



TIPS FOR THE PERFECT PIE

**RECIPES AND** 

**Canton seeks better response time** CompStat program helps police, firefighters

By Darrell Clem

Sattwine Canton police and fire offi-cials have embraced a data-empowered their departments to better fight crime and save lives while striving to improve response time. The top brass huddle inside a Canton Public Safety Depart-ment room to part over com-tent room to part over com-tent room to protover com-tent more to potheries, auto spots" where robberies, auto thefts, fires, home invasions, arty basts, supected gang activity and other situations

IDS POICE, INCLY INCLY AND A CONCENTRATION OF A CONSTANT SHORE AND A CONSTANT SHORE AND A CONSTANT AND A CONSTA

'Seconds count'

'Seconds count' Through Oct 3.1, the fire department has averaged 5.2 minutes getting to situations such as house fires and life-threatening medical problems, compared to an average 6.99 minutes arriving at non-eme-meter said. "In the fire busines," he as said, "seconds count." Police officers have similar statistics for this year, arriving at crime scenes within 8% minu-sword from a dispatcher, L. Soot Hilden said. That's 30 seconds better than last year's

See RESPONSE, Page A2



Canton Police are arriving at crime scenes within 5½ minutes on average after receiving word from a dispatcher, according to Lt. Scott Hilden, BL ARGERE STATE BUTCHER AND A SCOTT



Middle School students (from left) Matthew Slattery, Jocelyn Makela and Chantel Pawenski, Sarah Modica and student Catia Neshov enter the first classroom of the day with the coffee cari

## **COFFEE BREAK** Central program teaches students life skills

#### By Brad Kadrich

Millions of people start every day with the simple gesture of buying that first cup of coffee and most of them do it as a matter of rote, without even thinking about it. At Central Middle School, though, teachers, students and staff put a lot of thought into it.

though, teachers, students, and staff put a lot of thought into the students who act as their mentors, the act of buy-ing and selling coffee, tea or hot-host suites who act as their mentors, the act of buy-ing and selling coffee, tea or hot chocolate is turned into a whot hocolate is turned into a swiped from a friend who teaches high school in New Jersey, students each morning cart featuring a Keurig ma-chine and several choices of druk. The cart is staffed by a four person team (two stu-dent, two actions) who person team (two stu-dent). They serve as peer me-tors to students with autism program around a life student the students from the student strom the students from the

PRICE: \$1



Central Middle School students (from left) Catia Neshov, Jocelyn Makela and Chantel Pawenski make sure the coffee gets don

school's autism program. The program has lessons both for the autistic students and the "(Autistic students and the mentors. "(Autistic students) are getting support and inter-action from someone other than an adult," teacher Sarah Modica said. "The peer is like a role model. We have a varie-

OBSERVER & ECCENTRIC

e Delivery: (866) 887-2737 | Return Address: 29725 Hudson Dr., Novi MI 48377

ty of mentors doing it for a variety of reasons and we're teaching them mentoring skills. They feel good about themselves." Here's how it works: Teach ers are given color-coded signs – "Some of our autism

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See COFFEE, Page A2

## **Canton gets** upbeat news on medical costs Township's general fund gets healthier

#### By Darrell Clem

Suffwire Cantor's financial health already has improved by an estimated \$325,000, just two weeks after elected officials received a gloomy report on declining fund balances. Canton's active workforce are now projected to remain flat a 2014 approaches, sav-ing the township's general fund an estimated \$250,000 Director Wendy Trumbull said.

from earlier figures, innance Direct Wendy Trumbull set. Tereaver, Canton is ex-pected to receive \$75,000 for a therapeutic program that serves the disable da Sum-mit on the Park - money Warne County Commission-er Shannon Price said he for the said he disable that the set infusion of money, Canton's general fund balance for 2045 is now projected loser to \$4.2 mil-lion, rather than earlier esti-mation that cours \$3.8 mil-time dollar amounts change daily." Trumbull said thesday night, as the Canton Township Bacat of Trustees adopted a budget blueprint

for next year. Supervisor Phil LaJoy has said the budget reflects a road map that guides local officials. Canton has started a mul-ti-year budgeting process to have a better handle on pro-jected revenues and ex-nomes.

ti-year budgeting process to have a better handle on pro-jected revenues and ex-pets. Tertons include a Sola million for the general fund, \$114 million for fire services, \$168 million for water-sever expenses - the water-sever expenses - the million to the general model of the services and those spending blueprints along with smaller budgets for funds related to cable TV, golf courses, Canton's vehi-cle fieet and retrieve benefits, and the service thares budgets for funds related to cable TV, golf courses, Canton's vehi-cle fieet and retrieve benefits, and the service thare seed to rising retiree health care costs and lower than expect-ding renare budget planning is to address issues before they become crises.

dclem@hometownlife. 313-222-2238 Twitter: @CantonOhree

## Share your favorite Thanksgiving tradition

**Channels** Service Ser

Homes ...... Jobs ..... Obituaries



special traditions will be pub-lished in our Thanksgiving Day edition (in homes and on the street Wednesday, Nov.

27). Our panel of editors will select five favorites and award a movie pass for two to any Emagine Theatre-Just any Emagine Theatre-Just accompanying photo. If you have one) to Observer editor Brad Kadrich at bka-driche®hometownlife.com by Friday, Nov. 22.

INDEX Community Life ..... Crossword Puzzle ..... Education

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Continued from Page A1

retyronse time. "If think war response time is outstanding." Hilden said. "It would asy our response time is probably better than y." CorpStategram in the Mid 1990s, when then-New York City Police Commissioner Bill Brat-ton Launched a crime-ter of the Stategram in the CompStategram of the Stategram company of the Stategram compStategram of the Stategram compStategram company of the Stategram stategram stategram

Local approach In Canton, however, Mutchler said CompStat has been molded to fit this community's needs. During the latest session

# Tuesday, police and fire officials showed statis-tics and mays indicating how the program has produced results here. Police deployed more officers to The Cross-ings, a north-end apart-ment complex, amid reports of suspected gang activity, juvenile loitering and other prob-lems.

The problem seems to be significantly going to be significantly going way. The problem seems to be significantly going way. The problem seems to be significantly going way. The seems the significant has been been been been been dependent of the second second seems and work with business owners to monitories of the second second second second manual second second work with us. Deputy Police Chief Debra Newsome said Officers address troubles at local schools, including trues, alcohol, including at local schools, including at local

Better deployment CompStat has allowed police to better focus on locations and hours of

OBSERVER NEWSPAPERS HOW TO REACH US

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Rhonda Gumma, DO, Family Medicine Samantha

Tuan Bui, MD, Pediatrics Nick

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police tractics; and "re-ientess" followu pef-forts. He said some commu-nities shrug off an in-tense focus on issues by police officiers and fire-fighters. But he said he believes it's of utmost highers. But he said he believes it's of utmost importance in Canton, where officials say a still-growing population can potentially bring more calls for help. Police, alone, are ex-pected to answer some 60,000 calls for service

60,000 calls for service this year. If a child is choking, a home is being broken into or a car is being stolen, Mutchler said, the victim wants help now – not later. "What's the most im-portant thing to them?" he asked. "It's response."

111





Eighth-grade English teacher Roby Jarcze

#### COFFEE

Continued from Page A1

Connue room rage A1 language, so we use visual cures as a commu-nication tool for those students," Ruella ex-plained - letting the Keurig team know whether they want cof-fee. If the sign is out, the cart stops. The autistic students of the source of the source source of the source of the source help from the men-ery funcescars), teach-ers pay them and the

# students make change. "It works toward their academic growth and their socio-emotion-al growth," Ruells said. "It's somewhat academ-toward and the social it sees them as social it sees them as social it sees them as a cousin who is suitistic and as unterest and suitistic and when the opportunity When the opportunity

face. When the opportunity for the peer-to-peer pro-gram came up, she jumped at it.

"I really want to help these hids, to teach them," Jocelyn said. "I just love those kids." Modica said the pro-gram teaches kids com-skills and even math skills. Everyone bene-fits, she said. "It's been really excit-ing, because if a really meteract," Modica said "It's a win-win.win for everybody."

bkadrich@hometor 313-222-8899 Twitter: @bkadrich





## Join us this Thanksgiving

and enjoy a hearty turkey n' dressing meal complete with baked ham, sweet potato casserole, cranberry relish, your choice of vegetable, a beverage\*, and made-from-scratch biscuits or corn muffins, as well as a tasty slice of Pumpkin Pecan Streusel pie for dessert.

9.99 ADULT 4.99 CHILD\*\* Served Thursday, November 28th, starting at 11 a.m.

OR BRING THE MEAL HOME AND SERVE SIX FOR 54.99\*\*\* Available Nov. 23rd through Dec. 1st, with a 24-hour notice

Beverages does not include milkshakes
 Child meal does not include ham or casserole, and comes with half slide of pie
 Buik To-Go meal not include beverages or pie.



Lifetime Relationships

## Veteran officer Rize ends decorated Canton career

Canton Police Officer Kevin Rize, who earned accolades such as Canton Police Officer of the Year during his 28%-year ca-reer, has retired.

Rize, who retired Thursday, was hired by the de-partment in 1 1985 as a patrol offi-cer. He has

an expan-sive list of training and specialized assignments, including department instructor of firearms, proficiency driving, Tas-er and defensive tactics. Rize was selected for numerous assignments

during his career, in-cluding the special en-form and that have been than a special en-terminic the received more than 30 department awards, including being named Officer of the Year for 2008. Rike also ner of the Year for 2008. Rike also ner of the Year for 2008 and the Canton Fire Department for his role as a first reporting a woman al-labor at her residence. Have as the without have a the without thing the situation until parametics arrived. Rike who earned his associate's degree from

Schoolcraft College, retired along with Depu-ty Chief Robert Kerr, who was featured in an earlier story in the Ob-server. "These two fine law-enforcement officers had made significant contri-butions to public safety in Catton," Public Safety Director Todd Mutchler said.

sid. "They both possess individual attributes that made them valued em-ployees, contributing to the high level of police services provided to the Canton community. While they will be missed, we wish them all the best in their retire-ment."

## **Bagger Dave's scheduled to** open Canton store next year

By Darrell Clem

Batwine Bagger Davis, a burger taven fav's part of a growing reso part of a growing reso artificiated with Buffalo Wild Wing, is expected buffalow and the second open ing after receiving site plan approval Ties-confirmed the projected opening after receiving site plan approval Ties-confirmed the projected opening after receiving site plan approval Ties-to approximation of the second opening after receiving site plan approval Ties-ter approximation of the second approximation of the second opening after parts approximation - Diversified Restau-reported hird-quarter

revenue of \$26.4 million this year, up \$9.6 million from the same period a

this year, up 35 Amiles Torm the area The an area of the second and a the second was mostly fueled by 20 new restau-ratis as it continues a rapid expansion. DRH matter and the second rapid expansion. DRH matter and the second pageer Dave's and 35 Buffalo Wild Wings, according to the corpo-ration of the second the second and the corpo-ration for Bagger Dave's after the Canton Plan-ing Commission had the restaurant. Canton Community Planner Jeff Goulet has suid the Bagger Dave's building is intended to

house the burger tavern and two smaller tenants, sentatives said aren't yet known. The eattery is expected to have out-door patio seating. Michael Ansley, DRT's president anomato on the company's web-brand continues to strengthen and we are "Our Bagger Dave's brand continues to strengthen and we are grand'h be said, citing factors such as "sound site selection and ag-gressive marketing." DRH expects to end his year with So restau-rants.

dclem@hometownlife.com 313-222-2238 Twitter: @CantonObserver

## Stuff the Truck diaper campaign nears

Organizers are hoping for a large turnout as the Canton Public Library hosts its two-day campaign this week to ful a truck with diapers to help the Canton-based Detroit Area Diaper Bank. The library's Stuff the Truck cam-paign happens from 9 am. to 9 pm. Will be parked in the study of the library stuff the Truck cam-paign happens from 9 am. to 9 pm. Will be parked in the study of the library to the study of the library to the study of the study of the Library to the study of the study of the ine hopes to collect 250,000 diapers by

Thankaşiving to help vulnerable adults and children served by social service agencies across southeast Michigan. Diapers are not covered by govern-ment safety-net programs. As of Priday afternoon, the website www.detroitareadiaperbank.org in dicated the fail campaign had collected drop off diapers of any size for children or adults or make a donation by check, credit card or cash and get a receipt for tax purposes.

#### Heise to host transportation town hall

State Rep. Kurt Heise is hosting the final metr-ing of a three-stop "Neighborhood Town" "Neighborhood Town" "Neighborhood Town" transportation and roads susses in Michigan. "Michigan is home to susses in Michigan. "Michigan is home to susses in Michigan. "Bichigan is home to the few topics that re-ceive more attention than transportation and roads when I meet with count-transportation and roads when I meet with count-ter few topics that re-ceive more attention that this town hall is to listen

to residents and find out first-hand what their thoughts are on local transportation issues." Heise will be joined by Wayne County Commis-sioner Laura Cox, as well as a representative from Wayne County Roads, to talk about upcoming road projects that directly are the transport of the transport reconstruct portions of reconstruct portions of 10-66 in Wayne County next year.

Heise intends to dis ss road bills that he cuss road bills that he has introduced in the Legislature and his bills concerning the southeast Michigan Regional Ytan-sit Authority. The town shall takes Jakee 7.9 pm. at North-ville Township Hail, 44405 Six Miller For more information on these events, or to contact Heise, residents REPKURT or email kur-theise@housem ig.ov.



The Showroom of Elegance proudly serves as a collection site for canned goods & monetary donations for the Canton Goodfellows. Bring in your donations\* until December 7th to receive a free gift!



