

Canton Observer

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THE WEEK AHEAD

SUNDAY

Vaccinations: The Farmer Jack supermarket on Joy, south of Morton Taylor, will join with VNA Caring Home Support of Pontiac to offer flu and pneumonia vaccinations 1-4 p.m. today to interested shoppers. Cost is \$10 for the flu shot and \$25 for vaccination against pneumonia.

MONDAY

Local government: The Canton Planning Commission holds a regular meeting at 7 p.m. in the administration building, 1150 S. Canton Center Road.

WEDNESDAY

Newcomers: The Canton Newcomers hosts its annual membership drive meeting 7 p.m. at the Sunflower Clubhouse, 45800 Hanford. Women living in or near Canton who are interested in civic, social or charitable activities are invited to attend and learn more about the club. You don't have to be new to the area to join the club. For information call 451-5426 or visit the Web site at: <http://www.cantonnewcomers.com>

Chamber luncheon: Richard Helppie will speak on "Technology's Great Impact on Health Care" at the monthly luncheon hosted by the Canton Chamber of Commerce, noon at the Summit. Cost for the luncheon is \$15 per person. To make a reservation call the chamber, (734) 453-4040, by Monday.

Official: Firm sends wrong signal



BY SUE BUCK
STAFF WRITER
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MediaOne will open a new billing office in Canton next month but any plans to replace its shuttered Rhonda Drive public access facility are up in the air.

MediaOne is in violation of its franchise agreement by not having a public access studio, says Plymouth Township Supervisor Kathleen Keen McCarthy. The cable TV provider is, however, opening a new Canton billing office.

Plymouth Township Supervisor Kathleen Keen McCarthy asked Attorney Tim Cronin Sept. 28 to review what she and others consider a violation of Media One's franchise agreement by not providing a local, public access studio.

"Three weeks is long enough to wait

for a response," McCarthy said about her unanswered Sept. 2 letter to Maria Holmes, government affairs manager for MediaOne. "MediaOne is required to have a studio in its service area of Plymouth Township, the City of Plymouth, Northville and Canton Township."

Holmes didn't directly return phone calls from the Observer. She asked Paula Peters, corporate communications manager, to call. But Peters couldn't say definitively where a future public access facility might be relocat-

ed. Differing views emerged this week about whether public access facilities would be located within the new billing office at 8008 Sheldon Center Road in Canton Township. The center is scheduled to open Nov. 1. On Sept. 28, Peters said that there was no space designated at the billing center for that purpose.

The intended use of the Canton building is primarily as an administrative office and customer convenience

Please see CABLE, A2

Salem crowns a queen



STAFF PHOTOS BY PAUL HURSDMANN



Homecoming highlights: Plymouth Salem High School senior Bree Pastalaniek of Plymouth gets a hug from her friend, Amy Dupuis of Plymouth, 17, as Kim Yount of Canton, 17, and her sister Jenici Pastalaniek offer their congratulations after Bree was named Homecoming Queen Friday. and during half-time. Pictured at left are Britiany Bowers (left) and Angela Gatt, both 9 and from Belleville, dancing before the football kickoff. Above, Bridget Palumbo of Canton, 17, cheers as principal Gerald Ostoin drives up in the "Bongo Bomber," an all-terrain vehicle which the kids transformed into a party mobile for Homecoming. For a report on Friday's game, please turn to Page B1 in today's Observer.

Good tech help is hard to find

CANTON TOWNSHIP

BY SCOTT DANIEL
STAFF WRITER
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A shortage of computer programmer/analysts has left the township and local companies struggling to fill positions.

The nation's strong economy gives industry workers their pick of jobs, according to Canton and business officials.

Yazaki North America Vice President of Finance and Information Technologies Tom Moore said it's not

Please see HELP, A3

Flagstar will revise site plan

BY SCOTT DANIEL
STAFF WRITER
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Tear it down. That's the message Canton is sending Ford Road newcomer Flagstar Bank. Not the entire facility — just a brick garden wall that doesn't meet Downtown Development Authority standards.

The height, size and color of the structure don't quite match existing walls in the district, according to Canton Community Planner Jeff Goulet.

"We don't know why they gave the contractor the OK to use that type of brick," he added.

Flagstar sits at the corner of Ford

Please see BANK, A3

Youth forum will hear directly from students

BY TONY BRUSCATO
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The Plymouth Youth Forum is taking its show on the road to find out what teens perceive as the problems and solutions facing young people in the Plymouth-Canton area.

Approximately 30 Youth Forum members realized that before the mostly adult group could proceed with decisions on what kinds of activities should be developed to keep young people off the streets and out of trouble, input from middle and high school students was needed first.

"The key is going to the young people and finding out what they want," said Stella Greene, Plymouth city commissioner and member of the Youth Forum. "If it's not what young people want, then let's not waste our time, energy and money."

And that's fine with Lauren Augustyn, 16, of Plymouth, who will be organizing a meeting at the high school to get ideas from her peers.

"If you give kids a voice, they'll let you know what they want," said Augustyn. "Most kids get in trouble with alcohol and drugs because they

have nothing to do. And kids want to go where the supervision is just a little bit older than they are, people they can relate to and are responsible."

"Dan Riggs, a high school teacher, will be helping Augustyn behind the scenes."

"We want students to tell us what the problems are in town and how to solve them," Riggs said. "Maybe we'll get five or six good ideas that will give us a start on what to do."

While Augustyn and Riggs work the high schools for ideas, Katie Welch and Mary Novrocki will be doing the same at the middle schools.

Members of the Youth Forum also discussed the possibility of using school buildings and facilities to house future programs for teens.

"We've gone from talking about our problems to implementing one of our major goals, involving the youth of our community," said Bill Joyner of the Plymouth Volunteer Center. "I think there's a clear call for better utilization of community facilities that are currently under-utilized, better promotion and marketing of existing activities for youth, and a desire to put together funding mechanisms to pay for activities that are developed."

Revolutionary heist: Brit grabs Old Glory

A 26-year-old Englishman was arrested early Friday morning for stealing an American flag at a Canton business.

According to township police reports, a witness spotted the man, who was described as 6-foot tall and 180 pounds, standing near Johnson's Restaurant on Ford Road shortly after 3 a.m.

The witness told police the man then walked out of view and came back minutes later with an American flag draped over his arm. Police were called to the scene minutes later and arrested the man who was walking along Ford Road.

Police later discovered that the flag had been taken from the L.J. Griffin Funeral Home, which is adjacent to Johnson's. The flag was valued at \$75.

Movie time

A 27-year-old Plymouth man was arrested Thursday after attempting to steal five VHS movies at Meijer

COP CALLS

on Ford Road, according to reports.

Loss prevention officers spotted the man shortly after 10 p.m. Reports said he concealed the movies, which had a total value of about \$45, and walked past cash registers.

At that point, loss prevention officers stopped and detained the man. Canton officers later arrested and ticketed the man. He now faces an Oct. 29 hearing at the 35th District Court in Plymouth.

Car vandalized

A 24-year-old Canton woman's car was vandalized in the early morning hours of Thursday.

Reports said the vehicle was parked near her home on Stacey Street. Sometime between 2 and 3 a.m., the vehicle was scratched on

Please see COP CALLS, A2

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Cable from page A1

center, according to Jeff Goulet, Canton Township planner.

Mike Fitzsimmons, MediaOne's program manager, said that plans exist for a public access studio possibly at the new site but Fitzsimmons said that he was uncertain of the start date citing earlier delays. Equipment from the closed Rhonda Drive facility, now in storage in MediaOne's Dearborn Heights building on Guiley Road, would be moved to a new site, he said.

MediaOne also plans a service training and installation center on Beck Road technology park. "I haven't seen the new building yet," Fitzsimmons said of the building center.

Peters described a Sept. 28 note from Fitzsimmons to her on the subject as "vague." Informing the public of the new building center should take precedence, Peters added. "If it's not there it will be somewhere else," she said of future public access facilities.

The franchise agreement stipulates that a 300-square-foot production area in addition to equipment, storage and editing space, must be provided, Keen McCarthy said. The area must also be adequate for training purposes, she said.

Bill Joyner, a Plymouth Township resident and community activist who works at the Plymouth Volunteer Center on Starkweather, wrote a letter to Keen McCarthy Sept. 2, complaining that there is no public access studio located in Plymouth.

COMEDY DINNER THEATRE ADULTS ONLY

Tony & Maria's Wedding

Friday, October 15th - CANTON
Summit on the Park
Friday, October 22nd - LIVONIA
Laurel Manor

DINNER SHOW, 7:30 P.M. - 10:30 P.M.
TICKETS: \$20.00 - \$35.00
RESERVE NOW FOR BEST SEATS!

Canton Observer

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THE Observer
NEWSPAPERS

1999 General Excellence

Such a deal: Garage sale is priced to go

BY SCOTT DANIEL
STAFF WRITER
sdaniel@ee.homecomm.net

Everyone likes a garage sale. On Oct. 22, the township will hold its own version as everything from amplifiers to zip drives will be priced to move.

"Last year with the garage sale we had a huge sea of people come in as soon as we opened the doors," Canton Finance Clerk Jessica Pietka said. "We sold everything in two hours."

The sale will run from 9 to 11 a.m. at the township's department of public works building on Sheldon Road south of Michigan Avenue.

At the second year Canton has held a garage-type sale. Previously, items were auctioned off.

"It worked much better than the auction," said Pietka, who added "prices are negotiable."

Safety seminar for seniors on road

AAA Michigan will sponsor a program on how to keep driving safely regardless of your age at 3 p.m. Thursday, Oct. 7, at the Auto Club's Canton branch, 2017 Canton Center Road.

The Older-Wiser Driving Forum stresses "driving issues pertinent to the maturing driver, such as visual acuity, physical limitations, and things that can be done to offset these limitations," said AAA Michigan Branch Manager Natalie Rice.

Older drivers are more at risk of having a collision than drivers

in any other age group, with the exception of drivers 25 and under. Repeat fender-benders, getting honked at constantly and getting lost on familiar routes are signs of deteriorating driving skills.

According to research, people's eyes at 60 need three times as much light as they did at age 20. Peripheral vision, pupil's ability to contract and depth perception all decrease. Traveling in well-lit areas and carpooling at night, as well as using the mirrors more to compensate for the

peripheral vision, are ways to accommodate this.

Next to alcohol, prescribed medications are responsible for many crashes. People taking medication should discuss side-effects with their doctors. Within the first few days of taking a new medication, people should avoid driving because their bodies need a chance to adjust to it.

Drivers and others interested in attending the free, 90-minute seminar may call (734) 844-0146 for further information.

"It was the beginnings of quite a show," said PCEP Band Director David McGrath. The show's theme "Thoughtcrime: Music for an Orwellian Era," is an abstract representation of the loss of individuality in a state-controlled world.

Unusual props, complicated music and an extraordinarily fast pace, make this nine-minute musical drama a challenge to pull off. But McGrath is confident his marchers can continue to do just that.

"I think our performance level is as strong, if not stronger, than we normally are by this point in the season," he said. "The kids are working really hard."

And the kids agree. "We're really working our butts off this year," said Neal Koenig, a Salem senior and melophone player. After three previous years of national top-10 performances, he knows that kind of dedication can pay off, especially when it comes to abstract themes. "We're really working hard to make this show come together because there is a lot of weird things in it. It has taken a lot of work to get it to look good."

This was colorguard member Ashley Krause's first competition. "It is kind of hard, but it sure pays off," said the Salem freshman.

Indeed it did. The PCEP performers earned a 71.4 in Flight I, followed by Westland: John

Glenn with a score of 60.05. The Livonia Franklin Marching Patriots took fifth place with a score of 41.8.

Durand captured first place in Flight IV with a score of 66.05. West Bloomfield played in exhibition as hosts of the competition.

McGrath said he thinks people can get a fairly good idea of what the program is all about. "We had just enough in today and I think that people could sort of get what our ideas were with the Big Brother prop and the tubing on the uniforms."

He added, "I think it is harder in the early season because until it's done, and you have all the ideas implemented, people are scratching their heads a little bit wondering what it is you are trying to portray and trying to say."

McGrath thought a moment then said, "There are just eight weeks left in the season but these kids are working hard. They'll make it work."

The sale will run from 9 to 11 a.m. Oct. 22 at the township's department of public works building.

Canton's Board of Trustees authorized the sale at its Sept. 28 meeting. Merchandise will come from township offices and the police department.

A wide range of computer equipment will be sold. More than a dozen monitors will be sold for \$5. Two IBM-style pentium computers (100 MHz) will be sold for \$150 each. A number of printers will be available from \$10 to \$50.

Office equipment will be plentiful as well. Filing cabinets can be had for \$10, desks for \$15 and chairs for \$5.

Tools from Canton's grounds department will be sold for as little as \$5. A riding lawnmower can be purchased for \$300, a grinder for \$75 and metal work tables for \$5.

Police will be offering a wide assortment of items. Property Clerk Brenda Snyder said most come as unclaimed property or recovered items from thefts.

A number of bicycles, from mountain to 10-speeds, will be on hand. Snyder said prices range from \$1 to \$25 depending on the bike's condition.

Electronic equipment such as VCRs, televisions and telephones will also be sold. Funds raised from the sale will go to the department's training budget, said Snyder.

Sale patrons can pay with cash or check with valid identification. Credit cards will not be accepted.

The feelings were as warm as the late summer day when the Plymouth-Canton Educational Park Marching Band made a grand sweep of the Laker's Invitational at West Bloomfield High School on Sept. 18.

The PCEP performers marked their first competition of the 1999 season by capturing all Flight I caption awards for Best Marching, Best Music and Best General Effect, as well as first place in Flight I and highest overall score of the 12 competing bands in Flights I and IV.

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The process cranks out 60 vials an hour; it should come in handy on busy days when, according to Eiden, the pharmacy handles as many as 700

orders. "It's a very efficient system. It saves time, and it's 95 percent-plus accurate," he said.

Eiden said the robot is just one way that his independent pharmacy keeps up with, and surpasses, major drug store chains, who he says frequently have customers wait an hour or more to get prescriptions filled.

"Just because you're not a big chain-drug store doesn't mean you can't have state-of-the-art equipment," he said.

The robot, impersonal as it may be, allows Eiden and his staff to provide a more personable service, he said.

"The advantage is the pharmacist being able to spend more time with customers instead of counting out medications," he said.

"That's why we're still around. We have people drive here from Brighton, Dearborn, Dearborn Heights because they

trust us," Eiden said.

Of course, the robot can't do everything. The pharmacy carries far more medications than the system has trays.

Also, single items such as cough syrup and inhalers just don't fit into the system, so humans are still needed, for now, to give them out.

The computer labeling system serves as a tracking tool for the pharmacy as well, if, say, a recall on a particular medication is issued, Eiden would be able to identify who had received the drug with a few mouse clicks.

Richardson's drugstore opened across the street from its present location in 1975. Eiden, who himself has been with the store 30 years, helped the store move 10 years ago.

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Competition: The band performs its show at West Bloomfield High School on Sept. 18.

PCEP band lands sweep at Laker's Invitational

BY DIANE HANSON
SPECIAL WRITER

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Drug robot

Pharmacy goes high-tech to fill prescriptions

BY SCOTT NEINAS
STAFF WRITER

Getting prescription drugs in Canton now is just a mouse click away.

Richardson's Pharmacy at Ford and Lilley Road recently installed an automated dispensing system that uses robots to fill prescriptions.

"It does a better job than we could do," says store manager Tom Eiden. "It's a neat piece of equipment."

The robotic arm and claw sit in a metal casing unit behind the pharmacy counter.

After getting an order, the robot plucks a vial from a tray, dispenses the medicine and moves it to a docking point at one of 200 trays, each of which hold 500-1,000 capsules or tablets.

With an electronic eye, it "counts" the pills as they're ushered from the tray to the vial.

Still in the clutched care of the robot, the container is taken and placed gently on a two-inch-wide conveyor belt, which transports it to another automated station that spins and labels the vial.

The apparatus does everything but screw on the child-proof lids.

"We do that by hand. It allows us to verify the medication every step of the way," Eiden said.

A computer screen displays a blown-up image of the pills themselves, in color, for a visual check, and the label is scanned by a bar code reader for final verification.

The process cranks out 60 vials an hour; it should come in handy on busy days when, according to Eiden, the pharmacy handles as many as 700

orders. "It's a very efficient system. It saves time, and it's 95 percent-plus accurate," he said.

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Richardson's in Canton is the only remaining pharmacy



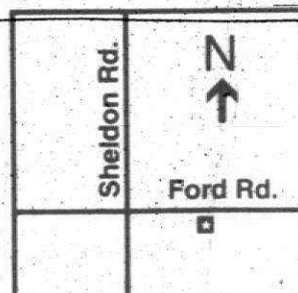
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Village industry vets return to Nankin Mills

BY KEN ABRAMCZYK
STAFF WRITER
kabranczyk@oe-homecomm.net

Clyde Love remembers plowing his father's farm field in what is now Westland when one day two limousines pulled up.

Love, then 18, was using a brand new tractor to plow across the road from Nankin Mills, then a small shop used to train tool-and-die apprentices and an engraving plant for Ford Motor Co. employee badges.

Suddenly a man inside one of the vehicles exited and asked Love if he wanted to work in a plant. Love replied no, then the man told him he had a job if he wanted it.

"He gets in the car and takes off," Love said. "My brother said, 'Do you know who that was? That was Henry Ford.'"

Eventually Love followed Ford's job lead and went across the road to Nankin to work as a machinist. Love and several other one-time village industry workers gathered at Nankin Mills, the site of one of those village industries, at a reception Sept. 22 to remember the 1940s at the small shops along the middle branch of the Rouge River.

The retirees attended a fund-raiser to help raise funds for exhibits at the Nankin Mills Interpretive Center. A historical display and nature exhibits are being constructed and are expected to be installed over the next several months at Nankin Mills.

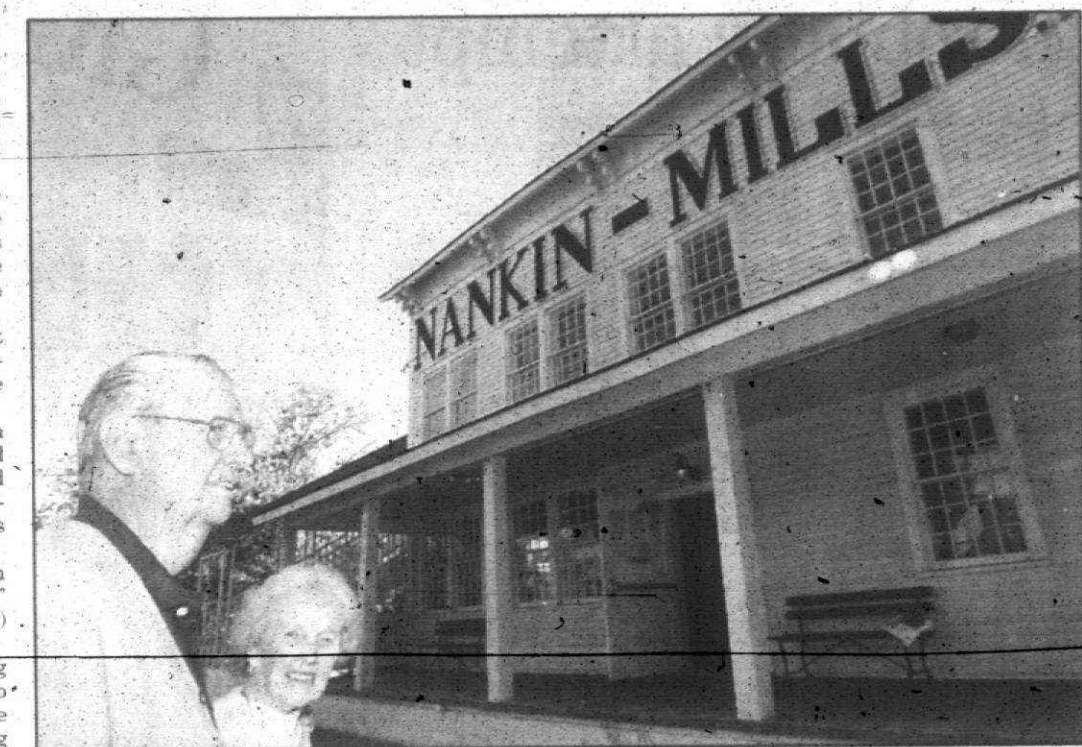
Wayne County parks officials hope to collect memories from the retirees to help with the historical displays and historical text concerning the Nankin Mills building.

Another former village industry worker, Warren Todd of Salem Township, lived in Plymouth in those days and worked at Nankin as a tool-and-die apprentice. Appearance was important, Todd said.

"If you worked on the main floor, you wore a white shirt," Todd said. "This (Nankin Mills) was a showpiece."

Henry Ford gave the building superintendent instructions to allow children access to the building to see the engraving machines that printed Ford identification badges, Todd said. It was Ford's way of showing the facility to the community.

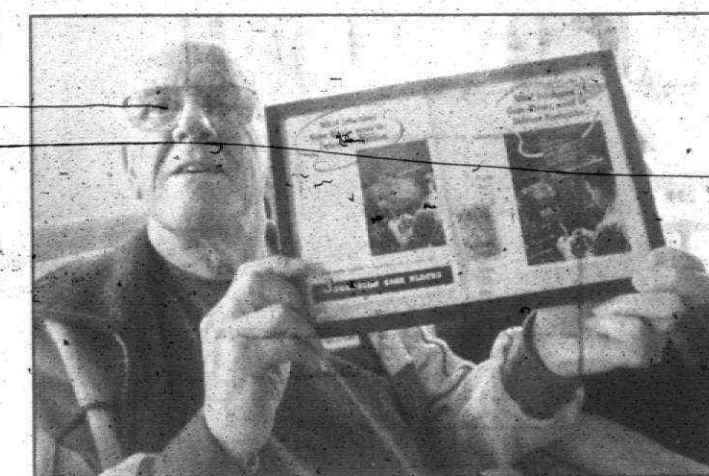
"Any children were welcome in the plant," Todd said. "They were welcome at any time." Todd later left Nankin and worked at the Ford Rouge Plant as an experimental parts fabricator.



Back in time: Warren and June Todd of Salem Township stand outside Nankin Mills. Warren Todd once worked at Nankin Mills in the early 1940s as a tool-and-die apprentice, remembering it as one of Henry Ford's showpieces of the village industries. That September afternoon was his first time re-entering the restored Nankin in more than 50 years.

Ed Bauman lived in Salem — and still does — die apprentice at Nankin Mills. He remembers getting and had a 40-mile round-trip to work as a tool-and-

Please see NANKIN, A7



Past presence: Lavern (Vern) Kelley, a Plymouth resident since 1928, holds an ad from National Geographic in which he was photographed working as an internal grinder and a snap gauge grinder at the Waterford plant near Northville Road, one of many village industries along the middle branch of the Rouge River created by Henry Ford to provide jobs and apprenticeships for area residents. The photo was taken around 1940.

Arthritis Today

JOSEPH J. WEISS, M.D. RHEUMATOLOGY
18829 Farmington Road
Livonia, Michigan 48152
Phone: (248) 478-7860

FIBROMYALGIA WITH ARTHRITIS

You can have more than one arthritis at a time, the most frequent combination is rheumatoid arthritis and fibromyalgia. The association occurs because tension associated with the rheumatoid condition sets the stage for the onset of fibromyalgia.

The features of rheumatoid arthritis are swelling and deformity of the hands and feet accompanied by profound fatigue. If you are so beset, you can imagine how readily you could become upset and embarrassed over your apparent clumsiness and awkward movements.

When you are in such a state, you are susceptible to the muscle strain and aching that leads to fibromyalgia.

Your doctor seeks evidence for the presence of these two conditions when you describe how you "hurt all over, from head to toe." If your rheumatoid arthritis flares you may have pain in your hands, wrists, elbows, shoulders, neck, knees, ankles and feet. However, it is rare for all these joints to become active at the same time.

What is the more likely cause, is that your rheumatoid arthritis creates the pain in parts of your body, and the fibromyalgia brings out distress in other muscles and joints. Making this distinction is important. For if your rheumatoid condition is unchanged, then new rheumatoid medications are not in order. Your physician will do better to treat your fibromyalgia.

In contrast, if the main reason for your pain is your rheumatoid arthritis, the doctor would do best to prescribe the cause of fibromyalgia, and not use medication available for your inflammatory condition. Making the right decision is difficult even for experienced doctors.

LEGAL SENSE
By Mark Slavens, P.C.
Attorney at Law
ON THE ROAD TO DISCOVERY
After the plaintiff's and defendant's positions are outlined in their pleadings, each side must engage in the "discovery process" before the trial can start. This stage involves the attorneys' attempts to find out as much information as possible about the merits of the other's case. This process of information collection is intended to uncover the facts of the allegations as set forth in the pleadings. It involves taking testimony (deposition) of witnesses under oath, as well as written questions (interrogatories) to the opposing side and requests to produce relevant documents. The discovery process is designed to create an even playing field of information so that the facts of the case, and not surprises, will forge the outcome.

Proper discovery makes it very unlikely that a last-minute piece of evidence or a surprise witness will be produced in court, even though those "aces up the sleeve" make for good courtroom drama on TV. Discovery, however, is only as revealing as the questions the attorney asks are probing. The ability to elicit the necessary information in discovery is the mark of a capable and experienced attorney.

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Canton man jailed in robbery attempt

BY BILL CASPER
STAFF WRITER
bcasper@ecce.com

A Canton Township man allegedly tried robbing a party store Sept. 23 in Redford Township but was chased away by a clerk. He then allegedly robbed a nearby flower shop before being arrested by local police.

The suspect, 31, was in custody in the township jail pending approval of charges by the Wayne County Prosecutor's office, Redford police Inspector Donald Mehall said.

There were no injuries in either incident, he said.

The man initially went into the Frosted Mug party store, 26802 Seven Mile east of Inkster Road, implying he had a weapon and demanding money. Mehall said. The clerk, a 39-year-old Southfield man, grabbed a miniature hockey stick and chased the suspect out of the store, Mehall said.

The employee does not speak English and called the store owner to report the incident, Mehall said. Before the police were called, the bandit walked into the Floral Cents flower shop, 27349 Seven Mile at Inkster Road, less than a quarter of a mile from the Frosted

Mug, Mehall said.

The flower shop owner told police the man put his hand under his shirt and demanded money shortly before 4 p.m.

He spun a cash register around, forced open a cash drawer, and took about \$200, Mehall said. The suspect then ordered the shop owner into a back room before leaving, Mehall said.

The flower shop owner, a 44-year-old Farmington Hills man, saw the robber drive away in a dark-colored minivan that headed south on Inkster Road, then east on Clarita just south of Inkster, Mehall said.

The shop owner called police to report the robbery, providing a description of the man and his van, Mehall said. A Redford officer spotted a blue minivan at Seven Mile and Grand River, less than two miles from the flower shop, Mehall said.

The driver matched the description of the suspect and the officer stopped him within a short distance on Grand River, west of Telegraph, Mehall said. The officer saw a large amount of money on the floor near the driver's feet and arrested him without incident, Mehall said.

The money was recovered but no weapon was found, he said.

Off and walking



CropWalk: Nearly 225 walkers representing 12 Plymouth-Canton churches participated in the Sept. 26 walk through Plymouth. Of the \$4,000 collected, 25 percent benefits local residents in need through the Salvation Army. The remainder of the money helps people around the world who are victims of war, disasters, emergencies and hunger via the efforts of Church-World Service. Donations can still be made by calling (734) 453-5280.

I-275 crossover in the works

BY KEN ABRAMCZYK
STAFF WRITER
kabramczyk@ecce.com

Wider is better. Just ask any aggravated I-275 motorist who has dealt with lane reductions due to the \$49 million reconstruction project between I-696 and the M-14/I-96 interchange.

But those motorists will get relief this weekend as the Michigan Department of Transportation plans to cross northbound traffic back onto the new pavement of the northbound side, either late Saturday or early Sunday, if weather permits. Those motorists have been

crossed over to the southbound side since July between the Five Mile and 10 Mile Road interchanges.

"When the crossover traffic is brought back over, it will have four lanes of northbound traffic," said Robin Pannecouk, MDOT spokeswoman. Traffic had been reduced to three lanes on both the northbound and southbound sides.

The southbound side will continue to have three lanes of traffic until the barrier wall is removed, which will take about another week. "We will have to make lane closures to remove barrier walls," Pannecouk said.

"But most of that work is planned for off-peak hours. 'You've got about five miles of barrier wall, so it will take about five or six days.'"

The opening of the Seven Mile Road interchange entrance and exit ramps onto northbound I-275 was delayed due to rain, Pannecouk said. They are expected to open this weekend.

Once Seven Mile is open, contractors will move to close the Six Mile ramps onto northbound I-275 for about 10 days to finish reconstruction of those ramps. Motorists should use Seven Mile and Eight Mile interchanges as detours.

OBITUARIES

HELEN F. BEVILL

Private services were held for Helen F. Beville, 78, of Canton. She was born Feb. 12, 1921, in Anderson, Ind. She died Sept. 28 at St. Mary Hospital. She was a homemaker.

She was preceded in death by her husband, George. Survivors include her two sons, Douglas (Laurel), Gregory (Cynthia). Local arrangements were made by the L.J. Griffin Funeral Home, Canton.

GARRETT C. STONE

Private services were held for Garrett C. Stone, 88, of Canton. He was born Jan. 30, 1911 in Hannibal, Mo. He died Sept. 28 at St. Joseph Hospital. He was a truck driver for a transportation company.

He was preceded in death by his wife, JoAnna. Survivors include his four daughters, Elizabeth (Eric) Mason, Joan (Dick) Berger of Canton, Mary Rau of Canton, Patricia Rapp, one son, James (Eileen) of Westland; one brother; one sister; 22 grandchildren; 24 great-grandchildren; and three great-great grandchildren.

Local arrangements were made by the L.J. Griffin Funeral Home, Westland.

ADOLPH H. SCHMIDT

Memorial services for Adolph H. Schmidt, 82, of Plymouth

were held Oct. 2 at Christ Our Savior Church. Burial was private.

He was born Jan. 21, 1917, in Frankenlust, Mich. He died Sept. 29. He was an administrator for education.

He was preceded in death by his wife, Mildred. Survivors include his two daughters, Kathryn (Stephen) Sonntag, Barbara L. Schmidt; and two granddaughters, Erin and Heather.

