

CANTON OBSERVER

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Residents speak out against 5G technology

Shelby Tankersley Hometownlife.com USA TODAY NETWORK – MICHIGAN

A group of Livonia residents is hoping to prohibit, or at least limit, 5G's presence in the city.

5G, or fifth-generation cellular wireless, is the newest and most advanced mobile data speed option. Wireless communication companies like Verizon claim 5G is even faster than broadband.

Livonia City Council unanimously approved an ordinance amendment requiring a permit for small cell wireless facilities or for smaller cellular antennas attached to infrastructure like streetlights. Councilman Scott Bahr also asked council to send the issue to the economic development, strategic planning and technology committee, which it did after another 7-0 vote.

The committee next year is expected to include Bahr, Council Vice President Jim Jolly and Councilman-elect Brandon McCullough. "It is an extremely complex topic," Bahr said. "My head hurts every time I'm done with it.

"But I feel like I've gotten enough of a grasp on it that I think it is worthwhile for us to study some of these issues further."

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New nursing facility opens in Westland

David Veselenak Hometownlife.com USA TODAY NETWORK – MICHIGAN

It's been several years since construction began on the new Regency of Westland nursing facility on Newburgh Road. But after such a long wait, the building is ready to accept its first customers, and Ciena Healthcare President Mohammad Qazi is ecstatic to finally open its doors.

"We're delighted to have it done," he said.

The center, at 2209 Newburgh in Westland, is a state-of-the-art facility for short- and long-term visits by patients in need of a nursing facility. It has private and semi-private rooms, a physical therapy room, a spa, a private dining area, and a lounge area for patients to visit with family. It contains 50 private suites, 22 semi-private suites and 10 bariatric suites, each with private showers. The facility is more than 76,000 square feet. The center replaces Ciena Healthcare's Camelot Hall Convalescent Center at 35100 Ann Arbor Trail in Livonia. Patients at Camelot were expected to move into the new facility this week. "This is a replacement for an older building, Camelot," Qazi said. "The look, the feel, the services, it'll be vastly different than Camelot." Qazi said during a grand opening event that the Camelot facility will be going to the Detroit Rescue Mission for their work. To replace the facility, Qazi said the company could only go a few miles out. They decided to look in Westland for the new location, and were happy when they found the land on Newburgh just south of Ford Road as an option.

Oliver VanBelle, a student at Workman Elementary School in Canton, has a special connection with bus driver Bev Zack. ED WRIGHT/HOMETOWNLIFE.COM

Special-ed bus driver and student share special bond

Ed Wright Hometownlife.com USA TODAY NETWORK – MICHIGAN

One morning last week as Brooke VanBelle was getting her 6-year-old son Oliver ready for school, she looked at the clock and saw she was running "maybe a minute or two late."

That could evolve into a major issue, with some school bus drivers running on a schedule and not particularly fond of waiting.

But not Oliver VanBelle's bus driver, Bev Zack.

"When we opened the front door, the bus was already there, the door was open and the kids were chanting, 'O-liver! O-li-ver!' "VanBelle said. "It was just the coolest thing."

Zack was the orchestrator.

Parents will always feel a bit apprehensive when they send their kids off to

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It also gives the city a new facility.

"We found this land and this is a good site," he said. "Westland is a large community, and it does not have anything new."

Although patients are moving in from Camelot, there will be room for others, be it for a week or two for some rehabilitation or for extended care.

Southfield-based Ciena Healthcare operates nursing homes and rehab centers across Michigan, including several locally. Those include locations in Livonia, Canton and Novi.

The new facility is an investment of about \$16.5 million and will bring more than 200 jobs to the city.

Westland Mayor William Wild said while the project was difficult for the

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The

photogenic Oliver was

featured on a

C.S. Mott

Children's

calendar in

COURTESY OF

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HOSPITAL

Hospital

2016.



5G

Continued from Page 1A

A large group from the audience, mostly parents of children who have physical or learning disabilities, spoke to encourage council to use Ordinance 543 to limit 5G.

"I just cannot consent to this 5G being forced into my home and affecting my daughter," said resident Amy Ciavaglia, adding she has a daughter with disabilities. "Her health will deteriorate. She can't use cell phones, she can't use tablets of any kind or she develops tics within minutes.'

Another woman said 5G towers could adversely affect her son, who has a form of epilepsy.

"He's very sensitive to everything. Eating a potato chip, the full moon, a storm can cause a seizure, and any seizure can become life threatening for him," said resident Amanda Ordaz. "So, as we have already heard, this could be life threatening for him."

Dr. Angie Colbeck, a retired pediatri-

cian, and Dr. Jeremy Shaft, a chiropractor, also spoke out against 5G.

"I just beg you guys to please look at this very, very seriously," said Shaft, who added that he thought one in every two children would get cancer. "The health of our community and our people are at stake here."

Bahr insisted the ordinance as it stands does nothing to make it easier for 5G installations.

"As we stand right now, there's 5G being installed in this city without us doing anything," he said. "There will continue to be 5G installed in this city as a result of this ordinance change. What this does allow is for us to have a say on a few things.'

But, Councilwoman Cathy White noted there are limits to how far the city can go

"Federal and state officials have limited our authority and this ordinance amendment is our attempt to exert what remaining authority we have to put some restrictions on this," she said.

If council is to take the issue up again, it will be after the matter leaves the committee.



5G is the latest offering for cellphone data speeds, but some communities worry about the radiofrequency radiation it may emit. GETTY IMAGES

"... this ordinance amendment is our attempt to exert what remaining authority we have to put some restrictions on this." **Councilwoman Cathy White**

Is 5G safe?

The fear of 5G isn't isolated to Livonia

Fears about radiofrequency radiation, or RF radiation, have been around as long as cellphones. There isn't conclusive proof that RF radiation is safe, but there also isn't enough proof that it's dangerous.

The International Agency for Research on Cancer has classified RF fields as "possibly carcinogenic to humans," which is the same classification coffee has. Meanwhile, the National Toxicology Program released a study in 2018 that found exposure to 2G and 3G RF radiation caused cancerous tumors in male mice.

"5G is an emerging technology that hasn't really been defined vet. From what we currently understand, it likely differs dramatically from what we studied," Michael Wyde, lead toxicologist on the study said in a statement.

Contact reporter Shelby Tankersley at stankersle@hometownlife.com or 248-305-0448. Follow her on Twitter @shelby_tankk.

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Facility

Continued from Page 1A

company, he's excited Ciena decided to keep at it and commit to developing the land, which used to house Moody's Landscaping.

He said he hopes it will launch more development in the area.

"If you look at this property, which used to be a landscape yard, and all we have here today is truly remarkable," he said. "One of the things we're hoping for is that this building here and the action and all the energy around it is going help us kickstart development up and down Ford Road."

Contact reporter David Veselenak at dveselenak@hometownlife.com or 734-678-6728. Follow him on Twitter @davidveselenak.

The Regency at Westland Skilled Nursing Center at 2209 N. Newburgh will soon welcome its first residents. JOHN HEIDER/HOMETOWNLIFE.COM

5-6 oz.



Bond

Continued from Page 1A

school in the early years, especially when those children have special needs – Oliver was born with Down syndrome.

But Zack's warm personality toward Oliver ignited a special bond that has grown into a rare mutual admiration between bus driver and student.

"Bev is so awesome," Brooke VanBelle said. "She gives Oliver a giant hug every day.

"I would imagine with a typical child it would be hard sending them off to school, but especially with Oliver, it's so nice to know that they're with people who love them."

Oliver's dad, Ryan VanBelle, said his son's affection for his bus driver carries over to the weekends.

"She makes it fun for him, so he wants to go to school every day," Ryan VanBelle said. "On weekend days, Oliver will ask us, 'Bus? Bev? Bus? Bev?' And we'll tell him, 'No, you have to wait until Monday.'"

Zack, who has been a bus driver for Plymouth-Canton Community Schools since 2013, said she requests the routes that transport children who have special needs to and from their schools.

"I love them and their parents," she said of the students she drives. "They're what wake me up in the morning. They give me a reason to get up in the morning.

"I would do this job even if they didn't pay me. These kids inspire me."

Zack said the hardest part of her job is the last day of school when she realizes she may be saying goodbye to students for the last time, depending on the route she is assigned the following school year.

"Oh my gosh, I'm tearing up now just thinking about the end of this school year," she said. "The last day is horrible.

"I miss every single student."

Zack said she has grown especially close to Oliver because, well, who wouldn't?

"His parents, who I love too, told me that when they ask him who he wants to pray for at night, sometimes he'll say, 'Bus driver Bev,' which just warms my heart," she said. "When I pick him up at Workman (Elementary School), when he sees me, he'll start yelling, 'Beb! Beb!' He calls me 'Beb.'

