

FRIDAY'S Child

The Community Life staff of the Observer Newspapers wants your suggestions for a new feature to begin Thursday, March 2, called Friday's Child.

The old verse "Friday's child is loving and giving" is the basis for an ongoing profile we plan to run to recognize the contributions of children who measure up to the childhood adage.

If you know of a student who volunteers at a nursing home, collects pennies for the Muscular Dystrophy Association, gives toys to a shelter or acts unselfishly in some way for the benefit of others, we want to hear about them.

The profiles will run on the first Thursday of the month in the Community Life section. Please share with us the ways in which the nominee is "loving and giving" either by calling, faxing or e-mailing us the information.

Include the child's name and age; how you feel he or she lives up to being a "Friday's Child," and your phone number or e-mail address where we can reach you for information. One child will be profiled each month from the pool of nominees we receive. The child must reside in Westland, Plymouth, Plymouth Township, Canton, Redford, Livonia or Garden City in order to be eligible and should be 18 years old or younger.

Call Kimberly Mortson, Community Life editor, (734) 953-2131; write Observer Newspapers, 36251 Schoolcraft, Livonia, MI 48150; fax (734) 591-7279; e-mail kmortson@oe.homecomm.net

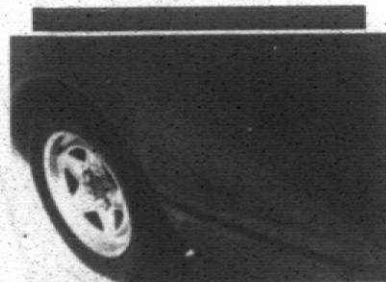
THE WEEK AHEAD

MONDAY

Charter school returns: National Heritage Academies takes a revised plan for a Canton charter school to the township planning commission. The 7 p.m. meeting at the administration building, 1150 S. Canton Center Road, is open to the public.

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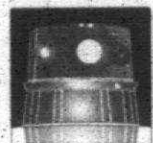
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Thinking about a new car or a good second car? You'll find a huge selection of auto ads in today's HomeTown Classifieds



Justice sought in toddler's death



BY SCOTT DANIEL
STAFF WRITER
sdaniel@oe.homecomm.net

One second is but a whisper of time. For Michael and Jennifer Rose, however, one split second was enough to change their lives - forever. On a clear and mild mid-November night last year, Michael Rose II, a bright, energetic and happy 16-month-old, was fatally injured in an automobile accident in Canton.

"We had all of his Christmas presents bought," said his 22-year-old mother, Jennifer. "But they were never touched. For Christmas, the only thing I could give Michael was a grave blanket and a wreath."

The Ford Escort station wagon driven by the toddler's grandmother, Vicki Moss, was broadsided Nov. 18 at 9:40 p.m., township police reports said.

Heading south on Haggerty Road, the Escort was passing through the intersection of Michigan Avenue. Just then, according to witness statements, a 1999 GMC Safari driven by Carol Lee Derrick sped through a red light heading east and smashed into Moss, her daughter De'Anne and little Michael.

Three days later, the Van Buren Township boy succumbed to massive internal injuries.

"I feel like she stole him from us,"

said Jennifer Rose. "Everything we did revolved around him. I feel like I buried part of myself."

"He was my life."

Attempts to contact Derrick by the Observer were unsuccessful Friday.

Sentencing Tuesday

The 65-year-old Livonia resident faces sentencing on a charge of negligent homicide Tuesday in Wayne County Circuit Court. The offense, a misdemeanor, is punishable by up to two years in prison and/or a \$2,000 fine.

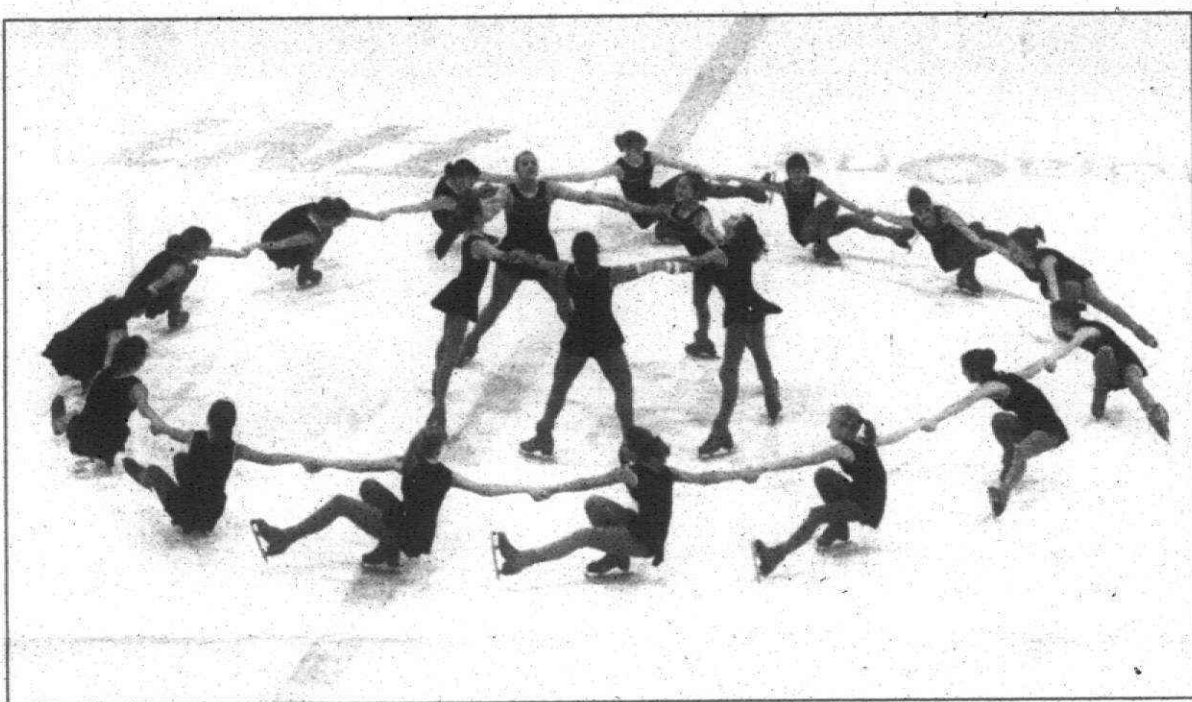
It's likely that Derrick, who pled no contest to the charge and has no previous criminal record, will receive only probation, said Catherine O'Connell, a Rose family attorney.

"The only thing Mike and I have asked for is 16 months in jail," Jennifer Rose said.

Please see TODDLER'S DEATH, A2



Michael Rose II



STAFF PHOTOS BY PAUL HURSCHMANN

Going 'round in circles: The Plymouth Gems On Ice Novice team skates its precision routine during a practice session Thursday at Compuware Arena, the site of this week's national tournament for precision skaters. Pictured below, Gems On Ice coach Carrie Brown gestures during practice.

In synch

Three teams from local club compete for title at Compuware

BY BRAD KADRICH
STAFF WRITER
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When the Detroit Metro Skating Council hosts the 2000 Chevrolet Synchronized Team Championships in Plymouth Township this week, young Tricia French doesn't plan on letting anything get in the way of her team's success.

Not even a broken arm. Tricia will be part of the three teams the Plymouth Figure Skating Club will put on the ice for the competition, which runs March 1-4 at Compuware Arena, the club's home ice. Three of Plymouth's six teams



qualified for the competition by medaling in sectional competition.

While other clubs have several teams competing, Plymouth is the only club that had three teams actually earn their way into this week's fray. The other clubs were invitees.

"At sectional competition, our teams placed really well, including beating teams we hadn't beaten before," Plymouth coach Carrie Brown said. "It was really a very good experience for our club. For all of them to get a medal and improve on

Please see SKATERS, A6

Group pushing arts to schools

ARTISTS-IN-RESIDENCE

BY BRAD KADRICH
STAFF WRITER
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A model program to bring arts into the elementary schools worked so well, organizers are trying to find partners who can make it a permanent happening.

Artists-in-Residence, a program that had second graders at four elementary schools working directly with actors from the Purple Rose Theater Company, is being conducted in all 14 elementary schools in the Plymouth-Canton district this year. It's the creation, and continuing effort, of a group including

Please see ARTISTS, A4

Vehicles damaged in spree

BY SCOTT DANIEL
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Windows in nearly 50 cars have been shot out in Canton and Plymouth townships since Feb. 18.

All of the vehicles were parked either along roadside curbs near homes or in driveways, according to police reports. Authorities believe a BB-gun and possibly a sling shot were used.

Please see SHOOTING SPREE, A4

Super marketer: Shoppers will miss Dolores Fissuk

BY HEATHER NEEDHAM
STAFF WRITER
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When Dolores Fissuk began working as a cashier at Farmer Jack she was 22, all the prices had to be entered by hand on pre-computer-age cash registers. Dwight D. Eisenhower was president and she made \$1.41 per hour.

That was in 1958. On Feb. 15, Fissuk retired from the Farmer Jack store at Morton Taylor and Joy in Canton after 41 years with the company. She began her career at a Detroit Farmer Jack and worked at the Canton store at Morton Taylor and Joy since 1987. She has lived in Canton since 1985.

Fissuk was nominated as a Canton Observer "Everyday Hero" by an anonymous caller.

She plans to spend her retirement years "just taking it easy" with activities like ceramics and maybe some tugs at "one-armed bandits" (slot machines) at casinos.

"I can go out with the girls and have



lunch," she added. Working 41 years at a customer service job requires a lion's share of patience and a thick skin. Impatient customers waiting in long lines, confusion over advertised prices and conflicts over check cashing policies are just a few of the reasons customers and cashiers clash.

"It's really hard," Fissuk said. "You just have to let things go - you just got to kind of let (people) say what they want to say."

The worst kind of customer, Fissuk said, is the one who "thinks they know it all."

"Sometimes it bothers you but you've got to try to let it go," she said.

One of her most memorable experi-

Please see HERO, A4



STAFF PHOTO BY PAUL HURSCHMANN

Quitting time: Dolores Fissuk celebrates with shoppers and co-workers during her last day at the Farmer Jack supermarket on Morton Taylor Road.

Toddler's death

from page A1

nifer Rose said, "because he was 18-months-old. My son's life is worth more than probation."

"He was like my best friend. He was my little man."

Witness statements laid blame for the accident squarely on Derrick's shoulders.

"I was driving eastbound on Michigan Avenue at Haggerty Road beside (Derrick)," Canton resident Deborah Schuett, 29, wrote in a statement to police. "The light for Haggerty was turning yellow. The van sped up and went through the red light and struck the Escort."

She wrote that Derrick's vehicle was traveling between 50-55 miles per hour when it hit Moss' Ford.

Five other witness statements didn't mention Derrick's speed. But each stated that she ran the red light.

"It was completely totaled," grandmother Vicky Moss said of her Escort station wagon. "All of the windows just shattered on impact. Glass flew in at us."

Her car was hit so hard it spun around and faced north on Haggerty. Moss' initial reaction was to check on her daughter, DeAnne, and Michael.

"I thought he was dead"

"When I looked in the back seat," she said, "his head was down and his eyes were closed. I couldn't tell if he was breathing. I thought he was dead."

Impact of the collision knocked a pacifier from the 16-month-old's mouth and a winter cap from his head.

Moss struggled to push her door open and tried to get out of the Escort, but couldn't.

"I screamed for help," said Moss. "I just kept screaming I had a baby in my car."

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...When I think back to that first class and how I never thought that I could go 3 miles, no one could be more surprised than I am, that I am now looking forward to my first race - Barbara C. (Age 50) Ann Arbor

Thanks to 101, I took over 6 minutes off my 5K time. - Dan F. (Age 40)

...Running 101 changed my life. - Alan G. (Age 31) Ann Arbor

...I love meeting people to run with each week, it keeps me motivated - Rebecca H. Age 26 Livonia

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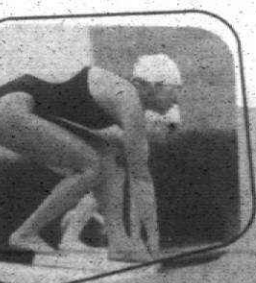
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Driver hits deer on Cherry Hill

A Canton Police officer was forced to shoot a deer near the intersection of Ridge and Cherry Hill roads late Thursday, according to township police reports.

A 46-year-old Westland man told police that he hit the deer while driving along Cherry Hill at about 10 p.m. Reports said the deer ran out in front of the man's 1983 Mercury Marquee.

After arriving on the scene, the officer noted that the deer had broken legs and hips and was bleeding, reports said. The officer destroyed the animal with a single shot to the head.

No damage was reported to the Westland man's vehicle.

Warrant arrest

A 45-year-old Monroe man was arrested by Canton Police Thursday on an outstanding warrant.

Reports said the man and his wife were sitting in their 1988 Ford Thunderbird in the parking lot of a Michigan Avenue bar in Canton at about 9 p.m. After observing the vehicle for a short time, a township officer approached the couple and asked for identification.

A background check of the man revealed the warrant, which had been issued on a probation violation in Dearborn, reports said. The man was then taken into custody by Canton Police.

DWLS

A 19-year-old Canton woman was arrested for driving on a suspended license Thursday.

Reports said the woman, who was driving a 2000 Ford pickup,

CLARIFICATION

A story in Thursday's Observer about the board of review hearings on local property tax assessments should have listed the hearing schedule as follows: March 11, 9 a.m.-1 p.m. on a first come-first served basis;

March 13, 1-5 p.m. by appointment only; and March 14, 9 a.m.-noon and 1 p.m.-5 p.m. by appointment only. The telephone number for the assessor's office is (734) 397-6830.

Township board meets Tuesdays

The Canton Township Board of Trustees meets on the second and fourth Tuesday of each month at the administration building, 1150 S. Canton Center Road.

Meetings begin at 7 p.m. and are open to the public.

An agenda is available by calling the township clerk's office, (734) 397-5367 the day of the meeting.

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Car guys

Area residents show off their life's passion at Autorama

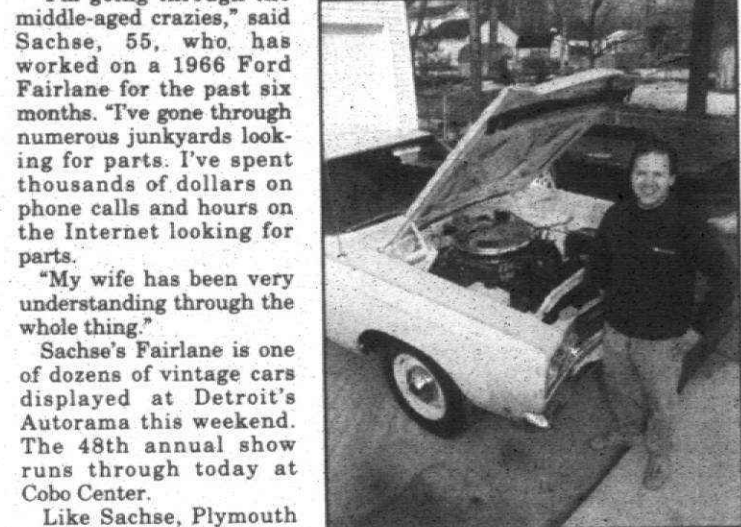
BY SCOTT DANIEL
STAFF WRITER
sdaniel@oe.homecomm.net

Terry Sachse's love affair with cars began in the 1960s as a high school student.

A stint in the military, a career and family put that love on the backburner - until recently. Now the retired Canton man is spending lots of time and money restoring a classic automobile.

"I'm going through the middle-aged crazies," said Sachse, 55, who has worked on a 1966 Ford Fairlane for the past six months. "I've gone through numerous junkyards looking for parts. I've spent thousands of dollars on phone calls and hours on the Internet looking for parts."

"My wife has been very understanding through the whole thing," Sachse's Fairlane is one of dozens of vintage cars displayed at Detroit's Autorama this weekend. The 48th annual show runs through today at Cobo Center.



Hot rod: Frank Pavla poses with his 1968 Road Runner.

Like Sachse, Plymouth resident Frank Pavla is an old car buff. His 1968 Plymouth Road Runner, which features a rare "Hemi" engine, made its Autorama debut this weekend as well.

"For five years I was looking for this car," said Pavla. "I always said someday I'll have a yellow Hemi car."

Sachse grew up in Wayne. He said he often flew out of school to go drag racing on a deserted road.

That stopped when he joined the military. Sachse's passion for cars, "muscle" cars in particular, never waned, however.

He first spotted the Ford Fairlane as a soldier.

"They only made the car for two years, 1966-67, when I was in the service," Sachse said. "I

got to see it when I was overseas.

"It's the car I've always wanted."

The retired Ford worker found it about a year ago on the Internet. Originally built in Kansas City, the vehicle was in the possession of a Seattle junkyard. Sachse finally had it shipped to him.

Since then, his aim has been to fully restore his Plymouth Road Runner at first. But one thing led to another.

"When I started," said the 34-year-old, "I just wanted to clean it up and get it nice. It became a mission. Now every nut and bolt has been replaced."

"But it has been a labor of love."

The car was in decent shape for its age when he bought it, Pavla said.

"But it needed to be restored," he added. "It wasn't driveable."

The Canton High teacher described himself as being mechanically inclined. Pavla said he found the restoration work challenging.

"I don't do it as a job," he said. "It's strictly a hobby."

Purchasing the Road Runner was a bit of self-indulgence, Pavla admits.

"It's a toy," he said. "I would never drive it every day. It's a secondary car for fun."

Pavla is also a self-described gearhead.

"I've always been into cars, particularly Chryslers," he said. "I grew up at the wrong time because I missed the muscle-car era."

Pavla's '68 Road Runner has literally been rebuilt from the ground up. He spent more than 18 months fine-tuning every detail.

"The car, I felt, was worth it," said Pavla. "It was a decent enough piece to restore."

Just 46 Road Runners with Hemi engines, automatic transmissions and yellow paint jobs were made, he added.

Pavla didn't mind taking trips to California, Florida and Illinois to find just the right parts. Still, the restoration work was sometimes a roller coaster ride.

"At times I would get discouraged," said Pavla. "But I kept on going towards my goal."

to restore the 375-horsepower Fairlane.

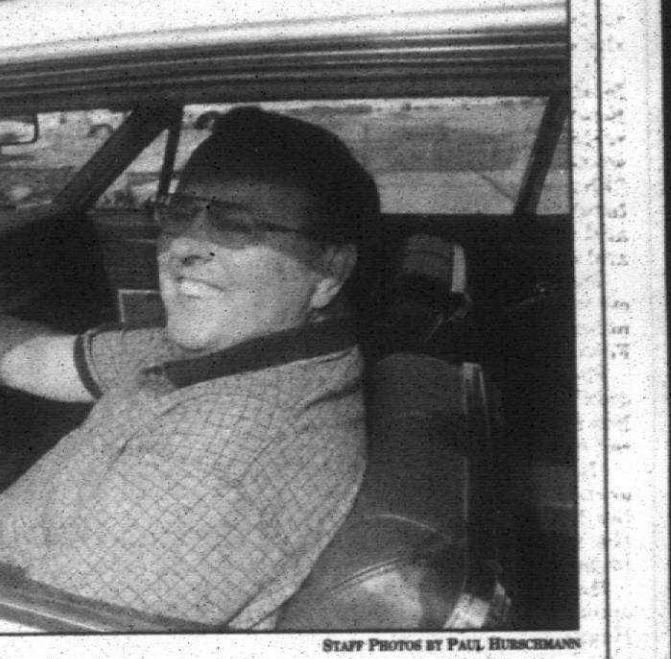
Transmission and electrical work has been done. That's not even to mention the parts for which Sachse has had to search high and low.

"It's about 90 percent done," he commented. "It's all original down to the plate."

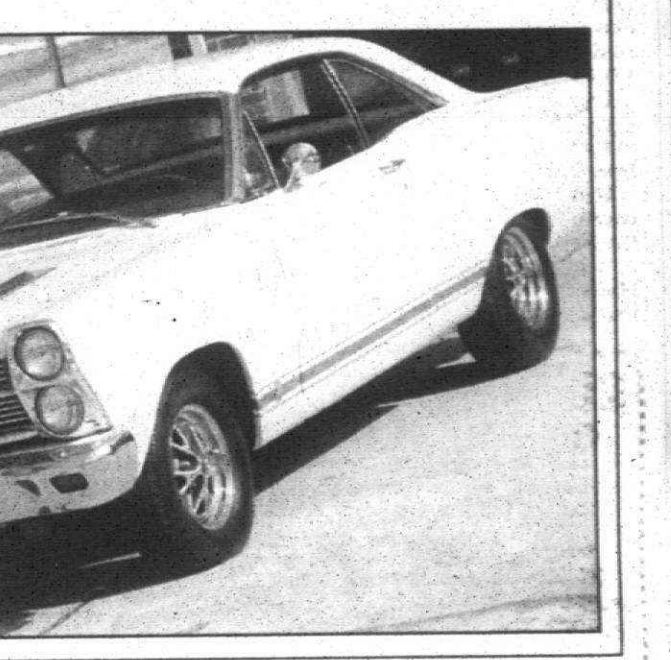
Despite all the hours, Sachse has found restoring the Fairlane a joy. He doesn't even mind the \$20,000 he has invested in the car.

"It has been a blast," he said. "I think I'd like to do it again. I've enjoyed the whole project."

As for Pavla, he didn't intend



Behind the wheel: Canton resident Terry Sachse sits in the driver's seat of his 1966 Ford Fairlane (pictured below), which is on display this weekend at Autorama at Cobo Center in downtown Detroit.



Man charged after chase

BY SCOTT DANIEL
STAFF WRITER
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A 40-year-old Warren man is facing three felony charges after leading Canton and other police departments on a wild chase early Tuesday.

Randy Jackson Phillips was arraigned Wednesday for fleeing a police officer, malicious destruction of property and as a habitual offender at 35th District Court in Plymouth.

If convicted, Phillips could spend up to 14 years in jail on the charges. He's being held on a \$100,000 bond at the Wayne County jail.

He is being charged as a habitual offender because "he has a long criminal case history," said Township Officer Leonard Schemanske. "Basically, he has been in trouble his whole life."

Canton police became involved at 2:03 a.m. A patrol officer spotted a 1984 Chevy Blazer with a dangling license plate, Schemanske said. The officer ran a check of the car and discovered that it had been reported stolen out of Hazel Park.

The Blazer belonged to a man who had stopped to help Phillips on the side of the road, Schemanske said. The two men eventually drove to a Hazel Park drug store and walked in.

Phillips ran out of the store and took the car, according to police reports. The Blazer was then reported stolen to Hazel Park police.

Canton Police spotted the Blazer, driven by Phillips, heading west on Ford near Lilley.

After finding out the car had been stolen, the township officer attempted to stop Phillips.

Phillips ducked into the Meijer gas station at the corner of Canton Center and Ford, did a U-turn and began driving east on Ford, reports said.

Phillips then ran several red lights and drove to I-275. He lost control of the Blazer and

crashed into a guard rail, reports said.

Officers surrounded the car, but Phillips banged his way out and headed south on the northbound lanes of I-275. He eventually crossed the median onto the southbound lanes as Canton officers pursued, Schemanske said.

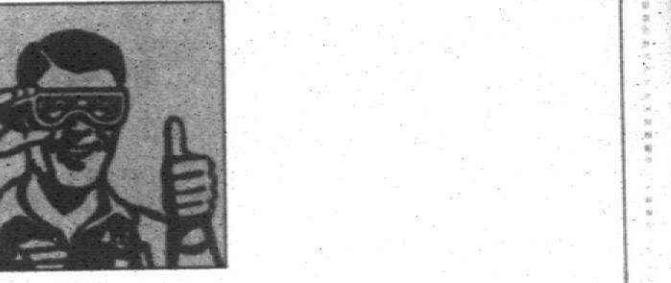
Phillips then picked up I-94 and headed west, reports said. Canton officers stopped pursuing him at Belleville Road.

Minutes later, Washtenaw County Sheriff and Michigan State Police officers picked up the chase. It finally ended in Jackson County where Phillips crashed at I-94 and Mt. Hope Road, reports said.

"He wasn't hurt at all," Schemanske said. "The guy was lucky."

No injuries were reported from the incident. One Canton Police car was damaged.

"There wasn't much damage done to our patrol car," said Schemanske.



CANTON CONNECTION

Jail time

It's time to get out of jail, but definitely not for free.

Summit on the Park will host Canton's third annual Muscular Dystrophy "Lock-up" event 10 a.m.-4 p.m. Wednesday, March 1. Canton businesses, schools, churches and community leaders are asked to give an hour of their time for a good cause.

"Jailbirds" will be "arrested" at their place of business and transported (via limousine) to the Summit, where they can call friends and associates to bail them out with pledges to MDA.

Proceeds from the event will go to local patient programs and worldwide research efforts aimed at providing treatments and cures for muscle diseases.

Nighthawk Limousine and Airtouch Cellular are helping out with Wednesday's event.

If you would like to participate or have a suggestion on where the MDA can find a "felon" in your company or organization, call the MDA Canton office (734) 416-7076.

New hire

Canton Township has hired Nicole Thomas as its new Geographic Information Systems Mapping Specialist.

Thomas' responsibilities include creating and maintaining electronic maps linked to township property and entering data for wetlands, woodlands, utilities and planning features.

Thomas was previously GIS project manager at Orchard, Hiltz and McCliment.

Chosen Junior Miss

Lisa Cooley of Canton has been awarded the title of Miss Junior Canton.

Cooley, 18, was scheduled to compete this weekend in the Miss Junior Michigan Pageant.


She attends Schoolcraft College and is the daughter of Mr. and Mrs. David Cooley of Canton.

On the job

Chiropractor Darren L. Schmidt has joint the offices of Canton Chiropractic Center.

Schmidt holds a BS Degree in Human Biology and received his chiropractic training at the National College of Chiropractic located in Lombard, Ill.

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Skaters from page A1

their placements from last year was very good.

"Some of our teams didn't even skate their best programs. They're saving them for nationals," she said with a chuckle. More than 100 teams will com-

pete for national titles, with the top two senior teams qualifying for the World Synchronized Team Championships. It's the qualifying event for the first World Synchronized Team Championships that will be held

in April in Minneapolis, Minn. Synchronized skating features teams of 12 to 24 skaters performing intricate footwork, circles, wheels, intersections, lines and blocks in unison. The teams are judged on difficulty of program, required elements, edge quality, speed and smoothness of transitions. Other factors include choreography, which includes unison, style, originality and program composition. Skaters range in age from 11 years old through adult.

Though the competition features some of the best skating teams in the country, Brown thinks her three teams — which will compete in the juvenile, intermediate and novice divisions — have a good shot at medaling here. Particularly competitive, she said, is the novice

'Our novice team is going in (rated) second in the Midwest. They've had some big competitions this year, and we've beaten everyone but the Dearborn team. The novice team will be a medal contender.'

—Carrie Brown
Gems on Ice coach

team.

"Our novice team is going in (rated) second in the Midwest" after sectionals, Brown said. "They've had some big competitions this year, and we've beaten everyone but the Dearborn team. The novice team will be a medal contender."

Brown hopes her teams can gain from the home-ice advantage, and predicts strong performances from each of the three

teams. She said any of the three can bring home some hardware with the right level of performance.

"I think they all have medal potential if they all have a clean skate," the coach said. "It's going to come down to who has a clean skate, and who can make it happen that day."

This event, sanctioned by the United States Figure Skating Association, is being hosted by

the Detroit Metro Skating Council, which is made up of 22 skating clubs in the Detroit metropolitan area. It is open to the public.

It's the first year Chevrolet, official sponsor of the United States Figure Skating Association and the U.S. Figure Skating Team since 1996, will be sponsoring the synchronized team championships.

"We are really excited to be able to support this exciting segment of figure skating," said Dianne Hemminger, Chevrolet promotional manager. "It gives us an opportunity to foster a very popular and growing team sport within our relationship with the USFSA, and help to grow skaters at the grassroots level."

OBITUARIES

WILLIAM EUGENE SPALL

Services for William Eugene Spall, 89, of Westland were Feb. 22 at St. Kenneth Catholic Church with the Rev. Joseph S. Mallia officiating. Burial was in Holy Sepulchre Cemetery, Southfield.

He was born Dec. 31, 1910 in Red Lodge, Mont. He died Feb. 19 in Westland. He was a member of St. Kenneth for 20 years. He was an insurance adjuster.

He was preceded in death by his wife, Rosemary Spall, and parents Eugene and Dahlia Spall. Survivors include his son, J. Michael Spall of Plymouth; one sister, Eugenia Spall of Howley, Pa.; one brother, Leo Spall of Howley, Pa.; and sister-in-law, Veronica Walsh of St. Louis, Mo.

KATHRYN AGNES WHITEMAN
Private services were held for Kathryn Agnes Whiteman, 94, of Plymouth.

She was born Jan. 6, 1906, in Grand Rapids, Mich., and died Feb. 20 in Livonia. She was a homemaker. She came to the Plymouth community in 1993 from Brown City, Mich. She was a member of the Eastern Star in Brown City and loved bingo and

her cat, Babe.

Survivors include her son, George (Marjorie) Coles of Plymouth; two grandchildren, Ronald W. Coles and Connie K. Coles; and three great-grandchildren, Shannon Coles, Pamela Coles, and Kenneth Coles.

Local arrangements were made by the Schrader-Howell Funeral Home, Plymouth.

JOSEPH DURACK MURPHY
Services for Joseph Durack Murphy, 76, of Allen Park were held Feb. 25 at St. John Neumann Catholic Church in Canton with the Rev. George Charny officiating. Burial was in Our Lady of Hope in Brownstown Township, Mich.

