

Canton Observer

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THE WEEK AHEAD

TUESDAY

Field trip: *Canton Parks and Recreation play-ground leaders will supervise a field trip to the hands-on museum at Domino's Farm in Ann Arbor. For information, call 397-5110.*

THURSDAY

Summer musing: *Check out the Summer Celebration of Poetry, 7:30-10:30 p.m., at the Plymouth Coffee Bean Company, 844 Penniman St. in downtown Plymouth. All audience members are invited to share their poetry before and after the featured readers.*

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School bond suit headed for rehearing

Plymouth resident Jerry Vorva has taken steps to ensure his legal battle with the Plymouth-Canton school district will go on for more than another year, as well as give attorneys additional time to put together a case which can be presented to the Michigan Supreme Court.

The Plymouth law firm of Sempliner, Thomas and Boak has filed a motion for a rehearing with the Michigan Court of Appeals. The motion asks the three-judge panel to reconsider its July 10 opinion, a unanimous ruling which said the school district did nothing illegal in passing a \$79.6 million bond issue in March 1997.

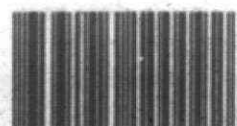
The appeals court ruling upheld a Wayne County Circuit Court decision, thereby dismissing all counts of Vorva's complaint.

Vorva claims that with 716 spoiled ballots on a new touch-screen voting machine, voters "were denied their fundamental right to vote."

The suit is holding up the sale of bonds which are designated to build a third high school, an elementary school, buses and computer equipment.

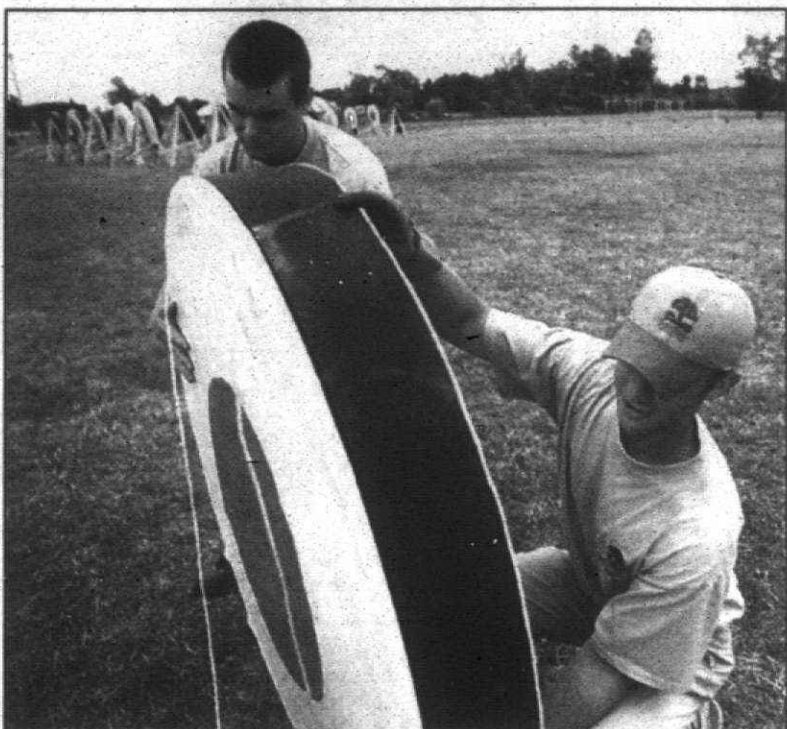
"I think it's really a shame this is going to the next level," said Mike Maloney, school board president. "The appeals court

Please see **SUIT, A2**



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Target practice



Archery tournament: Brian Musser of Canton and Kevin Clark of Belleville place targets on the Field at Heritage Park for this week's 114th National Target Archery Championships. For more information on the event and a map of the park layout, please turn to Page A2 in today's Observer.

Clerk: Turnout should be light

■ A local road tax proposal and heavily contested races for the state House and Senate may not be enough to boost turnout in Tuesday's primary.

A request for a tax hike to pay for road improvements in Canton Township isn't expected to draw more voters than usual to the polls this Tuesday.

Polls for the primary election open at 8 a.m. and close at 8 p.m. In a primary, election voters must cast their ballot for either Republican or Democratic candidates. Mixing of party affiliations will result in a spoiled ballot.

Primary elections typically have low voter response — about 14 percent turned out in 1996, said Clerk Terry Bennett.

However, she expected a slightly better response considering so many residents listed roads as their biggest concern in various township surveys conducted over the past two years.

Canton is asking for an eight-year 2-

Please see **PRIMARY, A3**

Farmer Jack wins final OK

Farmer Jack is expected to break ground on its new grocery store at the southeast corner of Cherry Hill and Canton Center this fall.

A year-long battle with Canton residents came to an end Tuesday when the board of trustees approved the site plan for the commercial center next to the Amoco gas station.

The store is slightly reduced in size from what was originally planned by

developers, Bloomfield Hills-based ATMF-V. It will be 53,921 square feet, reduced from the original 59,800-square-foot grocery store that was planned.

The Farmer Jack will have in-store banking and a pharmacy similar to its other new locations.

"We will be breaking the mold of what Farmer Jack's look like. It will be more of a custom design, more upscale

to complement the community," said Paul Coleman, vice president of advertising and marketing and a Canton resident.

Another 12,000 square feet of retail is planned for the property.

The biggest concerns from residents were the size of the store, traffic and a retention basin.

Please see **SUPERMARKET, A2**

Plea deal set in ambush shooting

A plea bargain was made with a 19-year-old Detroit man and is expected to be made with his alleged accomplice in a Dec. 7, 1997, shooting at the Holiday Estates Mobile Home Park in Canton.

Tom Esch, 20, of Livonia was injured after a shot from a 12-gauge shotgun pierced the rear passenger door of his

friend's Ford F150 truck as the two of them were leaving the trailer park. The shot struck the 1995 Franklin High School graduate in the lower back, searing a kidney.

"The shooting stemmed from an alleged racial incident involving the victims... The defendants claimed they

were just scaring them for the earlier incident," said Assistant Prosecutor Maurice Morton.

Edward Boldon pleaded guilty to pulling the trigger in the shooting. He faces up to four years behind bars for

Please see **SHOOTING, A2**

On display: Amateur military historian and collector Dave Washburn displays uniforms, weaponry and Michigan memorabilia from the Spanish-American War.



Rough ride

Spanish-American War worth notice, says Canton history buff

Remember Teddy Roosevelt and the charge up San Juan Hill?

Well, how about Michigan's 33rd and 34th Volunteer Infantry Regiments? Or Corporal A.C. Briggs of Plymouth?

If you are vague on these at best, you're not alone, says amateur military historian and collector Dave

Washburn of Canton.

Roosevelt, his Rough Riders, the two Michigan regiments who served with him and Cpl. Briggs all are part of a highly significant piece of local, state and national history — the Spanish-American War — which is passing its centennial year largely unnoticed.

But Washburn, an automotive products engineer for GM with a life-long love of military history, is fighting his own uphill battle to get the four-month-long 1898 war proper recognition.

So far, he has helped the Brighton

Please see **WAR BUFF, A4**

CANTON'S AUG. 4 PRIMARY

Election '98

REPUBLICAN PRIMARY

GOVERNOR

- Gary Artinian
- John Engler

CONGRESSIONAL

- 13TH DISTRICT
- Tom Hickey

STATE SENATE

- 8TH DISTRICT
- Loren N. Bennett

STATE SENATE

- 9TH DISTRICT
- Thaddeus G. McCotter
- James R. Ryan
- Deborah Whyman

STATE REPRESENTATIVE

- 18TH DISTRICT
- Steve Conley

STATE REPRESENTATIVE

- 21ST DISTRICT
- Patricia A. Fatyma
- Bruce Patterson

WAYNE COUNTY EXECUTIVE

- Edward A. Romanowski
- Herbert A. Scott

WAYNE COUNTY COMMISSIONER

- 11TH DISTRICT
- Melissa McLaughlin

DEMOCRATIC PRIMARY

GOVERNOR

- Geoffrey Fieger
- Larry Owen
- Doug Ross

CONGRESSIONAL

- 13TH DISTRICT
- Lynn Nancy Rivers

STATE SENATE

- 8TH DISTRICT
- Kenneth A. Warfield

STATE SENATE

- 9TH DISTRICT
- Carol Poesch
- Marc M. Susselman

STATE REPRESENTATIVE

- 18TH DISTRICT
- Eileen DeHart

STATE REPRESENTATIVE

- 21ST DISTRICT
- Ray Bailey

WAYNE COUNTY EXECUTIVE

- Edward H. McNamara
- Sharon McPhail
- Wallace Serylo

WAYNE COUNTY COMMISSIONER

- 11TH DISTRICT
- Fred A. Boldon
- Thomas Murphy Hartnett
- David Parrott
- John Sullivan

CANTON TOWNSHIP BALLOT PROPOSAL

Should property taxes be increased 2 mills annually for the next eight years for construction, repairing, maintaining local roads and/or purchasing road right-of-way.

WAYNE COUNTY BALLOT PROPOSALS

PROPOSITION A

Shall the Wayne County Charter be amended to require a two-thirds vote of commissioners to place on any ballot any tax increase proposal and approval of more than 60 percent of voters for to adopt such proposals.

PROPOSITION J

Shall Wayne County be authorized to renew .9532 mills to acquire, construct and/or operate jail facilities.

NON-PARTISAN BALLOT

APPEALS COURT JUDGES

(VOTE FOR NOT MORE THAN TWO)

- Helen E. Brown
- Susan Bieke Neilson
- Daniel P. Ryan
- Myron H. Wahis
- Helene N. White

CIRCUIT COURT JUDGES

(VOTE FOR NOT MORE THAN TWO)

- Annette Jurkiewicz Berry
- Patricia Susan Fresard
- Gary Edward Gardner
- Jane E. Gillis
- Muriel Diane Hughes
- Brian R. Sullivan

LWV goes online

The League of Women Voters of Michigan is offering a voters guide for Tuesday's primary online at www.mic.lib.mi.us/~lwvm

The league compiled the information by contacting candidates for biographical information and answers to questions on issues.

OPINION

County commission Parrott is best Democrat choice

Voters in the 11th District in Canton Township will decide in Tuesday's primary election who will face off in the Nov. 3 general election.

He has a good grasp of the issues facing his district such as airport noise and expansion and roads. His experience on the Sewer and Water Commission in Van Buren Township will help him and the commission deal with drain issues.

'Yes' to road tax

I am writing to encourage support for the Canton roads ballot initiative. I believe a "yes" vote will further Canton's interest in determining its own destiny with regard to the safety and quality of its roadway infrastructure.

Canton has also chosen, I believe appropriately, to remain a township with the ability to govern locally in most all sectors with the exception of roads.

and industry to support the quality of local services we have chosen. The development and maintenance of a high quality roadway network is always a critical component of location decisions made by these companies.

Thus, the best way for Canton to meet the safety, capacity and quality road standards held by its residents is to have the local financial resources that can leverage county and state dollars and direct them toward our local priorities.

Jim Kosteva Canton

Whyman is honest

I would like to respond to Donald Knapp's letter in which he accused Deborah Whyman, candidate for the Republican nomination for state senator, District 9, of being deceptive and vague.

Second, concerning racial quotas Mr. Knapp is correct in saying that such quotas are illegal (the Bakke decision).

Third, Mr. Knapp says that Ms. Whyman "claims that a homosexual extremist group is attempting to silence her through legal action."

true. The Triangle Foundation is suing Ms. Whyman for calling them a "homosexual extremist group."

Now I would like to ask Mr. Knapp a question. Why has the Wayne County Republican Committee, which Mr. Knapp serves as secretary, chosen to endorse a candidate (Thaddeus McCotter) before the voters make that choice Aug. 4?

Finally, I would like to say that in the 10 years or so that I have known Ms. Whyman, first as a precinct delegate and member of the old 15th District Republican Committee, and then later as a candidate and state representative, I have found her to be honest, forthright and reliable.

Tom Thompson, former chairman, 15th Congressional District Republicans

Opposed Boysville

Please remember Thaddeus McCotter as you cast your vote for state senator. Mr. McCotter was one of three people who helped the residents of this area eliminate the chance of Boysville's return for good.

Ed and Kim Naccashian Patricia Holmes Livonia

Circuit from page A5



Gardner

of the Wayne County Family Law Bar Association. A graduate of Detroit Law School and Michigan State University, Gardner is running for the fourth time for judge. He has previously run for Michigan Court of Appeals and twice for 19th District judge in Dearborn.



Gillis

Gillis received a bachelor's degree from Western Michigan University in communication and business, and a law degree in 1991 from Detroit College of Law.



Hughes

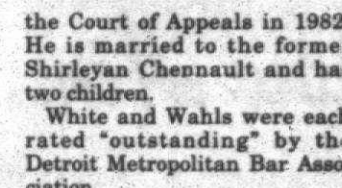
ence and knowledge of county residents' concerns is important for circuit judges. A graduate of Bishop Borgess High School in Redford, Hughes attended and received degrees from St. Mary's College-Notre Dame and University of Detroit Law School.



Sullivan

Sullivan, 43, worked as an assistant prosecuting attorney of felony trials in Wayne County for four years until 1988 when he went to the firm of Thomas, DeGroot and Witenoff.

Appeals from page A5



Bieks Neilsen

the Court of Appeals in 1962. He is married to the former Shirley Chennault and has two children. White and Wahls were each rated "outstanding" by the Detroit Metropolitan Bar Association.

As a prosecutor, Sullivan has prosecuted such high profile cases such as the father who shot and killed his 16-year-old daughter in Dearborn and a case where a child reached into the bed for gun and shot himself.

Bieks Neilsen, 41, grew up on the east side of Detroit and got her law degree from the Wayne State University Law School in 1980. After 11 years in private practice, she was elected to the Wayne County Circuit Court in 1992 and re-elected in 1996.

CANTON OBSERVER'S ENDORSEMENTS / TUESDAY, AUG. 4, PRIMARY ELECTION. 9TH DISTRICT STATE SENATE: Thaddeus G. McCotter (R), Carole Poesch (D). 21ST DISTRICT STATE REPRESENTATIVE: Bruce Patterson (R). WAYNE COUNTY EXECUTIVE: Herbert A. Scott (R), Edward H. McNamara (D). 11TH DISTRICT WAYNE COUNTY COMMISSIONER: David Parrott (D). CANTON TOWNSHIP BALLOT PROPOSAL: Should property taxes be increased 2 mills annually for the next eight years for construction, repairing, maintaining local roads and/or purchasing road right-of-way. YES. PROPOSITION A: Shall the Wayne County Charter be amended to require a two-thirds vote of commissioners to place on any ballot any tax increase proposal and approval of more than 60 percent of voters for to adopt such proposals. NO. PROPOSITION J: Shall Wayne County be authorized to renew .9532 mills to acquire, construct and/or operate jail facilities. YES.

Opinions are to be shared: We welcome your ideas, as do your neighbors. To assure authenticity, we ask that you sign your letter and provide a daytime contact telephone number. No anonymous letters will be published.

Fall Registration & Open House Tue., Aug. 4th & Thurs., Aug. 6th 12 to 8 pm. Classes 5th Sept. 8th - Open Registration thru Oct. 1st. FREE SPORTS BOTTLE with every registration! METRO dance. Confidence • Posture • Discipline • Rhythm • More than 20 years of experience. 541 S. Mill Street (at Ann Arbor Trail) • Plymouth • 734-207-8970.

ORTHOPEDIC SURGERY PRACTICE NOW OPEN MEDHEALTH WELLNESS CENTERS. Welcomes Joseph Walkiewicz, D.O. Jeffrey Lawley, D.O. Direct clinical services provided for young athletes and adults with knee, ankle, joint or back problems. Certified provider for Medicare, Blue Cross/Blue Shield and many other insurance carriers. To schedule an appointment, please call: (734) 459-1800. 47659 Halyard Drive • Plymouth Metro West Technology Park off Beck Road at M-14 • 2 miles west of I-275

SUMMER CLEARANCE SALE 1/2 OFF ORIGINAL TICKET PRICES ON ENTIRE STOCK OF MEN'S & WOMEN'S SUMMER FASHIONS. Kleins. LIVONIA: NEWBURGH PLAZA 37205 WEST SIX MILE AT NEWBURGH ROAD 734-591-8244. WEST BLOOMFIELD: WESTWIND LAKE VILLAGE 4779 HADGERTY ROAD AT PONTIAC TRAIL 248-669-1999. OPEN MONDAY THRU FRIDAY 10 TO 9 SATURDAY 10 TO 6 INTERMEDIATE MARKDOWNS HAVE BEEN TAKEN 1/2 OFF MERCHANDISE FINAL SALE ONLY ALTERATIONS AT COST

WANTED BANANAS. Thanks to El Nino, Elma Sewing Machine USA has an overstock of inventory and has indicated for sale to the public a limited number of New Heavy Duty Free Arm Zig Zag Sewing Machines that are constructed of METAL. No tension adjustment needed for use on all fabrics: Levis, canvas, upholstery, nylon, stretch, vinyl, silk. EVEN SEWS ON LEATHER! NO ATTACHMENTS NEEDED for buttons (any size)! Monograms, hems, satin stitches, darts, appliques, professional serging stitch and more. Just set dials and see magic happen without old fashioned cams or programmers. These machines are suitable for home, professional or school room sewing. 25 year warranty. Your price with ad., \$197.00. Previously priced at \$449.00. 3 Days Only! HIGH TECH SEWING. 3318 Dequindre • Sterling Heights at 14 Mile in Washington Plaza 1 Mile E. of Oakland Mall (910) 280-8880. Store Hours: Mon.-Fri. 10-6, Sat. 10-5, Sun. 12-4. WOODLAND MALL Plymouth & Middlebelt in Livonia (734) 425-7699. Store Hours: Mon.-Sat. 10-9 Sun. 11-6

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50% off 7 DAYS ONLY! Fountains, Benches, Turtles, Fish, Golfers, Religious Figures, Birdbaths, Gargoyles, Stepping Stones. ROMANTIC FIREPLACES \$99 ANY SIZE ANY STYLE. ADVERTISED NATIONALLY FOR \$299-\$399. 7 DAYS ONLY!

