STABLE, SMART**  
Attractive blonde, 41 (books 31), 5'8", nice figure, love to smile/laugh, love to keep an active/lively lifestyle. Seeking handsome, successful, intelligent man with handsome personality. Scorable is the only game I play. **#3979**

**THE REAL THING**  
SFW, 47, caring, fun-loving, enjoys dancing, driving, movies. I'm looking for a good time, fun, and a special times with. Be an active SOWM, 45-55, with a good sense of humor. **#4725**

**ONE MORE TRY**  
DWF, 40 years young, 5'7", HWP, professional, redhead, seeks a tall, handsome SOWM, 45-55, for LTR. **#4780**

**GLAMOROUS BABE**  
Educated, charming, cultured, professional female, no dependents, professional female, 40-55, 5'8", who likes fine dining, golfing, for possible relationship. **#4780**

**DESIRABLE, HAPPY, HOPEFUL**  
Passionate professional SFW, 36, 5'5", 120lb, loves life, laughter, seeks stable professional SOWM, 38-55, who is open-minded, fit, and sensual. Eventually looking for monogamous involvement. **#3750**

**FRESH START**  
Fun-loving kind, easygoing, down-to-earth female, 51, seeks wonderful companion to share life with. **#4588**

**A TOUCH OF JANGLE-NEVER**  
Shapely, sensual DWF, 30A, 5'5", 120lb, brown hair, seeks physically fit, financially/emotionally secure SOWM, 35-45, for LTR. **#4780**

**PRETTY ENTREPRENEUR**  
Successful, humorous, charming, outgoing, giving female, 53, enjoys movies, plays, concerts, fine dining, cooking, boating, loves people. Seeking suitable in a successful, successful SOWM, 45-75. Please reply. **#4738**

**FRIENDS FIRST**  
Attractive DWF, 50 seeks partner who demands honesty in a relationship, I'm very caring and fun-loving, and enjoy the outdoors, romantic evenings and generally enjoy people. **#4530**

**IS IT TIME?**  
SFW, 44, enjoys art, fair, live markets, concerts, hockey. Seeking companion with similar interests. **#4530**

**SHORT & SWEET**  
Pretty, passionate, 38, DWF, 44, 5'2", 120lb, N/S, loves camping, hiking, outdoor activities, classic cars, dancing. Seeking attractive, fit SOWM, 38-52, under 5'8", financially/emotionally secure, for possible LTR. **#3921**

**PARTNER NEEDED**  
Sports enthusiast needs partner for tennis, golf, volleyball, dancing, dining, more. SFW, 45, medium build, never married, no dependents, seeks tall SOWM, N/D, for friendship. **#4780**

**PRETTY WIDOW**  
Slender, tall, intelligent, refined, yet fun SFW, 45, single parent at home, part, tall, slender, and confident, personable, 53-65, for cozy dinner dates and with good conversation. **#4770**

**SPECIAL LADY**  
DWF, 52, comfortable in jeans or formal, seeks quality caring male, 45-57, N/S, for LTR. **#4780**

**MAP ABOUT YOUR RELATIONSHIP**  
SFW, 48, with varied interests, needs friend and companion to share life with. **#4780**

**CHRISTIAN CUTIE**  
Cute SFW, 33, medium build, seeks attractive, well-built, tall, professional, marriage-minded, intelligent SOWM, 28-43, I live near water, so bring swimwear. Sincere Christian need reply. **#4780**

**LADY IN WAITING**  
Beautiful BCP, 47, mahogany complexion, N/S, enjoys all fun activities. Seeking gentleman Christian male, 40-55, N/S, who also enjoys fun activities, for friendship or possible LTR. **#4343**

**BLUES FOR YOU**  
West side DWF, 50, 5'5", curly brown hair, enjoys dining, dancing, concerts, sunsets, and stargazing. Seeking outgoing, caring male 45-55, N/S, for dating and LTR. **#4339**

**HIPIE AT HEART**  
Attractive 44, N/S, who likes Pine Knob, Meadowbrook, fine dining, travel, and enjoys summer and wonderful times together. **#4734**

**A LOT TO OFFER**  
SFWP, 33, full-figured, blonde/brown, looking for sweet, sincere, caring man, 22-30, tall/HWP, unimportant. **#4331**

**TRUE BLUE AND FUN TOO!**  
Attractive DWF, 40, 5'4", brown/brown, N/S, emotionally/financially secure, seeks compassionate, honest, similar SOWM, for concerts, dining, movies, sports, travel or just being together for mutual TLC. **#4780**

**ACCEPTING APPLICATIONS**  
Tall, attractive lady, HWP, professional, with great sense of humor, seeks quality male, 60+, N/S, social drinker, who enjoys theater, concerts, dining, dancing, conversation. Let's meet for coffee and interview. **#4318**

**LOOKING FOR A FRIEND**  
Widowed, retired white lady looking for a special, down-to-earth guy 45+ with sense of humor, to share the golden years. **#4780**

**ATTRACTIVE, BLONDE LADY**  
European born, refined, young, educated SFW, young mid-40s, 5'5", good figure, many interests, intelligent, seeks gentleman 47-75, N/S, with sense of humor, for lasting relationship. **#4780**

**EASY ON THE EYES**  
Gentle on the heart, CUTE DWF, 52, N/S, seeks SOWM, 45-60, 5'10", for dating, semi-weather, fun and enjoying life. **#4780**

**NEW RECRUIT**  
Outgoing DWF, 32, 5'5", 120lb, blonde/brown, N/S, social drinker, enjoys dancing, driving, movies, and just hanging. Seeking SM, similar interests, for long-term relationship or just for friendship. **#3595**

**THE BEST IS YET TO COME**  
Attractive, intelligent, energetic, humorous, seeks tall, fit, attractive, 45-53, 6'1", N/S, sense of humor, for friendship first, possible LTR. **#4780**

**PRETTY FEMALE FATALE**  
Fun, macho, kind, outgoing SFW, 40, professional, designer, seeks tall, handsome SOWM, 45-55, in Birmingham area. **#4779**

**SOMEONE SPECIAL**  
Do you open doors? Help with her coat? Let her choose her favorite places? Willing to go forward with this relationship? **#4780**

**VERY ROMANTIC**  
Attractive, sexy, professional, 40, DWF, 48, 5'4", medium build, likes the water, up north and Florida. Seeking tall, handsome, romantic, one woman, for friendship. **#4780**

**SWEETHEART AVAILABLE**  
Attractive, intelligent DWF, 46, have strong moral values, professional. Seeking SOWM, 43-52, to share same, for friendship/relationship. **#4628**

**LIVE, LOVE, LAUGH**  
SFW, 50, 5'7", brown/brown, enjoys reading, jazz, baseball games, nature, and good conversation. Seeking SOWM, 45-55, for possible LTR. **#4780**

**WHERE IS THE ONE FOR ME?**  
Professionally employed SFW, 32, no dependents, enjoys movies, sports, dining out, cooking, quiet times. Seeking serious, college-educated, serious, family-oriented, employed SOWM, 32-48, for a relationship. **#4780**

**SEEKING A REAL MAN**  
Full-figured DWF, 42, loves life, nature, animals, card games, the theater, music, and more. Seeking real man, 40-50, Gray hair to balding ok, not thinning is not. Let's talk. **#4780**

**LOOKING FOR COMPANIONSHIP**  
Very kind-hearted, honest, easygoing, very affectionate DWF, 47, 5'5", tall, slender, seeks SOWM, 45-55, for friendship. **#4780**

**SINGLE DAD OR GRANDPA?**  
Attractive, petite, red-headed DWF, 37, 120lb, N/S, loves camping, hiking, outdoor activities, classic cars, dancing. Seeking attractive, fit SOWM, 38-52, under 5'8", financially/emotionally secure, for possible LTR. **#3921**

**CAN'T BUY ME LOVE**  
Fun, fit DWF, 48, 5'7", brunet, Auburn Hills homeowner, seeks honest, stable companion, 42-52, 5'7", husky build, for fun this spring and summer. **#4780**

**ATTRACTIVE WOMAN**  
SFW, 48, with varied interests, needs friend and companion to share life with. **#4780**

**WANTED:**  
Romantic, friendly, intelligent, romantic SFW, 44, 5'5", redhead, N/S, social drinker, employed home-owner, no dependents, with many interests. Seeking attractive, honest, sincere, romantic, tall SOWM, 40-50, for friendship leading to possible LTR. **#4780**

**CALLING ALL RATONS**  
Attractive SFW, 34, 6'2", desirable, great sense of humor, easygoing, enjoys sports, concerts, movies. Seeking attractive, honest, sincere, similar SOWM, for friendship or possible LTR. **#4780**

**PROFESSIONAL AND REAL**  
Down-to-earth, 32 year-old SOWM, I am attractive, exciting, caring, and fun. Seeking an attractive woman who enjoys life. **#4780**

**LOVE TO LAUGH**  
Handsome SOWM, 42, 5'10", muscular, boisterous, affectionate SFW, seeks similar, affectionate SFW, for friendship, no dependents, for love, laughter and LTR. **#4780**

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## Men seeking women

**EXTREMELY ROMANTIC...**  
Sincere male, 35, 6'0", 170lb, love the outdoors, rock, golfing, boating, fishing, camping, travel. Seeking SFW, 30-40, for possible LTR. **#4778**

**VERY SPECIAL GUY**  
Wants to find a needle in the haystack DWF, 44, 5'7", 200lb, beautiful, very good-looking, yet nice. Seeking gorgeous professional, under 43, N/S, who is honest and fun. **#4778**

**LOOKING FOR A SMILE**  
Open-minded, well-meaning SOWM, 34, 5'10", 180lb, gray hair, nice hair, sparkling brown eyes, no dependents. N/S, light drinker, employed - homeowner, enjoys movies, gardening, dining out. Seeking slim, good-looking, dark haired woman. **#4771**

**HONEST AND REAL**  
SFW, 34, 5'10", 180lb, gray hair, nice hair, sparkling brown eyes, no dependents. N/S, light drinker, employed - homeowner, enjoys movies, gardening, dining out. Seeking slim, good-looking, dark haired woman. **#4771**

**ARE YOU TIRED...**  
Of being alone? Let down by phony ads or broken promises? Are you looking for a new beginning? I'm SFW, 28-35, who enjoys canoeing, camping, good conversation. No games. **#4560**

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**ARE YOU TIRED...**  
Of being alone? Let down by phony ads or broken promises? Are you looking for a new beginning? I'm SFW, 28-35, who enjoys canoeing, camping, good



## ARTISTIC EXPRESSIONS



LINDA ANN CHOMIN

### Artist wild about her garden

Westland artist Sandra Weed is not shy about saying her garden is wild and wonderful. In fact, she prides her garden "on being as natural as it can get." She's the first to point out the rose mallow growing in the middle of the yellow evening primrose as she leads Cheryl Guck on a tour of the garden. Guck is chairing the Garden City Garden Club Walk 10 a.m. to 2 p.m. Saturday, July 17. Weed's garden is one of six that visitors can walk through for ideas to incorporate in their own yards.

Tickets are \$5 and available at Barson's Greenhouse, 6414 Merriman, (734) 421-5959, and Garden City's City Hall, (734) 525-8800. For more information about the sixth annual walk, call Guck at (734) 525-7299.

"I think artists think differently about their gardens," said Weed. "This will give people a chance not to be afraid next year. My garden is wild and wonderful. I left the rose mallow in the middle of the evening primrose because I didn't know what it was until it bloomed. Many times plants will come up and I don't know if they're weeds or what, but I let them go till they bloom and then decide if I like them."

"Sometimes, if it's a Queen Anne's Lace, I'll keep them because I think they're pretty. I also collect seeds from places

where I teach like Arrowmont in Tennessee. I get my plastic bag out and put them in and sometimes don't even know what they are. I just know I like seeing it in my garden."

Weed walks over to one plant with red flowers that she hopes someone will one day identify, but if not, well, she's happy just to enjoy its beauty.

Like Weed, the birds don't care what the names of plants are that grow here. They just love the natural habitat. A black bird flies through the yard with a cherry in its mouth. Weed shares the cherry and apples trees with a neighbor she's come to know well during the 27 years she's lived in her Westland home.