He was born Feb. 19, 1924, in Detroit and died Feb. 21 in Canton. He was a driver/salesman. He served in the Army and participated in World War II. He was a member of St. John Neumann Catholic Church.

He was preceded in death by his wife, Thelma Murphy, and his parents, Richard and Anna Murphy. Survivors include his three sons, Joseph (Cynthia) M. Murphy of Northville, Rick Murphy of Farmington Hills and Jim (May) Murphy of Fenton; one

daughter, Anne (Bob) Wielechowski of Canton; sister-in-law, Alma Schreff, one brother, Tom (Jeanne) Murphy of Calif.; and 11 grandchildren.

Memorials may be made to Angela Hospice, 14100 Newburgh Road, Livonia, MI 48154-5010 or as Mass offerings.

Local arrangements were made by the Vermeulen Funeral Home, Plymouth.

MARGARET A. SCHWARTZ
Services for Margaret A. Schwartz, 94, of Hartland, Mich. (formerly of Plymouth) were held Feb. 26 at Harry J. Will Funeral Home, Garden City, with Robert Osborne officiating. Burial was in Cadillac Memorial Gardens, Garden City.

She was born Oct. 20, 1905, in Rock Spring and died Feb. 10 in White Lake. She was a homemaker and a resident of Plymouth from 1928. She was a member of the First Church of Christ Scientist.

She was preceded in death by two brothers. Survivors include her son, William Schwartz; one daughter, Jeanne Sab; one sister, Rose; four grandchildren; and four great grandchildren.

Friends of Rouge plan to expand program for schools

BY RICHARD PEARL
STAFF WRITER
rpearl@oe.homecomm.net

The Friends of the Rouge Watershed Education Center plans to add more schools to its pollution-fighting, river-restoration educational program this year.

"We anticipate adding about 20 schools from throughout the watershed," Jim Graham, executive director of the Friends, said Friday.

That would boost to about 120 the total number of schools — elementary through secondary — in Wayne, Oakland and eastern Washtenaw counties participating in the educational aspect of the Rouge River National Wet Weather Demonstration Project — still far below the potential, Graham said.

"We have about 100 schools

now" — less than 25 percent of the total number in the watershed, said Graham.

On Feb. 17, the Wayne County Commission approved \$212,700 in two-year funding for the watershed, with over \$182,650 earmarked for schools-based Friend of the Rouge education projects.

Of that amount, over \$77,600 was allocated for continued support of schools already in the project; \$50,000 for the watershed education center located in the Middle 3 Subwatershed and the remaining \$55,000 for education project support in both the Middle 1 and Lower 1 subwatersheds.

The Middle 3 covers southern Livonia and all of Dearborn Heights, Redford Township, Garden City and Westland. The Middle 1 subwatershed includes

Plymouth city and township, the Northville and Novi while the Lower 1 covers Canton Township, the City of Belleville and Superior, Salem and Van Buren townships.

Graham said about \$23,000 of the \$50,000 allocated for the Middle 3 SWAG (Subwatershed Advisory Group) will go toward establishing and supporting school programs over the next two years.

Of the remaining \$30,000, some \$17,500 will go to the Washtenaw Drain Commission for a computer software application that tracks illicit discharge while the balance will go to Wixom for additional stormwater permit activities.

The education program seeks to raise student consciousness about the river's pollution problems and what young people can

do to help.

A key part of the program is having students check the river's water quality and "It changes their attitudes (toward the Rouge) very quickly," Graham said.

"Kids have the attitude the river is a sewer system and that it's never going to change," he said. "But when they get down there" to the river to take the measurements, learn about the

pollutants and oxygen quality, "they see the potential for the river system."

The Rouge River watershed area covers some 476 square miles in Wayne, Oakland and eastern Washtenaw counties.

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Westland

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Movie Guide

HANGING UP (PG-13)

SUN 12:30, 2:50, 4:45, 7:00, 9:00

M/TWTH 4:45, 7:00, 9:00

WHOLE NINE YARDS (R)

SUN 1:00, 3:10, 5:10, 7:20, 9:40

M/TWTH 5:10, 7:20, 9:40

PITCH BLACK (R)

SUN 12:20, 2:40, 5:00, 7:40, 9:50

M/TWTH 5:00, 7:40, 9:50

SIXTH SENSE (PG-13)

DAISY 9:10

THE BEACH (R) RENT

SUN 12:15, 2:45, 5:15, 7:30, 9:45

M/TWTH 5:15, 7:30, 9:45

THE TIGER MOVIE (G)

SUN 12:45, 3:00, 4:55, 7:05

M/TWTH 4:55, 7:05

CIDER HOUSE RULES (PG-13)

SUN 12:10, 2:30, 4:50, 7:10, 9:30

M/TWTH 4:50, 7:10, 9:30

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Scholarship applications now accepted

Madonna University in Livonia is accepting scholarship applications now through Monday, March 20, from admitted students for the 2000-2001 academic year. Scholarship applications may be obtained at the University Financial Aid Office or by calling (734) 432-5663.

The majority of awards stipulate that the recipient be an admitted full-time student who possesses a minimum grade point average of 3.2 on a 4.0 scale, however, there are some exceptions as well as additional requirements.

Class focuses on violence

Madonna University in Livonia will offer a sociology course for the winter term. "Special Topics: Women and Violence" will be held from 9 a.m. to 3 p.m. Saturday, March 18, and will conclude Saturday, April 1. The non-credit fee is \$100. Students can earn 1.5 continuing education units.

This course is available for degree credit, even if you are not an admitted student at Madonna University. For more information, call (734) 432-5731 or fax (734) 432-5364.

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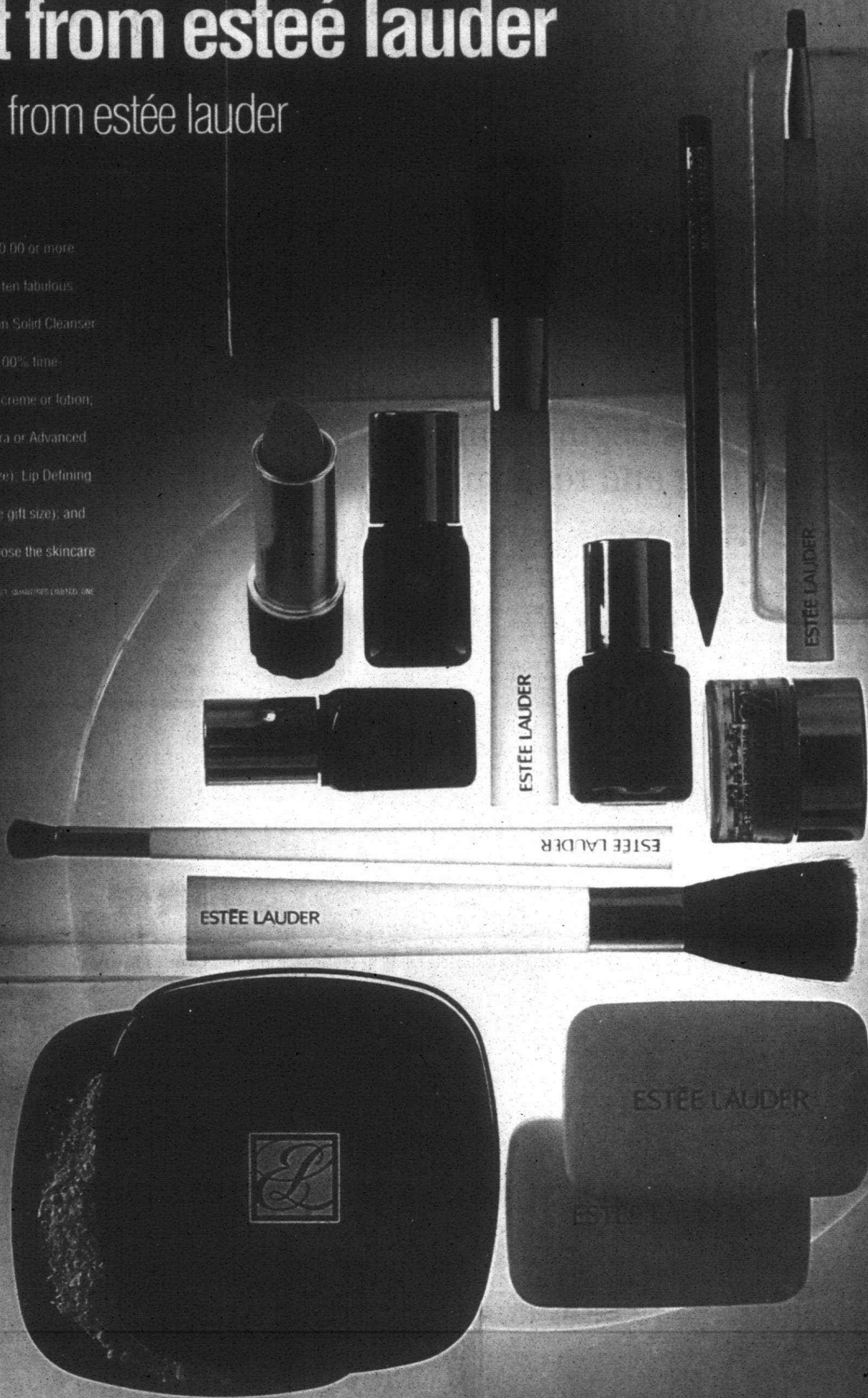
Proceeds will benefit Thurston Honors Band in its campaign to raise funds for a trip to New York on April 21, 2000 where the band will play in Carnegie Hall. The Thurston Honors Band is one of 77 bands nationwide to be awarded this honor.



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OBSERVER SPORTS SCENE

All-WLAA hockey

In their first year of operation, Plymouth Canton's and Plymouth Salem's hockey teams each managed to put a player on their respective Western Lakes Activities Association all-division teams.

Canton forward Brad Wolfe, a junior, was named to the all-Western Division squad and Salem forward Mark Nagel, a freshman, was selected to the all-Lakes Division team.

Wolfe ranked second in the WLAA in scoring with 11 goals and 17 assists. Nagel was eighth in the conference in scoring, with 12 goals and 10 assists.

Named to the all-WLAA squad were junior Rob Ryan of Northville, junior Adam Krug of Livonia Churchill and sophomore Matt Lee of Farmington United at forward; senior Mark Nebus of Livonia Stevenson and junior Nate Jakubowski of Churchill at defenseman; and junior Kevin Marlowe of Stevenson at goalie.

Northville's Brad O'Neill was the WLAA's coach of the year.

Joining Wolfe on the all-Western team were junior Josh Garbutt of Livonia Franklin and junior Eric Wojciechowski of Walled Lake Western at forward, senior Chad Van Hulle of Franklin and senior Thom Snyder of Northville at defenseman, and senior Josh Block of Northville at goalie.

Churchill's Jeff Hatley was division coach of the year.

Joining Nagel on the all-Lakes team were junior Mike Periano of Stevenson and sophomore Brad Heraghty of Farmington Unified at forward, senior Kevin Piotrowski of Stevenson and senior Jason Howell of Walled Lake Central at defenseman; and senior Logan McLean of Farmington at goalie.

Glenn Breuhan of Farmington was the Lakes coach of the year.

Honorable mention selections from Canton were Jeremy Majszak, John Bockstanz, Brad Arsnov and Ryan Zielinski. Honorable mentions from Salem were Steve Nagel, Dan Valentine and Mike Thackaberry.

Standout performances

Wins over Adrian and Olivet in its last two regular-season conference games allowed Alma College's women's basketball team to gain third place in the Michigan Intercollegiate Athletic Association.

Instrumental in the Scots gaining third place was freshman Janell Twietmeyer, a Plymouth Canton graduate. Twietmeyer scored 16 points in the 85-58 victory over Adrian, then added 24 more in an 85-64 triumph against Olivet. She also grabbed 10 rebounds in the win over Olivet, giving her her second double-double of the season.

Twietmeyer is averaging 10 points and 5.7 rebounds a game.

Semi-pro grid tryouts

The Wayne County Twisters, a semi-pro football team, will conduct a pro-style combine as they search for players for the upcoming season.

The tryouts will be at 2 p.m. March 5 and March 12 at the Wayne-Westland YMCA, located at 827 N. Wayne. Registration fee is \$20, payable at sign-in. Candidates must be at least 18 years and high school graduates.

The combine will consist of a bench and standing press, vertical jump, 40-yard dash, quarter-mile run, shuttle and agility drills. Only serious applicants need apply.

Pistons/Shock Clinic

Members of the Detroit Pistons and Detroit Shock will put on a basketball clinic Saturday afternoon, March 18, at Ward Presbyterian Church, located at 40000 Six Mile (west of Haggerty) in Northville.

Boys and girls in the third-to-eighth grades are encouraged to attend. Cost is \$15.

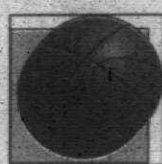
Session I (grades 3-5) will run from 2-3:15 p.m. Session II (grades 6-8) will run from 3:30-4:45 p.m. Arrive 15 minutes early to register, or pre-register at the Ward Presbyterian Church by March 10.

Parents are invited to attend (no additional charge). The clinic includes five follow-up Saturdays of open basketball practice, from 11 a.m.-2 p.m.

Fundamental basketball skills will be emphasized (ball-handling, passing, shooting, defense and rebounding).

For further information, call (248) 374-5937.

Salem shocks Western



The upset-maker. Or some Rocks on a roll. However one wishes to refer to Plymouth Salem's basketball team, it's certain that — with Friday's upset of Walled Lake Western — this group is not to be taken lightly.

BY ED WRIGHT
STAFF WRITER

During a time-out late in Friday night's Western Lakes Activities Association tournament semi-final game against Walled Lake Western, Plymouth Salem coach Bob Brodie became concerned when he looked into his players' eyes.

"I saw a group of tired basketball players," Brodie reflected. "I saw the effects of a team that was playing its third game in a week."

What Brodie couldn't see during that time-out was the crunch-time poise that would eventually lead Salem to a thrilling 49-46 triumph over the regular-season co-champions.

The Rocks' third consecutive win improved their record to 11-8 and propelled them into Wednesday's WLAA championship game against North Farmington. Tip-off is scheduled for 7 p.m. in the Livonia Churchill gymnasium.

"Even though they were tired, the kids really sucked it up and played with a lot of heart down the stretch," Brodie said. "We've only been blown out once all year; all of our other losses have been close. The experience we gained from those games helped us tonight."

The setback dropped the top-seeded Warriors to 15-4.

"Salem outplayed us in the first half, but I liked the way we came out in the second half," said Western coach Rex Stanczak, whose team played most of the second half without leading scorer Jenero Dawood, who struggled with foul troubles before fouling out with 2:41 left in the game.

"Jenero's our leading scorer, our go-to guy, so it was difficult not having him out there during the fourth quarter," Stanczak sighed. "But I was extremely proud to see the other kids come together when he left the game. They kept us in it right down to the final shot."

Offensively, Salem was led by the inside/outside combination of Matt McCaffrey (inside) and Andy Kocoloski (outside).

McCaffrey scored 18 points, hauled down 10 rebounds and blocked three shots. Even when he wasn't swatting the ball out of mid-air, his inside presence on defense was enough to alter several other Western shots.

Kocoloski made efficient use of his 10 shots, draining six of them (including two three-pointers) on his way to a 20-point night. He was perfect from the charity stripe, netting all six of his free-throw attempts.

Dawood, a senior swingman, paced the Warriors with 15 points. Senior forward Chris Howder chipped in with 13 points and Jason Peterson netted nine.

Salem jumped out to a 16-8 lead after one quarter. The Rocks repeatedly earned open looks at the basket in the opening eight minutes after breaking through the Warriors' full-court pressure.

The Rocks' largest lead of the night came with 2:31 remaining in the first half when Kocoloski took a fastbreak feed from Jeff Haar and laid the ball in while being fouled. He hit the free throw to put Salem up, 24-16.

Western stormed back quickly, tying the game at 24-all on a short jumper from Howder with just 23 seconds left in the half. The Warriors then stole the in-bounds pass and looked to grab the half-time lead.

However, Kocoloski intervened, stealing the ball back before banking in a short lay-up.

Pleading to the ref that he was fouled on Kocoloski's steal, Dawood was slapped with a technical foul, which sent Kocoloski to the line for two shots. He swished them both and Salem took a 28-24 lead — and the momentum — into the lockerroom.

Dawood re-directed his anger away from the refs and toward the rim early in the third quarter when he

Please see SALEM HOOP, B8



STAFF PHOTO BY PAUL HURSCHEMANN

A head-knocker: Andy Kocoloski (right) and Jeff Haar bump skulls after their Salem team upset Walled Lake Western in the WLAA Tournament semifinals.

Raiders hold off Canton, 48-45

BY DAN O'MEARA
STAFF WRITER
domeara@oe.homecomm.net

To use a baseball analogy, North Farmington had two strikes against it on the basketball court Friday but ended up hitting a home run.

The Raiders overcame setbacks that reduced their strength in the post to defeat visiting Plymouth Canton in a Western Lakes Activities Association semi-final game, 48-45.

North entered the contest without senior Adrian Bridges, their top rebounder who suffered a potential season-ending knee injury in a playoff opener Wednesday.

Furthermore, its leading scorer and best player,

Emir Medunjanin, was in foul trouble and didn't score after the first quarter. He had six points.

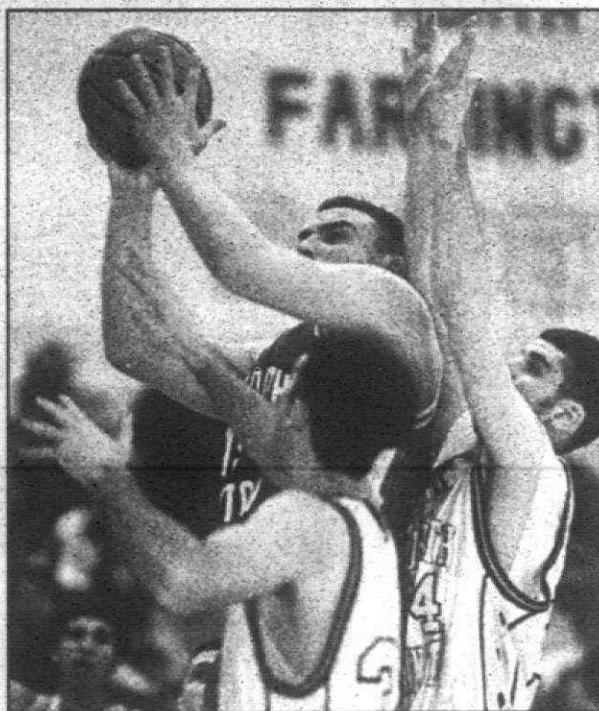
Who would give the Raiders a chance to win under those circumstances?

"Honestly, I think we might lose," said senior Phil Watha, who scored 13 of his 16 points in the second half to lead the North to victory.

"Without Emir and Adrian, other guys had to step up. Everyone steps up at certain times; I guess today was my day. I just go out there and try to do the best I can."

North (14-5) advances to the WLAA championship game for the second year in

See CANTON HOOP, B8



STAFF PHOTO BY BILL BRESLER

Stopped after start: Canton's Jason Waidmann (with ball) scored six points in the first quarter, but only four more after that.

PCA knocks off Academy

Plymouth Christian Academy has a couple of tough tune-ups on tap as it gets ready for the state high school basketball tournament.

The Eagles will host Flat Rock on Tuesday, a tough downriver opponent that's a larger school than PCA and is carrying just as good a record this season.

Then Plymouth Christian will wind up its regular season by entertaining tough Ann Arbor Greenhills in a game switched to Thursday.

Plymouth Christian caught Academy of Detroit at Ferndale on a bad night Friday and administered an 86-63 licking.

Ferndale had played a game Thursday evening and a couple of its players were unable to play against PCA.

The host Eagles jumped out to a

Please see BASKETBALL, B8

Better pitching a Madonna boost

BY C.J. RISAK
SPORTS EDITOR
cjrisk@oe.homecomm.net

Greg Haeger has something to be thankful for. After two seasons with precious little pitching, his Madonna University baseball squad — which opens its season Friday against the University of Virginia-Wise in Cocoa Beach, Fla. — now has an abundance of that element.

But don't start jotting "league contenders" next to "Crusaders" just yet. Yes, they should be better than last year, particularly on the mound. But there are problems that must be addressed.

"Last year, our pitching staff struggled," admitted Haeger, entering his fourth season as Madonna's head coach. "We've struggled on the mound the last couple of years."

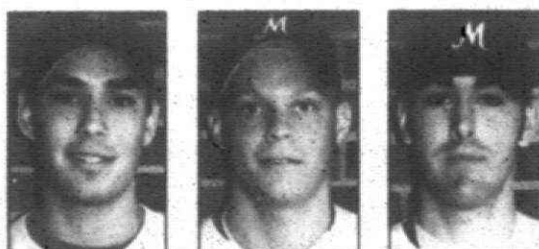
"We'll have pitching this year. These guys can throw the ball."

BASEBALL PREVIEW

Haeger, a former Redford Catholic Central standout who played at the University of Michigan, figures most of his staff will throw in the mid-80s. A year ago, the team earned run average was 6.91; the staff allowed 489 hits and walked another 210 while striking out 230 in 355 2/3 innings.

The team's overpowering offense — a .349 team batting average with 78 home runs and 416 runs scored in 50 games, an average of 8.3 runs per game — was the difference between a horrible season and a mediocre one. The Crusaders were 25-24 last season.

What the Crusaders don't have on the mound is an abundance of experience. Gone are Bob Mason, Jeff Warholik, E.J. Roman, Mike Butler, Adam Munoz, Matt Snyder and Steve Waller, all right-handers. Warholik (a team-best 5-4 record, 11 starts), Mason



Dave Kwiatkowski
catcher

Neil Wildfong
shortstop

Ryan Andrzejewski
pitcher

(nine starts, 5.40 ERA), Roman (eight starts) and Butler (six starts) accounted for 34 starts in 1999. Returning are junior lefthander James O'Connor

Please see MADONNA, B7

Salem stopped at regional

It can safely be said that Plymouth Salem's wrestling team got as far as it could be expected to go when it reached the team regional final.

The Rocks advanced that far by edging Dearborn Fordson 38-36 in the regional semifinal, hosted Wednesday by Garden City HS.

But in the final, Salem opposed Novi — which got to the final without a regional fight. Novi was supposed to take on Redford Catholic Central in the other regional semifinal, but CC was disqualified after it was learned a pair of Shamrock wrestlers had been in too many competitions.

That left a rested Wildcat squad for the Rocks to challenge. It turned out to be not much of a contest: Novi won, 56-15.

Salem had three winners against the Wildcats. Ron Thompson pinned Brian Dodds in 3:58 at 119 pounds; Josh Henderson pinned Eric Cook in 3:42 at 140; and Travis Jespersen defeated Tim Stefanson, 6-0 at

WRESTLING

heavyweight. Although the final score against Fordson was tight, it wasn't as close as it would seem. When Salem's Mike Popeney pinned Joe Talamus in 2:43 at 189, it gave the Rocks a big enough cushion to void their final two matches without fear of Fordson catching up.

Other Salem winners on pins against Fordson were Thompson, in 1:01 against Derrick Sarot at 119; Rob Ash, in 3:30 against Adam Hamed at 125; Steve Den Drinos, in 2:20 against Ahmad Cham at 135; and Tony Kenard, in 2:53 against Mahmoud Mahmoud at 140.

Salem also got wins from Pete Bobee, on a 19-4 technical fall against Wissaw Majed at 103; Lucas Stump, 6-4 over Ahmad Jounai at 130; and Henderson, 8-7 over Thayer Jadhallah at 145.

Although the team's season is completed, five Rocks continued to compete as individuals after

placing in the top four at last Saturday's (Feb. 19) state individual district tournament, hosted by Walled Lake Western.

Thompson finished second in the tournament at 119, losing to Novi's Dan Jilg 3-2 in the final. Ash also placed second at 125, going against Livonia Franklin's John Mervyn in the final and losing 12-4. Both wrestlers were 3-1 for the day.

Den Drinos placed third at 135 in the districts, beating South Lyon's Andy Golden 8-2 in the consolation final. Henderson was another who took third (at 140), beating Ann Arbor Pioneer's Chuck Hatt 3-1 in the consolation final.

And Popeney took a third at 189, pinning Kirk Mulligan in 1:58 of the consolation final.

Like their comrades, all three were 3-1 in district matches. The five Rocks joined two Plymouth Canton wrestlers, Kyle Pitt (103) and John Pocock (140), at yesterday's state regional individual final hosted by Temperance Bedford.

Defense carries Whalers to 10th straight victory

And then it was 10.

The Plymouth Whalers utilized its suffocating defense in taking care of the Brampton Battalion, 4-1 Thursday in Brampton. The win was their 10th-straight, pushing their lead in the Ontario Hockey League's West Division to seven points over the Sault Ste. Marie Greyhounds.

The Whalers are 36-17-4 overall, the second-best record in the OHL.

Stephen Weiss gave Plymouth a lead it would not relinquish, scoring on the power play 4:53 into the opening period. Shaun Fisher and Tomas Kurka assisted.

Two second-period goals clinched it for the Whalers. Damian Surma got his 31st of the season 42 seconds into the period, with assists from Justin Williams and Libor Ustrnul. James Ramsay increased Plymouth's lead to 3-0 with 3:09 elapsed in the period; assists went to Rob McBride and George Ntinas.

The Battalion (21-29-7) got one back 9:19 into the third period when Jeff Bateman scored. But that was all Brampton could muster; Williams scored with 30 seconds remaining (Randy Fitzgerald assisting) to give the Whalers their final mar-

ONTARIO HOCKEY LEAGUE STANDINGS (Through Feb. 24)					
East Division	W	L	T	Pts.	
Ottawa 67's	41	14	3	86	
Kingston Frontenacs	34	17	5	75	
Belleville Bulls	36	17	2	74	
Peterborough Petes	27	25	6	60	
Oshawa Generals	25	27	3	56	
Central Division	W	L	T	Pts.	
Barrie Colts	34	17	5	74	
Sudbury Wolves	29	23	5	64	
North Bay Centennials	22	28	6	52	
Toronto St. M. Majors	15	40	2	34	
Miss. Ice Dogs	7	47	1	17	
West Division	W	L	T	Pts.	
Plymouth Whalers	36	17	4	77	
SSM Greyhounds	30	24	5	70	
Sarnia Sting	29	22	7	65	
Windsor Spitfires	30	25	2	63	
London Knights	16	31	7	42	
Midwest Division	W	L	T	Pts.	
Akron Rangers	25	27	4	58	
Erie Otters	28	28	2	57	
Guelph Storm	25	29	2	53	
Brampton Battalion	21	29	7	53	
Owen Sound Platers	17	35	4	43	

gin of victory. Rob Zepp stopped 22 of 23 shots in goal for Plymouth. Scott Della Vedova faced 35 shots for the Battalion, making 31 saves.

Rocks edge Northville in 3

VOLLEYBALL

On a day that kills were difficult to come by, Plymouth Salem managed to survive and retain a portion of the Western Lakes Activities Association regular-season championship by beating Northville 13-15, 15-12, 17-15 Wednesday at Northville.

The match was rescheduled after a broken water main had forced a postponement Jan. 19.

The Rocks finished the WLAA regular season at 10-1, tying Livonia Franklin and Walled Lake Central for first place. The win improved their overall record to 36-10-1.

Again, Amanda Suder sparked Salem. The senior outside hitter led the Rocks in kills with 18, in service aces with four and in digs with 17.

No one else reached double figures in kills. Next best was Denise Philips with nine, Jill Dombrowski with seven and Michelle Ginter with six.

Dombrowski also had 26 assists to kills, 14 digs and two

blocks, and Ginter had 15 digs, an ace and two blocks.

The Rocks did not block particularly well, totaling just two solos and four block assists collectively. And they had 26 kill errors to offset their 39 kills, giving them a .089 kill percentage as a team.

They did, however, dig extremely well, averaging more than 25 digs per game. Five different Rocks had 10 or more digs.

Salem takes on Plymouth Canton in the opening round of the state district tournament at 10 a.m. Saturday at South Lyon HS. The winner plays South Lyon in a district semifinal at approximately 11:30 a.m.

Livonia Ladywood takes on Northville at 11:30 a.m. in the other semifinal. The district final is slated for approximately 1 p.m.

Dead-eye Ocelots reach state finals

By KURT KUBAN
STAFF WRITER

Schoolcraft College traveled to Flint Mott's Ballenger Fieldhouse for a Michigan Community College Athletic Association semifinals matchup against Grand Rapids Community College Friday, and proceeded to shoot the lights out.

Connecting on 55.6 percent of its shots from the field, Schoolcraft blistered Grand Rapids' zone defense, and sent them packing, 97-72.

"Coming into this game we knew they would play a zone against us," said Schoolcraft coach Carlos Briggs. "We showed a lot of patience finding the open man, and then we hit our shots."

Upping their overall record to 24-5, the Ocelots moved within one win of claiming their second consecutive state championship.

They advanced to play a Saturday showdown with conference-rival Flint Mott C.C., which defeated Muskegon C.C., 104-68, in the night's other semifinal game.

Led by Robert Brown's game-high 29 points (12-of-15 from the floor) and 15 rebounds, the Ocelots were also helped by Brian Williams' outside shooting.

Although he only scored two points in the first half, Williams scored 16 in the second, hitting on 4-of-5 three-point shots.

"It seemed like they scouted me and planned to play off of me," said the Wayne-Memorial High product. "In the first half I just wasn't aggressive enough."

MEN'S HOOP

Coach (Briggs) sat me down and told me they were leaving me open and to take the shot."

Even though his team had a comfortable 48-34 lead at half-time, Briggs knew he was going to have to rely on Williams in the second half.

