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SPORTS, 1B



SUNDAY, OCTOBER 27, 2019 I HOMETOWNLIFE.COM

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Mold, water damage close Alfred Noble Library

Shelby Tankersley Hometownlife.com USA TODAY NETWORK - MICHIGAN

Elevated mold levels and water damage will keep the Alfred Noble Library in Livonia closed for the forseeable future.

The library, at 32901 Plymouth Road, originally closed Monday after employees alerted city officials there might be a

mold issue. The mold found was part of the Penicillium and Aspergillus group. No black mold was found.

The city hired an outside company, MQI, to investigate the issue. MQI determined the library has unsafe mold levels. MQI tested elements like air in the building and moisture levels.

Mayor Dennis Wright said that while

there was no black mold, he found it paramount to close the facility right away.

"We felt it was in the best interest to shut it right down," he said.

There was also water damage in the 52-year-old building coming from a leak, the source of which is unknown.

The city has yet to determine if re-

pairs or rebuilding need to be done. Wright said that decision likely will fall to the city's next mayor.

"But the goal is to make sure that, whatever happens, it's going to be safe," said Dave Varga, the city's director of administration.

See LIBRARY, Page 2A



What to know about **Plymouth's** roads millage

Ed Wright Hometownlife.com USA TODAY NETWORK - MICHIGAN

On Nov. 5, residents of Plymouth will be asked to vote on a streets improvement bond proposal. If passed, the city and Wayne County can borrow up to \$12,280,000 to repair the city's streets and sidewalks.

Plymouth Mayor Oliver Wolcott agreed to sit down with Hometown Life to answer questions regarding the proposal.

Hometown Life: How much would a successful bond proposal request cost the average Plymouth homeowner?

Wolcott: If approved, the estimated millage to be levied in 2020 is 1.27 mills, meaning \$1.27 per \$1,000 of taxable value. A home with a taxable value of \$150,000 would pay \$190.50 in 2020-21.

Pictured are, from left, a few of the 2020 Still Got It Players' "tastefully-nude" calendar models: Anne Munro, Jemma McCardell, Lonnie Curri, Beverly Shaw Monty, Sandy McCay and Sheryl Vachon. COURTESY OF HEATHER LAVELLE

'Tastefully-nude' calendar proceeds go to cancer fight

Ed Wright Hometownlife.com **USA TODAY NETWORK - MICHIGAN**

Shyness was not an issue during the photo shoot for the 2020 Still Got It Players' "tastefully-nude" calendar.

'There was no, let's say, reluctance, on the part of our models," revealed Nicci Dreyer, smiling. "A few of the ladies were disappointed when they were told they had to wear Spanx in some of the photos."

Dreyer was joking ... kind of.

Dreyer is the director of "Calendar Girls," the much-anticipated play/ American Cancer Society fundraiser coming Nov. 7-10 to Canton's Village Theater. The play is presented by the Spotlight Players, a Still Got It Players production.

Most of the cast members are 55 years old or older, thus the production troupe's catchy name.

Based on the popular 2003 movie See CALENDAR, Page 2A

with the same title, the play will ignite a variety of emotions in audience members, Dreyer assured.

The movie was based on a true story about a group of middle-aged Yorkshire, England, women who decided to produce a nude calendar to raise money for leukemia research after the cancer death of one of their member's husbands.

Why is this a good investment for residents?

This bond will allow us to continue uninterrupted our street maintenance and infrastructure program. ... Projects have been completed on time and under budget for many years. We want to continue to build on the success that we have had.

What roads/areas in particular are in need of improvement?

Every area of town will be positively affected. Our administrative team has put together a recommended plan of action for the next three years with major roads, neighborhood streets and crossings in each precinct.

Projects under consideration for the first year include: reconstruct Farmer from the railroad tracks to Blunk; reconstruct Dewey from Byron to Ross; resurface Main from Church to Wing; resurface Ann from Farmer to Junction; continue heavy maintenance on Junction; crosswalk signal at Main and Hartsough; and city-wide crack sealing.

Does the city have a priority list of roads? How was this list developed?

Yes. We have worked with our engineer over the last several years assessing the condition of the entire 32 miles of road in the city using the Pavement Surface Evaluating Rating System (PASER). From there, we estimated the cost to perform maintenance or reconstruction for each project.

When was the last roads millage in the city? Was the cost to residents similar to the upcoming millage in November?

City voters passed a 10-year, \$12 million road bond proposal in 1996

See MILLAGE, Page 2A

Farmington Hills police arrest teen arson suspect

Susan Vela Hometownlife.com **USA TODAY NETWORK - MICHIGAN**

Farmington Hills police have arrested a 14-year-old for his alleged involvement in two recent arson incidents at the Fairmont Park Apartments on Fairmont Drive.

Police say he is responsible for recent seems to have acted alone. arson of a vehicle and a vacant apartment at the apartment complex.

They observed the teen preparing to enter an unoccupied Fairmont unit at around 9 p.m. Tuesday and arrested him after a foot pursuit.

In a news release, police said the teen Follow her on Twitter @susanvela.

Police say the teen set fires to a parked vehicle Friday night and a vacant apartment Saturday night. No injuries were reported.

Contact Susan Vela at svela@ hometownlife.com or 248-303-8432.

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Library

Continued from Page 1A

Until cleanup or construction takes place, the library will remain closed to staff and the public.

In the meantime, the city encouraged residents to visit the Carl Sandburg Library, located at 30100 W. Seven Mile Road, and the Robert and Janet Bennett Civic Center Library, located at 32777 Five Mile Road.

Staff of the Noble campus are being relocated to one of these two facilities for the time being.

Any books residents had on hold at Noble can be picked up the the Civic Center Library, and any events scheduled at Noble will take place at the Sandburg campus until further notice.

Contact Shelby Tankersley at stankersle@hometownlife.com or 248-305-0448. Follow her on Twitter @shelby_tankk.

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Calendar

Continued from Page 1A

"It's a comedy, but like I told my mom, who is a cancer survivor, you'd better bring some tissues, too," said Dreyer.

In a stroke of marketing brilliance, members of the play's cast and production crew agreed to pose nude for a 2020 calendar that will be available in the lobby of the theater throughout the play's four-day run.

With a "suggested" donation of \$10,

all proceeds from calendar sales will be donated to the American Cancer Society.

"While the models are all nude in the calendar's photos, their, um, sensitive areas are strategically covered by tinsel, flowers ... a variety of items, depending on the month," Dreyer said. "We're printing 300 calendars at a discounted price thanks to our printer, ArborOakland Group. But they have assured us that they can print more with just a couple days' notice if needed."

The play's cast come from throughout southeastern Michigan, including Canton, Downriver and "the east side,"

Dreyer said.

"We have been working very hard on this," she said. "We've been rehearsing for the past month, at least three nights a week. It's been a labor of love, especially knowing that the play will indirectly help raise money in the fight against cancer."

Tickets for the performance range from \$16-18. Shows are scheduled for Nov. 7, 8 and 9 at 7:30 p.m. There will also be 2:30 p.m. shows on Nov. 9 and 10.

To order tickets, call 734-394-5300 or visit spotlightplayersmi.org.

Contact Ed Wright at eawright@ hometownlife.com or 517-375-1113.

Millage

Continued from Page 1A

by a margin of 68% to 32%. In 2007, voters passed a \$10 million bond issue by a 62% to 38% margin for a second phase of road construction. Repayment of all debt associated with these bonds is scheduled to be completed in the 2023-24 budget year. If the new bond passes, the additional cost to homeowners in the first year is expected to be 1.27 mills.

In the 1996 and 2014 bond issues, millage rates varied from a low of 1.23 in 2007-08 to a high of 3.07 in 2013-14.

What surrounding or comparably-sized communities have passed roads millages? What advice have their leaders provided you, if any?

Northville passed a roads millage in 2018 by a 68% to 32% margin. Our strategy is to provide excellent communication and to provide as much information as possible to residents. We are straightforward and transparent in our appeal to voters. Before the start of every project, our entire team meets with the residents who are affected.

If a millage passes, when will work start and how long will it last approximately?

If the bond issue passes, construction will begin in the spring of 2020. We have a three-year road and infrastructure plan in place and every year that plan is updated by the city commission.

If the millage fails, is there a Plan



The intersection of Church and Main streets in Plymouth could use some TLC. ED WRIGHT/HOMETOWNLIFE.COM

B as far as making Plymouth's roads better?

If the bond issue fails, we will be able to do minimal construction and some road maintenance. There is no significant money available for major road projects. Most likely the only project for 2020 would be a small section of Dewey Street that was delayed for the past two years due to lack of funding. This is a critical period, and a critical vote on Nov. 5 for the long-term health and welfare of critical infrastructure throughout the city.

City commission races uncontested

Four Plymouth city commissioners -Suzi Deal, Kelly O'Donnell, Anthony Sebastian and Marques Thomey - are running unopposed for reelection.

The city's bylaws state that once the commission is set, the commissioners will vote for mayor, with all commissioners being eligible.

Current mayor Oliver Wolcott was initially chosen by his colleagues to hold the position in November 2017.



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Ginopolis family opens new barbecue joint

Jennifer Timar Livingston Daily USA TODAY NETWORK – MICHIGAN

The wait is over for an iconic Michigan restaurant family.

Peter and Melissa Ginopolis and their son Nicholas were expected to open Ginopolis' Bar-BQ & Speakeasy this week in downtown Brighton.

The family did extensive renovations to 201 W. Main St., the former site of Downtown Main Martini Bar & Grille, which closed last August.

They are ready to start serving up barbecue cooked in a large meat smoker installed on an outdoor patio. The new eatery and bar will have ribs, brisket, smoked wings, pulled pork, pulled chicken and non-barbecue dishes, like gumbo and soups.

"We're extremely excited," Melissa Ginopolis said last week. "It's the new leg of our life and an extension of our family legacy we are carrying on."

She said it is likely they will be open for dinner starting at 4 p.m. for a while and then extend its hours to include lunch at 11 a.m. at a later date.

The restaurant will seat about 125 people in a completely renovated dining room on the building's ground floor, which also features a long wooden bar along one wall. It also features a basement that the family might use as part of the restaurant in the future.

Peter Ginopolis said, after decades of running restaurants with family members in metro Detroit, his family will be completely committed to the new Brighton restaurant. They are gearing up to move to Brighton from West Bloomfield, so it will be easier for them to stay hands-on running day-to-day operations.