Even though the spring blossoms are long gone, visitors will be able to see what Weed's garden looked like in early May. The daffodils, tulips and grape hyacinths take on new life in an album of Weed's photographs. At walk time, hollyhocks, day lilies, daisies, and hostas will rim the deep rectangular yard.

"I have a secret garden where I go to paint and draw," said Weed, who's been creating art for most of her 60 years. "I love color, anything and everything. I mix it up in my garden."

Unlike her garden, Weed is selective about choosing the colors of flowers to use in her paintings. Visitors will be able to tell from the oriental brush, quilt and silk paintings on display that Weed favors harmonious palettes. Her studio will also be open to anyone interested in a more in depth look at how a gardener recreates nature in art.

"I plan the color in my paintings, but I think of my garden as tubes of paint rather than a palette," said Weed, a long-time painting instructor at Schoolcraft College in Livonia. Weed will begin teaching classes at the Plymouth Community Arts Council in September.

#### Garden delights

In addition to viewing the gardens, visitors will be able to buy perennial plants, garden signs and sachets on the walk. Proceeds from ticket and merchandise sales will go to buy daffodil bulbs club members will path around the walking paths in Garden City Park. Last year, more than \$600 was raised.

"It's nice to show what the community is doing to their yards," said Guck. "And they do it for a variety of reasons including relieving stress. For me gardening and collecting plants is a hobby, plus I get to meet a lot of nice people."

If you have an interesting idea for a story involving the visual or performing arts, call arts reporter Linda Ann Chomin at (734) 953-2145 or send e-mail to [ichomin@oe.homecomm.net](mailto:ichomin@oe.homecomm.net)



Veteran musician: Alma Smith brings her quintet to Lear Stage 3 p.m. Sunday, July 18.

## LOCAL JAZZ JAM A BEAUTIFUL THING

BY LINDA ANN CHOMIN  
STAFF WRITER  
[ichomin@oe.homecomm.net](mailto:ichomin@oe.homecomm.net)

Jazz purists like Ron Kischuk think the beauty of the Michigan Jazz Festival is that it features local musicians who are veterans of the art form.

Never mind that the day-long festival still doesn't have the reputation of the Detroit Montreaux Jazz Festival about to celebrate its 20th year. After all, at five years old, the Michigan Jazz Festival is just beginning to build a following that one day may rival Detroit Montreaux.

In the meantime, the Michigan Jazz Festival has come a long way from the first event at Freedom Hill when 200 people showed up. Held at the Botsford Inn for the last three years, the festival promises to grow in size at its new digs on the campus of Schoolcraft College in Livonia. Crowds numbering around 5,000 annually enjoyed the sounds of jazz in the intimate setting of the historic inn. Organizers expect attendance to top that this year because parking is unlimited. Festival goers won't have to park and then take a shuttle to reach

their destination.

And because the festival is by invitation only, the musicians are every bit as good as those who play at Detroit Montreaux. Kischuk, a Bloomfield Hills trombonist, and his Tartarsauce Traditional Jazz Band have been pleasing crowds with their lively Dixieland music for 20 years.

"The Michigan Jazz Festival is kind of nice because it highlights local talent that play at the same level as musicians who play in the Detroit Montreaux Festival," said Kischuk, who performs at the Sunday, July 18 festival. "The committee are truly distinguishing jazz listeners so they're choosing groups with a certain quality. The festival itself gives people, even for just a day, the chance to listen to good music. The jazz community is so small in Detroit

now. There are fewer and fewer places people can go to hear jazz. At the Michigan Jazz Festival they can hear all different styles of jazz."

Kischuk, along with 20 other groups and four big bands, take to four stages at the Michigan Jazz

Please see JAZZ, C2



Dixieland: Ron Kischuk leads his Tartarsauce Traditional Jazz Band to the Michigan Jazz Festival.

### Michigan Jazz Festival

**WHEN:** Noon to 10:30 p.m. Sunday, July 18.  
**WHERE:** Schoolcraft College, 18600 Haggerty, between Six and Seven Mile roads, Livonia.  
**TICKETS:** Free. For more information, call (248) 474-2720 or (734) 459-2454.

#### LEAR STAGE (TENT)

- Scool Jazz/Prime, noon
- Tom Saunders & The Detroit All-Stars, 1:30 p.m.
- Alma Smith Quintet, 3 p.m.
- Steve Wood Quintet, 4:30 p.m.
- George Benson Quartet, 6 p.m.
- Jam Session, 7:30 p.m.
- Janet Tenaj Quartet, 9 p.m.

#### INMART STAGE (FORUM BUILDING F-530)

- Matt Michaels/Jack Brokenhe Quartet, 12:15 p.m.
- Barbara Ware Quartet, 1:45 p.m.
- Dennis & April Tini Quintet, 3:15 p.m.
- Naima Shamborguer Quartet, 4:45 p.m.
- Louis Smith Quartet, 6:15 p.m.
- Paul Vornhagen Quartet, 7:45 p.m.

#### MAGNA/WOODBRIDGE STAGE (LOWER WATERMAN CENTER)

- Pistol Allen Quintet, 12:30 p.m.
- Larry Nozero Quartet, 2 p.m.
- Ron Kischuk & The Tartarsauce Traditional Jazz Band, 3:30 p.m.
- Jim Stefanson's Latin Jazz Combine, 5 p.m.
- The World's Oldest Living Saxophone Octet, 6:30 p.m.
- Bess Bonier Quartet, 8 p.m.
- Sheila Landis Quintet, 9:30 p.m.

#### COHEN/MORO STAGE (UPPER WATERMAN CENTER)

- New Generation, 12:45 p.m.
- Ed Nuccilli & The Plural Circle, 3 p.m.
- Brookside Jazz Ensemble, 5:15 p.m.
- Jim Wyse Jazz Quintet, 7:15 p.m.
- Johnny Trudell's Big Band, 9 p.m.

## Tenormanian takes over Motown

BY FRANK PROVENZANO  
STAFF WRITER  
[fprovenzano@oe.homecomm.net](mailto:fprovenzano@oe.homecomm.net)

There was a similar invasion in 1964, if anyone noticed.

This one about to commence, however, doesn't have any quick-witted mop tops, shrieking teeny boppers or threats of the British storming the guards.

Except for the more cosmopolitan musical repertoire, not to mention the receding hairlines and bulging midriffs of the performers, it's really just another form of mania.

Tenormanian, to be exact.

It's less than a week before Luciano Pavarotti, José Carreras and Plácido Domingo perform at Tiger Stadium, and there's an unmistakable sense of history and euphoria surrounding the Three Tenors concert on Saturday.

"The Three Tenors is a universally acclaimed phenomenon," said David DiChiera, managing director of the Michigan Opera Theatre, which attracted the legendary operatic singers to help raise money for their endowment.

"This concert is a tremendous symbol about the dramatic renaissance of Detroit," he said. "Consider us a major cultural city that commands the attention of the premier performers of our time."

Even skeptics would be impressed. The Three Tenors haven't toured in two years, and their only North American stop this year is in Detroit, where they'll be greeted by 34,000 fans, who have paid \$50 to \$750 to hear maestro James Levine lead the singers in a performance of operatic, folk and pop songs.

"We've heard from people who've said they've always loved opera and others who want to be part of a landmark event," said Bill Lee, senior director of marketing at Olympia Entertainment, which is promoting the event.

Before ticket sales were open to the public, MOT had sold 20,000 to subscribers. Of the remaining 14,000 seats, fewer than 3,000 remain, said Lee, a Birmingham resident.

"Only superstars fill a stadium," he said. "For this show, we have broad demographics — tour operators from all over the Midwest, corporations, senior groups."

Members of the orchestra have been hired by MOT, including accordionist Peter Soave of Farmington Hills. Soave, who has won world-wide accordion competitions, is expected to be a featured musician during the performances of Italian folk songs.

In the last several years, Kiss, The Eagles and Rod Stewart have performed at Tiger Stadium.

For the Three Tenors, the soulful symbol of Motown, Aretha Franklin, will be on hand. Franklin, who lives in Bloomfield Hills, will sing the national anthem and is expected to perform with Pavarotti, Carreras and Domingo during their encore.

Right up until show time, Lee expects tickets to be available.

"There's a perception that this is too expensive for most people," he said. "There are still good seats for \$50. Tickets at most stadium shows are about \$75."

**WHAT:** The Three Tenors  
**WHEN:** 7 p.m. Saturday, July 17  
**WHERE:** Tiger Stadium, Michigan Avenue at Trumbull, Detroit  
**TICKETS:** \$50-\$750. Call (248) 222-6600.

## ART

### "Gina Ferrari: Garden"

**WHAT:** An installation of nearly 900 cast piglets and snakes by the emerging artist. Museum admission is free.

**WHEN:** Through July 25. Hours are 10 a.m. to 5 p.m. Tuesday-Saturday, until 9 p.m. Thursday, and noon to 5 p.m. Sunday.

**WHERE:** University of Michigan Museum of Art, 525 S. State Street, Ann Arbor. For more information, call (734) 764-0395 or visit the Web site at [www.umich.edu/~umma/](http://www.umich.edu/~umma/)

#### RELATED ACTIVITIES:

- Discussion with Ferrari and museum director James Steward about the installation and the broader issues of installation art and its place in the context of contemporary art 7:30 p.m. Thursday, July 15, in the museum's Apse and Media Room. Free.
- Participate in events for all ages, focusing on Ferrari's installation, during the Ann Arbor Art Fairs Wednesday-Saturday, July 21-24. View the "Garden" and read a guide containing information about it and questions for discussion, then listen to story telling or create origami (Japanese paper folding) in the shape of animals.

## Emerging artist lets work speak for itself

BY LINDA ANN CHOMIN  
STAFF WRITER  
[ichomin@oe.homecomm.net](mailto:ichomin@oe.homecomm.net)

Standing on the edge of a sea of nearly 900 piglets and snakes, Gina Ferrari is pensive, almost reticent to relay any of the history behind her installation in the Apse of the University of Michigan Museum of Art.

The Southfield artist spent the better part of a year casting the glossy pink bodies in plaster, resin and rubber, but she will reveal little else about the work or herself.

If you missed seeing Ferrari's "Garden" installation in 1998 at Revolution Gallery in Ferndale, this is your chance to decide for yourself what this emerging artist and her art are all about. Was there a method Ferrari used to arrange the piglets in garden-like rows on the pale pink raised platform? Some of the piglets lie snuggled together almost as if their togetherness will create a barrier to

keep out the snakes.

"I wanted to deal with the whole nature of gardens," said Ferrari. "It's a metaphor for the cyclical process, and it's the idea of landscape. It's about finding a sense of order — order and chaos. It deals with fragility and ambiguity and has a high-gloss porcelain feel."

Comments written by visitors show the work makes a definite impact on the psyche of everyone who sees it. People seem to love solving mysteries. As Ferrari bends over to read each of the remarks, she smiles at one that says the installation is

better than one created by New York artist Sol Lewitt at the museum last year. For another viewer, Ferrari's "Garden" is a reminder of the Holocaust: The snakes are predators. A colleague notes Arkansas farmers used pigs to rid their properties of snakes, so

Please see ARTIST, C2



STAFF PHOTO BY PETER WILLIAMS

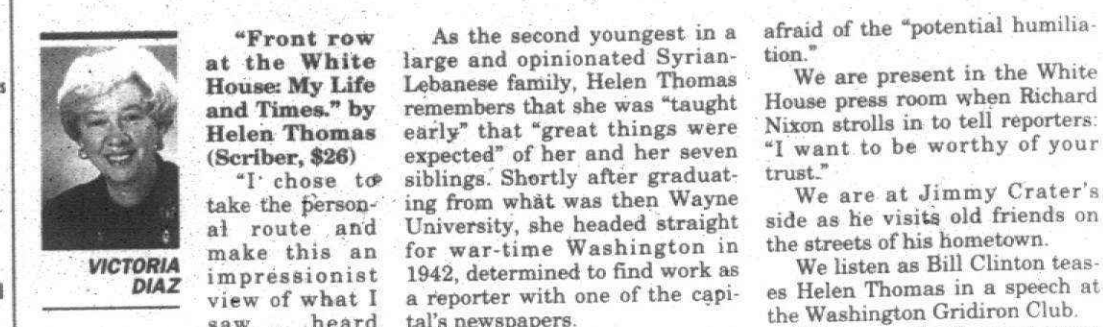
**Fragility and ambiguity:** Gina Ferrari talks about wanting viewers to come to their own conclusions about her installation at the University of Michigan Museum of Art.