# A4 (CP) SUNDAY, NOVEMBER 17, 2013 OBSERVER & ECCHNER MEDIA HOMETOWNIJEE COM

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#### Speaker stresses importance of stories

#### By Brad Kadrich

er since she was a fourth-r and given a journal by other, Jenifer Strauss nown the power of a good

ry. And the structure dents face in telling on As a sixth-grade teacher, rauss saw the difficulty stu nts often had in not only but writing, a good ure to help ing th

tell and write stories lesson she's been par

My daughter is in 10th le now and I told her auss) was coming and sh I, 'Oh, I remember her!'" Smiley, who also ha sat in on Strauss' as last year. You run into a lot of

"You run into a lot o aders who say, 'I can an't tell a story.' The etter tie-in with wha our curriculum." And that's the kind o rauss likes to hear, b e thinks, along with j

ries are important, auss, who does bety -300 of these kinds arances in a year. " ed to know they ma



# **TICKETS ON SALE**

November 15, 2013

February 8, 2014

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LOCAL NEWS

# Group taking 'Strides' for cancer support

### By Brad Kadrich

Bartware Bart Hilts has run a haff marathon before, so she knows what the six members of the Canton members of the Canton themselves into. And since she runs the charity - Ann Arbor-based Cancer Support Community - for which based Cancer Support Support - Support Community - for which support Support - Support Community - for which support - Support

orofit. "Tve done it before, so know what they're get-ing into," said Hiltz, CSC's executive director. 'It's no small feat."

The Cancer Support community is a benety dedicated to helping accenter patients, their families, their care-givers, friends and can-cer survivors to connect groups, the connect of the support of the and social activities de-signed to let folks touched by cancer con-text with each other in a "Abba Contreas Rodri-gars and she arves as the centerpiece of the board at CSC for five years and she arves as the centerpiece of the the contreas Rodri-marathon. She ap-proached her Weight Watchers group with the idea and six of her class-mes jumped at it. "This would be pusiness manager for Ford." This would be some in her Weight Watchers group and found several women

ready and eager to help. The group began train-ing, stretching and run-ning and decided they needed a name. Thus the Canton Striders - Rodri-guez, Amy Miller, Sindy Santore, Patti Lewandow ski, Paula Patterson and Jennifer Strickland – was born.

Jennifer Strickland – w born. Neither Miller nor Rodriguez is a stranger to the effects of cancer. Miller has lost both grandmothers, a sister and several friends to cancer.

and several friends to cancer. "I can't tell you how many funcerals IV eat-tended," said Miller, a manager for TCF Bank in Rodriguet Ans Jost her mother, her I ather, her oldest sister and two aunts. Originally from Venezuela, alse aid her family lich? have ear family lich? have ear Support Community to help deal with all of the devastation and loss. "We fidn't have any ting close to hos," also said. "We had the (med-

Canton residents Alba Contreras Rodriguez (left, bat the sun) and Amy Miller are among six women who dubbed themselves the Canton Striders, who will ru half-marathon in January to benefit Cancer Support Community of Ann Arbor.

ates on a budget of some \$400,000 and it spends that budget every year, according to Hiltz. It's the only way, she said, to make sure families and patients are getting the emotional support they need

u. Being here for fam

ical) care, but we didn't have the support. Nobody needs to deal with cancer alone. When CSC invited me to be on the board, I was all in it." The Cancer Support Community-Greater Ann Arbor (www.cancersup-portannarbor.org) oper-

ilies and not having to charge expenses is our instant, "he suit of the dedicated to helping." The centre has social activities like lunches, pot lucks and parties. It offers educational work-pot lucks and parties. It offers educational work-distress mangement and stress mangemen

Striders. "It's the only way we can do it," Hiltz said. "It's how we can do every dollar in, every dollar

dollar in, every dollar out." The six women are going to do the 13.1 mile half-marathon in Key West on Jan. 19. "Some are going to vun, some are going to a combination," Miller said. "The important thing is we're going to finish."

bkadrich@hometon 313-222-8899 Twitter: @bkadrich

## Second suspect pleads guilty

By David Veselenak

Sattware A Canton man accused of armed robery at two northwest Wayne County morthwest Wayne County Barton County and County County and County and County Piezded guilty to armed robbery Nov. 7 before Crunit Judge Carlage Martin County and County Piezde Sattware Martin County and County Piezde Sattware Martine County and County Piezde Sattware Scheduled for 9 ann. Nov. 21-year-old Taylor est-dont Matther Ross, was arrested this summer after being supperted of robbing a pair of gas Ross drove Robinson at Schoolcraft and Merri-and the Internet of Sattware Ross drove Robinson at Schoolcraft and Merri-ao Jatter he showed the

Clerk a handgu na danaded cash. The two men verse in-volved in the attempted robbery of the Sheil gas station at Five Mile and Beck that same night. A the bymouth ass station as Robinson approached the clerk, police said, and the bymouth ass station with inventory walked in se Robinson approached the clerk, police said, attempt. Robinson and Ross then drove away from the scene. Robinson was bound operating the sene of the District Judge Sean Ka-berten for an operating the District Judge Sean Ka-berten for an operating the sene of the sene of the District Judge Sean Ka-berten for an operating the sene of the sene of the sene of the District Judge Sean Ka-berten for an operating the sene of the District Judge Sean Ka-berten for an operating the sene of the District Judge Sean Ka-berten for an operating the sene of the District Judge Sean Ka-berten for an operating the sene of the District Judge Sean Ka-berten for an operating the sene of the sene tence years based operating the sene of the sene of the District Judge Sean Ka-berten for an operating the sene of the sene of the District Judge Sean Ka-berten for an operating the sene of the sene of the District Judge Sean Ka-berten for an operating the sene of the sene of the sene of the sene of the District Judge Sean Ka-berten for an operating the sene of th

his careful last week. Ross was bound over in July after Kavanagh held a preliminary ex-amination and found enough evidence for Ross to go to trial.





LOCAL NEWS

# DESPITE ECONOMY, CUSTOMERS STILL GOBBLING UP LOCAL TURKEYS FOR THANKSGIVING

#### By David Veselenak

It's the same this year as it has been at many sit has been at many set that been at many the set of the set o

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vill each add a fe

the turkey switt exh and a ' their employees has defi-nitely decreased in re-construction of the second the economy and the fact that some companies see "extras" not crucial to their company, if they are still open. "We lost a lot of those people because the com-panies don'twitt to messes went out of busi-nesses went out of busi-nesses went out of busi-ness."

nesses went out of a ness." Economics has also played a factor in raising turkeys. Both farms said they've seen an increase in costs for feed for the turkeys.

Reasons why

**Observer & Eccentric Media** 

businesses turn to

Reflections of the effectiveness of the

Birmingham City Guide special section

A combination of corn, soybean and other natu-ral ingredients that give the turkeys their flavor has increased over the years, although it was stable in 2013, Roperti said

pounds in weight bet

stable in 2013, Roperti sid, "Last year, it went way up, "he said. "This year, it's about the same." Toth, who said he gets his feed from a farm in this year has heiped with feed costs. He believes last year's croy was way down for several rea-sons, including ethanol production. "In extremely ridicus to extremely ridicus to extremely ridicus to set the set outple

and the last days before years. They made corn \$7 a bushel," he said. "This year, it's \$4 a bush-el."

This year, it's 44 a bush-et." **Demonstrate Procession** Department of the second se

salu. Everyone wains to the performance of the second term of the second second second the customers have ex-pressed an interest in her birds for that very rea-son. She said she'll see many customers drive up from Ann Arbor and Theled for a bird, know-ing it won't have any such as salimonella, something that's talked about a lot with issues about poultry.



anksgiving. BILL BI

ti works the co ter where customers pick from stores in the news. This has been going on for four or five years, "he set al. "There's a lot of people from Ann. Arbor that come here and get turkeys. So that's the set of the set of the set of the Chef Steve Allen of Steve and Rocky's Res-taurant, 43150 Grand River, in Novi, said his business is offering three options this Thanks-my trikey, which Allen him-self raises. Those looking to dire in can eat at the restaurant Thankse not we have and the set of the restaurant that and the restaurant Thankse in the restaurant Thankse in the restaurant Thankse in the restaurant Thankse in the set of the income of the set of the set of the income of the set of the income of the set of the set

holiday from customers (BC workshow to a tasty turkey is allowing the bilding from customers, turkey is allowing the provide the second second turkey is allowing the turkey is allowing turkey is allowing turkey is allowing turkey is turkey is turkey is allowing turkey is turkey is allowing turke

dveselenak@home townlife.com | 313-222-5379

"You would not believe the requests we have for the booklets. So many people ask for copies when they have people coming into town."



A GANNETT COMPANY

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like. Allen has also seen push for more locally-raised turkeys for the

Roperti and granddaughter Merida Roperti in the barnyard with son Christi

## CHARTER TOWNSHIP OF PLYMOUTH ZONING BOARD OF APPEALS Thursday December 5, 2013 6:00pm

PLEASE NOTE that the Zoning Board of Appeals will hold its Reg December 5, 2013 commencing at 6:00 p.m. to consider:

Application 1512, 41385 Crestwood, R-1 zoning district: requesting one variance to constru-a three season's room. The required minimum rear yard setback is fifty (50) feet, the proposed season's room would reduce the rear yard setback to 43.59 feet. The variance requested is 1 61

Application 1513, 49471 Ann Arbor RD, C-1 zoning district: re construct an addition with a maximum height of 34.8 feet when is 20 feet. The cariance requested is 14.8 feet of building height.

9955 N.

ilding Den

November 17, 2013 Observer Newspap

#### Colbeck coffe

Collect coffee Data/Times Friday. Nov 22, 8:10 a.m. Location: George's Senate Coney Island, 39:430 Dun Rovin Dr., near Six Mile and Hag-gery in Arothville. Data Collection Re-Can-tric constituents. Coffee hours provide residents with the opportunity to meet with the senator with the opportunity to state government. No st

sary. Contact: For more information or to contact Colbeck, please visit www.senatorpatrick-colbeck.com or call 517-373-5713.

## **Grief workshop**

Date/Time: Wednes-y, Dec. 4, from 7-8:30 da

n. Location: Living ace Church, 684 Deer,

Peace Church, 084 Deer, in Plymouth Details: Facing life after the death of a love-one brings with it many emotions and fears. It's normal to feel over-whelmed, angry, and alone. The holidays are

Indig Dee

tranyDoyene & Bearding

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\*\*\*\*\*\*

# often very difficult as you move through with-out your loved one. For this reason, Living Peace furch is sponsoring a Hope for the Holidays workshop, This work, shop will be presented by New Hope Center for Grief Support, a Chris-tan-based bereas mean in Northville. Contact: Call Nancy at 734-895-7408.

7244957408. Verse as Coffee General Content of the second m. Mondays Nov. 18, 2000 - 2000 - 2000 - 2000 m. Mondays Nov. 18, 2000 - 2000 - 2000 - 2000 memory of the second second of the second performance of the second about the benefits, sec-tores and constants and performance of the second performance of the second the second of the second performance of the second the second of the second the second of the second performance of the second the second of the s

It's not too late to make a reservation for Thanksgiving!

## COMMUNITY CALENDAR

support them. Contact: 734-462-4400, Tons of tuna ext. 5346 ext



During bit East Coast tour with wife Nancy third fail, a trip that future of at He 911 site. Richard Jowey Neudech porth, ending up in Massachusetts, where his "cath of a lifetime" hapened. Though Jowey, a Plynouth Township resident, has fished for 55 years, the 104-foot, 700-pound tuna was his biggest tach were, Joweys and he and three other men were fishing out of Glouchester, Mass, and it took the four of them more than three hours to land it.

Kenneth Church, 14951 Haggerty in Plymouth, 7:30 a.m. to 1:15 p.m. » Tuesday, Nov. 26, Geneva Presbyterian Church, 5:835 Sheldon in Canton, 1:30-7:15 p.m. » Friday, Nov. 29, Summit on the Park,

46000 Summit Drive in Canton, 11:30 a.m. to 5:30 p.m. **Details:** The Amer-ican Red Cross hosts blood drives at the above dates, times and loca-tions. Appointments can be made and walk-ins are

welcome, when possible. Contact: Call Diane Risko at 313-549-7052 to set up an appointment.

Cumba class Date/Time, Sunday, Nor 17, 12:30-416 p.m. Location: Summit on the Park, 46000 Summit Parkway in Canton. Details: Fitness enthu-siasts are invited to join the Detroit Vithe Trihe for a Zumba Master Class. Includes Zumba instruc-tor Susan Stokely, along Unich DeBiasi. Zumba Cindy DeBiasi. Zumba Cindy DeBiasi Zumba Casses are known to blend easy-to-foilow choreography using typi-cally upbeat interna-tional rhythms along with today's popular music. Although this a special event is labeled music although this appendiate event is labeled appendix appendix appendix event all individuals are welcome and no prior Zumba experience is required.

www.cantonfun.org or call 734-394-5460.

Caregiver's Support Date/Time: Second Thursday of the month, 7

m. Location: Summit on he Park, 26000 Summit rrive, Canton Details: It is both a

Details: It is both a special privilege and burden to be a caregiver for an elderly loved one. Friends meet monthly to discuss difficulties, alone. There are no ex-perts in caregiving, only those who have learned more, because they lived to all are welcome. Contact: For quee Contact: For quee Sate of the second also discusses and the second also discusses and the second contact: for quee Contact: for quee Contact: for quee Sate of the second Sate of the second sate of the second contact for quee Contact: for q

Blood drives Dates/Times/Loca-tions: » Monday, Nov. 18, St. John's Episcopal Church, 574 S. Sheldon in Ply-mouth, 1-674 5p.m. » Sunday, Nov. 24, St.

verizon



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LOCAL NEWS

## Wayne High students put on the hat for the 'Cat'

#### By Sue Mason Staff Writer

Jativne The timeless tale of a striped hat and the mis-striped hat and the mis-striped hat and the mis-definition of the stock-term into will come to life on the stage of the Stock-meyer Auditorium at Wayne Memorial High School Has week as stu-the Mit with a twist – a School Has week as stu-the Mit with a twist – a become the study of the second study of the stock the Mit with a twist – a second study of the study becks, director Katis Sultwan said. The will be the study of the study of

1 DAY CPL CLASS

Sunday November 24

8am - 8pm

are encouraged to read by their mother, who tells them that "if they read, it makes the story come to life." Depending on the length of the three books, some or all are part of the act, according to Sullivan.