Peter Ginopolis and his brother Johnny Ginopolis said goodbye to their longtime Farmington Hills restaurant, Ginopolis' Bar-B-Q Smokehouse in August, closing it down after nearly four decades.

The restaurant, which featured a dance floor, was named one of the Top 10 Hottest Singles Bars in America by Playboy magazine in 1983.

It attracted celebrities such as Frank Sinatra, Bob Hope, Liz Taylor, Muhammad Ali, Chuck Daly, Sparky Anderson and more.

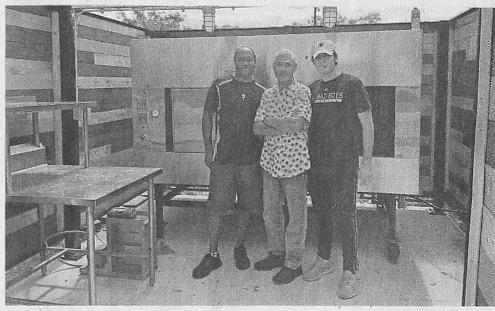


The Ginopolis family's Bar-BQ & Speakeasy, a new restaurant in downtown Brighton, was expected to open this week.



Peter Ginopolis, left, Muhammad Ali and Johnny Ginopolis pose for a photo at Ginopolis' restaurant in 1990. COURTESY OF JOHNNY GINOPOLIS

In 1967, the brothers and their father George Ginopolis purchased Capraro's restaurant in Redford Township. The brothers opened Ginopolis' Bar-B-Q Smokehouse in the former Oba's Bar.



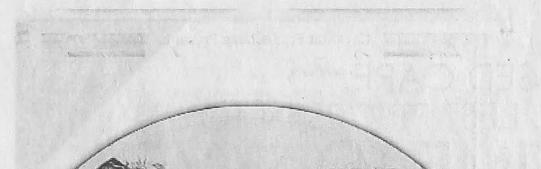
Chef Chad Humes, left, restaurateur Peter Ginopolis and his son, Nicholas Ginopolis, show off a large smoker installed on the patio of their new barbecue restaurant, Ginopolis' Bar-BQ & Speakeasy in downtown Brighton on Sept. 4. PHOTOS BY JENNIFER TIMAR/LIVINGSTON DAILY

The family also owned restaurants in Greektown in Detroit, Ann Arbor and Plymouth.

The Brighton restaurant will be the family's sole business endeavor, as all of

the other restaurants have since closed. "We've had an amazing response from the Brighton community and the community outside of Brighton," Melissa Ginopolis said.





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Male breast cancer survivor stresses importance of exams

Shelby Tankersley Hometownlife.com USA TODAY NETWORK – MICHIGAN

In February 2013, Delmer Anderson was taking a shower when he noticed something that looked like a blister on his chest.

He found out a few days later that it was breast cancer.

"I noticed a blister next to the nipple on my left breast and it was tremendously sore," the 85-year-old recalled. "I mentioned it to the primary care doctor and I thought I might be referred to a dermatologist or something. Instead, he took one look at it and he said, 'We're getting you to a surgeon right now.' "

Days later, he met with a surgeon and got a mammogram, the standard test for finding breast cancer, which women 40 or older are encouraged to get annually. By the end of the month, Anderson went under the knife to get the cancer removed.

"I was operated on on Feb. 28. They moved that quickly," he said.

It's far less common in than it is in women. But breast cancer can afflict men, too.

"It's important for men just to know that they can get breast cancer," said Doctor Amanda Kupstas, a breast surgeon with St. Mary Mercy Hospital in Livonia.

Kupstas said men account for less than 1 percent of breast cancer diagnosis nationwide. She said in 2016, 2,600 American men were diagnosed and 440 died of the cancer.

"It's fairly uncommon but still an important issue, I think, given that number of patients," Kupstas said.

Because men aren't regularly tested like women.are, they tend to present later. When Anderson, a White Lake resident, found out he had breast cancer, it had already progressed to the third stage.

"In men, they tend to present later with a palpable lump because they're not being screened," Kupstas said. "So they're being diagnosed later in the "Be on your guard. I wasn't looking out for it by any means. ... I wouldn't have even known about the breast cancer had that (blister) not been there." Delmer Anderson Breast cancer survivor

course of the cancer and they have worse outcomes because of that."

But once they're diagnosed, men and women have virtually the same treatment. After undergoing a mastectomy, Anderson took 18 chemo treatments, 25 radiation treatments and was on preventative medication for five years.

For men, a mastectomy is the best course of treatment. While women might seek an alternative for cosmetic reasons, Kupstas said men usually don't need to consider that.

"What it comes down to is just kind of cosmetic appearance," she said. "Long story short, our surgical treatment is pretty similar for men and women with the exception that men are more likely to have a mastectomy just because, cosmetically, that's the best for them."

What is different for men are the risk factors. Men with genetic mutations like a strong family history of breast or ovarian cancer are more likely to get breast cancer. Obesity, heavy alcohol use and increased estrogen levels can also be red flags for men.

"I think it's important to know if you're average risk or above average risk," Kupstas said. "So, knowing those risk factors are important. I think maintaining a healthy lifestyle in general just helps in terms of male breast cancer and every other health issue."

But, there are anomalies like Anderson.

See SURVIVOR, Page 5A



Delmer Anderson talks about his ordeal with breast cancer at Saint Joseph Mercy Oakland hospital in Pontiac on Oct. 18. JOHN HEIDER/HOMETOWNLIFE.COM

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Amanda Kupstas Guest columnist

October is Breast Cancer Awareness Month, a time for our community to celebrate, honor and support friends, family and neighbors who have survived breast cancer or are currently in the midst of their battle. This month is also a time for us to remember the strength and courage of those we have lost.

Since 1990, the medical community has seen a gradual decline in breast cancer death rates among women, largely due to better screening and early detection, increased awareness and new and improved treatment options.

While I am happy for the progress, more can and must be done. According to the American Cancer Society, this year alone an estimated 41,760 American women will die from breast cancer.

We can all agree that 41,760 women lost to this disease is far too many.

As a breast surgical oncologist on staff at St. Mary Mercy Livonia, I meet and treat patients recently diagnosed with breast cancer every day. I see firsthand the challenges they face and the difficulties experienced by their families. Theirs is a battle fought on multiple fronts: physically, emotionally, mentally, spiritually, financially – even logistically, in terms of transportation to appointments and how they find time to attend treatment.

The treatment of breast cancer is tailored to each individual patient, the characteristics of the cancer, and its stage or extent of spread when discovered. No longer is it the case, as it was 20 years ago, that physicians apply a one-size-fits-all treatment plan. Together, with a multidisciplinary team of doctors, I work with my patients to customize a plan for them, taking into account their own personal needs.

The multidisciplinary treatment of breast cancer involves three main approaches: the surgical removal of disease we can feel during an exam or see on imaging; radiation therapy with high-energy rays to clean up microscopic cancer cells; and systemic treatment such as chemotherapy or anti-estrogen therapy to decrease the chance of cancer recurrence.

The order in which these are received and details of the treatments are tailored to the patient's individual needs. As the medical community continues to develop and improve these approaches, patient outcomes continue to improve.

An added benefit for my patients is Saint Joseph Mercy Health System's participation in the Michigan Cancer Research Consortium, which provides access to more than 100 clinic trials that offer novel medications and treatment plans close to home, rather than having to travel to a large cancer center outside your community.

Though there are many exciting developments and discoveries being made in the treatment of breast cancer, the number one determinant for achieving a positive outcome following a diagnosis remains early detection.

According to national guidelines, every woman should begin getting annual mammograms at age 40. Women who have a family history of breast cancer may benefit from earlier, more frequent screening and a high-risk consultation.

Women and men should also begin performing self-breast exams once a month from age 20 onward, and if a lump or skin change on the breast is discovered, they should immediately schedule an exam with their primary care physician.

If you are reading this, you are already ahead of the game because you are aware. Now that you know, it's your responsibility to do something about it. Join the fight. Get online or pick up the phone today and schedule your annual mammogram.

Amanda Kupstas, MD, is a breast surgical oncologist on staff at St. Mary Mercy Livonia. She currently sees patients in her Brighton and Livonia offices. To make an appointment with a breast specialist, please call 734-712-1700. To make an appointment for a mammogram, please go to stmarymercy.org/ mammogram.



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Saint Joseph Mercy Oakland hospital in Pontiac, where Delmer Anderson, 85, was treated for breast cancer in 2013. PHOTOS BY JOHN HEIDER/HOMETOWNLIFE.COM

Survivor

Continued from Page 4A

He had no family history and has long been a frequent flyer at his local gym.

"Be on your guard," he said. "I wasn't looking out for it by any means. ... I wouldn't have even known about the breast cancer had that (blister) not been there."

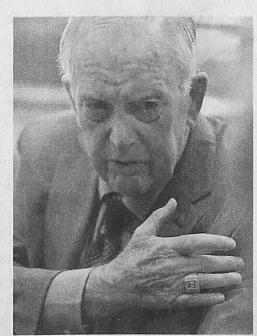
Kupstas said men and women should give themselves breast exams just to be sure.

"We tell patients to do a (self)-breast exam every month," she said. "Seeing any masses, nipple discharge, nipple inversion or any skin changes and then promptly letting their doctor know if they notice anything."

Anderson said he's lucky to have accidentally checked himself that day in 2013. He is celebrating being cancerfree again after having been diagnosed with throat cancer last year.

For him, it was just a sickness to get over and is something he can joke about.

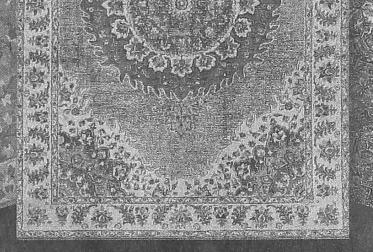
"My youngest son went in for his annual physical and the doctor wanted to know if anyone in the family had breast cancer. He said, 'Yeah, my dad,' and the



Anderson gestures to his left breast, where cancer was detected in 2013 during his annual physical exam.

doctor was just shocked," Anderson said.

Contact Shelby Tankersley at stankersle@hometownlife.com or 248-305-0448. Follow her on Twitter @shelby_tankk.



