# Canton Observer

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#### Come one, come all

You are invited to attend a the 1998 Plymouth **Canton Board of Education** election, sponsored by the Plymouth and Canton Observer Newspapers. The forum will be 7-8:30 p.m. Wednesday, May 27, in the new Plymouth District Library, 223 S. Main, just south of Plymouth City Hall. Candidate's seeking election to two, four-year terms include incumbent Susan Davis, newcomers Shella Friedrich, Richard Ham-Kucharski, Darwin Watts, and Judy Mardigian, who is seeking election to a two-year seat to which she was recently reappointed.

The forum will be moderated by Tim Richard, state and regional reporter for HomeTown Communications Network, which owns the Observer Newspapers, Observer reporter Tony Bruscato, as well as Plymouth Observer editor Joanne Maliszewski. and Canton Observer Tedd Schneider will host the event. Call the Observer at 459-2700 for information.

# AHEAD

#### WEDNESDAY

Prayer breakfast: The Canton-Plymouth Prayer Breakfast offers earlymorning inspiration with keynote speaker Wintley Augustus Phipps, a pastor and gospel singer. The breakfast is 7:30-9 a.m. at the Summit. Tickets are \$10 each and the reservation deadline is Monday. Call 495-3548.

### SATURDAY

Clothing drive: Youth Team members from the Canton Target store will hold a clothing drive to benefit First Step, a local shelter for abused women and children. Anyone may drop off clothing, new socks, underclothes shoes and slippers in boxes at the front of the store. Call 454-1133 for more information.

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# Canton home a real steel

■ Dan and Michele Hall started building their new home at Pheasant Run last April - but you'd be wrong if you said construction was lumbering

There's no question that a home Dan and Michele Hall are building on the 18th hole of Pheasant Run Golf Course has caused the most rubbernecking from golfers and neighbors

That's because they didn't use lumber.

"People will stop and say, 'What the heck is that?' " Hall said.

The massive steel shell looks more like an industrial building than a home. The 3,600-square-foot house is built from light gauge metal framing - not wood

Hall designed, engineered and constructed the home, which he began building last April in his spare time evenings and weekends with help from several friends in various trades

Instead of hammers and nails. they used saws and screw guns.

Hall is a project superintendent for O'Neal Construction Co. in Ann Arbor. Some projects he has overseen include the construction of Canton's Summit on the Park community center and Temple Baptist Church in Plymouth.

"The walls are as straight as an arrow. Wood has a natural bend," he

The frame is non-combustible, rotfree and made from recycled galvanized steel so Hall also can be lauded for saving several trees in the

Metal is used for home construction in states such as Hawaii and Florida to protect against termites and strong winds. Hall's steelframed home is the first for Canton.

"We've been using it in commercial developments for 10 to 15 years," he said. "Not many residen-

Please see STEEL HOUSE, A7



Man of steel: Dan Hall fastens steel beams with a power screwdriver. The metal-framed home he is building on the Pheasant Run Golf Course is a first for Canton.

# **Students** opt out of MEAP

Most junior class students at Canton and Salem high schools exercised their right of refusal by declining to take the revamped, but controversial, Michigan Educational Assessment Program tests given last week.

In fact, more than 600 of the 988 juniors at the high school complex refused to take the test, which measures skills in reading, writing, math, and science.

"The last two years we saw 92 percent of the students take the tests," said Joan Claeys, Salem assistant principal. "However, after a revolt against the exam last year in Oakland County, more parents and students here opted

The MEAP tests became controversial because they were long, difficult and resulted in debatable scores.

The exams were shortened to about eight hours by the state after complaints the nearly 11 hours of testing were too long.

Last year, students who passed were labeled as "proficient" and given a gold endorsement sticker on their diploma. Those who fell short of that were labeled "novice" or "not yet novice." College-bound students were afraid

"proficient" sticker, believing anything less would hurt their chances of getting into college. This year, the stickers have been

of taking the tests and failing to get a

eliminated. However, the results go on the high school transcripts.

"Many parents and students thought that was less satisfactory," said Claeys. "There's a real concern on the part of juniors applying for college because they don't know how the results will affect them, compared to ACT and SAT

Claeys notes that without at least 85 percent junior class participation, the results will have no meaning. "The MEAP shows how we are doing

Please see TEST, A7

# Chamber director Flaharty leaving June

Canton Chamber of Commerce Executive Director Carleigh Flaharty will be leaving at the end of this month to head the Farmington/Farmington Hills Chamber of Commerce.

Flaharty, 25, has been Canton's chamber director since July of 1996 when longtime director Linda Shapona resigned to become the director of Westland's Chamber of Commerce.

She begins her duties June 1 at Farmington chamber, which is the third largest in the greater Detroit area. Flaharty is taking the place of Maria Esposito, who accepted a posi-

tion as director of lifelong learning at the Grosse Pointe War Memorial. Esposito's last day was April 28.

This is a good opportunity professionally for me. It's a larger organization with 720 members and a larger staff (of five)," Flaharty said

The Canton chamber had just under 400 members when Flaharty joined the organization and now has grown to 455 members in two years. It has a member staff

"The Farmington area has tremendous diversity in its business community. Farmington being home to many

family-based businesses and retail with a downtown ... and Farmington Hills being headquarters to large corporations," she said.

Canton chamber President Pat Williams said he wasn't surprised Flaharty decided to leave for larger opportunities. "She did an outstanding job She's a very talented and bright girl. I guess someone of her caliber, you kind

Canton will likely be without an executive director for one month as its 18-member board of directors begin searching for her replacement. A com-

mittee was formed to review job candi-

"It was a difficult choice because of the people here. They welcomed me with open arms. I was new not only to Canton, but to Michigan," Flaharty

Originally from Seattle, Wash., Flaharty and her husband came to Michigan after he received a position as a chanical engineer for firm in Troy They live in Berkley.

An English major at the University

Please see CHAMBER, A7

# Making the turn

# Students' commitment to change lauded

Plymouth Salem High School student Kelly Kubeck will graduate in a

She's been active in various school activities, spends a number of hours performing community service, has lettered on the Salem varsity tennis team, and has a job ... all while getting A's and B's on her report card.

And in the fall, the 17-year-old Plymouth Township resident will head down the road to Michigan State University.

Despite all the accomplishments. Kelly is most proud of the fact that she has been sober for 17 months and six days.

Kelly, along with 26 other students in the Plymouth-Canton school district, were honored Tuesday at the third annual Turnaround Achievement Awards sponsored by Super Bowl Lanes at the Summit on the Park in Canton.

The students, who ranged from elementary to high school students, were honored for their effort, perseverance and commitment to turning their lives around.

"I was dependent on drugs and alcohol for four years, got into some trou-

### It's your turn to shine

The following students were honored Tuesday in the 1998 Turnaround Achievement Awards.

- Serene Garlow-Wvatt Bird Elementary
- # Jacob Whinnie . Eriksson Elementary Christian Smith . Field Elementary
- \* Kelth Porter Gallimore Elementary Michael Krafchak . Hulsing Elementary
- Daniel McClure . Miller Elementary
- Brent Deaver . Central Middle School
- Ryan Case, . Central Middle School
- Christopher Hutchinson East Middle School
- \* Kimberley Diedrich East Middle School
- M Christina Hughes . Lowell Middle School
- II Tim Kasten West Middle School
- # Jentace Geftos West Middle School
- M Andrew Leonard P-CEP
- # Cara Szymanski \* P-CEP III Kevin Globke • P-CEP
- M Chris Miller . P-CEP
- # Bobbi Jones . P-CEP
- Mark Snyder . P-CEP # Lauren Wozniak . P-CEP
- # Michael Reeser . P-CEP
- M Kelly Kubeck . P-CEP
- M Amanda Heady . P-CEP
- # Seth Popa . P-CEP # Steven Tutor . P-CEP
- III Jana Jacobs . P-CEP
- # Mary Ann McMullen . Starweather Center

# Little space, lots of love in winning mom's house More Messages to Mom, A4

Growing up in a large, blended family was an "extra special" experience for Canton resident Melanie Smith. That led Smith and her two sisters

- Theresa Gross and Kathy Soltis, also from Canton - to nominate their mother, Connie Sienkowski, in the Observer Mother's Day contest. Smith's short, simple e-mail missive about her sibling-filled household was chosen as our contest winner Smith wrote

"Why My Mother Is Special? Our mother married our father who was widowed and left with nine children, ages 3 to 15, gave birth to two more and had enough strength and love for all of us. Everyone called her crazy, but we call her extra SPE CIAL

In a brief telephone interview this week. Smith said her stepmom "never treats us differently then her own kids. That was true growing up and it's still true."

Connie Sienkowski, 58, and her husband Leonard, 62, live in Sterling Heights. Their extended family now includes 11 children 21-40 years old and 20 grandchildren.

Even the story of how her father and stepmother met has a nice ring to it. When her mother, Caroline,



Connie and Leonard Sienkowski

died in December 1971, the family turned to the Catholic church for help, Smith said. The church sent a young woman studying to be a nun to the Sienkowskis to work as a

The nanny, of course, turned out to be Connie Martin, who fell in love with Leonard Sienkowski and married him in 1974.

For her entry, Smith wins dinner for four at Max & Erma's in Canton. Our guess is there might be a few more people at the table

Pheasant Run Golf Package and

lunch for two, courtesy of Pheas-

■ Third Prize winner Eliza-

beth Bright won a 14 karat gold

ring, courtesy of Crystal Dia-

Theater for two, courtesy of Gen-

nitti's; an overnight stay at Mar-

mond Setters; Genitti's Dinner

ant Run Golf Course.

**Newcomers pitch in** 

Last week's raffle raised \$6,100 for Community Hospice

# Turnaround awards from page A1

Kelly was able to pull herself sober. be the biggest challenge of her

young life.
"I had my mom and dad get me into a recovery program in Ohio, a lockup facility for four to court and the judge gave me students. We have Alcohol one last chance. So far it's Anonymous meetings for the



New life: Kelly Kubeck recites her pledge during the awards ceremony. Twenty-seven students were honored at a luncheon Tuesday at Summit on the Park.

Medicare Part B premium.

ble and couldn't stand it anymore," said Kelly. "I just hit dent services program at the Lynn Sandmann, who directs every day. high school for keeping her the program with Diane Mat-

ether for what turned out the "The alternative education sented the Turnaround Award to program helps people get into Kelly. rehab, get sober, and help reidentify themselves," said Kelly. "The teachers introduced me to their aftercare group where new life options for herself ... weeks," Kelly said. "Then I went there are about 10 recovering and is working hard at balancing entire school every Friday, and

priorities in her life." And it goes without saying that her parents are proud of the learn how to turn around your way Kelly has turned her life

"We went though some tough times, but we're very proud of her," said Ken Kubeck, Kelly's father. "It was like gaining our daughter back after she went through rehab and the help at the school."

very critical point and helped her, and thank God for them." said her mother, Kathy. "No one else could do this for her; she had to do this herself."

Kelly, who helps mentor other students, has some words of advice for those who face the same tough road she traveled.

"There is a chance to turn your life around," she said. "You need self confidence, courage, and can't be afraid to stand up for what you believe is right ... even

if you're the last one standing." Each of the 27 students pre-

If you're

eligible for

Medicare,

promises or

don't deal with

Michael Krafchak is a Hulsing sumoto and Allie Suffety, pre-Elementary student who couldn't read well in the third grade. His work and determination raised "Kelly is an amazing and his reading skills to a fifth-grade courageous young woman," said level, defying research which Sandmann. "She has created indicates that children who can't read by the third grade will

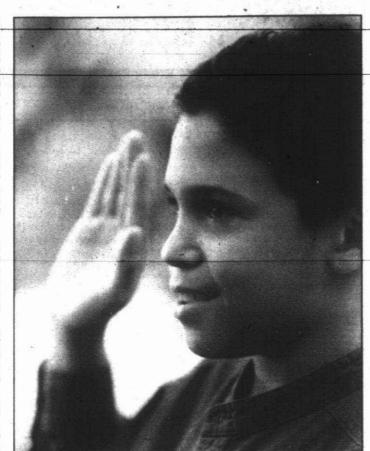
> Brent Dreaver is an eighth grader at Central Middle School who had a 1.3 grade point average with discipline and behavioral problems. Today, he is an honor student with a GPA over

never catch up.