Local arrangements were made by the L.J. Griffin Funeral Home, Canton.

LUCILLE M. LANE

Services for Lucille M. Lane, 81, of Spring Hill, Fla., took place Oct. 2 in the Vermeulen Funeral Home. Burial was in Glen Eden Memorial Park, Livonia.

She was born Oct. 1, 1917 in Detroit. He died Sept. 27 in Hudson, Fla. She was a homemaker. She lived in Florida for 12 years. She was formerly of Livonia.

She was preceded in death by her parents, Edwin and Ella Marquette Roeder. Survivors include her husband, Elmer E. Lane of Spring Hill, Fla.; one son, James (Marge) Lane of Canton; and one daughter, Rosemary (Gary) White of Fenton.

Memorials may be made to the American Cancer Society, 29350 Southfield Road, Suite 110, Southfield, MI 48076 or Bayonet Point Medical Center, 14100 Fivay Road, Hudson, FL 34667.

ANNA M. KELLEMS

Services for Anna M. Kellem, 84, of Plymouth were held Oct. 1 at the Schrader-Howell Funeral Home in Plymouth, with Pastor William C. Lindholm officiating. Burial was in Detroit Memorial

Park, Redford Township. She was born April 14, 1915, in Toledo, Ohio. She died Sept. 27 in Livonia. She worked at Adista in Plymouth, Mich., and as a packaging clerk. She moved to Plymouth from Detroit in 1941. She loved to cook, crochet, and embroider.

She was preceded in death by her husband, Carlos M. Survivors include her three daughters, Marquette Hawes of Howell, Dolores (Thomas) Preston of Plymouth and Barbara (Marlin) Cowger of Plymouth; two stepsons, Leslie (Herma) Duffield of Fenton and Jackie Kellem; and two stepdaughters, Nora (Thomas) of Brethren, Mich., and Jean (Donald) Zander of Albion; five sisters; three brothers; 14 step-children; 17 great grandchildren; and 28 great-great grandchildren.

Memorials may be made to Angela Hospice, 14100 Newburgh Rd., Livonia, MI 48154-5010.

JAMES B. BROWN Services for James B. Brown, 66, of Canton were held Sept. 30 at Resurrection Catholic Church with the Rev. Richard Peretto officiating.

Brown was born Aug. 5, 1933, in Detroit. He died Sept. 27 in Harper Hospital. He worked for an automotive company.

Survivors include his son, Michael (Debra); two daughters, Debbie (Mark), and Pam (Mike); four sisters, Jacqueline, Betty, Barbara and Loretta; one brother, Robert; and three grandchildren.

Local arrangements were made by the Neely-Turowski Funeral Home, Canton/Chapel.

Schoolcraft seeks board applicants

The Schoolcraft College Board of Trustees is seeking candidates to fill the vacancy created by the resignation of Stephen C. Ragan, effective Sept. 30, 1999. Ragan left the board citing increased time and travel demands in his new position as vice president for institutional advancement at Lawrence Technological University.

Persons wishing to apply for the position must be registered voters. They must be residents of the college district which includes the Plymouth-Canton, Livonia, Garden City, Clarencville, Northville and part of the Novi school districts. The person will be appointed

through June 30, 2001. There will be a Board of Trustees election in June 2001.

Applications are available in the Office of the President, Room 190 in the Administration Building. The office is open from 8 a.m. to 5 p.m. Monday through Friday. The deadline for applying is Monday, Oct. 18. The board will interview candidates in early November and the new board member will be seated Nov. 17. For information, call (734) 462-4420.

Schoolcraft College is located at 18900 Haggerty Road, Livonia, between Six and Seven Mile roads, just east of I-275.

Continue your education

The following continuing education classes will be offered at Schoolcraft College the week of Oct. 11-16:

■ Real Estate Continuing Education - A course that fulfills the Michigan requirements for licensed real estate brokers and salespeople for license renewal for the current year. This one-day class begins 8 a.m. Sunday, Oct. 11. Fee is \$45.

■ Creating Web Pages - Online Course - Learn about the capabilities of the World Wide Web and the fundamentals of Web page design. This hands-on workshop will help you learn to create your own Web site. Appropriate computer access is required in this online course. This six-week Internet class begins Wednesday, Oct. 13. Fee is \$59.

■ First Line Supervision - This course reviews the basic skills required to supervise others in the workplace such as: leadership styles, decision making, goal setting, managing employee morale, communication and motivation, time and stress management and team building. This five-week class begins 6:30 p.m. Wednesday, Oct. 13. Fee is \$146.

■ Homeopathy: Beyond the Basics - A class designed for those who are familiar with the basic principles of classical homeopathy, have some experience using it and are interested in exploring further. This five-week class begins 7 p.m. Wednesday, Oct. 13. Fee is \$79.

■ Builder's Licensing Exam Preparation - Learn about the builder's licensing exam including Occupational Code Act 289, contracts, financial project management, payroll, personnel, safety insurance, bonds, liens, business organization excavation and carpentry, finish carpentry, concrete and masonry and roofing. This four-week class begins 6 p.m. Thursday, Oct. 14. Fee is \$195.

■ Winterizing Your Horse and Stable - Learn to prevent many weather-related illnesses and injuries by making changes in the way you care for your horse. This one-day class begins 9 a.m. Saturday, Oct. 16. Fee is \$58.

■ Long-Term Care Considerations - Are you counting on Medicare to pay if you need nursing home care? Is Medicaid an option? Can you afford to self-insure? Learn the answers to these questions in a one-day class beginning 9 a.m. Saturday, Oct. 16. Fee is \$40.

Give blood

The American Red Cross Bloodmobile will accept blood donations noon to 8 p.m. Tuesday, Oct. 12, in the Community Room at Schoolcraft College's Radcliff Center in Garden City.

The Bloodmobile will also accept donations 7:30 a.m. to 7:30 p.m. Thursday, Oct. 28, in the Waterman Campus Center at Schoolcraft College's main campus in Livonia.

To schedule an appointment at either location, call (734) 362-4400, Ext. 6470 or 5050. Walk-in donors are welcome.

The Radcliff Center is on Radcliff Street just south of Ford Road between Wayne and Merriam roads in Garden City. The main Schoolcraft campus is on Haggerty Road between Six and Seven Mile roads.

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ODDIVE ME CRAZY (PG-13)
1:00, 3:00, 5:00, 7:05, 9:05

MYSTERY ALASKA (R)
1:45, 2:10, 4:40, 7:20, 9:45

SIXTY SEVEN (R)
12:10, 2:25, 4:45, 7:10, 9:25

DOUBLE JEOPARDY (R)
10:00, 2:15, 4:50, 7:00, 9:15

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CHARTER TOWNSHIP OF CANTON PUBLIC HEARING

On Wednesday, October 20, 1999, at 3:00 p.m. in the Third Floor Conference Room, Administration Building, 1150 S. Canton Center Road, Canton, Michigan 48188, the Charter Township of Canton, under the auspices of the Canton CDBG Advisory Council and the Resource Development Division, will hold a public hearing to accept citizen comments and suggestions for the following:

1. Reprogramming of funds for FY 1998 Housing Rehabilitation: Program \$40,000 from FY 1998 Harrison Drain Improvements to FY 1998 Housing Rehabilitation Program. This will create a new activity, it will not cancel an existing activity.
2. Reprogramming of funds for community study and analysis of curb cut needs for wheelchair access; Reprogram \$20,000 from FY 1998 Harrison Drain Improvements. This will create a new activity. It will not cancel an existing activity.
3. Public comment on FY 1998 Consolidated Annual Performance Evaluation Report ("CAPERS")

Requests for information may be directed to the Resource Development Division at the address above, (734) 397-5392. If a reasonable accommodation is needed to attend any public hearing, please contact David Medley at (734) 397-5435.

TERRY BENNETT, Clerk

Published September 30 and October 3, 1999

Nankin

from page A5

ing paid — in cash.

"It was a nice group. We got along good, had a great foreman and everybody cooperated," Baquian said. "The village industries put a lot of local people to work."

But he left his job there to take care of the family farm, when his brother and father died in a train wreck in 1943. Years later, he worked at Burroughs.

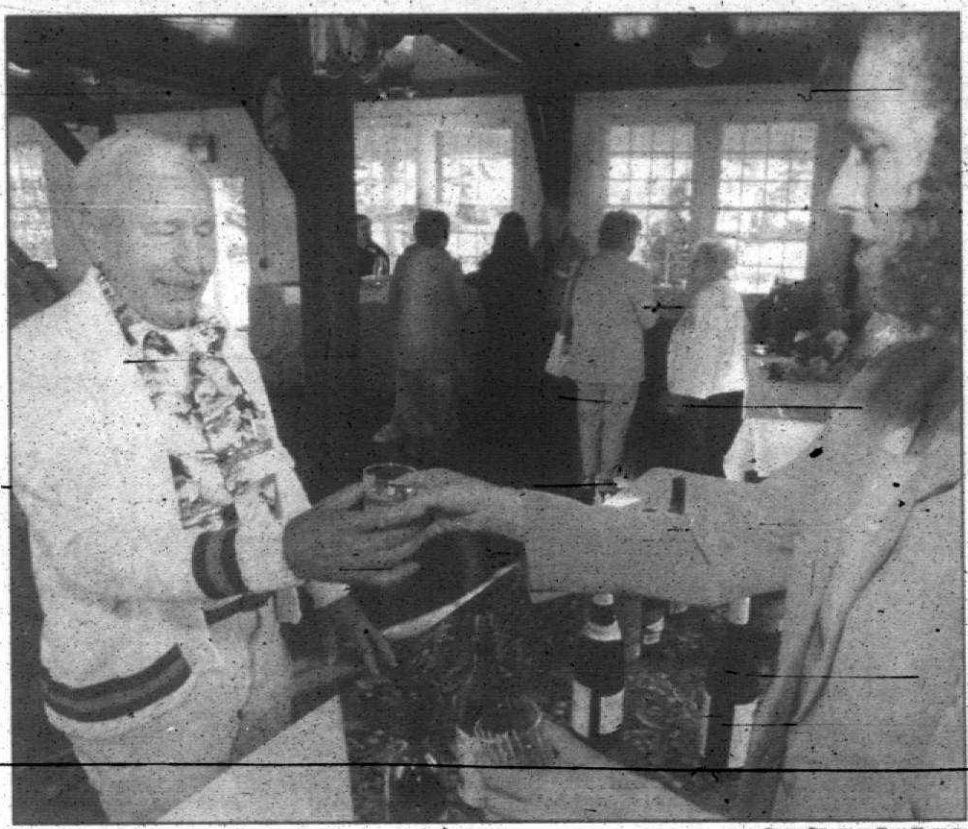
Vern Kelley, an employee at the Waterford plant near Northville Road for three years, worked there as an internal grinder and snap gauge grinder.

Kelley has lived in Plymouth since 1928. In 1940, he appeared in a Ford Motor Co. ad in National Geographic.

Actually, Kelley's father, Glenn, worked at the plant before Vern did, running a screw machine. "Ford came through with that \$5 a day (wage) during the Depression," Kelley said.

Kelley enjoyed the steady income and vacation time. "I wasn't worried about getting laid off, because there was always work," Kelley said. Kelley also met Ford, who greeted him with a simple handshake and hello. "He was a real pleasant guy," Kelley said.

Kelley also remembers the Plymouth community, naming Simpson's Bar, Gainey's Meat Market and Norma Cassidy's Clothing Store. The village industries "really helped the economy in the area," Kelley said.



Socializing: Clyde Love of Westland accepts a beverage from Kathy Vander at the fund-raiser. Love and a dozen retirees of the village industries were invited to share stories about Henry Ford and the old days when they were tool-and-die apprentices, snap gauge grinders and engravers at Nankin Mills and other small shops.

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Dentistry in the 90s
by Herbert M. Gardner, D.D.S.

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Streamlined child support payment procedure proposed

BY MIKE MALOTT
HOMETOWN NEWS SERVICE
mmalott@homecomm.net

Parents who rely on child support payments to make ends meet will get their money faster under a new statewide centralized collection system approved by the Michigan House Thursday, Sept. 30.

At present, the Friend of the Court may hold on to that money for up to 14 days. Under the new system, checks must be issued within two days.

The system should also be easier for those who pay, according to Rep. Laura Toy, R-Livonia, sponsor of one of 12 bills needed to create it. Paying parents can opt for electronic transfer of funds and direct deposit, she said.

And employers, ordered by the court to take money out of paying parents' wages because of past lateness, will send checks to a single location.

Federal law now requires states to have a single central support collection system as a result of welfare reforms adopted in 1996. To comply, state lawmakers must take over the collection and disbursement of child support from county-Friend of the Court offices.

To do that, the state signed a contract with the Washington, D.C.-based Lockheed-Martin company for \$107 million to build a central state computer, connecting all Friends of the Court to the network.

If the Senate concurs, the computer system is expected to be in operation by October 2001. When finished, it will be expected to handle receipts from 12 million payers — four million individuals and eight million employers — worth \$139 million in support annually.

Legislative aides said the new system should resolve several problems. It will be easier to track those who fall behind in their child support payments. And it will be easier to catch those cases in which support has been claimed against more than one non-custodial parent (claims against two fathers).

Because collections are conducted by counties presently, multiple claims are hard to spot when filed in different counties. And the money will get out faster.

"It's win-win for everybody," Toy said. "Local Friend of the Court organizations will have more flexibility and enforcement and less financial responsibility."

House Bill 4816, the main bill in the package sponsored by Rep. Gene DeRossett, R-Manchester, was approved by the House in a 101-3 vote. Toy and Rep. Gerald Law, R-Plymouth, also sponsored portions of the 12-bill package.

All Observer-area state representatives voted with the majority.

Bridge out until replacement is built

Beginning Monday, motorists using Northville Road just north of Five Mile Road will be detoured while a bridge over the Middle Rouge River is built.

The existing bridge, built in 1920 next to the Phoenix Lake dam, will be demolished. The new bridge will cost about \$3.2 million.

Motorists driving south on Northville Road will be directed onto Hines Drive to Northville

Road, about 1/4 mile south of the bridge. Motorists driving north on Northville Road will turn left onto Hines Drive onto the detour.

The bridge will be closed to traffic on Monday until construction is completed in late spring. While most road projects are suspended during the winter, work can continue on bridges.

The Northville Road bridge project is one of the 80-plus pro-

jects comprising Wayne County's \$60 million road construction season. Crews are working to complete nearly 70 miles of major improvements before winter.

For information on Wayne County's road projects, you can visit the county roads Web site at www.waynecounty.com/wayneroads, or call (734) 595-7623.

State grants available for charitable organizations

State Sen. Thaddeus McCotter, R-Livonia, is urging local communities and registered nonprofit volunteer organizations to take advantage of state grants available to support local volunteer efforts.

Michigan volunteer investment grants are currently available in amounts from \$25,000 to \$100,000. To obtain a grant, local volunteers and nonprofit organizations are to join in a collaborative partnership and designate one community organization to serve as their community volunteer

resource center.

The community partners must establish an agency endowment for the purpose of supporting the center, which would be financed by a dollar-for-dollar match between local and volunteer investment grant funds.

The filing deadline for 1999-2000 grants is Oct. 15. Applications and further assistance can be obtained by contacting the Michigan Community Service Commission at (517) 335-4295.

Read Jack Gladden Thursdays

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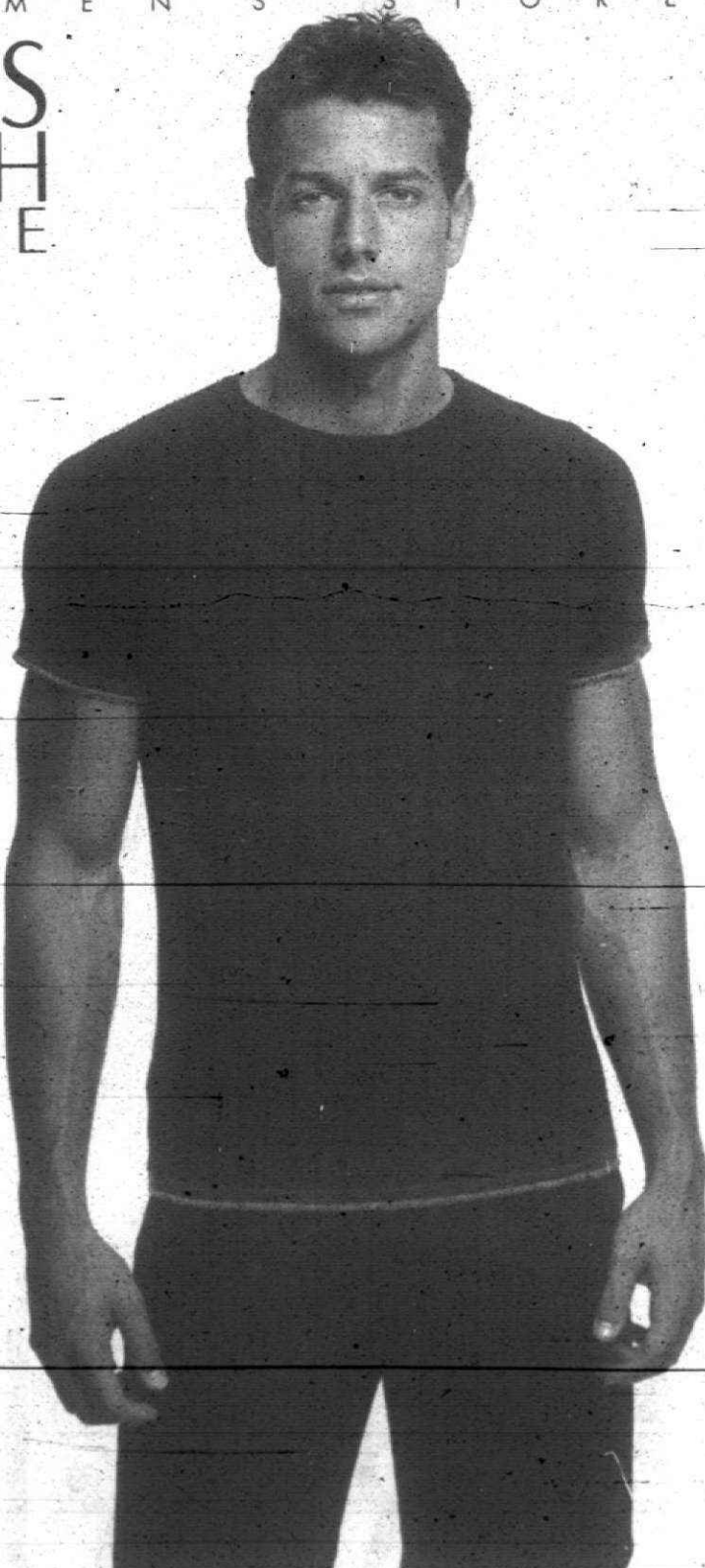
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Fairlane Town Center, Dearborn (313) 336-3070, Monday through Saturday 10 to 9; Sunday 11 to 6.

OBSERVER SPORTS SCENE

Canton swimmers fall

Walled Lake earned seven wins Thursday at home against Plymouth Canton to squeak out a 95.5-88.5 victory in a Western Lakes Activities Association girls swim meet at Walled Lake Western.

The loss dropped the Chiefs to 1-4 in duals.

Canton wins came in two of the three relays, with Danielle Drysdale, Michelle Nilson, Erin Rogala and Milyne Matheny combining for a victory in the 200-yard medley relay (2:02.27) and Nilson, Lindsey Mulio, Kim Weaver and Jamie Bielak taking top honors in the 400 freestyle relay (4:07.54).

Individual-event winners for the Chiefs were Drysdale in the 100 butterfly (1:03.11), Nilson in the 500 free (5:56.39) and Rogala in the 100 breaststroke (1:12.89).

Jessica Martin led Walled Lake with wins in the 100 (58.0) and 200 (2:10.08) freestyles.

Steelers sweep

The Plymouth-Canton Steelers varsity football team got three touchdowns from Steve Howey to defeat the Livonia Falcons 26-8 in a Junior Football League game last Sunday in Livonia.

Howey scored one of his TDs on a 91-yard run and another on an interception return. Josh Gay added a long touchdown run. Corey Walser, Mike Kerul and Tim Storch were defensive standouts for the Steelers, now 2-1.

The Steeler junior varsity earned its first victory of the season, beating their Falcon counterparts 7-0. The game's only touchdown was scored by Chuck Schumacher on a 1-yard run, set up by Matt Czajkowski's 23-yard run to the 1-yard line. Kevin Bradley, Steve Lehane, Chris Rusin, Schumacher and Kyle Gendron — who intercepted a pass late in the game — led the defense.

The Steeler freshmen team improved to 2-1 with a 20-0 triumph over the Falcons Sunday. Deshon McClendon scored two touchdowns and Troy Sutherland had one, with Jeffrey Stott and Devin Murphy adding extra points. Paul Kanaan, Matthew Mauldin and Alexander Avramoski paced the defense.

Chiefs' JV tips Mustangs

The Plymouth Canton junior varsity football team remains unbeatable, after registering a 24-13 triumph over Northville Thursday. The Chiefs' JV is now 5-0-1.

The Canton freshmen rebounded from a loss to Walled Lake Western the previous week to beat Northville, 22-10 Thursday. The frosh are 4-2.

On Sept. 23, a third-quarter touchdown propelled the Canton JV to a 7-0 victory over Western. The Chiefs' freshmen suffered two lost fumbles inside the Western 10-yard line and lost another possession on downs, which ultimately led to their defeat by a 20-14 count.

CCJBSA elections

The Canton Community Junior Baseball and Softball League, a.k.a. the CCJBSL, will elect five officers during its regular monthly meeting, 7-9 p.m., Wed., Oct. 13, at the Plymouth District Library.

The five officers will be elected to two-year terms and become members of the league's Executive Board.

Positions up for election include President, Secretary, Vice President, Equipment, VP-Fields and VP-Lower Boys Divisions. Remaining positions become open next year.

Indians tryouts

The Michigan Indians 10-and-under baseball team will have tryouts for its 2000 travel squad at noon Saturday at Plymouth Township Park, located on Ann Arbor Trail between Sheldon and Be...

Date of birth must be Aug. 1, 1989 or later. Call Rick Green at (248) 430-1940 or Nick Marrone at (734) 459-0695 for information.

Anyone interested in submitting items to Sports Scene or Sports Roundup may send them to sports editor C.J. Risak, 36251 Schoolcraft, Livonia, MI, 48150, or may FAX them to (734) 591-7279.

Canton rolls over Northville, 24-0



It wasn't pretty, but it was all Canton. The Chiefs simply ran the ball down Northville's collective throats in getting an important football win Friday, one that moved them one step closer to qualifying for the state playoffs.

By ED WRIGHT
STAFF WRITER

Plymouth Canton's smash-mouth, run-it-up-the-gut style of offense may not be electrifying to watch, but it lit up the scoreboard Friday night against Northville.

With Chief fullback Nick Stonerook doing his best imitation of a runaway train, Canton rolled to a 24-0 victory.

derailing the Mustangs' homecoming celebration.

Stonerook, who spent almost as much time in the Northville secondary as the Mustangs' defensive backs, grinded out 125 yards on 23 carries. His backfield mate, Jerry Gaines, rushed for 73 yards on 12 carries.

The Chiefs are now 4-2 (3-1 in the Western Lakes Activities Association) heading into Friday's home game

against Farmington Harrison. More importantly, they're two wins from making the playoffs for just the second time in school history.

"We won three games all of last year, so I told the kids before this year, 'Let's make our goal four wins, and the rest will be gravy,'" Baechler said. "Now that we've met that goal, I have to admit that, yes, it will be a little disappointing if we don't win five or six games and make the playoffs."

"I am extremely proud of every member of this team. One of the biggest plays of the game tonight was made by a player (junior John McKae) who started the season as a third-stringer,

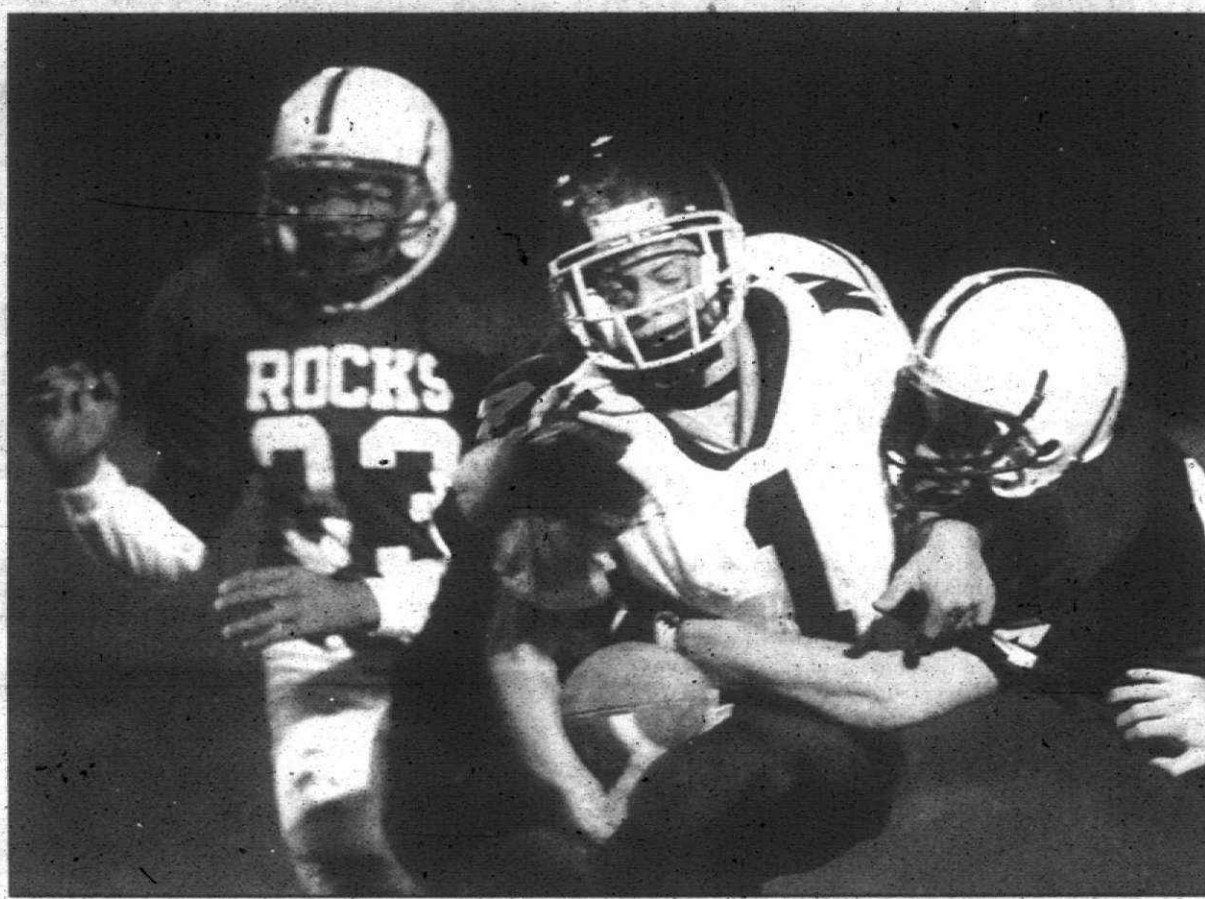
but because of injuries, is starting now. If I had to pick a star on our defense tonight, I couldn't do it because all 11 of them played great."

It took exactly four minutes and 45 seconds for the Chiefs to subdue the energetic Northville homecoming crowd. That's how much time elapsed on their game-opening, 68-yard drive, which was capped by quarterback Oliver Wolcott's 17-yard TD pass to Ian Riley.

Riley caught Wolcott's bullet at the 10-yard line, spun away from one Mustang defender and sprinted into the end zone. Wolcott kicked the extra

Please see CANTON FOOTBALL, B5

Salem gets 1st win



STAFF PHOTO BY PAUL HURSCHMANN

Forcing a fumble: Salem's Chris Foor (right) gets his arm in to pry the ball from a North Farmington ball carrier, as Andy Koccoloski (33) closes in. The Rocks also got two pass interceptions from Jason Furr in earning their first win of the season.

What Plymouth Salem did to celebrate its Homecoming Friday was simple: It ran the ball, just like the Rocks have done year in and year out in Tom Moshimer's reign as coach.

And they did it successfully, riddling North Farmington for 292 rushing yards in a 21-7 victory. The win ended Salem's five-game skid, giving the Rocks a 1-5 record, 1-3 in the Western Lakes Activities Association's Lakes Division. North is also 1-5, but the Raiders stand 0-4 in the Lakes.

SALEM FOOTBALL

Gabe Coble, filling in for Matt Fair at quarterback after Fair suffered a dislocated shoulder late in a 12-6 overtime loss to Walled Lake Central the previous week, broke two long runs to set up a pair of first-quarter touchdowns. Coble finished with 161 rushing yards on 19 attempts.

On Salem's first offensive play of the game, Coble busted loose on an

option play for 55 yards, down to the North 19. Five plays later, Andy Koccoloski drove into the end zone from 6 yards out for the score; Jim March's placement made it 7-0.

The Raiders failed to pick up a first down on their ensuing possession and Salem took full advantage. Following North's punt, Coble sped 68 yards to the Raider 16, setting up Jason Lukasik's 1-yard plunge that made it 14-0.

Please see SALEM FOOTBALL, B5

Stars of '74 are a treat at Homecoming



C.J. RISAK

Fall. Nature's regeneration process begins with the falling of the leaves and temperatures.

It's a time for self-examination, a time for reflection. With the closing of Tiger Stadium last week, such feelings were at a premium.

A perfect time for

Homecoming.

Last Friday, the players from one of Plymouth Salem's all-time greatest football teams gathered for a quarter-century celebration. Twenty-five years ago, the Rocks posted a 9-0 season to finish first in the first-ever statewide computer rankings.

That was the year before the state prep football playoffs began. But as Tom Moshimer — the only guy to ever coach Salem football — recalled, "We had the highest computer point total ever attained."

So the irony was overwhelming as that group of players was honored prior to Friday's Salem-vs.-North Farmington game. The best (Moshimer couldn't choose between that team and his '77 squad, which featured future University of Michigan quarterback Rich Hewlett) eulogized just before one of the Rocks' worst teams took the field.

Moshimer had never coached a team that started the season with five-straight losses. Until this year.

One thing these teams have in common: Their size. "We only had one kid over 200 pounds that played," said Moshimer of his championship squad. "They were small. They were really little."

