

Canton Observer

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SEVENTY-FIVE CENTS

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Love & Marriage

The Observer would like to feature you in the Feb. 14 special wedding and anniversary section.

We're planning to run testimonials on happy marriages from couples that have been married 25 years or more. Submissions, including a wedding photo and a recent photo, must be mailed by Wednesday, Jan. 20, to Special Projects Editor Ralph R. Echinaw, Observer Newspapers, 36251 Schoolcraft, Livonia 48150. Please include a self-addressed, stamped envelope for the return of your photographs.

We're also planning a story on bridesmaids and groomsmen and would like to hear from people who have been one or the other at least five times.

Please contact Special Projects Editor Ralph R. Echinaw by Friday, Jan. 22. Call him at (734) 953-2054, or send e-mail to rechinaw@oe.hometown.net.

THE WEEK AHEAD

TUESDAY

Local government: The Canton Township Board of Trustees holds a regular meeting 7 p.m. in the administration building, 1150 S. Canton Center.

THURSDAY

Ice time: Skating classes are offered beginning today in Compuware Sports Arena. For more information, call Carrie Brown (director) at (734) 459-6686, Ext. 1.

SATURDAY

Snowmobile safety: The Canton Public Safety Department and Summit on the Park hold a snowmobile safety course for students ages 12-17, 9 a.m. to 3 p.m. at the Summit. Cost is \$20 for residents, \$25 for nonresidents. Riders age 12-17 are required by law to become certified in snowmobile when off parental private property. A Social Security number will also be required at the time of registration. Check-in will start at 8:30 a.m. For more information, call (734) 397-5110.

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Nightspot plan stirs discontent



BY LILLY A. EVANS
STAFF WRITER

Some Haggerty Road residents aren't willing to welcome a high-tech adult playground into their neighborhood, for fear of more traffic jams.

At Monday's Canton Planning Commission meeting, concerned residents said their piece about the possibility of increased traffic at Haggerty and Ford

Electropolitan, a planned high-tech, adult entertainment venue featuring movies, billiards and an arcade, is drawing negative reaction from residents who live near the proposed Haggerty Road location.

roads to accommodate Electropolitan, a planned entertainment destination for metro Detroiters.

The commission tabled the recommendation for approval to have coin-operated amusement at the proposed site on Haggerty Road between Ford and Cherry Hill roads until the Michigan Department of Transportation and the township completes traffic analy-

sis. Discussion will continue at the Jan. 18 meeting.

Owner George Marvaso hopes to have 80,000 square feet comprised of arcades, billiards, a restaurant, a lounge, comedy club, theater, wide-screen televisions, waterfalls, fireplaces and high-tech light and sounds. The hours of operation would be 11 a.m. to 2 a.m.

Marion Stanton, who lives off Haggerty Road in Bedford Villas Condominiums, across the street, said she is opposed to the once-residential area becoming a place for adults to frolic into the night.

"It already takes 15 minutes to get to

Ford Road and why do we need adult entertainment in Canton?" she said. "There's a school down the street, kids will be skipping school to go there."

Resident Linda Condash of Bedford Villas said she doesn't want to see traffic at 2 a.m.

Carol Ferenc, also of Bedford Villas, said she doesn't want the complex in her neighborhood and she will do everything in her power to stop it.

"I think they should build it on the east side of (the I-275 freeway) or a different location," Ferenc said. "I will get up a petition and go to every business

Please see **ELECTROPOLITAN**, A2

Electeds' salary hike is own vote

BY SCOTT DANIEL
STAFF WRITER
sdaniel@oe.hometown.net

In the business of local government, it's not uncommon or even considered unethical for elected officials to vote themselves raises.

That's the belief of Common Cause, a Washington, D.C.-based political watchdog organization. Michigan chapter Executive Director Karen Holcomb-Merrill said as long as the process is made public, there isn't a problem.

"It's an accountability issue," she said. "We feel public officials should vote on raises."

Canton's elected officials, who include part-time trustees Phil LaJoy,

Please see **SALARIES**, A3

Buses left in lurch by blizzard

SCHOOLS

BY TONY BRUSCATO
STAFF WRITER
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Mother Nature played havoc with the Plymouth-Canton Community Schools this past week.

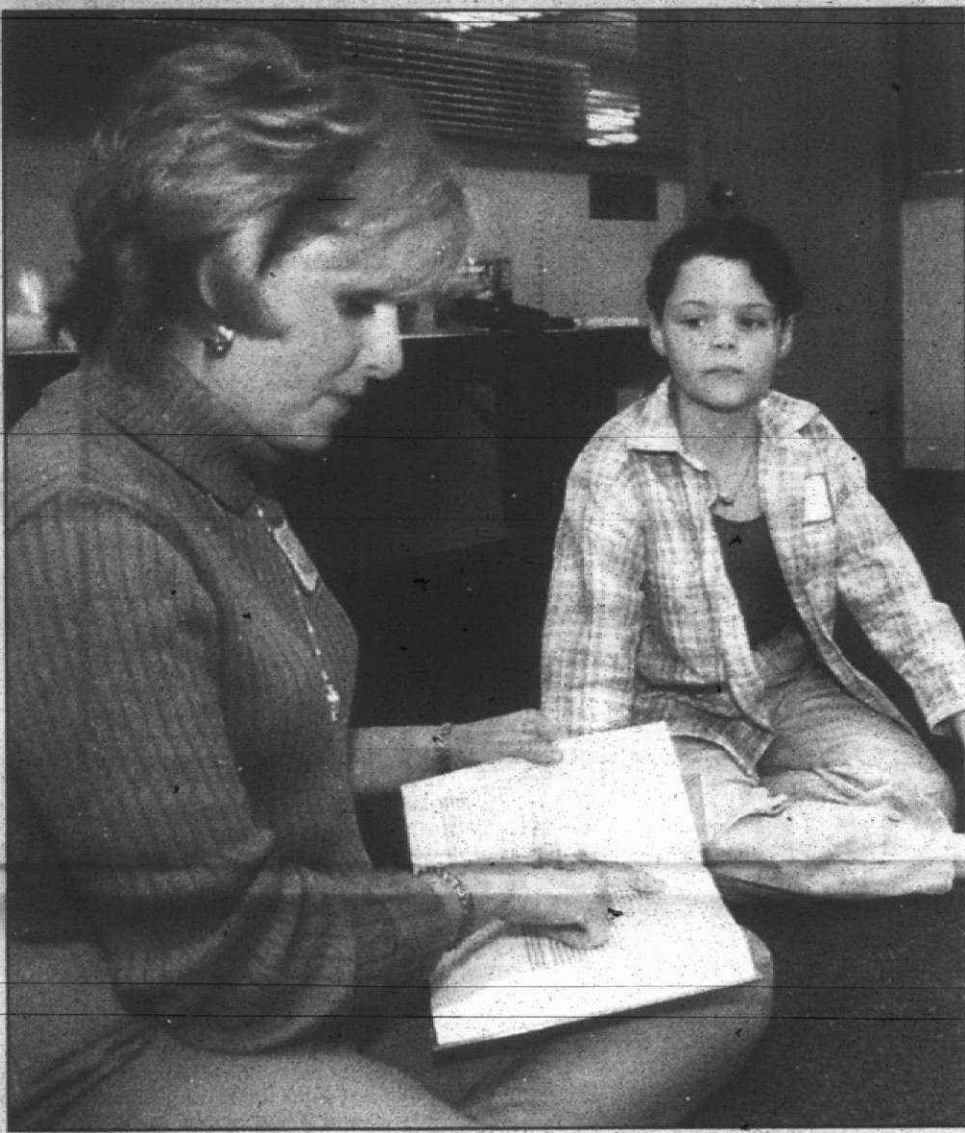
Winter break was extended a couple of days, as classes were canceled Monday and Tuesday because roads were impassable for both motorists and buses throughout the district.

Wednesday morning, when classes finally resumed, buses were more than a half-hour late getting to Plymouth-Canton Educational Park to drop off students at the two high schools.

"There was a tremendous increase in traffic around the high schools, plus the roads weren't plowed completely,"

Please see **BUSES**, A4

Listen and learn: Emma Distel, 11, listens intently Wednesday evening as Youth Services Librarian Jill Halpin reads an author's biography during. About eight families participate in the monthly book discussions at the Canton Public Library that are designed to appeal to young readers.



STAFF PHOTO BY ELIZABETH CARNEGIE

Talking books

Library group is family endeavor

BY SCOTT DANIEL
STAFF WRITER
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Fourth grader Mark Spencer can't imagine living in 19th century New Hampshire and having to work as a kid.

But with the help of a book discussion club at the Canton Public Library, he can understand why children of that time did. If he were in their shoes, however, the Tonda Elementary student would know what to do with the money he earned.

"I would keep it," Spencer said. "If I had to send it to someone, I'd send it to the poor."

Spencer and his dad, Mike, were one of about five Canton families that participated in Wednesday's discussion. According to Youth Services Librarian Jill Halpin, the program has had steady participation since it began in the fall of 1997.

"We have about eight families that come each month," she said. "We do one book every month."

The program targets students

from fourth through sixth grades. Halpin uses fictional works to spark kids' interest.

"I try to have a good mix of historical, humorous and other types of fiction," she added.

The purpose of the program is to promote reading, improve vocabulary and reading skills as well as provide an activity for parents and children to do together. Halpin believes fictional books are the best vehicle to accomplish those goals.

Please see **BOOK GROUP**, A3

An optimistic Bennett begins his final term

8TH DISTRICT STATE SENATE

BY SCOTT DANIEL
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Loren Bennett was used to feeling the heat long before he became a state senator.

As a teenager, he worked in the painting booth of the Fisher Body Plant at Willow Run. It was good money for a young man trying to work his way through college, but it wasn't easy.

"I painted cars for a summer," said Bennett, now 47. "It was a tough, tough job. The heat, the fumes. It was hot. I was right outside the ovens where cars would go in to have the paint baked."

The job didn't last. But the lifetime

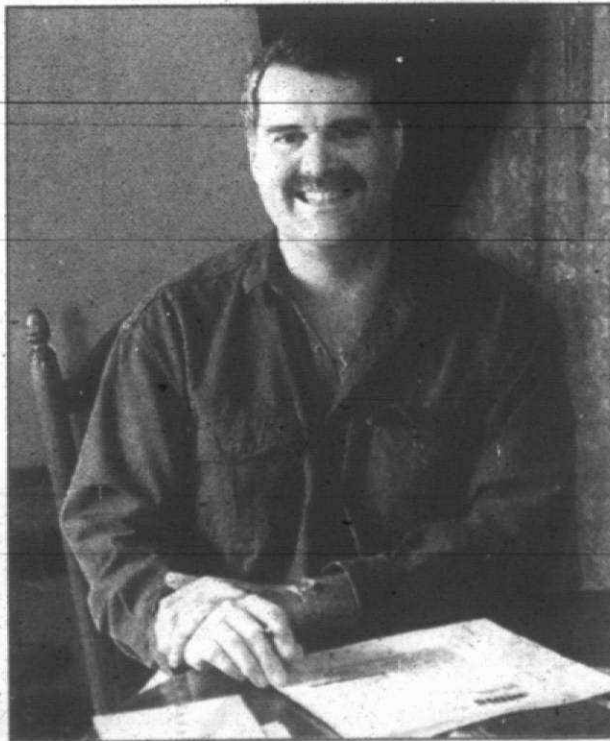
resident of Canton never lost his desire to tackle a tough job.

In a few short days, Bennett will do just that as he begins his second term as 8th District state senator. The Republican handily defeated Wayne Mayor Kenneth Warfield in November to win re-election.

Besides excellent family support, party backing and hard campaigning, Bennett credits a positive attitude for his victory.

"We all have our ups and downs, but I always try to look for the bright side of things," he said. "We've got to look for the positive in people and the positive in everything."

Please see **BENNETT**, A4



STAFF PHOTO BY PAUL HIRSCHMANN

Taking a breather: Loren Bennett relaxes at home during the holiday recess. When the Michigan Senate reconvenes this week, Bennett, who has spent some two decades as an elected official, will likely begin his last Senate term under the state's term limits law.

Bennett

"You've got to be positive, you've got to be upbeat. That's part of the secret for success." Bennett's success in politics is a first for his family. His parents both worked for Wayne County, but never held an office. Neither of his older brothers, John or Sandy, had interest in politics.

While his father didn't hold office, he did have a strong party affiliation.

"He was a staunch Democrat," said Bennett. "He never voted for a Republican in his life."

Later start

Unlike many in the legislature, the township native didn't have a lifelong desire for political life.

The impetus for his career, in fact, came from a Canton Board of Trustees meeting in the late 1970s. As part of the Jaycees, he went to the meeting to help get an approval for an upcoming haunted house event.

"I sat there for the entire meeting hoping to be impressed," Bennett said. "I said to myself, 'This is my township board, I want to be impressed.' Well, I left feeling not impressed because of the bickering that was on the board and the way certain members treated people with a lack of respect."

"It was at that meeting that I decided, 'I can do this and I can do it better.'"

His quest to improve local government began by running for township trustee. Bennett was one of four new members elected

to the board in 1980. "I was a bit overwhelmed," he said. "It was like, 'You've worked so hard, now what?' I can remember studying every book, reading everything the township sent me."

He won the seat at age 29. "Everyone seemed much more experienced than I," Bennett said. "They had all served on the township board at one time or another. I was the only true novice person. I felt I had a lot of catching up to do."

He remained a trustee for eight years, then became Canton's clerk in 1988. Bennett described the job, which he held until 1994, as one he "absolutely loved."

He would've been content to remain clerk, but the Republican Party came calling in 1993. Bennett was asked to run for state Senate.

"I was so happy where I was at," he said. "I wasn't sure I wanted to do it."

Family affair

So Bennett sought the advice of his top aides - daughters Wendy and Cindy. He gave both girls veto power over his decision to run for the office.

Wendy told her dad to go for it. Cindy wasn't so sure, though. "My youngest daughter said 'I'll get back to you,'" Bennett joked. By December of 1993, Cindy had "signed off" on his bid. His campaign began in earnest in April of 1994.

"A month before the election,

(Cindy) wanted to change her mind about signing off," said Bennett. "She had had quite enough of campaigning."

Fortunately, Loren convinced his daughter that they should finish what they had started. Bennett won the state Senate seat by 1,700 votes.

His first term in Lansing proved to be a learning experience for himself and his family. Bennett said it also paid dividends when Wendy began college at Michigan State University in the fall of 1997.

He and his eldest daughter were able to meet for dinner, an ice cream cone or a walk around campus about once a week.

"It helped her with the transition and it helped me as far as just being able to spend time together," said Bennett. "It was one of the greatest experiences I've had."

While time is scarce between his work and the daily commute to Lansing, Bennett still finds time to be a soccer dad. He's extremely proud of Cindy, a 14-year-old Belleville High School freshman.

"She's our soccer star," he said. "She's in the Olympic Development Program. She is, for her age group, one of our goalkeepers for the state of Michigan."

The teenager, he says, plays constantly and works with a trainer once a week on skills and techniques.

"She has worked very hard and played soccer since she was 5 years old," Bennett added.

The job of being senator is important to him as is the job of Canton clerk to his wife, Terry, who was elected to fill the post in 1994. But the positions aren't top priority.

"Our two daughters are absolutely the most important things in our lives," said Loren. Loren and Terry, an Ann Arbor native, were married in 1973 when they were both in their early 20s.

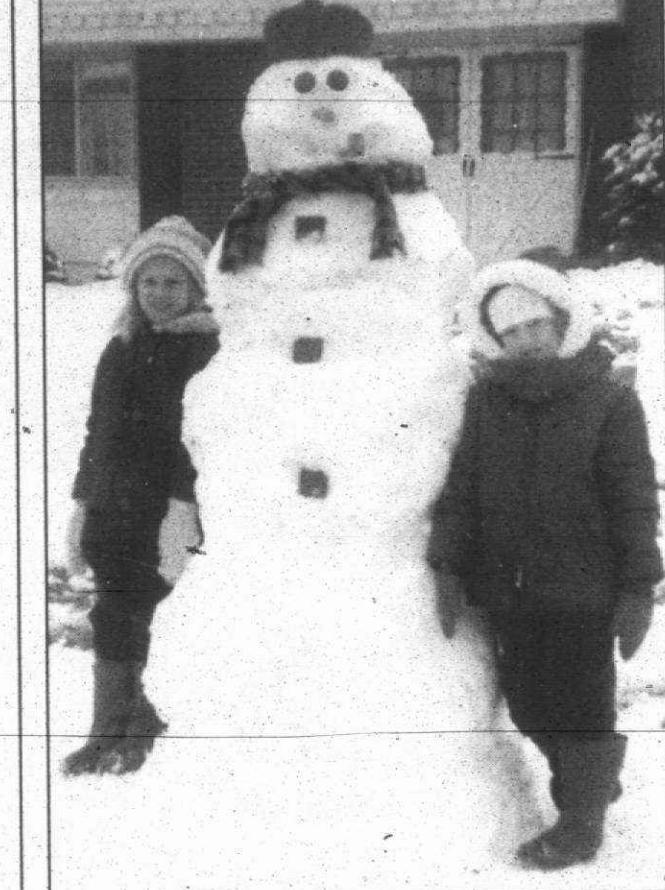
"By the standards of the early 1970s, we waited a long time," the senator said. "A lot of people I graduated with got married a year out of high school."

While Terry will remain clerk for the foreseeable future, Loren's time in the Senate will be up in four years. Bennett isn't sure what he'll do after leaving the Michigan Legislature. He knows what he doesn't want to do, however.

"I don't want to run for Congress," he said. "I see people going off to Congress and not a lot happening. I see so much that needs to be done on the federal level and they seem always to be so paralyzed by politics. That's my perception, that they are paralyzed by politics."

Bennett said politics are put aside for the business of the state at the state level once election season ends.

"I just don't see politics as much of an issue on the state level," he added. "On the federal level, it seems like that's all there is."



Bicentennial snowman: Canton resident Nancy Anderson sent us this picture of daughter Lynn Marie Anderson (at left) at age 6 with a snowman she helped build in Bolinbrook, Ill., in 1976. On the right is Lynn's friend, Dianne.

Evola said with the two days off because of the winter storm, the district has one snow day left before it has to add days at the end of the school year to make up for lost time. She adds, the state can authorize additional snow days if the weather is particularly bad throughout the winter.

While consultants monitor the water, a federal district judge is listening to communities and county officials discuss why a deadline to meet clean water and public health standards should be extended beyond 2005.

They also have talked with Department of Environmental Quality officials responsible for overseeing discharge permits about the costs to construct more basins to control combined sewer overflows which are sanitary and storm sewers that combine and flow into the Rouge after heavy rainstorms.

Jim Murray, director of Wayne County Department of Environment, has lobbied for the extension because Redford, Dearborn, Dearborn Heights, Detroit and Inkster need more time to evaluate data from existing basins before committing the millions in bonds to build more basins - costs which will be passed onto residents.

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Commissioners to examine county tax cut

BY KEN ABRAMCZYK
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kabrancyk@oe.homecomm.net

Wayne County commissioners will look at giving county residents a property tax cut.

Commission Chairman Ricardo Solomon, D-Detroit, released a trial balloon in his remarks to open a new two-year term Tuesday during the commission's organizational meeting at which the county commissioners were sworn into office.

County commissioners chose Solomon to chair the commission for the next two years. Commissioner Kay Beard, D-Westland, who began her 11th term, was selected as vice chair. Commissioner Jewel Ware, D-Detroit, was chosen to be the commission's vice chair pro tem.

Solomon suggested that commissioners "seriously visit the possibility of reducing our county's property tax burden," Solomon said.

"We know that our tax rate is almost twice that of Oakland and Macomb counties, 7.9 mills compared to 4.2. While Wayne County has many compelling needs and our neighbors do not, the good economic times we are enjoying permit us the opportunity of determining if a tax cut is feasible."

Solomon's proposal isn't new, as western Wayne County Republican commissioners have pushed for tax reductions during previous budget sessions. But Solomon's remarks indicated a willingness that the Democratic majority will examine the issue.

County Executive Edward McNamara said that proposal "wasn't inconsistent" with his administration's goals and it wasn't ruled out by McNamara, but he added that he didn't know

if a tax cut was possible. The proposal may be "nothing more than political rhetoric," McNamara said.

Economic swings

A tax cut would require a reduction in the county's rainy-day fund - its fund balance - which "doesn't make a lot of sense," McNamara said.

"Wayne County is subject to economic swings. Welfare and indigent health care needs are great."

Wayne County would like to maintain a strong fund balance, which helps with the county's bond rating and gives it a favorable interest rate to bond for construction projects.

"If it's possible, we'd support it, if it fits in our plans with economic development," McNamara said. "A lot of things are happening in Wayne County."

Solomon expected commissioners will send a proposal to the commission's Committee on Ways and Means. Solomon wouldn't elaborate on how much of a cut would be proposed or when the study would be completed.

"We will review it seriously. Obviously, we haven't come to the point yet to turn it into an ordinance."

Commissioner Lyn Banks, R-Livonia, said she thought Solomon's suggestion was "wonderful."

Her predecessor, Thaddeus McCotter, and former Commissioner Bruce Patterson were strong proponents of a tax cut.

Banks has examined the budget and believes the county surplus enables commissioners to consider a tax cut. Banks discussed the proposal with Solomon and county administra-

tors. One official expressed concerns about the county maintaining a strong credit rating due in part to the budget surplus.

"I reminded him that Gov. (John) Engler cut taxes while he had a surplus," Banks said. "Maintaining a strong credit rating is just as important as a tax cut."

Commissioner Kathleen Husk, R-Redford, likes the suggestion as well.

"I think it will be exciting for us for the next year," Husk said. Banks and Husk are the only two Republican commissioners.

Commissioners sworn in

The 15 county commissioners were administered oaths of office at Tuesday's meeting.

Banks, a former state representative, will represent the cities and townships of Plymouth

and Northville and a portion of Livonia west of Middlebelt (10th District). Banks, a Livonia resident, won election in November to a two-year term.

Banks also served as a legislative aide to Wayne County Commissioner Mary Dumas in 1983-84, and treasurer of the Wayne County Charter Commission in 1981-82.

"I felt it was a full circle, and I look forward to participating in the new millennium," Banks said.

Beard, of Westland, began her 11th term, which gives her the most years on the commission. Her 12th District includes the cities of Garden City, Inkster and Westland.

Beard said she was delighted to see four new commissioners, three of them former state legislators, on the commission. Beard

Please see COUNTY, A6

Communities face clean water deadlines

BY KEN ABRAMCZYK
STAFF WRITER
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As communities in western Wayne County enter the new year, communities with new retention basins are entering a crucial phase in the Rouge River project.

They are testing water samples flowing out of the basins to see how clean the water flowing into the Rouge is after it is treated with chlorine.

While consultants monitor the water, a federal district judge is listening to communities and county officials discuss why a deadline to meet clean water and public health standards should be extended beyond 2005.

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By Mark Slavens, P.C.
Attorney at Law
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Great Food Plus Sensible Exercise Equals Fit Figure.
Livonia Fitness Center Caters To Women With Emphasis On The Fundamentals Of Healthy Living.
JANUARY 10, 1999 • LIVONIA, MI
It seems that every day there are more weight-loss fads making the news. The high protein, low-carb diet, grapefruit, cabbage soup, juices, and even potentially dangerous drugs promise effortless weight loss. But experts will tell you there's no such thing. Permanently changing your body for the better requires a healthy lifestyle including sensible eating habits and regular physical activity. That's the premise at heart of Inches-A-Weigh, a national weight loss and fitness center for women, recently opened locally in Livonia. "Our program is centered on the idea that permanent weight loss requires 'real' food choices; grocery store foods prepared the way our clients like to eat," says Barbara Horowitz, owner of the bustling new business. "Coupled with our behavior modification program for sensible menu

Skate, ski in county parks

People might gripe about the cold and snowy weather throughout Wayne County, but winter sports enthusiasts can enjoy recreation in Hines Park.

Cross country skiing on groomed trails is available from dawn until dusk at Hines Park-Nankin Mills area, located on Hines Drive just east of Ann Arbor Trail in Westland, and on Hines Drive and Ann Arbor Road, just east of I-275, at Newburgh Lake, which borders Livonia and Plymouth.

For information on ski conditions, call (734) 261-1990.