Ryan Case, also of Central Middle School, spent more time in the office than in class with a 1.6 gpa in sixth grade. Now, an "There were some very key eighth grader, Ryan raised his people who entered her life at a GPA to a 3.6 and has become a model student. Kevin Globke, a Salem senior.

> began his high school career with a 1.16 GPA, and finished his sophomore year not much better, mainly because of a lack of attendance and initiative. In the summer of 1996 Kevin

received a heart transplant and was out for about 10 weeks. Kevin worked hard to make up the credits he lost through class work and independent study, and last semester finished with a 3.3 GPA. He will graduate with the rest of his class in June.



Vows: Field Elementary student Christian Smith promises: "If it is to be, it is up to me."

# 'Arsenic' at Summit May 17

Canton Project ARTS will host a special presentation of the Ply- discovery of his aunts' interest day, May 17 at the Summit.

The event is part of the Project ARTS Spring Theater Series and is co-sponsored by the Observer

The popular play - which has

- revolves around a nephew's mouth Theater Guild's "Arsenic ing hobby. The slightly sinister and Old Lace." 6:30 p.m. Sun- comedy was made into a 1944 movie featuring Cary Grant.

Tickets are \$8 in advance and \$9 at the door. They are available in the Maple-Oak Room at

For more information call seen several Broadway revivals Kathleen Salla, 397-6450 and is community theater staple

# Canton Observer

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Baker's Square Restaurant -	May 14, 1998	2:30 - 4:30 PM	
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Lucky entries: Joan Noricks (from left), Kathy Randinitis and Laura Baptist, New-

comers fund-raising co-chairwoman, pull out the winners at Wednesday's raffle.

It was the largest raffle to date Kristy Engle, Charisse Nilles and Heidi Bartes

certificate for furniture courtesy

of Blackwell Ford and

Walker/Buzenberg Furniture

and a decorative rug, courtesy of

Accurate Flooring and \$40 gift

certificate for wall decor courtesy

■ Second prize winner LuAnn

Ross of Canton won a \$400 Sum-

raising raffle.

of Art Advocate.

sold 6,000 tickets and raised

nity Hospice & Home Health

About 100 people gathered at

the Newcomers monthly gather-

ing place at the Sunflower Club-

house on Hanford Road to draw

■ Grand prize winner Debbie

Zamorski won a Las Vegas Get-

A-Way for two, courtesy of Elliot

Travel and Rock Financial and a

Princess Di Beanie Baby, cour-

First prize winner Amy

Young of Canton won a \$350 gift

tesy of Dixboro General Store.

Care Services of Plymouth.

the winning tickets.

were the top ticket sellers for this year's fund-

mit on the Park gift certificate riott, courtesy of Livonia Mar-

courtesy of Pulte Homes and a riott and a \$40 salon gift certifi-

(Mercedes) production plants behind General Motors and be an interchange of Mercedes their supplier business? Swart-

"You're talking about a great said car company in Mercedes Benz. The point is everyone has to wealthy company, they're not ever occurred. I've been following realize if this works you're look- only in the automotive business the story." he said. ing at probably a five-year pro- but they have other ventures as gram before everything is ironed well, they're very profitable. It "As a dealer I welcome this of our product, which gets better and Stuttgart, Germany. The

venture. It's great for the auto every year now. business and it's great for Chrysler employees

out." Scott said.

merger announced Thursday

drew favorable reaction from

local Chrysler dealers and sup-

venture," said Dick Scott, owner

Arbor Road.

"I feel it can only be a good

"Everybody's excited, it's kind

of the buzz with employees and

customers. I have not heard any-

body talk negatively about it. I

think we're going to create more

The new company is to be

called DaimlerChrysler AG. It

will be the third largest manu-

facturing company in the world,

"I do think there will be some about it today.

"Daimler Benz is a very was no merger on this scale has

ton, a rolled steel supplier to both Chrysler and Mercedes Benz, which has an Alabama plant making sport utility vehi-"I think it's a good thing,"

Swartwout said. "We know that both Chrysler and Mercedes have some very tight quality guidelines, we're certainly up to ne challenge.'

In contrast to the atmosphere at Dick Scott Dodge on the day he deal was announced, Swart wout said, "We haven't talked

Does ProCoil view this merger built in this country, there could as having a significant impact on and Chrysler parts and engines; wout said it could increase work for Chrysler and Mercedes. that's my own opinion," Scott

"What amazed me the most

The new company is to be dual could mean even better stability headquartered in Auburn Hills merger is to take effect in Octo-

# Tell us how 'Seinfeld' will end address and phone number.

rated comedy "Seinfeld" is coming to an end. The topic of the last episode, 9 p.m. Thursday, May 14, has been kept hush-Tabloids, magazines, television

show and fans have all speculated on how the half-hour sitcom will wrap up its run. One tabloid ran a story in March saying Seinfeld" would feature a dream sequence where Kramer and Newman started a rickshaw business. The episode ran in April and it wasn't a dream

A tabloid television show reported this week that one of the characters is a victim of a carjacking Fans of the show have guessed that Jerry and Elaine will marry.

Now it's your turn Call or e-mail us with your The cast of 'Seinfeld'



predictions for the last "Seinfeld" cfuoco@oe.homecomm.net by 9 (734) 953-2130 or am Tuesday May 12 Make

We'd also like to hear about

your favorite episode. Was it the Master of My Domain" episode? Newman's millennium party to which he refused to invite Jerry' The show with Elaine's boyfriend who's obsessed with the song "Desperado"? When Jerry fantasized about his girlfriend's talking belly button 'helloogoog" - and Kramer hired an intern for his business Kramerica? Or when Jerry want ed to buy a car from Elaine's recent boyfriend David Puddy? Pick one from any of the nine vears' worth of shows.

By the way, because "Seinfeld" s a show about nothing, don't expect to get much of a prize just your name and comments in the Observer's Community Life section on Thursday, May 14.

#### cate, courtesy of New Attitude Fourth prize winner Carol Sturgeon of Canton won a twonight stay at Bavarian Inn in Frankenmuth, including dinner.

There were 30 other prize packages donated by area businesses raffled off throughout the

"It was really a collaborative effort between the club and the community - from members to businesses to individuals who purchased tickets," said Newomer Kristy Engle. The proceeds from the raffle go

to Community Hospice, which plans to open a Grief and Healing Center at its Plymouth branch office in the Weast Financial Building on Main The Grief and Healing Center will allow people to stop in and

browse through its library of bereavement literature and videos, seek short-term, drop-in counseling from an on-site social worker or become part of a support group. Community Hospice services terminally ill patients in western

The main office is headquartered in Westland. The money raised in the Newcomers raffle supports numerous programs, including patient care, children's bereavement and

Wayne, southern Oakland and

eastern Washtenaw counties.

Hospice Home. Hospice Home is a \$2 million project to build a 10-12-patient nome for terminally ill patients who can't be cared for in their As of the night of the raffle,

the Newcomers had 160 members the highest membership it has had in five years. The group meets the first Wednesday of the month September-June. The raffle is sponsored by the



Good time: Party-goers sample the buffet. The Canton Newcomers Club, in cooperation Newcomers sold 6,000 tickets and raised \$6,100 in with the Canton Community donations for Community Hospice & Home Health Foundation. Last year, the group Care Services of Plymouth.

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by special order. Fine Jewelry

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unfolds. She's taught me lessons, told

never end, she's a true best friend. Our

Mother: Kristi Whitlock

Mother: Mary Jane Gonalez

me stories, and we've shopped togeth-

er at the mall. Our conversations can

mother is the most valuable, special,

III I know God has sent an Angel in dis-

guise, and we feel very blessed. I am

from a family of seven children. I neve

voice or complaining of her many dail

duties. Everything she did was for us.

My mom's special because she's

what's best for our family. Deborah

Lang's the mother of five kids 24-7.

It's a full time job that she's great at

When I make mistakes she's always

right there leaning over my shoulder

I remember my mom and I raking

laundry and talking with neighbors.

leaves and burning them, hanging out

making delicious dinners, talking about

the day as we washed the dishes, hav-

ing a great disposition, calm, even-tem-

peace and joy within her. She truly is a

pered, and a great sense of humor.

There was and still is, a sense of

reflection of God's love!

helping me tough out life.

mom. She's my mom. She always does

remember my mom once raising her

and important part of our family.

# Message

she has been my inspiration in becom-

ing the woman and mother that I am.

stand my Mother more, respect her life

Mother: Georgette-Craig

Lindsey Whitiock Mother: Kristi Knight

and love while raising children. I Love

olds, lies childhood that she

Ever since I was born my mother has

would have thought. As I grow up she

teaches me and my sister right from

she is a wonderful person, loving and

cares for people.

cared for me like no other person

her more and more each day.

riage and motherhood. I now under-

My mother is special to me because My mother, Sarah Lula, taught me about God and was a living example of what she was teaching. She always puts others first, like the time I had a esarean section, she stayed up all night pushing the morphine pump but-ton so that I could rest.

### Mother: Sarah Lula

This is what makes my mom special. She loves me very much, and tells me In the picture albums that she she loves me. She cares about me, we movies and helps in my classroom. She unfolds, she's taught me lessons, told lucks me in at night, these are some me stories, and we've shopped togethlove my mom very, very much. She's never end, she's a true best friend, Ou the best mam in the world. mother is the most valuable, special. and important part of our family.

### Mother: Mary Lesinsk My mom thinks of other people

before her self. Everyday she tells me how much she loves us. She goes out of her way to please me everyday, she works hard at work, she doesn't get to go out and enjoy herself. Mommy Love You! You deserve a break! Sara Higgins

## I Love my mom, Kathy Baker,

My mom is special to me because because she takes care of me in sickness and in health. She also makes me she gave me life. As I was growing up she gave me confidence, strength and delicious meals! She helps me with my homework and book reports whenever most of all, she gave me love and comask her. Last but not least, she fort, she is the type of person that brought me into the world. That's why would do anything for me or anyone. love my mother so much! would never change her for the world. She is the best thing in my life, she is

just wanted to say thank you mom for My mother is special because when being my mom. I Love You Mommy! ever I am sick she is there. When ever am sad she is there. She always takes Mother: Marllyn Larse time out for me even when I am bad and mean. If I am in a bad mood , she can My mother was intelligent, pretty. always make me feel better. My mother kind, artistic, quick tempered, and is special to me because I know she stubborn. But what makes her special loves me and would do anything for me. is that in her 30 years as my mother can always come to my mom for any-(before her death at age 55 years) she thing and she will help me. Even when my mom is mad at me I know she stills and ambition, she never knew her two loves me. My mother is not only my mother but is also a friend. This is why small granddaughters, but she continues to teach me through them. Nancy E. Rodzwion Mother: Barbara E. Aligood my mom is so special to me.

#### Though I am a teenager, I still feet All moms are special, however, mine that Mom is the most special person in is my hero. I can always count on her my life, we have been through a lot

other things. Without my mom I don't

My mom (Maggie Brackney) is spe-

cial because, no matter what I do with

my life she supports me 110 percent.

reluctant I am to use it. She puts me

into hysterics no matter how down I

am. That, to me, shows the best love

in the world. Thank you so much for

this opportunity to tell people why I

On March 12, I became a first time

mom myself, but never would've beer

able to do it without my mom. She was

our "meals on wheels" during my 1st

cleaning chores for me. I'm proud to

say my mom is my best friend! I love

My mother had me in her tummy,

she told me she felt really crummy.