"When we played (Farmington) Harrison, everyone thought we'd lose because they were so much bigger. They said Harrison would dominate us."

Please see RISAK, B4

Spartans still supreme

CROSS COUNTRY

in the WLAA's Lakes Division.

Both Salem teams are idle until Saturday, when they run at the Wayne County Invitational.

Canton routs Harrison

Plymouth Canton's boys team captured the top five spots in its dual meet against Farmington Hills Harrison Thursday at Cass Benton, leading to a 15-44 victory.

Jon Mikosz led the Chiefs, finishing first in 18:24. Scott Gillen was second (18:31), Brendan McClellan was third (18:40), Steve Debien was fourth (18:48) and Pat Pruitt was fifth (19:04).

Ryan Stanko finished ninth (19:13) and John Westerr was 10th (19:14).

The Hawks' leaders were Jason Scarbrough, who was sixth, Steve Sargol, who was seventh, and Jon Keller, who was eighth (all in 19:10).

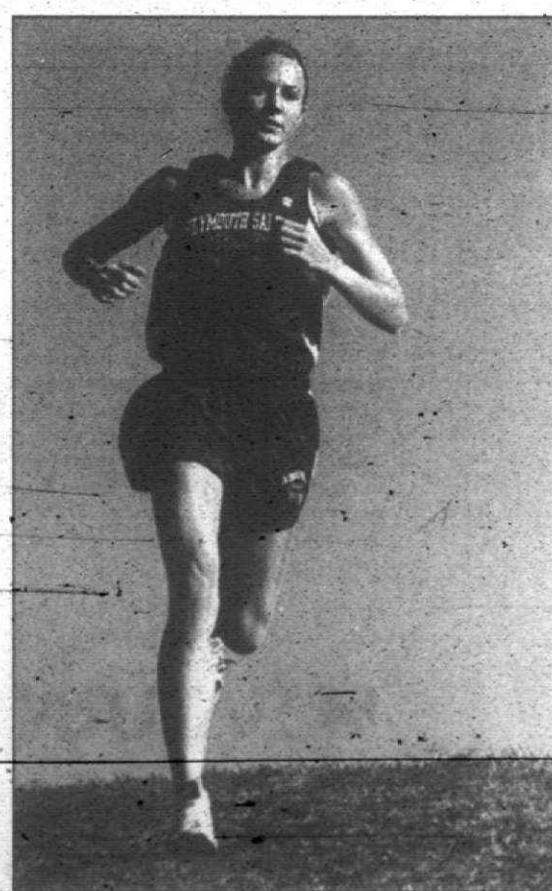
In the girls meet, Canton swept the first four places in defeating Farmington Harrison, 16-45, Thursday at Cass Benton.

The Chiefs' Stacie Griffin clocked 21:26 to edge teammate Sarah Rucinski by eight seconds. Another two seconds back in third place was Amy DuPuis while Allison Mills was fourth at 21:55.

Harrison's top finisher was Lauren Liebowitz at 22:04, who finished fifth, eight seconds ahead of Canton's Erica Stoney.

Seventh and eighth belonged to the Hawks' Lynn Andrzejewski at 22:26 and Christine Autry, 22:41.

Both Canton teams are now idle until Saturday, when they run at the Ypsilanti Invitational.



STAFF PHOTO BY BRYAN MITCHELL

A leading Rock: Salem's Rachael Moraitis finished second among the Rocks, placing seventh overall against Stevenson.

Certainly, Plymouth Salem's girls cross country team had hoped for something more. But Thursday in the Rocks' showdown against defending Western Lakes Activities Association champion Livonia Stevenson, they proved they had not closed the gap significantly.

The Spartans simply ran away from Salem at Cass Benton, posting an 18-37 dual-meet win. It was Salem's first loss in three WLAA Lakes Division meets; the Rocks are 4-1 overall. Stevenson is 5-0 overall, 3-0 in the division.

The Spartans claimed five of the first six spots, led by Andrea Parker who was first in 20:11. Tessa Tarole was second for Stevenson in 20:46, just ahead of Salem's top finisher — Rachel Jones, who was third.

Stevenson's Steffanie Rousseau (21:14), Tara Tarole (21:30) and Marissa Montgomery (21:34) placed fourth, fifth and sixth, respectively.

The Rocks had the next four spots, with Rachael Moraitis seventh (21:51), Aisha Chappell eighth (21:55), Kim Wood ninth (21:57) and Miranda White 10th (22:00). Salem's next finishers were Lisa Jasnowski, 13th (22:16) and Brynne DeNeen, 14th (22:21).

The Salem boys team didn't fare much better, losing to Stevenson 21-34 Thursday at Cass Benton. Donnie Warner paced the Rocks, placing second in 17:17. Next best for Salem was Manvir Gill in fifth (17:53); Rob Showalter, eighth (18:31); Mike Carpenter, ninth (18:39); Kurt Sarsfield, 10th (18:41); and Greg Kubitski, 11th (18:42).

Stevenson's Matt Isner won in 17:02. Eric Mink was third for the Spartans (17:19) and Brad Carroll was fourth (17:41). The Spartans are 4-1 overall, 2-1

Rocks wreck Rockets; N'ville beats Chiefs

It wasn't until the second half of Plymouth Salem's basketball game against Westland John Glenn that the Rocks asserted themselves.

Trailing 24-21 at the half, the Rocks outscored Glenn 26-15 in the second half to post a 47-39 victory. The win improved Salem's record to 8-1, 3-0 in the Western Lakes Activities Association. The Rockets are 5-4 overall, 2-1 in the WLAA.

Tiffany Grubaugh led the Rocks' rally, scoring 22 points. Kelly Jaskot was next best with nine.

BASKETBALL

Glenn got 19 points from Stephanie Crews and six from Latoya Chandler.

A run late in the third quarter allowed Salem to outscore Glenn 14-7 in the period to take a 35-31 advantage into the final period.

"Offensively, I believe we needed to be a little more disciplined, to get a little better shot than what we were taking," said Glenn coach Joel Lloyd. "In addition, we had some costly turnovers down the stretch. Put the two together and we're eight points short."

Northville 35, Canton 31: A poor start proved too much to overcome for Plymouth Canton Thursday at home against Northville.

The Chiefs trailed 14-5 after one quarter and 22-12 at the half as they lost for the third time in four games. Canton is 4-5 for the season, 1-2 in the WLAA. Northville is 4-4 overall, 2-1 in the WLAA.

"They're a big team, and we had trouble getting inside," said Canton coach Bob Blohm. "We need to attack the zone better. We had trouble hitting outside."

The Chiefs also had trouble hitting from the free throw line. They converted just 7-of-18 (39 percent). Northville was 5-of-11 (45 percent).

Canton closed the gap to 26-21 after three periods and managed to pull to within two in the last quarter. But Kate Hammond, a 5-foot-10 forward — the Mustangs also have the Hasse sisters, who stand 6-3 and 6-1 — nailed a jumper with a minute to go to seal the verdict.

"Northville's solid," said Blohm. "They're hard to compete against because of their size. But they were active, too."

Janine Guastella topped Canton with 14 points. Anne Morrell was next best with eight. Janna Hasse's 10 points topped the Mustangs.

Oakland Christian 52, PCA 26: Rochester Hills Oakland Christian raced to a 16-4 lead after one quarter and never relinquished Friday against Plymouth Christian Academy.

The loss left the Eagles at 2-7 overall, 0-3 in the Michigan Independent Athletic Conference. Oakland Christian is 5-4 overall, 3-0 in the MIAC.

PCA trailed 27-12 at the half and 40-17 after three quarters. Laura Clark paced the Eagles with nine points; she also had two assists. Ashley Baker's 13 points was best for Oakland Christian.

Ladywood 39, Regina 35: A pair of free throws with 38 seconds to play Friday by junior guard Melissa Harakas provided the Blazers with a basket-proof lead.

Center Liz Obrecht hit a basket inside the last minute to break a 35-35 tie. Harper Woods Regina then missed a shot, Livonia Ladywood rebounded and got the ball to Harakas, who was fouled.

Senior guard Kristen Barnes led host Ladywood with 10 points, all in the first half, while Melissa Harakas scored all eight of her points in the second half. She also had six steals.

Junior guard Jen Hunley came off the bench in the first quarter and hit a pair of threes to spark Ladywood to a 15-7 lead after the opening period.

Regina trimmed the margin by two to 23-17 at the half and cut the margin further to 30-29 after three periods.

The Blazers can point to free throws as a critical factor. They made 7-of-9 to improve to 8-2 overall and 3-1 in the Catholic League's Central Division.

Regina, led by senior guard Carrie Culos and her 13 points, made nine free throws but missed 11. It is now 3-5 overall and winless in four Catholic League games.

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Salem-vs.-Canton for the title?

What happened last Wednesday did more to shape the Western Lakes Activities Association soccer race than anything previously.

Indeed, while there are no certainties in sports (witness Farmington Harrison's sudden desperate quest just to qualify for the state playoffs in football after forfeiting two wins because they used an ineligible player), it would seem there is just one meaningful match remaining to determine who will meet in the WLAA final Oct. 20.

That match is the Plymouth Canton-vs.-Livonia Churchill game, which will be played Oct. 11 at Canton.

Here's what's happened: On Wednesday, Plymouth Salem guaranteed itself a spot in the WLAA final by thumping Livonia Stevenson 4-1. The only Lakes Division game remaining for the Rocks is Monday at North Farmington; even if they did lose it, however, the best Stevenson could hope for is to tie Salem for first, in which case the Spartans would lose the first tiebreaker.

SOCCER

(head-to-head results).

Also on Wednesday, Churchill shocked Northville 3-2. That left Canton and Churchill as the only unbeaten teams in the Western Division (both are 3-0). Indeed, the Chargers have perhaps the oddest record in the WLAA; they are 0-8 outside divisional play, 3-0 within it.

After a few bumps in the road, the Chiefs seem to be on track toward gaining that WLAA championship game berth as the Western Division winner. Since starting the season 3-3, they have gone 5-0-1; their last loss was by a 1-0 count, to Stevenson Sept. 15.

But they still must get past a suddenly revived Churchill team. Should Canton beat the Chargers, they would meet Salem twice in a one-week span, and perhaps as many as three times in 12 days (making it four times this season), should they meet in the state district tournament.

SOCCER

The Chiefs clarified the WLAA playoff picture with a 3-0 blanketing of Farmington Harrison Wednesday at Harrison. Justin Augustine and John Kaczmarek each scored goals in the first half. Steve Hrycyk got one in the second half. Kevin Struel assisted on Kaczmarek's goal.

T.J. Tomasso, Matthew Strabbing and Greg Musser shared the goalkeeping chores.

PCA 2, A.P. Inter-City 2: On Tuesday at Allen Park Inter-City Baptist, Plymouth Christian Academy wasted a 2-0, second-half lead and had to settle for a tie.

That left the Eagles with a 2-3 record in the Michigan Independent Athletic Conference, 2-3 record overall.

Dave Carty scored both PCA goals. His first, assisted by Jon Dale, gave PCA a 1-0 halftime lead. His second, assisted by Jim Morrison, put the Eagles up by two 10 minutes into the second half.

But Inter-City rallied, scoring 20 minutes into the second half and tying it five minutes later.

Salem 9, W.L. Western 0: Last Monday, Scott Duhl bumped his goal total to 16 on the season with three against Walled Lake Western in a lopsided win over the Warriors at Western.

Rob Ash added two goals and Brett Stinar had a goal and five assists. Brian Popeney and Sean Levee added a goal and an assist each, and Jeff Haar also scored a goal. Ben Wiechowski and Dan Longpre each had assists.

Tavio Palazzolo earned his eighth shutout of the season.

"I really am happy with the way they're playing," said Ed McCarthy, Salem's coach. "They're improving every game. Saturday's win over Ann Arbor Pioneer (on Sept. 25) was a big win for us."

The Rocks defeated Pioneer 4-1 at Pioneer. Loewe and Haar each scored in the first half; Haar assisted on Loewe's goal. Dustin Drabek assisted on Haar's. Duhl, from Keith Schenkel, and Dan Amos, from Longpre, got second-half goals.

Palazzolo was again in goal for the win.

TENNIS RESULTS

NORTH FARMINGTON 7, PLYMOUTH SALEM 1
Thursday at North

No. 1 singles: Bethany Nestor (NF) def. Jacqui Siebendick 6-0, 6-1.

No. 2: Amy Berke (NF) def. Nikki Hlad 7-5, 6-2.

No. 3: Lindsay Pyle (PS) def. Joyce Chung 6-3, 3-6, 6-3.

No. 4: Julie Maltzman (NF) def. Neha Patel 6-0, 6-3.

No. 1 doubles: Shreya Shah-Marissa Sloan (NF) def. Mandi Bradley-Krystal Finney 6-3, 6-2.

No. 2: Janna Street-Julia Shindler (NF) def. Kristie Edwards-Karen Cielak 6-0, 6-0.

No. 3: Michele Boothroyd-Chris Dwyer (NF) def. Zarina Dohadwala-Sheena Rabbag 6-1, 6-4.

No. 4: Laura Been-Elina Pilimts (NF) def. April Aquino-Sarah Madley 6-0, 6-3.

Dual-meet records: North, 8-3-2; Salem, 3-6-1. Next meet: At the Western Lakes Activities Association Tournament, Tuesday at Livonia Stevenson.

FARMINGTON 7, PLYMOUTH CANTON 1
Sept. 30 at Canton

No. 1 singles: Lynday Howard (F) def. Christina Supak, 6-1, 6-2.

No. 2: Reeni Surma (F) def. Lizzie Brown, 6-1, 6-0.

No. 3: Brittany Nuccitelli (F) def. Katie Maloni, 6-2, 6-1.

No. 4: Kristie Boskey (F) def. Kelly Markewitz, 5-7, 6-4, 6-2.

No. 1 doubles: Annie Gourley-Stephanie Arnold (F) def. Niki Shah-Lisa Niemiec, 6-3, 6-1.

No. 2: Adriane Grace-Shellie Benkesch (F) def. Tracey Robey-Susan French, 6-3, 6-3.

No. 3: Chru Chen-Jennifer Wagner (PC) def. Angela Zerboska-Kristen Steger, 6-0, 6-4.

No. 4: Kati Strath-Jenny Weiland (F) def. Puja Amin-Meera Desai, 7-6 (7-5), 6-3.

Canton's dual-meet record: 4-5-1. Next meet: At the Western Lakes Activities Association Tournament, Tuesday at Livonia Stevenson.

Lady Crusaders swept by Cornerstone

Two days after an impressive win over an NCAA Division II team — Saginaw Valley State — Madonna University's volleyball team got its bell rung by Wolverine-Hoosier Athletic Conference rival Cornerstone College.

The Cardinals improved to 23-2 overall and 6-0 in the WHAC with a 15-7, 15-8, 15-6 victory over the Lady Crusaders Thursday in Grand Rapids. The loss — its first in WHAC play in nearly two years — left Madonna at 16-5 overall, 3-1 in the conference.

Marylu Hemme (from Plymouth/Livonia Ladywood), filling in for the injured Erin Cunningham (she hurt her knee at

VOLLEYBALL

the Palm Beach Atlantic Classic Tournament last weekend), paced the Crusaders with 11 kills (a .455 kill percentage). She also had two service aces, three blocks and 12 digs.

Stephanie Uballle added nine kills and five blocks, Brandy Malewski (Redford Thurston) had five kills, 11 blocks and 17 digs, Kelly Artymovich chipped in with five kills, six blocks and 13 digs, Nicole Burns had nine blocks and 15 digs, Jen Wing had eight assists-to-kill and 15

VOLLEYBALL

kills. Cornerstone was led by Allison Schneider with 15 kills.

Against SVSU last Tuesday, Malewski led the way with 20 kills (.586), 17 blocks and 11 digs; Uballle had 13 kills (.429) and 11 blocks; Artymovich contributed nine kills (.450), 12 blocks and 18 digs; Burns had nine kills (.409), 15 blocks and 14 digs; Hemme got seven kills and 17 digs; and Wind finished with 45 assists-to-kill, eight blocks and 15 digs.

Madonna hosts Aquinas in a WHAC match at 7 p.m. Tuesday.

SC stops Delta

Schoolcraft College won its eighth-consecutive match Tuesday, defeating Delta Community College 15-9, 15-4, 15-7 at Delta.

Lauren Ruprecht (Livonia Churchill) led the Lady Ocelots with 17 kills and two blocks, while Cindy Maloof had five service aces and Amanda Yaklim had 13 digs.

SC, now 12-7 overall and tied for first in the Michigan Community College Athletic Association's Eastern Conference with a 5-1 mark, hosts St. Clair County CC at 7 p.m. Tuesday.

Demergis' 3 goals lift SC to a come-from-behind win

Twice Schoolcraft College's men's soccer team trailed the University of Michigan club team Wednesday. Twice they battled back, eventually pulling out a 3-2 victory Wednesday at SC.

The win was the Ocelots seventh-straight, raising their record to 8-3.

Johnny Demergis (from Ply-

SOCCER

mouth Canton) was the offensive hero for SC. Demergis scored all three Ocelot goals, with assists from Sergio Mainella (Livonia Stevenson) on the first and Rob Barnes (Canton) on the last.

In between, Demergis scored

on a direct kick awarded when the Michigan keeper was called for a hand ball, while punting outside the penalty area. That goal, scored from just outside the 18-yard mark, tied it at 2-2. It came with 20 minutes left; Demergis' game-winner came with seven minutes to play.

"This was a game that I was looking to see how far we've come," said SC coach Van Dimittiu. "I felt this would be a test for our kids, as far as where we were."

The final was 4-1, dropping the Fighting Crusaders' record to 5-3-1 overall. Springfield is 7-1-1.

Madonna's only goal was scored by Charlie Bell, with an assist from Sam Piraine. Springfield outshot the Crusaders 20-12. Crusader keeper Dave Hart made five saves.

Twisters' triumph ensures Northern Division championship

The semi-pro Wayne County Twisters whipped up the Northern Division title in the Lake Shore Football League with a 24-7 victory last Saturday (Sept. 25) over the host Fremont (Ohio) Stallions.

The Twisters, with one regular season game remaining, will play for the LSFL playoff title against the Southern Division champion in two weeks.

Sparked by the offensive line play of Phil Graca (Garden City), Ken Szmanasky (Wyandotte), Bob Hagelthorn (Westland), Damien Howard (Ypsilanti) and Chuck Sikora (Wyandotte), the Twisters racked up 270 yards rushing and 16 first downs.

Damon Frendo (Garden City) led the way with 118 yards in 15 carries and one touchdown. Randy Manigault added 52

FOOTBALL

yards in four attempts and a TD, while emergency fullback Travis Wright (Flint), normally an outside linebacker and tight end, had a TD to go along with 22 yards in four attempts.

Quarterback Rob Elswick had six completions for 50 yards.

The Twisters played without 14 players, including seven starters, due to injuries and work commitments.

"The overall team performance was exceptional," Twisters head coach Jason Hagelthorn said. "With our club, it's family and work first, regardless of the consequences, and this approach is supported by the Twisters' management."

Chuck Petitpas booted a 21-yard field goal in the first quarter after inside linebacker Bob Pensari (Canton) caused a fumble, recovered by teammate Dean Perry at the Stallions' 19.

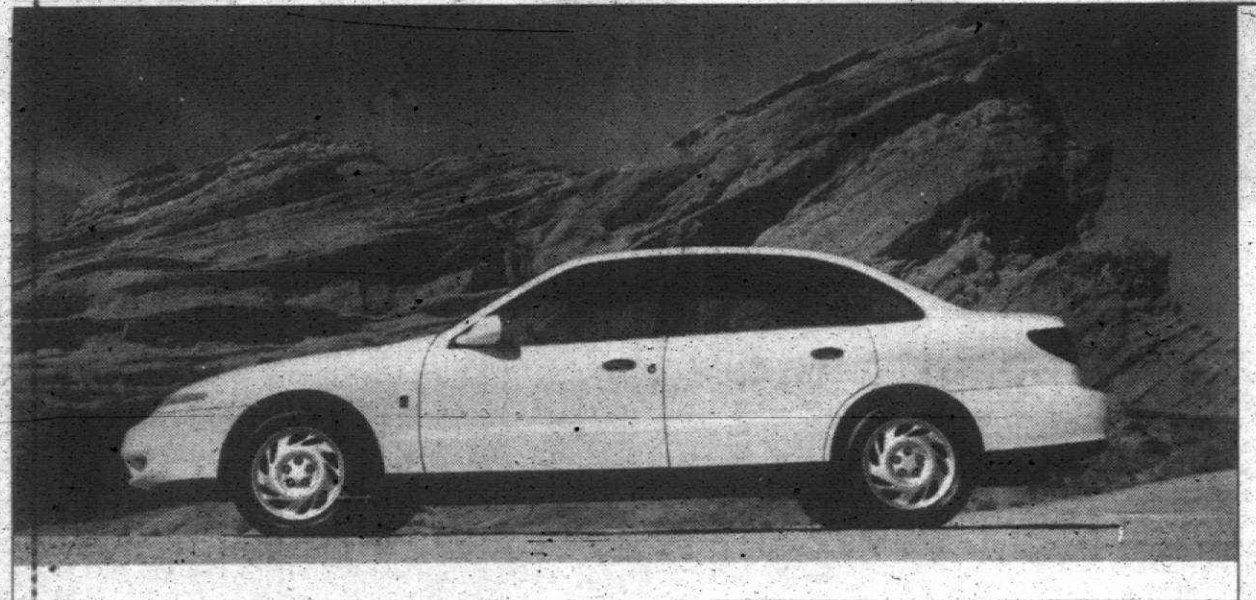
Speedy All-League receiver Mark Aldrich caught a 67-yard TD pass to put the Stallions up 7-3.

But the Stallions gained only four first downs and 67 yards total offense the rest of the way.

Pensari paced the defense with five tackles, including a sack and interception. Perry and Corey McClelland (Inkster) each added five tackles. Defensive back Derrick Young added four tackles and a partially blocked punt, while outside linebacker James Chapman had three tackles, a blocked punt and blocked extra point. Other fine defensive

efforts came from River Pollington (Westland), two tackles with a sack; Mark Bennetts (West-

land) and Earl Sutton (Detroit). The Twisters improved to 7-2 in league play.



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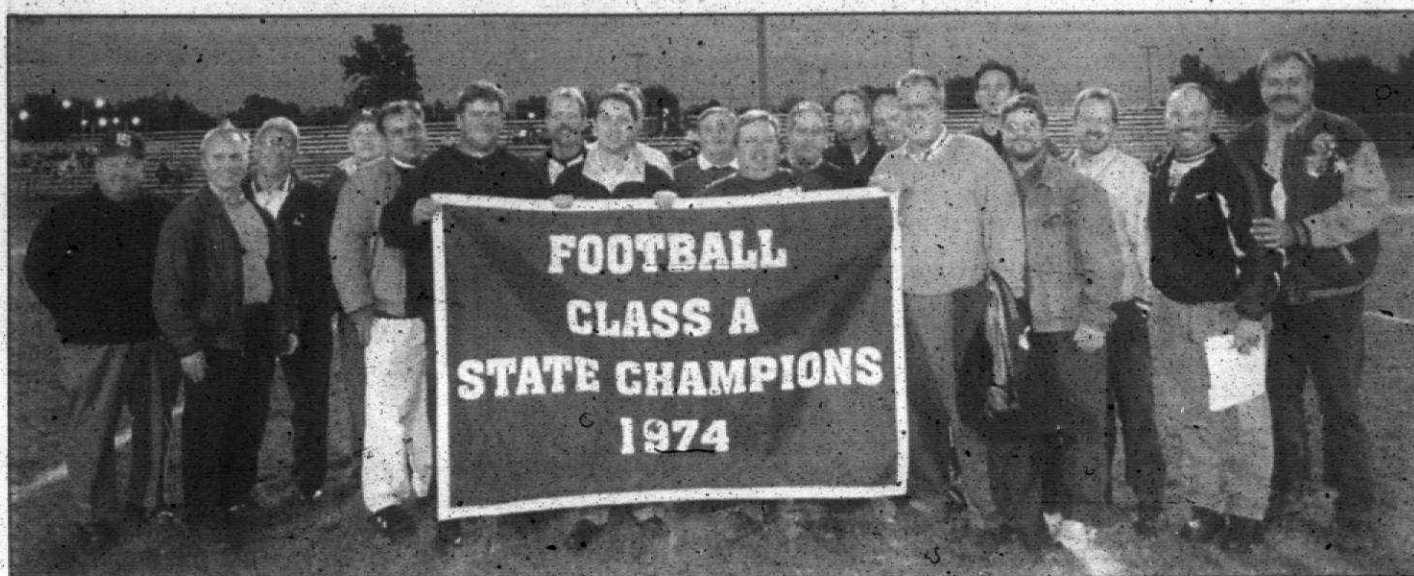
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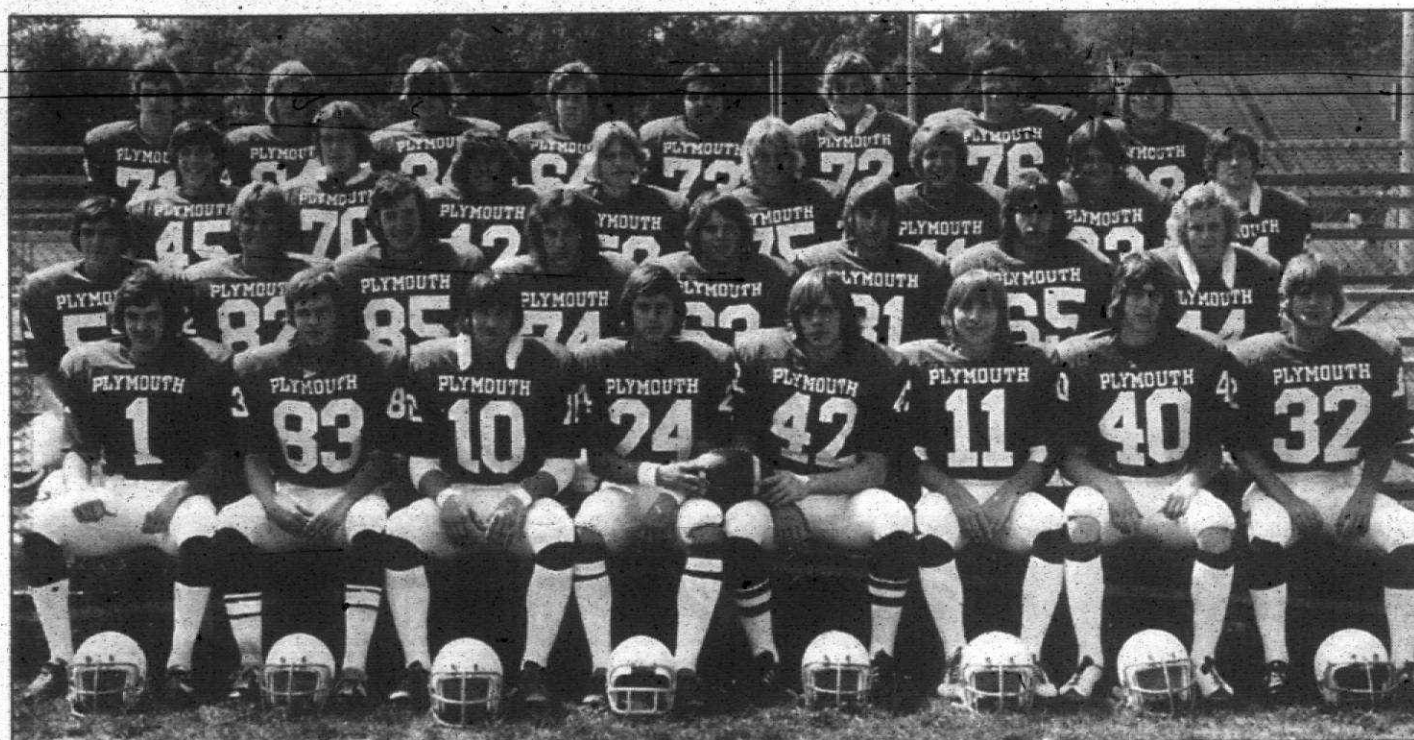
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Now and then: The 1974 Salem state championship football team was honored at Friday's Homecoming game, and 15 of those players and several members of the coaching and administrative staff showed up for the festivities (above). In the photo below is how they looked — 25 years ago.



Risak from page B1

That was the last game of the '74 season. Both teams were 8-0. An overflow crowd jammed Harrison's field that Saturday afternoon — police on horseback patrolled the sidelines.

One weapon Salem had that Harrison could not have foreseen was Doug Ward. The 5-foot-9, 167-pound halfback had suffered a broken arm in the Rocks' opening game of the season, against Bloomfield Hills Andover (another team that ended up 8-1).

Ward returned for the Harrison game and rushed for over 100 yards and a touchdown. "Back when (the injury) happened, it was very disappointing," Ward, one of the reunion's organizers, recalled. "I had been playing on the varsity since I was a sophomore."

Perhaps one element that separates Ward's team from the current one is attitude. "These were great, gritty kids," said Moshimer. "They came to play every week. And they always found a way to win."

Ward was one of the '74 team's inspirations. Despite his injury, he showed up for practice every day. "And he didn't just stand on the sidelines," said Moshimer. "He dressed."

And he practiced. It took a lot of begging by Ward to get clearance to play in that last game against Harrison. Which remains his fondest memory of the '74 season. "I didn't start, but I got in — and I scored a touchdown, and I got an interception," Ward said. "It was like a small college game atmosphere, there were so many people there."

Ward went on to start in the defensive backfield for three years at Western Michigan. He and Salem's starting quarterback, Tim Dillon, were the only Rocks to play in college (Dillon

went to Miami of Ohio). "There were a lot of guys on that team who never went on to do anything else in football," said Ward. Added Moshimer, "It was a team with a lot of decent, good players, but nobody cared about who got what to where."

Their memories of that season are still strong. And although they finished it with a perfect record, with the highest computer point total ever recorded, there are those who question whether they were indeed the best in the state.

The Detroit newspapers selected Birmingham Brother Rice as the state's top team that year.

"I would have loved to have played Brother Rice," insisted Ward, "especially in my situation."

"All I can say is, it would've been a heckuva ball game," Moshimer said. "They were a lot bigger than us, but then so was everyone. That wouldn't have mattered."

All that mattered to the '74 Rocks was winning. They couldn't have done any better in that regard.

