

## Fore!

Get excited about golf this summer by reading our special section inside this issue.

## THE WEEK AHEAD

**Today:** The Plymouth Salem High School Cheerleading Team is having a fund-raising car wash 8:30 a.m.-4:30 p.m. at Lighthouse Car Wash, 41869 Ford Road, Canton.

**High school honorees:** Belleville High School will hold its Distinguished Graduates Hall of Fame and National Honor Society Induction Ceremony 2 p.m. in the school auditorium, 555 West Columbia, Belleville.

## TUESDAY

**Local government:** The Canton Township Board of Trustees holds a regular meeting 7 p.m. in the administration building, 1150 S. Canton Center Rd.

## SPECIAL PAGE

**Jobs galore:** A special Jobs and Careers page in today's issue features information about Jobs 2K, a comprehensive overview highlighting employment opportunities in the restaurant, food and beverage industry. /G1

## SALUTE

**Congrats grads:** Your Observer newspaper salutes the Class of 2000 in today's issue. /A8

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# School district to streamline administration



**Plymouth-Canton School District Superintendent Kathleen Booher has developed a plan for restructuring the district's central office administration. A single deputy superintendent would be named.**

BY TONY BRUSCATO  
STAFF WRITER  
tbruscato@oe.hometown.com

In an effort to improve educational services in the Plymouth-Canton school district, as well as streamline and create more efficiency in administrative services, Superintendent Kathleen Booher has developed a plan for restructuring the district's central office administration.

The new model has a single deputy superintendent, to whom four executive directors and a director will report. The new deputy will answer to Booher. Currently, there are two assistant superintendents who report to Booher.

The Assistant Superintendent of K-12 Instruction, Patrick O'Donnell, will become the deputy superintendent.

"Many times Pat is already doing the job of a deputy superintendent, which takes him away from his duties revolving around curriculum and instruction," said Booher.

The Assistant Superintendent of Employee Relations and Personnel, Errol Goldman, will keep his title.

Booher said the change in the position to executive director of human resources will take place through attrition, meaning Goldman will retain his assistant superintendent position until he leaves the district, at which time the job will become an executive director at a lower compensation.

Most of the proposed changes by

Booher will come under the Executive Director for Educational Services, Verna Anible, who is currently director of instruction. Three positions are being added.

"Educational services are the most changed in the district, and that's for a reason," said Booher. "The changes are needed in order to put the proper support behind classroom instruction for the sake of teachers, kids and the principals who run the buildings."

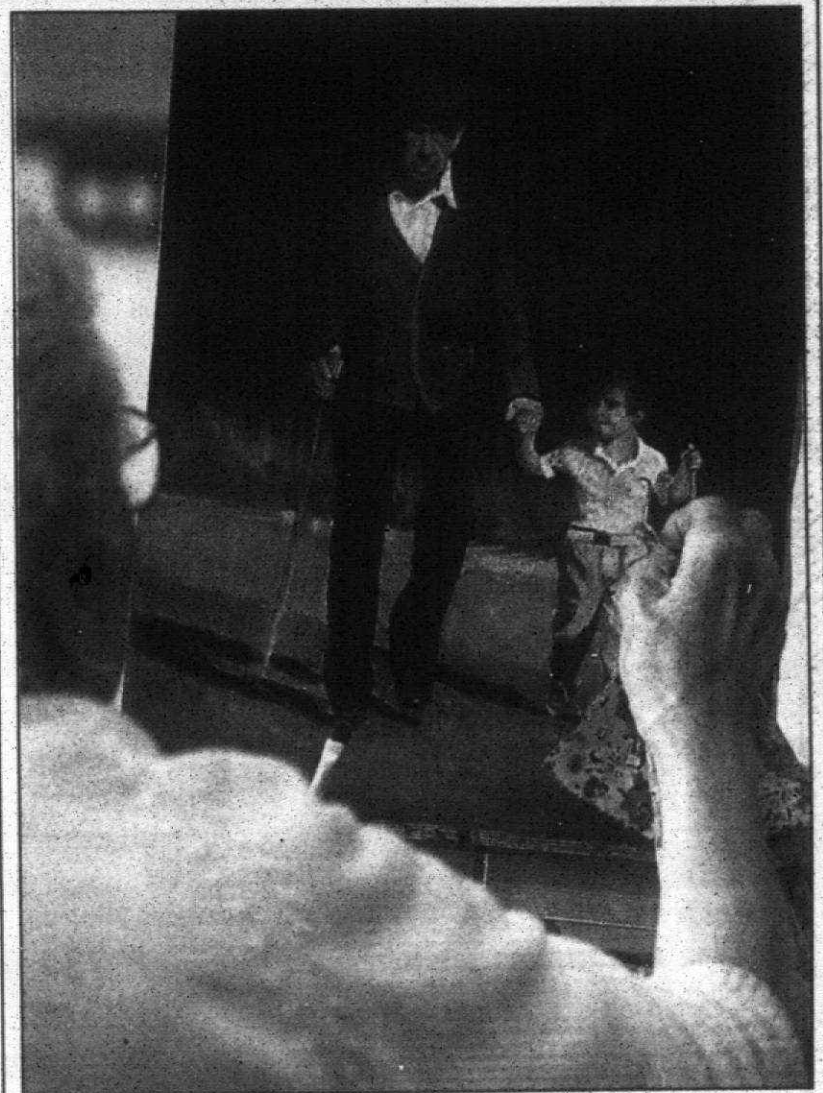
Booher said the director of elementary education pre-kindergarten through fifth grade, director of secondary education for the middle and high schools, and the director of student services "are at the heart of this restructuring and what it will do for students. It creates a situation where those people in charge of leadership are truly invested in what we are doing for kids."

"The director of elementary education and director of secondary education will be focused on curriculum and instruction, and the staff development it takes to deliver curriculum," she said. "The director of student services works heavily on issues that affect a student's life ... safety and security issues, harassment complaints and dispute resolution. The director of athletics is not altered in any way."

Booher's proposed reorganization

Please see EDUCATION, A3

## A touch of art



STAFF PHOTO BY PAUL HIRSCHMANN

**Creating:** Ruth Warnemuende of Canton concentrates on her oil portrait, "Buddies," a rendering of her father and her grandson that she was recreating from a photograph during a class in oil painting taught by Enita Sonnenberg at Summit on the Park. The 8-week course offers instruction in oils and technique, and repeats regularly. Sonnenberg also teaches at John Glenn High's Adult Education program in Westland.

# Moving Wall visit highlights Liberty Fest

BY SCOTT DANIEL  
STAFF WRITER  
sdaniel@oe.hometown.com

Canton's ninth annual Liberty Festival is about a month away.

Starting Thursday, June 23, township residents will be treated to four days of activities and entertainment at Heritage Park. Chairman Bob Dates said the festival will be highlighted by a visit from "The Moving Wall," a half-size replica of the Vietnam Veterans Memorial in Washington, D.C.

## TOWNSHIP NEWS

"People will come to see it not even realizing that there's a festival going on," he said. "Other communities that have had it have drawn large crowds."

Not that the Liberty Fest is having trouble drawing a crowd. More than 60,000 attended last year's festival — an all-time record, said Dates.

He attributes its success to evolution and a little help from Mother Nature.

"We constantly tweak the event," said Dates. "But weather plays a big part. We had four good weather days last year. It was warm, but not too hot."

The Moving Wall, which features the names of all American soldiers killed in the war, will be at the festival all four days, June 22-25. It will be stationed at the softball diamonds just south of Heritage Drive.

"It will be lit and can be viewed 24 hours a day," Dates said.

Several changes were made for this year's Liberty Fest.

The "Fun Zone" will be expanded. Aimed at older and teenage children, the zone will feature a Velcro wall jump, bungee run, speed pitch, rock wall climb, hot-air balloon rides and a giant slide.

A 3-D movie ride will be featured as well, Dates said. The Fun Zone has moved from one to all four days of the fest, said Dates.

Please see FEST, A3

# Donahue wants to reform board

BY TONY BRUSCATO  
STAFF WRITER  
tbruscato@oe.hometown.com

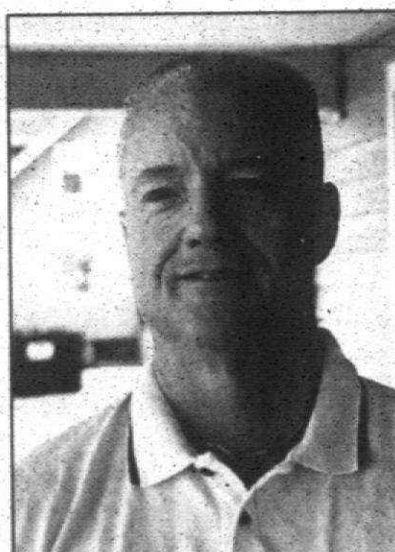
After serving as Canton Township treasurer from 1978-80, James Donahue swore he'd never run for public office again.

That's until he recently had an opportunity to deal with the Plymouth-Canton school board concerning a nephew of his that was expelled from school.

"That's what made me aware of what they're doing, and it made me mad," said Donahue. "I need to do something about it ... people need to be aware of what's going on."

Donahue points out he's had two of his own children pass through the school district and he is very happy with how they received their educations. However, in dealing with a troubled nephew through the expulsion process, Donahue said his eyes were opened.

"The board is performing little or none of its legal responsibilities, nor taking its authority dictated by the



James Donahue

statute for elected officials," Donahue said. "I think they carry around rubber stamps that say 'Yes,' and they're being led blindly by the staff on a very short leash."

As you might expect from a former treasurer, tops on Donahue's list is finances.

"The board is wasting ... blowing ... millions of dollars a year," he said. "I understand the district is earning about 2 percent on its money. Canton Township is earning about 6 percent. The district's annual budget is \$100 million. That's four million down the drain."

"Nobody is authorizing the bills

Please see DONAHUE, A4

# MDOT considers Ford/I-275 changes

BY TRACEY BIRKENHAUER  
STAFF WRITER

Massive development has caused mammoth traffic tie-ups on southbound I-275 onto the Ford Road exit.

The Michigan Department of Transportation will hire a consultant to examine the problems into the primary freeway access point into Canton. The expert will review the area and interchange to devise an improvement plan.

"Our goal is to relieve the congestion you get on the southbound ramp for maximum usage for peak travel time," said Mark Chaput, MDOT's Taylor Transportation Service Center manager. "This should be a relief for motorists and improve the safety on 275."

Improvements may include widening the exit and/or lengthening the lanes farther north.

The Wayne County Traffic and Safety Department has timed traffic lights in the area to keep traffic moving, but MDOT recognizes that's not enough.

Julie Skubik of Plymouth avoids the area during rush hour.

"I would never go there," she said. "I don't drive during rush hour and I certainly avoid Ford Road."

Kirk Urbanowicz, manager of the Canton Bob Evans restaurant just off the exit, said business would likely improve if the traffic problem was

**Our goal is to relieve the congestion you get on the southbound ramp for maximum usage for peak travel time.**

Mark Chaput  
—MDOT manager

fixed. "If it's done properly, it could really help," he said. "From three o'clock on, that exit is congested all the way up 275."

The project consultant should be hired by summer.

"If there's a low-cost fix with large benefits to relieve congestion, we could implement it as soon as 2001," Chaput said. "But I wouldn't commit to that."

The plan is in response to driver complaints as well as correspondence from Canton Township asking for a new interchange.

"This is nothing new," said Canton Township Supervisor Tom Yack. "We started talking 12 years ago. We need more exits, but we know it's not going to happen."

Another problem, Yack noted, is

Please see MDOT, A3



A2(C)

The Observer & Eccentric/SUNDAY, MAY 21, 2000

# District court race cloudy

BY TONY BRUSCATO  
STAFF WRITER  
tbruscato@ec.homecomm.net

Two local attorneys will be in court Tuesday to find out whether their names can appear on the August primary ballot for 35th District Court judge.

At the same time, incumbent Judge Ron Lowe is trying to avoid becoming the first sitting 35th District Court judge to have a challenger for re-election.

Attorneys William Selinsky of Northville Township and Peter Bec of Plymouth Township claim the state Board of Elections misinformed them about how many petitions signatures were needed to put their names on the August primary ballot to face Lowe.

Selinsky said he was told at least 40; Bec's information was at least 100. In reality, they needed at least 600 valid signatures to get into the race.

The Elections Bureau discovered that it failed to include the population of the three townships in the court district, previously counting only the cities of Plymouth and Northville. The required number of signatures was based on the total population of the district.

The state low-balled the number of signatures needed, Director of Elections Chris

Thomas admitted. However, the state refuses to accept their petitions, sending both attorneys to court to get their names on the August primary ballot in the non-partisan election.

On the last day petitions were due, Lowe's telephone call led to the Board of Elections finding the mistake. State officials then told Selinsky and Bec, just hours before the petitions were to be turned in to the state, that they needed hundreds of additional petition signatures.

Selinsky sued Secretary of State Candice Miller, Director of Elections Chris Thomas and the Board of State Canvassers. He has a show cause hearing Tuesday morning before Wayne County Circuit Court Chief Judge Michael Sapala.

"I don't believe that when you get information from the Secretary of State you should have reason to dispute it," said Selinsky. "You should be justified in relying on the information."

Bec said he will file a motion to intervene, which if allowed by Sapala, would permit Bec to piggy-back off Selinsky's suit and accept the same decision.

Lowe, who is running for re-election, is also filing a motion to intervene in Tuesday's hearing.

"I gave great thought to the campaign, which makes tremendous demands on candidates, their families, friends and jobs, not to mention time and money," said Lowe. "I'm unwilling to subject my family to a campaign for two people who failed to comply with the law."

"Some of the blame for their failure can be assessed to others," said Lowe. "However, they can't absolve themselves with responsibility to comply with the law. I'm attempting to have the law applied to them as should be."

Lowe also said he hired his own attorneys because he is "unwilling to sit back and let them present their cases without a second side presented."

Lowe hired his brother, Chuck Lowe of Canton, who has a law practice in Plymouth, as well as Eric Doster. Lowe said Doster is very familiar with campaign law.

Lowe insisted he isn't trying to subvert the efforts of Selinsky and Bec but only trying to enforce the law as it stands.

"The law is clear, and the Secretary of State did only what it could: Apply the law (in denying the petitions)," said Lowe. "Mr. Selinsky and Mr. Bec have to share the blame. They can't absolve themselves."

# Men charged in dog fighting waive exam

## COP CALLS

On Monday, the two men charged with pit bull fighting on May 6 waived their rights to a preliminary exam. No date has been set for their trial.

Bond for Ronald Wroble, 33, of Canton is \$20,000 and bond for Jeffrey Pepper, 36, of Belleville is \$40,000.

Wroble and Pepper each are charged with two felonies punishable by up to four years in prison.

## Cognac attack

On Monday, two men allegedly absconded with three to six bottles of \$27 cognac from the Farmer Jack grocery store, 225 S. Canton Center Road, according to Canton police reports.

The store manager said two men pulled up in an older Ford van and headed directly to the liquor aisle. One man pushed an empty cart down the aisle while the other shoved bottles of alcohol into his coat, reports said.

A couple of baggers spotted them driving away and got their license number.

Police still are searching for the suspects.

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## MOVIE GUIDE

12:45, 2:45, 4:40, 7:00, 9:50  
ROAD TRIP (R)  
12:15, 2:20, 4:45, 7:30, 9:25  
CENTER STAGE (PG-13) annual  
11:45, 2:10, 4:30, 7:15, 9:40  
FLINTSTONES IN Viva Rock Vegas  
(PG) 12:10, 2:30, 7:30  
FREQUENCY (PG-13)  
11:40, 2:05, 4:20, 6:45, 9:10  
WHERE THE HEART IS (PG-13)  
6:35, 9:00  
8-171 (PG-13)  
12:00, 2:20, 4:50, 7:10, 9:20

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## Fuel filched

On Monday, several females drove away with about \$18 in gas from Andy's Mobil Mart, 44431 Michigan Avenue.

Three women pulled up to a pump in a white Chevrolet Monte Carlo, pumped the gas, then took off heading east on Michigan Avenue, reports said. Police closed the case because they didn't have sufficient suspect information.

## Landscape fake

On Tuesday, a Canton woman reported she was conned out of more than \$6,500 when she wrote a couple of checks to a man posing as a landscaper.

The man never did the work. Police still are investigating the matter.

## Ticket heist

On Tuesday, the manager of a Michigan Avenue Amoco station reported a missing book of Heads or Tails lottery tickets, worth \$250, according to police reports.

One winning ticket has since been redeemed at the Clark station on Main Street in Ann Arbor. Tickets worth less than \$20 aren't run through the lottery machine, but if someone tries to cash in on a bigger winner, the Lottery Commission will know.

The commission has but a hold on the book of tickets.

The manager doesn't suspect any employees of the theft. He believes a customer took the book from the counter when a busy employee wasn't looking.

Police have closed the case because they lack information.

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Wake-up call: Christine Chan of Plymouth, 17, listens to program instructor Jerry Barnhart inside the Neon Drunk Driving Simulator, a car equipped with a computer that simulates what a driver's reaction would be when impaired by alcohol.

# Students simulate driving while drunk

BY TONY BRUSCATO  
STAFF WRITER  
tbruscato@ec.homecomm.net

Students at Plymouth-Canton Educational Park have an opportunity to not only hear the message, but experience first hand what it's like to drink and drive.

It's a message that can't be expressed too often: Students at Plymouth-Canton Educational Park have an opportunity to not only hear the message, but experience first hand what it's like to drink and drive.

The Neon Drunk Driving Simulator supported by DaimlerChrysler set up a road track in the Canton High School parking lot Thursday morning. A specially equipped Dodge Plymouth Neon is programmed to produce an effect similar to the slowed mental and physical responses of a driver under the influence of alcohol.

"We put the students behind the wheel of the Neon and asked how much they weigh," said John Crowe, the instructor for the program. "The computer adjusts the blood-alcohol limit to just over the legal limit (.11), and delays the braking and steering to show students their reaction time will be slowed down after drinking."

The first lap around the course is normal, representing a sober driver, and students generally negotiate the track with no problem.

The second lap is a different story as the computer delays the braking and steering.

"They don't stop where they want to, or turn where they think they're going," said Crowe. "We try to show them nobody makes a good drunk driver."

Rene Murray, 17, of Plymouth Township found out the realities of driving while drinking.

"I ran over a (pop up) pedestrian and over a bunch of (orange) cones," said Murray, a Plymouth Salem senior. "It gave me an idea of what it's like being drunk behind the wheel."

"When I was younger I was in a car with some-

## Fest from page A1

"It was a huge success last year," he added. "We were overwhelmed."

Several new bands will be featured. The Fantastics will sing a variety of oldies and perform Friday, June 23, from 7:30 to 10 p.m. On Saturday, the Earth Angels will do numerous dance routines from past and present, said Dates.

Thursday will be highlighted by a free family movie, Tarzan. Entertainment will start at 7:30 p.m. and the animated film will begin at dark in the park amphitheater.

Dates said more of an emphasis is being placed on "strolling" entertainers.

Four barber shop quartets will wander and play throughout Heritage Park. A pair of Dixie Island bands, magicians, balloon makers and clowns will perform, too.

"I like strolling entertainers," Dates said. "They go where people are and are fun to watch."

A number of popular Liberty Fest attractions will be back this year.

A spaghetti dinner will be served Friday evening. On Saturday, festival-goers will be dazzled by a fireworks show.

"A Taste of Canton" will also be held Saturday from noon to 8:30 p.m. Restaurants from the township will present specialties all day long.

The festival will conclude Sunday, June 25, with a pancake breakfast and an All-American meal of hamburgers, hot dogs and ice cream.

Booths featuring fine arts and crafts will be available for shopping throughout the festival, Dates said.

He expects this year's festival to be the best ever. Dates said a lot of people work very hard to make it a fun event.

"The Liberty Fest committee meets every month of the year," he added. "I'm pleased with where we're at. Now it gets hectic and exciting because all of the little things need to be done."

■ 'It's a really nice reality check for these kids, they think they're so invincible.'

Jenny Lozano  
—MADD

one who had been driving while drinking," she said. "That was a long time ago, but I wouldn't do it now. Especially after driving that car."

"There is a problem in the Plymouth-Canton community. It's become an affluent area and the kids have resources and money to buy liquor. The public would be denying themselves if they thought it didn't happen," said Lozano. "This demonstration is extremely timely for kids with prom and graduation coming soon."

Many students admitted they didn't know what it was like driving drunk until taking a spin in the simulator.

"I've always heard how dangerous it was, but this was a reality check," said Christine Chan, 17, of Plymouth Township, who is also president of Students Against Destructive Decisions at the high school complex.

"Some people don't think seriously," she added. "SADD is trying to make kids more aware of their decisions because they may have consequences that are too late to change."

"This will get to some students and make a difference," added Lozano. "If we save one life from this demonstration then it's all worth it."

# Canton seniors to honor friends in memorial service

BY TRACEY BIRKENHAUER  
STAFF WRITER

On Wednesday, the Canton Senior Adult Program will remember those they've lost over the past year.

The third-annual memorial will take place at 1 p.m. in the Heritage Park gazebo.

The memorial provides an opportunity for friends, family and staff to remember special people.

"It's important for the staff to remember those friendships," said Dianne Neihengen, coordinator of program activities for the senior program. "It seems to please the families, knowing their loved ones are remembered. It's very low-key."

## Education from page A1

includes hiring an instructional technology coordinator.

"This person will work directly in the instructional program to ensure we have an educator in this position and a technology leader... selecting technology for our students' future."

Booher said her goal in the restructuring is to work with children from the time they enter the district until the time they leave.

"We're trying to create an integrated and seamless approach to working with the young people in this community from birth to young adulthood," she said.

"If we do that in a way where individuals recognize we are committed to the entire pre-K to young adult process, each of us in it will create a continuous program where everyone is invested for the right reasons."

The executive director for

business services, which was held by John Birchler who recently resigned, will focus on financial management of the district only, rather than incorporate a number of support services like transportation and food services.

The executive director for support services will manage maintenance, food services, as well as building and site issues.

School board members have given Booher the green light to proceed with the changes, which are expected to take place in the 2000-2001 school year.

"It's long overdue that we have specialization between elementary education, secondary education and student services," said Trustee Judy Mardigan.

"I'm very supportive of the plan."

"We've all looked for streamlining, and this will eventually

make people more responsible and productive," added board member Steve Guile.

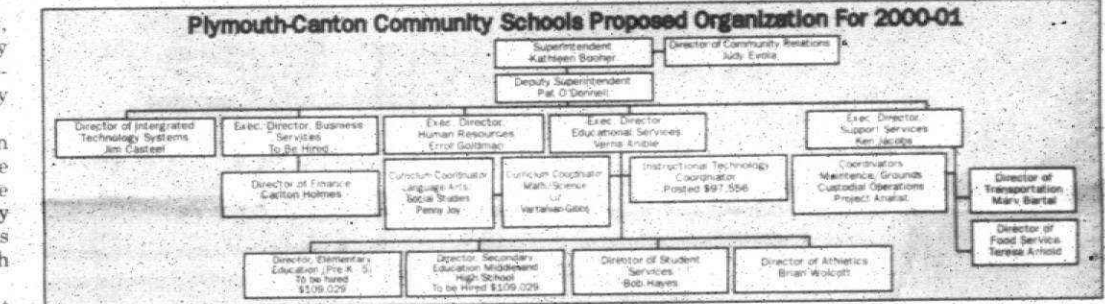
While the new model appears to include five new positions, Booher says restructuring of some titles and positions will, in reality, result in the increase of only one full-time employee that will cost an additional \$96,000.

"We still have a central office staff smaller than many districts our size," said Booher.

"This is the seventh largest school district in the state, and it's been functioning with a very small number of key administrators," said Booher.

"It puts each administrator in a position of having such a broad range of responsibility."

"This delineation of duties creates a better balance among the individuals responsible for the lines of work in the school district."



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OBITUARIES

PATRICIA ANN HASKINS

Services for Patricia Ann Haskins, 58, of Novi were May 19 at St. John's Episcopal Church in Plymouth with the Rev. Karen Lewis officiating. She was born Jan. 2, 1942, in Detroit. She died May 16 in Novi. She worked for Link engineering in Plymouth for five years as a mechanical detailer/computer-aided draftsman. She came to the Plymouth area from Livonia in 1980 and belonged to St. John Episcopal Church in Plymouth. She also was a member of the Plymouth Fire and Drum Corps. She loved gardening, music, family gatherings and being with her grand-

children.

She was preceded in death by her husband, Robert E. Haskins, and her father, Charles Bertram. Survivors include her mother, Joan V. Kraus; five children, Monique (Michael) O'Callaghan of Canton, Danielle (Todd) Schroeder Sr., of Novi, Robert Haskins of Canton, Karie (Christopher) Mielke of Westland, Timothy Haskins of Canton; and three grandchildren, Kevin and Timothy O'Callaghan, and Todd Schroeder II.

Memorials may be made to Hospice of Southeastern Michigan, 18250 Northland Drive, Suite 212, Southfield MI 48075-

5200.

Local arrangements were made by the Schrader-Howell Funeral Home, Plymouth.

GERTRUDE M. RAISON

Services for Gertrude M. Raison, 88, of Novi were May 16 at the Vermeulen Funeral Home, Plymouth with the Rev. Ruth Overdier officiating. Burial was in Glen Eden Memorial Park, Livonia.

She was born Jan. 18, 1912 in Detroit. She died May 12 in Pittsfield Township. She lived in West Bloomfield from 1955-1973. She was a homemaker.

She was preceded in death by her husband, Thomas Raison;

her parents, August and Ida Lichtenfeld; and one son, James Raison. Survivors include her son, Richard Raison of Plymouth; two granddaughters, Karen (James P.) Kelly of Clarkston, Sharon (James A.) Kanya of Livonia; two daughters-in-law, Shirley and Diane; and five great-grandchildren.