BOOKS Helen Thomas' book reveals memories of hometown Detroit



VICTORIA DIAZ

"Front row at the White House: My Life and Times" by Helen Thomas (Scribner, \$26) "I chose to take the personal route and make this an impressionist view of what I saw ... heard ... felt through eight administrations. I have left it to others to tell the story of ... policies and actions and legacies." So begins this memoir by Helen Thomas, Detroit's own dean of the White House press corps, the correspondent who, for years, has concluded each presidential press conference with the words, "Thank you, Mr. President." Even if you think you have grown disenchanted with politics and politicians, try taking a look at "Front Row at the White House" anyway. You'll come away with perhaps a wider perspective not just on politics but on some of the journalists who help us see the president in the first place. In the bargain, you'll also get a chance to find out, up close, how journalists work and how their practices have changed along with the times. As frosting on an already-rich cake, Thomas also sketches in lively word-pictures of some of her own life experiences, starting with the days she was growing up on Heidelberg Street in the same house that later became, in one of the screwy twists of fate, part of the controversial Turrell "street art" project. Belle Lebe, Bob Lo, and Sanders hot fudge sundae are fondly remembered.

BOOK HAPPENINGS

Book Happenings features various events at suburban bookstores, libraries and literary gatherings. Send news leads to Keely Wygonik, Observer & Eccentric Newspapers Inc., 36251 Schoolcraft, Livonia, Mich., 48150, or fax them to (734) 591-7279 or e-mail to wygonik@oe.comcomm.net

ANN ARBOR LIBRARY Gary Zukav signs copies of his book "Seat of the Soul," during a Borders Books and Music, Ann Arbor, sponsored event, 7 p.m. Friday, July 16, at the library. (734) 668-7652

BOOK SIGNINGS Farmington Observer reporter and Livonia resident Tim Smith will sign copies of his new book, "Miracle Birth Stories of Very Premature Babies - Little Thumbs Up!" 7-9 p.m. Friday, July 16, Waldenbooks and More, 13667 Eureka Road, Southgate; 2-4 p.m. Saturday, Aug. 7, Barnes and Noble Booksellers, 390 John R. Troy. Smith can be contacted directly at (248) 477-5450.

BARNES AND NOBLE (B'FLD HILLS) The mystery group will discuss "Shore to Die" by Valerie Wolfen July 13 at 7:30 p.m., and author Scott Marks will conduct a question/answer session on the topic of his book "Y2K: It's Not Too Late" on the July 14 at 7:30 p.m. at the store, 6575 Telegraph Road. (248) 504-4209.

BORDERS (ANN ARBOR) Marvin Yollis, JD, MBA, discusses "You're Retired, Now What?" 7 p.m. Wednesday, July 14. "Adventures: Argentina," 11 a.m. Saturday, July 17, at the store, 612 Liberty St. (734) 668-7652.

BORDERS (ROCHESTER HILLS) Madeline visits Ms. Julie's Toddler Time, 10 a.m. to 11:20 a.m. at the store, 1122 Rochester Road, Rochester Hills. (248) 652-0558.

SOUTHFIELD LIBRARY Book discussion series at the library, 26000 Evergreen Road, Southfield features the works of Edith Wharton. Registration is required and participants will be responsible for providing their own books. Register at the Fiction Desk, or call (248) 948-0470. Discussion dates are 1-3 p.m. Wednesday, July 28.

BEST SELLER LIST

- Here are the current (as of July 5) bestsellers in the Great Lakes area as compiled by the Great Lakes Booksellers Association:
- Hardcover Non-Fiction 1. "The Greatest Generation" by Tom Brokaw. 2. "Shadow" by Bob Woodward. 3. "Tuesdays with Morrie" by Mitch Albom. 4. "Live Now, Age Later" by Leonard Rosenfeld. 5. "Sugar Busters" by H. Leighton Steward. 6. "Encore Provence" by Peter Mayle.
- 7. "Living the 7 Habits" by Stephen R. Covey. 8. "Our Tribe" by Terry Pluto. 9. "Cinderella Story" by Bill Murray. 10. "Ain't Got Time to Bleed" by Jesse Ventura.
- Trade Paper Non-Fiction 1. "Angela's Ashes" by Frank McCourt. 2. "Walk in the Woods" by Bill Bryson. 3. "Chicken Soup for the Gelfer's Soul" by Jack Canfield. 4. "Don't Sweat the Small Stuff" by Richard Carlson. 5. "6th Bowl of Chicken" by Jack Canfield.
- Hardcover Fiction 1. "Hannibal" by Thomas Harris. 2. "Mother of Pearl" by Melinda Haynes. 3. "White Oleander" by Janet Fitch. 4. "High Five" by Janet Evanovich. 5. "Testament" by John Grisham. 6. "The Saving Graces" by Patricia Gaffney. 7. "A New Song" by Jan Karon. 8. "Lake News" by Barbara Delinsky.

ART BEAT

Art Beat features various happenings in the suburban art world. Send Wayne County arts news leads to Art Beat, Observer Newspapers, 36251 Schoolcraft, Livonia MI 48150, or fax them to (313) 591-7279.

FINAL DAYS

This is your last chance to see two black-and-white photographs by Livonia resident Alice McGee in an exhibit at the Biddle Gallery, 2840 Biddle, Wyandotte. For hours and information, call (734) 281-4779. "Shot at Mario's," a group show including McGee's work, continues through July 16 at the Biddle Gallery. The juried show of fine art photography was shot at Mario's Mannequin Studio in Detroit before it closed. Barbara Abel of Birmingham, Elaine Redmond and Patricia Izzo are among the other artists exhibiting.

EXHIBIT OPENING

The Plymouth Community Arts Council opens an exhibit of lacework by the Great Lakes Lace Group Monday, July 12, at the Joanne Winkelman Hulce Center for the Arts, 774 N. Sheldon at Junction, Plymouth. The exhibit, continuing through July 25, features handmade bobbins lace and tatting projects made by members of the nonprofit lace organization. Michiko Yasuda will give a free demonstration of the decorative art form 11:30 a.m. to 1 p.m. Monday, July 19. Bobbin lace is one of the two main types of lace, the other being needlepoint. Other types of lace include crocheting and tatting.

Denise Knight will teach basic weaving technique (ages 6-12) that will enable students to take home a project such as a snake-shaped bookmark 10 a.m. to noon Friday, July 23. The price is \$16. To register, call (734) 416-4ART. Viewing hours are 9 a.m. to 3 p.m. Monday-Tuesday, and Thursday, until 9 p.m., and Friday until noon.

PIANO ACADEMY SCHEDULING

Students interested in joining Schoolcraft College's Piano Academy in the fall must schedule interviews beginning the week of July 12.



Lost in time: Alice McGee took this photograph at Mario's Mannequin Studio in Detroit before it closed.

Project Arts does not take a commission on sales. For more information or an entry form, call Maureen Karby at (734) 397-6450.

SEASON SUBSCRIBERS WIN BIG

Subscribe for season tickets to the Plymouth Symphony Orchestra win in more ways than one. In addition to hearing five concerts and meeting the artists at the afterglows that follow, subscribers receive one chance in a drawing to win tickets to anywhere in the continental United States on Northwest Airlines. The price is \$55 adults, \$45 seniors/college students and does not include special-event concerts (Nutcracker Ballet and Cabaret/Auction). However, subscribers receive a discount on special-event concerts.

For more information about subscriptions for the 54th season, call the symphony office at (734) 416-4ART.

REGISTRATION BEGINS

Village Music in Plymouth is taking registrations for fall Kindergarten classes, which begin Sept. 6. The classes are aimed at children from newborn to 7 years. Village Music is at 130 E. Liberal.

For more information about the fall classes, call the information booth, managed by the Ann Arbor Art Center, Wednesday-Saturday, July 21-24.

As a volunteer, you will receive a free Ann Arbor Street Art Fair T-shirt and earn volunteer credit toward a five class at the art center.

For more information or to volunteer, call the Ann Arbor Art Center at (734) 994-8004.

For more information, call Norma Atwood at (734) 354-9925.

CALL FOR VOLUNTEERS

The Ann Arbor Street Art Fair is looking for volunteers to staff the information booth, managed by the Ann Arbor Art Center, Wednesday-Saturday, July 21-24.

As a volunteer, you will receive a free Ann Arbor Street Art Fair T-shirt and earn volunteer credit toward a five class at the art center.

For more information or to volunteer, call the Ann Arbor Art Center at (734) 994-8004.

Van Gogh exhibit on its way to DIA

In June of 1890, during his convalescence in Auvers and just one month before his suicide, Vincent van Gogh (1853-1890) wrote: "What fascinates me much, much more than does anything else in my métier is the portrait, the modern portrait...I should like to do portraits which will appear as revelations to people in 100 years time."

Taking this famous passage as a point of departure, the Detroit Institute of Arts (March 12 to June 4), the Museum of Fine Arts, Boston (July 2 to Sept. 24), and the Philadelphia Museum of Art (Oct. 22 to Jan. 14, 2001) will present "Van Gogh: Face to Face," a major exhibition that will tour the three organizing institutions in the year 2000.

Featuring some 50 paintings and drawings from an international array of public and private collections, "Van Gogh: Face to Face" will focus, for the first time, on van Gogh's evolving approach to the portrait throughout his tragically brief life.

"Van Gogh's portraits resonate with personal compassion and the conviction that, when thoughtfully observed, nature reveals profound truths," explained Maurice D. Parriaux, DIA interim director. "These qualities, along with his great talent, inspired this ambitious undertaking."

The permanent collections of the DIA, Museum of Fine Arts, Boston and the Philadelphia Museum of Art are graced by the total of five major portraits of the Roulin family. Joseph Roulin, a postman, showed great and consistent kindness to van Gogh during his sojourn in Arles in 1888. Roulin, together with his wife Augustine and their three children, were the artist's most frequent and loyal model during this period. These pivotal works, representing van Gogh at his most innovative, will be joined by important portraits from every stage of the artist's career.

For more information about the exhibition, call the DIA, call (313) 833-8499.

Farmington Area Founders Festival, Inc. 35TH ANNUAL FARMINGTON AREA FOUNDERS FESTIVAL July 4-10

Special Thanks To: Farmington/Farmington Hills Chamber of Commerce, City of Farmington, City of Farmington Hills, Farmington/Farmington Hills Recreation Department, Botsford Hospital, Farmington Downtown Development Authority, Bank One, Providence Hospital, Budweiser, WKQI-FM, Jack Demmer Lincoln-Mercury, Peoples State Bank, Time Warner Cable, Farmington Area Arts Council, Metro Bank, Service Groups, Shriners, Crafters, Bon Temps Roulle, Mudpuppy, Chisel Brothers, Imperial Swing Orchestra, Starlight Drifters, Jill Jack, Forbes Brothers, Black Market, Howling Diablos, Teen Angels and to all who helped make this year's 35th festival a success!

ACDelco present The Motor City CruiseFest MICHIGAN STATE FAIRGROUNDS MOTOR CITY CRUISEFEST AUG 1999

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# Malls & Mainstreets

Nicole Stafford, Editor 248-901-2567 nstafford@oe.homecomm.net on the web: <http://observereccentric.com>

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Sunday, July 11, 1999

## Have luscious locks in spite of humidity

THE REAL DEAL



CARI WALDMAN

Don't you dread doing your hair in this summer heat? Standing in front of the mirror holding a hot blow dryer is anything but fun. Sometimes, by the time you're done drying and styling, you feel as if another shower is order!

To make matters worse, there currently is a heightened desire to have perfectly straight hair. But since the heat and humidity are here to stay for another seven weeks or so, we might as well make the best of it.

Fortunately, there are dozens of products out there to help us obtain the look we desire and prevent a succession of bad hair days. Here are a few products I, along with local hair care experts, recommend.