"We told Brian he had to step up and hit the open shot in order for us to have an opportunity to play in the championship, and he did it," said Briggs. "He can really shoot the ball."

Schoolcraft also got 19 points, 11 rebounds and seven assists from Lamar Bigby, and Mike Williams chipped in 19 points.

While Schoolcraft seemed to be hitting everything, Grand Rapids had a dismal shooting night, especially from beyond the arc. Grand Rapids was a miserable 3-of-33 on three-point attempts (9.1 percent), and only 26-of-72 from the floor (36.1 percent).

The Raiders, who fell to 16-6 on the season, were led by Eric Chess's 23 points and 14 rebounds. Jason Morehead also contributed 21 points.

Despite being defending champions, the Ocelots are eager for their matchup against Mott, which was the only MCCA team to beat them in the conference this year.

"We're hungry," Brian Williams said. "We want to show everybody that we can win in their building."

WOMEN'S HOOP

Siena Heights ends season for Madonna

Another women's basketball season is in the books at Madonna University.

The Lady Crusaders finished the 1999-2000 season with a 12-15 record after losing Thursday to host Siena Heights in the first round of the Wolverine-Hoosier Athletic Conference playoffs, 87-84.

The Saints (15-17 overall) had four players scored in double figures led by Kelly Abdo's 18. Amanda Lafontaine added 17 points, while Allison Camp contributed 14. Bevin Malley scored 11 points and grabbed 12 rebounds.

The Saints, the No. 4 seed, advanced to Saturday's WHAC semifinals to face No. 8 seed Tri-State (Ind.) at home. Saturday's other semifinal pitted No. 2 seed Aquinas against No. 3 Spring Arbor.

Madonna, down 48-38 at intermission, rallied in the second half by hitting 15 of 18 free throws.

For the game, Madonna was 30 of 37 (81 percent) from the line, while Siena Heights was 24 of 35 (68 percent).

Guard Chris Dietrich had 23 points and five assists to lead the Crusaders. Center Lori Enfield added 15 points and nine rebounds, while Plymouth Canton's Kristi Florenzi had 14 points and a team-high 12 rebounds. Michelle Miela and Carissa Gizicki each chipped in with 10 points.

Madonna shot just 37 percent from the floor (25 of 67), while Siena Heights was 29 of 66 (44 percent).

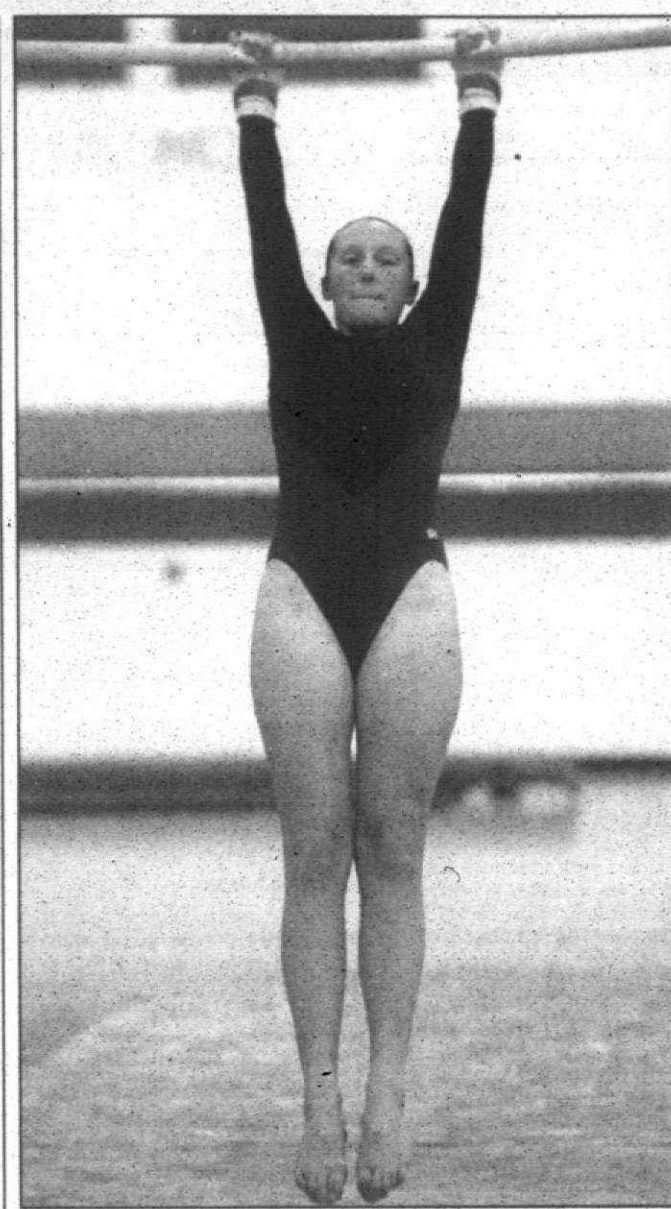
SOCCER NEWS

The Metro Detroit Soccer League is searching for teams to fill out its spring/summer season, which starts April 30.

Games will be played Sunday afternoons throughout the metro Detroit area. Registration is open for teams in the Premier First, Premier Second, Recreational and Over-30 divisions until March 26.

Affiliation fees and registration fees vary by division. New teams will be accepted for all divisions, and individual players may register and be placed on a team.

For further information, contact the MDSL Hotline at (248) 760-1481 or (313) 875-4122.



Strong effort: Canton's Liz Fitzgerald placed second on the bars and tied for fourth in the all-around.

WLAA GYMNASTICS RESULTS

WESTERN LAKES ACTIVITIES ASSN.
GIRLS GYMNASTICS CHAMPIONSHIPS

Feb. 24 at Farmington Training Center

Team standings: 1. Hartland, 144.45; 2. Brighton, 144.30; 3. Northville-Nov, 142.80; 4. Plymouth Canton, 135.75; 5. Farmington, 134.80; 6. Westland John Glenn, 131.70; 7. Plymouth Salem, 130.75; 8. Walled Lake, 112.20.

DIVISION 1 RESULTS

Vault: 1. (tie) Kim Matte (B), Chelsea Keesling (F) and Jenn Dion (B), 9.15; 2. Ashley Dobbs (B), 9.1; 3. Bethany Bartlett (PS), 9.05; 4. Katie Braine (NN), 8.95; 7. (tie) Megan Samhat (NN) and Andie Wilson (B), 8.8; 9. Kim Duff (B), 8.65; 10. (tie) Pam Davidson (H) and Laurie Meguar (WL), 8.45.

Bars: 1. Kim Matte (B), 9.35; 2. Chelsea Keesling (F), 9.3; 3. Bethany Bartlett (PS), 9.25; 4. Ashley Dobbs (B), 9.15; 5. Andie Wilson (B), 9.1; 6. Pam Davidson (H), 8.85; 7. Megan Samhat (NN), 8.75; 8. Katie Braine (NN), 8.5; 9. Jenn Dion (B), 8.35; 10. Kim Duff (B), 7.85; 11. Laurie Meguar (WL), 7.8.

Beam: 1. Kim Matte (B), 9.6; 2. Katie Braine (NN), 9.5; 3. Pam Davidson (H), 9.4; 4. (tie) Ashley Dobbs (B) and Megan Samhat (NN), 9.35; 6. Chelsea Keesling (F), 9.3; 7. Jenn Dion (B), 8.8; 8. Bethany Bartlett (PS), 8.7; 9. Katie Agurs (H), 8.2; 10. Laurie Meguar (WL), 7.95; 11. Kim Duff (B), 7.8.

Floor: 1. Kim Matte (B), 9.55; 2. Megan Samhat (NN), 9.4; 3. Katie Braine (NN), 9.35; 4. Chelsea Keesling (F), 9.3; 5. Pam Davidson (H), 9.2; 6. (tie) Bethany Bartlett (PS) and Jenn Dion (B), 9.15; 8. (tie) Ashley Dobbs (B) and Andie Wilson (B), 8.95; 10. Kim Duff (B), 8.8; 11. Laurie Meguar (WL), 8.55.

All-around: 1. Kim Matte (B), 37.65; 2. Chelsea Keesling (F), 37.05; 3. Ashley Dobbs (B), 36.55; 4. (tie) Katie Braine (NN) and Megan Samhat (NN), 36.30; 6. Bethany Bartlett (PS), 36.15; 7. Pam Davidson (H), 36.00; 8. Jenn Dion (B), 35.45; 9. Andie Wilson (B), 34.55; 10. Kim Duff (B), 33.30; 11. Laurie Meguar (WL), 32.75.

DIVISION 2 RESULTS
Vault: 1. Monica Fink (N-N), 9.0; 2. (tie) Jeanne O'Brian (H) and Amy Driscoll (PC), 8.8; 4. (tie) Erin Strum (H), Liz Fitzgerald (PC) and Nicole Simonian (JG), 8.7; 7. Colleen Johnson (H), 8.65; 8. Andrea Ledbetter (N-N), 8.6; 9. Colleen Balagna (H), 8.55; 10. (tie) Kristen Constantino (JG) and Maggie Bett (PC), 8.5.

Bars: 1. Colleen Balagna (H), 9.2; 2. Liz Fitzgerald (PC), 9.15; 3. Allison Gillette (N-N), 8.9; 4. Jeanne O'Brian (H), 8.85; 5. Nicole Simonian (JG), 8.75; 6. Andrea Ledbetter (N-N), 8.55; 7. Kristen Constantino (JG), 8.5; 8. Kristen Schick (PC), 8.45; 9. Monica Fink (N-N), 8.4; 10. Jenny Olgerson (H), 8.35; 11. Erin Strum (H), 8.3.

Beam: 1. Erin Strum (H), 9.25; 2. Jeanne O'Brian (H), 9.2; 3. (tie) Colleen Balagna (H) and Katie Longcore (H), 9.15; 5. (tie) Nicole Simonian (JG) and Maggie Turner (H), 8.9; 7. (tie) Monica Fink (N-N) and Natalie Olesko (F), 8.85; 9. Kristen Ulewicz (F), 8.6; 10. Amy Driscoll (PC), 8.45; 11. Kelsey Epsor (PS), 8.4.

Floor: 1. (tie) Colleen Balagna (H) and Erin Strum (H), 9.25; 3. (tie) Jeanne O'Brian (H) and Monica Fink (N-N), 9.2; 5. Colleen Johnson (H), 9.15; 6. Liz Fitzgerald (PC), 9.1; 7. Andrea Ledbetter (N-N), 9.05; 8. Megan Turner (H), 9.0; 9. Kristen Schick (PC), 8.95; 10. Anna Jankowski (H), 8.9; 11. Nicole Simonian (JG), 8.85.

All-around: 1. Colleen Balagna (H), 36.15; 2. Jeanne O'Brian (H), 36.05; 3. Erin Strum (H), 35.50; 4. (tie) Monica Fink (N-N) and Liz Fitzgerald (PC), 35.25; 6. Nicole Simonian (JG), 35.20; 7. Andrea Ledbetter (N-N), 34.35; 8. Allison Gillette (N-N), 34.25; 9. Kristen Constantino (JG), 34.20; 10. Amy Driscoll (PC), 33.60; 11. Kristen Schick (PC), 33.10.

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Observer & Eccentric

WJR 760 AM 760

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Birmingham Groves High School
Presented by Alan Ford

Tune in WJR 760 AM each Friday at 7:40 a.m. and hear the Athlete of the Week announced on Paul W. Smith's morning show.

To submit your nomination for the High School Athlete of the Week:

- Send us up to one page of information about the athlete's involvement in sports, community, academic achievements and any awards he/she has received. Include the name of the high school and a picture of the athlete.
- Include your name and daytime phone number.
- Send your nomination to:

WJR 760 AM
 2100 Fisher Building, Detroit, MI 48202
 Attention: Athlete of the Week
 or
 FAX to: 313-875-1988
 Tune in to WJR 760 AM Friday morning to hear the winner announced!

OUTDOORS CALENDAR

SEASON/DATES

RABBIT

Rabbit season runs through March 31 statewide.

CLASSES/CLINICS

FLY TYING

Paint Creek Outfitters in Rochester offers a variety of fly tying classes for beginners and advanced tiers. Call (248) 650-0440 for more information or to make a reservation for an upcoming class.

MORE FLY TYING

River Bend Sport Shop in Southfield offers fly tying classes for beginners, intermediate and advanced tiers. Classes will be held at various times. For more information and to register call (248) 350-8484 or (248) 591-3474.

SHOWS

SPORTFISHING EXPO

The 12th annual Greater Detroit Sportfishing and Travel Expo is set for Thursday through Sunday, March 2-5, at the Palace of Auburn Hills. An all-star lineup of seminar speakers is already scheduled. The show also features exhibitors, merchandise booths, casting and fishing activities and more. Show hours are 4-9:30 p.m. Thursday and Friday, March 2-3; 10 a.m.-9:30 p.m. Saturday, March 4; and 10 a.m.-6 p.m. Sunday, March 5. Admission is \$7.75 for adults, \$3.50 for children ages 6-12 and children age 5 and under will be admitted free.

SPRING BOATING EXPO

The 8th Annual Spring Boating Expo is scheduled for Thursday through Sunday, March 16-19 at the Novi Expo Center. The show

features some 200 exhibitors with new boats and watercrafts, motors, trailers, docks, accessories and more.

OUTDOORAMA

Outdoorama 2000 Michigan Sport and Travel Show will be through Sunday, March 5 at the Novi Expo Center. The show features over 200,000 square feet of floor space devoted to more than 400 exhibits featuring the latest in hunting, fishing and camping equipment, recreational vehicles, boats, conservation clubs travel and outfitting destinations and more. Call (517) 346-6493 for more information.

ARCHERY

DETROIT ARCHERS OF WEST BLOOMFIELD

The Detroit Archers of West Bloomfield (5795 Drake Road) is hosting a number of leagues: 3-D indoor, Sundays, 6:30 p.m.; Monday bush league, 7:30 p.m. (men only); Tuesday target league, 7:30 p.m.; 3-D bow hunter, Wednesdays, 7:30 p.m. (indoor); and Friday fun league, 7:30 p.m. Open shoot hours are from 1-5 p.m. Saturday and Sunday and 6-10 p.m. Thursday. For more information call (313) 825-2110.

JUNIOR OLYMPICS

The Oakland County Sportsman Club in Clarkston offers a Junior Olympic Archery Development Program beginning at 1 p.m. on Sundays. Call (248) 623-0444 for more information.

ACTIVITIES

DETROIT AREA STEELHEADERS

Detroit Area Steelheaders, Inc. membership meetings are held the last Tuesday of each month at Knights of Columbus, St. Pius X, 6177 Chicago Road, in Warren. The public is welcome. Dennis Bidigare, well-known charter fisherman on Lake Michigan, is

scheduled to be the guest speaker at the Feb. 29 meeting. More information can be obtained by calling Ed Wilczek at (810) 757-7365 or club President Ray Banbury at (810) 598-0310. The Detroit Area Steelheaders will also hold a Sportsmen's Game Dinner March 18 at Bishop William F. Murphy Knights of Columbus Hall in Warren. The dinner is open to the public and doors open at 5 p.m. Cost is \$30 per person. Tickets will be available at the Feb. 29 DAS meeting or by calling Tom Moores at (248) 634-5789, Mary Karakas at (248) 545-1181 or Linda Banbury at (810) 598-0310.

BASS TOURNAMENT

The 2000 Top Bass Tournament will be held at various sites throughout the summer months. The schedule is as follows: Saginaw Bay, May 27; Lake St. Helen, June 3; Wixom Lake, June 24; Sanford Lake, July 8; Wixom Lake, July 22; Lobdell Lake, Aug. 5; Lake St. Helen, Aug. 19; and Wixom Lake, Aug. 26-27. Guaranteed payouts will be awarded with amounts determined by the number of entries. For more information, call (734) 729-1762 or (734) 422-5813.

HURON VALLEY STEELHEADERS

The Huron Valley Steelheaders meets the third Thursday of each month at the Knights of Columbus Hall, 27600 Hall Road, Flat Rock. Call Carroll White at (734) 285-0843 for more information.

BASS ASSOCIATION

The Downriver Bass Association, a non-tournament bass club, meets at 6:30 p.m. the fourth Tuesday of every month at the Gander Mountain in Taylor. Call (734) 676-2863 for more information.

SOLAR

The School for Outdoor Leadership, Adventure and Recreation (SOLAR), a non-profit organization interested in promoting the appreciation of outdoor activities,

ties, meets at 7:30 p.m. on the first Tuesday of each month at the Colony Hall in Southfield. Call (248) 988-6658 for more information.

SHOOTING RANGES

BALD MOUNTAIN

Bald Mountain Recreation Area in Lake Orion has shotgun (skeet & trap, sporting clays, 5-stand), rifle, pistol, and archery shooting facilities. Hours for archery and clay target shooting are noon to sunset Mondays and Tuesdays; 10 a.m. to sunset Wednesdays; and 10 a.m. to 6 p.m. Saturdays and Sundays. Rifle range hours are 3 p.m. to sunset Mondays and Tuesdays; 10 a.m. to sunset Wednesdays; and 10 a.m. to 6 p.m. Saturdays and Sundays. Bald Mountain is located at 1330 Greenfield Road, located three miles north of the Palace of Auburn Hills off M-24. Call (248) 814-9193 for more information.

PONTIAC LAKE

Pontiac Lake Recreation Area in Waterford has rifle, pistol, shotgun, and archery ranges. Range hours are 10 a.m.-5 p.m. Fridays through Sundays. Pontiac Lake Recreation Area is located at 7800 Gale Road. Call (248) 666-1020 for more information.

ORTONVILLE RECREATION

Ortonville Recreation Area in Ortonville has rifle, pistol and shotgun shooting facilities. Range hours are noon-5 p.m. Thursday through Sunday. The Ortonville Recreation Area is located at 5779 Hadley Road. Call (248) 693-6767 for more information.

METROPARKS

Most Metropark programs are free while some require a nominal fee. Advanced registration and a motor vehicle permit are required for all programs. Call the respective parks toll free at the following numbers: Stony Creek, 1-800-477-7756; Indian Springs, 1-800-477-3192; Kensington, 1-800-477-3178; Hudson Mills, 1-800-477-3191.

2000 PERMITS

The 2000 Huron-Clinton Metroparks annual vehicle entry permits and boat launching permits are on sale at all Metropark offices. Vehicle entry permits are \$15 (\$8 for senior citizens). The annual boat launching permits are \$18 (\$9 for senior citizens). Call 1-800-47-PARKS for more information.

OAKLAND COUNTY PARKS

COUNTY PARK REQUIREMENTS

Advanced registration and a motor vehicle permit are required for all nature programs at Oakland County Parks. Call (810) 625-6473 to register or for more information.

PERMITS

The 2000 Oakland County Parks motor vehicle permits are on sale at all county park offices and many parks and recreation and township offices. Cost is \$20 through April 30 and \$25 thereafter. Call (248) 858-0906 or TTY (248) 858-1684.

STATE PARKS

STATE PARK REQUIREMENTS

Maybury State Park, Proud Lake Recreation Area, Bald Mountain Recreation Area, Highland Recreation Area, and Island Lake Recreation Area offer nature interpretive programs throughout the year. A state park motor vehicle permit is required for entry into all state parks and state recreation areas. For registration and additional information on the programs at Maybury call (810) 349-8390. For programs at Bald Mountain call (810) 693-6767. For programs at Proud Lake and Highland call (810) 685-2187. For programs at Island Lake call (810) 229-7067.

WAYNE COUNTY PARKS

COUNTY PARK REQUIREMENTS

Wayne County Parks offers nature interpretive programs throughout the year. Advanced registration is requested. Call (734) 261-1990 to register and for more information.

SYMPOSIUMS

BLACK BEAR SYMPOSIUM

Michigan Bear Hunters Association, in conjunction with the Michigan Department of Natural Resources, will sponsor a Black Bear Symposium beginning at 10 a.m. Friday, March 10, at the Northfield Hilton in Troy. Several distinguished researchers will be on hand discussing issues including: Bears Around the World; Bear Population Dynamics; Cultural Carrying Capacity Concepts; Land Use Trends and Bear Habitat, and much more. Admission is free and the symposium is open to the public. For more information call Tim Reis at (517) 373-1263.

QUIET WATER SYMPOSIUM

A quiet water symposium will be held 9 a.m. to 5 p.m. Saturday, March 4, at the Michigan State University Agriculture Pavilion (just south of Mt. Hope Road on Farm Lane) in East Lansing. This annual event brings together people who share a love of outdoor, non-motorized recreation. The symposium features speakers, a slide presentation, workshops, demonstrations, a paddlers film festival, information about water quality and access, and much more. Admission is \$5 for adults and children under the age of 12 will be admitted free. For more information contact Wayne Barry at (517) 339-3112 or send e-mail to catalina@tir.com.

BANQUETS/FUNDRAISERS

SAFARI CLUB SE BOWHUNTERS

The Southeast Michigan Bowhunters Chapter of Safari Club International will hold its 9th annual banquet and fundraiser on Saturday, March 18, at Laurel Manor, 39000 Schoolcraft Road, in Livonia. For tickets and more information call Jim Shaeffer at (734) 741-9527, between 9 a.m. and 5 p.m. Monday through Friday.

(To submit items for consideration in the Observer & Eccentric's Outdoor Calendar send information to: Outdoors, 805 E. Maple, Birmingham, MI 48009; fax information to (248) 644-1314.)

WINTER SAVINGS SPECTACULAR

Why Call Livonia's Woodhaven Retirement Community??

> **Longevity** The Woodhaven Retirement Community opened its doors in 1987 and has a solid reputation for exceptional care and compassion.

> **Not-for-Profit Status** The Woodhaven Retirement Community is a not-for-profit corporation. This creates a wonderful opportunity for decision making to be mission-driven. The vast majority of the assisted living facilities/retirement communities that have been recently developed are for-profit corporations and as such, must satisfy the financial expectations of the owners/investors.

> **Low Staff Turnover** One of the industry's biggest challenges is maintaining a stable workforce, particularly in today's low unemployment economy. Although in all honesty, staff turnover at Woodhaven is higher than management's targets, Woodhaven has been blessed with one of the area's lowest staff turnover rates. In 13 plus years of operation, Woodhaven has not used one hour of pool staff or temporary staff.

In fact, the Woodhaven Management team has over 75 combined years of experience! What does this mean to you? It means that not only do staff know the Resident's names, they also learn to know their habits, interests and needs. Over time, staff begin to learn the names of the Residents' family members and are better able to respond to their wishes, also. When a Resident passes away, staff experience loss and grief.

> **Leadership** The Woodhaven Retirement Community has a 15 member Board of Directors who serve as volunteers. Over the years this group has included some of the area's most successful business owners, community leaders and persons committed to family values. This group has worked in a consistently cohesive fashion with vision and dedication.

> **Faith Based Sponsorship** The Woodhaven Retirement Community is sponsored by the Apostolic Christian Church of Alto (Grand Rapids), Bay City and Livonia, MI and Toledo, OH. Throughout the history of the organization, the Churches have never wavered in their prayer support for God's ongoing protection, guidance and blessings. This has motivated the Church members to contribute their money as donations and their time as volunteers.

> **Affordability** Many of the recent retirement community developments are too expensive for the average wage earner. Woodhaven's Board has directed the Management Team to operate the home as efficiently and as economically as possible to fulfill the Board's responsibility to be good fiduciaries. Woodhaven continues to offer 24 hour extended care at rates that are lower than the market. For example, a private assisted living room with a private bath including meals, housekeeping, activities and transportation starts at just \$1,200 per month!

> **Location** Many assisted living facilities/retirement communities are built close to major thoroughfares or near business districts or shopping malls. Woodhaven is uniquely located adjacent to a nature preserve, totally surrounded by woods in a residential neighborhood. In fact, Woodhaven is not even visible from its access street, Wentworth, even though Woodhaven is less than one mile from the Five Mile/Middlebelt Road intersection. Instead of listening to traffic and the sounds of a busy city, Woodhaven Residents listen to the birds chirping.

> **Michigan's Only** adult day center that is open 365 days per year from 5:00 a.m. until 11:00 p.m. is operated on the Woodhaven campus. The local Area Agency on Aging provides funding for participants with certain income limitations.

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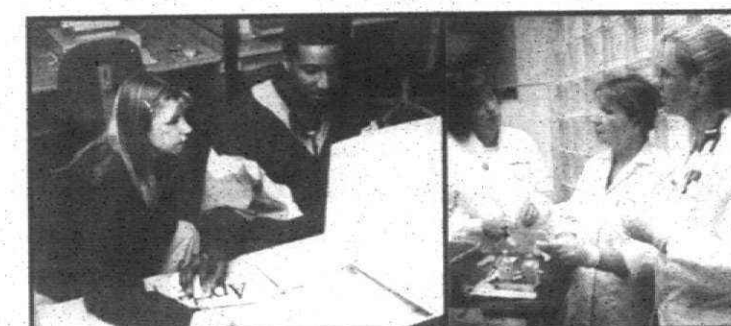
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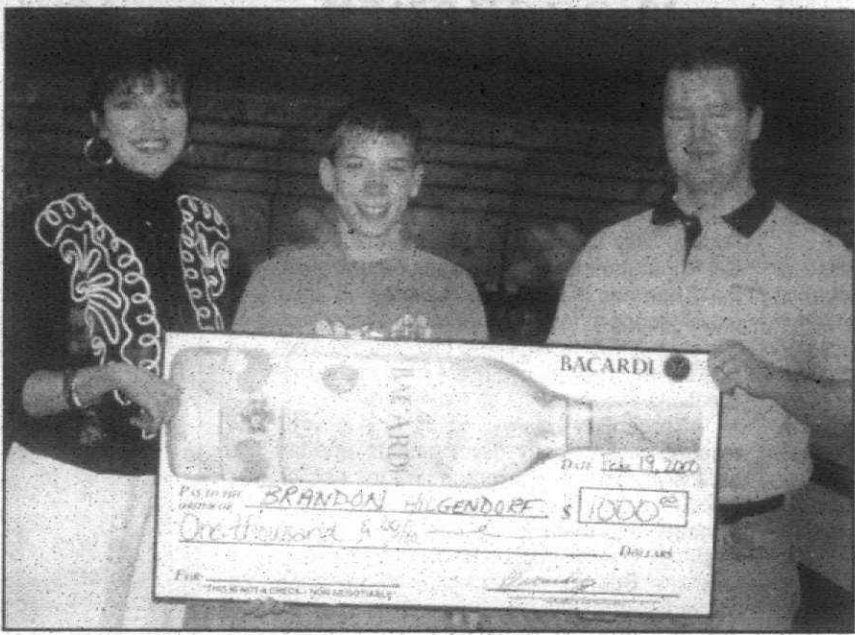
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BOWLING AND RECREATION

14-year-old claims tournament's top prize



I thought I had seen it all. But last Saturday's bowling tournament victory by Brandon Hilgendorf of Warren may have been one of the most incredible. It took place at Cherry Hill Lanes in the Brunswick/Blue Ribbon Group monthly scratch tournament. There were 64 very good bowlers competing for the prize money and Brandon swept everybody to take home the \$1,000 top prize. Not bad considering he is a 14-year-old ninth grader from Warren Cousin High. He was going up against a great field of mostly veteran scratch tournament competitors who had all come well prepared to win. But apparently not well enough. This young man with the whip-like delivery and a devastating hook carried nearly every shot all day long — and that was the big difference. Most of the veteran bowlers were throwing extremely well. But they left the occasional ten or seven pin on good hits when they needed to strike. Brandon had previously won the Budweiser Michigan Majors and placed second last year in the Motor City Classic



Signing over the check: Brandon Hilgendorf (center) receives the winning check from Vicki Ingham (left) and Craig DeJong (right) finishing first in the monthly scratch tournament at Cherry Hills.

Cloverlanes in Livonia. Every \$10 earned in the Bowl-a-thon will create one more book. Last year bowlers raised more than \$20,000 to help give blind children access to the same popular books as their sighted

peers and thus increase the opportunity for literacy.

Come bowl with Edmonds (9 pin no-tap) and help put Braille books into the hands of blind children.

Call Susan Bresler for registration at 800-777-8552 for registration and pledge forms. Even if you do not wish to bowl, Seedlings welcomes everyone to stop by Cloverlanes on that date with a pledge or donation.

Tax deductible door prize and lane sponsor donations are still being gratefully accepted from local businesses. Marty Smith and his daughter, Stephanie, bowl together in the Adult/Youth League at Town 'n Country Lanes in Westland. Last week father and daughter each rang up a 247 game in the second game of the series. It was a highest game and series (568) ever for Stephanie. Dad finished with a 701 series.

Latest update on the Hamtramck Singles Classic at Hazel Park Bowl show new leaders in handicap singles (four-game set): Anthony Hill of Detroit 1,116 (plus 9 equals 1,116); Richard Planko of Novi, 1,109 (plus 92 equals 1,101); Joe Carothers, Windsor, Ontario 963 (plus 120 equals 1,083). Eight-game singles: Paul Przebienda of Farmington Hills was in first place at 984 (plus 1,009 equals 1,993). For more information, call (800) 821-9217.