By so doing, they created a memory they will forever relish, one that will be revered and rekindled every Homecoming.

It's a lesson current high schoolers should take note of. You almost never get a second chance to climb to the top of the prep pyramid. And a 17-year-old's inappreciation of history makes it difficult to convey the idea that it takes time, — years, sometimes decades — for such accomplishments to grow to legendary status.

Sadly, Salem's demise on the football field over the last decade only makes the '74 team's accomplishments shine brighter and brighter as the years pass.

Salem football from page B1

The remainder of the half was plagued by turnovers by both teams. Two North drives were thwarted by interceptions grabbed by Jason Furr, one of them at the Salem 10.

The Rocks, however, were not satisfied to sit on their lead. They opened the second half with a short kickoff to the Raider 35 that Salem recovered. It took 12 plays to negotiate that distance, but Coble scored from a yard out to make it 21-0.

North finally got on the board on its next possession, driving 65 yards on six plays — all of them runs, four by Todd Weiss. After gains of 15, 14 and 2 yards, Weiss rambled 21 yards for the touchdown. Zach Lissway's extra-point kick made it 21-7.

Salem totaled 111 yards in offense to North's 234. Coble completed 2-of-6 passes for 25 yards, giving him 186 total yards offensively; and Koccolski rushed 20 times for 101 yards.

Blair Weiss was 3-of-10 passing for 61 yards for the Raiders, but he suffered two interceptions. North also lost a fumble (Salem lost two). Todd Weiss gained 110 yards on 13 attempts.

Salem totaled 111 yards in offense to North's 234.

Canton football from page B1

point and Canton led, 7-0. Riley had moved the Chiefs into scoring position two plays earlier when he scampered 17 yards on a reverse.

Northville's initial drive started out as impressive as Canton's, but it ended in the hands of McKae, who intercepted Northville quarterback Eric Conley's short pass at the Chief 10-yard line.

As quickly as you can say "momentum shift," the Chiefs mounted their second straight scoring drive thanks largely to a 40-yard run by Gaines and Stonerook's 27-yard gallop.

The Chiefs sealed the win with

Stonerook finished off the six-play, 90-yard drive when he reached paydirt from 3 yards out, giving Canton a 14-0 lead.

Wolcott completed the first-half scoring when he drilled a 25-yard field with 11 seconds left.

Northville's only legitimate second-half scoring threat came on its first drive when the Mustangs reached the Canton 34-yard line. However, on fourth-and-six, Cooley fumbled the snap and Canton's Asa Hensley recovered.

The Chiefs sealed the win with

just over seven minutes left in the game when Jordan Chapman scored from 5-yards out, pushing the lead to 17-0. Chapman carried the ball five times during the 12-play, 60-yard drive, racking up 26 yards.

"This was a huge win for this program," Baehler reiterated, "but we still have a rough road ahead. We have Farmington Harrison next week, a crossover game the following week that will be tough, and then we finish with Salem. We're going to keep practicing hard and, hopefully, we'll continue to improve."

Canton compiled 293 total

Triathlete moves up

By virtue of her win earlier this month in the Pacific Grove, Calif. Triathlon Classic, an International Triathlon Union event, Livonian Sheila Taormina now ranks 99th in the latest world rankings (as of Sept. 26) with 575 points.

Taormina, the Livonia Stevenson and University of Georgia graduate who won a gold medal in swimming at the 1996 Atlanta Olympic Games, captured the

SPORTS ROUNDUP

Bally's U.S. Triathlon Series

Metropark. Taormina, the No. 18-ranked American in the World ITU point system, will compete again Oct. 10 in Cancun, Mexico.

She was recently featured on Saucy's Running and Racing program televised on ESPN after winning the Monterey, Calif. event where she finished her 10-kilometer run with an impressive time of 36:35.

Basketball classes

Classes for Little Dribblers, for those 4-7 years old, will feature two sessions, both from 5:30-6:15 p.m. Tuesdays. Session I is Sept. 13-Oct. 12; Session II is Oct. 26-Nov. 23.

Cost is \$60 per participant (\$40 for each extra family member). Classes will be at the Sports Academy, located off Nine Mile between Haggerty and Novi in Novi.

GOLF RESULTS

PLYMOUTH SALEM 224
FARMINGTON HARRISON 228
Oct. 1 at St. Johns GC
Salem scores: Jay Smith, 41 (co-medalist); Bobby Jones, 41 (co-medalist); Ryan Nimmerguth, 42 (co-medalist); Mark Doughty, 46.
Harrison scores: Matt Lee, 41 (co-medalist); Brian Graham, 43; Corey Miller, 46; Jeff Braun, 48; Mike Palmer, 50.

Salem's dual-meet record: 5-4. Harrison's dual-meet record: 5-5.

LIVONIA FRANKLIN 203
PLYMOUTH CANTON 206
Oct. 1 at Fox Creek
Franklin scores: Tony Fotis, 1-under 34 (medalist); Cole Muncy, 40; Scott Waars, and Tim Kulfer, 42; Josh Gault, 45.
Canton scores: Derek Vermeulen, 40; Derek Linberry and Michael Barry, 41; Ryan McKendry and Nick Lagiere, 42 each.

Dual meet records: Franklin, 5-4; Western Lakes, Canton, 4-6 Western Lakes.

CORRECTION IN TODAY'S MEDIA PLAY FLYER

The Paul McCartney CD entitled *Run Devil Run* was incorrectly sale priced at \$11.99 CD. The correct sale price for this title is \$12.99 CD. We apologize for any inconvenience.

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Everyone has memories of the Stadium; here's mine



BRAD EMMONS

The final game at Tiger Stadium was certainly a Kodak moment. The pregame music set the tone with Phil Collins' "True Colors." I've never seen so many cameras in one place, so many in fact that I thought I was back in Niagara Falls among a group of Japanese tourists.

On Monday, I was sitting high above in the glass-enclosed, antiquated press box, better known as the "Fishbowl."

It's not the ideal place to cover a game because you can't hear the crowd noise. Later in the game I went downstairs for my last ballpark frank, but they were out of dogs by the fifth inning.

Of course, as we know by now, the Tigers' 8-2 win over the Kansas City Royals couldn't have been scripted any better. It started with a lead-off homer by Luis Polonia, followed by another homer off the bat of current Tiger Karim Garcia, who was masquerading as a former Hall of Famer, No. 6.

Also throw in the one of the greatest catches I've ever witnessed at the Corner, Jermine Dye going horizontal, diving into

the Royals' bullpen to snag Tony Clark's foul ball.

There was the defining magical moment, of course, Rob Pick going rooftop in right field ala Roy Hobbs in "The Natural."

Flashbulbs popped all over the Stadium in unison.

It ended with 46,000 on their feet, the roar deafening as Doug Jones struck out the final batter. All quality memories for sure.

My first game at Tiger Stadium? 1961. Third base side, upper deck.

Rocky Colavito and Norm Cash hit homers, while Jim Bunning, now the U.S. Senator from Kentucky, I think he pitched a shutout as the Tigers beat the expansion Twins, 2-0. Or was it 2-1?

Forgive me, that was 38 years ago.

It's funny how certain trips or times at the Corner stick out in your mind.

The flashbacks remained vivid as I watched the closing ceremonies, one-by-one the former Tigers jogged in from center and walked to their positions.

My second trip to the Stadium was with a bunch of recreation playground mates on a school bus. All I recall is slamming these wooden seats in unison.

Then there was the final day in 1967, the Tigers needing to sweep the Angels in a double-

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Call 453-8400 To Order Tickets

PREP FOOTBALL

Friday, Oct. 8

Salem at John Glenn, 7 p.m.
Stevenson at Farmington, 7:30 p.m.
Harrison at Canton, 7:30 p.m.
Franklin at Northville, 7:30 p.m.
W.L. Western at Churchill, 7:30 p.m.
N. Farm. at W.L. Central, 7:30 p.m.

Sunday, Oct. 10

Redford CC vs. Warren DeLaSalle at Pontiac's Wigner Stadium, 1 p.m.

GIRLS BASKETBALL

Tuesday, Oct. 9

Canton at John Glenn, 7 p.m.
Harrison at Stevenson, 7 p.m.
Franklin at Farmington, 7 p.m.
Churchill at N. Farmington, 7 p.m.
W.L. Western at Churchill, 7 p.m.
Mercy at Divine Child, 7 p.m.
Ladywood at Borgess, 7 p.m.
Harper Woods at Luth. W. 4:30 p.m.
St. Field Christ. at St. Agatha, 7 p.m.
Temple at Canton Agape, 7 p.m.
Huron Valley at Zee, 7 p.m.

WOMEN'S COLLEGE SOCCER

Monday, Oct. 4

Madonna at Saginaw Valley, 3 p.m.

Tuesday, Oct. 5

Aquinas at Madonna, 7 p.m.

Wednesday, Oct. 6

At Lionia's Whitman Field, 4 p.m.

Thursday, Oct. 7

At Lionia's Whitman Field, 4 p.m.

Friday, Oct. 8

At Lionia's Whitman Field, 4 p.m.

Saturday, Oct. 9

At Lionia's Whitman Field, 4 p.m.

Sunday, Oct. 10

At Lionia's Whitman Field, 4 p.m.

Monday, Oct. 11

At Lionia's Whitman Field, 4 p.m.

Tuesday, Oct. 12

At Lionia's Whitman Field, 4 p.m.

Wednesday, Oct. 13

At Lionia's Whitman Field, 4 p.m.

Thursday, Oct. 14

At Lionia's Whitman Field, 4 p.m.

Friday, Oct. 15

At Lionia's Whitman Field, 4 p.m.

Saturday, Oct. 16

At Lionia's Whitman Field, 4 p.m.

Sunday, Oct. 17

At Lionia's Whitman Field, 4 p.m.

Monday, Oct. 18

At Lionia's Whitman Field, 4 p.m.

Tuesday, Oct. 19

At Lionia's Whitman Field, 4 p.m.

Wednesday, Oct. 20

At Lionia's Whitman Field, 4 p.m.

Thursday, Oct. 21

At Lionia's Whitman Field, 4 p.m.

Friday, Oct. 22

At Lionia's Whitman Field, 4 p.m.

Saturday, Oct. 23

At Lionia's Whitman Field, 4 p.m.

Sunday, Oct. 24

At Lionia's Whitman Field, 4 p.m.

Monday, Oct. 25

At Lionia's Whitman Field, 4 p.m.

Tuesday, Oct. 26

At Lionia's Whitman Field, 4 p.m.

Wednesday, Oct. 27

At Lionia's Whitman Field, 4 p.m.

Thursday, Oct. 28

At Lionia's Whitman Field, 4 p.m.

Friday, Oct. 29

At Lionia's Whitman Field, 4 p.m.

Saturday, Oct. 30

At Lionia's Whitman Field, 4 p.m.

Sunday, Oct. 31

At Lionia's Whitman Field, 4 p.m.

Got stuff?

Stuff you don't need anymore. Stuff that's been piling up in the garage, or the basement or the attic. Get rid of it with a classified ad in your hometown newspaper. We're so sure you'll be able to sell your stuff with three ads, that if you don't, we'll run your ad three more times free.

That's right—

Sell it in three or we'll run it for free—three more times!

How can you beat that?

You can't!

So, what you do is this:

Tell us you want our special three-ad deal, then if, heaven forbid, your stuff is still sitting around after the first three have run, call us and let us know and we'll run your ad absolutely free in the next three editions of your

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Thunderbird Lanes seminar provides chance to improve



AL WIECEK

"The Rack Attack" is the name of the bowling pro shop located inside Thunderbird Lanes at 400 W. Maple Road, Troy.

This pro shop is operated by Al Wiecek of Troy, who has always tried to get a lot of bowlers to learn how to improve their game through proper instruction.

A USA certified instructor and PBA member himself, Wiecek knows the value of good coaching and how it can make the game so much more enjoyable when the correct fundamentals are applied.

Wiecek has taken the instructional phase one giant step ahead with his "Improve Your Game" seminar, which will be at 8 a.m. (check-in) Sunday, Nov. 14 at Thunderbird. The seminar will run until approximately 5 p.m.

The cost is \$75 per person, which includes lunch and door prizes. The door prizes are donated by Brunswick, Columbia 300, AMF, Track, Storm, Ebonite, Fabbell, Dexter, Linda, Turbo 2-in-1 Grips, Robby's, G.L.C., DiLaura Brothers, King Louie, Hilton and E.B. Sports.

There will be about a dozen USA-certified bowling coaches on hand to work with the attendees.

Classroom topics will include adapting to lane conditions, ball surfaces, core design, drilling layouts, ball release and physical conditioning for bowlers.

There will be three hours of on-lane instruction.

Bring your equipment, balls and shoes, but make your reservations early because space is limited. This seminar is recommended for bowlers of every age, gender and skill level.

For more information and to reserve a spot, call (248) 362-2212 or (248) 362-1660.

Still makes a million

Last Wednesday, Alea Sil became the first-ever woman professional bowler to reach \$1 million dollars in career earnings at the Bowling Products Classic in Lancaster, Ohio.

Sil qualified 24th to reach the match play semifinals. She needed about \$1,100 to get \$1 million. By qualifying she is guaranteed at least \$1,850.

Sil is a 30-time tour champion and is a leading candidate for Woman Bowler of the Decade.

She reached the magic number after a very disappointing year on tour. Whether it was the added pressure of the \$1 million mark or just a slump, the monkey is off her back now and she can relax a bit.

Raised in Garden City and Westland, Sil — now a Dearborn resident — bowls on Mondays with the All-Star Bowlerettes at Clverlains in Livonia.

If Sil reaches the finals in this tournament, there's a chance she'll be on ESPN-TV (taped delay) later this week.

Antes leads Seniors

The Great Lakes Senior Bowling Association held its September event at the Monroe Sport Center in Monroe with Ron Antes of Lansing emerging as the champion.

Antes defeated Jim Warren in the final match.

The tournament was a two-game, match-play format with

total pins deciding the winner. Joe Fitzsimmons of Waterford had the second-highest game with a 279. Antes began by edging Fitzsimmons, 449-445, then had another test of skill with Scotty Laughland, while Antes came away with a 485-451 victory.

Antes also then beat high qualifier Jim Watterson, 439-411. Warren, the opposing finalist, had earlier beaten Doug Swords of Oxford, Bob Dunlap and Doug Evans en route to the finals.

Warren captures the first game 268-224 to put the pressure on Antes, but Antes came from behind to win by outscoring Warren 257-196 in the second, which earned him the \$500 first-place check.

Upcoming GLSBA tournaments, Saturday Oct. 9 at Eastgate Lanes in Oregon, Ohio, and Nov. 13 at Premier Lanes in Chesterfield Township.

For more information about the GLSBA, call (734) 522-9315 or email: GLSBA@aol.com.

No-Tap Singles

Town 'n' Country Lanes in Westland is starting a new TNC No-Tap Singles Tournament at 7 p.m. each Monday, with three games of nine pin no-tap bowling (nine pins counts as a strike for scoring purposes).

Cost is \$10, which includes a second game mystery pot. First place will be \$50 guaranteed (may be more depending on number of entrants).

TNC No-Tap Singles gets underway Nov. 1 and continues every Monday night through the season.

For more information, call (734) 722-5000.

PREP FOOTBALL	Thursday, Oct. 7	W.L. Western at John Glenn, 4 p.m.	Ocelot Classic at Schoolcraft
Friday, Oct. 8	Canton at Harrison, 7 p.m.	Harrison at Salem, 7 p.m.	Genesee CC at Schoolcraft, noon
	Stevenson at Farmington, 7:30 p.m.	Canton at Franklin, 7 p.m.	St. Mary's vs. Lake County, 2 p.m.
	Franklin at Northville, 7:30 p.m.	N. Farm. at W.L. Central, 7 p.m.	Sunday, Oct. 10
	Churchill at W.L. Western, 7 p.m.	Churchill at Farmington, 7 p.m.	Ocelot Classic at Schoolcraft
	W.L. Western at Churchill, 7:30 p.m.	Brother Rice vs. Redford CC	Genesee CC vs. St. Mary's, 11 a.m.
	N. Farm. at W.L. Central, 7:30 p.m.	at Lionia's Whitman Field, 1 p.m.	Lake County vs. Schoolcraft, 1 p.m.
	Sunday, Oct. 10	at Marshall M.S., 7 p.m.	WOMEN'S COLLEGE VOLLEYBALL
	Redford CC vs. Warren DeLaSalle	Mercy at Regina, 7 p.m.	Tuesday, Oct. 5
	at Pontiac's Wigner Stadium, 1 p.m.	Ladywood at Marian, 7 p.m.	Aquinas at Madonna, 7 p.m.
		Luth. Westland at Luth. West., 7 p.m.	St. Clair CC at Schoolcraft, 7 p.m.
		PCA at InterCity, 7:30 p.m.	Thursday, Oct. 7
			Schoolcraft at Wayne Co., TBA
			Friday, Oct. 8
			Schoolcraft at Jefferson (Mo.), TBA
			Saturday, Oct. 9
			Schoolcraft at Jefferson (Mo.), TBA
			ONTARIO HOCKEY LEAGUE
			Friday, Oct. 8
			Ply. Whalers vs. Brampton
			at Compuware Arena, 7:30 p.m.
			Saturday, Oct. 9
			TBA — time to be announced

Bow hunters review 1999-2000 platform



BILL PARKER

Leaves are turning bright colors and the nights are getting cooler.

Fall is in the air.

When the sun peaked over the horizon Friday morning it was a welcomed sight for Michigan's 400,000-plus bow hunters as the 1999-2000 season got officially under way.

Use of elevated platforms (tree stands) has been a legal practice for Michigan archers for many years.

Just because it's a long-standing tradition doesn't mean a little refresher course in safety and hunting regulations isn't in order.

Bow hunters are reminded that on public land it is illegal to:

- Permanently construct or attach to a tree or other natural feature a scaffold, platform, ladder, steps or any other device to assist in climbing a tree or use any item that penetrates the cambium (outer layer) of a tree for climbing purposes.
- Use or occupy a scaffold or raised platform, ladder or steps that has been permanently attached to a tree or other natural feature.
- Use or occupy a scaffold or raised platform without first putting on the scaffold or platform the name and address of the user in legible English. This identification must be easily read from the ground.
- Scaffolds, raised platforms, ladders, steps or other devices that assist in climbing a tree must be removed the day following the last day of the latest open season for deer in that area.

Each year archers in Michigan are injured, some more seriously than others, through falls sustained while climbing into, out of or while hunting from a tree stand. A few precautions will help you avoid becoming a statistic this season.

- Always wear a safety harness when climbing to, hunting in or descending from your stand.
- Use a safety harness with a

quick-release system that will also hold you upright and will not restrict your breathing should you fall.

- Purchase a safe, comfortable stand that bears the Tree Stand Manufacturers Association sticker. Stands bearing this sticker have passed industry test standards.
- Practice setting up your stand and safety equipment at ground level before setting up in the woods.
- Always use a rope to bring your equipment to and from the ground.
- Avoid hunting from an elevated stand when overly tired or while on medication. Never hunt while under the influence of alcohol or drugs.

Ashteneau eyes Classic

Canton's Mary Ashteneau has qualified for the Angler's Choice Classic, Oct. 22-23, on Old Hickory Lake in Tennessee.

She and partner Kelly Bridgewater, of Pontiac, qualified for the Classic by placing 12th out of 45 teams in the Angler's Choice Northern Division this summer.

The top 15 teams at the conclusion of seven qualifying tournaments advanced to represent the Northern Division at the Classic.

"We're the only girls to qualify from the northern division," Ashteneau said. "My partner is pregnant and can't go, and I can't get a substitute so I'm going to go down there and do the best I can all by myself."

There is a five-fish-per-team limit in the tournament so Ashteneau won't be handicapped by the number of fish she can weigh.

"I just hope I do well," Ashteneau said. "I've never been on that lake and I'll be a little nervous because it's a new lake and I'll be all alone, but I'm going to go down there and do the best I can."

(Anglers and hunters are urged to report your success. Questions and comments are also encouraged. Send information to: Outdoor, 805 E. Maple, Birmingham, MI 48009. Fax information to (248) 644-1314, send e-mail to bparker@oe.hometown.net or call Bill Parker evenings at (248) 901-2573.)

OUTDOOR CALENDAR

ARCHERY

LIVONIA RANGE

The newly renovated Livonia Archery Range is open to the public. The range features seven field lanes and one broadhead lane and is open 10 a.m. to 4 p.m. on Saturdays and Sundays. The range is also open Tuesday's and Thursday's by appointment only through the end of November. Cost is \$4 for adults and \$2 for children. Livonia residents shoot free of charge. The range is located on Glendale Avenue, east of Farmington Road. Call (734) 466-2410 for more information.

CLASSES/CLINICS

INTRO TO ICE CLIMBING

Learn the basics of ice climbing from gear selection to techniques, navigation and safety during this program, which begins at 7 p.m. Wednesday, Oct. 13, at REI in Northville. Call (248) 347-2400 for more information.

SNOWMOBILE SAFETY INSTRUCTOR

A snowmobile safety instructor certification class begins at 10 a.m. Saturday, Oct. 16, at the Waterford Township Library. The course is free but class size is limited. Applicants will be subject to a law enforcement background check for past criminal activity. Call (248) 681-6326 for more information.

CLUBS

CLINTON VALLEY BASS

Clinton Valley Bass Anglers club is seeking new members (boaters and non-boaters are welcome). The club meets monthly at Gander Mountain in Waterford. Call Mike Daly at (248) 666-8910 for more information.

METROPARKS

METROPARK REQUIREMENTS

Most Metropark programs are free while some require a nominal fee. Advanced registration and a motor vehicle permit are required for all programs. Call the respective parks toll free at the following numbers: Stony Creek, 1-800-477-7756; Indian Springs, 1-800-477-3192; Kensington, 1-800-477-3191; Hudson Mills, 1-800-477-3191.

1999 PERMITS

The 1999 Huron-Clinton Metroparks annual vehicle entry permits and boat launching permits are on sale at all Metropark offices. Vehicle entry permits are \$15 (\$8 for senior citizens). The annual boat launching permits are \$18 (\$9 for senior citizens). Call 1-800-47-PARKS for more information.

Colorful sassafras trees glow

Trees in northern Oakland County seem to be turning color early this fall.

One of the most spectacularly colored trees is the sassafras.

Just the name sassafras has an interesting ring to it. It comes from the French interpretation of what the American Indian called the sassafras tree: Pauam.

Right now the leaves of sassafras are a beautiful golden yellow, with washes of orange and red.

It reminds me of a peach's coloration, soft and delicate, yet intense, especially when viewed in the morning or evening.

If you see speckles of dark blue and red, you are looking at a female tree with fruit. They add highlights to the already bright leaves.

A sassafras tree is mostly yellow, now, but they tend to have more of a purple wash on their leaves.

Both ash and sassafras grow in similar areas, along the edges of forests where they can get enough sunlight. They make a great splash of color when seen together.

Sassafras is a tree which has many desirable qualities. Leaves, for instance, have a very pleasant citrus fragrance. I liken it to Fruit Loops for the young kids when they smell the petiole I have scratched.

Most adults recognize the smell of lemon. In contrast to citrus, the roots smell like root beer. Years ago an extract from sassafras roots was used to flavor candies.

Wood from the tree is said to have a medicinal odor. Tea made from the roots, when spread on poison ivy rash, is said to soothe the itch.

When wood was used for products we now make from steel, sassafras had many uses. In the drying process, sassafras only shrinks about 10 percent, that is less than any other hardwood. Small boat builders used it because of this quality.

Fence posts were made from sassafras because the wood is durable and does not rot easily.

Its durability may be due to chemicals in the wood that are noxious to insects. These same chemicals may give the wood a medicinal odor. Early settlers used the wood to make bed posts, which they thought kept bedbugs away.

Native Americans used the sassafras to make a medicinal tea. It was reputed to cure most any ailment known to man and extend life too.

After using sassafras tea people soon realized that it was not the cure-all it had hoped for. It soon fell into disgrace.

Today, most people know the sassafras as the Michigan tree because one shape of leaf looks like the lower peninsula of Michigan. However, sassafras has two other distinctively shaped leaves.

One looks like a three-toed bird's footprint, and the other is just a single lobed leaf with a smooth edge. Not many trees have these uniquely-shaped leaves on the same tree.

Look for the Michigan leaf while walking the trails this fall.

Hopefully when you find it you will be surrounded by a golden aura reflecting from the leaves.

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The 1999 Huron-Clinton Metroparks annual vehicle entry permits and boat launching permits are on sale at all Metropark offices. Vehicle entry permits are \$15 (\$8 for senior citizens). The annual boat launching permits are \$18 (\$9 for senior citizens). Call 1-800-47-PARKS for more information.

DETROIT PISTONS TAKING THE NBA TO SCHOOL

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Sun. 11-21 Milwaukee
Fri. 12-3 San Antonio
Wed. 1-12 New York
Sun. 1-23 Dallas
Wed. 2-2 Sacramento
Sun. 2-27 Chicago
Wed. 3-15 Orlando
Wed. 4-5 Boston
Wed. 4-12 Miami

PLAN B

Highlighted with appearances by Allen Iverson and the 76ers, and "The Malleable" Karl Malone and the Utah Jazz. Also appearing are division rivals, Milwaukee, Charlotte and Chicago.

Fri. 11-5 New York
Sat. 11-13 Seattle
Sun. 11-28 Orlando
Tues. 12-21 Washington
Thu. 1-6 Milwaukee
Sat. 1-29 Philadelphia
Mon. 2-21 Miami
Wed. 3-1 Utah
Mon. 3-13 Boston
Wed. 3-29 Charlotte
Wed. 4-19 Chicago

PLAN C

Always the most popular of our plans, the week-end package features such superstars as Shaq, Kobe and the Lakers, Penny Hardaway and the Phoenix Suns, Iverson and the 76ers and Kevin Garnett and the Minnesota Timberwolves.

Fri. 11-5 New York
Fri. 11-19 Cleveland
Fri. 11-26 Atlanta
Sat. 12-18 Philadelphia
Sat. 1-8 Minnesota
Fri. 1-14 Washington
Sun. 2-6 Houston
Fri. 2-25 Golden State
Fri. 3-17 L.A. Lakers
Fri. 3-31 Phoenix
Sun. 4-16 Indiana



CLASS OF 1999-2000



Tim Duncan
Spurs
December 3
Plan A



Allan Houston
Knicks
November 5
Plan A



Karl Malone
Jazz
March 1
Plan B



Allen Iverson
76ers
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Shaquille O'Neal
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ARTISTIC EXPRESSIONS



LIND ANN CHOMIN

Celebrate the arts in October

If you need a reason to celebrate and support the arts, October is National Arts and Humanities Month. Americans for the Arts offers more than 101 ways that individuals and communities can participate in the coast-to-coast celebration of culture at its Web site—www.artsusa.org.

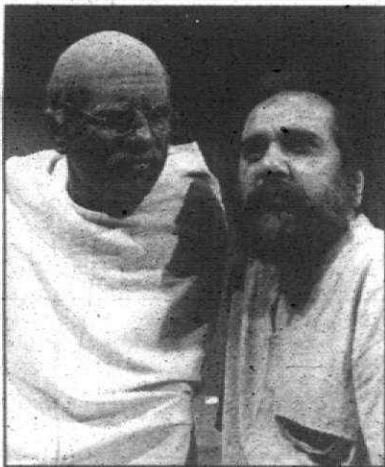
The arts play an important role in enriching our lives. Local organizations work hard at bringing music, dance, theater and the visual mediums of painting, sculpture and clay to our communities. But they need your support. Make the effort to see an exhibit or dance program, hear an orchestra or jazz group perform. There's plenty going on.

Here's a list of some of the arts activities in our communities:

Sharing the Gift Within You

Artists share their talents for painting and creating in all forms of mediums in the 7th annual juried show continuing through Oct. 8 at First Presbyterian Church, 200 E. Main St., Northville. Call (248) 349-0911.

West Bloomfield artist Nora Chapa



Behind the scenes: Direct from Bombay, India, the Platform Theatre Company stages "Mahatma vs. Gandhi," a story about a son's anguish and a father's dream.

Mendoza juried the show featuring 170 works by artists such as Connie Lucas, Canton; Henry Friedman, West Bloomfield; Shirley Curran, Plymouth; and Regina Dunne, Kelly Sauter Dobson, Sherry Eid, and Margaret Malott, Livonia. Best of Show went to Joan Painter Jones for "By the Sea," a work incorporating figures of different races who are washed up on the shore. My thanks to the church for putting on this annual show which gives local artists the opportunity to exhibit and share their gifts.

"We're excited about the overall quality, the talent that's exhibited," said Linda Heaton, show chairman. "We have more three dimensional pieces this year. In fact, the three top awards are three dimensional."

Russian Architecture Lecture

Peter Rekshan will give a lecture on Russian art and palaces 7 p.m. Wednesday, Oct. 6 at a meeting of the Garden City Fine Arts Association in the Maplewood Center, 31735 Maplewood, west of Merriman, Garden City. For information, call Norma McQueen at (734) 261-0379.

Rekshan, an artist with hand-built wall pieces on exhibit at The Art Gallery in Garden City, was exposed to art at an early age and has a lot of stories to tell. He met Jackson Pollock when he came to Cranbrook to learn weaving and stayed with a friend of Rekshan's mother, who also taught weaving.

"We had Peter at a meeting two years ago and they were just spell-bound by the fact he travels back and forth to Russia," said Norma McQueen, a Garden City Fine Arts Association member and director of The Art Gallery.

Please see EXPRESSIONS, C5

A Fresh Breeze

Winds of change transform orchestra



Hard work: Members of the Plymouth Symphony Orchestra spent last Monday night working on a new symphony by American composer Libby Larsen.

BY LINDA ANN CHOMIN • STAFF WRITER

lchomin@oe.homecomm.net

STAFF PHOTOS BY PAUL HURSCHMANN

The chimes and harp mimicked the winds of change blowing through the rehearsal hall as the Plymouth Symphony Orchestra prepared for the opening concert of their 1999-2000 season.

New conductor Nan Washburn is leading the orchestra in previously unknown directions. The winner of 13 ASCAP awards for adventuresome programming from the American Symphony Orchestra League, Washburn earned a reputation as one of the most imaginative and dynamic conductors in California before moving to Ann Arbor in August to lead the Plymouth Symphony Orchestra.