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Injured? Free Report Reveals Victims' Rights. If you've been involved in any type of accident - a bad fall, auto accident, any injury of any type, did you know you might be entitled to a big cash settlement and free health care treatment? METRO DETROIT VICTIMS RIGHTS SOCIETY.

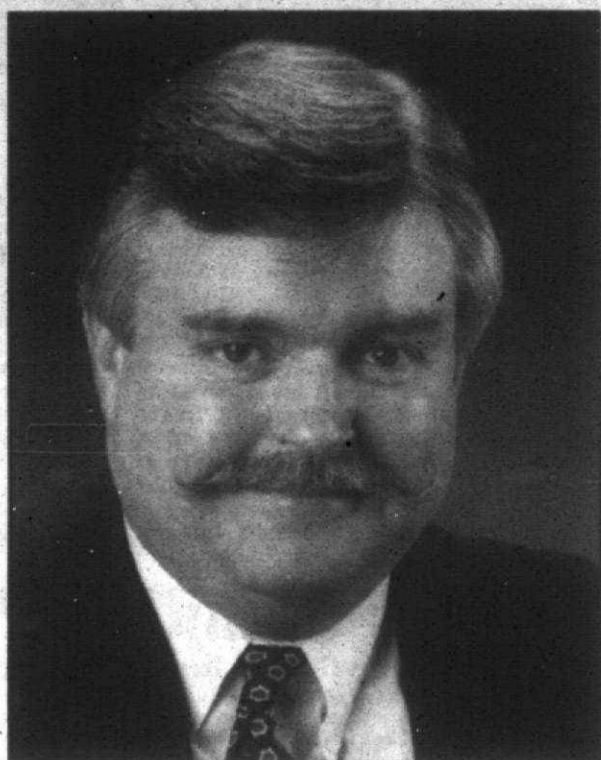
Dentistry in the 90s by Herbert M. Gardner, D.D.S.

A MORE EFFECTIVE WAY TO BRUSH. Perhaps it is time to rethink the way you brush your teeth. A study presented at an international Association of Dental Research meeting showed that "dry-brushing" teeth, starting on the inner surfaces first, resulted in a 60% decrease in tartar buildup and a 50% decrease in gingival bleeding.

HERSHEY'S SHOES BACK-TO-SCHOOL SALE. Huge Selection of Brand Name Footwear. 20% OFF Select Merchandise From: Capzio, Hush Puppies, Stride Rite, Jumping Jack. SALE STARTS MONDAY - AUG. 3 TO 8. HERSHEY'S SHOES 29522 FORD RD. - GARDEN CITY 1/2 Block W. of Middlebelt • 422-1771. Quality Footwear for the Entire Family. Mon., Tues., Fri. 9 a.m. - 6 p.m. Wed., Sat. 9 a.m. - 5 p.m.

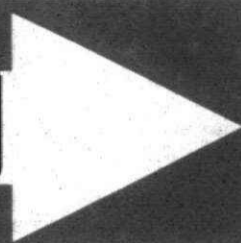
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We Know Him. We Trust Him. Let's Elect Him!



State Representative

PATTERSON



Voters - Please consider what others are saying...

"Bruce Patterson...communicates very effectively...and has been the most accessible public official I have ever encountered. Patterson... a champion of the People...The electorate did right in electing Patterson."

Mike Wilcox, Editor - Michigan Community Newspapers (1996)

"Bruce Patterson has been at the fore-front in fighting to make it harder for Wayne County politicians to raise taxes. That is why my colleague, Senator Joanne Emmons, asked him to come before her Finance Committee to testify on how he led the Charter Amendment measure requiring a Super Majority approval from voters to increase our taxes."

State Senator Loren Bennett (R-Canton; 8th District) April 28th, 1998

HERE IS A LIST OF SOME OF THE PEOPLE WHO HAVE DECIDED TO SUPPORT BRUCE PATTERSON AS STATE REPRESENTATIVE.

Hon. Candice Miller, Secretary of State - Michigan
Mr. "Dick" Headlee (The Headlee Amendment)
State Senator Robert Geake
State Representative Andrew Richner
State Senator Loren Bennett
State Representative Mike Green
Hon. Tom Yack, Supervisor - Canton Township
State Representative Terry Geiger
Hon. Elaine Kirchgatter, Treasurer - Canton
Hon. Terry Bennett, Clerk - Canton
Hon. Phil Lajoy, Trustee - Canton
Hon. John Burdziak, Trustee - Canton
Hon. Robert Shefferly, Trustee - Canton
Hon. Melissa McLaughlin, Trustee - Canton
Hon. Dennis Fossett, Mayor - Belleville
Hon. Kay Atkins, Councilperson - Belleville
Hon. Marvin Banotal, Supervisor - Sumpter Township
Hon. Helen Teall, Clerk - Sumpter

Hon. John Morgan, Treasurer - Sumpter Township
Hon. Clifford Hill, Trustee - Sumpter
Hon. Karen Armatis, Trustee - Sumpter Township
Hon. I. Barney Ban, Trustee - Sumpter
Mike Gerou, Past President - Canton Chamber
Mel Morris, Past President - Canton Chamber
Tom Sullivan, College President
Jean Tabor
Ginnie Hauck, Canton Place
Ken & Sandy Askew
Bonnie & Lyle Berg
Trish Spivey
Deborah Johnson
Felix & Lottie Modzewlewski
Linda Kennedy
Ron & Jane Vesche
Dr. Les Neinas
Linda Luke

Dr. & Mrs. Richard Muse
Mark & Beth Shelp
Charles & Ruth Allegrina
Bill & Ruth Haulihan
Kathy & Leroy Paige
Tony & Carol Sam
Joan & George Oddy
George & Maxine Heifner
Don & Doris Juchartz
Pat & Barb Donna
Cass & Carol Kasperek
Mary & Carl Herring
Millie & Bob Baker
David & Martha Brown
Peter & Nancy Kirchner
Mr. & Mrs. Don Racho
Ginger & Keith Bruder
Chesley & Virginia Odom

Richard & Patricia Donahy
Lee & Judy Jordan
Bob & Betty Tontalo
Jack & Rosemary Loria
Mr. & Mrs. Paul Ostrowski
Jeanette & Tony Ricchichi
Ms. Kathy Johnson
Gerald & Louanna McElvey
Dena & Greg Brown
Dan Kalifa
Ms. Esther Hurst
Mrs. Barbara Yack
Joyce & Larry Arnold
And many others...

AND HERE ARE SOME OF THE ORGANIZATIONS THAT SUPPORT BRUCE PATTERSON AS STATE REPRESENTATIVE.

Michigan Chamber of Commerce
Small Business Association of Michigan
National Federation of Independent Business
Michigan Builders Association
Michigan Manufacturers Association
Michigan Assoc. of Independent Insurance Agents

Michigan Farm Bureau
Michigan Realtors Association
Citizens for Traditional Values
Deputy Sheriffs Association
Law Enforcement Alliance of America

13th Congressional District Republican Committee
Right to Life of Michigan
Michigan Townships Association
Wayne 13th District Republican Committee
Fraternal Order of Police
And others are endorsing daily...

AND HERE ARE SOME OF BRUCE PATTERSON'S AFFILIATIONS.

Canton Community Foundation, Emeritus Director
Past President, Canton Economic Club
Plymouth - Canton Schools Educational Excellence Foundation, Director (1989 - 1997)
Schoolcraft College Foundation, Director (1992 - 93)
Canton Century Club, charter member
Huron Valley Visiting Nurses Assoc. Director (1992 - 94)
Canton Republican Club President (1993 -)
Canton Historical Society (life member)

Belleville Council for the Arts
Belleville Chamber of Commerce
Eastern Michigan University (staff member)
Member - the Irish American Lawyers Society
Founder, Minute Man Foundation
Past Hon. Chair - Western Wayne Salvation Army Capital Campaign
Member - **THE CANTON HALL OF FAME (Installed - 1992)**

The friends of **Bruce Patterson** urge you to vote in the primary election on Tuesday, August 4th. We know that **Bruce Patterson** would be honored if you consider him a worthy candidate in the election.

So, please join the growing list of friends, neighbors and concerned citizens who consider **Bruce Patterson** to be the best choice for **State Representative**.

We all hope and trust you to make the best choice again this year.



Thank you for your continuing support of Bruce Patterson for State Representative, 21st District!

Taste

Keely Wygonik, Editor 734-953-2105

on the web: <http://observer-eccentric.com>

FOCUS ON WINE



RAY & ELEANOR HEALD

New Zealand wines make market splash

Some of the best wine regions of the world tout the merits of their maritime climate. Coastal wine regions are warmed by sunlight during the day and cooled by sea breezes at night. Grapes grown in these ideal conditions are referred to as "cool climate."

New Zealand's two main islands (known simply as North Island and South Island), create a long narrow country where no site is greater than 80 miles from the sea. White grapes, in particular sauvignon blanc and chardonnay, and red pinot noir have a happy homeland in New Zealand.

French and English missionaries brought grape vines to New Zealand over 150 years ago, but it was not until the 1980s that New Zealand wines with intense, high level varietal aromas and flavors began to make international waves. Some very good wines from Giesen Estate and Tasman Bay are now making a big splash in our market.

Wine Picks

Take the heat out of the peak of summer with chilled white wines. All of the following whites will complement prawns and shrimp, seared sea scallops, fresh crab, smoked fish, cheese souffle, and Mediterranean-style vegetable dishes.

■ Pick of the Pack: 1997 Preston Viognier \$22 is brimming with fresh summer fruit aromas and flavors such as peaches and pears.

■ Take the heat out with: 1997 La Vieille Ferme (France) white Rhone blend \$7.50; 1997 Clos du Bois Sauvignon Blanc \$8.50; 1996 Simi Sauvignon Blanc \$12.50; 1996 Quivira Sauvignon Blanc Reserve - nice oaky style \$16; 1997 Iron Horse Fume Blanc - very stylish \$18; and 1997 Iron Horse Viognier brimming with fresh peach notes \$18.

■ Best buy red from France: 1996 La Vieille Ferme blend of Grenache, Cinsault and Mourvedre sporting new label \$7.50.

While the styles of the wines and other considerations about Giesen and Tasman Bay are quite different, the owners have one element in common - neither are native New Zealanders.

Home in New Zealand

Brothers Theo, Alex and Marcel Giesen, owners of the estate, are natives of Germany. Following a desire to go some place "far away," they made New Zealand their new home. Marcel is the schooled winemaker. Theo and Alex assist during the harvest, but market their family wines through-

out the rest of the year.

California native Philip Jones has degrees from California's best universities specializing in grapegrowing and winemaking. After spending 18 years as a consultant to the horticultural industry, conducting research and development in California, he and his wife Cindy sought a smaller population, less congestion and a temperate climate.

"We went to New Zealand, found it a lot like California and fell in love with the country," Jones said. There the couple founded the brands Tasman Bay and Spencer Hill (not yet available in this market, but probably soon).

By New Zealand standards, Giesen is large, producing 60,000 cases annually and includes Selwyn River as a Giesen second label. The Jones' operation is 10,000 cases.

Recommendations

■ 1997 Giesen Estate Sauvignon Blanc, Marlborough, \$14.50 is an unoaked wine highlighting the varietal intensity of the grape and finishing fresh and crisp.

■ 1997 Giesen Estate Chardonnay, Canterbury, \$16 is big and full, but very balanced. Definitely not an

Please see WINE, B2

LOOKING AHEAD

What to watch for in Taste next week:

- 2 Unique
- Main Dish Miracle



Chill out...

with quick, easy summer desserts

Easy, that's the name of the game for Eleanor Bailey of Redford, especially in the summertime when the last thing she wants to do is turn on the oven.

Bailey's Crunchy Fudge Sandwiches are a hit at her husband Bert's company picnic. "I made them a couple of times, and they just disappeared," she said. The recipe is nearly 20 years old, and came from a booklet - "Baking Made Easy," written by Mrs. Marie Silverstein and her students at Pierson Junior High in Redford.

"I like to make desserts more than main dishes," said Bailey, who cooks most every night. Strawberry Fluff is another one of her favorite no-bake summertime desserts. "Most people like strawberries," she said. "It's easy."

The crust is made with store bought angel food cake torn into bite size pieces. It's topped with a mixture of strawberry Jell-O, sliced strawberries and Cool Whip.

Mary Piontek of Redford would rather bake than cook, but every night, no matter what, she cooks dinner for her husband, David, and 18-month-old daughter, Madeline.

"My husband gets a home cooked meal everyday," she said. "You can make time for things that are important. Life is centered around meals. They say the kitchen is the heart of the home."

Piontek's Best Banana Pie is a family favorite. "It's easy, and the almond flavor is a nice surprise," she said. "This cream pie is also very light."

Her recipe is three or four recipes combined. "I changed things and added things," she said. "I have a lot of my grandma's cookbooks. People always like this pie. The almond flavor surprises them."

She got the idea from a breakfast she and her husband enjoyed at a bed and breakfast. "They served French toast and bananas soaked in Amaretto. Almond is one of my favorite flavorings. I never thought of combining it with bananas until then."

If you crave chocolate, consider Mocha Frost Dessert (pictured above) - fat-free or low-fat coffee and chocolate-flavored frozen yogurt or ice cream are layered onto a crunchy wheat germ crust laced with cinnamon and brown sugar. The wheat germ adds a delicious nut-like flavor that compliments

the mocha filling.

Lime Twist Daiquiri Pie takes the flavor of one of summer's favorite beverages - the daiquiri - and turns it into a delicious, tropical dessert.

The crunchy oatmeal cookie crust is easy and bakes in just 15 minutes. The rum and tangy-lime flavored filling is made with reduced or fat-free cream cheese, condensed milk and whipped topping.

A chocolate-lover's dream, Frozen Chocolate Mint "Julep" Squares features a minty chocolate ice cream filling in a quick and easy chocolate oatmeal cookie crust. Using fat-free ice cream and whipped topping cuts the fat, but not the flavor. A sprinkling of crispy chocolate oatmeal cookie crumbs is a delicious finale in this triple-layer frozen dessert.

Both of these oat crusts are very versatile. Simply bake either crust and fill with fat-free ice cream or frozen yogurt, layering several different flavors if you prefer. Or swirl ice cream topping through the softened ice cream before spooning it into the crust and freezing.

See recipes inside.

Preserve fruits, vegetables to enjoy later

LIVING BETTER SENSIBLY



BEVERLY PRICE

Harvest time is fast approaching. Now that your garden is growing by leaps and bounds, what do you do with the fruits (vegetables and herbs) of your labor? There are many ways to preserve home-grown produce. The advantage is that you can consume the freshest foods possible in or out of season.

Growing your own produce, and especially herbs, is a highly economical way of obtaining a nutritious diet.

Food preservation methods

Anne Kohls, Living Better Sensibly's Healthy Home Cooking program chef, suggests these methods for preserving the fruits of your labor:

■ Canning - Yields the best quality results with fewest risks. Canning maintains integrity of the product, natural color, fresh flavor and generally high nutritive value.

Canning also prevents moisture loss and reactions with oxygen which, in turn, prevents the activity of food enzymes that can destroy the food. However, you may lose nutrients, specifically in vegetables. Canning also takes time, and requires special equipment. Organization and following directions carefully are very important to avoid the risk of food poisoning.

■ Cold storage or Root Cellaring - Is the easiest, fastest and oldest form of food preservation and perfect for our climate. However, you must have a basement or outdoor cellar. You can create an outdoor storage facility by digging mounds and trenches in

'Canning is the most satisfying form of food preservation. When I walk downstairs to my basement, I can see the beautifully canned foods that sit on my shelves.'