I grow up I won't be crude.

I thank my mother for everything, she

She lets me live in the house, she also

My mother feeds me lots of food, When

mother clothes me, she's very nice,

she encourages me and we pray to

Christ. When she is gone I feel real

sad, she punishes me when I've been

She drives me to soccer most of the

time, for allowance she pays me more

love is like a star, so radiant, so won-

derful that every time I think of her, a

Mother: Karen Klums

Mother: Funiko Miyazak

Mother: Jeanne Power

trimester and did countless house-

you mom!

think my mom is so special.

She gives me advice no matter how

Kelly Svac

know what I'd do. I love you Mom!

and she never lets me down, yet together. She has taught me to be always brings me up. I admire and strong and bold, yet maintain sensibili adore her, aspiring to be who she is. ty and a cool head. I look to her for strength and true friendship.

Mom, Barbara Tomline No super powers, she's simply, mom The most natural, loveable hero I Daughter, Rochelle Ford My mom is Linda Svacha. She's spe-

#### Mother: Ruth Bryan cial because she's always there for ■ The question why my mom is special me. She goes out of her way for me. She also cooks my dinner, washes my clothes, drives me to school and many

is very simple to answer. From day one my mom has always been there for both my brother and I. With her around the days are even brighter. If it wasn't for my mom then we would be living in a trashy house because she does a great job of keeping up the house. So nom, on this special day I want to say Love You and Thanks!

#### Lori Azzopard

- M Marvelous
- T Terrific
- **н** нарру E Enthusiastic R Reliable

Mom is my confidente, my friend and my greatest supporter. she gives me direction yet allows me to make my own choices without judging me. She is the most kind and caring woman I have ever known and I'm proud to call her mother.

Shalt my mother cry, my flame would My mother is special. No matter die, drowned by her tears. To her face, what I do she supports me whether she believes in it or not. Her decision is gave me life, love, equality, for her always based on my best interest. My care I'd risk it all, she gave me free mother loves me for who I am. That's dom for the dream to be, her love covwhy mom is the best!!! I love you r ers me like a comforting showl.

### Sarah K. Poon Mother: Kit Poon

My mom is special because she is my Brownie leader. She let's me take friends places, she helps me with ce cream place. She loves me and takes care of me. My mom is always there for me, she's the best.

#### Mother: Vicky White

me go to hockey and she lets me go to old, she takes me to get ice cream, she helps me with my homework, she Mother: Lies Die

My mom is special because she lets

akes care of me, feeds me and all that other house stuff, she is so helpful and always there for you, without mom, life

# M My mom is the best mom in the

whole world because she feeds me funch all the time.

world is filled with every joy we've ever shared with her magic shining every-where. All I need, or wish, or want is

stores. She cares about my grades. She calms me when I have scary freams, but most of all she loves me Mother: Jill Berry

My mother is a very special person because she's been there for me all my years in the world. The number one rea son she's special is she loves me for who I am. Her care for me helps me grow every day. That is why my mom i

### Mother: Mary Beth Elmers

My mom's special because she takes care of me and loves me. I go to C.C.D. and she takes me there and skating too. At night 11've had a bad dream, she comes in my room and

#### Laura McDon

Mother: Joanne McDonough My mom is special because she is loving and caring. For example, when I was sick, she stayed home from work nice. She will read and do fun stuff with me. Those are some reasons why l love her a lot.

### Mother: Pam Kline

Mother: Deborah Lang My mom is special because she really cares for me. She also helps me with my homework and if I need help on the computer, and anything else I need. She also gave birth to me in a Ann Arbor hospital at two minutes before nidnight. I love my mom. Rachel Vall Steele

#### Mother: Stephanie Val. My mom is so special that I want to stay with her forever. I like my mom. and I will protect her from kidnappers

care for her.

anytime, anywhere, anyplace. I love

her so much that I help her at home

My mom is special because she

talks to me when I am bored. She

takes me to the doctor when I am

sons my mom is very special to me.

My mom is special because she

makes me feel better by giving me

cer games. My mom feeds me and her

food tastes great. My mom's cool.

My mom is special to me because

when I am sick. She cooks my favorite

dinners and buys me the clothes that I

need. Another reason why mom is spe-

Nicole Qaoud

Mitesh Patel

Mother: Suhas Patel

Mother: Joanne Qaoud

cial to me is because she hugs and

My mom is special because she

loves me and when I don't feel good

brings me hot cocoa with marshmal

me with my homework when I need

lows in the winter. My mom also helps

Our mother is so special, because of

the way she has always given up her

life for us. Even if it was just because.

mother because of her devotion to us

all the problems I have with homework

on everything like grades to improving

my handwriting. She lets me have lots

of privileges like going to friends hous-

es and skating parties. She is very

sons in the world! Without her here

eautiful world to love and cherish

her hug is so tight. Telling me that

bad dreams, she'll kiss them away like

My mother is the best in the world,

you are wondering why she is so spec tacular. I will tell you but, that would

take a day. She's smart as a fox. She

day. She takes care of me by making

an angel from heaven so bright.

hese days. Her smile shows love and

artistic. She's one of the unique per

or friends. She has told me to improve

and most of all, because she always

made us proud.

ers Day Mom!

kisses me before bed.

with chores. My mom is special and I

She puts others first before her self. She goes out of her way for my sister and I just to please us, thought she knows sometimes it might screw up her schedule. She works hard at work to provide food on the table and the expensive things we want. We love her

Mother: Lillian Swiderski

Mother: Janice Higgins My mother is thoughtful, kind, loving, generous, caring and helpful. She taught us right from wrong and to respect others. She tries to take care of everyone, our friends all grew up thinking of her as "Mom". She's the best-I'm lucky. I love her more than

#### Mother: Clara Callebs My mom is special because she is: 1) beautiful, 2) Smart, 3) thoughtful,

4) loving, 5) truthful, 6) nice, 7) comforting, 8) kind, 9) generous, 10) teaches me, 11) playful, 12) pleasant 13) pleasing, 14) buys me Nintendo. 15) buys me a basketball hoop, 16) takes me to Soccer, 17) takes me to McDonald's, 18) makes my dinner, 19) takes me to Skateland, 20) takes me to school, 21) takes me to see movies

22) takes me to my friends, 23) buys me clothes, 24) buys me food, 25) rode on Jetskis with me, 26) bought me a hockey stick, 27) brings home work to me when sick, 28) tucks me into bed, 29) does homework with me. 30) and loves my family more than anything in the world.

I love my mom because when I am hurt, she cuddles me and it makes me feel like a special person. At night she comes up and reads a book to me. Sometimes she lets me stay up late, and she lets me pick dinner.

#### Beth Cochran Mother: Sue Cochran

My mom is special because she does my dishes and laundry. She helps me read. She lets my friends come over. She helps me do my homework She lets me and my brother get a Hot Wheel at the store. She lets me watch TV. That's why she is special.

### Mother: Cathy O'Rear

My mom is special because I love her. That is special to me, and I'm loved by her. I like Mother's Day. My mom is fun to be with. Sometimes she is funny. She takes me to the Canton She buys me Beanle Bables.

#### Mother: Vicky Brennan My mom is special because I know sh loves me and she knows that I love her

My mom is very special because she helps me on homework like math, tract. She also fed me when I was a aby. She also bought me stuff that I

# My mother is special to me because

very lovely, but best of all she is so she takes care of me and gives me the best of joy. Whenever she sings it creative and more. That is why I love mom and I love her and this is why my # I think my mom is special because she loves me. My morn brought me into this world to be with her day after



Sent in by Diana Larsen

in many more ways, too much to name. she helped me walk and talk when I was 2. My mom is always there for me. She hugs and kisses me when I'm sad or have bad dreams. Still here are many more reasons why my mom is special, but just too much to name. I love my mom and she loves me! Erin Frees

#### My mom is special because, she takes care of me and she has raised me since I was a baby. There would be no one else to take care of me when my dad is at work. My mom works for of all of us. My mom is also special out things that I don't understand.

us. All the money she gets, she spends on us. Ain't that sweet. She takes care because she is kind and helps me work Most of all, my mom is special because she is my mom and my mom is the best mom of the world! Happy Mother's Day!

#### Mother: Shaheen Haroon My mom is like a white tulip in the middle of a fresh green grass field waiting and waiting to be picked up by someone. And that someone will plant

her in a garden and the garden is her family. I capitalize her name because she is that special. Mother: Laura Kosteva I find my mother very unique in many ways. She loves the rest of my family and I very much. Some special features that tells about her love would be, the kindness of her heart, her smile shows that she will let nothing bad ever happen to us. Her soft heart shows the

#### Mother: Lisa Iveza courageous part of her. At bedtime sick, she makes me food and supports after I say my prayers, I jump into my me. My mom treats my sister, brother warm bed. My mother comes over to and me the same. Those are the reame and gives me a big bedtime kiss. cherish that kiss through my dreams. Mother: Michelle Landin and out all the way till I wake up the next beautiful morning. When i first open ,my eyes I thank the glorious Lord loves me and if I don't feel good, she for letting me see the next day. Best o all I thank him for letting me open my medicine or by taking me to the doceyes to see my loving mother. Happy tor. My mom also takes me to my soc-

Mother: Crystal Lee My mom is special because she is Mother: Cindy Lidster able to put up with me and my sister! She works from 8 a.m.- 5 p.m. On Thursdays she comes home eats and then takes my sister to ballet. Her boss is a jerk. I don't know how she

Mothers Day!

#### does it, but I'm amazed! Mother: Brenda James My mom is special in different ways. My mom is great at setting a good example for me. She shows me what's

right and wrong. My mom is also very caring. When I am sick, she takes care of me. She helps me through tough times and guides me in my learning. **Emily Davis** 

# # I think my mom is the best mom in

the world. Because she helps me with my room, does the dishes, cleans the pool, and she works till late. All of these things are easy, but sometimes she gets off work just to see me. my brother and dad. Chris Early

#### Tracy and Derek Rutkowski Mother: Theresa Rutkowski Mother: Debbie Early My mom is one of the best moms in the world because she helps me with

My mom is very special because she has two kids and she loves us very much. She gives us what ever we need. We try to give her what she deserves but sometimes we over act. she gets along with everybody. My mom helps me with my homework and appreciate it.

#### Mother: Terri Russel whole entire world or life! Happy Moth-My mommy is very very special to me. She is always there to help me with my homework so I can get an "A." She gives me hugs and lots of kisses all How special is my Mom? Let me the time showing me how much she loves me. I couldn't live without her. I count the ways. She brought me in the

Nick Mackinde Mother: Debble My mom is very special to me for a lot of reasons. First, she loves and cares for me a lot. She always lifts my spirits when they are low. Second, when I am in need of anything, she is always there to say, "I'll do it Chris." She always wants to help needy little me. And last, she'll cheer me on in whatever I am doing... Whether it's in baseball, swimming or asketball, she always supports me

#### Mother: Debble My mother is special in many different ways. She is helpful and kind. She helps me by sitting with me when I practice plano. She is kind to people because she

That's why I love my mom and that's who

helps them when they are hurting. That is why my mom is special to me.