After spending the last year planning programs for the orchestra's 54th season, Washburn is opening up new worlds for musicians as well as the audience with compositions such as Libby Larsen's "Symphony: Water Music (1984)." The first movement sounds like its title, "Fresh Breeze," as the instruments rustle with the wind.

"Our hope is that we can get people who might not like classical music to give it a listen," said Washburn, who earned a master's degree in performance from the New England Conservatory of Music and played flute professionally for several years before studying conducting. "The first question I ask is, Do you like music? Then come give us a try. We'll be playing everything from a jazz concert to an accordion concerto."

The first program Saturday, Oct. 9, in the Plymouth Salem High School auditorium mixes standard repertoire with seldom heard works—Dvorak's Symphony No. 9 "From the New World," Paine's Overture to Shakespeare's "As You Like It" and Larsen's "Water Music." Larsen is composer-in-residence with the Colorado Symphony.

"The first concert is an American theme. Libby Larsen is one of the leading American composers," said Washburn. "Her music tends to be very open and engaging with beautiful use of the woodwinds. 'Water Music' is a reference to Handel's 'Water Music.' The second movement, 'Hot Still,' you can hear the insects in the woodwinds."

"Big Storm" completes the symphony and is the jazziest of all the movements. John Knowles Paine, who trained in Berlin, created an overture very much like a Mendelssohn overture. Dvorak was a

Czech composer writing on Native American, spiritual and folk themes. He realized the wealth of folk material when he came to America. Right after that American composers began experimenting with folk, and of course later came Copland."

As she directed the orchestra in the "fun and light" movement, "Fresh Breeze," Washburn worked the musicians hard. Her serious demeanor overshadowed her animated movements. Standing at a

What: The Plymouth Symphony Orchestra opens its 54th season with "Music From the New World."
When: 8 p.m. Saturday, Oct. 9, "On Stage," a pre-concert lecture offering insights into the music and composers, begins at 7 p.m.
Where: Plymouth Salem High School Auditorium, 46181 Joy Road, Canton.
Tickets: \$12, \$10 seniors/college students, free for children through grade 12, includes afterglow at Station 885. Call

little under 5 ft. 2 in., Washburn said the only challenge she's faced so far is being visible to the musicians in the back row as she's leading them from the podium. A taller dais is in the process of being built, but it's one step at a time.

Washburn admits she's still in the early stages of "connecting with the community and the orchestra to build on a really strong foundation." But before beginning the process, she first had to learn about the history of the Plymouth Symphony. After having lunch with Russell Reed, who retired as conductor of the orchestra last spring, Washburn feels ready to assume her duties as conductor/music director. Reed led the orchestra for 12 years and filled her in on orchestra projects, including the Education Outreach Program begun last year for elementary students in Plymouth-Canton Schools.

"I feel very excited about being in on the growth going on at this time—the new education program—and I'm very excited about the new performing arts center planned for Canton," said Washburn. "I'm also excited about collaborating with the (Plymouth Community) arts council and the Plymouth Historical Museum on projects."

Long before her arrival in August, Washburn was e-mailing principals about their sections. She also

supplied orchestra members with tapes of the compositions they'll be performing.

"The main difference is the pace of the rehearsal," said Washburn. "I work really fast. I haven't really programmed anything more difficult than Russ. He was doing Schostakovich and Respighi's 'Pines of Rome.' I'm looking at how you can build the orchestra. We're doing Ellington to Dvorak and Stravinsky's 'Firebird.' I want to get them into my excitement of playing it really well."

Washburn's also been discussing the new season at parties held for potential subscribers.

"We're on the verge of moving to another level," said Washburn.

Julia Kurtyka spoke those same words last season when she came on board as the orchestra's executive director.

"There's so many changes, the new conductor," said Kurtyka. "I think it's a new time for the orchestra. Russ did such a wonderful job but the orchestra is now seeing this new growth. We're trying to get season subscribers up and get the word out. The Plymouth Symphony is a well-kept secret."

New beginnings

Louis Young looks forward to beginning his fourth season as a tuba player with the orchestra. He likes Washburn's style.

"I think she's good," said Young of Ypsilanti. "I like the Dvorak and 'Firebird Suite.' Overall, I like the programming for the season, even though there's not a lot of power brass stuff. But it's good."

This is Linda Abriola's first season as a violinist with the orchestra. She's never worked with a woman conductor but Washburn's credentials speak volumes. Before moving to Michigan, Washburn conducted Orchestra Sonoma and the Charnel Island Symphony in southern California.

Recently appointed artistic director of the West Hollywood Orchestra, she will debut as a guest conductor for the Dubuque Symphony, Cheyenne Symphony, Ruby Mountain Symphony, and the Colorado All-State Orchestra this season. In the past, Washburn guest-conducted orchestras too numerous to mention, including the University of Michigan Phil-

Please see ORCHESTRA, C2

EXHIBIT

Canton exhibit showcases a variety of artists

BY LINDA ANN CHOMIN
STAFF WRITER
lchomin@oe.homecomm.net

Lillian Langerman's art always had popular appeal during her years as a commercial illustrator for businesses and corporations such as Kmart. But she never received a compliment that could match her winning the People's Choice Award at last year's Canton Project Arts exhibit.

"It was really an honor to have viewers and my peers vote for me," said Langerman, a Southfield resident. "I enjoy getting my work out there and hearing people's reactions."

Langerman's two works, "Mulongo" and "Three Onions and a Bowl," are among the 95 paintings, sculptures and clay juried into the Canton Project Arts Fine Arts Exhibition Oct. 9-16 at Summit on the Park Community Center in Canton. Sharon Dillenbeck, a Canton artist who was instrumental in getting the annual showcase off



Fine art: Long-time illustrator Lillian Langerman turns her talents to watercolor in this portrait.

the ground in 1993, juried the exhibit and will choose the award winners, who will split \$1,500 in prizes. Canton Project Arts received 185 entries from artists living in communities ranging from Bloomfield Hills to Livonia and Garden City, said Linda Shapona, exhibit co-chairman with Dick Dionne.

"It's a really good variety and some incredible artistic talent," said Shapona. "It seems the quality of the artists is going up, proba-

bly because the show is established. It's the seventh year. One of the things that's kind of neat is we've seen some of the artists grow over the years. But overall, the show's beautiful, with some unique pieces. It's very exciting: sculpture, clay, raku, also some fun pieces."

Shapona and other members of Canton Project Arts hit the streets earlier this summer searching for exhibitors. They passed out hundreds of applications to artists displaying works in the Ann Arbor Art Fairs. Shapona is still searching for more three-dimensional works to display in next year's show.

"We're also still looking for volunteers to sit with the art," said Shapona. "It's really fun because you get to talk to artists and other people about art."

Giving artists a chance

Tim Sabados is grateful for the opportunity to show his painting, "The Journey," in the Canton Project Arts exhibit. An emerging figurative painter, Sabados has never exhibited his work before, although he's painted several works on commission.



Figurative art: Tim Sabados painted this oil titled "The Journey."

Please see EXHIBIT, C5

Expressions from page C1

Mahatma vs. Gandhi
Direct from Bombay, India, the Platform Theatre Company presents "Mahatma vs. Gandhi," a saga of a man who transformed the soul of a nation but could not save the soul of his own son, 5 p.m. Sunday, Oct. 10 at Clarenceville High School Auditorium, on Middlebelt, south of Eight Mile, Livonia. Tickets are \$50, \$40 and \$30, and available by calling (313) 532-3553 or (313) 255-5115.
The production, which received high praise in its native country, Britain and the U.S., will have toured nearly a dozen U.S. cities before arriving in Michigan.
"This is very rare to see a production from Bombay. Even the sets are coming from India," said Ajit Mehta whose company, Jahani Arts, is bringing the play to the area. "It's a good message to young people not to take

wrong steps. It shows the greatness of the selfless Mahatma Gandhi who dedicated his whole life to the principals of non-violence and passive resistance. His eldest son wanted to go to Cambridge and study law and Gandhi advised him to join the 'Freedom Fighting' movement. He took a negative approach instead. Young people have to control their frustrations and take a positive approach to their parents. It's about communication between a father and son."

I'm excited. We have this new group who was so good at the Michigan Jazz Festival they just brought the house down.
Midge.Ellis

Activities, the brunch is important because it raises funds for the admission-free Michigan Jazz Festival (scheduled for Sunday, July 16 at Schoolcraft College).
Jazz veteran Larry Teal and the World's Oldest Saxophone Quintet will provide the music to the brunch of German delicacies, including potato pancakes and bratwurst, noon to 3 p.m. Sunday, Oct. 24 in the Waterman Center at Schoolcraft College, 18600 Haggerty, between Six and Seven Mile roads, Livonia. Tickets are \$25

and will not be sold at the door. For more information or tickets, call (248) 474-2720 or (734) 459-2454.
"I'm excited. We have this new group who was so good at the Michigan Jazz Festival they just brought the house down," said Midge Ellis, a Livonia resident who's coordinating the brunch. "They got a standing ovation and they were just funny. They'd say things like 'we'd stand but we're just too old.'"

A Decade of Paintings
Barbara Demgen goes from structure to fluidity in an exhibit of 31 paintings at the University Liggett School, 1045 Cook Road, Grosse Pointe Woods.
"A Delightful Decade Painting" documents the work that the Livonia artist's created since retiring from teaching art in Livonia Public Schools for 24 years. Actually, Demgen began painting the works shortly before her retirement, but the majority were created in the years since 1992. The show continues through Oct. 29. Hours are 8:30 a.m. to 4 p.m. Monday-Friday. For more information call University Liggett art instructor and gallery coordinator Jim Pujowski at (313) 884-4444, ext. 366.
"What a road I've traveled, the change from beginning to end," said Demgen. "Some are a real departure from my regular style like a sun breaking through in very fluid watercolors."

If you have an interesting idea for a story, call the reporter Linda Ann Chomay at (734) 953-2145 or send e-mail to lchomay@home.com.net

Jazz Dance Theatre
Adam Clark, an instructor at Miss Harriet's Dance Studio in Livonia, directs Jazz Dance Theatre in concerts 8 p.m. Friday-Saturday, Oct. 29-30 at the Lydia Mendelsohn Theatre in Ann Arbor.
Tickets are \$12, \$8 students/seniors, and available by calling (734) 995-4242.
The program features the premiere of the three section work, "Parting of Ways," and the second half of "Life After," a reflection on the impact of life-altering experiences.
In addition the company will perform well-established works such as "Feel the Heat" and "Passion."

Noteworthy Gallery exhibits, art shows, classical concerts

MAKING CONTACT: Please submit items for publication to Frank Provenzano, The Eccentric! Newspapers, 805 E. Maple, Birmingham, MI 48009 or fax (248) 644-1314



Shared vision: "Ed & Diane Levine: Coast to Coast," paintings and watercolors on exhibit through Oct. 30 at the Uzelac gallery, 7 N. Saginaw, Pontiac. (248) 332-5257.

Writers' Conference at OU, Oct. 15-16

"That novel in your drawer. The script that Hollywood is waiting for. Those words of encouragement about pursuing a writing life. It's annual gut-check time. For two days, fledgling writers can bring their manuscripts and literary aspirations to the 38th annual Writers' Conference at Oakland University.
Next Friday and Saturday's gathering features writing workshops, individual manuscript critiques and 40 sessions on a range of subjects, including adult fiction, children's fiction, poetry, religious writing, articles, screenwriting, proposals, young adult fiction, and nonfiction.
There's also a dose of practical reality in discussions about researching writing markets, how to find an agent, and self-publishing.
Novelist Judith Guest, author of "Ordinary People," will give the keynote address at 12:30 p.m. on Friday.
The conference is co-sponsored by Detroit Women Writers and the Oakland University College of Arts and Sciences.
When: 8:30 a.m. to 5 p.m. Friday and Saturday, Oct. 15-16. Where: Oakland Center, Oakland University campus, Rochester Hills.
To register: Fee - \$75, additional \$12 for luncheon (optional).
Deadline: Register for Hands-On Writing Workshop and luncheon before Friday, Oct. 15. For information, call (248) 370-3125.

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Paul T. Cook, CFA Senior Portfolio Manager, Munder Capital Management, for the Munder NetNet Fund appears as an Internet technology analyst regularly on CNBC's Market Watch, CNN and CNNFN.

Cook holds a BA in Materials Logistics and an MBA in Finance from Michigan State University, and is a Chartered Financial Analyst.

Cook will be speaking about:
• Internet trends and the shaping of the emerging digital economy.
• E-commerce and its effect on the value chain.
• The implication of the Internet for old economy industry sectors.

Orchestra from page C1

harmonia Orchestra.
"To work with a woman conductor is not very common," said Abriola, an Ann Arbor resident. "It's been fun. The season is a nice balance of known and unknown works."

Reserving judgment
As with any change, there are growing pains. Garden City violinist Peggy Bunge and Viola Ranstadler have seen several conductors come and go during their 47 and 51 years of playing with the Plymouth Symphony Orchestra. These seasoned musicians are waiting "to go through a couple of concerts" before commenting on the new conductor. But it probably won't change how they feel about playing with the orchestra. They'll continue to play for the love of music.
"I think it's a passion. Most of the people who've been here a

Plymouth Symphony Season Schedule
■ 8 p.m. Saturday, Nov. 13 - "The Four Ev's" features PSO concertmaster Juliana Athayde and St. Kenneth's Handbell Choir playing music by Bartok, Bach, Barber and Beethoven at St. Kenneth Church.
■ 2 p.m. and 7:30 p.m. Saturday, Dec. 11 and 3 p.m. Sunday, Dec. 12 - "Nutcracker Ballet" with the Plymouth Canton Ballet Company at Plymouth Salem High School Auditorium.
■ 8 p.m. Saturday, Jan. 29 - "No, No, No" concert of chamber music spotlighting PSO principal players at Plymouth Canton Little Theatre.
■ 8 p.m. Saturday, Feb. 19 - "All That Jazz" with jazz drummer Pete Siers at Our Lady of Good Counsel Church.
■ 8 p.m. Saturday, March 18 - "Scenes and Landscapes" with Peter Soave, accordion/bandoneon and the choir from Our Lady of Good Counsel at Our Lady of Good Counsel Church.
■ 6 p.m. Friday, April 7 - Pops Dinner Concert.
■ 4 p.m. Sunday, May 21 - Free bonus concert for season subscribers at St. John Neumann Church.

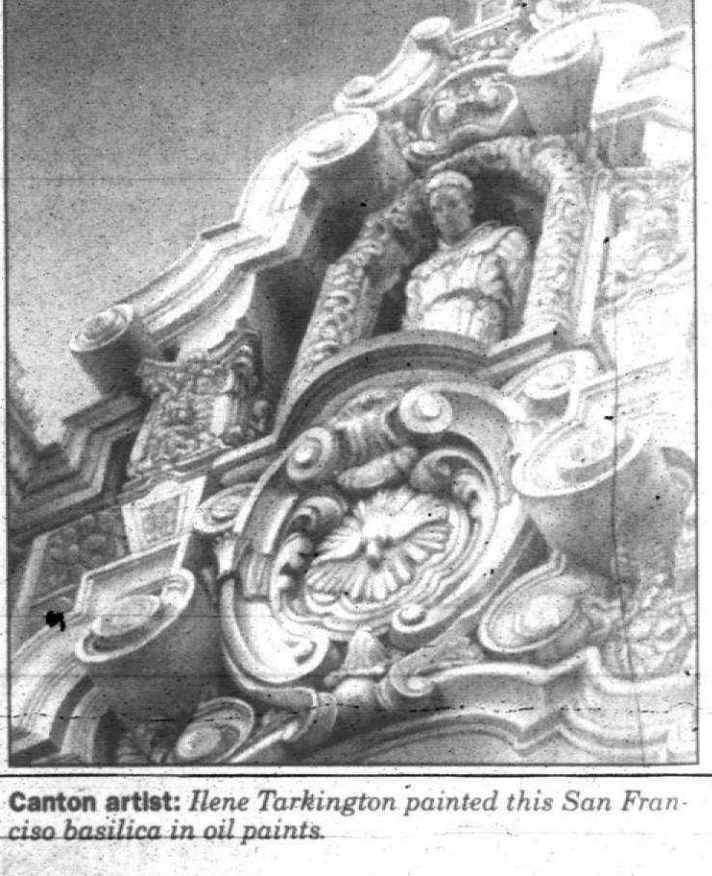
Exhibit from page C1

"I want to try to become involved locally in the arts community, and the Canton exhibit gives me a chance," said Sabados, who studied art at Michigan State University, Center for Creative Studies and Eastern Michigan University. "I'd love to have some responses to my work and expose it to people."

Sabados works large. "The Journey," an abstract featuring several figures, measures 28 inches wide by 94 inches long.
"I have an interest in the human figure," said Sabados, who lives in Canton. "You see some of the most beautiful lines in the human body."

Livonia artist Barbara Demgen shows two works: one of a white shed in Sleeping Bear Dunes, and containers of May plantings. This is her second year in the Canton Project Arts exhibit. Demgen, who received a master's of art degree from Marygrove College, has exhibited widely.

"I'm thrilled that Canton even has this exhibit," said Demgen. "They have such a beautiful facility and I'm happy to see the work out there."



Canton artist: Ilene Tarkington painted this San Francisco basilica in oil paints.

NAVY ACADEMY
Introduction to Belly Dance for all ages and skill level. Classes meet weekly, 32832 Merritt Drive, Westland. (734) 422-1246.
PLYMOUTH COMMUNITY ARTS COUNCIL
Classes and workshops for all ages at the center, 774 N. Sheldon Road. Live model session 9:30 a.m. noon, every Tuesday of the month. (734) 416-4278.
PAINT CREEK CENTER FOR THE ARTS
Open line drawing classes in conjunction with the Body and Soul exhibition which runs through Nov. 5, 6 p.m. Oct. 5, 12 and 19, 407 Pine Street, Rochester. (248) 651-4110.
HIGH SCHOOL APPRENTICE COMPANY
Students interested in dramatic and performing arts are invited to audition for the Meadow Brook Theatre High School Apprenticeship Company, 10 a.m. Saturday, Oct. 9, Meadow Brook Theatre, Wilson Hall, Oakland University campus, Rochester Hills. For appointments, call (248) 379-3102.
LIVONIA YOUTH PHILHARMONIC
Livonia Youth Philharmonic of Michigan is holding auditions for the 1999-2000 season. Call Wendy Bernard at (734) 591-7649 for an appointment.
MEADOW BROOK THEATRE CALL FOR ACTORS
Auditions for nonunion adults will be 7 p.m. Monday, Oct. 4, Wilson Hall, Oakland University campus, Rochester Hills. For information, (248) 370-3308.
METROPOLITAN SINGERS
The adult choir of mixed voices is looking for new singers, especially men, to sing blues, pop, hit tunes and folk tunes. Choir meets 7:30 p.m. Mondays at Birney Middle School vocal room, 27000 Evergreen Road, Southfield.
SEEKING CRAFTERS
Farmington High School Football backers are looking for crafters for their 10th annual arts and crafts show for Saturday, Nov. 13. For information call Denise Burt at (248) 478-2397 or Ron at (248) 473-1538.
TRANSFORMING VISIONS
Swords into Plowshares Gallery, 33 E. Adams St., Detroit, is seeking entries for its seventh juried exhibit in the fall. (313) 965-5422.

CLASSES
ART CLASSES
A & M studios offers fine art classes for preschooler through adult. Classes held at three locations, 8900 N. Lilley Road, Canton, 48000, Summit Parkway, Canton, 48060, and 48060, Summit Parkway, Canton, 48060. (734) 453-3710.
CREATIVE ARTS CENTER OF PONTIAC
Fall 1999 classes for children through adults in fine arts, computer design and music. At the center, 47 Williams Street. Fees vary per class and a limited number of scholarships are available based on financial need. (248) 333-7849.
DETROIT BALLET
Classes in child and adult classical ballet, tap, and jazz. Adult beginners will come. Classes offered at the Betty Johnston Dance Studio in Farmington Hills at Foxboro and Nine Mile Road. (248) 474-3174.
EISENHOWER DANCE ENSEMBLE
All levels of classes for recreational and professional students, including modern, ballet, pointe, tap and jazz for children ages 7 and older, at the studio, 1541 W. Hamlin Road, between Crooks and Livernois roads, Rochester Hills. (248) 852-5850.
JEWISH COMMUNITY CENTER
Adult art classes every Monday, Wednesday and Friday from 9 a.m. to noon. Woodworking classes take place Monday at 9 a.m. 15110 West Ten Mile Road, Oak Park. (248) 967-4030.
GEIGER CLASSIC BALLET
Newly refurbished dance studio, 782 Woodward Court, Bloomfield Hills, seeking for new enrollment. (248) 234-3300.
KAMMUELLER DANCE CLASSES
Advanced and professional classical ballet program, 9:30 a.m. - 11:30 a.m. Tuesday, Thursday and Friday at the studio, 5526 W. Drake, West Bloomfield. (248) 932-8699.
MARGE CHETTER, an assistant art professor at Madonna University, demonstrates watercolor techniques. Please bring a sample of your work.

EVENTS
AUTUMN HARVEST INDIAN FESTIVAL
A fun-filled family celebration of Native American heritage, 10 a.m. 6 p.m. Sat., Oct. 9 and 11 a.m. 5 p.m. Sun., Oct. 10 at the Southfield Civic Center. For tickets, call (248) 352-0990.
BLAST FROM THE PAST
Let Matthew Botanical Gardens take you back to the 1750s when folks had a remarkable amount of knowledge about the plant world. Activities for adults and children, 10 a.m. - 4 p.m. Oct. 9-10, 1800 N. Dixboro Rd., Ann Arbor. (734) 998-7061.
ELIZABETH STONE GALLERY
Book signing by Chris Van Allsburg, author and illustrator of January, Polar Express and Garden of Abdul Gasazi, 3 p.m. Sat., Oct. 9. The event is free. All proceeds from sales will be donated to the YES Foundation, a southeastern Michigan literacy program, 536 N. Old Woodward. (248) 647-7040.

CONCERTS
BIRMINGHAM ACROBAT BAND
"The First Time Around," featuring a wide variety of music at 3 p.m. Sun., Oct. 10 at the Groves High School Auditorium, 20500 W. 13 Mile, Birmingham. (248) 373-9980.
CHAMBER MUSIC SOCIETY
Tokyo String Quartet performs at 5 p.m. Sat., Oct. 10 at Detroit Symphony Orchestra Hall in Detroit. (248) 373-9980.
DETROIT SYMPHONY ORCHESTRA
The world premiere of a new arrangement of Chopin's incomplete Piano Concerto No. 3, 10:45 a.m. and 8 p.m. Fri., Oct. 8 and 8 p.m. Sat., Oct. 9, National Male Choir of Estonia performs 8 p.m. Mon., Oct. 4 at Detroit Symphony Orchestra Hall, Detroit. (313) 576-5130.
FOLK VESPERS
Featuring Matt Watroba, 6 p.m. Sun., Oct. 3, First Baptist Church, corner of Wilkins and Bates in Birmingham. (248) 644-0550.
JEWISH COMMUNITY CENTER
Yeshiva, Faina Fox and Chana, Galatia, Yeshiva play a repertoire of classic Jewish songs at 7:30 p.m. Mon., Oct. 4 at the Jewish Community Center, 1211 N. Woodward, Bloomfield Hills. 1-877-GO-CRANBROOK.
DETROIT INSTITUTE OF ARTS
Andree Putnam, French interior design will speak at 7 p.m. Oct. 7 in the DIA Auditorium. Conference on Ben Shahn Art and Politics, 10 a.m. 12:30 p.m. Sat., Oct. 9 in the DIA Lecture Hall, 5200 Woodward Ave. Detroit. (313) 833-1851.

FOR KIDS
CHILDREN'S BOOK FAIR
Oct. 7, 8, 9, 30 a.m. to 2:30 p.m. at the Southfield Center for the Arts, 24350 Southfield Road. Children can purchase books at 20 percent off retail prices.
SPINNING AND WEAVING WEEK
Storyteller, spinner and weaver Leah Gordon presents a program for children on Oct. 9, 10:30 a.m. to 12:30 p.m. at the Farmington Hills Library, 32737 W. Twelve Mile Road.
LECTURES
COMMUNITY HOUSE
Monty Cram presents "Good News for a Change," 7:30 p.m., Tues., Oct. 5, 3800 South Bates, Birmingham. (248) 644-5832.
CRANBROOK ART MUSEUM
Cynthia Ero presents the "Avant-Garde Looks at Hollywood," 7:30 p.m., Thurs., Oct. 4 at the DeSautels Auditorium, 1211 N. Woodward, Bloomfield Hills. 1-877-GO-CRANBROOK.
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CRANBROOK ART MUSEUM
Cynthia Ero presents the "Avant-Garde Looks at Hollywood," 7:30 p.m., Thurs., Oct. 4 at the DeSautels Auditorium, 1211 N. Woodward, Bloomfield Hills. 1-877-GO-CRANBROOK.
DETROIT INSTITUTE OF ARTS
Andree Putnam, French interior design will speak at 7 p.m. Oct. 7 in the DIA Auditorium. Conference on Ben Shahn Art and Politics, 10 a.m. 12:30 p.m. Sat., Oct. 9 in the DIA Lecture Hall, 5200 Woodward Ave. Detroit. (313) 833-1851.

FOR KIDS
CHILDREN'S BOOK FAIR
Oct. 7, 8, 9, 30 a.m. to 2:30 p.m. at the Southfield Center for the Arts, 24350 Southfield Road. Children can purchase books at 20 percent off retail prices.
SPINNING AND WEAVING WEEK
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FOCUS HOPE
Through Oct. 15 - People, Plants and Cultures. Through Oct. 22 - In Celebration of Hispanic Heritage Month. 1400 Oakland Blvd., Detroit. (482) 434-7553.
GALLERY BLU
Through Oct. 30 - Helen Febbo: Tree Space Series, and Robert Mirek: Recent Paintings. 7 N. Saginaw, Ann Arbor. (734) 994-7797.
GALLERY NIKKO
Through Oct. 31 - Fourth anniversary celebration. 470 N. Old Woodward, Birmingham. (248) 647-0680.
HABATAT GALLERIES
Through Oct. 30 - Works by Japanese artists, Kuniyuki and Shiroh Higuchi. 7 N. Saginaw Street, Pontiac. (248) 333-2060.
SUSANNE HILBERY GALLERY
Through Oct. 30 - Watercolors and paintings by Ellen Phelan. 555 N. Old Woodward, Birmingham. (248) 642-8250.
ELAINE L. JACOB GALLERY
"So What Kind of Name is That?" paintings with text by Ken Acker. 480 W. Hancock, on the campus of Wayne State University in Detroit. (313) 577-2423.
ELLEN KAYNO GALLERY
Through Oct. 29 - "Mixed Review" featuring works of mature artists. Harlan House, 4750 Woodward, Detroit. (313) 833-1300.
ROBERT KIDD GALLERY
Through Oct. 5 - An exhibition by Todd Murphy, Jim McNair and Brandy Mayers. Artists reception, 6 p.m. Fri., Sept. 10, 701 Townsend, Birmingham. (248) 642-3909.
LIVONIA ARTS
Through Oct. 29 - Kathy Wolfe of Wolfe Studio exhibits her collection in the exhibit titled "Cases Through Oct. 31 - Kevin Nichols of Ann Arbor presents his exhibition of carillons and digital art. Livonia Civic Center Library, 32777 Five Mile Road, Livonia. (734) 466-2450. Through Nov. 10 - Kathy Phelan features her exhibition of watercolor. Livonia Civic Center Library, 32777 Five Mile Road, Livonia. (734) 466-2450.
MANISCA GALLERY
Through Nov. 6 - Originals, 1-329. Mark G. Gorman, Detroit. (313) 833-1300.
METROPOLITAN CENTER FOR THE CREATIVE ARTS
Through Oct. 28 - Art of the 20th Century. 6911 E. Lafayette, Detroit. (313) 299-4200.
MOORE'S GALLERY
Through Oct. 20 - Collection of 20th-century American sculpture and works by Richard M. Brome, George Sheppard, Madeline, Rhonda, Masha, Danny, Karyn and R. (248) 444-4400.
MOTT COMMUNITY COLLEGE
Through Oct. 15 - Ted Binkley, "Paper Trail: Mixed media constructions with handmade paper." 1401 East Main Street, Farmington Hills. (248) 474-2445.
MUSEUM OF CONTEMPORARY ART
Through Oct. 15 - "The Art of the 20th Century: A collection of works by artists represented by North Saginaw, Pontiac. (248) 334-6038.
NETWORK
Through Oct. 8 - Decades, John Glick presents a collection of works by John Glick, Martha Thoms, 7 N. Saginaw, Pontiac. (248) 334-6038.
OAKLAND GALLERIA
Through Oct. 16 - "Visual Garden" paintings by Susan Ren. 226 Walnut Blvd., Rochester. (248) 651-3656.
CASS CAFE
Through Nov. 20 - Current works by David Snow, Rick Schumers and Rick Van. 4620 Cass Ave., Detroit. (313) 831-1400.
CENTER GALLERIES
Through Oct. 9 - Deconstructing: Sculpture featuring artists from New York, Los Angeles and Detroit. 301 Frederick Douglass, Detroit. (313) 664-7800.
CRANBROOK ART MUSEUM
Through Oct. 31 - "Disappearance at Sea: The first solo museum show in the U.S. by Tania Dean. Through Oct. 31. Backgrounds for Modern Living: Furniture, Textile and Fashion Designs. 4th Ave., Ann Arbor. (734) 769-2999.

POSSER GALLERY
Through Oct. 12 - The paintings of Richard Kozlov. 523 N. Old Woodward, Birmingham. (248) 647-3553.
ELIZABETH STONE GALLERY
"Make A Tiny Toy" workshop and autograph party, featuring Carolyn Vosburg. 1400 Oakland Blvd., Detroit. (482) 434-7553.
SWAN GALLERY
Through Oct. 31 - A Walk on the Dark Side. 1250 Library St., Detroit. (313) 965-4826.
UZELAC GALLERY
Through Oct. 30 - Ed & Diane Levine: Coast to Coast, paintings and watercolors. 7 N. Saginaw, Pontiac. (248) 332-5257.
WASHINGTON STREET GALLERY
Through Oct. 30 - Julie Karabencik: Color Harmonies. 215 East Washington, Ann Arbor. (734) 761-2287.
WAYNE STATE UNIVERSITY
Through Dec. 31 - "Talking Shops: Detroit's South Side" photographs by David Clements, Walter R. Reuther Library, Woodcock Gallery, Class Ave. at Kirby, Detroit. (313) 577-2662.
Through Oct. 22 - "The Meaningful Objects: A Visual Dialogue on Cultural Transformation, Urban Decay and Renewal." David Adamy, "Undergraduate Library, 5155 Gullen Mall, Detroit. (313) 577-8852.