■ For those of you who like clean hair, but want your hair to have that "sleep-in, piecey" look, rub a small amount of Bumble and Bumble's "Brilliantine," \$13 at Salon Clique in West Bloomfield, into dried hair. It puts natural oils back into the hair and adds weight.

■ To relax and straighten thick and coarse hair, Bashar, of Bashar Salon in downtown Birmingham, suggests Phytodifferent "Relaxing Balm," \$17 at Bashar Salon. He says it tames hair cuticles and smooths out the top layer of hair to achieve a straight look.

■ Men who admit to bad hair days, like my husband, might try Sebastian's "Crude Clay," \$17.50 at Toni's Main Street in Rochester. It's a new product that holds hair in place but doesn't feel greasy.

■ Those who prefer fragrance-free products, might try Aveda's "Pure-fume Brillante" anti-humectant pomade, \$12 at Aveda stores at the Somerset Collection in Troy. Derived from plants and flowers, the hair polisher inhibits the surface moisture that causes frizz, and Aveda promises you won't get a whiff of any synthetic aromas with use.

■ If your hair is puffy, try "Secret Weapon" styling creme from John Frieda's Frizz-Base line, about \$5 at area drug stores. It's one of my favorite drug store products. Applied to dry hair, it produces smooth and shiny locks and tames static and fly-aways.

Other products to try include: ■ "Get It Straight" by Sebastian, which maintains body for curly and wavy hair, \$21.50 at Bashar Salon.

■ "No Frizz" gel by Rene Furterer, which helps maintain the integrity of your curls, \$16.75 at Bashar Salon.

■ KMS "Stay Smooth" spray, which adds shine and maintains a soft hold, \$9 at Ninetieth Floor Salon in Birmingham.

Also, try drying your hair in sections during the summer months. Use clips to section off hair and dry one section at a time. Hair must be completely dry before styling, since any leftover dampness will lead to big hair by lunch time. For more specific needs, ask your stylist for information and tips.

Please send your style and shopping questions to Cari at [ORRealDeal@aol.com](mailto:ORRealDeal@aol.com).

## Go lightly

### Local clothier teaches women to travel with style and ease



Taking inventory: Women's clothier Lynn Portnoy selects clothing pieces to pack for a 10-day trip. She'll pack an entire travel wardrobe in one carry-on bag.

Plan first: Travelers over-pack because they don't assemble clothing pieces that coordinate, says 61-year-old Lynn Portnoy, a clothing boutique owner and former clothing buyer who teaches women how to travel lightly and still dress in style.

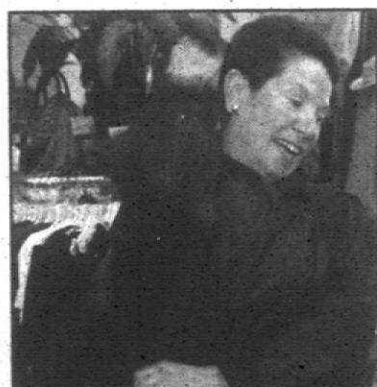
BY NICOLE STAFFORD  
SPECIAL EDITOR

nstafford@oe.homecomm.net  
When it comes to travel, fashion can be a real downer.

One never knows exactly what to pack and inevitably ends up struggling to answer a host of troubling questions: what if I don't pack enough, what if the weather turns sour, what if an occasion arises for which I have nothing to wear, am I packing too much, do I have enough room for everything?

As troubling as packing for a vacation can be, clothing boutique owner and women's travel guru, Lynn Portnoy considers the process an opportunity for women to hone their skills at assembling wardrobes.

One bag: Lynn Portnoy demonstrates how an entire wardrobe for 10 days of travel fits in a single carry-on bag.



"When you're buying your clothes, think of how they go together, even if you're just staying here and not going anywhere," says Portnoy, 61, who has helped professional women assemble wardrobes in the metropolitan-Detroit area for decades as the proprietor of Lynn Portnoy Women's Clothier, a 20-year-old business now located in Southfield.

As a former clothing buyer for the now-closed Claire Pearene, an upscale women's fashion boutique that was located in the Somerset Collection, Portnoy has traveled extensively.

Having long ago mastered the art of packing just enough and never too much, Portnoy gives seminars on how to "travel with one bag." Promoting her recently released book, "Going Like Lynn," a women's travel primer for Paris, Portnoy will be giving a series of packing demonstrations on July 19 and 20 at her store in conjunction with a fall trunk show of wearable, easy-to-pack clothing by YEOHLEE.

"It's not the bag, it's thinking out the clothes you'll be wearing," says Portnoy, as she rifles through a rack of clothing in her store for shirts and tops, demonstrating her planning techniques.

"Six, seven, eight tops... that's too many," she says. "This is only a 10-day trip... See, I have three colors, black, cranberry and beige... Every piece here works with every other piece."

In general, says Portnoy, women should apply the same principles to packing a vacation wardrobe that they use when assembling a fall or summer wardrobe: only select pieces that coordinate with others.

"More is not better," says Portnoy. "Less is better, if it's thought out and works well together." The mistake most women make when packing is "nothing goes" together. That's why they're packing so much.

Portnoy also insists "you have to be very practical."

Practically speaking, one can't pack a closet's worth of clothing or every favorite pair of pants, so don't try, she says.

Likewise, don't pack linen and other fabrics prone to wrinkle. Instead, take knits and synthetic fabrics that resist wrinkling. "I never take an iron," adds Portnoy. "I hang everything up in the shower. I don't even own an iron."

If you insist on packing a linen suit or taffeta dress, don't bring an iron, pay to have the item pressed, says Portnoy.

Portnoy also suggests: ■ Take destination-appropriate clothing. You won't need a bathing suit while sightseeing in New York City. Likewise, you probably won't need a dress while vacationing in Michigan's Upper Peninsula.

■ Wear the heaviest clothing you wish to take and layer several pieces for your day of travel in case the weather changes.

■ Keep in mind that jackets, sweaters and cosmetics are the bulkiest items you'll pack (buy trial-size cosmetics and toiletries for travel).

■ Select a variety of clothing pieces; pack a long and a short skirt, for instance, and make sure you have sporty and dressy pieces.

■ Always bring tops in black and white or other neutral tones.

■ Add color to your travel wardrobe with tops and scarves, rather than jackets, sweaters and other bulky items.

Lynn Portnoy's "Travel With One Bag" demonstrations are slated for 1 p.m., 1:30 p.m., 2 p.m., 6:30 p.m. and 7 p.m. Monday, July 19, and 11 a.m., 11:30 a.m., 1:30 p.m. and 2 p.m. Tuesday, July 20, at Lynn Portnoy Women's Clothier, 29260 Franklin Road east of Northwestern Highway in Southfield. For additional information, call (248) 353-2900.

## Sidewalk sales promise bargains for savvy shoppers

Finding a bargain shouldn't be difficult in coming weeks since the season for sidewalk sales has arrived. Here are a few to keep in mind:

■ The Best of Birmingham sidewalk sale runs 6-11 p.m. July 16 in conjunction with Night on the Town.

■ Merchants in downtown Rochester

take their wares to the street and extend shopping hours.

■ Bargain prices and sidewalk sales are slated July 15-17 at the Northland Center in Southfield.

■ The Livonia Mall's Shoot for Savings Sidewalk Sale, held inside the center, runs July 15-18.

■ Also in Livonia, Wonderland Mall will host a Sale of the Century Sidewalk Sale July 15-18.

■ Tel-Twelve Mall in Southfield will hold a Construction Clearance Sidewalk Sale July 15-18.

■ Sidewalk sales at Meadowbrook Village in Rochester Hills run July 22-25.

Many malls and downtown shopping districts also plan to offer entertainment and shopping giveaways, including coupons, goody bags and gift certificates. Call mall and downtown association offices to find out about extended hours and special offers.

aters plays at the corner of Main Street and Ann Arbor Trail in Plymouth, 7-9 p.m.

SATURDAY, JULY 17

ROYAL OAK GARAGE SALE  
The Greater Royal Oak Chamber of Commerce presents the 24th Annual Antique & Garage Sale in the Center Street parking garage, between S. Washington and S. Main on Center Street at Second, through July 18, Saturday, 10 a.m.-7 p.m. and Sunday, 10 a.m.-5 p.m.

YO-YO COMPETITION  
Meadowbrook Village in Rochester Hills hosts the Second Annual Champion Spinners Yo-Yo Classic II with yo-yo entertainment and demonstrations between competition sets, 10 a.m.-5 p.m.

SUNDAY, JULY 18

WORTH COLLECTION SHOWING  
View the Fall 1999 Worth Collection through July 26 in the Birmingham-Bloomfield area by appointment. Call (248) 540-4981 or (248) 865-0553.

BLUES IN DOWNTOWN PLYMOUTH  
As part of downtown Plymouth's Friday Night Fun series of free concerts, blues act Pete "Mad Dog" Fetscher plays at the corner of Main Street and Ann Arbor Trail in Plymouth, 7-9 p.m.

FRIDAY, JULY 16

WEDNESDAY, JULY 14

THURSDAY, JULY 15

## ADDED ATTRACTIONS

HINO & MALEE SHOW  
View the complete Fall 1999 line of Hino & Malee and meet design team representative Elaine Louie through July 17 at Roz & Sherm in Bloomfield Hills, Thursday, 10 a.m.-8 p.m. Friday and Saturday, 10 a.m.-6 p.m.

GIVE BLOOD, WIN THREE TENORS TICKETS  
Art Van Furniture, at 6053 Dixie Highway in Waterford, sponsors an American Red Cross blood drive to help replenish summer supplies, 2-3 p.m. Blood donors may register to win a pair of tickets to the July 17 Three Tenors concert.

FRIDAY, JULY 16

WEDNESDAY, JULY 14

THURSDAY, JULY 15

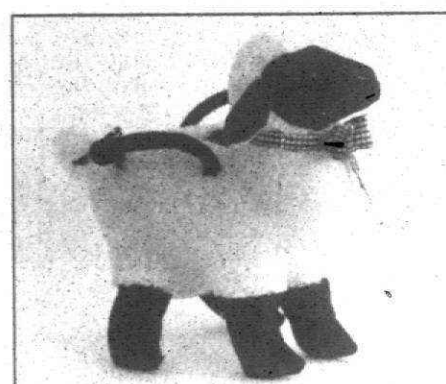
THURSDAY, JULY 15

## a la carte

### STUFF WE CRAVE



Little lamb: It's Mary's Little Lamb in washable purse form, by North American Bear Co., \$28.50 at the Union General Sweet Shop and Cafe in Clarkston.



Cool blue: The milky blue Chalcedony stone takes center stage in jewelry designer David Yurman's new Blue Ice collection, with pave diamonds in sterling silver and 18K gold, \$995-2,300 exclusively at Neiman Marcus.



Golf guides: Don't lose stray balls, track them with a hand-held golf scope, \$50 at Brookstone. Rand McNally's Golf Road Map, a guide to golf courses in southeastern Michigan, will help get you there on time, \$4.95 at Rand McNally. All at the Somerset Collection in Troy.



Rise and shine: Tiffany & Co.'s Roosters collection of English earthenware adds vibrant color and a dash of country charm to summer picnics and casual gatherings, \$20-100 and in stock again at Tiffany & Co., the Somerset Collection in Troy.

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## Where can I find?

This feature is dedicated to helping readers locate merchandise that's difficult to find. If you've seen or are looking for an item, call (248) 901-2555 and leave a message with your name and phone number. We publish readers' requests for merchandise twice. If you don't hear from us or see information about the item within a few weeks, we were unable to locate it.

WHAT WE FOUND:

Quilts with photographs are available at Quilted Life, (734) 722-6766 or 1-877-MY-QUILT.

Cakelets that open into dining tables are available at Cost Plus World Market and at "Bessell II Estate Sales," at 34769 Grand River in Farmington, (248) 478-7355.

Sheet straps can be found in the Harriet Carter catalog, (800) 377-7878.

To replace Revlon's feathering color lock product, try Coty "Stop It" in a tube.