Mother: Elleen Freeman

#### my mother special. Since I only have 50 words you will have to read between the lines. Besides being car ing, loving, willing, considerate, very understanding, and exceptionally tal ented, she is my friend. She was always there for me when I was grow ing up and now that I am an adult she always has time to listen when I need someone to talk to. She supports me with decisions I make whether or not she agrees with them. Now that I have two children she is helping me to be the best mother I can be, she guides me in my relationship with my husband and my walk with Christ. I will never her little girl wasn't in pain as I gave

Mother: Peggy White My mother is special because she's more like a sister or a friend than a mother. Oh sure, she says stuff like "Don't run in the house" or "Stay out of the street." But above all, she's generous, when I grow up, I want to be

My mother Marie Humeniuk is special because, she has always put myself and my brothers first in her life She has been my best friend, doctor chef, therapist, and baby-sitter. But always first my mother, especially when I needed one. She has taught me how to be the best for my own children, Thanks, Mom!

#### Mother: Jovon Albert

I love my mom because she makes delicious apple pies, and awesome din ners. Also, she reads to me with a lot of expression. She helps me when I am sick, even though she could get sick too. Every night she sings to me, she really means a lot to me!

■ Hi! We are Jon and Mike Rykalsky. Our mom is special because she always talks to us about life and drugs She gets us to school, church, the doc dentist, and our sports activ ties. She teaches us to be hones Mother: Jeanine Davis polite, fair, caring, and safe. We love

My mother is special to me because when I have had my 14 surgeries she has always been there at my side to comfort me. When I am in pain I squeeze her hand and it goes away. Her soft, gentle touch is what makes her so special to me.

#### Mother: Mary Ann Martin

My mom is a very special person. She fixes dinners, does our laundry. and she cleans the house. She works out everyday, but still finds time to drive us to swim and track practices every night. My mom is a very special person. We love you!

My mother is special for her optimism. Despite living through the Depression, working in a factory during World War II, she saved enough money to buy a piano, furniture, get married and raise three children who became a physician, a nurse and a businesswom an. She is warm, loving and funny.

#### Mother: Jennie Fube Rosemarie Monte, is very special for

many reasons. She dedicated her life to her husband and family and friends. she has survived three girls and seven grandchildren. Thank-you mom for your years of wisdom and heart full of love. love you, Morn, Happy Mother's Day! Mary Alice LeMerise

# never end. When we argue we always forgive, that's just the way me and my

Mother: Ann Kryska

#### GOP leads the way Pressure on to merge bus systems Wayne County commissioners

D-Taylor,

BEST

QUALITY '

BIG

SAVINGS

lere 🕽 =

### BY TIM RICHARD STAFF WRITER

The Senate Republican

steamroller flattened divided

Democrats and voted to cut

Michigan's income tax rate

from 4.4 to 3.9 percent over

five years beginning in 2000.

others (24 tax cuts signed by

Gov. John Engler) stop," said

Sen. Mike Bouchard, R-

Birmingham. "It's fiscally

sound and forward thinking.

It gives a clear picture of

One group of Democrats,

led by Gary Peters of Bloom-

field Township, wanted to

A second group of three

Democrats - Alma Wheeler

Smith of Salem, Jim Berry-

man of Adrian and Joe Con

rov of Flint - said Michigan's

economy is too precarious to

vote tax cuts in 1998 that

will take effect in 2000-2004.

Canton School District will

tell vou K-12 is seriously

underfunded," said Smith.

She said the full tax cut will

save families about \$147 a

year but, when universities

raise tuition 5 percent, will

cost them \$600 more to go to

hours of debate over Demo-

ate on May 6 voted 33-3 to

adopt all five annual income

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· DEARBORN HEIGHTS

After more than three

"Parents in the Plymouth-

Michigan policy.

diately, this year.

an election year."

Dearborn

"These cuts start when the

on vote to cut

state income tax

It takes a lot of time, understanding and trust to build a close friendship with someone. As I approach a time of my life of complete uncertainty, my mom is my most cherished asset. Thank you for always listening. I love you.

#### Katie Gazsi Mother: Terri Gazsi

My mom is special because she buys ne clothes and shoes and don't forget food, she is also special because she kept me alive all these years. She also takes me to the store to buy a newspaper. She takes us for dinner some

#### Mother: Debbie Wegner

I can write a book on what makes birth to my children. God truly broke the mold when he made my mother, my

#### Melissa Hollingsworth

#### Mother: Maggle Hakala

#### Mother: Marie Humeniuk

My name is Alex Alber. My mom is because she cares for me when I'm sick. She cleans the house while I'm a school. She tucks me in at night. She lets me do a lot. She also buys our food and takes me to stores. That is why I love my mom!

#### Mother: Jovon Alber

our mom lots.

#### Mother: Jill Rykalsky

#### Jessica, Katie, and Jamie Bielak Mother: Dianne Bielak

III The warmth of my mother's heart comforts me, she opens it up for me to see. She's not just my mother she's my friend, that feeling of mine will

#### and state lawmakers have placed more pressure on the Suburban Mobility Authority of Regional Transportation and Detroit Department of Transportation to merge systems and

consolidate routes. First, state lawmakers threatened to withhold funds to the systems if they didn't discuss the merger, and now county commis-Wayne County residents. sioners attached conditions with their support Thursday of a SMART ballot proposal.

With the resolution approved that day, commissioners say Voting yes were all 22 Republicans (including Bob they will have the final autho-Geake of Northville and rization over millage renewals or Boike, John Schwarz of Battle Creek) and 11 Democrats

Both sides accused each other of "election-year poli-

including Peters, John

Cherry of Clio and Hart).

One Detroit Democrat was

tax rate cuts, sponsored by

Republicans Loren Bennett

of Canton, Mat Dunaskiss of

Lake Orion and Willis

Bullard Jr. of Milford, along

with Joel Gougeon of Bay

City and Dale Shugars of

begin the tax rate cut imme-Peters twitted Republicans "The money's going to be as "outrageous" when they refused to adopt his amend there to cover it." said ment giving total income tax Peters, quoting the GOP-run relief to families with less Senate Fiscal Agency as prethan \$15,000 annual income. dicting a \$90 million budget Mike Rogers, R-Brighton,

surplus. "Don't promise it in twitted Peters for ignoring the future just because it's the \$25,000-income families in Livingston and Shi-"Let's not dilly-dally. awassee counties and brandadded George Z. Hart, Ded the Peters amendment "a

> The Senate Republican plan, advocated in the state of the state message by Engler, faces a rocky future in the House, which adopted Democratic tax cuts - for dependent care, earned income and child care expenses. The Senate Finance Committee hasn't acted on the House

It's possible a compromise will be reached by the end of June, when budget bills are due to be adopted and campaigning starts for the Aug. 4 primary

cratic amendments, the Sen- How bills work

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#### increases for ballot proposals requested by the Wayne County

Transit Authority Commissioners also estab lished a what they called a "sun-George Cushingberry, D-Detroit, set" date for the Wayne County Susan Hubbard, D-Dearborn Transit Authority's articles of incorporation of May 1, 2001 and called on the authority to publish a map of SMART and

Solomon, D-Detroit, Vice Chair Patterson, R-Canton, were Kay Beard, D-Westland, Vice Chair Pro Tem Edna Bell, D. Detroit, Commissioners Ed

WAYNE COUNTY COMMISSION Cavanagh, D-Grosse Pointe.

#### Redford Township, William O'Neil, D-Allen Park, and Jewel DDOT routes to distribute to Ware, D-Detroit. Commissioners Thaddeus The resolution was supported McCotter, R-Livonia, Bernard by Commission Chair Ricardo Parker, D-Detroit, and Bruce

Not voting were Robert Blackwell, D-Detroit, who was

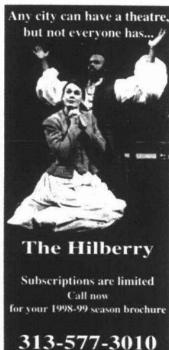
excused, and Kim Cockrel, D-Detroit, who left the room

#### Who authorizes? Kathleen Husk, R-Dearborn Commissioners approved the Heights, who also represents ballot proposal after debating over whether they should of should not authorize it, since the Wayne County Transit Authority, the taxing authority over the

transportation millage, approved

the four-year, 1/3rd of a mill, renewal question several weeks





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Going up: The Hall house will overlook the 18th hole at Pheasant Run Golf Course.

Dan Hall's company, O'Neal Construction, was the general contractor for the Sum-

Hall jokes that he

the backyard.

copper grounded.

may open up the home

Some other features include

radon gas evacuation system,

radiant in-floor heating and effi-

cient zoned cooling air handlers.

And what about lightning?

against lightning," he said. "It's

"It's the best protection

In fact, Hall joked that he was

thinking about getting a yellow

"shelter" sign for the front lawn

of Washington, she was planning decided I wanted to work with County Chamber of Commerce,

became a chamber intern during Flaharty served as community area outside of Seattle. She also

her junior and senior year. "It and government relations man- served as interim general man-

readly lit my fire," she said. "I ager for the Southwest King ager before leaving for Michigan.

Steel house from page A1

the opportunity arose, he chose as a neighborhood tor-

the metal fabricate. The frame is nado shelter.

Chamber from page A1

a career in education when she business," she said.

tial builders know how to use it."

He said he always wanted to

build his own home, and when

attached to a reinforced masonry

The house is divided into two

wings connected by a great room

on the first floor with bridge and

open stairway to the second

floor. It has three large bed-

rooms, two full baths upstairs

with a future "bonus suite" over

When completed, the exterior

will be all brick with limestone

accents and tinted glass. The

interior will have maple floors

and vaulted second-floor ceiling.

An in-ground pool is planned for

shear wall chimney.

the three-car garage.

### CENTRAL AIR CONDITIONING?



INDOOR WEATHER SPECIA





#### THE CHARTER TOWNSHIP OF PLYMOUTH REQUEST FOR PROPOSALS **VOICE COMMUNICATIONS**

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The Charter Township of Plymouth is currently seeking proposals from qualified bidders to provide voice communication solutions. Plymouth Township communication needs encompass four separate sites and seven different buildings. Innovative proposals are encouraged and should include telephone, computer equipment, internet access, cellular phones as well as

Request for Proposals may be obtained at The Office of the Clerk, 42350 Ann Arbor Rd., Plymouth, Michigan 48170. Sealed bids are to be delivered to the Office of the Clerk by Friday, May 15

1998 no later than 3:00 p.m.

Publish: May 10, 1998

#### PLYMOUTH DISTRICT LIBRARY PUBLIC NOTICE

The Plymouth District Library Board will hold its REGULAR meeting Tuesday, May 19, 1998 at 7:30 p.m. at 223 S. Main Street, Plymouth

auxiliary aids and services, such as signers for the hearing impaired and audio tapes of printed materials being considered at the meeting, t individuals with disabilities at the meeting/hearing upon seven (7) days notice to the Plymouth District Library. Individuals with disabilities requiring auxiliary aids or services should contact the Plymouth District Library by writing or calling the following:

Barbara Kraft, Library Secretar Plymouth District Library Plymouth, MI 48170 313-453-0750

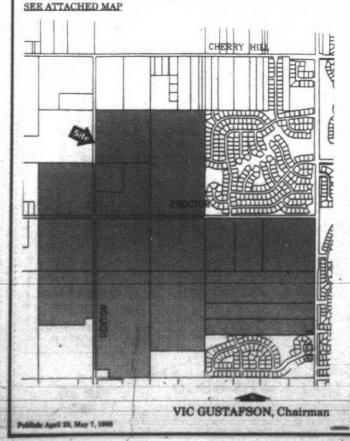
ublish: May 10, 1998

#### CANTON TOWNSHIP PLANNING COMMISSION CHARTER TOWNSHIP OF CANTON NOTICE OF PUBLIC HEARING

PROPOSED AMENDMENT TO THE ZONING ORDINANCE OF THE CHARTER TOWNSHIP OF CANTON, WAYNE COUNTY, MICHIGAN. NOTICE IS HEREBY GIVEN pursuant to Act 184 of the Public Acts of 1943 the State of Michigan, as amended, and pursuant to the Zoning Ordinance of the Charter Township of Canton that the Planning ommission of the Charter Township of Canton will hold a Public Hearing Monday May 18 1998 in the First Floor Meeting Room of the Administration Building, 1150 S. Canton Center Road at 7:00 p.m. on the following proposed amendment to the Zoning Ordinance

CONSIDER A REQUEST TO AMEND CENTRAL PARK PLANNED DEVELOPMENT DISTRICT (PDD) AGREEMENT AND EXHIBITS AS PERMITTED IN SECTION 27 041.3 OF THE ZONING ORDINANCE Parcel nos. 076 99 0008 000, 076 99 0009 000, 078 99 0011 000,079 99 000 000 079 99 0002 000 079 99 0003 000 080 99 0002 000 080 99 0003 000 080 99 0004 000, 113 99 0001 000, 113 99 0002, 000, 113 99 0003 000, 114 99 0001 000, 114 99 0003 000 and 117 99 0001 000. Properties are located south of Cherry Hill between Beck and Denton Roads and also west of

Written comments addressed to the Planning Commission will be received at the above address up t the time of the hearing.