WYLAND GALLERY
Through Nov. 1 - A wildlife photographer. Chuck Peters. 290 E. Merrill, Birmingham. (248) 323-9200.
VOLUNTEERS
Looking for artists, such as animators or comedians who would like to be featured on stage. For more information, contact Dave Dabish, president of the Detroit Comedy Festival, 215 E. Merrill, Detroit. (313) 577-8852.
ANGEL'S NIGHT
The Six Mile Neighborhood Association is looking for volunteers for the Detroit Comedy Festival, 215 E. Merrill, Detroit. (313) 577-8852.
CANTON PROJECT ARTS
Volunteers needed for the Canton Project Arts exhibit. For more information, contact Marge Chetter, 1541 W. Hamlin Road, Canton. (248) 852-5850.
DETROIT INSTITUTE OF ARTS
Galleries, studios, and galleries to promote and assist visitors in understanding the art scene. Training sessions at the DIA. 32737 W. Twelve Mile Road, Detroit. (313) 833-1851.

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FAR CONSERVATORY
Seeks volunteers to assist with the Far Conservatory. For more information, contact Marge Chetter, 1541 W. Hamlin Road, Canton. (248) 852-5850.
HOSTS PROGRAM
A volunteer program to assist with the Far Conservatory. For more information, contact Marge Chetter, 1541 W. Hamlin Road, Canton. (248) 852-5850.
LIVONIA HISTORICAL COMMISSION
Greenwood Village, Livonia seeks volunteers to assist in school tours. For more information, contact Marge Chetter, 1541 W. Hamlin Road, Canton. (248) 852-5850.
MOTOR CITY BRASS BAND
Seeks volunteers to help with the Motor City Brass Band. For more information, contact Marge Chetter, 1541 W. Hamlin Road, Canton. (248) 852-5850.

TOURS
GERMAN ART AND ARCHITECTURE
Birmingham, Bloomfield Art Center instructors Russel and Nancy Trayer will lead a tour of the German National Museum in Berlin, Germany. Nov. 9-17. Deposits are being taken. Now. Call (248) 644-0895.
POSA

Paul T. Cook, CFA Senior Portfolio Manager, Munder Capital Management, for the Munder NetNet Fund appears as an Internet technology analyst regularly on CNBC's Market Watch, CNN and CNNFN.

Cook holds a BA in Materials Logistics and an MBA in Finance from Michigan State University, and is a Chartered Financial Analyst.

Cook will be speaking about:
• Internet trends and the shaping of the emerging digital economy.
• E-commerce and its effect on the value chain.
• The implication of the Internet for old economy industry sectors.

The Observer

Sunday, October 3, 1999

S p e c t a c u l a r s t y l e

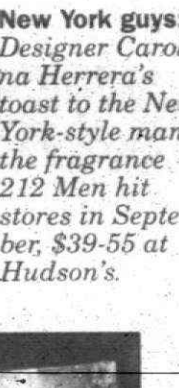
THE JEWELRY LADY



Send questions and topics of interest to the Jewelry Lady by e-mail: rodgers@mich.com, fax (248) 582-9223 or mail, c/o The Observer & Eccentric Newspapers, 805 E. Maple, Birmingham, Mich. 48009.

STAFF PHOTOS BY JERRY ZOLYNSKI

S T U F F W E C R V E



Timely games: New — game Millenniumopoly is sure to trigger nostalgia, \$24.95 at Rand McNally, the Somerset Collection in Troy.

Merchants in downtown Rochester have concocted a "lady's night" event that's actually designed with women, rather than men, in mind. **Girls Night Out**, slated 5-9 p.m. **Thursday, Oct. 7**, aspires to unite women — girlfriends, sisters, daughters — at a shopping spree. The idea of girl talk and shopping at a downtown Rochester store.

More than 20 retailers, will offer discounts, prize drawings, refreshments, entertainment and gifts-with-purchase. Shop at 10 or more participating stores (ask for a Girls Night Out punch card at your first stop) and enter to win a \$100 gift certificate.

There's no shortage of new stores in suburban

Detroit. At Great Lakes Crossing in Auburn Hills, recently opened retailers include children's clothing **QoshKosh**, E'Gosh, teen apparel shop **Aeroshale** and tuxedo seller **Randazzo Tuxedo**. Also, **Borders Books & Music**, recently opened, is a new addition to the Crossing.

New at **Livonia's Laurel Park Place** is **Van Dam's**, a small, beautifully decorated women's clothing boutique where picking up unique apparel and accessories is sure to be a cinch and a joy (the store's decor is romantic-shabby-chic). Store owner Christine Van Dam will be in the store on Thursday, Oct. 7, and up-and-coming designers from New York and Los Angeles, as well as cloth-

1961 Detroit All Saints High School yearbook and 1949-1951 Detroit Central High School yearbooks.

- If any organization is interested in obtaining used

- A Bob Vivant cocktail blender for Jo.
- A motor for a Neutoma built-in food center (model #221) or a replacement food

- A portable wine storage cabinet with a minimum capacity of 200 bottles for Joe of Livonia.

- Compiled by Sandi Jaracka

BY NICOLE STAFFORD
SPECIAL EDITOR

Several downtown Birmingham beauty salons presented hair and make-up looks for fall, as well.

With such a range of retailers participating, attendees experienced the full scope of fall fashion: from the popular and popularized to the new and the old, the sporty, athletic look, complete with a plethora of hooded sweatshirts and jersey stripes, came from Roots.

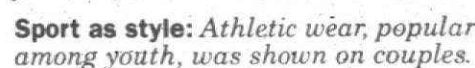
Banana Republic showed modern-pren in shades of camel, black and charcoal.

Other retailers embellished by high-tech fabrics, multiple pockets and belts from Tender gave the audience a taste of millennium style.

During several segments, clear plastic headbands on several models kept hair in place. Even a quilted, black outer wear coat equivalent in size to a sleeping bag, showed its use on the runway.

When the show kicked off, it featured a cowboy and cowgirl duet. Luth gave the audience their take on 80s revisionism, simple, vertical oversized sweaters with translucent skirts.

Making numerous appearances, patrons of the runway and off, were pashmina scarves. Patrons of the



BY NICOLE STAFFORD
SPECIAL EDITOR

MEM'S SHOE SHOW
Jacobson's, Laurel Park Place in Livonia
Haan's fall-shoe collection for men, 11
Shoe Department.

WARDROBE ASSISTANCE AT SAKS
Representatives from several women's

JEWELRY SHOWS AT NEIMAN
Neiman Marcus, the South
holds several jewelry tradi-
tions by Steven Lagos, Li-
make an appearance) and
Designer Jewelry, first fl

holds a sports collection through October 1 and Monday through Friday at the University of Michigan Library, 300 North Zeeb Road, Ann Arbor, Michigan 48106. The collection includes about 100,000 books and 116,000 photographs and 11,600

card, coin and collectibles show-
11, 10 a.m.-9 p.m. on Friday, Saturday
noon-5 p.m. on Sunday. Former Universi-
an football team stars pose for pho-
sign autographs on Oct. 11. For details
player appearances, call (248) 476-

labels visit Saks Fifth Avenue, the Somerset Collec-

Penny Preville personally present their pieces, Precious Jewels Salon, first floor. For show schedules and additional information, call (248) 643-3300.

AMSALE SHOW
Alvin's Bride, 249 Pierce Street in downtown Birmingham, hosts a show of the Amsale Collection with

day and Friday, 10 a.m.-5 p.m. on Saturday. Children's Department.

FRIDAY, OCTOBER 8

ARTS & CRAFTS SHOW
Wonderland Mall in Livonia hosts an arts and crafts show through Oct. 10, 10 a.m.-p.m. on Friday and Saturday, 11 a.m.-6 p.m. on Sunday.

COLLECTIBLES SHOW
Livonia Mall, 29514 Seven Mile Road in Livonia,

holds a sports card, coin and collectibles show through Oct. 11, 10 a.m.-9 p.m. on Friday, Saturday and Monday, noon-5 p.m. on Sunday. Former University of Michigan football team stars pose for photographs and sign autographs on Oct. 11. For details about football player appearances, call (248) 476-1160.

NEWSPAPERS

Print of the Observer & Eccentric

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HomeTown SAVINGS CARD

John Smith 12-31-96

Observer & Eccentric

Automotive 11 Mile/Hourly Marathon 10% Off Change only \$1.95 (with 10 up) Augers Auto Body Collision Free Exterior Wash Polish With Any Repair Eclipse Window Tint 500% Telegraph 10% Off Purchase Over \$200 Huntington Woods Mobil Free 20 oz. Pop. with purchase of min. 6 gallons service Jim Frazier Pontiac Buick 10% Off Parts and Service Ton Habelson Goodyear Free Oil Change W/Two Tire Purchase Westmons Free Oil Change W/Two Tire Purchase	Rags to Riches Cleaners 15% Off Dry Cleaning Only (Min. \$25 Order) White Cleaners & Coin Laundry 30% Off Incoming Dry Cleaning Orders Entertainment Ambassador Roller Rink Buy One Admission - Get One Free (Sat. Only) Electric Shock Pay for One Hour of Pool - Get One Hour Free Hardfield Lanes Free Rental Bowling for Caribbees Florists & Gifts Home 10% Off Purchase (not to be combined w/other offers) Kay's Floral Expressions 10% Off - Excluding Wire Orders Steve Codens Flowers Free Delivery in Metro/Central Area The Green Bee 10% Off Purchase over \$10	Saxton's Garden Center 15% Off All Inland Garden Tools Pizza Cottage Inn Pizza 2 Large Pizzas W/one Item \$12.99 Maria's Del's Pizzeria 10% Off 3 & 4 Foot Party Subs 734-981-1200 Papa Romanos \$10.00 Off 2 Large Breads with any purchase Pizza One's 2 Small Pizzas for \$8.99 - tax Rallo's Pizzeria \$15.00 Off Large Square Pizza Restaurants Alexander The Great 10% Off Entrees - Not Valid on Specials Christine's Cuisine 10% Off Any Dinner Entree (Carry Out Only) Clubhouse BBQ Free 2 Liter of Fajita with Any Purchase \$7.50 Code 30 Coffee Cafe Inc. \$1.00 Off Any Flavored Latte Deary Queen \$3.00 Off Service or \$25 Off Sit American Blind and Wallpaper Factory 10% Off Order \$50 Min. Mention Code HE10 Bergstrom's Inc. Plumbing & Heating \$15 Off Service Calls 734-522-1350 Berkley Plumbing \$15 Off Plumbing Repair/Seal/Drain Service Beyer Heating & Cooling Inc. 10% Off Air Conditioning Service Casemore Electric Inc. \$25.00 Off Any Electrical Work Over \$200.00 Coach's Carpet Care 10% Off Scheduled Services Carpet, Uphol. & Drapes Horton Plumbing Flat Trenching 1/2" & Plastic with Repple I Do Windows First Clean Free with Pre-Paid Service KTP Designers Inc. One Hour Free Interior Design Consultation New Beginnings LLC 10% Off Painting Two or More Rooms Sumner Landscaping & Sewer \$15.00 Service or SPRS \$20.00	Saxton's Garden Center 15% Off All Inland Garden Tools Pizza Cottage Inn Pizza 2 Large Pizzas W/one Item \$12.99 Maria's Del's Pizzeria 10% Off 3 & 4 Foot Party Subs 734-981-1200 Papa Romanos \$10.00 Off 2 Large Breads with any purchase Pizza One's 2 Small Pizzas for \$8.99 - tax Rallo's Pizzeria \$15.00 Off Large Square Pizza Restaurants Alexander The Great 10% Off Entrees - Not Valid on Specials Christine's Cuisine 10% Off Any Dinner Entree (Carry Out Only) Clubhouse BBQ Free 2 Liter of Fajita with Any Purchase \$7.50 Code 30 Coffee Cafe Inc. \$1.00 Off Any Flavored Latte Deary Queen \$3.00 Off Service or \$25 Off Sit American Blind and Wallpaper Factory 10% Off Order \$50 Min. Mention Code HE10 Bergstrom's Inc. 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TRAVEL

Traveler takes to the Highland roads

BY BEVERLY A. LEN
SPECIAL WRITER

The photo caption in the tour book stated, "Beautiful wind-lashed Dunnet Head is too remote for human flocks."

Oh, yeah? Scotland is only 275 miles from north to south (not counting the islands) and a mere 150 miles at its widest point. I thought, "I'm already at Gretna Green, how long can it take?"

Two months later, I hiked across a cold, misty, wind-lashed pasture of grazing sheep and stood at Dunnet Head, the northernmost point of Great Britain's mainland, in the rugged Highlands. The sheep looked at me as if I was daft.

Shivering, I agreed, then looked across the waters of the Pentland Firth. The small archipelagos of the Orkney Islands were barely visible. How could I resist their enticement?

Ferries sail from John O'Groats and Thurso to these enchanting islands where the midsummer sun scarcely dips below the horizon before gently rising on the next dawn.

A short drive from the ferry dock takes you back five millennia to the village of Skara Brae.

This unique Neolithic village lay hidden beneath a sand dune until revealed by a storm in 1850. In one of the huts, a stone hearth, cupboard and beds still stand as if waiting for someone to return.

The Italian Chapel at Lambholm waited less than two decades for one of its builders to return.

Italian prisoners of war transformed two metal huts and leftover materials from the Churchill Barriers into an exquisite little chapel with extraordinary frescoes and woodcarvings.

In 1960, the leading artist of the Chapel returned from Italy to do restorations. Then, in 1992, eight former prisoners returned to visit their chapel and the kind people of Orkney.

Remote islands

Forty-eight miles north of the Orkneys lay the archipelagos of the Shetland Islands, Britain's most northerly domain. How could I not take the short flight to Lerwick, Shetland's only town?

Once you've made the effort to



Tradition: Burns Night
host Mick Boughton reads Robert Burns' "Address to the Haggis."

travel to these remote islands, you'll soon discover that the trip was worth it. Even though the land is less dramatic than the Orkneys, the same kind of Nordic atmosphere pervades.

The Orkneys and Shetlands were given to Scotland in 1469 as a dowry of Margaret of Denmark who married James III. Therefore, it's not surprising that 500 years later, native Shetlanders speak a dialect made up of Norse, Scot and English.

It's impossible for a tourist to eavesdrop on the locals, but it's easy to chat with them.

Shetlanders are justifiably proud of their islands and gladly direct you to the many wonderful areas for birdwatching, fishing, walking, sailing and, of course, pony sitting.

Be careful. Shetland ponies, like sheep, don't respect the Highway Code.

Whether you want to spot killer whales off Sumburgh Head, marvel at the thousands of birds at Hermaness Nature Reserve, nose around an Iron Age archaeological site or search for that special hand-knitted, pure Shetland wool sweater, there is plenty to keep any tourist happy any time of the year.

Located closer to Iceland than London, the islands are always cool. June and July are the warmest months and best for wildlife viewing. But, blustery January is the only time you can find a different kind of "wildlife."

Shetlanders celebrate their Norse heritage at the annual Up-Helly-Aa fire festival in January. There is dancing, fiddling, singing and general revelry. The celebration climaxes around midnight when hordes of yelling, torch toting, Viking "warriors" set fire to a full-size Viking ship.

Burns Night

Another January celebration for Scots, and Brits in general, is Burns Night.

I was invited to join friends on the mainland for dinner and a wee dram of the world's favorite single malt libation in honor of Scotland's favorite poet, Robert Burns.

The buffet table sagged with traditional foods for the occasion: Salmon, assorted cheeses, tatties (potatoes), neeps (turnips) and HAGGIS.

Now, haggis isn't something a non-Scot normally tucks into without being fortified with a few drams of "usquebaugh," the water of life (Scotch). However, the butcher in the little town of Moffat does a bonny job of mixing oatmeal, suet, onions, seasoning and the offal of either sheep or calves, then stuffing the concoction into the animal's stomach and boiling it until done.

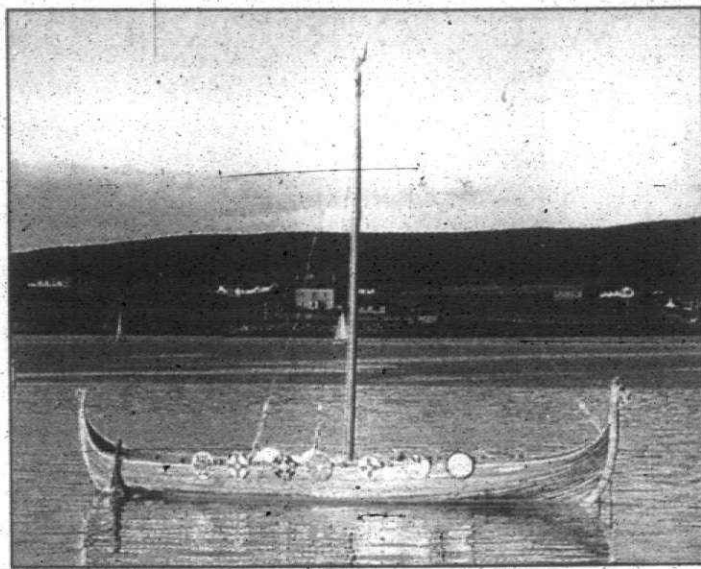
It was quite tasty. The libation wasn't bad either.

Around midnight, my host donned a plaid tam-o'shanter, complete with red wig. Affecting a heavy Scottish burr, he read a few lines of Burns' Address to the Haggis. No one understood a word. In the wee hours of the morning, we sang a rousing chorus of Auld Lang Syne.

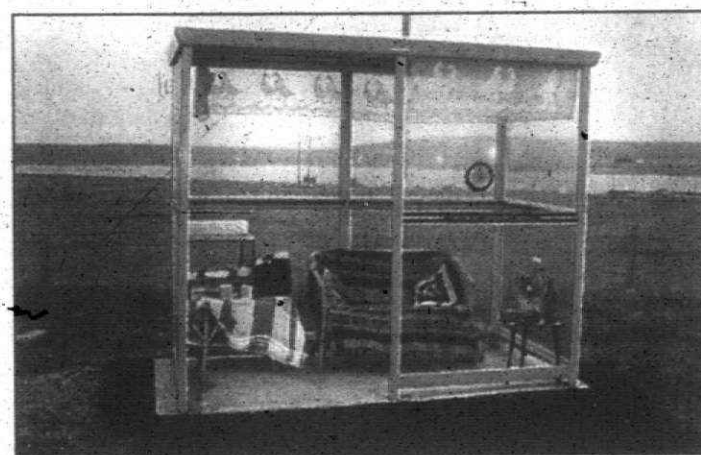
By that time, no one understood a word of that either.

Ay, 'tis true, auld acquaintance should na' be forgot, so when I reached Glasgow, I looked in the phone book and found my pin pal from over 30 years ago. We met and had a great time. Her youngest son taught me a phrase in the local dialect that will come in handy if ever I'm in an altercation with a Glaswegian dockworker.

Glaswegians have worked hard to clean up their city, once noted for its drunks, disturbances and grimy streets. Glasgow has been transformed into a clean, history-laden metropolitan area, attracting tourists



Norse Influence: Although you are in Scotland, Shetlanders are closer genetically and culturally to Norway. Here, a viking ship bobs in the bay at Lerwick.



Whimsy: Even though the Shetland Islands are remote, the people are friendly and have a cosmopolitan sense of humor, as seen in this cozy bus shelter.

PHOTOS BY BEVERLY LEN

worldwide. The renaissance was so successful that in 1990, the European Community named Glasgow City of Culture. As 1999's City of Architecture, Glasgow finally nudged out its long-time rival, Edinburgh, a mere 50 miles to the east.

Only 50 miles to Scotland's capital city? I drove through rolling hills covered with purple heather. Sheep grazed everywhere. On the braes (hillsides), up the wee wynds (small lanes), in glens (valleys) and beside roads. Sheep are stupid. Frequently, they stand in the road waiting for grass to grow on the pavement. But, I never saw a road kill.

I did see Highland Cattle. Centuries ago, these sturdy animals adapted to the harsh environment of the Highlands by growing long, shaggy hair, usually red-orange. It hangs across their backs, down their sides, between their horns, over their eyes. They look like throwbacks to the Woolly Mammoth, having a perpetual bad-hair day.

You won't have a bad day in Edinburgh; it can keep you enthralled for weeks. Edinburgh Castle houses Scotland's most precious symbol of nationalism, the Stone of Scone, the traditional coronation seat of Scotland's kings. For 700 years, the Stone, also called the Stone of Destiny, was kept in London, symbolically, under the English Coronation Chair. Finally, in 1996, the Stone was returned to Scotland. You can spend a day roaming the castle's great halls, small rooms, chapel and courtyards until the gates close and you're standing in the forecourt.

I had seen the picturesque lowlands, the scenic Highlands, the unique northern islands and both beautiful coasts. I had tramped across sheep clogged pastures to castles on foggy cliffs. I had walked the battle sites of Stirling, Falkirk and Bannockburn. I had seen the Stone of Scone.

I had scarcely sampled Scotland.

Scotland Web sites

www.mercat-tours.co.uk for Edinburgh and Glasgow
www.shetland-tourism.co.uk for Shetland Islands
www.historic-scotland.gov.uk for general information

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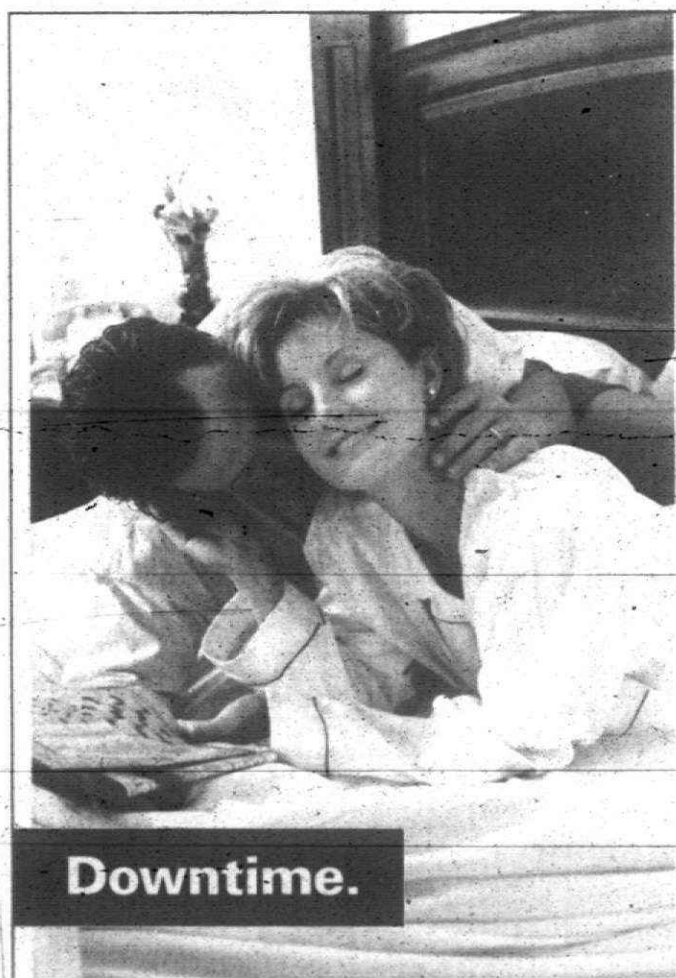
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FOCUS ON WINE



RAY & ELEANOR HEALD

Wine legislation should make you stompin' mad

Recently in the U.S. Senate, the Byrd Amendment to the Juvenile Justice Bill and the U.S. House Scarborough Bill, H.R. 2031, give attorneys general in constrained states (like Michigan, which prohibit the direct shipping of wine) the power to seek injunctive relief in federal court against out-of-state wineries which ship wine to adults like you.

Such legislation should make you stompin' mad!

If the bills become law, it sends a clear message that wine wholesaler and distributor control of the U.S. wine market supersedes consumer and winery protection under the Interstate Commerce Clause of the U.S. Constitution.

It clamps down on your right to choose how you buy wine. If you hope to purchase a rare or limited production wine by having it shipped to you, forget it. If you want to have wine you tasted on an out-of-state trip shipped home, forget that, too.

Legislators viewing the wine world through puritanical glasses or who have had their campaign coffers lined by contributions from the Wine & Spirits Wholesalers Association (WSWA) stand behind the nonsensical legislation giving constrained states more clout and eliminating your freedom of choice.

To cover its tail, WSWA has blurred legislators' eyes with smoke screens such as underage wine access if direct shipment is allowed.

We don't know which teens naive legislators have talked to lately, but we doubt any under-21 year old with partying in mind would contact a winery, ask for a shipment, pay by credit card (which leaves a clear trail of delivery), wait 10 days for arrival, then put out the call, "Hey gang, I've got wine, let's party down." Every underage person with a penchant to do so knows it's much easier, faster, and a heck of a lot cheaper to get an over-21 pal to go to a party store for a six-pack.

We're not belittling the serious problem of underage drinking, but it will not be slowed by curtailing direct shipments of wine to adults.

Core issues

Since the repeal of Prohibition by the 21st Amendment to the U.S. Constitution in 1933, the wine industry has used a three-tiered distribution system of producer to wholesaler to retailer, mandated in many states (such as Michigan) to sell wines.

American enthusiasm for wine has been underscored by tremendous growth. Licensed U.S. wineries now number 2,081, a growth of 14 percent in the last five years. California has more than half the wineries and 95 percent of the production.

Please see WINE, D2

Wine Picks

■ **Picks of the pack:** 1995 Mount Veeder Winery Reserve, Napa Valley \$50 (a blend of all five Bordeaux varietals) is flat out fabulous. A near second is 1996 Mt. Veeder Cabernet Sauvignon \$30.

■ **Pinot noir:** In the mood for a luxurious, velvety red wine teaming with bright cherry fruit? This is the good stuff: 1997 Morgan Pinot Noir Reserve \$32; 1997 Estancia Reserve Pinot Noir, Monterey \$22; 1997 Robert Mondavi Pinot Noir, Carneros \$27; 1996 Acacia St. Clair Vineyard Pinot Noir, Carneros \$44; Acacia Beckstoffer Vineyard Pinot Noir, Carneros \$44; 1997 Archery Summit Premier Cuvée Pinot Noir (Oregon) \$35; 1997 Archery Summit Arcus Estate Pinot Noir (Oregon) \$59; and 1997 Domaine Carneros Pinot Noir \$35.

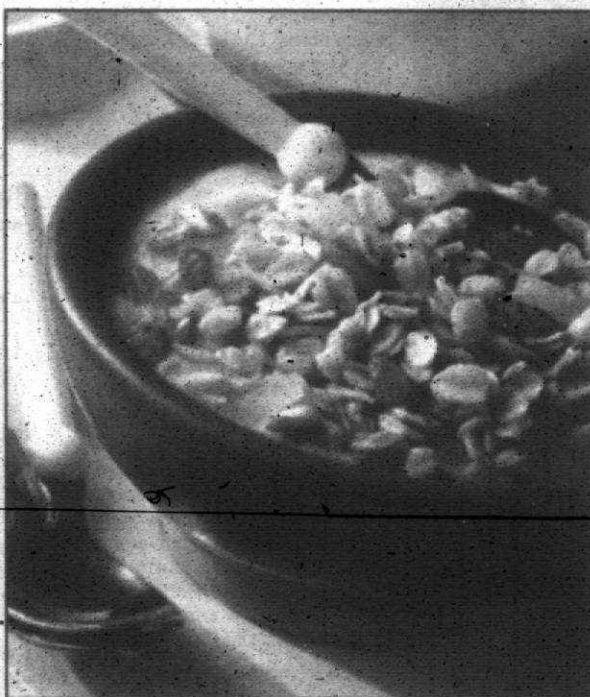
■ **Best buy reds around \$10:** 1997 Marquis de Chasse \$10; 1998 Black Opal Cabernet Sauvignon/Merlot (Australia) \$10.50; 1998 Black Opal Shiraz (Australia) \$10.50; and 1997 L. Martini Cabernet Sauvignon \$10.50.

LOOKING AHEAD

What to watch for in Taste next week:

- 2 Unique
- Main-Dish Miracle

Many Americans eat breakfast on-the-go. In fact, according to a study conducted by "The Breakfast Journal," the number of "deskfasts," or breakfasts eaten at the office doubled between 1990 and 1996.



Prepare a batch of Buttery Breakfast Granola and enjoy with yogurt or in a bowl with milk. Make enough to last all week. For a quick breakfast or mid-morning snack, put granola in a plastic bag and take it along.

Wake up!

Be bright-eyed and bushy-tailed from a good breakfast every day



Back to school means back to busy days and hurried mornings. Some people rely on a quick bowl of cereal for morning fuel; some prefer contemporary breakfast creations such as scrambled egg wraps.

The ritual of eating breakfast dates back to the 15th century.

Many Americans eat breakfast on-the-go. In fact, according to a study conducted by "The Breakfast Journal," the number of "deskfasts," or breakfasts eaten at the office, doubled between 1990 and 1996.

Weekends are different. People like to indulge in breakfast and take the time to relax and catch up with family and friends.

In fact, "Restaurant Business" reports that the bulk of business at full-service breakfast eateries occurs on weekends.

The American Butter Institute offers these tips for enjoying breakfast, regardless of your morning schedule:

■ **Start on Sunday—**For delicious home-baked goodies, like Cranberry Almond Breakfast Biscuits, throughout the week, begin recipes

on the weekend and finish on Monday morning.

Scoop muffin batter into a buttered muffin pan; cover in plastic wrap and freeze. Wake up a few minutes earlier on Monday to preheat the oven, bake for about five minutes longer than directions indicate, let cool. Before heading out the door, family members can grab a warm muffin.

■ **Go South of the Border—**Infuse Latin flavor into eggs. While scrambling eggs, blend in chorizo crumbles, and turn up the heat with a dash of Tabasco or salsa. Turn an omelet into an egg quesadilla by tossing in chopped red and green peppers, shredded cheese, diced tomato, salsa and cilantro. Save time by chopping vegetables ahead of time and storing in the refrigerator until ready to use.