BOWLING HONOR ROLL

- | | | | |
|--|--|---|---|
| <p>Westland Bowl
St. Mal's Men: Jay Morris, 289/605; Jim Sabin, 279/724; Mike Klem, 265/749; Jim Lydau, 269/638; Randy MacLachlan, 298/646; James Combs, 278/673.
John Olsen Intramural: Bill O'Rourke, 201; Eric Elsey, 222/578; Ryan Warner, 282/599.
A.M. Ladies Try: Rochelle Calasda, 207/674; Phyllis Hammett, 189/507.
Monday 6:30 p.m. Men's: Dave Leno, 264/694; Jeff Roberts, 247/602; Harmon Graves, 246/614; Jeff Sosnowski, 242/627; Filipa Perks, 236/590.
Monday Morning Men: Joe Kovach, 246/635; Bob Roulin, 237/612; Pat Stover, 235/593; Bill Engberger, 233/626; Randy Kline, 230/646.
E/O Double Trouble: Terence Hanley, 245/669; Andy Barrett, 233/610; David Labon, Jr., 227/632; Tim Mayer, 225/648.
E/O Hard Times: Paul Masse, 279/636; Dave Curtis, 276; John Emitt, 259/720; Gary Sabin, 269/696; Frank Brown, 236/599.
Sunday Singles: Tim Whalen, 268/695.
Mack Ivory Jr., 268/699; Bill Johnson, 268/724; Ryan Wilson, 266/701; Anthony Stoltz, 266/681.
Thursday Night Mixed: Ken Forbes, 247/695; Dan Harris, 245/665; Franklin Boer, 226/601; Brian Bailey, 220/593; Jim Koenig, 216/556.
Westland Champs: Dee Pitt, 235/639; Sharon Woods, 222/593; Sunday Gais, 222/636; Cathy Francis, 218/549; Mary Mervosa, 214/555.
NASCAR Tour: Lou Swindell, 239/647; Bill Elsey, 235/587; Dan Dodde, 233/628; Mike Buchter, 200/581; Holly Stevenson, 214/523.
Youth Saturday (Coca Cola Majors): David Reese, 227/589; Andy Caldwell, 226; Pat Barter, 222; Jason Springer, 222; Crystal Tringo, 205/544.
Coca Cola Juniors: Daniel Olds, 255/677; Eric Volkofsky, 243/635; Matt Haines, 223/554; Ashley Yoman, 200; Tatiana Caranahan, 175.
Coca Cola Preps: Chris Hiltunen, 161; Adam Whalen, 154; Dan Harris, 151; Linda Graciak, 134; Brittany Robertson, 110.</p> | <p>Town 'n Country Lanes (Westland)
Airlines: Ken Salingue, 299/759; Gary Broda, 268; C. J. Blevins, 295; Andy Dev, 294.
Adult/Youth: Stephanie Smith, 184/247; 137/568; Marty Smith, 218/247/236/701; Thursday Gals: Vicki Dean, 255; Cindy Burne, 225; Dawn Reed, 202/500.
Merri Bowl (Livonia)
Wednesday Sundowners: Lisa Brunschel, 243/534; Mary Maren, 214/204/593; Nancy Niva, 215/562; Deb Van Camp, 213/550; Cindy Huska, 211/533.
Senior Mary Bowlers: Watson Kosloski, 233; Virginia Smith, 223; Dorothy Knop, 214; Al LaBarge, 210; Helen Kubinec, 209.
Wednesday Toast & Coffee: Dorothy Zan, 244/573; Ann Grohowski, 221/529; Bev Munir, 213/532; Gloria Carter, 210; Beth Carpenter, 209.
Cloverlanes (Livonia)
All-Star Bowlettes: Julie Wright, 203/269; 237/729; Audrey Williams, 275/210; 243/728; Jeanne Buehler, 267/264/206/727; Patsy Wray, 247/207/203/727; Lisa Bishop, 245/243/235/723; Kathy Siemien, 236/210/257/703.
West Side Sunday: Bob Rose, 264/723; Gina Johnson, 234; Rob Roy, 261/590.
Thursday Junior House: Don Seamark, 259/712; Jim Gendjar, 269/704; Tim Belch, Jr., 257/752; Eldon Pickens, 267/675; Steve Richardson, 279/778; Mike Axline, 277/768; Mitchell Woodard, 265/625.
Sunday Nite Mixed: Andre Duvali, 300/805; Darrell Scott, 280/802; Greg Smith, 275; Arthur Hall, 279; Dana Colston, 279; Veretta Hogan, 264; Christine Howard, 256/690.
Follio Thursday: Larry Frank, 707; Brian LeBlanc, 703; Ron Thornton, 673; Jim Griffith, 268/668; John Teetzel, 675.
Pico Inter-Pan Mixed: Gary Sherio, 243/607; Jim Christian, 213/238/610; Sam Upsey, 258/584; Kerry Butler, 241/253/695; Steve Omtruchine, 268/669.
Woodland Lanes (Livonia)
Wednesday Men's Try: Dave Myers, 268/741; Willy Egner Jr., 257/715; Willy Egner, 257/715; Willy Egner, 257/715.
Coca Cola Preps: Chris Hiltunen, 161; Adam Whalen, 154; Dan Harris, 151; Linda Graciak, 134; Brittany Robertson, 110.</p> | <p>Garden Lanes (Garden City)
St. Linus Classic: Rev. Tim Murray, 297; 213/219/747; Al Dooles, 247/300/731; Gary Czaja, 238/247/239/724; Dave M. Bazer, 247/223/216/686; Dick Barina, 256/682; Tom Shea, 248/681.
Friday Nite Ladies: Sue Siemien, 245/216; 206/667; Diana Hohl, 225/236/655; Marge Holcomb, 236/224/651.
Mayflower Lanes (Redford)
Wednesday Seniors: Paul Temple, 290/234/246/770; Chuck Smith, 233/269/221/723; Jim Zelen, 278/682; Bill Newburgh, 248/690; Bob Stajen, 236/223/690.
Monday Seniors: Tim McCarthy, 267/705; Gerry Zaleski, 246/687; Jerry Holden, 267/682; Ed Patrick, 256/640; Norb Giczewski, 251/643.
Friday Seniors: Norm Bohacek, 247/686; Jack Kassabian, 227/654; Tony Wolak, 245/653; Mel Albrite, 241/650; Ben Iannetta, 237/634.
Detroit Diesel Tri: Bill Gallagher Jr., 290/737; Jim Gerkin, 276/721.
Plaza Lanes (Plymouth)
Plaza Men: Steve Demeter, 300/731; Bob Day, 277/737; Gary Brown, 279/705; King, 268/706; Don Potts, 268/717.
St. Colette's Men: Frank Patrick, 264/258/727; Richard Kilmiewicz, 248/702; Tom Clark, 278; Kevin Banbridge, 259/242/702.
Sheldon Road Men: Dave Kowalski, 226/269/257/752; Darryl Alexander, 225/269/256; Larry Minnert Jr., 300; Jack Daniels, 267/238/702; Sam Lolicane, 277.
Keglers: John Tursell, 260; Mark Beasley, 213/237/262/712; Wally Wolfe, 245/236/221/702.
Super Bowl (Canton)
Parent/Child Mixed: Keith Kingsbury, 214/568.
Saturday Youth (9 a.m. Majors): Brian Clark, 248/561; Jon Robinson, 235/597; Justin Horvath, 550; Todd Schenke, 540.
9 a.m. Juniors: Lester Booker, Jr., 206/539.
9 a.m. Bantams/Preps: Will Skaggs, 127; Kelly Delcol, 149; Emily Libby, 111.
11 a.m. Majors: Matt McCaffrey, 219/589; Cory Canross, 222/610.
11 a.m. Juniors: Robert Mankowski, 178; Daniel S. Peter, 182.
11 a.m. Preps: Nichole Wojciechowski, 156; Charise McDindon, 137.
11 a.m. Bantams: Stephen Kulowski, 139; Any Zuga, 95.
Friday Youth (Majors): Todd Schenke, 275/586; Brian Peczynski, 233/619; Jon Robinson, 223/567; Mark Heimstad, 232/556; Steve Retzel, 225/596.
Juniors: Eric Pawlik, 249/657; Matt Horvath, 209; Brian Parnas, 115/619; Tom Johnson, 186; Kevin Rakovits, 144.
Preps: Jeremy Henderson, 190/513; Alexis Reyes, 134.
Bantams: Kyle Chaffield, 111.
Thursday Juniors/Majors: Brian Strack, 235/590; Jon Phipps, 202/538; Wilder Christoferson, 164; Steven Marsh, 159; Sean Miller, 127.
Country Lanes (Farmington)
Oldies But Goodies: Bill Hardy, 216/573; Pete Piotrowski, 216/595; Peter Schrier, 211.
Country Mixed: Dave Cairns, 257; Virgil Lawyer, 218/571; Jim Bolvin, 265.
Monday Night Men: Raad Dawood, 268/637; Steve Hayo, 266.
Temple Israel: Bruce Myers, 257/651; Dave Jarvis, 244; Charles Feldman, 257; Neil Lefson, 657.
Monday Night Men: Rick Rynicki, 279/762; Dale Merwin, 279; Jim McPhail Jr., 276/759.
Tuesday Trio: Lyle Schaefer, 259/706; Erik Herman, 248; Joe Skanis II, 695.
Tuesday Morning Ladies: Maryann Scheele, 213; Mary Meyers, 212/570.
Wednesday Nite Ladies: Sheila Maymeyer, 223/541; Jean Hinean, 198.
Sports Club: Raad Dawood, 247/608; Donny Asner, 230.
Lion Lanes (Lincoln)
Lion Ladies: Len Gricek, 267/690; Steve Amosch, 226; Scott Tietz, 236.
Greenfield Mixed: Rick Madin, 244; Steve Cowell, 232/224/625; Lisa Smith, 242/602.</p> | <p>Tom Lehman, 244/601; Bill Weed, 237/236/699; Ron Turner, 255/643.
Sunday Goodtimes: Todd Wortinger, 255/624; Herman Schoeder, 205; Al Harrison, 29; Mike D'Angelo, 241; Robert Feldman, 211.
Metro Highways: Bruce Doran, 255; Jim Tomaszewski, 252/645; Chris Remolins, 248/240/650; Brandon Teedy, 248/657; Earl Kiel, 247.
Suburban Proprietors Travel (men): Dick Wioncek, 267/656; Tim Magyar, 256/721; Jeff Bennett, 243/638; Dick Zeman, 242; John Pleschka, 240; Laddie: Benito Anthony, 235/601; Vin Waldrop, 206/576; Judy Washington, 206/596; Nancy Severo, 205; Pat Russell, 203/548.
Wednesday Knights: Joe Umstead, 280/668; Frank Zagora, 279.
Detroit Morgenthau: Evelyn Barmann, 210/518; Elaine Barmann, 188.
Prince of Peace: Susan Barczewicz, 214/577; Barb Urban, 198/527.
Country Keglers: Brian Barzel, 280/628; Dean Johnson, 238/655; Gene Tase, 256; Gerald Heath, 256/667; Dennis Harris, 244/677.
University Men's: Dave Cheddie, 270/759; Ken Godfrey, 268; Mark Tondreau, 268; Darryl Reddick, 697.
EVER-7: Tom Krauth, 278/732; Pete Soave, 256; George Berling, 255/657; Steve Yonker, 253/679; Ray Roy Jr., 249/738.
Country High School: Derrick Abbott, 223/594; Dan Connors, 230/586; Jenny Long, 225/626; Amanda Janowski, 241/527.
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Publish: February 20 & 27, 2000</p> |
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New rules to help fishing tourneys



Fishing tournaments have become more and more popular over the past 10 to 15 years. While there used to be one or two circuits a decade ago, today there are numerous tournament circuits for both bass and walleye anglers. On any given weekend, adventurous anglers can easily find a bass or walleye tournament in which to fish. The popularity of competitive fishing has certainly grown in the past 20 years, but until now there have not been any guidelines for governing the use of our state-run boat launch facilities from where most of these tournaments are run. While tournament fishing brings anglers together for camaraderie and competition, they also put a strain on the boat launch facilities. Bring 100 boats into a facility with 100 parking spots and you can easily see the potential for conflict. Most of these tournaments are held on weekends when boat launch facilities are in high demand. In addition, there has been a long-standing issue of user fees being in-

sistently applied at different tournaments in different regions of the state. The Parks and Recreation Division of the DNR has finally come forward and set guidelines and a user fee schedule for holding such tournaments. These rules were developed by a committee of various fishing clubs like the Michigan United Conservation Clubs and the Michigan Department of Natural Resources. Effective Jan. 1, 2000, the following fees will be imposed: 15 boats — \$10; 16-30 boats — \$20; 31-45 boats — \$30; 46-60 boats — \$40. Additional increments of 15 boats will cost \$10 each. In addition, several guidelines have been set including the following: No tournaments can be held on holiday weekends (Labor Day, Fourth of July, Memorial Day). Tournaments shall not exceed eight hours and shall not start between 10 a.m. and 4 p.m. No more than 60 percent of the parking capacity may be used by tournament participants on weekends and no more than 80 percent on a week day. No more than one tournament may be held per site, per day. No more than 12 permits will be

issued to one individual or club for each calendar year from Memorial Day to Labor Day. No permits will be issued on Free Fishing Weekend or on opening weekend of duck season. The committee believes these new rules will standardize procedures and maintain consistency across administrative lines," said Rodney Stokes, Parks and Recreation bureau chief. Ice warning With the warm, rainy weather we experienced this past week, ice anglers are advised to stay off all inland and Great Lakes waters. Deteriorating conditions have rendered all ice unsafe. Ice fishermen will tell you about the fantastic bite during "last ice," but no fish is worth risking your life over. Be smart and be safe and stay off the ice. Undoubtedly, there will be some anglers out there who will refuse to use their heads and take a chance and venture out. I just hope they don't become a statistic. Show time The heart of the outdoor season is upon us and the grand-daddy of all of Michigan's outdoor shows, Outdoors-a 2000 Sport and Travel Show, runs through Sunday, March 5, at the Novi Expo Center. If you've never attended Outdoors-a you're missing out on an enjoyable and educational adventure. This family-oriented show truly has something for everyone. There are hundreds of exhibitors and seminars for the hunter and angler in the family along with a variety of family-oriented entertainment, including a ventriloquist, a seven-piece "Shotgun Red Show" band, a lumberjack show, and a juggling comedy act by the Zucchini Brothers. In addition, Outdoors-a also features a live reptile display, live birds of prey and a trout pond for the kids. Outdoors-a runs 10 a.m. to 7 p.m. on Sundays; 10 a.m. to 7 p.m. Saturdays; 3-9 p.m. Monday, Tuesday, Thursday and Friday; and non-9 p.m. Wednesday. Admission is \$6.50 adult and \$3 for children age six to 12. Children five and under will be admitted free. (Bill Parker writes a weekly outdoor column for the Observer & Eccentric! Newspapers. Hunters and anglers are urged to report their success. Questions and comments are also encouraged. Send information to: Bill Parker, c/o Outdoors, 805 E. Maple, Birmingham, MI 48009.)

FISHING CLUBS

- CLINTON VALLEY BASS**
Clinton Valley Bass Anglers club is seeking new members (boaters and non-boaters are welcome). The club meets monthly at Gander Mountain in Waterford. Call Mike Daly at (248) 666-8910 for more information.
- METRO-WEST STEELHEADERS**
Metro-West Steelheaders meets at 7:30 p.m. on the first Tuesday of each month in the cafeteria at Garden City High School. Call Dominic Liparoto at (248) 476-5027 for more information.
- MICHIGAN FLY FISHING**
The Michigan Fly Fishing Club meets at 7:30 p.m. the first and third Wednesdays of each month at Livonia Clarenceville Middle School, located on Middlebelt Road between Seven and Eight Mile roads. Call (810) 478-1494 for more information.
- FOUR SEASONS**
The Four Seasons Fishing Club meets 7:30-9:30 p.m. the first Wednesday of each month at the Civic Park Senior Center, 1512 E. Farmington Road in Livonia. Larry Ancypa, commander of the Metro Detroit Power Squadron, will be the guest speaker for the Wednesday, March 1 meeting. Visitors are invited and refreshments will be served. Call Jim Kudej at (734) 591-0843 for information.
- FISHING BUDDIES**
Fishing Buddies Fishing Club meets the third Tuesday of each month in Rochester Hills. Meetings are open to all anglers (boaters and non-boaters). Call (248) 656-0556 for more information.

Weasels: sizes differ, all good hunters



NATURE NOTES
TIM NOWICKI

Before the recent heat wave erased the tracks in the snow, I found the good fortune of finding the hunting area of a weasel.

It was one of three small mustelids that turn white in winter — long-tailed, short-tailed, or least weasel. Long-tailed weasels are the largest of the three. They measure from 11-17 inches from tip of nose to tip of tail.

Males are larger than females, which is the reason why there is such a range

of lengths. Short-tails are slightly smaller in size and range from 9-13 inches. Least weasels are quite narrow and the smallest, 6 3/4 - 8 inches.

According to range maps, the long-tailed and the least are the most likely to be seen in Wayne and Oakland counties. All three are very effective predators. Their narrow body shape allows them to enter chipmunk tunnels and to follow mice and voles in small brushy areas.

Most prey items are small rodents, which are frequently the most common kinds of animals available. But if another prey becomes more abundant, they will change their hunting habits.

The tracks and hunting trail I found were along the edge of a hiking trail. I looked like the weasel came out from under some ground junipers where animals frequently hide because they provide good cover.

It crossed the trail and then tunneled into the snow. In some areas it was able to explore below the snow, in other areas it was just under the snow. Raised snake-like patterns pushed up on the surface of the snow revealed its exact route.

Occasionally the tunnel would end in a hole and then start with a hole a few feet away. In between the holes it was hunting under the snow.

As I followed the raised tunnels I was

able to see where the weasel would emerge from under the snow and then quickly dive back into the snow. Only 6 inches from one emergence hole was the entry hole.

Even while running on flat ground weasels run with an arched back. They remind me of an inch worm creeping forward. When the weasel popped its head out of the snow to search and smell, he quickly dove back into the snow in hot pursuit. There were several of these paired holes along the trail.

I can imagine what the animal looked like at this time. It would have been similar to watching a dolphin porpoising out and into the water after swimming.

Or, watching a worm come out of the ground and then quickly burrow back underground. A weasel's long body shape is reminiscent of both comparisons.

After the tracks crossed the trail, they zig-zagged along the edge of the woods and finally headed along another edge out of sight.

I always feel good when I come upon a track, especially of an animal I don't see very often.

Snow on the ground allows me to reconstruct the activities of the animal, even if for just a short time.

Try it sometime. I think you'll enjoy it, too.

Madonna baseball from page B1

(from Redford Catholic Central) and a pair of sophomores, right-handed Jeremy Stevens and lefthander Eric Williamson.

O'Connor was 4-1 with a 6.18 ERA last season; Stevens was 2-2 in 45 2/3 innings, and Williamson was 2-3 in 20 2/3 innings.

There are some others with college-level experience, like Ryan Andrezejewski, a right-handed pitcher from Plymouth Salem and Henry Ford CC; Nick Newman, another transfer; and Mitch Jabczynski, a senior who red-shirted last season.

Others to watch are freshman lefthander Mark Cole (Farmington/CC), freshman right-handed Joel Halliday (Redford Union), freshman right-handed Dale Hayes (Westland John Glenn), and sophomore lefthander Randy Palmer.

Derrick Wolfe, a senior who figures to start in right field, will be the team's closer. He pitched sparingly last season.

"We have seven with some experience," said Haeger. "If they develop, we'll be right." For Madonna to make an impact in the Wolverine-Hoosier Athletic Conference, its pitching must improve substantially.

Because there are a lot of holes in the rest of the lineup to fill. Gone are three players who accounted for 46 of the team's homers: Aaron Shrewsbury (425

batting average, 19 homers, 63 runs batted in), Darryl Rocho (392, 15 homers, 70 RBI) and Delano Voletti (327, 12 homers, 47 RBI). Warholik, who played at first base, was also a force (331, 31 RBI).

"The toughest thing for us is replacing all those home runs," noted Haeger. Perhaps the toughest player to replace will be Voletti, an all-WHAC catcher. The player pencilled in to start is redshirt freshman Dave Kwiatkowski, from Plymouth Canton HS.

"We'll be OK," was Haeger's assessment of his catchers, which also include junior Lance Siegwald and freshman Chris Woodruff (Livonia/CC). "They won't be as good as Delano. He was an excellent catcher. You can't replace him easily."

Madonna baseball from page B1

Madonna baseball

from page B1

(from Redford Catholic Central) and a pair of sophomores, right-handed Jeremy Stevens and lefthander Eric Williamson.

O'Connor was 4-1 with a 6.18 ERA last season; Stevens was 2-2 in 45 2/3 innings, and Williamson was 2-3 in 20 2/3 innings.

There are some others with college-level experience, like Ryan Andrezejewski, a right-handed pitcher from Plymouth Salem and Henry Ford CC; Nick Newman, another transfer; and Mitch Jabczynski, a senior who red-shirted last season.

Others to watch are freshman lefthander Mark Cole (Farmington/CC), freshman right-handed Joel Halliday (Redford Union), freshman right-handed Dale Hayes (Westland John Glenn), and sophomore lefthander Randy Palmer.

Derrick Wolfe, a senior who figures to start in right field, will be the team's closer. He pitched sparingly last season.

"We have seven with some experience," said Haeger. "If they develop, we'll be right." For Madonna to make an impact in the Wolverine-Hoosier Athletic Conference, its pitching must improve substantially.

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Madonna baseball from page B1

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CHARTER TOWNSHIP OF CANTON

NOTICE TO PUBLIC

Board of Review Appointments

Notice is hereby given by the undersigned, Terry G. Bennett, Clerk of the Charter Township of Canton, County of Wayne, State of Michigan to all residents of the Charter Township of Canton: that all persons protesting their assessment, must complete petitions prior to appearing before the Board. A personal appearance is not required. All petitions must be received in the Assessor's office by March 15, 2000.

The Board of Review will be held in Canton Township Hall in the lower level, at 1150 S. Canton Center Road. Please come prepared, as an eight (8) minute limit before the Board will be strictly adhered to.

Saturday, March 11, 2000 9:00 a.m. - 1:00 p.m. (Walk-in Schedule)
Tuesday, March 13, 2000 1:5 p.m. and 6:00 p.m. (Appointments Only)
Tuesday, March 14, 2000 9:00 a.m. - 12:00 p.m. & 1:00 p.m. - 5:00 p.m. (Appointments Only)

For answers to questions, call Emily Pizzo, Secretary to the Board of Review (734) 397-6831.

Publish: February 20, 24, 27, 2000

TERRY G. BENNETT, Clerk
Charter Township of Canton

CHARTER TOWNSHIP OF

Canton hoop from page B1

a row and will play Plymouth Salem 7 p.m. Wednesday at Livonia Churchill.

North also had nine points from senior guard Brian Shulman; senior Mike Primeau filled a role in the post and contributed eight points, and junior Mike Patterson added six points, too.

"We have a saying 'Parts are parts.' We plug in another one and, hopefully, we can be successful," North coach Tom Negoshian said.

"I told the kids that early in the year, they believed it after the Renaissance game (in which Medunjanin and Bridges didn't play)."

The Chiefs (9-10) had a game-high 17 points from senior Kenny Nether, who kept Canton in it with 10 in the second half.

Senior Jason Waidmann scored eight of his 10 points in the first half, and senior Dan McLean tossed in eight in a supporting role.

"(The Raiders) beat us by 15 the first time; it wasn't even close," Canton coach Danny Young said. "We were just trying

to give ourselves a chance.

"I'm proud of my kids. They have to understand (after this game) they can play and beat anyone if they put their minds to it and play hard."

North had a 46-41 lead with a minute remaining, but Nether sank a three to make the outcome a toss-up.

Following three straight turnovers (two by North), Nether was fouled with six-plus seconds left; he missed the first but made the second for a one-point difference.

Watha was fouled on the inbounds play and sank both free throws to clinch the win. A Canton three at the end was off target.

"(Watha) is a good clutch player," Negoshian said. "I think he's underrated. But a lot of people are beginning to recognize him at the end of the year."

"He never comes off the floor, and he plays both ends of the floor. He stepped up and hit some big-time shots in the fourth quarter."

Watha, who sank two threes,

as did Nether, made the second one earlier in the fourth in answer to an outside shot by Canton's Jim Reddy to give North a 41-37 lead.

"You have to guard Emir with one and half or two people, because he's so strong and good in the post," Young said, "and Watha knows how to get shots. He comes off screens well."

"We had a 6-5 guy (Nether) guarding him — he did a pretty good job — and (Watha) still hit some big shots."

"We did a nice job on Emir, and you have to give Waidmann credit for that."

The Chiefs had the momentum early in the game, and Canton led 14-10 after one quarter behind six points by Waidmann.

Medunjanin picked up his third foul with 4:45 left in the second and went to the bench for the duration of the half, which ended with Canton still on top, 25-21.

"At halftime coach gave us a talk and got on our butts," Watha said. "He got us to go out there and play little tougher in

the second half."

With Medunjanin back in the game and North pressing full court, the Raiders took their first lead, 28-27, when Watha converted a turnover with an assist from freshman Marcus McComb.

The Raiders never trailed after Patterson scored off a rebound and Watha made a layup in the final minute to put North in front, 36-33, heading into the fourth quarter.

Nether made five of six free throws in the final to keep the Chiefs close. The Raiders made seven of nine as a team, including four of four by Shulman. Canton was 7-of-11 as a team.

"The good news is we had chances," Young said. "Playing the league champions on their floor, with a break here or there, we could be walking out and going to the championship game."

"We gave ourselves a chance to win. We didn't make free throws and plays in the last minute of the game."

The Raiders had a .395 shooting percentage (17-of-43) and the Chiefs .455 (15-of-33). North made four of 11 threes and 10 of 17 free throws; Canton was 4-of-8 and 11-of-16, respectively.

Basketball from page B1

25-15 lead after the first quarter and increased the margin to 52-26 by halftime as Dave Carty hit a career-best 30 points.

The senior forward also had eight rebounds and five assists to help his team either set or tie what school officials believe to be the school record for a winning streak, 12 straight.

Plymouth Christian was very sharp moving the ball and getting open shots.

The Eagles are now 14-4. Academy of Detroit at Ferndale fell to 8-10.

Mike Huntsman scored 22 points and added 11 rebounds and Derric Isensee contributed 18 points to the Eagles' cause.

Marcus Porter led Academy of Detroit with 18 points and Brent Lewis had 15.

Plymouth made 11-of-16 free throws while Academy sank 7-of-13.

PCA's game with Greenhills was changed from Friday to Thursday because of an auction

scheduled for the Eagles' gym on the later date. Starting time of the varsity game will be at 6:30 p.m.

Detroit Community 88, Agape 50: Canton Agape Christian is facing some very tough opponents in the final weeks of the season — such as Friday's game against Detroit Community HS.

The Hurricanes, a Class C team, put 50 points up on the board by halftime and rolled after that.

It helped that Agape (now 11-5) was limited to 25 first-half markers. By the end of three quarters, the score was 72-40.

"They're extremely quick, and they have four or five guys that can dunk," said Wolverine coach Keith Anleitner of Detroit Community.

Paul Anleitner had a solid game for Agape, collecting a double-double with 19 points and 11 rebounds. Julian Wettlin contributed 16 points, and Josh Anthony had eight.

The Hurricanes (13-3) got 31 points from Artie Lockett, 15 from Christopher Hollis and 13 from Marcus Rogers.

Salem hoop from page B1

connected on two long triples to give Western a 30-28 lead.

A Ryan Haydon lay-up closed out the third quarter and gave the Rocks a 37-36 advantage.

McCaffrey dominated the fourth quarter for the Rocks. With Dawood on the bench, the 6-foot-6 senior stepped up and scored nine points in the final six minutes.

McCaffrey's biggest contribution came with 1:22 to go and the scored tied, 46-46, when he took

a feed from Ryan Cook and finished off a strong baseline drive by converting a basket while getting fouled. He made the free throw to give the Rocks a three-point cushion.

Salem had an opportunity to ice the game at the free-throw line during the game's final minute, but the Rocks missed three free throws in the final 28 seconds. That left the door open for the Warriors, who missed three game-tying three-point

shots, the final one by Brandon Routhier with three seconds showing on the clock.

Salem won despite turning the ball over 20 times. On a positive note, only six of the Rocks' turnovers came in the second half.

Salem hit 17-of-39 shots from the field (39 percent) and 12-of-16 free throws (75 percent). Led by Matt and James McCaffrey (five boards), the Rocks outbounded Western, 25-21.

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ARTISTIC EXPRESSIONS



LINDA ANN CHOMIN

Arts council 'Escapes to the Caribbean'

Stella Greene is dreaming of traveling to some place warm to chase away the Michigan winter blues. Since that's impossible right now, she's looking forward to escaping to the Caribbean at a dinner/auction fund-raiser for the Plymouth Community Arts Council Saturday, March 11.

"We're trying to create an atmosphere," said Greene, the arts council's new development director and chairman of the event committee. "Auctions can become pretty routine. We're stepping into the islands for the evening. The auction items will be displayed in an open marketplace with people dressed in island costume. We're encouraging people to wear island or cruise ship attire or dressy."

Bahamian musician Ya Tafari will provide the steel drum music known as Junkanoo before dinner. Auction items capitalize on the theme with several escape packages from spa to sporting events and condos in tropical locations.

"Junkanoo music is indigenous of all the islands," said Greene. "People want to dance so

Escape to the Caribbean

What: A dinner/auction to benefit the Plymouth Community Arts Council. Dancing until midnight to the swing music of The Couriers.
When: 6 p.m. Saturday, March 11.
Where: Mayflower Meeting House, Plymouth.
Tickets: \$55, call (734) 416-4278.

■ A Pre-Auction Party to view more than 80 items and enter the first bids 5:30-8 p.m. Friday, March 3 at the arts council, 774 N. Sheldon, Plymouth. No charge.

80 items. It's underwritten by Bacardi, so the event is free.

"Other successful auctions have done this," Greene said. "It gives people a chance to support who might not be able to attend the dinner/auction. It's also the first opportunity to see the items. We'll take sealed proxy bids up to the amount you choose to bid."