# Kids get kick from Allen shoe drive

**OBITUARIES** 

■ 'We thought about having a contest to raise And that they did money for the school, but then decided we want-Four students at Allen Eleed to do something that would help other people.' mentary surprised even them-

"I didn't even expect 1,000 which is trying to make the pub- contest to raise money for the shoes." said Adriana Blazeski. lic aware that landfills are school, but then decided we 11, of Canton who was one of the expanding with unnecessary student organizers of the project. waste, including old shoes. Some of the shoes are given to

The project is designed to help children in other countries who don't have shoes and to teach the as shoe characters to get each importance of recycling.

wanted to do something that would help other people," said James Odom, 11, who lives in Plymouth Township. "For two days we dressed up

The group worked hard to be successful because the real goal was helping people.

"I got the pleasure of knowing there were kids with smiles on their faces when they got the grade to bring in old shoes," said

Brian Jones, 11, of Plymouth

Township. "We put barrels and

job bringing in the most shoes,"

said 10-year-old Eric Nicole, who

also lives in Plymouth Township.

from outside the school, which

We even got some donations

"The second grade did a great

extra bags in the hallway."

helped a lot."

James Odom

Allen School student

HAROLD A. BLOCK

Services for Harold A. Block, 85, of Plymouth were private. Local arrangements were made by the Schrader-Howell Funeral He was born Feb. 9, 1913, in

selves when the final tally was

in from their week-long old shoe

drive. The total: 1,702 pairs of

kids in other countries, and the

rest are shredded and recycled."

2nd Chance Shoes in Southfield,

Allen students teamed up with

Chicago, Ill. He died May 5 in Southfield. He was a metal lather and

general superintendent with McNulty Brothers for 45 years. He came to the Plymouth community in 1986 from Detroit. He was a member of Nativity Lutheran Church, Detroit. He belonged to the Lathers Local No. 5 for more than 50 years. He was an avid gardener and clock builder.

He was preceded in death by one son, Larry. Survivors include his wife, Dolores of Plymouth; two sons, Gary Block

(Dianna Rorabacher) of Plymouth, Mel (Susan) Block of Seattle, Wash.; one daughter-in law, Mary Louise Block of Taylor; three grandchildren; one niece, Carol Ann Lebioda; and two great-grandchildren.

"We thought about having a

WILLIAM NELSON LOW

Services for William Nelson Low, 85, of Plymouth were May 7 at the Schrader-Howell Funer al Home with the Rev. Jerry Yarnell officiating. Burial was at Glen Eden Cemetery, Livonia.

He was born Aug. 1, 1912, in Michigan. He died May 4 in Plymouth. He was a sales agent for a life insurance company of Virginia. He retired after 20 years of service in 1977. He came to the Plymouth community in 1976 from Westland. He was originally from the Livonia com munity. He was a member of

the Masonic Lodge No. 112 of Wayne and he was a lifetime member of the V.F.W. He served in the U.S. Navy as a torpedo man during World War II. He was a life member of the U.S. Submarine Veterans of World War II. He loved to recall his old Navy days. He loved to walk. He was very helpful and a good neighbor; he often did errands for his neighbors and took them

Survivors include his two daughters, Janice (Gale) Urbanski of Harrison, Mich., Nancy (Robert) Quirk of Northville; five grandchildren; and one greatgrandchild. Memorials may be made to the

to doctor appointments.

charity of your choice. EDNA M. MCLAUGHLIN Services for Edna M

McLauglin, 79, of Canton will be

held May 11 at St. Michael Lutheran Church with the Rev. David K. Woodby officiating. Local arrangements were made by the L.J. Griffin Funeral Home, Canton. She was born April 9, 1919, in

Detroit. She died May 7 at Angela Hospice. She was preceded in death by her husband, Leo W., and two brothers, John M. Raymond and Delbert. Survivors include two

sons, Ted M. (Mary) Stevens,

Rick A. (Linda) Stevens; two

daughters, Donna L. (Millard) Grubb, Diana L. (Gary) Dowdell; two sisters, Bernice Sherwood, June Tasker; two brothers, Robert O'Beirne, James O'Beirne; seven grandchildren; and three great-grandchildren.



#### CITY OF PLYMOUTH ORDINANCE NO. 98-1

An Ordinance adopted pursuant to the Charter of the City of Plymouth Michigan, for the purpose of amending the Code of Ordinances of the City of Plymouth, Michigan by Amending Chapter 34, Article III, Division 3, Noise and replacing it with a new Division 3, Non-Vehicular Noise, to be numbered sections 34-86 through 34-100

THE CITY OF PLYMOUTH ORDAINS:

CHAPTER 34, ARTICLE III NUISANCES, DIVISION 3, NON-

SEC. 34-86 Scope. Excessive sound and vibration are serious hazards to the public health, welfare safety and quality of life. A substantial body of science and technology exists by which excessive sound and vibration may be substantially abated. The people of Plymouth have a right to and should be ensured an environment free from excessive sound and vibrations that may jeopardize their health, welfare or safety or degrade their quality of life. It is the policy of the City of Plymouth to prevent excessive stationary sound and vibration which may eopardize the health, welfare or safety of its residents or degrade the quality of life. This chapter shall apply to the control of all stationary sound and vibration originating in the City of Plymouth, this chapte is not designed to impede any person's First Amendment rights of freedom of speech. This chapter is not designed to impede the growth or economic health of the commercial or industrial sectors of the City of Plymouth. This chapter is designed to prohibit excessive sound and vibrations that are hazards to the public health, welfare, safety and

Sec. 34-87. Applicability:

The provisions of this ordinance apply to all sources of sound except: 1) motor vehicles as defined in the State Motor Vehicle Code, 1949P.A. 300 (MCLA 257.1 et sep.) In operation on a public right of way; 2) aircraft in flight or in operation at an airport; 3) railroad equipment n operation on railroad rights of way.

Sec. 34-88. Definitions A. "dB(A)" means the intensity of sound expressed in decibels read from a calibrated sound level meter utilizing the A-level weighting scale and the fast meter response, as specified in the

B. "Commercial" means a use of the property for purposes other than

C. "Property line" means the real or imaginary line which represents the legal limits of property (including an apartment, condominium, room, or other dwelling unit) owned, leased or otherwise occupied by a person business corporation or institution. In cases involving sound from an activity on a public street or other public right of way, the property line shall be the nearest boundary of the public right of way.

D. "Residential" means a legal use of property for temporary or permanent dwelling purposes

Sec. 34-89. Maximum Permissible Sound Levels.

No person, business, or institution shall conduct or permit any activity that produces a dB(A) beyond their property lien exceeding the levels as specified in Table I. Where property is used for both residential and commercial purposes, the residential sound levels shall be used only for measurements made on the portion of property used solely for residential purposes.

Sound measurements shall be made at or inside the property line of

the person complaining of excessive noise or vibrations. The measurement shall be taken from five (5) feet above the ground or floor level.

TABLE I Use of Property Receiving Sound 7a.m.-10p.m. 10p.m.-7a.m.

Commercial

Sec. 34-90. Limited Exemptions The following limited activities are exempted from the sound level limitations of Section 34-89.

A. Operation between 7:00 a.m. and 10:00 p.m. of power equipment that does not produce a sound level exceeding 90 dB(A) beyond the property line of the property on which the equipment is

B. Construction, repair, remodeling, demolition, drilling, wood cutting or excavations work conducted between 7:00 a.m. and 8:00 p.m. Mondays through Saturday, except legal holidays which does not produce a sound level exceeding 105 dB(A) beyond the property line of the property on which the work is being ducted. Also, a person may engage in such activities between 9:00 a.m. and 6:00 p.m. on Sundays and legal holidays.

Operation or use, for any non-commercial purpose, of any loud speaker, sound amplifier, public address system, or similar device to amplify the human voice between 7:00 a.m. and 10:00 p.m. This exemption applies to the use or operation of mechanical loud speakers on or from motor vehicles only if a specific permit for the activity has been granted by the City Clerk's Office in conjunction with the City Commission. Such a permit shall be issued when it meets the following requirements:

The applicant has a non-commercial message that cannot be effectively communicated to the public other means of communication available.

The applicant will not use the equipment in resident between 10:00 p.m. and 7:00 a.m.

D. The operation between 7:00 a.m. and 10:00 p.m. of any device for killing, trapping, attracting, or repelling insects or other pests which does not produce a sound level exceeding 83 dB(A) beyond the property line of the property on which the device is operated. E. The use for noncommercial purposes of one or more bells or

chimes which do not exceed 90 seconds in duration in an hour. F. Carillon playing between 7:00 a.m. and 10:00 p.m.

G. Playing or practicing with a single musical instrument withou electrical amplification between 7:00 a.m. and 10:00 p.m. for not more than one hour a day that does not produce a sound level in excess of 67 dB(A) beyond the property line on which the instrument is being used.

Sec. 34-91. General Exemptions:

The following activities are exempted from the sound level limitations of Section 34-89.

A. Emergency work necessary to restore property to a safe condition following fire, accident or natural disaster. To restore public utilities, or to protect persons or property from an imminen

B. Sound to be made to alert persons to the existence of an emergency, danger or attempted crime Activities or operations of governmental units or agencies

D. Parades, concerts, festivals, fairs or similar activities subject to any sound limits in the approval by the City.

E. Athletic, musical, or cultural activities or events (including practices and rehearsals) conducted by or under the auspices of public or private schools.

Sec. 34-92. Temporary Exemptions:

A. The City Manager is authorized to grant a temporary exemption from the maximum permissible sound levels established by this ordinance if such temporary exemption would be in the public interest and there is no feasible and prudent alternative to the activity, or the method of conducting the activity, for which the temporary exemption is sought. B. The following factors shall be considered by the City Manager in

determining whether to grant a temporary exemption. 1. The balance of the hardship to the applicant, the community

and other persons in not granting the variance against the adverse impact on the health, safety and welfare of persons adversely affected and any other adverse effects of the granting of the variance. 2. The nearness of any residence or residences, or any other use

which would be adversely affected by sound in excess of the limits prescribed by this ordinance. The level of sound to be generated by the event or activity.

4. Whether the type of sound to be produced by the vent or activity is usual or unusual for the location or area for which

the variance is requested. 5. The density of population of the area in which the event or activity is to take place.

6. The time of day or night which the activity or event will take 7. The nature of the sound to be produced, including but not

limited to, whether the sound will be steady, intermittent A temporary exemption must be in writing and signed by the City Manager or his/her designee. The exemption must set forth the name of the party granted the exemption, the location of the property for which it is authorized, the date(s) and times(s) for

which it is effective and the dB(A) level(s) authorized. D. A temporary exemption may be granted only for the period of time that is reasonably necessary to conduct the activity, which in no case may exceed 30 days.