Missing parts for broken appliances may be available through Culinary Parts Unlimited in Pacheco, CA., (800) 543-7549 or at [www.culinaryparts.com](http://www.culinaryparts.com).

"The Great Mouse Detective" will be released again by Disney on August 31, 1999 and can be ordered through a Disney company catalog or store.

A picture of dogs playing poker can be purchased at the Meijer store in Northville in the picture department.

Natural Exfoliating body bar soap might be available through Avon, (800) 500-AVON.

Eyebrow stencils can be purchased through the Beauty Boutique catalog, (440) 826-3008.

We also found a WWII uniform.

WHAT WE'RE LOOKING FOR:

A place in Oakland County, preferably near Clarkston, that recycles cakes boxes, cereal boxes and the like for Lori. (SCOCRA only does recycling in the general area of Royal Oak.)

Revlon Fine Line Natural brow pencil refills in light brown color for Lorraine.

A Ziggy doll (made in 1986 or 1987) dressed in a nightshirt and nightcap for Jim.

A Mickey Mouse waffle iron for Lucy.

A replacement glass carafe for a coffee server that tilts and has a place to light a candle underneath.

A 1968 Clarkston High School yearbook for Gary.

Thermo-Serve coffee mugs for Maggie.

A large black plastic hook with adhesive backing for Gloria.

A catalog for mastectomy patients.

Revlon color lock eyelid shadow base for only lids.

A used "Little Tikes" Playhouse log cabin for the backyard and a Childcraft Changing Table in honey oak finish for Leslie.

Ultima II lip liner in "Tawny" color for Carol.

Rose Milk Skin Care lotion for Vivian.

Stamped, cross-stitch baby quilt material (not pre-quilted) for Marie.

A used baritone musical instrument case for Norma.

A 1960 Highland Park High School yearbook for Carol.

Coty La'SLEUR cologne for Joanne, a resident of Southfield.

Rockford socks with red heels and toes (to make monkey toys) for Noreen of Livonia.

A 1953 Central High School yearbook for Faye in West Bloomfield.

A person who refinishes rocking chairs for Barbara.

Schlinkhaus German cabinet white wine for Barbara.

A Doubleday cookbook, as seen on "Cooking Live," for Teresa, who lives in Livonia.

Vietnam and WWII uniforms for Sheila, an American history teacher who wants to use the items in her classroom.

Compiled by Sandi Jarackas



## TRAVEL

## Each island's the best

Part 2 of 2

BY SANDRA ARMBRUSTER  
STAFF WRITER  
sarmbruster@oe.homecomm.net

Remember those popular movies like "South Pacific" and "Jurassic Park"? Ever think you'd like to see where they were filmed? Then visit Kauai, the garden island, the location of the original "Fantasy Island" television series.

Kauai was the first stop on America Hawaii Line's S.S. Independence as we cruised to four islands in the chain. It was also one of the islands touted as the "best" on our return flight home. See if you agree.

Unlike the populated Oahu, which we explored last week, much of Kauai is inaccessible. There is just one paved road, and a round-trip drive is about 90 miles. If you've got the stamina, backroad driving is popular on unpaved trails to see sugar cane plantations and mountain formations missed on other tours. Whatever tour you take, be prepared for some rain — all the better to see rainbows and waterfalls.

A rainbow can be seen from the top of Mt. Waialeale, the wettest place on earth; it gets 451 inches of rain each year, with frequent rainbows.

But, no problem. Hawaiians have a way of dealing with every



Cooling shade: Visitors to Lahaina on Maui take shelter under a banyan tree whose arms stretch out over an acre in the city.

situation. There is a universally understood gesture among islanders: With thumb and little finger raised, the hand is waved gently signaling others to "Hang loose!"

I took a helicopter ride over the famed "Grand Canyon of the Pacific," a 12-mile-long rift of striated stone with some vegetation. The chopper climbed over the mountains and moved into the canyon as our pilot/guide glided us through the canyon, then up the face of Mt. Waialeale and over the steep Na Pali cliffs, which resemble an accordion. Concluding the trip was an exciting descent as the pilot spiraled us into the Kawaikini volcano, which formed the island. The cone is now covered with

vegetation.

The trip has been rated as the No. 1 tour in the world by National Geographic.

## Surprising Maui

There is much else to be said for Maui: beautiful beaches and resort areas, opportunities for snorkeling, a variety of vegetation, cowboys and the dormant volcano Haleakala.

For me the best part of the trip to Maui was seeing a humpback whale breach not more than 100 yards from me. That means the 40-foot-long behemoth playfully propelled itself completely out of the water. Everyone screamed in delight, including me. Only problem was I got so excited I forgot to take a picture.

We were on watch for the humpbacks during a tour sponsored by the Pacific Whale Foundation. Adding to the memorable trip aboard a two-masted sailboat was the lowering of a microphone into the deep, clear waters so we could listen to the whales calling out to each other.

Or were they inviting us to follow their lead?

With us was a naturalist provided by the foundation, who had spent several days on board ship regaling us with tales during whale sightings. It had been the best sightings of the season, she said. The season runs from December through March.

Joining in on the fun was our amiable captain, who said he would use the ship to "sneak" up

on the whales. By law, all water craft must stay 150 yards from the whales or cut their engines. In this case, the whales seemed to willfully violate the law and delight in performing. It was their time of year to frolic in the waters off the islands for mating season.

## A clear day on Maui

At nearly 10,000 feet, the views from the peak of Haleakala are spectacular — as was the ride up. Switchbacks up the volcano showed the variety of vegetation, a one point looking like northern Michigan with its pine trees. But looking into the crater, clearly we were in another world in which pink mounds contrasted with the hazy blue of distant walls and the beige floor of sand.

We walked slowly up the short path to the overlook site: Oxygen deprivation made breathing and walking difficult.

Pineapple fields spread out in all directions. Sampling some of the golden, melt-in-your-mouth pineapple showed the difference between fresh and the pale, canned varieties found at home.

After spending hours at the seaquarium or shopping, many visitors liked to cool off under the shade of a remarkable banyan tree in Lahaina that spreads its sheltering limbs for an acre in the center of town.

It offered a good chance to regroup before heading for the other big island on our cruise, the Big Island of Hawaii, which we were to visit a live volcano.

## The Big Island

The largest of the islands, Hawaii, offers two distinct climates — extremely wet and extremely dry on opposite sides of the island. Consequently, the landscape and activities vary from 13,700-foot Mauna Kea, which is the tallest mountain in the Pacific, and the still-active

volcanos Mauna Loa and Kilauea to tropical gardens.

We sailed at night past the lava flow from Kilauea with molten lava and billowing steam clearly seen where the volcano meets the ocean. Listening to our ship-board kumu (teacher) tell the story of the fire goddess Pele, we could hear the chants and drum beat of native Hawaiians. Pele is to be appeased, Hawaiians remind us, knowing full well the destruction she has wrought in eruptions that have wiped out villages.

Somehow we understand the magic of the islands that keeps drawing people back to the islands.

The Hawaiian experience is as much offshore as on the islands, as those of us who wanted to learn to snorkel enjoyed a new adventure. Supported by inner tubes and donning prescription swim masks, we floated over a fish preserve off the Captain Cook monument. The preserve, in which we were not allowed to touch the bottom, was filled with multi-hued coral and fish. Kelley, who guided me throughout the excursion, judged me "the most improved passenger" after a few false starts. I won't say how many.

I didn't want to get out of water, but it was time to leave for our ship, which was to sail to Honolulu for our trip home.

The whirlwind tour of the islands had been like traveling to a foreign land. It was an adventure I wouldn't soon forget.

As the debate grew during the trip home on which was the "best" island, I found myself unable to argue for just one island in the chain.

Hmm, perhaps it will take a return trip to paradise for me to decide.

Sandra Armbruster is editor of The Lake Orion and Oxford Eccentric papers.

## Pearl Harbor memorial teaches many lessons

BY SANDRA ARMBRUSTER  
STAFF WRITER  
sarmbruster@oe.homecomm.net

The history of war times often is blurred. Places and names of wars vary, but reasons and results often seem obscured by political posturing as nations ready for the next battle.

That posturing is pummeled into reality off shore the island of Oahu, where the USS Arizona

came to rest on Dec. 7, 1941, in Pearl Harbor. Such a lovely name; such a vile deed when Japanese pilots bombed the Arizona and other ships in the harbor.

What really happened that day and why? A trip to the famous monument tells the somber story. It began with trade disputes. Sound familiar? The story of that terrible day

is told in a 20-minute film shown to visitors. It is not for the faint of heart.

During the boat ride to the monument, we listen to an explanation of how the low center of the white monument represents the United States in its darkest hour, while the uplifted ends of the monument recalls the nation's return to greatness.

A nun quietly tells a passenger she frequently comes to the memorial to pray.

We disembark, and all are quiet, except for some teens yet untouched by war's devastation. We hang over the open sides of the memorial, waiting for a cloud

to pass.

When it does, we see the rusting metal lying in shallow water.

In the shrine room of the memorial is a stone wall with the names of those who died when the USS Arizona went down.

As we near shore on the return trip, we hear former President George Bush tell us: "I bear no grudge toward the Japanese.

None at all."

Those words echo as I recall a family I observed before seeing the film. The husband, wife and their young child were waiting to enter the theater, along with extended families on both sides. There was no doubt that all doted on the child. It mattered not that the father was of Japanese heritage and the mother of some other European her-

itage.

Would that we all could bear no grudges — to anyone, anywhere.

Joining the Arizona in the Pearl Harbor area is the USS Missouri, on which the Japanese government surrendered at the end of the war. It's wise to get tickets ahead of time for both tours.



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## OBSERVER SPORTS SCENE

### Stars sweep

Plymouth Canton Stars made their trip to Adrian a successful one, beating Adrian's Connie Mack team 8-4 and 8-6 Thursday. The sweep improved the Stars' record to 4-8.

Andy Baigrie worked 6 1/3 innings to win the first game, allowing six hits and striking out three. Brad Kaufman got the last two outs.

Baigrie then came back and got the last two outs in the second game for Matt Moraca, who worked 2 1/3 innings in relief and benefitted when the Stars rallied for six runs in the fifth.

John Loveland went 6-for-9 and drove in three runs, Ellie Jimenez went 4-for-7 and drove in seven runs, and Kaufman, a freshman at Canton HS, went 3-for-5 and drove in a run. Bryon Kindernay walked six times in the two games, and Derek Diedrich was 2-for-6, walked and scored three times.

The Stars made just one error in the two games. They play next at Ypsilanti Lincoln Tuesday.

### Diamondbacks win 1st

The best-of-three World Series between the Diamondbacks and the Blue Jays started with a tight game Thursday, one that went the way of the Diamondbacks, by a 4-1 margin.

The two teams meet in game No. 2 of the Canton Community Junior Baseball and Softball Association World Series at 6:30 p.m. Tuesday at the high school. If a third game is necessary, it will be played Thursday on the high school fields.

The Diamondbacks won the opener behind the strong pitching of Lauren Delapaz. Laura Schroeter solid play defensively at catcher and her two RBI, and the two hits apiece supplied by Amanda Leon, Nora Neher, and Natalie Maurer.

In the one-game elimination tournament, the White Sox advanced with a 19-3 victory over the Tigers; the Athletics moved up with an 11-10 win over the Cardinals; the Phillies reached the semifinals with a 7-4 triumph over the Braves; and the Devil Rays edged the Marlins, 10-9, to advance.

### Twietmeyer commits

Janell Twietmeyer, Plymouth Canton's leading scorer in girls basketball last season, has opted to attend Alma College in the fall and continue playing.

An all-Observer first-team selection, Twietmeyer was a versatile all-around performer for the Chiefs, leading them to a 16-6 record. The 5-foot-9 forward averaged 13 points and 8.5 rebounds a game for Canton, together with four assists per contest.

"Janell was solid — that was her strength," said her coach at Canton, Bob Blohm, when she was selected to the all-Observer team. "She was a hard worker, very dependable. She was real versatile. If they took away the inside, she could go outside and score."

"Coaches are always looking for a player who can shoot, and she can."

### Salem boys soccer

Plymouth Salem's boys soccer team will begin optional conditioning from 5-7 p.m. Monday, July 19, on the fields located behind Salem HS. These sessions are for all interested athletes entering grades 9-12; they will continue every Monday, Wednesday and Friday through July 30.