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Troopers: Elderly man's cell phone loaded with child porn

Susan Vela Hometownlife.com USA TODAY NETWORK - MICHIGAN

An elderly South Lyon man was arrested at his home Tuesday on six felony counts after Michigan state troopers said his cellphone was stocked with sexually-abusive child porn images.

Hal Jeffery Wiessbock, 70, is now residing at the Oakland County Jail, said Det. Trooper Jordan Enders of the Michigan State Police.

Bond for Wiessbock, a registered sex offender, is set at \$250,000. He has been arraigned.

The Michigan Internet Crimes Against Children Task Force, made up of representatives from various law enforcement agencies, received a tip earlier this year from the National Center for Missing and Exploited Children about Wiessbock's cyber activity.

Enders said troopers started their investigation in June and received a warrant to search Wiessbock's home. They confiscated his cellphone, where they said they discovered the pornographic images.

Wiessbock is charged with three counts of aggravated possession and three counts of using a computer to commit a crime.

According to the Michigan Public Sex Offender Registry, he was convicted of indecent solicitation of a child in Illinois in 2000.

A Chicago Tribune story said Wiessbock was 50 and living in Farmington Hills when he was accused of using the Internet to set up a rendezvous with people he thought were minors. He actually made the arrangements with an undercover sheriff's deputy posting as a 14-year-old.

Livonia Police say Sears employee stole more than **\$20K in big appliances**

Susan Vela Hometownlife.com **USA TODAY NETWORK - MICHIGAN**

A Sears employee allegedly managed to steal several big appliances from the Livonia store, leading to his recent arrest.

A Sears official reached out to Livonia police Oct. 16 because they suspected an employee, 29, of stealing more than \$20,000 worth of dishwashers, stoves, washers, dryers and other items.

According to the police report, employees received a tip from an anonymous caller and began investigating.

They reviewed security cameras

that showed the employee helping another man load merchandise into a vehicle.

They also looked at sales logs that didn't show an accompanying sale.

They conducted similar research for a term of several months and noticed big appliance thefts stretching back to July.

Police say the man confessed that his girlfriend was pregnant with twins and he needed the money to deal with financial difficulties.

Contact Susan Vela at svela@hometownlife.com or 248-303-8432. Follow her on Twitter @susanvela.

Wayne-Westland spent \$280K to remove superintendent

Shelby Tankersley Hometownlife.com **USA TODAY NETWORK - MICHIGAN**

While investigating, defending itself against and eventually reaching a settlement with former Wayne-Westland Community School District superintendent Shelley Holt, the district spent hundreds of thousands of dollars on legal fees.

And it will continue to pay even more money as the former administrative leader continues to collect a paycheck from the district.

Here's a breakdown of the bills and agreement, obtained settlement through Freedom of Information Act requests by Hometown Life, starting in July and ending this month. In all, it totals more than \$280,000.

The investigation

Following allegations from former staffers and the public that Holt was abusing her power as superintendent, the Wayne-Westland Board of Education voted to investigate the various

CookieThi

CHOCOLAT CHIP

claims made against their administrative leader in late June. The decision the district's part. Shortly after that filwas a close one with the approval passing, 4-3.

In a July 3 billing summary the district's attorney for the investigation, Lusk Albertson, charged the district at least \$3,443.50 in fees. Details in the billing statement describing the expenses in the billing summary is redacted.

Later, an Aug. 6 billing summary by the same law firm charged the district at least \$19,113.50 in fees pertaining to the investigation. Again, large portions of the details in the statement are redacted.

Throughout September and October, the district received bills of \$49 and \$33.89 pertaining to the investigation. In total, that's at least \$22,639.89.

The lawsuit

A few weeks after the school board voted to investigate its superintendent, Holt filed a \$2 million lawsuit against the district claiming defamation of character and retaliation against her on ing, a judge ordered the investigation stop until a decision was reached.

Lusk Albertson continued to represent the district in that case.

In an Aug. 6 billing summary, the district was billed at least \$9,497.20 regarding the lawsuit.

On Sept. 16, the district was billed at least \$18,070. About \$2,787.50 of the district's "general" legal fees that month were related to the lawsuit. In the Oct. 4 billing statement, \$539 of those general fees pertained to the investigation, as well.

All in all, that's at least \$30,230.70.

The agreement

On Oct. 1, Holt and school board President David Cox signed an agreement that included the lawsuit's end, the investigation's end and Holt's resignation.

In the agreement, the resignation is effective Dec. 31, 2020. Until that time, Holt will continue to receive pay and benefits while on administrative leave as interim superintendent Jill Simmons takes over. But, Holt is not to contact anyone from the district regarding school matters.

Holt's current salary was not immediately available, but a 2018 fine from the state regarding her certification to work in Michigan - it was dismissed before the school district paid it would set her base salary at about \$135,000. Using that figure, it would translate to about \$184,000 through the end of 2020.

The agreement also lines out that Holt cannot file any claim against the district. If that were to happen, Holt would have to reimburse the district any money she received because of the agreement.

To cover Holt's legal fees, the district also agreed to pay \$50,000 to her attorney. She will also not be held liable for actions made against the district during the lawsuit and investigation.

Both Holt and Cox were contacted for comment. Cox declined to comment, and Holt did not respond.



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Northville resident promoted to Brigadier General

Ed Wright Hometownlife.com USA TODAY NETWORK – MICHIGAN

Jeff Terrill's military side surfaced momentarily in a light-hearted kind of way a couple years ago while the longtime Northville resident was coaching his twin sons' recreation baseball team.

"I started barking at the players a little bit during a game," Terrill recounted, smiling. "One of the players, kind of looking at me out of the corner of his eye, said, 'What? Are you in the Army or something?"

Is he ever.

Last month, Terrill was promoted to the rank of Brigadier General in the U.S. Army, Michigan National Guard, during a ceremony at St. Kenneth Catholic Church in Plymouth Township.

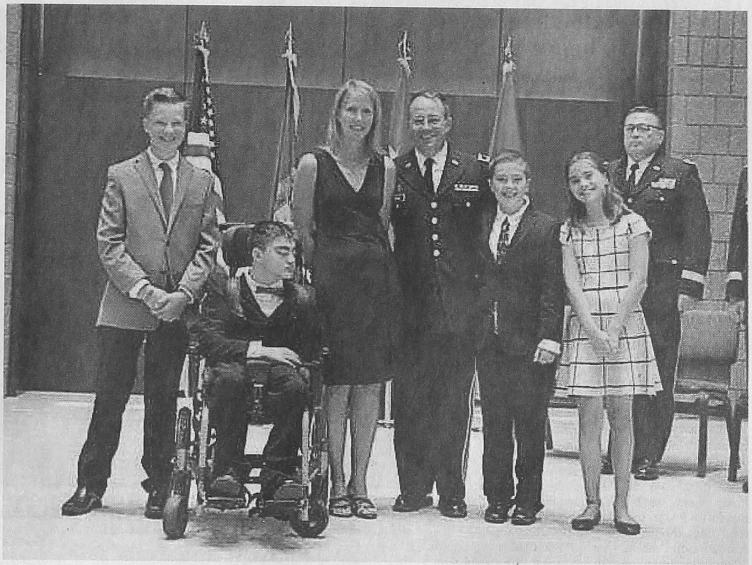
Although Terrill, a father of four and a graduate of Michigan State University, has never actively participated in overseas military exercises for the National Guard, he has served as a key planner and strategist for operations that were designed to ensure the safety of his homeland.

Among his responsibilities in the years leading up to his promotion to Brigadier General, Terrill oversaw Operation Northern Strike and Operation Northern Exposure, two training exercises that involve joint services, multinational partners and inter-governmental (state and federal) agencies.

Terrill's staff's primary focus is on Domestic Operations (DOMOPS) within the State of Michigan and the United States — a tall task that entails planning for and reacting to any man-made or natural disaster that requires state or federal response.

"The National Guard supports the State Police," Terrill said. "For instance, when the hurricane hit North Carolina, the National Guard was there to assist," Terrill said. "If we faced a worse-case scenario in Michigan, we could have 8,500 National Guard members mobilized in just a couple of days.

"I enjoy this responsibility because it has always allowed me to use my leadership skills and give back in a way I can't do in the for-profit world of banking. It's also given me a chance to travel to places I probably never would have seen if I wasn't a part of the National Guard."



Jeff Terrill stands with his family at his promotion: sons Nicholas, Michael and Charlie, daughter Natalie, and wife Becky. PHOTOS COURTESY OF JEFF TERRILL

The father of four excels at his fulltime job as a senior vice president at Southfield-based Citizens Bank.

"There have been times at work when my boss has asked me to put on my military hat, so to speak," Terrill quipped. "They've asked me to take my leadership and run with a project until it's mission accomplished.

Naturally, the Sept. 11, 2001, attacks on America had a profound impact on Terrill.

"I remember that day like it was yesterday," he said. "My wife and I — we didn't have any children yet at that time — were preparing to move from Orlando to Northville. I was working in Detroit and Becky was still in Florida. I remember how all the buildings in downtown Detroit — including the one I was working in — had to be evacuated because no one knew what was coming next.

"At that time, I had over half my service time completed for the National Guard and was contemplating getting out once my time was up. But after 9-11, I guess you could say I doubled down on my commitment."

Terrill said the official promotion ceremony was made special by the involvement of his family members, who played an active role in the process.

"The ceremony was spectacular," said Becky Terrill, wife of Michigan's newest Brigadier General. "It was an incredible honor to be there and witness the amazing praise that Major General (Paul) Rogers and (St. Kenneth) Father Tom Belczak gave to Jeff and our family.

"It was special with our children, Natalie and Nicholas, changing his rank on the epaulettes of his shirt, then myself and MG Rogers changing the rank on his uniform jacket, and our son Michael taking the Field Artillery pins off his uniform once he was in Brigadier General Rank.

"Our oldest son, Charlie, isn't able to do such tasks as he is in a wheelchair. He was still very much a part of the ceremony."

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> **Dennis Wright** Mayor of Livonia

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School lunch: Kids forced to gulp, pitch

Experts say extending period important for better nutrition

John Wisely Detroit Free Press USA TODAY NETWORK

When Angela Peters' two young sons return from school, they bound into her Commerce Township home to check the kitchen counter for fruit, plus the pantry and a garage fridge for snacks.

The boys are hungry, or as Peters puts it, hangry - a combination of hungry and angry.

"I would probably be able to eat all of my lunch if there was more time," said Dante, 7, a secondgrader at Keith Elementary School.