"Oliver is just so sweet. The older kids on the bus always want to be the ones who sit by him."

Oliver's photogenic smile landed him in a C.S. Mott Children's Hospital calendar in 2016 and on the big screen at New York City's Times Square.

Contact reporter Ed Wright at 517-375-1113 or eawright@hometownlife.com.





Pictured above with Oliver VanBelle, center, and his bus driver, Bev Zack, right, are Oliver's parents, Ryan and Brooke. At left, Oliver's photo from the 2016 C.S. Mott Children's Hospital calendar graces the big screen at New York City's Times Square. ED WRIGHT/HOMETOWNLIFE.COM; COURTESY OF VANBELLE FAMILY



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Choose to quit smoking/vaping this holiday season



Vita McCabe at holiday parties or when I felt heightened Guest columnist

With the holidays in full swing, many of us experience pressure and anxiety this time of year. It is brought on by a number of things: shopping lists, family gatherings, financial obligations, school exams, even the cold weather can play a part. For smokers and vapers, the holidays are a time to reach for a cigarette or vape device for relaxation and comfort.

As a former smoker myself, I have experienced the same temptation. For me, smoking was always on my mind

stress in my life. Though I have since quit, more than 30 million Americans continue the habit. Cigarette smoke contains roughly 7,000 chemicals, many of which are known to cause

cancer. According to 2017 data from the Centers for Disease and Control, cigarette smoking causes more than 480,000 deaths each year in the United States - nearly one in five deaths - and is estimated to reduce life expectancy by more than 10 years. There is clear medical evidence that links smoking to cancer, heart disease, stroke, lung disease and diabetes.

toxins known to cause cancer and has been linked to deaths in all 50 states. It is a public health epidemic. According to a 2019 study published in The Journal of the American Medical Association, 27.5% of U.S. high school students currently vape or vape and use traditional combustible cigarettes. A 2018 study from the University of Michigan identified that kids who

grade or earlier had a 70% lifetime rate of traditional cigarette use. Smoking and vaping are bad for our health, yet they remain popular among youth and adults. For those wanting to quit, here are some tips to help

started vaping in ninth

Vaping also contains guide you:

1. Schedule an appointment with your primary care physician (PCP). Have a conversation with your PCP and make a plan together on how you are going to quit smoking/vaping for good. Your physician can offer insight and help you access additional resources if needed. This may include prescribing certain medications or help in identifying local support groups or smokcessation ing/vaping programs.

2. Prepare to quit. To help you quit, be sure to pick up any prescriptions over-the-counter or patches, gum or medications you will need. I also recommend downloading

one of the many free phone apps available that can offer you daily encouragement and help keep you motivated to quit. There are also many websites good like www.smokefree.gov that can offer you helpful tips and information. Your body is about to experience nicotine withdrawal so be prepared to endure days of discomfort and cravings. Nicotine withdrawal peaks at 10-14 days after stopping and cell receptors return to normal at 90 days. That is why nicotine patches and/or gum and lozenges should be continued typically for 3 months.

3. Pick a quit day within the next 30 days and stick to it. Maybe it's tomorrow, maybe it's Jan. 1. Whatever day you choose, make sure to throw away all your cigarettes before you begin and commit yourself to living a healthy, smokefree life. Don't beat yourself up if you slip - simply try again.

4. Lean on your doctor, your friends and your family for support. While quitting begins and ends with you, along the way you can look to those in your life for encouragement, help and advice.

5. Celebrate your successes one day at a time. Quitting smoking/vaping is difficult. Studies tell us it takes 90 days to quit for the highest rate of success. Taking some time out each day to consciously feel pride and accomplishment with what you have achieved thus far will encourage you to keep going.

People 50 to 79 years old who have smoked at least one pack of cigarettes a day for 20 years or more are considered to be at much higher risk for lung cancer. If you fall into this category, I highly encourage you to quit and to get a low-dose lung CT scan if you qualify for one.

This holiday season, make the right decision. Quit smoking/vaping for good.

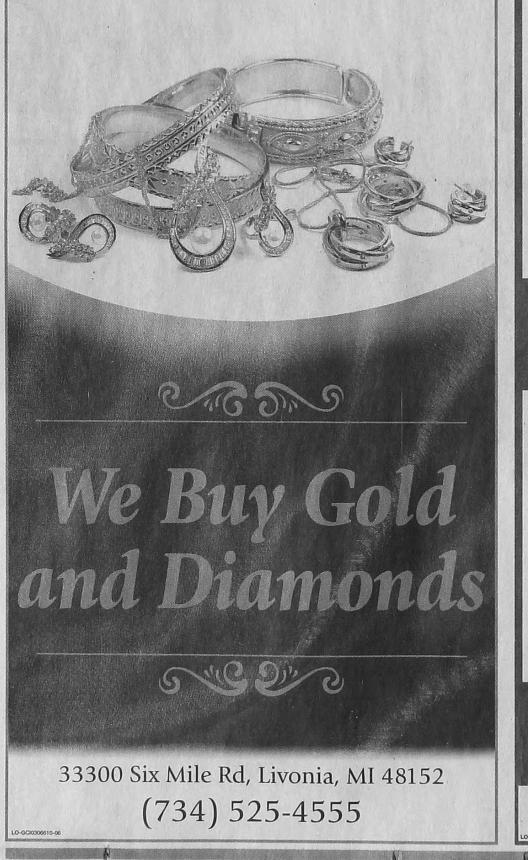
Vita McCabe, MD, is chief wellness officer for Trinity Health Michigan. She is an experienced thoracic surgeon and the regional medical director of the Tobacco Cessation Program for Saint Joseph Mercy Health System.

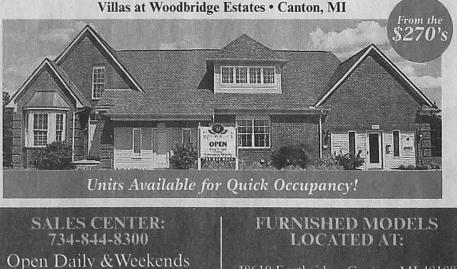
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Low-maintenance Villas in Novi Located in the heart of Novi on the east side of Novi Rd., just south of Ten Mile Rd. is Ridgeview Villas of Novi. Several luxury villa designs range from 2,041 to 2,676 sq. ft. with firstor second-floor master suite options. Residents enjoy lowmaintenance living and paved walking paths leading to The Sports Club of Novi, a dog park, and Novi Ice Arena. Pricing begins in the mid-\$400,000s. The final four home sites have been released so buyers should hurry in for best selection. For details, call (248) 904-8515 or visit RidgeviewVillas.com.



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the low \$500,000s.

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A clubhouse with a fitness center, yoga room, billiards, great room with fireplace, verandas overlooking the lap and wading pools, locker rooms and a play park is now open. North Oaks is located minutes from the University of Michigan's north campus, the VA Hospital, St. Joseph Mercy Hospital, C.S. Mott Children's Hospital, and downtown Ann Arbor. Children attend acclaimed Ann Arbor Schools with the elementary and middle schools just 3 minutes away. For details, call (734) 224-6686 or visit North-Oaks.com.

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'Secret Santa' program a hit with Plymouth shoppers

Ed Wright Hometownlife.com USA TODAY NETWORK – MICHIGAN

Several holiday shoppers in downtown Plymouth got more than they bargained for last week.

As part of a four-year-old "Secret Santa" program, Downtown Development Authority Director Tony Bruscato and Plymouth City Commissioner Suzi Deal hit the downtown streets in search of shoppers whom the DDA and more than 20 city merchants wanted to thank for their loyalty.

When Deal and Bruscato saw someone carrying a shopping bag, they stopped them, introduced themselves and offered them a chance to grab an envelope filled with gift cards donated by downtown Plymouth businesses.

"At first, when we stop them and tell them we're from the city, they're a little apprehensive," Bruscato said. "But once we explain what we're doing and they see the gift cards, they're very appreciative. "From what I know, after talking to other cities' DDA directors, we're the only city that does something like this in the area. It's a great way to thank the consumers who decide to shop small and support local businesses."

Bruscato said downtown merchants are more than cooperative when asked to support programs like "Secret Santa."