Memorials may be made to Kiwanis of Michigan Foundation, P.O. Box 159, Tecumseh, MI 49286 or to the American Diabetes Association Michigan Affiliate Inc., 23100 Providence Drive, Suite 400, Southfield, MI 48075-3680.

GREG J. ROSE JR.

Services for Greg J. Rose Jr., 82, of Canton were May 22 at St. Timothy Lutheran Church, Detroit with pastor Paul A. Wolff officiating. Burial was in Glen Eden Cemetery, Livonia.

He was born Aug. 12, 1917, in Jersey City, N.J. He died May 18 in Detroit. He was a police officer for the city of Detroit for 25 years, retiring in 1970. He was a security manager for Host International at Detroit Metro Airport. He came to the Canton community from Detroit in 1974.

He was a member of St. Timothy Lutheran Church in Detroit for 46 years. He was a counter and also served on the board of education. He served in the Army

in WW II as master sergeant at the 3500th Army Air Force Base Unit. He liked to travel.

Survivors include his wife, Lore of Canton; one daughter, Kathleen (Leo) Matusik of Milford; two sons, William (Mary) Rose of Canton, David (Michelle) Rose of LeFroy, Ontario, Canada; one brother, Brian (Jane) Rose of Lyndhurst, N.J.; seven grandchildren; 11 great-grandchildren; and two great-great-grandchildren.

Memorials may be made to St. Timothy Lutheran Church. Local arrangements were made by the Schrader-Howell Funeral Home, Plymouth.

Donahue from page A1

before the money is spent," Donahue added. "What authority does the staff have to spend the district's money without approval? What if the board said 'No'? It would be too late.

"Staff members are making

major decisions, and resolutions are being made by the staff," said Donahue. "It's the elected people that need to be held accountable. The people of the district voted them in office to do a job. Do it or get out."

Donahue said he wants that same kind of accountability to be shared by district administrators and building principals.

"One of the things no one talks about is how many potential students are in the district, and what percentage the public schools have," he noted. "I would put the superintendent on a (compensation) plan that is, in part, determined on whether that number goes up or down.

"For building administrators, I

would have benchmarks like student and staff absenteeism rates, staff turnover, the number of suspensions and expulsions, where do the students go after graduation," said Donahue. "Let's start measuring how we do in producing productive adults... the way parents are looking at the kids."

Concerning the naming of the new high school, Donahue said "It's an emotional issue that had no right or wrong answer. The

outcome will be debated until hell freezes over."

However, Donahue wasn't happy with the way the public was treated during the issue.

"The way the deliberation process excluded public participation was another example of the board being confused as to who is in control," he said. "I expect people to ask questions, and the board to deliberate in dialogue with the public. People got to speak, but not in dialogue, and that's wrong."

It's been 20 years since Donahue was in public office, but he feels the time is right to once again jump into the public eye.

"Our school board is the most poorly behaved, ill-conceived group of individuals that I've ever run across in my entire awareness of the political arena," he said. "When we see an elected body behaving badly enough, you can run your mouth, or run for office and change it."

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The Healthy Skin Index is a national survey of 866 females, 25 years old and older, commissioned by the American Society for Dermatological Surgery to assess attitudes and perceptions about cosmetic procedures to combat aging. The survey also looked at women's understanding of the difference in training and expertise among medical specialists offering cosmetic skin treatment. According to those surveyed, dermatologists or dermatological surgeons headed their lists of most qualified specialists. Forty-seven percent of the women believed they are best qualified to treat aging skin conditions. More than three-quarters believe they have a good understanding of the cosmetic treatments available to correct the signs of aging.  
P.S. According to the Healthy Skin Index, 40% of the women surveyed performed a self-examination for skin cancer in the past year.

**Let's Talk SKIN SENSE**  
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P.S. According to the Healthy Skin Index, 40% of the women surveyed performed a self-examination for skin cancer in the past year.

State House puts gun safety bills on fast track

BY MIKE MALOTT  
HOMETOWN NEWS SERVICE  
mmalott@homecomm.net

State House Speaker Chuck Perricone is putting his "Family Safety" legislation — a controversial mix of gun safety measures and a prohibition that blocks cities from suing firearms makers — on the fast track for passage this spring.

The cornerstone bill in the 20-piece package, House Bill 5781, has already received a 10-4 committee vote recommending approval. Unveiled just last month and introduced May 11, the bill won approval from the House's Committee on Conservation and Outdoor Recreation

Wednesday, May 17, and has already reached second reading on the House floor. Rep. Perricone, R-Kalamazoo, said he hopes representatives approve it before summer recess.

The bill, sponsored by Rep. Susan Tabor, R-Delta Township, would require that trigger locks be included in all sales of guns in Michigan. It would also make owners liable, civilly and criminally, if the gun falls into the hands of a youngster.

What makes the piece controversial is that it also would block municipal governments from suing gun manufacturers, as Detroit and Wayne County have already done. That suit alleges

that gun makers are engaging in "willful blindness" to the illegal distribution of their products. Because of the suit, the city and county have already won concessions from some manufacturers. But if passed, the bill would reserve authority for such lawsuits to the state Attorney General. And the pending Detroit/ Wayne case would be affected.

A spokesperson for Perricone argued that the purpose behind the bill is to put all Michigan communities on an equal footing when dealing with gun manufacturers. Fourteen states have similar restrictions on such suits, he said.

Other state Republicans have

criticized the Detroit/ Wayne County case, saying the suit is inappropriate because no product defect is alleged.

The "family safety" package devised by Perricone is a response in part to the shooting of a 6-year-old girl in Mt. Morris by a classmate earlier this year, but it covers more than just guns. It also:

- Increases the number of school counselors (HB 5740, by Rep. Gerald Van Woerkom, R-Norton Shores).
- Implements school firearm safety policies (HB 5693, by Rep. Larry Julian, R-Lennon).
- Requires day-care employee

background checks (HBs 5741-5742, Reps. Gary Woronchak, R-Deerborn, and Jennifer Faunce, R-Warren).

■ Gives the Family Independence Agency access to the Central Registry to complete those criminal background checks (HB 5743, by Rep. Janet Kukuk, R-Macomb).

■ Raises the minimum age to buy guns at gun shows (HB 4647, by Rep. Raymond Basham, D-Taylor).

■ Creates civil liability for unsafe firearms storage (HB 5747, by Rep. Jim Koetje, R-Grandville).

■ Creates criminal liability for unsafe firearm storage (HBs

5745-5746, by Rep. Marc Shulman, R-West Bloomfield).

■ Requires mental health assessments of students caught abusing animals or setting fires (Senate Bill 754, Sen. Beverly Hammerstrom, R-Temperance).

■ Provides \$1 million in grants for distribution of trigger locks to current gun owners through local municipalities and the state police.

■ Includes \$48.4 million for day care in impoverished neighborhoods, \$3.67 million for 50 more Child Protective Services workers in the FIA, and \$45 million for early childhood intervention programs.



Pursues suit: Michael Duggan said the county will be "in court" within a year on its gun lawsuits.

Duggan calls bills 'outrage,' will pursue county suit

BY RICHARD PEARL  
STAFF WRITER  
rpearl@oe.homecomm.net

Wayne County expects to go to court "within a year" in its \$400 million lawsuit against gun manufacturers and dealers who knowingly sell weapons to felons and minors.

That was the word Friday from Michael Duggan, the county's deputy executive, who also called a bill sponsored by state House Republicans that would curb such suits "an outrage."

"We are winning this case and the Republicans in Lansing want to pass a law to cancel our lawsuit," said Duggan.

"We showed them (an undercover) videotape of dealers in western Wayne County" selling

weapons knowingly to either minors or felons "and some Republicans voted to give immunity to the dealers."

Duggan said state Rep. Bruce Patterson, R-Canton Township, was among those voting on the issue.

The House bill has been sent by the committee on constitutional law and ethics, of which Patterson is a member, to the House floor.

"We're not saying manufacturers and dealers are responsible every time somebody shoots somebody" with a weapon they sold, Duggan said. "But they're responsible when they illegally sell to kids and felons."

"The number that is the most critical" in understanding the

lawsuit, Duggan said, is that "in the last 10 years in Wayne County," some 6,000 teenagers under age 16 were arrested while possessing concealed weapons. That number includes 1,000 suburban teens, he added.

"When we looked into how they were getting these guns, we found they were going to regular gun stores and taking along friends who are 21 to sign the papers," Duggan said.

Dealers could be heard on the undercover tapes acknowledging the law was being violated, he said.

"That's what the lawsuit is about," Duggan said. "We're going to keep on having kids with guns if no one stops the dealers who sell at retail and the

manufacturers who don't stop selling to those dealers."

Duggan also warned the 35 defendants in the suit, which charges them with "willful negligence," not to try any more delaying tactics.

"They have engaged in one delay tactic after another," including trying to move the case to federal court, said Duggan. "We're fed up with the delays," he said, adding the county is "going to vigorously contest" any future delays.

In fact, said Duggan, he will personally file and argue against the defendants' motion for a stay pending the outcome of their

appeal of the decision which allowed both Wayne County and the city of Detroit to proceed with the gun suits.

Circuit Judge Jeanne Stepien made the decision on Tuesday by denying a motion from gun manufacturers and dealers to dismiss the lawsuit filed last year.

The judge also allowed a similar suit filed by Detroit to advance.

"Our case is on a faster track" and should get to court first, said Duggan of the county's lawsuit.

Schoolcraft offers class, 'Oh, for a good night's sleep'

If counting sheep is not helping you get to sleep, Schoolcraft College offers *Oh! For a Good Night's Sleep*, a class designed to examine sleep disorders and what you can do to correct them. The one-day class is 6:30 p.m. Wednesday, May 31, for a \$5 fee. "We are a sleep-sick society," said Dr. Bert Rabinowitz, medical director at Botsford Hospital's Sleep Therapy Clinic and

course instructor. "Fifty percent of the population with chronic insomnia can't fall asleep, and the other half can't stay awake."

Rabinowitz said estimates are that between 12 and 15 million people have sleep apnea, the condition characterized by loud snoring and periods of no respiration. "It's a universal issue with broad implications," he said.

"What happens to these people with sleep problems? What is the effect on driving, working with heavy machinery or piloting a plane?"

According to Rabinowitz, sleep problems are related to hypertension, coronary diseases and other medical problems. "Doctors are just beginning to ask questions about sleep problems, tiredness and fatigue. Most of

the time spouses are the whistle blowers when it comes to snoring. Usually there is a cause for snoring. It is the first tip-off to a whole string of questions, and it is treatable."

For information or to register, call 734-462-4448. Schoolcraft College is located at 18600 Haggerty Road, between Six and Seven Mile roads, just west of I-275.

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## Offers End May 31, 2000

## Scholarships encourage future teachers

BY RICHARD PEARL  
STAFF WRITER  
rpearl@oe.homedomain.net

Six Class of 2000 graduates from western Wayne County recently got some heavy-duty encouragement toward their stated goal of becoming teachers. And the Wayne County Regional Educational Service Agency (RESA) believes it's taken a significant step toward its goal of bringing "the best and brightest to the teaching profession" in the county.

The six teenagers were among 34 students - one from each of the county's school districts - to be awarded \$10,000 college scholarships as part of an innovative program by RESA.

Those from western Wayne County named as Flanagan Scholars - in honor of Mike Flanagan of Plymouth, RESA superintendent whose family was a major contributor to the scholarship fund - were Jason Glenn Canfield of Garden City; Matthew Richard Miga, Livonia; Kristie Jill Good, Plymouth-Salem; Marc Allen Hansen, Redford Union; Monica Jayne Zuzow, Redford Thurston; and Michelle Sneed of Wayne Memorial.

In addition, one college undergraduate pursuing an education

degree and three adults interested in changing to teaching careers also received scholarships of \$2,500 per year.

The scholarships were presented May 11 at the RESA Center in the city of Wayne by Flanagan during RESA's annual Future Teachers Scholarship Program.

To qualify as Flanagan Scholars, students had to be Wayne County residents with the stated intent of becoming teachers while attending a four-year college or university in Michigan; have a 3.0 grade-point, or B, average or better; demonstrate significant community service and leadership activities; and have three recommendation letters from teachers, counselors, administrators, community leaders and/or current or past employers.

They also were required to

write an essay on "Why great teachers are needed in our communities."

The program aims to meet Wayne County's need for teachers, estimated at 10,000 in the next five to eight years. Nearly half of the county's 23,000 teachers are expected to retire by 2005.

This past year, more than 1,500 classrooms - 30,000 students - needed a new teacher to start the school year, according to RESA statistics.

Dr. Phyllis Robinson, director of learning services for RESA, said the response to the scholarship competition "was tremendous" with "a significant number of applications" among the more than 800 coming from high school students entering college next year and also from under-



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All sessions are offered from 9 a.m. until noon. The program includes country specific seminars for Canada/Mexico, June 29 and Poland, July 13. Students may earn a Certificate of Achievement by attending all of the core seminars plus one of the country specific electives. Registration for all core sessions plus one country specific session is \$500. Registration for individual sessions is \$90.

For more information, call Vikram Mathur at 734-462-4448, Ext. 5572.

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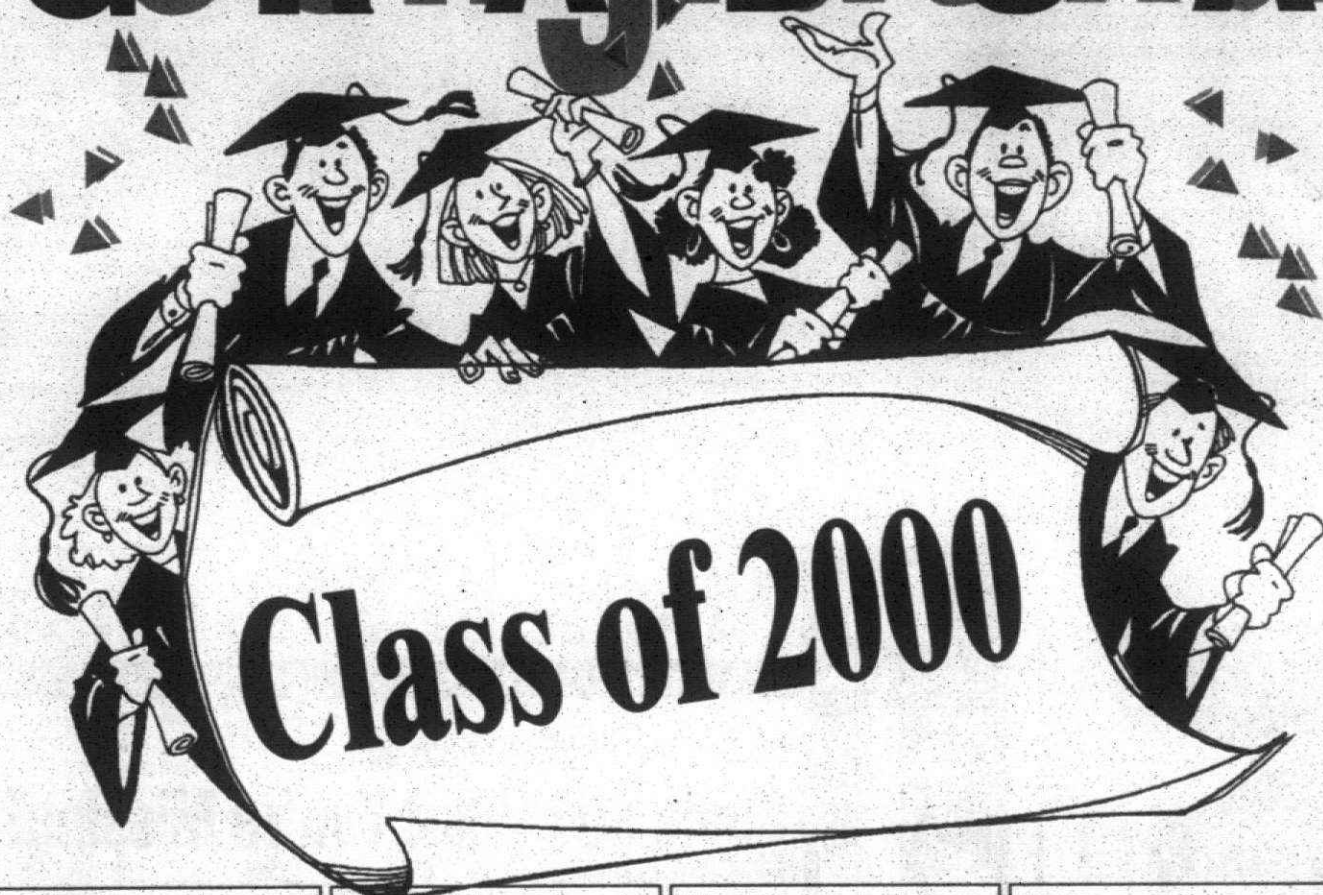
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Tommy,  
As you pursue your dreams, follow your heart, wherever it may lead!  
Dream, Believe, Achieve!  
With Love,  
Mom and Dad



"Lisa Cunningham Drumm"  
Lisa, you finally made it! Congratulations - College Graduate Year 2000 U of M - Dearborn

Love, Mom, Dad, Amanda & Ryan



Matt,  
Congratulations on your graduation and all your accomplishments, we are so proud of you! Good luck on the rest of your life.

Love, Mom, Dad and Katie



Julie, A Rose for remembrance - from a delightful young daughter to a college graduate. Congratulations. My greatest wish for you - always find happiness, success and contentment in attaining your dreams. I am so proud of all your honors and the special daughter you are.

Love Mom



Ryan,  
Life is reaching out for all that you have to offer. Fill those hands with all of your goals and dreams! We are always behind you in everything you do proud, happy and full of love for you!  
Love, Dad, Mom, Missy, Gram & Grams, Gram Wasko & Your entire family!!



Dale,  
I'm so proud of you.  
You're the greatest!  
Congratulations

Love, Aunt Nancy



Congratulations, Tony, CMU Graduate  
We knew you could do it. We are all very proud of you! Oh, the places you'll go!

Love, Mom and Dad



Congratulations, Kim, on your degree in Cellular & Molecular Biology from the University of Michigan, Ann Arbor  
We are all so proud of you!  
Aunt JoAnne, Gary, Kelly, Gary Jr. & Karie and Keith, Carol, Ross & Leah



Dear Paul,  
We have always been so proud of you and all your accomplishments. Your great personality and deep compassion towards others makes you a very special young man. With these qualities you can't help but be successful in everything you do. We will always be there to support you. May your future be full of love, happiness and success. Thank you for being a wonderful son and brother.  
All our Love, Dad, Mom, Sherouzar, Anthony, Samara and Scott



Hey Kevin -  
You always are #1 with us!  
Congratulations -  
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Love, Mom, Dad & Kari



Dear Paul,  
CONGRATULATIONS!!!  
We are so proud of you. You are a very special nephew. We wish you a successful, bright and happy future.  
Love, Aunt Armeny, Uncle Charles and Uncle Sandy



Claire and Mollie,  
You are amazing daughters. Who have been a joy to raise. We are behind you all the way!

Love, Mom and Dad



Lori,  
I am so proud of all you have accomplished and of all your hopes and dreams for the future.  
You are a special gift!

Love, Mom



Nicole,  
You have spoiled us with boundless joy and soaring pride. Good luck at CMU! Remember how much you are loved.

Love, Mom & Dad



Sarah, You worked so hard for the states and you did it. Congratulations! CHS Pom. It's TIGHT!  
Wherever you go, whatever you do, we know you'll succeed.  
Love & Happiness Always  
Mom, Jeff, Jason & Granny



Derek,  
Congratulations - SHS Class of 2000! We are so proud and happy for you! May your future be filled with continued success, good health and happiness.  
Love, Mom, Dad and Andra



Veronica,  
You made it! We are so proud of you!

Love, Your little sister Tina & Charlie



Kristie,  
Congratulations!  
All your hard work has paid off and we are so proud of you. Good luck & remember your dreams can come true.  
Love, Mom, Dad, and Katie



Sara,  
Congratulations on your graduation. You have always made us so proud! The world awaits your talent and great sense of humor.  
Love, Mom, Dad and Ryan



Move Over World. Here comes Daedra,  
You have worked hard for a Hearty Congratulations. So proud of you.

Blessed to be, Your Grandma Watt



Congratulations Laura,  
We're very proud of you. Hope your future is very bright.

Love, Mom, Doug, Grandma, Grandpa, Aunts, Uncles, Cousins & all that love you!



Ryan,  
We're so very proud of our Catholic Central Graduate!  
Good luck at Central Michigan University!  
Love, Mom, Ed, your Family & Porsche



Joe  
You did it and we're so proud!  
Congratulations -

Love, Mom, Dad, Sarah, Allyson & Pete



Angela and Marta,  
We are very proud of what fine young ladies you have become. Double the blessings. Double the fun. Remember Proverbs 3:18  
Love, Mom and Dad



John MacFarland,  
You have come a long way, babe...just look at you now!

Love, Mom, Dad, Will, Amy, Dave and Chris



Congratulations, Jessica!  
We are proud of your success at Troy High. 4.0, way to go! Take your smile, your great attitude and success will follow you at U of M. Remember that no one can forget your beautiful, blue eyes.  
Good luck, Mom, Dad and Paul



Debby -  
We are so proud of you! You will be a wonderful teacher! Congratulations to our beautiful CMU graduate!  
Love & Kisses, Your Loving Family



Jason,  
Congratulations -  
Now, go capture the world with your talent and your smile.  
Love, Mom and Dad



WAY TO GO BRANDY!  
To be successful, live your own life but to thyself always be true. We are so proud of our honor student! Lead us into the future!!  
Love always, Dad, Mom, and Krista



Elizabeth,  
We encouraged & supported you through Colorguard, NHS, Key Club and German Club. We'll watch as you leave for Germany in the fall. We love you & are very proud of you.  
Love, Mom and Dad



Sarah,  
This day has finally come. Enjoy everything the world has to offer you. We couldn't be prouder. Good luck in college. You'll do great.  
Love, Dad, Mom, and Ashley



Joshua R. Pado  
Congratulations - It has been quite a struggle, but you persevered and made it. We are extremely proud of you.

Love, Mom, Dad and Juliette



Lester,  
Happy Graduation!  
We're proud of you. Stay focused, Remember the Word and keep God in your life.  
Success is yours for the taking.  
Love, Mom and Dad



Justin,  
Congratulations to our Catholic Central Graduate!  
We're very proud of you! Good luck at Michigan Technological University.  
Love, Dad and Denise



Eric,  
You finally did it! We are very proud of you. You have become a very handsome young man with a good head on your shoulders. With your determination & personality, we know you will succeed in whatever you endeavor.  
Love, Dad & Mom



Matt,  
Congratulations to our favorite C.C. graduate.  
We love you.  
Mom, Dad, Megan and Gramma



Boris Usztan  
Michigan State Graduate  
Construction Management.



is joining the family business "Usztan Construction"



OBSERVER  
SPORTS  
SCENE

## Big finish

Hillary Bracht, of Plymouth, finished fourth in the all-around competition at the Region 5 Level 8 Regional Gymnastics Meet May 13-14 at the USGA Energym Gymnastics Academy in Sycamore, Ill.

Bracht, 11, competed in the Junior Division (Level 8 — for 8-11 year olds). She finished in the top 10 in all four events, scoring 9.550 in the floor exercise, 9.425 in the balance beam, 9.325 in the uneven parallel bars and 8.825 in the vault for an all-around total of 37.125.

Bracht competes for Gedderts Twisters in Lansing, under the direction of coach John Gedderts. She qualified for the regional meet — which also included gymnasts from Ohio, Illinois, Indiana and Kentucky — by placing among the top 16 at the state meet in the last week of March.

## Top lifter

John Demsick, a Canton resident who serves as the Plymouth Canton HS wrestling coach, finished first in both the Masters Division and Open Division at the Michigan Health and Fitness Weightlifting Championships.

Demsick was in the light middleweight division (136-150 pounds). He also won the title (all ages, all divisions) for chin-ups in a field of 100 with a total of 40; next best was 36.

## Player of the Year

Craig Kowalski, star goalie for the Compuware Ambassadors of the North American Hockey League, was named Junior Player of the Year by Michigan Hockey Magazine. The 19-year-old Kowalski, a 5-foot-9, 190-pound native of Clinton, was 7-2-0 in his final nine regular-season appearances with a 2.11 goals-against average and a .931 save percentage.

He finished the season with a 33-12-3 record and a 2.38 goals-against average and a .923 save percentage, with four shutouts. Kowalski will attend and play hockey at Northern Michigan University in the fall.

## Father's Day Scrambles

The 19th annual Father's Day 3-Person Golf Scrambles Tournament, sponsored by Canton's Parks and Recreation Services, will be at 11:30 a.m. Sunday, June 18 at Fellows Creek Golf Course in Canton.

Cost is \$100 per three-person team, which includes greens fee, awards and snack lunch (electric carts extra). Awards will be presented for longest drive, closest to the pin and to the top three teams.

Registration deadline is June 15. The tournament is open to all golfers; there are no residency requirements. For more information, call (734) 397-5110.

## Basketball tournament

Boom Events, Inc. will host a 5-on-5 youth basketball tournament June 10-11 at Eastern Michigan University. The tournament is open to boys and girls in grades 3-12. There is a three-game guarantee.

Boom Events is associated with the U.S. Sports Specialty Association, which allows the winning teams to have automatic berths in regional, state and national tournaments.

For further information or to register, call event coordinator Jerome King at (517) 886-2101.

## Golf Classic

The Michigan Automotive Academy, a public charter high school, is hosting its first golf tournament on Wednesday, June 14 at The Woodlands of Van Buren, located at 39670 Ecorse in Wayne.