Dante and his younger brother, Gabriel, a kindergartner, qualify for free lunch at school. But after they walk to the lunch room, wash their hands and stand in the food line, there's barely enough time left in the 20-minute lunch period to eat their food. Much of it ends up in the trash.

Peters, 32, wants to get them more time - and she discovered she's not alone. Two weeks ago, she posted an online petition asking for a longer lunch period, and the petition garnered more than 2,600 signatures.

She ended up networking with parents and others across the country who want the same thing. Turns out, there's a national discussion about seat time, the actual amount of time a child gets to sit down and eat after receiving the food.

"This issue is even more important since updated nutrition standards began taking effect in 2012," the Centers for Disease Control and Prevention said in a research paper on the topic. "Today, students receive significantly larger portions of fruits and vegetables with each meal and more fessionals. "They need to have enough time to not only eat that but to be able to try those fruits and vegetables."

Pratt-Heavener said revised nutrition standards required schools to offer a wider variety of produce, including dark leafy greens and red/orange vegetables once a week.

"Schools really have tried to introduce students to items that they might not have encountered at home," she said. "But you've got to encourage kids to give those new foods to try, and they're certainly not going to eat those items right away if they're rushed through the lunch period."

Research shows that many of the school meals under the new standards are healthier than the typical packed lunch, Pratt-Heavner said.

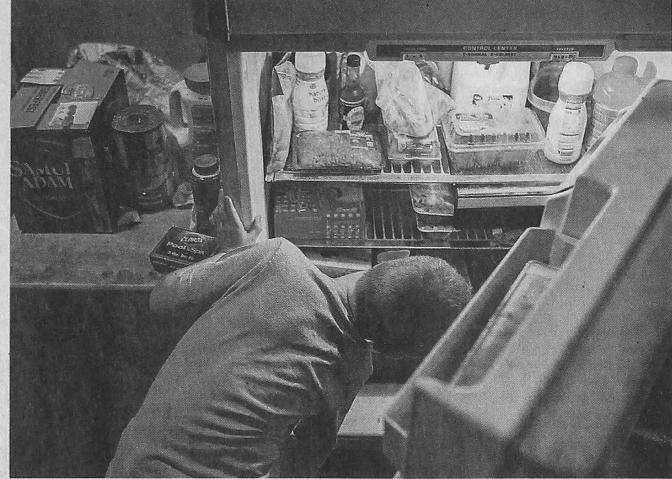
The CDC recommends at least 20 minutes of seat time to allow kids the chance to finish their meal, though it notes that less than half the school districts in the nation don't require that.

Widespread issue

When Peters launched her effort, she quickly learned that other parents near and far had been involved in the same struggle.

Kristina Blasko has two children enrolled in the neighboring Clarkston School District and she joined Peters' effort for the same reason; her kids' lunches go to waste and they come home hungry.

"I'm trying to help her get this going," Blasko said. "The hope is that once we get one school district to make a change then hopefully the other neighboring schools such as Clarkston would also prised by how far widespread this issue actually is. Blasko said the issue really hit home for her when she was visiting her child's school one winter to volunteer in the classroom. When lunchtime came, the kids all started putting on their winter coats and outdoor gear, which they wore through the lunch period. "They wear their snow gear in order to save time," she said. "So not only is it not enough time to sit and eat, but in the wintertime, they're wear-



Gabriel Peters, 5, of Commerce Township looks through the refrigerator for snacks after returning home from Keith Elementary School. Angela Peters says her children often come home wanting snacks because of the lack of time they have for lunch and recess. PHOTOS BY RYAN GARZA/DETROIT FREE PRESS



Angela Peters, 32, of Commerce Township talks with her sons Gabriel Peters, 5, and Dante Hilton, 7, left, after they arrive home from school Oct. 21.

follow suit. I'm so sur- ing some snow pants and nology in the checkout Ulrich said. But that af-

some future point.

Amanda Venezia is the director of dining for the school district in Londonderry, New Hampshire, about an hour north of Boston. She got connected with Peters through a colleague and has offered her support as well.

She said she and her peers in school lunch circles talk about the issue all the time.

"It's definitely a topic of conversation," she said. "Not only the time for the lunch, but as standardized testing is so prevalent, curriculum time is always a concern. They're always looking to increase curriculum time and unfortunately, sometimes that time is found with the cafeteria within the cafeteria time."

School schedules

Peters found out that what others have already learned, that changing a

of these produce choices are fresh, which take longer for students to consume."

Healthier eating

School nutrition experts say seat time is important to healthier eating

"Kids are kids, and typically they go for their favorite item first, usually the center-of-the-plate item," said Diane Pratt-Heavner, a spokeswoman for the School Nutrition Network, a nationwide group of school food prowhatnot in order to gain even more time. How uncomfortable is that to be sitting in snow gear eating your lunch?"

Amy Ulrich is a mother in Bellevue, Washington, a Seattle suburb, who saw Peters' petition online and contacted her to help.

Ulrich faced the same issue a few years ago with her own kids and banded together with other parents to try to extend the lunch period.

"They created a working group at the district level to do to try different things, try different tech-

lines," she said. "We ended up doing a staggered schedule for lunch where instead of bringing in two grades worth of kids at a time, they only brought in one.'

Those measures helped, but parents still wanted more time and the district was reluctant. Ulrich said.

"What led to the change in our district was that parents hired a lawyer and threatened a lawsuit," Ulrich said.

In 2017, the district extended the lunch period from 20 to 25 minutes,

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fected only the Bellevue schools. Some neighboring districts were working with a 15-minute lunch period, she said.

Ulrich used the Parent Teacher Association to help lobby for a new law in Washington on the topic. She didn't get one that extends the lunch period, but the state eventually passed one that allows for six districts to run pilot programs to experiment with different approaches, collect data on how they work and use that data to help create a new law at

schedule isn't school easy.

"The time allotted for elementary school children to eat their lunch involves the entire school day schedule," the Walled Lake Consolidated School District said in a statement, noting that the state requires 1,098 hours of instruction each vear.

Other factors to be considered include teacher union contracts, bus schedules and time needed for special classes like physical education, art and music.

Still, Peters' efforts have begun to pay off.

The school superintendent, Kenneth Gutman, at whom her petition is directed, called her this week and said he agreed with many of her concerns. She said he acknowledged the obstacles but agreed to work with her to make a change.

In Peters' kitchen after school this week, Dante gnawed on an apple before he and his brother decided they'd each like a banana. Peters relented and let them eat, even though she planned to start dinner in an hour.

She said she's committed to making a change and will continue to press for more seat time.

"I don't like to be told no," she said. "I'm a pretty stubborn person and for our children's sake ... I think with all the support of the parents and everything we will keep pushing.'



Obituaries

To place an ad, call 586-826-7171 or visit mideathnotices.com/place.php

Dorothy (Dottie) Brooks Darling

SUTTONS BAY - Dorothy (Dottie) Brooks Darling died October 8, 2019 at her Lee Point home on Grand Traverse Bay. She was the only child of Roger Eaton Brooks and Dorothy Barnard Brooks. She was born on March 7, 1921, in Washington, DC and was a seventh generation Washingtonian.



Dottie married the late Milton Alfred Darling, Jr. on September 26, 1942.

Dottie held a BS from the University of Michigan ('42) and a MS from Harvard University ('48). She was an Eagle Girl Scout, high school valedictorian, member of Gamma Phi Beta Sorority, President of the Women's City Club of Detroit, President of the Village Club of Bloomfield Hills, Distinguished University of Michigan Alumni Award recipient, Senior Warden of Christ Church Cranbrook and recipient of the St. Anne's Mead Diamond Award.

Dottie is survived by three children; Linda (David) Onheiber of Tualatin, OR, Brooks (Jane) Darling of Suttons Bay, MI and David (Leah Sirrine) of Traverse City, MI. Also surviving are five grandchildren Matthew, Katie, Ben, Mason and Clay; a great-granddaughter Siena; as well as three nieces and a nephew.

Dottie enjoyed her Bloomfield Hills and Suttons Bay residences, and was a world traveler. She was a devoted church, club, civic and university woman, and was a master bridge player.

A memorial service will be on Saturday, November 16 at 11:00am at Christ Church Cranbrook, 470 Church Road, Bloomfield Hills. There will be a reception immediately following.

Memorials may be directed to the Leelanau Conservancy and Christ Church Cranbrook.

Dottie and her family are in the care of the Reynolds-Jonkhoff Funeral Home, Traverse City. Info www.reynolds-jonkhoff.com

REYNOLDS JONKHOFF

Dorothy Denholm

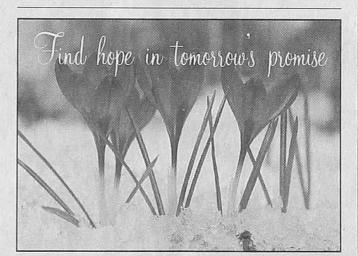
VENICE, FL - Dorothy Denholm passed away on October 18, 2019. She was 92. Dorothy 'Shega' Denholm was born in Barberton, OH, Dec. 19, 1926 to Frank and Helen Shega.

After attending St. Thomas School of Nursing and the University of Akron she became an

RN. She was also a longtime member of St. Owen Catholic Church in Bloomfield Hills, MI. Dorothy enjoyed traveling, sewing, playing golf and bridge. She also loved spending time with her family, especially her grandchildren. She retired from nursing at St. Joseph Mercy Hospital in Pontiac, MI.

Survivors include 3 sons, Robert E. (Eileen) Denholm, Gregg R. (Deidre) Denholm, and Dr. David K. Denholm; 2 daughters, Dianne E. Blunt and Denise Denholm; grandchildren, Kelly Emerick, Kevin and Kyle Denholm, Kara Bleignier, Amanda C. Blunt, and Meredith C. Gillam; and 11 great-grandchildren. Her brother Edward Shega (Nancy) and several nieces and nephews. She was predeceased by her husband Robert F. Denholm.

Mass was held on October 23rd, 11 AM, at Prince of Peace Catholic Church in Barberton, OH, followed by a Graveside burial at Holy Cross Cemetery, 100 E. Waterloo Rd, Akron, OH 44319. To share a memory of Dorothy or to leave the family a special condolence please visit: www. farleyfuneralhome.com.