—Cathy Fresia,

Huntington Woods Seed and Sod Garden Club

the ground, below frost level. Root crops such as beets, cabbage, and potatoes can be stored for up to eight months, unwashed, in cardboard boxes, baskets, crates or containers in a cool and dry atmosphere. Late fall is a good time to use this method.

■ Drying - Fruit, vegetables, herbs and spices can be dried or dehydrated using special equipment. Apples, bananas, cherries, grapes, peaches, nectarines, pineapple and pears are most popular fruits to dry. Vegetables that work well include beans, beets, carrots, mushrooms, peppers, tomatoes, squash.

You can dry foods any time of year. Make baby food at half the cost by adding water to dried fruits or vegetables and then blending them. Drying herbs and spices is very easy. You can hang them, or use a conventional oven or dehydrator.

■ Freezing - Freezing can be done as soon as produce is ripe. You can freeze anything that you would normally eat cooked such as green beans, broccoli, tomatoes, and carrots. Freezing vegetables is both convenient and fast. All you need is a heavy duty pot to blanch your foods and plastic containers or heavy duty freezer bags for storage.

If you're interested in preserving foods, pick up a copy of "The Ball Blue Book: Guide to Home Can-

ning, Freezing & Dehydration." It explains how to safely can, freeze and dehydrate fruits and vegetables. Look for the "Blue Book," wherever canning supplies are sold, or call 1-800-240-3340.

Cathy Fresia, vice president of the Huntington Woods Seed and Sod Garden Club, has an organic garden in her backyard. Cathy feels strongly about organic herbs.

"If your herbs are not organic, removal of water in the drying process makes for a high concentration of pesticides in the finished product," she said.

Satisfaction guaranteed

"Canning is the most satisfying form of food preservation," she said. "When I walk downstairs to my basement, I can see the beautifully canned foods that sit on my shelves."

She uses her canned foods for gifts and exchanges home canned products at Christmas-time with friends and family.

Preservation of food has endless possibilities. Learning how to preserve foods can be a very rewarding experience for children. Having a pantry stocked with homemade spaghetti sauce, fruits, and vegetables is a time saver for families on the go. Canned and dried fruits and vegetables can be healthy, nutritious snacks, and additions to tasty meals.

Beverly Price is a registered dietitian and exercise physiologist. She operates Living Better Sensibly, a private nutrition practice in Farmington Hills that offers programs for individuals and corporations. She is the co-author of "Nutrition Secrets for Optimal Health," Tall Tree Publishing Company. Visit her website at www.nutritionsecrets.com.

Look for her column on the first Sunday of each month in Taste. See recipes inside.

Whip up these cool desserts when temperatures soar

See related story on Taste front. This refreshing frozen dessert is courtesy of Kretschmer Wheat Germ.

MOCHA FROST DESSERT
1 1/4 cups Kretschmer wheat germ, any flavor
1/4 cup firmly packed brown sugar
1 1/2 teaspoons ground cinnamon plus additional for garnish
1 egg white
2 teaspoons water
1 pint (2 cups) fat-free or low-fat coffee frozen yogurt or ice cream, slightly softened
1 pint (2 cups) fat-free or low-fat chocolate frozen yogurt or ice cream, slightly softened
Fat-free whipped topping (optional)

Heat oven to 350°F. In small bowl, combine wheat germ, brown sugar and 1 1/2 teaspoons cinnamon. Measure out 1 1/4 cups wheat germ mixture; reserve remaining. In medium bowl, beat together egg white and water with fork until frothy. Stir in 1 1/4 cups wheat germ mixture, mixing until dry ingredients are evenly moistened. Press onto bottom of

ungrazed 8-inch square baking pan. Bake 7 to 8 minutes or until golden brown. Cool completely on wire rack.

Spread coffee frozen yogurt over cooled crust. Freeze 30 minutes or until top feels firm to the touch. Spoon chocolate frozen yogurt over coffee frozen yogurt, spreading to edges of pan. Sprinkle with reserved wheat germ mixture, gently pressing into yogurt. Cover and freeze until solid. At least 3 hours. To serve, cut into 8 rectangles. Top with whipped topping, if desired, and cinnamon. Serves 8.

CRUNCHY FUDGE SANDWICHES
Butter to grease pan
1 cup butterscotch chips
1/4 cup peanut butter
4 cups Rice Krispies
1 tablespoon water
1 cup chocolate chips
1/2 cup confectioners' sugar
2 tablespoons soft margarine

Butter a 9-by-9-by-2-inch pan. In a small saucepan, melt butterscotch chips and peanut butter over low heat. Stir until smooth. In a large bowl add 4 cups Rice Krispies, stir butterscotch mixture

Press half of cereal mixture into buttered pan. Chill for 30 minutes. In a small saucepan, add and stir while melting, 1 tablespoon water, 1 cup chocolate chips, 1/2 cup confectioners' sugar, 2 tablespoons soft margarine.

Spread chocolate mixture over cold cereal mixture. Cover with rest of the Rice Krispie/butterscotch mixture. Chill 45 minutes, cut into squares.

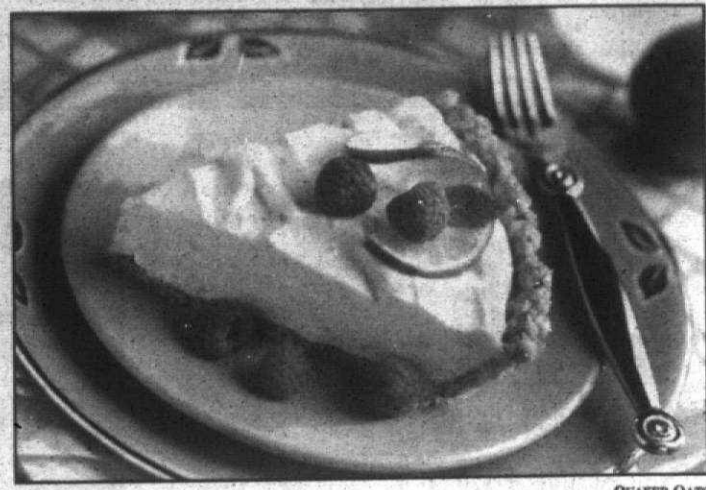
STRAWBERRY FLUFF
1 purchased angel food cake
1 (8 ounce) tub Cool Whip
1 (3 ounce) package Jell-O
1 1/2 cups boiling water
1 (10 ounce) package sliced frozen strawberries (thawed)
1 tablespoon sugar
Pinch of salt

Dissolve Jell-O into 1 1/2 cups boiling water. Stir in strawberries, sugar, and pinch of salt. Cool until mixture thickens, 1 1/2 to 2 hours. Cut 3/4 of the angel food cake into bite-size pieces. Set the other 1/4 aside for later, or eat it while you work. Put the angel food cake pieces in the bottom of 9-by-13-inch Pyrex baking dish. After Jell-O thickens, fold in Cool Whip. Pour mixture over

angel food cake. Refrigerate 4-5 hours or overnight. Cut into squares to serve. This Best Banana Pie recipe is compliments of Mary Plontek. "I use very, very ripe bananas," she said. When the skins of your bananas start to turn black, don't throw them out, make banana pie.

BEST BANANA PIE
1 baked 9-inch pie shell
3/4 cup sugar (divided)
1/3 cup cornstarch
2 1/2 cups milk
5 egg yolks
1 tablespoon unsalted butter
1 1/2 teaspoons almond extract
3 1/2 very ripe bananas
1 1/2 cups heavy (whipping) cream

In a saucepan, mix 1/2 cup sugar and cornstarch. Add milk to pan. Cook, stirring over medium heat to thicken (approximately 5 minutes). Remove from heat. Put egg yolks in a small bowl. Stir 1/3 of the hot mixture into egg yolks. Then stir egg mixture back into remaining hot mixture in pan. Heat again to boiling, stirring constantly, 3-5 minutes until very thick (custard like). Remove from stove, stir in but-



Fabulous dessert: Lime Twist Daiquiri Pie has a crunchy oatmeal cookie crust, rum and tangy-lime flavored filling.

ter, 1 1/2 teaspoons almond extract. Cover surface with plastic wrap. Cool 20 minutes in pan. Slice bananas to cover bottom of pie crust. Stir other slices into cooled custard. Pour custard into pie crust. Refrigerate 4 to 5 hours, cover pie with plastic wrap. Beat whipping cream and 1/4 cup sugar in bowl until stiff peaks form. Uncover pie. Use pastry bag and star tip to top with cream for a fancy, delicious pie. Here's a recipe from Quaker Oats. If you want, just make the crust and fill it with fat-free ice cream or frozen yogurt, layering several different flavors if you prefer. Or, swirl ice cream topping through the softened ice cream before spooning it into the crust and freezing.

LIME TWIST DAIQUIRI PIE
1 cup Quaker oats (quick or old-fashioned, uncooked)
1/2 cup all-purpose flour
1/3 cup firmly packed brown sugar
5 tablespoons stick margarine, melted
One 8-ounce package reduced-fat cream cheese
One 14-ounce can fat-free sweetened condensed milk
3 tablespoons lime juice
2 tablespoons dark rum or 1

1/2 teaspoons rum extract
2 teaspoons grated lime peel
One (8 ounce) container frozen fat-free or reduced-fat whipped topping, thawed and divided
Sliced fresh strawberries (optional)

To make crust. Heat oven to 350°F. Lightly spray 9-inch glass pie plate with cooking spray. In medium bowl, combine oats, flour and brown sugar; mix well. Add margarine; mix well (mixture will be crumbly). Press firmly onto bottom and sides of pie plate. Bake 13 to 15 minutes or until golden brown. Cool completely on wire rack. In large bowl, beat cream cheese with electric mixer until smooth. Add sweetened condensed milk, lime juice, rum and lime peel; beat well. Reserve 1 cup whipped topping; cover and refrigerate. Stir remaining whipped topping into cream cheese mixture; mix well. Spoon into cooled crust, spreading evenly. Cover and chill 5 hours or overnight.

Cut pie into wedges. Top with reserved whipped topping and, if desired, sliced strawberries. Store tightly covered in freezer. Serves 10.

Casserole is a flavorful way to use up summer squash

By DANA JACOBI
SPECIAL WRITER

Once the zucchini season starts, the supply of summer squash seems to increase faster than you can get a sunburn. The year I shared a country house, complete with its own garden, the zucchini situation got so out of hand that we even tried playing softball with the squash that had grown to the size of a baseball bat. Since then, I have settled on three more practical strategies for using zucchini. They should help you cope with even the most enormous glut. My first strategy is to reach for the grater. Shredded zucchini can be used in much more than cake and muffins. Try it in a casserole; toss it raw, with lemon juice and a drizzle of olive oil to make a light "slaw," or sauté it with chopped scallions and basil. This last dish is an easy way to use large amounts of zucchini, since the squash cooks down in the pan like fresh spinach.

As much as zucchini itself, I love eating the squash's golden blossoms. They are one of summer's unique delicacies, as well as a great way to literally nip an over-abundance of squash in the bud. If you don't garden, check your local farmer's market, or ask neighbors and friends to

pluck some of their zucchini blossoms for you. One way of eating zucchini blossoms is to wilt the blossoms in a dab of butter, then pour eggs beaten with extra whites over them to make a special fritata. You can also enjoy their buttery flavor by tossing a handful into the pan when you sauté grated zucchini or make zucchini risotto. Add the flowers near the end of the cooking so they retain their shape and texture.

As a last resort, when I have exhausted all of my zucchini recipes and the squash continue to produce faster than rabbits, my generous nature takes over. I load up the back seat of my car with my excess supply and pay a visit to my city-dwelling friends. Neighbors in my apartment building are delighted to get a garden-fresh taste of summer's bounty. One woman even requests the baseball bat-size squash; shredded, they make the best zucchini bread.

This "en-lightened" version of an old-fashioned casserole is great for two reasons: it uses a fair amount of zucchini and, it has a rich creamy flavor the whole family will enjoy.

ZUCCHINI AND RICE CASSEROLE

1 cup fat-free ricotta cheese
2/3 cup grated Parmesan cheese
1/2 cup fat-free mayonnaise
1 whole egg, plus 1 egg white
1/2 teaspoon salt
1/8 teaspoon freshly ground black pepper
3 cups cooked long-grain white rice
3 cups shredded zucchini, 2 medium squash
1/2 cup chopped scallions, about 4, green and white parts
2 tablespoons dry bread crumbs

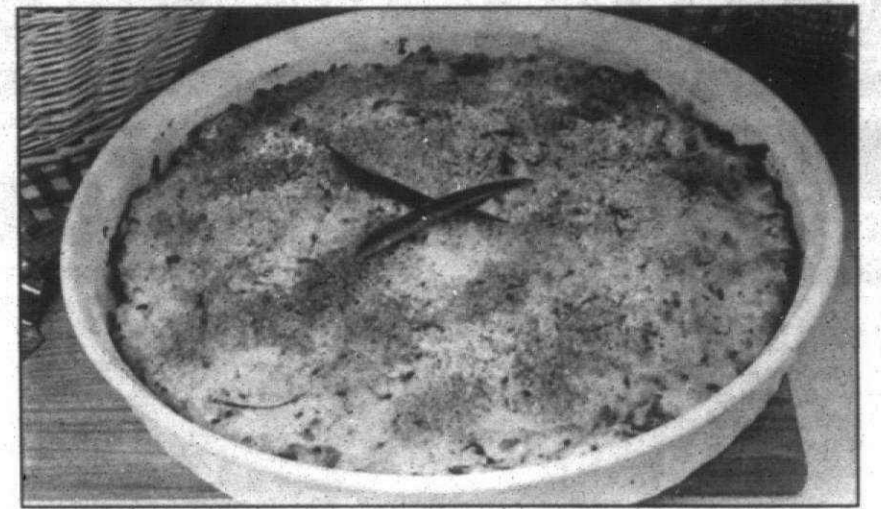
Preheat the oven to 375°F. Spray a 2-quart casserole with cooking spray.

In a large bowl, combine the ricotta, one-half cup of the Parmesan cheese, the mayonnaise, whole egg and egg white, salt and pepper.

Add the rice, zucchini and scallions and stir into the cheese until evenly blended. Spread the mixture into the prepared casserole.

Sprinkle the bread crumbs over the rice mixture, followed by the remaining Parmesan.

Bake the casserole, uncovered 30 minutes, until it is hot and



lightly browned on top. Each of the six servings contains 299 calories and 9 grams of fat.

Casserole: This old-fashioned casserole uses a fair amount of zucchini, and has a rich creamy flavor the whole family will love.

Recipe and information writing for the American Institute for Cancer Research by Dana Jacobi, author of "Claypot Cooking" and "The Natural Kitchen: SOY!"

Wine from page B1

overblown California style. Marlborough is a region where grapes have been grown since 1973, but the biggest progress has been made in the last 10 years. Canterbury, while known for chardonnay, is becoming an exciting region for pinot noir.

Giesen Canterbury Pinot Noir from the 1998 vintage won't be available for another year. 1997 Tasman Bay Nelson Oak-Aged Sauvignon Blanc \$17.50 states its difference on the label. It was fermented and aged in a combination of French

and American oak. The region is Nelson, located at the northern tip of South Island. Most New Zealand sauvignon blancs are unaged. Additionally, the wine is blended with 15 percent semillon which fills in any voids and rounds out the palate.

"With 285 wineries all making sauvignon blanc in New Zealand, I wanted to be different," Jones remarked. Different for New Zealand, perhaps, but this wine has international flare. If you find New Zealand sauvignon blancs a tad too high in acid, the Tasman Bay is not. It underwent 100 percent malolactic fermentation that changed very tart acids to those that are milder.

1997 Tasman Bay Chardonnay, Marlborough \$19.50 is also fully barrel fermented and aged in French and American oak. Its acid levels were tempered by malolactic fermentation. The wine is a superb blend of all that's great about cool climate New Zealand wines, bright apple fruit and citrus accents, but it is very balanced in the finish with just the right acid and fruit punch. An American has made a New Zealand wine definitely suited to American palates.

Better for health
Some people are gravitating to red wines because they believe they're better for their health. Ditch that idea. White and red wines have equal health value when drunk in moderation.

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Stock up on homemade pickles, zucchini relish

See related Living Better Sensibly column on Taste front. Join Beverly Price and Chef Annabel Cohen for a variety of fall educational programs and cooking classes, call (248) 539-9424 for more information. To receive Anne Kohls' booklet on food preservation, send \$7.50 (includes tax and shipping) to Food Preservation, 28592 Orchard Lake Road, Suite #305, Farmington Hills, MI 48334. Here are two of Anne's favorite recipes.