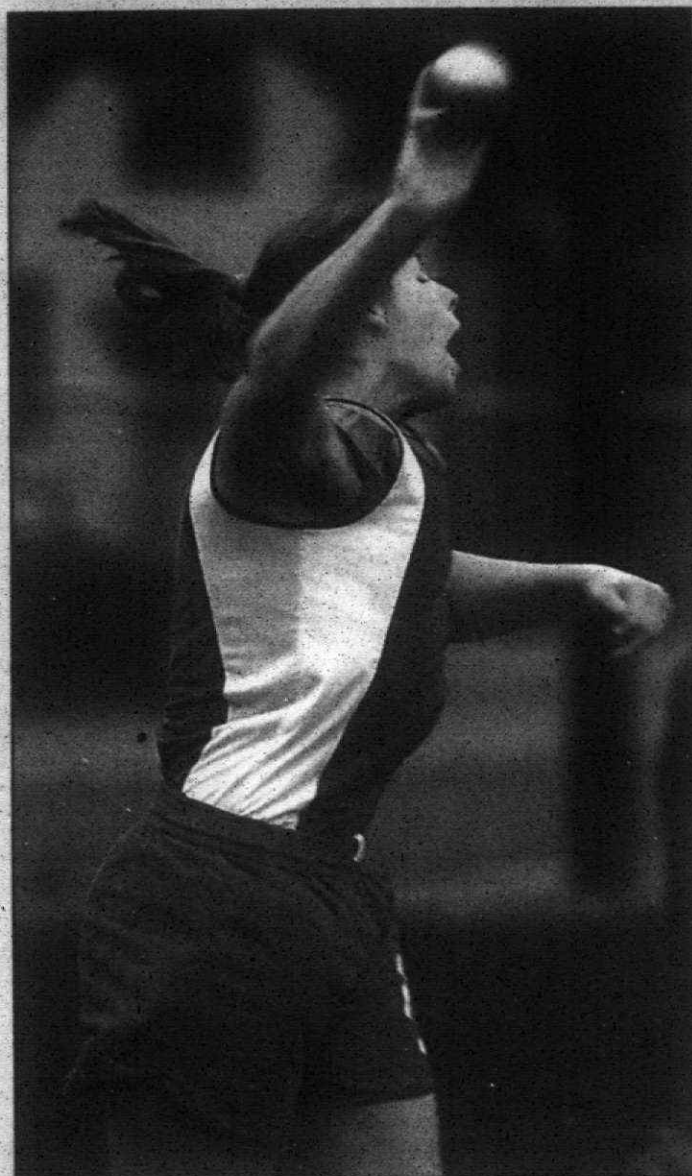
Cost for the benefit tournament, aimed at helping to promote the growth of "today's youth into the automobile industry of tomorrow", is \$125 per golfer. Hole sponsorships are also available for \$125. Cost for those interested in attending the dinner only is \$35.

Included is a continental breakfast at 8 a.m., a shotgun start to the 18-hole tournament at 9 a.m., lunch at the turn (burger/hot dog), contests, prizes and raffles, cocktails at 2 p.m. and a buffet dinner at 3 p.m., with the awards following.

For further information, call (734) 729-4477.

Anyone interested in submitting items to Sports Scene or Sports Roundup may send them to sports editor C.J. Risak, 36251 Schoolcraft, Livonia, MI, 48150, or may FAX them to (734) 591-7279.

## Cass edges Salem for 1st



Twice a qualifier: Salem's Tiffany Grubaugh will return to the state meet to compete in the shot put and discus after winning both at Friday's regional meet.

BY KURT KUBAN  
STAFF WRITER

With temperatures in the low 40s, the Division I Region 5 girls track and field meet at Redford's Hilbert Junior High felt more like a football game.

And you might say Detroit Cass Tech scored a last second touchdown to pull off the victory over second-place Plymouth-Salem, which held a narrow half-point lead going into the final event, the 1,600-meter relay.

In that race, the Salem quartet of Autumn Hicks, Brynne DeNeen, Valerie Brown and Rachel Jones finished third with a time of 4:11.60.

Dominating all the day's dashes, Cass Tech finished first in the event (4:02.10), propelling them to team-high 120 points and the championship. Salem finished with 116.5.

Although he was frustrated with the runner-up finish, Salem coach Mark Gregor did not point the finger at his 1,600 relay team.

"I was not disappointed with our performance in that last event," he said. "We ran our best time of the season. If I'm disappointed it is because they didn't qualify for the state."

Despite DeNeen's earlier victory in the long jump (15-11.75), Gregor pointed to the field events as being the team's biggest let-down.

"I thought we should have won the meet," he said. "We didn't do some things in the field events that really hurt us, especially in the long jump and high jump."

The Rocks, however, got their usual point production from defending state discus champion Tiffany Grubaugh, who captured shot put (38-3) and discus (124-4).

Livonia Stevenson, the two-time defending regional champ, finished third with 106.5.

After winning the meet two years in a row, coach Paul Holmberg said it was tough to fall back into the pack.

"It would have been nice to win, but we had a great day," he said. "We did not have the balance or depth that we have had in the past couple years. We actually asked our kids to do more this time around. I

## GIRLS REGIONAL

think we got all we could out of them today."

The Spartans were led by senior Andrea Parker, who was one of the top performers at the meet.

In addition to finishing first in the 1,600 (5:23.0) and 3,200 (11:45.80), Parker, along with Tessa Tarole, Erin Mazzoni and Heather Vandette, came in second in the 3,200 relay (9:48).

She qualified for the state meet in each of those events, while also taking a third in the 800.

Parker was particularly impressive in the 3,200, where she shaved two seconds off of her season-best time.

"I felt really, really good out there," Parker said of her 3,200 performance. "I just felt very strong. It was almost like a nice jog."

Other Stevenson firsts came from Andrea Polasky in the high jump (5-2) and Cassie Ehlerdt in the 300 intermediate hurdles (48.1).

Garden City's Kim Wise, the top pole vaulter in Observerland, won the event with a jump of 9-10, which was six inches shorter than her season-best. It was her third consecutive year qualifying for the state finals.

"I was happy to get the win, but I wanted to jump a little higher," Wise said. "I was really going for 10-6 or even 11-0. I expect to do better at the state finals."

One of the day's memorable races was the 400 dash that pitted Meredith Fox of Plymouth Canton against her friend Autumn Hicks of Salem. Hicks came in as the top seed, while Fox was seeded second. Only a tenth of a second separated their season-best times.

On this day, though, Fox ran a step better, finishing first with a 1:01.1. Hicks finished fourth (1:01.9) and failed to qualify for the state meet. After the race the girls embraced.

"It feels nice to win the race, but it is tough too, because Autumn is one of my best friends," Fox said.

The Division I state meet will be Saturday, June 3 at Rockford High School.

## So very close

## Canton falls short in title bid

BY PAUL BEAUDRY  
STAFF WRITER  
pbeaudry@oe.homecomm.net

Three points.

That was the difference between perennial state powerhouse Detroit Cass Tech and Plymouth Canton at Friday's Division I regional meet at Hilbert Jr. High.

Three points. When Canton coach Bob Richardson found out, he closed his eyes and got real quiet.

Upset? "Not at all. This is like a dream," said Richardson. "I'm just as happy as can be. I've been here since 1989 and we've never had a shot at winning the regional. We definitely had our shot today."

The Technicians won the meet with 107 points, followed by Canton at 104, Livonia Churchill at 68, Redford Catholic Central at 60 and Livonia Stevenson with 48. Livonia Franklin was seventh at 32, Plymouth Salem was eighth at 31, Garden City was 10th with 10, followed by Redford Union (8), Wayne Memorial (7) and Westland John Glenn (1).

"It was a pretty competitive meet," said Churchill coach Rick Austin. "Cass Tech had the speed, Canton had the best well-rounded team and we were glad to finish third. Our goal was top five, so we achieved that, plus more."

Well-rounded was an understatement as the

## BOYS REGIONAL

Chiefs earned points in all but three events.

Jerry Gaines figured in both wins as he won the 400 dash in 49.50 and ran the anchor leg of the 1,600 relay, where he held off Cass Tech's Steven Tuck and caught up to Stevenson's Michael Lenardon in the last 20 yards.

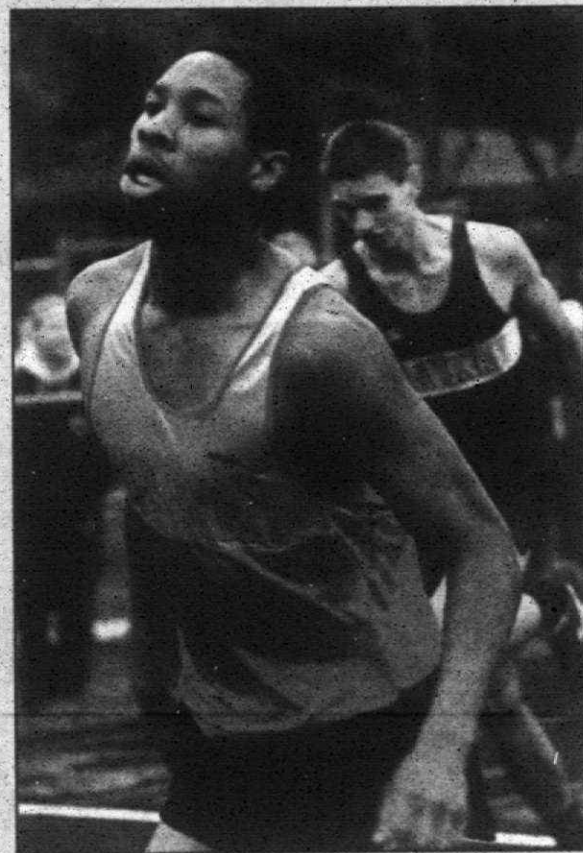
"I felt (Tuck) come up on the outside and did all I could to stay ahead," said Gaines, who teamed with Jack Tucci, Jamie Bonner and K.J. Singh for the win. "I caught (Lenardon) down the stretch and just got him. I wanted to get Jack to state because he's a senior and never been."

The ending was just as thrilling in the 1,600 run as Franklin's Brian Klotz shaved 10 seconds off his personal best to nip Churchill's Jason Richmond at the tape — 4:29.40-4:29.70 — with Salem's Donnie Warner just behind at 4:29.90.

"I can't believe I pulled it off," said Klotz. "I asked my coach what I needed to do to win and he said cut 10 seconds. I did what I was told to do."

CC's Mike Morris outdistanced teammate Charlie Rozum in the discus — 149-4 to 141-5 — but was upset by Churchill's Mike Gaura in the shot, 53-6 1/2 to 52-9.

Please see TRACK, B4



Winning lunge: Canton's Jerry Gaines finished first in the region in the 400-meter run with a time of 49.5.

## Chiefs washed out; Rocks roll, 6-0

At present, it would seem not much is favoring Plymouth Canton's softball team — including the weather.

For the second time this season, the Chiefs were weathered-out against the team currently clinging to the top spot in the Western Lakes Activities Association's Western Division: Farmington Harrison. Their scheduled May 1 meeting at Harrison had been rained out, prompting the scheduling of a double-header at Canton last Thursday.

Alas, the weather intervened once again. The postponement must be made up, since Canton stands at 5-2 in the division, one game behind Harrison, which is 6-1. The Chiefs host Livonia Franklin Monday, while Harrison faces Livonia Churchill — another contender for the division crown with a 5-2 mark — on Monday.

The Canton-vs.-Harrison double-header will be Tuesday or Thursday. The WLAA title game is scheduled for Friday, with the Lakes Division champion hosting.

A preview of the WLAA championship match may have been on display Wednesday, when Canton

## SOFTBALL

clashed with Lakes Division foe Walled Lake Central. The game evolved into a pitcher's duel, one the Vikings eventually won with an unearned run in the 10th inning that beat the host Chiefs 1-0.

With the loss, Canton fell to 16-9 overall, 7-4 in the WLAA.

Laura Stewart absorbed the defeat for Canton despite a superb pitching performance. Stewart surrendered one unearned run on seven hits and one walk, striking out 13.

"It was a great game on both sides," said Canton coach Jim Arnold. "Two errors in the top of the 10th cost us the game."

Yes — and no. What cost the Chiefs the victory was their inability to score.

"We had the bases loaded in the first and the sixth and couldn't get a run across," agreed Arnold. "We didn't get the timely hits when we needed them."

With every game a must from here on out, Canton

will have to find those hits if it expects to make a run in the state tournament.

**Salem 6, Churchill 0:** Liz Dekarske bottled up Livonia Churchill, a team vying for the WLAA's Western Division title, on four hits and a walk in leading Plymouth Salem to victory Wednesday at Churchill.

Salem improved its record to 16-9 overall; the Rocks are 7-5 in the WLAA.

"It was nice to see her get a win," said Salem coach Bonnie Southerland of her hard-luck pitcher, who struck out four in improving to 7-8. "Nice seeing the girls back her up with a few hits."

Churchill's Meghan Misiak couldn't match Dekarske on this day. The Rocks got to the Chargers' ace after three scoreless innings, getting single runs in the fourth and fifth and then pushing across four runs in the sixth.

Kelly Jaskot was the hitting hero with three singles, including a two-run base hit in the sixth. Jessica Chapman also had a run-scoring single in the sixth, and Amy Szawara had an RBI single in the fourth.



## OBSERVER'S BEST BOYS TRACK AND FIELD PERFORMANCES

Following are the Observer's best track-and-field results. Coaches can fax update information to (734) 591-7279 or call (734) 953-2141.

**SHOT PUT**  
Mike Morris (Redford CC) 53-11  
Mike Gaura (Churchill) 52-5 1/2  
Mark Snyder (Salem) 50-5 1/4  
Nate Meekes (Lutheran Westland) 48-5  
Nate Hersman (Franklin) 48-1/2  
Aas Hensley (Canton) 45-10  
Jeff Swinger (N. Farmington) 45-1  
Dave Bouscher (Salem) 45-0  
Brad Person (Harrison) 43-10  
Charlie Rozum (Redford CC) 43-10

**DISCUS**  
Mike Morris (Redford CC) 151-8  
Charlie Rozum (Redford CC) 148-7  
Nate Meekes (Lutheran Westland) 145-1  
Brian Jones (Harrison) 144-7  
Mark Snyder (Salem) 142-5  
Jeff Duenwe (Canton) 141-5  
Andrew Ribler (Churchill) 140-6  
Nate Hersman (Franklin) 139-10  
Ben Lukas (Farmington) 134-11  
Aas Hensley (Canton) 133-9

**HIGH JUMP**  
Jordan Chapman (Canton) 6-6  
Jeremy Mazes (Farmington) 6-5  
Layne Bodily (Farmington) 6-4

Chris Kalis (Canton) 6-3  
Jerry Gaines (Canton) 6-2  
Brad Tucker (Harrison) 6-2  
Paul Karolus (Churchill) 6-2  
P.J. Woodman (Plymouth Christian) 6-0  
Ryan Silva (Salem) 6-0  
Brad Person (Harrison) 6-0  
Brant Hauck (Churchill) 6-0

**LONG JUMP**  
Eric Scott (Churchill) 21-1  
Ugo Okumomua (Canton) 21-0  
Jeff Swinger (N. Farmington) 20-11  
Kwame Hampton (Wayne) 20-6  
Tom Grant (Redford CC) 20-3  
Jordan Chapman (Canton) 20-2 3/4  
Michael Rashad (Wayne) 20-2  
Ken Page (Canton) 20-1  
Aaron Vethoven (Redford CC) 19-11  
Jawoin Spinks (Farmington) 19-11

**POLE VAULT**  
Derek Laskowski (Harrison) 14-2  
Jordan Chapman (Canton) 13-6  
Jeff Frederick (Churchill) 13-6  
Jim Gabriel (N. Farmington) 13-0  
Jeff Frederick (Churchill) 12-6  
Brian Jones (Harrison) 11-9  
Justin Shafer (Harrison) 11-0  
Trevor Moore (Farmington) 11-0  
Jeremy Mazes (Farmington) 11-0  
Kevin Petergan (Churchill) 11-0

Chris Duncan (N. Farmington) 11-0  
**110-METER HURDLES**  
Nick Hall (Harrison) 14-5  
Brian Jones (Harrison) 15-0  
Ben Lukas (Farmington) 15-2  
Chris Kalis (Canton) 15-2  
Dennis Kuslik (Franklin) 15-4  
Brant Hauck (Churchill) 15-5  
Ugo Okumomua (Canton) 15-5  
Tom Grant (Redford CC) 15-6  
James Cook (Harrison) 15-6  
James Cook (Harrison) 15-6  
Jim O'Brien (Canton) 15-6

**300-METER HURDLES**  
Nick Hall (Harrison) 39-8  
Jeff Frederick (Farmington) 40-4  
Chris Kalis (Canton) 41-2  
James Cook (Harrison) 41-7  
Rob Showalter (Salem) 42-2  
Brian Jones (Harrison) 42-3  
Dave Brown (Redford Union) 42-4  
Brent Hauck (Churchill) 42-4  
Ricky Singh (Canton) 42-5  
Kyle Matveyer (Churchill) 42-5  
**400-METER DASH**  
Marcus Woods (Harrison) 10-9  
Darryl Alton (Borgess) 10-9  
Kevin Woods (Harrison) 11-0  
Anthony Beal (N. Farmington) 11-1  
Jamie Bonner (Canton) 11-1

Jeremy Mazes (Farmington) 11-1  
K.J. Singh (Canton) 11-2  
Mike Clark (Lutheran Westland) 11-2  
Blair Weiss (N. Farmington) 11-2  
Pat Johnson (Salem) 11-2  
Rob Gentry (John Glenn) 11-2  
**200-METER DASH**  
Agim Shabaj (Harrison) 22-1  
Kevin Woods (Harrison) 22-5  
Anthony Beal (N. Farmington) 22-7  
Blair Weiss (N. Farmington) 22-9  
Mark Ostach (Farmington) 23-1  
Jeremy Mazes (Farmington) 23-1  
Mike Sparks (Garden City) 23-2  
Jamie Bonner (Canton) 23-2  
Eric Scott (Churchill) 23-2  
Jerry Gaines (Canton) 23-3  
K.J. Singh (Canton) 23-3  
Chris Robertson (Harrison) 23-3  
Mike Parker (Canton) 23-3

**400-METER DASH**  
Anthony Beal (N. Farmington) 48-7  
Jerry Gaines (Canton) 50-3  
Blair Weiss (N. Farmington) 51-3  
Gabe Coble (Salem) 51-5  
Kevin Schneider (Franklin) 51-5  
Jack Tucci (Canton) 52-1  
Terrill Mayberry (Harrison) 52-7  
Paul Karolus (Churchill) 52-7  
Dustin Gress (Farmington) 52-8

Dave Novara (Stevenson) 52-9  
James Cook (Harrison) 52-9  
**400-METER RUN**  
Steve Kackamert (Stevenson) 2:01.0  
Jason Scarbrough (Harrison) 2:01.3  
Brian Hor (N. Farmington) 2:02.2  
Gabe Coble (Salem) 2:02.5  
Charlie Stamboulis (N. Farmington) 2:03.5  
Ryan Gail (Churchill) 2:04.0  
Robert Tymowski (Redford CC) 2:05.1  
Jeff Haller (Redford CC) 2:05.2  
Jimmy Late (N. Farmington) 2:06.3  
Jerry Gaines (Canton) 2:07.2

**1,600-METER RUN**  
Matt Daly (Redford CC) 4:26.0  
Charlie Stamboulis (N. Farmington) 4:27.6  
Jason Richmond (Churchill) 4:33.9  
Dorrie Warner (Salem) 4:35.3  
Brian Klotz (Franklin) 4:39.6  
Brian Coates (Harrison) 4:40.1  
Marvin Gill (Salem) 4:40.8  
Eric Mink (Stevenson) 4:43.0  
Phil Johnson (Churchill) 4:43.0  
Steve Stewart (Franklin) 4:44.3

**3,200-METER RUN**  
Matt Daly (Redford CC) 9:35.0  
Jason Richmond (Churchill) 9:51.0  
Eric Travis (Stevenson) 10:05.6  
Dorrie Warner (Salem) 10:11.8  
Dan Krawiec (Redford CC) 10:13.4

Steve Stewart (Franklin) 10:13.4  
Matt Lauer (Stevenson) 10:21.0  
Doug Gibbons (Redford CC) 10:24.3  
Steve Stewart (Franklin) 10:25.0  
Chris Tobe (Farmington) 10:31.0  
**400-METER RELAY**  
Farmington 43.0  
Farmington 43.1  
Redford Bishop Borgess 43.7  
Plymouth Canton 44.2  
Livonia Stevenson 44.6  
Livonia Churchill 44.6

**800-METER RELAY**  
Farmington 1:29.3  
Redford Bishop Borgess 1:30.2  
North Farmington 1:30.5  
Farmington 1:30.8  
Plymouth Canton 1:30.8  
**1,600-METER RELAY**  
Livonia Franklin 3:27.0  
North Farmington 3:27.1  
Plymouth Canton 3:27.9  
Farmington Harrison 3:27.9  
Livonia Stevenson 3:29.6

**3,200-METER RELAY**  
Livonia Stevenson 8:09.5  
Redford Catholic Church 8:20.4  
North Farmington 8:32.4  
Plymouth Canton 8:34.9  
Plymouth Salem 8:35.0

## OBSERVER'S BEST GIRLS TRACK AND FIELD PERFORMANCES

Following are the best Observer's track-and-field results. Coaches can fax update information to (734) 591-7279 or call (734) 953-2141.

**SHOT PUT**  
Tiffany Grubishev (Salem) 40-7  
Judy Telford (Mercy) 38-3 1/2  
Tasha O'Neil (N. Farmington) 36-10 3/4  
Lisa Balko (Franklin) 36-2  
Marin Jacoby (Churchill) 34-8 1/2  
Michelle Bonior (Salem) 33-3  
Kristy Ramsey (Churchill) 32-10  
Jenny Heffer (Churchill) 32-0  
Gaybrielle Iverson (Harrison) 31-10 3/4  
Melissa Ivy (Mercy) 31-0

**DISCUS**  
Tiffany Grubishev (Salem) 143-6  
Judy Telford (Mercy) 126-3  
Jenny Heffer (Churchill) 122-1  
Kristy Ramsey (Mercy) 109-0  
Meghan Kelley (Redford Union) 109-0  
Susan Hand (N. Farmington) 106-4  
Debbie Chen (N. Farmington) 105-0  
Jan Dash (Lutheran Westland) 103-4  
Tasha O'Neil (N. Farmington) 100-0  
Julie Yarnsbach (Stevenson) 100-0

**HIGH JUMP**  
Kristy Ramsey (Mercy) 5-5  
Amy Driscoll (Canton) 5-2  
Alexis Noel (Salem) 5-2  
Aisha Chappell (Salem) 5-1

Autumn Hicks (Salem) 5-1  
Angela Almon (Stevenson) 5-1  
Andrea Polasky (Stevenson) 5-1  
Elin Scum (Garden City) 5-1  
Koyol Dennis (St. Agatha) 5-0  
Felicia Barnett (John Glenn) 5-0  
Karen Abramczyk (Luth. Westland) 5-0

**LONG JUMP**  
Amy Driscoll (Canton) 16-7 1/2  
Kristy Ramsey (Mercy) 16-5 1/2  
Brynn DeNeen (Salem) 16-2 3/4  
Jessica Shamberger (Salem) 16-2  
Alexis Noel (Salem) 16-1 1/4  
Tara Tarole (Stevenson) 15-11  
LaTasha Chandler (John Glenn) 15-10 1/2  
Heather Vargo (Ply. Christian) 15-8  
Kate Bouschet (Farmington) 15-7 1/2  
Stephanie Dean (Churchill) 15-5 1/2  
Allison Diakow (Churchill) 15-5  
Layne Kasparek (Stevenson) 15-5

**POLE VAULT**  
Kim Wise (Garden City) 10-4  
Kari Cezar (Churchill) 9-6  
Jane Peterman (Churchill) 9-4  
Andrea McMillan (Franklin) 9-2  
Lauren Turner (N. Farmington) 9-6  
Amy Driscoll (Canton) 9-6  
Nicole Simon (John Glenn) 8-6  
Julietta Larina (Harrison) 8-0  
Jenny Jettica (Salem) 8-0  
Kate Bouschet (Farmington) 13-1

Abby Schrader (Stevenson) 8-0  
**100-METER HURDLES**  
LaTasha Chandler (John Glenn) 14-9  
Aisha Chappell (Salem) 16-1  
Dayna Clemons (N. Farmington) 16-2  
Kristel Stricker (Farmington) 16-3  
Cassie Elinert (Stevenson) 16-3  
Lisa Rosemary (Harrison) 16-7  
Valerie Brown (Salem) 17-0  
Angela Fodor (Harrison) 17-0  
Anna Rolf (Lutheran Westland) 17-0

**300-METER HURDLES**  
Cassie Elinert (Stevenson) 47-5  
Kristel Stricker (Farmington) 48-3  
Aisha Chappell (Salem) 49-2  
Angela Almon (Stevenson) 49-3  
Valerie Brown (Salem) 49-8  
Colleen Bosman (Stevenson) 49-8  
Danielle Miller (Farmington) 51-1  
Mandy Heff (Churchill) 51-5  
Kristen Kukuhai (Salem) 52-3  
Amy Rogers (Canton) 52-4

**400-METER DASH**  
Brianna Watson (Ladyswood) 12-6  
Alexandra Marshall (Mercy) 12-7  
Rachel Jones (Salem) 12-8  
Michelle Bonior (Salem) 13-0  
Felicia Barnett (John Glenn) 13-1  
Celine Davis (Salem) 13-1  
Kate Bouschet (Farmington) 13-1

Dayna Clemons (N. Farmington) 13-1  
Jessica Shamberger (Salem) 13-2  
Meredith Fox (Canton) 13-2  
Sierra Miller (Ladyswood) 13-2  
Charlie Ferton (Redford Union) 13-2  
Rita Malec (Franklin) 13-2  
**200-METER DASH**  
Alexandra Marshall (Mercy) 26-5  
Rachel Jones (Salem) 26-8  
Dayna Clemons (N. Farmington) 27-2  
Kelly Carey (Ladyswood) 27-3  
Brianna Watson (Ladyswood) 27-3  
Autumn Hicks (Salem) 27-4  
Sharia Ferton (Redford Union) 27-5  
Celine Davis (Salem) 27-6  
Jessica Shamberger (Salem) 27-6  
Michelle Bonior (Salem) 27-8  
Meredith Fox (Canton) 27-8  
Susan Duncan (Churchill) 27-8  
Dominique Whitner (Borgess) 27-8

**400-METER DASH**  
Alexandra Marshall (Mercy) 1:00.2  
Autumn Hicks (Salem) 1:00.7  
Meredith Fox (Canton) 1:00.8  
Rachel Jones (Salem) 1:01.7  
Erin Mazzoni (Stevenson) 1:02.2  
Laura Glynn (Harrison) 1:02.7  
Heather Vandette (Stevenson) 1:02.8  
Tessie Bode (Canton) 1:03.1  
Celine Davis (Salem) 1:03.7  
Andrea Parker (Stevenson) 1:04.1

Brynn DeNeen (Salem) 1:04.1  
Kate Bouschet (Farmington) 1:04.1  
**800-METER RUN**  
Andrea Doud (Ladyswood) 2:29.0  
Andrea Parker (Stevenson) 2:31.7  
Heather Vandette (Stevenson) 2:31.8  
Tessa Tarole (Stevenson) 2:32.4  
Sarah Westrick (Churchill) 2:32.5  
Holly Stockton (N. Farmington) 2:32.9  
Anne Lieberman (N. Farmington) 2:32.9  
Brynn DeNeen (Salem) 2:33.8  
Tessa Kuehne (Lutheran Westland) 2:34.6  
Susan Duncan (Churchill) 2:34.6  
Rachel Wodjka (Churchill) 2:34.6

**1,600-METER RUN**  
Andrea Parker (Stevenson) 5:22.3  
Heather Vandette (Stevenson) 5:23.4  
Tessa Tarole (Stevenson) 5:26.2  
Susan Duncan (Churchill) 5:33.5  
Holly Stockton (N. Farmington) 5:34.5  
Tara Tarole (Stevenson) 5:36.2  
Heidi Frank (N. Farmington) 5:36.4  
Sarah Westrick (Churchill) 5:36.6  
Lisa Jasnowski (Salem) 5:39.5  
Michelle Phillips (Churchill) 5:42.4

**3,200-METER RUN**  
Andrea Parker (Stevenson) 12:13.0  
Heather Vandette (Stevenson) 12:20.6  
Heidi Frank (N. Farmington) 12:32.1  
Tessa Tarole (Stevenson) 12:33.1  
Lisa Jasnowski (Salem) 12:36.7

## BASKETBALL CAMP

## Girls hoop camp

In Sunday's May 14 Observer, the item regarding the 2000 Canton-Salem Summer Girls

Basketball Camp needs clarification.