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~Natalie Standiford

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USA TODAY SPOR



Stevenson volleyball captures division

Andrew Vailliencourt Hometownlife.com USA TODAY NETWORK - MICHIGAN

For the first time in eight years, the Livonia Stevenson volleyball team defeated Livonia Churchill to win the city championship.

The Spartans won in five sets: 26-24, 17-25, 22-25, 25-23 and 15-13. To make the victory even sweeter, it clinched an undefeated division record (7-0) and KLAA East Division title.

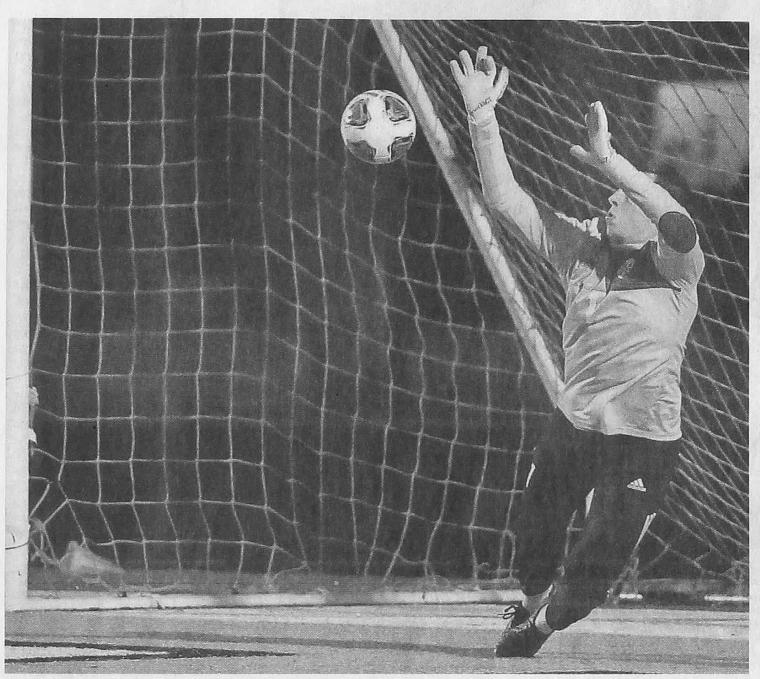
Koryn Parmenter lead the team in kills with 18, blocks with eight and digs with 22.

Sedona Coon was next in kills with 12 and Emma Prowse led the team with 26 assists. Stevenson and Churchill (6-1 in division) both qualify for the KLAA gold tournament, made up of the top four teams in each division. Those eight teams are: Stevenson, Churchill, Belleville, Franklin, Novi, Brighton, North-

ville and Canton. Novi won the KLAA West Division.

The other eight teams will play in the silver tournament. State playoffs begin in early November.

Contact Andrew Vailliencourt at availlienc@hometownlife.com or 810-923-0659. Twitter: @AndrewVcourt.



Detroit Catholic Central net-minder John Browning makes a diving punch to save a shot Tuesday night against Clarkston. JOHN HEIDER/HOMETOWNLIFE.COM

Groves upends Seaholm with strong second half

Ed Wright Hometownlife.com USA TODAY NETWORK - MICHIGAN

Propelled by success on two pivotal fourth-down plays — one on each side of the line of scrimmage - Birmingham Groves knocked off host Birmingham Seaholm, 35-14, Friday night to improve to 7-1.

Seaholm, 5-3, will need a Week 9 victory over Auburn Hills Avondale to punch a guaranteed post-season ticket.

With the Falcons trailing 14-7 and 38 seconds left in the first half, Groves senior quarterback Markis Alexander eluded pressure from both edges and connected with senior Eli Turner on a 22-yard fourth-and-goal touchdown pass.

"In games like this, you have to take chances ... take a few risks," said Groves coach Brendan Flaherty.

Following back-to-back Seaholm offside penalties on the extra point, Groves senior running back Ralph Donaldson punched in the two-point conversion from one foot out to give his team a 15-14 lead at the half.

The winners' second game-changing fourth-down success unfolded with 40 seconds left in the third quarter. Clinging to a 21-14 lead, Groves defense stuffed Maples quarterback James DeWald one yard short of the marker on a fourth-and-4 play near midfield. "When 33 is under center, after watching film we knew they're probably going to run a mid-line quarterback keeper," said Groves senior safety Kaleb Coleman. "He's a big boy and he gave us some trouble in the first half, but we did a good job of filling the whole on that play.' On the next play, Alexander and Kyle Coleman hooked up on a 56-yard touchdown pass to extend the visitors' lead to 28-14. Groves tacked on its final score in the game's final seconds when Colby Taylor found paydirt at the end of a 10yard burst. Alexander was magnificent, completing 20 of 26 passes for 276 yards and two touchdowns. Led by Clayton Fox's six catches for 90 yards, eight different players caught Alexander aerials. After getting stymied throughout the first half, Donaldson ran like Wreck It Ralph in the second half, finishing with 104 yards on nine hauls.

CC soccer beats Clarkston, advances to regional final

Andrew Vailliencourt

Hometownlife.com **USA TODAY NETWORK - MICHIGAN**

Clarkston struck first, but Detroit Catholic Central struck last in the regional semifinal between the two teams Tuesday night, sending the Shamrocks to the next round.

The two squads, which played to a tie

during the regular season, traded early game goals before CC settled down and secured a 2-1 victory at West Bloomfield High School.

The Shamrocks advance to the regional finals, where they will play crosstown foe Novi, the KLAA champions. CC improves to 9-9-4, while Clarkston's season ends at 13-4-2.

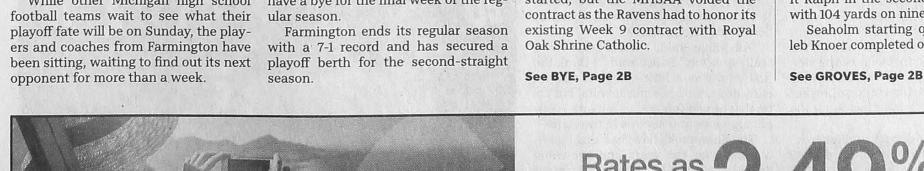
"It was a good effort by the guys in See SOCCER, Page 2B

general," Catholic Central coach Gene Pulice said. "We had a game-plan and executed it early. We got a little sloppy later. (Clarkston coach) Ian (Jones) does a fabulous job with these guys, they're hard to play with."

The first half is where all the scoring took place.

Seaholm starting quarterback Caleb Knoer completed one of six passes

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Farmington football has Week 9 bye

Colin Gay Hometownlife.com USA TODAY NETWORK - MICHIGAN

While other Michigan high school

After their 13-9 loss Oct. 18 to North Farmington, the Falcons failed to schedule an opponent for Week 9, and will have a bye for the final week of the reg-

The Falcons initially signed to play against Detroit Old Redford in a Week 9 matchup before the season started, but the MHSAA voided the

Plymouth swim team honors seniors, beats Salem

Andrew Vailliencourt Hometownlife.com USA TODAY NETWORK - MICHIGAN

The Plymouth swimming and diving team honored its seniors last week at its final home meet of the year against Salem

The Wildcats defeated the Rocks 123-63. Seniors on the team include: Liz Breda, Regan Peregord, Shelby Marocco, Delaney Shafer-Smith, Alicia Montagano, Olivia Angell, Letizia Calvi and Monya Prinsloo.

The team will head to the conference meet and state meet with high hopes in the coming weeks.

Here are some other highlights from the season:

Brady Kendall earned All American honors in the 50 freestyle last year as a freshman. This season she has broken pool records at Belleville and Howell High Schools.

95-91 win against park rival Canton High School on Sept. 26

Wayne County: 3rd place finish overall; 19 individual qualifiers

MISCA: Kendall finished 3rd in the 200 Free (1:53.48, State cut) and won the 100 fly (55.39, state cut), Peregord finished 10th in the 50 Free (24.63, state cut), Ella Hornbacher finished 7th in the 500 Free (5:14.00, state cut), Liz Breda finished 8th in the 100 back (59.73, state cut), the 200 Free Relay team of Peregord, Hornbacher, Ella Pierzecki and Kendall finished in 4th (1:39.46, state cut) and the 400 free relay (same athletes) also finished 4th (3:39.56, state cut)

Current State Qualifiers: INDIVID-UAL: Brady Kendall (200 Freestyle, 200 Individual Medley, 50 Freestyle, 100 Butterfly, 100 Freestyle, 100 Backstroke), Regan Peregord (50 Freestyle), Liz Breda (100 Backstroke), Ella Hornbacher (500 Freestyle); TEAM: 200 Medley Relay, 200 Freestyle Relay, 400 Freestyle Relay

Varsity Line-Up: Seniors: Liz Breda (C), Regan Peregord (C), Shelby Marocco (C) (diving), Delaney-Shafer Smith (diving), Letizia Calvi; Juniors: Abby McCall (diving), Lily Orris, Alyssa Yang; Sophomores: Brady Kendall, Bre Beringer, Ella Pierzecki, Ava Gullitti; Freshmen: Ella Hornbacher, Jackie Stoddard, Lainey Weissman.

Contact Andrew Vailliencourt at availlienc@hometownlife.com or 810-923-0659. Follow him on Twitter @AndrewVcourt. Send game results and stats to Liv-Sports@hometownlife.com.

Groves running back Ralph Donaldson had a big second half in last Friday's 35-14 victory over Seaholm. TOM BEAUDOIN/SPECIAL TO HOMETOWNLIFE.COM

Bye

Continued from Page 1B

Farmington head coach Kory Cioroch said that once the deal with Detroit Old Redford fell through, he and his coaching staff were looking forward to the Week 9 bye.

"I think we are OK with it," Cioroch said. "We are a little beat up, we're going into the playoffs. It gives us some time to gather ourselves and slow down, focus on a handful of things."

Cioroch said the Falcons were in talks with Harper Woods Chandler Park for a potential Week 9 game, but nothing was confirmed as he was more interested in hosting another game, which would have been only the Falcons' third of the season.

Harper Woods Chandler Park did not respond to a request for comment.

Farmington had its Sept. 27 homecoming game against Pontiac canceled after a shooting near Pontiac High School closed that school on the Friday of the matchup.

Earning a forfeit win against the Phoenix in Week 5, Farmington will enter the playoffs having played seven of nine potential games on its schedule during the 2019 season.