"They are so generous, no matter what the program is," he said. "In November, we had a Salvation Army Red Kettle Kick-off program where we handed out gift cards to anyone who brought in canned foods. A lot of the business owners stepped up for that just like they have for 'Secret Santa.' "

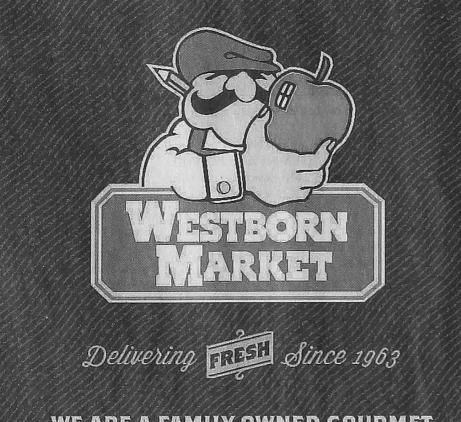
During their rounds on Friday afternoon, Bruscato and Deal stopped Ann Arbor residents Thorsten and Virginia Kathoefer, whose reaction was priceless.

"Wow! This is for us?" Virginia Kathoefer said as she pulled Kilwins Fudge

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Plymouth City Commissioner Suzi Deal, left, offers a selection of gift cards from downtown businesses to a couple from Ann Arbor on Friday for "Secret Santa." ED WRIGHT/HOMETOWNLIFE.COM



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'Remember the Titans' coach Boone dies at age 84

T.C. Williams coach also father of PCCS superintendent Merritt

Ed Wright Hometownlife.com USA TODAY NETWORK – MICHIGAN

Plymouth-Canton Community Schools Superintendent Monica Merritt's father, Herman Boone, died Dec. 18, at age 84.

Boone, who was head football coach of T.C. Williams High School in Alexandria, Virgina, in 1971, was portrayed by actor Denzel Washington in the hit movie "Remember the Titans."

T.C. Williams was integrated in 1971, the year Boone was named head coach. Bill Yoast, an assistant coach on the team, died earlier this year at age 94.

Led by Boone and Yoast, the Titans overcame racial tensions on the team and in the community to lead the team to an undefeated record and the state championship.

According to the PCCS website, Merritt was named interim superintendent for Plymouth-Canton Community Schools in December 2015, becoming the 14th person to lead the district. Merritt, a resident and parent in PCCS, assumed the title while also serving as the district's assistant superintendent for human resources and labor relations.

"We are truly saddened to hear of the death of Coach Herman Boone today," Alexandria Public Schools shared on Boone's tribute page. "ACPS & the Titans community will never forget his contribution to bringing our city together post-segregation. "We encourage you to share your stories and memories of him with us."

Contact reporter Ed Wright at eawright@hometownlife.com.



Herman Boone, the coach portrayed by Denzel Washington in "Remember the Titans," and the father of PCCS Superintendent Monica Merritt, has died. He was 84. USA TODAY



Plymouth City Commissioner Suzi Deal explains how the "Secret Santa" program works to Plymouth Township couple Vince and Paula Sant. ED WRIGHT/HOMETOWNLIFE.COM

'Secret Santa'

Continued from Page 6A

and Stella's Tavern gift cards (among others) from the envelope.

Businesses that donated gift cards to the "Secret Santa" program were: Home Sweet Home, Core Sport, Delta Diamond Setters and Jewelers, Haven, Sean O'Callaghan's, Burger Spot, Pizza Spot, MI Yoga Room, Penn Theatre, Radiant Fine Jewelry, Primp, Trust & Obey, Merle Norman, Genuine Toy Co., Home Improvement Warehouse, Gigi's Mode, Britt's Bow Wow, Kilwins and the Plymouth Community Chamber of Commerce.

Contact reporter Ed Wright at eawright@hometownlife.com or 517-375-1113.

PRESENTS

Farmington Hills police arrest sexual assault suspect

Susan Vela Hometownlife.com USA TODAY NETWORK – MICHIGAN

Farmington Hills police have arrested a Redford Township man suspected of sexually assaulting a woman who considered him a friend.

Jesse Newton, 31, was arrested in a nearby community after an hourslong hunt by police who used drones and K9 units to find him.

Newton was taken into custody. He has been arraigned on multiple felony charges including first-degree criminal sexual conduct, assault with intent to do great bodily harm less than murder and home invasion.

His bond has been set at \$500,000. Police said in a report the sexual as-

sault happened around 12:15 a.m. Dec. 18 in the Middlebelt Road area, south of Ten Mile Road.

A woman in her late 20s told police



that Newton, a friend, assaulted her, became upset and began cutting himself with a knife before fleeing the residence. Paramedics treated her before transporting her to an area hospital for

additional care. Newton fled to the Canfield Avenue

area, east of Middlebelt Road. He apparently knocked on a door and entered the home when a resident answered.

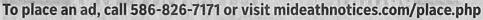
He took a knife and punched the male homeowner for trying to keep him there, police said

Newton escaped into a nearby wooded area. He was arrested later in the day.

Contact reporter Susan Vela at svela@hometownlife.com or 248-303-8432. Follow her on Twitter @susanvela.

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Dennis R. Hoholik

Dennis (Brusseau) Hoholik, born to Ronald Brusseau & Carol Hoholik passed Dec 17, 2019 in Emmett, ID.

Survived by mother, Carol, step-mother, Barbara, sons; Gerry (Jessica), Joshua (Melody), Raymond (Sarah), & Chris (Jessica), siblings; Janice (Derrick), Gloria (Ron), Ron (Stephanie), Cindy (Ricky), Jacki (Mike), Gail (Don),& Dottie (Dave); 13 grandchildren, 24 nieces/nephews, 9 great nieces/ nephews.

Preceded in death by beloved wife Joanie, father, Ron Brusseau, step-father Ray Hoholik, sister, Tina Alemany. Cremation rights by Potter Funeral Home in Emmett, ID. Private memorial



May you find peace in this time of sorrow.

Shooting leaves historic preservation community in shock

Christina

Plymouth Twp. couple dead in apparent murder-suicide

Susan Vela Hometownlife.com USA TODAY NETWORK - MICHIGAN

Plymouth Township's historic preservation community is reeling from what police are calling a murder-suicide that involved one of its own.

Township leaders appointed James Salamay to its Historic District Commission over the summer. He also was known for associations with Plymouth MI Discoveries and the Plymouth Historical Museum.

Historic District Commissioner Dennis Cebulski said he met Salamay over the summer, when they both were chosen to foster preservation of historic structures and places.

To Cebulski, Salamay always seemed to be "a very happy individual" who brought "valuable insight to the commission.'

"He was very passionate about the township's history," Cebulski said. "He was dismayed about so many things

that have been razed in recent years.

"It's a sad situation. It's a loss to the historical community for the township and the city of Plymouth."

According to police, Salamay Salamay, 46, and his es-

tranged wife Christina, 37, were in the process of getting divorced and had been disagreeing over child custody matters when their lives ended in the Plymouth Hills manufactured home community Dec. 17.

Police received a report of shots fired in the 14000 block of C Drive at 6:45 a.m. They found Christina Salamay inside a parked and running minivan. She was dead in the driver's seat and had an apparent bullet wound to the head.

They found James Salamay inside the home with a self-inflicted gunshot wound to the head.

The couple had three children, ages



James Salamay portrays Nicola Tesla in 2015 at a Plymouth museum exhibit. FILE

the kids and our family in your prayers."

The GoFundMe campaign had raised about \$7,000 as of Dec. 18 for Christina Salamay's funeral expenses and her children's care.

17, 13 and 12. "This

morning my

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suicide," Go-

FundMe or-

ganizer An-

cousin was

killed by her

Please keep

Happy Holiday

estranged

husband.

"My

and

McCauley

nette

wrote.

shot

Plymouth's 35th District Court records show Christina Salamay had a November proceeding regarding tax matters.

McCauley said she never saw her cousin mad as an adult. She considered her a lovable person and, as far as she knew, was a mother figure at the Mc-Donald's restaurant she managed.

"She was an absolute sweetheart," McCauley said.

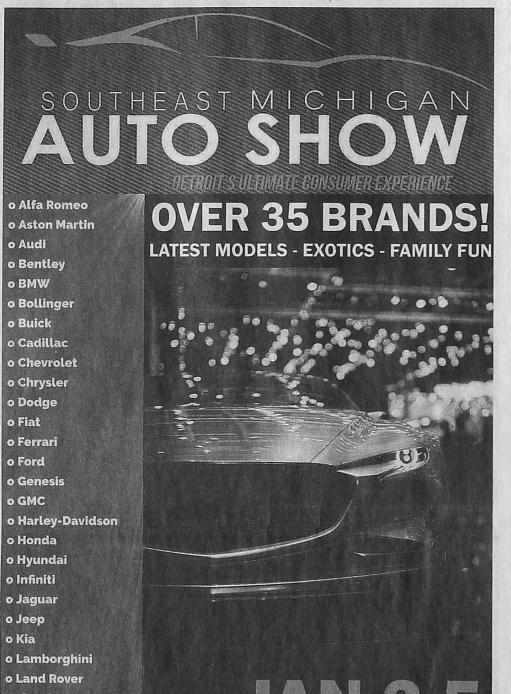
She said the Salamays were married for about 20 years. About three weeks ago, Christina Salamay and her children moved into a relative's home because of "something that recently came to light."