This year, Wayne County parks also has created several ice rinks. Rinks are open in designated areas at Newburgh Pointe, located on Hines Drive between Newburgh and Haggerty roads in Livonia, Wilcox Lake on Hines between Wilcox and Northville roads in Plymouth and Nankin Mills in Westland.

All rinks will be open during the day, weather permitting. In addition, the rink at Nankin Mills are lighted and will be open for night skating until 9 p.m. For information regarding skating conditions, call (734)

261-1990.

Sledders can experience optimum conditions this season at Hines Park-Cass Benton area. As a result of the parks millage, Wayne County parks officials have installed two ramps at this site with handrails. The Cass Benton sledding hill is located off of Hines Drive between Six Mile and Seven Mile roads in Northville.

For information including directions to sites, contact Wayne County parks at (734) 261-1990.

Protect your pets in frigid weather

Michigan Humane Society investigators have encountered eight dogs literally frozen to death this season.

Although MHS has been warning pet owners about the dangers of severely cold weather for weeks now, some people still aren't getting the message, according to the organization's community relations director, Michele Mitchell.

"Many people, in cities and rural areas alike, still believe a dog can survive outdoors simply because he has a fur

coat. But when wind chills dip below zero, no animals should be left outside for long periods of time," Mitchell said.

"If your dog must be outside for any length of time, he has to have solid, dry shelter and a constant supply of unfrozen drinking water. Even with shelter, dogs left out can suffer from frostbite, hypothermia or worse."

Besides the eight deaths, countless other dogs suffered injuries due to exposure to the cold.

Under state law, any owner

who fails to provide adequate shelter for a pet can be charged with animal cruelty.

The MHS asks anyone who suspects a stray dog or cat is at risk to call or bring the animal to your local shelter or the MHS.

If you suspect that an owned animal is being left outside without proper care, call your local animal control agency or contact the Michigan Humane Society cruelty investigation hotline at (313) 872-3401.

McNamara inaugural set Jan. 15

Wayne County Executive Edward McNamara will mark the beginning of his fourth term on Friday by returning to an educational institution that help mold him to become one of the state most powerful Democrats.

McNamara will be administered an oath of office during ceremonies that begin 11:30 a.m. Friday, Jan. 15, by U.S. Court of Appeals Judge Damon Keith and Attorney General Jennifer Granholm at Redford High School in Detroit, where McNamara graduated in 1944. McNamara founded the Redford High School Alumni Association and served as its president.

"For him to go back there for his inauguration for his fourth term, it will be very special," said June West, McNamara's press secretary.

Martha Jean "The Queen" Steinberg will oversee the program, and Charles Adams, pastor of Hartford Memorial Baptist Church, will offer the invocation. Cass Tech High School's Band and Detroit's Renaissance High School choir will provide musical interludes.

A light lunch will be served at 11:30 a.m. followed by the swearing-in at noon.

Members of the public are invited to attend the inauguration, but seating is limited so people who wish to attend are asked to call (313) 961-8989 to reserve a seat by Wednesday. Admission is free. Redford High School is located at 21431 Grand River, just south of Six Mile, in Detroit.

An "Inaugural Gala" is scheduled at 6:30 p.m. that evening at Burton Manor in Livonia. Tickets are \$150 and can be purchased by calling (313) 961-8989.

County

from page A5

is the only commissioner who served when the county charter was approved by voters and enacted in the early 1980s with the first county executive, Bill Lucas.

Husk, of Redford, began her first full two-year term as commissioner for the 9th District. Husk was on the ballot four times last year — in a primary and general election last winter to fill the unfinished term through the remainder of the year, and again in the August primary and November general election ballots.

Her district is comprised of Livonia east of Middlebelt, Redford and Dearborn Heights.

John Sullivan, D-Wayne, also was sworn in to represent the 11th District, which includes the townships of Canton, Huron, Sumpter and Van Buren, and the cities of Belleville, Romulus and Wayne.

Water

from page A5

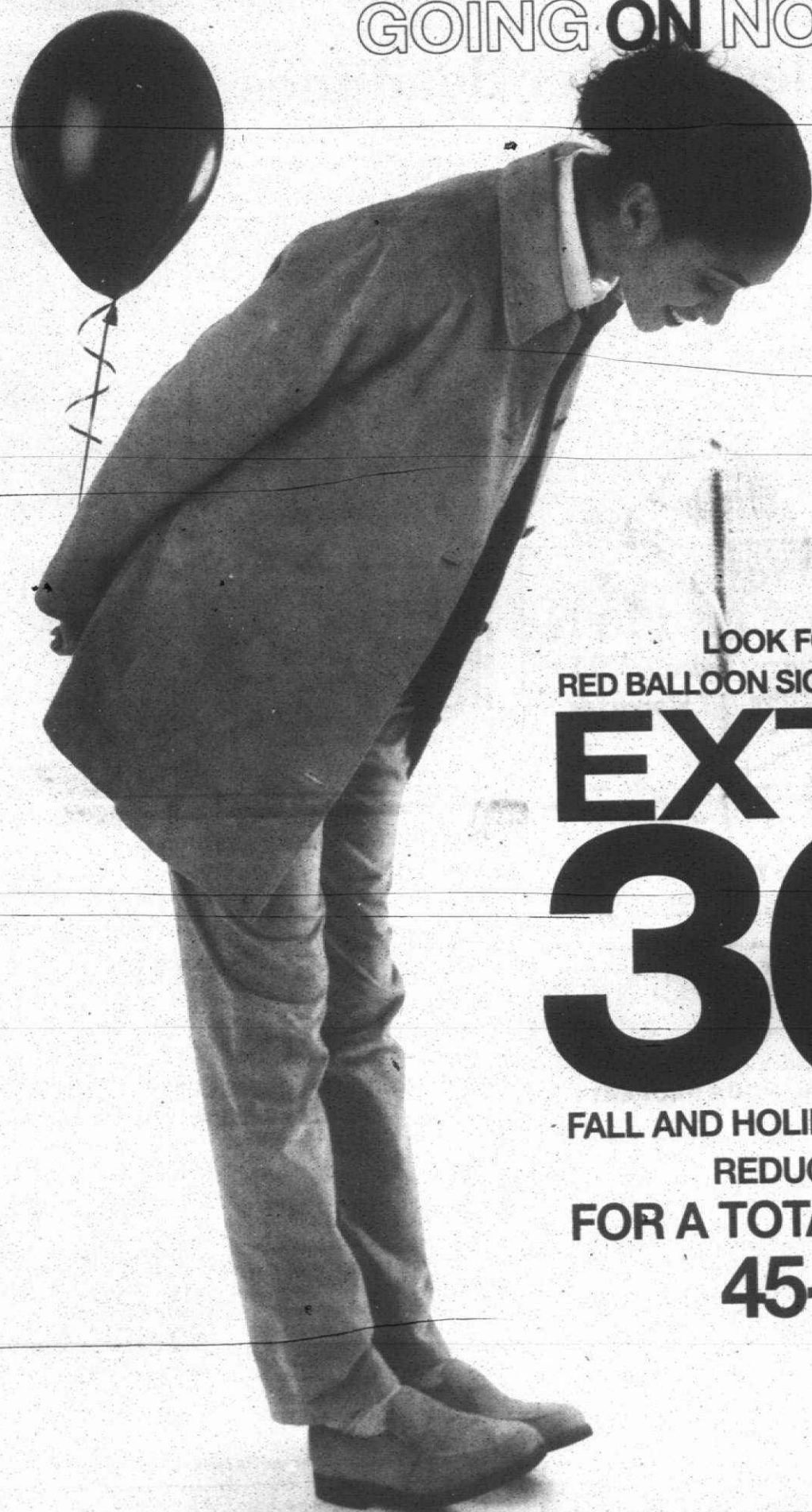
ronmental Protection Agency about the Rouge River. The group serves as a public forum on Rouge River restoration and preservation issues.

"We are talking evaluations that are going to mean hundreds of millions of dollars in the talks about retention basins," McCracken said. "We're talking about big bucks."

"We want public input on that."

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2 UNIQUE



KELLI LEWTON

Fresh baked bread will warm your hearth

Bread is becoming one of our most interesting and enjoyable "staffs of life." We've come a long way from white sliced bread. Think of all the possibilities - rosemary, focaccia, potato onion, chocolate cherry, tomato basil, garlic Parmesan, rustic peasant and sourdough are just a few types of bread available today.

Since the start of my culinary training, great importance has been placed on bread. The first "food impression" typically interpreted by restaurant clients is the bread basket. Bread has separated its role as a tool to soak up leftover juices or a filler to become a celebrated main feature at most meals.

Commercialization

As we started the 19th century and the Industrial Revolution, Americans took the bakery concept one commercial step further by mass producing bread for national distribution. This mass produced bread was feathery light, generally flavorless and less nutritious than home or bakery style bread. With mass production and women joining the work place, "gummy white" was what most of us grew up on. With all the changes that started in the 1970s "grass roots" movement, one of the leaders in the pack of change was grains. People were hungry for breads that fortified them with whole grains. They wanted breads with interesting shapes, colors, textures and ingredients.

When the third edition of U.S. dietary guidelines was released in 1990 by the U.S. Department of Agriculture, Americans were advised to eat 6-11 daily servings of bread and grains. The guidelines were modified in response to the increasing evidence that complex carbohydrates, such as the those found in bread, may reduce the risk of certain cancers, heart disease and obesity. These carbs are generally low in fat and a good source of nutrients. The United States Commerce Department estimates that annual per capita bread consumption will be 60 pounds by the millennium.

History

Bread enjoys one of the longest, most interesting histories of any food. The history of bread is older than recorded history of mankind and parallels the development of human history. Archeologists trace the origin of bread to a primitive, gluey dough of water and wild cereal grains that was beaten between rocks to crack their husks, then shaped into flat cakes and cooked by wandering hunters on stones heated in open flames. In time, the nomadic peoples of the Middle East learned to cultivate local grains. Many of the unleavened breads of the past live in a similar form today in most Middle Eastern countries.

Between 4,000 and 5,000 B.C., Egyptians were credited with the first leavened bread. Hieroglyphics in the pyramids show the importance of harvesting grain and bread making. These pictorial histories also show that grain and bread were considered sacred gifts from the gods and used as ceremonial offerings. Bread is mentioned in numerous biblical quotes.

Egyptians are also the inventors of the first bread oven which resembled two bee hive cones with two levels inside. Bread was so significant, that their administrative systems were based on it. Wealth was measured by numbers of bread and wages were paid in part with bread (perhaps this was the start of our slang term "dough" meaning money).

The Greeks took the process a step further using millstones for grinding as well as bread ovens that technically resemble what we use today. The Romans later refined technology for

Please see 2 UNIQUE, B2

LOOKING AHEAD

What to watch for in Taste next week:

- Focus on Wine
- Satisfying stews

Perfect cold weather food chases away winter chills

BY PEGGY MARTINELLI-EVERTS
SPECIAL WRITER

Winter in Michigan is a true wonderland - pine trees blanketed in snow, frozen lakes for skating, and hills and meadows perfect for cross-country skiing.

There's something special about spending a day outside in the snow, whether it's skiing, tobogganing or skating - and then coming in for a hearty meal.

Soups, stews and meatloaf with mashed potatoes, just seem to satisfy appetites when it's cold outside. However, I may be an exception to the norm when it comes to cold weather comfort food. I just returned from a business trip to Marquette, where winter is certainly more severe than it is here. Returning to my hotel room after working all day, I craved a crunchy, crispy salad. My point is that we crave the foods we enjoy and I believe we should eat what we like.

For many, our New Year's resolution is to improve our diet and lose weight. Cold weather can make this more challenging because hearty foods, and heavy foods

that tend to be comforting, may also be higher in calories. As with other times of the year, eating wells means eating wisely.

The truth is that no foods are "good" or "bad" for you; it's your total diet that counts. Healthy eating does not mean you have to "give up" your favorite foods. It is about balance, variety and moderation.

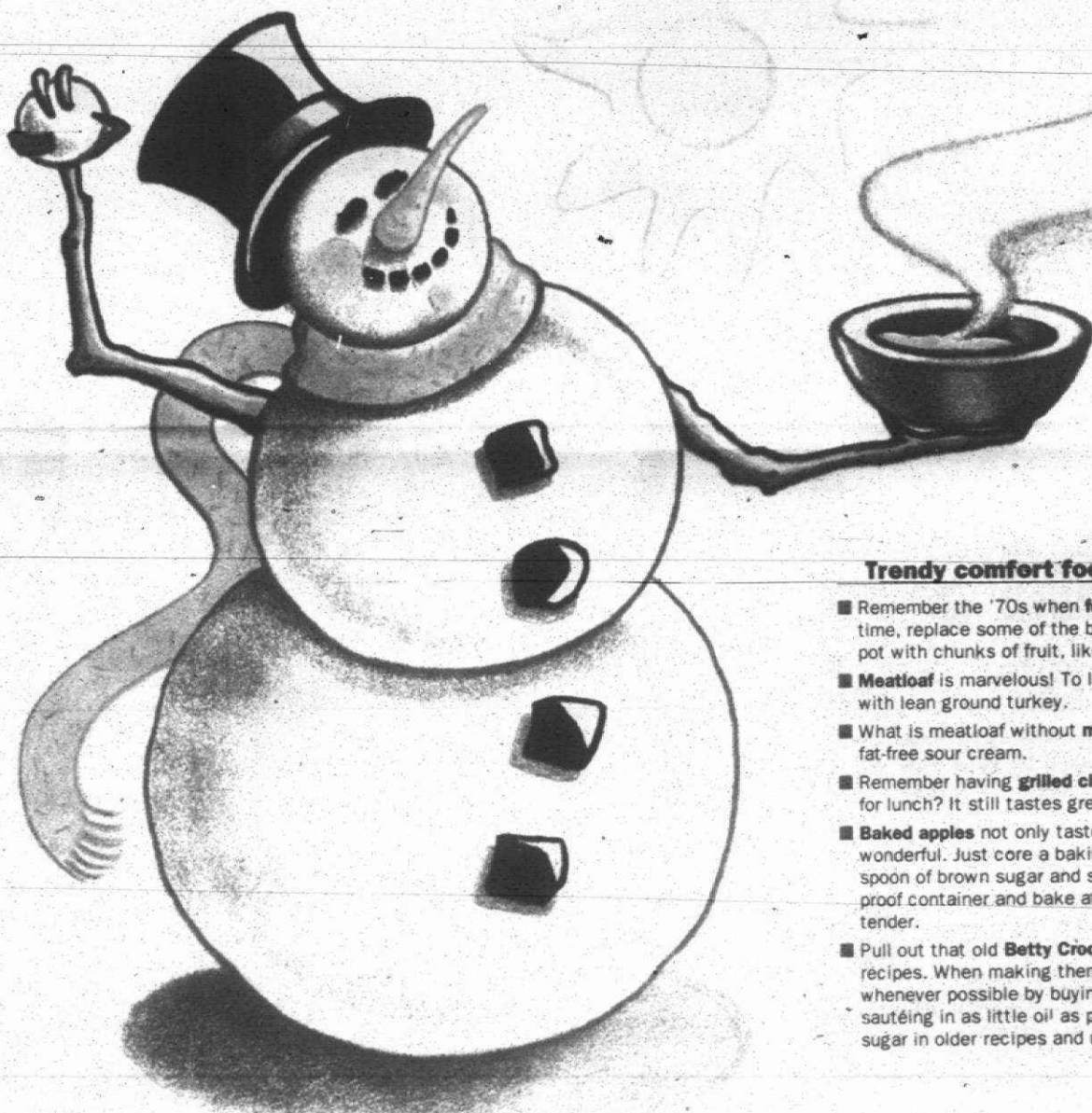
Just like good eating habits, adding some regular physical activity can add immeasurable quality to your life. Exercise for the health of it and not just to lose weight. Get some fresh air and sunlight. It will not only help you physically, but improve your frame of mind as well. Choose relaxing, fun, activities and be consistent. Exercise regularly. Remember

Please see COLD, B2

Dietary guidelines

- Eat a variety of foods.
- Maintain a healthy weight.
- Choose a diet low in fat, saturated fat and cholesterol.
- Choose a diet with plenty of vegetables, fruits and grain products.
- Use sugars only in moderation.
- Use salt and sodium only in moderation.
- If you drink alcoholic beverages, do so in moderation.

Source: U.S. Dept. of Agriculture, U.S. Dept. Health & Human Services



Trendy comfort food with roots in the '70s

- Remember the '70s when fondue was hot? Well, it is again. This time, replace some of the bread that you dip in the warm cheese pot with chunks of fruit, like apples and pears.
- Meatloaf is marvelous! To lower the fat use ground sirloin mixed with lean ground turkey.
- What is meatloaf without mashed potatoes? Make yours with fat-free sour cream.
- Remember having grilled cheese sandwiches and tomato soup for lunch? It still tastes great!
- Baked apples not only taste good, they make your kitchen smell wonderful. Just core a baking apple, sprinkle it with a tablespoon of brown sugar and some cinnamon, place in an oven-proof container and bake at 350°F. for about 15 minutes, or until tender.
- Pull out that old Betty Crocker cookbook or your old favorite recipes. When making them today, just try to reduce the fat whenever possible by buying lean meat, trimming fat and sautéing in as little oil as possible. Try reducing the salt and sugar in older recipes and use low fat or non-fat dairy products.

SUPER BOWL CHILI

- 1/2 pound top round of beef, trimmed and ground once
- 1/2 pound ground turkey breast
- 1 tablespoon chili powder
- One (16-ounce) can black beans, drained
- 3/4 cup mild salsa
- 2 plum tomatoes, seeded and chopped
- 1 cup Healthy Choice shredded Cheddar cheese
- 1/4 cup sliced pitted ripe olives
- 1 avocado, peeled, pitted and diced (optional)

Mix beef, turkey and chili powder. Brown mixture over medium heat in a non-stick skillet, stirring to separate. Cook meat mixture until well done. Pour off any fat (there should be little or none).

Add beans, tomatoes, salsa and olives. Heat to serving temperature.

Place in individual bowls or one large serving dish. Garnish with cheese and avocado. Serve with fat-free tortilla chips or warmed flour tortillas.

Nutrition facts per serving: 211 calories, 2.8 grams fat, 0.7 grams saturated fat, 45 milligrams cholesterol, 563 milligrams sodium.
Food exchanges: 3 lean meat, 2 starches

Score a touchdown with Super Bowl Chili

MAIN DISH MIRACLE



MURIEL WAGNER

What's a better winter warmer-upper than a bowl of chili, especially when it takes 15 minutes or less to prepare?

This chili has a dual personality. It can also be served as a dip with store-bought baked low-fat corn chips or flour tortilla triangles that you bake yourself - that makes it perfect for Super Bowl entertaining or a family TV night supper.

Get out of the kitchen early by spooning the chili into a Crock-Pot or casserole dish that you can keep warm.

Even though this chili is reduced in fat and saturated fat, no one will guess, trust me. The seasonings will take care of that. You can even turn up the heat a notch by choosing a hotter salsa.

I've reduced the fat and saturated fat by mixing the beef with turkey - ground turkey breast of course. Usually I'm not into reducing fat in a recipe by substituting ground turkey breast for meat. My meat-loving taste buds

tell me it's not the same. But this recipe has enough seasonings to carry the flavor. Be sure to get ground turkey breast. Regular ground turkey can be a high-fat item because it's made from light and dark meat and skin.

The ground top round of beef in my recipe is the lowest in fat of all the ready ground meats. It's even lower in fat than the ground meat labeled "extra lean." Using this cut of beef and the turkey also makes it possible to keep the saturated fat low even though I've used a cheese with a slightly higher fat content for its better melting qualities.

Yes, the diced avocado and ripe olives that garnish my chili are high in fat, but it's the friendly sort - monounsaturated rather than saturated fat. Even so, the portions need to be small to control the calories.

I like the Hass avocado, which is purplish black with a rough skin. Ripe avocados are hard to find. Pick an avocado that is heavy for its size with no soft spots. It should give slightly when gently pressed. It will take about 2 to 3 days to ripen in a closed paper bag.

After it's peeled, you may want to sprinkle the avocado with a little lemon juice to prevent darkening.

When I eat chili I love corn muffins. As you know, I'm a lazy cook so I converted a corn muffin mix into an Eating Younger special. Gold Medal Corn Muffin Mix has one gram of fat per muffin in the unprepared mix. By substituting evaporated skim milk, egg whites and Fleischman's 5-calorie Fat Free Spread for the suggested whole milk, margarine and egg, I kept the fat down to the level listed for the unprepared mix. I add 3/4 cup of drained, whole kernel corn for the crunchiness and moistness. Follow the package instructions for baking but be sure not to over-bake.

Look for Main Dish Miracle on the second Sunday of the month in Taste. Muriel G. Wagner is a registered dietitian and nutrition therapist with an office in Southfield. She publishes "Eating Younger," a quarterly newsletter with recipes and nutrition tips. To subscribe, send a check for \$13.50 to "Eating Younger," P.O. Box 69021, Pleasant Ridge, MI 48069.

Cold from page B1

ber the advice your mother gave you: "go outside and play."
John Adamski is well accustomed to serving up hearty winter fare. He is the executive chef at St. John's Banquet and Conference Center in Southfield and an avid ice carver as well. He is competing in the Plymouth International Ice Sculpture Spectacular January 13-18. After spending a day in the cold with a block of ice, Chef John appreciates a warm, hearty dish like the Roast Pork Loin with Herb Crust (see recipe inside). He says it's easy to make, and is impressive enough to serve your guests. Since it requires little attention while it is roasting, it is a great dish for dinner parties.
Another new cold weather comfort dish comes from, of all places, Southern California. A colleague of mine recently vacationed there and came back with a recipe for a wonderful mush-

room pasta with chevre (goat) cheese that's perfect for a cold winter evening.
Chef Steve Pickell of Thornton Winery in Temecula, Calif., is the creator of this dish. Again, HDS Services tweaked it a bit to make it a little easier to make at home and to reduce the fat, but not the taste.
After a meal, just before bedtime, or any time you want a warm beverage, tea can be wonderful. Whether you prefer orange pekoe, green tea or some other herbed variety, it is a satisfying soother. For me though, the cold weather beverage of choice is hot chocolate. After lunch, when I want something sweet, a small cup cocoa complements the cold weather and satisfies my sweet tooth.
Hot cocoa is best made with real cocoa, a little sugar and fresh milk. Just spoon two teaspoons of unsweetened cocoa into

a cup of non-fat milk and add a teaspoon of sugar. Microwave until heated through, about 1-1/2 minutes. Then stir and enjoy. I confess that I often use the pre-packaged hot chocolate when I'm at work, but making it with milk and cocoa tastes better and provides more calcium.
Peggy Martinelli-Everts of Clarkston is a registered dietitian and director of clinical operations for HDS Services, a Farmington-Hills based food service and hospitality management and consulting company, specializing in foodservice management for hospitals, long-term care facilities, businesses, private clubs and private schools. HDS Services has approximately 200 management accounts throughout the United States and Japan. Look for Peggy's story on the second Sunday of the month in Taste.

2 Unique from page B1

grinding and baking. They also created finely textured breads with elaborate ingredients, established a guild and started fashioning breads in different shapes and sizes often for ceremonial purposes.
Bakeries were common place throughout Europe by the 15th and 16th centuries. Bread also played a role in the class systems of Europe - the darker one's bread was, the lower one's class. White bread was more expensive to produce and cost more.
The word "loaf" is derived from the Anglo-Saxon "hlaford" meaning Loafward or the provider of bread, likewise a lady from "hlafdige" or "loafmaker." Leavened white bread has historically been a symbol of wealth and refinement.
Wheat came across the ocean with the original settlers. It took some time for the wheat crops to become successful. Farmers developed a taste for corn which saved them from famine. Hence the long history of corn recipes in our American heritage especially

■ With tons of flavors, hundreds of books and the advent of the bread machine perhaps this new year, you'll find yourself breaking bread from the oven in your house.
Breadsmith's consist of flour, salt, yeast and water. Those four ingredients are the basic ingredients of how the first loaves of bread were produced. "It is a craft as well as a labor of love and one of the those affordable luxuries in life. More is better."
With tons of flavors, hundreds of books and the advent of the bread machine perhaps this new year, you'll find yourself breaking bread from the oven in your house.
Chef Kelli L. Lewton is owner of 2 Unique Caterers and Event Planners in Bloomfield Hills. A graduate of Schoolcraft College's Culinary Arts program, Kelli is a part-time instructor at the college. Look for her column in Taste on the second Sunday of the month.

See related Kelli Lewton column on Taste front. Recipes compliments of Kelli Lewton.