Since the year 2000, seven teams from the OAA, the KLAA, the LVC and the Catholic League have had an open week, not playing a full slate of games in a particular season.

Lakeland and Orchard Lake St. Mary's each had an open week in Week 8 of the 2017 season.

Instead of preparing for a particular opponent, Cioroch said he and the coaching staff have been looking at the projections made by snooze2you.com, looking to see who the Falcons might see in the first round of the playoffs.

One of the teams the Falcons are preparing for is a familiar one: North

Groves

Groves countered quickly, knotting at me and started smiling, nodding his the score at 7-7 on its first drive, a seven- head," said Drake. "I knew right then it

Continued from Page 1B

for 38 yards.

The Maples' pound-it-out ground game was led by Chaz Strecker (11 carries, 47 yards) and DeWald (seven carries, 41 yards)

Playing before a jacked-up "Senior Night" crowd, the Maples grabbed a 7-0 lead on their first possession, thanks in large part to a 61-yard return by Strecker on the opening kickoff.

DeWald capped the 10-play, 36-yard drive with a 1-yard plunge. Justin Klotz tacked on his first of two extra points to make it 7-0.

play, 87-yard masterpiece that concluded with a 58-yard Alexander-to-Fox bomb.

Seaholm surged ahead, 14-7, 7:02 before halftime when DeWald put the exclamation point on an efficient 85-yard possession when he rammed in from the 3.

The key play on the drive was a 38yard pass play from Knoer to Will McBride.

Groves' unsung hero was senior center William Drake (listed at 5-foot-8, 165 pounds), who was flawless on shotgun snaps while holding his own against his much-larger defensive counterparts.

"On the first drive, their No. 66 looked

was going to be a good night. He probably had 50, 60 pounds on me, but it's all about staying low and driving your feet."

The biggest hit of the night - undoubtedly heard as far as Telegraph Road - was delivered by Kaleb Coleman, who slammed McBride to the turf with a textbook tackle on a short kickoff early in the fourth quarter.

"Big hits like that provide momentum for the whole team," said Kaleb Coleman. "They get everybody hyped up, even the young sophomores we had up for tonight's game."

Contact Ed Wright at eawright@ hometownlife.com or 517-375-1113.

Farmington.

Cioroch said the emotions are still fresh in his locker room from Farmington's 4-point loss to its city rival. However, he thinks, learning from the mistakes he saw on film, the Falcons could have won that game.

In other words, Farmington wants another chance.

"We want another shot," Cioroch said. "We didn't like losing that game, and we want another shot."

Contact Colin Gay at cgay@hometownlife.com or 248-330-6710. Follow him on Twitter @ColinGay17. Send game results and stats to Liv-Sports@hometownlife.com.

Soccer

Continued from Page 1B

Clarkston got it started less than five minutes into the game. Freshman Richie Ludwig took a corner kick and after the ball bounced around in the box, senior Owen Dollins fired it past CC junior goalkeeper John Browning.

The Shamrocks responded four minutes later. Lining up for a free kick about 20 yards out, sophomore Vincent Stockton sent a rocket in towards the net. Clarkston junior goalie Brendan Willis got his hands on it, but couldn't prevent the ball from rolling into the net for the goal.

Play went on with back and forth action until there was four minutes and 30 seconds left to play in the half and CC delivered the game-winning goal. Junior Jack Leuker sent in a cross towards the front of the goal where senior Nick Johnson was there to finish. The Shamrocks took that momentum into the break.

"We have confidence, we have experience," Pulice said. "Our leadership is really where our experience comes from. They keep the underclassmen grounded.'

The teams played through a 15-minute power outage early in the second half, as the stadium lights shut off inexplicably. Play resumed quickly after the lights were restored.

Clarkston continued to put pressure on the CC defense, but the back line and Browning made play after play to keep the Wolves limited to just one score. Jones expressed his disappointment after the game, saying it was a shame his team wasn't able to score an equalizer despite its strong attack.

"All things said, I think John did a really nice job," Pulice said. "I think the first goal was a little rough, it was an early start, kind of shocked him, but after that he was fabulous. He made a couple big saves and kept us in the game."

The Shamrocks have had great goaltending over the years and Browning said he learned a lot from the guys that came before him. His biggest save came with about 10 minutes left on a shot by Clarkston's Lochlan Gray.

"I just believed in my team and my coaches," Browning said. "I knew we could execute the game-plan."

Contact Andrew Vailliencourt at availlienc@hometownlife.com or 810-923-0659. Follow him on Twitter @AndrewVcourt. Send game results and stats to Liv-Sports@hometownlife.com.



Detroit Catholic Central's Nicholas Johnson, left, high-fives teammate Chad Ewing after Johnson scored the game-deciding second goal for the Shamrocks. JOHN HEIDER/HOMETOWNLIFE.COM

HS football playoff projections through Week 8

Andrew Vailliencourt Hometownlife.com USA TODAY NETWORK - MICHIGAN

One week remains in the 2019 regular season, which means we know a lot more about what the high school football playoff field will look like.

Plenty of Hometown Life-area teams will be in the playoffs scattered around the eight divisions, with a majority in either division one or two.

The website snooze2you.com has put together a full projection of what the Michigan high school football playoff field would look like if the season ended after week six. The site calls its projections "Mapetology." You can follow the site on Twitter at @Snooze2you.

Starting next year, the MHSAA will use a new point system to determine the playoffs, but the 2019 season will be the last one with the current format.

Here's a look at what area teams are in this week's projected bracket.

Regions/districts without area teams will be left out for the time being. Higher seeded teams would be at home. Total points listed after record (this is what determines which 5-4 teams make it).

Division 1

Region 2

District 1

1- West Bloomfield (7-1) 99.75 vs. 4- Waterford Mott (5-3) 59.12

2- Lakeland (6-2) 79.50 vs. 3- Detroit Catholic Central (4-4) 65.87

Region 4

District 1

1- Brownstown Woodhaven (8-0) 108.00 vs. 4- Saline (7-1) 89.87

2- Belleville (8-0) 105.00 vs. 3- Plymouth (8-0) 103.00

Division 2

Region 2

District 2

1- Walled Lake Western (7-1) 98.75 vs. 4- Dexter (7-1) 85.87

2- Fenton (7-1) 94.75 vs. 3- South Lyon (7-1) 92.75 **Region 3**

District 1

- 1- Brother Rice (5-3) 74.89 vs. 4- Sterling Heights (5-3) 61.12
- 2-Warren De La Salle (5-3) 72.92 vs. 3-Birmingham Seaholm (5-3) 65.12
 - **Region 4**
- District 1
- 1- North Farmington (8-0) 102.00 vs. 4- Farmington (7-1) 87.87
- 2- Birmingham Groves (7-1) 98.75 vs. 3- Oak Park (7-1) 94.75
 - **Region 4**

1- Detroit Martin Luther King (6-2) 83.25 vs. 4- Wv-

2- Livonia Franklin (6-2) 77.62 vs. 3- Temperance Bedford (6-2) 77.12

Division 3

Region 3

District1

1- Orchard Lake St. Mary's (7-1) 100.93 vs. 4- Flint Kearsley (6-2) 76.50

2- Redford Thurston (7-1) 81.75 vs. 3- Ortonville Brandon (7-1) 79.62

Region 4

District 1

1- Chelsea (8-0) 104.00 vs. 4- Dearborn Divine Child (4-4) 52.05

2- Pinckney (6-2) 69.62 vs. 3- Garden City (5-3) 57.87

Division 4

Region 3

District 2

1- Detroit Country Day (8-0) 94.42 vs. 4- Cranbrook-Kingswood (5-3) 58.16

- 2- Pontiac Notre Dame Prep (7-1) 85.15 vs. 3- Goodrich (6-2) 68.37
 - **Region 4**

District 1

- 1- Milan (8-0) 93.00 vs. 4- Livonia Clarenceville (5-3) 39.87
- 2- Williamston (5-3) 58.00 vs. 3- Marshall (4-4) 46.87

Region 4

- District 2
- 1- Romulus Summit Academy (6-2) 68.50 vs. 4-Harper Woods Chandler Park (4-4) 47.87
- 2- Redford Union (5-3) 60.00 vs. 3- Carleton Airport (5-3) 55.25



The Marian girls golf team celebrates its Division 3 state title win. SUBMITTED

South Lyon **East continues October success**

Colin Gay Hometownlife.com **USA TODAY NETWORK - MICHIGAN**

The South Lyon East swim and dive team continued its success into the month of October, earning wins against Pinckney and Walled Lake Central.

The Cougars improve their record in LVC play to 5-1, moving their overall record to 7-2.

In the meet against Pinckney, senior swimmer Lindsay Boals qualified for state in the 100 back, while sophomore Maia King recorded her six dive personal best with a 124.8.

"The meet was a good chance to get a lot of girls an opportunity to swim events they normally do not swim," South Lyon East head swim coach John Burch said. "I thought that many girls had great performances."

In South Lyon East's 128-55 win against Walled Lake Central, sophomore Kate Benjamin earned her fourth win, qualifying for regionals along with Sophia Ohland and Alyssa Mayer.

"The underclassmen are really coming along," South Lyon East head dive coach Kevin Ferguson said. "Maia King and Kate Benjamin are really pushing hard to learn new dives and it is paying off." Contact Colin Gay at cgay@hometownlife.com or 248-330-6710. Follow him on Twitter @ColinGay17. Send game results and stats to Liv-Sports@hometownlife.com.

District 2 andotte Roosevelt (6-2) 74.50

Marian girls gol wins 1st state title

Colin Gay Hometownlife.com USA TODAY NETWORK - MICHIGAN

Leon Braisted III and Cathie Fritz knew what it took to build a state title-winning golf program. The pair coached at Birmingham Seaholm together, bringing in five state titles to the girls golf programs, along with five runner-up placements.

When Braisted left Seaholm four years ago, taking the girls golf coaching job at Marian and the boys golf coaching job at Brother Rice, he knew he wanted Fritz. by his side, bringing the same ideas and feelings that brought the Maples success to the Mustangs.

Four years later, Marian hoisted the first girls golf D3 state title in school history, defeating defending champion Flint Powers by 11 strokes for the championship win.

Marian junior Shannon Kennedy recorded her second individual state title, shooting a 143 in the two rounds of the D3 state championship to come out as the victor.

Braisted said he would be awarding the junior the excellence award at the team's end-of-season banquet, showing her ability to lead as an example on and off the course.