Sullivan. The grist do as their mother suggests and we have a suggest and mother suggests and the same happens with Green Eggs and Ham and LCan Read with the Same Shur, which transitions the Car incher May Byes Shur, which transitions the Car incher Han the Car incher Han the Car incher Han the Same Shocks, we way to incorporate the way to incorporate the way to incorporate the way to incorporate the way to same said. "We way to transition to book to book to book and to the plays, the cast had input."

TRING INE

The play was selected at the end of last year, when the students and Sullivan decided what would be staged for 2013-14. The selections were announced at a reveal party. Once the proc-sessed started, we shul-van knew what she want-ed, but it was the stu-dents that brought it to fruition.

ed, put it was in sui-dents that brought it to from. The superscription of the superscription characteristic of the superscription and "the performance is for children, but it doesn't talk down to them. That's a great skill to have in their arsenal. They're working with moving set picces and lots of props. We ve real-lots of props. We ve real-lots of props. We ve real-support the sects

sets." The play has a bigge cast than a normal pro-duction. With so many students auditioning,

LADIES NIGHT Tuesday Nov. 19

6:30pm-8:30pm



Opening Act cast includes Abigail Drake, Esperanz Hamilton, Brianna Williams, Amber Defils, Danielk Wilson, Sydney Waton, Hayley Schiete, Natalie Me Mouldin and Ayla Simoneau. PHOTOS BY BILL BRESLER I eranza Varela, Kaitlyn Fraw Inielle Robinson, Samantha ie Meyers, Amanda Speakr SLER | STAFF PHOTOGRAPHER wley, Hannah na Engle, Ashlyn kman, Shirley

3

Sullivan said it "felt ter-rible to not cast more." That's why there are two separate casts for each act.

#### Cat and Kitten



In the cast of Wayr High School's production of the "Cat in the Hat" an Nathan Barker and Alicia Highland (at left), Jordan Khalai Tirzah Ault, Cierra Eschenbacher, Cass Grauzer, Megan Eschenbacher, Ca Grauzer, Megan Keiper and Haile Bolton

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LOCAL NEWS

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LOCAL NEWS



## Madonna, Schoolcraft join forces to offer dual degree program in sign language

Madonna University and Schoolcraft College have announced a unique dual degree program in sign language studies. Beginning fall semes-ter 2014, students major-ing in sign language stud-ies will be able to attend both schools at the same time and use their fi-nancial aid at both in-stitutions.

titutions. Dan McDougall, direc-titutions. Dan McDougall, direc-tor of Madona's sign language studies pro-gram, outlined how this innovative partnership will save students time and money. "Our very specific plan of study outlines which classes school: general education school students will be taken at Schoolcraft and gian language courses sign language courses will be taught at Madon-

na, which will ave stu-dent thousand is in tu-tion costs. Additionally, by meeting with their adviser on a regular basis, students can en-sure they stay or track to four years so they can the students of the source for a student source of the four years so they can the student source of the four years so they can the source of the source for the source of the s

As the program's name suggests, students

will earn two degrees: an associate's degree in apploid set that for the apploid set that and a bachelor's degrees the apploid set that the apploid set that after two additional years of successful that after two additional set that apploid set that apploid the ap

Language courses are taught by culturally-deaf instructors, in a new, state-of-the art visual language lab and class-rooms.

## Wayne County Hospital reunion

The 29th annual Wayne County Gen-eral Hospital reunion for former em-ployees and retirees will be held 5-8 p.m. Tuesday, Dec. 10, in the party room

at the Hibachi Grill Supreme Buffet at 6539 N. Wayne Road, Westland. The cost of the buffet is \$10.59, with a senior discount available.

# FRRAT

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## Barefoot presents story-telling hour

Barefoot Productions, a local nonprofit theater group in Plymouth, hosts a holiday storytelling event where entertainment, enlightenment and festivity merge. Audi-ence members can sign up to share their favorite holiday memories during open mic. The event takes place at 8 p.m. Saturday, Dec. 7.

havine issues: The event takes place at 8 p.m. Saturday, DC, ..., "FurtherBy Hour" will include happy, sad, silly poignant and fun stories that are true. The format is similar to NPR's Moth Radio Hour, where human experiences are communicated through spoken word. After all, Barefoot officials said, "There is no bet-ter gift than sharing a story." The theater setting will resemble a cozy living room, with a Christmas tree, chairs and fire of the tolday. Holdiay cookies will be available and the Vintner's Canton Win-ery will provide complimentary hot mulled wine. Deductions Theatre is at 240 N.

wine. Barefoot Productions Theatre is at 240 N. Main in Plymouth. Tickets are \$15 and can be purchased online at www.justgobare foot.com or by calling the box office at 734-560-1493.

### Reader has several options for investing extra money

Keader has Or Dear Rick: My wife and J ust retired earlier this year. My pension the pension of your social Security until we are 70. Most of my im-social Security until we are 70. Most of my im-social Security until we are 70. Most of my im-social security until we are 70. Most of my im-social security until we have to my im-social security until we that thad actumulated but did not take. Dol that thad actumulated but did not take. Dol that that set is our money Aboy should the the of your social second the of your motion of the of the the of your should the the of your social the of your social second the of the second the of the the of your social the of your social the of your social second the of the second the of the the of your social the of your social the of your social second the of the second the of the second the of the second the of the the of your social second the of the second the second the of the second the seco



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percent return on your money. In today's world, 4 percent is not a bad return on your money consider-ing that CDs are paying 1

ing that CDs are paying 1 percent. I also like the idea of using the money for your grandchildren's college education. The cost of college continues to rise and establishing a college savings plan for your grandchildren can go a long way in helping them with their education. If you choose this rout I recommend a 529 Plan

ong way in neiping them with their education. It If you choose the burn which allowed the burn which allows you to invest money that would grow tax-free. The plan I recom-mend is the Michigan Education Savings Plan about the MESP is that the money can be used for any public or private institu-tion in the country. In addition, you can deduct y10,000 off your Michigan income tax return.

Another alternative to construct the search of your first construction of your RA maney into a Roth RA. This would allow that more to grow tax-free v.k. that deferred I hadition, reguired minimum dis-tribution at 70%. In your situation, considering your didtional income this year, I recommend har year, I recommend har year, I recommend har situation, considering your situation, considering your situation, considering your situation, considering your situation and your provided, in pers that har the year you lib a a lower tax is been as the second field because you are in such excellent financial shape you have optimum and all of them are good ones.

Rick Bloom is a fee-only fin adviser. His website is www.bloomasset management.com. Email rick@bloomasset



hanksgiving ay **Brunch & Dinner** Seating times: 11am • 1pm • 3pm • 5pm

#### Breakfast & Dinner option @ 11am seating only

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- Bacon
- Sausage
- **Hash Browns**
- **Omelet & Waffle Station**
- **Oven Roasted Turkey**
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- Baked Herb Chicken
- Roast Beef w/ Horseradish Sauce
- Green Bean Casserole & California Vegetable Blend .
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LOCAL NEWS

LOCAL NEWS

0 & E Media | Sunday, November 17, 2013 (CP) A11

1 32

LTP student Alex Franz stamps some new books that w be donated to area schools by the YMCA.



LTP student Dorothy Glasgow works a puzzle with some of the residents at Angel Gardens Assisted Living in Livonia. Matt Macinkowicz enjoys help at the Livonia Family YMCA.

## Transitions students get a step ahead through community partnerships, practical experience

Noah Grimm can picture himself someday burking at a big retail the transmission of the someday burking and displaying enchandise someday herechandise on the stelevas and assisting calomers in a someday public Schools Transition public Schools Transition public Schools Transition Program who work at the DAY Druft Store on Middledt in the store is a schools and someday burking the LTP students in the store is a schools and a store and for some a store of the store of the

help you out and the current and the current and the second and second and second the store. The second and second and second of the store. The second and second and second agreed to be for the second and the help of the store. The second and the agreed to be for America 20 agreed to be shoes, it conditions them of what we observe the of the second current 20 for a second and the other at the market 10 agreed to the second and the other at the market 10 agreed to the second and the other at the market 10 agreed to the second and t

one of the hardest whers at the DAV is on Akins, 19, an LTP ident who pitches in



Dion Akins hauls clothing into a bin that will compress the surplus clothing into bulk blocks that can then be sold and/or recycled. Dion enjoys his work at the DAV Thrift Store. ners make all of the dif-ference in the program and its 40 students. "The Livonia Transi-tion Program would not be possible without the participation and good-will of these businesses. They're opening up a would be supported and the support of the support of the support support of the support of the support of the support support of the support of the support of the support support of the support of the support of the support of the support support of the suppor

where ever he's needed at the store. "I love the people here," Dion said. "I work hard. There is no bad part about it – I love working here."

#### A community

A community A community and the set of t



Make Time For Active Play!

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Life lessons At the Livonia Family YMCA, Alex Franz and Matt Macinkowicz are busy every day with a variety of tasks. Court-ney Taylor, LTP teacher, said they are learning a lot.

t. "The interaction with

Matarfity CityCasino.com

the starf is huge for them, she said. "Theyre the relationships with col-legaces versus their peers. When you jump from the classroom to the workplace, the rest-tree workplace workplace, the rest-tree workplace, the rest-t

gram, organize files, and more. "They have lots of jobs here," said Julie Allen, volunteer and events coordinator at the Y. "Exery day, they have events coordinator at the Y. "Every day, they have into do?" "Many of the tasks are for them. For example, they help out with vacuuming the multi-purpose room and Jaun-dering the towels.

Allen said they're happy to have Alex and Matt working at the Y. "They are both so delightful," Ne said. "They've become part of has become a part of the has become a part of the has become a part of the family at Angel Gardens Assisted Living in Livo-nia, where she visits and assists the elderly resi-dents.

an shore she visits and starts the delay share sto-current she was a store the share store shore shore the shore shore

day cards for the resi-dents. "They all love her, too," she added. Tim Steckel, director of marketing at Angel Gardens, said they are happy to team with the Livonia Transition Pro-gram.

http://orientrans.com/ article/article

outdoor maintenance work. "I like being outside," he said, as he powered down his mower. "And I like working with the guys." Remington is learning new skills and taking on responsibilities at this work placement.

# Arthritis Today Joseph J. Weiss, M.D. Rheumatology 18829 Farmington Road Livonia, Michigan 48152 Phone: (248) 478-7860

## **BLOOD THINNERS AND ARTHRITIS**

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# FROM WESTLAND, WITH LOVE

Film crews use Beaver Creek to shoot commercial for Russian TV

#### By Sue Mason

Steve Hazergian looked in amazement Monday afternoon around the inside of the Beever Creek Tackle & Beever Creek Jackle & Beever Cre

cameras and wardrobe liems. The wordsy feel of the wordsy feel of the been transformed into a Russian sports har as part of a national com-mercial being made to ar in Russia during the Socht Wur "This is perty in-volved. I didn't think there would be this many people," the Plymouth Thread and the state provide the state and the state and the state people, "the Plymouth This put a screening shaft to that."

International effort

this put a screeching half Some 75 people filled Beaver Creek, one of five locations in Wayne and Oakland counties used as part of the photo shoot Aokland counties used as part of the photo shoot features a very familiar face – Pavel Datsyuk of Heathers a very familiar face – Pavel Datsyuk of Hen Detroit Red Wings. RedOrange USA of Birmingham, working with Leo Burnett Ad-vertising, Moscow, is producing the commer-cial

orial. On Sunday, the filming was done in Birmingham, where the Social Cafe was transformed into a Moscow cafe, Pierce Street was made to ap-pear to be snow-covered



ameras and equinormal equination of the second seco

of us," Lisa Meier said. Beaver Creek was chosen for the scenes because of its wood inte-rior. Also considered was Club Ticonderoga in

Club Ticonderoga in Troy. They liked the color of the wood, hey liked of the wood, hey liked events of the wood hey liked said. They said they picked our place, but tringin be Camp Ti. The sourds came through and then they came through and then they came through on they did a walk through. The sduy at the start of the rest of the start of the start creative in Oak Park.

#### Here and there

Here and there Recently, RedOrange USA completed the new Michigan Lottery com-mercial and just wrapped filming in Austria and Slovenia for Toyota, as well a a series of com-mercials for Mercedes Benz filmed in Stuttgart, Germany.



"We love being based in Birmingham and hope to find more work with the agencies based in Michigan," Barry Meier said

Michigan, barry and said. In addition to holding off on Christmas deco-rations, the restaurant moved its Veterans Day observance to Sunday. Lindquist let people who asked about the change of dates know that the

restaurant was closed Monday for "a private Monday for "a private event." The private event turned out to be a long day for Lindquist, who was at the restaurant at 8 a.m. to prepare for their arrival. The extras began showing up at 12:30 p.m. and were seated in a rear dining room. Heaters and tents were also set up on

the deck to accommodate them during the filming. "Most production was out by 9 pm. and we locked up and left at 10 pm.," she said. "It was a long day, but worth it to see. It was a once-in-a-lifetime, I'm sure, experi-ence."

313-222-6751

Murch et al. **International effort**. The international effort included the pro-ducer, who is from Rus-sin, the directive the pro-ducer, who is from Rus-sin, the directive the second and mericans, including the second second second second and mericans, including the second Emplo Check out these exciting career opportunities! For even more opportunities see our "award winning" classified section! 9 To place your ad here contact us at careers@hometownlife.com or call 1-800-579-7355 Help War Help Wanted - General Help Wanted - General Help Wanted - General Help Wanled - General Help Wanted - General Help Wanted - General Help Wanted - General MEDICAL RECEPTIONIST Bury specially practice Novi, seeks dependable FT medical receptionist. 1-2 yrs provious medical office & EMP/ETH rec-required. Benefits included. 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## Irish dancers get into step at Redford AOH location

#### By Beth Jachman

Surf Write You don't have to have the luck of the Irish or tree he Irish the Irish or reven be Irish Especially after the popularity of Riverdance and Lord of the Dance, people of all nationalities are interested in learning the traditional steps, according to John Heinz-man of the Ardan Acad-emy of Irish Dance, which holds classes local-ly.

y. Classes are offered Iuesday evenings at Redford's Ancient Order of Hibernians location on Five Mile east of Beech

Five Mile cast or Decen Daly. Heinzman, who began dancing at age 5, has been teaching dance in Redford for 15 years as he also taught at the old AOH building at Seven Mile and Grand River. The AOH bought the Five Mile location from the Knights of Columbus about a year ago.