Discover the joy of making your own bread

See related Kelli Lewton column on Taste front. Recipes compliments of Kelli Lewton.

- CHEESE BREAD**
- 2 cups whole wheat flour
 - 2 1/2 cups white unbleached flour
 - 2 (1/4 oz.) packages of Active Dry Yeast
 - 1 cup milk, scalded
 - 3 tablespoons sugar
 - 1 tablespoon salt
 - 1/4 cup melted butter (reserve 1 tablespoon)
 - 2 tablespoons minced sauteed garlic
 - 1/2 cup diced minced onion

- 1/2 cup freshly grated Parmesan cheese
 - 1/2 cup Mozzarella cheese, grated
 - 2 tablespoons chopped basil
 - 1/4 cup Parmesan cheese, set aside
- Scald milk, add sugar, salt. Melt butter (reserve 1 tablespoon) lightly saute onions and garlic. Cool until tepid.
- Put water in mixing bowl, add yeast and let stand for 5 minutes. Add scalded mixture and butter mixture and flake. Beat with mixture for 2 minutes then stir with a wooden spoon for 300 strokes.
- Allow dough to rise covered for 45-60 minutes. Stir dough down

and beat for 1/2 minute. Divide dough into 2 greased 8 1/2 by 4 1/2-inch loaf pans. Cover and let rise again for approximately 60 minutes.

Baked in pre-heated 350°F oven for 30-40 minutes until golden. Top with remaining butter and sprinkle remaining Parmesan Cheese on top and return to oven for an additional 3-5 minutes.

- APRICOT CHERRY BREAD**
- 1 cup sifted white flour
 - 1 cup sifted wheat flour
 - 2 teaspoon baking powder
 - 1/4 teaspoon baking soda
 - 1 cup dried apricots (quartered)

- 1 cup dried cherries
 - 3/4 cup white sugar
 - 1/3 cup brown sugar
 - 2 tablespoons butter softened
 - 1 egg
 - 1 cup water
 - 3/4 cup fresh orange juice
 - 1 teaspoon salt
- Soak apricots and cherries in orange juice for 30 minutes. Drain well. Reserve orange juice.
- Cream sugar and butter, add egg, water and reserved orange juice to creamed mixture. Sift dry ingredients together and stir into creamed mixture. Stir in apricots and cherries.

- Pour batter into greased loaf pan 8 1/2 by 4 1/2-inches. Bake at 350°F for 60-70 minutes until baked (use wooden skewer to check doneness).
- JALAPENO CORN SPOON BREAD**
- 1 1/2 cups all purpose flour
 - 1 1/4 cups corn meal
 - 1 tablespoon baking powder
 - 2 teaspoons salt
 - 1/2 cup unsalted melted butter (cooled)
 - 1 1/2 cups milk
 - 2 eggs (separated)
 - 1/4 cup honey
 - 1/2 cup corn
 - 2 Jalapeno chilies (steamed, seeded)

2 tablespoons cilantro (minced)

3 tablespoons sugar

Preheat oven to 375 °F. In a large bowl, combine the first 4 ingredients.

In a separate bowl, stir together the butter, milk, honey, yolks, jalapenos, cilantro and corn. In a third bowl, beat the egg whites until soft peaks form, then add sugar and continue beating until mixed.

Gently fold bowl 1 into bowl 2 then fold in egg whites.

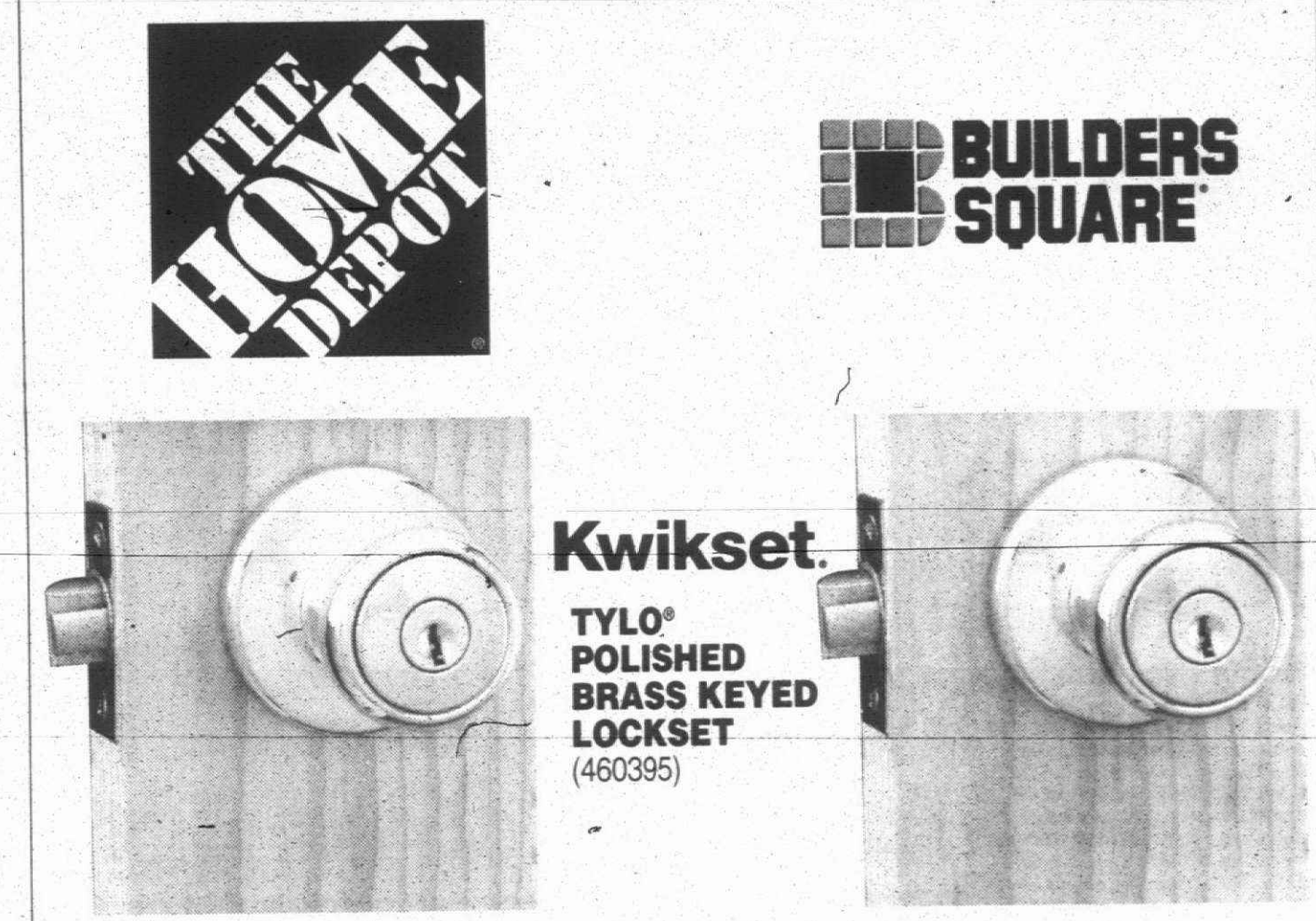
Put mix into 9-inch cake pans or in muffin tins. Reduce oven temperature to 350°F and bake for 20 to 25 minutes.

Comfort food has an upscale kick

See related Peggy Everts-Martinelli story on Taste front.

- FETTUCCINI WITH WILD MUSHROOMS AND GOAT CHEESE**
- Serves 6
- 1 pound fettuccini or similar pasta
 - 1 1/2 tablespoons olive oil
 - 1 pound fresh mixed mushrooms (shiitake, oyster, portobello, button), sliced
 - 2 tablespoons garlic, chopped
 - 1/4 cup sliced leeks
 - 1 cup chicken or vegetable stock
 - 2 tablespoons fresh basil, chopped
 - 2 tablespoons fresh Italian parsley, chopped
 - 2/3 cup chevre (goat cheese), crumbled
 - 1/4 cup non-vintage Champagne
 - Fresh ground pepper to taste
- Cook fettuccini in boiling, salted water until al dente.
- In a large saute pan, heat the olive oil. Add the mushrooms, garlic and leeks. Cook about five minutes until mushrooms are soft.
- Add the chicken stock, basil and Italian parsley. Simmer another five minutes. Season to taste with pepper. Add the Champagne and heat through.
- Serve over the cooked fettuccini pasta. Top with the crumbled chevre.
- Nutrition information per serving:** Calories: 452, Protein (g): 17.5, Fat (g): 11.5, Sodium (mg): 220, Carbohydrates (g): 67, percent of calories from fat: 23.
- A recipe of Chef Steve Pickell, Thornton Winery adapted by HDS Services
- ROAST PORK LOIN WITH HERB CRUST**
- Serves 12
- 1/2 boneless pork loin, 3 to 4 pounds, fat removed
 - Salt and pepper to taste
 - 1 cup Dijon mustard
 - herb crust (see recipe)
 - 8 ounces concentrated pork or beef stock
 - 1 cup sherry wine
 - 2 cup shiitake mushrooms, thinly sliced
 - 1 tablespoon butter, softened
 - For herb crust:
 - 2 cups bread crumbs
 - 1 tablespoon chopped oregano
 - 1 tablespoon chopped rosemary
 - 1 tablespoon chopped parsley
 - 1 tablespoon chopped sage
 - 1 tablespoon chopped thyme
- Place a heavy gauge pan on top of stove and heat on high. Season pork loin with salt and pepper, place into hot pan and sear on all sides. Remove from stove and coat loin with Dijon mustard. Mix all herb crust ingredients together well.
- Pack herb crust mixture onto loin, carefully place loin into a roasting pan and roast in 350°F oven until temperature reaches 145°F (about 15 minutes per pound).
- Remove loin from roasting pan and allow it to rest. Deglaze roasting pan on heated stove top by adding stock to the pan drippings and stirring, loosening browned bits of food on the bottom.
- Add sherry and shiitakes and cook until mushrooms are tender, 2 or 3 minutes. Whip in soft butter. Adjust seasonings. Spoon sauce onto plates. Carve loin and garnish with fresh herbs.
- Nutrition information per serving:** Calories: 329, Protein (g): 36, Fat (g): 14.5, Sodium (mg): 330, Carbohydrates (g): 4.5, Percent of calories from fat: 40.
- A Recipe of HDS Services

Senior Citizens, You Don't Have to Wait Until Tuesday to Save at The Home Depot!



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VINTAGE MARKET

29501 Ann Arbor Trail • Westland
Just West of Middlebelt
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Prices Good thru Jan. 11-17
HOURS: 9 AM - 10 PM
Food Stamps Accepted

100% USDA Choice Ground Beef from Sirloin	USDA Choice NEW YORK STRIP STEAKS	USDA Choice ROLLED RUMP ROAST
5 lbs. or more \$1.79 lb.	only \$4.19 lb.	only \$2.39 lb.
Whole N.Y. STRIP LOINS	All Natural Poultry WHOLE FRYERS	USDA Choice STEW BEEF or CUBE STEAK
only \$2.79 lb.	only \$8.50 lb.	only \$2.29 lb.
World's Best Party Subs • Catering • Party Trays • Top Quality Pizzas	Upori Old Fashioned HARD SALAMI	Upori Domestic SWISS CHEESE
only \$2.79 lb.	only \$3.29 lb.	only \$3.99 lb.
Upori 99% Fat Free TURKEY BREAST	Upori Domestic SWISS CHEESE	Upori Domestic SWISS CHEESE
only \$2.79 lb.	only \$3.29 lb.	only \$3.99 lb.
Our Own Famous Rotisserie ROAST BEEF	Upori Domestic SWISS CHEESE	Upori Domestic SWISS CHEESE
only \$3.99 lb.	only \$3.29 lb.	only \$3.99 lb.

BEVERAGE SPECIALS

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WESTLAND
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Hours: M-Sat 9-7 • Sun 10-6
Prices good Jan. 17th thru Jan. 24th

Lean, Tender BONELESS ENGLISH CUT ROAST	Lean, Juicy, Tender BEEF STEW MEAT	Lean, Juicy, Tender N.Y. STRIP STEAKS
5 lbs. or more \$1.49 lb.	5 lbs. or more \$1.79 lb.	5 lbs. or more \$3.99 lb.
Lean, Tender BONELESS COUNTRY RIB ROAST	Lean, Juicy, Tender BEEF STEW MEAT	Lean, Juicy, Tender N.Y. STRIP STEAKS
5 lbs. or more \$1.49 lb.	5 lbs. or more \$1.79 lb.	5 lbs. or more \$3.99 lb.
Lean, Tender BONELESS COUNTRY RIB ROAST	Lean, Juicy, Tender BEEF STEW MEAT	Lean, Juicy, Tender N.Y. STRIP STEAKS
5 lbs. or more \$1.49 lb.	5 lbs. or more \$1.79 lb.	5 lbs. or more \$3.99 lb.

MINI CARROTS \$1.99 Ea.

BULK IDAHO POTATOES 33¢ Lb.

APPLES 79¢ Lb.

Lean - Crock-Pot Idea Boneless Bottom ROUND RUMP ROAST \$1.89 Lb.

Bottom ROUND STEAK 5 lbs. \$1.99 Lb.

Fully Cooked All White Meat CHICKEN NUGGETS and PATIES \$2.29 Lb.

Sugar Cured Smoked LAYER BACON 5 lbs. \$1.39 Lb.

Boneless - Skinless CHICKEN BREAST 5 lbs. \$1.99 Lb.

DRUMSTICKS 5 lbs. 59¢ Lb.

Polish Ham \$3.29 Lb.

Lean & Tender • Center Cut RIB PORK CHOPS \$1.99 Lb.

BONELESS • Western PORK RIBS \$2.49 Lb.

Our Own BABY BACK RIBS \$2.49 Lb.

Kielbasa Loaf or THURINGER \$3.99 Lb.

Isipari • Natural Casing HOT DOGS \$2.99 Lb.

Kowalski • Fresh or Smoked LIVER SAUSAGE \$3.99 Lb.

Stroh's ICE CREAM Buy One, Get One FREE

COMBO CHEESE \$2.99 Lb.

12-12oz. Cans or 4-6 pk. Bottles COKE 4/\$10

One-dish meal for busy people.

AP - The one-dish meal, ideal for time-strapped families and single households, has been further streamlined to eliminate the dish - though not the meal.

The key is to make individual aluminum foil packets to pop into the oven. These packets, assembled ahead, could be pulled from the fridge and baked by a teen who is ravenous after school. Or they could be late-night fare after a movie or basketball game. And with a salad and fruit, they contribute to a quick, nutritious dinner.

Begin with potatoes, scrubbed and diced or sliced; add meat, veggie, sauce, herbs and spices. Wrap and bake. If you don't have leavers, use lean ground beef, turkey or ham; strips or cubes of precooked ham or chicken or turkey breast, or sliced smoked sausage.

Experiment with fresh, frozen and canned vegetables, thinly sliced or diced. For moisture and added flavor, cover with prepared gravy or sauce. Or use canned broth and flavor it with mustard, ketchup, hot sauce or lemon juice and herbs to taste.

BARBECUE BEEF POUCH POTATOES

- 4 sheets heavy-duty aluminum foil, each 12 inches square
- 4 medium potatoes, cut into 1/2-inch cubes
- 1 pound lean ground beef
- 7-ounce can vacuum-packed whole-kernel corn
- 1 packet (1 1/4 ounces) taco seasoning
- 4 ounces shredded reduced-fat Cheddar cheese
- 1/2 cup prepared salsa

Heat oven to 450°F. In a bowl, mix potatoes, ground beef, corn and taco seasoning. Place equal portions, about 1 1/2 cups each, on the right-hand sides of the foil squares. To seal each pouch, fold left side of foil over mixture. Make 1/2-inch folds along open edges; fold again to seal, leaving room for heat to circulate within. Place on a baking sheet in the center of the oven. Bake for 35 minutes. To open pouches with scissors, cut a cross in the top of each, then pull back points, being careful as steam is released. Top contents of each pouch with 1/4-cup of the cheese and 2 tablespoons of salsa.

Makes 4 servings.

Nutrition facts per serving: 633 cal, 24 g fat, 85 mg chol, 1,484 mg sodium, 70 g carbs, 6 g dietary fiber, 37 g protein.

Recipe from National Potato Promotion Board

Stan's market

Right Here in Livonia to Serve You!

5 MILE & FARMINGTON LIVONIA • 734-261-6565

DOUBLE MANUFACTURERS' COUPONS UP TO 50¢ Sunday, Monday, Tuesday, and Wednesday DOUBLE COUPONS UP TO \$1.00 THURSDAY, FRIDAY, SATURDAY ONLY Excludes Beer, Wine, Coffee, Sale Items See Store for Details

USDA Select Beef • BONELESS SIRLOIN TIP ROAST	Flavorite • Fully Cooked • Boneless Whole HAM	Lean & Meaty • Country Style 5-7 lb. Pkg. PORK RIBS
\$1.99 Lb.	\$1.49 Lb.	99¢ Lb.
USDA Select Beef • BONELESS TOP ROUND STEAKS	Fresh • Storemade KIELBASA or ITALIAN SAUSAGE	Fresh • Ground Daily GROUND BEEF SIRLOIN
\$1.99 Lb.	\$1.99 Lb.	\$1.99 Lb.
Lean & Tender • Center Cut RIB PORK CHOPS	BONELESS • Western PORK RIBS	Our Own BABY BACK RIBS
\$1.99 Lb.	\$2.49 Lb.	\$2.49 Lb.
Kowalski • Kielbasa Loaf or THURINGER	Isipari • Natural Casing HOT DOGS	Dinner Bell HONEY or BROWN SUGAR HAM
\$3.99 Lb.	\$2.99 Lb.	\$4.99 Lb.
Stroh's ICE CREAM Buy One, Get One FREE	Kowalski • Fresh or Smoked LIVER SAUSAGE	12-12oz. Cans or 4-6 pk. Bottles COKE
	\$3.99 Lb.	4/\$10
	Lipari COMBO CHEESE	
	\$2.99 Lb.	

Must be 55 years or older

SPECIAL SENIOR SUPER SAVER COUPON

FREE

19.6 Oz. Layer Cake*

*With an additional \$5.00 purchase. Offer in addition to your Senior Saver 10% discount.

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Limit one free cake per coupon. Offer expires January 31, 1999. Good only at Pepperidge Farm Thrift Stores. Not valid with any other offer.

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Pepperidge Farm BAKERY THIRST STORES

MEDICAL BRIEFS

Good eating habits

Parents, meet the challenge of developing good eating habits in your young children.

Saint Joseph Mercy Health System is sponsoring "NutriTots," a three-week program for children ages 2-4 years and their parents at the Summit on the Park in Canton. The program runs 6:15-7:30 p.m. Tuesdays, beginning Jan. 26. Children will learn through the use of puppets, videos and other activities about good eating habits.

The charge for this series is \$20, which includes a grocery store tour, a recipe packet and food tasting. The grocery store tour will take place the second week of the program without the children. Siblings ages 5-12 may attend the children's activity room the first and third week.

For more information or to register, call the Saint Joseph Mercy Health Line at (734) 712-5400 or (800) 231-2211.

Prevent wintertime falls

While toddlers can fall down and bounce back up, older adults require more care since their bones are more fragile. Besides snow and ice, the risks for seniors falling include weakened sight and orthostatic hypotension, which is caused by a sudden drop in blood pressure when an individual rises quickly from a sitting or laying position," said Tom Hicks, director of the Botsford General Hospital Dementia Programs.

To prevent falls, Hicks suggests:

- Placing non-skid backing on rugs
- Placing non-slip mats or a bench in the bathtub
- Placing handrails next to the toilet and bathtub
- Providing adequate lighting
- Removing clutter
- Reducing the amount of furniture in rooms
- Limiting drinking before bedtime to reduce frequency of nighttime urination
- Wearing low-heeled, rubber-soled shoes
- Making sure driveways and sidewalks are shoveled and salted

"If you are with someone who falls, ask the person to try to move their extremities and to state their name, where they are and the year. Also, check for excessive bleeding," said Hicks. "If there is any pain when moving, dizziness or disorientation, call 911."

Botsford volunteers

Aside from making new friends and helping others, serving as a Botsford Health Care Continuum volunteer gets you a complimentary meal on the day you work and a 15 percent discount at the hospital's gift shop. Volunteers must be at least 18 years old, have excellent "people skills" and be able to give a minimum of four hours per week, or 16 hours per month.

Current volunteer openings at Botsford General Hospital include general patient services (visitor reception or meal tray delivery) and non-typing clerical assistance. Call Botsford's Volunteer Office at (248) 471-8082 for information.

Volunteers who enjoy sharing their time and talents with older adults are needed at the Botsford Continuing Health Center and the Botsford Assisted Living Facility. Volunteers can also perform light clerical and receptionist tasks. Call Mary Parmetier at (248) 426-6944 for information.

Items for Medical Datebook are welcome

Items for all hospitals, physicians, companies and residents active in the Observer-area medical community. Items should be typed or legibly written and sent to: Medical Datebook, c/o The Observer Newspapers, 36251 Schoolcraft, Livonia 48150, e-mail kmorton@oe.homecomm.net or faxed to (734) 591-7279.

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Dietitian finds RECIPE FOR SUCCESS

By KIMBERTLY A. MORTON
STAFF WRITER
kmorton@oe.homecomm.net

The American Dietetic Association recently presented its highest award to Deborah Silverman, a Plymouth resident and assistant professor of dietetics at Eastern Michigan University.

Silverman moved into the national spotlight in October when she was nominated and awarded the American Dietetic Association Foundation Award for Excellence in Dietetic Education. Over the last two decades, she has brought about much change in the educational programming at EMU as well as instituting progressive initiatives corresponding with the ever-changing field of health care.

"To be recognized by my peers in this manner has to be the most rewarding acknowledgment I have ever received," said Silverman who received a dual nomination by the Dietitians in Nutrition Support and Consultant Dietitians in Health Care Facilities dietetic practice groups, representing more than 10,000 dietetic practitioners.

A noted national lecturer, Silverman says dietitians' roles have evolved from the "traditional" hospital setting into alternative academic and health care positions that she could have only dreamed about for her students 20 years ago.

Changing gears

"There's no longer a traditional learner," said Silverman. "The opportunities available for a certified dietitian are numerous and a benefit to both the public and the professional alike."

Dietitians, different from nutritionists, are nationally certified to educate, evaluate and implement their knowledge of the basic diet in an effort to help people maintain optimal health.

"Dietitians are the true experts



Deborah Silverman

■ A noted national lecturer, Silverman says dietitians' roles have evolved from the 'traditional' hospital setting into alternative academic and health care positions that she could have only dreamed about for her students 20 years ago.

of food nutrition. Nationally credentialed, I've seen my students apply their skills and knowledge of dietetics into positions at long-term care facilities, wellness programs, the traditional hospital setting, fitness facilities, food service companies and in private practice," said Silverman.

"There is a push more and more by businesses, companies and the health care industry toward getting back to the basics of food and in teaching the public they need to incorporate nutrition into their lifestyle rather

than as a treatment to an already diagnosed illness."

One of Silverman's former students, Jennifer Thornton, has applied her degree in dietetics to the position of nutritionist for the YMCA of Livonia. Thornton, 27, was hired on a regular basis as of 1996 to provide preventative medicine and wellness programming for members.

Thornton said she proposed the idea to the current YMCA supervisor, who was interested in enhancing already established wellness offerings. Taking on the title of nutritionist as a certified dietitian was a two-fold effort.

She said people generally have a better understanding of what a nutritionist does and often times the reaction from persons who visit dietitians is, "Are you going to put me on a diet?" said Thornton. "A diet is the last thing I want people to go on."

In the last two years, Thornton has provided personal counseling for members as well as publicly addressing service groups and organizations on the basics of nutrition. One-on-one services include nutritional reviews that enable her to discuss the foods that fall into the pyramid of nutrition and ways they can make improvements.

Second, persons can opt for a complete work-up that requires them to complete a three-day food diary and extensive lifestyle questionnaire. From the results, Thornton says she is able to illustrate what the responses say about their current nutritional status, where their weakness are and how specific improvements can be made.

"Jennifer has used her knowledge and experience to create a position in a non-traditional setting not unlike many of the graduates we see come out of the dietetics program at EMU," said Silverman.

"I credit the university with allowing me to be flexible with my own time so that I may bring

back real-life experiences into the classroom for the benefit of my students."