■ **Make a fresh fruit salad and store in the refrigerator throughout the week.** Chop fruits such as apples, bananas, pears, and cantaloupe and sprinkle with fresh lemon juice and garnish with a sprig of mint.

Store in airtight container in the refrigerator. On busy mornings, take an individual serving in a plastic container to enjoy at your desk. On the weekends, turn leftovers into a compote for pancakes, waffles and

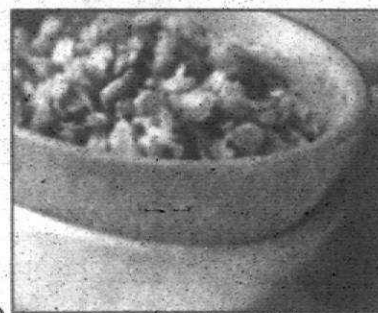
French toast by heating with butter and a sprinkling of cinnamon.

■ **Scramble gourmet flair into eggs.** Whisk eggs with a splash of milk, shred a favorite cheese and add vegetables like mushrooms or broccoli. Heat a pat of butter in a skillet until just melted, combine eggs, cheese and vegetables and cook until fluffy. For extra fluffy eggs, try cooking slowly in a double boiler or over medium-heat.

When it comes to breakfast, the possibilities are endless. Take the time to savor the meal and start every day off right.

For more recipes and cooking tips, visit the Butter Web site www.butterisbest.com

See recipes inside.



B & B owners tell how best breakfasts are done

■ **The Wren's Nest,** 7405 W. Maple Road, West Bloomfield Township, likes to serve several homemade favorites. Owner Irene Scheel makes a blueberry-pecan-French toast ahead of time on a baguette and serves it with blueberry syrup. Another favorite is a homemade raisin muffin. The house specialty is tomato-goat cheese omelets made with one of more of the 60 varieties of heirloom tomatoes grown on site. Heirloom tomatoes are grown from seeds, not hybrid plants. The Wren's Nest has six rooms for visitors.

■ **The 932 Penniman Bed and Breakfast** in Plymouth does an open-faced omelet (frittata) with peppers, green onions, tomatoes, mushrooms, ham, and cheese (Colby and Monterey Jack) with a side of salsa. Owner Jon Gary makes them to order and presents them flat on a big plate. His home has three rooms to stay in, and two others are being remodeled.

■ **At Willow Brook Inn Bed and Breakfast,** 44255 Warren Road in Canton, owner Bernadette Van Lenten, makes breakfast to order. It's no contest for men: they like blueberry pancakes made with Michigan blueberries the best, she said. Women like something different and "more elegant" because they cook the regular items so much at home. Top requests from the ladies: a quiche or Eggs Benedict. She also prepares a French toast with raspberries, raspberry jam and cream cheese that guests like. She and her husband operate the B & B in a completely redone 1929 Arts and Crafts bungalow. They have three rooms for visitors.

■ **Sherry Farhat at Atchinson House** in downtown Northville has two favorites. One, a German potato bake based on a recipe from her grandmother, is made from American fries, egg, cheese, vegetables and meat (optional) with added spices and sour cream, creating a mini soufflé. She serves the dish alongside fresh fruit and a muffin or coffee cake. Her other favorite is a German apple bake pancake made in an old-fashioned skillet from a thin batter and apples. After baking in an oven the large pancake can be cut into individual serving wedges. Atchinson House, 501 W. Dunlap, is an 1882 Italianate house with six guest rooms.

■ **At historic Cobblestone Manor,** just west of Oakland University, favorites for breakfast include a signature item: cobblestones, a biscuit rolled in melted butter, then in sugar and cinnamon, then buttered again, with pecan pressed into the top. The biscuits are baked about 15 minutes. Guests also love a stuffed blueberry French toast with blueberry syrup, according to owner Heather Crandall. Businessmen staying during the week like a plain breakfast of bacon, eggs and toast, "something not so sweet," Crandall said. Heather and Paul Crandall's 1840 all stone house has eight guest rooms.

Diet is a key part of the cancer epidemic

SENSIBLE LIVING



BEVERLY PRICE

Let's look at powerful cancer preventive foods.

As a general rule, high consumption of vegetables and fruits can cut in half the risk of cancers. Carrots, green leafy vegetables, "cruciferous" vegetables such as broccoli and cabbage, and citrus fruit are considered the most beneficial for protecting against cancer.

These types of foods contain "antioxidants," which prevent substances from forming which can damage cells and impair their natural ability to resist the development of cancer.

Examples of antioxidants are vitamin C, beta-carotene, which is largely found in vegetables and fruits, along with selenium which is also found in nuts and seeds.

PHYTOESTROGENS:

Phytoestrogens belong to a family

called phytochemicals. Phytochemicals are substances naturally present in plants that help protect the plant from severe weather, insects and stress. In your body, they can aid in preventing the origination and growth of cancerous tumors as well as slow cancer cell growth.

Phytochemicals include compounds such as allyl sulfides (found in onions, garlic, leeks and chives), indoles (found in broccoli, cabbage, kale and cauliflower), and isoflavones (found in soybeans—i.e. tofu and soy milk).

Phytoestrogens have estrogen-like activity. They are much weaker than the bodies own estrogen and compete for the same estrogen receptors in the body therefore reducing your risk of breast and uterine cancer. Phytoestrogens are found in soy products, whole grains, nuts and seeds, and flax. They are also found in alfalfa, apples, carrots, cherries, chickpeas, corn, green beans, lemon, orange peels, peas, potatoes and yams.

LEGUMES:

Along with soy products, all beans as well as many whole grains are high in lignins. Lignins are substances that act like estrogens in the body and can bind to estrogen receptors. In this way, lignins can regulate your body's estrogen production in a way similar to isoflavones in soy products. Other beans besides the soybean include

adzuki (a macrobiotic staple), black beans, black-eyed peas, chickpeas, fava beans, great Northern, kidney, limas, navy, pinto, lentils and split peas to name a few.

These are all part of the legume family, which are very rich in nutrients including fiber.

WHOLE GRAINS:

In the 1930's, grains became refined to keep the rats out of your cupboards. This was successful as the rats refused to eat refined grains.

However, we are eating these refined grains which are basically devoid of nutrients including fiber. Refined flour products can increase your risk of diabetes and breast cancer. Try whole grains such as barley, buckwheat, kamut, quinoa, brown rice, rye and spelt.

FATS:

Not all fats are created equal. We all need a small amount of fat in our diets to obtain essential fatty acids and to absorb fat-soluble vitamins. Current research indicates that a diet below 20 percent fat is necessary to prevent chronic diseases including cancers. In addition, olive oil has been shown to reduce risk of breast cancer.

ALTERNATIVE DIETS:

What about the macrobiotic diet? Macrobiotic diets are among the most common alternative approaches to can-

cer used in the United States today.

Numerous reports indicate probable decreased risk of chronic diseases, such as cancer, among people following a macrobiotic diet, despite the evidence that exists for potential marginal nutritional status of some nutrients.

Evidence shows that vegans (vegetarians who do not eat eggs or dairy products) have an even lower risk of cancer than those who consume eggs and dairy products.

Beverly Price is a registered dietitian and exercise physiologist. She operates Living Better Sensibly, a private nutrition practice in Farmington Hills that offers programs for individuals and corporations. She is the co-author of "Nutrition Secrets for Optimal Health." Tall Tree Publishing Company. Visit her Web site at www.nutritionsecrets.com.

Look for her column on the first Sunday of each month in Taste.

Looking for a night out?

Beverly Price, registered dietitian and owner of Living Better Sensibly is offering a fun evening of vegetarian cooking. This class is offered Wednesdays, Oct. 13 and Oct. 27 from 7-8:30 p.m. at Huntington Woods Recreation Center. \$35 a class. Call (248) 541-3030 for more information and to register.

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Breakfast recipes: A great wake-up call

BUTTERY BREAKFAST GRANOLA

Makes 14 servings
Prep time: 5 minutes
Cook time: 20 minutes
6 cups old-fashioned oatmeal, uncooked
1 cup honey
1 cup (1 stick) unsalted butter, melted
1 teaspoon vanilla
2 teaspoons cinnamon
2 teaspoon salt
1/2 cup pine nuts
1/2 cup dried apricots, sliced julienne style

Preheat oven to 325°F. Spread oatmeal evenly in roasting pan or large jelly roll pan. In medium mixing bowl, stir together honey, butter, vanilla, cinnamon, salt and nutmeg.

Pour over oatmeal and stir until evenly coated. Bake until evenly browned, about 20 minutes. Stir every 5 minutes to prevent clumping. Remove from oven, stir in pine nuts and dried apricots and continue to stir every 5 minutes until cool to maintain the loose texture.

Serve with creamy yogurt or milk, or enjoy by itself. Store tightly covered in the refrigerator for up to one month.

Note: Pine nuts and dried apricots can be exchanged for other favorite nuts and dried fruits like pecans and dried cranberries or walnuts and raisins. For added crunch, and a boost of fiber, add 1/2 cup wheat germ to oatmeal.

Recipe from the American Dairy Institute provided on behalf of the American Butter Institute. Recipes for a better breakfast

CINNAMON SUGAR BUTTER

Preheat oven to 400°F. In large mixing bowl whisk together the flour, baking powder and salt. Add butter and, using fingers or pastry blender, work dough until mixture resembles coarse meal with the largest pieces the size of peas.

Turn dough into lightly floured surface and knead two or three times. Pat into a circle about eight inches in diameter and 1/2-inch thick. Cut into three-inch rounds

4 tablespoons unsalted butter, softened (about 1/2 stick)
4 tablespoons granulated sugar
1 1/2 teaspoons cinnamon

Combine butter with sugar and cinnamon. Can keep tightly covered in refrigerator for three weeks. Makes about five servings. Prep time is about five minutes.

PUMPKIN PIE SPICE BUTTER

4 tablespoons unsalted butter, softened (about 1/2 stick)
4 tablespoons canned pumpkin puree
1 teaspoon brown sugar
1 teaspoon cinnamon
1/2 teaspoon ground cloves
1/2 teaspoon ground ginger
1/2 teaspoon freshly grated or dried nutmeg
1/2 teaspoon salt

Combine butter with sugar and spices and mix well. Keep about three weeks in refrigerator in tightly sealed container.

Can substitute pumpkin pie spice for cloves, ginger and nutmeg.

CRANBERRY ALMOND BREAKFAST BISCUITS

Biscuits:
2 cups all-purpose flour
1/2 teaspoon baking powder
1/2 teaspoon salt
1/2 cup (1 stick) cold, unsalted butter cut in small chunks
1/2 cup milk
1 teaspoon almond extract
1/2 cup dried cranberries

Topping:
1/2 cup chopped almonds
1/2 cup old-fashioned oatmeal



Like butter: This spread - cinnamon sugar and butter - is easy to make.

uncooked
2 tablespoons brown sugar
2 tablespoons (1/4 stick) cold, unsalted butter, cut in small pieces

Preheat oven to 400°F. In large mixing bowl whisk together the flour, baking powder and salt. Add butter and, using fingers or pastry blender, work dough until mixture resembles coarse meal with the largest pieces the size of peas.

Turn dough into lightly floured surface and knead two or three times. Pat into a circle about eight inches in diameter and 1/2-inch thick. Cut into three-inch rounds

using biscuit cutter or simply cut into three-inch squares using a sharp knife.

In medium mixing bowl, stir together chopped almonds, oatmeal and brown sugar. Work in butter using fingers until mixture is crumbly. Press into tops of biscuits.

Transfer to buttered, 9 by 13 cooking sheet. At this point biscuits can be covered with plastic wrap and refrigerated overnight, or baked until golden brown, about 20 to 25 minutes.

Makes six servings. Prep time is about 8 minutes.

Recipe from the American Dairy Institute provided on behalf of the American Butter Institute.

Wine from page D1

In the same period, the number of distributors in the U.S. has shrunk. If 800 larger California wineries each produce five different wines annually (and some produce a lot more), that's over 4,000 wines. There's no way wholesalers and retailers in every city and state can carry all those wines.

Some are limited production bottlings, not worth their time and effort. But they might be worth yours to have a special wine shipped directly.

But you can't. You live in a "constrained" state where interstate wine shipments are prohibited. Now, we're not in the worst-case scenario, five states (Florida, Georgia, Indiana, Kentucky and Tennessee) consider direct shipment a felony with serious fines and even jail terms.

But we're not in the best position of being a permit legislation state where direct shipping of wine is allowed. Essentially, we're in shackles, out of luck and out of freedom.

Who knows what other restraint will be put on our freedom by legislative pettiness, coveted lobby revenues and ignorance of core issues? A responsible legislature, both local and federal, should use its powers to

protect interstate commerce, not put a cork in it.

Maitre' d' Mickey Bakst of Tribute restaurant in Farmington Hills highlighted another issue. "It's next to impossible to establish a stellar wine list because Michigan law prohibits restaurants from buying at auctions, from personal collectors, and on the Internet, just like it does for consumers," he explained.

Is it any wonder Michigan had no Grand Award winners among the most recent "Wine Spectator" wine list awards? And it probably won't until ridiculous legislative restrictions on wine purchases are lifted. To establish a wine list with vintage breadth and depth, restaurateurs need to be able to purchase wine from private cellars and optional sources, other than local wine distributors.

In Michigan, that's illegal. In a host of other states it's not, and there were Grand Award winners.

If you let your elected legislators have their way, direct shipping will continue to be disallowed in this state, but before the dawn of the 21st century, only 89 days away, the attorney general could seek injunctive

relief in federal court against your favorite winery.

Michigan needs to become a permit legislation state and interstate shipping of wine needs to become legal.

What can you do? Contact your state and federal legislators NOW so your wine purchasing rights will not continue to be stomped on. The easiest way is the Internet and the web site www.freethewine.org with its automated e-mail system, which allows you to send a message to your legislators. The site also gives you more detail about legislation.

Without Internet e-mail access, a letter is more effective than a phone call, but the latter is better than no contact. For names and addresses of U.S. senators and representatives plus state legislators, consult the blue section of a phone book under Political Leaders, National and State.

Adjust the following sample letter, to best express your opinions:

As an adult voter in the state of Michigan, I ask that you oppose attempts at restricting my ability to purchase fine wine by direct shipment.

I oppose federal legislation

passed by the Senate (Byrd Amendment to the Juvenile Justice Bill) and the House (Scarborough Bill, H.R. 2031) giving state attorneys general the right to seek injunction in federal court against wine-direct shippers.

Both pieces of legislation favor a state-legislated monopoly in wine distribution at the expense of consumer access to the diversity of America's wines. Kindly pursue permit legislation options that would satisfy consumer demand for wines not available locally, provide the necessary tax collection provisions and regulations for a socially-sensitive product like wine.

(Add to state legislators: I ask that you work to change Michigan wine laws currently restricting my rights guaranteed under the Interstate Commerce Clause of the U.S. Constitution establishing free trade among states.)

Please let me know where you stand on this consumer rights issue and what you plan to do.

Monday, Oct. 18, 6:30 p.m. \$15 per person at Vic's World Class Market, 42875 Grand River Ave., Novi (248) 305-7333, ext. 189. Tasting Australian Chardonnay and Shiraz from different growing areas with different taste profiles hosted by Penfold's winemaker Peter Gago. Guaranteed! This will be a blast. Gago is not to be missed. His broad knowledge of wines and Aussie brand of humor will create a fun tasting of 10 wines accompanied by finger food. Limited to first 100 people reserving.

Have you always wanted to visit a famous French wine region? If your sights are set on Burgundy, your chances may be better than you think.

Before Nov. 1, enter the 1999 Bouchard Puzzler, a 12-question quiz on the Burgundy region. To play on-line click www.bouchardpuzzler.com/.

Clues to all questions are located throughout the Bouchard Web site (www.bouchardpere.com). Those correctly answering at least 10 of the 12 questions will automatically become eligible for the grand prize, a trip for two to Burgundy including a VIP tour of Bouchard Pere & Fils, one of Burgundy's leading Houses. Drawing for the trip will take place Nov. 15 to coincide with Burgundy's famous Hospices de Beaune charitable auction.

Look for Focus on Wine on the first and third Saturday of the month in Taste. To leave a voice mail message for the Healds, dial (734) 953-2047 on a touch-tone phone, mailbox 1864.

Try this unusual vegetable stew from Morocco

There's nothing more exotic than the foods of Morocco. North Africa's aromatic seasonings — including saffron, ginger, and cinnamon — blend with colorful, sun-drenched Mediterranean fruits, vegetables and grains to make one of the world's most adventurous cuisines.

And a healthy cuisine it is as well, with an abundance of legumes, herbs, olive oil and fish.

The core ingredient of Moroccan cooking is couscous, a tiny pellet-like pasta made from semolina wheat and water. It is steamed and served in a variety of ways with lamb, chicken and vegetables. Boxes of instant couscous can be found in the pasta and rice section of most supermarkets.

Try it cooked in vegetable broth with chopped dried apricots, dates and raisins, seasoned with saffron, cinnamon and sugar, and sprinkled with toasted, slivered almonds.

The Moroccan pantry includes lots of olives, chickpeas, fava beans and nuts. Zucchini, egg-

plants, bell peppers, cucumbers, tomatoes, onions, garlic, lettuce, artichokes; okra, spinach, beans, leeks and fennel are all widely used in cooking.

These traditional Mediterranean foods are made uniquely Moroccan with the addition of aromatic spices and seasonings such as cumin, cinnamon, cayenne pepper, anise, mint, cardamom, turmeric and saffron.

Fruits flourish in this region — bananas, peaches, oranges, lemons, mangos, figs, watermelon, pomegranates, dates, grapes and apricots are plentiful.

Many fruits are dried and used in sweet and savory dishes. Orange juice is used to flavor soups and sauces; lemon and lime juice is squeezed onto meat, fish and poultry before broiling.

Harissa is a distinctive, fiery paste used as an ingredient in many recipes and served at most Moroccan meals as a condiment. It can be found in Middle Eastern markets, or you can make it fresh by combining, in a blender, minced garlic clove, cayenne, ground cumin, dried chili pep-

pers and olive oil. It's delicious used as a dip for chunks of warm bread.

Other Moroccan specialties include djaj m'chermel, a classic chicken dish with preserved lemons and olives; m'shou, slow-roasted lamb seasoned with cumin, cayenne and salt; char-moula, a marinade of olive oil, lemon juice, coriander, saffron, garlic, paprika and cayenne (also a delicious sauce for baked fish); and harira, a hearty lemony lamb and lentil soup.

NORTH AFRICAN VEGETABLE STEW

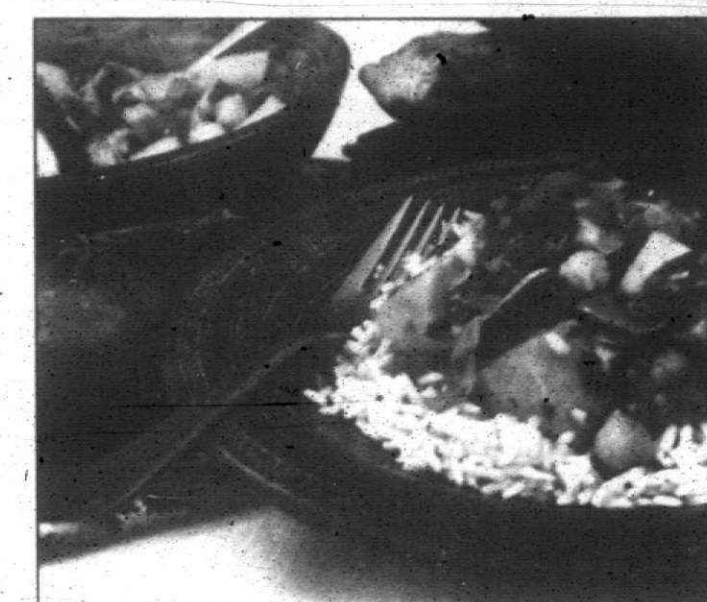
2 teaspoons vegetable oil
1 medium onion, sliced
1/2 teaspoon ground coriander
1/2 teaspoon turmeric
1/2 teaspoon cinnamon
1/2 teaspoon ground ginger
1/2 teaspoon ground cumin
2 medium tomatoes, chopped
1 medium sweet potato, peeled and cut into 1-inch chunks

1 cup water
2 tablespoons lemon juice
1 8.5-oz. can garbanzo beans, drained and rinsed
1 small zucchini, cut into 1/2-inch chunks
1/2 cup parsley, chopped
1/2 cup raisins
Hot pepper sauce to taste

Heat oil in large non-stick pot or Dutch oven. Add onion and spices; cook 10 minutes or until onion is limp, stirring frequently. Add tomatoes, sweet potatoes, water and lemon juice. Bring to a boil, reduce heat, cover and simmer until vegetables are tender, about 30 minutes. Add garbanzo beans, zucchini, parsley and raisins. Cover and simmer 10 more minutes, until zucchini is tender. Season with hot pepper sauce to taste.

Nutrition information: Each of the four, 1-cup servings contains 216 calories and four grams of fat.

Information and recipe provided by the American Institute for Cancer Research.



Stewing: This stew provides new flavors for many American cooks as it utilizes common spices from North Africa.

Quick cooking

Chicken with piquillos, tomatoes and olives

BY THE ASSOCIATED PRESS

Chicken With Piquillos, Tomatoes and Olives is an easy one-pan meal with a Spanish accent that will take about 30 minutes to get on the table.

The recipe, for four diners, is based on quick-cooking chicken breasts with fresh harvested vegetables. As in the traditional dish from Spain, color and flavor are added with piquillos — the Spanish name for a kind of sweet-piquant red peppers, roasted and packed in jars — and green olives.

The dish may be served over saffron rice, to complete the savory combination.

CHICKEN WITH PIQUILLOS, TOMATOES AND OLIVES

1 pound boneless skinless chicken breasts, cut into 1/2-inch squares (about 2 cups)
2 large sweet green bell peppers, cut into 1/2-inch squares (about 2 cups)
2 large onions, cut in thin wedges (about 2 cups)
1 teaspoon minced garlic (about 1 large clove)

1 pound plum tomatoes, chopped (about 1 1/2 cups)
1 teaspoon chicken bouillon granules
1/2 cup piquillos or regular roasted red peppers, drained, cut in chunks
1/2 cup small pitted green olives, sliced

In a cup, combine salt, pepper and paprika; sprinkle on both sides of chicken. In a large skillet over medium-high heat, heat oil until hot. Add chicken, green peppers, onion and garlic to skillet; cook, stirring frequently and turning chicken to brown on both

sides, about 5 minutes.

Remove chicken from skillet. Add tomatoes and bouillon granules; cook uncovered, stirring until tomatoes are softened, about 10 minutes. Return chicken to skillet. Reduce heat to medium; cover and simmer until chicken is cooked through, 10 to 15 minutes. Stir in piquillo peppers and olives and cook just until heated through, about 2 minutes. Serve over saffron rice, if desired.

Makes four servings.

Recipe from: Foods From Spain.

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Staying healthy

Doctor advises eating close to nature for pure, safe food

By KIMBERLY A. MORTSON
kimmortson@oe.homecomm.net

How does that old cliché read... "An apple a day keeps the doctor away." If the doctor is Elson M. Haas, M.D., the apple should be organically grown, in season, from your locale and you should be sure to chew it well.

Haas' particularity comes from the realization that what we eat not only affects our weight and energy level but can lead to a deteriorated immune system, chronic illness (high blood pressure, diabetes), susceptibility to allergies and our health status 20 years down the road.

A University of Michigan medical school graduate, Haas moved to California in 1972 where he founded a multidisciplinary practice he terms *integrated medicine* — a marrying of natural therapies including nutrition, bodywork and acupuncture with traditional Western medicine. Today he serves as medical director of the Preventive Medical Center of Marin, located in San Rafael, Calif. and is the author of several books, most recently "The Staying Healthy Shopper's Guide: Feed Your Family Safely."

"I suggest people try and eat as close to nature as possible," said Haas, "and avoid the dangers our foods are laden with including chemicals, toxins, pesticides and processes that rob foods of their nutritional value."

The California physician sees patients on a daily basis who are frequently sick or perform significantly lower than they have the potential to (both physically and mentally) because of their poor eating habits and the "hidden effects" of chemicals that are mixed, dipped and sprayed onto foods.

Haas shared the story of a preteen, overweight male that recently came into his California office for treatment. The child had been diagnosed as suffering from Attention Deficit Disorder. After extensive evaluation his diet and exercise habits Haas prescribed dramatic changes in what he could and could not eat including refined sugar, artificial food coloring, wheat, milk and eggs.

During a follow-up visit three weeks from his initial evaluation, the boy lost weight, had an increased energy level and was reported by his teacher to have had the "best week," since the school year began.

"The teacher said he was able to sit still and focus longer than ever before," said Haas. "It was a culmination of reactions he was having to the food he was eating that kept him in this constant state of physical chaos. Because it had been going on so long it

was unnoticeable to his family."

Haas said the boy was diagnosed as having food allergies. Since then the change has been significant.

"There's a lot of garbage that we eat and we set the example for our children," said Haas. "Just because it's out there doesn't mean it's good for us."

The former Michigan physician suggests using the "perimeter" of a grocery store as a basic guide to shopping and eating healthy. Shop "the produce section, the meat counter, and the deli section."

However, this is not the whole answer either. You'll still have to minimize the higher fat foods and the more heavily treated animal products, even though a popular diet these days focuses on proteins and vegetables (Chapter Six - Walking the Aisle/The Staying Healthy Shoppers Guide).

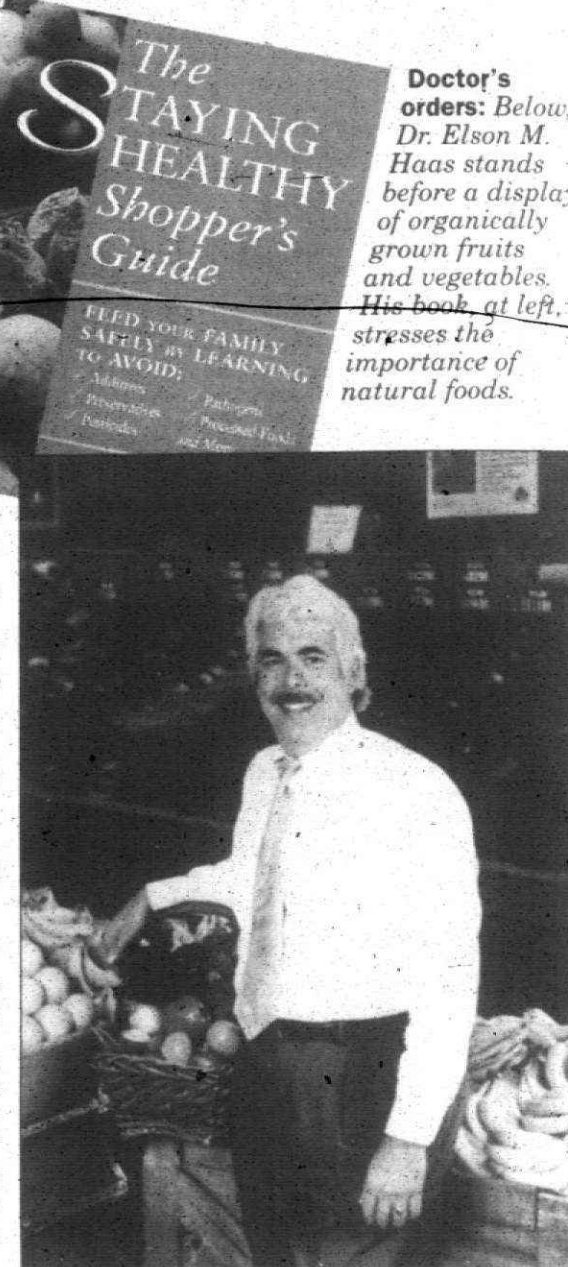
Some simple tips for minimizing additives such as sodium nitrate, aspartame, gelatin and artificial colors in your diet include:

- Buy or grow as many of them organically as possible.
- Eat more whole grains, beans, nuts and seeds as the other main components of your diet.
- Eat seasonally.
- Eat primarily locally available foods. This minimizes the chemicals used in shipping, and these foods are usually less costly.
- Limit your consumption of animal products.
- Eat manufactured or processed foods only occasionally such as fatty/sugary snacks, sodas and chips.
- Drink plenty of clean, uncontaminated water.
- Make a list of what to buy, what to eat, what to grow and what not to buy or eat.

Haas recognizes that a transformation of this magnitude isn't easy or something most of us could do overnight.

"It's important to make changes in your diet so that your health isn't at risk 20 or 30 years down the road," said Haas. "If you start out slowly with a sensible plan that isn't too overwhelming the difference shouldn't seem so substantial."

Dr. Elson Haas' book can be found at major and health-related bookstores published by Celestial Arts in the Nutrition/Health category \$12.95; ISBN: 0-89087-882-X.



Doctor's orders: Below, Dr. Elson M. Haas stands before a display of organically grown fruits and vegetables. His book, at left, stresses the importance of natural foods.

MEDICAL BRIEFS

Menopause support

The Menopause Support Group of St. Mary Hospital will meet from 7-9 p.m. Wednesday, Oct. 6. Guest speakers: Jason Choo, DPM and Leigh Rubin, DPM. The doctors will discuss foot care and some common foot disorders that affect women. There is no charge. Gather in the West Auditorium Conference Room B, St. Mary Hospital - Marian Women Center, 36475 Five Mile Road, Livonia.

Ostomy care

The McAuley Pharmacy is hosting an Ostomy Care open house from 1-3 p.m. Thursday, Oct. 7 at the McAuley Pharmacy (Arbor Health Building) 990 West Ann Arbor Trail, Suite 104 in Plymouth. A free ostomy consultation and evaluation will be given by Enterostomal Nurse Clinicians: Free samples and refreshments will be served. To schedule an appointment for a free consultation (walk-ins welcome) call Georgia Robertson at (734) 451-7777.

Alternative therapies

Botsford General Hospital will offer the public an opportunity to discover, touch and taste a few of the more common alternative therapies and learn how they can be used to complement traditional elements of health care at a seminar from 8:30 a.m. to 3 p.m. Oct. 23 titled "Integrating Alternative and Traditional Health Care." The seminar will include complementary medicine, a discussion of massage therapy, soy cooking demo, alternative forms of exercise, information on acupuncture and a variety of displays. Registration fee is \$25. Call (248) 442-7986.