SOUR PICKLES
2 quarts cider vinegar
1/2 cup dry mustard
1/2 cup sugar
1/2 cup pickling salt
60-80 tiny cucumbers (1 1/2 to 2 1/2 inches long)

Combine the vinegar, mustard, sugar, and salt. Pour into a clean gallon jar or container. Add the cucumbers. Let stand for 7 days in a cool place. Preheat hot tap water in the

canner; prepare the jars and lids. Meanwhile, drain the pickles and save the brine. Pack the pickles in clean jars. Fill the jars with the saved brine to cover the pickles. Leave 1/2-inch headspace.

Process for 10 minutes in the preheated boiling water bath canner. Start counting time as soon as water returns to boiling. Cool in sealed jars. Check seals. Remove screw bands. Label. Store.

ZUCCHINI RELISH
10 cups finely chopped zucchini
4 cups finely chopped onion
1 green pepper, finely chopped
1 sweet red pepper, finely chopped
5 tablespoons pickling salt
2 1/2 cups white vinegar
1 large cayenne pepper with seeds
1 tablespoon nutmeg
1 tablespoon dry mustard
1 tablespoon turmeric

Process for 10 minutes in the preheated boiling water bath canner. Remove screw bands. Label. Store. Yield 7-8 quarts.

1 tablespoon cornstarch
1/2 teaspoon black pepper
2 teaspoons celery salt
4 1/2 cups water

Chop the vegetables and sprinkle salt over them. Mix well. Let stand overnight.

Drain the vegetables. Rinse thoroughly with cold tap water. Drain again.

Place the vegetables in a large kettle with the remaining ingredients. Puree the cayenne pepper in blender with a little of the vinegar for better flavor. Bring to a boil. Simmer for 30-45 minutes until thick. Meanwhile, preheat hot tap water and jars in canner. Prepare lids.

Pack jars, leave 1/2-inch headspace. Put filled jars in preheated canner. Process for 10 minutes once the water has returned to a boil. Cool jars. Check seals. Remove screw bands. Label. Store. Yield 7 pints.

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Where Is Bob?

Once upon a time there was a young man named Bob who loved to run in the morning and work in the meat business after school. In fact, he loved working in the meat business so much that he wished he could own a meat market some day. He continued to work and learn everything he could about the meat business. So where was Bob? He was the manager of the meat department at Chatham's. His passion for his work was unsurpassed until he ran into a different passion.

Her name was Cindy. He hired her to work in his meat department and quickly learned that she was a woman he could be a lifelong partner with, both in and out of the business world. She was a hard worker, a true wine connoisseur and she shared his dream to own a store of their own. So where was Bob? Well, twenty-some years ago he and Cindy were at the altar saying "I Do," and planning their next commitment: to open a party store of their own.

From that party store they went on to other ventures until they met another Bob and decided to go into partnership with him. So where was Bob? Co-managing Bob's Farm Market in Westland. During this partnership he and Cindy dreamed of a different kind of market. A magical place where customers could shop and not have to wait in long lines. Where they could find specialty spices and seasonings to add flavor to their favorite recipes. A place where they could discover new ways to prepare quality cuts of meat, poultry or seafood.

Bob and Cindy were so determined to make their dream come true that they should their interest in Bob's Farm Market and journeyed to Canton. So where was Bob? He was busy opening his new market, Bob's of Canton. If you didn't know what to serve for dinner or how to prepare a certain cut of meat you could just "ask Bob." HE was always willing to share his vast knowledge of food, preparation with his customers. And if you couldn't find Bob, he had trained all of his employees so well that any of them could answer your questions. Or they would find someone who could. This was the special kind of service Bob had always dreamed of for his store.

His dedication to customer satisfaction grew out of a genuine love of people. So where was Bob? He could be found lending his freezer to an elderly couple who had just lost power and desperately needed some place to store their perishables. Or may-be he was in the back room preparing one of the 732 food baskets for the less fortunate of Holy Trinity. And sometimes he was out in the parking lot sponsoring a fund raiser for his other favorite cause, the "Make-a-Wish" Foundation. Now Bob was able to help make the wishes of others come true!

Just when Bob thought all of his dreams had come true, something else happened. The owner of the old Bob's Farm Market building called. It seems that the other Bob had since gone out of business and the old building was in need of a new tenant, as well as some tender loving care! So where was Bob? Back in Westland totally rebuilding and equipping a NEW Bob's of Canton-Westland! He could be found tearing out everything and putting in all new flooring, walls, shelves and fixtures. Or he could be found sealing up the windows to make more wall space for a larger variety of unique foods, spices and seasonings. Or may-be he was in the meat department stocking his beautiful new display fixtures with the highest quality meats, poultry or seafood. When all was said and done, Bob had returned to Westland to build the kind of store he and Cindy had dreamed of there, just years before!

So where IS Bob? He's now in Canton AND Westland working his magic with quality meats, poultry, seafood and so much more. And offering the kind of customer service the citizens of Westland and Canton have always dreamed of experiencing! So if you're looking for quality, value and service "just ask Bob!" And remember what Bob says, "Don't be afraid to make a wish...dreams really do come true!" Come see for yourself!

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Page 4, Section B

Sunday, August 2, 1998

MEDICAL BRIEFS

Infant learning

Even before infants comprehend the spoken or written word, reading to them helps develop language and listening skills, according to developmental experts.

Reading to infants is the fascinating topic of August's "Pathways to Parenting," a free support group sponsored by Botsford Hospital. This month's group meets 7-9 p.m. Wednesday, Aug. 5 at Holy Cross Episcopal Church, 46200 Ten Mile Road (just west of Taft) in Novi.

Pathways to Parenting meets the first Wednesday of each month. It gives moms an opportunity to network with peers, share concerns and obtain information.

Call (248) 477-6100.

Hospice volunteers

Saint Joseph Mercy Hospital needs daytime volunteers for Hospice of Washtenaw, which serves many Wayne County communities. Volunteers are needed stay with patients while the caretaker takes a much needed break and to provide bereavement follow-up with family members.

Training consists of 18 hours, starting Tuesday, Aug. 18 at the hospice office, 806 Airport Blvd. in Ann Arbor. Pre-registration required. Call Gail Marie at (734) 327-3413.

Kudos for Ford Hospital

Henry Ford Hospital has been ranked one of America's best hospitals for its excellence in seven special care areas, according to a recent issue of "U.S. News and World Report" magazine.

The hospital was chosen from 1,985 nationwide hospitals that met the magazine's criteria for its annual "America's Best Hospitals" survey. There are 6,400 hospitals in the United States.

The survey named 132 hospitals in 16 specialties. Henry Ford ranked 20th in pulmonary disease, 23rd in cardiology and cardiac surgery, 24th in neurology and neurosurgery, 26th in gastroenterology, 27th in orthopedics, 30th in cancer, and 31st in otolaryngology.

Henry Ford was one of just three Michigan hospitals to make the list. The other two were University of Michigan Medical Center and William Beaumont Hospital.

Cancer march

Attention, cancer survivors! Enter a drawing to march into Michigan Stadium with the University of Michigan Marching Band at the U of M/Michigan State football game Sept. 26. One hundred cancer survivors will be selected.

In conjunction with "THE MARCH - Coming together to conquer cancer," a national campaign to win the war against cancer, the University of Michigan Comprehensive Cancer Center is holding a cancer awareness rally during the pre-game show at the stadium. Cancer survivors will be part of the band formation during the rally.

To enter the drawing for an opportunity to march into Michigan Stadium, call (800) 742-2300 and press ext. 9268. All entries must be received by Aug. 24.

We want your health news

There are several ways you can reach The Observer Health & Fitness staff. The Sunday section provides numerous avenues for you to offer noteworthy information including Medical Databook (opening calendar events); Medical Newsletters (appointments/new hires in the medical field); and Medical Briefs (medical advances, short news items from hospitals, physicians, companies).

We also welcome noteworthy ideas for health and fitness related stories. To submit an item to our newspaper you can call, write, fax or e-mail us.

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Sleep disorders

Over 35 million Americans complain about insomnia

Oh, for a good night's sleep, some peaceful zzz's, a little shut-eye.

Not everybody is as fortunate as Rip Van Winkle, who snoozed for 30 years, most likely in sleep's deepest and most health-restorative delta and REM stages.

Facts compiled by St. Mary Hospital Sleep Disorders Unit indicate more than 35 million Americans complain about chronic insomnia and one in four Americans over age 60 suffer from sleep apnea or experience disturbed breathing.

Dr. Mark Villeneuve, a pulmonologist and director of the Sleep Disorders Unit, said a person deprived of one night's sleep is equivalent to being legally drunk. "You can imagine if someone has sleep apnea on a steel girder."

Consider these implications of sleep deprivation:

■ Sleep experts have linked lack of sleep with major catastrophes like the Exxon Valdez oil spill in 1989, the Three Mile Island nuclear accident in 1979, the space shuttle Challenger explosion in 1986, and the Chernobyl nuclear reactor explosion in 1986.

■ The Michigan Sleep Disorders Association reports that sleepiness behind the wheel is associated with 240,000 motor vehicle accidents in the United States each year, with 60,000 fatalities.

■ A National Sleep Foundation survey released in March 1998 reported 23 percent of 1,027 Americans surveyed had fallen asleep while driving.

■ The Institute of Circadian Physiology says sleeping problems in work place - the result of irregular shifts or medical disorders - cost companies about \$70 billion annually in lost productivity, medical bills, and industrial accidents.

Area sleep clinics

St. Mary Hospital Sleep Disorder Unit
(One private hospital room)
Scheduling: (800) 494-5805
Inquiries: (734) 655-2610

Garden City Hospital Sleep Disorders Center
(Four private rooms with two lounges)
Inquiries: (734) 458-3330
Also available: A.W.A.K.E. (alert, well, and keeping energetic), a free, sleep-disordered breathing support group. Meets first Wednesday of each month from 7-9 p.m. at the Garden City Medical Office Building. Next class Sept. 2. Call (734) 458-3330.

Henry Ford Hospital Sleep Disorders Center
(Outpatient medical specialty facility with 12 private, hotel-like bedrooms)
Inquiries: (313) 876-4417

St. Joseph Mercy Hospital Sleep Disorders Center
(Private rooms in the McAuley Inn, which is used by hospital visitors)
Inquiries: (734) 712-4651

Sleep study: Registered sleep technician Edna Ouillette demonstrates the placement of electrodes and a device that measures breathing on patient John Chelenyak of Livonia prior to a sleep study. Chelenyak has sleep apnea.



compromised," said Dr. Thomas Gravelyn, director of St. Joseph Mercy Hospital Sleep Disorders Center.

Middle-aged men weighing 120 percent of their ideal weight and with collar sizes of 18 inches and over (and women with collar sizes of 16 inches and over) are most at risk for sleep apnea. As their neck sizes increase, their air passageways decrease in size. Interruption in oxygen flow causes the basal metabolic rate to go down.

"It's almost impossible for them to be treated for obesity without the sleep apnea being treated," said Villeneuve.

Other causes of sleep apnea include a backwards displaced jaw, huge tongue, backwards positioned soft palate, large uvula, and use of alcohol or sleep aids.

Sleep's stages

Normal sleep consists of two major states: REM (Rapid Eye Movement) sleep and NREM (nonREM) sleep. NREM sleep is further divided into four deepening sleep stages. Sleep typically begins with stage 1, light sleep, before progressing into the later stages. Stages 3 and 4, also called delta sleep, provide the deepest sleep. Our fifth stage is REM sleep, the place of dreams.

The National Sleep Institute says our sleep needs remain constant throughout adulthood, including our golden years. Most of us still require the same seven to nine hours of sleep a night that we did when we were younger.

However, middle-aged and elderly people spend less time in deeper sleep than younger people. By age 60 or 70, many adults experience a decrease in the proportion of time spent in delta sleep.

The NSI also reports that middle-aged and elderly people suffer from

wearing a mask over his nose at night that emitted air pressure in waves, which created an air splint to hold his airway open during sleep.

"My wife noticed that I slept through the night the first couple of times I used the CPAP device. There was a remarkable difference in my sleep."

Studies have shown CPAP is 85-90 percent effective, and surgery is 40-50 percent effective in treating sleep apnea.

"Usually the trade-off of the discomfort of wearing the mask is more than balanced by the sense of well-being and productivity that had been

Please see SLEEP, B5

Rules for 'sleep hygiene'

You may wash behind your ears and brush your teeth every day, but that doesn't mean you have good "sleep hygiene." Here's a few rules from the sleep experts:

- Sleep only as much as needed to feel refreshed and healthy. Curtailing time in bed solidifies sleep; excessive time in bed leads to fragmented and shallow sleep.
- Get up at the same time in the morning. Don't compensate by sleeping late. Remember, it's the time you get up that sets your sleep clock.
- Daily exercise can deepen sleep. However, vigorous exercise should cease three hours before bedtime.
- Do not go to bed on a full stomach; a light snack is OK.
- Occasional loud noises (aircraft flyovers) disturb sleep even though you don't wake up and cannot remember them in the morning. Sound-proof your bedroom as much as possible if you must sleep close to noise.
- Excessively warm rooms may disturb sleep; however, there is no evidence that excessively cold rooms solidify sleep.
- An occasional sleeping pill may help, but their chronic use is ineffective in most insomniacs.
- Caffeine (including chocolate) in the evening disturbs sleep, even in those who believe it doesn't.
- Alcohol helps tense people fall asleep more easily, but the ensuing sleep is disruptive and fragmented.
- The chronic use of tobacco disturbs sleep.
- Leave your troubles behind. Download your mind at least a half hour before sleep.
- Do not read or watch TV in bed. Your bedroom should be associated with sleep.
- If you cannot sleep, do not allow yourself to get angry or frustrated. Get up and do something else. Turn your clocks around or cover their faces. Your body will tell you when it's time to sleep.

Sleep from page B4

least four sleep disorders in numbers far greater than younger people: sleep apnea, restless legs syndrome, periodic limb movements disorder, and advanced sleep phase syndrome.

Insomnia

Signs of insomnia include difficulty falling asleep, waking up frequently during the night with difficulty returning to sleep, waking up too early in the morning, and unrefreshing sleep. Insomnia results in tiredness, a lack of energy, difficulty concentrating, and irritability during the day.

However, insomnia is a symptom, not a disorder in itself. Villeneuve said don't confuse an insomniac with a "night owl," whose sleep clock is based on a different set of circadian, or physiological, rhythms.

Transient insomnia is most likely stress related; chronic insomnia is more complex, often involving a combination of underlying physical or mental disorders. One of the most common causes of chronic insomnia is depression.

Depression is often "reactive" and results from the loss of a job or a loved one. It does not require seeing a sleep specialist but needs to be addressed through a family physician.

Physical causes of insomnia include arthritis, kidney disease, heart failure, asthma, sleep apnea, narcolepsy, restless legs syndrome, Parkinson's disease, and hyperthyroidism.

A 1995 National Sleep Foundation Gallop Poll (Sleep in America) reported nearly half of Americans suffered from insomnia.

In the resulting report, Thomas Roth, Ph.D., Health and Scientific Advisor of the National Sleep Foundation and director of the Sleep Disorders Research Center at Henry Ford Hospital in Detroit,

A 1995 National Sleep Foundation Gallop Poll (Sleep in America) reported nearly half of Americans suffered from insomnia.

Research warned:

"People have no idea how important sleep is to their lives. Most of us need eight hours of sound sleep to function at our best, and good health demands good sleep. Conversely, lack of sleep and sleep problems have serious, often life-threatening consequences. This is a case where what we don't know can harm us - and harm those around us."

Thirty-seven percent of those polled reported being so sleepy during the day that it interfered with daily activities, and the percentage increased to 52 percent for shift workers. Those who reported daytime sleepiness believed their job performance dropped by 30 percent and their performance of family duties fell by 50 percent.

Chronic insomnia may also be due to behavioral factors, including the misuse of caffeine, alcohol, or other substances; disrupted sleep/wake cycles resulting from shift work or other nighttime activity schedules; and chronic stress.

Villeneuve said shift-workers need at least four or five days to adjust their sleep clocks. The minimum they should be assigned to a shift is one month.

Sleep clinics

Gravelyn said people experiencing insomnia do not need expensive sleep studies unless they have underlying physical problems. However, with sleep apnea and other physical-based sleep disorders, a sleep study is necessary. Diagnosis and treatment are important.

What does diagnosis entail?

Items for Medical Databook are welcome from all hospitals, physicians, companies and residents active in the Observer-area medical community. Items should be typed or legibly written and sent to: Medical Databook, c/o The Observer Newspapers, 36251 Schoolcraft Road, Livonia 48150 or faxed to (313) 591-7279.

MON, AUG 3

TOPS CLUB
Take Off Pounds Sensibly meets every Monday from 7:30-8:30 p.m. at St. Timothy Presbyterian Church, 16700 Newburgh in Livonia. For more information please call Marilyn at (734) 464-2444.

FIGURINE MEETINGS
Meets every Monday (ongoing) at St. Paul Presbyterian Church (5 Mile, one block west of Inkster). Club for men and women who need to take off a few pounds or a lot. Call Doris Knobberg, (422-7595 for more information).