"My ability to accomplish this in my students is demonstrated by their professional achievements throughout the curriculum and later in their professional careers."

A primary example of Silverman's ability to marry her out-of-classroom expertise with her academic endeavors came to fruition in 1996 when she proposed and served as primary faculty to establish EMU Nutrition Services, a fee-for-service ambulatory care service operated by senior students in the Coordinated Program in Dietetics.

The center provides an on-campus interdisciplinary lifelong learning, research and information center for the promotion of optimal health through nutrition.

Other endeavors Silverman is currently involved with include adjunct assistant professor at Madonna University (Department of Family/Consumer Resources Dietetic program); resource pool clinical dietitian, University of Michigan Department of Food/Nutrition Services; dietitians and membership committees. The American Society for Parenteral and Enteral Nutrition; and the career enhancement task force, The American Dietetic Association.

Planning for the future

As the dietetic profession expands within the health care system, Silverman is continually looking for ways students can make themselves more marketable in their field of study.

"It's not enough these days just to be a dietitian. They have to be able to wear many hats and find areas to specialize in," said Silverman. "I look forward to the challenge that presents to me as an educator, mentor and colleague."

loss program that individualizes your new eating and activity pattern so that you lose weight permanently. A complimentary LifeSteps orientation class will be held on Wednesday, Jan. 13 from 7-8 p.m. The class will meet in the Pavilion Conference Room B. The management class is a 12-week program meeting from 7 to 8 p.m. every Wednesday, Jan. 20 through April 7. Pre-registration is required, call (734) 655-8940.

THROUGH JAN. 19

STOP SMOKING CLINIC

The City of Livonia is sponsoring the "Stop Smoking" clinic conducted by anti-smoking presenter Dr. Arthur Weaver. The seven night program will be held at Civic Center Library, 32777 Five Mile Road, just east of Farmington. No set fee is charged, although donations are accepted. Remaining dates include: Jan. 11 through Jan. 15 and Jan. 19. All sessions run from 7:30-9 p.m. Call (734) 466-2535 for information.

TUE, JAN. 12

BREAST CANCER SUPPORT

St. Mary Hospital's Marian Women's Center offers a Breast Cancer Support Group that is a free, self-help/education group that provides women the opportunity to share experiences and discuss subjects of mutual concern relating to breast cancer. Meets the second Tuesday of each month from 7:30-8:30 p.m. in West Addition B. Pre-registration is required. Call (734) 655-1100.

WED, JAN. 13

WEIGHT MANAGEMENT

St. Mary Hospital's weight management class, LifeSteps, can help you achieve your weight loss goal. With LifeSteps, you'll lose weight and learn how to keep it off. Taught by registered dietitian Linda DeVore, R.D., C.D.E., LifeSteps is a safe and effective weight

loss program that individualizes your new eating and activity pattern so that you lose weight permanently. A complimentary LifeSteps orientation class will be held on Wednesday, Jan. 13 from 7-8 p.m. The class will meet in the Pavilion Conference Room B. The management class is a 12-week program meeting from 7 to 8 p.m. every Wednesday, Jan. 20 through April 7. Pre-registration is required, call (734) 655-8940.

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TUE, JAN. 12

BREAST CANCER SUPPORT

Web sites drop the ball in storm coverage



MIKE WENDLAND

Last weekend's massive snowstorm showed just how badly the area needs reliable and relevant Internet Web sites.

At a time when hundreds of metro area meetings, church services, sporting events and schools were forced to shut

down because of the weather, most of the high-profile local sites had old news or generic weather stories.

If there ever was a time when the 'Net was needed to communicate the cancellations and current conditions caused by the snow emergency, it was last weekend.

Perhaps the most glaring example involved WDIV Online, the normally

excellent Channel 4 Web site that has a pretty sophisticated school closing list and a real time Doppler radar view that allows storms to be tracked on your PC screen. It was, however, inexplicably offline for most of the weekend.

Didn't any of the supervisors who supposedly manage the Web site know it was down? If not, the site needs new managers.

If they did notice and didn't call anyone in to fix it, well, that shows what kind of priority the Internet has with WDIV management.

For the record, the station says it was an unusually high number of hits that took the site down. Hogwash. Their site crashed in November when they tried to put up the very dramatic video of the Hudson's implosion, too. Why didn't they bother to beef up the server if it couldn't handle a lot of

hits? But even if it did crash, restarting it is simple.

It wasn't until late Sunday night after I repeatedly noted their online absence on my PC Talk radio program on WXYT that the WDIV site struggled back into service.

But WDIV wasn't alone. It was a miserable failure for all of the local Web sites. WWJ radio had wire story copy on the big snow. WXYT radio still had a Christmas poem on its home page. And the Observer & Eccentric, Detroit Free Press and Detroit News sites were also mostly recirculating old news.

The lack of really usable storm information underscores one of my pet peeves about online news sites. Because most are run by outfits that publish hard copy newspapers, or broadcast by traditional radio or tele-

vision, they are invariably given the short end of the stick when it comes to staffing, money and content.

That's because the "old media" bosses who control these "new media" sites are afraid of their Internet offspring. They view the 'Net as a competitor, a rival for the eyes and ears of those who they'd much rather have reading the paper or watching and viewing a broadcast.

How else can last weekend's failure to communicate be explained? Next time you hear one of those slick promos advertising an "old media" Web site, remember how out of touch those sites were last weekend.

So, what's needed? For starters, I suggest a new mindset for those who currently run news and information sites. People read newspapers. They

watch television. They click through Web sites. User studies show that people come to a Web site to get specific information, not to leisurely peruse the news. Web sites are not read. They are scrolled.

A news and information Web site that is run by people who understand the 'Net will be a site that offers both immediacy and relevancy. That means the site will have round-the-clock staffing, 7-24 connection monitoring and lots of interactive lists and data bases that give people the information they need - such as church and school closings, neighborhood and subdivision news, school lunch menus, high school sports scores and lots of ways to search for very localized information.

The Internet is not a competitor for

Please see WENDLAND, B6

BUSINESS MARKETPLACE

Business Marketplace items are welcome regarding mergers, changes, initiatives or announcements from companies in the Observer-area business community. Items should be sent to: Business Marketplace, 36251 Schoolcraft, Livonia, MI 48150; e-mail kmorton@oe.homecomm.net or fax (734) 591-7279.

Shareholder plan

Agree Realty Corp. of Farmington Hills announced that its board of directors has adopted a Shareholder Rights Plan designed to assure that all stockholders receive fair treatment in the event of any takeover. The key provision of the shareholder rights plan is a mechanism that will distribute for each outstanding share of the company's common stock one Right that becomes exercisable upon certain triggering events.

Tops again

Valassis Communications Inc. of Livonia announced it has earned a spot on Fortune Magazine's annual list of "100 Best Companies to Work For," climbing 30 positions to number 37, from last year's ranking of 67. The study was conducted by best-selling authors and concept creators Robert Levering and Milton Moskowitz. Valassis has been named to this prestigious list three consecutive times. "Being named to this list again is exhilarating news for us," said Alan F. Schultz, chairman, president, and chief executive officer. "Valassis is producing very positive results in terms of our business and our shareholder value."

ISO certification

Sealant Equipment & Engineering Inc. of Plymouth was awarded ISO 9001 registration for

the design, development, production, installation and servicing of dispensing systems for applying adhesive and sealant materials.

The internationally recognized symbol of ISO 9001 registration certifies that Sealant Equipment & Engineering meets the highest quality standards for the manufacture of dispensing systems

New merger

CRIS Information Services Inc., a Livonia-based information and investigative services company, acquired and merged with Ghent Security Services of Ann Arbor on Jan. 11. The company's services include: automated credit reporting, background and pre-employment investigations, due diligence business investigations, compliance reporting, asset searches, political investigations, worker's compensation investigations, industrial security, fraud detection, loss prevention and comprehensive licensed polygraph examinations.

"This exciting combination greatly strengthens our company. I know of no other company in this region that has the talent and experience and can provide such a broad spectrum of investigative services," said Jeffrey Vigue, CRIS president.

Air Conditioning membership

Bergstrom's of Livonia joined Air Conditioning Contractors of America for 1999. Bergstrom's is a partner company of Florida-based Blue Dot Services Inc.

ACCA is a national trade association based in Washington, D.C. with 69 state and local chapters representing more than 9,000 heating, ventilation, air conditioning and refrigeration contractors nationwide.

Dentistry in the 90s
by Herbert M. Gardner, D.D.S.

ASSESSING THE WISDOM OF EXTRACTION

Wisdom teeth, or third molars, are the last permanent teeth to develop. Because the modern jaw is not large enough to allow these teeth to erupt properly, they may become partially or fully impacted (stuck beneath the gumline), grow in crooked, or erupt only partially. If impacted wisdom teeth cause infection, decay, or damage to adjacent teeth, extraction is recommended. This is the consensus of a conference convened by the National Institutes of Health on the subject: When wisdom teeth appear to be healthy and pose no threat to adjacent teeth, however, the decision is not quite so clear. While many dentists have traditionally held that prophylactic extraction is

warranted, an increasing number recommend leaving well enough alone. Should your wisdom tooth or teeth be extracted? When you come to our office we'll be happy to discuss your options. At LIVONIA VILLAGE DENTAL ASSOCIATES, we stress preventive dentistry for the entire family. We recommend that most patients return at least twice a year for a cleaning and checkup. Oral health is a long-term commitment. With the proper care, your teeth should last a lifetime. We're located at 19171 Meridian Road, where we are a highly qualified and experienced team of professionals. Please call 478-2110 to schedule an appointment. Smiles are our business.

LIVONIA VILLAGE DENTAL
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Wednesday, March 24, 1999

11:00 a.m. - 7 p.m.

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This March, you will have an opportunity to participate in our second, which promises to be even better.

This general job fair is open to all professions and occupations. So, if you wish to add or replace with competent personnel, our Job Fair is the place to be on March 24, 1999.

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To reserve your space, call 734-953-2070.

Your participation is only \$625 and includes:

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- A QUARTER PAGE AD IN OUR OFFICIAL JOB FAIR SUPPLEMENT with distribution to more than 255,000 households
- Radio promotion of the Job Fair
- An excellent opportunity to meet prospective employees

Plan for our next Job Fair on Wednesday, September 22, 1999!

We want your health news

There are several ways you can reach the Observer Health & Fitness staff. The Sunday section provides numerous venues for you to offer newsworthy information including Medical Datebook (upcoming calendar events), Medical Newsletters (appointments/new hires in the medical field), and Medical Briefs (medical advances, short news items from hospitals, physicians, companies). We also welcome newsworthy ideas for health and fitness related stories. To submit an item to our newspaper you can call, write, fax or e-mail us.

CALL US:
(734) 953-2111

WRITE US:
Observer & Eccentric Newspapers
(Specify Datebook, Newsletters or Briefs)
Attn: Kim Morton
36251 Schoolcraft Road
Livonia, MI 48150

FAX US:
(734) 591-7279

E-MAIL US:
kmorton@oe.homecomm.net

BUSINESS PROFESSIONALS

Items for Business Professionals are welcome from area corporations, companies and firms whose employees are active residents in the Observer-area business community. Items should be sent to: Business Professionals, 36251 Schoolcraft, Livonia, MI 48150; e-mail: kmortson@oe.homecomm.net. Fax (734) 591-7279



Kristyn Sobler

Account executive

Kristyn Sobler of Livonia was hired as assistant account executive with Shandwick. Sobler is a former Shandwick intern, where she provided support to existing accounts.

Financial consultant

Ralph H. Shufeldt Jr. of Canton joined

First of Michigan's Dearborn office as a financial consultant. Shufeldt serves as chairman of the board of Canton's Downtown Development Authority and as an adviser on the Canton Transportation Committee.



Brian Henriksen

ASC officers

ASC Inc., a Southgate-headquartered global specialty vehicle and products manufacturer with a plant in Livonia, has appointed John Nechiporchik chief operating officer and Brian Henriksen vice president of engineering and quality. Nechiporchik most recently was president of Automobile Special-



John Nechiporchik

Hearing Society Manager

The Livonia-based International Hearing Society appointed Cindy J. Helms manager of communications. She will act as editor and director of advertising for *Audeibel* magazine, the society's official journal. She previously has served as director of educational services and executive director of Leadership Michigan for the Michigan Chamber of Commerce and as director of academic services for the educational institute of the American Hotel and Motel Association.

Food service management director

HDS Services, a Farmington Hills-based food service and hospitality management company, hired Bruce Kane as a regional director of operations for the company's business, industry and school accounts in the Midwest. Kane, previously with Swanson Corp. of Omaha, Neb., will live in Canton.

Bruce Kane

Insurance agent for Lutherans

James Ellis of Livonia joined the Park Jerrett III Agency of Aid Association for Lutherans in Livonia. Ellis will service families in Farmington, Farmington Hills, Livonia, Northville and Plymouth.

ty Co.

BUSINESS CALENDAR

Items for the Business Calendar are welcome from the Observer-area to announce upcoming events, seminars and programs of a business nature. Items should be sent to: Business Calendar, 36251 Schoolcraft Road, Livonia, MI 48150; e-mail: kmortson@oe.home-comm.net or fax (734) 591-7279.

JAN. 11-25

LECTURE SERIES

The University of Michigan presents four free lectures on sustainable development, community and business in Hale Auditorium at the corner of Hill and Tappan in Ann Arbor. Will McDonough speaks on sustainable design 6 p.m. Monday, Jan. 11. Herman Daly speaks on sustainable economies 6 p.m. Tuesday, Jan. 19. Michael Hough speaks on sustainable cities 6 p.m. Thursday, Jan. 21. And Betsy Taylor speaks on sustainable consumption 4 p.m. Monday, Jan. 25.

FRI, JAN. 15

BUSINESS NETWORK INT'L

The Livonia chapter of Business Network International meets 7-8:30 a.m. at the Senate Koney Island on the corner of Plymouth Road and Stark in Livonia. For more information, call (734) 397-9939.

MON, JAN. 25

KEYNOTE SPEAKER

Allan Rae, executive manager, manufacturing quality assurance system for DaimlerChrysler, is the keynote speaker for Madonna University's Angleri Quality Institute, "Supplier 2000: The Time is Now." Designed for automotive suppliers and purchasing managers, the Institute occurs 8-4:30 p.m. in Kresge Hall at Madonna in Livonia. The cost is \$175 and includes breakfast and lunch. To register, call (734) 432-5354.

FREE "LIVING TRUST" SEMINAR

Find Out How To Transfer Your Estate To Your Family Quickly—Without Probate Fees

ATTEND ONE OF THESE FREE SEMINARS

SOUTHFIELD Tuesday, January 12 10:00 a.m.-11:30 a.m. Southfield Civic Center 26000 Evergreen Rd. (10 % and Evergreen, on east side of Evergreen) (Refreshments will be served)	FARMINGTON HILLS Tuesday, January 12 7:00 p.m.-8:30 p.m. Longacre House 24705 Farmington Rd. (Between 10 Mile Rd. & 11 Mile Rd. on west side) (Refreshments will be served)	WESTLAND Wednesday, January 13 10:00 a.m.-11:30 a.m. Melvin Bailey Recreation Center 36651 Ford Rd. (Between Newburgh and Wayne Rd. on south side) (Refreshments will be served)
DEARBORN Wednesday, January 13 7:00 p.m.-8:30 p.m. Dearborn Holiday Inn - Fairlane 5801 Southfield Service Dr. (On corner of Southfield and Ford Rd.) (Refreshments will be served)	DEARBORN HEIGHTS Thursday, January 14 10:00 a.m.-11:30 a.m. Canfield Community Center 1801 N. Beech Daly (Between Cherry Hill and Ford Rd.) (Refreshments will be served)	LIVONIA Thursday, January 14 7:00 p.m.-8:30 p.m. Livonia Civic Center Library 32777 Five Mile Rd. (South side of 5 Mile Rd. & east of Farmington Rd.) (Refreshments will be served)

Attend one of these seminars and you'll receive a FREE, one-hour, private consultation to answer any questions you have about setting up your personal Living Trust (\$165 value)

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- Your estate will transfer quickly to your family upon your death, without the expense of probate.
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- You'll avoid a conservatorship if you become incapacitated—so your estate will be run as you see fit.

You'll Find Out What Will Happen Without a Living Trust (even if you have a will)...

- Your estate will go through probate, which could take months or even years, and probate fees could be substantial.
- If you're married and your estate is over \$650,000 net, without proper planning your family may owe federal estate taxes of up to 55%.
- If you become incapacitated, or unable to sign documents, a court may assign a conservator to run your estate as the court sees fit.

Sponsored by: Law Office of Jeffrey R. Saunders. Attorney Jeffrey R. Saunders speaks to area residents about living trusts and proper estate planning. Mr. Saunders has practiced law for 10 years and his practice focuses on estate planning. He is a member of the American Academy of Estate Planning Attorneys—and his seminars on living trusts are said to be "informative & easy-to-understand."

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(Phones open 24 hours—Say you want to make reservations for the living trust seminar)

Wendland from page B5

"old media." It offers customization features they can't even begin to touch. But, I'm afraid, as long as old media types control the purse strings on the news and information sites, all we'll get are sites that tease rather than please.

I also have to be honest about my own site, too. Indeed, as fate would have it, on the very day I started writing this column, my pcmike.com site crashed. My site is hosted on the servers located at BigNet, probably the largest Internet service provider in the area. But when it went down Monday night, no one was on duty at BigNet to take my call. So my site stayed down until officials got my frustrated e-mails the next morning.

Re-booting the crashed server was simple. Getting service, though, was not. BigNet offi-

cials assure me that won't happen again. They set up an emergency system to handle future problems.

Consumer electronics show

Listen for my PC Talk radio show 4-6 p.m. Sunday, live from the Consumer Electronics Show in Las Vegas on AM-1270, WXYT.

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Have you subscribed to my PC Mike E-mail Newsletter? Details can be found on my Web site: www.pcmike.com

Mike Wendland reports about computers and the Internet for NBC-television stations coast-to-coast. His radio show is heard every weekend on TalkRadio 1270, WXYT. You can reach Mike through his Web site at www.pcmike.com

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LIVONIA 10000 Livonia Ave. at Oakwood
ROYAL OAK 10000 Woodward Ave. at Oakwood
SOUTHFIELD 10000 Woodward Ave. at Oakwood
STERLING HEIGHTS 10000 Sterling Heights Rd. at Oakwood
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detrimental to your health.

ARTISTIC EXPRESSIONS



LINDA ANN CHOMIN

Passionate director has faith in play

Theater has been in Michael Gravame's blood since second grade when he gathered classmates to put on a play just so he could direct it.

The Actors' Company's latest production, "Agnes of God," continuing Fridays and Saturdays through Saturday, Jan. 23, at Trinity House Theatre in Livonia, is proof of his passion.

Gravame founded the acting troupe in 1985 to direct such intense dramas as "Agnes of God," John Pielmeier's play about a young nun indicted for murder. Gravame warns that the production, which has an adult theme with some four-letter words, is not suitable for all audiences.

Gripping drama

"It's a gripping adult drama about a nun who had a baby that's discovered dead in a wastepaper basket," said Gravame. "She's examined by a court-appointed psychiatrist who's an atheist. It's a good time to do this show because with news reports about icons shedding tears, we're questioning can miracles exist today. We're examining the meaning of love and exploring issues of faith and hope."

Rae S. McIntosh portrays the inquiring Dr. Martha Livingstone. A Beverly Hills resident, McIntosh serves on the board of Stagecrafters in Royal Oak. Gravame was a member of Stagecrafters for many years.

"For most roles for me the challenge is to make it as real as I can," said McIntosh. "She's harder, more businesslike than I am. I don't allow her to become soft."

McIntosh first met Gravame while acting with Stagecrafters. She auditioned for the role of Dr. Livingstone even though she performed the role before. McIntosh said she "wanted to give it another try because it's a meaty part. The characters are complicated and go through a lot of different emotional levels."

"For my roles I like to get a feeling from the director, what he envisions, what the character looks like," she said. "I wanted to see what I might do differently and I wanted to work with Michael. He has a very fresh eye as a director."

McIntosh favorite parts of the play are the climactic scene and the last monologue. She's looked forward to rehearsing both since The Actors' Company began rehearsals in late November at First United Methodist Church

See EXPRESSIONS, C2



PHOTOS BY TOM HAWLEY

Art of the jewel: Toros Chopjian works on ring he designed for a customer at his family's jewelry store in Livonia.

Brothers keep jewelry all in the family

BY LINDA ANN CHOMIN
STAFF WRITER
lechomin@oe.hometown.com

Sitting in the back room of his family's jewelry store in Livonia, Toros Chopjian chuckles as he recalls when he and his brothers manufactured jewelry and set stones for major retailers in the basement of their Oak Park home in the early 1980s.

Eighteen years later, all of their hard work and financial struggles have paid off. Toros, Onnig, Matthew and Jack Chopjian now own jewelry manufacturing, wholesale and retail businesses in Livonia, Southfield and Chicago. Their success is due mainly to their custom-design rings, necklaces, pendants, bracelets and earrings.

"Each of us were working for jewelers and came home at night to work on our own pieces," said Chopjian, a longtime Livonia resident who now lives in Farmington Hills. "We would criticize each other's work, ask why did you do it that way. That's how we learned. We did no custom work. We had no money to buy gold."

Of Armenian heritage, the Chopjian brothers left Lebanon two years after Israel invaded the country in 1978. War was becoming a way of life in Lebanon. The country had suffered through a Muslim rebellion in the late 1950s and a 1975 civil war between Muslims

and Christians. Toros, the eldest of the brothers, was the first to leave and lived for a while in Paris with an uncle. By age 16, he was sweeping up jewelers' dust afternoons after school. Gradually he learned to do repairs and eventually silver- and goldsmithing.

"We learned the old-fashioned way by hand, without using wax to cast and polished by hand with files," said Chopjian. "When we came here we had the new technology and didn't know how to work in wax. Now, we're combining wax and old techniques with new."

Onnig Chopjian, who immigrated directly to the U.S. with Matthew and Jack in 1980, believes that critiquing each others work is necessary to perfecting a jeweler's skills. The 37-year old Novi resident entered the business to please his grandmother who was disappointed because her son had chosen to go into shoemaking instead. Chopjian's great grandfather had been a jeweler in Turkey.

"You should always be criticizing your work," said Onnig. "Then you have to challenge yourself to do better. We're always bouncing ideas left and right. When there's no competition then you don't have to think about doing things better."

Onnig, an impressionistic painter, begins his designs with a sketch. Because he believes jewelry making is an art much like three-



Out of sight: This friendship ring is comprised of three separate rings which open to reveal a heart.

dimensional sculpture, Onnig has visited dozens of museums all over the world and the Louvre in Paris three times.

"Drawing is the foundation of any work," said Onnig. "When you see shadow in painting, it gives you depth. In jewelry, it's the same."

All in the family

Working together, the four Chopjian brothers opened Flash Jewelers in Southfield in 1982. Flash continues as a manufactur-

ing operation to this day. Personal Touch is their wholesale business and J.T. Diamond Design is their retail outlet in Southfield. Nearly three years ago, they opened Motif Diamond Designs in the Livonia Mall. A third retail location opened in Chicago in October.

Developing their jewelry business has been a family affair from the beginning with Toros and Onnig designing and fabricating jewelry, Matthew doing the casting, Jack setting stones, their mother Myda stringing pearls, and sister Tammi selling jewelry.

"When we first opened Flash, there were 35 jewelers in the building and we were in a price war," said Toros Chopjian. "We started building up a reputation with customers who care about designing and quality. When we make a ring we throw it against the wall to see if the stones comes out."

Joanie Schott found out first hand that custom design is the brothers' strong point. The Livonia resident has commissioned Toros to create several charms, pendants and a bracelet using her grandmother's jewelry. A diamond watch is now three pendants one of which Schott proudly wears. The other two now belong to her sisters.

"Toros is very, very creative," said Schott. "He's reasonable and works with me to come up with the design."

OPERA

Rising opera soprano shines in Ann Arbor concert

BY FRANK PROVENZANO
STAFF WRITER
fprovenzano@oe.hometown.com

There was a feeling that Renée Fleming "was on the edge of breaking out" when she made her first appearance at a University Musical Society Concert, said Sara Billman, director of marketing at UMS.

In the six years since she last performed in Ann Arbor, Fleming has gone from the edge of fame to being strapped to a rocket headed for opera world stars.

This Thursday she'll perform an emotionally and musically diverse program of works by Schubert, Mendelssohn, Debussy, and Barber.