There will be two sessions, one for girls entering fourth through seventh grades this fall from 1-3

p.m. on June 19-22 and June 26-29.

A second session for girls entering eighth and ninth grades this fall will be from 1-3 p.m. July 5-7 and July 10-13.

Cost is \$65 per session. Checks should be made payable to Plymouth-Canton Community Schools and mailed to the Plymouth-Canton Community Education Department, Starkweather Center, 550 N. Holbrook, Plymouth, MI, 48170. With the payment, include the grade your child is entering, her age, height and shirt size.

For more information, call Bob Blohm at (734) 414-8156 or Fred Thomann at (734) 459-7315.

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## Salem, Canton rout foes

The final regular-season games in the Western Lakes Activities Association regular season for both Plymouth Salem's and Plymouth Canton's soccer teams were really no challenge at all.

Canton, which will meet Livonia Stevenson in the WLAA championship match Thursday (4 p.m. at Stevenson), literally destroyed Walled Lake Western 11-0 Wednesday at Western — and the Chiefs (and likely the state's best player, Anne Morrell, didn't play.

Salem had equal success with Walled Lake's other team, dismantling Central 7-0 Wednesday at Salem. The win boosted the Rocks' record to 13-2-1 overall, 4-0-1 in the WLAA's Lakes Division.

Canton finishes its WLAA campaign at 14-1-1 overall, 5-0 in the Western Division.

"We played a very sound

## SOCCER

game," said Salem coach Joe Nora after the Rocks' victory, which came after two disappointing defeats, 3-0 at Troy Athens and 2-0 to Canton.

"I and the way we knocked the ball around. We did a lot of one- and two-touch passing and tried to maintain control, which was our goal going into the game.

"Coming off our loss to Canton, the girls responded well."

Salem got its scoring from a variety of sources. Rachel Berezak, Jami Coyle, Kellie Mullin, Nichole Anderson and Jessie Bucks were among the goal-scorers for the Rocks. Jill Dombrowski was in goal for the first half and Jenny Fitchett played in the second for Salem.

Despite the absences of Mor-

rell, who hyper-extended her knee against Salem, and Janine Guastella, who tore knee ligaments against North Farmington and is lost for the season, Canton's game at Western was top-sided as well.

Amanda Lentz accounted for three of the Chiefs' goals and Melanie Dunn got three assists.

There were plenty of others who contributed in the onslaught. Stephanie Johnson had two goals and an assist, while Allison Mills, Kara Marsh, Betsey Huebler and Ashley Rosen each had a goal and an assist. Abi Morrell and Beth Sandusky added goals, with Briana Wolcott and Sarah Pymale earning assists.

Salem will host Livonia Churchill at 7 p.m. Wednesday in its WLAA crossover contest, on Monday, the Rocks play a non-league match at home against state-ranked Troy.

**New Chiefettes**

New pompon members: The 2000-2001 Plymouth Canton Chiefettes pompon squad, from left: Row 1 — Dayna Harper, Lauren Richter, Mollie Megasko, Brittany Rivers, Melissa French, Tricia French; Row 2 — Katie Chamulak, Karla Hubchik, Jaime Dzialowski, Justine Blazer, Liz Wisniewski, Lauren French, Shay Reilly; Row 3 — Lacey Polderdyke, Megan Kryska, Jackie Custer, Sarah Palmer, Melissa Bohanon, Genevieve Blazer; Row 4 — Lauren Wulf, Amy LaVallee, Kya Sasena, Danielle Voyles (coach), Stacy Herberholz, Amy Herberholz, Janelle Broadway, Mary Magnuson. Not pictured: Lyndsay Tomlinson, Cara Woodbury.

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Tune in WJR 760 AM each Friday at 7:40 a.m. and hear the Athlete of the Week announced on Paul W. Smith's morning show.

**To submit your nomination for the High School Athlete of the Week:**

1. Send us up to one page of information about the athlete's involvement in sports, community, academic achievements and any awards he/she has received. Include the name of the high school and a picture of the athlete.
2. Include your name and daytime phone number.
3. Send your nomination to:

**WJR 760 AM**  
2100 Fisher Building, Detroit, MI 48202  
Attention: Athlete of the Week  
OR  
FAX to: 313-875-1988

**Tune in to WJR 760 AM Friday morning to hear the winner announced!**

**THE WEEK AHEAD**

**PREP BASEBALL**  
Monday, May 22  
Harrison at Churchill, 4 p.m.  
Franklin at Canton, 4 p.m.  
Salem at John Glenn, 4 p.m.  
Tuesday, May 23  
Harrison at Canton (2), 3:30 p.m. (tentative)  
Salem at Farmington (2), 3:30 p.m.  
Luth. West at Allen Park, 4 p.m.  
HVL at Taylor Baptist, 4:30 p.m.  
Wednesday, May 24  
Canton at Harrison (2), 3:30 p.m.  
HVL at Taylor Baptist, 4:30 p.m.  
Fairland at Luth. West, 4:30 p.m.  
Thursday, May 25  
Farmington at Churchill, 4 p.m.  
Stevenson at Franklin, 4 p.m.  
John Glenn at Northville, 4 p.m.  
Taylor Kennedy at Wayne, 4 p.m.  
Wayne at Redford Union, 4 p.m.  
Urban at Huron Valley, 4:30 p.m.  
Cabrini at Luth. West (2), 4:30 p.m.  
Friday, May 26  
WLAA playoffs at Lakes Division, 4 p.m.  
Wayne at Romulus, 4 p.m.  
Saturday, May 27  
Big Guns at Madonna, TBA  
Sunday, May 28  
Big Guns at Madonna, TBA  
**GIRLS SOFTBALL**  
Monday, May 22  
Churchill at Harrison, 4 p.m.  
Canton at Franklin, 4 p.m.  
W.L. Central at Stevenson, 4 p.m.  
John Glenn at Salem, 4 p.m.  
Edsel Ford at Wayne, 4 p.m.  
Tuesday, May 23  
Harrison at Canton (2), 3:30 p.m. (tentative)  
Salem at Farmington (2), 3:30 p.m.  
Luth. West at Allen Park, 4 p.m.  
HVL at Taylor Baptist, 4:30 p.m.  
Wednesday, May 24  
Canton at Salem, 6 p.m.  
Churchill at Farmington, 4 p.m.  
Churchill at Stevenson, 4 p.m.  
Northville at John Glenn, 4 p.m.  
Wayne at Taylor Kennedy, 4 p.m.  
Country Day at Cville, 4:30 p.m.  
Taylor Kennedy at Wayne, 4 p.m.  
Wayne at Redford Union, 4 p.m.  
Urban at Huron Valley, 4:30 p.m.  
Cabrini at Luth. West (2), 4:30 p.m.  
Friday, May 26  
WLAA playoffs at Western Division team, 4 p.m.  
Romulus at Wayne, 4 p.m.  
Mooney at Ladyswood, 4:30 p.m.  
Saturday, May 27  
Big Guns at Madonna, TBA  
Sunday, May 28  
Big Guns at Madonna, TBA  
**GIRLS TRACK**  
Monday, May 22  
Churchill at Harrison, 4 p.m.  
Canton at Franklin, 4 p.m.  
W.L. Central at Stevenson, 4 p.m.  
John Glenn at Salem, 4 p.m.  
Edsel Ford at Wayne, 4 p.m.  
Tuesday, May 23  
Harrison at Canton (2), 3:30 p.m. (tentative)  
Salem at Farmington (2), 3:30 p.m.  
Luth. West at Allen Park, 4 p.m.  
HVL at Taylor Baptist, 4:30 p.m.  
Wednesday, May 24  
Catholic A-B at Ladyswood, 2:30 p.m.  
WLAA finals at Farmington, 6 p.m.  
**GIRLS SOCCER**  
Monday, May 22  
Troy at Salem, 7 p.m.  
Belleville at John Glenn, 4 p.m.  
Romulus at Wayne, 4 p.m.  
Ladyswood at Country Day, 7 p.m.  
Roch. Adams at Churchill, 7 p.m.  
Tuesday, May 23  
Fordson at Wayne, 4 p.m.  
Luth. West at Fairlane, 4:30 p.m.  
Wednesday, May 24  
Southgate at Wayne, 4 p.m.  
W.L. Western at John Glenn, 5:30 p.m.  
Churchill at Salem, 7 p.m.  
Franklin at W.L. Central, 7 p.m.  
Thursday, May 25  
(Western Lakes championship)  
Canton at Stevenson, 4 p.m.  
Friday, May 26  
Luth. East at Luth. West, 4:30 p.m.  
TBA — time to be announced.

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**Sunday, May 21, 2000 3:00 pm**

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BOWLING AND RECREATION

# Summertime can be bargain bowling time

## TEN PIN ALLEY



AL HARRISON

Let's go bowling. Now that the winter league season is over, there are a lot of options left for those who want to keep their hand in the game over the summer so as not to get too stale when the fall season rolls around.

It is not possible to just walk in and bowl just anywhere as summer hours are usually cut back at most bowling centers.

For example, Mayflower Lanes is closed on Sunday and open from 4 p.m. to 10 p.m. on most weekdays.

If you call ahead, you'll find out whether or not they are open when you want to bowl.

Merri Bowl in Livonia offers its Tuesday morning "Senior Club 50 Drop In" going on all year-round including the entire summer. You get to bowl three games in league-like surroundings for only \$4 including two mystery games.

They bowl on Tuesdays with warm-ups at 9:15 a.m. and start at 9:30 a.m. Bowlers must be 50 years of age or older to participate. Unlike a regular league, if you don't show up, you don't pay.

Most centers have some form of summer leagues with a short season. Some are very competitive, others are mostly for the fun and social aspect of the game.

Trio leagues are very popular in the off-season, usually four games with two each against a different opponent. Of course, there is regular open bowling, check with the local houses for their hours.

If you go out for practice, remember there is less oil on the lanes, and you may have to adjust to a deeper line, like the third or fourth arrow if you have any hooking action on your ball.

## NATURE NOTES



TIM NOWICKI

Generally in the animal world size takes precedence. If two animals of unequal size meet in a potentially confrontational situation, the larger animal will usually chase the other away. But that is not always the case.

In April of 1987, a friend and I watched a northern flicker, a

## CLASSES/CLINICS

### FLY TYING

Paint Creek Outfitters in Rochester offers a variety of fly tying classes for beginners and advanced tiers. Call (248) 650-0440 for more information, or to make a reservation for a fly tying class.

### FLY TYING

River Bend Sport Shop in Southfield offers fly tying classes for beginners, intermediate and advanced tiers. Classes will be held at various times. For more information and to register call (248) 350-8484 or (248) 591-3474.

### FLY TYING

Westbank Anglers, located in the Bloomfield Plaza at Telegraph and Maple roads, offers fly tying clinics (beginning, advanced, Atlantic salmon, and fly tying round table). All clinics will be conducted at the store and will cover tying tools, tool uses, and understanding of materials. All classes are limited to six students. Call (248) 538-3474 for specific times, dates, fees, and registration information.

### FLY TYING

Westbank Anglers, located in the Bloomfield Plaza at Telegraph and Maple roads, offers fly casting clinics on Sundays throughout mid-July. The clinics, designed to run from 9 a.m.-3 p.m., will be held at Cranbrook Academy. Students are instructed in basic casting techniques, overview of fly fishing tackle and knots, basic entomology, fish fighting skills, stream etiquette, and how to release a fish. Call (248) 538-3474 with questions regarding dates, times, fees and availability. Class size is limited.

### JUNIOR OLYMPICS

The Oakland County Sportsman Club in Okemos offers a Junior Olympic Archery Development



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They also offer "Bowl your Brains Out" 7 p.m. to midnight Sundays and 10 p.m.-midnight Mondays. The cost is \$895 per person for two hours of bowling (shoes not included).

For more information, call Merri Bowl at (734) 427-2900.

For those who like to win money with their bowling skills, there are a few good money tournaments around, most noteworthy is the 50th annual Hamtramck Singles Classic which runs through Sunday, July 30 with the last squad at 7 p.m.

In handicap singles, the first prize is \$25,000 guaranteed, second place earns \$12,500 and even the 50th spot still earns a cool \$1,000. The prize for 100th place is \$500.

Other prize categories include eight-game singles, scratch singles (optional), ladies singles (optional), senior singles (55 and over), doubles (optional) and seniors high series (24 or more bowlers).

For more information, call (248) 546-0070 or 1-800-821-9217 to reserve your squad.

Today is the annual meeting of the Greater Detroit Bowling Association, largest American Bowling Congress local in the land, representing over 60,000.

**WWYTC champs:**  
The 1999-2000 Colonial Lanes team which captured the title includes (back row, from left) Roy Hixson, Luke Watkins, Ryan Mortensen; (front row, from left) Niki Moore and Scotty Clemens.

All Greater Detroit Bowling Association League representatives have been invited, and if you are reading these words of wisdom, it begins at noon Sunday at Sunnybrook Lanes in Sterling Heights.

I will not be present, excused to attend the wedding of my daughter in Grand Rapids.

On the agenda is the election of officers for the coming year. The nominee for president is Michael Munson. The budget for 2000-2001 will be approved at this meeting and reports will be made on the GDBA tournaments.

Tom Sadowski of the St. Frances Men's League will be honored as Secretary of the Year, while Dave Bowman will be honored as Director of the Year.

Also honored will be Tom Reume as recipient of the GDBA Bowlers Achievement Award. Meritorious Service awards will be presented to Darrin Craft, Grant Peterson and Jeff Suma.

Two amendments will be voted upon. This weekend I will be in Grand Rapids for the wedding of my daughter Debbie to Ron Steenhagen.

They have been bowling together in a mixed league in Muskegon, and Ron is a rarity among bowlers. He has a left-

handed "no-thumb" delivery.

Those who are able to do this can throw a lot of strong strikes, but sometimes accuracy on spares is more difficult. I like to say that couples who bowl together, stay together.

Best of all, that's a nice guy and that's what matters the most.

In case you haven't heard by now, the dues increases are official. GDBA and the Wayne Westland associations have both announced that the combined annual dues shall be \$16 per year effective immediately.

The women's associations still have to finalize their dues, but it's expected that they will be in about the same price slot.

The GDBA will begin issuing a plastic membership card instead of paper and there will be additional awards for the lower average bowlers.

The increases were "inevitable" in order to maintain the level of services rendered. This is progress and it may cost a few cents more per game, but the value is there in many ways that these non-profit organizations work so hard to make and maintain bowling as a fun activity and to keep it fair for all participants.

They maintain the playing standards, give bowlers protection for league funds. Keep up the records of all averages in the annual yearbook. That helps to keep the tournaments honest.

They set the basic rules and guidelines, provide league supplies and can settle disputes coming from the leagues. The association delegates attend the American Bowling Congress convention each year as your representative, and your own voice in how the sport shall be directed.

Even with this small increase bowling it's still the best sports bargain out there today.

## Clowdones (Lions)

Friday Seniors: Sam Samuelf, 230/609; Tony Golchuk, 234/614; Tony Rye, 231/613; John Gonsior, 2320/539; Hank Zajac, 210/571; Jerry Page, 214-212/588; Harry Buhl, 221/587; Norm Kovalev, 224/581.

Tuesday Seniors: Chet Zajac, 214/532; Joe Newton, 223-213/619; Reggie Budzik, 225/576; George Bauman, 216/581; Roy Prater, 211/593; Ken McDaniel, 234/593; Larry Slavin, 222/533; Hank Zajac, 214/532.

## Westland Bowl

E/O Hard Times: Charles Davis, 255/665; John Ernst, 249/583; Frank Brown, 235/566; Mike McWilliams, 234/580; Jason Pizzuti, 283; Jan Bergman, 213/501; Debra Chubb, 208/596.

E/O Double Trouble: David Frisk, 276/648; Jeff Straight, 265/576; Tim Mayer, 235/622; David Labori, Sr., 218/574; Katherine Labon, 206; Kathy Straight, 196/523.

Cosmic Family Fun Rollers (Adults): Thomas Mount, 224/545; Mike Verkerke, 199/520.

(Junior): Jason Bauer, 236/548; Kyle Fisher, 207/539; Autumn Mount, 121; Danielle Mood-Basse, 118; Sara Summers, 111.

## Country Lanes (Farmington)

Summer Swingers: Chris Brugman, 259/706; Steve Myers, 236; Rocky Pudik, 235; Jeremy VanMeter, 235; Tom Colosimo, 670; Julie Left, 198; Loretta Moss, 195; Friday Rider, 191.

Wednesday Night Doubles: Tony Vitale, 205; Howard Hardy, 245; Brian Adams, 244; Anthony Moore, 235; Ronnie Sparks, 232; Jerry Chiam, 208; Melissa Miller, 192.

Summer Seniors: Mark Hickox, 277/666; Jack Thibault, 223/548; Alvin Left, 212; Doris Craig, 233/581; Julie Daniels, 201; Dorothy Reume, 204; Bren Sheppard, 200.

Parent/Youth (Men): Jim Curtis, 248/601; Al Epstein, 244/595; Paul Koenig, 240/647; (Women): Sue Addy, 224/546; Kelly VanMeter, 196/530; Pat Allmen, 192.

(Boys): Alan Allmen, 201. (Girls): Stephanie Wegener, 171; Chris Harris, 165; Rachel Koenig, 123.

# Bigger is not always better, as starlings sometimes prove

## NATURE NOTES



TIM NOWICKI

Generally in the animal world size takes precedence. If two animals of unequal size meet in a potentially confrontational situation, the larger animal will usually chase the other away. But that is not always the case.

In April of 1987, a friend and I watched a northern flicker, a

member of the woodpecker family, excavate a nest hole in a dead limb. The hole was plainly visible to us on the second floor of the nature center.

Then one day we saw a flurry of activity at the nest hole. When the participants settled down, we saw a starling and the flicker tumbling and fluttering to the ground. On the ground they jostled for position.

Eventually the starling ended up on the back of the flicker. With the starling on its back, holding on like a bronco buster on a wild mustang, the flicker

could not take flight. Even though the flicker is a larger bird the starling got the upper "wing" in this case. When the two separated, the starling went to the hole and the flicker flew into the woods.

We had just witnessed the evasion of the flicker by the starling. Starlings cannot make their own holes, so they must use those made by natural processes, abandoned holes, or steal them from the maker.

Well just the other week we watched a series of evictions in

our back yard. A pair of red-bellied woodpeckers excavated a couple holes in a dead limb of our red maple tree. Both holes are very close to each other on the same limb. Why they excavated two holes I do not know!

We became aware of their activity when we walked under the tree and discovered wood chips on the ground below the hole. Once we knew about the cavities we watched for activity in the area.

One day we saw and heard some activity by the nest holes. It turned out that a flicker was disturbing the red-bellies and was trying to take over the excavations.

Over the next couple days we saw skirmishes between the two, but it seemed like the red-bellies were holding their ground. It turned out that they were not. They lost the site to the flicker. Both species of woodpecker are very close in size, but the flicker is bigger.

So then we watched the flickers enlarge the hole and prepare it for nesting. At the same time

we started to see a starling carry nesting material in the direction of the nest.

Upon closer examination we watched as both flicker and starling were at the hole jostling for position, and then we watched as the starling entered the hole. Subsequent observations revealed the starling had taken the site from the flicker.

I guess if starlings can't make their own holes in trees, they compensate for this short coming by being excessively aggressive to species that may be larger.

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(810) 781-4621.

## OAKLAND COUNTY PARKS

### COUNTY PARK REQUIREMENTS

Advanced registration and a motor vehicle permit are required for all nature programs at Oakland County Parks. Call (810) 625-6473 to register or for more information.

### PERMITS

The 2000 Oakland County parks motor vehicle permits are on sale at all county park offices and many parks and recreation and township offices. Cost is \$25. Call (248) 858-0906 or TTY (248) 858-1488.

### STATE PARKS

#### STATE PARK REQUIREMENTS

Maybury State Park, Proud Lake Recreation Area, Bald Mountain Recreation Area, Highland Recreation Area, and Island Lake Recreation Area offer nature interpretive programs throughout the year. A state park motor vehicle permit is required for entry into all state parks and state recreation areas. For registration and additional information on the programs at Maybury call (810) 349-8390. For programs at Bald Mountain call (810) 693-6767. For programs at Proud Lake and Highland call (810) 685-2187. For programs at Island Lake call (810) 229-7067.

### WAYNE COUNTY PARKS

#### COUNTY PARK REQUIREMENTS

Wayne County Parks offers nature interpretive programs throughout the year. Advanced registration is requested. Call (734) 261-1990 to register and for more information.

6A(WTOF)(★BT)



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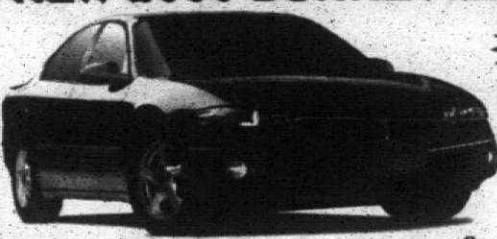
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### 2000 SAVANA PASSENGER VAN



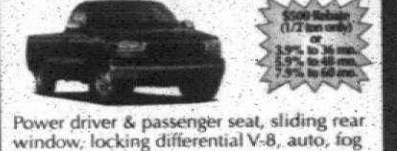
8 passenger, SLE decor, aluminum wheels, stereo cassette/CD, tilt, cruise, front & rear air conditioning/heat, power windows & locks. Stock #6089Y

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### 2000 SIERRA REG. CAB 4WD



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— Was \$28,666 —

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\$252<sup>66</sup>\*\* 36 mo.  
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7100 lb. GVW, V-8 auto, air, tilt, cruise, fixed side & rear cargo door glass, driver & passenger bucket seats. Stock #6283Y

— Was \$24,349 —

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### 2000 YUKON DENALI



6-way power driver's seat, keyless entry, carpet mats, V-8, auto, panel doors, leather trim, front & rear air, stereo cassette/CD, heated seats, homelink, running boards, locking differential, trans cooler. Stock #6821Y

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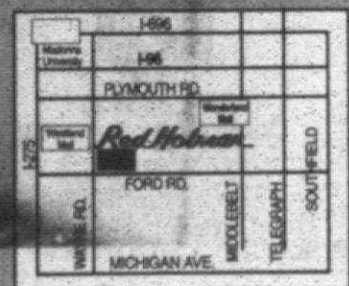
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## ARTISTIC EXPRESSIONS



LINDA ANN CHOMIN

### Artists happy to let audience judge their work

Artists like Nancy Walls Smith are applauding the trend toward non-juried shows, which allow members of groups such as Three Cities Art Club and the Visual Arts Association of Livonia to display their work if they so choose. As an exhibitor with Three Cities Art Club and chairwoman of its spring show May 26-28, Walls Smith thinks the absence of judging before entry encourages creativity, especially in fledgling artists.

But viewers can decide for themselves. The majority of the art exhibited in such shows is good as well as reasonably priced, which makes it even more attractive. Most artists know when work is not up to par and won't exhibit until their skills improve.

"Juried shows sometimes reflect the basic personal taste of a specific juror," said Walls Smith. "The Three Cities show is judged for prizes, but members are never juried out. In that way, the public gets to view a cross section of the type of work each of our members is doing."



**Children's Day:** Elbert Weber painted this vibrant watercolor after a trip to Kyoto, Japan.

#### Watercolor

Walls Smith is looking forward to exhibiting a watercolor painted in memory of her son, Jason Alan Smith. The Three Cities show will be judged by Eugene Smith, an art teacher for Wayne-Westland Schools. In addition to a Best of Show and Grumbacher Award, Smith will award first-, second- and third-place awards to artists in the categories of oil and mixed media.