Knights of Columbus about a year ago. The AOH in Redford offers a brand-new step dancing class, which is an intricate form of Irish dance made popular in Riverdance and Jord of the Dance and it requires a good deal of athletticism and footwork, Heinzman

currently, three boys es 5, 6 and 10 are in the p class, Heinzman

id. About 20 people at-nd the adult ceili folk ncing class, which is untry dancing that has en going on in Ireland for back as there is s far back as there is ecorded history, Heinz-

an said. "It originally told the story of the Irish peo-"he said. The local classes had n in flux during the nsition to the new

uilding. The kids step dancing



year-old Finnegan Moran of Royal Oak practices th up" with instructor Megan Holton of Livonia and uers Clark and Harvey Smith of Livonia at classes he

Taylor location and the ceili class went to down-town Detroit temporari-ly, Heinzman said.

ly, Henzman said. Back in Redford But now the classes are back in Redford. The new location is an improvement, Heinzman said, calling it nice and clean and well-main-tained. 'It's larger than the old location and a much nicer building,' he said. mu sai

said. His mom, Kitty Heinz-man, teaches ceili class-es. Ceili is primarily an adults class made up of people in their 50s, 60s and 70s. Ceili has far less impact than step danc-ing.

impact than step danc-ing. Step dancing is more athletic and attracts younger people, but younger people, but younger people, but with one step dancer who is nearly 60. Before Riverdance in the 1990s, this type of dancing only attracted the Irish and those of Irish desent Also, only eight countries sent the world champreships, but since Riverdance

roughly 40 countries participate, Heinzman

participate, Heinzman said. **Teaches all over** Heinzman himself teaches in Michigan, Ohio and Canada and also teaches private lessons for those looking to re-fine their skills. Heinzenstein skills there creational and competitive dance. Some dancers take classes just once a week, while others take them up to ask days a week. 'It depends on dancers take classes just once a week, while others take them up to ask days a week. 'It depends on dancers take classes just once a week, while others take them up to ask days a week. 'It depends on the method with the star-tick them up to the skip classes and their train-tick the take the train-tick the start of the skip teacher chorcography and dance drama. The doff in Redford start 25300 Few Mile.

said. The AOH in Redford is at 25300 Five Mile. Phone: 734-762-0997.

Holiday Craft 6 Vendor Event

## Saturday, November 23rd

10:00 AM - 4:00 PM **Open Arms Church** 

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## Santa helps light up 20th annual Lightfest

#### By Sue Mason

Holiday carols filled the air and fireworks like the air and fireworks like versing as Wayne County Parks opened the 20th installment of its popular Wayne County Liphtfest Warendale In Dearborn Holtwayne County Liphtfest Warendale In Dearborn Herter from Merriman Hollow in Westland to Warendale In Dearborn Herter of Tooy, "My mom brought us here a long the string of the string warendale in Stritmatter 5 husband Matt and child dren Erika, 14, Seth, 9, and Owen, 6-werter people who enjoyed a performance by the Livo-nia Franklin High School Char, the antices of Dear mes of holding Lights. The their holding there," Other and Detroit Figures mas-col Paws Before lining up to drive through the 44. The Betrii There was a betrii was of holding Lights. The their holding there, the mast of holding Lights. The their holding the thet is the holding themer, other their holding themer, other their holding the thet. The strimatter sad. "I mover a sport the filter bein of holding Lights. The the light through balace".

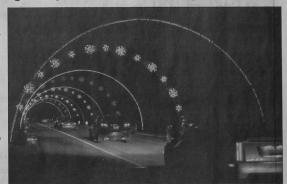
and hot glued them in place." Stritmatter hid the wires on the inside of the hat and the battery packs behind in the brim.

See Thursday's Observer 1 more photos of the 20th annual Wayne County Lightfest.

The family had heard about the event on the radio and decided to attend. They made it in time, although rush hour traffic did slow them down, Matt Strimatter said.

#### It's Santa time

It's Sanda Ume After being greeted with cheers, Sunta the being greeted with cheers, Sunta the crowd, stopping to talk to youngstors and they have been good boys or Tris. Withes' he said. "Uve gotten a lot of requests for toys." Among those he spoke to ware the Flourney family – David not share noah and Logan. "We've been coming to Lightfest every year, this sour third tune for the opening ceremony." Das is our third tune for the opening ceremony." The stave the bridge. "His favorite display is made the bridge. "His favorite display is much the bridge. "His favorite display is south and the commu-nity comes together to ring in the season." His favorite display is eases the bridge. "Dught is seen they saided. Melanic Kowynia and her function to the bridge south in the season the saided. Melanic Kowynia and her genera-dood. This year they brought another genera-dood. This year they brought another genera-dood her year they brought another genera-dood her year they brought another genera-dood her year they brought another genera-tion, nice can due heybest fame. Stop terve was hushand



Cars drive through a tunnel of lights, several of which span Hines Drive along the Lightest rou



Detroit Tigers mascot Paws helps direct the Fran

Rich and their children Emaliyok, 12, and Ceca-lieok, 17, "I remember in 2006 it

snowed and it looked lii a snow globe," the Gar-den City resident said. "We stood here and felt

that we were part of one." She, too, likes to see the little children and the unity of the community at Lightfest. "T like to see the de-light on their faces, you're never too old to believe," she said.

Deneve, she said. The best part Dave canfield of Red-ford had a crowd at the event. Along with his wife Jenny and children Aden, 4, and Aubrey, 1, the group included sister-in-law Rachet Krimm and children Savannah, 7, and Collin, 4, of Whitmore Lake. "This is our third year. ke. "This is our third year

coming, we do it for the kids, "he said, adding the best part, and the lights, "and "the lights," and "the light set of the light set of part, best set of the light set of part, best set of the light set of part set of the light set of light l



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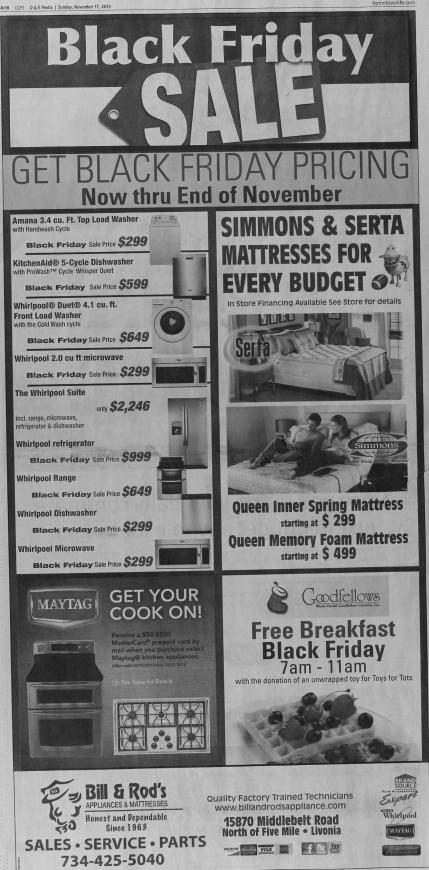
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## INSIDE: COMMUNITY LIFE, B5-6 • HEALTH, B8 SPORTS

SECTION B (CP) SUNDAY, NOVEMBER 17, 2013 OBSERVER & ECCENTRIC MEDIA HOMETOWNLIFE.COM

# **Chiefs' Nobles inks pact with EMU**

#### By Tim Smith

Sartwine Jordan Nobles still and the source of the source of the ready looks pretty comfortable wearing the green of Eastern Michigan University. And why shouldn't he? On Wednesday, Nobles made it official — he signed his NCAA letter of intent to play Division I or intent to play Division I wear is a stand with the source of the source of the source of the transformation of the source of the transformation of the source of the was intrigued about becoming an Eagle." Ilike how coach (Rob) Murphy handles his team

CLASS D PREP VOLLEYBALL

and I know he just came over from Syracuse a couple years

With the Eagles, he will likely play from the wing, playing strong defense and shooting from the perimeter as well as taking it to the rim when called

taking it to the rim when called upon. "Division 1, the Mid-Amer-ican Conference, is big-time basketball," Canton head coach Jimmy Reddy said following the signing. Ti's pretty exciting, We know he's excited and it's a good play, the style of how they play, "So Tm very excited for him and happy that everything worked out for him, especially getting it done before the season

See NOBLES, Page B3



Canton senior Jordan Nobles (left) and Chiefs head coach Jimmy Reddy during Wednesday's signing ceremony.

MHSAA seeks scholar-

TIM SMITH, EDITOR

734-469-4128

TSMITH@HOMETOWNLIFE.COM

# athletes

The Michigan High School Attinuite High School Attinuite Scholar-Attinuite Award program will present 3251,000 scholarships to top scholarships to top school year. Applications from individual schools are limited to the individual schools are limited to the individual schools are limited to the individual schools are school attine cholarships in their enrollment class. Class A schools may submit the names of six boys and gra, Class B cond Class D two. Students applying in the 2013-18 schools yr de-point average on a 40 Scale) and have won a varsity productions are available only in digital format at manuel and an and bar won a substitute and class D two. Students applying in the 2013-18 schools yr de-point average on a 40 Scale) and have won a varsity is which the MISSA won tournament. Applications are available only in digital format at manuel and an an an an somit applications to their school atthlet-ic director, principal or guidance coursel-

#### Winter Games

slated for Feb. 14-16

Feb. 14-16 The Weige State State of the second seco

#### **Metro Invite** starts

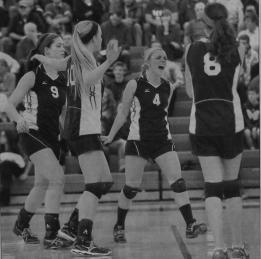
#### season

Season Anew the season be-time for 22-23 with the season be-time to a season b-time to a season b-tim

## Eagles clipped by No. 2-ranked Lakers PCA season of

'growth' comes to close in regional final By Tim Smith

excellent job of keeping the ball in play. "And they can fire from all areas of the court. They have the outsides, they run quick out attack from anywhere, it's tought to block." Concurring was senior out-side hitter Rachael Fuller, who noted that "most of the things, ers) were there for. Their libero was great, and think that was the biggest thing." Unlike two hights carlier. Unlike two hights carlier, er attempted spike kills were en of infang the right spots on



Celebrating a PCA point Thursday night are senior Jen Malcolm (No. 9), freshman Josie Postma (No. 10), senio Katherine Gibson (No. 4) and freshman Olivia Mady (No. 8). JOHN KEMAKI EXMISSION (No. 4)

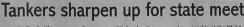
the other side of the net. "Part of that we had a little bit of breakdown on serve re-ceive," said Decker, whose team finished at 19-16-7. "When you're not passing well, it's easy for the other team to tell who you're going to set, and so they had their blockers camped out on our outsides. "And when you have a double

block waiting for you, it's much more difficult to put the ball down."

**Rally stymied** The opening set was a blow-out and set two followed suit, with Lakes building a 13-3 edge and coasting from there.

See CLIPPED, Page B2

"And when you have a double block waiting more difficult to put KATIE DECKER



By Tim Smith

GIRLS SWIMMING & DIVING

With a successful Kensington Conference varsity girls swim-ming and diving meet in the books, coaches for Salem and Canton are amped up for the Division 1 state meet Nov. 23 at Oakland University. "We had a real good division-al meet, we had a real good con-

forence meet," Salem head coach Chuck Olson said. "And now we're looking forward to having a better state meet." The Becks tell NPWet The Becks tell NPWet have a the conference meet (Nov, 8-9 at Novi High School). Also enthusiastic about the state meet is Canton head coach de Weber, whose team followed

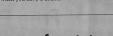
a championship at the KLAA South Division meet with a fifth-place finish at the conference "As a team, I'm very proud of the way our team swam at con-ference meet." Weber said. "Sta-tistically, we had an impressive 85 percent best time achieved at the meet. That's a good way for

See TANKERS, Page B3



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for you, it's much the ball down."



Salem's Linda Zhang is one of a number of swimmers from the Parl who will compete at the Division 1

#### LOCAL SPORTS

# Shootout lifts Whalers to 2-1 win came with just 2:44 to play in the third and was assisted by Connor Chatham and Francesco Vilardi.