Fleming's UMS concert wasn't simply a case of checking this year's day planner to find an open date. According to Billman, it took several years before a date was available on Fleming's jam-packed schedule.

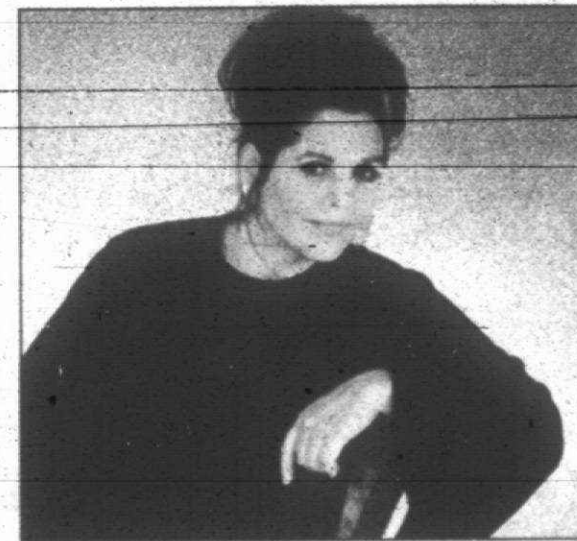
Billman said ticket sales were brisk for the concert at 4,000-seat Hill Auditorium. She compares ticket-buyer interest to the response to opera super-

star Cecilia Bartoli's sold-out September 1997 performance.

Since she last performed a program of Berg's compositions at Hill Auditorium, Fleming has had the type of hectic, yet impressive, schedule of performances that rival any of opera's top-level stars.

Last September, at the San Francisco Opera, she performed as Blanche Dubois in the world premiere of Tennessee Williams' classic "A Streetcar Named Desire," adapted as an opera by Andre Previn. Then, in October, Fleming traveled to the New York Metropolitan Opera where she starred in the new acclaimed production of "The Marriage of Figaro," alongside a stellar cast, that included Bartoli and Byrn Terfel.

After her appearance in Ann Arbor, Fleming will perform recitals at Carnegie Hall and Chicago's Orchestra Hall. And for those who can't hear and see Fleming for themselves, there's a new recording, "Star Crossed Lovers,"



Rising star: Soprano Renée Fleming will perform recitals at Carnegie Hall and Chicago's Orchestra Hall after her Ann Arbor appearance on Jan. 14.

WHAT:
Soprano Renée Fleming: In Recital

WHEN:
8 p.m. Thursday, Jan. 14

WHERE:
Hill Auditorium, University of Michigan campus, 825 N. University Ave., Ann Arbor

PROGRAM:
Musical works by Schubert, Glinka, Liszt, Mendelssohn, Wolf, Debussy, Barber and R. Strauss.

TICKETS:
\$14-\$40, call (734) 764-2538, (800) 221-1229, or <http://www.ums.org>



Questioning beliefs: (left) Dr. Martha Livingstone (Rae S. McIntosh), a court-appointed psychiatrist, examines Agnes (Tania Velinsky) in "Agnes of God."

See STAR, C2

'Having Our Say' is heartwarming drama

"Having Our Say" by Emily Mann continues through Sunday, Jan. 31 at Meadow Brook Theatre in Wilson Hall on the campus of Oakland University, Rochester Hills. Performances Tuesday-Sunday, call for times. This week's show times, 2 p.m. and 6:30 p.m. Sunday, Jan. 10; 8 p.m. Tuesday-Saturday, Jan. 12-16; 2 p.m. Wednesday, Jan. 13 and Saturday, Jan. 16. Special performances ASL-Interpreted, 8 p.m. Tuesday, Jan. 19 and Audio Described, 8 p.m. Wednesday, Jan. 20. Tickets \$24 to \$35; available at Ticketmaster locations (248) 645-6666, or call the theater (248) 377-3300.

By KEELY WYONIK
STAFF WRITER
kwyonik@homecomm.net

If you live to be more than 100, you'll probably have a thing or two to say about your life, and chances are pretty good people will want to listen.

That's what happened to Sadie and Bessie Delany, two sisters whose life story, "Having Our Say," was the subject of a 1993 best-selling novel written with Amy Hill Hearth and adapted for stage by Emily Mann.

Now playing at Meadow Brook Theatre, "Having Our Say," is "a slice of history, an African American story," said Audrey Morgan who portrays Bessie. Sylvia Carter is Sadie. In the play, Sadie is 103, and Bessie is 101. Bessie died in 1995, Sadie is still alive.

The sisters welcome a visitor, as they prepare dinner to honor their father's memory. While working in the kitchen, the sisters share their lives with the audience.

Back then you could choose to get married or have a career.

"I love the women, they're so interesting, they complement each other so well. It's a story worth telling. It's important that people hear it, especially young African Americans."

Sylvia Carter
Sadie in "Having Our Say"

Both sisters choose careers. Sadie received her bachelor's and master's degrees from Columbia University, and became the first black woman to teach domestic science in the New York City school system. Bessie, also graduated from Columbia, and became the second African American dentist licensed to practice in New York.

"I like doing the play," said Morgan. "We speak directly to the audience. The sisters are constantly doing something; it's two hours of nonstop talking."

As sisters tell their story they take the audience back in time explaining what it was like to experience prejudice and segregation. Their father was a slave. Bessie and Sadie talk about the injustice of Jim Crow, living in Harlem in the 1920s, the Great Depression, and the civil rights movement. There are also heartwarming stories about their close family, and the values they learned from their parents—what we did, said Morgan, praise god, get an education, help and forgive others.

"It's something that every race should experience," said Morgan. "Every one is a part of Sadie's and Bessie's history. This is an opportunity to heal."

The Delany were highly educated and very respected in the community. It's a piece of African American family history that many people aren't familiar with. After meeting the Delany

sisters Morgan said she hopes people will begin to care about the family, and take a different look at how they view African Americans. "Racism still exists, it's the core of this country," she said.

Bessie is outspoken. Sadie, her older sister, is quiet, and plays dumb to get what she wants.

"I love the story so," said Carter. "I love the women, they're so interesting, they complement each other so well. It's a story worth telling. It's important that people hear it, especially young African Americans. They get all caught up in believing I can't do this because I'm black, instead of realizing yes, this is an issue, but there's a way to rise about the situation you're in. Whatever it takes, keep your goal in mind, and try."

Many people don't realize that Jim Crow wasn't that long ago. There were still Jim Crow laws in Virginia as late as 1967.

"This was our life, and this is what we did," is how Carter describes "Having Our Say." "It's not meant to offend anyone," she said. "This is American history told by two women who lived it."

"Having Our Say" is being presented as part of Oakland University's African American Celebration Month. Meadow Brook's associate artistic director Debra L. Wicks is directing the production.

Pat Gloria will demonstrate Polaroid transfers. For more information, call (248) 683-5461.

LET THE MUSIC BEGIN
Village Music begins classes in Kindermusic, voice and beginning piano Monday, Jan. 25 in its studio at 130 East Liberty Street in Plymouth's Old Village.

Norma Atwood, formerly with the Southeast Michigan Arts Conservatory in Canton, is now giving music classes at the studio she recently opened in Plymouth. To register or for more information, call Atwood at (734) 354-9825.

MEMBERS WANTED

Artists interested in joining an art group are invited to the 10:30 a.m. Tuesday, Jan. 26 meeting of the Palette and Brush Club at the Southfield Cultural Center for the Arts, 24350 Southfield Road, Southfield.

LSO CONCERT

An ensemble of seven orchestra members perform classical chamber, jazz and pop music at

2 p.m. Sunday, Jan. 17, at the Livonia Civic Center Library Auditorium, 32777 Five Mile, east of Farmington. LSO president Robert Bennett gives a short talk on orchestra operations before the concert then conductor Volodymyr Schesniuk tells about his experiences in Ukraine following the program.

Admission is free for Friends of the Library members, all others by purchasing a \$5 membership.

Also of note:

The LSO presents "Deja Vu and Something New," a concert featuring internationally

acclaimed cellist Vagran Saradjan, 7:30 p.m. Saturday, Jan. 23, at Church Hill High School Auditorium, 8900 Newburgh, north of Joy Road, Livonia.

Tickets are \$15, \$8 children age 12 and under. For more information, call the LSO hotline (734) 421-1111 or (734) 464-2741.

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Malls & Mainstreets

Linda Bachrack, Editor 248-901-2567 lbachrack@ec.homecomm.net on the web: http://observer.eccentric.com

The Observer

Page 4, Section C

Sunday, January 10, 1999

Fash smash

Feline fatale: Dana Buchman's and Karen Harman's tiger-striped exterior oozes style. The snappy Pontiac Grand Am includes luggage that matches the interior.

5th Avenue combines with Woodward as New York designs ignite Auto Show event

Dapper dudes and divine divas:

Joseph Abboud's back to nature look (right) features earth tones and linen fabrics. Dana Buchman and Karen Harman (far right top) showed fluid, feminine fabrics. Supermodel Nadja Auermann (far right) turned heads at the Opera Theater, wearing a Buchman and Harman hand-embroidered silk evening ensemble.

STAFF PHOTOS BY JERRY ZOLINSKY

BY REBECCA W. KALAJIAN STAFF WRITER

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ADDED ATTRACTIONS

Spring 1999 special order collection, 12-6 p.m. in the Designer Salon, second floor. Continues tomorrow (1/12), 10 a.m.-6 p.m.

TUESDAY, JANUARY 12

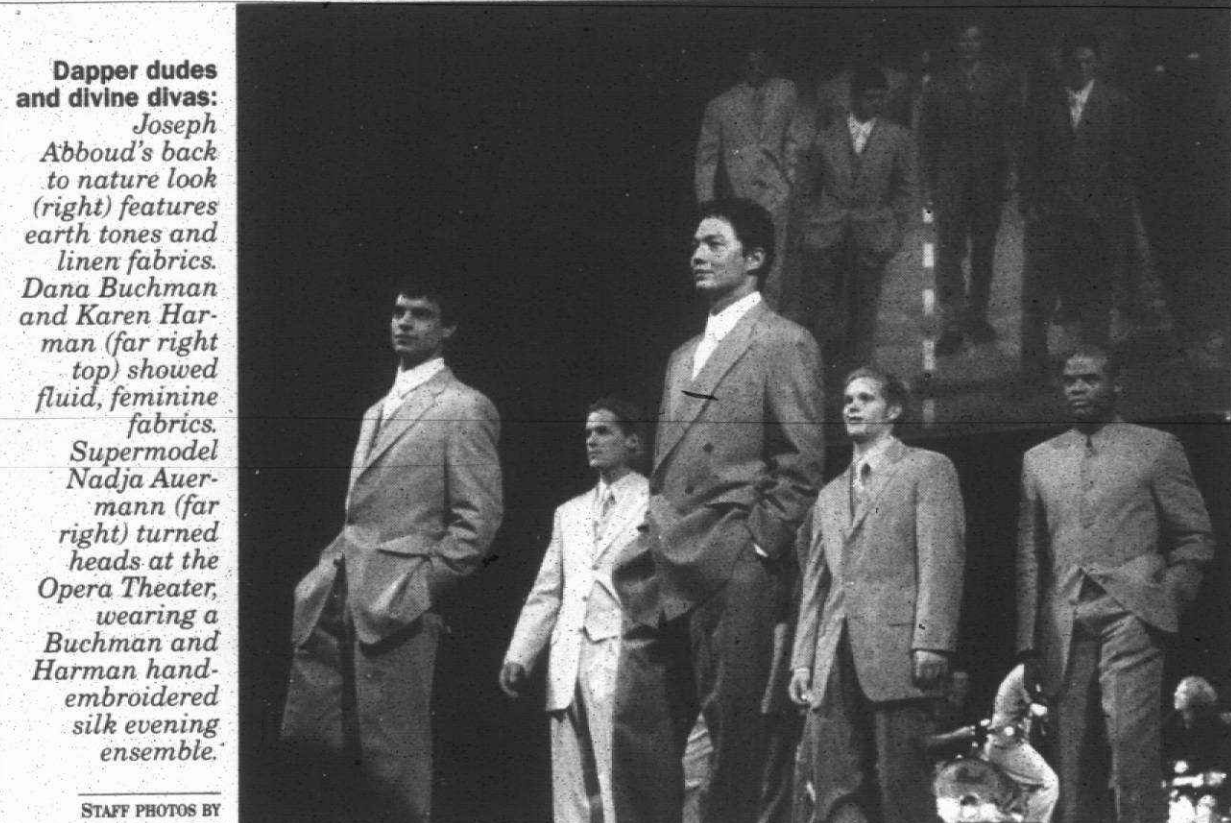
STORIES FOR THE AGES
Carol Carpenter reads and signs from the book *Generations to Generation*, of which she is a contributing author. The book is a collection of stories and poetry about the special relationships between people of different generations. 7 p.m. Borders Book Shop, Southfield Road at 13 Mile, Birmingham.

WEDNESDAY, JANUARY 13

FROZEN FUN
The 17th annual Plymouth International Ice Sculpture Spectacular opens with displays of over 100 street sculptures throughout downtown Plymouth. The Farmer Jack "Fantasyland" and the Bud Light light show begin.

FRIDAY, JANUARY 15

MONEY MATTERS
Authors Ron Yoles, president of Yoles Investment Management Inc. in Southfield, and Murray Yoles present and sign their book *You're Retired, Now What? Money Skills for a Comfortable Retirement*. Proceeds from sales go to the Karmanos Cancer Institute. 7 p.m. Barnes & Noble, 6575 Telegraph Road, Bloomfield Hills.



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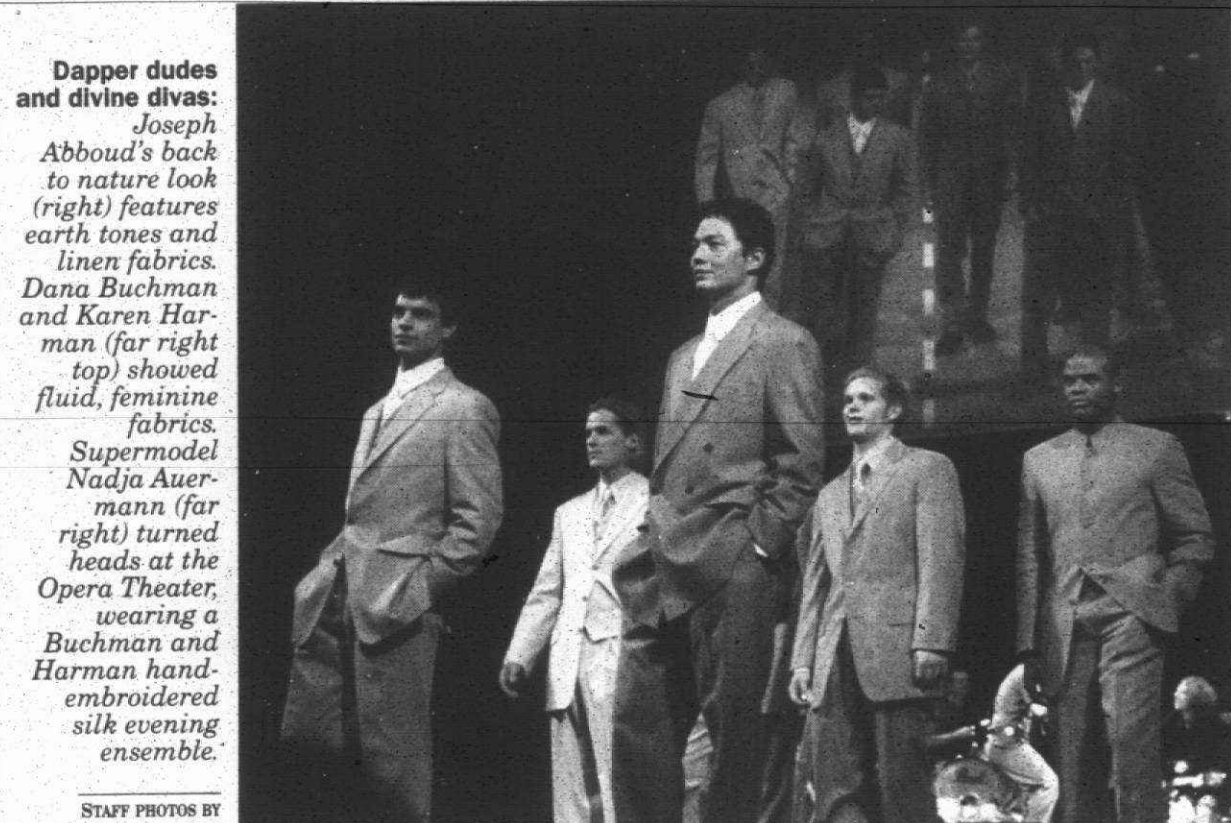
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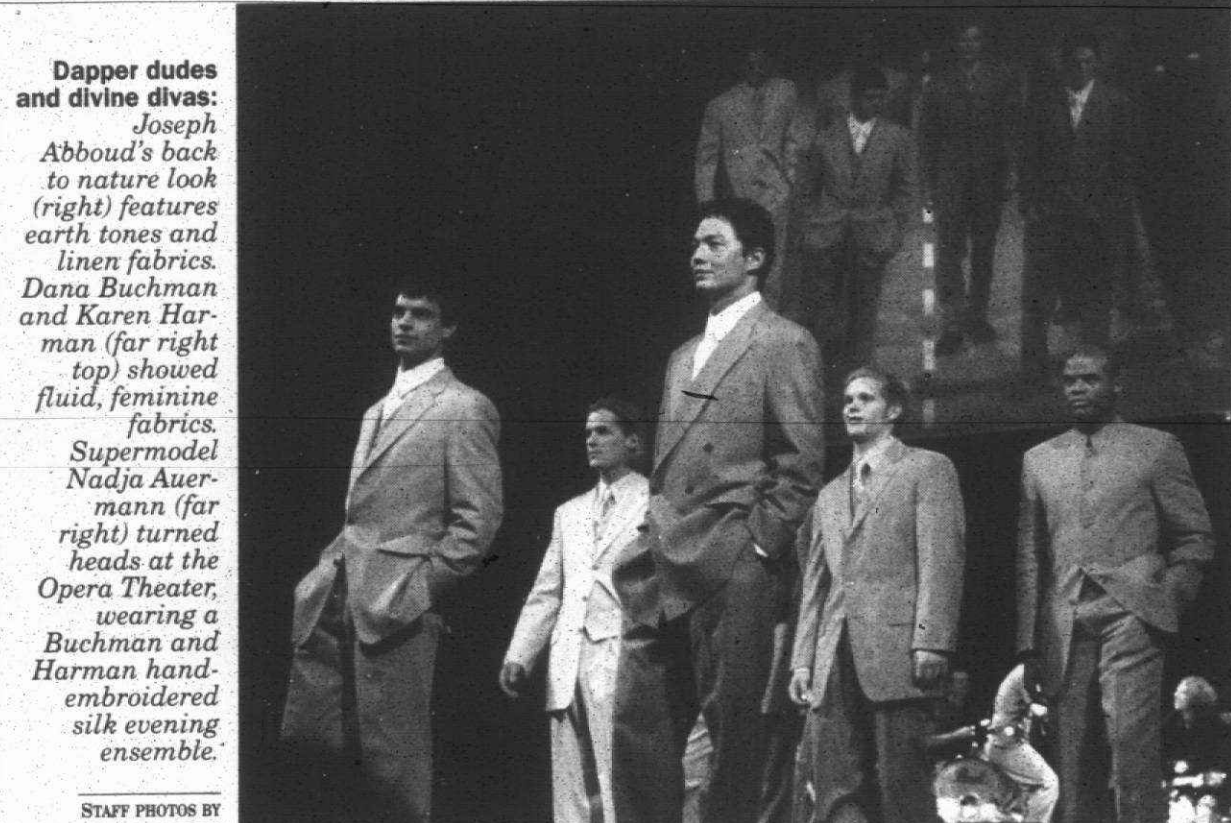
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It's not likely that's the first part of the Jewelry Lady's answer. The second part is: it depends. Large diamonds are extremely expensive per carat. And you're not likely to find a diamond of that size at a cost anywhere near \$3,000, unless you're looking for a piece of charcoal with a touch of glitter. The other unknown is the value of your one-carat diamond.

At risk of sounding like a broken record, the Jewelry Lady would like to ask if you know a trusted jeweler. Your job is to get at least one honest appraisal of the value of your existing ring — its trade-in value, not its replacement value. Add this value to your \$3,000 cash and you have your total budget. Your trusted jeweler will then be able to show you which diamonds are in your price range. They're not likely to be in the three-carat range, but chances are they will be noticeably larger than the diamond you wear now. And isn't that what you really want?

So do your homework, ask around for a good jeweler (and trust the Jewelry Lady, there are many, many honest jewelers in this area), and get ready to shine!

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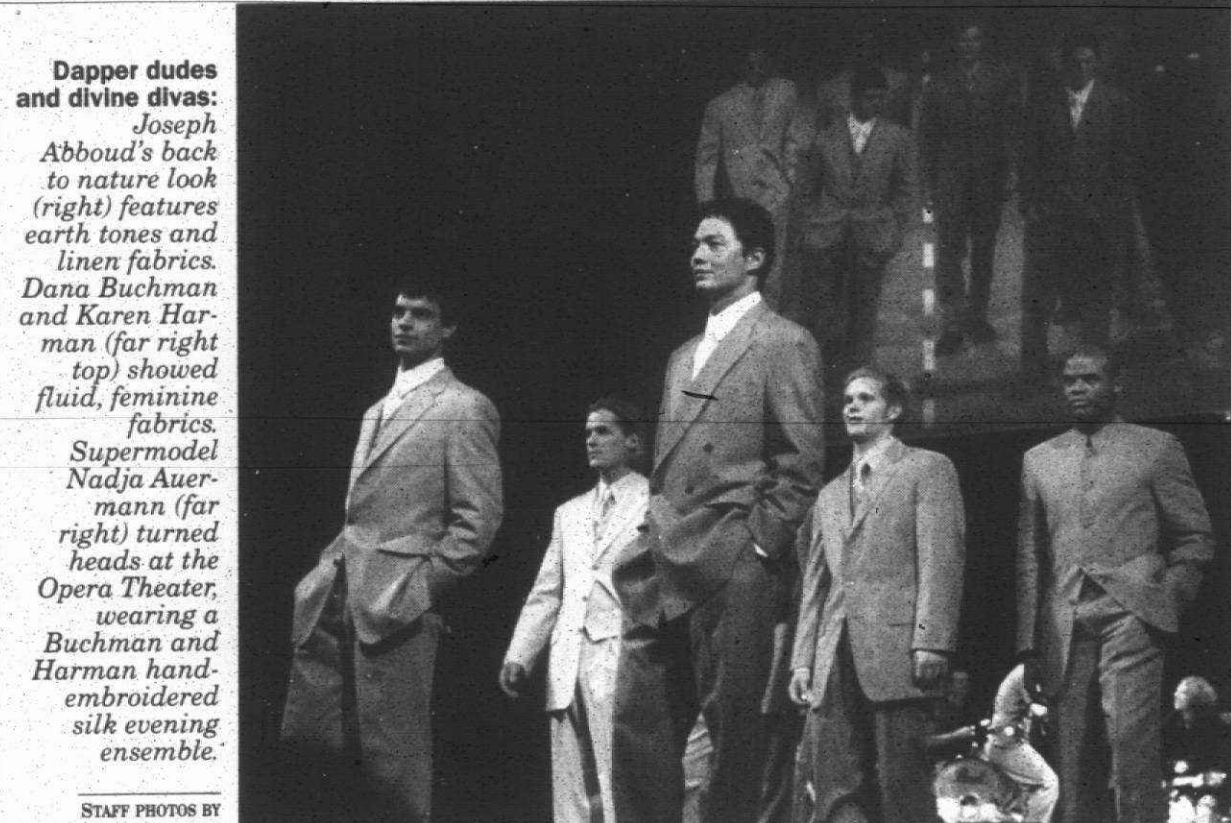
News of special events for shoppers is included in this calendar. Send information to: Malls & Mainstreets, c/o Observer & Eccentric Newspapers, 805 East Maple, Birmingham, MI 48009; or fax (248) 644-1314. Deadline: Wednesday 5 p.m. for publication on Sunday.

SUNDAY, JANUARY 10

BEANIE BONANZA
The Plymouth Beanie Baby Show returns to the Plymouth Cultural Center, 525 Farmer St. The show features new, current and retired Beanie Babies and accessories. Door prizes awarded every hour 11 a.m.-3 p.m. \$5. \$25 age 4-12. Call (734) 455-2110.