#### Art shows

Three Cities Art Club presents its 43rd annual spring show 10 a.m. to 5 p.m. Friday-Saturday, May 26-27, and until 5 p.m. Sunday, May 28, at the Plymouth Cultural Center, 525 Farmer St.

Visual Arts Association of Livonia continues its spring art exhibit through Wednesday, May 31, in the lobby of Livonia City Hall, 33000 Civic Center Drive. Hours are 8:30 a.m. to 5 p.m. Monday-Friday.

Flowers for Jay focuses on an empty candlestick, which symbolizes the death of Walls Smith's son in 1995 at the age of 21. A cherub in the corner brings spirituality to the work. Flowers

represent the beauty of his life.

It is the club that helps Walls Smith continue to work through the grief after Jason's death. That's why she's such a strong advocate of the group, which was founded in Plymouth in 1957.

Three Cities Art Club held its first outdoor exhibit in 1957 in Kellogg Park in Plymouth. The name comes from the group of Plymouth, Northville and Livonia artists who founded it to promote an appreciation of creative art in the communities.

"It's the only art club in the Plymouth-Canton community," said Walls Smith. "Hopefully our show will be a draw for the many other talented artists in the area to join us and share their gifts. We are not a high-profile group at this time, but we would certainly welcome the opportunity to become one by adding new artists to our roster."

Please see EXPRESSIONS, C1



STAFF PHOTOS BY TOM HAWLEY

Inspired by ancestry: Patricia Gardner bases her contemporary clay work on traditional American Indian art.

## A JOURNEY OF THE SPIRIT

### NATIVE AMERICANS CREATE TRADITIONAL BEAUTY

BY LINDA ANN CHOMIN  
STAFF WRITER  
lchomin@oe.homecomm.net

Adrienne Brant James stood tall and proud as she gazed around the Woodland Indians Trading Post and Indian World. The contemporary paintings, traditional beadwork and pottery were all created by her people.

From the earth these artists create beauty. Their spiritual journey is showcased in an exhibit of the same title through Saturday, June 10, at the gallery-like space in Redford.

Brant James wants viewers to "experience the culture and creativity of America's first peoples." That's why she invited artists representing Woodland Indian tribes such as the Odawa, Onondaga, Ojibwe, Mohawk, and Cherokee. These Native American artists will exhibit their work in a group show. Included in the show are large acrylics by her late mother, Hazel Brant Mell, a Mohawk; paintings by Nora Chapa Mendoza, a West Bloomfield artist and Coahuiltecan Indian, and clay by Plymouth potter and Mohawk Patricia Gardner.

#### Different attitude

"Native artists have a different attitude toward their work," said Brant James. "They're not interested in selling it but the journey of creating it. They always treat their materials as sacred. If they take something from Mother Earth, they give something back."

The show represents the three major groups of Native Americans living in the area. The Three Fires Council (Odawa, Potawatomi and Ojibwe) is second in size only to the Iroquois, which consists of six nations or tribes, among them the Mohawk. Ron Curley, a Mohawk of Six Nations Reserve in Ontario, carves the creation story from a deer antler. An eagle soars above an evergreen in the majestic piece springing forth from a soapstone carving of a turtle. S. Kay Young represents the

third-biggest group in the area - the Cherokee. Her color photographs of the Everglades and the Hudson's implosion reveal an energy similar to that found in the flower and garden life images she exhibited at the Detroit Institute of Arts three summers ago. The yellow-and-red feathers of ceremonial regalia dazzle the viewer with its vivid color and movement.

#### Indian ancestry

Patricia Gardner treasures her roots as a Mohawk. If it weren't for summers spent on Six Nations Reserve with her aunt, Sylvia Smith, a well-known ceramist, the Plymouth resident might never have begun to work in clay. Those early years led to her love for traditional pottery, which influences her work today. Gardner's large sculptural vessel at the front of the gallery bears a strong resemblance to traditional Iroquois pottery. Gardner accents the corners of the earth-colored work with faces representing the four directions.

"It's a traditional piece used long ago, the shape and design," said Gardner, who began working in clay in 1979. "It's a feast bowl. The guardian faces represent the four directions. We use the four direc-

tions a lot in our religion."

It's apparent by looking at Gardner's figurative vessel, "Praying Woman," and a yellow horse wall sculpture that she's learned from some of the best artists working in clay.

She studied raku and hand-built ceramics with Robert Pipenburg at Oakland Community College in Farmington Hills; wheel-thrown ceramics with Bob Black at Schoolcraft College, Livonia; ceramics and fine arts with Kathy Dambach and Annette Siffin at Henry Ford Community College, Dearborn, and three-dimensional design and ceramics at the Institute of American Indian Arts in Santa Fe, New Mexico.

"I try to pull on the themes of Indian women and legend," said Gardner. "It's contemporary in that I use modern techniques. They didn't have kilns 500 years ago. Their clay was pit fired. I use high fire, and that way it doesn't chip when transporting."

#### Functional art

Several of the artists in the show create art that can be used every day. Soapstone carvings from Six Nations serve a function in addition to adding beauty to an interior. The smudge pots are used to burn sweet grass to purify the air or for meditation purposes.

Joyce Barner Tinkham's delicate bead work colors jewelry with Native American design that can be worn as well as displayed on a shelf. A Nisga'a Indian, Barner Tinkham shows mastery of the needle in the pillows, purses, vests and a dress sporting a turtle pattern. Ceramics by Mohawks Elda, Leigh and Steven Smith of Talking Earth Pottery tell stories.

Works by Arnold Aron Jacobs, Onondaga; Le'Ana Asher, Ojibwe, David Shananaquet, Odawa, and Thomas B. Maracle, Mohawk round out the offerings in *Spiritual Journey*. Not to be missed is the turquoise palette found in Le'Ana Asher's portrait of an Indian child. Asher, an Ojibwe, received her bachelor of fine arts degree from Eastern Michigan

Please see SPIRIT, C1



**Religious roots:** Nora Chapa Mendoza exhibits paintings and images from her new series of retablos which are encased in frames from Mexico.

## PROFILE

### Park West Gallery expansion brings art to the masses

BY FRANK PROVENZANO  
STAFF WRITER  
fprovenzano@oe.homecomm.net

The thick scroll of blueprints tucked under Albert Scaglione's arm are as dense and tightly bound as Sunday's rolled-up *New York Times*. But there's hardly any need to study diagrams to chart the course ahead for Park West Gallery, a business Scaglione established in the late 1960s that has flourished into a \$100-million privately-owned company making profits in international auctioneering and catalogue art.

Don't think for a moment that Scaglione hasn't charted every step of the business he started as a one-employee, one-room gallery when Tricky Dick roamed the west wing, and the Internet was sci-fi fantasy.

It's hardly a coincidence that Scaglione, who holds a doctorate in mechanical engineering, has organized Park West Inc. into a proficient, high-

yield revenue machine that has been increasing profits at a rate of 30-percent per year since the mid 1990s.

Impeccably groomed in a navy pinned-stripped suit, Scaglione clutches the roll of blueprints more as a prop than a guide.

When the timing is right, he unrolls the bundle of translucent paper that outline the expanded look of Park West, alternately pointing to the diagrams of floor plans and places in the gallery that will be transformed as the Southfield gallery expands to a sprawling 60,000-square feet by the end of the year.

By then, Park West will certainly have the look and feel of a museum.

#### Lasting showpiece

Only a few other privately owned galleries in the country, according to Scaglione, will be able to claim being larger, in terms of space or revenue. And, Scaglione quickly points out, only the large, tier-one auction houses like Sothe-

by's and Christie's generate more sales and revenue.

Designed by Ukrainian artist/architect Anatole Krasnyansky, who worked on the renovation of the Hermitage Museum, the expanded space will add seven galleries and an ethereal classical aesthetic with Corinthian-style columns and limestone floors.

"The gallery is a showpiece for us," said Scaglione, whose much-publicized palatial home a few minutes drive away in Farmington Hills also could be characterized as a main attraction.

"What we'll have is something that will be around for 100 years. But I wouldn't say the gallery is going to be like a monument. It's more like a tree that's grown, whose roots started growing 20 years ago when we moved to this location."

There are vestiges of the late 1970s in the strip mall where Park West is located.

Please see PARK, C2



Albert Scaglione



## Expressions from page C1

Although Elbert Weber is an experienced artist, the Visual Arts Association of Livonia allows him to experiment with his watercolors and still show them. VAAL's Spring Art Exhibit, which is sponsored by the Livonia Arts Commission, continues to Wednesday, May 31, in the lobby of Livonia City Hall. Weber's Children's Day, a vibrant watercolor painted after a trip to Kyoto, Japan, won an Honorable Mention.

"I always try to experiment," said Weber, who has 19 works on exhibit at the Plymouth Community Arts Council. "It's the basis of creativity. One instructor several years ago told me, 'Don't paint yesterday's painting.' That's especially true of watercolor."

Jim Pujowski, a Redford

artist and instructor at University Liggett School in Grosse Pointe Woods, displays the VAAL spring art exhibit. Best of Show went to Cupboard with Goggles, an oil by Isabelle Renaud. Dorothy Thorne won first place for a painting of poppies. The Livonia Arts Commission Award went to Regina Dunne, for her pastel "Sum Ergo Cogito." This is one work not to be missed.

### Eye of the beholder

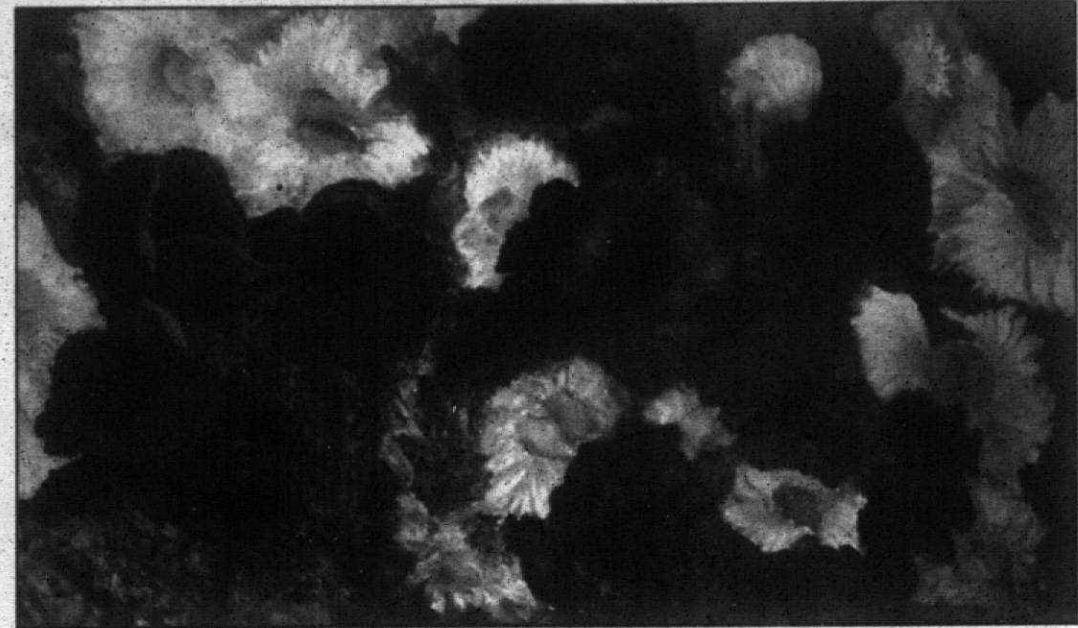
Regina Dunne sees the portrait as a depressing picture because of the dark palette. I think it's very dramatic and mysterious. I want to know what is the story behind this man.

The pastel was created during independent drawing sessions held on Fridays at the Birmingham Bloomfield Art Center.

"The model came dressed like they were in the times of Louis 15th or 16th when they were cutting off heads," said Dunne, who was disappointed that so few works were able to be exhibited in VAAL's annual spring show. New panels installed for showing art in the lobby reduced the space available for hanging. Livonia City Hall is one of three venues the Livonia Arts Commission uses to promote art in the community.

"Art is important for a city," said Dunne. "I'm hoping they bring back some of the panels."

Have an interesting idea for a story? Call arts reporter Linda Ann Chomin at (734) 953-2145 or send e-mail to lchomin@oe.homedom.net



Poppies: Dorothy Thorne won first place in the VAAL Spring Art Exhibit at Livonia City Hall.

## Spirit from page C1

University in 1999. Nora Mendoza is the only Indian not of Woodland ancestry. An internationally known artist, Mendoza's ancestors go back for generations in Mexico. Although Mendoza grew up in Texas, her religious background exposed her to such traditions as retablos. Inspired by these icons, Mendoza's newest work speaks to the struggles of the Indian

people. The frames come from Mexico where Mendoza was in March to collaborate with artist Martha Ramirez Gropeza on a mural for a room dedicated to Cesar Chavez at Lansing Community College.

"In the old days when someone was sick you'd make an offering to the saints to heal," said Mendoza. "Another old tradition are milagros, what people would

hang to pray to. They're religious symbols. I wanted to mix old culture and new."

Mendoza is grateful to be able to show her work in an authentic Indian gallery such as Woodland Indian Trading Post and Indian World.

"It's one of the first fine arts galleries run by Native Americans," said Mendoza. "It's about time that the art of the Woodland Indian was recognized. It's just as fine as art by the southwest tribes, and you don't have to go that far to find it."

For John Kerr, a Chippewa with the Sault Ste. Marie tribe, the gallery is a place to come between pow wows. Along with all the art, Brant James offers a lending library with books on Indian related subjects.

"This is an enabling place," said Kerr, a Livonia resident. "It allows people of Native American ancestry to make a connection with their heritage, especially for those of us who live in the lower half of the state. It's a gathering place that completes the circle downstate."

## Park from page C1

A sign along Northwestern has the bloated letters of the decade of disco, but inside Park West is unmistakably contemporary, at least in terms of looking like a state-of-the-art gallery business.

Ironically, the pieces of art that hang along the walls are remarkably nondescript. There isn't the slightest indication of cutting-edge or pushing-the-boundaries type art found, for instance, in the current Whitney Biennial or even innovative art often found in the upscale galleries in Birmingham.

Clearly, the sensibility at Park West is safe and pleasant with plenty of dreamy hues and familiar compositions. Collectively, the work easily fits the designation of "art you can live with," although Scaglione comes close to guaranteeing that a purchased piece of art will appreciate in value.

### By land and sea

Perhaps as impressive as the space exhibiting art is the manner in which Scaglione has creat-

### Park West Gallery

Where: 29469 Northwestern Highway, between 12 and 13 Mile Roads, Southfield  
Open: 10 a.m. to 6 p.m. Monday-Wednesday; 10 a.m. to 9 p.m. Thursday-Friday; 11 a.m. to 6 p.m. Saturday-Sunday

ed ways to bring works of 20th-century and contemporary artists to the masses.

This isn't a place for to celebrate artistic angst or the role of art in the early 21st century. Park West's mantra could be simply put: "Pretty pictures by land, by sea and by mail."

In addition to the Southfield gallery, which includes on-site printing shop, marketing, graphics and sales departments to keep in touch with their catalogue customers, Park West runs at-sea auctions on cruise ships sailing throughout the world. In the last month, Scaglione closed a deal to acquire Fasi Co., an auction house in Florida, where he plans to headquarter Park West's at-sea business.

The key, according to Scaglione, has been to bring art to the buyers, who feel intimidated by contemporary art and what they perceive as pretentious art galleries. Prospective buyers who have the means to buy, but not necessarily the knowledge about what to buy.

Obviously, any high-falutin notions of art are deflated by conducting auctions in hotel ballrooms and on fun ships.

"We sell only original work," said Scaglione, who could probably offer a dissertation on the many ways to identify an original from a reproduction.

### On many levels

For many unknowing buyers, however, it might be unclear that original doesn't necessarily mean an exact painting, but an original lithograph from a limited edition.

While Scaglione has certainly taken advantage of an opportunity, success wouldn't be possible without his legendary frenetic salesmanship and ability to see business opportunities where many gallery owners would simply call it a day - for art's sake.

With Scaglione, there are many levels of the art business. His approach was influenced

more by his academic background in mechanical engineering than by any deep allegiance to an art movement.

From the late 1950s to the late 1960s, Scaglione was working on his doctorate at Michigan State University, and then teaching at Wayne State University. His focus on a particular branch of electromagnetism caught the attention of several noted engineers of the day. But when NASA declassified exploration of space, Scaglione rethought his career, and decided to pursue a gallery business, recalling that he enjoyed his stint working in a relative's gallery when he was a teenager.

Yet with the new career, Scaglione didn't leave the theoretical or pragmatic thinker behind. With Scaglione, not only are the wheels always turning, they move at warped speed.

No blueprint could possibly capture the charm, effusiveness and feistiness of the self-described kid from Nutley, New Jersey whose father worked seven days a week, driving a truck and steadily hammering away at the rewards of a positive attitude.

Through Scaglione's eyes, the world is not only in a constant state of flux, it's dynamically charged awaiting a catalyst to set the course. And make no mistake about it, Scaglione sees himself as that catalyst.

In a span of moments, he traverses several planes, from astrophysics to the pragmatic approach in running what he calls the dog-and-pony show of auctions.

Then just as suddenly, he appears reflective with an existential wandering in his eyes. "No, I don't think on many levels," he said. "Mentally, I live on one level in a race with death."

Toss away the blueprint. When you see Scaglione, you're looking at an original.

The art on the walls at Park West might not be cutting-edge material, but in many ways, Scaglione's ability to invent himself and his gallery is truly contemporary stuff.

And, at times, utterly engaging.

"I'm an entertaining guy, you've got to give me that."

Who could doubt that the kid from Jersey has a way about him?

## Noteworthy

Gallery exhibits, art shows, classical concerts

MAKING CONTACT: Please submit items for publication, at least two weeks in advance to the event, to Noteworthy, The Eccentric Newspapers, 805 E. Maple, Birmingham, MI 48009 or fax (248) 644-1314

### ART SHOWS

**EASTERN MARKET FLOWER SHOW**  
The annual event opens at 5 a.m. Sunday, May 21. The DIA is offering free trolley shuttles between Historic Eastern Market and the Detroit Institute of Arts on the half-hour from 10 a.m. to 5 p.m. For information call (313) 833-7971.

**GREEKTOWN ARTS FESTIVAL**  
The festival continues noon-6 p.m. Sunday, May 21 on Monroe, Beaubien and St. Antoine in Greektown. Detroit, 1-877-GREEK-TOWN.

**PEWABIC POTTERY SALE**  
The 10th annual house and garden show and sale is 10 a.m. to 5 p.m. Sunday, May 21 at the Birmingham Community House, 313 S. Bates, Birmingham. (313) 822-0954.

**PLYMOUTH IS ARTISANOUS**  
Come meet the artists in the stores, hear the music on the streets, walk on the art and listen to The Plymouth Symphony at the Plymouth Art Fair. The fair is in downtown from 4 p.m. Sunday, May 21. (734) 455-5531 or (734) 455-8838.

**ROYAL OAK IN BLOOM**  
Create vibrant garden canvas with lush plants and garden accessories from 7 a.m. to 5 p.m. Sunday, May 21 at the City Hall parking lot, 11 Mile and Main Street in Royal Oak. Sponsored by the Garden of Royal Oak.

### AUDITIONS & CALL FOR ARTISTS

**BIRMINGHAM BLOOMFIELD ART CENTER**  
Annual \$500 grant to members of the Art Center who have studied calligraphy for at least one year. Application deadline is June 1. Submit to Janet Torno, Executive Director, Birmingham Bloomfield Art Center, 1516 S. Cranbrook, Birmingham, 48009. (248) 644-0866.

**CELEBRATE LIFE ART SHOW**  
Artists are encouraged to enter the 19th annual art show. Forms are due Friday, May 26 and can be obtained by writing the Congregational Church of Birmingham UCC, 1000 Cranbrook, MI 48304 or by calling the church office at (248) 646-4511.

**PAINT CREEK CENTER FOR THE ARTS**  
Accepting entries for Celebrate Michigan Artists 2000 fine arts exhibition. The slide deadline is at 5 p.m. June 30. Curator this year is Helga Pakasara, curator at the Art Gallery of Windsor, Canada. To receive an application, send a self-addressed stamped envelope to PCCA/Celebrate Michigan Artists, 407 Pine, Rochester, MI 48307. PCCA is also accepting entries for the Student, Faculty and Staff Art Show that will open on June 2. It is open to students and faculty of all ages who have taken or taught classes at PCCA from June 1999 to June 2000. For more information contact Exhibition Director John Cynar at (248) 651-4110.

**MEADOW BROOK THEATRE**  
Intern auditions May 22-24 for stage management, lights, sound, props, costumes, marketing/P.R., casting, etc. For information call (248) 370-3310.

### CLASSES

**CENTER FOR CREATIVE STUDIES**  
Summer continuing and community education classes begin June 19 at the CCS campus in Detroit and at the Civic Center in Novi. For a schedule of classes or more information, call (313) 664-7456.

**DETROIT BALLET**  
Classes in child and adult classical ballet, tap and jazz. Adult beginners welcomed. Classes offered at the Betty Johnston Dance Studio in Farmington Hills at Folsom and Nine Mile. (248) 474-3174.

**DANCE ENSEMBLE**  
All levels of classes for recreational and professional students, including modern, ballet, pointe, tap and jazz for children ages 3 and older. 1541 W. Hamlin, between Crooks and Liverios, Rochester Hills. (248) 852-5850.

**JEWISCH COMMUNITY CENTER**  
Adult art classes 9 a.m. to noon every Monday, Wednesday and Friday. Woodcarving classes at 9 a.m. Monday-Friday, 15110 West Ten Mile, Oak Park. (248) 967-4030.

**KAMMUELLER DANCE CLASSES**  
Advanced and professional classical ballet program, 9:30 a.m. Monday-Friday; intermediate level, 11:30 a.m. Tuesdays, Thursdays and Fridays. 5526 W. Drake, West Bloomfield. (248) 932-8699.

**PAINT CREEK CENTER FOR THE ARTS**  
Open registration begins May 23 for summer classes for children and adults including Art Portfolio for high school students and a Watercolor in the Park workshop for adults. 407 Pine, Rochester. For a brochure call (248) 651-4110.

**SHAAREY ZEDEK**  
Mozart, Mommy and Me, the individualized play-based multi-sensory approach to caregiver/child interaction for preschoolers, will continue spring programs at Shaarey Zedek in Southfield. Summer classes begin in Birmingham in June. Call (248) 642-7933 for information.

**VISUAL ART ASSOCIATION OF LIVONIA**  
Classes in watercolor, figurative drawing and painting, workshops in batik and watercolor monotypes at the Jefferson Center, Room 16, 9501 Henry Road, Livonia. (734) 455-9517.

### CONCERTS

**BIRMINGHAM TEMPLE**  
Presents the Merling Trio at 7:30 p.m. Sunday, May 21 at the Temple, 28611 West 12 Mile, Farmington Hills. (248) 788-9338.

**DAVE BRUBAKER**  
First United Methodist Church, Birmingham, will host the jazz musician at 7 p.m. Sunday, May 21, 1589 West Maple, Birmingham. (248) 646-1200.

**CAFE EUROPA**  
Ted and Laura Schwartz perform at 12:45 p.m. on Monday, May 22 at the Jewish Community Center, 15110 West Ten Mile, Oak Park. (248) 967-4030.

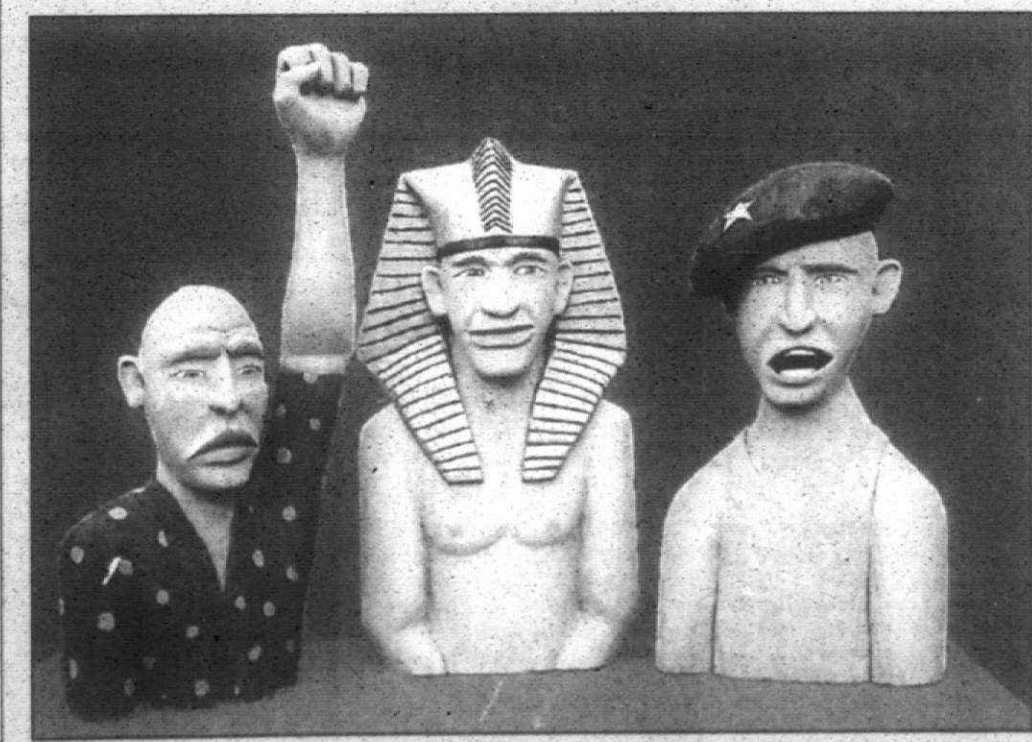
**DETROIT SYMPHONY ORCHESTRA**  
The Classical Series continues May 21 and features works by American composer John Adams. Mahler's Ninth Symphony May 25-27 at Detroit Symphony Orchestra Hall, Detroit. (313) 315-1111.