Greene is hoping to top the more than \$20,000 raised at last year's dinner/auction by moving the event back to downtown Plymouth to the Mayflower Meeting House. The arts council expects to accommodate 20 percent more people there. Starting ticket sales before Christmas is one more way the arts council hopes to increase the amount of money the dinner/auction brings in.

"This is our major fund-raiser," said Greene. "Membership and this fund-raiser is the way we support all of our programs. We provide arts programming for the community 300 and some days a year. This is the one day a year we ask the community to give back to us."

The arts council stretches its \$180,000 annual operating budget a long way to provide on-going exhibits, concerts and lecture series, a cultural diversity series, the arts volunteer program that brings art and culture into the school system, and the "Mem-

Please see EXPRESSIONS, C2



Evening escape: The Couriers will play swing music for dancing at a benefit for the Plymouth Community Arts Council.



STAFF PHOTOS BY MATTHEW TAPLINGER

Steppin' out: Michael Hool (front to back), Kelly Mrzyglod, Tauri Rothermel, Hillary Schwarb, Jimmy Ward, and Meghan Doran are on their way to Belfast.

Dancers to kick up their heels

IN

IRELAND



High kickin': Irish dancers Tauri Rothermel (left) and Kelly Mrzyglod rehearse for the All-Ireland World Championships.

"Destination Ireland"

What: An evening of Irish dancing, music, and dinner.
When: 7 p.m. Friday, March 10.
Where: Hellenic Cultural Center, 36375 Joy Road, Westland.
Tickets: \$25, available at the door. Call (734) 422-7635.

BY LINDA ANN CHOMIN
STAFF WRITER
lchomin@oe.homecomm.net

Whirling and kicking their way across a hardwood floor, Michael Hool, Meghan Doran, Hillary Schwarb, Tauri Rothermel, Kelly Mrzyglod, and Jimmy Ward rehearse their steps for the All-Ireland World Championships taking place in Belfast in April.

It's taken hundreds of hours of practice and classes several times a week for the Irish dancers from the O'Hare School of Dance in Westland to qualify for the championships.

Michael Belvitch, a Plymouth dancer, won first place in the senior boys division in 1998 and 1999. This year he will compete with junior men, ages 17-19. This will be Belvitch's last year competing because after graduating from Plymouth Salem High School in June he'll be on the road with "Riverdance." Belvitch is a member of the group's "flying squad" and dances when needed in various cities around the country.

Belvitch and the rest of the dancers were among the 1,500 kids who competed in Pittsburgh in the Midwest Championships to qualify for the World Championships in April. In 1982 Erin Curtis became the first O'Hare dancer to win the world championship. Tim

O'Hare, owner of the dance school, won it in 1975 and 1976. Twenty-five of O'Hare's students who attend his schools in Westland, Chicago and Akron are going to the championships.

"I'm really looking forward to it," said O'Hare. "Belfast is a really beautiful city. The Northern Ireland dance teachers are excited about having it there because this is the first time. It's special for me because I have so many young kids going."

"It's the most we've ever had," said Beth Hool, Michael's mother. Michael placed second in the Midwest Championships. "Usually only two or three go. This year we had 10 from the metro Detroit area but only nine are going because Michael Hurt of Northville is unable to make it because of injury."

Hool is coordinating an evening of Irish dance, music and food on Friday, March 10, at the Hellenic Cultural Center in Westland to help raise money to pay for the trip to Ireland. In addition to performances by champion dancers from the O'Hare School, those attending will be treated to Irish music by Finvarra's Wren and the Detroit Group of Grupa Cheoil. A raffle for

Waterford crystal, an autographed Red Wings hockey stick, and a watch will offer a variety of ways to help the dancers.

"We hope to raise enough to get the kids air fares paid for," said Hool, a Livonia resident. "The kids are representing the U.S. There are so many kids from England and Ireland that qualify. The judges come from all over the world."

■ It's taken hundreds of hours of practice and classes several times a week for the Irish dancers from the O'Hare School of Dance in Westland to qualify for the championships.

Things have changed from when I took Irish dancing years ago. Now that "Riverdance" and "Lord of the Dance" have come out, it's exploded in popularity."

Dancers will perform a hard shoe and a soft shoe. Then if they qualify, only one-third do, they go on to do a set dance.

"It's kind of like ice dancing," said Hool. "It's very popular. It's the Olympics of Irish dancing."

Many of the award-winning dancers, including Rothermel, Pat Quinn and Christina Ranum, began dancing as young as age 4. And most, like Doran, have a stage in their homes to practice on. Doran, a 14-year-old from Bloomfield Hills, came in fourth in the Midwest. Last year, the entire family went to Ireland to watch her compete.

"It was big, it was exciting," said Doran, who began dancing at age 6. "I like seeing other people dance, but it takes a lot of effort."

Ward, 13, a Northville resident, competed at the world championships in Ireland for the first time last year.

"It was a bigger competition than I was used to," said Ward, who placed third in the Midwest.

Nancy Ward, Jimmy's mother, is excited about returning to Ireland.

"A lot of it was like you would picture with the hills," said Nancy Ward. "They got a taste of what it was like without a McDonald's on every corner. This year even grandma and grandpa are going. They're in their 80s and have never been out of the country."

Hillary Schwarb is more enthusiastic about going than her mother. The Troy dancer placed ninth in the Midwest.

"My mom's afraid of flying and it's scary with the championships being in Belfast," said Schwarb. "It seems every other day there's a bombing."

John Mrzyglod, father of Kelly, worries as well about the location.

"As long as nothing major flares up we're going," said John Mrzyglod. "The kids would be disappointed if we didn't. You can see that they all really love the dancing and that's the key if they're going to excel in it."

THEATER

Picasso meets Einstein for fun-filled evening

"Picasso at the Lapin Agile"

When: Through Sunday, March 5. Curtain 8 p.m. Thursday-Saturday, and 2 p.m. Sunday.
Where: Performance Network, 408 W. Washington, Ann Arbor.
Tickets: \$18 Friday-Saturday, \$15 Thursday and Sunday; \$3 discount for seniors for all performances. Call (734) 663-0681.

BY LINDA ANN CHOMIN
STAFF WRITER
lchomin@oe.homecomm.net

Imagine the sparks that would have flown if Picasso and Einstein had met in a Parisian cabaret on the eve of achieving their successes in art and science.

Rob Sulewski thinks that premise is what makes the play "Picasso at the Lapin Agile" such an entertaining evening. A Plymouth actor and professor, Sulewski and the Performance Network cast present the one-act tribute to absurdity in Ann Arbor through March 5.

Written by comedian Steve Martin, the play debuted in 1993 at Steppenwolf Theatre in Chicago. Located in the Montmartre section of Paris, the Lapin Agile was a favorite of artists such as Picasso. His oil "At the Lapin Agile" was

painted shortly after the imagined meeting, as was "Les Femmes d'Alger," the Cubist painting which laid the groundwork for the entire movement.

"I think it would have been a stormy friendship because they're very passionate about what they do," said Sulewski, who earned a doctorate in comparative literature from the University of Michigan. "Martin sets the play in a Bohemian bar in Paris in 1904. This was before Einstein's Theory of Relativity was published. He was a nobody working in the patent office. Picasso is somewhat known and working in his blue period. It's a good time, not very deep. It's what you'd expect of Steve Martin. It's kind of funny."

Dara Seitzman, a West Bloomfield resident

Please see PICASSO, C2



PHOTO BY PETER SMITH

Meeting of minds: Actors Dara Seitzman (left to right), Rob Sulewski, Carla Milarch, Paul Riopelle, and Dan Kenny spend an evening together at the Lapin Agile cafe.

FAMILY FUN

Ice show celebrates 75 years of Disney magic

By KELLY WYKONIK
STAFF WRITER

kwykonik@home.com

All your favorite Disney characters are coming to town Tuesday and they're not worried about the weather.

This Disney extravaganza is off-ice, and Jamie Loper, who portrays Shang, has one word to describe the show — magical.

"It's like the greatest hits of Disney," said Loper about the show — "Disney on Ice Celebrates 75 Years of Disney Magic."

"There's a little bit from most of the Disney stories," Loper said. "My character is from 'Mulan.' Shang was the captain of the Chinese army. It's a lot of fun. We do a battle scene. It's a pretty good workout."

Buzz and Woody and your other 'Toy Story' pals are in the show. Of course, there's Minnie and Mickey, and enchanting moments from 'A Bug's Life,' and 'The Lion King.'

When: Tuesday, Feb. 29-Sunday, March 5; performances 7:30 p.m. Tuesday-Saturday; additional shows 11 a.m. Thursday, 11:30 a.m. and 3:30 p.m. Saturday; 1 and 4:30 p.m. Sunday.
Where: Joe Louis Arena, Detroit
Tickets: \$35, \$18.75, \$16.75 and \$13.75. Opening night tickets \$10, call (248) 645-6666 or online www.ticketmaster.com. For more information, call (313) 983-6606 or online www.olympiaentertainment.com

Loper and the cast of 60 award-winning figure skaters will bring Disney characters to life as they perform to some of the most memorable music ever recorded including "When You Wish Upon a Star," "Beauty and the Beast," and "Can You Feel the Love Tonight."

"Lights, magic, pyrotechnics, it's all there," said Loper. "Everybody does a terrific job. For Loper, the show offers a chance to do what he loves — skate and travel — and get paid for it. "It's the best," he said.

The show features pair skating, moving solos and production numbers designed by Emmy Award-winning choreographer

Sarah Kawahara. Minnie looks stunning in a Bob Mackie original dress. Other highlights are characters from "A Bug's Life" and "The Lion King" who are appearing for the first time ever on ice.

"Narrowing 75 spectacular years of Disney into a two-hour production that doesn't blur the mind was the greatest challenge of all," said costume designer Scott Lane. "But I think we've really captured the heart of those 75 years in a way that will dazzle and delight audiences of all ages."

To discover more about "Disney on Ice," visit www.disneyonice.com



Magical: See Buzz Lightyear, Woody, and all your Disney friends at "Disney on Ice Celebrates 75 Years of Disney Magic."

Picasso from page C1

who graduated from Walled Lake Central High School, plays two characters in the 90-minute play — a young woman who's had an encounter with Picasso and a countless friend of Einstein. Seitzman is a student in theater performance and biology at the University of Michigan.

Sulewski plays Gaston, a regular frequenting the Lapin Agile. The role is quite a departure from his "real life" job of teaching writing to engineers at the University of Michigan.

"He's a grumpy old man but a funny guy," said Sulewski. "He

functions as Everyman. He asks Picasso, 'How do you draw?' He's not really a bright character."

Final days

This is one of the last professional productions at the Performance Network. Currently in the midst of a campaign to raise \$1 million, the theater is moving to Huron and Fourth in the former Ann Arbor Inn. Founded in 1981, the Network has been housed in a 1940s warehouse which was built with a pole in the middle of it. But obstructed sight lines from some of the seating wasn't the main reason for

the move. The Network simply outgrew the space as audiences steadily grew 25 percent over the last four years. The new theater will have 147 seats compared to 102.

Executive director Johanna Broughton said the Performance Network has come a long way since she came on board in 1987. The budget was \$60,000 then. Today, the Performance Network, working with a \$300,000 budget, presents a six-play professional season spotlighting "the hottest contemporary works" and a 13-week summer festival showcasing productions

by non-professionals. The Network, which went professional in 1997, provides the space, staff and marketing and splits the ticket receipts for the summer Tree Town Theatre Festival.

"The new space is our salvation," said Broughton. "It's going to have a 16-foot ceiling that will enable us to have two-story sets. No one will be craning their necks over other people's heads. It will not only be a real home for professional theater but to all of these other companies. We'll be able to rehearse in the same space and be able to offer classes for the first time."

Expressions from page C1

The arts council hopes to provide more performance art in the future in addition to establishing an artist-in-residence program in the schools. Proceeds from the fund-raiser will help pay for a week-long residency with folk musician Josh White Jr. for humanities students in Plymouth-Canton Educational Park high schools at the end of March.

bership, and this fund-raiser is the way we support all of our programs. We provide arts programming for the community 300 and some days a year. This is the one day a year we ask the community to give back to us."

The arts council stretches its \$180,000 annual operating budget a long way to provide ongoing exhibits, concerts and lecture series, a cultural diversity series, the arts volunteer program that brings art and culture into the school system, and "Members First" series, which continues this fall with a concert by Josh White Jr. and a Shakespearean evening with Gillian Eaton. The budget also subsidizes art education classes. These are just some of the ways the arts council provides art programming in the community.

"We're mindful of how we spend people's money," said Greene. "We want people to feel good about what they give and that it's going to support a variety of arts."

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"We've got to keep rethinking what we do," said Greene. "We're trying to expand the Whistle Stop Players summer workshop because of the demand for young people to have theater experience. We're working with different organizations such as Purple Rose to bring an experience to the schools. It gives young people the opportunity to get to know these artists and ask questions. We eventually want to have sequential programming in place from taking every fifth grader to the DIA to the artist residency."

Todd Marsee is one of the artists who's benefited from arts council programming. The Plymouth watercolorist exhibited his work earlier this year. Now, he's giving back by donating one of his works for the auction and designing the program cover for "Escape to the Caribbean."

"They put a lot of work in to what they do and it shows in all of their programs," said Marsee. "I want to be part of their team."

mouth-Canton Educational Park high schools at the end of March. Theater students will benefit from a residency with members of the Purple Rose Theater this spring, also.

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AUDITIONS & CALL FOR ARTISTS

ART IN THE PARK
Common Ground Sanctuary is accepting artist applications for the 26th annual Art in the Park Art Fair. Applications must be postmarked by March 6, and the application fee is \$20. Artists can call Common Ground Sanctuary at (248) 456-8158, ext. 203 for an application. The fair is Sept. 23-24 in Shain Park.

ART IN THE VILLAGE
The Livonia Arts Commission is looking for artists to exhibit work at the fourth annual Art in the Village June 10-11 at Greenmead Historical Village. Deadline for application is April 15. \$2,500 in prizes will be awarded. For applications, call Debbie Dufour at (734) 466-2540.

BOHEMIANS MUSIC COMPETITION
Deadline for the third annual Solo Concerto Competition for orchestral instruments is April 1. Prizes are \$500-\$1500 and Wayne State University will match each prize with a scholarship should winners decide to further their musical education at WSU. High school and college students (between ages 16 and 22) throughout Michigan are eligible. Submit tape to Herbert Couf, President, c/o The Bohemians, 37685 Russett Drive, Farmington Hills, 48331 or email CoufLinks@aol.com.

CALL FOR ENTRIES
Paint Creek Center for the Arts seeks applications from artists interested in exhibiting fine arts or fine crafts at the Juried Art & Apples Festival in Rochester Municipal Park. Applications must be received by March 1. Entry fee is \$25. Booth space is \$325 if accepted. To obtain an application form, send a self-addressed stamped envelope to: Art & Apples Festival, PCCA, 407 Pine, Rochester, (248) 651-4110.

LIBERTY TREE 2000
Call for artists for the 9th annual fine art and fine craft show on June 24 and 25 in Canton Township. Application deadline is April 15. (734) 453-710.

METROPOLITAN SINGERS
The adult choir of mixed voices is looking for new singers, especially men, to sing blues, pop, hit tunes and folk tunes. Choir meets 7:30 p.m. Mondays at Birney Middle School vocal room, 27000 Evergreen, Southfield.

SCHOOLCRAFT COLLEGE COMMUNITY CHOIR
Auditions for new members by appointment. This year's repertoire includes music by Bach, Mozart, Brahms and Rachmaninoff. Call (248) 349-8175. To schedule an audition call Mark Perrine at (313) 937-0975.

CLASSES
ART CLASSES
6 & 8 studios offers fine art classes for preschool through adult. Classes held at three locations: 8691 N. Lilley Road, Canton; 46000 Summit Parkway, Canton; 525 Farmer, Plymouth. (734) 453-3710.

DETROIT BALLET
Ballet, tap, and jazz. Adult beginners welcomed. Classes offered at the Betty Johnston Dance Studio in Farmington Hills at Folsom and Nine Mile. (248) 474-3174.

DRAWING & PAINTING
Classes taught by Karen Halpern — watercolor painting through March 22; drawing, Mondays through March 20; oil and acrylic through March 24. West Bloomfield Parks and Recreation, 4640 Walnut Lake, West Bloomfield. (248) 738-2500.

EISENHOWER DANCE ENSEMBLE
All levels of classes for recreational and professional students, including modern, ballet, pointe, tap and jazz for children ages 3 and older. 1541 W. Hamlin Road, between Crooks and Livernois, Rochester Hills. (248) 852-5850.

JEWISH COMMUNITY CENTER
Adult art classes every Monday, Wednesday, and Friday, 9 a.m. to noon. Woodcarving classes Monday-Friday at 9 a.m. 15110 West Ten Mile Road, Oak Park. (248) 967-4030.

KAMMUELLER DANCE CLASSES
Advanced and professional classical ballet program, 9:30 a.m. Monday-Friday; intermediate level, 11:30 a.m. Tuesdays, Thursdays and Fridays. 5526 W. Drake, West Bloomfield. (248) 932-8699.

PAINT CREEK CENTER FOR THE ARTS
Presents a tour of the Van Gogh exhibit at the DIA on Wednesday, May 10. Registration is taking place now at PCCA, 407 Pine Street, Rochester. (248) 651-4110.

PLYMOUTH COMMUNITY ARTS COUNCIL
Summe: the art of black ink painting 9:30 a.m.-12:30 p.m. Wednesday, March 1. Live model session 9:30

a.m.-12:30, every third Friday of the month. 774 N. Sheldon Road. (734) 416-4278.
VISUAL ART ASSOCIATION OF LIVONIA
Classes in watercolor, figurative drawing and painting; workshops in batik and watercolor monotypes, at the Jefferson Center, Room 16, 9501 Henry Road, Livonia. (734) 455-9517.

CONCERTS

AMERITECH PARADISE JAZZ SERIES
Kenny Garrett Quartet and Kurt Elling Quartet at 8 p.m. Friday, March 3 at Orchestra Hall, Detroit. (313) 576-5100.

BOSTON BRASS
The virtuoso quintet performs at 3 p.m. Sunday, March 5 at Athens High School, John R at Wattles, Troy. (810) 979-8406.

DETROIT CHAMBER WINDS & STRINGS
Nightnotes concert 8:30 p.m. Friday, March 3 at Hagopian World of Rugs, Birmingham. The Soldier's Tale at 3 p.m. Sunday, March 5 at St. Hugo of the Hills Chapel, Bloomfield Hills. (248) 362-9000.

DETROIT SYMPHONY ORCHESTRA
A London Fantasia with conductor Charles Burke in Haydn's Symphony No. 104 and Beethoven's Symphony No. 6 at 8 p.m. on Saturday, March 11, at Orchestra Hall, Detroit. Preceding the concert Civic Brass Family Hour free at 7 p.m. Call (313) 576-5100.

DETROIT SYMPHONY ORCHESTRA
Elmar Oliveira, violinist with guest conductor Jerzy Semkow for Schubert's "Great" Symphony No. 9 and Shostakovich's Violin concerto No. 1 in three concerts at Orchestra Hall, Detroit at 8 p.m. Thursday, March 2, 10:45 a.m. Friday, March 3; 8:30 p.m. Saturday, March 4. (313) 576-5100.

MACOMB CENTER FOR THE PERFORMING ARTS
Mark Russell performs at 7:30 p.m. Sunday, Feb. 27. Macomb Center is located one mile east of Lakeside Mall at Hall and Garfield Road, Clinton Township. (810) 286-2222.

NIGHTTIME CONCERT SERIES 2000
Onita Sanders performance at 12:15 p.m., Tuesday, March 7 at Detroit Public Library, 3rd floor (Fine Arts Room), 5201 Woodward Ave, Detroit. (313) 833-4042.

UNIVERSITY MUSICAL SOCIETY
An evening with Audra McDonald, 8 p.m. Sunday, March 5 at the Power Center, 121 Fletcher Street, Ann Arbor. 1-800-221-1229.

WSU DEPARTMENT OF MUSIC CONCERT
Madeleine Shapiro, New York cellist 11:45 a.m., Friday, March 3 in the Community Arts Auditorium at Cass and Kirby. A master class for string players will follow the concert. (313) 577-1555.

FOR KIDS
BIRMINGHAM COMMUNITY HOUSE
Songs and puppets with Rita Kirsch. For ages birth to four years with a parent. 380 S. Bates, Birmingham. (248) 644-5832.

KINDERMUSIK
Enroll anytime for classes for newborns to children age 7. Parents participate in classes for children under 3. Classes are held at the First Baptist Church of Plymouth, 45000 N. Territorial, Plymouth. Call Lori at (734) 354-9109.

MOZART, MOMMY & ME
An interactive music class for children 18 months to 2 1/2 conducted by two speech-language pathologists, 9:30-10:30 a.m. beginning Wednesday, March 8 at Congregation Shaare Zedeck, Southfield. (248) 357-5544.

SPRING BREAK CAMP
Registration for members 8 a.m. Monday and Tuesday, Feb. 28 and 29 and 8 a.m. Wednesday, March 1 for non-members for the Birmingham Bloomfield Art Center Spring Break Art program for children April 24-28. 1516 S. Cranbrook, Birmingham. (248) 644-0866.

WEST BLOOMFIELD COMMUNITY EDUCATION
Rita's songs and puppets for ages birth to 4 years. Classes are at the Sports Club, Farmington Road, West Bloomfield. Register at (248) 539-2290.

WRITING WORKSHOP FOR KIDS
Harvey Orshinsky, award-winning

Works of art



To the Max: Internationally renowned artist Peter Max served as guest of honor at a Park West Gallery function on Friday and Saturday. His work, which includes the Statue of Liberty, five Super Bowls, posters for the World Cup USA and commemorative postage stamps, are on display at the Southfield gallery, at 29469 Northwestern Highway between 12 and 13 Mile roads. Call (248) 354-2343 or (800) 521-9654.

screenwriter, will conduct daylong creative writing workshops from 10 a.m. to 4 p.m. on Saturday, March 11, for grades 6-8. Workshops take place at the Community House in Birmingham. (248) 644-5832.

GALLERY EXHIBITS (OPENING)

CARY GALLERY
Opens Saturday, March 4 — Oil and watercolor paintings by Sonia Molnar and Fran Wolok through April 1. Reception 6-8 p.m. March 4 at 226 Walnut Blvd., Rochester. (248) 651-3656.

GALERIE BLU
Opens Friday, March 3 — Crash, New York artist through April 29 at 7 North Saginaw (2nd floor), Pontiac. February 29-March 3 gallery open to observe Crash at work on mural installation. Reception 7-10 p.m. Friday, March 3. (248) 454-7797.

G.R. N'NAMDI GALLERY
Recent works on paper and canvas by Robert Colecott will be on display through March 25 at the G.R. N'Nandi Gallery, 161 Townsend, Birmingham. Call (248) 642-2700.

HABATAT GALLERIES
Opens Friday, March 3 — New work by Therman Statom through March 25. 7 North Saginaw, Pontiac. (248) 333-2060.

LIVONIA ARTS COMMISSION
Opens Thursday, March 2 — The Visual Arts Association of Livonia through March 30. Opens Saturday, March 4 — Michigan Doll Makers Guild through March 30 at Livonia Civic Center Library, 32777 Five Mile Road, Livonia. (734) 466-2490.

QUILTS BY SUSAN MCCLANAGHAN
Exhibition by the Palette Guild of Livonia in the Livonia City Hall Lobby through March 30 — Quilts by Susan McClanaghan of Livonia. 33000 Civic Center Drive, Livonia. (734) 466-2540.

MILLER'S ARTISTS SUPPLIES GALLERY
Opens Thursday, March 2 — Neville Clouten's exhibit of sketches and watercolors through March 25. Opening reception is 5-8 p.m. Thursday, March 2. 279 W. Nine Mile, Ferndale. (248) 414-7070.

MYSTIQUE OF IRELAND
C.C. Neal Art Gallery in Wyandotte celebrates St. Patrick's Day with a bit of culture, hosting a champagne reception to meet Irish-American artist Kathleen Falls. The event is held from 6-8 p.m. Friday, March 17 and focuses on the mixed media

images created by the Carleton, MI, based artist from a series of photographs taken in Ireland. Call (734) 284-4016 for more information.

PELEG GALLERY
Opens Sunday, Feb. 27 — Israeli artist David Gerstein through March 31. Meet the artist 1-5 p.m. Sunday, Feb. 27. Danielle Peleg Gallery, 4301 Orchard Lake Road, Crosswinds Mall, West Bloomfield. (248) 626-5810.

PLYMOUTH COMMUNITY ARTS COUNCIL
Opens Sunday, March 5 — Personal Visions, a photography show in cooperation with Livonia Camera Club through March 24. Reception is noon-3 p.m. March 5. 774 N. Sheldon, Plymouth. (734) 416-44RT.

POSA GALLERY
Opens Wednesday, March 1 — Featured artist: Phillip Krier through March 31. Summit Place Mall, Waterford, next to Hudson's. (248) 683-8779.

SOUTHFIELD CENTRE FOR THE ARTS
Opens Wednesday, March 1 — Group exhibition: Images of the Mind through March 31. 24350 Southfield Road, Southfield. (248) 424-9022.

SPLASH GALLERY
Opens Friday, March 3 — Radiance by Kpi, Detroit area artist through March 25. Reception 7-10 p.m. Friday, March 3. 7 North Saginaw, Pontiac. (248) 334-6825.

UZELAK GALLERY
Opens Friday, March 3 — Off The Wall featuring six area artists exploring the third dimension in art through April 1. 7 North Saginaw, Pontiac. (248) 332-5257.

WASHINGTON STREET GALLERY
1st Anniversary Exhibition: Small Works. Artist's reception 2-5 p.m. on Sunday, March 5 at 215 East Washington Street, Ann Arbor. (734) 761-2287.

GALLERY EXHIBITS (ON-GOING)
CENTER GALLERIES
Through March 18 — Sherry Hendrick & Hugh Timlin: Fire + Water. 301 Frederick Douglass, Detroit. (313) 664-7800.

CREATIVE RESOURCE GALLERY
Through March 27 — Artwork of Deborah Donelson and Vidvuds Ziedris. 162 North Old Woodward, Birmingham. (248) 647-3688.

DETROIT CONTEMPORARY
Through March 26 — "Actual Size" a multimedia show. 5141 Rosa Parks Blvd., Detroit. (313) 898-4278.

GALLERIE DE BOICOURT
Through March 11 — Photography of Bernadine Vida. 251 Merrill, Birmingham. (248) 723-5680.

ROBERT KIDD GALLERY
Through March 11 — New paintings by Ricardo Mazal. 107 Townsend, Birmingham. (248) 642-3909.

KREFT CENTER GALLERY
Through Feb. 27 — Rashid Johnson: Seeing in the Dark. Concordia College, 4090 Geddes Road, Ann Arbor. (734) 995-7591.

OAKLAND COUNTY GALLERY
Through Feb. 28 — "In Focus," a photography exhibit. 1200 North Telegraph Road, Pontiac. (248) 858-0455.

MEADOW BROOK ART GALLERY
Through April 6 — "Personal Favorites: Fine Prints From The Collection of Carl F. Barnes Jr. and Anna M. Barnes" at Oakland University, 307 Wilson Hall, Rochester. (248) 370-3005.

PLYMOUTH COMMUNITY ARTS COUNCIL
Through March 1 — Poland: A celebration of art and culture. 774 N. Sheldon, Plymouth. (734) 416-4278.

THE PRINT GALLERY
Through April 3 — Latin American artists including Lenora Carrington, Remedios Varo, Frida Kahlo, Gonzalo Cienfuegos and Fernando Botero. 29173 Northwestern Hwy., Southfield. (248) 356-5454.

REVOLUTION
Through March 11 — Jon McCafferty, recent paintings and Bill Jones/Ben Neill, lights/sound installation. 23257 Woodward, Ferndale. (248) 541-3444.

ROBERT KIDD GALLERY
Through March 11 — New paintings by William Nichols and Ricardo Mazal. 107 Townsend, Birmingham. (248) 642-3909.

SISSON ART GALLERY
Through March 3 — "Februarius" features works of local African-American artists. 5101 Evergreen, Dearborn. (313) 845-9600.

SUSANNE HILBERRY GALLERY
Through April 8 — Paintings by Elizabeth Murray. Opening reception, 5-8 p.m. Saturday, March 11. 555 South Old Woodward, Birmingham. (248) 642-9039.

WASHINGTON STREET GALLERY
Through April 1 — First anniversary exhibition of small works. Reception 2-5 p.m. Sunday, March 5. 215 East Washington, Ann Arbor. (734) 761-2287.

LECTURES
CRANBROOK ART MUSEUM
A half-day symposium in conjunction with the exhibition, Painting Zero Degree from 10 a.m.-1 p.m. Saturday, March 4. 1221 N. Woodward, Bloomfield Hills. 1-800-GO-CRANBROOK.

LITERARY
THE WRITER'S VOICE
YMCA's 18th Annual Colloquium Series and The Detroit Public Library's 6th Annual International Women's Day Reading featuring

Beat writer Diane di Prima with Detroit writers Chris Tish, Anca Vlasopolos and Melba Boyd 7 p.m. on Monday, March 6 at the DPL-Main branch Friends' Auditorium at 5201 Woodward. Free. (313) 267-5300 Ext. 338.

MUSEUMS
CRANBROOK ART MUSEUM
Through March 26 — Joseph Grigely: Publications and Publication Projects. 1994-1999. 1221 N. Woodward, Bloomfield Hills. (800) GO-CRANBROOK.