The Plymouth Whal-ers looked for much of Friday night as though they'd come up on the short end of the stick and the stick Compuware Arena. But a late goal by Whalers defenseman Joah Wesley forced Wood 24 after prevailing Joah Wesley forced thockey League match mers sellout Scout Night Incode Joan National Dickey League match mers sellout Scout Night I twas a battle of netminders throughout.

netminders throughout, as both Plymouth's Alex

Nedeljkovic (31 saves) and Mississauga's Daw son Carty (30 saves) came up big time after

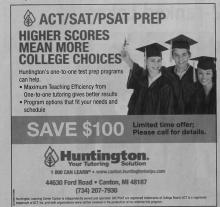
some up (10) saves) time. The Central Division-leading Steehends (12) 5-1.1) broke a 0-1 ite at 5-1.1) broke a 0-1 ite 10-1.1 broke a 0-1 ite 10-1.1 broke at 1

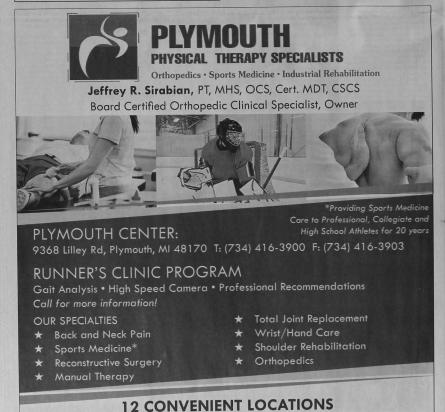
#### Crusader spikers roll in WHAC playoff opener

Despite being off for eight days, the unbeaten and fourth-ranked Ma-donna University wom-en's volleyball team showed no rust in Fri-day's Wolverine-Hoo-sier Athletic Confer-ence quarterfinal match

against visiting Indiana Tech. WHAC Player of the Year Emilie Freeman (Livonia/Lutheran West-land) recorded 11 kills and Kayla Vogel added 10 as the host Crusaders improved to 36-0 with a

25-12, 25-19, 25-14 vic-tory over Indiana Tech. Setter Evia Prieditis chipped in with 34 as-sist-to-kills, while Sta-to-kills, while Stacey Catalano contrib-uted eight kills and 10 digs.





customer and Francesco Vilardi. After neither team could mount much of a threat in OT, the contest in the second second second in the second second second in the second second second the second second second the second second second the second sec

**CLIPPED** Continued from Page B1

Continued from Page 81 PCA tried to chip way, trailing 16-10 fol-lowing senior setter Jen Malcolm's block against a Laker. The senior setter Jen Malcolm's block against a Laker. The senior setter Jen of an encouraging runs year by the wayside as Courtney Wightman encouraging runs courtney Wightman the Eagles block of the Eagles point with a tip. Doner with the Eagles point with a tip. Discoving the Eagles point with a tip. Back came the Lake tevere-point ges. Back came the Lake tevere-point m high-lighted by Ross' block and a spike by senior Anda as pike by senior Anchael Fuller (eight bighted from Hages) Backael Fuller (eight bighted from Hages) Backael Fuller (eight bight from Hages) Backael Fuller (eight from Hages

digs, three aces) tried to spark a rally from the The Correved four points in a row to make it a 16-12 deficit, with Malcolm feeding fresh-man outside hitter Olivia Mady for two spike kills. Mady tallied 12 kills, while another key con-tributor was junior lib-ero Callie Mortby, with 21 digs. Both players led the Eagles in those re-

tretching for the ball Thursday night is PCA freshman Olivia Mady (No. 8), with se ammate Rachael Fuller (No. 3) in the background. JOHN KEMSKI EXPRESS PHOTO

spective categories. But a defensive side-out by the Lakers the Eagles could not mount much of a threat the rest of the way. According to Decker, the Lakers would have be for anyway. But PCA was without junior middle blocker Kelsey Williamson (with her family on a pre-awhich forced Decker to juggle the lineup and give several freshmen more minutes than they might hotherwise and the several freshmen more minutes than they might a soon as you meas up that balance at all, it gets emotional for the other girls and it's players on the team. "And we ended up playing four freshmen at certain times and they how they players on the team. "And we ended up playing four freshmen at certain times and they how they the not used to the intensity and it is speed of the game and it kind of got the best of us to-sings, four freshmen at ceres), Linday Speed of bags the seven digs, five acces), Linday Wightman (12 digs), Samulon (12 kills), Courtney Wight-

blocks), senior Kristina Krupiak (four kills, five digs) and senior Angela Ludlow (seven digs).

Year to remember "It may proud of them," Decker said. "It is very or that a proof of them," Decker said. "It is young prick. But of young prick. But at the same time we had some great leadership from outlier, dry OMM essing the Statefree (Gibson and right-side hitter Joy Eastalaugh). They playeth as much heart. We went far this year. This is a lot further than last year and we just want to com-better every year." One of those seniors, Fuller, was sorry to see the said of the year. When the said. "It was so much fundt. We went far there yearly said." The we fresh-men we got this year. "And the seniors, I past low them as much better new additions. "And the seniors, I past low them as much there whad together because it was the best season that we could have had, for sourd:

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## COLLEGE VOLLEYBALL MU's Freeman WHAC Player of Year

Wolverine-Hoosier Athletic Conference regular season women's volleyball champion home three of the four major awards headlined by Player of the Vear Knille Freeman, a senior from A total of nine Crusaders were homered following a vote of the WHAC's I2 coaches. Senior Evia Prieditic Mil-tor for the transformer of the third time in her career, while yerry Abraham was honored as Cach of the Year. The transformer of the Year than was fellow senior Stacey catalano (Utca Elsenhover). Juniors Samantha Geie (Printport) and Keyla Vogel Hasting) were tabbed to the

Al-WHAC honorable mention that the share of the share of the construction of the share of the sh

Abroham Fiseman Thomirova (2007, 2008) and Prieditis (2012). The selection marks the Jith time in the last 17 years that a MU player earned the comment of the last 17 years that a MU player earned the comment of the last 17 years that a MU player earned the motion of the last 17 years that a MU player earned the locks with 133. Those two totals place her 21st and 5th respectively nationally as well. Her, 392 attack percent-and ranks seventh nationally. She was named WHAC Player of the Week twice this season and was selected to the CoSt-

A Capital One Academic Al-Dirit it and the appearance on the Arright appearance on the Al-WHAC 1000, 2010, 2012, 2010, 2012, 2010, 2012, 2010, 2012, 2010, 2012, 2010, 2

blocks. Geile ranks third among the Crusaders with 218 kills and has 190 digs to her

kille and has 190 digs to her creati. Bread of the set of the set

**BOYS HOCKEY** 'Rake and Run' gives Plymouth icers chance to serve community

#### By Tim Smith

Suffwree For Plymouths varsity boys hockey team, last weekends "Make and Run" community service project — where they spent five hours raking leaves and the service of the service method of the service of the Wildcast head coach Gerry Vento said the players are more than happy to help out more than happy to help out more than happy to help out protection of the service of the service of the service of the service them service the service of the service them service of the service of

try they live and they see for theme: many set of the propile need many set of the propile of the proping the propile of the propile. All players and coaches but one took part in the project, was excused due to his father's varing open heart surgery the day before. This was our third year doing the rake and run, and sping to be hard work, they have what to expect and actu-ally seem to enjoy it." Vento said. "It was a long day, raking from 8 am, to 1 am, but hoys every lawn done and that is obviously a great lesson on tamwork." Moreover, Vento added that projects such as "Nake and



There's another bag nearly filled up, thanks to the efforts of Plyr hockey players such as these

Run" help high school athletes keep things in perspective, perhaps when encountering a goal-scoring slump during the season.

"A lot of times they see stories on the news and it can appear to them that those

needing help are not their neighbors," Vento said. "This hits more close to home for them and they realize there is a world outside of their hock-ey/high school life and that everyone can make a differ-ence."

P-C Steelers put wraps on 'Super' seasons



is a good thing for him. Now he can just concentrate on his senior year."

#### Good fit

Soud fit On hand for the afternoom signing ceremony were par-signing ceremony were par-signing ceremony were par-time of the second of the the second beam when the second beam when the second of the base of the second of the second the second beam when the second of the base of the second of the second of the the second second of the second of the second second of the second of the second second of the second of the second seco

not to mention Canton coach-es. "It's very important (that they were at the ceremony); Jordan Nobles said. "They are an observed the second like to thank all of them for being here and just supporting me throughout my life." According to Darry! No-According to Darry! No-bles, another member of the Jordan's development as a basketball player - Darry! Nobles Jr, the Detroit Coun-try Day alum and Jordan's according the Detroit Coun-body and the Detroit Coun-try Day alum and Jordan's according the Detroit Coun-body according the Detroit Coun-try Day alum and Jordan's according the Dary of the Detroit Coun-try Day alum and Jordan's according the Detroit Coun-according the Detroit Coun-try Day alum and Jordan's according the Detroit Coun-according the Detroit Coun-try Day alum and Jordan's according the Detroit Coun-according the Detroit Coun-try Detroit Coun-according the Detroit Coun-according the Detroit Coun-

Flanking Jordan Nobles after he signed with Eastern Michigan University are parents Veronica and Darryl Nobles.

"For his size he's very, very skilled. That's why he's playing Division I basketball." JIMMY REDDY, Canton coach

about whether the latest EMU recruit can step in as a freshman and make a contri-bution. "For his size he's very, very skilled," Reddy said. "That's why he's playing Dan shoot it, he can score around the rim and handle the ball, throws it to the open player on time, contests and blocks a lot of shots defen-sively."

sively." Throw in a tireless work ethic and boundless energy as other reasons why Reddy sees a big future for Jordan Nobles.



Plymouth-Canton Steelers varsity and junior varsity football teams both concluded outstanding seasons on Nov. 10 by winning their respective Western Suburban Junior Football gue Super Bowks that were played at the Plymouth-Canton Educational Park varsity stadium. The varsity Steelers finished 19-10-01 atten pulling out a last-second 22-20 victory over the thom Heights Reskins. The UX Steelers linkinged 3-1 after upending the Westand Meteora 30-20. ox vispanzim Metros

#### TANKERS

#### Continued from Page B1

us to compare our perfor-mance from year to year. "We are off to state meet with several state cuts and plan to place better than we have in several years." The Rocks and Chiefs each qualified for the state meet in all three relays.

The Rodes and Cittle newso-qualities for the state meet in all three relays. "In the 200-yard medley relay, Salem was victorious (The Salem was victorious (The Salem was victorious (The Salem Vietorious) (

wallify in the 200 freestyle relay (state cut is 142.89). In fifth was Salem's team of Xu, jumor Stephanie Solter-tag and senior Julia Surrano Tudia Surano La Chiefe slocked in sixth at 142.44.00 that unit were soltan senior Machine Machine Machine Machine Machine Salem and Catado free relay (with a state cut of 34509). Salem and Cathof Team (sloper) (with a state cut of 34509). Salem and Cathof Zhang and Salem Salem Team (sloper) and Salem Salem (sloper). Mark Salem Salem Salem (sloper) (sloper), sloper, sloper), sloper), atomo's Saudo (junior Claire Green, Osika, senior Machen-tie Dugas and Malison made the cut with a time of 344.44.

Individual cuts Following are individual state cuts for the Rocks, Chiefs and Plymouth Wildcats (sev-enth in the conference meet

with 286 points). The state cut per event is listed in parenthe sis.

Will corp Homes react components of the second seco

seconds. » 100 free (54.79): There were no state cuts at the con-ference meet for P-CEP swim-

mers. » 500 free (5:18.79): Qualify-ing with a fourth-place time of

5.08.49 was Canton's Green. » 100 backstroke (10.1.9): Salem's Solterman (second, 25.06) and Rowe (third, 10.09.77) in the preliminaries, was Phy-mouth junior Alexa Earls — who finished in 10.07.2. » 100 breaststroke (1:09.79): Salem's Linda Zhang was first place overall with a time of 105.12.

#### Good swims

Good swims Weber listed a number of other Canton swimmers who had strong performances at the conference meet, although not making state cuts. Topse were as follow 216.32 in prelims), Jucety 216.32 in prelims), Jucety 216.32 in prelims), Jucety Smith (30 free, 27-91 in prelims), Melissa in Li dives), Ostaka (000 fty, 102.60 in prelims), Brenna

Plymouth junior diver Megan McKeehan also had a solid performance. She totaled 284.80 in her 11 dives.

LOCAL SPORTS

# Area's top runners set fast pace, high standard

FIRST TEAM Zane Berlanga, Sr., Plymouth: From the first practice to the Division 1 state final, the senior was everything and more any coach could ask out of a go-to runner. "Zane started the sea-son a sour No. Trunner," coach lon Mikotz said. "He stepped up at the big meets and showed that he swith at flakes to run with the top guys in the at-

Berlanga became the seventh all-state runner in the 11-year history of the team, placing 23rd at the state meet with a time of 16:01.04.

16:01.04. He was the driving force behind Plymouth's third-place finish at the D1 regional at Willow Met-ropark; his time of 16:03 was good for fourth over-all as the Wildcats qual-ified for the state meet as a team.

A team. Mikosz added that a

Term Mikors addet that a wet and muddy course at Whichgan international Speedway in Brooklyn might have cost Befanga a chance for the fastest might have cost Befanga a chance for the fastest might have cost Befanga a chance for the fastest mound 1548 to have a new school record." Outed phang bird at the Wayne County Champi-outed phang bird at the Wayne County Champi-ound fastest in Ply-mouth history. Tony Floyd, Soph, Franklim: The sophomore infin fastes in Ply-mouth history. Tony Floyd, Soph, Franklim: The sophomore pointing a personal best 1605 en route to a sixth-pointing a the regional bace finish at the regional bace finish at the regional at Mas. Floyd's other top fin-

omore to finish overall at Mis. Floyd's other top fin-tises included fourth, Livonia City meet, fifth, Livonia City meet, fifth, KAA Invitational and stifth, Ken-sington Conference meet undth flyspare. In the came down from a 1733 much this year. In the came down from a 1733 at the first meet to a 1605 at the regional," Franklin ocach Walk Resort said. "Tony did himself proud grader and coming in Séth grader and coming in Séth at the state finas meet. "Tony sphenomenal improvement is a direct result of his strong wor exclusion for yoals. Tony



will be a force to be reck-oned with next season as the continues its stady time more than the stady time of the season as the top finisher for the 200 season, including five 200 sea

The second se

(16:54.6). Other top finishes in-cluded a first at the sea-son-opening South Lyon Invitational (16:48); eighth, Wayne County (16:29.2); and 12th, Ken-sington Conference (16:29.9). "Combon bod 2 uppy

(16:29:9). "Stephen had a very good senior season," Ste-venson coach Chris Inch said. "He started by win-ning the South Lyon In-vite. His best performance came at regionals in a career best 16:04. Stephen ran the fourth fastest 5,000 meters in Steven-son's history. I am really proud of how Stephen ran