Sec. 34-93. Variances:

Person(s) or businesses wishing to continue activities which commenced prior to this ordinance that exceed the dB(A) levels enumerated in this ordinance may seek a variance from the City Commission. Such a variance may be granted if the Commission finds that strict application of this ordinance would cause an undue hardship and that there is no reasonable and prudent alternative method of engaging in the activity. Sec. 34-94. Liability of Owner, Lessee, or Occupant

If the person responsible for an activity which violates this article cannot be determined, the owner, lessee or occupant of the property on which the activity is located shall be deemed responsible for the violation. A person found responsible under this ordinance shall be a civil infraction punishable by a fine of-\$50.00 to \$500.00 plus costs. For a second offense within a two year period, the fine shall be \$100.00 to \$500.00 plus costs. For third and subsequent offenses within a two year period, the fine shall be \$200.00 to \$500.00 plus cost.

Sec. 34-95-34-100. Reserved

Section 2. Severability.

The various parts, sections and clauses of this Ordinance are hereby declared to be severable. If any part, clause, sentence, paragraph, or section is adjudged unconstitutional or invalid by a ompetent jurisdiction, the remainder of this Ordinance shall not be-

Section 3. Effective Date.

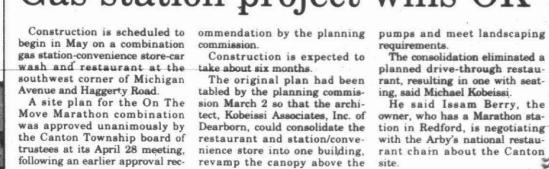
This ordinance shall become effective on May 25, 1998 or after publication, whichever is later.

Adopted by the City Commission of the City of Plymouth on May 4

DONALD DISMUKE

LINDA J. LANGMESSER, CMC CITY CLERK





Construction is scheduled to ommendation by the planning pumps and meet landscaping Construction is expected to

tabled by the planning commis-A site plan for the On The sion March 2 so that the archi-

The consolidation eliminated a

planned drive-through restau-The original plan had been rant, resulting in one with seating, said Michael Kobeissi. He said Issam Berry, the

trustees at its April 28 meeting, nience store into one building, rant chain about the Canton

Test from page A1

as a district in meeting state graders for a total of nine hours to change the rules. teaching guidelines," said while the juniors took the test. "These results are some of the best students partici- taken the test," said Superintenhigh, or maybe some of the worst whole lot of arguments why the students took the exam and our tests are a good or bad idea ... scores are low. There is no way but I'm very confident our young to get an accurate assessment."

The district not only spent money to administer the tests. but also released 10th and 12th Horvath believes the state needs

people could do well on the test. It wasn't good use of our money." School board president Mark

"It's another case where we're "As an educator, I personally being forced to pay to give the meaningless because maybe feel that everyone should have tests, but at the same time the state gives students the opportupated and the scores could be dent Chuck Little. "There are a nity not to take the test," said Horvath. "It's unfair of students and staff to make them prepare for tests the state doesn't think enough of to make students

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# Get Our Latest Arrivals

so that neighbors know where to

Hall had to decide in advance

where the kitchen cabinets

would be so that he could run

wood behind the drywall to

attached them. A similar process

will be used in various rooms to

hang pictures: Refrigerator mag-

Hall estimated that it cost 20

"It's a better value. It might be

The Halls and their two chil-

percent more to build using the

more expensive upfront, but it'll

dren are expected to move in this

summer. They currently live in

the Morton Taylor and Ford area

which served a suburban tri-city

go in case of a tornado.

nets won't be necessary.

last forever," he said.

light-gauge metal framing.

Oakwood Healthcare Center - Canton is proud to announce the newest additions to our obstetrical staff, Edward T. Merkel, M.D. and Roger D. Smith, M.D. Both physicians have been practicing within the Oakwood Healthcare System for the past two years and are currently accepting new patients.

Oakwood Healthcare Center - Canton is committed to women's health. Other specialized services include: ultrasound, state accredited mammography, prenatal dasses and a broad range of diagnostic services. In addition, our family practitioners. general internists and other specialists are available to meet your needs.

To schedule an appointment call 800-454-8080.



Edward T Merkel, M.D.





Center - Canton

7300 Canton Center Rd Canton Michigan

Oakwood Healthcare

734,454,8001

# Tax from page A5

Here's how the GOP bills recommendation would work:

The personal income tax rate, now at 4.4 percent, would be cut to 4.3 in 2000, then to 4.2 in 2001, 4.1 in 2002, 4 in 2003

and 3.9 in 2004.

Revenue loss would be \$124 million in 2000, then \$307 million, \$508 million, \$728 million and \$968 million in the following

Impact on families would vary with their income, number of dependent exemptions, and even gifts to public institutions such as public TV and colleges. The lowest estimate was \$27 a year

■ Public schools would be "held harmless" - that is, guaranteed their aid despite the cut in the income tax, of which 25 percent is currently earmarked for the school aid fund.

Smith got GOP sympathy but none of its votes - for her amendment to hold harmless the appropriations for 15 universities and 28 community colleges.

"Currently we are using 25 percent of the income tax for higher ed," said Smith, whose district includes the University of Michigan and Eastern Michigan University. "What brings business to Michigan is quality education," she said, noting that the Senate raised higher ed money 3 percent over Engler's

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Expert

#### Tuition hikes seen

Cherry predicted massive tuition hikes without the Smith amendment.

But Bouchard of Birmingham objected that Smith's amendment would tie the hands of the Senate Appropriations Committee. Bennett of Canton said universities have options. "It's not always raising more money from tuition. They can put more tenured professors in the classrooms," he said.

And Sen. Dale Shugars, R-Portage, said Smith "would rather take care of higher education than people on welfare, the mentally ill and people without medical insurance.

Smith's amendment was rejected, 13 Democrats in favor, 22 Republicans and one Democrat opposed.

Meanwhile, the Senate took no action on SJR A, a proposed constitutional amendment that would require a 60-percent "super majority" of the Legislature to increase any tax rate or base. Sponsored by Bouchard, SJR A would need a two-thirds vote from both the House and Senate to be put on the ballot - a dim prospect this





Healthy participants with no current or past drug dependence, between the ages of 21 and 35, are needed for a study of the individual differences in drug response.

Participants will be interviewed, fill out questionnaires, and participate in drug administration sessions. Participants will attend the study laboratory for several sessions, each of which lasts up to six hours. The entire study may take three or more weeks to complete, depending on how frequently volunteers can come to the laboratory for testing. Volunteers will be financially compensated for their participation.

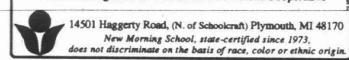
Anyone interested in participating should call: 1-888-457-3744 or (313) 993-3960. Please ask for the Normal study when calling. Wayne State University is an equal opportunity/affirmative action employer Wayne State University - People working together to provide quality service

## Upper Elementary Open House

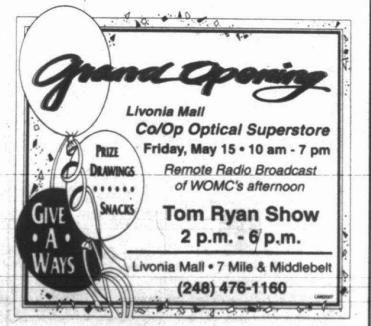
Wednesday, May 13, 9:00-10:30\*\*

Open house for students in grades 2-5 and their parents. Students will be paired with a NMS student and participate in classroom activities. Parents will meet with the director to learn about the individualized, child-centered curriculum.

To register phone 734-420-3331 New Morning School • Pre K-Grade 8 Parent Cooperative







# Bus from page A5

The question will be placed before voters in Garden City, Livonia, Redford and Westland on the Aug. 4 ballot, the same date as the primary election. The owner of a \$100,000 home with a taxable value of \$50,000 will pay \$16.50 annually for the millage.

At first, Ben Washburn, legal counsel for the commission, was asked whether the commission should act on the ballot proposal. The commission had the authority to place questions on the ballot, but so did the authority, Washburn said.

"It would be best to authorize the same language," Washburn said. "So it is redundant, but it also eliminates any question about the ballot proposal."

Commissioner George Cushingberry, D-Detroit, had argued the commission had the authority to place the issue on the ballot, stating that since the millage expired, the authority no longer had the power to place the issue before voters. Cushingberry

chairs the commission's Ways and Means Committee, which sent the resolution to the full commission for approval.

#### 'Horrible precedent'

McCotter later railed against the resolution's amendments, stating that mayors and supervisors in his district wanted the authority to remain with SMART, and not the county commission.

"This sets a horrible precedent," McCotter said.

Parker argued for commissioners to make a stronger statement for the merger. Detroit pays \$62 million into the DDOT system, while 38 percent of Detroit residents do not own cars, Parker said. "We are the last major city that doesn't have a major regional system," Parker said.

Patterson disagreed with Cushingberry's contention that the resolution superseded the transit authority's articles of incorporation.

"The communities that didn't

opt out had relied on local control and they had entrusted in the authority," Patterson said after the meeting. "If the commission can yank back this authority, then the communities have bought a pig-in-a-poke and don't have any local authority."

#### Beard supports ballot

Beard said the commission needed to work with state lawmakers over funds for the system. If commissioners acted to block the ballot proposal, it would be "tragic," Beard said.

"It would be hurting people we know need these services," Beard said.

Solomon told commissioners he wanted a task force of county commissioners and Detroit city council members to continue to study the transportation issue.

"It's time we put something on the table in terms of a merger,' Solomon said.

But McCotter said the debate wasn't about public transportation itself, nor whether the commission should place the issue on the ballot. His opposition was due to the commission's attempt to wrest control from the author-

Richard Kaufman, general manager of SMART, called the resolutions "dubious," particularly the provision calling for commission approval of ballot pro-

"This is of doubtful legal validity since the charter of the transit authority is perpetual and (authority members) are the only ones who can pass a resolution to put on the ballot," Kaufman said, regarding the SMART millage. "I'm not sure of the legal effect, but it seems to me tenuous at best."

Kaufman said SMART contacted DDOT more than a year ago for maps, but has not heard from officials there.

"It's hard for me to believe the Wayne County Transit Authority will have a better chance," Kauf-

## Read Arts & Leisure in today's Observer

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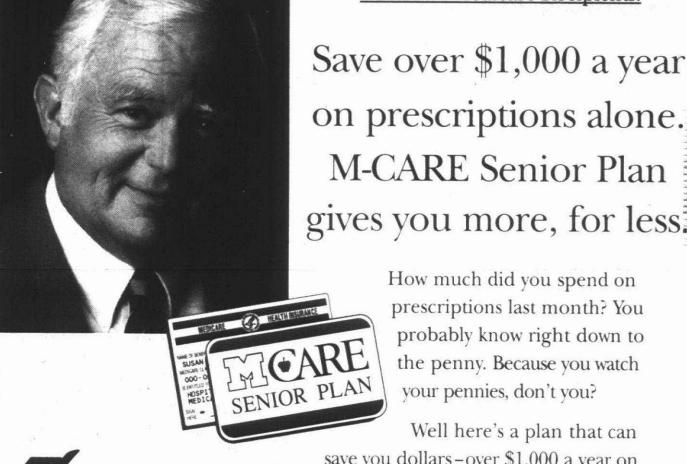
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Health & Fitness

Sunday, May 10, 1998





KELLI LEWTON

## Greek islands offer simply delightful food

've just returned from a wonderful vacation with my twin sister, Karen, in Greece. During our 14 day adventure we managed to take in much of what Athens, and many of the Cyclades Islands, had to offer. Every new territory we embarked on was rich in culture, history and food.