**FOLK VESPERS**  
Dee Dee McNeill and the Bill Dowdy Jazz Trio perform from 6-8 p.m. on Sunday, May 21 at the First Baptist Church, Willis and Bates Streets in Birmingham. (248) 644-0550.

### DINNER THEATRE

**BACI THEATRE**  
Tony 'n' Tina's Wedding, 7:30 p.m. Thursdays-Fridays, 4:30 p.m. and 9 p.m. Saturdays, and 2 p.m. and 6:30 p.m. Sundays, 40 W. Pike, Pontiac. (248) 745-8668/(248) 645-6666.

### Chiselled bodies



Wood works: Sculptor Chris Donnelly's The Many Moods of Wooden People appears at the Washington Street Gallery in Ann Arbor through June 17. Also appearing is Howard Bond's Photographs. Call (734) 761-2287.

### FOR KIDS

**KINDERMUSIK**  
Enroll anytime for classes for newborns to age 7. Parents participate in classes for children under 3. Classes are held at the First Baptist Church of Plymouth, 45000 N. Territorial, Plymouth. Call Lori at (734) 354-9109.

**PUPPET LADY**  
Betty Appleton of Birmingham will perform The Fire Children at the Detroit Institute of Arts in the African Galleries at 2 p.m. Saturday, May 27.

**WEST BLOOMFIELD COMMUNITY EDUCATION**  
Rita's songs and puppets for ages birth to 4 years. Classes are at the Sports Club, Farmington Road, West Bloomfield. Register at (248) 539-2290.

### GALLERY EXHIBITS (OPENING)

**BIRMINGHAM BLOOMFIELD ART CENTER**  
Opens Friday, May 26 - Inside the BBAC, too, an exhibition of youth artwork through June 23. An opening reception is 6-8 p.m. Friday, May 26, 1516 S. Cranbrook, Birmingham. (248) 644-0866.

**SYBARIS GALLERY**  
Opens Friday, May 26 - Flora Book: Frispy and Dorothy Gill Barnes: Hybrid Sculpture through July 1. Opening reception 5-7 p.m. Friday, May 26, 202 East Third, Royal Oak. (248) 544-3388.

### GALLERY EXHIBITS (ON-GOING)

**ALLEY CULTURE**  
Through May 27 - Canvas, dedicated to Ann Mikolowski. Alley between Trumbull and Lincoln. Red Building south of Willis, Detroit.

**ANDERSON GALLERY**  
Through June 3 - Sonya Clark: Walk Talk, 135 Pierce, Birmingham. (248) 593-6892.

**BIRMINGHAM BLOOMFIELD ART CENTER**  
Through May 27 - Polk Art Competition featuring work of the theme Art & Technology. Reception 3-4 p.m. Sunday, May 21. Through May 27 - Joe Zajac: Vitreous Ideas. 1516 Cranbrook, Birmingham. (248) 644-0866.

**CASS CAFE**  
Through June - Paintings by Diana Alva and James Puntigam. 4620 Cass, Detroit. (313) 831-1400.

**CREATIVE RESOURCE GALLERY**  
Through May 29 - John Stockwell: Contemporary Landscapes. 162 North Old Woodward, Birmingham. (248) 647-3688.

**JANICE CHARACH EPSTEIN GALLERY**  
Through June 22 - Eisen Aboulatia: And the Birds Still Sing. 6600 West Maple, West Bloomfield. (248) 661-7641.

**SUSANNE HILBERY GALLERY**  
Through May 27 - Gyan Shrobbree clothing. 555 South Old Woodward, Birmingham. (248) 642-8250.

**DAVID KLEIN GALLERY**  
Through May 27 - Dreams and Reflections by California artist Brad Durham, and works on paper by American modernist Joseph Stella. 163 Townsend, Birmingham.

**LEMBERG GALLERY**  
Through May 27 - New works by Jennifer Barry and Joseph Smith. 538 N. Old Woodward, Birmingham. (248) 642-6623.

**LIVONIA ARTS COMMISSION**

### Klein Gallery presents...



Now showing: David Klein Gallery, 163 Townsend in Birmingham, presents Paintings and Drawings by Joseph Stella through May 27. Among his exhibits is a Vase Blanc - 1920, oil on canvas. Times are 11 a.m. to 5:30 p.m. Monday through Saturday. Call (248) 433-3700.

Through June 1 - In the Livonia Civic Center Library, the students of Clarenceville Schools present their artwork. 32777 Five Mile, Livonia. In the Livonia City Hall Lobby is an exhibit by Visual Arts Association of Livonia. 33000 Civic Center Drive, Livonia. (734) 466-2540.

**MAJESTIC CAFE**  
Through June 1 - art show featuring Martin Hirschak. 4120 Woodward, Detroit. (313) 833-9700.

**MAJESTIC CAFE**  
Through June 3 - Reconstructionism featuring Jon Lockard and Willis Davis. Closing night reception is 7-9 p.m. Saturday, May 27. Through June 10 - Grosse Pointe Art Association exhibit. 17329 Mack, Detroit. (313) 868-2993.

**METROPOLITAN CENTER FOR THE CREATIVE ARTS**  
Through May 27 - Showcase 9, recent works of nine Wayne State University graduating MFA students. 6911 E. Lafayette, Detroit. (313) 259-3200.

**OAKLAND COUNTY GALLERIA**  
Through June 9 - Voices, an exhibit by the Birmingham Society of Women Painters. The Galleria is located on the second floor of the Oakland County Executive Office, Building 1200 North Telegraph in Pontiac. Call (248) 858-0415.

**PAINT CREEK CENTER FOR THE ARTS**  
Through June 17 - Eric Mesko: Mixed Media Constructions. 407 Pine, Rochester. (248) 651-4110.

**PALETTE AND BRUSH CLUB**  
Through June 16 - a juried exhibit of the club's paintings at the BPS Corporate Conference Center, 31301 Evergreen, Beverly Hills. (248) 646-7033.

**PEWABIC POTTERY**  
Through June 3 - Animals Vessels & Sculpture: Pewabic Pottery, E. Jefferson, Detroit. (313) 822-0954.

**PLYMOUTH COMMUNITY ARTS COUNCIL**  
Through May 25 - Watercolors by Julia A. Hardy, 274 N. Sheldon, Plymouth. (734) 416-4278.

**POSA GALLERY**  
Through May 31 - featured artist of the month is Patty Auerbach. Summit Place Mall, Waterford. (248) 683-8779.

**PRINT GALLERY**  
Through June 2 - an exhibit of Malaysian artist Eng Tay. 29173

Northwestern, Southfield. (248) 356-5454.

**REVOLUTION**  
Through May 27 - Larry Fink: Theater Without a Plot: Runway. 23257 Woodward, Ferndale. (248) 541-3444.

**SMALL WORLD CAFE**  
Through May 31 - Ocean World: Paintings by Brian Taylor at the International Institute's cafe, 111 E. Kirby, Detroit. (313) 871-8600.

**SOUTHFIELD CENTER FOR THE ARTS**  
Through May 30 - Pauline Ender: Less is More. 24350 Southfield Road, Southfield. (248) 424-9022.

**SOUTHFIELD PUBLIC LIBRARY**  
Art work of Southfield High School Art Achieving in the Arts. Also through June 12, handmade quilts created by the Wednesday Night Quilting Sisters Ministry will be on display. 26000 Evergreen, Southfield. (248) 948-0460.

**ELIZABETH STONE GALLERY**  
Through June 30 - Spring Celebration 2000 with Michigan children's book author and illustrators. 530 N. Old Woodward, Birmingham. (248) 647-7040.

**SWORDS INTO PLOWSHARES GALLERY**  
Hot Gun Art: Artful Weapons for Peace. 33 E. Adams, Detroit. (313) 963-9800.

**WASHINGTON STREET GALLERY**  
Through June 3 - The Many Moods of Wooden People by sculptor Chris Donnelly. Through June 17 - Howard Bond: Photographs. 215 East Washington, Ann Arbor. (734) 761-2287.

**ZEITGEIST GALLERY**  
Through May - Altered Landscapes (three Canadian per spectives) by James Gordaneer, Jeremy Gordaneer and John Climenhage. 2661 Michigan, Detroit.

**MUSEUMS**

**CRANBROOK INSTITUTE OF SCIENCE**  
The Bio-Mechanics of 8 Movie Monsters is 2:30-3:30 p.m. Sunday, May 21. Through June 4 - Cranbrook Institute of Science Planetarium presents Planet

**VILLAGE PLAYERS**  
Presents Forever Plaid, a funny musical revue of early rock 'n' roll music. May 21, 26-27, 752 Chestnut, Birmingham. (248) 644-2075.

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Watch tomorrow's stars compete for the chance to perform at one of these venues:

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21 Franklin The Turtle & The Magic Fiddle w/Robbie Barnes  
22 Pure Prairie League/Poco  
23 Steven Wright  
24 The Chieftains/Los Lobos  
25 Harry Connick Jr. & His Big Band  
26 Weid Al Yankovic

**JULY**  
1 Martina McBride  
2 Get Back! The Cast of Beethoven's 2nd  
3 Todd Rundgren w/ Jane Russell  
4 Maurice Sendak's Little Bear w/ Eric Neugeboren  
5 Natalie Merchant  
6 "Grease" featuring Chely Wright & Eddie Rabbitt  
7 Les Miserables  
8 Scholastic's The Magic School Bus  
9 John Berry/Suzie Q/Boggs/Billy Dean  
10 Rick Springfield  
11 Peter Paul & Mary 30th Anniversary  
12 Alison Krauss & Union Station  
13 Winkie House  
14 Eric Burdon & The New Animals  
15 Tony Danza  
16 Tony Danza  
17 Tony Danza

**SEPTEMBER**  
1 Lonestar w/Various Artists

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TRAVEL

# Maui's paradise – sun, shopping, sightseeing

BY MARGO DEWEY  
SPECIAL WRITER

If you've always dreamed about going to Hawaii, stop dreaming and just go.

Visiting Hawaii is like entering a different time zone. From the moment you get off the plane you are greeted by an ocean breeze, the sweet smell of more than 100 tropical flowers and the clapping of palm trees.

My husband, Earl, and I recently returned from a very relaxing April vacation in Maui, which is one of the eight islands that make up Hawaii. There are actually only six islands that are inhabited by people. They are O'ahu, Kaua'i, Maui, Moloka'i, Lana'i, and the Big Island.

If you are considering your first trip to Hawaii, we highly recommend Maui. We have visited this island eight years in a row, and it is considered one of the best venues for having a wide variety of activities as well as hundreds of stores for those who dare to shop 'til you drop.

Maui is known as the "Valley Isle" and is famous for its beautiful beaches. If you love to sun, snorkel or catch a wave with your surfboard, then Maui is definitely the island for you.

There are more than 100 things to do on Maui, and this is proven by a popular tourist magazine that is a must to get when you land, "101 Things To Do On Maui."

Having seen and done most everything on Maui over the past eight years, I'm going to just describe the top 10 things you should do on your first visit, and it all begins with a trip to the volcano, Haleakala.

## Volcano

At the present time, Haleakala is non-active. You need to get up about 3 a.m. to take on this journey, but it is well worth it. You will catch a bus from your hotel or condominium.

The bus will lead you up the summit, 10,023 feet above sea level. It takes a little more than three hours to reach the summit, depending on where you are

## Planning your trip

If you are eager to find out more about Maui there are a few web sites you should check out.

■ For the best luau on the island, look up [www.olahainalau.com](http://www.olahainalau.com).

■ There are awesome galleries on the island that are a must to walk through when you arrive on Maui, but you can get a sneak preview by checking out [www.lahainagalleries.com](http://www.lahainagalleries.com).

There are plenty of ocean activities for you to enjoy with a loved one or with the entire family. The web site [www.maui-oceanactivities.com](http://www.maui-oceanactivities.com) is a great site for early planning.

■ Finally, to help you organize your trip, [www.travelhawaii.com](http://www.travelhawaii.com) will give you more than enough information on the best way to enjoy paradise.

staying on the island. Once you have made it to the top, you will witness an awesome sight. The sun will rise over clouds that are just barely drifting by the tip of the volcano. It's very cold up there, so make sure you bring a jacket.

## Whale watching

The second thing you must do on Maui is go whale watching. Humpback whales are in abundance around this island December through April. In fact, you will actually see hundreds of these magnificent creatures a few miles off the shoreline.

The best way, however, to see the humpback whales up close and personal is to get on a boat and there are lots of charters available for tourists.

## Helicopter ride

The third thing that is a "Maui must" is to take a helicopter ride around the island.

Driving around Maui is spectacular on its own, but in the air you will see unbelievable waterfalls, rain forests and the Haleakala Crater. A handful of helicopter companies offer videos of your trip, so choose wisely.

## Snorkeling

The fourth event you have to take part in on Maui is snorkeling.

Again, there are several charters that are available in the morning or afternoon for this excursion. You will be taken to Molokini, a rock that is approximately three miles off the coast

of Maui. This area is great for snorkeling or diving. The water varies in depth from 10 to 50 feet. You can enjoy a nice lunch while on board as well as get a great tan.

## Surfing

The fifth thing to do on Maui is visit Ho'okipa Beach Park. This is a place for only those who dare to challenge the biggest waves. Professional windsurfers arrive here daily to enjoy waves up to 10 feet. This site has been seen on various sports television channels. It is not only for windsurfing but also surfing, boogie boarding, swimming, kite surfing and sun bathing.

## Golf

If you love to golf in Michigan, you will definitely feel like you are in paradise in Maui.

The sixth thing to definitely check out on Maui are the golf courses. In fact Maui is the site for international golf tournaments – the Mercedes Championships and the Kananapali Classic (the Senior PGA tour). These golf courses are not only challenging but breathtaking.

## Road to Hana

The road to Hana is my seventh thing to do on Maui, but I don't recommend it for those who have tender stomachs. It's about 52 miles from the Kahului Airport. But the real challenging aspect of this event is the actual road to Hana. Once you approach this road, you are in for 600 curves (90 degree angles)



Take a walk: "The Seven Pools," or seven waterfalls, in Hana is worth the one-mile walk.

and 54 bridges on a one-land road. The road to Hana takes about two hours to complete, but once you reach the end, you will be basking in one of the world's most beautiful black beaches.

Hana is also known for the "Seven Pools" or seven waterfalls. You have to hike up nearly a mile to get there, but the view is worth it.

## Night life

If you play hard during the day on Maui, make sure you relax in the evening. My eighth thing to do is check out the night life. Visit the popular Lahaina district for endless musical entertainment, historical movie watching about Maui, Karaoke singing and much more.

Some of the hot spots in Lahaina for music include Moose McGillycuddy's and the Maui Brews Island Bistro and Nightclub. If you like live theater, visit the Maui Arts and Cultural Center. There are also several luaus taking place around the island. Check out the Grand Wailea or the Marriott for the best luau's.

## Aquarium

The ninth best thing to do on Maui is visit the Maui Ocean Center Aquarium. This park expands over three acres with 40 aquarium exhibits. If you did not snorkel or dive like me, you will appreciate this aquarium which displays the hundreds of colorful fish that can be found in the ocean. If you dare to see a shark up close, this aquarium also houses this beautiful creature along with stingrays.

## Shop

Finally, my 10th "must do" activity on Maui is shop. You can't leave Maui without strolling down Lahaina and visiting the many unique stores that display all the souvenirs you want to take home or mail home. Hilo Hattie is definitely catered to tourists. You will find the Hawaiian shirts, chocolates, unbelievable Kona coffee (grown on the big island) and authentic Hawaiian macadamia nuts.

If you prefer to shop in air conditioning, the Lahaina Cannery

Mall has more than 50 shops to cater to your needs. I also enjoy strolling through Whaler's Village in Kananapali Beach.

Make sure when you book a flight to Maui you look at all the options, including taking two different airlines versus just one. It takes about 10 hours and two or three planes to get to Maui from Michigan. Don't forget about the six-hour time difference (Maui is six hours behind Michigan). I also like to check out buying tickets on the Internet because you can often get a good deal.

When you do make it to paradise, don't try to do everything in one trip. Relax, enjoy the sunsets and sunrises. Make each second count. And don't forget to smell the flowers.

Margo Dewey is a Livonia resident and columnist for the Observer Newspapers. Tell us about your vacation. Send photos and stories for consideration on our travel page to: Keely Wygonik, Observer Newspapers, 36251 Schoolcraft, Livonia, MI 48150, or [kwygonik@oe.homecomm.net](mailto:kwygonik@oe.homecomm.net)

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## COOKING CONQUESTS



CHEF CAROL HASKIN

Spring for  
flavorful  
asparagus

**A**mong the many harbingers of spring, asparagus is my favorite. The green garden and European white varieties are especially flavorful. They each have a pleasant bitterness and subtle, earthy flavor similar to that of new potatoes.

The first asparagus was brought to America from Holland in 1786 and was known as "sparrow grass." Unlike the name suggests, asparagus is actually in the same vegetable family as onions and garlic. Green garden is the most common variety and is grown worldwide. In the United States, California produces more than half the total national crop, although Michigan is also a high producing state.

## Growing

Growing white asparagus – a practice developed in France in the mid-1600s – requires much attention. Long rows of crowns are covered with opaque plastic to keep out the sunlight. This is to prevent production of chlorophyll which gives vegetables and plants their green color.

Asparagus can grow several inches in just one day and therefore must be checked daily. Just after their tips break through the soil, they must be harvested by hand. The stalks are cut while still under the soil. Freshness is maintained by covering the ends with damp cloths.

While some believe the German grown variety of asparagus to be the best, very little is exported. A similar white asparagus is grown in Holland and France in April and May, and is available at many specialty markets. In addition to their European counterparts, a variety of white asparagus is grown in California and South America.

All white asparagus (and only the thick-stalked green asparagus) must be peeled because of their tough, bitter outer skin. Use a swivel-type vegetable peeler and start just below the tip to peel in one stroke to the base. Repeat until done and then cut off about 1/2- to 3/4-inch from the end. Asparagus can be steamed or boiled. Cooking time will vary depending on thickness.

## Preparation

The preferred European way is to boil asparagus. Place approximately one gallon of water, two teaspoons of salt, four teaspoons of fresh lemon juice and three teaspoons of butter in a large pot. Bring to a simmer and add one to two pounds of asparagus that has been tied loosely into bundles with kitchen twine. Cook on high simmer until done. Drain well. If not eating immediately, plunge the bundles into ice water to stop the cooking process.

Poached asparagus is wonderful on salads with spring greens served with thinly sliced prosciutto and herb vinaigrette, homemade mayonnaise or a lemon or lime aioli. Nothing beats a simple presentation of melted butter or hollandaise sauce. Try making a nicoise salad with asparagus and new spring potatoes for a special treat.

## NOT QUITE SUSHI

- 1/4 cup white vinegar
- 1/4 cup plus 2 teaspoons sugar
- 1 1/4 cups warm cooked rice
- 6 pieces (2-by-4 inches) smoked salmon
- 6 asparagus cooked spears, 4-inches long
- 3 teaspoons Flying Fish Caviar
- Soy Sauce
- Wasabi paste (available at Japanese markets)

Combine vinegar and sugar in a pot over low heat and bring to a boil, stirring constantly. When sugar is dis-

Please see CONQUESTS, D2

## LOOKING AHEAD

What to watch for in Taste next week:

- Beef on the grill
- Recipes to share

Dining  
for  
Dollars

Food and wine  
extravaganzas  
raise big bucks  
for charities

BY JOE BAUMAN  
STAFF WRITER

**I**n an effort to find new ways to raise badly needed funds, local charities and nonprofit organizations increasingly are turning to the food and beverage industry for help.

Combining fine food and drink with a worthy cause is proving to be a formula for success in raising cash, and is beneficial for both the sponsoring organization and participants alike. And, based on the amount of money being raised each year, events such as Cranbrook's Le Gala de Cuisine, St. Vincent and Sarah Fisher Center's Garden Party and a host of smaller events are more popular than ever with the public.

Low-key spaghetti dinners, fish fries and St. Patrick's Day meals have been used for years by churches and other groups to raise money, but the food being served always was secondary to the cause. At the same time, fund-raising goals also were modest.

But a handful of events have broken that mold, combining exquisite cuisine, fine wine and spirits, and art and entertainment to lure hundreds of patrons willing to shell out \$150 and up per ticket to help a cause they may not even be familiar with.

The Cranbrook Education Community in Bloomfield Hills takes credit for creating the concept in Michigan. Now in its 22nd year, organizers expect to

draw up to 1,200 people and raise about \$120,000 at this year's event, scheduled for 3 p.m. today on its historic campus.

Le Gala chairwoman Glenna Coleman of West Bloomfield said such success comes at a price for all involved.

"Planning Le Gala is an 11-month process with a committee of 50 people," said Coleman, serving in her third year as event chair. "It is a tremendous amount of work, and we rely heavily on the generosity of local restaurants in order to be successful."

Bill Roberts, co-owner of 220, Street-side Seafood and Beverly Hills Grill restaurants and current president of the Michigan Restaurant Association, said it is common for restaurants to spend up to \$1,500 offering tastes to more than 1,000 people at some of the larger events.

"We get between 10 and 20 requests a year to participate in some type of fund-raising event," he said. "It can get overwhelming, so restaurants look to participate in events that fit their own causes."

## 'Tremendous camaraderie'

Roberts said his industry is particularly generous when it comes to helping worthy, local causes. And what do restaurants expect in return for their generosity?

"Unless you are brand new and are

looking to build your identity, you aren't looking to generate a lot of new business by participating at the Garden Party," Roberts said. "But it is good for your existing customer base to see you out in the community being active and involved in helping worthy causes."

Roberts said such events also allow friendly competitors to spend a fun day together.

"There is tremendous camaraderie among the restaurant people in Wayne and Oakland County, and it's fun to hang out together and chew the fat about common issues and concerns," he said. "At the same time, there also is a certain amount of competition to present the tastiest dish or the nicest display."

In addition to food costs, Roberts said restaurants also have to sacrifice precious staff resources for the various events.

"We all are struggling to find and train enough help, so these events put even more pressure on you if it is held on a day your restaurant is open. When Matt Prentice took over the Share Our Strength fund-raiser for food banks this year, he had about 50 employees donate their own time to staff the event," he said.

"Matt has developed a real sense of public service into his corporate culture, and I tip my hat to him because



STAFF PHOTO BY JIM JAGGFIELD

**Started trend:** Glenna Coleman chairs the 22nd-annual Le Gala de Cuisine, held on the grounds of the Cranbrook Education Campus in Bloomfield Hills. Cranbrook was the first organization in the state to showcase fine food and wine as a fund-raiser.

## WINERY

## Montevina specializes in Cal-Itals

No recent wine column has brought more Voicemail questions than a recent one about Cal-Itals (Italian-origin wine grapes grown in California).

Because of this, we think you'd like to know more about Cal-Ital specialist Montevina Winery in Amador County. Today, Montevina has several claims to fame including:

- largest planting of Italian varietals outside of Italy
- largest production of premium barbera in California
- largest experimental block of 40 Italian grape varieties, including 70 different clonal selections.

## Little Italy

Lusting for gold in the 1850s, many Italian immigrants headed to California's Sierra Nevada Foothills. By 1856, money gushed and lifestyle demands for the best food and drink gold could buy reached a pinnacle. Some 9,000 grape vines were planted in Amador County in the heart of Gold Rush country. Two years later, 20,000 more vines had been planted.

By the mid-1860s, a full-fledged pioneer wine industry had been created in the redlands and granite soils of the Mother Lode Country. Back then, more

wineries operated there than in the rest of California.

Boom times ended when mines ran dry late in the 19th century. This downturn was followed by the first phylloxera outbreak devastating most vineyards. Wineries that survived had their backs broken by Prohibition.

Until 1968 foothill grape-growing remained virtually dormant.

That year, Bob Trinchero of Sutter Home Winery in Napa Valley, sampled some splendid homemade zinfandel from Amador County grapes. Trinchero began producing an Amador County zinfandel and set the inspiration

model.

Montevina Winery, today owned by the Trinchero family, was founded in 1970.

Montevina, Amador's flagship winery, continues to produce ripe, full-flavored, plump zinfandels along with classic Italian red varietals such as sangiovese and barbera. Its pinot grigio, a white variety, rivals the best from Italy. Wine gold comes from this region today and is the reason Montevina calls its top-of-the-line wines Terra d'Oro – Land of Gold.

## Italy's answer to merlot

"Amador's thin, rocky soils in a warm climate with cool nights, is the ideal place to grow barbera," Montevina's winemaker Jeff Meyers said. "The grapes develop well-colored skins and

## Wine Picks

- **Pick of the pack:** 1998 Archery Summit Arcus Estate Pinot Noir, \$65. You'd pay more for a French Red Burgundy with this quality!
- **Try a new white varietal:** 1998 Mitchellton Marsanne from Australia \$16. Marsanne is an up-and-coming white with origins in southern France. This Aussie style is excellent!
- **Best crisp whites to pair with seafood:** 1999 Brancott Vineyards Sauvignon Blanc (New Zealand), \$16; 1999 Chateau Souverain Sauvignon Blanc, \$12; 1999 St. Supery Sauvignon Blanc, \$15; 1998 Chateau St. Jean La Petite Etoile Fume Blanc, \$14.
- **Fire up the grill for these red-meat reds:** 1997 Dry Creek Vineyard Reserve Cabernet Sauvignon, \$35; 1996 Gallo-Sonoma Frei Ranch Cabernet Sauvignon, \$26; 1997 St. Supery Dol-haride Ranch Cabernet Sauvignon, \$23; and 1997 Preece Shiraz, \$15.
- **Best buys reds at \$12 and under:** 1999 Rosemount Shiraz, \$12; 1999 Rosemount Cabernet Sauvignon, \$11; 1997 Thomas Mitchell Cabernet Sauvignon/Shiraz/Cabernet Franc blend from Australia, \$10; 1997 Fetzer Valley Oaks Cabernet Sauvignon, \$10.