CRANBROOK INSTITUTE OF SCIENCE
"Take My Picture, Please," a Festival of Cultural Snapshots. Adult Science Class "Fossils of Prehistoric Michigan" is 7:30-9 p.m. Feb. 28. 1221 N. Woodward, Bloomfield Hills. (248) 645-3224.

DETROIT INSTITUTE OF ARTS
Through March 26 — Robert Frank: The Americans. Through May 31 — "Glass, Glass, Glass: From the DIA's Collection." 5200 Woodward Ave., Detroit. (313) 833-7900.

TROY MUSEUM
Through March 30 — "Going West: Michigan Cavalry in Indian Wars." 60 Watties, Troy. (248) 524-3570.

CHARLES H. WRIGHT MUSEUM OF AFRICAN AMERICAN HISTORY
"Clear Story: The Stained Glass Art of Mr. Samuel Hodge." 315 E. Warren, Detroit. (313) 494-5800.

THEATER
GEM THEATER
"Escanaba in da Moonlight," a comedy by Jeff Daniels, through March 26. 2 p.m. and 8 p.m. Wednesdays; 8 p.m. Thursdays-Saturdays; 3 p.m. Saturdays; and 2 p.m. and 6 p.m. Sundays. 33 Madison Ave., Detroit. \$24.50-\$34.50. (313) 963-9800.

DINNER THEATER
BACI THEATRE
"Tony 'n' Tina's Wedding." 7:30 p.m. Thursdays-Fridays; 4:30 p.m. and 9 p.m. Saturdays; and 2 p.m. and 6:30 p.m. Sundays. at 40 W. Pike, Pontiac. (248) 745-8668/(248) 645-6666.

YOUTH
SNOW WHITE
Sara Smith Productions Youth Theatre at The Community House in Birmingham will show "Snow White and the Seven Dwarfs." Appropriate for ages 5 and up. Performances are 11 a.m. and 3 p.m. Saturday, March 11 and 2 p.m. and 6 p.m. Sunday, March 12. Tickets are \$7 per person (general seating), \$9 at the door. Reserved seating is \$30 per person. Proceeds benefit Sara Smith Productions Youth Theatre at The Community House. (248) 644-5832.

VOLUNTEERS
ANIMATION NETWORK CLUB
Looking for artists such as animators or comedians who would like to be featured on cable. For more information, contact Jane Dabish, president, P.O. Box 251651, West Bloomfield, 48325-1651. (248) 626-2285.

Merchandise returns, like credit cards, are source of trouble

I've discovered yet another dark side of shopping. No, I'm not talking about impulse-buying or buying too much or buying to make yourself feel better or just plain spending too much money, although those measures are not advised. I'm referring to a component of shopping we all dread - returning merchandise.

At the moment, I'm overwhelmed with the number of returns I need to make, so my feelings on the subject are probably a bit intense. I have, for example, an entire shopping bag of items that need to be returned at the Somerset Collection in Troy. I have a smaller, but still large, plastic bag of goods for return at Great Lakes Crossing in Auburn Hills. Downtown Birmingham is another place I need to go for the sole reason of returning stuff.

I, even, have one, OK two, Christmas gift returns to make. Even more embarrassing is the fact I have merchandise that can no longer be returned. I've waited, or should I say procrastinated, an entire year, and the retailer, understandably, will not accept returns after 12 months.

And, hey, I don't blame them. It wouldn't be fair of me to return merchandise, in this case, window blinds, after they've spent a year collecting dust in the back of my bedroom closet.

I can only blame myself, and I accept that responsibility. However - and here's where the dark side of shopping comes in - time is required, if I am to make timely merchandise returns. And, as we are all aware, time is in short supply these days.

Besides, returning merchandise is, for lack of a better phrase, a negative use of time.

In contrast to buying merchandise, making returns only begets loss. There's no sense of accomplishment, progress or gain when you take something back to the store. And, I think that's particularly difficult for Americans.

No doubt we are avid consumers, if not obsessed with obtaining things in variety and quantity. But we're also acutely focused on achievement and betterment. And, returning merchandise, well, it sure isn't any of those things. I'd even wager to say stepping up to the return counter constitutes a kind of failure in our minds.

Think about it. You're in the market for a new purse, one for everyday use that fits your needs, style and budget. You begin your search innocently; you browse catalogs and store windows. You ask a friend with a purse you adore where she bought hers.

Then, whenever you're out shopping, you take a good, hard look at what's available. You expend time. And although we're talking about small chunks of time, the minutes add up.

At this point, you become frustrated. You'd like the right purse to fall into your lap from the sky, but reality dictates you'll have to find it.

Determined and motivated, you shop and shop and shop some more. Your efforts are fruitless. Eventually, you give up for a month or two.

Then, one day, you find a suitable, but not ideal, purse and buy it because, says the voice inside your head, you can always return it.

For me, the same holds true with merchandise that's on sale.

Well, I don't really need another black top but it's on sale, the voice tells me. Or, I don't know about this sweater, but... the voice says, I can always return it.

This is not to say that being able to return merchandise - even small stores and boutiques have very liberal return policies today - is bad. It's just that in our fast-paced, on-the-move, never-enough-time world, we need to remember money isn't the only thing we spend when we go shopping.

Nicole Stafford is the editor of *Malls & Mainstreets*. Comments and questions can be directed to her at *Eccentric Newspapers*, 805 E. Maple, Birmingham, Mich. 48009 or by phone at (248) 901-2567.



Healing: Bloomfield Hills resident Rita Greenspan, center, relaxes while receiving a hydrotherapy treatment at Tamara Institut De Beaute in Farmington Hills. Owner Tamara Friedman adds mineral-rich mud to the bubbling tub while the spa's newest speciality therapist, Rudolf Mesicek, formerly of Utah's Green Valley Spa and Tennis Resort, does some beneficial shoulder work.

Centers for wellness

Holistic approach embraced by day spas to fight woes of technology

BY NICOLE STAFFORD
SPECIAL EDITOR

nstafford@oe.homecomm.net



Holistic: A new wave of treatments aimed at overall wellness are being offered at area spas, like hot stone massage at Tamara Institut De Beaute.

Work has changed, and with that, changed all our habits," said Rudolf Mesicek, who Friedman recently lured from Utah's Green Valley Spa and Resort to provide an intensive body analysis and therapy program at her salon.

"People, today, are open to try anything that is going to help them," said Mesicek. "People are finding out that prevention is the most powerful thing they can do." And, that involves massage and other services that benefit muscles and relieve stress, in addition to exercise and good nutrition, said Mesicek.

Going holistic

Once more, local spas are embracing a holistic, almost clinical, approach to the services they provide.

Mesicek will, for example, add neuromuscular therapy and posture alignment, which includes body analysis, stretching, massage and exercise programs, to the already extensive list of health-enhancing services available at Friedman's spa.

The spa currently offers such treatments as hot stone massage, reflexology - massage of the feet and hands - and shiatsu - a form of acupressure massage - among a host of more traditional services.

And, Friedman is not alone; many of the same services and others are offered at a variety of area spas and beauty salons, from the well-established Capelli Salon in Bloomfield Township to relative newcomers Salome Nadwa and Day Spa in Novi.

"Holistic is a good way of describing it, it's more like taking care of yourself, not just from the outside, but of your inner self," said Nadwa Yono, owner of Salome Nadwa, which offers several "ayurvedic" treatments, which are based on East Indian healing practices.

An ayurvedic shirodhara treatment, for example, involves running a fine stream of warm sesame oil on to the middle of the forehead for 10 to 15 minutes along with an acupuncture-style massage. At a cost of \$100, the treatment reduces stress and relieves muscle tension.

Transformations - A Holistic Spa in West Bloomfield, also relatively new in the area, fully embraces a holistic approach to beauty and health. Their services include several massage programs for pregnant women, cranial-sacral therapy, pre and post-surgery facials and monthly educational lectures.

"Gone are the days when you could only have a nice Swedish rub-down," said Jennifer LaRiviere, co-owner of the spa. "The consumer is becoming more sophisticated."

In LaRiviere's opinion, the emphasis on health-related, rather than aesthetic, spa services, though directly connected to technology's impact on our physical and mental well-being, stems from the awareness and information technology has brought us.

"There are no longer the secrets of skin care," LaRiviere said, citing an example. "People are definitely more informed and just smarter," as a result of the information that's available to them and the technological environment in which they live.

"That's the trend in the industry from a grass-roots point of view, from our clients' point of view," she said. "It approaches clinical."



Tried and true: Tamara Institut De Beaute's Rudolf Mesicek performs a hot stone massage, an old practice that's today promoting wellness.

ADDED ATTRACTIONS

Marks and Womyn through March 4. For hours and other information, call (248) 626-7776.
Friday, March 3

WILLIAM PEARSON TRUNK SHOW
View the spring and summer collection of William Pearson at Roz & Sherm, 6536 Telegraph Road in Bloomfield Township, through March 4, 10 a.m.-6 p.m. For more information, call (248) 855-8855.

GIORGIO ARMANI FOR MEN
Neiman Marcus, the Somerset Collection in Troy, hosts a trunk show of the Giorgio Armani L.e. Collezione Caravan for men through March 5, 10 a.m.-6 p.m. The Man's Store, first floor.
SATURDAY, MARCH 4

NIPON TRUNK SHOW
View Nipon's latest suit collection for women at a trunk show presented by Neiman Marcus, the Som-

erset Collection in Troy, 10 a.m.-4 p.m., Galleria, third floor.
SUNDAY, MARCH 5

CHILDREN'S READING PROGRAM
Art Van Furniture in Novi and Warren celebrates "March is Reading Month" by having employees read to children who visit the store on Sundays through March 26. Kids Castle area. For additional information, call the Novi store, (248) 348-8922, or Warren store, (810) 939-2100.

MAGIC SHOW
The Livonia Mall, at 7 Mile and Middlebelt roads, hosts a magic and comedy show, 1 p.m., Sears Court. For additional information, call (248) 476-1160.
THURSDAY, MARCH 9

ST. JOHN STOCK SHOW
Hudson's, the Somerset Collection in Troy, presents an informal showing of the best looks from St. John's spring collection, 10 a.m.-4 p.m., Oval Room, second floor.

WHERE CAN I FIND?

This interactive feature is dedicated to helping readers locate merchandise that's difficult to find through reader feedback. If you've seen or are looking for an item, call (248) 901-2565 and leave a message with your name and phone number. We publish readers' requests for merchandise twice. If you don't hear from us or see information about the item within a few weeks, we were unable to locate it. When we find an item owned by another reader, rather than for sale at a store, we will call you. But, please, be patient; we handle an overwhelming number of requests each week.

WHAT WE FOUND:

- The Millennium Princess Barbie doll can be purchased at FAO Schwartz toy store at the Somerset Collection in Troy.
- 4711 cologne can be bought through The Vermont Country store catalog, (802) 362-8300.

- The following restaurants have fish & chip dinners like those served at Sutherland's: Mercury Fish & Chips, 10 Mile and Telegraph in Southfield, (248) 356-2055; Bet & Jesse's, 27206 Grand River, (313) 534-5550; Hope's Fish & Chips, Joy road between Middlebelt & Inkster roads in Livonia, (734) 427-2130.

- Glass bridal slippers can be bought in the bridal department at the Gibraltar Trade Center in Taylor.

- Luden's Original cough drops can be purchased at the Pine Tree Party store, 39409 Joy Road in Canton, (734) 454-4790.

- Jungle Gardenia perfume by Coty can be purchased through The Beauty Boutique catalog, (800) 497-7463.

FIND & SEARCH NOTES:

- We found the following items: the game Cross-Up, someone who performs home pedicure, an iron mangle and a 1952 Central High year-

book.

- We no longer need Hudson's Santa Bears.
- We no longer have readers who have Millennium Santa Bears.

- To recycle your used Christmas cards, contact the Bryant Center, 18000 Meridian Road, Livonia, Mich. 48152, (734) 425-0100. Please call first, as they will be moving back to Northville at some point.

WHAT WE'RE LOOKING FOR:

- A store where a Sunflower cookie cutter (with six points) can be bought for Pat of Troy.

- A 1994 Ferndale Lincoln High School yearbook for Catherine, a resident of Novi.

- A video tape cassette of "Bus Stop" for Heidi, who lives in Bloomfield Hills.

- A store where a Super Guard Lock II made by Ideal Security Hardware Corporation in St. Paul can be bought for Christine, an Ortonville resident.

- A store where homemade pizza rolls (generous cheese and pepperoni and wrapped tightly) can be bought for Kim of Livonia.

- A store where standard mattress sheets (not deep-fitted ones and without elastic around entire sheet) are available for Marie, who lives in Canton.

- A store where a battery-operated floor sifter can be bought for Sandra, a resident of Sterling Heights.

- A store where a laundry bag with a zipper bottom that attaches to a laundry chute can be bought for Debbie of Livonia.

- A store where a short half-slip in jaffeta can be purchased for Sharon, resident of West Bloomfield.

- A store where Lagerfeld KL cologne for women is sold for Sandy of Canton.

- A store where men's tricot silk underwear is for sale for Marilyn, who lives in West Bloomfield.

- A store where women's Air Step shoes are available for Mary, a

Sylvan Lake resident.

- A Nettle Creek bedspread that was carried at Jacobson's about 20 years ago for Barbara, who lives in Bloomfield Hills.

- The ticket-stub picture from the May 12, 1999 Detroit Tiger baseball game against Oakland for Joyce of Canton.

- A store where Clarion lipstick is available for Lorraine.

- An instruction book for a Wards sewing machine (#97035183, model UHPJR1930) for Joan, who lives in Redford.

- A store that sells Woodbury's green bar soap for Priscilla, a resident of Livonia.

- Old photographs of the arcade inside Groom's Beach Resort in Whitmore Lake for Tim.

- 50 Years of Racing Champions" with the Petty series from 1955, 1957, 1958 for Mike of Auburn Hills.

- A store that sells Scarlet O'Beara and other stuffed bear characters for Marianna, a resident of Livonia.

- A store where Revlon eyebrow pencils with refills can be bought for Sharon.

- A shop or individual that will replace the frame on a needlepoint purse handle for Gail.

- A 1987 Boyd Santa Bear for Brenda.

- A store where round, 16-inch seat cushions are carried for Sherry.

- A store where an ear alarm for use while driving a car can be bought for Michael of Troy.

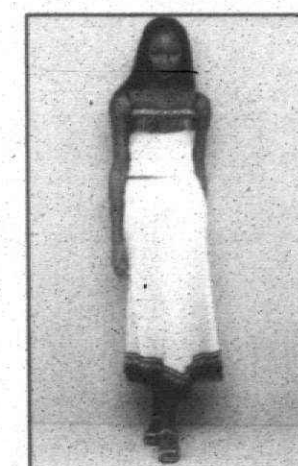
- A small, inexpensive starter piano for a 6-year child for Dale.

- The August 8, 1955 issue of Life magazine for Bill, a resident of Clarkston.

- Compiled by Sandi Jarackas

a la carte

STUFF WE CRAVE



Go fringe: Clothing trimmed in fringe makes a comeback for spring. Dina Bar-el's fringed camisole is embellished with beaded straps. The matching fringed skirt has an asymmetrical hem. Both done in turquoise fabric, \$198 at Jacobson's.

PHOTOGRAPHED EXCLUSIVELY FOR SAKS FIFTH AVENUE BY BARRY LEVIN

Sparks: Guerlain offers all sorts of ways to add a tad of glitter to your evening visage. Gold or silver accents come by way of lip gloss, eye shadow and even eyeliner in the company's Moais collection. For the truly experimental, they offer gold or silver mascara, and eyebrow pencil, all \$16-90 exclusively at Saks Fifth Avenue.



Southern Indulgence: Alligator and Hornback Crocodile in brown or black evokes a southern style, from Ghurka's Savannah Collection of leather goods, \$3,700 at Ghurka, the Somerset Collection.

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Services - www.marksmgmt.com AUTO RACING Milan Dragway - www.milandragway.com BANQUET FACILITIES Genoa Woods - www.genowoods.com BAKING/COOKING "Jiffy Mix" - Chasles Milling Company - www.jiffymix.com BOOKS Apostolate Communications - www.apostolate.com BUILDING PRODUCTS Lenovex's Professional Building Products - www.lenovex.com BUSINESS NEWS Insider Business Journal - www.insiderbiz.com COMPUTER HARDWARE/PROGRAMMING/SOFTWARE SUPPORT Thermal Engineering Services Inc. - www.tes-int.com CERAMIC TILE Stewart Specialty Tiles - www.specialtytiles.com CHAMBERS OF COMMERCE BirminghamBloomfield Chamber of Commerce - www.tbcc.com Garden City Chamber of Commerce - www.gardencity.org CHILDREN'S READING PROGRAM Art Van Furniture in Novi and Warren celebrates "March is Reading Month" by having employees read to children who visit the store on Sundays through March 26. Kids Castle area. For additional information, call the Novi store, (248) 348-8922, or Warren store, (810) 939-2100. MAGIC SHOW The Livonia Mall, at 7 Mile and Middlebelt roads, hosts a magic and comedy show, 1 p.m., Sears Court. For additional information, call (248) 476-1160. THURSDAY, MARCH 9 ST. JOHN STOCK SHOW Hudson's, the Somerset Collection in Troy, presents an informal showing of the best looks from St. John's spring collection, 10 a.m.-4 p.m., Oval Room, second floor.</p>	<p>Livonia Chamber of Commerce - www.livonia.org Redford Chamber of Commerce - www.redfordchamber.org CHILDREN'S SERVICES St. Vincent & Sarah Fisher Center - www.stvincentsarah.org CLASSIFIED ADS Advillage & Eccentric Newspapers - www.advillage.com COMMUNITIES City of Birmingham - www.birmingham.mi.us COMMUNITY NEWS Home Town Newspapers - www.hthens.com Observer & Eccentric Newspapers - www.observer-eccentric.com COMMUNITY ORGANIZATIONS Visions of Sunrise Big Crow - www.sunrisebigcrow.org ANTIQUE & INTERIORS Beverly Hills Police - www.beverlyhillspolice.com Detroit Regional Chamber - www.detroitregional.com Hearts of Livonia - www.heartsintlivia.org Sanctuary - www.sanctuary.com Wayne Community Living Services - www.wcls.org COMPUTER CONSULTANTS Idea Computer Consultants - www.ideac.com COMPUTER GRAPHICS Logix, Inc. - www.logix-usa.com CREDIT BUREAUS Ann Arbor Credit Bureau - www.a2cb.com COMPUTER HARDWARE/PROGRAMMING/SOFTWARE SUPPORT Applied Automation Technologies - www.capps-edges.com COMPUTER PRODUCT REVIEWS CyberNews and Reviews - www.cybernews.com CRAFTS Linden Lane Farms - www.lindenlanefarms.com CRYOGENIC PROCESSING Cryo-tech, Inc. - www.cryot2.com DANCE INSTRUCTION Scarab Studios - www.scarabstudios.com DENTISTS Family Dentistry - www.familydentist-sinard.com Smile Maker - www.smilemaker.org DUCT CLEANING Mechanical Energy Systems - www.mest.com EDUCATION Global Village Project - www.globalvillageproject.com Oakland Schools - www.oakland.k12.mi.us Reuther Middle School - www.reuther-middle-school.com Rochester Community - www.rochester-hills.com The Webmaster School - www.webmaster-school.com Western Wayne County Internet User Group - www.wwcug.com ELECTRICAL SUPPLY Carlit Electric Supply - www.carlit.com Progress Electric - www.pe-co.com ELECTRONIC SERVICE AND REPAIR ABL Electronic Service, Inc. - www.ablerv.com EMPLOYEE LEASING COMPANY Genesis Group - www.genesisgroup.com EMPLOYMENT SERVICES Advantage Staffing - www.assaf.com Employment Presentation Services - www.epswest.com HR ONE, INC. - www.hrone.com EMPLOYEE SERVICES Rooney Personnel - www.careers-hi.com ENVIRONMENT Resource Recovery and Recycling - www.rrec.com Authority of SW Oakland Co. 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TRAVEL

'Promised Land' a country of interesting contrasts

BY DIANE HANSON
SPECIAL WRITER

A chaos of religions, nationalities, politics and history, Israel has certainly had more than its share of conflicts. The recent election of Israeli Prime Minister Ehud Barak in June has offered more promise for peace and, along with millennium fever, more tourists are venturing to the Holy Land.

The first thing to prepare for on a trip to Israel is a long flight. Connections from Detroit Metro — along with layovers — add up to about 17 hours of traveling time.

Traveling through the bustling streets of Tel Aviv, Nazareth, Jerusalem and other cities brought me to the realization that I had more to fear from the Israeli drivers than from any terrorists. Horns honk regularly, and many drivers tend to ignore the physical law that two bodies cannot occupy the same space at the same time.

Still, security is a factor in the lives of those who live in the country.

"This idea of security sits actu-

ally very, very heavily inside

every person, every child in this country," said Oded Geva, our tour guide. Geva, 42, is a first-generation Israeli on his father's side and second-generation on

his mother's. "I remember my father saying, when I was a little child, 'When you arrive at the age of 18, you won't need to go into the army anymore because there will be peace by then,'" said Geva. "He was convinced about it, but that was far and away from being the case." Geva, like other Israeli young men, served three years in the army from the time he turned 18.

Israeli women serve two years. And each year Geva is still called back to the reserves. "Even though I am now dressed in civilian clothes, I am still part of the army," he said. I became accustomed to the site of soldiers dressed in army camouflage and carrying M-16 rifles everywhere in Israel — not just along the West Bank area, but from the museums to the holy sites.

Project tourism

There are still high hopes for continued peace in Israel. "Tourism for Israel is huge, along with high-tech," said Geva. "If there is a country which

Plan ahead
If Israel is a destination you have, set your sites on, start planning now. Make an appointment with a favorite travel agent and check out the Web sites below:

- The official website of the Israel Ministry of Tourism is www.goisrael.com or call them toll-free at 1-888-77-ISRAEL.
- Other sites with helpful information are
- www.vacationisrael.com,
- www.jesus2000.com,
- http://travel.yahoo.com/Destinations/middle_east/countries/israel/.

TRIP OF A LIFETIME

In 1999 Israel hosted 2,200,000 visitors, he said. Three to four million are anticipated for the year 2000. There are currently 30,000 hotel rooms available in Israel with plans to bring that number to 40,000 during the millennial year.

Tzion Ben David, Director of North American Operations for the Israeli Ministry of Tourism, said, "Forty-eight percent of Americans who come to Israel are repeat visitors," and added that everyone is welcome.

As a first-timer to the "Promised Land" I was amazed at the contrast of landscapes, people and religions in the tiny country.

Slightly smaller than the state of New Jersey, within hours one can travel from the green, fertile lands of Israel's Galilee to the barren brown mountains of the Judean wilderness. In a day's travel, one can take in the sparkling blue Mediterranean, the Sea of Galilee (Israel's only body of fresh water) and the Dead Sea, the lowest point on earth and the highest salt concentration of any of earth's bodies of water.

And scattered throughout the countryside are some of the most fascinating excavations of ancient civilizations and the most holy sites of the three major monotheistic religions of Christianity, Judaism and

Islam. And it is these amazing and holy sites that have drawn so many visitors and pilgrims to the age-old land for thousands of years.

Ancient cities

Many of the ancient cities in Israel are still being excavated and have been declared national parks under the Israel Nature and National Parks Protection Authority. To touch the ruins of these ancient cities is to touch history.

Nearly every town we visited in Israel was steeped in history that dated back thousands of years. Traveling north from Tel Aviv along the Mediterranean coastline, we came first to the ancient seaport of Old Jaffa, claimed to be the oldest port town in the Western World — at least 3,200 years old. Jaffa is where Jonah set sail on his way to meeting up with the whale. When the Jews came to Jaffa in 1200 BC, it was known as Canaan.

Haifa is Israel's third-largest city and contains its largest port. Haifa is a busy city filled with industry and commerce. Sitting atop Mt. Carmel and overlooking the Mediterranean, the city is a harbor of harmony between the Jewish, Christian, Muslim and Bahai faiths — something not as evident at some of the other holy sites in the land.



To market: A Muslim woman walks along the streets of the ancient Mediterranean port town of Akko. Markets line the streets and offer everything from bananas to sandals.

PHOTO BY DIANE HANSON

Bethlehem

Even though I was certain Bethlehem was no longer "little" or "still," it was a bit disconcerting to get caught in the horrible traffic jam there after driving through an equally congested Jerusalem. Bethlehem is the place where the Christmas story began.

Bethlehem is also a holy city for the Jewish people as the birthplace of King David, the burial place of Rachel, and the hometown of Elimelech in the Book of Ruth.

Bethlehem became a Palestinian autonomy in 1995. Muslims outnumber Christians in the town by about three to one.

Diane Hanson is a Canton resident who visited Israel in November. Follow her to Jerusalem and Galilee next week.

On the sea: A tour boat took our group out into the calm waters of the Sea of Galilee: Diane Hanson (front); Melissa Harmon, (middle row left to right) Kate Blain and Oded Geva; Matt Sedensky, Bob O'Steen and Soni Tick (back row left to right).



ally very, very heavily inside every person, every child in this country," said Oded Geva, our tour guide. Geva, 42, is a first-generation Israeli on his father's side and second-generation on

should be based on tourism, it is Israel." Archeological and holy sites and ideal weather that dominates most of the year makes Israel enticing. Promised Land.

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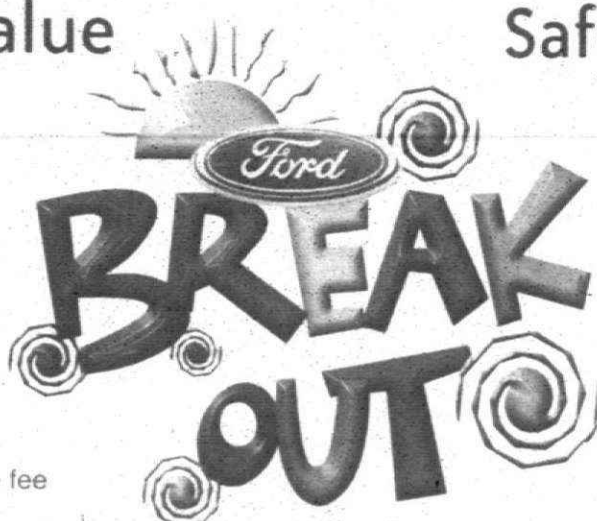
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HOME SENSE



LOIS THIELEKE

Protective steps for fresh produce

A headache is spending \$100 on fresh fruits and vegetables and then finding them rotting in the refrigerator or on the kitchen counter. Even under ideal storage conditions of the right temperature and humidity, some fresh vegetables retain top quality only a few days. Some fruits last longer, but consumers can take steps in storing fruits and vegetables to ensure all the nutrients and good flavor are retained.

Green leafy vegetables quickly wilt and change flavor as water evaporates from the tissues. Most fresh green vegetables keep well and stay crisp if put in covered containers or plastic bags then refrigerated. If you wash lettuce, celery and other leafy vegetables before storing, drain thoroughly, because too much moisture can hasten decay.

Store vegetables away from the fruits in the refrigerator. As some fruits ripen, they produce a gas they will make lettuce, spinach and other leafy greens turn brown.

Remove carrot tops

Remove the tops of carrots before refrigerating. The tops drain the carrots of moisture, making them limp and dry. Tops should also be removed from beets and radishes before refrigeration. The longer

Bruised produce loses more vitamin A and C than smooth unblemished specimens.

A and C than smooth unblemished specimens. To lessen the likelihood of bruising, use a sharp knife or scissors when trimming, slicing or cutting vegetables. Always purchase unbruised, unblemished produce unless you are going to use it immediately.

Jerusalem artichokes, also known as sun chokes, accumulate calories during storage because of a chemical change that takes place in their carbohydrate content. When freshly dug, small tubers contain as few as seven calories. After storage, the calorie level can jump to 75.

Store fennel in the refrigerator because the stalks stay fresh only three to four days before drying out and losing their unique flavor. Fennel has 13 calories per one-half cup and a fair source of vitamin A, niacin, calcium and iron.

Cabbage contains a compound called calcium pectate which some studies have shown to lower blood cholesterol levels. Cabbage is a good source of dietary fiber and is low in calories. Don't overcook cabbage, it destroys the true taste and texture and bleeds out many valuable vitamins and minerals. Save the cabbage cooking water to add to soups and sauces for a vitamin boost. Cabbage can be stored one to two weeks in the refrigerator crisper.

Vegetables that are cooked in the microwave retain more vitamin C than those boiled. Microwave cooking not only exposes foods to heat for shorter time than boiling but also requires very little water. Cook vegetables only until they are tender-crisp. Overcooking may result in a rubbery texture. To prevent dark spots from forming, add salt only after microwaving vegetables.

Don't add salt to green salads until just before serving. Salt wilts and toughens salad greens.

It is best to store most fruits in the refrigerator. Allow melons, avocados

Please see **PRODUCE, D2**

LOOKING AHEAD

What to watch for in Taste next week:

- Winners of soup contest
- Focus on Wine

grilling

It's never too cold!

BY KEN ABRAMCZYK

STAFF WRITER
kabramczyk@oe.homecomm.net

Driveways are coated with a smooth glaze of ice, as people dance their way to their vehicles. Walrus-tusk icicles hang overhead from gutters, eaves and troughs.

Yep, it's 20 degrees outside, work commutes take 15 minutes longer during the day, and you toss calcium chloride in the driveway to remove that awful ugly glaze.

You may have even saved some of the ice-melting substance for your yard, so you can get to, of all places, your grill. And there you are, in your sweats and gym shoes, grilling. You are among the few, the proud, the diehards.

You grill in the winter.