There was fabulous food to be found everywhere, which helps account for my seven pound weight gain. What distinguishes Greek cuisine from others is fresh ingredients, judicious use of herbs and philosophy, their philosophy concerning matters of eating, drinking and sharing meals, and the country itself.

#### Natural foods

Due to the warm climate, produce is grown in a natural, organic fashion in Greece. For the most part, the animals are free range. I was amazed at all the goats and lambs that were roaming freely in pastures rich in herbs. This would support the flavorful taste of their meats. I've never eaten lamb so flavorful or tender, and seafood from the Mediterranean is a

After spending the majority of my trip island hopping in the Aegean Sea, I was amazed at how crystal clear the water was at every port of call. There probably are large fisheries, but the only ones I saw were small family, one boat operations, which reminded me of old movies from my youth. Santorini, also known as Thera, now reinstated as its official name, is the largest fragment of a volcanic archipelago made up of the old broken remnants of the most massive caldera on Earth. This is often thought by many to be the origin of the Atlantis legend.

#### Visiting Oia

The view from of the glass-like Aegean Sea was breathtaking, and the people were very friendly. We spent our last night in Santorini roaming the very quaint village of Oia. On our stroll, we happened upon a dazzling jewelry store, Oro, which means gold in Spanish. The owner, Alexander, and his wife Martha, were so hospitable. They offered us some famous Santorini wine, and explained the history of their town. Ironically, Martha was Mexican, and grew up in husband, Xico.

At Alexander's suggestion, we stopped at a local taverna called S'Agpo Santorini - "I love you Santorini." After our 10 minute walk, we entered the charming cottage like tavern. We were seated by Marco, our German host, who would later be our server. There were no menus. The only bound papers in the taverna were wonderful thick books filled by natrons from around the world who shared feelings about their evening at S'Agno Santorini

Marco told us he was the menu and told us what fresh foods were available. We told him things we liked fresh grilled lamb, octopus, tomatoes and feta cheese, and asked him to be the captain of our ship.

#### Sharing a meal

As food started arriving, so did our new friends from the jewelry shop, I think there were seven or eight of them. We joined tables and shared some of the most amazing food, wine and spirits I'd encountered in my travels through Greece.

We had lamb, rubbed delicately with herbs, olive oil and garlic, and roasted to perfection over amber coals in the courtyard of the restaurant.

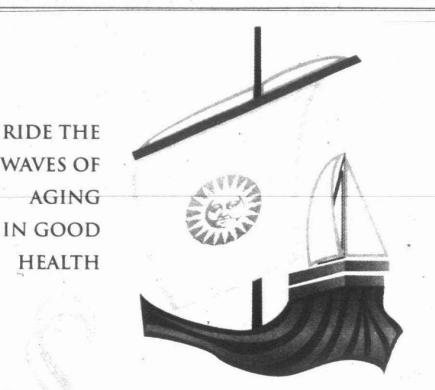
The tomatoes were very flavorful, and the housemade sausages and feta cheese left me speechless. I'm sure the rustic breads we broke were made by someone's grandmother.

Please see UNIQUE, B2

#### LOOKING AHEAD

What to watch for in Taste next week:

Focus on Wine For the Love of Food





#### STORIES BY PEGGY MARTINELLI-EVERTS - REGISTERED DIETITIAN

B aby boomers are entering their 50s, and are a hardy breed for the most part. They work hard to age gracefully and fill their leisure hours with travel, sports and hobbies.

The best advice for successful aging is to work on controlling your environment and make the most of your genetic makeup.

It is important to remember that nutrition plays an important role in helping our body respond to the physiological changes of aging. This means eating nutrient dense foods every

Chronological aging and biological aging are not synonymous. There are general processes that occur as we age. These include a loss of lean body tissue such as muscle, a loss of bone density, and an increase in internal body fat. The body's ability to correct for nutrient imbalances declines with age. This is why it is important to pay attention to what we eat. Poor eating habits, plus chronic diseases, may place heavy demands on nutrient reserves.

Here is a list of important tips to help you feel good inside and outside:

■ Drink milk - Bone loss is accelerated as we age, both in men and women. Include beverages

and foods high in calcium such as milk, yogurt and cheese in your diet for bone health. Vitamin D, which is also important, is found only in fortified milk, not yogurt, so drink your milk. Choose fat-free or low-fat milk most often. Calcium fortified orange juice is an option for those with milk intolerance.

■ Eat whole grains - Breads, cereals and grains contain important B vitamins and most are fortified with folic acid. Plus, grains contain fiber which helps prevent constipation and may reduce the risk of colon cancer.

Focus on fruits and vegetables - There are protective components in fruits and vegetables called antioxidants. Vitamins C, E and beta carotene are known to be involved in reducing your risk of certain forms of cancer, heart disease, cataracts and other degenerating diseases. Rich sources of these nutrients include citrus, green peppers, strawberries, cabbage, green leafy, yellow or orange vegetables. Nuts, seeds and whole grains are also good sources. Also, choose a general multi-vitamin/mineral supplement with not more than 100 percent of the U.S.

Please see AGING, B2



Calories needed in proportion to how active you are As we age, we need fewer calories to maintain our weight. To calculate the calories you need:

- Weight in pounds x 10 (sedentary)
- Weight in pounds x 15 (moderate activity)
- Weight in pounds x 20 (very active)

### **ENJOY** YOUR GOLDEN YEARS

he patient said "I know I'm overweight, but I do watch my diet and I've given up a lot of things that are bad for me so why am I facing \_\_\_\_?" Fill in the blank with heart disease, diabetes, high blood pressure,

etc.
The answer is - "You've never been this age before." In other words, you can get by with poor eating habits and cheat for the first half of life, but it will catch up to you eventually.

Aging is like a glass half full/half empty. For those in good health it can be the most fulfilling time, and for those whose health fails, it may be a time of compromised expectations.

Because life expectancy is increasing, we may spend nearly one-third of our lives in retirement. The years past 50, in order to reach the "golden years," must be lived with a certain amount of conscientious effort to making good food choices. We may also have to consider the health of one of our spouses since how they age will make a difference in the quality of our years left together.

When the husband of a couple I know had a heart attack their lives changed forever. One of the biggest adjustments was in their relationships with friends and family.

Every get together was a challenge. Late evenings out were forbidden. Stopping for cocktails before going out to dinner was another temptation. Tailgating at a sports event could be life-threatening. Making plans with old celebrations with the family, became a dreaded

But instead of becoming isolated and depressed, this couple decided to take a proactive approach. Instead

Please see GOLDEN, B2

# Cheesy macaroni satisfies taste buds, health goals

MAIN DISH MIRACLE



MURIEL

While passing through the supermarket freezer section. I thought about how much my taste buds missed macaroni and cheese. I picked up a package and read the nutrition label - 18 grams of fat, eight grams saturated fat and well over 300 calories per cup. I returned the package to the freez-

er, but the tasty memory lingered long enough to prod me into developing a macaroni and cheese recipe that would satisfy my taste buds and health goals. This was not an entirely selfish mis-

sion, however, my patients have been asking me for a palatable reduced fat and calorie version of macaroni and cheese for some

I began with a recipe from a 1950s cookbook and made 1998 substitutions. I used evaporated skim milk instead of whole milk. The evaporated milk makes a richer tasting sauce than regular skim milk. I increased the seasonings and added veggies for color, flavor and nutrition. The sauce seemed to cling better to the ridges of rotini (corkscrew macaroni) than the regular maca-

The problem was the cheese. Cheddar cheese has nine grams of fat per ounce, with 75 percent of the calories from fat, and 50 percent of those calories are saturated fat. Cheese has a higher percentage of calories from fat

and saturated fat than pork sausage or spare ribs. I tried fat-free cheese, but the flavor wasn't very good. What I finally settled on was a reduced fat cheese (2) grams per ounce) augmented with Parmesan cheese and a cheese flavor substitute. Of course, Parmesan is not a low-fat cheese, but it has lots of flavor per ounce. One tablespoon is only 1/4 of an ounce, and that has only 2 grams of fat.

Try my recipe, and see what you think. It has less than half the fat and saturated fat of the original recipe It's also a perfect vegetarian entree. You needn't worry about adding one of the big three - chicken, meat or fish for protein. There's plenty of protein from the milk, cheese and even the rotini

#### MACARONI (ROTINI) AND CHEESE

- 2 cans (14 ounce) evaporated skim milk
- 3 tablespoons comstarch
- 1 1/2 teaspoons dry mustard 1 teaspoon Worcestershire Sauce
- 4 green onions, chopped
- 1 red bell pepper, chopped
- 5 teaspoons Molly McButter All Natural Dairy Sprin kles - Cheese Flavor
- 8 slices Kraft 2 percent milk singles
- 4 tablespoons grated Parmesan cheese
- Dash paprika 8 ounces dry rotini
- Nonstick spray

Prepare rotini according to package directions. Set

Mix cornstarch with dry mustard. Add a little evaporated skim milk to make a smooth paste. Combine with remaining milk and Worcestershire Sauce. Heat over very low heat, stirring constantly until thickened, or place in a 2-quart measuring cup in microwave on high for about 4 minutes, until thickened.

Stir in 6 slices of cheese until melted. Add Parmesan and Molly McButter Cheese. Stir until combined. Add rotini and chopped vegetables. Stir gently until mixed

Pour into a 2-quart casserole that has been sprayed with nonstick spray. Top with remaining cheese slices Sprinkle lightly with paprika. Bake in a moderate oven 375°F about 25 minutes until heated through and lightly browned. Serves 6

■ Nutrition facts: 1 cup serving Calories 248; Total Fat, 5.6g; Saturated Fat, 3.3g. Cholesterol, 15mg; Sodium 655mg.

■ Food exchanges: 1/2 fat-free milk, 2 starches; 1 fat

Muriel G. Wagner is a registered dietitian and nutrition therapist with an office in Southfield. She publishes "Eating Younger," a quarterly newsletter filled with recipes and nutrition tips. To subscribe, send a check or money order for \$13.50 to Eating Younger, P.O. Box 69021, Pleasant Ridge, MI 48069.

# Treat your family, friends to brunch Aging from page B1

If you use egg whites, you can use the egg yolks as a rinse for

your hair.
TLC BRUNCH SKILLET Recipe serves 6 5 ounces lean turkey sausage 1 cup chopped red bell pepper

1 cup chopped green pepper 12 egg whites, or the equivalent in egg substitute 1/2 cup non-fat ricotta

1 teaspoon salt 1 teaspoon pepper Nonstick cooking spray Salsa of your choice (option-

In a large nonstick frying pan

100% Ground Beef

US Grade A Amish

Chicken Breast

Rotisserie

**Roast Beef** 

Hard Salam

Krakus Polish

Virginia

BakedHam

**Baked Beans** 

See related story on Taste sauté crumbled turkey sausage over medium heat until thoroughly I like this recipe because it's cooked. Remove meat from pan easy to make, and you make it in and drain any fat. Return pan to one skillet so cleanup is simple cooktop and sauté onion until soft and slightly transparent. Add pep pers and sauté until cooked, but

> In a separate bowl, beat egg white with salt, pepper and ricotta until combined. Remove vegetables from pan and turn heat to very low, spray pan with nonstick cooking spray and return to burner. Pour egg white mixture into pan. When bottom is slightly set arrange sausage, peppers and onions on top. Cover and cook over very low heat until set through, about 10-12 minutes. To serve, invert onto platter and cut into wedges. Warm salsa in microwave and set on the side so guests can

Nutrition information per

Alaskan Jumbo

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**SUNDAY, MAY 17, 1998** 

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Breast

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**T-Bone Steaks** 

USDA Choice Boneless USDA Grade A

Sirloin

Calories 91.71; Protein 15.63g; Fat 3.18g; Sodium 644.0mg; Car-

#### LOW-FAT APPLE BRAN MUFFINS

3 cups bran cereal (recipe tested with All-Bran) 1 1/2 cups boiling water 3 egg whites 2 cups skim milk 1/2 cup honey

1/4 cup molasses 2 1/2 cups whole wheat flour 2 1/2 teaspoons baking soda 2 tablespoons cinnamon 1/4 teaspoon each: ground

(optional) 1 cup raisins 2 cups chopped apples

Preheat oven to 400°F. In a large

**USDA Choice Boneless** 

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Lean & Meaty

Iceberg Lettuce

Strawberries .