Based on her talks with relatives and mobile home park residents, Christina Salamay returned to the home Dec. 17 because her estranged husband had said he had money for their children.

A museum representative said she and others there were still too shocked by the shooting to talk about it.

"This is quite a shock," Township Supervisor Kurt Heise said. "He came very highly recommended to us. He certainly had the background and the interest. Our prayers go out to his children."

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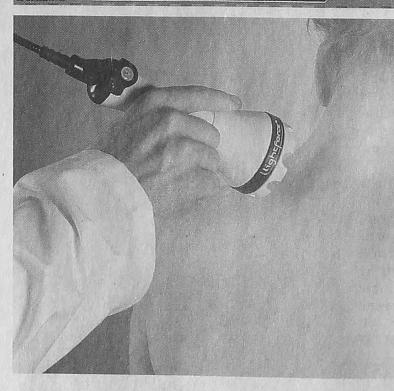
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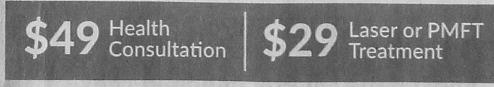
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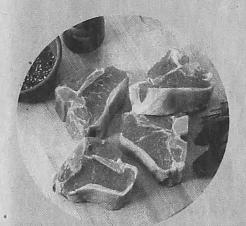
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PCA basketball overcomes the shooting woes, beats Churchill

Andrew Vailliencourt Hometownlife.com USA TODAY NETWORK – MICHIGAN

In the battle for Joy Road, Plymouth Christian Academy traveled to Livonia Churchill for a non-conference game between the MIAC and KLAA foes.

It left with a 52-41 victory, outscoring the Chargers by 11 in the second half to secure the win Thursday night at Livonia Churchill High School.

The game had some extra meaning for PCA coach Matt Windle, who is also the school's athletic director. He graduated from Churchill and was a member of the school's 2010 conference championship team.

PCA improves to 2-2 with the win, while Churchill falls to 1-3.

"It feels good," PCA junior Nate Etnyre said. "We've been working hard for a long time. We're a smaller school, they're at least 10 times our size so it's nice to come out here and compete with bigger schools."

Here are three takeaways from the game:

Hot starts boost PCA

PCA got off to fast starts in both the first and third quarters to build leads.

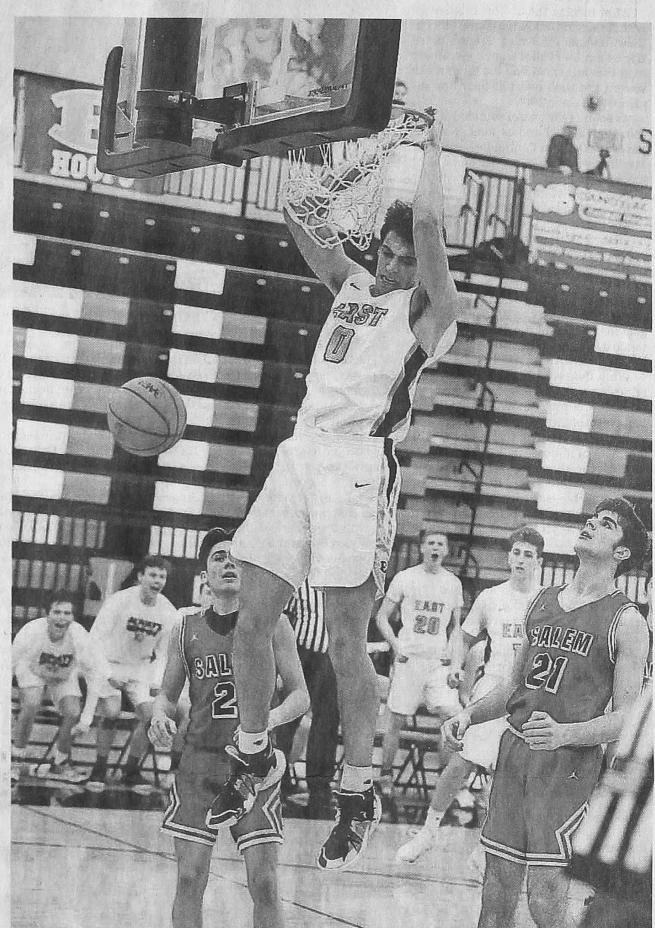
The Eagles began the game with a 10-2 run before Churchill closed the gap late in the quarter, ultimately going to the half tied at 23.

The second half though, was all PCA. It started on an 11-1 run that firmly put the Eagles in front. Churchill

See SHOOTING, Page 3B



PREP BASKETBALL



Detroit Catholic Central goalie Louis Finnegan markes a save against Brighton in the MIHL/KLAA Showcase. TIM ARRICK/SPECIAL TO HOMETOWNLIFE.COM

The defensive mindset brings Catholic Central hockey success

Colin Gay Hometownlife.com USA TODAY NETWORK – MICHIGAN

Coming off a Division 1 hockey state title, its fifth since 2010, Detroit Catholic Central started its season like it was picking up right where it left off. The Shamrocks traveled to Port Huron Northern and crushed the Huskies, 10-0, in the season opener.

Holding the offensive momentum after a dominant 2018-19 season in which the team won 29 of 31 games played, Catholic Central left for Culver, Indiana riding a high.

But the Shamrocks were knocked down quick, losing their next two games against the Culver Military

See HOCKEY, Page 3B

South Lyon East earns

South Lyon East forward Nick Branton finishes a dunk. TOM BEAUDOIN/SPECIAL TO HOMETOWNLIFE.COM

first win against Salem

Colin Gay Hometownlife.com USA TODAY NETWORK – MICHIGAN

Returning home after a season-opening overtime loss to Lakes Valley Conference foe Lakeland, South Lyon East handed Salem its first loss of the season.

The Cougars (1-1) beat the Rocks (3-1), 45-36, earning their first win of the season.

Salem will next face Canton at home on Jan 3, while South Lyon East will continue its season Dec. 28 against Dearborn Heights Annapolis.

"From last year, it really shows that we are coming together," South Lyon East senior forward Nick Branton said. "We're playing like a unit, not like a lot of individuals."

Here three takeaways from Tuesday's win:

Slow-starting offense

From the start, neither Salem nor South Lyon East could get any offense going.

In the first quarter, the Cougars did not record their first basket until 1:55 into the game, taking a quick 4-0 lead. For the Rocks, it took even longer, getting on the board with 4:32 left on the clock, but igniting a six-point run.

Trailing 6-4 into the final seconds of the first quarter, sophomore guard Adam Jagacki hit a three as time expired, giving South Lyon East a lead it would never give up.

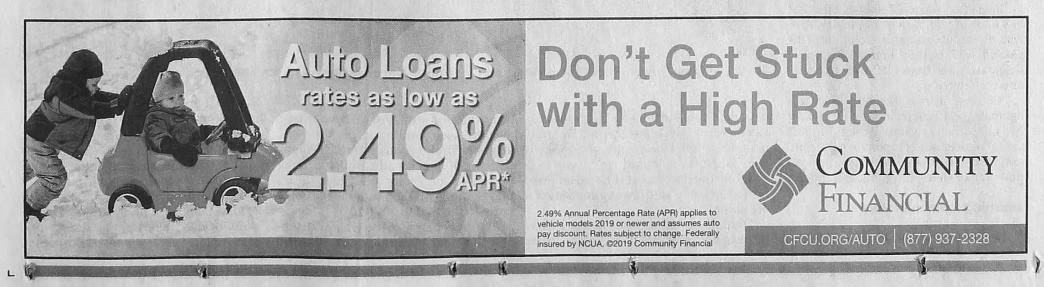
In the season-opening overtime loss to Lakeland, South Lyon East head coach Ron Levin said the Cougars had a difficult time finishing quarters, leading to the loss.

He said Tuesday night was different.

"Today, we finished each quarter in a positive way and it kind of led to us winning the game," Levin said. "We saw improvement."

Knowing that much of his offensive approach is going to be through shooting, Levin said he knows

See FIRST, Page 2B



Catholic Central learns from past, moves ahead

Colin Gay Hometownlife.com USA TODAY NETWORK - MICHIGAN

Detroit Catholic Central head boys basketball coach Brandon Sinawi has not watched the film from the Shamrocks' loss to Ypsilanti Lincoln in the 2019 regional final. He can't bring himself to.

"I get upset every time I think about it," Sinawi said.

After turning the ball over tied at 79 with 11 seconds left in the game, Lincoln then-freshman forward Emoni Bates tipped a missed shot from a teammate in at the buzzer, ending the Shamrocks season and their quest at their first regional title since 2009.