You've got chicken on the grill with its skin crackling and popping and oozing with kosher salt, garlic and rosemary; or a salmon awakened after it's been marinated in lime juice, its flesh weakening by the flames licking its skin or skewered green and red peppers, mushrooms and onions basting in Italian dressing, then seared in a few minutes over a high flame.

You don't care what the neighbors say. You're grilling. And you're having a good time.

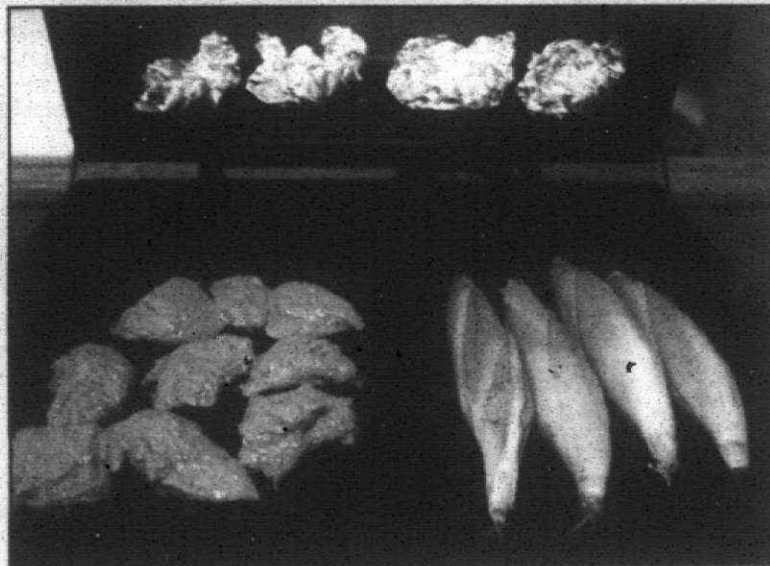
Andrew Allen of Livonia grills all year long, just less frequently in the winter.

"It's quick, it doesn't get the smell in the house and I like the taste of the food,"

Allen has two-burner gas Broilmaster with a gas line, so he doesn't deal with the hassles or the expense of changing propane tanks. "It isn't that expensive to have someone hook that up, either," Allen said.

Grilling is fun and it adds to the flavor of the foods, Allen said.

"You need a grill that is located conveniently to the door and has enough 'horsepower' (read BTUs) to overcome the cold. It also helps to have some good outdoor lighting - like a flood aimed at the grill surface so you can see what you are doing



STAFF PHOTOS BY BRYAN MITCHELL

All fired up: Andrew Allen does some winter grilling outside his Livonia home. Allen fires up his grill to cook chicken, corn and garlic.

after dark," Allen said.

Marilyn Miller of Plymouth likes to grill several days a week all year. "When I clear snow, I always clear a path to my grill," she writes. "If the buttons freeze up when it's really cold, I tap them lightly with a small hammer."

Miller doesn't worry about the cold temperatures. "I just dash out the back door, open the grill, put the salmon on, and dash back in."

You might see Dave Richards of Bloomfield Township standing leisurely about in his yard in the winter without a coat while he is grilling. Richards says he grills about four nights a week in any weather of what he describes as "nothing fancy."

"It makes things nice and simple," Richards said. "We don't like to mess things up."

A 1999 survey conducted by Weber of American grill owners reflected that:

- 32% grill several times a week
- 39% grill once or twice a week
- 50% continue to grill in the winter
- 69% grill in the spring
- 96% grill in the summer
- 62% grill in the autumn
- 68% grill for the taste
- 44% prefer an easy cleanup of a grill
- 41% enjoy the outdoors
- 35% say it's fun
- 29% say it's relaxing
- 24% say it's good for entertaining

Richards likes foods on the grill because it's quick preparation. "The fat drips off the seafood and beef and just cooks off," Richards said.

Gordon and Linda Johnson of Canton also enjoy their grill because it is easier for them and quicker. They cook over a lower flame than usual so it doesn't require the same attention of a more intense heat.

At one time Gordon enjoyed preparing and eating ribs, but now, the couple enjoys fish and chicken on the grill, after Gordon suffered a heart attack last year. When they eat fish, they usually prepare a dish like hot dogs for their children.

"It's a challenge," Gordon said. "The kids being as young as they are would eat chicken nuggets every day if they could, so it's fairly easy to get them to eat chicken. They both like it and they like pasta with it, too."

Of course, their love for the grill doesn't go unnoticed.

"My neighbors think I'm a little bit nuts," Gordon Johnson said. "They harass me a little bit."

See recipes inside

Readers grill the chill away

BY KEN ABRAMCZYK
STAFF WRITER
kabramczyk@oe.homecomm.net

So what do you like to grill during the cold weather?

We found our readers prefer the quick and easy approach to grilling. Some buy food ready to grill at the store; others prefer their own marinades.

Readers responded with some of their preferences:

Andrew Allen of Livonia likes to broil salmon fillets with a mixture of white wine, soy sauce, oil, sesame, ginger, garlic and honey. He doesn't worry about keeping warm at this time of year, because the grill is conveniently near his kitchen. "I don't cook food on the grill at this time of year that you have to keep an eye on. I usually put fish on, leave it on for five minutes or so, flip it and it's done."

The Allen family also prepares marinated Tandoori-style chicken breasts, marinated beef and pork ribs.

Marilyn Miller of Plymouth likes an easy preparation.

"It's just easier to use the grill," Miller said. "I can steam vegetables in the microwave with the

salmon, and I have a meal. You just lay a piece of foil on the grill, spray 'I Can't Believe it's Not Butter' on it and cook the salmon."

Miller buys a large fresh Atlantic

salmon at Busch's Market and cuts it into serving sizes to keep one or two servings to grill later in the week, and freezes the rest. "Occasionally, I might have a piece of beef or have a steak."

Dave Richards of Bloomfield Township buys turkey sausage and turkey burger from Western Market in Ferndale, lowfat crab and salmon patties made fresh daily from Pomeroy's in West Bloomfield at Maple and Orchard Lake roads, turkey and chicken

Please see **READERS, D2**

You don't have to be Polish to polish off a paczki

BY KEN ABRAMCZYK

STAFF WRITER
kabramczyk@oe.homecomm.net

Carl Richardson calls it the "Cadillac" of pastries. Thousands and thousands of paczki will be prepared in just a few days for Fat Tuesday, which this year falls on March 7, the day before Ash Wednesday.

For Catholics, Ash Wednesday marks the beginning of Lent, a 40-day period of penance including abstinence and fasting, suggested by Christ's 40 days in the desert.

But for Catholics and everyone else, Fat Tuesday is the day to indulge in that sweet, gloppy treat called paczki (pronounced Poonch-key). It's more than a jelly doughnut, and it is not a bismarck, according to Richardson, a Rochester resident and the chairman of the paczki board of the Retailer's Bakery Association.

Richardson, who also goes by "Mr. Paczki," compares a paczki to a doughnut using an analogy of cars.

"You might have similar design or package on different models of cars, but the paczki is the Cadillac, not the Ford," Richardson said.

Paczki is the name used by Poles to describe a pastry made from the flour, sugar and shortening cleared from pantries before the Lenten fast. Paczki are round, sugar-coated and fruit-filled pastries.

"A lot of people refer to these as a doughnut, but it's a paczki," Richardson said. "You don't have to be Polish to polish off a paczki."

The design, taste and color are different from a doughnut, Richardson said. "They're round like a

baseball and they are manufactured with a high gluten flour," Richardson said. "They are larger, more filling and have more calories. They taste great, when they are properly made."

Nearly all paczki are fried, Richardson said. Paczki can be baked, but Richardson adds, "Shortening is part of the process that gives it flavor."

Now, the bad news. A 5-ounce fried paczki has about 420-440 calories, depending on the filling.

Gary Beaubien, owner of Beaubien's Pastries in Livonia, offers the baked paczki. Beaubien admits he isn't the only one who does this, as many bakeries also will create the baked healthier alternative, nor is it a big part of his business. Beaubien specializes in breakfast pastries, tortes and Australian lace wedding cakes.

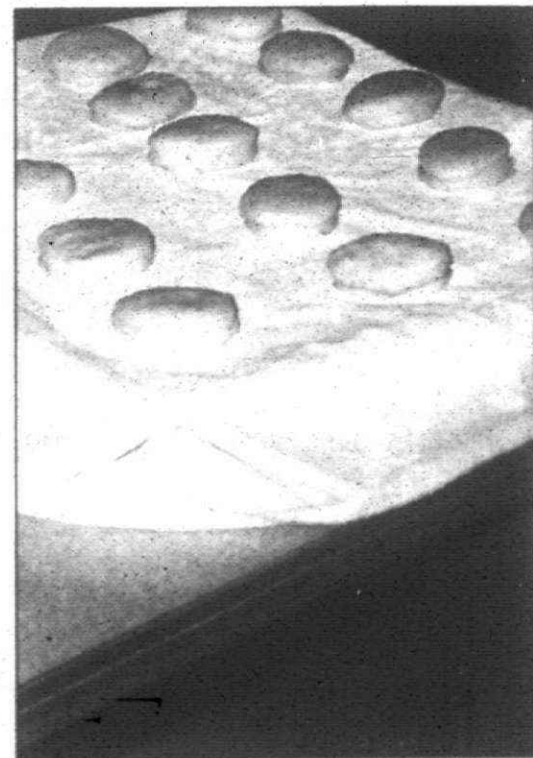
Baubien's baked paczki have 25 percent fewer calories.

When deep-fried paczki are mass-produced, it is difficult for fryers to keep up with the demand. The temperature of the grease is not maintained, and the fat soaks into the fried paczki, Beaubien said. "So those (paczki) are loaded with fat," Beaubien said.

The one day he creates the baked paczki, the customers, well, they eat them up. Beaubien said.

"People seem to like the baked variety," Beaubien said.

Ridley's Bakery Cafe in Troy also offers baked paczki with apple raspberry, custard, tart cherry, chocolate bavarian cream, lemon, apricot, strawberry, prune or Granny Smith apple fillings. Ridley's fruit-filled baked paczki total about 6 grams of fat versus the 25 grams of the fried variety.



Fat Tuesday is March 7

Mike's Marketplace



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Vegetables cook well over coals

Here's some more recipes for the grill from Weber-Stephen Products:

GRILLED VEGETABLE STACKS
2 medium eggplants, sliced into 1/4-inch rounds
1 medium yellow squash, sliced into 1/4-inch rounds
1 medium zucchini, sliced into 1/4-inch rounds
2 medium tomatoes, sliced into 1 1/2 inch rounds
1/2 cup extra-virgin olive oil, plus additional for brushing vegetables
2 1/2 tablespoons red wine vinegar
1 tablespoon coarsely chopped fresh parsley
1 tablespoon coarsely chopped fresh basil leaves
1/4 cup dried red bell pepper
Salt and freshly ground pepper

Sprinkle eggplant slices with salt and layer in a colander. Weigh down with a plate and set aside to drain for 20 minutes. Brush salt off eggplant with paper towel and pat dry.

Lightly brush all vegetables with oil, then grill over medium heat, turning once, until tender and slightly charred, about 30 seconds per side for tomatoes, and 2-3 minutes per side for eggplant, squash and zucchini.

In a medium bowl, whisk together 1/2 cup oil, the vinegar, parsley and basil. Season to taste with salt

and pepper. To assemble stacks, place one eggplant slice on a plate, then top with a tomato slice, a second eggplant slice, a squash slice and a zucchini slice. Repeat process to use up all vegetables, then drizzle vegetable stacks with dressing and top with diced red peppers. Serves 6.

GRILLED PEPPERED PORK CHOPS
1 jar (6 ounces) marinated artichoke hearts
1 teaspoon hot pepper sauce
6 boneless pork chops, 3/4-inch thick
1 1/2 cups diced tomatoes
1/2 cup chopped bottled roasted sweet red peppers
1/4 cup sliced ripe olives
1 small jalapeño pepper, seeded and finely chopped
Drain artichoke hearts, reserving marinade. Stir together reserved marinade and hot pepper sauce. Place chops in a shallow baking dish. Pour the pepper sauce mixture over chops; turn chops to coat. Marinate in refrigerator for 30 minutes, turning chops occasionally. Drain chops, discarding marinade. Meanwhile, to prepare relish, chop artichoke hearts and combine with tomatoes, red peppers, olives and jalapeño. Set aside.

Place chops on the grill on medium heat and cook for 3-4 minutes, turn chops and grill for 3-4 minutes until done. Serve the relish with the pork chops. Serves 6.

Here are grill recipes from readers

Here's two recipes for the grill from readers:

GORDON JOHNSON'S SESAME CHICKEN
4 boneless, skinless chicken breasts
2 tablespoons low-sodium soy sauce
2 tablespoons lime juice
4 tablespoons honey
4 tablespoons sesame oil
2 teaspoons ginger
1 clove garlic or 1 teaspoon garlic powder
1 teaspoon cilantro
2 tablespoons parsley
Sesame seeds

Rinse chicken breasts and pat dry with paper towel. Mix all ingredients except sesame seeds until the honey is dissolved. Reserve small amount for basting. Completely coat chicken breasts with mix-

ture. Allow to marinate for at least two hours.

Preheat grill. Place chicken breasts on grill. Baste with reserved marinade and sprinkle sesame seeds on chicken. When chicken is about half-done, flip and sprinkle sesame seeds on cooked side.

Note: Boneless chicken breasts generally take 10 to 13 minutes to cook on the grill.

MARILYN MILLER'S SALMON
Salmon fillets
Cooking spray
Black pepper

Cut a large piece of tin foil. Spray middle lightly with olive oil cooking spray so skin will not stick to foil. Place salmon skin down on foil and spray a little "I Can't Believe It's Not Butter" with a sprinkling of pepper. Serve with vegetables.

Readers from page D1

breasts at Vic's Market in Beverly Hills or lobster tails and Australian lamb chops from Costco. The crab and salmon patties, made with lowfat yogurt, need tin foil under them while grilling, "because they are so tender," Richards said. Richards

recommends calling and ordering them early because they disappear quickly. Richards also prepares turkey burgers and turkey sausage. He received Moroccan spices from a friend and enjoys using them on occasion. "You sprinkle a little

on top of chicken, turkey or fish, and it's very flavorful," Richards said. Simeon Carter of Beverly Hills writes that he uses his grill 350 days a year. He grills poultry, meat and fish, vegetables, Yukon gold

potatoes, tomatoes, onions and peppers. He microwaves Yukon golds for two minutes, cools them, then slices them into three pieces. He coats them with garlic-infused vegetable oil and grills them.

Produce from page D1

and pears to ripen at room temperature, then refrigerate. Ripe oranges sometimes undergo a process known as re-greening. This occurs when a ripe orange pulls some green chlorophyll from its stem and leaves back into the peel. Such greenish oranges are extra ripe and thus often sweeter than other oranges.

Pink grapefruit is pink because it contains more beta-carotene than white grapefruit. Beta-carotene is the nutrient that turns into vitamin A inside your body. When refrigerated, grapefruit will keep up to four months.

Take advantage of the delectable selection of fresh fruits and vegetables that are found in the market all year

round due to great transportation and storage facilities. Nutritionally, they are unbeatable — low in calories yet bursting with flavor.

It is recommended that we eat five a day of fruits and vegetables, not only for their nutrients, but for the fiber, too. They add color and texture and are very versatile in meal planning. Store them correctly so that when you are ready to eat or serve them, they are still top quality.

Lois M. Thieleke of Birmingham is an Extension Home Economist for the Michigan State University Extension — Oakland County. For answers to food questions, call the hot-line (248) 858-0904.

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Arthritis Today
JOSEPH J. WEISS, M.D. RHEUMATOLOGY
18829 Farmington Road
Livonia, Michigan 48152
Phone: (248) 478-7860
HOW TO STOP ARTHRITIS DRUGS
Much of arthritis, particularly rheumatoid arthritis and psoriatic arthritis, involves inflammation of the cells that line the joint. In rheumatoid arthritis, the joints first affected are the finger and foot joints. In psoriatic arthritis, the knee joints are often initially inflamed.
The medical community does not know with certainty what sets this process in motion. We know that at times, the problem resolves to the point of remission, though why this reversal happens and who with arthritis will experience it is unclear.
If you are under drug treatment and your arthritis improves to a certain point, your doctor must make a decision. Are you improving because of your therapy, or are you doing well because your arthritis is leaving on its own?
The only way to determine the answer is to have you stop your medicine, and see what happens.
However, you cannot just stop taking your medications. The best way to determine if you need an arthritis drug is to decrease it in a stepwise fashion: If you are taking 6 methotrexate a week, then your doctor will prescribe taking 5 a week, and observe the result. If you are taking 4 aspirin or sulfinpyrazone a day, then the trial is to decrease to 3 a day.
You must avoid the temptation of just stopping the drug to see if you need it. The problem with a quick withdrawal is that you may learn in a painful way that you did indeed require that prescription.
The virtue of going slow, in its safety and certainty.

Her soup is contest's 'Ultimate'

BY KELLY WYCONIK
STAFF WRITER
kwyconik@oe.homecomm.net

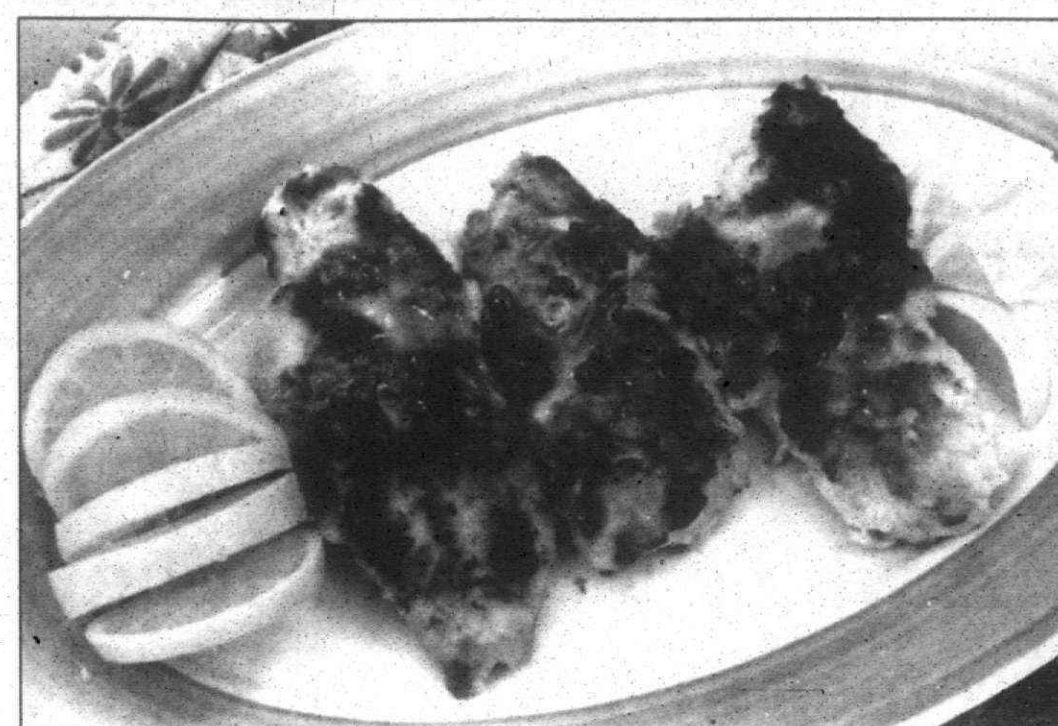
Carolyn Silverstein of Franklin won first place in Temple Kol Ami's Ultimate Chicken Soup Contest on Friday, Feb. 25 at the temple in West Bloomfield.

Chili Joe Wnuk and Chef Curtis Rellinger of Westland placed second, and John Gallagher of Grosse Pointe Woods placed third. Finalists included MaryAnn Leduc-Yee and Jennifer Rosenberg, Lopatin of West Bloomfield; Sylvia Bernstein, West Bloomfield; Gene Feszczenko, Clio; Frances Ray, Royal Oak; Sandra Biagini, Clarkston; and Jaye Cooper, West Bloomfield.

Be sure to look for the prize-winning recipes in next week's edition of Taste. We'll also tell you more about these soups, and explain why they're so special.

Silverstein will be featured on Keith Farnie's "Adventures in Cooking" on WDIV-TV 4 and received a deluxe soup pot from Kitchen Glamor. Second prize was dinner for two at Restaurant Di Modesta in Southfield; third prize was a cookbook from Kitchen Glamor.

On March 22, Silverstein's "Ultimate" soup will be served to 500 people at the Capuchin Soup Kitchen in Detroit.



AMERICAN INSTITUTE FOR CANCER RESEARCH

Tasty picatta: Thinly sliced turkey breast cutlets work well in this turkey picatta.

Turkey picatta brightens winter dinner

Turkey Picatta, traditionally made with veal, used to be the secret any hostess relied on for an almost instant elegant dinner. Thinly sliced turkey breast cutlets work every bit as well as the veal.

If using salt-packed capers, soak them for 20 minutes in lukewarm water. Drain well. For vinegar-packed capers, drain, rinse well and dry. Chop the capers and set them aside.

Rinse the turkey cutlets and pat dry. Place the flour on a plate. Add the salt and pepper. Dredge the cutlets in the seasoned flour.

Spray a large, non-stick skillet very well with cooking spray. Set the pan over medium-high heat.

Brown the floured cutlets on one side, about 4 minutes. Turn and cook until the turkey is browned and the meat is faintly pink inside, reducing the heat if necessary. Remove the cutlets to a plate.

Add the chicken broth to the pan. With a wooden spoon, scrape up the browned bits in the pan. Mix in the lemon juice. Cook until the liquid is reduced by half. Replace the turkey in the pan. Add the capers.

Cook until the cutlets are cooked through, about 2 minutes. Serve immediately.

Each of the four servings contains 149 calories and 1 gram of fat.

Recipe courtesy of the American Institute for Cancer Research.

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Busch's to purchase Vic's?

BY KEN ABRAMCZYK
STAFF WRITER
KABRAMCZYK@OE.HOMECOMM.NET

Busch's and Vic's World Class Markets are negotiating to complete what officials there describe as a "creative merger/acquisition."

Officials from both markets would not comment on specifics of the negotiations, such as what financial transactions were involved, but in a press release, Busch's officials stated that Busch's was acquiring Vic's World Class Markets in Bloomfield Hills and Novi which "would result in a merger of skills and efforts that would take both businesses to the next level of excellence."

Vic's Beverly Hills market is not included in the deal. The two owners — John Busch and Vic Ventimiglia — continue to negotiate.

Based in Ann Arbor, Busch's currently has 11 locations,

including Livonia and Plymouth. A site at Drake and Grand River in Farmington Hills is scheduled to open in November and a third Ann Arbor location is in the site-planning stage.

Ron Ventimiglia, Vic's brother and the market's general manager, said the move will add more "everyday" grocery items to Vic's offerings while maintaining the produce items that are popular.

"It's great for customers, and it's great for employees," Ventimiglia said. Vic's in Novi houses 55,000 square feet, while the Bloomfield Hills store has 45,000 square feet.

"Both stores are popular in areas that they are in. We've had

a goal of several stores and it would take us a while to get there. But they (Busch's) are already there with stores."

Produce is one of the areas Busch's feels Vic's is better in," Ventimiglia said.

Busch's commitment to growth is "further enhanced by the acquisition," said Peggy Conlin, Busch's spokesperson.

"It will be an evolution," Conlin said of any changes. "Each one of the stores will be affected differently."

Conlin said it was an exciting time for the stores. "We're proud that these are family owned and run businesses. They are really committed to food and food service, and people who have a passion for food."

The state of Michigan Liquor Control Commission must approve license transfers before the deal is completed, which may take two to three months to conclude.

Krispy Kreme Doughnuts opens in Livonia

Krispy Kreme Doughnuts will open its third Michigan store at 27695 Grand River in Livonia on Wednesday, March 1.

The Livonia store will open that day at 5:30 a.m. The nearly 5,500-square foot facility will operate seven days a week, Sunday through Thursday, 5:30 a.m. to 11 p.m., and Friday and Saturday, 5:30 a.m. to midnight. The store's drive-through window will operate 24 hours a day.

The Livonia store also will serve as the headquarters of Krispy Kreme's Michigan and Ohio operations.

Michael Sharum, director of sales with Dough Re-Mi Company, which is Krispy Kreme's Michigan and Ohio area developer, looks forward to an assembly line of doughnuts to start rolling at their new Livonia store. "This location is a huge step for Krispy Kreme in Michigan," Sharum said.

Opening day celebrations at the Livonia Krispy Kreme will be highlighted by a four-hour live remote by 93.1 WDRQ-FM's Jay Towers and the Morning Revolution. Additionally, the first customer to arrive will be

awarded free doughnuts every week for one year, while other Krispy Kreme patrons will be awarded with free T-shirts, hats and hot original glazed doughnuts.

25th ANNUAL TRADE SHOW
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MEDICAL BRIEFS

Run, don't walk

Oakland Physical Therapy will present "Getting Ready To Run," a seminar for all individuals interested in starting a running or walking program, at 7 p.m., Thursday, March 2 at Providence Medical Center, 47601 Grand River Ave. (near Beck Road), Suite B124, Novi.

Objectives: Identify normal and abnormal biomechanics of running; identify common running injuries; learn proper stretching techniques. The format will include a lecture, discussion and demonstration. Active group participation is encouraged, so please dress comfortably.

There is no charge, but space is limited. Please RSVP by phone if you plan to attend. Call (248) 380-3550.

Prostate cancer screening

If you think prostate cancer is a man's disease, you're right. Half right. Prostate cancer not only affects the grandfather, father, husband and son, but the whole family — emotionally, financially and physically.

St. Mary Hospital in Livonia will offer a Prostate Cancer Screening Day from 9 a.m. to 5 p.m. Saturday, March 4 in the St. Mary Hospital Pavilion, 14555 Levan Road.

The prostate screening is free and provides a prostate exam by a physician, blood test to measure the Prostate Specific Antigen (PSA) level, and educational material.

Registration is requested. Call (734) 655-8940 or toll free 1-800-494-1650. The program is cosponsored by the Radiation Oncology and Community Outreach Departments at St. Mary Hospital.

Adult grief support

Community Hospice & Home Care Services, Inc. introduces "Living the Journey," a six-week adult grief support series from 6:30-8 p.m. Tuesdays, Feb. 22-March 28. The series provides education regarding the physical, emotional and social effects of grief.

The series is held at Community Hospice & Home Care Services, 32932 Warren Road (corner of Venoy), Westland. Call (313) 522-4244 to register.

The message? Massage!

Schoolcraft College Continuing Education Services is offering "Massage for Better Health 7-10 p.m. Monday, March 13. The course will include basic principles and techniques of massage and acupressure. Professional demonstration followed by hands-on practice on head, neck, shoulders, hands and feet.

"The class is a learning experience and lots of fun for individuals and couples, including friends," said instructor Dan Butts.

Wear loose, comfortable clothing. Cost is \$39 and \$31.20 for seniors. For more information call Continuing Education Services at (734) 462-4448.

We want your health news

There are several ways you can reach The Observer Health & Fitness staff. The Sunday section provides numerous venues for you to offer newsworthy information including Medical Databook (upcoming calendar events), Medical Newsletters (upcoming events), Briefs (medical advances, short news items from hospitals, physicians, companies).

We also welcome newsworthy ideas for health and fitness related stories. To submit an item to our newspaper you can call, write, fax or e-mail us.

CALL US: (734) 953-2111

WRITE US: Observer & Eccentric Newspapers (Specify Databook, Newsletters or Briefs) Attn: Renée Skoglund 36251 Schoolcraft Road Livonia, MI 48150

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FLAXSEED

A whole lot of nutrition comes in small package

BY RENÉE SKOGLUND
rskoglund@oe.homecomm.net

Want to increase your intake of disease-fighting omega-3 fatty acids but don't like the taste of fish? Consider adding flaxseed to your diet. These tiny, smooth, flat seeds — harvested from a blue-flowered crop on the prairies of Canada — pack a whollop of nutritional muscle when it comes to essential fatty acids, vitamins and minerals, and fiber.

"Omega-3 is a 'good' fat and should play an important role in any heart-healthy diet. Dietary surveys and animal studies indicate omega-3, a source of alpha-linolenic acid, may reduce the risk of blood clotting.

"What they're finding is that omega-3 plays a role in platelet aggregation. It makes platelets less sticky," said Caroline Mandel, a dietitian with the University of Michigan's Preventive Cardiology Heart Care Program. "American think all fat is bad for their heart. I'm dispelling that myth."

Commercial food companies are now using flaxseed, which has a pleasant nutty flavor, in everything from yeast breads, to bagels and cookie mixes. But today's bakers have discovered nothing new: People have eaten flaxseed since ancient times.

The Babylonians cultivated flaxseed as early as 3,000 B.C., and in 650 B.C. Hippocrates used it for the relief of intestinal discomfort. The 8th century king Charlemagne considered flaxseed so important for the health of his subjects that he passed laws governing its consumption.

Good Medicine

Flaxseed, which contains both soluble and insoluble fiber, appears to act as a protector against chronic illnesses like cardiovascular disease and cancer. Consider the following study results:

■ According to a report from the University of Toronto, total cholesterol levels dropped 9 percent and LDL (the "bad" cholesterol) decreased 18 percent when a group of nine healthy women ate 50 grams of milled flaxseed a day for four weeks (as flour or cooked into bread) along with their regular diets.

■ The American National Cancer Institute has singled out flaxseed as one of six foods to study for its potential cancer-fighting ability. It is the richest source of lignans, a type of phytoestrogen. Phytoestrogens are compounds that may protect against cancer, particularly hormone-sensitive cancers such as those of the breast and prostate.