Official tryouts begin Monday, Aug. 16, with 9-10 graders from 5-7 p.m. and 11-12 graders from 4:30-6:30 p.m. For more information, call (734) 416-7774.

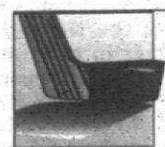
### Chiefs boosters meet

The Canton Chiefs Football Booster Club will have its monthly meeting at 7 p.m. Wednesday at the AutoNation Car showroom, located on Ford east of I-275. This is for July only. Fundraising and ads for the fall program will be discussed.

All parents of Canton football players are encouraged to attend, including incoming freshmen. For further information, call Dan Murphy at (734) 416-8117.

Anyone interested in submitting items to Sports Scene or Sports Roundup may send them to sports editor C.J. Risak, 36251 Schoolcraft, Livonia, MI, 48150, or may FAX them to (734) 591-7279.

## Pietila's hat trick propels Huskies



It was as it should be when two frontrunners meet — a close, defensive game. The biggest lead for either the Huskies or the Bulldogs was only two goals, which is what the Huskies' margin of victory proved to be.

Phil Pietila scored three times for the Huskies, but it was Jay Storm who gave them the cushion they needed to slip past the Bulldogs, 5-3 Wednesday in a Metro Summer Hockey League game at the Plymouth Cultural Center. Pietila's second goal, scored with 9:10

left in the second period, put the Huskies (now 4-1) ahead to stay. Pietila's first goal had given his team a 1-0 lead at the 8:56 mark of the first period; the Dogs, however, countered with first-period scores by Darin Fawkes (from Livonia) and Matt Prater.

The Huskies took control with three

unanswered goals in the second period, the first by Dwight Helminen and the next two by Pietila. The Bulldogs (5-2) closed to within 4-3 on a goal by Corey Swider (Livonia) with 8:50 to play, but Storm countered to make it 5-3 with 6:59 remaining.

J.J. Weeks turned in a solid performance in goal for the Huskies. Will Hamele was in goal for the Dogs.

Eric Bratcher added two assists for the Bulldogs.

**Wildcats 10, Lakers 8:** Four consecutive goals in the third period gave the

Wildcats a come-from-behind MSHL victory over the Lakers Wednesday at the Plymouth Cultural Center.

Mike Swistak (West Bloomfield) accounted for two of the 'Cats' third-period goals, including the game-tying marker (at the 8:40 mark) and the go-ahead score (at 5:28). Brent Thomas scored his second of the game with :05 left to insure the Wildcats' win.

Brent Bessey led the 'Cats with three goals; Paul Khanam and Bob Abbate

Please see **HOCKEY, D2**

## Rising star Splitz gymnast gains gold at U.S. club finals



BY C.J. RISAK  
SPORTS EDITOR  
cjrisk@oe.homedcomm.net

Trying to withhold progress is often a fruitless proposition. The line between attempting to impede it and/or just slow it down a bit can be a fine one indeed.

The last stop Jenna Lande made before arriving at Splitz Gymnastics in Canton was at Mills Gymnastics in Brownstown Township. Lande spent a year at Mills, competing at Level Six; she felt she was ready to move up to Level Seven.

The coaches at Mills thought otherwise. They wanted to keep Lande at Six for another season. That was something Lande did not find particularly appealing.

So she switched. She joined Splitz and Eileen Spicher, who opened the school 18 months ago.

The rest, as they say, is history. The 13-year-old Lande made the switch smoothly, rolling to first-place finishes in the Level Seven all-around competition at six different invitational, including at a regional meet in Cleveland in late May.

That put her in a proper position for the U.S. Association of Independent Gymnastic Clubs finals, which were June 12-18 outside Orlando, Fla. A total of 180 gymnasts from across the country gathered for the biggest gymnastics meet of the year at that level.

And Lande was a double-winner.

She finished first in the all-around competition in Senior Group B, scoring a 9.775 on the vault, a 9.45 on the uneven parallel bars, a 9.625 on the floor exercise and a 9.275 on the balance beam for a 38.10 total. In individual competition, Lande also captured top honors in the vault with a 9.525.

"She's strong (at vault), but she's pretty good at floor, too," said Spicher, noting Lande's solid dance skills.

Her performance in Orlando, combined with her showings at the previous meets earlier in the season, have given Lande's self-confidence a boost. But that's something she's striving to keep in check.

"Once you start thinking like that, you start blowing it off," Lande said. "Being confident is good, but being too confident isn't."

Her confidence has a solid foundation. Lande practices five days a week at Splitz, each session lasting about four hours. Outside of schoolwork, that leaves her with little time for anything else — although she did try playing soccer "a while ago." Her pursuit of that sport further is, at this point, uncertain.

Which really shouldn't be too surprising. Gymnastics has been Lande's life for nearly all her life. She took her first gymnastics class when she was 18 months old.

Before finding Spicher and Splitz Gymnastics, Lande had moved around a bit. She started at O's Gymnastics in Taylor, but that closed. After that came stints at Conrad's in Farmington Hills, Michigan Academy of Gymnastics in Westland and Mills.

Lande has both long-range and immediate goals for gymnastics. Her immediate goal is simple enough: "Trying to move up to Level Eight," was how Spicher described it. Her coach sees no reason why she shouldn't be able to do so.

Are there any skills she must develop to make the jump? "Nothing," Spicher answered directly. "She just needs to pick up a few skills to move up."

The highest level for gymnastics is 10, something Lande is closing on. But that isn't her ultimate goal; and although thoughts of the Olympics must penetrate the psyche of most elite gymnasts sometime during their career, it isn't foremost on Lande's mind.

"College gymnastics," is her ultimate goal. She's got a few years before making that decision, and the way Lande's going now, she'll have her choice of colleges.



Jenna Lande  
national champion

On beam:  
Jenna Lande puts the form that earned her two gold medals on display — but she also shows she has time to enjoy the sport with mates (from left) Allison Vranjak, Caitlin Scheib (back) and Ashley Aquinto.



STAFF PHOTOS BY PAUL HUNCKEMANN



# Lightning strikes Hornets twice

Not a bad fill-in. Stefanie Volpe made her coaching debut Thursday as the substitute skipper for the Plymouth Lightning in a Girls Incredible Fastpitch Softball League double-header against the Farmington Hills Hornets, played at Farmington Mercy. Although Volpe's own prowess on the field would have been much desired — after all, how many times does a freshman make all-Big Ten, which Volpe (a Plymouth Salem graduate) did last spring — the Lightning sure did all right with her behind the bench.

The Hornets managed just three runs in two games as the Lightning posted a double-header sweep, winning 6-2 and 4-1. The twin-killing improved their record to 8-1 overall.

Amanda Sutton was the hero in the opener. Sutton tossed a five-hitter over five innings, allowing two runs and one

## FASTPITCH SOFTBALL

walk while striking out eight. She also slugged a solo home run leading off the third inning, and drove in another run with a single in the first.

Dawn Allen also had an RBI single in the first as the Lightning struck for four runs in their first at-bat.

In the second game, Liz Dekarske and Jacqui Slobodnick combined on a two-hitter for the Lightning. Dekarske worked the first four innings, allowing one run on two hits and three walks, striking out three; Slobodnick pitched the final two innings and did not allow a run or a hit, walking one.

The Lightning struck for one run in the first, scored on the first of Allen's two RBI singles, and added three more in the

fourth. Allen again singled in a run and Katie Kelly slugged a two-run home run. The Lightning tangle with the Thunder in an Incredible Fastpitch league double-header Tuesday at Plymouth Salem.

**Lasers 6-10, Diamonds 3-7:** The Livonia Lasers won both ends of their double-header Thursday against the host Farmington Diamonds in a Girls Incredible Fastpitch encounter at North Farmington High.

The Lasers, now 5-3 in the National League, scored three times in the fifth inning to break a 3-all tie to win the opener.

Winning pitcher Tara Muchow scattered two hits and three walks over six innings. She struck out nine.

Hitting standouts included Nicole Zabkiewicz with a triple, single and one RBI; Jeanette Bertrand and Muchow,

double and single apiece; Amy Sandrick and Sara Knopps, RBI singles each. Kristine Colombo, who gave up nine hits, took the loss.

Chris King had an RBI for the Diamonds. Zabkiewicz had three singles and two RBIs in the nightcap to pace the Lasers. Tera Morrill and Bertrand each contributed two hits and one RBI, while Jamie Linden and Sandrick each knocked in a run.

Zabkiewicz, with relief help from Muchow, relieved by Jessica Brubaker in the fourth, suffered the loss as the Diamonds fell to 7-3 in the league.

Kristy Reinhardt knocked in a pair of runs for the Diamonds, while Colombo (triple) and King (double) each scored a run. Lori Tapper scored three runs.

## City tourney upcoming

Wimbledon may be over, but there's another tennis tournament on the horizon.

The City of Livonia Parks and Recreation Department will stage its open tennis tournament for singles (July 30-Aug. 1) and doubles (Aug. 7-9) at Sheldon Park, located on Plymouth Road, one block east of Farmington Road behind Alfred Noble Library.

Resident entry fees at \$10 for adults and \$6 for youths (17-and-under). Non-resident fees are \$15 and \$8, respectively. Each player or team must furnish a new can of U.S.T.A. approved tennis balls.

Singles entries must be received by 5 p.m. Wednesday, July 28 and doubles entries by 5 p.m. Wednesday, Aug. 4, at the Livonia Parks and Recreation Office, 33000 Civic Center Drive, Livonia.

There is a limit of 32 entries

## TENNIS

per event. All semifinals and will be played on Sunday. Awards will go to the winners and runner-ups in all divisions.

Match-play format is best two-of-three sets (no tie breaking). Match play times for singles on Friday, July 30 will be at 8 a.m. (Boys 17-and-under), 10 a.m. (Boys 14-and-under), 2 p.m. (Girls 17- and 14-and-under).

On Saturday, July 31, singles starting times include 8 a.m. (men 18-34); noon (men 35-49 and men 50-and-over); 2 p.m. (women 18-34 and 35-and-over). Doubles action on Saturday, Aug. 7 will feature men's (8 a.m.), women's (11 a.m.) and mixed (1 p.m.).

Age division eligibility is determined as of July 30, 1999. For more information, call (734) 466-2410.

# African safari proves demanding and rewarding



OUTDOOR INSIGHTS

BILL PARKER

A change in plans turned out to be a blessing in disguise for Livonia's Lou Calcaterra.

An avid big game hunter, Calcaterra and his close friends Bob Barclay and John Walter recently returned home from a two-week hunting trip in Africa. The trio was planning a trip to Alaska, but as the plans unfolded and costs escalated they quickly realized it would be cheaper to go to Africa.

"I've hunted in Canada and out west, but nothing I've experienced remotely compares to Africa," Calcaterra said. "I don't care where you've been, Africa is better. It was just incredible and it turned out being cheaper than a trip to Alaska would have cost us. We did it for about \$6,000 each."

Calcaterra, Barclay and Walter focused their attention on hunting plains animals including Cape buffalo, kudus, eland, wildebeest, wart hogs and impala, among others. Although the hunts were physically demanding, they stalked most of their prey — sometimes for up to four or five hours — by following fresh tracks and sign. One of the highlights of the trip was that each hunter shot a Cape buffalo with horns in excess of 40 inches.

"The guides were just fantastic," Calcaterra said. "They were so knowledgeable, not just about the game we were hunting, but about everything else that lived in the plains, the weather, the area, the entire package."

Calcaterra was also impressed with the accommodations his party received.

"We were in Zimbabwe for two weeks. I was real surprised because the living conditions were outstanding," he said. "We stayed in cement huts and field stone buildings that were every

comfortable. There were no bugs and the food, and the living conditions were outstanding."

Although Calcaterra couldn't bring home any of the meat — only capes and horns — nothing went to waste.

"Everything we shot was served up for dinner. What we didn't eat was given to the guides and the local people, who really appreciated it," Calcaterra said. "Absolutely nothing went to waste."