As soon as the buzzer sounded at Lincoln High School and as fans swarmed the court, Catholic Central forward Tyler Martinez was devastated. He knew all of the work that had been put in with his senior-heavy team and his first-year head coach had evaporated.

But that was not his first thought as he walked off the court.

"We got to do something about this next year," Martinez said.

As one of five seniors on the roster that were returning from the 2018-19 season, Martinez's goal matches the goal for the rest of the Shamrocks' roster: to use the foundation that that team built, and exceed it.

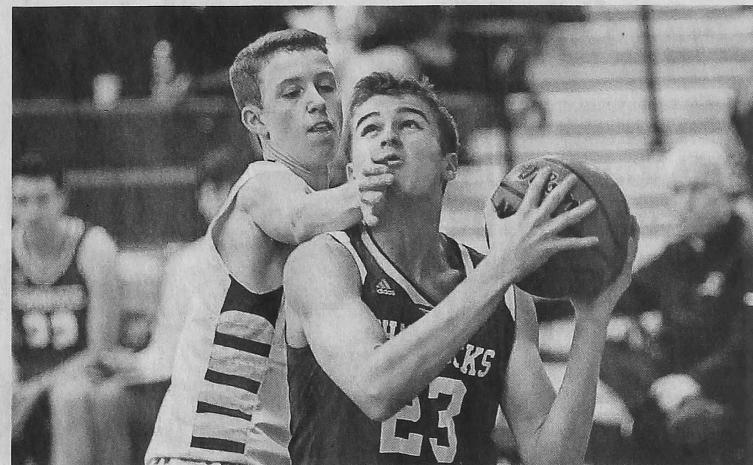
While five returning players may be a typical turnaround for a team like Catholic Central, Sinawi said there is still a level of inexperience on the roster, saying the kids that returned did not play a lot of minutes in 2018-19.

However, those five seniors got the practice, got the same halftime and post game speeches everyone received. Now, Sinawi said the process is going from observing everything to putting it into action.

To the Catholic Central head coach, it's those five seniors' team now.

"They got a taste of what it's like," Sinawi said. They realized what it takes to get there. It wasn't just on an off chance that we got there."

Over the first two games of the 2019-20 season, Catholic Central has played like it is trying to forget how its season ended in March.



Catholic Central senior guard Tyler Martinez goes for the hoop in the paint. TOM BEAUDOIN/SPECIAL TO HOMETOWNLIFE.COM

The Shamrocks have allowed 54 and 55 points, respectively through its first two games of the season, beating both Carleton Airport and St. Clair Shores Lake Shore by seven points.

Sophomore forward Cooper Craggs had become a force in the middle for the Shamrocks, scoring 36 of the team's 123 points this season.

Before the season started, Sinawi noted that his team had size in the middle, with Craggs and senior Nick Smulsky, and speed at the guard position.

Sinawi said he will always adapt his play calling to the personnel he has at his disposal.

'There's always something different that you have to manage your style to," Sinawi said. "I'm not one that's going to stick to one thing and just hope that everyone fits that. That doesn't make sense to me. We have to adapt to the players we have on our roster this year."

Senior guard Ryan Logan said, even though preseason practice, the younger players have been coming up, doing what they are asked and contributing at a high level.

And while the senior class is different than the one Catholic Central had last season, Martinez said his class it ready to do its part.

'We saw what had to be done to get to that stage and we know what it takes to get there and what we have to do to build the foundation to keep it," Martinez said. "We changed the culture last year and now we have to keep it up."

With only three games before the new year, Catholic Central does not have much of a chance to show what kind of team it has become.

However, Logan said these three games are important in terms of finding cohesion on the basketball court.

"Just go into these games and just

give it our all every single second," Logan said. "Just come in and make sure we have the win secured. If we are winning by 20, just keep on going, pushing it on them."

The Shamrocks do not need the motivation from the Lincoln loss quite yet. Sinawi said it is not about wins and losses, but when a team wins that it more important.

But it will come.

Even if Sinawi never watches the film of the Bates buzzer-beater, the emotions behind it are ingrained in him and his team.

"It's something we will always think about and try to make sure that it doesn't happen again," Sinawi said.

Contact reporter Colin Gay at cgay@hometownlife.com or 248-330-Follow him on Twitter 6710. @ColinGay17. Send game results and stats to Liv-Sports@hometownlife.com.

First

Continued from Page 1B

that three-point based offenses can take awhile to let up, a message he made clear to his team.

"In the beginning, we are going to



start slow. It's going to be 12-12 at the end of the quarter," junior guard Bryce Bird said. "That's going to happen, but if we stay strong, we're going to come out with the win."

Jagacki's three as time expired revived a stagnant offense in the second quarter, as South Lyon East scored 19 points, including five by the sophomore guard - eight consecutive points scored after the three-point make in the first quarter.

Salem found its scoring in the second quarter as well, scoring 17 points, with junior guard Tanner Locke leading the way with four points, ending the game with a team-leading 10.

Branton sets tone defensively

Despite allowing 17 points in the second quarter, the South Lyon East defense stepped up for the majority of the game, allowing 19 points in all three other quarters combined.

At the center of it was the 6-foot-8 forward in the middle: Branton.

Finishing with seven points himself, Branton was a force on the defensive end, using his size to secure rebounds disrupt shot attempts near the basket.

This is what Levin looks for in his senior forward.

"He's even more of a presence on defense because he alters so many shots, he blocks shots, he gets all the rebounds," Levin said. "Offense is kind of like a bonus."

Salem head coach Bob Brodie said he has a lot of young players playing consistent minutes at this point into the season, and, in their first road game of the season, the Rocks left a lot to be desired offensively.

"Coming into a territory like this against good teams, South Lyon East has got a great basketball team," Brodie said. "We lost our composure a little bit, and we could not knock shots down. We don't make shots, it's going to happen."

Learning from mistakes

South Lyon East forward Nick Branton blocks a shot from Salem guard Ryan Len. TOM BEAUDOINSPECIAL TO HOMETOWNLIFE.COM

days between South Lyon East's loss to Lakeland and the home opener. He said it allowed time to correct any mistakes made and move forward.

While the first win of the season was not perfect, Bird said it was a good starting point.

"I think we learned that we are going Levin said it was a blessing to have 10 to make mistakes and there's going to be turnovers and stuff, but we have to keep playing, keep battling to get the win," Bird said. Branton was extremely happy with the progress made, from his junior season to his senior year, and thinks that South Lyon East could make some noise in the LVC in 2019-20.

"I'm very happy to see what will happen this year," Branton said. "We still

a second

have a lot of things to fix up, but with that being said, we are still playing great. I think we can really show up this year and surprise a lot of teams."

Contact reporter Colin Gay at cgay@hometownlife.com or 248-330-Follow him on Twitter 6710. @ColinGay17. Send game results and stats to Liv-Sports@hometownlife.com.

Hockey

Continued from Page 1B

Academy by a combined score of 8-3. The losing continued when Catholic Central returned to Michigan, falling to Brother Rice, 5-2.

For many on the roster, losing consistently was not something they were used to.

"In year's past, we haven't had a three-game losing streak," senior center and captain Kyle Gaffney said. "I think guys realized that it's CC hockey. We are supposed to win."

With a week between the Shamrocks' loss to Brother Rice and the start of the the Shamrocks were cheating on the of-Catholic High School League Tournament, Catholic Central had an opportu-

nity to regroup, to shift its focus back to consistent offensive skill. what leads to winning hockey.

defense. Since then, Catholic Central was the eye opener. has not allowed a goal in the month of December.

"I think it just got to our heads that nothing is given to anyone," senior defenseman Eli Brown said. "What we get, we have to work for it and I feel like everyone put that mentality into practice, into games."

The Shamrocks secured the CHSL give up a goal," Kaleniecki said. Tournament title, outscoring teams Brother Rice in the final.

Before the tournament, Catholic Central head coach Brandon Kaleniecki said fensive side: not focusing on keeping the he could sense a shift in mentality. He

For Kaleniecki, the first meeting be-The Shamrocks shifted their focus to tween the Warriors and the Shamrocks

> "It was a reminder that we can't afford to give up chances because we're not taking care of the defensive end of things," Kaleniecki said.

> The head coach put it simply: it's about doing your job on the ice. And to him, the job starts on defense.

"You are not going to lose if you don't

15-0, including a 4-0 revenge win against Northern and against Brighton in the and you leave everything out there," KLAA/MIHL Showcase, outscoring teams 14-0 in the Shamrocks' past two games

The Catholic Central head coach said

the way they were performing on the ice, building confidence and momentum.

However, Kaleniecki knows that momentum changes extremely quickly. He knows that adversity will come eventually.