**It's all in the grapes:** Montevina's winemaker Jeff Meyers checks out the estate's vineyards.

that's where all the flavors originate. Grown in the wrong place, barbera can be funky, thin and acidic.

"Barbera's future in Amador is only before us. Lush and appealing, it is styled right for Americans. I like to call it Italy's answer to merlot with a lot more flavor."

If you've not tried barbera, begin with the 1997 Montevina Barbera (\$12) and you'll discover that you can't buy a merlot with this much flavor at this price. Serve it with herb-roasted chicken, grilled lamb, Italian sausage with a touch of fennel or grilled portabella mushrooms as a vegetarian delight.

With a little more grip is 1997 Mon-

Please see WINE, D2



## Quick stew flavored with mushrooms, beans

BY THE ASSOCIATED PRESS

The crimini mushrooms used in this provençal style stew sometimes are called baby portobellos, but they can be used like white mushrooms when you want more flavor.

### QUICK MUSHROOM AND WHITE BEAN STEW

2 tablespoons olive oil  
1 pound (about 5 cups) fresh crimini mushrooms, sliced  
1 cup chopped onion  
1 teaspoon minced garlic  
3/4 teaspoon dried thyme, crushed  
2 cans (13 3/4 ounces each) chicken broth  
1 can (14 1/2 ounces) stewed tomatoes, cut into bite-size pieces

1/4 cup dry white wine or water  
2 cans (15 ounces each) cannellini beans, drained

In a Dutch oven or large sauce pan, heat oil until hot. Add mushrooms, onion, garlic and thyme; cook and stir until onion is very tender and mushrooms are slightly golden, about 7 minutes. Add chicken broth, tomatoes with their liquid, and wine; bring to a boil; cover and simmer to blend flavors, about 15 minutes.

In a small bowl, mash 1 cup of the beans until smooth; add to the stew. Stir in remaining beans; heat until hot. Serve immediately with a mound of steamed rice.

Makes 4 servings. Recipe from: The Mushroom Council



Chocolate angel food: Producing a successful angel food cake is easy.

### CHOCOLATE ANGEL FOOD CAKE

Salt and distilled white vinegar  
12 large egg whites  
1 cup sifted cake flour or 1 cup less  
2 Tbsp. bleached all-purpose flour plus  
2 Tbsp. corn starch  
1/3 cup natural (non-Dutch) cocoa powder  
1 1/4 cups sifted granulated sugar  
1/4 tsp. salt  
1 tsp. cream of tartar  
1 tsp. vanilla  
Confectioners' sugar (for garnish)  
Fresh berries, lightly sugared (optional)

Make sure the mixing bowl, beater blades and a 9-inch tube pan are grease-free by rinsing them with a mixture of salt and vinegar. Wipe them dry with paper towels. Place the egg whites in the cleaned bowl and let them sit until at room temperature. Set the oven rack in the lower third of the oven and pre-

## Chocolate angel food cake is divine

Angel food cake is a culinary miracle. Light as an angel's wing, it relies entirely on air to rise. Chocolate angel food cake is the answer to a chocolate-lover's prayer: deep and dark, it contains no fat or cholesterol.

Producing a successful angel food cake is easy if you carefully follow the directions that keep the egg whites expansive (so essential to this treat) and the cake beautifully light and erect.

To make sure the egg whites are completely free of specks of yolk, which prevent the whites from fully expanding, separate the eggs while they are still cold. Place the egg whites in the cleaned bowl and let them sit

until they reach room temperature before whipping. The egg whites should be whipped only until they look smooth and glossy, and the soft peak that forms when you lift the beater just "nodes" over. If the whites stand up stiffly or look dry, they are over-beaten and may later sink in the center, or even collapse during baking. Use a tube pan — ungreased, so the batter can cling to the sides of the pan as the egg whites expand. Finally, the cake must be completely cooled while still in the pan, in an inverted position. If you do not cool an angel food cake upside down, the pull of gravity can make it collapse.

It lightly. Cool the cake in the pan, in an inverted position. If there are no "feet" on the pan, set it over the neck of a heavy bottle, so the pan hangs open-side down. Cool the cake completely, up to 2 hours. Run a metal spatula between the cake and pan to loosen it, then invert the pan over a serving plate so the cake drops onto the plate. If desired, decorate the top of the cake by affixing a light dusting of confectioners' sugar over it and serve with fresh berries that have been lightly sweetened, if needed.

Makes 12 servings, each containing 171 calories and less than 1 gram of fat.

Recipe courtesy of Dana Jacobi for the American Institute for Cancer Research. AICR offers the AICR Nutrition Hotline (1-800-843-8114). Open 9 a.m. to 8 p.m., Monday-Friday, this free service allows you to ask a registered dietitian your questions regarding diet, nutrition and cancer. AICR's Internet Web address is <http://www.aicr.org>.

Combine the flour, cocoa, 1/2 cup of the sifted sugar and salt. Sift this mixture into another bowl.

Beat the egg whites until they are foamy, about 30 seconds. Beat in the cream of tartar. Increase the mixer speed to high and beat just until the whites form soft peaks. Gradually beat in the remaining 3/4 cup sugar, 2 tablespoons at a time. Mix in the vanilla, using a rubber spatula.

Sprinkle one-third of the flour mixture over the whites. Gently mix in with the spatula, using cutting and lifting motions, just until combined. Add the rest of the dry ingredients in thirds, in the same way.

Scrape the batter into the tube pan. Cut through the batter with a thin metal spatula to release any large air bubbles that may have formed.

Bake the cake 40 to 50 minutes, until the top feels dry and springs back when you press

1 teaspoon sesame oil

1 teaspoon rice wine vinegar or sherry

1 teaspoon toasted sesame seeds

Slice the asparagus on an angle to give it an Oriental appearance. Blanch in simmering water until crisp-tender, about 4 minutes.

Drain and refresh with ice water. Pat dry.

Mix the orange zest, soy sauce, sesame oil and rice wine vinegar or sherry in a bowl. Add the asparagus and toss to coat. Refrigerate 1 to 3 hours. Serve cold topped with sesame seeds. Yield: 6-8 servings.

solved, remove from the heat and add 3 teaspoons of mixture to the warm rice. Stir and allow to sit a few minutes so rice absorbs the liquid.

Spread salmon rectangle on a piece of plastic wrap. Cover with another piece of wrap and gently pound thin. Remove the top layer of wrap and spread a thin layer of sticky rice over the salmon. Place the asparagus in the center of the rice and sprinkle caviar evenly over the spear.

Roll up toward you using the plastic wrap. Chill 1 hour.

Using a very sharp knife, slice into 1-inch thick pieces. Serve with a bowl of soy sauce. Yield: 2-4 servings.

### ORIENTAL ASPARAGUS

1 1/2 pounds green aspara-

gus

Zest of one orange, finely

grated

1 1/2 teaspoons granulated

sugar

1 teaspoon soy sauce

### FRESH ASPARAGUS WITH RICE

2 1/2 pounds asparagus

1/2 cup dry white wine

1 cup uncooked rice

1/2 cup each Parmesan and

grated Gruyere (mixed

together)

6 teaspoons butter

Salt and pepper to taste

Peel asparagus. Cut off tough

end. Cook in salted water until

tender (about 9 minutes).

Steam the rice in 1 1/2 cups of water to which you have added the wine. Bring to a boil uncovered. Lower the heat and simmer covered tightly until all liquid is absorbed (about 25 minutes).

In a shallow buttered casserole dish, layer the cooked rice with the asparagus, saving a few nice spears for the top. Sprinkle with cheeses.

Dot with butter. Place in the broiler until cheese melts and is nicely browned. Yield: 4-6 servings.

### CREAMED ASPARAGUS ON TOAST

1 pounds green or white

asparagus

1 cup boiling water

1/2 teaspoon salt

1/8 teaspoon sugar

1 sprig mint

2 teaspoon butter

1/4 cup light cream

2 egg yolks

4 slices toasted bread, but-

tered

1/16 teaspoon nutmeg

Freshly ground white pepper

Using a swivel vegetable peeler,

peel the skin from each stalk of asparagus.

Remove the hard woody base.

Slice the asparagus into 1-inch

lengths. Put all but the tops into

salted boiling water and simmer

9-12 minutes.

Drain — reserving 1/4 cup of

liquid. Place asparagus, season-

ings, reserved cooking liquids,

butter, cream, and asparagus

tops into a saucepan. Simmer

gently 8-10 minutes. Beat egg

yolks and temper into the cream

mixture.

Simmer 1 minute. Turn out

on buttered toast and sprinkle

with nutmeg and white pepper.

Yield: 2-4 servings.

Chef Carol Haskin is the pa-

stry and consulting chef at Big

Rock Chop & Brew House in

Birmingham. Haskin holds the

distinction of being the first cer-

tified female executive chef in the

state of Michigan. Look for her

column on the third Sunday of

the month in Taste.

## Wine from page D1

tevin Sangiovese, also at \$12. Amador is California's best home for this Tuscan-origin grape variety, the base of all great chiantis. Try it with salmon or pork. The full-throttle wine of Amador is zinfandel. Vintage 1997 was great for Amador zins. At \$11 (and we've seen it on special for as low as \$9!), the 1997 Montevina Zinfandel is a

steal. Look no further for your best everyday red.

### Farms organically

To ensure health of vineyard workers and to protect the environment by reducing the use of pesticides and herbicides, in 1992, Montevina began farming its vineyards organically. Today, all but the youngest vines on the

estate are certified organic by the California Certified Organic Farmers organization.

Look for Focus on Wine on the first and third Sunday of the month in Taste. To leave a voice mail message for the Healds, dial (734) 953-2047 on a touch-tone phone, mailbox 1864.



Tuna kebabs: The combined flavor of basil and olive oil in this marinade is strong enough that 15 minutes of marinating is sufficient.

## WHAT'S COOKING

Send items for consideration in What's Cooking to Ken Abramczyk, Observer Newspapers, 36251 Schoolcraft, Livonia MI 48150, or e-mail [kabramczyk@oe.homecom.net](mailto:kabramczyk@oe.homecom.net)

**Vegetarian Cooking** — Lenore Yalovsky Baum, author of Lenore's Natural Cuisine, Your Essential Guide to Wholesome Vegetarian Cooking, conducts vegetarian cooking classes at Lenore's Natural Cuisine, 22899 Inkster, Farmington Hills. Baum has scheduled sessions 6-9 p.m. on a model spring dinner, Monday, May 22. Learn the principles of macrobiotics, from 7:30 to 9 p.m., Tuesday, May 30. Baum also teaches a beginning cooking series of four classes from 6-9 p.m. on Wednesdays in May and another on Mondays in June. Other June classes from 6 to 9 p.m. on Wednesdays include: pressure cooking, June 7;

Mideast favorites, June 14; cool pasta salads, June 21, and delicious vegetables, June 28. Call (248) 478-4455.

**Outdoor Grilling** — The secrets of successful grilling of poultry, seafood and vegetables will be demonstrated at Schoolcraft College in this two-day class offered through Continuing Education Services. Learn to infuse your own oils and vinegars to prepare unique and flavorful marinades and salad dressing. A variety of salad dishes will be demonstrated using mixed garden greens, fruits and pastas. The class is scheduled from 5 to 10 p.m. on Wednesday and Thursday, May 24 and 25. Call (734) 462-4448 for information.

**Pastries and Desserts** — Through demonstration and hands-on experience, the student will learn how to construct pies, tarts, cakes, tortes and French pastries in this course offered on Mondays at Schoolcraft College for three weeks starting June 5. Pastries and desserts presented are designed for the person who loves to entertain at home. Call (734) 462-4448 for information.

**Classic and Contemporary Sauces** — Dress up any plate and add flavor to all your dishes with this course at Schoolcraft College offered on Wednesdays for two weeks starting May 31. From breakfast to dinner, appetizers to snacks, classic and contemporary sauces create elegant and exciting finishing touches. This course will start with very basic sauces used in all French cuisine and move on to lighter, modern versions. You will never need packaged sauces again. Call (734) 462-4448 for information.

**Herbs and Spices** — Herbs and spices have many uses for enjoyment and good health. Peter Stark of Renaissance Acres and the M-Fit Culinary Team will show quick and easy recipes to incorporate herbs and spices into favorite foods 6-8 p.m. Wednesday, May 31, and Wednesday, June 7, at the demonstration kitchen of the East Ann Arbor Health Center, 4260 Plymouth Road in Ann Arbor. Call Nicole Goyarts at (734) 975-4387, ext. 236, to register. Class fee is \$20 for individuals, \$35 for couples.

**Wines of the World** — This class offered at Schoolcraft College will introduce the student to the great variety of wines and wine regions of the world. An ever-increasing worldwide variety of wines is available today. This five-week class offered on Mondays starting on June 5 will highlight these wines with tastings. You must be 21 years old to register for this class. Call (734) 462-4448 for information.

**Food service sanitation** — Designed for owners and managers of food service establishments, this course prepares students for final examinations administered by the Educational Foundation of the National Restaurant Association and by the Michigan Department of Health. The two-day course at Schoolcraft College from 8 a.m. to 5 p.m. costs \$275 and will be offered Monday and Tuesday, June 12 and Aug. 14 and 15. Call (734) 462-4448.

**Dietary program** — Four out of five children at the age of 10 are afraid of being fat. Beverly Price, a registered dietitian and exercise physiologist, has information on how you can implement programs on eating disorder awareness and prevention at your school. Price operates Living Better Sensibly, a private nutrition practice in Farmington Hills that offers programs for individuals and corporations. For information, call (248) 539-9424.

## Kebabs features Asian flavors

You can make a classic quartet with tuna, adding the biggest cherry tomatoes you can find, onion wedges and cucumber, and string up these kebabs.

The marinade, which keeps the fish moist as it cooks, features Asian flavors, pungent basil and mellow olive oil. The combined flavor is strong enough that 15 minutes of marinating is sufficient. (This is less time than it takes to soak bamboo skewers, if you prefer wood to metal skewers.)

### TUNA KEBABS

**Marinade**  
• 1/3 cup fresh lime juice (about 2 limes)  
• 1 tablespoons reduced sodium soy sauce  
1 garlic clove, minced  
2 tablespoons chopped Thai or Italian basil leaves

1/4 - 1/2 teaspoon red pepper flakes

1/4 teaspoon freshly ground pepper

1/4 cup extra virgin olive oil

**Kebabs**  
1 lb. fresh tuna, cut in 12 chunks  
6-inch piece cucumber, peeled  
8 large cherry tomatoes  
1 medium red onion, halved vertically and cut in 1/2-inch crescents

Preheat a gas grill or broiler.

In a glass or other non-reactive bowl, combine the lime juice, soy sauce, garlic, basil, pepper flakes, pepper and oil. Add the tuna chunks to the marinade, turning to coat them. Set aside to marinate 15 minutes at room temperature.

Halve the cucumber lengthwise, scoop out the seeds and cut each half crosswise into 8 crescents. Assemble the kebabs using four metal or 10-inch (well-soaked) bamboo skewers. Slip a cucumber piece almost to the bottom of a skewer. Add a tuna chunk. Slip on a 2-3 layer onion crescent, followed by a tomato. Repeat with more cucumber, fish, onion and tomato. Finish the kabob with a final cucumber crescent, turned towards the onion. In the same way, make up 3 more skewers.

Broil the kebabs 3 minutes. Turn and cook until the fish is firm to the touch and the vegetables browned, another 2 to 3 minutes. Do not overcook or the tuna will be dry. Serve either hot or at room temperature.

**Nutritional information:** Makes 4 servings, each containing 171 calories and 5 grams of fat.

Recipe courtesy of Dana Jacobi for the American Institute for Cancer Research. AICR offers the AICR Nutrition Hotline (1-800-843-8114). Open 9 a.m. to 5 p.m., Monday-Friday. This free service allows you to ask a registered dietitian questions regarding diet, nutrition and cancer. AICR's Internet Web address is <http://www.aicr.org>.

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F★

Sunday, May 21, 2000

## MEDICAL BRIEFS

## Grief recovery

Hospice of Washtenaw will begin its next five-week grief recovery series 7-8:30 p.m. Thursday, June 1, at the hospice office, 806 Airport Blvd. (off State Street), Ann Arbor. The series is dedicated to helping survivors adapt to the loss of a loved one and gain new coping skills. Goals include understanding how grief affects you emotionally, spiritually and physically; dealing with anger, guilt and loneliness; and taking care of yourself.

Participants are encouraged to attend all five sessions. Pre-registration is required. There is no charge for the series. For more information, call Dwight Forshee, (734) 327-3409.

## Alternative medicine

Doctors Paul Dugliss and Clinton Greenstone, board-certified internal medicine physicians, with Oakwood will hold complementary and alternative medicine open house 5-8 p.m. Thursday, June 8, at Oakwood Healthcare Center-North Westland, 36555 Warren Road, Westland.

Learn more about alternative health care, including traditional Chinese medicine, ayurveda from India, and anthroposophical medicine from Europe. Meet the physicians and staff. Enjoy free refreshments. For more information, call (734) 414-9003.

## Arthritis help

Providence Hospital and Medical Centers will present a lecture on arthritis 7-8:30 p.m. Tuesday, May 23, at Providence Medical Center, Providence Park, 47601 Grand River Ave., Novi. The program will focus on treatment options, pain management, current arthritis medicine and hip and knee replacement.

The presenter is Dr. Michael Haynes, an orthopedic surgeon on staff at Providence Hospital. To register, call Providence Community Health toll-free (877) 345-5500.

## Cancer Survivors' Day

The University of Michigan Comprehensive Cancer Center will host its sixth annual cancer survivor's day celebration, "Swinging Toward the Cure," 1-3 p.m. Sunday, June 4, at the Morris Lawrence Building, Washtenaw Community College, 4800 East Huron River Drive, Ann Arbor.

Cancer survivors from communities throughout Michigan will gather with family, friends and health care providers to celebrate life. Entertainment includes swing dancing, big band music and a sing-along with the Gilda's Club choir. There will be round-table discussions, displays and door prizes. The event is free and open to the public. Registration and additional information is available by calling (800) 742-2300, category No. 6275.

## Nursing Career Fair

Nursing Excellence magazine will host a career fair for all registered nurses 10 a.m. to 2 p.m. at the Novi Expo Center, 43700 Expo Center Drive, Exhibit Hall A, Novi. Recruiters from health care facilities throughout the state, as well as the nation, will offer information and conduct on-site interviews. Take several copies of your resume. Registration suggested, but walk-ins are welcome. Call (517) 337-9581 for information.

## We want your health news

There are several ways you can reach the Observer Health & Fitness staff. The Sunday section provides numerous venues for you to offer newsworthy information including Medical Desk (upcoming medical events), Medical Newsletters (appointments/new hires in the medical field), and Medical Briefs (medical advances, short news items from hospitals, physicians, companies). We also welcome newsworthy ideas for health and fitness related stories. To submit an item to our newspaper you can call, write, fax or e-mail us.

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## Encourage Bicycle Safety...

Bicycling is fun and safe when you are wearing correctly fitting safety gear

BY NANCY DEUTSCH  
SPECIAL WRITER

Last summer, a Michigan firefighter went cycling with his kids. He hit a rock, fell off his bicycle, and hit his head on the curb. As a result, he suffered a cranial hemorrhage and eventually died.

He had made a fatal error, said Dr. Sanford Vieder, attending emergency physician at Botsford Hospital in Farmington Hills. At work, the firefighter was all the necessary protective gear. But not at play. He was not wearing a bicycle helmet at the time of the accident.

Bicycle helmets are not mandatory in Michigan, but parents should make them mandatory for their kids and themselves. "It's a parental issue more than anything else," Vieder stressed.

Parents need to encourage their child to wear a helmet from a young age so they always wear one, rather than insisting on one when the child reaches adolescence and "they don't perceive it as a cool thing to do," said Vieder.

The problem with getting teenagers to wear a helmet is that too many of their friends don't, and they don't want to seem different or get laughed at, Vieder said. Teenagers also "think they are invincible."

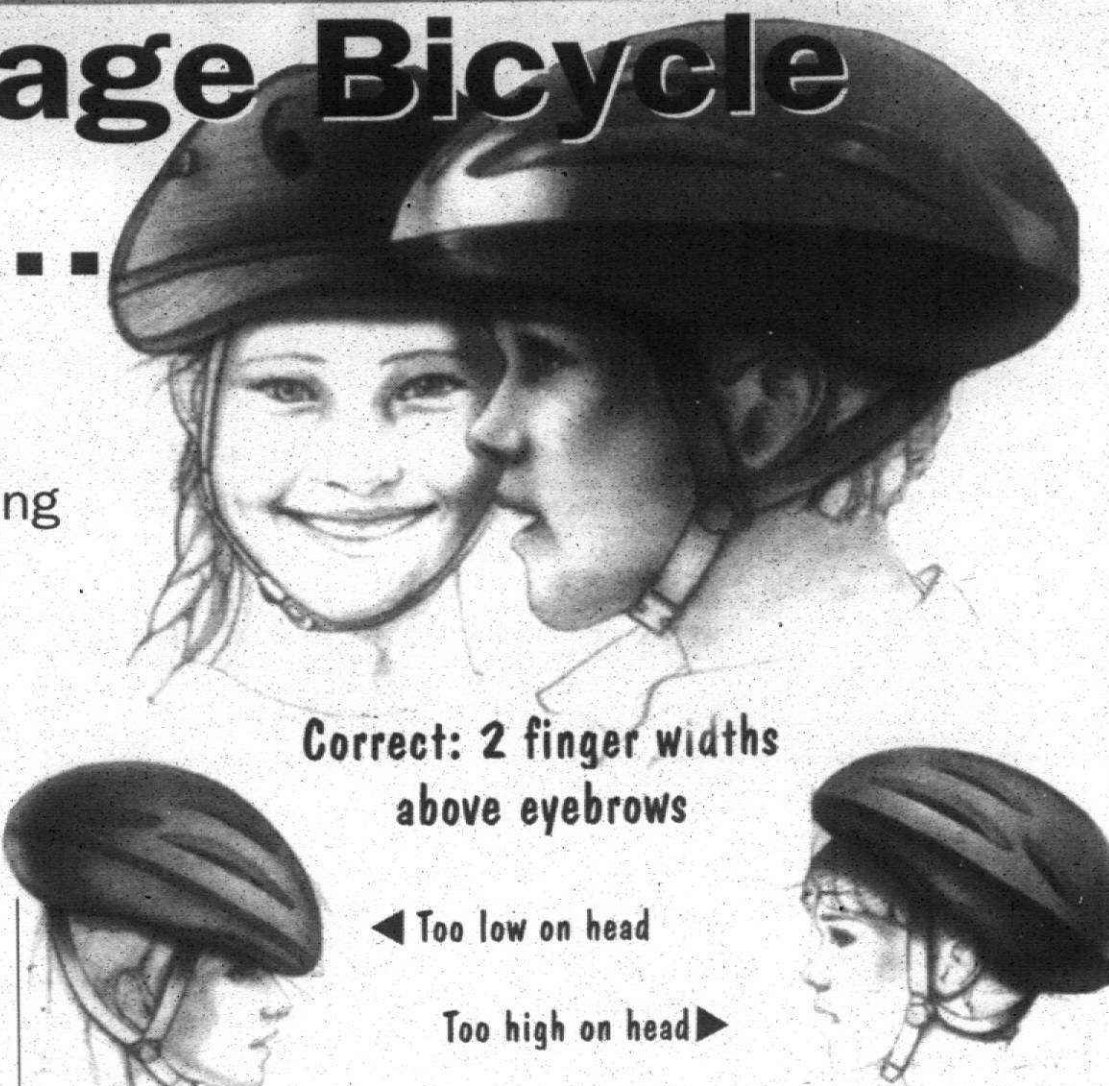
## Injuries

No one is invincible when it comes to injuries suffered in biking accidents, and the statistics will bear that out.

According to the U.S. Consumer Product Safety Commission, bike-related crashes kill 900 people every year and send about 567,000 to hospital emergency rooms with injuries. They suggest that wearing a bike helmet can reduce the risk of head injury by 85 percent.

Children are more susceptible to suffering head injuries from biking than adults because their heads are larger in proportion to their bodies, and they may not have mastered the reflexes needed to save themselves when they fall, Vieder said. Adults put out their hands when they anticipate a fall, but a child may not do that.

In addition to head injuries, bicycle riders can



Picture courtesy of AAA

come to other harm from riding a bicycle that is not in top condition or by riding unsafely.

Dr. Ed Wojtyls is an orthopedist in sports medicine at U-M Health Systems in Ann Arbor. He sees numerous bicycle injuries that run the gamut from fractured legs, feet and shoulders to being knocked unconscious.

Many people ride their bikes on rough terrain not meant for bicycles and at speeds that are unsafe, he said. It's important for parents to know where their kids are riding. "Riding through a wooded area can be quite dangerous," he said.

Accidents can happen around the home, said Lynn Bunce, a Canton mother of two. When her eldest son, Jack, 3, goes on his bike, he always wears a helmet and Bunce is always out there with him. She worries that he'll take off or go into the street if she lets him outside alone even for a minute. She has made it a point "not to do anything when he's on his bike."

## Precautions

All people cycling should wear reflective clothing at night. In Michigan it is mandatory to have a light on the bike when riding at night. It's also important to keep the bike in good form.

However, many people ride bicycles that are not in good condition, said Andy Wrenbeck, manager of Planet Cycle in Canton. Cyclists will come in upset their shifts aren't working properly even when their brakes don't work at all, he said. When he points it out, some people will shrug it off and say it's not the brakes they're worried about.

Despite what people think, many bicycle accidents happen close to home, when a car backs up in the driveway or street, and the driver doesn't notice a child playing on his or her bike behind the car, Wrenbeck said.