MONDAY, JANUARY 11

SPRING FROCKS
Saks Fifth Avenue presents the Badgley Mischka



STAFF PHOTOS BY JERRY ZOLINSKY

BY REBECCA W. KALAJIAN STAFF WRITER

The Old-World interior of the Detroit Metropolitan Opera House pulsed with out-of-this-world fashions, music, and cars Monday night at the second annual Concept: Cure Fashion Jam.

The event was co-sponsored by General Motors Corp. and Hudson's and benefited the new Alexander J. Walt Comprehensive Breast Center at the Barbara Ann Karmanos Cancer Institute.

The benefit kicked off the 1999 Concept: Cure sweepstakes, which consumers can enter to win original designer vehicles and pledge money for breast cancer research and awards. The unveiling also helped kick off a series of events connected with the North American International Auto Show at Cobo Center Jan. 9-18.

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TRAVEL

Northern capitals offer contrasting city styles

BY JUDITH DONER BERNE
SPECIAL WRITER

Visiting three Baltic capitals – Copenhagen, Oslo and Helsinki – last summer made for some interesting contrasts and comparisons of these cosmopolitan cities on the Baltic Sea.

Copenhagen is like a fairy tale written by one of its famous sons, with its whimsical Tivoli Gardens, its cityscape punctuated by towering spires and its statues of Hans Christian Andersen and The Little Mermaid.

Oslo is its serious counterpart, with its compelling museum tracking Norway's resistance to the Nazis, its collection of the works of one of its famous sons, the painter Edward Munch, and its reputation for promoting worldwide peace and human rights.

Helsinki is probably the most cultural of the three cities, with its spectacular Art Nouveau architecture by world-renowned Finnish architects Alvar Aalto and Eliel Saarinen, its monument to and concert halls named in honor of composer Jean Sibelius and its recently opened Kiasma Museum of Modern Art.

We spent the most time in Copenhagen, where our high-rise accommodations in a hotel exuding Danish Modern design overlooked Tivoli. This came in particularly handy for watching the twice-weekly fireworks display, as well as the special red and white (Denmark's national colors) spectacular which followed the Danes' close match with Brazil in the quarter finals of the World Cup.

We found it a young, open city which includes an alternative lifestyle neighborhood known as Christiania, claimed by modern day hippies. Occupants don't pay taxes and do openly buy, sell and use marijuana, and hashish, but we also saw signs warning against hard drugs.

Our only criticism of Copenhagen was of the food, which is expensive and not very good. The exception was the ice cream

cones, served along the Stroget, the milelong, pedestrian-only shopping street, where soft ice cream dipped in a cocoa-like powder might have been the best I've ever tasted.

We learned the most about Copenhagen on a walking tour led by an American musicologist who has lived there for a dozen years, studying ancient Danish music. Each day he takes English-speaking tourists to various parts of the city.

Copenhagen, much more than Oslo or Helsinki, is a city of bicycles. Danes pay, our American guide told us, the highest percentage of their income for social services of any Scandinavian country. Since it's hard to accumulate money for a car, much less a house, most of Copenhagen appears to ride bikes and live in rental units.

However, cars and private homes abound in both Oslo and Helsinki. It was in Oslo that we visited metro-Detroiter David Hermelin, now the U.S. Ambassador to Norway. After a tour of the American Embassy, which sits conveniently across from the palace and gardens of Norway's king, we drove to the Ambassador's Residence, where the house and grounds take up a full city block.

It was Hermelin who told us how wealthy Norway has become, thanks to its oil deposits, but that they have not let their wealth alter their culture or the seriousness of their vision. Part of that vision includes reaching out to other nations and promoting dialogue. It's no fluke, Hermelin says, that meetings for the Oslo Peace Accord and Ottawa Treaty on Land Mines were held in Oslo.

It was his wife, Doreen, who told us that the Norwegians, who endure some long, cold and dreary winters, have a philosophy that there is no bad weather, just bad dressing for that weather. She says mothers with weather-proofed carriages and strollers are outside in all temperatures and climates. And that

manufacturers of children's outerwear tag them with the temperature range they protect against.

Hermelin said we should not miss the Norwegian Resistance Museum, and he was right. Photographs, newspaper clippings, films and objects detail the continuing acts of defiance against the five-year Nazi occupation. Teachers refused to allow their students to be militarized; the clergy repeatedly raged against the Nazi edicts; and Munch, who died at 81 during the occupation, refused to join an "Honorary Art Council" being formed by the Quisling government.

The Munch Museum, housing many works by the expressionist Norwegian artist, gave us a new understanding of this man probably best known for his paintings "The Scream." As my husband wrote in the journal he kept of the trip: "Probably the most emotional art exhibit anywhere – but what terrible emotions. Nearly every subject, especially all the females, are in anguish. Easy to see the influence of other artists – Cezanne, Renoir, Gauguin, Monet all echoed. Quite an experience."

Visitors, we are told, are more impressed with Vigeland Sculpture Park than Oslo's residents. But it's hard not to be captivated by the 192 full-size sculptures of men, women and children, modeled in the nude by Norwegian sculptor Gustav Vigeland without assistance of students or other artists. He also designed the architectural setting and the layout of the 80-acre grounds which are part of Frogner Park.

Well-traveled friends, Sandy and Larry Altman of West Bloomfield, told us: "If you see nothing else in Oslo, you must see this." As you walk among the sculptures, you are confronted with the full range of human relationships from birth to death.

Helsinki, also, has more than its share of public art, including the wonderful statues of Finland's Olympic gold medalist



Finnish style:
Judith Doner Berne visits a sculpture of Finland's great composer Jean Sibelius in Helsinki.

Paavo Nurmi, "the Flying Finn" in front of the Olympic Stadium, and the Jean Sibelius Memorial in Sibelius Park.

This city is a visual delight, its spacious streets interspersed with many gardens and parks. Both the design of the city and its architecture show the influence of its previous conquerors, Sweden and especially Russia.

But modern day architects have their day as well. The railroad station, designed in 1918 by Saarinen, is a notable example of modern architecture, as is the newly opened Kiasma, the museum of contemporary art, designed by American architect Steven Holl.

We stayed in Copenhagen for three days before boarding a cruise ship where Oslo and Helsinki were two of seven ports of call. Our shorter experiences there point up the problems of cruising to as opposed to actually staying in any major city.

We certainly got much more of a feel for Copenhagen. If we are lucky enough to ever revisit Oslo and Helsinki, I would not do it from a cruise ship.

Judith Doner Berne, a West Bloomfield resident.



Beautiful Copenhagen: A bird provides a crown for Denmark's world-famous author, Hans Christian Andersen.

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S P O N S O R E D B Y

OBSERVER SPORTS SCENE

Rescheduled

The rescheduled games were rescheduled.

The Wolverine-Hoosier Athletic Conference men's and women's basketball openers for Madonna University, against Aquinas College, were originally slated for last Wednesday (men at Aquinas, women at Madonna). Both were cancelled and rescheduled for last Thursday.

The reason — no surprise here — was the weather. Aquinas' teams were returning home from a tournament in California; because of airport delays their flight was delayed until Wednesday, forcing the initial cancellation from Wednesday to Thursday (a power outage Wednesday made that seem like a fortuitous choice).

But because the Saints did not arrive until early Thursday morning, athletic department officials from both schools decided to cancel the games again.

The games will not serve as WHAC openers for either school now. The two games will be played Monday, the women at 7 p.m. at Madonna and the men at 7:30 p.m. at Aquinas.

All, of course, weather permitting.

Players wanted

The 1999 Stingers, a fast-pitch women's softball organization, has openings for motivated players on its 18-and-under travel team. Last year's squad was ranked 13th in the world by the National Softball Association.

The team will compete in a weekly travel league and weekly tournaments June through July, and will again compete in the NSA World Series in Chattanooga, Tenn.

The Stingers are a self-funded, independent team with no residency rules. Those interested in joining the team should call team manager Bob Smith at (734) 427-2548.

Floor hockey

Canton's Parks and Recreation Services is sponsoring a series of youth floor hockey skills clinics and games for boys and girls in grades 1-5, beginning the week of Jan. 25 at the Summit on the Park Community Center. There are no residency requirements; cost is \$40 per child, with registration ending Jan. 21 or when program is filled.

Clinics are 4-4:50 p.m. and 5-5:50 p.m. on Monday, Jan. 25, Tuesday, Jan. 26 and Wednesday, Jan. 27. Games will be played Saturday. Emphasis is on fun and participation.

Canton residents may register from 6-8 p.m. today, with open registration beginning Monday during regular business hours (8:30 a.m.-5 p.m.). All registrations must be in person at the Canton Parks and Rec office, located at 46000 Summit Parkway in Canton. Call (734) 397-5110 for further information.

CCJBBSA registration

There will be two ways to register for the 1999 Canton Community Junior Baseball and Softball Association season — by mail and in person.

Mail-in forms compiled by Registrar Bob Bilkie will be sent to past participants in what was previously known as the Plymouth Canton Junior Baseball League.

The mail-in registration forms will also be available soon at the Plymouth and Canton Township offices plus Plymouth city offices.

In-person registration will be held from 9 a.m. to 2 p.m., Saturday, Feb. 13, at the Canton High School Cafeteria.

Birth certificates will be required of all first-time league participants.

CCJBBSA meeting

The Canton Community Junior Baseball and Softball Association will hold its regular monthly meeting from 7-9 p.m., Wednesday, Jan. 13, at the Plymouth District Library.

Persons interested in helping set up and run the coming season in any on- or off-field capacity are invited to attend.

Anyone interested in submitting items to Sports Scene or Sports Roundup may send them to sports editor C.J. Risak, 36251 Schoolcraft, Livonia, MI, 48150, or may FAX them to (734) 591-7279.

Canton falls at North Farmington



BY RICHARD L. SHOOK
STAFF WRITER

If people aren't taking North Farmington's basketball team seriously in the Western Lakes Activities Association, they'd better start.

The Raiders displayed a lot of the trademarks of a very good, well-coached team Friday night when they dispatched tough Plymouth Canton,

Canton knew its trip to North Farmington Friday would be a hazardous one — and it was, but not just due to the weather, which delayed the start of the game. The Raiders improved to 5-1 with their 20-point victory.

62-42, in the WLAA opener for both schools.

Canton was about an hour late arriving for the start of the junior varsity game, due to the weather of course. It didn't leave it's game behind, but it didn't arrive with a full tank, either.

"It was like we ran out of gas," said Canton coach Dan Young, whose team scored nearly as many points in the second quarter (20) as it did in the

other three combined.

The Raiders improved to 5-1 while the Chiefs are now 2-4.

"We told our kids at halftime that Dan Young was a good coach and that his kids play hard," North Farmington coach Tom Negoshian said.

"They made a great run. But we hit some shots early in the second half, got up a little bit and that seemed to help.

"To their credit, it was still a game with about 3 1/2 minutes to play."

The Raiders limited the Chiefs to just three points in the final period, however, while scoring 16 themselves. They held a 17-13 margin in the third quarter.

'It was like we ran out of gas.'

Dan Young
Canton coach

North Farmington had a lot of success early and late with lob passes over the defense to the inside. Junior center Emir Medujanin and junior guard Phil Watha had 16 points apiece for the Raiders.

Junior forward Adrian Bridges

Please see CANTON, D2

Salem opens New Year with win

BY C.J. RISAK
SPORTS EDITOR
cjriskak@homecomm.net

Any Plymouth Salem basketball fan who, after a brief examination of the Rocks' early-season schedule, pencilled in "breather" next to last Friday's home game against Livonia Churchill knows now that was a mistake.

Sure, Salem managed to make it through the 1998 portion of its schedule unbeaten, and against an impressive array of foes, beating Monroe, Belleville and Detroit Northern. With another difficult non-league game lying directly ahead (the Rocks travel to unbeaten Riverview Tuesday), Friday's game at home against Churchill may have had the appearance of a nice warm-up opportunity.

Wrong. Salem did lead, from start to finish. But the Rocks (now 5-0) could never pull away from the die-hard Chargers (3-3), who trailed by 14 after a minute of the second quarter but were still within 12 with four minutes left.

The final — a hard-fought 67-52 Salem triumph — lived up to Rocks' coach Bob Brodie's expectations for the upcoming WLAA campaign. "Churchill wasn't going to die," he said. "I give them credit for hanging in there. But as I said from the start, this league's going to be tough."

Had the Chargers taken advantage of some early opportunities, they could have made it even tougher on the Rocks. Salem hit just one of its first eight shots; unfortunately for Churchill, those eight tries came in the Rocks' first two possessions.

"That's been our problem all year," said Charger coach Rick Austin of his team's lack of rebounding. "We work on blocking out every day in practice. It's an attitude."

"But we stayed in the game. Our kids started stepping up and playing more aggressively in the second half. I think we were intimidated by their size in the first half."

Despite its poor shooting, Salem led 7-0 with the mid-point of the opening quarter approaching. Churchill did close to within 10-8 with 1:15 left in the period on a three-pointer by John Bennett and a basket by Brad Bescoe. But two hoops by Tony Jancevski and another by Mike Korduba allowed the Rocks to take a 16-8 lead into the second period.

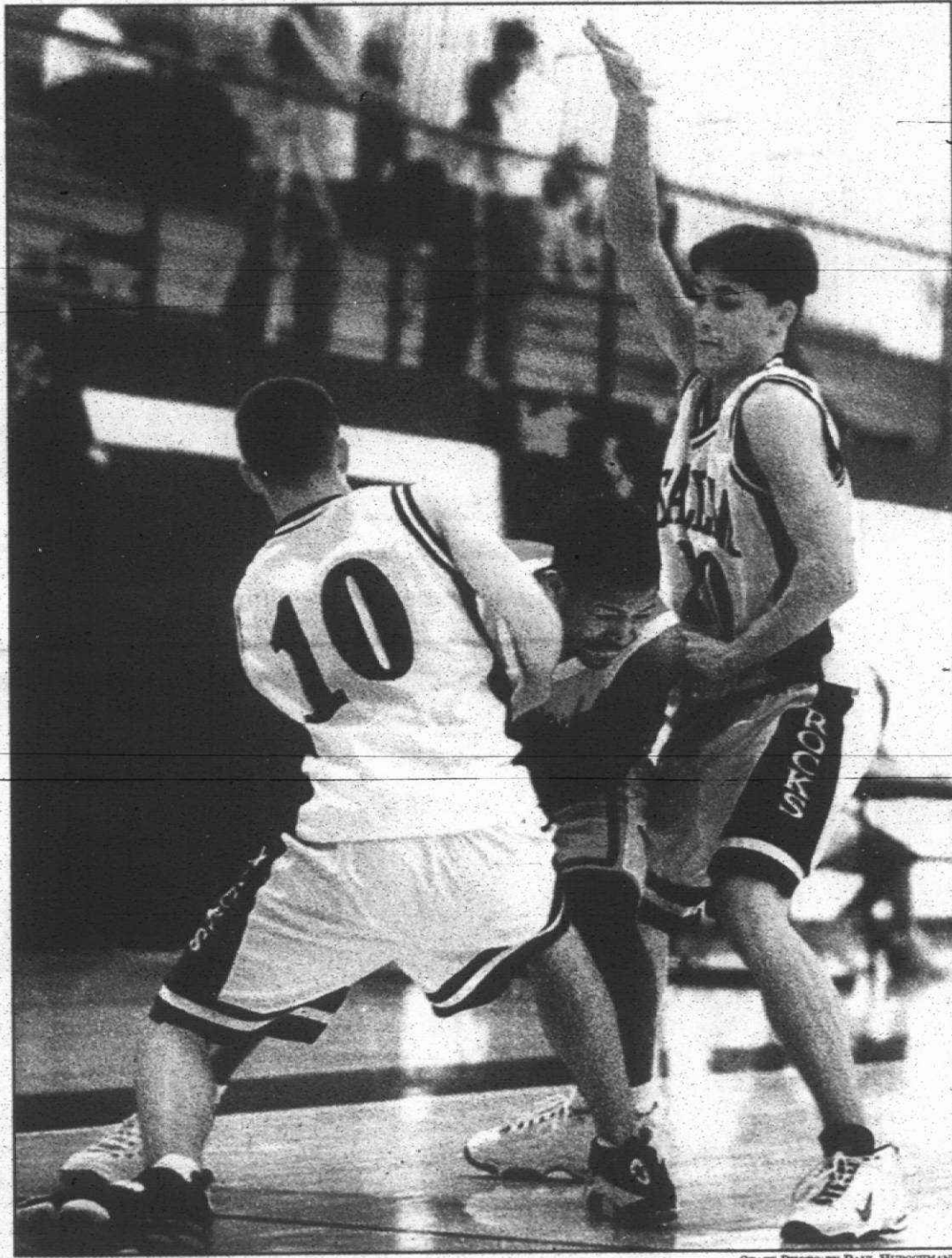
It never got closer for Churchill. Three turnovers in the first minute of the second quarter enabled Salem to score six-straight points. It was 26-10 with 4:05 left in the half; the Chargers didn't roll over, however, narrowing the gap to 28-17 at the intermission.

"At halftime, we made some adjustments on how we were going to attack their zone," Brodie said. "Offensively, we wanted to be more patient; defensively, we tried to speed them up. We put on just enough (pressure) to disrupt them."

Seven points by Aaron Rypkowski and five apiece from Adam Wilson and Jancevski sparked a 22-9 Salem run in the first 6:12 of the second half. The Rocks' 50-26 advantage with 1:48 left in the third seemed insurmountable — except to the Chargers.

Their 22-10 scoring run over the next six minutes (eight by Bennett) made Salem's life a bit uncomfortable, but didn't change the outcome.

"We looked awfully bad out there at times, but at other times we looked like our old selves," said Brodie, adding that because of the vacation and poor weather his team went seven days without practicing, a stretch that ended last Wednesday (Churchill played on Tuesday). "We were a little



STAFF PHOTO BY PAUL HUBSCHMANN

No escape: Churchill's Justin Jakes (middle) tries to maneuver around Salem's Adam Wilson (10) and Ryan Cook, but for most of Friday's game such effort was futile. Churchill had 16 turnovers in the contest.

rusty, and it showed."

Jancevski finished with 16 points and 16 rebounds to lead Salem. Wilson added 13 points and five assists. Rypkowski had 10 points and eight boards, and Jake Gray contributed five assists and three steals.

Bennett's 19 points paced Churchill. Randall Boboige chipped in with 11.

PCA 72, Toledo Emmanuel 56: Plymouth Christian Academy followed a slow start with a high-speed breakaway in knocking off visiting Toledo Emmanuel Thursday in a non-conference game. Originally scheduled for Tuesday, the contest was rescheduled to Thursday after the snowstorm forced its cancellation.

Please see SALEM, D2

Rocks, Chiefs enjoy success on mats

See statistics, D2

It was a happy start to the new year for Plymouth Salem's wrestling team.

The Rocks won five matches on pins in dominating Western Lakes Activities Association rival North Farmington 54-24 Thursday at Salem. The dual-meet win pushed Salem's record to 5-0.

Ron Thompson at 112 pounds, John Mervyn at 119, Rob Ash at 125, Greg Smith at 145 and Mike Popeney at 189 were all winners by pin for the Rocks. Steve Dendrinis (130) and Josh Henderson (135) earned decisions, and Jason Badoun (160), Pat O'Connor (171) and Charlie Hamblin (275) were winners on voids.

Canton reigns

A fast start enabled Plymouth Canton to build a lead too big for Livonia Churchill to overcome Thursday at Churchill.

The Chiefs' 31-27 triumph gave them one more dual-meet win than they had

all of last season; they are now 2-3.

Canton won six of the first six matches, four of them on decisions. Kyle Pitt (103), Doy Demsick (112), Steve Bernacki (119) and John Pocock (130) were decision winners; Jim Shelton (140) pinned his opponent and D.J. Hylko (135) won on a void.

However, the Chiefs could manage just one other match win the rest of the way, as the Chargers fought back but fell short. Rob Demsick's major decision 160 gave Canton the points it needed to win.

"Last year, we walked away from the Churchill meet feeling like we should have won," said Canton coach John

Demsick. "This year, we took care of business. To be sure, 2-3 is not a great dual-meet record, but it is one more win than Canton had all of last season."

"I'm very pleased with the team. Most of our losses were close, and we tended to gain points on them in the last period of the matches. Steve Bernacki's come-from-behind win, Doy Demsick's tech fall and Jim Shelton's fall in 56 seconds were among the highlights that led to our victory. We still have lots to learn from our wins and our losses."

Canton hosts WLAA rival Northville Thursday (6:30 p.m.), then travels to the Romulus Invitational Saturday.

Canton from page D1

scored nine points, as did senior guard Albert Deljosevic. Watha and Deljosevic have good size, which also gives Negoshian the option of letting them shoot over smaller defenders outside or take them down low for a little game of muscle. North Farmington showed versatility by scoring inside and out. Watha hit four triples, three in the first half as the Raiders fashioned a 12-6 first quarter and then held on for a 29-26 halftime lead. Their pressure defense, full court and half, prompted a ton of Canton turnovers (six in the third quarter, four coming on bad passes) and helped limit the Chiefs to just one bucket in the final period. "Tom does a great job spreading the floor," Young said. "We made a great run in the second quarter; then hung in there a while in the third. But we couldn't stop them. They were

Salem from page D1

The Eagles, who improved to 6-1 overall, led 9-5 after one quarter; that advantage jumped to 31-19 at the half with a 22-14 second-quarter surge. Derric Isensee's 15 points and 15 rebounds paced the PCA effort. Dave Carthy added 15 points and eight boards. Jordan Rose had 14 points and Michael Huntsman scored 13. Emmanuel (3-4 overall) got 23 points apiece from Dan Nietz and Marcus Kynard. West Side Christian 60, Agape 52: A strong second half enabled visiting Detroit West Side Christian to pull away from Canton Agape Christian Friday. The Wolverines' two-pronged attack was spearheaded by

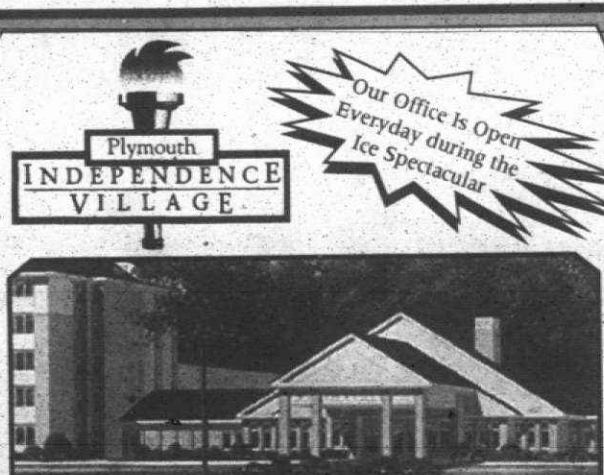
Steve Mecklenburg, with 18 points, and Julian Wettlin, with 12. Jeremy Austin had 17 rebounds and six points, and Dave Herczeg scored eight. West Side got 21 points from Curtis James, 12 from Leon Johnson and 10 from Herb Johnson. The Metro Christian Conference game was tied at 30-all at halftime, but West Side outpointed Agape 30-22 the rest of the way. The Wolverines fell to 2-3 overall, 1-1 in the MCC; West Side is 3-2 overall, 1-1 in the MCC. Redford CC 78, U-D Jesuit 66: Redford Catholic Central dealt host University of Detroit Jesuit its first loss Friday behind a 22-point effort from senior

guard Nick Moore. The Shamrocks, 5-3 overall and 1-1 in the Catholic League Central Division, had four players in double figures. Senior guard Dan Joss scored 18 points; junior guard Rob Sparks 12 and senior forward Dave Lusky 11. Junior forward Matt Loras added nine points. Moore, who made three three-point field goals, also had 11 assists. Loras led the rebounding effort with 12 and Lusky had 10. Joss sank four triples. Seniors Mike Jones and Vince Alexander scored 26 and 20 points, respectively, to lead Detroit Jesuit, 6-1 overall and 0-1 in the division. "The key was we played real hard and with intensity for four

quarters," CC coach Rick Coratti said. "We talked about playing hard and with a little passion and the kids did that. "It's a big win, especially in our league, when you win on the road, because most teams are pretty good home teams." The score was tied, 13-13, after one quarter, but the Shamrocks moved in front at halftime, 34-29. CC maintained a lead through three periods, 50-44, and outscored U-D in the fourth quarter, 28-22. The Shamrocks sank 20-of-26 free throws; the Cubs made 13-of-16 chances.