But now, it is about what the Shamrocks can control. To Brown, Catholic Central has the continued opportunity to depict itself as a blue-collar, hard working team with the goal of making it to U.S. Hockey Arena in March.

"Win or lose, the mentality is if you The run continued against Port Huron give everything you got out on the ice Brown said. "That's all you can do."

Contact reporter Colin Gay at cgay@hometownlife.com or 248-330-6710. Follow him on Twitter @ColinGay17. Send game results and puck out of their own net and relying on said the players were feeling good about stats to Liv-Sports@hometownlife.com.

Shooting

Continued from Page 1B

scored just one point in the first 6:53 of the third quarter.

"I think the biggest thing in the first and third quarter is we're coming out fresh," Windle said. "That mentality of getting to the rim and having more aggressive tendencies works for us. The second and fourth is where we need to improve because we get a little big gassed. ... We're an athletic team for a small school, so that's really helpful."

PCA was lead offensively by its guard tandem of Etnyre and Nick Scott, both juniors. There are no seniors on the squad.

Etnyre led the team with 16 points, while Scott added 15.

"It all started on defense getting good ball pressure, making plays on defense leads to transition buckets on offense and it can pile up quickly," Etnyre said. "It helped set the tone for the rest of the (second) half."

Churchill was led by freshman Donavin Williams, who came off the bench to score 14 points.

Another key player for the Eagles was sophomore center Chukwubuikem Anwunah, who goes by Chibi. At 6-foot-7, he was a complete mismatch for Churchill, who struggled to defend him and get past him in the lane on the other end of the court. He led the game in re-



bounds and had a number of blocks. He also added seven points.

"He played JV at the start of last year, but finished the season on varsity." Windle said. "He's playing in big games and getting there, we just need to clean up his game a little bit and have him grow in confidence, he can really be a special player for us. He's a rim protector on defense and he can finish above and at the rim."

Free-throw woes

In a sense, Churchill was lucky to only lose by 11.

PCA went to the free-throw line a whopping 32 times, but only made 15 of those attempts (46.8 percent). That's well below the 70 percent mark that Windle wants his team to be hitting each game.

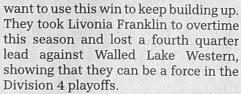
Etnyre and Scott combined to go 11for-20 on free throws.

"For kids to improve on free-throws, they have to do it on their own time." Windle said. "That's getting in the gym early and staying in the gym late ... our goal as a team is to shoot 70 percent at the very least. We've hit that once, against Whitmore Lake, but we haven't hit that mark in our other three games so that's one thing we really have to work on."

Program win

PCA is a Class D school of just 164 students, significantly smaller than the Class A Chargers, who have nearly 1,400 students.

While not a traditionally a powerhouse, beating a program of that size is a big achievement for the Eagles, who



"We play these games so that we can get those wins that we can build off of," Windle said. "We have teams in our league like Southfield Christian that hasn't lost a conference game in eight years. Our goal is to beat them and to beat them more than once, be competitive in the conference and win the first regional championship in school history.'

Contact reporter Andrew Vailliencourt at availlienc@hometownlife.com or 810-923-0659. Follow him on Twitter @AndrewVcourt. Send game results and stats to Liv-Sports@hometownlife.com.

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KLAA FOOTBALL ALL-CONFERENCE TEAMS ANNOUNCED

Andrew Vailliencourt

Hometownlife.com USA TODAY NETWORK – MICHIGAN

The high school football season has come and gone, meaning it's time to recognize some of the area's standout performers.

The Kensington Lakes Activities Association (KLAA) released its list of the league's All-Conference honorees, many of which are on teams in the Hometown Life coverage region.

Plymouth leads the way with 11 selections as the KLAA West Division winner, Belleville also has 11 selections as the winners of the whole conference and East Division.

From there, the number of players selected for each team largely depends on where the team placed in its division, with higher finishing teams awarded more honorees.

Players are listed in the following format: player, position, school, grade.

KLAA East All-Conference

Christian Dhue-Reid, QB, Belleville, 11

Darrell Johnson, WR, Belleville, 11 Deion Burks, WR, Belleville, 11 Jamari Buddin, LB, Belleville, 11 Darian Murray, LB, Belleville, 12 I Damon Payne, DL, Belleville, 11 Andre Seldon, DB, Belleville, 12 Myles Rowser, DB, Belleville, 10 Cameron Wallace, OL, Belleville, 11 Coleon Smith, OL, Belleville, 12 Hunter Little, OL, Belleville, 12 Andrew Holston, WR, Fordson, 12 James Wheeler Jr., RB, Fordson, 12 Hassan Mansour, RB/WR, Fordson, 12 Hassan Chokr, LB, Fordson, 12 KeyShawn Smith, RB, Fordson, 12 Vousef Fawaz, DE, Fordson, 12 Branden Thomas, CB, Fordson, 12 Ali Baiz, C, Fordson, 12 Alihadi Farhat, NT, Fordson, 12 James Carpenter, RB, Franklin, 12 Kyle Fugedi, OL, Franklin, 11 I Grant Gibson, LB, Franklin, 12 Jacob Kelbert, QB, Franklin, 12 Connor Hatfield, WR, Franklin, 11 Evan Pittenger, LB, Franklin, 11 Jake Swirple, DL, Franklin, 12

Brendan Lowry, DB, Churchill, 12
Mitchell Regan, DB, Churchill, 12
Shane Morelli, WR, Churchill, 12

Jimmy Targosz, DB, Churchill, 11
Dylan Curran, LB, Churchill, 12
Khalil Ford, DE, Churchill, 11
Ali Saad, DT, Dearborn, 12
Shane Veith, DE, Dearborn, 12
Ryan Timani, CB, Dearborn, 12
Jake Tafelski, RB, Dearborn, 12
Caden Woodall, RB, Livonia Stevenson, 11

Nick Broome, LB, Livonia Stevenson, 12

Evan Beck, RB, Livonia Stevenson, 12

Jordon Mitchell, LB, John Glenn, 12
 Justin Hart, OLB, John Glenn, 11
 Ryan Mihalik, RB, Wayne Memorial, 11

KLAA West All-Conference

Mike Mathias, RB, Plymouth, 12 Alec Beshears, DB, Plymouth, 12 Nathan Janke, DB, Plymouth, 12 Logan Walkley, RB, Plymouth, 12 Ivan Davis, DE, Plymouth, 12 Nick Downs, QB, Plymouth, 12 Caleb Sadler, DL, Plymouth, 12 Spenser Korroch, DL, Plymouth, 12 Sean Britt, OL, Plymouth, 12 Josh Carver, LB, Plymouth, 12 Preston Long, DB, Plymouth, 11 Colby Newburg, QB, Brighton, 12 Nate Hoffman, OL, Brighton, 12 Brad Luketic, OL, Brighton, 12 Ruben Salinas, WR, Brighton, 12 AJ Lin, WR, Brighton, 12 Cole Riddle, LB, Brighton, 12 Luke Stanton, DE, Brighton, 12 Nate Kwapisz, DT, Brighton, 12 Matt Jontz, DB, Brighton, 12 Garret Sisco, DL, Hartland, 12 Jacob Gizinski, OL, Hartland, 12 Gage Delanoy, RB, Hartland, 12 Chase Ekonen, DL, Hartland, 12 Noah Pointek, LB, Hartland, 12 Logan Tobel, QB, Hartland, 12 Colby Spisz, HB, Hartland, 12 Mason Nelson, OT, Howell, 12 Jonah Schrock, RB, Howell, 12 Bryan Greene, RB, Howell, 12 Philip Pietila, LB, Howell, 12 Grant Porter, OG, Howell, 11 Marcus Chidester, LB, Howell, 11 Jackson Kovarik, DB, Howell, 10 Jake Vickers, TE, Canton, 12 Ben Stesiak, QB, Canton, 12 Aran Parick, LB, Canton, 11 Caden Domzalski, DB, Canton, 12 Michael Renzi, LB, Canton, 11 Marco Johnson, RB, Canton, 11



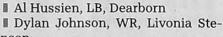
Livonia Franklin quarterback Jake Kelbert prepares for a pass against Detroit Martin Luther King in the 2019 playoffs. TOM BEAUDOIN/SPECIAL TO HOMETOWNLIFE.COM

Tim Pennington, LB, Canton, 12
Adam Saghir, ILB, Northville, 12
Mitch DeGroff, CB, Northville, 12
Nick Gattoni, OLB, Northville, 12
Matt Wright, LB, Novi, 12
Tommy Phimister, OL, Novi, 10
Josh Williams, DT, Salem, 12