THUR, AUG 6

MY BODY, MYSELF WORKSHOP
Two-hour workshop for women only. Thursday, Aug. 6 at 7 p.m. Pre-registration and \$50.00 fee. Information: call Botsford at (248) 477-6100.

JUST FOR DADS CLASS
St. Mary Hospital in Livonia will offer a class for new and expectant fathers. "Just for Dads... Childbirth and Beyond," from 7 to 9 p.m. in West Addition B. This two-hour class helps fathers understand feelings and changes associated with the birthing process, how to become an active participant in childbirth, and the new role of fatherhood. Cost, \$15 per person and registration is required. Call (734) 655-1100 or (800) 494-1615.

TUE, AUG 4, 6

SAFE SITTER CLASS
The Marian Women's Center will offer a Safe Sitter Class for people ages 11-13 from 8:30 a.m. to 3 p.m. and Thursday, August 6 from 8:30 a.m. to 3:30 p.m. Safe Sitter is a medically-accurate instruction series that teaches boys and girls aged 11-13 how to handle emergencies when caring for young children. Cost, \$40 per student. Call (734) 655-1100 or (800) 494-1615.

WED, AUG 5

PATHWAYS TO PARENTING
Offers the opportunity for new mothers to network, share concerns and gain information. Free. Aug. 5 program: "Reading to your Baby." Meetings held monthly from 12:30-2 p.m. at Call Botsford at (248) 477-6100.

TUE, AUG 11

ALZHEIMER'S SUPPORT
Meetings provide mutual aid and support as well as affording the opportunity to share problems/concerns. Meet at 7 p.m. in Classroom #1 of Garden City Hospital Medical Office Building. Call 458-4330 for information.

MOTHER POSTPARTUM SUPPORT
The Marian Women's Center at St. Mary Hospital will offer a Mother-Baby Support Group from 10-11 a.m. Mothers and their babies are invited to attend this free support group that provides information and emotional support for new moms. Call (734) 655-1100.

BREAST CANCER SUPPORT GROUP
St. Mary Hospital's Marian Women's Center offers a Breast Cancer Support Group that is a free, self-help/educational group that provides women the opportunity to share experiences and discuss subjects of mutual concern relating to breast cancer. The support group meets the second Tuesday of each month from

In an overnight sleep study at a sleep disorders clinic, individuals are monitored by noninvasive polysomnographic equipment that measures respiration (breathing) and arousal through EEG (brain wave) readings.

The activities that occur during sleep (brain waves, muscle movements, eye movements, breathing through your mouth and nose, snoring, heart rate, leg movements) are monitored by applying small metal discs called electrodes to the head and skin.

Flexible elastic belts are placed round your chest and abdomen to measure your breathing. A clip that fits on your finger or earlobe monitors the level of oxygen in your blood and your heart rate.

Some clinics use regular hospital rooms, while others have set up their rooms, don't expect a find a TV in your room.

"Most of the people are sleep apnea patients, and most are pretty beat" by the time they check in by 9:30 a.m., said Jon Lapinski, head technician at St. Mary Hospital Sleep Disorder Unit.

If the disorder is mild, weight loss, use of pillows, a change in sleep position (avoiding lying on one's back), and abstaining from alcohol and sedatives may be all that's get back into good sleep patterns.

However, if the disordered breathing is moderate to severe, the sleep specialist may recommend the CPAP mask.

With a sleep-related health problems affecting approximately 4 percent of the population, Villeneuve hopes more people will seek help. "With two to three million people in the Detroit metropolitan area, this means that potentially about 100,000 people suffer from sleep-related problems."

Everybody deserves a good night's sleep.

HEALTH DATEBOOK

7-8:30 p.m. in West Addition B. Pre-registration is required. Call (734) 655-1100.

BASIC LIFE SUPPORT
St. Mary Hospital will offer a course on Basic Life Support for Healthcare Providers from 7-10 p.m. on Saturday in the Auditorium. Fee, \$25. Register at (734) 655-8940.

TUE, AUG 18

STROKE SUPPORT
Support for those who have had or have a cerebral aneurysm or stroke. Family members/friends welcome. Group meets free of charge at Garden City Hospital. Call (734) 458-3381.

LYME DISEASE SUPPORT
Social Security disabilities lawyers will be the featured speakers at 7 p.m. at the First United Methodist Church in Wayne. Sponsored by the Lyme Disease Support Group. No charge. Call Connie (734) 326-3502.

WED, AUG 12

DIABETES SUPPORT GROUP
Join other adults with diabetes and family members to ask questions and share problems at the St. Mary Hospital Diabetes Support Group meeting from 7-8:30 p.m. in the Hospital Auditorium near the Five Mile entrance. There is no charge to attend the meeting and registration is not required.

THUR, AUG 13

CANCER SUPPORT
A self-help group designed to bring together persons living with cancer. A nurse facilitator provides opportunities for all to share their mutual concerns. Group meets in the Medical Office Building and is free of charge. Call 458-3311.

TOPS CLUB
Take Off Pounds Sensibly meets every Thursday from 9:15-10:30 a.m. at Church of the Holy Spirit, Newburgh Road north of Joy in Livonia. For more information please call Elsie at (734) 522-5444.

PRE MARITAL COUNSELING CLASS
The Marian Women's Center at St. Mary Hospital in Livonia will offer a Pre-marital Counseling Class on Thursday, August 13 from 7 to 8 p.m. in the Pavilion Conference Room A. Those who wish to marry in Michigan are required to receive information about sexually transmitted diseases such as HIV/AIDS before applying for a marriage license. Upon completion of the class, each person will receive the certificate necessary to obtain a marriage license. Certificates are valid for 60 days. Registration is required. Cost is \$15 per person or \$25 per couple. Call (734) 655-1100.

MON, AUG 17

SIBLING CHILD BIRTH CLASS
This sibling birth class prepares children to be present at a birth. \$10 per family. Thursday from 7-8:30 p.m. Call the Family Birthing Center of Providence Hospital at (248) 424-3919.

FIGURINE MEETINGS
Meets every Monday (ongoing) at St. Paul Presbyterian Church (5 Mile, one block west of Inkster). Club for men and women who need to take off a few pounds or a lot. Call Doris Knobberg, (422-7595 for more information).

IMMUNIZATION CLINIC
St. Mary Hospital will offer an Infant and Child Immunization Program from 5:30-8 p.m. Cost is \$5 per child no matter how many immunizations are given. All state-required immunizations will be administered pending availability of serum, including hepatitis B and H.

THUR, AUG 20

TOPS CLUB
Take Off Pounds Sensibly meets every Thursday from 9:15-10:30 a.m. at Church of the Holy Spirit, Newburgh Road north of Joy in Livonia. For more information please call Elsie at (734) 522-5444.

BREASTFEEDING CLASS
St. Mary Hospital in Livonia is committed to providing education and support to area mothers who decide to breastfeed their babies. A Breastfeeding Class is scheduled for Thursday, August 20, from 7 to 9 p.m. Cost of the class is \$20. Pre-registration is requested, but mothers can register at the class. Call (734) 655-1100 or (800) 494-1615.

COMMUNITY BLOOD DRIVE
The American Red Cross will sponsor a Community Blood Drive at St. Mary Hospital from 6 a.m. to 5 p.m. in the West Addition Conference Rooms A and B. This is an important time of year to give blood as supplies are down. To

HEALTH NEWSMAKERS

Items for Medical NewsMakers are welcome from throughout the Observer area. Items should be submitted to Observer Newspapers, 36251 Schoolcraft, Livonia 48150. Our fax number is (734) 591-7279. E-mail kmortson@ec.homecomm.net

Research grant

Kimberly Hunter of Livonia has received a graduate student research grant from Central Michigan University.

Graduate student research grants provide \$250 to offset costs associated with conducting research. Hunter, who is pursuing a master's degree in experimental and general psychology, is involved in research that examines the use of positive bedtime routines and white noise to treat sleep problems in infants and children.

She also presented two research papers titled, "An Exploration of Links to the Psychological Adjustment in Adolescent Mothers" and "Assisting Infant Sleep with White Noise: A Telephone Survey" at CMU's Student Research and Creative Endeavors Exhibition in April 1996.

A graduate of Stevenson High School in Livonia, Hunter received her bachelor's degree in psychology from CMU. She is the daughter of Morris and Theres Hunter.

Family practitioner

David N. Schindler, M.D., a board-certified physician in family practice, has joined the St. Joseph Mercy Hospital-Ann Arbor medical staff.

Schindler received his medical degree from Wayne State University and completed a residency in family practice at Providence Hospital in Southfield. He has been a member

of the Oakwood Hospital Family Residency Faculty since 1993. His office located in Livonia at 37595 Seven Mile Road, Suite 340.

Worldwide research

Dr. E. N. Papanfakis, medical director of cardiology at Garden City Hospital, has been invited to participate in a worldwide research study called ASSENT 11 (Assessment of the Safety and Efficacy of a new Thrombolytic Agent).

The study compares a promising new clot-dissolving drug with a standard clot-buster for the treatment of heart attacks. The new drug is given as a single injection.

Papanfakis is also director of the Cardiology Fellowship Program at Garden City Hospital and serves as medical director of the hospital's Cardiac Rehabilitation Program.

Enrollment in the study will continue until November. For more information, contact Terry Carroll, director of community relations, at (734) 458-4267.

Red Cross

David Brandon of Plymouth has been elected to the board of directors of the Southeastern Michigan Chapter of the American Red Cross. All board members are volunteers.

Brandon, chairman of Valassis Communications, Inc. in Livonia, will serve one year as a vice chairman and will help oversee service to Wayne, Oakland and Macomb counties.

The Red Cross helps people prevent, prepare for and respond to emergencies. Red Cross programs include disaster preparedness and relief, military social services, health and safety education and volunteer and youth services.

schedule a time to donate, call St. Mary Hospital at (734) 655-2980. Walk-ins are accepted but appointments are preferred.

schedule a time to donate, call St. Mary Hospital at (734) 655-2980. Walk-ins are accepted but appointments are preferred.

MON, AUG 24

BREASTFEEDING CLASS
A one session class providing information to expectant parents on the many positive benefits of breastfeeding. Class meets at 6 p.m. Call Garden City Hospital, 458-4330 for registration information.

TUES, AUG 25

FIBROMYALGIA
Dr. Martin Tamler, specialist in fibromyalgia, will present an overview of research updates and treatment protocols for fibromyalgia and chronic fatigue syndrome from 7-9 p.m. at the Summit on the Park in Canton. Pre-registration required. Cost: \$3. Call Sharon (248) 344-4063.

THUR, AUG 27

TOPS CLUB
Take Off Pounds Sensibly meets every Thursday from 9:15-10:30 a.m. at Church of the Holy Spirit, Newburgh Road north of Joy in Livonia. For more information please call Elsie at (734) 522-5444.

THUR, AUG 27

TOPS CLUB
Take Off Pounds Sensibly meets every Thursday from 9:15-10:30 a.m. at Church of the Holy Spirit, Newburgh Road north of Joy in Livonia. For more information please call Elsie at (734) 522-5444.

PRENATAL EXERCISE CLASS
The Marian Women's Center at St. Mary Hospital in Livonia will offer a six-week Pre-Postnatal Exercise Class from August 19 through October 7. The six-week class meets for 60 minutes one day a week and is designed to promote fitness and a healthy lifestyle prior to and following delivery. The class will meet in Pavilion Conference Room A from 6 to 7 p.m. on Wednesday. Cost of the class is \$35 per person. Call the Marian Women's Center at (734) 655-1100 or (800) 494-1615.

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Take steps to avoid Internet pedophiles

PC TALK



MIKE WENDLAND

If you have Internet access at your home and allow your young children to have access to chat rooms, it is practically impossible for them not to be bombarded by pornography, X-rated ads for Web sites and ... worse.

Much worse. In the past three months, a dozen men have been arrested around the country for using the Internet to sexually prey on young boys and girls. Two of the arrests involved Michigan men, including a 37-year-old Romeo man who used the Internet to try and "buy" a 13-year-old girl for sex.

Ex-con drove to Boston

Three weeks ago, an ex-con with a record for sex crimes drove his pickup from Hillsdale County in Michigan to a suburb of Boston. He had posed as an 18-year-old teenager and had convinced a 16-year-old girl to runaway with him for sex.

The girl's father saw his daughter sneaking out the door with her suitcase and was able to stop her just as she was getting in the suspect's truck.

These cases are not unusual. In Oakland County, Sgt. Bob Kowalski of the Troy Police Department had a case earlier this year involving a 13-year-old girl who ran away from home. Kowalski located her in Baltimore, where a 40-year-old man she met on the Internet had put her up in a sleazy motel.

"This is a very real concern for parents," said Kowalski. "Child molesters frequent the Internet chat rooms that the kids are more apt to be at. Either they'll pose as kids to get into the conversation or they'll pretend to be somebody they're not."

'Ashley' gets mail

A couple of weeks ago, as part of a television investigation into online predators, I sent up an America Online screen name and profile for a 15-year-old girl called Ashley. The first ad for a Web site offering live sex videos appeared four minutes later. Over the next four days, 53 other ads and pornographic e-mails came in.

Then I logged "Ashley" onto a teen chat room. Almost immediately, messages arrived on my computer screen in which "Ashley" was propositioned, offered more pornography, solicited for dates and asked to meet older men.

Kids who use the Internet told me my

I sent up an America Online screen name and profile for a 15-year-old girl called Ashley. The first ad for a Web site offering live sex videos appeared four minutes later. Over the next four days, 53 other ads and pornographic e-mails came in.

experience as "Ashley" was typical. Cyberspace chat rooms can get very ugly.

Mary Jane is from Royal Oak. She's 19 and has been using the Internet since she was 12. She met three of her boyfriends online but says there are "seriously dangerous" people online.

Personal questions

"They'll first start talking to you about general things and then they'll start asking personal questions about what you look like and what you like doing for fun. They'll bring up sex," she says. "I have a girlfriend who was talking to one guy He said he was 18. He turned out to be 35 years old and he actually had a criminal record."

Sgt. Kowalski says police agencies are sharing information, setting up online sting investigations and doing all they can to catch these perverts. "But we need more resources, maybe a multijurisdictional law enforcement

task force to really put the pressure on," he says.

"The Internet is part of our lives now. And it's a great resource. But parents need to know that there are down sides, too, and before they just hand over a computer and modem to their kids, they'd better think about their online safety."

Here's my advice on what parents can do:

■ If you have Internet access at home for the kids, first make sure you understand how e-mail and instant messaging works. Then talk to your kids about the dangers of online predators and striking up online "chats" with strangers.

■ Keep the computer in an area accessible to the whole family so adults can observe what is happening on screen. Don't let young kids have Internet access from their room.

■ Restrict young children from using chat rooms... no matter how innocent

they sound. I wouldn't allow any child under 16 to ever access a chat room. Period. There are simply too many sickos online who troll these areas, and it is impossible to keep their trash from your kids.

■ Install filtering software such as Net Nanny or Surfwatch and use parental controls on America Online to block access to X-rated Web sites, prevent your children from entering chat room and using instant messaging features. Don't forget to block your child's screen name from receiving any e-mail from strangers.

■ Never give out personal information on the Internet such as an address, telephone number or Social Security number. And change your passwords frequently, monthly, if possible.

Mike Wendland covers the Internet for NBC-TV Newschannel stations across the country and can be seen locally on WDIV-TV4, Detroit. His "PC Talk" radio show airs Saturday and Sunday afternoons on WXYT-Radio AM1270. His latest book "The Complete No Geek Speak Guide to the Internet" is available in book stores or through his Web site at <http://www.pcmike.com>

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 (248) 661-9500
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Artist plays on his love of music

Music and art just seem to go hand-in-hand in John Nieckarz's paintings. When he was 15, and playing trumpet in the school band at John Glenn High School in Westland, Nieckarz painted a portrait of Dizzy Gillespie.

Nieckarz, now 22, no longer plays trumpet because of a lung infection he suffered, but that doesn't stop him from painting horns. His love of music seems to run in the family. Twin brother Steven is principal trombone with the Grosse Pointe Symphony Orchestra.

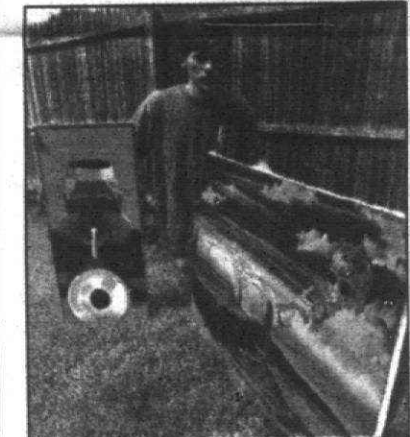
"There was a time when anything I painted or drew had to do with music," said Nieckarz, a Wayne State University student. "There are a lot of people out there who are in music who like art."