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2013 ALL-OBSERVER BOYS CROSS COUNTRY FIRST TEAM COACH OF YEAR

HONORABLE MENTION Churchill: Patrick Dahlin Ser Toynologia e wich too ownails too Accession, Andree Mark Franklin: Nort Legen Color Forgace, Nathan McCall, Gege Reeker Stevensore: Ryn Cole offere Bunkach, Noders Stattoor, et al. Cole and the state of the other Bunkach, Noders Stattoor, et al. Cole and the state of the other Bunkach, and the state of Mayor Pr Barren Naah Saran Naah Doullard, Inas Hefma My mouth Christiaan: Jacob Baily bey Tarell, Gatelfens My randi, Gatelfens Marc Barren Marchan Christiaan: Jacob Baily bey Tarell, Gatelfens Marchan Taren Ahmor, Redfath Farming arden City ford Unio

this year. He is a hard worker and a good kid." **Matt Pahl, Jr., Ply-mouth:** Tircless training paid huge dividends for Pahl, who improved tre-mendously from his soph omore season, Mikosz said

mendously from his soph-omore season, Mikoz Said. The pot in a lot of the season season with the season season." Mikoz said. "He went from just making the varsity team last sea-son to being in the top three on the team in every race this season." Pahl shaved monthan the Pahl shaved monthan Pahl shaved monthan Pahl shaved monthan the season the season the sea



M. Pahl K. Jones Version of the second seco

9, networks to the hyperbolic sector of the sector of the

state race finishing 168th In 708. Ar egularsesson in-vitationals Residev was fourth at the Early Bird, stath at Rive Farly Bird, stath at Stath at Stath (The was seven thin the OAA White Division. Brad-ley Ada best time of 16.24. "Max had a terrific season, "coach Paul Welds The Was externelly focused and committed for and declaration he showed matching Max grow and develop over the past foour varking Max grow and develop over the past foour years as an athlette, leader and respected young man. I am confident Max will continue to make an im-



pact as he enters his next chapter of life." Malik Jordan, Jr., Waynes No. 2 finisher in 13 of 15 races this season, including a seventh at the Lake Fine Metropark re-gional (16:45) followed by a 107th in the Division 1 state meet (16:46:7). Drdan included second, Crestwood Charger In-vitational (16:42): 10th, Warrior Classic; 14th, Mus-tang Invitational (24:42): 10th, Warrior Classic; 14th, Mus-tang Warrior Market, 14th, Mus-tang Warrior Market, 14th, Mus-tang Warrior Market, 14th, Mus-tang Warrior Market, 14th, Warrior Market, 14th, Mus-tang Warrior Market, 14th, 14th, Warrior Market, 14th, 14th, 14th, Warrior Market, 14th, 14th, Warrior Market, 14th, 14th

ample to become better runners. "Our entire team has improved since James started competing for us. We are very proud of James and excited to see what his future holds." **Matt Cohan, Jr., Chur-chill:** The junior was 15th a the Division I regional with a personal best

16.22.9 and placed 200th at the state meet. Other top finishes in-cluded sith, Livonia City meet and KLAA Invitation (16.51.7); Berk, Kenington Conference (16.37.6); and Green race (16.49). "Matt thad a real year nice year." Churchill cadh John MGCreevy aid." If ear meets. Mart is a very hear and the same of the real that is a very wants to improve weekly. He was an impor-tant factor in any success team. He is a good same and port Mart is an stop port, Mart is an stop port, Mart is and the possesse a unique sense of humor who is really.

constantly moving. He possesse a unique sense of humor who is really liked by his teammates." COACH OF YEAR Tom Gibson, Wayne: The third-year coach guid-ed the Zebras to their first state finals berth in 29 years after third place finish at the Division 1 Lake Frie Metropark re-gional.

Lake the Metropair Ke-gional. "We started the season with 14 runner, the larg-extra sign of the boys had extra sign of the boys had never run cross country." said Gisson, who ran at weetrand cross of sign of the boys had of the University of De-troit. The boys were prepared for the season with six running at least mer. At the first practice with six running at least mer. At the first practice boys never the country of S-2 in dual meets, also capured the Cestwood Charger Invitational. Oth-capured the Cestwood Charger Invitational. Oth-country, Kensington Con-ference. "I am very proud of this seam," said Gisson, whose team took 23rd out of 27) meets the the seam. The dual meet and the season-During that race, leight would, where we narrow-During that race, leight yong ran an over angle per-sonal berts and the other sonal berts and the other boys ran an over angle per-sonal berts and the other sonal berts and the other when the the tareas."

## Madonna runners 6th in WHAC championships

The Madonna Univer-sity wompie-cross com-try ym on pie-cel sixth out of 10 teams in Saturday's Wolverine-Hoosier Ath-letic Conference champi-comparstone Univer-sity, led by individual bouse-captured the team ittle with 38 points fol-boused by Individual Tech Song Aquinas College (cb), Steam Leights (U13), Davenport (122) and MU

d.53). Ossterhouse covered the 5,000 meter course in 18:30.78. Junior Bianca Kubicki (Canton, back after a month layoff because of injury, was Madoms 19:51.94). Rounding out MU's traile Gallapher CLivon na Stevenson). 35th office was Jackyn Sa-wasky, 34th (20:14.54); Karlie Gallapher CLivon na Stevenson). 35th office was Jackyn Sa-wasky, 34th (20:19.33) and Ni-

MU volleyball

MU volleyball And open tryout for the Madona University women's volleyball team will be from 10 a.m. until noon Sunday, Nov. 24 at the MU Activities Center. The tryout is open to any high school senior or college transfer interested in Madonas for a spot on the volleyball team for the 2014 season. For more information con-

For more information con-tact assistant volleyball coach

cole Murley, 49th (2053 45). On the ens side, Aquinas led the 10-team field with 25 points fol-lowed by Indiana Tech, second (55); Stena Heights, third (84); Cor-nerstone, fourth (127); Davenport, fifth (135); and Mis Falling of Cor-nerstone was the 8K winner in 24:54:37. Nathaniel Theobald was MU's to pfinisher in 22nd (27:00.83) followed

by Jeff Grzywinski, 27th (27:22.98); Ryan Carri-gan, 34th (27:58.89); Nick Brubaker, 76th (32:13.12); and Erick Roth, 79th (33:28.41). WHAC All-Academ

WHAC All-Academic A total of six Crusad-ers were named to the Academic All-WHAC team led by two-time selections Kayla Daugh-erty (Brighton) and Grzywinski (Monroe St. Mary Catholic Central). A student-athlete

must be a junior or sen-ior and have a 3.25 cur-bar of the sense of the sense before consideration. Joining Daugherty on the organized sense prom Driven Cell, Nub-tick and Sawasky (1da). Theobald (Morror Of the sense of the

0238

were also the Crusaders' selections to the WHAC's Champions of Character team as the student-athletes who best repre-sents and carries out the NAIA's Five Core Values of respect, responsibil-ity, servant leadership, sportsmanship and integ-rity.

MU's Patrick Daugh-erty was selected by his fellow women's cross country coaches as the Coach of Character for the 2013 season.

028. **Book State** 100 -

### AAU Jr. Crusaders

Tryouts for the AAU Junior Crusaders will be Sunday, Nov. 17 for the following age groups at Madoma University Activ-tites Center, 56600 Schoolcraft Road, Livonia: Girls 125 and 138 – 1003 p m; 168, 178 and 188, 3–430 m; 168, 178 and 188, 3–430 m; 168, 178 and 188, 3–430 m; 169, 178 and 188 m; 169,

would be in the 10-year on ag-group.) Practices for the 2014 sea-son begin Tuesday, March 4, 2014, All practices Tuesdays and Thursdays. Practice times are TBA at this time. The program cost is \$565

SPORTS ROUNDUP

Brian McClain at 248-495-5307; or via email at bgmcclain1@aol.com.

# (five tournaments including the state AAU). For more information, con-tact the MU volleyball office at (734) 432-5612; or assistant coach Brian McClain at bgmcclain1@aol.com.

bgmcclain/@ad.com. Goff Instruction HGA professional Timi HGA professional Timi Sample State (Sample Sample Sa

course playing lesson at the virtual golf simulator from 7-8 veloarty Sports, 46245 Michie gan Avenne, Carton, CThe cost is \$30 each; limit 3-6 persons). A golf conditioning class will be offered from 0.0-8/11-30 am, Thursday (Nov. 21 at HA-am, Thursday (Nov. 21 at HA-m), Closs tis \$25.) RsyPn to later than four hours before the start time of any one class. (Class days and times). To register, visit www. Trainwith Tamicom. Por more information, e-mail Trainwith Tamicom.

# B5 (CP) SUNDAY. NOVEMBER 17, 2013 COONTINUE LIFE

# Holiday cards benefit charitable causes

Greating cond from the also supporting a good cause. Here's away to spread outporting a good cause. Here's away to spread outport of the also support of the also supp

» Forgotten Harvest Cards and envelopes are sold in packs of 20 for \$28 and include shipping and handling. A tribute card, which can be slipped into the holiday card, is available for \$5. The collection in-cludes two new holiday

cludes two new holiday cards, designed by Matt

Leharts Illustration in-bors two d'Forgotten Harvest's 2012 bestsell-ers, Two Turtle Doves and Snowy Farm Scene. Last year, the pro-leged Forgotten Har-vest rescue 45.5 million bielged Forgotten Har-vest rescue 45.5 million pounds of food. The or-ganization collects sur-time to the state of the second transmission collects are survey in the second scene of the second transmission collects are survey in the second scene of the second transmission collects are responsed to the second scene of the second transmission collects are survey in the second scene of the second to the Health Departs ment-approved sources, this donated food, which waste, is delivered free of charge to feeding programs throughout southeaster about Forgotten Harvest are also the second about forgotten Harvest are also the second about forgotten Harvest are also the second about forgotten Harvest transmission to providing kindly, contect are seavicies forgotten harvest or go 7248-967-1500, Ext. 151. a Seedings Braille Pers several different bioliday cardis, contect are also the biel support its mission to providing history the second about forgotten Harvest to providing history or 248-967-1500, Ext. 151. a Seedings Braille Pers several different bioliday cardis to help support its mission to providing history the second program for students viti visual impairments created the artwork on the card. The greeting mission al 2 envelopes and a savaliable for \$16.



Matt LeBarre Illustration in Royal Oak created this new greeting card for Forgotten Harvest's holiday collection



Prince, the Pekingese and kittens, Sterling and Veronica, send "warm and fuzzy holiday wishes" to recipients of the Michigan Humane Society holiday card.

Seedlings also offers two additional sizes of holiday cards, a deluxe size and a smaller size. Both versions are cre-ated by Pumpernickel Press and priced at \$18 per box of 16 large cards and \$10 per box of 10 smaller cards. To vf Seed-ings' holiday cards, visit: www.seed-Ings.org/2013cardbro-chure.pdf. Proceeds from eard sales will help support Seedlings' programs and services and enable them to place braille books into the hands of visually impaired children locally and around the world. Buy the greeting

Forgotten Harv best seller st's four-card collection includes this 2012



A child in the Livonia Public Schools preschool program for students with visual impairments designed this card for Seedlings Braille Books for Children.

It's a Wonderful Life Starring James Stewart & Donna Reed Directed by Frank Capra

HOME ALONE

**REDFORD THEATRE** Enjoy our 1928 Barton Theatre Organ played 30 min. before each show

November 22nd 8pm



November 23rd 1pm & 8pm Tickets \$6.00 Special Guest Appearances by Karolyn "Zuzu Grimes at all three shows. Ms. Grimes will have unique items available for sale and autographing **HOME ALONe** 

Starring Macaulay Caulkin, Catherine O'Hara, John Heard, Joe Pesci & Daniel Stern

See CARDS, Page B6

December 6th 8pm December 7th 2pm & 8pm Tickets \$5.00

Santa will be here Don't forget to bring your camera and take a picture with Santa Claus.



COMMUNITY LIFE

# A journey to the glory days of Spain, Portugal

#### By Jay Young

Composition A trip to Spain and Portugal today provides a virid reminder of the days when these two of the known world from the Shi J7h centuries. Wealth acquired from explorations to the New World is evident today in emonuments throughout southern Spain and Por-tugal.

monthers to pain and Por-tugal. We started our tour at the Royal Palace in Ma-drid, Spain's capital. Modeled after Version rooms and is filled with luxurious tapestries, chandeliers, priceless porcelain and gold leaf. The Prado Museum, the Burger of the Starter of the processing of the Starter contains more than 3,000 canvases. If can be over-whelming, but if youre digent, you'll find whole rooms filled with the oroms filled with the start hand Diego Velaz-gues as well as other fualan and Flemish mas-ter.

Tailian and Flemish mas-ters. After three days in Marid, we headed south with our 35 Grand Circle Marid, we headed south medieval, circly of Dieldo, picturesquely set on a hill overlooking the Ta-gus River, and then on to Cordoba, which provided a to the interplay of Moorish and Christian architecture. Its most famous land-mark, the Mesquita, is a Moorish and Christian architecture, and the discussion former mosque with aire and marble arches. In the enterts is a 16th century Remaissance cathedral, It remarkable tolerance the monthelist reli-gions that characterized Cordoba during it hey. gions that characterized Cordoba during its hey-

# Sprawling palace

From Cordoba we traveled past endess olive or bards, scaling windmills right out of Don Quistocit, scaling and greatest Moorish palace in Spain, the Al-ration of the scaling and greatest Moorish palace in Spain, the Al-ration overlooking Granada, the Al-Mambra is a complex of palaces designed to be a paradise on earth. The architects and entry overlooking plaster stalactics, scal-tiple colored tiles, scal-tiple colored tiles, scal-toped windows overlook-ing the city and court-ventering pool plaster stalactics, mul-tiple colored tiles, scal-toped windows overlook-ing the continued our pourrey to the Costa del Sol and the scaside city of Malaga, The US Spain hing the modern port A vown of Salima allowed unch with several local mailies, a mujee "learn-ing and discovery" te-ueries.

tured on all GCT itiner-aries. We ended the Spanish leg of our journey at Seville, a city famous for its massive Gothic cathe-dral, the burial site of Christopher Columbus, and the riveting music and dance performances of the Flamenco.

or the ramence. **Perchaguese Horses**. From Seville we con-tinued northward toward Lisbon, stopping at the Alentejo region of Portu-tion Carses and the the Alentejo region of Portu-tanch has been in exis-tence for more than 200 work horses for their strength and endurance. For the past 25 years, the dot land and sport horses which they sell worldwide. orldwide. After a stop at the

AND GOODFELLOW



The Explorers monument in Lisbon, headed by Henry the N discovery by intrepid Portuguese explorers

discovery by integral ponce coastal town of Cascais, ested mountainside to the we traveled up the for-ested mountainside to the Portuguese royal family, and then ended out trip with a five-day stay at Madeira, avoident Sob miles off the coast of Madeira, provided a beautiful and restful way nown voyage of discovery on the present-day re-minders of the Golden Age of Spain and Portu-an Circle Tayle altowards

gal. For more about Grand Circle Travel adventures, visit www.gct.com or call 800-221-2610.