"Sadly, there is a lot of poverty where we were. Money's really not a big thing to the locals because they don't have anywhere to spend it. If you want to buy something or tip someone you give them food. I had some (baseball) hats with me that I gave to some people and they really liked that, too."

Calcaterra said he, Barclay and Walter were already talking about making a return trip to Africa, but said he'd make one change.

"I'll bring a shotgun this time,"



Cape crusaders: Lou Calcaterra (left), Bob Barclay (center) and John Walter show off the horns from the Cape buffalo they shot on a recent hunting trip in Africa.

he said. "They have some outstanding upland bird hunting, too."

to report your success. Questions and comments are also encouraged. Send information to: Outdoor, 805 E. Maple, Birmingham, MI 48009. Fax information

to (248) 644-1314, send e-mail to bparker@oe.homecom.net or call Bill Parker evenings at (248) 901-2573.

(Anglers and hunters are urged

# Former Rocket rising in Tigers' system

BY BRAD EMONS  
SPORTS WRITER  
brad@oe.homecom.net

The confidence level is building for Derek Besco.

Lakeland still is a long way from Comerica Park, but the 23-year-old Westland John Glenn High product via the University of Michigan is starting to make the climb.

Besco, who has made the switch from right to left field, is putting together an outstanding season with the Tigers' Class A affiliate.

Through 80 games, the 6-foot-2, 200-pound Besco is batting .304 (through July 6) with three homers and 41 RBI, ranking among the team's top offensive leaders.

"Basically I'm getting a chance to play every day and things are looking up this year," Besco said. "The season is a long grind. We still have 54 games left and some days you're dragging, but overall I've loved every minute of pro ball."

The Tigers took Besco in the 25th round in 1998 and sent him to their rookie league affiliate in Jamestown, N.Y. where he batted .235 with six homers and 18 RBI in 49 games.

During the off-season, he returned to Ann Arbor and continued to work out with his brother Bryan (who just recently finished his career at U-M).

"The extra year experience helps," Besco said. "My first year in pro ball was something new and different. I didn't know what to expect, but now I have the confidence and I know what to expect."

Besco, who bats third in the order, has become a dangerous hitter in the Florida State League.

"I have about 55 strikeouts, definitely get my hacks," he said. "I really didn't make any adjustments from last year to this year. I never thought I had a bad swing."

Even an 0-for-4 night Thursday against Dunedin doesn't get the former All-State football player from Glenn down.

"Right now I feel I'm swinging the bat well," he said. "I hit the ball hard, but we have guys in this league that can track a ball down."

"The center fielders are so quick. You balls you hit up the middle that you think are going for base hit, but the shortstop snags it and throws you out by two steps."

"And every guy (pitcher) we face throws in the 90s (MPH) it seems. This is a good league. There are some really good players."

By Brad Emons  
Sports Writer  
brad@oe.homecom.net

Besco has crossed paths with Michigan quarterback Drew Henson, who plays for the Yankees' Class A team in Tampa.

"We've talked, he's a good-size kid," Besco said. "I really don't know how he does both (sports). That's got to be tough. I'm not going to feel sorry for him. He's not hurting for money."

Lakeland finished the first half of the season 33-36, but now stands in first place during the early stages of the second half (9-7).

He is a resident of TigerTown, housed in the dormitory reserved for the Major Leaguers during spring training. Most trips in the Florida State League are one-day bus rides with a few overnighters spiced in.

Besco can walk out his door and be on the field at Joker Marchant Stadium.

He has his own car, but eats most of his meals at the Tiger-Town cafeteria.

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## SPORTS ROUNDUP

## CC guard at Wendy's

Redford Catholic Central guard Nick Moore, a two-time All-Observer selection headed to the University of Toledo, will play for Team Michigan in the Wendy's Classic, Tuesday and Wednesday, July 20-21, at the Nutter Center on the campus of Wright State University in Dayton, Ohio.

The Wendy's Classic features elite all-star teams from Michigan, Ohio, Illinois and Indiana. Former Schoolcraft Community College head coach Glen Donahue will direct Team Michigan.

Other players scheduled to play for Team Michigan include Jason Richardson of Saginaw Arthur Hill, Michigan's Mr. Basketball headed to Michigan State; River Rouge's Brent Darby (Ohio State), Ann Arbor Pioneer's Lavell Blanchard (Michigan); and Detroit DePore's Aloysius Anagnonye (MSU).

Other Team Michigan players include Taylor Bro (Rockford), Ricardo Thomas (Detroit CMA, Willie Wallace (Flint Southwestern Academy), Willie Green (Detroit Cooley), Adam Hess (Grosse Pointe North) and Matt Jakiway (Flushing).

Tickets are available through Ticketmaster. Fox Sports Net Detroit will televise the Wendy's Classic from noon to 2 p.m. Saturday, July 24.

## Volleyball camps

Madonna University will hold a pair of volleyball camps Sunday, July 18 through Thursday,

July 21.

There will be two hitters sessions — 8:30 a.m.-noon (morning) and 1-4:30 p.m. (afternoon). The cost is \$100 for each session. The defensive specialty camp will be from 1-4:30 p.m. The cost is \$100 per person.

For more information, call Jerry Abraham at (734) 452-5612 (office) or (734) 254-0698.

## Inline hockey sign-up

The SoccerZone, 41550 Grand River, Novi, is accepting walk-in and mail-in registration for its fifth inline hockey session.

The 10-week session starts Saturday, July 31 and runs through Oct. 10.

Hockey fees for mid-level age team and older are \$940; bantam-age and younger, \$895.

Fees for individuals seeking to be placed on a team are \$85 (returning players) and \$95 (new players). Referee fees are included.

For more information, call (248) 374-0500.

## 3-on-3 hoop tourney

The Sports Academy will host a three-on-three basketball tournament Saturday, July 31, at the Novi Community Parks basketball courts, located on northeast corner Eight Mile and Napier roads.

Each team is allowed four players. The double-elimination tournament is for players 17 and over. Check-in is at 8:30 a.m.

a.m. with games starting at 9 a.m. (Rain date is Sunday, Aug. 1).

The entry fee is \$125 per team. The first place team wins \$250.

Youth can register at the Sports Academy through Thursday, July 29.

For more information, call (248) 380-0800.

## Coaches wanted

Livonia Ladywood, a Catholic, Class A all-girls high school is seeking qualified person to fill the following head coaching positions — head cross country and head swimming.

Those interested should write to Sal Malek, Athletic Director, Ladywood High School, 14680 Newburgh Road, Livonia, Mi. 48154; or call (734) 591-2323.

To reserve tickets, call Jennifer Richard at (313) 833-1405.

The Canton Amateur Hockey Association is now accepting applications for its Mini-Mite program, which begins Aug. 1 at the Arctic Pond Ice Arena in Plymouth. Registration forms must be received by Friday, July 9.

The Mini-Mite program, for ages 5-8 years-old, will focus on learning to skate and basic hockey skills. Registration forms are available at Summit on the Park, located at 46000 Summit on the Park in Canton, or on the hockey association's web site: <http://sport.mlive.com/sport/cana>

Cost is \$125 per player. For more information, call (734) 207-1002.

## Grand Prix package

The Detroit Historical Society has fewer than 100 special VIP passes remaining to the Detroit Grand Prix, scheduled for Sunday, Aug. 8 on Belle Isle. For \$150, a VIP pass-holder will receive entry to a private hospitality tent; unlimited food and beverages; pit passes; a grand stand ticket for the race; and round-trip transportation from the Detroit Historical Museum (located at 5401 Woodward) to Belle Isle. Shuttle service begins at 10 a.m., with the last shuttle leaving Belle Isle at 5 p.m.

Also, \$50 of the cost is a tax deductible donation to the Detroit Historical Society, which supports the Detroit Historical Museum, the Dossin Great Lakes Museum on Belle Isle, Historic Fort Wayne and the Historic Moros House.

To reserve tickets, call Jennifer Richard at (313) 833-1405.

## Baseball classic

The 13th annual Wayne Baseball Association Late Summer Classic Tournament (ages 13-14) will be Friday through Sunday, July 30-Aug. 1, in Wayne.

The entry fee is \$200 per team. The registration deadline is Wednesday, July 21.

The round-robin format guarantees each team four games. Individual awards will go to the first and second-place teams, along with sponsor.

The tournament rules meeting and draw will be at 7 p.m. Thursday, July 22 at the Wayne Baseball Building, 34630 Ann Arbor, Wayne.

For more information, call Jeff Auer at (313) 292-4175.

## Wrestling camp

The Cougar Wrestling Camp will be from 10 a.m. to noon Monday through Friday, July 26-30, at Garden City High School, 6500 Middlebelt Road between Warren and Ford roads.

Anyone interested in submitting items to Sports Scene or Sports Roundup may send them to sports editor C.J. Risak, 36251 Schoolcraft, Livonia, MI 48150 or may FAX them to (734) 591-1279.

pucks, for ages 6-and-over; cost is \$6 per person.

On Mondays, Tuesdays and Fridays through Aug. 27, there will be late night drop-in hockey from 11 p.m.-midnight at the Cultural Center for adults 18 and over. Cost is \$7 per player, with the first four goals admitted for free.

For information regarding either, contact the Recreation office at (734) 455-6623.

## Vipers in-line tourney

The Detroit Vipers of the International Hockey League will host Blade Reid '99, an in-line hockey tournament Saturday-Sunday, July 31-Aug. 1, at the Palace of Auburn Hills parking lot.

Games will consist of four-on-four roller hockey (including goaltender). Teams area guaranteed a minimum of three games in the round-robin format. The squads with the best records advance to the playoffs with the top three finishers in each division receiving awards. All participants will also receive tickets to the Vipers' 1999-2000 home opener and an official Blade '99 T-shirt.

For more information, call the Oakland County Parks office or tournament director Don Rossman at (248) 377-8637.

Anyone interested in submitting items to Sports Scene or Sports Roundup may send them to sports editor C.J. Risak, 36251 Schoolcraft, Livonia, MI 48150 or may FAX them to (734) 591-1279.

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## Don't miss Run Through Hell

If you're not up to running a marathon in the fall, which includes the 22nd International Marathon through Detroit and Windsor (Oct. 17), I've got some other less taxing alternatives for the rest of the summer.

As I head for my fifth consecutive Great Lakes Relay, a 270-mile, three-day event across northern lower Michigan, it's about the halfway mark of the running campaign.

Thus far, I'm slightly off pace as far as total mileage accumulated in 1998 (1,835 total miles) as opposed to 1999.

My times are also off from a year ago, but of course I'm a year older. To make up for lack of speed, I've started weekly sessions at the Livonia Stevenson High track doing interval workouts.

But none-the-less, the running season for yours truly has been gratifying and fun.

It started in mid-March when the St. Patrick's Corktown 4-miler and it's been a steady

Here are a few suggestions leading up to the Crim Festival of Races Saturday, Aug. 28 in Downtown Flint.

•Thursday, July 22 — Mid-Summer's Night 5K Run, 6:30 p.m. from the Novi Town Center, call 248-553-7303, Ext. 2200.

•Saturday, July 31 — Heart of the Hills 10K and 5K, 9 a.m. with the start at Bloomfield Hills Andover (very challenging, twisting, hilly course in beautiful surrounding), call (248) 354-1177.

•Saturday, July 31 — Roadrunner

The cost is \$40 (includes camp T-shirt).

All levels of ability welcome. No experience necessary. Everything from the basics to advance technique will be covered.

Registration is available the first day of camp, or anytime during the two weeks.

For more information, call David Chiola at (734) 425-8797 or (810) 830-5367 (pager).

## Black bears keep low profile

Occasionally individuals get a wanderlust and begin to travel. This individual was eventually captured in the thumb area of the state and transported to a more appropriate location to the north.

Most large predators, like black bear, are very secretive and seldom seen. Though some areas of the state, such as Drummond Island, have an excellent bear population, most bears are scattered in the more remote areas of the state.

Travelers to these remote areas interested in seeing wildlife seek out areas to see these elusive animals.

Garbage dumps, once excellent places to see wild bears, are no longer used. This may have been good for viewing bears, but it was not good for the bears. Conditioning them to garbage usually put them at odds with humans in the vicinity.