Valerie Neiderth, who lives in Canton with her two children, ages 7 and 3, never lets them on their bikes if she or her husband uses the car. "If I ever move the car, I have them stand on the steps in front of the house," she said. Neiderth keeps her children clearly in view.

On a positive note, Wrenbeck has seen an increase in sales of bicycle helmets in recent years. Planet Cycle sells 7,000 to 8,000 helmets every year, about half to adults and half to kids. While many people don't wear a helmet, that's still an improvement over a few years ago, he said.

Helmets retail from \$30 to \$130, and while there is little difference in safety, the more expensive helmets last longer, Wrenbeck said.

## Police efforts

Officer Randy Rankin of the Canton police department said it might help to get children to wear their helmets if par-

ents allow them "to personalize their helmets." He encourages letting children place stickers or paint their helmets to make them into a model they like.

Rankin has been visiting schools in Canton for two years, talking about road rules and bike safety to youngsters. He brings along a helmet on his talks... and a lightbulb. As part of his demonstration, Rankin puts the light bulb into a plastic bag and tapes it inside the helmet. He then drops the helmet and removes the intact light bulb to demonstrate how a helmet can protect a person's head.

Wearing helmets is very important, he said. "A child could fall down in their driveway and be hurt if not wearing a helmet."

Last year, the Canton police worked with McDonald's to improve helmet wearing. Police would stop youngsters found cycling with a helmet on and give them a free coupon for McDonald's ice cream.

Rankin agreed it is up to parents to push their children to wear the protective helmet. Unfortunately, "a lot of parents don't feel there is a need for it," he said.

Sixteen states now have laws requiring children to wear helmets when cycling. In Florida, those who don't comply have to pay a \$17 fine when caught not wearing them.

## First-graders respond

First-grade children at Isbister Elementary School in Plymouth were recently given this information, and a scenario of a little boy who had a serious accident but was not harmed because he was wearing a helmet. They were asked to come up with a position statement for or against the mandate to wear helmets.

The topic of bicycle helmets was chosen because "we thought it was something the kids would be interested in," said Sarah Smith, social studies chairwoman for the school improvement committee.

The kids had a lot of interesting things to say about helmets, including wondering why some states would mandate children but not adults to wear helmets. They didn't understand why their own parents would make rules that did not apply to themselves.

Some of the kids responded, "I wear a helmet but my Dad doesn't," Smith said.

Aileen Wise, a first-grade teacher at Isbister, sees many more children wearing helmets now than just a few years ago. But even one child without one is one too many.

She remembers an incident that happened about six years ago. A first-grader went bicycle riding with his parents. They were crossing Ann Arbor Road when a car broadsided the youngster. He was not wearing a helmet and suffered a head injury.

It's important to talk about helmet-use with children, she said. Bicycle helmets are "a good topic for debate."

Please see SPORTS, D6

## Use your "head" to avoid serious sports injury

With the summer sports season ready to begin, a University of Michigan expert is warning athletes of all kinds - students, amateurs and professionals alike - to heed new findings about an old sports injury: concussion.

Even a little hit on the head, whether in a Little League baseball game or a pick-up round of basketball, can mean big problems, says Dr. Edward Wojtyls, the U-M sports medicine specialist who recently led a national committee on concussion treatment guidelines.

Sports-related concussions are far more common - and potentially more dangerous - than most people realize, Wojtyls said. New research shows that a single brain-bruising knock can

cause damage, and that repeated concussions may cause permanent brain injury.

"The number of concussions that cause truly critical injuries are few and far between, but every year in North America, several kids lose their lives to undiagnosed concussions," he said. "Most concussions are minor, causing short-lived symptoms that clear up pretty quickly."

However, only proper screening on the sidelines and treatment by trained professionals can help decide when, or if, an athlete can return to the game.

Once an athlete has had a concussion, the risks from additional ones increase. "The real danger with some minor concussions is that they can

make the brain and nervous system susceptible to another blow. If it comes along, that can cause the nervous system to deteriorate rapidly. It doesn't happen often, but when it does, it's truly an emergency."

According to the Centers for Disease Control and Prevention, 500 deaths annually result from sports-related head trauma; most of these occur among 15 to 24-year-olds. Although concussions are associated mostly with contact sports such as football, baseball, soccer and hockey, Wojtyls cautions that even non-contact sports carry a risk of concussion.

## Another virus worms its way into computers



MIKE WENDLAND

This is becoming a habit. Another serious computer virus is making the rounds this weekend, a variant of the "Love Bug" germ that hit earlier this month. But this one is more insidious.

It, too, targets users of the popular Microsoft Outlook or Outlook Express e-mail programs and spreads by sending itself to all entries in the users address book.

The virus arrives with a subject line, "FW," and contains an attached file with the .VBS extension in the body of the e-mail. The tricky part of this virus is that the attached file name is likely to change each time a new e-mail is sent.

Once that attached file is opened, it sends itself out to

address entries then does massive damage to the infected machine. The worm will rename all files on the local hard drive and network drives with a .VBS extension and set the file size to zero. According to Computer Associates (http://www.cai.com/press/2000/05/spammer.htm), the first to sound the alarm, this will make the computer system and the network inoperable.

Meanwhile, the suspected Philippines hackers who wrote and distributed the so-called "Love Bug" virus will likely avoid any significant prosecution. US cybercrime experts say, as with many other nations, there's nothing on the books in the Philippines that provides a basis for prosecution.

While I think some media estimates that it did \$10 billion in damage are wildly inflated, there's no disputing the massive problems caused by the virus. Consider what the IT manager for one Detroit-area firm says it did to his company of 450 employees: He tells me the "Love Bug" ■ Generated some 35,000 e-mails. ■ Damaged 5,000 files that had to be restored from backups. ■ Consumed 400 man-hours of IT/technical staff time to clean up, and they're not completely finished yet. ■ Left the company without e-mail for five days.

That Detroit-area company is one of many thousands similarly hit. With the new virus making the rounds this weekend, the problem shows no signs of going away.

Viruses aren't pranks. They aren't inconveniences. And the world Internet community needs to make sure adequate laws exist to treat those responsible as the criminals they are.

## Internet hoax

Then again, there is such a thing as over-reacting.

If ever there was doubt about how powerful a lie can be, look

no further than a hard-to-kill hoax that has been flooding the Internet.

The hoax was spread by e-mail, warning of a soon-to-be-enacted FCC regulation that would tax Internet access by modem. The e-mail even said the bill was being introduced by a congressman named Tony Schroll.

There is no congressman by that name. Never has been. The Internet tax e-mail was fake. False. Totally bogus. An urban myth. But so many people fell for it that they've been deluged with e-mails, election-year legislators with tens of thousands of protests.

So, the United States House of Representatives passed a law this week making such a tax illegal. I think Rep. John Dingell, D-Trenton, got it right when, in disgust at his lemming-like, law-making cohorts, said: "What we have is a fabricated solution to an imaginary problem. We have

here a bill that solves a problem that doesn't really exist." Gives us all a lot of confidence in our elected officials, huh?

## No loners

Forget all that nonsense about Internet users being socially isolated losers who ignore family and friends to pursue solitary lives online. A new study by the Pew Internet and American Trust Project (http://www.pewinternet.org/reports/toc.asp?Report=11) finds just the opposite.

In fact, it says that 72 percent of Internet users had visited a relative or friend in the past day. Only 61 percent of non-Net users had done the same. Further, Internet users are also more likely than non-users to say they call family and friends just to talk, and they have many people they can turn to for help if they are worried or in trouble. Two-thirds of users say e-mail has brought them closer to friends, and almost half say they would miss e-mail considerably if they

## PC Mike seminar

Meet me next Saturday, June 3, from 9:30 a.m. to noon for the next PC Mike Internet 101 seminar. Sponsored by TalkRadio 1270, WXYT, the free seminar will teach you what you need to know to use the Internet successfully. It will be at The Community House of Birmingham, 380 S. Bates, in Birmingham. The seminar is totally free but you need to get a reservation. Call (248) 455-7343. Till next week everybody 73.

Mike Wendland covers the Internet for NBC-TV NewsChannel stations across the country. He is the author of a series of Internet books. You can reach him through his Web site at http://www.pcmike.com and hear him Monday through Friday at 6:26 p.m. on NewsRadio 950, WXYT, and on Saturdays and Sundays from 4-6 p.m. on TalkRadio 1270, WXYT.

## Retailers urge passage of sales tax legislation

The Michigan Retailers Association recently urged the full House and Senate to follow the lead of the House Tax Policy Committee, which unanimously approved a bill to provide a two-week Labor Day sales tax holiday for clothing and footwear purchases.

House Bill 4862, sponsored by Rep. Nancy Cassis (R-Nowi) and strongly backed by the Michigan Retailers Association, would provide a sales tax exemption for clothing and footwear purchases up to \$150 during the week before and the week after Labor Day.

"This legislation gives a broad-based tax cut directly to consumers," said Jason Klonowski, MRA manager of government affairs. "The tax holiday will especially benefit lower-income families shopping for back-to-school clothes."

He added: "We commend the committee for its bipartisan vote and urge the full House and Senate to follow its lead. Other states have found that a sales tax holiday benefits both consumers and retail businesses. Michigan families should be able

to enjoy the benefits of this legislation this Labor Day."

House Speaker Chuck Perricone (R-Kalamazoo) is expected to bring the issue to a vote on the floor of the House before summer recess.

The Michigan Retailers Association is the unified voice of retailing in Michigan and the nation's largest state trade association of general merchandise retailers. MRA's more than 5,000 retail business members operate more than 12,000 stores across the state.

## Schoolcraft named small business satellite

Schoolcraft College has earned the designation Small Business Development Center Satellite Center from the Michigan SBDC Network. The College's Business Development Center provides entrepreneurial and export business assistance to small and medium-sized businesses. Among the programs available at Schoolcraft are:

■ government contracting assistance; customized training programs; apprentice training; organizational performance consulting.

The Michigan SBDC Network, a program of the U.S. Small Business Administration and Wayne State University, provides existing and emerging small business with counseling,

training, research and advocacy in all of Michigan's 83 counties. The organization seeks to improve profitability and reduce failures among small businesses, the most important job-creating sector of Michigan's economy.

Contact the Business Development Center at (734) 462-4438 or bdc@schoolcraft.cc.mi.us

## Sports from page D4

## Identifying a concussion

So what, exactly, is a concussion? In general, Wojtyls said, it's an "alteration in brain function usually caused by trauma, and it can be anything from dizziness to nausea, to a headache or even loss of consciousness."

How can you tell if you or someone else has suffered a concussion? "If an athlete is acting a little bit dazed, if their balance is obviously affected, if they're not walking or talking right, or responding properly, all of these things are very important. If

these are combined with headache, nausea, vomiting or inability to sleep, that could be very significant," Wojtyls said.

Most commonly, a "routine" head trauma presents a mild headache that gradually disappears to sports, anyone who experiences a concussion, no matter what the severity, should be checked by a physician.

It is especially important when symptoms persist, such as a headache that continues more than 15 minutes after the incident, that the injury be evaluated.

"Anyone who shows deterioration after the initial event, who has a headache for awhile and an hour later is nauseated or is vomiting, should be taken to the emergency room," Wojtyls warns. "That's someone we can't take a chance with."

## Warning

Wojtyls says neurological research indicates the brain sustains lasting "bruises" even after

symptoms, even the subtlest ones, have disappeared. In order for the brain to fully heal, it requires rest, sleep, protection from subsequent impact and abstinence from alcohol.

Wojtyls stresses the need for parents, coaches and trainers to know the basic signs of concussion.

There's a simple sideline evaluation that tests an injured athlete's memory, which is a good

indicator because memory is particularly sensitive to alterations in brain function. If the player can't pass the evaluation, he should be sidelined.

The form is available on the American Orthopedic Society for Sports Medicine Web site, www.sportsmed.org, along with an article on concussion manage-

ment. After going to the Web site, click on Products and Publications. Then click on Patient Education Materials. Then click on Concussion in Sports. Monograph. Call TeleCare: (800) 742-2300, www.med.umich.edu/1libr/topics/fit18.htm

## CORRECTION NOTICE

In our May 21 insert, we advertised a Diamond Rio 600 MP3 player for sale for \$169.99. This MP3 player is not yet available. We will offer either a comparable substitute MP3 player, or a raincheck for the Diamond Rio 600 MP3 player.

We also advertised a software game, MDK2, as being available. The game is not yet available. However, we will be issuing rainchecks for the game.

We apologize for any confusion or inconvenience.

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Persons with arthritis know what drained means. It is not a form of pain, and is different from being exhausted. Being drained is not a reflection of depression, and is not a way to evade work or duties. Being drained is a state in which you feel incapable of moving from where you are and find yourself unable to respond with laughter, tears, anger or agreement to anything going on around you.

In arthritis, the likely cause is inflammation. The chemicals called cytokines that create inflammation in your joints travel through the bloodstream and reach everywhere including the brain. It is the effects of these cytokines on brain areas such as the hypothalamus and amygdala that result in the reaction you describe as being drained. Patients with fibromyalgia often have the same experience. However, cytokines present in arthritis are not found in fibromyalgia and the explanation of why the phenomenon occurs in this condition remains unexplained.

Treatment for the feeling of being drained is unsatisfactory. Taking Vitamin B12 or other supplements does not work. Antidepressant medications have not helped me, has oral steroids, even when given in high amounts as in corticosteroid pulses. Increasing anti-inflammatory medication is a logical response, but in practice this strategy works incompletely or not at all.

In most cases, the advice of being drained (pain by itself and often with a bad mood) is not a bad time. Knowing that fact gives you reason to tell in with the mood rather than letting it, and at the same time, you save your emotional reserve.

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# High-powered nutrition for athletes, physically fit

Does your teenage sports star hope to jump higher, run faster, grab more rebounds — essentially muscle his or her way to champion status? What they choose to eat and drink can boost their sports career ... or bust it.

If they're intent on athletic success, they'll need to fuel their bodies with the right foods.

## Food choices

Whether on the way to school, at school or after school, fast food rules. Often what teens choose to eat is high in fat and protein, and low in complex carbohydrates.

Fat has important functions in the body, but eating too much of it can cut

into an athlete's speed and power. Numerous studies have shown that in excess, fat reduces performance.

Protein is needed for growth, for making muscle tissue and for the repair of injured tissue, but too much of it can affect energy levels and the body's water balance.

Complex carbohydrates — found in fruits, whole-grain breads, cereals, pasta, brown rice and other grains — are lacking in many teen diets. That's a problem for the sports-minded because carbohydrates are the best source of fuel for the body. Complex carbohydrates such as grains are rich in B vitamins, too. These vitamins help the body

**■ Complex carbohydrates such as grains are rich in B vitamins, too. These vitamins help the body use the energy from food effectively and efficiently while meeting the growth demands of adolescence.**

use the energy from food effectively and efficiently while meeting the growth demands of adolescence. An athlete who doesn't eat enough carbohydrates may experience weakness and become easily

tired.

## Dieting

It's a common practice among teenage girls and athletes whose sports are influenced by weight, such as gymnastics, football, wrestling or dance. Extreme measures — fasting, skipping meals, using fad diets or taking weight-loss supplements — can harm athletic performance and have a lasting effect on growth and development.

Dieting and limited food choices leave the teen athlete short on calcium, iron and zinc. Too little calcium increases an athlete's risk for suffering stress fractures. Iron transports oxygen to the muscles and along with zinc, helps mus-

cle cells produce energy. Too little of these minerals reduces endurance.

Rethink drinks. Soda pop and coffee might nudge out more healthful beverages, such as milk and fruit juices. Choose low-fat milk, fruit juice and water for thirst quenchers.

A diet rich in fruits, vegetables, dairy foods and whole grains, which also contains lean portions of high protein foods, gives athletes the vitamins, minerals, and energy they need. Together, these foods can help make the difference between participating in a sport or competing in it.

—NAPS-NET

## Benefits of aspirin therapy questioned

For years physicians have been advising their patients to take an aspirin a day to cut the risk of repeat heart attacks.

But a recent Harvard Medical School study found that nearly one in four Americans who should be taking an aspirin a day to help prevent a second heart attack are mis-medicating by taking a non-aspirin analgesic. Reaching for the wrong

product leaves patients with an unnecessarily high risk for a second heart attack, stroke or even death. And millions more who might benefit from aspirin therapy aren't taking it at all.

The national study revealed that as many as 2.7 million Americans may be incorrectly using such common over-the-counter pain relievers as ibuprofen (Advil) and acetaminophen

(Tylenol) to prevent or treat cardiovascular disease instead of or in combination with aspirin. "This is a major public health issue that can be addressed in part through education and increased public and healthcare provider awareness," said Dr. Charles Hennekens.

More information about heart disease is available by visiting [www.heartangel.com](http://www.heartangel.com).

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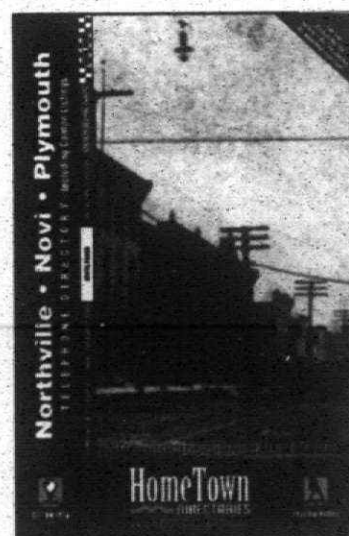
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## Women with gynecological cancers create Internet support group

Motivated by their experience with gynecological cancer, 10 women from across North America, who met on an Internet support list, have launched a one-stop-shop Web site resource and community for women affected by reproductive cancers worldwide.

Eyesontheprize.org, their virtual Mother's Day to open their virtual doors to women who find their fertility, sense of womanhood and very lives threatened by cancer and its treatment.

"We saw a need to provide a welcoming place for women to share experiences and gather information. So much of what we suffer is similar in its devastation, regardless of what kind of gynecological cancer it is," said

**■ 'Besides information, newly diagnosed cancer patients can hear the voices of other women's experiences. That is what makes Eyesontheprize.org unique among other cancer sites.'**

Sue Donley, site manager.

Besides information, newly diagnosed cancer patients can hear the voices of other women's experiences. That is what makes Eyesontheprize.org unique among other cancer sites.

"Women want to hear from others who have run this race before them," said Jamie Roumeliotis, list owner. "That's what we couldn't find on the Web or in our home towns."

Roumeliotis was diagnosed with a rare form of cervical cancer while early in her pregnancy and shared her experience several months later with a newly diagnosed expectant mother who was feeling terrified and alone.

"I thought — if I can do this, think of what a group of us could do," she said.

Representing cervical, endometrial, ovarian, vulva, vaginal, and gestational cancers,

eyesontheprize.org was named in honor of a fellow cancer sister who lost her life last year. She closed her posts with the expression "keeping my eyes on the prize," a potent reminder that hope is so important, and "all of us are in the race together," said Donley.

Without any formal sponsorship or funding, the founding members created the Web site to combine information about types of cancers, their risk factors, warning signs, diagnosis, staging, treatment options, side effects and follow-up care. All FAQs include basic information, as well as personal experiences. All of the 10 contributing members of eyesontheprize.org have

provided poignant installments based on their own cancer journey in the "My Story" section.

A comprehensive list of related annotated links are included. "We pored over hundreds of Web sites on women's cancers, treatments, support and complementary options to find what we think are some of the best," said Donley. Included are links relating to multicultural issues.

Women visiting eyesontheprize.org are encouraged to join a private, monitored, support mailing list, overseen by Roumeliotis. The list acts as a virtual community, where discussions are initiated by e-mail messages that are distributed to all list members.

"This is a community of survivors waiting to support others no matter where they live," said one site member. "For instance, where else could someone with a rare gestational cancer find others to talk with?"

Eyesontheprize.org plans to expand its information base and anecdotal experiences, as well as initiate advocacy and professional liaisons.

Contact: [pr@eyesontheprize.org](mailto:pr@eyesontheprize.org) or Cathy Black 905-547-5884

Source: "Xpress Press News Service." Link to this story online at: [www.xpresspress.com/news/eyesontheprize\\_050900.html](http://www.xpresspress.com/news/eyesontheprize_050900.html)

## Anger management

### Heart attacks linked to emotional outbursts

A person who is most prone to anger is about three times more likely to have a heart attack or sudden cardiac death than someone who is less prone to anger, according to a new study published in *Circulation: Journal of the American Heart Association*.

According to Janice E. Williams, lead author of the study conducted at the University of North Carolina at Chapel Hill, the findings were true for individuals with normal blood pressure levels, but not those with high blood pressure.

"The implications of our study are that anger could potentially lead to heart attacks, especially among middle-aged men and women with normal blood pressure."

The researchers say there has "always been a suspicion that emotional states such as anger, anxiety and depression have an impact on health. Now, we're better able to document the association with the use of follow-up studies like this one."

During the six-year study, 256 individuals had heart attacks. Individuals who were the most prone to anger were 2.69 times more likely to have a heart attack or sudden death than those with the lowest anger ratings on a 40-point scale. Individuals who scored moderate were 35 percent more likely to experience a coronary event.

These findings were also true

even after taking into account the presence of risk factors such as smoking, having diabetes, cholesterol levels and excess weight," said Williams.

The study used a prospective design. In this kind of study design, individuals are free of heart disease at the beginning of the study. Prospective studies provide more convincing evidence than many other types of studies because they show that anger precedes the heart attack and is not a consequence of ill health.

## Bottom line

Heart attacks occur when a blood vessel is blocked by a blood clot that forms on a plaque, a collection of fat on the blood vessel. Stress hormones, which constrict blood vessels, may make the plaque more prone to rupture, resulting in a blood clot that clogs the heart artery.

Researchers analyzed data from nearly 13,000 people who were followed for up to six years as part of the Atherosclerosis Risk in Communities study in four locations: Washington County, Md., suburban Minneapolis, Minn., Forsyth County, N.C., and Jackson, Miss.

Anger was measured by a 10-item questionnaire called the Spielberger Trait Anger Scale. Some of the questions asked if the individuals were hot-headed, quick-tempered, or if they felt

like hitting someone when they got angry and felt annoyed when not given recognition for doing good work.

Individuals were given a score of 1 to 40 according to their answers to the questions. The average score was 16. About 8 percent of the individuals scored high, 55 percent scored moderate and 37 percent scored low. Higher scorers were slightly younger, more likely to be men and have less than a high school education than participants who were moderate or low scorers.

High scorers were also more likely to be smokers and drinkers. Researchers did not

find any racial differences in the association between anger and coronary events. "The lack of an increase in heart attacks among individuals who had high blood pressure and high anger could have been due to the fact that high blood pressure alone is associated with heart disease and an anger-prone personality had little further effect," said Williams.

Researchers say stress management may help anger-prone individuals develop better coping skills to deal with their response to anger-provoking situations.

Source: American Heart Association.

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May 25, 2000

(4<sup>th</sup> Thursday of each Month)  
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For additional information, directions and meeting confirmation, please contact the Alzheimer's Association Chapter hotline at 800-337-3827

or Steven Williamson, Alzheimer's Association trained support group leader at 734-420-7917

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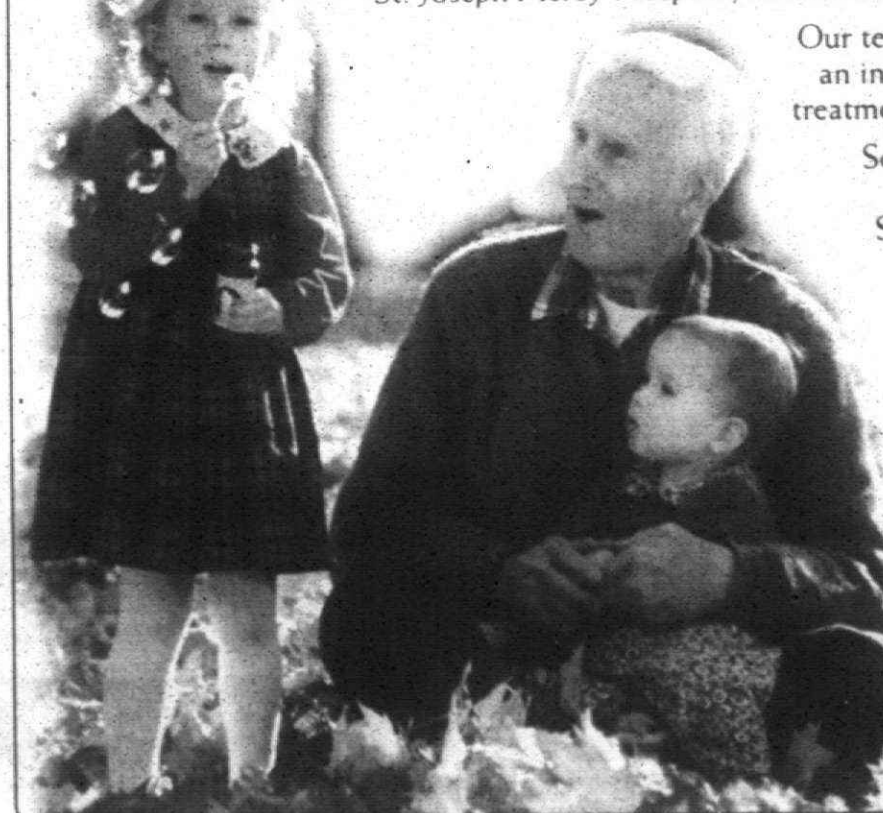
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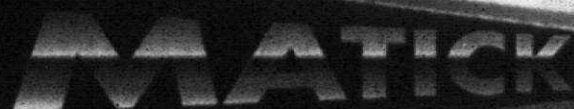


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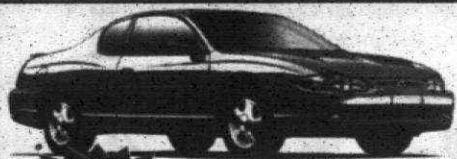
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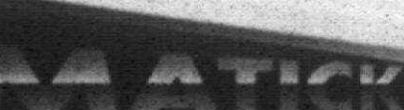
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