KLAA All-Conference Honorable Mention

East Division

TyTrayon Lewis, RB, Belleville Michael Jenkins, RB, Belleville Kobe Langford, RB, Belleville Jalen Williams, TE/DE, Belleville Malek Alshawabkeh, LB, Fordson Ibrahim Ahmed, OG, Fordson Antonio Gates Jr., WR, Fordson Ali Ajami, OT, Fordson Aaron Mass, OL, Franklin Dom Ufferman, DB, Franklin Brandon Reiten, WR, Franklin Trevor Whisman, DB, Franklin Josh Barr, OL, Churchill Gavin Brooks, QB, Churchill Ryan Hutchinson, DB, Churchill Boston Clegg, LB, Churchill I Zein Bazzy, OL, Dearborn Ronnie Puczkowski, LB, Dearborn I Ali Hazime, OL, Dearborn



venson Cavan Marcoux, DL, Livonia Stevenson

Anel Mujovic, DL, Livonia Steven-

Jack Micallef, OL, Livonia Stevenson

🛚 Kyle Holt, DB, John Glenn

I Justin Morrison, RB, John Glenn

Sidney Tatum, ATH, John Glenn

Kayleb Parker, OT, John Glenn

Dywon Boyd, OL, Wayne Memorial

Anthony Morales, LB, Wayne Memorial

Daveaun Parks, DB, Wayne Memorial

I Jeffrey Madison, OL, Wayne Memorial

West Division Van Riley, WR, Plymouth

Jake Youvon, OL, Plymouth Austin Lazanja, OL, Plymouth Justin McNeal, DB, Plymouth Nick Nemecek, RB, Brighton Greyson Stevens, DE, Brighton Kyle Duncan, DB, Brighton Tegan Kogler, LB, Brighton Dylan Strong, DB, Hartland Chase Allen, DL, Hartland 🛿 Gavin Wisniewski, OL, Hartland Case Winberg, DL, Hartland August Johanningsmeier, RB, Howell Noah Ramonaitis, LB, Howell Ethan Lassitter, OG, Howell Danny Honkala, LB, Howell Jacob Davis, DL, Canton Tyler Milo, DB, Canton Jack Cervantes, RB, Canton Zach Kubacki, LB, Canton Aidan Hayek, S, Northville Brett Rankin, ATH, Northville John Roland, CB, Northville Demir Tagani, OL/DL, Northville Josh Erno, QB, Novi Tyler Patrick, DB, Novi 🛿 Gavin Parenti, LB, Novi Malik McGhee, LB, Novi Jack Lukomski, K/P, Salem I Jermari Thomas, RB, Salem Tyler Overaitis, WR, Salem Ty Wagner, LB, Salem Contact reporter Andrew Vailliencourt at availlienc@hometownlife.com or 810-923-0659. Follow him on Twitter @AndrewVcourt. Send game results





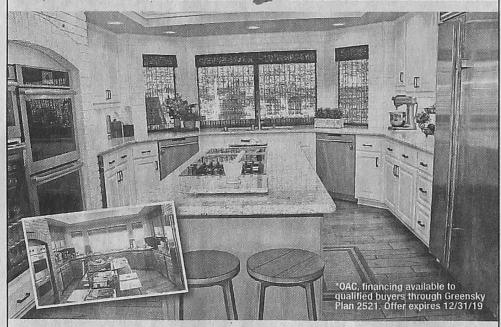
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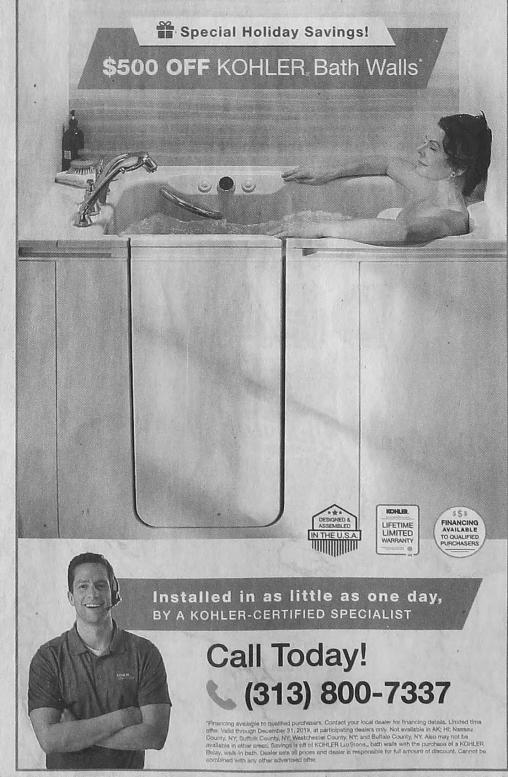