The ceramic hand and keyboard sculpture on the coffee table of his family's Westland home is evidence of the brief interlude clay played in Nieckarz's life. Ceramics failed to hold his interest. Nearly all of the art works he does now are on paper or canvas. The sculpture, and white line drawings of Dizzy Gillespie and Charlie Parker on black T-shirts, reveal a strong love of jazz music.

Self-portrait

A surreal self-portrait featuring Nieckarz playing trumpet reflects his admiration for the work of Salvador Dali. Head in the clouds, Nieckarz pours horn music into the river below. In the distance a pair of leafless trees serve as a makeshift stand for sheet music. In another work, Nieckarz is authentic right down to the score. The black and white drawing of a trumpet and note-for-note sheet music could be played by a viewer without missing a beat.

"I have to listen to music while I paint," said Nieckarz. "I like classical



Art and music: John Nieckarz is pictured with two of his favorite portraits, a surreal one of himself, and in the background, one of trumpet great Dizzy Gillespie.

music, Chopin, and anything by the Dave Matthews Band, or someone with good lyrics who gives me inspiration and makes me think."

For the last few weeks, Nieckarz's plan to start a new painting were delayed due to a flare-up of rheumatoid arthritis in his right arm. Nieckarz's first bout with rheumatoid arthritis came at age 11. The disease sometimes prevents him from painting. When he can paint, he has "to move around so as not to stiffen up." He also finds it easier during a flare-up if he paints while lying on the floor. When he's "really hurting," Nieckarz finds it necessary to use his left arm.

"I don't touch a canvas unless I'm truly inspired," said Nieckarz.

The art of Monet has significantly influenced Nieckarz's work. He also likes art ranging from the realism of Edward Hopper to the surrealism of Dali.

"I'm a huge fan of Claude Monet," said Nieckarz. "When I saw the recent Monet exhibit in Ann Arbor, I almost cried, just to be able to study his brush strokes that closely."

Reflections of life

Nieckarz's paintings tend to reflect his life. When he worked last summer parking cars in the executive lot at Joe Louis Arena, the result was a drawing of the Red Wings' player number 16 Brett Hall.

This summer Nieckarz is working at Clyde Smith and Sons Greenhouses and Farm Market in Westland to

Please see ARTIST, C2

Sculpture a well-kept city secret

An environmental sculpture nestled between Livonia's City Hall and the Police Department attracts so little attention that it's almost a secret.

The Livonia Arts Commission wants to draw visitors to the work by placing a traditional sculpture on top of the interactive artwork — an idea that doesn't sit well with the artist.

Set in a grassy area, the environmental sculpture by New York artist Andrea Blum was completed in November 1992, but few people know of its existence. The top of the gray cement structure, which looks like the foundation for a building, is all that is visible from Civic Center Drive.

Approaching the pit-like structure, the depth of the sculpture lures visitors down one of two sets of stairs into a space meant for exploration. A half-circle ledge on one wall allows visitors to sit and ponder the space or anything else of their choosing. One of Blum's major considerations when designing the piece was city hall's location and design. Since Livonia lacked a downtown or central point, she created lines to radiate outward to the city's streets and subdivisions. The curves of Blum's work mirror the reflecting golden glass structure to the north.

Plans call for the traditional sculpture to rest on one of Blum's discs, and that's where the controver-

Art's history

The Livonia Cultural League, through the cooperation of the Livonia Arts Commission, City of Livonia, National Endowment for the Arts, the Michigan Council for the Arts (now the Michigan Council for Arts and Cultural Affairs), and generous contributions of businesses and citizens of Livonia, was able to bring to fruition the project on the site of the Livonia Civic Center in 1992, but not without a lengthy process.

"The idea started off slowly and humbly," said Sheridan in reference to the project which began in the early 1980s.

Robert Bishop, then a city councilman and liaison to the Livonia Arts Commission, served on the sculpture committee which obtained a \$10,000 planning grant from the National Endowment for the Arts in 1983. After a national search was conducted for an artist to carry out the design, Blum was commissioned in spring of 1984.

By the time Sue Slavik became president of the Livonia Cultural League in 1987, Blum's design had been selected for the public art project. She remembers only the controversy between the sculpture committee and artist during the two year construction period. Blum wanted to use white concrete instead of off-white concrete. The committee decided to build the sculpture with off-white because of cost.

"It's a space you can participate in," said Slavik, a Livonia Public Schools art teacher, "but because it's tucked away, it's not easily accessible. I would like to see performance art or a sculpture garden there to make it more user friendly."

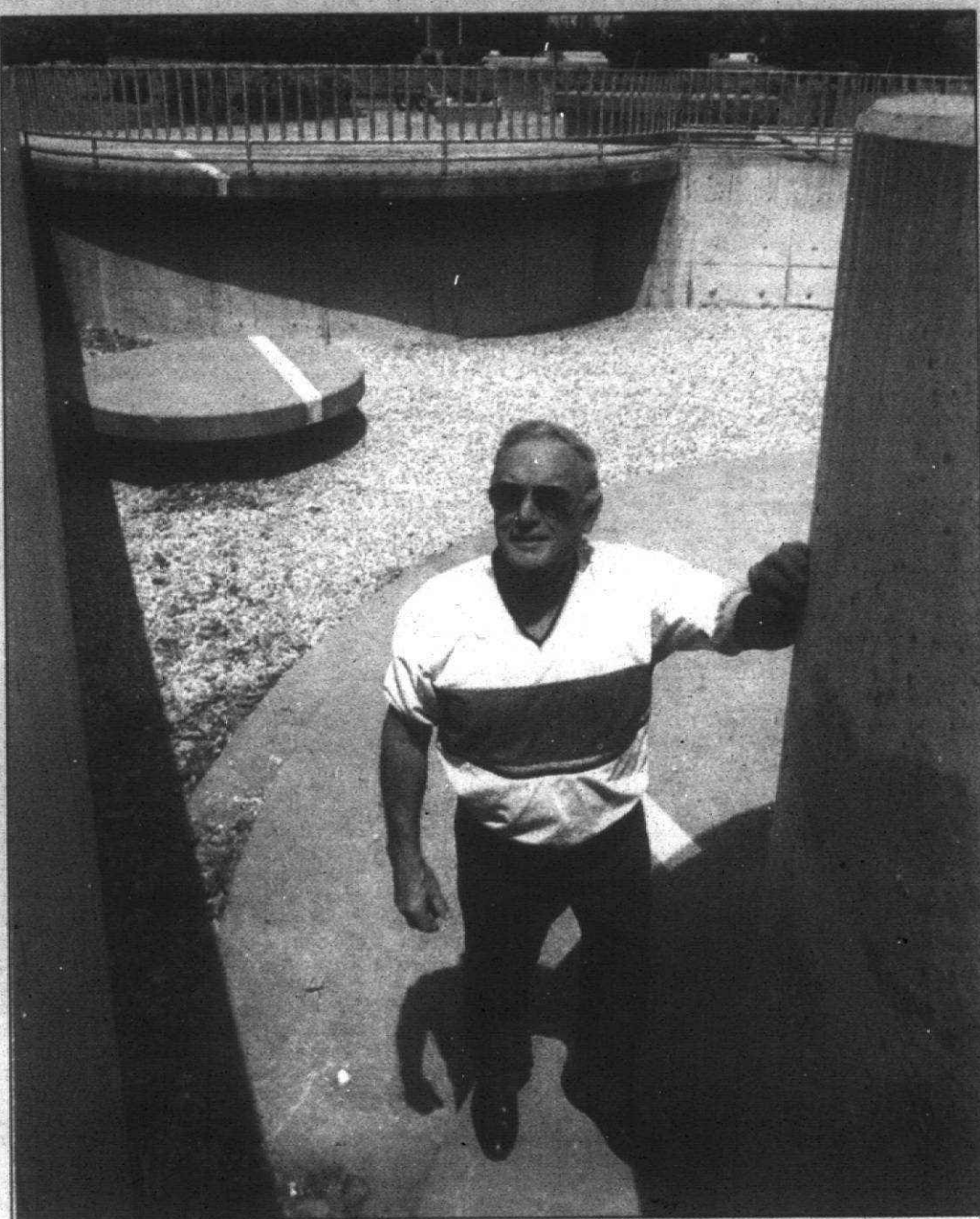
ARTIST PROFILE

Love of paint and cars come to life in exhibit

The love of nature apparent in Elbert C. Weber's paintings, more than likely, is a reflection of earlier days when he was growing up on a farm in Illinois. The simplicity found in the Livonia artist's compositions no doubt was instilled in Weber during elementary years spent in one-room school houses.

Weber's affinity for experimentation, however, dates back only 20 years or so to when he modeled clay concept cars for Ford Motor Co.

"New Attitude," one of 50 watercolors in Weber's one-man exhibit at the Livonia Civic Center Library Arts Gallery, is a portrait of an African American woman painted on paper he marbled. Sponsored by



Interactive art: Bob Sheridan and the Livonia Arts Commission are working together to give higher visibility to the city's Environmental Sculpture by New York artist Andrea Blum.

sy comes in. The placement was cleared by the city's legal department according to community resources director Sue Montambeau "but nothing is set in stone" as to a final decision.

"We hope in the next few months to review some sketches and sculptures," said Montambeau. "Ultimately it has to go to city council for their approval."

When contacted in New York City about the placement of a new sculpture on her environmental art, Blum was unaware of the plan to use her art as a pedestal. She plans to contact the arts commission with her concerns.

"I'm shocked," said Blum. "This is not acceptable. It's against the copyright of the piece. That's like putting a Bernini on top of a Picasso."

But arts commission president Bob Sheridan said something has to be done to help residents better appreciate Blum's work.

"We feel very strongly that the people of Livonia will relate to this well and maybe appreciate the sculpture more," said Sheridan. "No one in the city at all appreciates it or understands it at all. We want to make it more people friendly."

Sheridan, a Livonia resident for 34 years, first learned of the sculpture when he became a commissioner for the nonprofit organization dedicated to

promoting the arts. Sheridan admits, some people would like to see the sculpture bulldozed but the arts commission has a vision. After all, the value is already there. Sheridan estimates that in today's market Blum's site-specific sculpture would cost between \$200,000 and a quarter million dollars to construct.

"We'd like it developed as a plaza of sculptures," said Sheridan. "We'd like to see lunch time concerts in summer. It's something that can be embellished and can be a source of enjoyment."

After becoming arts commission president last year, Sheridan oversaw the building of a planter leading to the sculpture, but the addition did nothing to attract visitors. Sheridan donated the \$3,000 in foundation work through his Garden City construction company. The arts commission paid \$5,000 for the brick work.

In the next couple months, the arts commission will make a decision on the artist for the new public art project. Farmington Hills sculptor Kegham Tazian made a presentation to the commission's board meeting March 24. Frank Varga of Grosse Pointe Park is also being considered. Installation and minor restoration work, such as painting the hand

Please see SCULPTURE, C2



Experimental art: Elbert C. Weber, a retired concept car clay modeler, frequently demonstrates his watercolor techniques at area art shows.

Watercolor Paintings by Elbert C. Weber

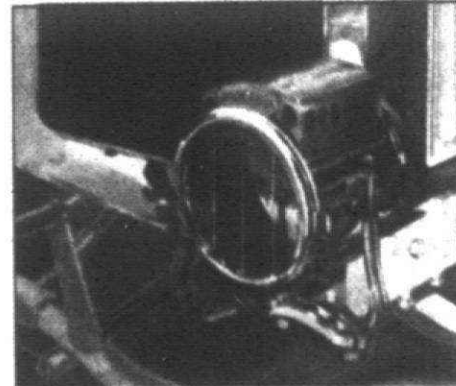
What: A one-man show of works featuring vintage cars, florals, music scenes, landscape and wildlife continues to Monday, Aug. 31, at the Livonia Civic Center Library Fine Arts Gallery, 32777 Five Mile Road, (east of Farmington Road). Hours are 9 a.m. to 9 p.m. Monday to Thursday; and until 5 p.m. Friday-Saturday.

Associated Artists Invitational Exhibit

What: A show of painting, colored pencil, photography and fabric art by a group of independent artists 11 a.m. to 4 p.m. Saturday, Aug. 8, in the parking lot of Rio Bravo Cantina, 19265 Victor Parkway, (north of Seven Mile, east of I-275). Livonia, call (734) 542-0700 for more information.

Dearborn Homecoming

What: An annual festival featuring artworks, fireworks, performances by The Shirelles and The Contours, food, strolling clowns, children's games, pony rides, art fair and raffles Friday-Sunday, Aug. 7-9, at Ford Field (near Michigan Ave.) in Dearborn, call (313) 943-2320.



Vintage art: "Packard Brass" is the title of this classic car painting by Elbert C. Weber.

Please see PROFILE, C2

TRAVEL

Visitors to Hawaii take ride down volcanic mountain

BY HUGH GALLAGHER
STAFF WRITER

On a cool morning in March, Canton residents Bob Bulmer and Tim Carter coasted down a volcano.

It was just another wonderful day in paradise - Hawaii.

This was the fifth trip for Bob and Nancy Bulmer.

"I had never wanted to go, then we had an opportunity to go in 1984 to a time share condo on Kauai," Bulmer said. "It was great. We've gone five times, and I would go again in a heartbeat."

The Bulmers have done the usual tourist things - the visit to the Arizona Memorial marking the attack on Pearl Harbor ("It gives you goosebumps"), the Polynesian Cultural Center and

If you go
Biking: Mountain Riders, 220 Lalo St., Suite 5, Maui, Hawaii 96733. 1-(800)706-7700.
Whale watching: Pacific Whale Foundation, 101 North Kihei Road, Kihei, Maui, Hawaii 96753. 1-(800)942-5311.

a helicopter ride on Kauai. "We've never been ripped off and there are only two things I would never do again," Bulmer said.

He said a luau on Oahu made him feel like cattle being herded and a train ride on the Quaquano Railroad was a very

expensive view of messy backyards.

But this year, sharing a time share condo with Tim and Diana Carter, included two special activities, the bike ride down a volcanic mountain and whale watching.

Bulmer, retired from Chrysler, was working at McCabe Funeral Home when he got the chance to go again to his favorite place.

"We had this opportunity to go for \$780 a week for four people," Bulmer said.

At the condo, day excursion operators set up shop by the pool and that's where Bulmer found out about Mountain Riders, a van ride up a mountain and bicycle coast down.

"We got up at 2:30 in the morning to go on this crazy trip," Bulmer said.

Nancy Bulmer opted to stay on the beach, and once up on the mountain top, Diana Carter decided to take the van down.

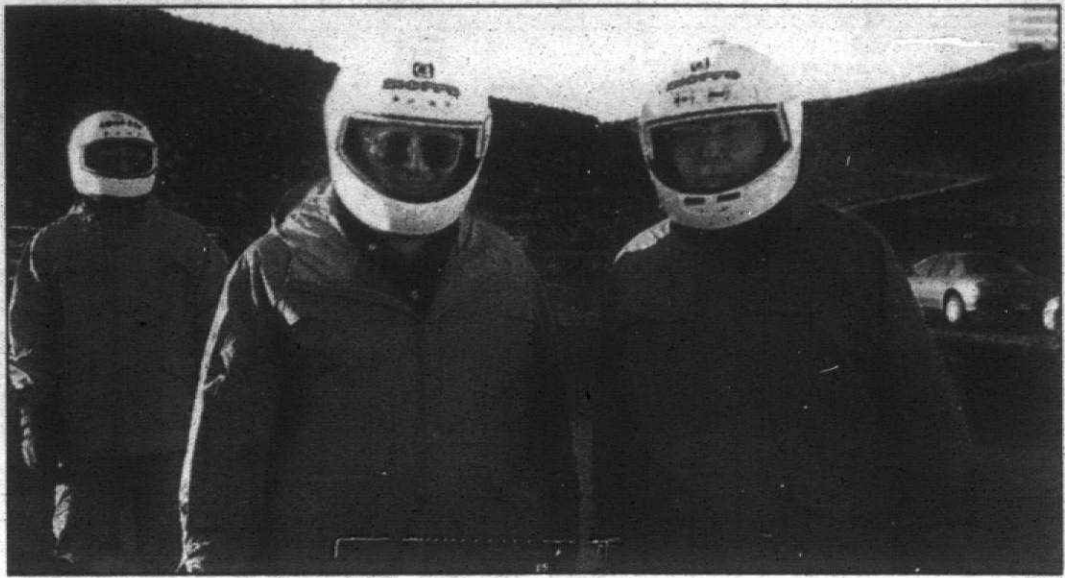
"It's the best maintained highway on the island because satellite communications are on the top," Bulmer said.

The early start was so that Mountain Riders could have their group among the first to go.

Bulmer and Carter were outfitted like spacemen in motorcycle helmets and warm, bulky clothing to ward off the morning chill.

"They ask you a bunch of questions, like when was the last time you rode a bike. At our mid-60s we were the oldest, the youngest were in their mid-20s," Bulmer said.