■ More than half the fat in flaxseed is of the essential omega-3 fatty acid type. New research suggests that alpha-linolenic acid, an omega-3 fatty acid abundant in flaxseed, offers protection against both coronary heart disease and stroke. Omega-3s also have been shown to protect against hypertension and inflammatory and autoimmune disorders.

■ Eating 50 grams of flaxseed per day (baked into muffins) helped increase the frequency of bowel movements and the number of consecutive days with bowel movements in a group of older Canadian adults.

Fatty Acids and fiber

"I recommend it to people who are trying to achieve a healthier diet. There is nobody I wouldn't recommend it to," said Gail Ock, a dietitian with Botsford Health Systems. Cox has been downing flaxseed shakes for years. She grinds in a coffee grinder then mixes a couple of tablespoons with soy milk, a banana and some oat and wheat bran.

Mandel prefers to sprinkle her flaxseed on cereal. "I think it ups the flavor and texture of a breakfast cereal."

American diets are high in omega-6 fatty acids, derived from other plants seeds like corn, sunflower and peanuts. Nutritionists recommend replacing some omega-6 fatty acids with omega-3 fatty acids. Flaxseed contains roughly 73 percent omega-3 fatty acids.

Flaxseed is also an excellent source of dietary fiber. The lower cancer rate of people living in Asia, Africa and eastern Europe — particularly hormone-dependent cancers

such as cancer of the breast, endometrium and prostate — may be due in part to their high-fiber diet, which helps lower blood levels of lipids and some hormones.

Conversely, the low-fiber, high-fat diet typical of Western populations tends to raise blood estrogen levels, which may contribute to cancer development by stimulating tumor cell growth.

Population studies of diet and disease risk also suggest an anticancer role for lignans and other phytoestrogens. Populations with high intakes of phytoestrogens — such as the Japanese and Chinese, who typically consume a low-fat, high-fiber diet rich in isoflavonoids from soybeans and lignans from vegetables and grains — have lower incidence and mortality rates of breast, endometrial and prostate cancers.

Dr. Errol Erlanson, a vascular surgeon and medical director of the Comprehensive Wellness Program at St. Joseph Mercy Hospital, cautions against using omega-3 supplements. "I think there's much evidence that omega-3, as well as many components of nutrition, works best in the natural matrix form."

In other words, omega-3 obtained through flaxseed or fish is more nutritionally balanced and better absorbed. In addition, Erlanson said excessive use of omega-3 supplements may cause bleeding problems. Their use should be limited to people with chronic inflammatory arthritis or clearly elevated low-density cholesterol — and then only under the direction of a physician.

Flaxseed has one tiny drawback when first introduced into a diet: the bloats. "It's high in fiber. Until your intestinal tract gets used to it, you might want to start with less," said Cox. Take some Beano with it.

Source: Flaxseed Council of Canada

Orange bran flax muffins

1 1/2 cups oat bran
1 cup all-purpose flour
1 cup flaxseed*
1 cup natural bran
1 Tbsp. baking powder
1/2 Tsp. salt
2 whole oranges (washed, quartered and seeded)
1 cup brown sugar
1 cup buttermilk
1/2 cup canola oil
2 eggs
1 Tsp. baking soda
1 1/2 cup raisins (may substitute chocolate chips)

In a large bowl, combine oat bran, flour, flaxseed, bran, baking powder and salt. Set aside. In a blender or food processor, combine oranges, brown sugar, buttermilk, oil, eggs and baking soda. Blend well. Pour orange mixture into dry ingredients. Mix until well blended. Stir in raisins.

Fill paper-lined muffin tins almost to the top. Bake in 375-degree oven 18-20 minutes or until wooden pick inserted in center of muffin comes out clean. Cool in tins 5 minutes before removing to cooling rack. Yield: 18 muffins.

* Flaxseed may also be ground. Measure first, then grind or mill.

Yield: 18 muffins
Serving Size: 1 muffin
Single serving: 275 calories; 6.1g protein; 44.5g carbohydrate; 5.7g fibre; 11.5g fat (Polyunsaturates - 5.6g, Monounsaturates - 4.0g, Saturates - 1.4g, Cholesterol - 23.6mg); 236mg Sodium; 439mg Potassium; 54mg Folate.

Food sources of omega-3 fatty acids

Food	Serving Size	Omega-3 grams
PLANT FOODS		
<i>Oils</i>		
Flax seed oil	1 Tbsp.	6.6
Canola oil	1 Tbsp.	1.6
Walnut oil	1 Tbsp.	1.5
Soy oil	1 Tbsp.	1.0
<i>Nuts and seeds</i>		
Flax seeds, ground	2 Tbsp.	3.2
Walnuts (English)	2 Tbsp.	1.0
Sesame seeds	2 Tbsp.	0.07
Almonds	2 Tbsp.	0.06
<i>Vegetables, fruits and legumes</i>		
Soybeans, cooked	1 cup	1.1
Tofu, firm	1/2 cup	0.7
Tofu, medium	1/2 cup	0.4
Soy milk	1 cup	0.4
Berries	1 cup	0.18
Peas	1/2 cup	0.16
Broccoli, kale, Chinese greens and salad greens	1 cup, raw	
	1/2 cup, cooked	0.1
Legumes	1/2 cup	0.05
Other fruits and veggies	1 cup	0.05
<i>Grains</i>		
Oat germ	2 Tbsp.	0.2
Wheat germ	2 Tbsp.	0.1

ANIMAL FOODS (for comparison)

Meat and dairy		
Meat, poultry	3 1/2 oz.	0.2
Dairy products		
	1 cup milk	
	1 oz. cheese	0.1
Fish		
Fatty fish — mackerel, herring, salmon, sturgeon, bluefin or Albacore tuna, lake whitefish, sardines, bluefish	3 1/2 oz.	1.0-2.5
Medium fat fish — turbot, oysters, trout, rockfish, mussels	3 1/2 oz.	0.5-0.8
Low fat fish — halibut, squid, perch, shrimp, crab, haddock, cod, flounder, scallops, lobster, clams, swordfish, smelt, sole, orange roughy	3 1/2 oz.	0.1-0.4

Source: Flax Council of Canada

Items for Medical Databook are welcome from all hospitals, physicians, companies and residents active in the Observer-area medical community. Items should be sent to: Medical Databook, c/o The Observer Newspapers, 36251 Schoolcraft, Livonia 48150, e-mail kmortson@oe.homecomm.net or faxed to (734) 951-7279.

ONGOING

ADULT CHILDREN OF ALCOHOLICS
Adult Children of Alcoholics and dysfunctional families gather everyday for 12 step support group meetings in the metro area. To find a meeting near you call (248) 988-0873 or write: ACA, P.O. Box 401483, Redford, MI 48240-9489, for information.

AA & ALANON
Alcoholics Anonymous & Alanon meeting meets Wednesday and Sunday from 8:30-9:30 p.m. at Garden City Hospital North Entrance (5254 Inkster Road) at Garden City. Contact (248) 541-6565 or (734) 776-3415. Everyone's welcome. "Alanon meeting" Sunday ONLY.

BLOOD PRESSURE SCREENINGS
Marquette House, a residential assisted living facility in Westland, will hold blood pressure screenings every fourth Tuesday in conjunction with Visiting Nurse Association. Screenings are open to the public from 11 a.m. to noon at the Marquette House, 36000 Campus Drive (across from John Glenn High School). Call (734) 326-6537 for information.

TUE, FEB. 29

LIVING WITH DIABETES
Taking Charge of Living with Diabetes will be held Tuesdays and Thursdays beginning Feb. 29 and ending March 23 from 7-9 p.m. at St. Mary Hospital. Call (734) 655-8940.

WED, MARCH 1

YOGA
A series of graceful, slow motion movements for increasing flexibility and tone, improving health and mental outlook. Good for

relief from muscular tension and mental stress. Dress comfortable and bring a mat. Your instructor is a certified fitness instructor and personal trainer with 16 years of teaching experience. Classes run from 6-7 p.m. and 7-15-8:15 p.m. March 1-April 5. Cost is \$48 for 6 week class; drop-in rate per class is \$10. Healing Arts Clinic is located at 340 N. Main Street #205 in Plymouth. Call (734) 207-0557 to register.

AWAKE
The American Sleep Apnea Association (Alert, Well and Keeping Energetic) will host a discussion on "Surgery for Sleep Apnea, is it right for you?" at 7 p.m. by Dr. Gregory Stephens, D.O. (Otorhinolaryngologist). Garden City Medical Office Building (Classrooms 3/4 lower level), 6255 Inkster Road in Garden City. The meeting is free of charge and open to the public. Call 458-3330 with questions.

TUE, MARCH 7

FOOD AND MOOD
Learn how food can affect moods and how moods can effect food choices. Tips and guidelines provided to help with emotion-based eating. Call (734) 827-3777 to register. Class runs from 7-9:30 p.m.

THUR, MARCH 9

HIV/AIDS SUPPORT GROUP
HIV/AIDS heterosexual support group and family is sponsored by Friends Alliance and meets the second and fourth Thursday of each month. Aldersgate United Methodist Church, 10000 Beech Daily, between Plymouth and W. Chicago in Redford. More information call Kathleen (800) 350-7927.

SAT, MARCH 11

PUBERTY/GROWING UP
"A Heart-to-Heart Conversation for Mothers and Daughters on Puberty and Growing Up," provides both mothers and daughters ages 9-11 with accurate information about the normal physical and emotional changes

that pre-teen girls will experience as they enter puberty. Ann Arbor class from 1-5 p.m. Ann Arbor St. Joseph Mercy Hospital Canton Health Center, 1600 S. Canton Center Road. Call (734) 397-7557.

TOURETTE BOWL-A-THON
Bowl-a-strike for Tourette Syndrome Awareness at 1 p.m. at Vision Lanes (call Debbie (734) 525-6245). Ford Road east of I-275, and Oak Lanes in Livonia (call Rhonda (313) 543-1285). Bowlers are asked to pre-register by mail or phone and then turn in donations when you arrive. Bowling includes 2 games, shoes, pizza, pop and prizes. If you don't raise donations you are invited to join in the fun anyway. The fee to bowl is \$6 per bowler (extra games \$1). You must register by March 4. Write TSA, Michigan Chapter Bowl-a-Thon, 416 Mary, Royal Oak, MI 48073. Or e-mail teamich@usa.net

WED, MARCH 13

VEGETARIAN NUTRITION
Menu planning tips and resources for individuals of all ages who are already vegetarian and those who are learning in that direction. Includes hands-on cooking demonstrations. Class runs from 4-5:30 p.m. at St. Joseph Mercy Hospital - Ann Arbor/Briarwood Mall Health Stop (620 Briarwood Circle). Call (734) 827-3777.

YOUNG MOTHER'S SUPPORT
The Young Mother's Assistance Program (Y-MAP) will host their December support group from 6-8 p.m. at Newburg United Methodist Church (36500 Ann Arbor Trail) in Livonia. For information call (734) 513-7598. Meetings are always held on the second Monday of each month. Y-MAP provides moms an opportunity to meet with other young parents and share feelings and experiences with each other. Speakers are invited to share topics of interest including positive parenting, substance abuse, job search, education and more. Child care is provided by licensed care givers at no charge. A light dinner and refreshments will also be available.

TUE, MARCH 14

MASSAGE III (BODYWORK)
Advanced techniques that provide long-term results. Techniques include strain-counter-strain, trigger point therapy, myofascial release techniques. Class runs Tuesday, March 14, April 4, from 6-9 p.m. Cost is \$150. Healing Arts Clinic is located at 340 N. Main Street #205 in Plymouth. Call (734) 207-0557 to register.

WED, MARCH 15

DYSLEXIA SUPPORT
The Michigan Dyslexia Institute of Detroit Metro Center will meet from 7-9 p.m. at MDI, 30290 Orchard Lake Road (Suite #180) in Farmington Hills. The topic will be Dyslexia. What is it, how is it treated and how important is early intervention? The presenter will be Ann L. Beatty, director, Fellow from the Academy of Orton-Gillingham Practitioners and Educators.

THUR, MARCH 16

BABY BUILDING
Learn the building blocks for healthy nutrition before and during pregnancy and during breastfeeding. Topics covered include the foods you should eat, rating your own diet, common food-related discomforts of pregnancy, hints for cooking and shopping and nutritious recipes. Class runs from 7-8:30 p.m. Ann Arbor/Briarwood Mall's Health Stop of St. Joseph Mercy Hospital, 620 Briarwood Circle. Call (734) 827-3777.

THUR, MARCH 16

IMMUNIZATION CLINIC
Providence Mission Health Medical Center - Livonia will host an immunization from 4-7 p.m. at 37595 Seven Mile Road in Livonia. Cost is \$5 per child and includes all vaccines your child needs except chicken pox. Don't forget to bring immunization records. Call (877) 345-5500 for information.

SAT, MARCH 18

PREGNANCY PLANNER
If you're thinking about having a baby or are newly pregnant, come to this pregnancy planning seminar. Presentations will cover a range of topics, including deciding if it is time to start a family, preparing for pregnancy, birthing options and parenthood realities. Optional tour of St. Joseph Mercy Family Birth Center. Class from 9 a.m. to 12:30 p.m. St. Joseph Mercy Hospital Education Center, 5301 E. Huron River Drive, Ann Arbor. Call (734) 712-3456.

WED, MARCH 22

ARTHRITIS SELF-HELP
St. Mary Hospital and the Arthritis Foundation (Michigan Chapter) are sponsoring an Arthritis Self-Help Course, Wednesday, March 22, March 29 and April 5 from 1 to 3 p.m. in West Addition Conference Room B, St. Mary Hospital. This course provides arthritis education and skill building to help participants take a more active part in their arthritis care. Persons with arthritis or related diseases such as lupus, fibromyalgia, or scleroderma will benefit from this course. The cost is \$20 per person and registration is required. Classes are limited. St. Mary Hospital is located at Five Mile and Levan in Livonia. For more information or to register, please call (734) 655-8940.

THUR, MARCH 23

STRONG DAUGHTERS
Parents of pre-adolescent girls age 5 and up can develop practical strategies to help their daughter achieve and maintain high self-esteem. Learn strategies to counter limiting cultural

stereotypes in this six-hour program. Calls runs from March 23 through April 13 from 7-8:30 p.m. at St. Joseph Mercy Canton Health Center - 1600 S. Canton Center Road. Call (734) 398-7557.

HIV/AIDS SUPPORT GROUP
HIV/AIDS heterosexual support group and family is sponsored by Friends Alliance and meets the second and fourth Thursday of each month. Aldersgate United Methodist Church, 10000 Beech Daily, between Plymouth and W. Chicago in Redford. More information call Kathleen (800) 350-7927.

SAT, MARCH 25

GIRLS IN SPORTS
Even is for girls ages 11-18 who are active in sports, their parents and coaches. Learn ways to reduce girls' risk of bone, joint and muscle injuries while improving strength and flexibility. Don't miss a special talk by swimmer and Olympic gold medalist Annette Salmeen. Includes breakfast snack and lunch. Call to register. Program runs from 8:30 a.m. to 3:15 p.m. St. Joseph Mercy Hospital Education Center, 5301 E. Huron River Drive. Call (734) 712-3456.

APRIL 11 & 18

SHIATSU
Learn the traditional Japanese method of balancing body energy. Done on the floor over the clothing, this emerging treatment promotes health and well-being. Bring a mat and dress comfortably. Class runs Tuesday, April 11 and 18, from 6-9 p.m. Cost is \$75. Healing Arts Clinic is located at 340 N. Main Street #205 in Plymouth. Call (734) 207-0557 to register.

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For The 21st Century
by Herbert M. Gardner, D.D.S.

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Are You Depressed?

Answer the following questions based on the last 2 weeks or more.

YES NO

☐ 1 I feel sad, unhappy, self critical

☐ 2 I feel tired and have little energy

☐ 3 I have trouble sleeping or eating (either too much or too little)

☐ 4 I don't enjoy activities that I used to

☐ 5 I feel uneasy, restless, irritable or guilty

☐ 6 I have trouble concentrating, remembering things or making decisions

If you answered "yes" to 3 or more statements, you may be suffering from depression. A doctor can help you with this. The Institute for Health Studies is currently looking for individuals experiencing the above symptoms to participate in a research study of investigational medication for depression. If you are selected, all research-related costs and study medication are provided at no cost. Get answers and information about depression.

INSTITUTE FOR HEALTH STUDIES
(517) 349-5505 1 (800) 682-6663
Robert J. Bielecki, M.D.

Special, necessary testing for people suffering from Celiac disease

The Tri-County Celiac Sprue Support group will host serological screening in conjunction with the University of Maryland's Center for Celiac Research from 11 a.m. to 1 p.m. March 18. The blood drawing will be for relatives of celiacs, celiacs or other undiagnosed people at Southfield Presbyterian Church (21575 West 10 Mile Road), 1/4 mile east of Lahser.

Dr. Alessio Fasano, co-director of the University of Maryland's Research Center will give a presentation. Lectures and other information will be available and on going during the testing time. Patients who test positive will be notified directly from the Medical Center of the University of Maryland. The goal of the Center is to increase awareness of celiac disease. They are testing

The goal of the center is to increase awareness of celiac disease.

The immune system damages the small intestine when gluten (found in wheat, oats, rye, barley, spelt, buckwheat and millet)

enters the digestive system. The body produces immune cells that damage the villi in the small intestine. The villi aid in absorption of nutrients during the digestive process. Left untreated the disease can cause small bowel lymphoma. The only treatment for CD is strict adherence to a gluten-free diet. A single tube of blood will be drawn at the screening. If the blood test is positive a biopsy is done to confirm and determine the amount of damage. Further blood test and/or biopsies may be done to determine the healing progress and the success of the gluten free diet. \$10 donation requested. There will be supervised activities for children under 12 years old. For registration information call (313) 274-9232 or (248) 647-0076.

The people you need will be there, will you?

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Oakwood adds robotic employee to staff

The pharmacy at Oakwood Hospital & Medical Center — Dearborn has recently added a new "employee," designed to reengineer their medication use process to improve cost savings and increase the quality of care. The ROBOT-Rx™ system is a centralized, robotic drug distribution system that automates the storage, dispensing, return and restocking of patient medications. Oakwood Pharmacy Staff members had a contest to name the robot, and selected "More Fishant," a play on the phrase "More Efficient."

The system, purchased from McKessonHBOC, is composed of a robotic arm operating on vertical and horizontal rails, and is

programmed to retrieve medications and deposit them into patient-specific cassettes. The system uses bar codes to verify, retrieve and track medications from drug wholesaler to patient. Watching the robot glide back and forth on its hydraulic tracks, scanning codes with its infrared eye and reaching out to select the exact dosage, it's easy to see how it earned its name.

"The robot system is currently working the midnight shift," says Karl Widak, Oakwood Pharmacist. "It can spend the entire night preparing prescriptions for our patients the next day. It has allowed us to change our pharmacists' workloads, giving them much more time to devote to patient care and interaction." Widak also reported that plans are in place to eventually have the robot working around the clock.

Beyond reducing manual tasks, "More" is able to restock itself, manage its own inventory of the top 400 prescribed medications, and reduce the element of human error. "The staff is already using the time saved by the robot system to spend more energy in their clinical role, and that's good for us and our patients," says Widak.

WOMEN'S BUSINESS CONFERENCE

Working women ... working mothers ... women in business for themselves ... women who work inside and outside of the home ... these are the people who will be on hand Thursday,

March 9 at 7:30 a.m. at the Detroit Regional Chamber's "2000 WOMEN'S BUSINESS CONFERENCE" at the Hyatt Regency Dearborn. The luncheon keynote speaker is Mark

Victor Hansen, co-author of the very popular "Chicken Soup For The Soul." To register visit www.detroitchamber.com or call (313) 964-4000.

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Sex in space story yet another internet hoax



MIKE WENDLAND

The latest example is a flurry of press reports that NASA astronauts tried out 10 techniques for making love in weightlessness during a 1996 space shuttle mission.

The report is a hoax, another one of those urban legends that has been floating around the Internet for a long time. But this week, some of the world's leading newspapers and a lot of ratings-crazed TV news stations seeking sweeps month viewers aired the report as if it was true.

For the record, says NASA, the reports are totally false. The coverage stemmed from a new book by a French author released this week claiming he had seen a secret NASA document, "NASA publication 14-307-1792," that detailed the experiments.

The document (<http://www.qnx.com/~glen/dead-beef/1139.html>) has been on the Internet for months and has repeatedly been exposed as phony. "It's one of those urban myth things," said NASA spokesman John Ira.

E-stamp sales sluggish

Is anybody out there using e-stamps? Trade publications say consumers are slow in embracing this technology, which allows you to prepay for stamps and then use your PC printer to print out envelopes "e-stamped" with the proper amount of postage. Send me an e-mail if you're doing this and let me know if it's as cumbersome as it sounds. It just seems like a stamp and sticking it on an envelope is a lot easier than turning on the computer, calling up the program, inserting the envelope and waiting for it to print out. While it's an interesting concept, I wonder how practical it is?

MSN drops newsgroup

The Microsoft Network has abandoned support for newsgroups, those 40,000-plus free-wheeling Usenet discussion group forums that have been a net mainstay since the beginning. MSN officially says it decided to drop newsgroups "because we now have a better communication vehicle provided by MSN Web Communities."

including chat, message boards, e-mail and Web pages.

But that's just typical Microsoft mumbo-jumbo. The real reason Microsoft is dropping newsgroups is because it can't control newsgroups. Because newsgroups are unsponsored, MSN can't make any money from them. And MSN isn't alone. For the Internet Internet as a whole, newsgroups serve as competition for the forums, communities and discussion groups hosted on individual Web sites.

Commercial Web site owners and portal sites don't want eyeballs to wander off their cyberspace turf. I think this is the start of a major trend. Other services and portals are sure to follow MSN's lead.

And while newsgroups indeed are unwieldy and sometimes rude, noisy and frustrating, I hate to see the Net become so mercenary. I know, I know. Web sites have to make money. But if newsgroups die out, so does one of the few remaining vestiges of Net democracy.

Palm shows off color

Normally, I buy every new Palm handheld that comes along. And as much as I'd like to have a color Palm, I think I'll pass on the color IIc that Palm Computing is showing off this week. The \$449 model is much

bulkier than my sleek black and white Palm Vx, and I'm not about to trade the convenience of batteries that last for three weeks or more on a single charge for the five-day charge-time of the color model. Still, I haven't got my hands on the color unit yet. I'm pretty easy to seduce when it comes to high tech gizmos. But from the early high tech press buzz, the IIc seems a disappointment.

Prime time on the net

Saturday is the most popular day to surf the Net. Wednesday is the least. All right, here's the complete results from a company called Statmarket, which measured traffic during the first week in February and found that Saturday accounted for 15.51 percent of it. Friday came a close

second with 15.36 percent and Thursday was third with 14.37 percent. Sunday was the next most popular day with 14.03 percent of traffic. Monday, Tuesday and Wednesday did not prove too popular as surfing days, taking 13.71 percent, 13.58 percent and 13.44 percent of traffic respectively.

READER Q&A

Q: I love the Internet but very often I get so lost. I want to go back to a Web site I saw earlier but I don't remember where I found it. Is there a way to retrace my steps?

A: Look up on the far right side of the address line of either Netscape Navigator or Internet Explorer. See that little downward pointing arrow? Click on it and a list of every Web site you have visited in that session will

appear. Explorer even has a shortcut. Hit F4 and a list of all the sites you visited will pop on the screen. Recent versions of Internet Explorer also have a History icon up on the menu bar. That gives you a list of sites you've visited over the past week. You can search by day, site name, most visited or most recently visited. It's a pretty handy feature to retrace your steps.

Until next week, "73" everybody. Mike Wendland covers the Internet for NBC-TV NewsChannel stations across the country. His "PC Talk" radio show airs Saturday and Sunday afternoons on Detroit's WXYT-Radio AM1270. He is the author of a series of Internet books. You can reach him through his web site at <http://www.pcmike.com>

BUSINESS CALENDAR

Items from the Observerland area for the Business Calendar can be sent to: Observer Newspaper, 36251 Schoolcraft Road, Livonia, MI 48150 attention: Business Calendar.

SAT, MARCH 4

GROWING UP GRACEFULLY
Growing up gracefully — a seminar on etiquette for young ladies and gentlemen (ages 8-12) will be held from 10 a.m. until 2:30 p.m. Saturday, March 4 in the banquet room at the Country Epicure restaurant in Novi. Current subjects include letter writing and thank you notes; the proper way to answer the telephone and what to say; how to introduce your parents and

friends; developing good personal grooming habits; the do's and don'ts of traveling and other topics of proper social graces. The newly-revised seminar also includes topics such as family values, behavior at school and on school buses, participating in sports events and being with people different than ourselves. This seminar also features a three-course luncheon where children can learn by hands-on experience in the proper use of silverware, knowing what to do with the napkin, learning how to cut foods, table conversation and handling stemware. The fee is \$125. For enrollment information call Margit Erickson at (248) 471-6170.

FRIDAY, APRIL 14

BUSINESS IN CHINA
Oakland University's Professional Development and Education Outreach, School of Education and Human Services (SEHS), will present, "Opening Doors in the 21st Century, Creating Business Opportunities in China after WTO." The seminar will be held from 8 a.m. to 4 p.m. on Friday, April 14, 2000 in Oakland University's Meadow Brook Ballroom. The workshop is an introductory course for individuals and organizations that are interested in developing or expanding markets in China. Jerome D. Hill, J.D., Ph.D., and Ledong Li will share their expertise on expanding interests and overcoming the challenges of doing business in China. Call (248) 370-3033 for a brochure or to register for the seminar.

Dr. Lanore Najor joins our Canton health care team!

For the convenience of our new and existing patients Dr. Najor will be practicing in both our AIIM Canton office as well as in our Eastside Ann Arbor AIIM office. We warmly welcome her to Canton!

Lanore Najor, DO
Formerly a senior physician of the Henry Ford Medical Group and a registered nurse at Harper Hospital, Dr. Najor brings ten years of experience and a track record of exceptional patient care to our practice. With IHA since 1998, a warm and caring approach characterize all her interactions. Dr. Najor is currently accepting new patients beginning at age fourteen.

Robert Stankewitz, MD
Robert Stankewitz, MD resides in Plymouth with his family and joins our practice with fresh ideas and state-of-the-art techniques supported by his firm beliefs in long-term relationships with patients and the proven benefits of preventive medicine.

Darcy Owings, MS, RN, NP
As a nurse practitioner, Darcy Owings is committed to high quality patient care through education. Working with our physicians, her experience and specialized training create the relaxed, knowledgeable approach that gives her patients confidence.

Gary Poppin, MD
In private practice since 1994, Dr. Poppin has relocated care for his Belleville patients to our new Canton office. He demonstrates to patients and staff his commitment to personalized, high quality health care.

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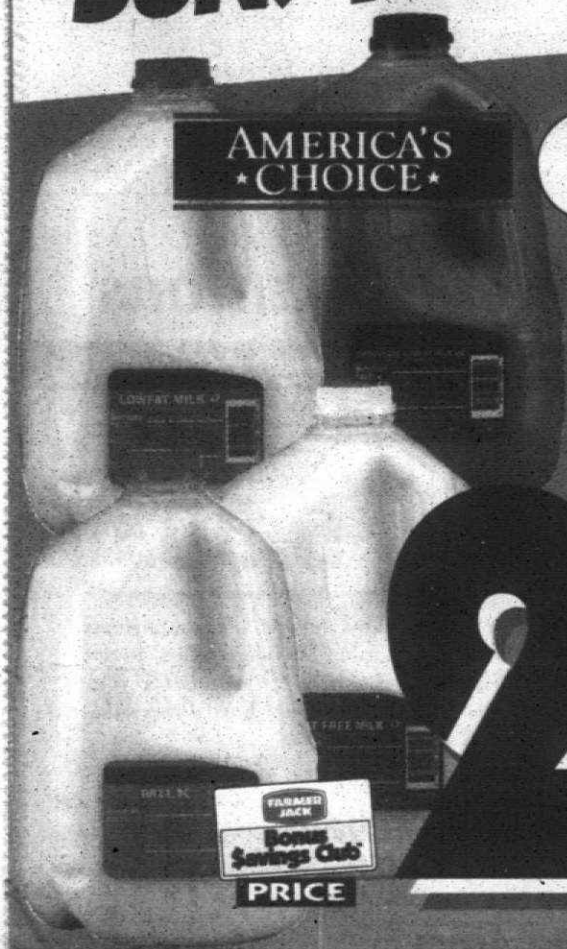
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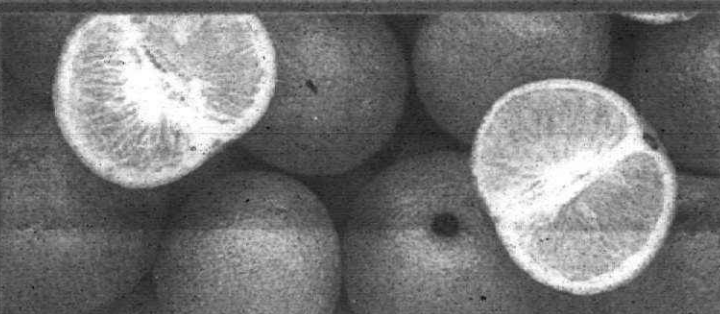
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WED.	THU.	FRI.	SAT.	SUN.	MON.	TUE.
Mar. 1	Mar. 2	Mar. 3	Mar. 4	Mar. 5	Mar. 6	Mar. 7

**A Wednesday Start Date Now
Insures Your Farmer Jack
Circular in Your Home Before
Our Sale Starts.**

IT'S ALWAYS SAVINGS TIME AT FARMER JACK!