THE WEEK AHEAD

BOYS BASKETBALL
Tuesday, Jan. 12
Milford at Franklin, 6:30 p.m.
Harrison at John Glenn, 7 p.m.
Groves at Farmington, 7 p.m.



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Willow Run at Wayne, 7 p.m.
Edsel Ford at Garden City, 7 p.m.
Thurston at Crestwood, 7 p.m.
Redford Union at Wyandotte, 7 p.m.
Salem at Riverview, 7 p.m.
Agape at Franklin Road, 7 p.m.
Crestbrook at Clarenceville, 7 p.m.
Thursday, Jan. 14
Harper Woods at Clarenceville, 7 p.m.
Friday, Jan. 15
Cornerstone at Agape, 7 p.m.
Crestbrook at Luth, 7 p.m.
W. Farmington at Churchill, 7 p.m.
Salem at Franklin, 7 p.m.
Stevenson at Harrison, 7 p.m.
John Glenn at Canton, 7 p.m.
Farmington at W.L. Western, 7 p.m.
Wayne at Inkster, 7 p.m.
Garden City at Redford Union, 7 p.m.
Thurston at Wyandotte, 7 p.m.
Notre Dame at Borgess, 7:30 p.m.
Redford CC at DeLaSalle, 7:30 p.m.
St. Agatha at St. Alphonsus, 7:30 p.m.
PCA at Taylor Baptist, 7:30 p.m.
Saturday, Jan. 16
Liggett at Luth-Westland, 3:45 p.m.
MEN'S COLLEGE BASKETBALL
Monday, Jan. 11
Madonna at Aquinas, 7 p.m.
Wednesday, Jan. 13
Garden City at Madonna, 7:30 p.m.
Schoolcraft at Oakland CC, 7:30 p.m.
Friday, Jan. 15
Tri-State at Madonna, 3 p.m.
Henry Ford at Schoolcraft, 3 p.m.
WOMEN'S COLLEGE BASKETBALL
Monday, Jan. 11
Oakland CC at Wayne Co., 5:30 p.m.
Aquinas at Madonna, 7 p.m.

Wednesday, Jan. 13
Schoolcraft at Oakland CC, 5:30 p.m.
Madonna at Concordia, 7:30 p.m.
Saturday, Jan. 16
Henry Ford at Schoolcraft, 1 p.m.
Oakland CC at Flint Mott, 1 p.m.
Madonna at Tri-State, 3 p.m.
ONTARIO HOCKEY LEAGUE
Sunday, Jan. 10
Whalers vs. Sault Ste. Marie at Compoware Arena, 6:30 p.m.
Thursday, Jan. 14
Whalers vs. Brampton at Compoware Arena, 7:30 p.m.
Saturday, Jan. 16
Whalers vs. Guelph at Compoware Arena, 7:30 p.m.
Sunday, Jan. 17
Whalers at Sault Ste. Marie, 7 p.m.
PREP HOCKEY
Wednesday, Jan. 13
Red. Unified at Northville, 6 p.m.
Franklin vs. Stevenson at Edgar Arena, 6 p.m.
Redford CC at Crestbrook, 7 p.m.
Churchill vs. Birmingham at Edgar Arena, 8 p.m.
Thursday, Jan. 14
Farm. Unified vs. Lahser at Detroit Skating Club, 6 p.m.
Friday, Jan. 15
Franklin vs. Northville at Edgar Arena, 6 p.m.
Red. Unified vs. Farm. Unified at Farm. Hills Ice Arena, 8 p.m.
Churchill vs. W.L. Central at Lakeland Ice Arena, 8:20 p.m.
Saturday, Jan. 16
Churchill vs. W.L. Western

BY STEVE KOWALSKI
STAFF WRITER
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Unlike most metro Detroiters, Tom Gable was happy to see all the snow that fell over the first weekend of the New Year. To Gable, the coach of the Farmington Hills Mercy and Detroit Catholic Central ski teams, it meant the official start of the season. About time, he thought. With the late arrival of winter, Gable couldn't hold team tryouts at Mount Brighton until Dec. 12, about two weeks after the usual start. After making final cuts, the teams had a pair of informal workouts between Christmas and New Year's Day. The first scheduled official practice on Monday was postponed, ironically, due to too much snow. "I went to the hill; maybe half the girls and half the boys showed up," Gable said. The teams opened their sea-

sons last Tuesday with a giant slalom race in the Mount Brighton Division of the South-eastern Michigan Ski League. Mercy, the two-time defending division champion, took second place with 37 points. The Shamrocks, third in last year's regular-season boys division standings, came in third with 69 points. Following is a look at the prospects for both teams: Detroit Catholic Central CC sophomore Matt Gable is carrying extra weight on his 5-foot-9 frame, and it's not just because he's stockier than last winter when he made all-division, all-league and all-region. Attribute it also to the fact he wears over an arm he broke while playing defensive end on the CC JV football team. He's had the cast on about three weeks and it could be on another five weeks, which makes up most of the season. Gable is the team's leading returnee and Tom Gable's son. Graduation hit

the Shamrocks hard as all-division choices Matt Kessler, Jason Anderson and J.D. Robinson and starter Brian Goshel have moved on. CC finished third in the Mount Brighton Division regular season standings, fifth in the division championships and seventh at the regional last year. Matt Gable apparently has a high tolerance for pain. He needed two surgeries to repair an eye socket that was injured while falling last spring in the Junior Olympics in Colorado where he was fourth in his age group. "He's fully recovered from the eye injury, but the broken arm is further aggravation. "I think he's self-motivated," coach Gable said. "He's got a lot of strength. The doctor said if he experiences any type of discomfort he should just stop doing it. He's not real happy about it. The cast goes quite high to the elbow." Gable was the top skier in Tuesday's giant slalom at Mount Brighton. His time was 29:25 seconds but an expected battle for first place from last year's top racer on the circuit, Birmingham Seaholm's Asa Sherwood, never materialized.

Sherwood wasn't with his team, which finished in fourth place with 78 points. "I'm surprised the 'Gun' (Sherwood) didn't show up," coach Gable said. "Last year he and Matt were neck and neck most of the time. There were races where they were hundreds of a second apart." The only other returning starter for the Shamrocks is senior Brad Turwaki. He was disqualified in the season opener. "He's very fast but inconsistent," Gable said. "We're going to work on using a lot of mental vision type training. The DQs will kill you." The Shamrocks were in first place after the first run Tuesday. Senior Miguel Martinez was the fastest CC finisher after Gable, taking 10th place (32:45). Another senior Geo. Madias took 12th (32:73). Junior Scott Zaleski, another promising skier, fell in one of his runs and finished 46th (43:10). Martinez and Madias have top 10 potential in division meets, according to coach Gable.

"Martinez is a very disciplined athlete from being a football player; his goals are very high and he's very coachable," Gable said. "Madias is a very talented athlete, and I expect a lot out of him." Sophomore Eric Sullivan, who was disqualified Tuesday, also will contribute to the team, according to Gable. Farmington Hills Mercy The Marlins lost four key members to graduation, including third-team, all-state choice Denise Hartsock and regional selection Craty Dabringhaus. They were part of a team that made two straight Class A state meet appearances, finishing sixth in 1997 and seventh last year. The Marlins were regional champions in '97 and runners-up last year. Kristen Smith and Jamie Borowiec also graduated after figuring in Mercy's outstanding teams the last two years. "I'll miss them dearly, but I have two seniors (Krysten Salla and Renee Burek) moving right there into the leadership role," Gable said.

"Both will be very accomplished senior racers. They could and most likely will lead the team into a competitive regional position, and I expect the team to make the states." Salla and Burek each made all-division and Burek was an all-region choice. Joining them for her senior year is Maggie Jallon, who had a couple varsity starts a year ago. "She should be an extremely consistent racer this year," Gable said. The Marlins also have an "up-and-coming" sophomore, according to Gable, in Nicole Anderson. Salla was fourth in 34.66 seconds in the season opener. Burek took sixth (35:01) and Anderson seventh (35:09). Junior Amy McDuffee, the best JV racer a year ago, has earned a spot in the lineup. Sophomores Laura Burek and Marcy Godlew, also off the JV, will earn varsity starts as well. "Some of them are just real strong, basic skiers," Gable said. "My job is to teach them to race. With the experience I have coming back, we should be OK."

SPORTS ROUNDUP

SKATING LESSONS
The Plymouth Figure Skating Club is hosting skating classes for all types of skaters Jan. 14 and 16 at Compoware Sports Arena (located at 14900 Beck in Plymouth). No experience is necessary; the lessons are open to those 4-years-old through adults, for figure skaters and hockey players. For more information, call club director Carrie Brown at (734) 459-6686, ext. 1.

RACQUETBALL LEAGUE
A men's racquetball league is now forming, with play to be at Body Rocks-Racquettime in Livonia. Sponsored by Canton's Parks and Recreation Services, play will be at 6:30 and 7:30 p.m.

Wednesdays, beginning Jan. 13. The league will last 13 weeks. Cost is \$100, which includes all league court time and awards. There are no residency requirements. Players will be divided into divisions, depending upon ability level. For more information, call (734) 397-5110.

NEW SOCCER REFS
Training sessions for new soccer referees are scheduled for four consecutive Saturdays in January and February at the Westland Bailey Center, located on Ford between Newburgh and Wayne. Each class will run from 9 a.m.-1 p.m.; referees must attend all four classes. A certification

will be given at the final session. Classes are Jan. 23, Jan. 30, Feb. 6 and Feb. 13, and are open to those 12 and older. Cost is \$43. Call (734) 459-4875 to register **SOCCER SIGN-UP**. The city of Plymouth's Recreation Department is taking registrations for spring youth soccer 8 a.m.-4:30 p.m. Monday through Friday all through January at the Recreation office (625 Farmer in the Plymouth Cultural Center). All registrations require a birth certificate. Cost for 6, 7 and 8 year-olds is \$40 for city of Plymouth residents and \$60 for non-residents; for 9 year-olds and above, the cost is \$45 for residents and \$75 for non-residents. Call (734) 455-6620.

FAMILY SKATE
The Canton Parks and Recreation Services is hosting a family skate night from 7-9 p.m. Thursday, Jan. 21 (weather permitting) at Heritage Park Ponds, located behind the Canton Administration Building. The ponds will be lighted for evening skating and refreshments will be available. No registration is necessary; there is no residency requirements and there is no charge. Call the Parks and Rec office at (734) 397-5110 for skating conditions or information.

Rocks win 2nd straight

SWIMMING

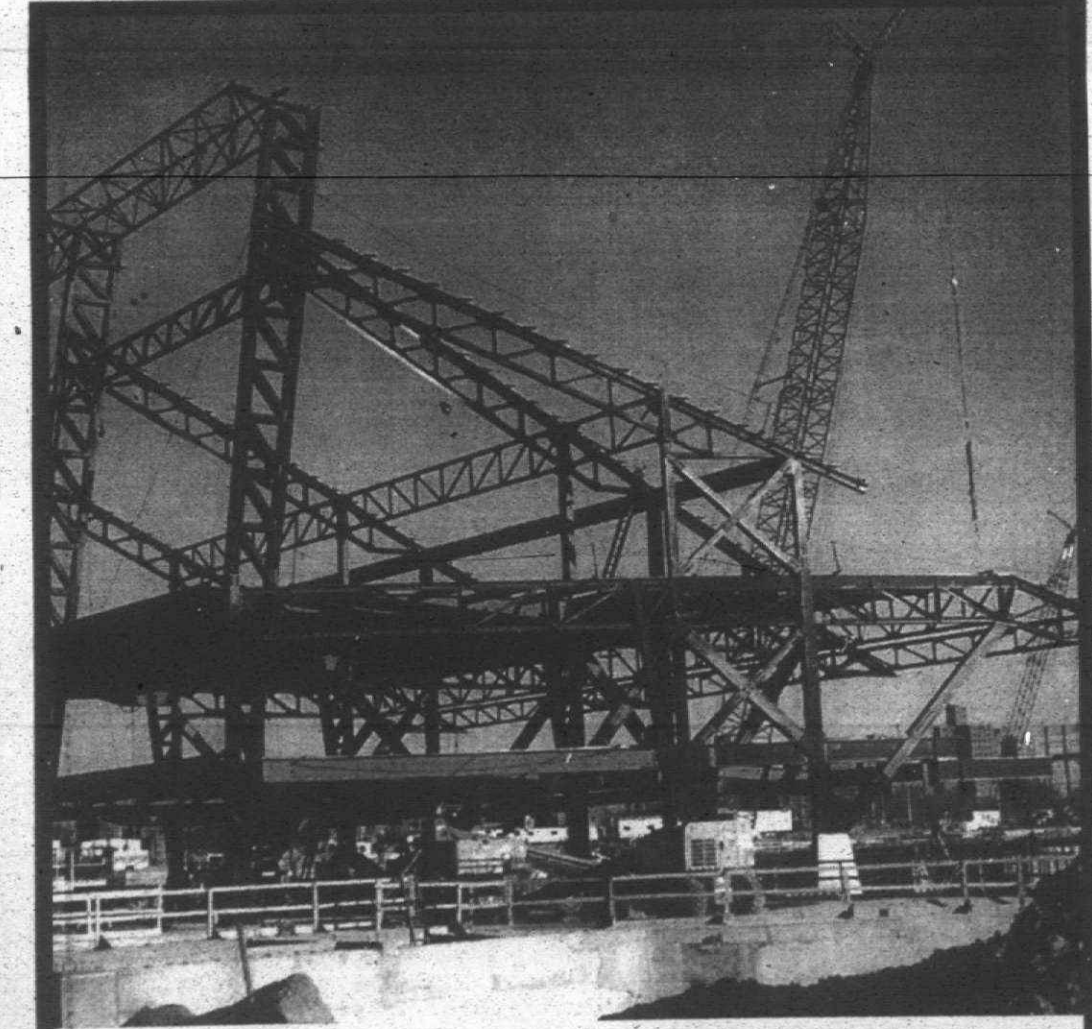
Paul Perez and Andrew Locke each collected a pair of individual victories in helping Plymouth Salem's boys swim team win its second-straight dual meet, 100-85 Thursday at Novi. Perez finished first in both the 200-yard individual medley (2:13.86) and the 100 butterfly (59.82). Locke was a winner in the 50 (22.86) and 100 (1:41.41) freestyle. Other first-place finishers for the Rocks were Brian Mertens in the 500 free (5:07.00), Matt Casillas in the 100 backstroke (1:00.57) and

the team of Jason Rebarchik, Dan Jones, Mark Witthoff and Locke in the 200 free relay (1:37.05). "We had a lot of fun," said Salem swim coach Chuck Olson. "We moved some people around. It was OK, considering we've been out of the water a lot lately what with the snow and vacation." The Rocks, now 2-0, host Plymouth Canton in their annual adrenalin-pumping dual meet at 7 p.m. Thursday.

SNOW SKIING

Shamrocks, Marlins head for ski slopes

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The Observer & Eccentric! SUNDAY, JANUARY 10, 1999

Ocelots drill Macomb, enjoy record start

Schoolcraft College's men's basketball team received a belated holiday gift — the best start in the school's history.

The Ocelots won their 11th straight game from the start of the season Wednesday night, drilling Macomb Community College, 112-71.

The previous best start for Schoolcraft's men's hoopers was a 10-0 beginning to the 1982-83 season.

"The first half we were kind of sluggish after the long break,"

Coach Carlos Briggs said. "We didn't get after it defensively. Offensively, we were okay."

The Ocelots are 11-0 following their first MCCA Eastern Conference game of the season. Macomb is now 2-10 overall, 0-2 in the league.

Briggs saw seven of his players score in double figures, paced by DaShawn Williams (Detroit City high school) who had 18.

Lamar Bigby (Detroit Northern) scored 17, and Mike Murray (Detroit Rogers) and Derek McKelvey (Adrian) each had 11. At 10 apiece were Chris Colley (Hazel Park), Dwayne Holmes (Taylor Truman) and Corey Bates (Detroit Murray-Wright).

It was 58-43 at the half but Schoolcraft got it into gear in the second. The Ocelots made 18-of-27 free throws to 12-for-17 shooting from the line for their opposition.

"We traded baskets with them," Briggs said, "then we held them to 14 points in the last 16 minutes of the second

BASKETBALL

half. We got better play from our center position."

SC 73, Macomb 44 (women): The return home wasn't so bad. Schoolcraft College's first-year women's coach, Karen Lafata, returned to the school she coached into the NJCAA Tournament last spring when the Lady Ocelots visited Macomb CC

Wednesday. The results were much the same as those who enjoyed as Monarchs' coach — a blowout victory.

"Yeah, it was nice," said Lafata. "We were ahead the whole game. We're going to be good."

They already are. SC led 40-24 at the half en route to posting its fifth-straight win (9-3 overall) in its Eastern Conference opener. Stacy Carlin led the attack with 21 points; she also grabbed 10 rebounds. Jackie Kocis totaled 18 points and 16 boards, with

Samantha Theisen netting 17 points. Jamie Lewandowski added five steals and six assists, Belinda Reid had four steals and four assists, and Antone Watson made five steals.

Macomb (1-8 overall, 0-2 in the conference) got 14 points from Breann England, 11 from Caroline Wyckoff and 10 from Jessica Davis.

SC's men's and women's games against Mott CC, originally scheduled for Jan. 2, have been reset for Feb. 1 at SC.

HOCKEY



STAFF PHOTO BY LIZ CARBONE

Stevenson beats Redford Unified in key SHSHL game

By STEVE KOWALSKI
STAFF WRITER
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Its initials are the same but the Redford Unified hockey team is a real contrast to the first two that played since the program started in 1996.

For that reason alone, Livonia Stevenson coach Mike Harris knew a win over upstart RU wasn't a sure thing Thursday night at Redford Arena.

Add to it the Spartans were without three injured players, including leading scorer John May (ribs), and all Harris hoped for was a tie.

So when the Spartans skated out with a 5-2 victory to remain all alone in first place in the Suburban High School Hockey League standings, the Stevenson coach was feeling downright giddy.

RU, with a quarter of its roster from Redford Thurston after using Redford Union players exclusively its first two seasons, had just cracked the top 10 rankings in Class A and was riding a seven-game winning streak into

SHSHL

the biggest game in program history.

Ironically, Stevenson was the last, and only other team to beat RU this year. The Spartans won their first meeting, 7-2, at Livonia's Eddie Edgar Arena.

The win leaves Stevenson at 7-1 overall, 7-0 in the SHSHL RU fell to 10-2 overall and is in second place in the league at 6-2.

Joining May on the sidelines were forward Dan Wilson, who has a broken jaw, and defenseman Jon Katulski, a broken wrist.

"I wanted to get out with a point — a tie is all I wanted," Harris said. "Coming in, we knew RU was waiting for us. RU is the most improved team in the league by far and Pete Mazzoni is one of the most impressive, up-and-coming coaches in the state."

The win came 24 hours after the Spartans blew a 4-1 lead and settled for a 5-5 tie against Birmingham Unified, which Harris called a "good wake-up call."

Each team had 11 minor

Kick save: Livonia Stevenson goaltender Kevin Marlowe stopped all but two shots in the Spartans' 5-2 victory Thursday over Redford Unified at Redford Arena.

who left his Triple A midjet team before the holidays.

"I heard he had good wheels — and he does," Harris said.

The Panthers trailed 3-0 through two periods before RU senior forward Joel Halliday scored on the power play, assisted by senior defenseman Dave Sellen at 3:09 in the third period.

Following two unannounced goals by Cieslak, RU senior J.J. Price scored, assisted by Maul and junior forward Andy Dornfried with less than three minutes left.

Eric Bagel played in the RU nets and made a nice kick save early on a shot from point-blank by Jason Gildersleeve.

Pagel's counterpart, Kevin Marlowe, also made key saves.

"We felt good in the first period but lost our composure at the end of the second and spent too much time in the box," Mazzoni said. "Stevenson's a solid team, the best in the league. We had to play our best game and we didn't."

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Heads You Win — www.headsyouwin.com
- HEALTH CARE**
Family Health Care Center — www.familyhealthcare.com
St. Mary Hospital — www.stmaryhospital.com
Nature's Better Way — www.naturebetterway.com
- HOME ACCESSORIES**
Laurel Home Accessories & Gifts — www.laurelhome.com
- HOSPITALS**
Botsford Health Care Continuum — www.botsfordhealthcare.com
St. Mary Hospital — www.stmaryhospital.com
- HYDRAULIC AND PNEUMATIC CYLINDERS**
Hennells — www.hennells.com
- HYPOPHYSIS**
Full Potential Hypothesis Center — www.oecomm.com/hypophysis
- INDUSTRIAL FILTERS**
Elkay Corporation — www.elkaycorp.com
- INSURANCE**
Cadillac Underwriters — www.cadillacunderwriters.com
J. J. O'Connell & Assoc., Inc. — www.oconnellinsurance.com
Nonwestem Mutual Life-Stein Agency — www.steinagency.com
- INTERACTIVE CD ROM PUBLISHING**
Envision — www.envision.com
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Boritz Internet Consulting — www.boritzinternet.com
- JEWELRY**
Haig Jewelry — rochester-hills.com/haig
- LANDSCAPE DESIGN AND CONSTRUCTION**
Roflin Landscaping — www.roflinlandscaping.com
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- LEGAL SERVICES**
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- METROLOGY SERVICES**
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- CONSTRUCTION**
Frank Rebold Construction — rochester-hills.com/rebold
- DEVELOPERS**
Moceri Development — www.moceri.com
- WASTE CLEANING**
Waste Cleaning — www.waste-cleaning.com
- ENERGY SYSTEMS**
Mechanical Energy Systems — www.mes1.com
- EDUCATION**
Global Village Project — www.globalvillageproject.com
Oakland K12 Mt. — www.oaklandk12mt.com
Reuther Middle School — www.reuthermiddle.com
Rochester Community Schools Foundation — rochester-hills.com/rscf
The Webster School — www.websterschool.com
Western Wayne County Inter-User Group — www.westernwaynecounty.org
- ELECTRICAL SUPPLY**
Canlit Electric Supply — www.canlit.com
Progress Electric — www.pe-co.com
- ELECTRONIC SERVICE AND REPAIR**
ABL Electronic Service, Inc. — www.ablson.com
- EMPLOYEE LEASING COMPANY**
Genealogy Group — www.genealogygroup.com
- EMPLOYMENT SERVICES**
Employment Presentation Services — www.epsweb.com
HR ONE, INC. — www.hroneinc.com
- ENVIRONMENT**
Resource Recovery and Recycling — www.oecomm.com/rasoc
Authority of SW Oakland Co. — www.swoakland.com
- EYE CARE/LASER SURGERY**
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Michigan Eye Care Institute — www.michiganyec.com
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WOMEN SEEKING MEN
AD OF THE WEEK
FLY ME TO THE MOON
Attractive SWF, 30, social dancer, enjoys promiscuous, social, looking for a guy who is fun, sexy, and has a good sense of humor. Seeking attractive, fit SWM 28-35, for LTR. #1292

To Place Your Free Ad Call 1-800-518-5445

STOP LOOKING
Cute SWF, 28, 5'8", brown/blond, Seeking active SWM 28-34, who enjoys music, animals, for possible LTR. No games, no lies or NDs. #2268

VERY EXOTIC
Very romantic, sincere, caring, fit, attractive, small SWF 150lbs, college graduate, enjoys working, outdoor activities, reading, going on outings, Seeking very intelligent, mature, handsome, SM, 28+, nice, unimportant, no games #2171

5'7" AND PRETTY
Pretty, fun-loving, energetic, brown-haired, green-eyed girl, 34, medium build, full-figured, would like to start exercising, enjoys many things in life. Seeking fit, attractive, SWM financially/emotionally secure, HW professional. Detroit, Pinchney Area. #2173

SILVERHAIR SEES SILVERHAIR
Happiness makes life better. Funny, fit, energetic, successful SWF 50, 5'7", blonde/blue, two sons, seeks humorous, fun-loving, fit SWM 50-55, for eternal happiness and LTR. #2084

WHAT A COMBINATION
Tall, thin, fit, blonde, professional, seeks attractive, adventurous male who loves going out and having fun. #1470

LET'S FLOW THROUGH
This fit, blonde, blonde, professional, seeks attractive, fun-loving, fit SWM 28-35, for LTR. #2175