Jay Young is a Canton resident and frequent traveler.



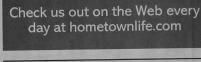
Jay and Linnea Young of Canton are pictured along the rugged, volcanic coast of the Portuguese island of Madeira, one of only two possessions remaining of the former Portuguese owning

### CARDS

ed from Page B5 cards from 9 a.m. to 5 p.m. Monday-Friday, at the Seedings office, 14151 Farmington Rea Livenia antimgs org. Call TA4427-852 for direc-tions and more informa-tion. • Children's Hospital offers a card with art-work by Claire and Lucy Thomson of Clawson.

They created the pic-tures, of a snowman un-der a dark, starry night for the card front, and a Christmas tree with pre-bonor of their state, homor of the homor homor

imprinted with the send-ier's name for an addition-al cost. Gift cards are also available by making a donation to the auxilio-ty of 55 per card, the denor will receive a spe-cial card acknowledging the gift. Buy holiday cards online at childrenshospi-tolorinichiganauxilia ryorg, at the hospital, or at f cool Neighbors Pamily Pharmacy, 1956 Venoy, Westland, 734-722-8774.







128 The Westland Goodfellows is holding a toy and food drive The westanti opoderelows is notanig a toy and food drive. Donations of toys, hats & gloves, and non-perishable food items can be dropped off at any of the following locations All donated items will be distributed to Westland families this Christmas.

Donation boxes available November 1 to December 7th, 2013 Participating Goodfellows' Partners

Воласа о вохея аvallabes. Анкан сачалае, наява ранае Ка Стакуранае Каранае Кара

vember 1 to December 7th, 2013 offellOws? Partners: 956 N. Newburgh, Writhand 25208 Michigan Aw, Wayne 37644 Ford Rd, Weitland 8200 N. Wayne Rd, Weitland 820 Nr Wayne Rd, Weitland 84764 Waren Rd, Weitland 4475 Ann Arbor Rd, Pymouth 1465 Venoy, Weitland 3470 Namkin Rvd, Westland 3470 Namkin Rvd, Westland 3570 Namkin Rvd, Westland 3980 N. Christien, Westland 1400 N. Wayne Rd, Westland 3981 W. Five Mile Rd, Pymouth 37140 S. Crchard Cr, Westland 1808 N. Wayne Rd, Westland 3981 W. Five Mile Rd, Pymouth 37145 S. Areburgh, Westland 1808 N. Wayne Rd, Westland 3985 N. Robergh, Westland 1808 N. Wayne Rd, Westland 1808 N. Wayne Rd, Westland 1808 N. Wayne Rd, Westland 500 S. Wayne Rd, Westland 500 N. Wayne Rd, Westland 500 N. Wayne Rd, Westland 500 N. Wayne Rd, Westland 500 D. Christion Dr., Westland 500 D. Red, Westland 500 D. Red, Westland 500 D. Christion Dr., Westland 500 D. Red, Westland 500 D. Christion Dr., Westland 500 D. Red, Westland 500 D. Red, Westland 501 Ford Rd, Westland 503 N. Wayne Rd, Westland 503 N. Wayne Rd, Westland 504 N. Wayne Rd, Westland 504 N. Wayne Rd, Westland 505 N. Wayne Rd, Westland 507 D. Ford Rd, Westland 508 D. Rober 708 C. 7 www.westlandgoodfellows.org 32715 Dorsey St., Westland, MI 48186 734-788-2270

## Support group addresses needs of neurofibromatosis patients

N estarolibromandia ace. Orphan diseases occurs join drequently that they only at much commu-tion and medical atten-tion and medical atten-digences, such as dis-bets much attention and attention and attention and attention attenti

NF-2 support group In May — National Neurofibromatosis Awareness Month — I had the distinct honor of the Michigan NF-2 Sup-port Group in Farming-ton Hills. I was asked to

#### REUNIONS

CLARENCEVILLE CLASS OF 1973 10-year reunion, 7 p.m. to 1 a.m. aturday, Nov. 30. For ticket nformation, call Sharon at 734-261-3264 or email her at sculbert263@gmail.com.

## FERNDALE HIGH SCHOOL CLASS OF 1973

40-year reunion is set from 7 .m. to midnight Friday, Nov. 29 t the iroquois Club, 43248 N. Voodward Ave., Bloomfield ilils. Call 248-451-9653. Tickets re \$75 presale only. \$75 presate only: tickets from w.73fn40.reunion hager.com. Join the reunion ebook page at w.facebook.com/ ups/503456823023714. inion contact is Sande East-

# LIVONIA CHURCHILL CLASS OF 2003

-year reunion will run 7 -midnight, Friday, Nov. 21 Ine Under, 35780 Five Mil-nia. Tickets are \$45 in ad-ce and \$50 at the door an ade open bar and snacks. aCHS2003@gmail.com o afb.me/18sUG9X

## WAYNE MEMORIAL CLASS OF 1964

Soth class cur 1964 Soth class reunion is set for Friday, May 16, 2014, with a social event planned for Sat-urday, May 17, 2014. Email to kchorbagian@hughes for more information.



speak to the group about the psychological and or of orphan diseases. The group is organized by Dorothy Barnire and her co-facilitator, Terri Rausch, Barnier told me that there is a strong that the strong that the strong of the strong that the strong areas. Some mem-bers have been dealing the cleades, and others have been dealing the cleades, and others have been dealing the strong recently. As I un-derstand it, Michigan appears to have the only (MF 2) support group in have worked with over years, the leadership and members

of this group are exem-plary. I sensed a great deal of support and em-pathy among them dur-ing their meeting. Cap-tioning is provided for members with deafness. This unique service is accomplished through complished through provided through

## Psychotherapy's

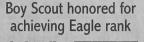
**Psychol** The arge at low of the start of t

Passages

Trecently worked with a person who had to career as a teacher be-career as a teacher be-career as a teacher be-sense of a devastating medical diagnosis. When saked about her plans, she said there had to be something measuringfal be didn't know what it "simal as the said. "It have to find it. I will find was. Then she said, "It have to find it. I will find to find the said." The strength and courage of som Gregory, a South Lyon resident. I asked life after trauma, and hie aid, "It's about parts."

Len McCulloch is a Diplomate of the American Psychotherapy Association. He is credentiaded in mental health, substance abuse, brain injury, traumatic stress, and social work. McCulloch can be reached for consultation at 248 474-2763, Ext. 22.





Peter Romero of Fars-mington Hills recently earned the rank of Eagle scout. His achievement was recognized at an Eagle Scout Court of 0, at the First Presbyterian Scout reduction and the scout earned State Scout of 10, at the First Presbyterian the First Presbyterian Scout Scout Presbyterian Scout Scout Presbyterian Scout Scout Scout Scout House Scout Scout Scout Respuechts Presbyterian Scout Reduction Scout and Scout Scout Scout Scout and Scout Scout Scout Scout Scout Scout Scout Scout Scout and Scout Scout Scout Scout and Scout Scout Scout Scout Scout Scout Scout Scout Scout and Scout Sco



Romero year. He led a team of individuals in building a wooden sailboat to individuals in building a wooden sailboat to individual in building individual and to sailing program. His individual and sail yane 2013. Which is at Har-rison, he applied the mary leadership skills he honed in Scouting to his una 2013. Which is at Har-rison, he applied the mary leadership skills he honed in Scouting to his anader of the Harrison Parmington Phoenky Farmington Phoenky Farmington Phoenky es tudies computer science engineering and plays tromboon in the marching band.

View Online www.hometownlife.com

How to reach us: 1-800-579-7355 · fax 313 Deadlines: Friday, 4:15 p.m. for Su ALBRIGHT, PAUL JOHN

ALRIGHT, PARL JOHNSON, Wennber 14, 2013, Paul born Durahom, MU, Seynon, MU, Seyno, MU, Sang J, by Paul protections (Seen Albright of Eaton sons, Christopher (Patri-right of Lansing, Danne of Langaburg, daugh-aren (Don) Meyers of LeAnn Albright of Ea-ded, Carol (Phillip) Hicks and Carol (Phillip) Hicks and Carol (Phillip) Hicks Rev. Raymond Gerard of Dertoit Paul was d in death by his parents, i con Saintay, November 3 at St. Peter Catholic an. Saintay, November 3 at St. Peter Catholic St. E. K. B. S. Con-celebrating. Interment - Odell I

May you find comfort in family and friends



ALFORD, KEITH ALAN (SKEETER) OF Dexter, MI. Died on Novem-ber 14, 2013 at age 79 Keith was born November 22, 1933 to Thora E. (Carison) and Arthur J Alford, in Lansing, Michigan We errew, ung inthe Iron Mountain Afford, in Lansing, Mie Afford, in Lansing, Mie He grew up in the from Mo and Plymouth areas. Keith uated from U of M in 195 1961 and was an educator Plymouth Community He served two Arms. K Army. Keith married Janet ison) in 1962 and she su n addition, he is survived seloved sisters, Marjorie Id) Easley and Nancy (Gr Boitano; in-laws Kathy Mi and Richard Morrison; ne Nature Michael Bicherd



BERGQUIST, RICK JAMES mher 12, 2013 Age 22-ed son of Rick A and Bergquist. Loving bother on Cherished uncle of Balley. Alos survived by y, and friends. Services Mory Funeral Home. Drive Mile (between de may be made to Growth de may be made to Growth as or Livons Save our h. To view Rick's life story. b. are survived by the guest share a memory or upload share a memory or upload

Life Story Funeral Homes

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undary pager \* Wednessing, 80 BONNNECTOR and a set of the set of

day naper + W

lor. He was father and voted his life vived by his dren, James Karen (Jim) to God. John to wife Joan; his childre (Pat) Bonander and Ka Canfield; his grandchild "JP", Billy and Libby; Margery (David) Lund his brother David nuer. In fleu of flo butions may be made and Girls Club that s and Only Chub that serves community. A memorial c was held on Monday, nber 11th at 1 PM at the ughby Hills United Meth-Church 34201 Eddy Rd, ughby Hills OH 44094

#### COOPER, JILL MARGENE

JILL MARCENE ge 64, of Butle Creek, Michi-an, passed away on Thuraday, iovernhee 7, 2018 at The Mano-towerhe transmission of the Con-me 9, 1949, the daughter of loward Levroy Dunlap and Patri-lia Jorraine (Concry) Dunlap. Il was a graduate of Plymouth II was a graduate of Plymouth matching and the Constru-tion of the Construction of the Network of the Construction of RN certifications at Actingg oromunity. College and later arred a Bachelor's Degree at pring. Arbor College She Treek area for many years, in the mergency room, infensive care

Donald MI: Cant

Joe (Dian, FL and John edford, MI

for Thursday n COWDEN, MAXINE M

<sup>12</sup> of Bear Lake, died Wed-y November 13, 2013 at rum Health Ludington Hos-She was born May 12, in Benton Harbor the ter of McDonald and Fern he was bo n Benton of McDon rbor the and Fern She at-hool and diaghter of McDonase Quisenberry Council She at-tended Bear Lake School and James Whitcomb Riley High School in South Bend, Indiana graduating in 1939 On June 21, 1939, Maxime monred Geräld Keith Gowden at the Methodist Clurch in Bear Lake, he preced-duct and the council as a monred as a



#### KATAFIAS ROBERT A

MIKOLAJCZYK, FRANK A. November 9, 2013, 83. Beloved husbani

#### STEBBINS, NANCY JANE

, passed away on 2013; beloved r Robert, Cathy,





### SHARON DARGAY, EDITOR 313-222-8833 FACEBOOK: HOMETOWNLIFE.COM

## Clinical trial looks at treatment for tennis elbow

A procedure intended to help head musculoskeletal injuries called plateler rich plasma therapy or PRP. has created a big burzi in sports medicine and the media in recent years. Tiger Woods reportedly received the proce-burgh scalerer. Hines Ward used it for a sprained knee ligament just before playing a key role in the team's 2009 Super Bool victory. However, the method—a which involves concentrating blood sample and re-injecting them into the injured area to boost the body's own healing powers — is expensive and rarely covered by insurance



because it lacks scientific re-search to back it up. The science of the science

"The popularity of PRB has more of enter this the exist-neces" and the provided in the exist-ter Dr. Jon Jacobson, M.D., U.M. Musculoskeltal Division director and professor of radi-loggin in the JAM Medical School. "Tennis elbow can be a goal of the study is determine whether symptoms are im-proved in people who receive alternative eRB injections compete valent and much the enter the study of the study of the enter the study of the study of the and much the study of the enter the study of the enter the study of the study of the enter the study of the enter the study of the st

Various treatments

# Researchers will compare the effects of physical therapy alone vs. physical therapy alone vs. physical therapy index the state of the state of the state of the state of the dist that of to divide heading re-injecting the patient's ve-nous blood, or re-injecting concentrated platelet-rich layer of a patient's own blood (The trail as a blind study, meaning participants won't know which treatment they'll receive.

"PRP injection has emerged as a treatment alternative for many musculoskeletal condi-tions and recently been pop-ularized by the media because

#### MEDICAL DATEBOOK

Cykiert, a registered dietitian, who v talk about cooking and nutrition for chemotherapy patients. For more

#### WALK WITH A DOC

Dr. Patrica A. Schmidt will discuss trees and burnout, which can affect emotion al and physical health, noon Thursday, Nov. 21, at Heritage Park Nature Center located on Farmington Road, between 10 Mile and 11 Mile, Farmington Hills. Meets rain or shine and Includes a nature walk. Register at 877-847-Doct (3621), option 1. This will be the final walk of the 2013 season. Walks will resume in March 2014.