After being served coffee and rolls in 41 degree temperatures,



Ready to go: Robert Bulmer, left, and Tim Carter are suited up for their ride down a volcanic mountain.

the bikers waited 2-1/2 hours for sunrise. Mountain Riders were the second group out. Carter and Bulmer took the back positions, 12 and 13.

"The sign at the shelter said we were at 9,640 feet elevation," Bulmer said.

The bikes, no gears and hand brakes, coasted down at 25 to 30 miles an hour, as bikers held to the center of the lane. The van followed behind and would signal the bikers to get over when cars stacked up behind them. The mountain was a popular spot for sunrise watchers.

"It was a nice constant speed, there was one spot where ground

leveled off and we pedaled for 200 yards," Bulmer said. "We stopped three times on the way down. You could see we were even with the clouds."

Before setting off, one of the guides took breakfast orders from all the riders. About half-way down, at about 9 a.m., the bikers stopped at the town of Makawao to have breakfast at Polli's Mexican Cafe. At the Cafe, bikers took off the heavy gear as temperatures began to rise.

The ride ended at Baldwin State Park in Paia, where bikers cooled their feet in the surf waters of the Pacific.

One of the biking guides led the Bulmers and Carters to the Pacific Whale Foundation where his wife worked. It was another early morning as the foursome had to be on the boat at 6 a.m.

A 30-40-foot catamaran carried 25 people out to watch for whales.

"We had 10 whale sightings," Bulmer said.

He said he has video shots of a baby whale leaping over its mother.

If you've got a time share deal, Bulmer would gladly go again to experience the special activities of Hawaii.

Lush life: The deep greens and blues of Hawaii could be seen from the Bulmer's condominium.



GREAT ESCAPES

Great Escapes features various travel news items. Send news leads to Hugh Gallagher, assistant managing editor, Observer & Eccentric Newspapers Inc., 36251 Schoolcraft, Livonia, MI 48150, or fax them to (313) 591-7279.

CONCORDE CONTEST

Detroiters are invited to dress up as their favorite space traveler to celebrate the "Year of the Concorde" and compete to win a trip to London during British Airways "Concorde '98 ... Ride the Rocket" exhibit traveling to Detroit Aug. 13 at Henry Ford Museum & Greenfield Village.

The first 500 costumed participants to register for the "Come Dressed as Your Favorite Space Traveler Contest" will be eligible to compete in a costume contest to win one of 50 pairs of British Airways round-trip economy class tickets to London. Contest

registration begins at 11:30 a.m. with judging at 1:30 p.m.

In addition, visitors to the exhibit may enter a drawing, part of a \$1 million ticket giveaway to win the trip of a lifetime - a trip for two on Concorde plus three nights at the luxury Millennium Hotel in London. One winner will be chosen in each of 22 cities across the United States. The Detroit winner and guest will join the other winners

and guests for a gala reception in New York before departing for London on Saturday, Nov. 21.

The "Concorde '98 ... Ride the Rocket" exhibit will be open to the public at 9 a.m. Aug. 13 in front of the Henry Ford Museum & Greenfield Village. The exhibit features the largest collection of Concorde memorabilia ever assembled in the United States. The exhibit also features a Concorde model, authentic pieces of

Concorde history, interactive activities on the future of supersonic travel, space travel and a multimedia flight experience.

For more information, call 1(800)-AIRWAYS or check the British Airways web site at www.british-airways.com/ride-therocket.com

MICHIGAN TRAVEL IS A BARGAIN

A survey by AAA has found vacation costs in Michigan this year to be the 20th lowest of the 50 states.

Michigan's average daily vacation cost for food and lodging for a family of four (two adults, two children) is \$196, according to AAA's survey. As in past years, the survey found North Dakota to be the state with the lowest

average daily vacation cost, \$131 and Hawaii the most expensive at \$383.

The national average for vacation costs, according to AAA, is \$218, which means vacationers in Michigan save approximately 10 percent from the national average. The national average is up \$19 from the summer of 1997, according to AAA.

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Sports & Recreation

The Observer

INSIDE:
Baseball, softball, D2
Recreation, D6

P/C Page 1, Section D

Sunday, August 2, 1998

C.J. Risak, Editor 734-953-2108

on the web: <http://observer-eccentric.com>

OBSERVER SPORTS SCENE

GAM tourney

Plymouth resident Laura Kowalski finished tied for 26th at the Golf Association of Michigan Women's Championship July 28 at Loon Lake Golf Club in Gaylord.

Kowalski shot 172 for the two-day tournament held at the Hidden Valley Resort. East Lansing's Stacy Slobodnik won the tournament with a total of 156.

Fitness medalists

Among the area competitors who earned plaques for firsts, second or thirds at the 41st annual Detroit Metropolitan Youth Fitness meet held July 23 at Kensington Metropark near Milford included:

•Firsts — Andrea Dunn (Garden City), Class A (ages 13-14) softball throw, 128 feet, 11 inches; Matthew Dunn (Garden City), Class D (ages 7-8) agility run, 24.57; Matthew Bessen (Livonia), Class C (ages 9-10) chinning, 15; Greg Hogan (Farmington Hills), Class D chinning, 13.

•Seconds — Lisa Montgomery (Livonia), Class B (ages 11-12), running long jump, 10-6; Brittany Pask (Canton), Class A standing long jump, 5-10; Curtis Rose (Canton), Class B running long jump, 12-2; Steve D'Annunzio (Canton), Class D running long jump, 8-8.

•Thirds — Bridgette Setzen (Livonia), Class A chinning, 13.45; Gina Kilgore (Canton), Class C chinning, 9; Andrea Hurn (Livonia), Class A, running long jump, 9-11.

Canton football tryouts

Now it's official.

True, Tim Baechler has been the Plymouth Canton football coach for more than two months. On Wednesday, he will conduct his first official testing session, at 5 p.m. in Canton's Phase III gymnasium. Players interested in playing football at Canton should attend the testing session Wednesday and/or Thursday, also at 5 p.m. at Phase III.

PRIOR TO THE FIRST TESTING SESSION, ALL THOSE PLANNING TO PLAY FOOTBALL MUST HAVE A PHYSICAL ON FILE WITH THE SCHOOL.

Equipment will be issued at 5 p.m. Friday; the team's first official practice will be 7:30 a.m. Monday, Aug. 10.

For more information, contact coach Baechler at (734) 844-8850.

Soccer tryouts

Women's soccer players interested in trying out for the brand-new Madonna University team should leave Aug. 10 open. There will be an open tryout for the first-year team on that date.

For details, contact Madonna coach Rick Larson at (734) 432-5882. There are still openings available for players.

WSU hockey

Wayne State University took another step toward the big-time in college athletics when it got approval from its board of governors to start hockey programs for both men and women.

The move was approved by the board July 24, allowing the WSU department of athletics to lay the groundwork for both men's and women's hockey teams, including seeking coaches and allowing them to recruit players, as well as buying team equipment, arranging for ice time and setting in motion everything else needed in building a program.

The programs will be phased in over a three-year period, according to William Markus, vice president for student affairs. Markus added that the plan calls for WSU to be eligible for NCAA Division I membership by the end of that time.

Total base budget is expected to be \$1.56 million. WSU President Irvin Reid pointed out that the board's action covers only the hockey portion of the committee's recommendations for upgrading the university's athletic program. Other WSU sports, such as men's and women's basketball, are being tracked with possible plans to take them to NCAA Division I, too.

Anyone interested in submitting items to Sports Scene or Sports Roundup may send them to sports editor C.J. Risak, 36251 Schoolcraft, Livonia, MI, 48150, or may FAX them to (313) 591-7279.

Rams club Kings to clinch 2nd place



Perhaps it wasn't quite everything it could have been for the Rams, Wednesday's win over the Adray Kings. It still left them a point out of first place. Still, the Rams are headed to the NABF College World Series.

The Michigan Lake Area Rams beat the Adray Kings, 4-2, on Wednesday night in the Adray Metro Baseball Association finale played at Livonia's Ford Field.

The Rams finished with a 14-11-2

overall record for 30 points, one point behind Collegiate Division champion Livonia D.C.I. (15-11, 31 points).

As sole owner of second place, the Rams are headed to the National Amateur Baseball Federation College World Series in Louisville, Ky. Livonia D.C.I.

is the league's representative for the All-American Amateur Baseball Association national tournament that begins Saturday in Johnstown, Pa.

The Rams beat the Kings behind the relief pitching of Dave Wampler (Livonia Franklin/Wayne State), who earned the win after allowing two runs on three hits and five walks with three strikeouts in 3 1/3 innings.

Starter Tom Willeher allowed one run on three hits and two walks with five strikeouts through 3 2/3 innings.

Aaron Lawson (Farmington Hills Harrison/Wayne State) was 2-for-3 with two RBI to lead the Rams.

Todd Miller (Farmington Hills/Madonna) was 1-for-3 with an RBI, Eric Pierce (North Farmington/Central Michigan) was 1-3 with a run scored and Lance Siegwald 1-2 with a run.

D.C.I. is playing a scrimmage game at 8 p.m. Monday against the Rams and another at 8 p.m. Tuesday against Downriver Adray. Both games will be at Ford Field.

Only the best



A precision sport: Archery takes more than mere talent — it requires the right kind of equipment, including a lot of practice with and adjusting of that equipment. Those with the finest feel for their equipment are winners.

National Target tournament attracts top archers

The first year Canton hosted the National Target Championships, the top names seemed to adjust pretty well.

In the men's recurve division, No. 1-ranked Butch Johnson of Woodstock, Conn., edged Justin Huish of Simi Valley, Calif., outscoring him 2,631 to 2,612 in the three-day event. Huish was coming off a big year in 1996, having won two gold medals at the 1996 Olympics; he followed his second-place finish with a gold medal-winning performance in the first-ever U.S. Open Elimination Round, a single-day event held in conjunction with last year's National Target Championships.

Huish outshot Norway's Martinus Grov in the final, 109-104, to win the elimination round. Johnson was beaten in the quarterfinals of the elimination round by eventual bronze medalist Grzegorz Targonski of Poland, 110-108.

In the women's division, No. 1-ranked Janet Dykman of El Monte, Calif., was the winner of the National Target Championship in the women's

recurve division, scoring 2,606 points to outdistance runner-up Khatouna Lorig of Flanders, N.J., who scored 2,591. But Dykman and No. 2-ranked Wenche Lin-Hess of Norway were eliminated early in the U.S. Open Elimination Round, leaving it an open battle for the recurve gold — which was captured by Mexico's Erika Reyes, who beat Australia's Melissa Jennison, 105-95 in the final.

The format for this year's week-long tournament, the 114th National Target Championship, will be much the same as last year's. Competition will be in traditional, recurve and compound divisions (the traditional tournament started Saturday and will be completed today). Archers will compete through two rounds, shooting 36 arrows from four distances in each for a total of 288 arrows.

Competition at Heritage Park, located at 1150 S. Canton Center, starts at 9 a.m. Monday through Friday, following a 45-minute warm-up session (8-8:45 a.m.). Friday's Olympic Round competition will put the top 64 male and female archers, from all

divisions, into one Olympic-style elimination round tournament from 70 meters.

There will also be team competition. Monetary awards are also up for grabs; a gold medal in either the men's or women's recurve, or compound, competitions is worth \$250, while a silver medal is worth \$150 and a bronze \$100.

A team winning a gold medal earns each team member \$100; a silver is worth \$75 to team members, and a bronze is valued at \$50 per team member.

Johnson, Huish, Dykman, U.S. Women's Olympic Team member Jennifer O'Donnell (from Farmington HS and Livonia) and Adam Wheatcroft (from Clarkston), who teamed with Nicholas Risinger and Walter Ruchniewski to win a gold medal with a record-setting performance at the fifth Junior World Archery Championships in Sunne, Sweden last Sunday, are all scheduled to compete this week in Canton.

Lakers, 'Dogs to meet for title

The stage is set.

And for once in the long, and storied, history of the Metro Summer Hockey League and its playoffs, there is no major surprise heading into the championship game. For most of the season, three teams dominated the league; two of them have survived to meet in the final.

The most dramatic of the semifinals was Wednesday between the Lakers and the Huskies in the Bakes Conference final. Until the final week of the regular season, the two teams had battled for the top spot in the conference. A late Laker collapse — they lost their last three regular-season games after going unbeaten through the first eight — handed first place to the

PLAYOFF HOCKEY

Huskies.

The Lakers avenged that ignominy last Wednesday, repelling a late Huskie rally to post a 5-4 victory at Plymouth Ice Arena.

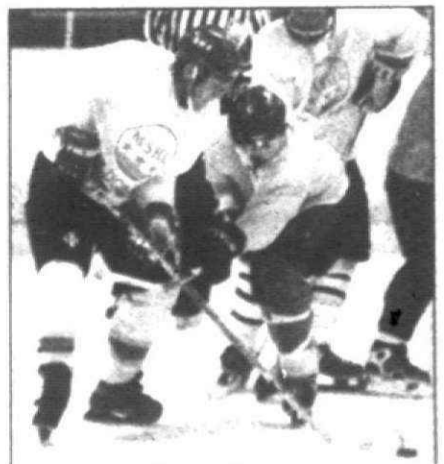
In the Eagle Conference final Thursday at Plymouth, the Bulldogs scored three times in the last 1:37 to win going away over the Broncos, 8-4 — thanks to four goals and two assists from Ben Blackwood.

Which means the Bulldogs and the Lakers will meet for the MSHL championship at 8 p.m. tonight at Plymouth Ice Arena.

In the Bakes final, the Huskies had the early advantage, getting first-period goals from Jesse Hubenschmidt (from Redford) and Scot Curtin (Redford) to go up 2-0. The Lakers trimmed that deficit to 2-1 by the end of the period, thanks to a goal by Matt Frick with 3:25 left, then took command in the second with three unanswered markers, by Ryan Ward, Nick Jardine and Jeramie Murray (Redford).

The Lakers made it 5-2 with 10:49 left in the third period on a goal by Eric Dolesh (Farmington Hills). The Huskies narrowed the gap with goals by Sean Kass and Jeremy Sladovnick.

Please see HOCKEY PLAYOFFS, D4



Title-round: Matt Krupa (middle) and his Lakers have reached the MSHL championship game.

AUTO RACING

Truck driver has sights set for Firecracker 400

Call it the hectic life of Brian. During the week he drives bulky semi-truck rigs around Detroit on the midnight shift...

a Chevy Lumina, Pontiac Grand Prix or Chevy Monte Carlo. The weight of the vehicles are 3,400 pounds with a 355-cubic inch displacement on the engine...



Team Conz: Brian Conz, surrounded by his crew helpers, hopes to take his team to the Firecracker 400 to race against the big boys.

Speedway. All told, Conz has five ARCA wins, five runner-ups and 92 top 10s. His grandfather, Clyde Parker, is a former ARCA driver who finished in the top 10 six consecutive seasons...

"I think Brian drives smart," co-owner Smith said. "He knows he's got a car that will lead, and he knows when his car isn't good enough to contend."

"I believe Brian is a little hard-headed, but the kid can definitely drive a race car," co-owner Peterson said. "Brian drives hard every lap, whether he's in first or 40th. He never gives up."

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Youth Soccer Connection offers easy information access through Web sites

In response to the tremendous growth in youth soccer, Michigan Live has launched the Youth Soccer Connection at http://www.mlive.com/ysc.

This feature offers Michigan youth soccer teams, clubs and leagues the chance to build their own free, easy-to-update Web sites or link to their existing Web sites.

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RECREATION

Butterflies make comeback

Lives of invertebrates are just as intriguing as the vertebrates.

In fact, in many cases, even more interesting.

Zoos and private institutions have begun to recognize this, resulting in more and more invertebrate exhibits for display.

Butterfly houses are just one example of how popular one invertebrate can be.

Back in the 1980s private enterprises began to establish tourist attractions with the lure of butterflies.

Butterfly World in Florida started and, as far as I know, is the largest display of butterflies in the United States. They have separate houses for North American butterflies and for exotic, tropical species.

Several other butterfly houses have now started, like the one at the Detroit Zoo.

Watching these colorful jewels fly next to you, only inches away,

NATURE NOTES



TIM NOWICKI

can be breath taking. Sometimes they even land on you. Their colors and patterns are beyond the imagination.

Not only do the butterfly houses have adults, they also display the chrysalises of many of the butterflies. They too can be colorful and distinctly shaped.

Exotic butterflies are not allowed to leave their enclosures, nor breed, because host plants are not available for them to lay their eggs on. It's better to keep tropical dealers in business and get shipments into the facility, rather than have some of these exotics escape and begin reproducing in a foreign land. Many situations like this in the past have proven very costly.

Mackinac Island has a butterfly house and Meijer's Gardens has butterflies in the spring for a short period of time. Calaway Gardens in Georgia also has butterflies, while the Cincinnati Zoo has both butterflies and many other invertebrates.

One of the popular invertebrate exhibits are the walking sticks.

One species of walking stick is the longest insect — over one foot long.