"She puts the team first and then herself," Braisted said. "She knows she is good and everything. She is very humble, humble as they come."

Diamonds in the rough

Each season, Braisted said he feels each of his teams have a state title chance.

However, the reigning National Golf Coach of the Year by both the National High School Athletic Coaches Association and the National Federation of State High School Associations does it in a different way: he institutes a no-cut policy.

Both Braisted and Fritz were adamant about the importance of team, no matter the quality of player, and how it can affect a student in the future.

Fritz said it gives them a unique opportunity for depth, saying she has seen students who have gone out onto the golf course for the first time and "realize quickly that they have some talent."

"In having a big team, you definitely find some diamonds in the rough," Fritz said.

Coming into the 2019 season Frtiz said she knew the team was going to be strong, but that the stars would have to align for Marian to field a state championship-winning team.

Braisted, on the other hand, approaches each season like his teams are title contenders.

"I still have the burning passion to win," Braisted said. "It's not about winning, but I know every year, I can win."

Captains lead the way

When he first took the job at Marian four years ago, Braisted was familiar with many of the golfers on the roster, watching them at local country clubs and competitions his Seaholm teams competed in.

His main goal was to get them to gel together, to get them to be more of a team in his first years with the Mustangs.

In their state championship season, the Marian head coach said his three captains - Maura Mustion, Marlo Hudson and Lauren Sass - set the tone for the team's culture.

"They stand out because they knew what we were asking for," Braisted said. "It was not about an ego trip or anything, but here is what we are looking for and here is how we want it done."

Crediting Sass with her leadership, Braisted said Mustion did everything she could to "propel us to a state title."

Hudson served not only as a captain, but as the No. 2 on the Marian golf team. Her head coach was fond of her ability to lead by example, saying she makes people notice by her play on the golf course.

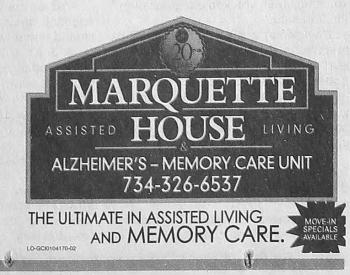
With Hudson winning a state title as a senior, Fritz said Marian will have a big hole to fill if the Mustangs want to repeat as state champions in 2020

"Next year, we are going to need someone to step up and play No. 2, but also step up from a leadership perspective in order to have a state run," Fritz said.

Contact Colin Gay at cgay@hometownlife.com or 248-330-6710. Twitter: @ColinGay17. Send game results and stats to Liv-Sports@hometownlife.com.



South Lyon East divers Sophia Ohland, Kate Benjamin, Alyssa Mayer, Maia King celebrate after a meet win. SUBMITTED



Fifer gives Stevenson momentum to win

Colin Gay Hometownlife.com USA TODAY NETWORK – MICHIGAN

Livonia Stevenson goalkeeper Eric Fifer has been named at Hometown Life's prep athlete of the week (for the week of voting that started on Oct. 14) after receiving 12,645 votes.

In Stevenson's first round of district play of the MHSAA tournament, Fifer punched a shot attempt by North Farmington up and over the goal, giving the Spartans enough momentum to beat the Raiders, 2-0.

Fifer won, recording 56.62 percent of the 22,332 votes that were cast. Novi soccer player Shion Soga finished in second place with 6,311 votes (28.26 percent), while Livonia Franklin defensive back Dom Ufferman finished with 3,100 votes (13.88 percent) in third place.

North Farmington running back Myles Gresham and Northville tennis player Matthew Freeman finished in fourth and fifth place, respectively.

We caught up with Fifer after Stevenson's season ended to learn more about him, and his expectations for the Spartans next year.

HTL: How do you feel Livonia Stevenson performed this season? What is the team's potential moving forward?

Fifer: "I feel like Livonia Stevenson



Stevenson goalkeeper Eric Fifer makes a save against North Farmington. TOM BEAUDOIN/SPECIAL TO HOMETOWNLIFE.COM

Soccer performed respectable this season. We've dealt with many long-term injuries this year, but every time each player went on the pitch they played with passion. I see great potential for our team moving forward in the upcoming years to go far in the playoffs." HTL: What are your personal and team goals for the future?

Fifer: "My personal goals in the future are to play D1 college soccer and receive a good scholarship. Our team goals for the future are to be the KLAA champions and make a good run in the high school playoff matches."

HTL: Who is your favorite athlete to watch or who you model your play after and why?

Fifer: "My favorite athlete to watch is Alisson Becker because he has a very high soccer IQ and makes saves that are hard to save look very easy."

HTL: What is your favorite TV show or movie and why?

Fifer: "My favorite TV show is the English Premier League Match of the Day because it highlights key components of the game, such as goals, saves and missed chances."

HTL: What are your favorite hobbies outside of soccer and why?

Fifer: "My favorite hobbies outside of soccer include running, hanging out with friends and golf because it clears my mind from soccer and gets me prepared for the next game, instead of worrying about the others."

HTL: What are your plans after high school? Do you want to play soccer at the collegiate level?

Fifer: "My plans after high school is to play D1 soccer in college."

Contact Colin Gay at cgay@hometownlife.com or 248-330-6710. Twitter: @ColinGay17. Send game results and stats to Liv-Sports@hometownlife.com.

South Lyon girls swim, dive team remains undefeated

The South Lyon girls swim and dive team continued its unbeaten record last week in a dual meet against Walled Lake Western Thursday night, winning 116-70.

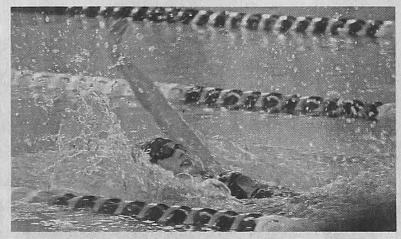
Emerson Ramey and freshman Emma Cusumano were the top scorers of the night with Ramey taking first-place finishes in the 500 Free and 200 Free.

Cusumano took first in the 50 Free and 100 Backstroke, making her first individual state cut in the backstroke event.

"This meet was a good opportunity for our girls to swim some events they don't usually compete in," South Lyon head coach Bob Crosby said. "It was also exciting to add another individual state qualifier, with Emma making her first cut in the 100 Back."

South Lyon also had a fine night of diving led by Molly Younkin and McKenzie Valencia, but unfortunately came up short against a strong Walled Lake Western team.

The Lions move to 7-0 on the season. Send game results and stats to Liv-Sports@hometownlife.com.



South Lyon swimmer Emma Cusumano made her state qualifying time in the 100 Backstroke. SUBMITTED

Novi boys advance to regional soccer final

Colin Gay Hometownlife.com

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THE FINEST PROFESSORS IN THE COUNTRY ARE NOW TEACHING IN YOUR LIVING ROOM

USA TODAY NETWORK – MICHIGAN

Defense has seemingly been the priority for both Novi and Grand Blanc in the MHSAA boys soccer tournament.

Both the Wildcats and the Bobcats had only allowed one goal each in three district wins, outscoring their opponents 11-1 and 15-1, respectively.

In the D1 regional semifinal, Novi's (18-1-2) consistency on the defensive end continued, earning its 10th shutout of the year with a 2-0 win against Grand Blanc (15-4-4) on Tuesday.

The Wildcats head to the regional final for the first time since 2016, and was expected to face Detroit Catholic Central on Oct. 26.

After a scoreless first half, Novi senior Blair Mayes ended the draw with 27:53 to go in the game, tapping the ball in to the right side of the goal for the first score of the game off a cross by senior Kevin Kapllaj.

"I just knew that Kevin was going to do a good job of going down the line, beating the defenders," Mayes said. "I always happen to be there on the tap in."

For the majority of the second half, Novi head coach Todd Pheiffer said that the plan was to use the offense as "its best defense," keeping possession of the ball and keeping it away from the Grand Blanc defenders to create momentum.

As the match continued, Pheiffer said Novi excelled with this approach.

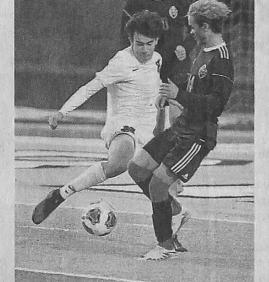
"I was really impressed of the way we stuck together, stuck to our game plan," Pheiffer said.

Novi junior goalkeepers Issac Gibbs and freshman Ryan Zotkovich did their part in the back as well, keeping the Bobcats off the scoreboard.

The Wildcats have allowed only 12 goals in 22 games this season, recording shutouts in three of the four playoff games they have played.

Zotkovich said that both goalkeepers feel a lot of pressure in the back. He said that he knows how important one goal can be.

"It changes the game," Zotkovich said. "One goal can change a game, so



The Wildcats have allowed only 12 goals in 22 games this season, recording shutouts in three of the four playoff games they have played. JOHN HEIDER/HOMETOWNLIFE.COM

we just try and keep a clean sheet every game, so we can turn it into offense and win every game."

Novi senior James Ashworth secured the win and the regional final bid with 13 minutes to go in the game, tapping the ball off a pass from junior Shion Soga for the Wildcats' second goal of the game.

In his final season, Ashworth said expectations surrounding Novi were extremely high.

And, as the Wildcats move on to the regional finals, he said expectations should remain raised.

"I don't think those expectations have dipped at all, and I understand that," Ashworth said. "If we don't win state, that's a let down season because we have everything we need."

Novi will take on Detroit Catholic Central at noon Saturday at West Bloomfield High School.

Contact Colin Gay at cgay@hometownlife.com or 248-330-6710. Follow him on Twitter @ColinGay17. Send game results and stats to Liv-Sports@hometownlife.com.



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Notice is hereby given that the City of Plymouth, Michigan will accept sealed bids/proposals up until 10:00 a.m., Thursday, Nov. 7, 2019. The bid opening will be at 10:00 a.m., Thursday, Nov. 7, 2019 for the following:

Request for Proposal

Recover / Replacement of Fabric (Waterproof Membrane)

Plymouth Cultural Center Awning

Plymouth Cultural Center - 525 Farmer St., Plymouth MI, 48170

Specifications and bid documents are available at the city hall during normal business hours. You may also download a copy of the documentation from the City's web site at: http://www. ci.plymouth.mi.us/bid

The City of Plymouth reserves the right to accept or reject any or all bids, in whole or in part, and to waive any irregularities.