WOMAN WITHOUT BAGGAGE
Attractive, fit, blonde, blonde, professional, seeks attractive, fun-loving, fit SWM 28-35, for LTR. #2176

ROMANCE, PASSION...
Honesty and loyalty are what I have to offer. Smart, beautiful, successful, well-educated female, 36, fit, blonde, professional, seeks a successful, fit, sincere, SWM. You should call me. #2081

LET'S GET TO KNOW EACH OTHER
Attractive SWF, 35, 5'4", blonde, tall, medium build, seeks attractive, fit, physically fit SWM 30-40, enjoys the arts, movies, books, travel, working out, outdoor activities, friends for LTR. #2082

SLIGHTLY DIFFERENT
SF, 36, loves animals, gardening, sports, seeks attractive, fit SWM 30-40, for LTR. #2083

TEACH ME SOMETHING NEW
Attractive SWF, 27, 5'8", blonde, a little heavy, enjoys travel, social, fun, seeks attractive, fit SWM 28-35, for LTR. #2084

SWF - BUILT TO LAST
1963 limited edition, Chrysler, sporty, fun, seeks attractive, fit SWM 28-35, for LTR. #2085

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Elkay Corporation — www.elkaycorp.com

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Enterprise Mortgage — www.getmoneyfast.com

CONSTRUCTION
Frank Rebold Construction — rochester-hills.com/rebold

DEVELOPERS
Moceri Development — www.moceri.com

WASTE CLEANING
Waste Cleaning — www.waste-cleaning.com

ENERGY SYSTEMS
Mechanical Energy Systems — www.mes1.com

EDUCATION
Global Village Project — www.globalvillageproject.com
Oakland K12 Mt. — www.oaklandk12mt.com
Reuther Middle School — www.reuthermiddle.com
Rochester Community Schools Foundation — rochester-hills.com/rscf
The Webster School — www.websterschool.com
Western Wayne County Inter-User Group — www.westernwaynecounty.org

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EMPLOYMENT SERVICES
Employment Presentation Services — www.epsweb.com
HR ONE, INC. — www.hroneinc.com

ENVIRONMENT
Resource Recovery and Recycling — www.oecomm.com/rasoc
Authority of SW Oakland Co. — www.swoakland.com

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Greenberg Laser Eye Center — www.greenbergeye.com
Michigan Eye Care Institute — www.michiganyec.com

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PERSONAL SCENE

WANTED: BEST FRIEND/LOVER
SWF, 47, 5'8", 150lbs, blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2086

SEEKS EUROASIAN LADY
Good-looking SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2087

STARTING OVER
Honest, hard-working, fit SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2088

COULD CONNECT...
SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2089

LOOKING FOR THAT GENTLEMAN
SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2090

SMILE WITH ME
Caring, attractive, fit SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2091

LOOKING FOR THAT GENTLEMAN
SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2092

SMILE WITH ME
Caring, attractive, fit SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2093

LOOKING FOR THAT GENTLEMAN
SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2094

SMILE WITH ME
Caring, attractive, fit SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2095

LOOKING FOR THAT GENTLEMAN
SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2096

SMILE WITH ME
Caring, attractive, fit SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2097

LOOKING FOR THAT GENTLEMAN
SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2098

SMILE WITH ME
Caring, attractive, fit SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2099

LOOKING FOR THAT GENTLEMAN
SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2100

SMILE WITH ME
Caring, attractive, fit SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2101

LOOKING FOR THAT GENTLEMAN
SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2102

SMILE WITH ME
Caring, attractive, fit SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2103

LOOKING FOR THAT GENTLEMAN
SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2104

SMILE WITH ME
Caring, attractive, fit SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2105

LOOKING FOR THAT GENTLEMAN
SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2106

SMILE WITH ME
Caring, attractive, fit SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2107

LOOKING FOR THAT GENTLEMAN
SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2108

SMILE WITH ME
Caring, attractive, fit SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2109

LOOKING FOR THAT GENTLEMAN
SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2110

SMILE WITH ME
Caring, attractive, fit SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2111

LOOKING FOR THAT GENTLEMAN
SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2112

SMILE WITH ME
Caring, attractive, fit SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2113

LOOKING FOR THAT GENTLEMAN
SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2114

SMILE WITH ME
Caring, attractive, fit SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2115

LOOKING FOR THAT GENTLEMAN
SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2116

SMILE WITH ME
Caring, attractive, fit SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2117

LOOKING FOR THAT GENTLEMAN
SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2118

SMILE WITH ME
Caring, attractive, fit SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2119

LOOKING FOR THAT GENTLEMAN
SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2120

SMILE WITH ME
Caring, attractive, fit SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2121

LOOKING FOR THAT GENTLEMAN
SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2122

SMILE WITH ME
Caring, attractive, fit SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2123

LOOKING FOR THAT GENTLEMAN
SWF, 40, 5'8", blonde, fit, seeks attractive, fit SWM 40-50, for LTR. #2124

SMILE WITH ME
Caring, attractive, fit SWF, 40, 5'

BOWLING & RECREATION

Time right for ice fishing, light tackle key to success

Winter's icy grip has certainly taken hold of southeastern Michigan.

While many area residents are grumbling to themselves about overdue vacations to Florida and the exorbitant price of a good snow blower, anglers are licking their chops in anticipation of the long-awaited ice fishing season.

Most local lakes offer a solid layer of ice and the early reports filtering in indicate that so far the fishing has been great.

Many area lakes have already produced skillet full of tasty bluegill filets.

Lake Orion native Dale Cadick reported a good bite of bluegills just after Christmas on Long Lake, including one whopper gill that measured 10 inches in length.

Livonia's Dave Hartlock fished Kent Lake last weekend and returned home "with a bucket full of fish."

To date, the fish in inland lakes seem to still be holding in the shallow water weeds and along the edge of drops. They haven't yet moved into their deep, mid-winter holds.

Light tackle — the lighter the better — is the key to successful pan fish angling in the winter months.

Two- to four-pound-test monofilament spooled on an ultra-light spin casting reel and mounted on a short ice fishing pole is all that's needed.

OUTDOOR INSIGHTS

BILL PARKER

A spring bobber, which mounts to the end of your ice fishing pole and is available at any bait and tackle shop, is a huge asset in detecting a subtle bite from down below the ice.

Tiny jig heads and tear drops in a variety of colors are favored bluegill baits when tipped with a spike, wax worm or wiggler.

Don't be afraid to change colors if you're not catching fish. Many times, simply switching from white to red, or from chartreuse to green, etc. will trigger a bite.

Begin your presentation right at the bottom of the lake and vary your depth by 10- to 12-inch increments over the course of time until you locate the depth at which fish are holding.

Pay close attention to the depth when you get a bite so you can get right back into the fish after you reel one in.

A hand or power auger or a sharp ice spud is paramount to success.

A good approach is to drill a half dozen or more holes in the area you plan to fish as soon as you get to your spot. This way you can move around from spot to spot to find the fish without spooking them by having to make a new hole every half hour or so.

The fish are biting normally when the warm weather hits, so get out and enjoy the opportunity while it exists.

Don't wait until tomorrow or next week... remember the bumper of a season we had last year?

Osprey logo contest

Young artists between the ages of 12 and 18 are encouraged

to submit entries to the osprey logo design contest.

In a joint effort between the Michigan Department of Natural Resources, the Huron-Clinton Metropolitan Authority and the Detroit Zoo, four osprey chicks were released in Kensington Metropark last summer.

The hope is that these raptors will return to the area to nest and raise their young in a couple years when they reach maturity at the age of three.

More chicks will be brought into Kensington over the next two summers in an attempt to re-establish wild nesting populations in the park.

Young artists are asked to assist in the project by creating a logo that symbolizes the effort to re-introduce osprey to the area.

The winning design will be used in a variety of ways including use on printed material as well as t-shirts.

Designs should be done on an 8 1/2" by 11-inch unlined piece of paper. A clever title, such as "Osprey Return," can be included with the logo.

Entries must be received by February 1. Send entries to Osprey Contest, DNR Natural Heritage Program, P.O. Box 30444, Lansing, MI 48909-7994. Be sure to include your name, address and phone number.

(Anglers and hunters are urged to report your success. Questions and comments are also encouraged. Send information to: Outdoors, 805 E. Maple, Birmingham, MI 48009. Fax information to (248) 644-1314. Send e-mail to bparker@oe.homecomm.net or call Bill Parker evenings at (248) 901-2573.)

Miss America at bowling show

Are you planning to go to the Bowling Show next weekend at the Novi Expo Center?

Just in case you are still undecided, please note that Nicole Johnson will be there in person. She happens to be Miss America 1999 and will be making her appearance on Sunday, Jan. 17.

She will be there on behalf of the Health, Fitness and Lifestyle Show that is the co-host along with the bowling show.

Ms. Johnson is a national spokesperson and advocate for diabetic issues and will address the audience on the early detection, prevention and cure of diabetes as a national priority.

As pretty as she is, and not to be too chauvinistic in the eyes of the female readers, it is worth mentioning that Bob Greene will also be present on Friday and Saturday Jan. 15-16.

Best known as Oprah Winfrey's personal trainer, Greene will headline the show.

I wonder if either Greene or Johnson are bowlers?

If they are not, how about someone to volunteer to instruct them in the finer points of this game?

TEN-PIN ALLEY



AL HARRISON

As a matter of fact, the Health, Fitness and Lifestyle Show is an like an extra attraction itself for bowlers, for after you have taken in the bowling show and perhaps come away with some good bargains in equipment or whatever it would be wise to take in the rest of the show.

Health and fitness is essential to any kind of athletic performance, and if we come away from this show with anything at all that will help keep us in better shape it will be of value now and in years ahead.

Greater Detroit Bowling Association members can clip the coupon in the January newsletter for \$1 off for admission to the show. Admission is \$5 and parking is free.

•A word of caution on this extremely cold weather.

Be very careful when trying to remove the snow. Even persons in good health can get into harms way from too much shoveling. Bring the equipment in from the car at night, these sub freezing temperatures can cause damage to any bowling ball.

Leave plenty of extra time to get to the lanes, there are the usual delays from gridlock, bad drivers and stalled cars or accidents.

If you are driving to the Michigan State Tournament this weekend at Bay City, be extra careful with the weather and road conditions.

When you arrive at the bowling centers, please be careful to kick off the snow from your

shoes and boots as you enter.

Watch where you walk with your bowling shoes on, there are always those who will track up the place with wet shoes and you can have big trouble on the approach with water on your shoes.

•Members of the Greater Detroit Bowling Association have by now received the January Newsletter.

The G.D.B.A. Semi-Annual Meeting will be 1 p.m. Sunday, Jan. 17 at Sunnybrook Lanes, 7191 17 Mile Road in Sterling Heights.

All sanctioned leagues should be represented at this meeting.

Jack Mordini, Assistant Executive Director of the American Bowling Congress will be the guest speaker and will address the new tiered membership program.

The program was adopted in nine different locales around the country this year on a test basis.

To be a delegate from a league, a current member of the league's board of directors may represent the GDBA.

Nominations will be taken for president and four directors. They will review 1997-98 expenditures. (Refreshments will be served.)

If your league does not have a delegate, they should appoint someone to attend and represent the league.

The GDBA, with nearly 70,000 members is the largest local association in the nation.

BOWLING HONOR ROLL

MERRI BOWL LANES (Livonia)

Men's Senior House: Greg Bashara, 300-243-267/810; Ed Kulin, 267-236-241/744; Andy Rexio, 224-258-2576/739; Jim McPhail Jr., 236-237-287760; Craig Senkowski, 258-290-227/775; Greg Nagle, 279-268-223/770.

Sunday Parent/Child: Sean Klisz, 200; Ali Cichon, 223/608.

Senior Merry Bowlers: Roy McMahan, 226-210/604; Harry Oumedian, 216/551; Joe Kubinec, 232/541; John Spritzer, 234/556; Betty Moore, 513.

K of C: Frank Hoffman, 237-237/237 (ABC Triplicate Award); Chris Tuberos, 280/721; Randy Presnell, 721/Jim Montroy 686; John Stevens, 729 (4th 700 in December).

Youth Leagues: (Gutter Dusters) Matt Majewski, 135; Domine Fetter, 87-85; Kristi Singleton, 120; Danielle Maples, 120.

Strikes & Spares: Stevelyn Norman, 160; Cassie Renard, 172; Mark Musleh, 148.

Pepsi Pros: Eugene Doss, 290-289/803; Brian Adams, 240-269/708; Dustin Wilim, 225-233/658; Barb Baumeister, 153.

Pin Busters: Chaz Watkins, 120; Michelle Turnbull, 180; Jennifer Kiel, 137.

Pin Heads: Ken Coles, 172; Joe Rizzo, 197; Terri Hicks, 168.

WONDERLAND LANES (Livonia)

Wonderland Classic: Ron Eisenbeis, 286/794; Don Parks, 279/766; Larry Franz, 267/734; Bryan Macek, 266-266/731; Brian Serda, 716.

Nite Owls: Alan Blasotto, 279/761 (170 pins over average); Kirk Herman, 697 (157 pins o/s); Darrin Liptow, 268/656; Shane Wyatt, 255/647; Kenny Mynatt, 248/648.

St. Paul's Presbyterian Mixed: John Hoard, 265/703; Mike Mackie, 258/691.

WOODLAND LANES (Livonia)

Lyndon Meadows: Kathy Daniels, 201-202/539; Lyn Blaharski, 218.

Ford Parts: Brad Strange, 663; John Sikora, 668; Shane Wyatt, 659; Bob Thomas, 680; Brent Pond, 264/696.

Jacks & Jills: Joe C. Monge, 602; David Weeg, 656.

Men's Trio: John Wodarski Sr., 672; Dave Grabos, 707; Butch Cook, 276/714; Dave Myers, 276/696; Mike Schneider, 289/710.

Starlights: Tina Murray, 535; Linda Gossett, 218/616.

Morning Glories: Verna Reichert, 207.

Swinging Seniors: Fred Swan, 203-201; Fernando Melonio, 207; Teresa Melonio, 200.

MAYFLOWER LANES (Redford)

Wednesday Men's Senior Classic: Joe

SUPER BOWL (Canton)

Suburban Proprietors Travel (men): Robert Custard, 257/679; Tim Magyar, 247/730; Norm Leppala, 255; Bob Chuba, 246/679; Billy Gerace, 239/661.

Suburban Proprietors Travel (ladies): Kathy Butler, 220/591; Margy Brothers, 213/543; Patty Jaroch, 206/548; Joann Wodogaza, 201/548; Viv Waldrep, 195.

PLAZA LANES (Plymouth)

Waterford Men: Chuck Morris, 247/707; Ross Hauk, 279; Jerry Dasher, 254; Dave Bazner, 256/752; Chris Schemanske, 268/716; Ray Haan, 300/710; Keith Sockow, 268; Jim P. Sockow, 245-244-226/715; Jim C. Sockow, 258/736; Bill Clements, 248-256-235/739; Bill Toth, 279.

Burroughs Men: Bryan Schwartz, 248/699.

Powertrains Men: Pat Caram, 279; Dave Ling, 257/709.

St. Colette's Men: Bob Nunn, 248-300-214/762; Mick Madsen, 247/707; Frank Pencola, 249/719; Eddie Nolf, 267; Jerry Sadler, 268; Chaz Perry, 268.

Plaza Men: Bob Smith, 259; Mike Buzzell, 269-290-266/825; Art Scharr, 264; John Grego, 289/739; John Paz, 257/701; Sam Fullerton, 257/692; Walt Zawacki, 257.

Sheldon Road Men: Dave Bogedain, 278/696; John Cochran, 277.

Keglers: Jeff Cameron, 257.

CLOVERLANES (Livonia)

St. Aidan's Men: Tony Kaluzny, 235-212-225/672; John Golen, 213; Conrad Sobania, 211; Cliff Merritt, 202; Vince Bastard, 203.

WESTLAND BOWL

Sunday Sleepers Invitational: Kevin Moreno, 298/745; Hector Ortega, 278/748; Jason Johnson, 279/782; Troy London, 266/710; Vernon Peterson, 269/749; Shawn Arbogast, 257/715; Rick Trullard, 257/712.

Monday 6:30 Men: Gregory Tachior, 259/715; David Pydyn, 249/648; Hal Winters, 225/596; Jim Graves, 238/685; Lawrence Pydyn, 237/593.

Monday Morning Men: Bob Baker, 268/676; Dave Loos, 259/716; Dick Bond, 256/693; Rick Farr, 686; Lance Howey, 676; Randy Kline, 678.

Monday 6:30 Men's: Ron Lundie, 265/654; Jim Graves, 258/665; David Adams, 247/643; Mike Johnson, 225/643; Bill Schaeffer, 234/658.

Tuesday Invitational: Dustin Vivier, 279-

COUNTRY LANES (Farmington)

Country Keglers: Dean Johnson, 258; Dan Napier, 255/646; Marty Ellis, 244/641; Ed Dudek, 236; Mike Stark, 233/642.

Monday Midnight Men: Mike Alkasmikha, 278; Mike Kassa, 274; Sam Yono Jr., 268; Steve Hayoo, 714; Bassam Jabro, 697.

Wednesday Knights: Steve Lingertot, 290/759; David Green, 279/683.

Loon Lake: Scott Tutas, 254/715; Bill Mason, 248.

Wednesday Nite Ladies: Sandy Regan, 222; Anita Calchary, 218/562; Sue Kin, 222/583.

Sports Club: Kevin Kirma, 224/603; Ryan Shunia, 223; Mark Saimo, 581; Rita Dawood, 189/505.

Monday Nite Men's: Art Remer, 279/771; John Baughman, 277/748.

B'Nai Brith Brotherhood-Eddie Jacobson: Howard Waxer, 226-220/645; Barry Fishman, 221-211-211/643; Larry Slutsky, 245-221/641; Mike Klingler, 256/623; Marc Weberman, 220-205/627.

Ever-7: Tony Elias, 278/711; Rob Holton, 268/716; Dave Spitz, 267/684; Ron Mathison, 258/647; Mike Ksiazek, 255/659.

Strikers: Linda Alkammo, 222/560; Sue Yaldo, 207; Eddie John, 512.

Saturday Odd Couples: Steve Karakula, 257/660; Gifford Nutter, 245/610.

All Over Mixed: Robert Wojcik, 257/598; Jim Sestak Jr., 244/608; Maggie Olschanski, 216/543; Kathy Sestak, 195/523.

Country Keglers: Walt Ullrich, 258/625; Dave Kaliszewski, 258/665; Greg Bricker, 245; Patrick McComb, 244; Matt Masters, 244.

Country High School: Shawn Meyers, 290/703; Jordan Urnovitz, 220; Melissa Miller, 209/567; Jenny Long, 183/533.

Country Juniors: Howard Hardy, 221/507; Kelly Buxton, 138; Brandi Paris, 137.

Country Preps: Jordan Gorosh, 161; Ryan Meyers, 160; Kerri Ann Sidor, 167; Christina Mouawad, 143.

Country Beginners: Brian Sembrorski, 106; Tony Shay, 90; Casey McKay, 103; Taylor Wagner, 76.

DRAKESHIRE LANES (Farmington)

B'Nai Brith Morgenstau L'Chayim/Zeiger-Gross: Sandy Freeman, 216/605; Ross Benchik, 200-230; Mike Aaron, 213-210; Mike Rosenfeld, 224; Hal Lempert, 212.

See bowling column above.

Crows proved to be intelligent city slickers around humans

During the last 20 years the crow population has increased more than 200 percent according to Detroit Audubon Society Christmas Count data.

Their opportunistic ways have undoubtedly contributed to this success, as well as their intelligence.

Crows are smart compared with other species of birds.

For instance, if a photographer and a friend go into a photographic blind and only one leaves, most birds feel danger has gone and will return to the nest. This technique has been used by photographers for years.

However, this technique does not work for crows.

If I recall correctly from an article I read years ago, crows can count to 11. They would know that a photographer was

NATURE NOTES



TIM NOWICKI

still in the blind if only one of the two exited. Just watching crows gives me the feeling that they are aware of several things going on around them.

An increase in crows may be due to their ability to adapt to developed areas like cities and suburbs.

They know where dumpsters are for picking discarded French fries, and they constantly patrol the highways for roadkill.

Through the years they have discovered that living near humans is as safe as any other kind of habitat.

Crows, to my recollection, were not always as tolerant of humans as they are today.

If a car or person got anywhere near a crow they would fly away, especially cars. That is not the case today. I have seen many crows stand their ground at a roadkill while cars zoomed past.

But I had never seen one intentionally wait for traffic to stop like I saw the other day. As I slowed down for a red light, I watched a crow in the

right lane looking intently at something in the lane to my left.

It stood in the right lane only a few feet from my car and waited until I had stopped. While the car behind me slowed to a stop, the crow waited anxiously, slowly inching its way toward the gap between our cars.

The crow seemed to know we were going to stop, which would not endanger it at all. After we stopped, it moved between our cars and waited for the cars in the left lane to stop. Then, before the light turned green the crow reached its destination and pecked at something invisible to me.

I can't recall watching a crow behave so boldly around moving cars before. This individual has learned that stationary cars are not threatening.

Crows have also learned that dark, plastic trash bags often have edible food inside, even though they cannot see or smell the food.

They have made many associations which prove helpful in their success here in the city.

OUTDOOR CALENDAR

SHOWS

CAMPER, TRAVEL & RV
The 16th annual Pontiac Silverdome Camper, Travel & RV Show will be Jan. 27-31 at the Silverdome.

DEER AND TURKEY
The annual Michigan Deer and Turkey Spectacular will be Feb. 12-14 at the Lansing Center.

BOAT, SPORT AND FISHING
The 16th annual Pontiac Silverdome Boat, Sport & Fishing Show will be Feb. 17-21 at the Silverdome.

SPORTFISHING EXPO
The 10th annual Greater Detroit Sportfishing and Travel Expo will be March 5-8 at the palace of Auburn Hills.

SEASON/DATES

GOOSE
There will be a special late Canada goose season through

Feb. 7 in the southern Michigan Goose Management Unit. Check the 1998-99 Michigan Waterfowl Hunting Guide for specific boundaries.

RABBIT/HARE
Rabbit/hare season run through March 31 statewide.

TURKEY
Feb. 1 is the deadline to apply for a spring wild turkey hunting permit.

CLUBS

SOLAR
The School for Outdoor Leadership, Adventure and Recreation (SOLAR), a non-profit organization interested in promoting the appreciation of outdoor activities, meets at 7:30 p.m. on the first Tuesday of each month at the Colony Hall in Southfield. Call (248) 989-6658 for more information.

CLINTON VALLEY BASS
Clinton Valley Bass Anglers club

is seeking new members (boaters and non-boaters are welcome.) The club meets monthly at Gander Mountain in Waterford. Call Mike Daly at (248) 666-8910 for more information.

METRO-WEST STEELHEADERS
Metro-West Steelheaders meets at 7:30 p.m. on the first Tuesday of each month in the cafeteria at Garden City High School. Call Dominic Liparoto at (248) 476-5027 for more information.

MICHIGAN FLY FISHING
The Michigan Fly Fishing Club meets at 7 p.m. the first and third Wednesdays of each month at Livonia Clarenceville Junior High School. Call (810) 478-1494 for more information.

FOUR SEASONS
The Four Seasons Fishing Club meets 7:30-9:30 p.m. the first Wednesday of each month at the Civic Park Senior Center, 15218 Farmington Road, in Livonia. Visitors are invited and refreshments will be served. Call Jim

Kudej at (734) 591-0843 for more information.

HURON VALLEY STEELHEADERS
The Huron Valley Steelheaders meets the third Thursday of each month at the Knights of Columbus Hall, 27600 Hall Road, Flat Rock. Call Carroll White at (734) 285-0843 for more information.

MEETINGS

NRC
The monthly meeting of the state Natural Resource Commission will be Wednesday and Thursday, Jan. 13-14, at the Lansing Center (Wednesday) and the Steven T. Mason Building (Thursday) in Lansing. Persons who wish to address the commission or persons with disabilities needing accommodations for effective participation should contact Teresa Golden at (517) 373-2352 one week in advance.

ARCHERY

JUNIOR ARCHERS
A weekly program for junior archers begins at 9 a.m. Saturdays at Detroit Archers in West Bloomfield. Call (248) 661-9610 or (313) 835-2110 for more information.

METROPARKS

METROPARK REQUIREMENTS
Most Metropark programs are free while some require a nominal fee. Advanced registration and a