Tropical walking sticks do not look just like a twig. Many tropical species are camouflaged to look like lichen covered twigs, or leaves.

Some even have bright colored wings to startle potential predators. North American walking sticks do not have wings.

Toronto's Science Center has both walking sticks and a working leaf cutter ant colony.

The Toledo Zoo is another location to view different invertebrates.

If you are plagued with cockroaches, be thankful you don't have the large hissing cockroach they have on display, they are about three inches long.

If you are interested in invertebrates, especially insects, the Lewis E. Wint Nature Center at Independence Oaks County Park near Clarkston, Michigan will host an insect festival from 1:30-4 p.m. Saturday Aug. 8.

There will be insects, both live and mounted on display, hikes to demonstrate collecting will be conducted, lectures, crafts and more will be featured.

For more information, call the nature center at (248) 625-6473.

Bow hunter finally bags a bear

For many years, Jeff Weisswasser has dreamed of bagging a "big bear" with his bow.

A veteran of many years of bear hunting in Ontario, Weisswasser decided to try his luck a little further west this year and embarked upon a trip to Edmonton for a go-round with some Alberta black bears.

Upon arriving at his wilderness tent camp at mid-day, it didn't take the Bloomfield Hills hunter long to realize his dream.

"The first day there we went out about 4 p.m. and by 9 p.m. I was still sitting in my blind watching shadows," said Weisswasser. "All of a sudden one of those shadows started to move and the biggest bear I've ever seen or dreamt of was coming in to my bait."

But the bear didn't come right in for a text book shot. Instead he grabbed some food and laid down in a position that didn't offer a good shot. "A little voice in the back of my head said 'Jeffrey, if you let this one walk away you'll be kicking yourself forever,'" said Weisswasser.

He didn't let that happen.

While trying to calm himself, Weisswasser watched the bear begin moving again. He drew his Mathews solo-cam bow and when the bear presented a brief opening Weisswasser made a lethal shot.

The monster bruin measured 7-feet, 8-inches from nose to tail and had a girth of 4-feet, 8-inches. The skull had a green score of 20¹/₂-inches, well within the Pope & Young Club requirements.

"It was after dark when we finally found him," explained Weisswasser. "When my guide held up the light and said 'There's your bear,' I almost had a heart attack.

"I literally fell to my knees and gave thanks. I was overcome by sadness, joy, humility and exhilaration all at the same time."

OUTDOOR INSIGHTS

aration all at the same time."

Hot summer fishing

Fishing Buddies Fishing Club founder Harold Leider, of Rochester Hills, reports that steelhead action is cooking in Eriau, Ontario (an hour east of Detroit).

We went on a trip over there last week and just hammered them," said Leider. "We caught nine steelhead between eight and 12 pounds each and four walleye, between eight and nine pounds each."

Leider also reported that he and his wife Audrey recently returned from a fabulous trip to Prince Edward Island where they fished for and caught flounder and cod.

"We had a fabulous time," Leider said. "We learned to dig clams and shuck oysters. It was a great time all the way around."

Deer, turkey deadlines approaching

Hunters are running out of time. The application deadline for the fall wild turkey season and for antlerless deer permits is Saturday, August 1.

Applications are available at license dealers statewide.

(Anglers and hunters are urged to report your success. Questions and comments are also encouraged. Send information to: *Outdoors*, 805 E. Maple, Birmingham, MI 48009. Fax information to (248) 644-1314, send e-mail to bparker@oe.homecomm.net or call Bill Parker evenings at (248) 901-2573.)

individual average in the Thursday Travel All-Stars with 1983 (223) and 1985 (228).

This is not to say that Ken would be elected, the others have very strong credentials also. It's all up to the election committee.

For anyone who has ever visited the GDBA Hall, it is located in Thunderbow Lanes in Allen Park.

It's well worth the trek for any bowling enthusiast, a nostalgia trip and the showcases are filled with the individual plaques and trophies, going from past to present with the names and faces that have made it to the Hall of Fame.

Tim Wiczorek is the proprietor of the Rack Attack pro shop in Thunderbird Lanes on Maple Road in Troy.

Tim has been a feature story in this column, having had to give up his aspirations for the Pro Bowlers Tour because of physical disabilities, and how he has come back to help teach others how to bowl better.

He has developed an advanced video/computerized system for instruction that is a look into the next century.

Carrying it another step, Tim will be hosting an advanced school for all bowlers who wish to improve their game in this high tech fashion.

The date is Oct. 4 and costs \$85 to sign up, (\$100 after Sept. 7). The class is limited to 50 entrants. There will be many door prizes, which will be supplied by a large number of sponsors including Columbia, Brunswick, Ebonite, King Louie, Turbo 2-N-1 Grips, Linds Shoes, E-B Sports, DiLaura Bros., GLC Balls, Mitchell Sales and Classic.

There will be several USA certified instructors for the session which will run from 8:45 a.m. to approximately 5 p.m.

The staff includes Randy Hart, Jeff Briggs, Randy Harvey, Mark Robey, Jeff McCormick and George

Bukowski, all Silver level in addition to Tim Wiczorek, Bronze level. The class will be on the lanes at Thunderbird and using the computer/video analysis.

It's a sure-fire way to step your game up a notch or two.

For more information, call (248) 362-2212.

Last week, a couple of well known area bowlers struck it rich on national Televised Pro Bowling events.

Gene Stus, just back from cardiac surgery, won for the second week in a row at the Northwest Senior Classic in Beaverton, Ore. after capturing the Seattle Senior Open the previous week.

Next stop is Las Vegas, the town where winners can become losers quickly.

Stus has had two triple bypass heart operations. He looks great and is bowling perhaps his best ever.

Also last week, Aleta Sill took another step towards her next goal with a victory at Danville, Va.

The first place money was \$9,000 which moves her closer to the \$1 million mark, yet to be achieved by a woman bowler.

The victory was Sill's 30th title, which ties her with Lisa Wagner for the all-time record on the ladies pro tour.

These events are carried at 1 p.m. on Tuesdays on ESPN (times may vary).

The next three events will be in Chattanooga, La., Terre Haute, Ind. and Rockford, Ill.

At 36, Sill remains at the top of her game, but as she says, there are a lot of great young bowlers coming up, and the competition just keeps getting stronger.

She is hoping to hit that magic number of \$1 million before the year is up.

Sill, who entered the Detroit Hall of Fame last year, is from Dearborn, formerly of Garden City and Westland.

Outdoor Calendar

ARCHERY

NAA NATIONAL
The National Archery Association will hold the 114th annual National Target Championships Aug. 1-7 at Heritage Park in Canton. Shooting begins at 9 a.m. each day and the public is welcome.

BROADHEAD LEAGUES
Broadhead leagues are forming and will begin the first week of August at the Oakland County Sportsman Club in Clarkston. There will be evening leagues on Tuesdays, Wednesdays and Thursdays and a morning league on Wednesdays. Call 623-0444 for more information.

3D SHOOT
The Oakland County Sportsman will hold a 30-target 3D shoot beginning at 9 a.m. Sunday, Aug. 9, on its walk-through range in Clarkston. Call 623-0444 for more information.

JUNIOR OLYMPICS
The Oakland County Sportsman Club in Clarkston offers a Junior Olympic Archery Development Program beginning at 1 p.m. on Sundays. Call (248) 623-0444 for more information.

JUNIOR ARCHERS
A weekly program for junior archers begins at 9 a.m. Saturdays at Detroit Archers in West Bloomfield. Call (248) 661-9610 or (313) 835-2110 for more information.

FLY TYING
Paint Creek Outfitters in Rochester offers a variety of fly tying classes for beginners and advanced tyers. Call (248) 650-0440 for more information or to make a reservation for an upcoming class.

HUNTER EDUCATION
Wayne County Sportsmen's Club will hold several hunter education classes in the upcoming months at its clubhouse and grounds in Romulus. These classes will be taught by certified instructors. Students must be present for both days of their respective class. All equipment will be provided. Classes will be offered Aug. 29-30, Oct. 3-4, Oct. 17-18 and Nov. 7-8. Cost is \$10.50 and includes lunch both days. To pre-register call (313) 941-9688.

WINGSHOOTING SCHOOL
Hunters Ridge Hunt Club in Oxford will host the Fieldsport Wingshooting School on Saturday and Sunday, Sept. 12-13. Master gunfitter and certified instructor Bryan Bilinski, who is credited with bringing sporting clays to the United States, will lead the school, which will cover all aspects of proficient shooting. Call (616) 933-0767 (daytime) or (248) 637-2446 (evenings) for more information.

CLUBS

METRO-WEST STEELHEADERS
Metro-West Steelheaders meets at 7:30 p.m. on the first Tuesday of each month in the cafeteria at Garden City High School. Call Dominic Liparoto at (248) 476-5027 for more information.

MICHIGAN FLY FISHING
The Michigan Fly Fishing Club meets at 7 p.m. the first and third Wednesdays of each month at Livonia Clarenceville Junior High School. Call (810) 478-1494 for more information.

FOUR SEASONS
The Four Seasons Fishing Club meets at 7:30 p.m. the first Wednesday of each month at the Senior Citizen's Center

in the Livonia Civic Center. Call Jim Kudej at (313) 591-0843 for more information.

FISHING BUDDYS
Fishing Buddys Fishing Club meets monthly in Rochester Hills. The meetings are open to all anglers. Call (248) 656-0556 for more information.

CLINTON VALLEY BASS
Clinton Valley Bass Anglers club is seeking new members (boaters and non-boaters are welcome.) The club meets monthly at Gander Mountain in Waterford. Call Mike Daly at (248) 666-8910 for more information.

BASS ASSOCIATION
The Downriver Bass Association, a non-tournament bass club, meets at 6:30 p.m. the fourth Tuesday of every month at the Gander Mountain in Taylor. Call (734) 676-2863 for more information.

SOLAR
The School for Outdoor Leadership, Adventure and Recreation (SOLAR), a non-profit organization interested in promoting the appreciation of outdoor activities, meets at 7:30 p.m. on the first Tuesday of each month at the Colony Hall in Southfield. Call (248) 988-6658 for more information.

MEETINGS

NRC
The monthly meeting of the state Natural Resource Commission will be Wednesday and Thursday, Aug. 12-13, at the Holiday Inn-Petoskey, 1444 US 131 S., Petoskey. Persons who wish to address the commission or persons with disabilities needing accommodations for effective participation should contact Teresa Golder, at (517) 373-2352 one week in advance.

SEASON/DATES

DEER
Aug. 1 is the deadline to apply for an antlerless deer permit.

TURKEY
Aug. 1 is the deadline to apply for a fall wild turkey permit.

WATERFOWL
Waterfowl hunters may apply for a reserved hunt permit Aug. 1-28.

SHOOTING RANGES

BALD MOUNTAIN
Bald Mountain Recreation Area in Lake Orion has shotgun (skeet & trap, sporting clays, 5-stand), rifle, pistol, and archery shooting facilities. Range hours are 10 a.m. to sunset on Wednesdays and 10 a.m.-6 p.m. on Saturdays and Sundays. On Mondays and Tuesdays, shotgun and archery shooting is available noon-sunset while the rifle and pistol range is open 3 p.m. to sunset. Bald Mountain is located at 1330 Greenshield Rd., which is three miles north of the Palace of Auburn Hills off M-24. Call (248) 814-9193 for more information.

PONTIAC LAKE
Pontiac Lake Recreation Area in Waterford has rifle, pistol, shotgun, and archery ranges. Range hours are 10 a.m.-5 p.m. Wednesdays through Sundays. Pontiac Lake Recreation Area is located at 7800 Gale Rd. Call (248) 666-1020 for more information.

ORTONVILLE RECREATION
Ortonville Recreation Area in Ortonville has rifle, pistol and shotgun shooting facilities. The

Ortonville Recreation Area is located at 5779 Hadley Rd. Call (248) 693-6767 for more information.

STATE PARKS

STATE PARK REQUIREMENTS
Maybury State Park, Proud Lake Recreation Area, Bald Mountain Recreation Area, Highland Recreation Area, and Island Lake Recreation Area offer nature interpretive programs throughout the year. A state park motor vehicle permit is required for entry into all state parks and state recreation areas. For registration and additional information on the programs at Maybury call (810) 349-8390. For programs at Bald Mountain call (810) 693-6767. For programs at Proud Lake and Highland call (810) 685-2433. For programs at Island Lake call (810) 229-7067.

FISHING IN THE PARKS
Learn the basics of fishing including how to bait a hook, basic knots, casting and fish ecology during this weekly program, which is offered Tuesdays at 6:30 p.m. through Aug. 11 at Metamora-Hadley, Pontiac Lake and Island Lake.

BIRD HIKE
Learn to identify some of the area's birds during this naturalist-led hike, which begins at 8 a.m. Saturday, Aug. 8 at Maybury. Participants should meet at the riding stable parking lot off Beck Road, 1/4-mile south of Eight Mile Rd.

METROPARKS

METROPARK REQUIREMENTS
Most Metropark programs are free while some require a nominal fee. Advanced registration and a motor vehicle permit are required for all programs. Call the respective parks toll free at the following numbers: Stony Creek, 1-800-477-7756; Indian Springs, 1-800-477-3192; Kensington, 1-800-477-3178.

1998 PERMITS
The 1998 Huron-Clinton Metroparks annual vehicle entry permits and boat launching permits are on sale at all Metropark offices. Vehicle entry permits are \$15 (\$8 for senior citizens). The annual boat launching permits are \$18 (\$9 for senior citizens). Call 1-800-47-PARKS for more information.

OAKLAND COUNTY PARKS

COUNTY PARK REQUIREMENTS
Advanced registration is required for all nature programs at Oakland County Parks. Call (810) 625-6473 to register or for more information.

FREE WOOD CHIPS
Free wood chips from the Oakland County Parks Christmas tree recycling program will be available on Saturday, Aug. 29, at Orion Oaks at the Clarkston Road entrance. Individuals are asked to provide their own shovels and to load the chips by hand. No motorized equipment is allowed and no commercial haulers. Additional wood chip dates are scheduled for Sept. 26 and Oct. 31.

(To submit items for consideration in the *Observer & Eccentric's* Outdoor Calendar send information to: *Outdoors*, 805 E. Maple, Birmingham, MI 48009; fax information to (248) 644-1314 or send E-mail to bparker@oe.homecomm.net)

Hall of Fame nominees on tap

Tomorrow is the day that the Greater Detroit Hall of Fame committee convenes to consider this year's nominees.

Those bowlers who are up for consideration this year are, in the men's category — Ken Kossick (Canton), Fred McClain, Jerry Penxa, Lee Snow (Farmington Hills), Harry Sullins, Larry Walker (Garden City) and Dave Bernhardt.

In the women's category, those nominated include — Marilyn Lueck Frederick (Canton), Cheryl Stipek (Redford) and Sandra Winbigler.

Veteran's category hopefuls — Syl Thiel and Jarv Wohelke.

The lone nominee for the Thomas McKay Award is Dorothy Thompson.

Nominated for meritorious service — Doug Bradford, Margaret Restivo, Warren Teubert (Redford) and Lewis Saad.

To be selected out of this illustrious group, one must have performed on the lanes above and beyond the usual for a reasonable length of time.

Victories in league and tournament play are heavily considered.

Using Ken Kossick as an example, he has bowled in the All-Stars for 16 years, a member of the championship Ansara Big Boy team, ABC sanctioned high games, 19 300 games, 12 299 games, eight 298 games and seven 300 series.

He has captured five Michigan State titles, several Greater Detroit Bowling Association city titles, All-City team five times including King of Bowlers in 1986-87, and 1992-93 with 94.5 points (an all-time record), 1987 GDBA bowler of the year, 1997 Masters winner, high

TEN-PIN ALLEY



AL HARRISON

Schoolcraft College hosts Classic

The 4-Seasons Kite Club, along with help from the M2S2 Kite Club and many sponsors, will again host the third Michigan Sport Kite Classic.

The event will be held at Schoolcraft College Aug. 8-9, located on Haggerty Road between Six and Seven Mile roads. The Kite Classic is free to all spectators.

While competitive sport kite flying is not well known by the general public, it is one of the fastest growing sports around. Anyone can enjoy and participate in the sport, adults, kids and the young at heart.

It embodies the beauty and grace of figure skating with the sky as its canvas instead of ice. Like figure skaters, the competitive kite flyer must execute certain maneuvers, in order, within a certain amount of time.

There is also a "ballet" portion of the competi-

SPORTS KITES

tion, which is a series of maneuvers choreographed to music. Flyers are judged against specific criteria at several skill levels and accumulate points throughout the year.

Top flyers from around the country are then invited to compete at the national convention at the end of the season.

The Michigan Sport Kite Classic will have games and kite building for kids. Room will also be set aside to teach folks how to fly their kites.

If you would like more information about the Michigan Sport Kite Classic, the 4-Season Kite Club, the M2S2 Kite Club or kiting in general, please call (248) 684-5288. E-mail can be sent to joew@conch.msen.com