When my family and I traveled to the Upper Peninsula last week, we were fortunate to see two wild black bears. Our first was spotted on a two track off M-26 as we traveled south from Copper Harbor.

## Don't miss Run Through Hell

stream of races since — Old Kent Riverbank, a 25-kilometer (15.5 miles); three half-marathons (Flushing, West Bloomfield, National City Dexter-to-Ann Arbor); a 20K (Dexter to Ann Arbor); two 10Ks (Plymouth YMCA and Whitmore Lake); a 5-miler (Grosse Ile); and yesterday's 4-mile Farmington Founders Festival.

The plan is to build up again for either Detroit or Chicago marathon, so the long runs (10-plus miles) will be starting again soon.

And God willing, if I recover quickly enough from the 27 to 30 miles of hill training this week-end at the Great Lakes, it's time to start registering for some other events to fill out my summer slate.

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•Saturday, Aug. 7 — Allen Park 8K, 6:30 p.m. (through tree-lined neighborhoods, flat, fast, good food afterwards), call (734) 282-1101 or (248) 354-1177.

•Saturday, Aug. 14 — Run Through Hell 4.8 and 10-mile foot race, 8 a.m. Call (734) 878-6640.

This is definitely my favorite race of the year.

It starts out of Hell Creek Ranch (on Cedar Lake and Patterson roads in Pinckney). Race director Harrison Hensley says only "wimps" do the 4.8-mile. Who can resist horse flies, heat, humidity, washboard road, dust and hills galore? It's like the running of the bulls. Pamplona-style, without being gored.

This is the perfect warmup for the Crim. High schoolers also like it.

•Saturday, Aug. 28 — Crim Festival of Races in Flint features the 10-miler, 8K and 5K, along with other events for walkers and kids. The Bradley Hills halfway through the 10-miler are challenging. And who can resist running on the same course against world-class competitors from Kenya? Call (810) 235-7985.

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## Black bears keep low profile

As I look around Wayne and Oakland counties today, it's hard for me to realize that bison, caribou, wolf, elk and black bear frequented this area.

Some of these species, like wolf, bison and black bear disappeared about 150 years ago. Others like the bison were extirpated from the state in the late eighteenth century.

It was man's impact on the land, changing the habitat of southeastern Michigan, that caused these animals to retreat to appropriate habitats, or die off.

Today it is unusual to see these wild animals in southeastern Michigan, but exceptions do occur periodically.

Not long ago a black bear was spotted in Clarkston. Typically black bear are found north of the 44th parallel because of the appropriate habitat.

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NATURE NOTES

TIM NOWICKI

Occasionally individuals get a wanderlust and begin to travel.



# At 100 years, Washtenaw CC ranks with oldest

It was July 11, 1899, when 15 Ann Arbor-Ypsilanti area residents formed the Washtenaw Country Club, laying out a three-hole course to enjoy the "wonderful new game of golf being played on the East Coast."

The third oldest country club in the state, Washtenaw began celebrating its week-long centennial observances on July 11, 1999.

The Detroit Golf Club and the Saginaw Country Club are the first and second oldest clubs in Michigan.

More than half of the Washtenaw Country Club members reside in the HomeTown Communities Network communities of Plymouth, Livonia, Farmington Hills, Canton, Northville, Novi, South Lyon and Brighton.

Current president of Washtenaw Country Club, Plymouth's Clark Ewing, noted that a membership campaign has been launched to attract feature special events through Saturday (July 17).

## GOLF NEWS

The course is widely recognized as a "golfers test" with rolling fairways and traditional greens.

Tim Johnson of Northville is the course superintendent.

One of the highlights of the observance is the publication of a 120-page hardcover centennial book written by Bill Sliger.

It records the club's history with emphasis on the achievements of former junior golf program members. The book also contains a number of turn-of-the-century photographs.

One of the historic photos shows sheep on fairways. Sheep were used to keep the fairways both trim and fertile.

For more information about the book, or membership, call the Washtenaw Country Club at (734) 434-2150.

## Family Golf Scramble

Tee-off for a nine-hole family golf scramble (with a kicker) will be at 2 p.m. Saturday, Aug. 7 at Whispering Willows Golf Course.

The cost is \$13.25 for adults and \$5.25 for children (must be at least 10). The entry deadline is 6 p.m. Monday, Aug. 2. Entries must be turned in at the Whispering Willows Pro Shop only. (Checks should be made payable to the City of Livonia.)

The tournament chairman will draw a number between 32 and 42 after all the teams have teed off. Each scramble team — threesomes, foursomes and twosomes — will be paired to make a foursome — then select a team handicap before play. The team

whose net score (gross score handicap) equals or is closest to the number drawn is the winner.

For more information, call (734) 466-2410.

## North Brothers outing

The 10th annual North Brothers Ford golf outing will be Saturday, Aug. 28 at Fox Creek Golf Course, 3600 Seven Mile Road, Livonia.

Registration is at 9 a.m. followed by a putting contest at 9:45 a.m.

There will be a shotgun start for the four-person scramble at 10:30 a.m. (Contests include closest-to-pin and long drive.)

The cost is \$90 per golfer

(includes greens fees, power cart, lunch at the turn, followed by dinner at approximately 4 p.m.).

Raffle tickets for prizes will be sold with all proceeds to benefit Westland D.A.R.E. Youth Assistance Program, Wayne County Family Center, Westland Jaycee Park Baseball Field Restoration and the Wayne-Westland YMCA Partners for Youth Campaign.

The registration deadline is Thursday, Aug. 5.

For more information, call Jackie Marcaccini or Denise Martinez at (734) 421-1300.

## Junior golf challenge

Golden Bear Golf Center, 39500 Five Mile Road, Plymouth, will stage a junior golf skills putting and chipping contest from 9 a.m. to noon, Saturday, July 17.

For more information, call (734) 420-4653.

## DISTANCE SWIMS

### Lake Michigan swim

The fifth annual YMCA Lake Michigan Swim will start at 8:15 a.m. Saturday, July 17 in Grand Haven. The 1.75-mile open water swim begins at the North Pier and proceeds north to the North Beach Pavilion.

Entry fee is \$20 if completed and mailed by Friday, July 9; late registrations will be \$25, and will be accepted through July 16. There will be no registration the day of the race.

Competition will be for males and females in six age divisions: 19-and-under, 20-29, 30-39, 40-49, 50-59 and 60-and-over. Check-in is 7:15-8 a.m. on race day, with a mandatory meeting from 8-8:15 a.m. The swim will end at 10 a.m.; all those still in the water will be assisted to the finish line.

All swimmers must report to the finish line, whether he or she completes the swim. Aids (snorkels, fins) may not be used, but goggles and wet suits are permitted.

T-Shirts are guaranteed to all competitors who register early. Trophies will be awarded to all age division winners; refreshments will be available to all swimmers at the finish line.

Registration forms are available at the Tri-Cities Family YMCA, 1 Y Drive, Grand Haven. For information, call (616) 842-7051.

### Pizzaman Swims

The Domino's Pizzaman Swims are scheduled to start at 8:30 a.m. Sunday, July 25 at Big Portage Lake, located in the Waterloo Recreation Area in Waterloo. The 1.5-mile open water swim will consist of three half-mile laps.

Entry fee is \$15 if postmarked before July 10, \$18 for late entries. A USAT license will be required to compete in the swim. For those not possessing one, a one-day license may be purchased at registration for \$5.

Race day registration will be from 6:30-7:30 a.m. at the park, or from 2-5 p.m. Saturday, July 24 at the Tortoise & Hare Concept Store, located in the Traver Village Mall on Plymouth in Ann Arbor. Entries are available by calling (734) 662-1000, or by faxing (734) 662-3388.

The top female and male swimmers, the top female and male masters swimmers, and the top two males and females in each age group will receive awards. Age divisions are: 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80 and over.

### Coastal Crawl

The Harbor Springs Coastal Crawl, featuring a one-mile, two-mile or three-mile open water swim in Little Traverse Bay, will be Aug. 1 at Zorn Park, located on Bay Street in Harbor Springs. Check-in is 7-7:55 a.m.; there is a mandatory meeting at 8 a.m.

The three-mile race begins at 8:30 a.m., followed by the two-mile at 8:45 a.m. and the one-mile at 9 a.m. Average water temperature for Aug. 1 is 65 degrees.

Entry fee is \$20, which includes a picnic lunch. Applications are available by sending a self-addressed, stamped envelope to Marilyn Early, 6212 Emmet Hts., Harbor Springs, MI, 49740. Mail check and application to the Hammerhead Swim Club, c/o Erin Fortune, 3125 Valley View Trail, Harbor Springs, MI, 49740 by July 18. Registrations are limited to the first 150 applicants.

A limited number of custom-designed T-shirts for the race will also be available.

Wet suits and flotation devices, or



## Dentistry in the 90s

by Herbert M. Gardner, D.D.S.

### GETTING TO THE ROOT

One of the biggest misconceptions to befall dentistry concerns the idea that root canal (endodontic) treatment is painful. The fact is that the pain associated with the root canal is due to the infection that makes the procedure necessary. Root canal treatment, itself, is virtually painless. Patients receive local anesthetic that numbs all of the sensitive tissue before the procedure even begins. In short, root canal treatment stops pain. It does not cause it. Endodontic treatment involves the removal of the pulp, which is the soft tissue (including the nerve) inside the tooth that runs from the crown through the roots. Treatment also includes filling the vacant space, once the soft tissue is removed. Don't suffer needlessly. At LIVONIA VILLAGE DENTAL ASSOCIATES, we care about your dental health and that of your family. If you have any questions about root canal treatment and its effect on your teeth - we can help. A periodic dental checkup serves to address existing oral problems, and is a means of detection for a host of other problems. Your health is a precious possession - treat it accordingly. We're located at 19171 Merriman Road, where we recommend a regular routine of office visits for the entire family. Call 478-2110 to schedule an appointment. Smiles are our business.

**LIVONIA VILLAGE DENTAL**  
19171 MERRIMAN • LIVONIA  
(248) 478-2110

P.S. Root canal treatment helps make it possible to save teeth, which is the primary objective of dentistry.



- Has your mother, sister, or daughter ever had breast cancer?
- Are you over 35 and post-menopausal?
- Have you ever had a breast biopsy?

If any answer is **yes**, you may be eligible to participate in a breast cancer prevention study.

Call 1-800-341-0801 for a free risk appraisal

and STAR eligibility assessment.

All information is confidential.



4-Door Blazer 4x4



Tracker

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### 1999 Blazer® 4-Door, 4WD

\$299	/Month 36-Month Lease
\$999	Down Payment
\$299	1st Month Payment
\$324	Security Deposit
\$1,622	Due at Lease Signing

(Tax, title, license and registration are extra.)

OR  
**\$2,000 Cash Back\***

### 1999 Tracker® 4-Door, 4WD

\$199	/Month 36-Month Lease
\$875	Down Payment
\$199	1st Month Payment
\$225	Security Deposit
\$1,299	Due at Lease Signing

(Tax, title, license and registration are extra.)

OR  
**\$1,000 Cash Back\***

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\*Blazer payments based on 1999 Chevrolet Blazer 4-Door, 4WD and MSRP of \$28,395; 36 monthly payments total \$10,764. Tracker payments based on 1999 Chevrolet Tracker 4-Door, 4WD and MSRP of \$17,230; 36 monthly payments total \$7,164. Option to purchase at lease end for an amount to be determined at lease signing. GMAC must approve lease. Offer available only to residents of MI, MN, WI and select counties of IL, IN, IA, KY, MO, NE, ND, OH, PA and SD. Call 1-800-950-CHEV for residency requirements. You must take retail delivery from participating dealer stock by 8/2/99. Mileage charge of \$.20 per mile over 36,000 miles. Lessee pays for maintenance, repair and excess wear. If lease terminates early, lessee is liable for all unpaid monthly payments. Payments may be higher in some states. Not available with customer cash offers.

†Cash Back available only to residents of MI, MN, WI and select counties of IL, IN, IA, KY, MO, NE, ND, OH, PA and SD. Call 1-800-950-CHEV for residency requirements. You must take retail delivery from participating dealer stock by 9/30/99. Not available with special GMAC finance or lease offers.

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