## DECEMBER KIDNEY BALL

KIDNEY BALL The National Kidney Foundation of Michigan will hold its ninth annual Kidney Sall beginning with cocktails at 6 gm and dinner served at 7.30 gm. Saturday, De. 7. At the MMG Grand in Detroit. The event, which features the theme "A Midwinet Right's Dream," will include a night of her muci, danc-ing, a few action, bient-auton, food, cocktails, and even a candy "Dat" to to gif the evening Table are 5350 ger-wower.kfm org/events or by calling person, available www.nkfm.org/e 800-482-1455

ONGOING AQUATIC CLASSES The YMCA of Metropolita the Arthritis Foundation h itan Detroit and aquatic classes of arthritis. Classes on Tuesday a

VETERANS

of its use among well-known athletes, however it costs more than other options and success stories have yet to be properly grounded in science," Jacob-

grounded in science," Jacob-son said. "If we find that platelet-rich plasma is better compared to the other treatments, it would justify the high cost and grows the the procedure." The study orginates at McMaster University in Ham-iton, Ontario, and UM is part of a multi-institution random ized at the study, call 734-936-4365.

the Farmington branch and 1-1:45 p.m. Monday and Wednesday at the Livonia branch. To join or for more information

REAST CANCER SUPPORT

Meets from 6:30-8 p.m. the second Tuesday of each month in the Atrium Our Lady of Hope Cancer Center, St. Mary Mercy Hospital, 36475 Five Mille (use south entrance off Levan), Livoon Call 734-655-1100 or visit www.stman

severy Hoipital offers free blood pressure learning, cholesterol (85), and the first tready of each month in the main bloby of the hospital, 6245 links Read, Garden CIV, No registration in required Senior Citareic on Hwan their dange, dataBaar, the first and third Tuesday and second and South Thurs-day of each month at Wattind Shoury New Packal In Westland; 1015 a m every other Weshned and y stangheveod, Community, Center, 31735 Mapleveod, Community, Center, 31735 Mapleveod, Stefan City, and Senior Scholar Scholar Heiningway, Redford Towand, 2017

eir able-bodied family and friends, articipate in singing. Call Len McCu ch at 248-474-2763, Ext. 22, or visit

BLOOD PRESSURE

e testing, cho nel (\$10) \*

CHOIR THERAPY

identify bladder cancer The Detroit Medical Cen-ter Sinai-Grace Hospital is the first in Michigan, and one of a select number of medical

the tirst is witching and and one of a select number of medical order of a select number of a s

proved visibility of the tumor, resulting in the ability to remove the entire tumor, thus remove the entire tumor, thus remove the entire tumor, thus removed the entire tumor, thus removed to the entire tumor, the removed tumor term entire removed tumor the entire tumor removed tumor the entire tumor removed tumor tumor tumor removed tumor tumor tumor removed tumor tumor tumor removed tumor remove

#### Tis the Season for Excess ...which can be problematic if you have diabetes.

#### Ask A Garden City Hospital Health Expert



The holidays are a wonderful time for enjoying family and feasting on a cornucopia of delicious foods. However, if you're one of the many with diabetes, the holidays can mean added stress to an already challenging situation. Garden City Hospital's piabetes Education Coordinator, Sharon Goodsell, RN, BSN, CDE, provides some valuable tips for better managing diabetes.

Q: What advice can you give someone newly diagnosed with diabetes

- What advice can you give someone newly diagnosed with diabetes during their first holiday season? The holidays bring added stress for many people. Therefore, it's important to test blood glucose levels on a regulato tasis. It is also ideal to plan ahead by thinking about how to handle certain issues like extra snacking and alcohd use. Talk with your doctor about how to best handle any change in meal plan or physical activity routine. One might plan on being more physically active to helpform off any extra calories from a holiday meal. It is essential to confinite to take your diabetes from a holiday meal. It is essential to confinite to take your diabetes and engy the season.
- How will I know if I'm on track or in control of my diabetes after a meal? When we eat any meal, particularly the feasts our families and friends offer us during the holiday season, we need to check our blood sugar levels, both before and after eatine. Specifically, our levels tend to be highest about 75 minutes after the first bit of a meal.
- Inguises about /5 Immuscle areas include in a local or a local. What advice would you give to help a person with diabetes balance the stress of the holiday season with their diabetes care? While diabetes can be stressful to manage any time of year, it can become especially challenging during the holiday season. Whether it's resisting all those treats at holiday parties of finding time to squeeze in physical activity between trips to the local mall, diabetes and the holidays can be difficult to manage.
- Q: How can I better manage my diabetes over the holidays?
  A: Here are some useful tips to keep you on track:
  Try not to over commit yourself and get plenty of rest.

  - · Set realistic and achievable goals for yourself and for your diabetes. During the busiest part of your holiday season, write out a schedule and try to accomplish one holiday task each day.
     Set aside time each day to take care of yourself.

  - Set aside time each of a source and on your set.
     Schedule appointments on your calendar for regular physical activity. During the holidays, more so than other times throughout the year, it will be important to burn off extra calories. Exercise is great way to re-energize yourself.
  - If your blood glucose levels are running higher than usual, drink extra water. This may help bring the numbers down.

For more information on how to prevent diabetes or improve management of diabetes, call 734.458.4330 to schedule an appointement with a diabetes educator. Have a health or medical question for the GCH Health Experts? Visit us online at GCH org. If you need a doctor call the GCH Physician Referral Line at 877.77.WELL.

Please enjoy a happy and healthy holiday season!

**COFFEE HOUR** Q&A Schoolcraft Enjoy free coffee and donuts and get answers to your questions about the benefits, services and resources available to military veterans, including: \* Medical benefits \* Employment benefits Special benefits for disabled veterans
 State and local benefits available for veterans \* Educational benefits November 18 & 25 \* \* \* December 2 & 9 - 8:30-10:30 a.m. -Schoolcraft College Livonia Campus 18600 Haggerty Road between Six and Seven Mile Roads McDowell Center Room 205, Veterans Services/Career Services Suite Q&A WITH: QEA WITH: Department Service Officer Toni Moses, Disabled American Veterans (DAV) DAV is a veterans advoccary and assistance group. DSO Moses will answer questions about a wide range of benefits, services and resources available to veterans. Learn more at www.dav.org

Veterans Services Coordinator Pam Paxton-Keehner, Schoolardt College Ms, Paxton-Keehner will answer questions about how veterans can use their educational benefits to pursue a college education. Learn more at www.schoolkraft.edu/ veterans or 734-462-4400, x5346.

This event is free and open to all veterans and those who care for and support them.

## Blue light technology helps NOVEMBER ADDICTION & RECOVERY

ADDICTION & RECOVERY + 84F and Debta 3(intervention specialists, hemical dependency thera-pers and statems, et al. (a) and (b) and (b) and the statemath and (b) and (b) and (b) and the statemath and (b) and (b) and (b) and the statemath and (b) and (b) and (b) and heigo denders the statemath and height denders the statemath and h

Both programs are free, sponsored by Dawn Farm, and will be held at St. Joseph Mercy Hospital Education Center Auditorium, 5305 Elliott Drive, Ypsilanti For more information, call Dawn Farm at 734-485-8725 or visit dawnfarm.org

LUNG CANCER SUPPORT David Stemberg, M.D., a minimally invasive thoracic surgeon and the newset member of Botsford Cancer Center's lung cancer team, leads a new informal support group for lung cancer patients, 7:30 pm. the third Monday of the month in the Botsford Cancer Center's Suite 230, 27900 Grand River A.e. Farmington Hills. Open to anyone lung with lung cancer. The meeting on Nux18 will facture guest spacker Denis

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### By Kaitlin Madden

When we refer to something as being "common eense," we unually mean that is is something we think everyone should know. Often, shough, it turns out that what may seem like common sense to one person isn't always so to someone else. For example: Veterinarians spend their days around animals, so they might consider it common knowledge that east sleep about 18 hours per day, hence the reason your vet seems so amused when you bring Muffin in for a checkup, concerned about her inability to stay awake.

concerned about her inability to stay awake. Similarly, because human-re-sources professionals constantly seren and interview candidates, what may seem like a common-sense interview up to them might not have crossed a job seeker's mind. Following are "common-sense" interview tips straight from the experts' mouths.

#### 1. Be presentable

• to presentable Wear as uit that fits, and don't cut corners when it comes to inming or drys-cleaning, says Monique Honaman, CEO of leadership development company ISIR Group." It new one pay who was in such a rush only incred the front of his shirt. Later, during the course of his interview day, it was hot and hear was encouraged to remove his jecket and get more comfort-able and it was clear that he dh da ut corners and only mored the front He was very emba-rased." Honama says. Alio, while you should durgs veral codorant, ny to vivo per know who will be allerior or just downight avere to your scent. "A hiring manager ones told me a stry of how he diant select an incredibly well-qualified eating of the same perfume as his cewife," says Danielle Beauparlant Moser, a carner coach with Blended Wear a suit that fits, and



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Learning Team. "He said she walked in the room and his only thought was how to get her out of his office as quickly as pos-

#### 2. Don't be too early

2. Oun't be too early When you should always when you should always much you should always much you should always you should be there when a special should be the your should be there when a special should be the point of the should be the should be the should be the should be the point of the should be the the should be the should be the should be the the should be the should be the should be the the should be the should be the should be the the should be the should be the should be the the should be the should be the should be the the should be the should be the should be the the should be the should be the should be the the should be the should be the should be the the should be the should be the should be the the should be the should be the should be the the should be the should be the should be the the should be the should be the should be the the should be the should be the should be the the should be the should be the should be the the should be the should be the should be the should be the the should be the should be the should be the should be the the should be the should be the should be the should be the should be

3. Know whom you're meeting with "Know the name of the inter-

"Know the name of the inter-viewer so that you can ask for that person at the receptionist's desk," advises Cheryl Palmer, president of Call to Caner, an executive coaching firm. "It's embarrassing when the recep-tionist asks, "Who are you here to see?" and you en't recombed Have this information either in your head or write yourself a note that you refer to prior to arriving in the waiting area;" Palmer says.

# 4. Remember: You are being interviewed as soo as you walk in the door

as you waik in the door "Most people would never think of the receptionist as being an interviewer, but it's true," Palmer says, "It's fairly common that the receptionist will report back to the hiring manager how candidates behaved in the wait-ing area. Don't be remembered as

the one who ate all the candy out of the candy dish or spoke disre-spectfully to the receptionist."

## 5. Make proper eye contact

contact "Grade most obvious misakes interviewes make is with eye contact, and it costs al stort op copie a lot of jobs," says by any Maker, who owns a Cal-forma-based correct roaching throw hype contact is simple," hype contact is simple," hype contact is simple, " hype contact is simple, " hype contact is simple," hype contact is simple, " hype contact is simple, " hype contact is simple," hyper contact is minimizing. Less this provide precent comes of the simple and th

## 6. Eat before the inter-view, not during it

Duh? Not according to Yeargin, who has experienced interview-snacking firsthand.

was in an interview, no more than 10 minutes into it, and 1 got called out for two minutes to answer a question," he says. "When I returned, the applicant was eating some sort of granola or other snack bar. Needless to say that individual did not get a job with my com-pany." No matter what the candy bar ads have to say, your hunger con wait.

#### 7. Make sure that what you do eat beforehand does not involve onion or garlic

ant to be remen ered for your professionalism and outstand-ing skills, not for what you ate for lunch. Advises Palmer, "Don't eat anything that has a strong odor before the interview."

#### 8. Don't look at your watch

Block at least two hours of tim for the interview, says Clindy Loft staffing. Loftus also advises keeping your schedule relatively clear on the day of the interview, to avoid feeling the need to rush. "Don't create distractions to your interview," she says.

#### 9. Tell the interviewer you are interested

are interested Don't forget to tell the recruiter you want the job. "If you truly feel the position is a fit, let them know and tell them you would like to get to the next round of interviews, and be prepared to tell them why." Loftur raw

#### 10. Get business cards from your interviewers and use them

"Ask for the business cards of all of the interviewers that you have met and make sure you take a second or two to read their card," second or two to read their eard, Loftus says. This will not only be helpful in remembering each person you met with, but will make it easier to send proper thank-you notes and follow up e-mails, which should always be done within 24 hours of leaving the interview.

-Kaillin Madden is a writer and blogger for CareerBuilder.com and its job blog, The Work Buzz, She ategy, career management, hiring trends and workplace issues. Follow @CareerBuilder on Twitter. es and writes about job search



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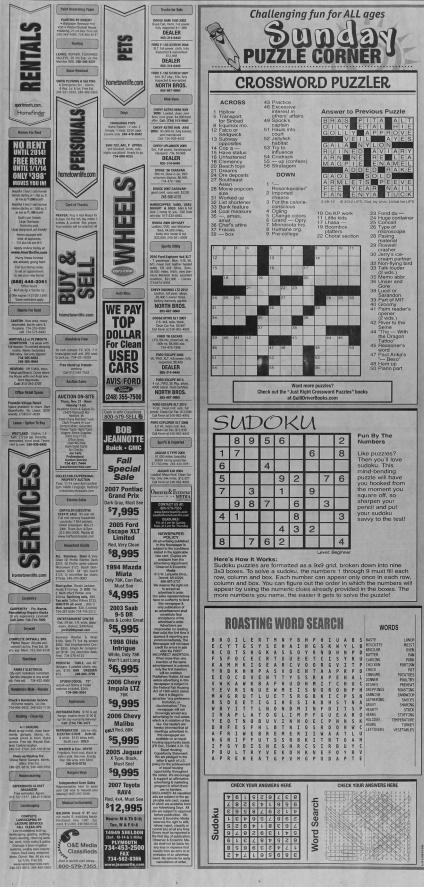
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