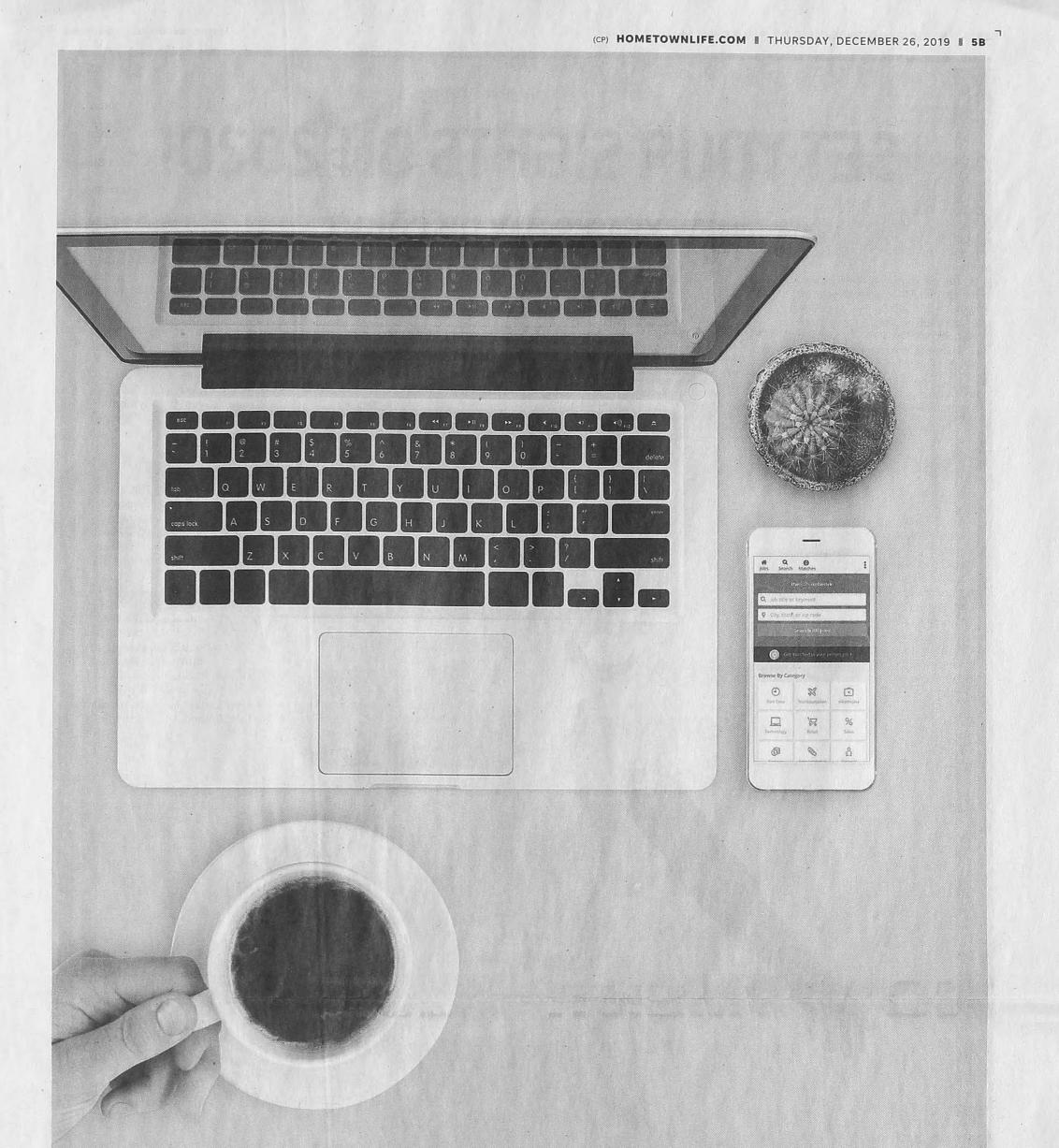
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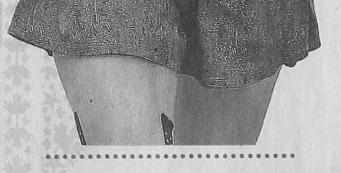
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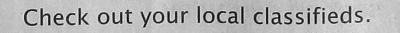
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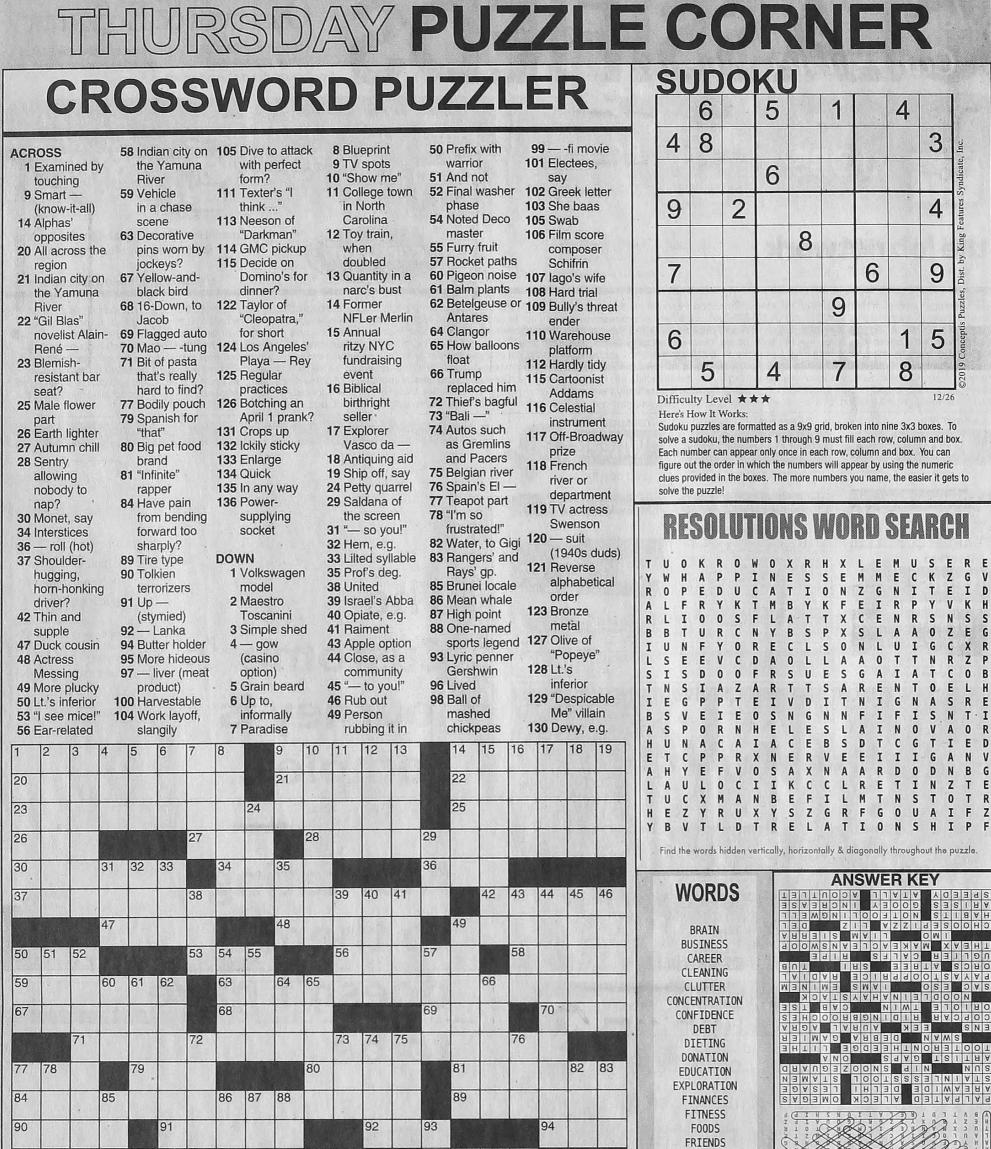
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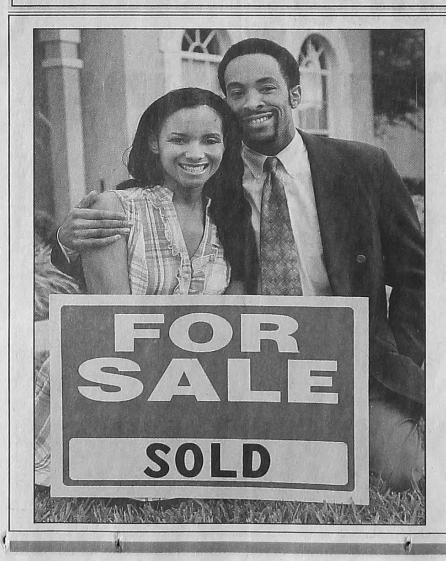
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For assistance or suggestions on the Puzzle Corner, contact Steve McClellan at (517) 702-4247 or smcclellan@michigan.com. Want more puzzles? Check out the "Just Right Crossword Puzzles" books at QuillDriverBooks.com



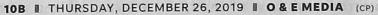
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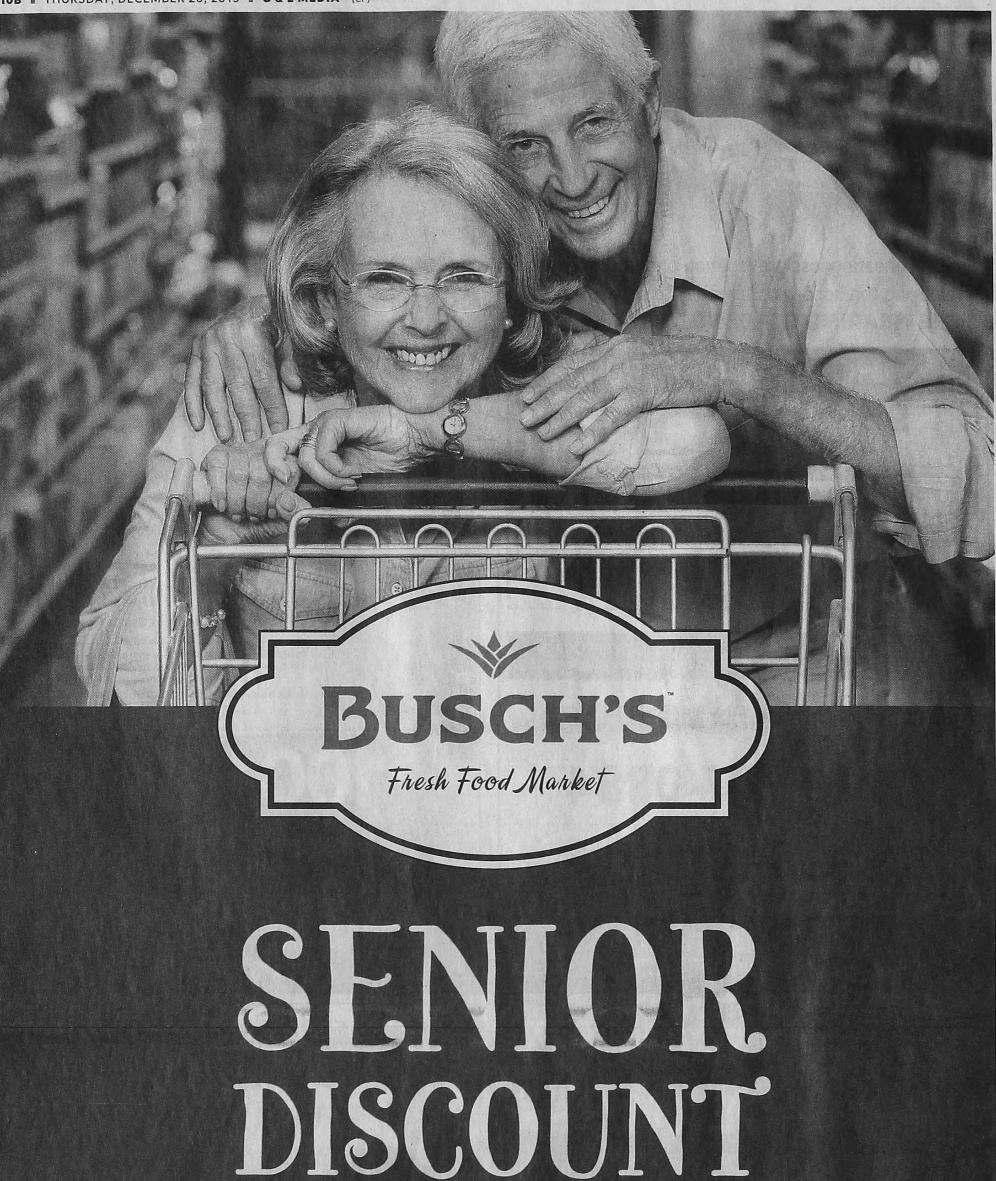
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