Grief support

The Henry Ford Hospital Hospice Bereavement support group, provides support for the grieving person — to help cope with life and its changes and the death of a loved one. This group meets the third Tuesday of the month from 7-8 p.m. at the Henry Ford Medical Center - Fairlane (19401 Hubbard Dr.) Call (313) 582-2382 for information.

NICU reunion

Oakwood Hospital & Medical Center - Dearborn will host the sixteenth annual Neonatal Intensive Care Unit (NICU) Reunion and Halloween Party from 2-5 p.m. Sunday, Oct. 17. All past patients of the Oakwood NICU are invited to dress in their Halloween best and bring their parents along for a reunion with other parents, Oakwood NICU graduates, their families and NICU staff. The event will take place at the Oakwood Hospital & Medical Center Atrium and will feature games, prizes and snacks.

Fibromyalgia talk

A fibromyalgia lecture will be hosted by Dr. Martin Tamler, M.D. and Sharon Ostalecki covering the etiology, diagnosis and treatment of fibromyalgia at 7 p.m. Monday, Oct. 25 at Livonia's Civic Center Library (32777 Five Mile Road). Call (248) 344-0896 for information.

We want your health news

There are several ways you can reach the Observer Health & Fitness staff. The Sunday section provides numerous avenues for you to offer news-worthy information including Medical Newsletters (appointments here), News in the medical field (and Medical Briefs (medical advances, short news items from hospitals, physicians, companies)). We also welcome news-worthy ideas for health and fitness related stories. To submit an item to our newspaper you can call, write, fax or e-mail us.

■ CALL US: (734) 953-2111

■ WRITE US: Observer & Eccentric Newspapers (Specify Datebook, Newsletters or Briefs) Attn: Kim Mortson 36255 Schroeder Road Livonia, MI 48150

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Early detection is the best defense against breast cancer

Early detection is one of the best defenses in saving both men and women diagnosed with breast cancer. The American Cancer Society is hosting two major initiatives during Breast Cancer Awareness Month.

■ Tell-A-Friend Tuesday: A special day within ACS's year-round Tell-A-Friend campaign, which is observed on the first Tuesday in October (Oct. 5).

■ Tell-A-Friend is a personal outreach program (partially funded by Making Strides) which delivers the critical message that early detection of breast cancer saves lives.

Volunteers call women age 40 and over and encourage them to get a mammogram. This program is significant because research shows that nearly 25 percent of all women who get mammograms do so because a friend told them to; breast cancer is 97 percent survivable if detected early, and Michigan's mammography compliance rate is only 65 percent. By the year 2000, the American Cancer Society wants to raise this rate to 75 percent.

The mammography compliance rate in Michigan is low, with 65 percent of women age 40 and older receiving mammograms in 1997. "We know we can reduce breast cancer deaths by increasing the number of women receiving annual mammograms to 100 percent," said Megan White, Area Executive Director, ACS.

■ Making Strides Against Breast Cancer: A national, non-competitive walk, which raises awareness about breast cancer and provides a means for the greater community to raise money for breast cancer research and local community outreach programs for breast cancer patients.

Detroit holds its second annual Making Strides Against Breast Cancer walk on Saturday, Oct. 16 at Belle Isle Park. Since 1993 more than \$32 million has been raised from walks like this in 37 United States cities.

The American Cancer Society is the largest public health organization in

the country and we are attacking the number one health issue facing women today by hosting the largest community event benefiting breast cancer research in the country, right here in Detroit," said Brenda Miller, Area Executive Director, American Cancer Society.

According to the ACS, this year 6,500 women will be diagnosed with breast cancer in Michigan and 1,600 women will die of the disease.

Anyone interested in joining the fight against breast cancer and participating in Making Strides as a walker or volunteer, is encouraged to contact the American Cancer Society, (248) 557-5353.

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Strenuous activity of annual hunt can cause heart attacks

Deer hunters, beware! With the opening of the 1999 bow hunting season yesterday and firearms season just a few weeks away, nearly a million hunters are expected to take to the woods and fields of Michigan this year alone.

The excitement of spotting a deer, combined with strenuous activity and heart-disease risk factors, could place them at potential risk for having a heart attack.

William Beaumont Hospital conducted the first study of its kind to determine whether deer hunters are at elevated risk for heart attack. To test the hypothesis, researchers sent 25 deer hunters into the woods equipped with heart rate monitors. Results determined that just sighting a deer can cause a hunter's heart rate to soar to the peak heart rate achieved during cardiac stress testing.

"The heart rate of some hunters would almost double upon seeing a buck deer, even though they were standing totally still," said Beaumont exercise physiologist and researcher Susan Haapaniemi.

Additionally, shooting, gutting and dragging a deer pushed hunters' heart rates well above the maximum, said Haapaniemi.

Twenty-one of the 25 hunters who participated in the study had heart rates equal to, or higher than 85 percent of their maximum heart rate while merely walking to their blind.

"Exceeding the maximum heart rate for a sustained period of time places a hunter with hidden or known heart disease at a high risk for heart attack. The hunters were often unaware of what was happening with their hearts during these activities."

Cold weather, bulky hunting equipment, rugged terrain and a hunter's personal lifestyle (e.g., smoking, drinking, fitness level) are other factors that may accentuate the cardiac risk of hunting.

Haapaniemi stopped short of recommending that hunters with a history of heart disease avoid deer hunting altogether, but she did offer some tips for all hunters:

- Don't drink or smoke the day before hunting.
- Don't eat a heavy meal before hunting.
- Before participating in a hunt, spend some time raising your fitness level through regular brisk walking or other aerobic exercise.
- Never drag a deer if you have heart disease.
- If you have high blood pressure, high cholesterol or other risk factors, such as smoking, check with your doctor before hunting.

If you experience any of the warning signs of a heart attack — dizziness, chest pain or heart palpitations — stop what you're doing and get medical help.

Flu, pneumonia shots readily available in Wayne County

Coughing, sneezing, aching, low energy, sore throat, fever... To avoid the miserable symptoms caused by influenza, the Wayne County Health Department is urging residents, especially seniors, to schedule flu and pneumonia shots.

The Health Department and Farmer Jack supermarkets/Visiting Nurse Association, Inc. are offering flu and pneumonia vaccinations at various locations throughout the County during their annual fall immunization drive (list below).

The typical influenza season runs from November through April, but the maximum protection provided by the vaccine occurs when it is given early, before flu season starts. Health Department officials are urging people 65 and older and those persons with certain chronic conditions who want to avoid illnesses linked to pneumococcal pneumonia to get immunized.

"Senior citizens, children and adults with underlying health problems such as heart or lung conditions, asthma, diabetes, cancer, kidney disease or impaired immune function are at increased risk for flu," says Dr. Donald Lawrence, Wayne County Health Department Medical Director. "In addition, health care workers and people working with the public should consider getting inoculated."

Dr. Lawrence adds that many of those persons who are at increased risk for flu complications are also susceptible to pneumococcal pneumonia.

"A good time to get protection against pneumococcal pneumonia is when you're getting your flu shot," said Lawrence. "Pneumonia infection is still a significant source of illness and

mortality, causing 40,000 deaths a year in the United States." Wayne County costs are \$5 donation for the flu shot and \$10 for the pneumonia vaccine is being requested, however, no one will be turned away due to inability to pay. Flu and pneumonia vaccinations are covered services under Medicare. County health workers may ask clients to present their Medicare cards at the time of vaccinations so that these services may be billed to Medicare.

The 1999-2000 trivalent influenza vaccine has been developed to protect against strains of A/Beijing/262/95-like (H1N1), A/Sydney/5/97-like (H3N2) and B/Beijing/184/93-like viruses.

For more information call the Wayne County Health Department Disease Control Division Office at (734) 727-7077.

■ Canton Seniors will be immunized from 9-11:30 a.m. and from 1-3:30 p.m. at the Summit on the Park, 36000 Summit Parkway in Canton. For information call (734) 397-5444.

■ Farmer Jack flu immunizations are \$10 each, 100 percent reimbursable for Medicare B cardholders. Now offering pneumonia shots for \$25. Check with your physician. Shots will be offered at the Commerce store from noon to 3 p.m. Sunday, Oct. 3 and Saturday, Oct. 23 from 9 a.m. to noon at 3010 Union Lake Road, near Commerce.

■ Farmer Jack flu immunizations are \$10 each, 100 percent reimbursable for Medicare B cardholders. Now offering pneumonia shots for \$25. Check with your physician. Shots will be offered at the Livonia store from 9-11:30 a.m. and 1-3:30 p.m. Thursday, Nov. 4 at 3800 Park, 10800 Farmington Road, Call (734) 422-5010.

■ Farmer Jack flu immunizations are \$10 each, 100 percent reimbursable for Medicare B cardholders. Now offering pneumonia shots for \$25. Check with your physician. Shots will be offered at the Novi store from 5-8 p.m. Friday, Oct. 15, 41840 W. 10 Mile Road, near Meadowbrook.

■ Plymouth Cultural Center will host an immunization clinic from 9-11:30 a.m. and 1-3:30 p.m. Monday, Oct. 25 at 32155 Farmer St. in Plymouth. Call (734) 455-6627 for information.

■ Redford Community Center, appointments are not necessary. Flu shots will be offered from 9-11:15 a.m. and 12:45-3:30 p.m. Thursday, Oct. 7 at 12121 Hemingway in Redford. Call (313) 387-2788 for information.

■ Farmer Jack flu immunizations are \$10 each, 100 percent reimbursable for Medicare B cardholders. Now offering pneumonia shots for \$25. Check with your physician. Shots will be offered at the Southfield store from 2-5 p.m. Wednesday, Oct. 27 at 29500 Southfield Road near 12 Mile Road.

■ The American House in Livonia will offer flu shots Tuesday, Oct. 5 from 2-4 p.m. (14265 Middlebelt). Call (734) 261-2884 for information. Influenza shots are \$5; pneumonia immunizations, \$25.

■ Farmer Jack flu immunizations are \$10 each, 100 percent reimbursable for Medicare B cardholders. Now offering pneumonia shots for \$25. Check with your physician. Shots will be offered at the Northville store from 9 a.m. to noon Oct. 9 and Sunday, Oct. 24 from noon to 3 p.m. 17447 Haggerty Road near 3 Mile.

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■ Seniors only can receive flu shots from 9-10:30 a.m. Monday, Oct. 4 at the Friendship Center in Westland (located on Newburgh between Marquette and Ford roads). Anyone 18 and older will be immunized from 10:30 a.m. to 1:30 p.m. Influenza shots are \$5; pneumonia immunizations, \$25.

■ Oakwood Healthcare Center - Westland will offer shots from 2-4 p.m. Oct. 6-24 p.m. Oct. 14-5 p.m. Oct. 21-9 p.m. Oct. 30 and Saturday Nov. 6 at 2001 S. Merriam. Influenza shots are \$5; pneumonia immunizations, \$25.

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Or call toll free using your credit card 1-877-253-4898
Call costs \$1.98 per minute. Must be 18+.
To place your FREE ad, call 1-800-518-5445

Women seeking Men

LOOKING 4 A COMPANION
SWF, 31, long blonde, 5'3", 100lbs, who enjoys dancing, parties, dining out, movies. Seeking dark-haired SOWM, 31-37, 5'7", for dating. #25782

SEXUALLY REDHEAD
Easygoing, fun-loving DWFF, 49, 5'7", 145lbs, great legs, no kids. Believes homeowner, animal lover, enjoys gardening, nature. Seeking DWPM, 50-60, 5'6", N/S, social, career, for LTR. #25697

LOVES ADVENTURE
Attractive SWF, 51, 5'4", loves walking, hiking, shopping, travel, dining, dancing. Seeking SOWM, 40-50, who has interests. Sterling Heights. #25846

LOVE A MAN IN A BIG TRUCK
Fun-loving blonde, 33, 5'10", blue-eyed blonde who knows how to treat her man, look no more! Seeking SWM, 35-43, who appreciates children, for a long-term, quiet evening. #25210

PRETTY, WITTY, CHARMING
Very attractive, romantic, bright, affectionate SWFF, 33, 5'10", 120lbs, blonde-brown hair, many interests. Seeking handsome, very successful, witty, honest, intelligent, fit, romantic SWPM, 35-45, N/S, for LTR. #25171

BROWN-EYED BEAUTY
Female, who likes to walk on the beach, reading a good book, concerts, is looking to meet a SWM. #25761

DESIRE FINER THINGS?
Attractive SWF, 25, medium build, very hot, seeks elegant PM, 28-33, for travel, shopping, fine dining, boating and LTR. #25668

HAVEN'T FOUND HIM YET
Petite DWFF, 45, 5'2", 110lbs, brown hair, seeks a faithful, honest, sincere SWPM, 40-50, HW proportionate, for long-term relationship. #25504

WILL THE REAL MAN...
please stand? SWF, 29, seeks SPM, 29-39, who likes to enjoy his time of relaxing and going on social outings, one who wants peace of mind in an untroubled relationship. #25452

SEARCHING FOR YOU
Attractive, educated, easygoing SWFF, 30, 5'8", brown hair, loves movies, dining, going out, traveling. Seeking for an honest, educated SWPM, 30s, who is ready to enjoy life. #25689

NO PLAYERS
Outgoing, independent, adventurous, attractive DWFF, 31, HW proportionate, brown hair, dark complexion, enjoys camping, NASCAR, jet-skiing, concerts, outdoor activities. Seeking SOWM, 28-40, similar interests, for friendship first, possible LTR. #25207

BROWN-EYED BRUNETTE
Fun-loving, attractive SWF, 35, who loves to laugh. Seeking charming, spontaneous, commitment-minded, humorous SWPM, 35-50, for dating, moves, tennis, golf, and lazy Sundays. #25177

LOOKING FOR MR. RIGHT
Attractive SWF, 38, 5'8", thin, brown hair, intelligent, independent, good sense of humor, loves being outdoors, swimming, reading, gardening, concerts, museums, plays, festivals. Seeking attractive, tall, intelligent SWM, 33-40, similar interests. #25140

GREEN-EYED LAY LOVER
Petite SWF, 35, slightly full-figured, blonde hair, natural beauty. Seeking handsome SWM, 34-40, turns on, pouting, late Superior, woods, puppets. Turn-off: active values, male. Must love dogs. #25089

MAKE BEAUTIFUL MUSIC
Vivacious, romantic DWFF, 46, blonde hair, professional musician, seeks SOWM, 40-50, N/S, with passion for life, interested in possible LTR. #25649

FRIENDS FIRST
SWF, 23, brown hair, petite build, employed, seeks caring, reliable SWM, 21-24, to share dating, phone calls, movies, hanging out, possible LTR. Friends first must be ok. Livonia area. #25648

Men seeking Women

GOOD-LOOKING
Very outgoing, employed SWPM, 28, 5'11", 170lbs, brown hair, seeks attractive, outgoing SWF, 18-35, HW proportionate, who enjoys sports. #25377

SOULMATE NEEDED
Sincere, honest, athletic, outgoing SWM, 35, likes all sports, outdoor activities. Seeking sensitive, honest SWF, with similar interests and qualities for possible LTR. #25749

WARRIOR OF LOVE
Intellectually creative, college-educated, athletic, adventurous, open-minded, athletic SWM, 32, 5'7", enjoys getaway weekends, summer breezes, dancing, nonstop jazz, market arts. Seeking fit, witty SWFF, 20-40, for possible relationship. #25999

ONLY TRUTH
I'm a real big fish, need you to rescue me. I have interesting experiences in life, but I'm looking for a woman who is not important; the fish choose me for my last shape. #25600

SEARCHING FOR MRS. RIGHT
Formerly "because" spontaneous SWPM, 33, 5'7", seeks spontaneous, a marriage-minded SWF, 22-28, 5'8", HW proportionate, who enjoys casual, moves, dining out, etc. #25513

EXCEPTIONAL GUY
SM, 37, 6'2", brown hair, extremely nice person, enjoys dining out, movies, theater, etc. Seeking same in SF. #25516

TAKE A CHANCE
SWM, 30, 5'10", 170lbs, N/S, active lifestyle, enjoys golf, tennis, hockey, concerts, dining out, movies, walking, etc. Seeking SWFF, 28-45, for dating, possibly more. Kids ok. #25511

PROFESSIONAL AND REAL
Down-to-earth, 32-year-old SWM, I am attractive, exciting, caring, fun. Seeking an attractive woman who enjoys life. #25741

FOR MOST
Very particular, tremendously gorgeous SWPM, 31, 6'1", 210lbs, seeks only sexy, childless SWFF, 20-35, who is ready to rock my world. Good luck! #25507

IF YOU'RE MINE
Falls here, everything's new. I could be perfect for you. Seeking light-skinned SWFF, 21-49. If you like dinner, concerts, sports events, or just being with me, you're the woman for me. #25446

THE NEW MILLENNIUM
SWPM, 26, 5'10", 170lbs, medium build, no kids, enjoys life, loves hunting, camping, dining, and more. Seeking SWFF, 21-35, with or without kids for LTR. You won't be disappointed. #25784

RUGGED JOCK TYPE
Rugged, tall, athletic, muscular SWM, 40, 6'7", 250lbs, brown hair, clean-cut, energetic, enjoys Las Vegas, road trips, outdoors, good sense of humor. Seeking friendly SWFF, 25-35, who is ready to enjoy life. #24016

NEEDLE IN HAYSTACK?
Kind, handsome, sincere SWM, 47, 6'2", 210lbs, brown hair, enjoys life, away to a lovely lady for good times, romance, possible LTR. #25599

SEEKING LIBRA
Easygoing, fit, young, successful, happy-go-lucky, honest, affectionate, romantic, passionate SWM, 51, 5'10", 170lbs, grayish brown hair, clean-cut, enjoys dining out, concerts, camping, C&W R-n-R, travel, farmington, WA area. All calls are made by text. #25940

MOTIVATED
Attractive DWFF, 54, 5'9", thin, athletic, professional, career-oriented, strong, sensitive, affectionate, DW M, 60, N/S, employed, good listener, enjoys outdoors, Red Wings games, country music, sports, etc. Seeking a marriage-minded SWF, 45-55, if interested, please call. #25601

RANDOME & TALL
Attractive, humorous, affectionate, romantic DWFF, 47, 6'7", 225lbs, ruddy complexion, dining, and going out. Seeking loving, honest, caring, compassionate companion/partner. 37, for serious relationship and LTR. #25365

SASSY CAT WANTED!
Handsome, enthusiastic SWM, 44, seeks the company of a maturing personality. A sexy feline is OK. Call to share. I'll treat you OK. #25596

PRINCE IN WESTLAND
Attractive SWM, 5'10", 170lbs, nice hair, bright brown eyes, N/S, no dependents, employed, honest, seeks slim, attractive white woman under 40. #25357

LOOKING FOR MY LOVE
DW, 46, 5'6", 180lbs, brown hair, glasses, clean-cut, smoker, very down-to-earth, automotive professional. Enjoys golf, bowling, movies, sports, walks, romance. Seeking new best friend for loving, caring, sharing relationship. #25242

SMILE WITH ME
Friendly, handsome, tall, carrying attractive, affectionate, sincere SWPM, dark blonde hair, gorgeous blue, N/S, seeks attractive, slim monogamous SWF, under 45, N/S, for possible LTR. See you soon. #25226

UNCLAIMED TREASURE
Sensitive, caring, fun-loving, unique, "sassy" SWF, 40, 5'7", 120lbs, blonde hair, 40ish dark blonde hair, gorgeous blue, seeks attractive, slim SWF, under 45, N/S, with similar personality, who's seriously interested in a relationship. #25954

STARTING NEW
DWFF, 47, 5'7", medium build, N/S, enjoys movies, dining, bowling, and looking out. Seeking SWF, N/S, for committed relationship. #25294

FOX HUNTING
DWFF, 40, 5'10", 170lbs, N/S, light brown hair, blue eyes, enjoys dining, dining, golf. Seeking slim, fit DWFF, over 40, sense of humor, for whatever keeps you happy. #25092

Women seeking Men

LOVE & HONESTY
Sweet, kind-hearted SWF, 39, active in church activities, seeks someone who is honest, and a good communicator. Race unimportant. #25206

OPEN-MINDED, SERIOUS
Fun, artistic lady, 41, seeks gentleman, N/S, with zest, and curiosity about life. Harley rider/mechanic, able to understand, business and computers. Must love animals, music, and nature. #25093

WHERE IS HE?
Pretty, athletic, medium build, blue-eyed SWFF, early 50s, 5'3", who enjoys having fun. Seeking intelligent, honest, humorous male, 40-55, N/S, who can be faithful. Let's see if we can make a connection. #25145

SPECIAL LADY
DWFF, 52, comfortable in jeans or formal, seeks quality caring male, 47-67, N/S, for LTR, golf or dancing. #25470

JUST ME
DWFF, 42, 5'3", brown hair, full of life, seeks DWFF, 40-50, who enjoys writing, book store, movies, basketball, and a good sense of humor. Let's see if we can make a connection. #25413

R U HONESTLY HANDSOME?
Honest, pretty SWF, 45, 5'4", 130lbs, enjoys dancing, fishing, Harley, camping, comedy, clubs and more. Seeking truly handsome, fit, respectable male who enjoys honest, college football, travel, lions, with ability to express emotions. #25755

BLUE-EYED BLONDE
Attractive SWFF, 50, medium build, seeks tall, 45-60, honest, fun-loving, commitment-minded, for LTR. #24916

A RARE FIND
Pretty, curvy SWF, 53, 5'4", entrepreneur, lots of fun, enjoys movies, plays, concerts, traveling. Looking for a sincere, successful WM, 45-75. Float your boat, make your day, answer my ad today. #27308

SEARCHING FOR SOULMATE
Beautiful, classy, commitment-minded, red-head, 57, 125lbs, vacation all year long at my water front home. Seeking fun, sporty, intelligent, attractive man, 50-60, with the ultimate respect for body, physical health. N/S. #25693

BIRMINGHAM BLONDE BEAUTY
DWFF, 40s, 5'8", medium build, N/S, social drinker, college graduate, business owner, enjoys golf, water sports, college football. Seeking professionally employed gentleman, 47-55, for LTR. #25691

CALL ME
Slender DWFF, mother of two, enjoys fishing, camping, dancing. Seeking family-oriented, down-to-earth, friendly, successful, stable, honest WM, 44-50, with similar interests for companionship. #25608

HOPELESS ROMANTIC
DWFF, 40s, 5'7", HW proportionate, tactile, red-head, seeks a tall, sensitive SM, 6'0", for LTR. I believe you're out there. #25599

PRETTY WOMAN
Spiritual, not religious, dignified, thin, energetic SWFF, 40ish, child-like delight, seeks similar SWM to share pleasure of life, hiking, meditation, yoga, life force food, open, honest communication, mutual trust. #25500

SHORT & CASSY
and someone to hold onto. Open, honest, easygoing, down-to-earth DWFF, 43, smoker, likes to dance, romance, and old times. Seeking SOWM, 40s, who enjoys life, good food, and a good woman. #25606

FALLING IN LOVE AGAIN
Attractive, compassionate, honest DWFF, young 50s, 5'4", brown hair, N/S, emotionally/financially secure, good sense of humor, seeks similar SWM, for cohabits, dining, movies, sports, travel, being together, for mutual TLC, friendship. LTR. #25597

QUALITY SEEKS QUALITY
Thinking like a compatibility + being attractive, tall, divorced, 45-53, N/S, professional, honest, emotionally/financially stable, honest, sense of humor, flexible, traveler, articulate, sociable, and kind. Seeking a similar SWM, for dating, friendship, and more. #25597

IS THERE A DR IN THE HOUSE...
Golfing, 46, 5'4", 100lbs, N/S, seeks the love of my life. #25510

LIFE, LOVE AND HAPPINESS
SWF, 50, 5'7", 125lbs, brown hair, enjoys laughter, jazz, opera, nature, spontaneity, travel. Seeking for a sincere SWM, 45-55, with morals, Medical, law, law enforcement a plus. #25085

GOLF NUT
Very attractive, petite blonde, loves being by the water, boating, golf, loves traveling, dancing, concerts, romantic dinners, fun, hugs. Seeking attractive, affectionate WM, 42-47, financially secure with class integrity. #25087

CAST YOUR FATE TO THE WIND
Attractive, classy DWFF, 51, medium build, blonde hair, N/S, ND, loves sports, outdoors, romantic evenings. Seeking humorous, intelligent man, 45-55, with morals. Medical, law, law enforcement a plus. #25085

ARE YOU THE ONE?
SWF, 38, 5'5", brown hair, full-figured, many interests, bowling, quiet times at home, candlelight dining, horseback-riding, swimming. Seeking SOWM with many different interests, for friendship, possible LTR. #25176

PRETTY FULL-FIGURED BLONDE
Shaggy, full-figured, sweet, playful DWFF, 48, 5'7", 270lbs, no kids, enjoys arts, beaches, sports, movies, reading. Seeking SM friend/lover, for talking, flirting, outdoors, LTR, none. #25299

SEEKING COMPANION
DWFF, 61, 5'5", 155lbs, enjoys movies, dining out, parties, and much more. Seeking nice-looking, sincere, affectionate SOWM, 40-65, for friendship, companionship, and fun times. #25689

Men seeking Women

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Sweet, kind-hearted SWF, 39, active in church activities, seeks someone who is honest, and a good communicator. Race unimportant. #25206

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DWFF, 40s, 5'8", medium build, N/S, social drinker, college graduate, business owner, enjoys golf, water sports, college football. Seeking professionally employed gentleman, 47-55, for LTR. #25691

CALL ME
Slender DWFF, mother of two, enjoys fishing, camping, dancing. Seeking family-oriented, down-to-earth, friendly, successful, stable, honest WM, 44-50, with similar interests for companionship. #25608

HOPELESS ROMANTIC
DWFF, 40s, 5'7", HW proportionate, tactile, red-head, seeks a tall, sensitive SM, 6'0", for LTR. I believe you're out there. #25599

PRETTY WOMAN
Spiritual, not religious, dignified, thin, energetic SWFF, 40ish, child-like delight, seeks similar SWM to share pleasure of life, hiking, meditation, yoga, life force food, open, honest communication, mutual trust. #25500

SHORT & CASSY
and someone to hold onto. Open, honest, easygoing, down-to-earth DWFF, 43, smoker, likes to dance, romance, and old times. Seeking SOWM, 40s, who enjoys life, good food, and a good woman. #25606

FALLING IN LOVE AGAIN
Attractive, compassionate, honest DWFF, young 50s, 5'4", brown hair, N/S, emotionally/financially secure, good sense of humor, seeks similar SWM, for cohabits, dining, movies, sports, travel, being together, for mutual TLC, friendship. LTR. #25597

QUALITY SEEKS QUALITY
Thinking like a compatibility + being attractive, tall, divorced, 45-53, N/S, professional, honest, emotionally/financially stable, honest, sense of humor, flexible, traveler, articulate, sociable, and kind. Seeking a similar SWM, for dating, friendship, and more. #25597

IS THERE A DR IN THE HOUSE...
Golfing, 46, 5'4", 100lbs, N/S, seeks the love of my life. #25510

LIFE, LOVE AND HAPPINESS
SWF, 50, 5'7", 125lbs, brown hair, enjoys laughter, jazz, opera, nature, spontaneity, travel. Seeking for a sincere SWM, 45-55, with morals, Medical, law, law enforcement a plus. #25085

GOLF NUT
Very attractive, petite blonde, loves being by the water, boating, golf, loves traveling, dancing, concerts, romantic dinners, fun, hugs. Seeking attractive, affectionate WM, 42-47, financially secure with class integrity. #25087

CAST YOUR FATE TO THE WIND
Attractive, classy DWFF, 51, medium build, blonde hair, N/S, ND, loves sports, outdoors, romantic evenings. Seeking humorous, intelligent man, 45-55, with morals. Medical, law, law enforcement a plus. #25085

ARE YOU THE ONE?
SWF, 38, 5'5", brown hair, full-figured, many interests, bowling, quiet times at home, candlelight dining, horseback-riding, swimming. Seeking SOWM with many different interests, for friendship, possible LTR. #25176

PRETTY FULL-FIGURED BLONDE
Shaggy, full-figured, sweet, playful DWFF, 48, 5'7", 270lbs, no kids, enjoys arts, beaches, sports, movies, reading. Seeking SM friend/lover, for talking, flirting, outdoors, LTR, none. #25299

SEEKING COMPANION
DWFF, 61, 5'5", 155lbs, enjoys movies, dining out, parties, and much more. Seeking nice-looking, sincere, affectionate SOWM, 40-65, for friendship, companionship, and fun times. #25689

Men seeking Women

LOVE & HONESTY
Sweet, kind-hearted SWF, 39, active in church activities, seeks someone who is honest, and a good communicator. Race unimportant. #25206

OPEN-MINDED, SERIOUS
Fun, artistic lady, 41, seeks gentleman, N/S, with zest, and curiosity about life. Harley rider/mechanic, able to understand, business and computers. Must love animals, music, and nature. #25093

WHERE IS HE?
Pretty, athletic, medium build, blue-eyed SWFF, early 50s, 5'3", who enjoys having fun. Seeking intelligent, honest, humorous male, 40-55, N/S, who can be faithful. Let's see if we can make a connection. #25145

SPECIAL LADY
DWFF, 52, comfortable in jeans or formal, seeks quality caring male, 47-67, N/S, for LTR, golf or dancing. #25470

JUST ME
DWFF, 42, 5'3", brown hair, full of life, seeks DWFF, 40-50, who enjoys writing, book store, movies, basketball, and a good sense of humor. Let's see if we can make a connection. #25413

R U HONESTLY HANDSOME?
Honest, pretty SWF, 45, 5'4", 130lbs, enjoys dancing, fishing, Harley, camping, comedy, clubs and more. Seeking truly handsome, fit, respectable male who enjoys honest, college football, travel, lions, with ability to express emotions. #25755

BLUE-EYED BLONDE
Attractive SWFF, 50, medium build, seeks tall, 45-60, honest, fun-loving, commitment-minded, for LTR. #24916

A RARE FIND
Pretty, curvy SWF, 53, 5'4", entrepreneur, lots of fun, enjoys movies, plays, concerts, traveling. Looking for a sincere, successful WM, 45-75. Float your boat, make your day, answer my ad today. #27308

SEARCHING FOR SOULMATE
Beautiful, classy, commitment-minded, red-head, 57, 125lbs, vacation all year long at my water front home. Seeking fun, sporty, intelligent, attractive man, 50-60, with the ultimate respect for body, physical health. N/S. #25693

BIRMINGHAM BLONDE BEAUTY
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