Maureen Brodie, CMC City Clerk City of Plymouth

Publish: October 27, 2019



CITY OF PLYMOUTH, MICHIGAN NOTICE OF ELECTION TO BE HELD ON **TUESDAY, NOVEMBER 5, 2019**

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TO THE QUALIFIED ELECTORS OF THE CITY OF PLYMOUTH:

NOTICE IS HEREBY GIVEN THAT A GENERAL ELECTION WILL BE HELD IN THE CITY OF PLYMOUTH ON TUESDAY, NOVEMBER 5, 2019. THE POLLS WILL BE OPEN FROM 7:00 A.M. TO 8:00 P.M.

AT THE FOLLOWING POLLING LOCATION:

ALL PRECINCTS [1, 2, 3 & 4] PLYMOUTH CULTURAL CENTER, 525 FARMER ST.

PLEASE TAKE NOTICE that qualified electors of the City of Plymouth will be voting on the following:

CITY COMMISSIONER - (Four Positions to be vacated November 2019)

BOND PROPOSAL AS PRESENTED AND LISTED BELOW:

Street Improvements Bond Proposal

Shall the City of Plymouth, County of Wayne, Michigan, borrow the principal sum of not to exceed Twelve Million Two Hundred Eighty Thousand Dollars (\$12,280,000), and issue its unlimited tax general obligation bonds, in one or more series, payable in not to exceed ten (10) years from the date of issue of each series, to pay the cost of acquiring and constructing street improvements throughout the City, consisting of paving, repaving, resurfacing, reconstructing and improving streets, including curb, gutter, sidewalk, drainage, streetscape, traffic signalization, crosswalk and related improvements? If approved, the estimated millage to be levied in 2020 is 1.2721 mills (\$1.27 per \$1,000 of taxable value) and the estimated simple average annual millage rate required to retire the bonds is 2.1250 mills (\$2.13 per \$1,000 of taxable value).

YES NO 🗆

Sample ballots with the above full text of the ballot proposal may be obtained at the City of Plymouth Clerk's Office, 201 S. Main St., Plymouth, MI 48170 and may also be viewed at mi.gov/vote.

Absentee ballots are available for all elections; registered voters may contact the local clerk to obtain an application for an absent voter ballot. The Clerk's office will also be open the Saturday prior to the election, November 2, 2019, from 8:00 a.m. to 4:30 p.m. to issue and receive absentee ballots.

To comply with the Help America Vote Act (HAVA), voting instructions will be available in audio format and in Braille. Arrangements for obtaining the instructions in these alternative formats can be made by contacting the City Clerk's office in advance of the election. All polling locations are accessible for voters with disabilities.

All qualified electors who are registered with the City of Plymouth are eligible to vote at this election.

Any questions should be directed to the City Clerk's office at 734-453-1234, ext. 234, 225 or 289

Maureen A. Brodie, City Clerk City of Plymouth

Publish Observer Newspaper: October 27, 2019



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How to stay sane and healthy while on the job hunt

Eric Titner thejobnetwork.com

Those of us who have been in the work world for a while know all about the challenges of life on the job hunt. It can be an anxious and stress-fueled time in which you're constantly riding an emotional rollercoaster of heightened anticipation and disappointment, driven by constant effort, often with no immediate payoff and with no certain end in sight - no one's idea of a fun time.

To make matters even less fun, the work world continues to get more competitive and the rules for navigating the modern job hunt becomes more unclear as technology and innovation continue to disrupt the old rules and established ways of doing things.

So, with all of that said, it shouldn't be any surprise that maintaining your physical and mental health while on the job hunt can be a real struggle. There are few challenges in life as stressful as job hunting, and the effects of stress on one's health are well documented. WebMD recently published an article that highlights some of the more pervasive symptoms of stress, which include the following:

Emotional symptoms: becoming easily agitated, frustrated, and moody; feeling overwhelmed, like you are losing control or need to take control; having difficulty relaxing and quieting your mind; feeling bad about yourself (low self-esteem), lonely, worthless, and depressed; avoiding others Physical symptoms: low energy; headaches; upset stomach, including diarrhea, constipation, and nausea; aches, pains, and tense muscles; chest pain and rapid heartbeat; insomnia; frequent colds and infections; nervous-



GETTY IMAGES

ness and shaking, ringing in the ear, cold or sweaty hands and feet; dry mouth and difficulty swallowing; clenched jaw and grinding teeth

I Mental symptoms: constant worrying; racing thoughts; forgetfulness and disorganization; inability to focus; poor judgment; being pessimistic or seeing only the negative side

Clearly, the impact of these symptoms on your life can be significant and even more difficult.

So, how can you stay healthy and Keep your perspective sane while on the job hunt? Let's look at proven strategies for staying cool, calm, and collected and maintaining your physical and mental health when you're looking for a new job.

ing on in your life. We're talking about everything from personal hygiene to paying bills to eating properly and getting enough exercise - things that sometimes get neglected during an intensive job hunt. Bad move: avoiding any or all of these can have a real negative impact on your well-being and can drag down you and your search for a new job. Be sure to maintain an appropriate and realistic life balance and both you can make an already difficult job hunt and your job hunt will be better off for it.

and better things - if you maintain a healthy perspective on things.

Find support

When we go through a difficult challenge in life, it's often helpful to have the support of others to help us make it through. We all need to lean on friends and family during times of stress, and this notion also holds true during a job hunt. If you need the advice, guidance, or perspective of someone you care about and trust while you're searching for your next great job, then get it - and use it to help steer you towards a successful outcome.

Embrace change (if needed)

The truth is, when many of us begin looking for a new job, we get tunnel vision and narrowly focus on a specific type of job in a specific industry, effectively putting all our job-hunting eggs in one basket. Although this occasionally pans out and sometimes, we find exactly what we're looking for, hunting this way can also be very limiting and keep us from realizing other opportunities. By expanding your professional horizons, which sometimes means a significant revision of your initial plans and embracing a new path and goals, you can increase your chances for success and discover new things about yourself in the process. If you're in the middle of a job hunt take it seriously, but don't let your health and well-being suffer as a result. Use the strategies and advice presented here to help you make it through successfully. Eric Titner has been an editor and content creator for more than a decade. His primary professional focus has been on education- and career-related topics.

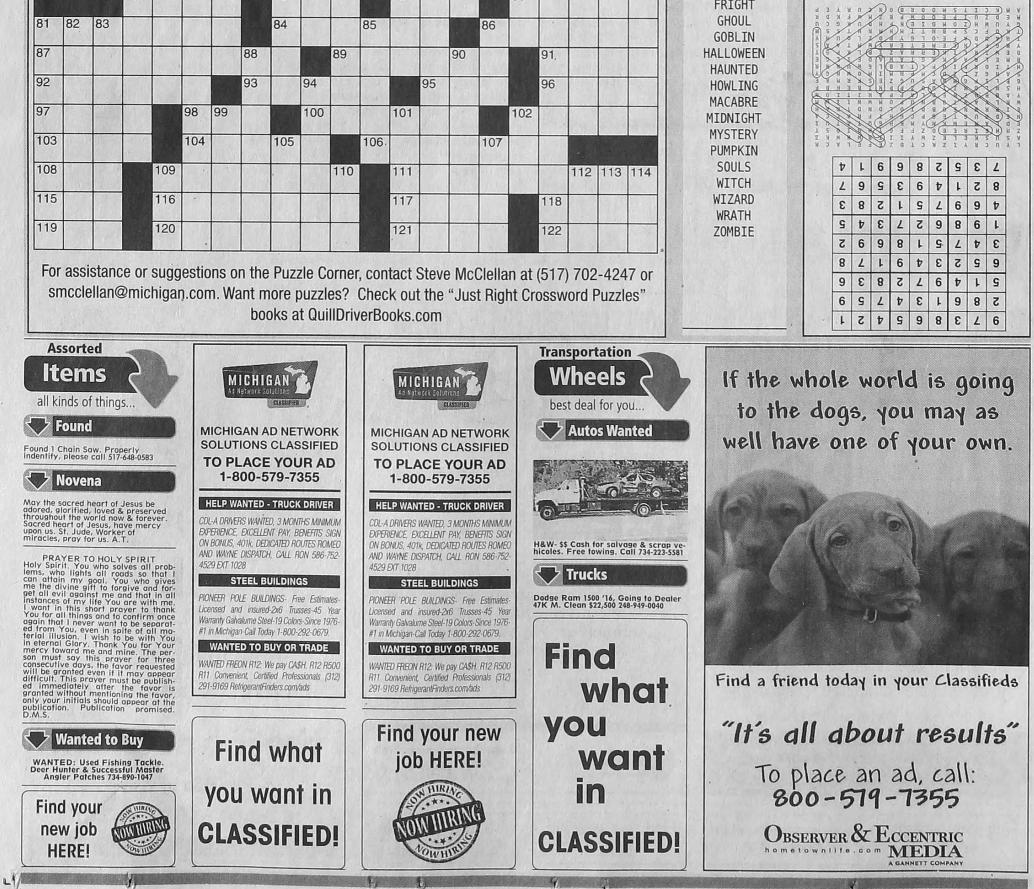
Remember the rest of your life

When you're focused - or overly focused - on a job hunt, you may start to lose your grip on all the other things go-

When you're out of work and struggling to find your next job, it can feel like your entire world is imploding. This mindset is both unhealthy and unhelpful - it can completely drain your selfconfidence, focus, and motivation, and be a real roadblock to an effective job hunt. Remember, your job is just one aspect of your life and identity, and a job hunt can be an opportunity for bigger



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B Objecting to Car-towing	71 Phnom — 72 Wearing old,	108 Millennia on end	image" 13 Flaring dress	55 The folks 61 Research	110 Cairo-to- Nairobi dir.	EIP	RWN	EO	B D I R N U	0 L F 0	D N M W	DT	R A
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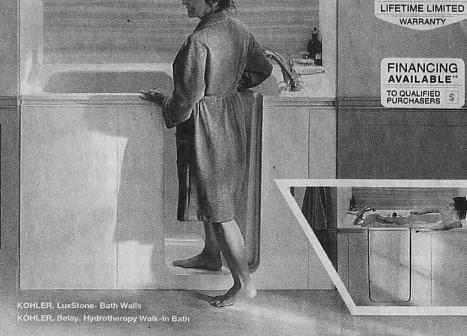
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