Budweiser

Pepsi P

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24 Pk. cans

Only 99¢

Pot

Roast

Country Ribs

nutmeg, ground ginger

bowl, combine cereal and boiling lenging situation s for someone

> While the invitees are at church, playing golf, or just enjoying a leisurely morning, the nost and hostess are cutting fresh fruit for the giant platter that is the centerpiece of the

Ease of preparation is impor tant so chopping the vegetables for the omelet and preparing the muffin mix is done the night before. Last minute details are kept to a minimum, and the event is casual.

A variety of interesting breads, muffins and bagels are paired with lite veggie cream cheese, no sugar added jams and jellies.

For entertainment, the couple sets up a croquet game, bad minton set or boccie.

The brunch has become a favorite event. The couple doesn't lose touch with friends, the brunch is fun for everyone are also aging and must watch taining ideas.

Daily Recom- that is right for you and try



Fill lined muffin cups about two-

weight gain and fatigue. Regular physical activity helps increase energy, improves self image, boosts immunity, fights depression and enhances the quality of sleep. Take care when you exercise to avoid injury. Stay on softer, level surfaces and warm up with stretch-

Exercise doesn't have to be strenuous to be good for you. Find something you enjoy doing and can do regularly. Golf (when you walk the course) is great. Ballroom and Swing dancing are becoming very popular again. aerobics. Choose the activity in Taste.

mended Daily varying activities, too. Flavor it - Our sense of Allowance, Don't taste and smell diminishes as we your age. We need to add flavorings money on "antithat don't add excess sodium. aging" concoc-Excess sodium not only pulls cal-

Exercise - cium out of our body which Our metabolism affects our bone health, it also decreases as we can aggravate high blood presage, and this sure. Add herbs, butter flavorcan result in ing, wine, reduced stocks and flavored vinegars. Get enough protein, but

watch the fat - The recommend ed amount of protein for women over 50 is 50 grams, and for men 63 grams. This is the protein in seven to nine ounces of meat, poultry or fish. However, there is protein in dairy foods and grain, so eating five to seven ounces of

meat daily is sufficient .. Peggy Martinelli-Everts of Clarkston, is a registered dietitian and director of clinical operations for HDS Services, a Farmington Hills-based food service and hospitality management Sign up for lessons. Swimming is company. Look for her story on wonderful exercise, as is water the second Sunday of the month

banquet ate, drank and shared

The food was simply beautiful

and tasty. It was not masked b

sauces with complex names. As

early morning hours singing and

sipping Santorini wine with my

new friends, I thought the world

isn't so big. Simple is good, less

Chef Kelli L. Lewton is owne

of 2 Unique Caterers and Event

Planners in Bloomfield Hills. A

graduate of Schoolcraft College's

Culinary Arts program, Kelli is a

part-time instructor at the col-

lege. Look for her column in

Taste on the second Sunday of

can often be more

this way on a regular basis.

house white wine, which seemed sweet, crisp, dry and fruity all at the same time. Santorini wine is famous throughout the world.

Gathering around a table with family and friends to share a sat back in my chair into the meal at the end of the day is a time held in reverence by all inhabitants of Greece.

many languages and cultures. man and Spanish, it hit me thinking about what to have for dessert or what I had do after I enjoyed every bite of food.

#### that moment. It seemed like all the month. **COOKING CALENDAR**

#### 8611 Lillev Road • Canton • (313) 454-0111 Bob Says: Watch for our Grand Opening flyer in your mail soon. Still taking applications for our Westland Store Great For Chicken Sale Prices Are Going Up WHOLE FRYERS Buy Now And Save Rolled-Tied WHOLE N.Y. STRIP LOINS SIRLOIN TIP ROAST BREAST \$ 1 29 Made Fresh Hourly DRUMSTICKS GROUND BEEF From Fresh S Ground Sirloin Fish-on-the-Grill Dearborn Sausage Smoked Polish PORK TENDERLOINS LEMON PEPPER SAUSAGE \$399 PORK CHOPS CAJUN CATFISH Country Style Center Cut HOT DOGS SPARE RIB PORK \$289 ROAST 2 LB. Grill Ready - Lean TURKEY BREAST SMOKEHOUSE HAN PORK SPARE N.Y. STRIP STEAKS RIBS AMERICAN CHEESE CORNED BEEF

# Grill monkfish for quick, delicious dinner

says Leslie Revsin, author of not enough, use it with pasta, "Great Fish, Quick: Delicious chicken, veal, and to marinate Dinners From Fillets and Shell-

fish" (Doubleday, \$27.50). This Monkfish Grilled with you don't have time for marinat-Rosemary-Garlic-Lemon Oil is one of the recipes in her book, fish after grilling will do the job, which she promises are all quick, simple and made with readily

available ingredients. The Rosemary-Garlic-Lemon pose marinades," said Revsin. "I keep a jar of it in my refrigerator at all times."

It's also good with cod, tle more olive oil grouper, trout, swordfish, tuna, shark, and salmon fillets, as well as with lobster and soft-shell

goat cheese!"

It's so full of flavor that even if ing, a spoonful over the monkshe adds

This recipe makes enough oil for 3 grilled monkfish recipes. The oil can be used immediately Oil "is one of the great all-pur- or covered and refrigerated for several weeks. The flavor continues to develop \_ if at any point it becomes strong for you, add a lit-

> MONKFISH GRILLED WITH ROSEMARY-GARLIC-LEMON OIL 2 tablespoons lightly packed

> > 1/2 teaspoon salt

1/2 stick butter

1/8 cup bread crumbs

In a large pot heat olive oil.

Sweat onions until translucent.

Add spinach, a handful at a time,

and wilt. Cook down approximate-

Place in bowl, mix with feta,

pepper

ly 5-8 minutes

herbs and seasoning.

1 teaspoon fresh cracked

1 box phyllo dough, thawed

L large garlic clove, unpeeled

1 1/2 teaspoons grated lemon zest, with no white

1 cup olive oil

Salt and freshly ground black or white pepper to taste 1 3/4 pounds cleaned and trimmed monkfish fillets

Start a medium-hot fire or pre-

Fifteen minutes before you're going to grill the monkfish fillets put the grill grate about 4 inches rom the glowing coals. (I also like to brush the top of the grate with

keeping covered) and layer six

ter and a sprinkling of bread

crumbs between the sheets of

dough

filling in.

sheets, brushing with melted but

Take collective sheets and place

centered in Teflon pie pan. Spoon

Fold overlapping phyllo dough

over mixture to create top of the

pie. Brush top with butter and

vegetable oil just before grilling to

Crush the garlic clove with the

side of a large knife, peel it and

put it in the food processor with

the lemon zest. Process the ingre

chopped into tiny pieces, about 2

bake at 350°F., 20 to 25 minutes or

MEDITERRANEAN COUS COUS.

8 black olives (pitted and

1/4 cup red onion (minced)

(peeled, seeded, diced

1/2 cup English cucumber

until golden brown.

1 cup Cous Cous

chopped)

small)

minutes. Season the oil with salt nelp prevent sticking.) and pepper. Roughly chop the rosemary and Make sure the monkfish fillets

put it in the food processor. (Note: are trimmed of all membrane and f rosemary stems are very young, fat. Cut the fillets into 2-inch-thick they are tender and edible so don't cross-sections and dry them well worry if some get into the mix. But more mature stems are woody and Put them in a bowl, season them indigestible.) with salt and pepper, and pour 1/4

kitchen is very hot), or grill them dients to break them up and comright away. ine their flavors, about 1 minute. Add the olive oil and process everything until the solids are

Place the cut fillets on the preheated grill rack. Grill them until

1/4 cup Feta cheese (crum-

Salt and pepper to taste

Boil water with a pinch of salt

Add cous cous. Boil approxi

them, stirring to coat them thor-

oughly. Marinate them, covered,

room temperature (unless the

for 30 to 60 minutes if possible, at

them until they're cooked through and still very moist, about 5 min utes more. To check, make a small slice in the center of one piece to

see if it's white and opaque all the way through. Serve the fillets immediately on warm dinner plates, drizzling them with more room-temperature cup of the rosemary-garlic oil over

rosemary-garlic-lemon oil.

Makes 4 servings (plus enough oil for 2 more fish preparations).

Preparation time is about 25-30 minutes, with an optional 30 min

# Enjoy a delicious taste of the Greek Islands

See related 2 Unique column on Taste front. Recipes compliments of Kelli Lewton MEDITERRANEAN MEAT

MARINADE

3 tablespoons fresh garlic, chopped

Juice of 3 lemons 1 teaspoon lemon zest

1 cup red wine vinegar 1/2 cup extra virgin olive oil 1 teaspoon dried oregano

1 tablespoon fresh rosemary 1 tablespoon fresh parsley Combine ingredients. Great for

beef, pork or lamb.

SPANAKOPHA (SPINACH PIE)

4 pounds fresh spinach 1 large Spanish onion (diced

1/8 cup extra virgin olive oil 1 bunch scallions (minced) 1 cup fresh feta cheese

(crumbled) 3 tablespoons fresh dill (chopped)

1/2 cup fresh parsley

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Strain and rinse with cold 1/4 cup red wine vinegar water. 1/2 cup Greek olive oil Prepare vegetables. Pinch of oregano and fresh Mix with cooked cous cous.

Mix vinegar and oil with herbs

mately 6-8 minutes

Season to taste with salt and pepper. Yield 4 side servings.

Viscount Spectacular Summer The Rough Cedar II Beck and Fence Peel has a frame integrated design and wood grain wall. It comes complete with 7" wide erguard coated rails, a premium blue 2000 eries liner and a 25-year warranty. The wall wn carpeted patio deck with in/out ladder Gigantic Round 24' Pool Regular Price: \$6.768 **YOUR CHOICE** Huge Oval 15' x 24' Regular Price: \$7.152 VISCOUNT SUN SAVERS Jacuzzi MFM15 3/4hp Sand Filter System Regular Price: \$449 Round 24' Pool BUY ONE, OTHER SIZES AVAILABLE: Regular Price: **GET ONE FREE** Regular Price: \$10.99 The Rough Cedar II has a top seat which is Round Pool vraparound coping cover, an aluminum bead Oval Pool receiver and a 2000 series winterized liner. The 15 x 24 Oval Pool multistage coated and Everguard protected. This pool also has available deck and fence options 20-lh. Pall of Chlorine Sticks
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thirds full and bake 20 to 25 minutes or until muffins test done. Nutrition information per serving: Calories 130.11: Protein 4.06g, Fat .47g; Sodium 104.56mg; Carbohydrates Recipes form HDS Services.

from page B1 of entertaining friends with cocktails and going out to dinner at a restaurant, or becoming caught in one of the other chal-

with heart disease, my friend hit

Golden

In another large bowl, combine

molasses; stir well. Stir in flour,

soda, cinnamon, bran softened

with water, nutmeg and ginger.

Stir in raisins and chopped apples

egg whites, milk, honey and

upon the idea of serving a Sunday morning brunch.

and an olive oil/balsamic vinegar and herb blend. Ice water, coffee tea and a specialty fruit drink are also served.

involved, and other couples who their diets, get some good enter-

As we shared food, and wine, including Greek, English, Gerwow! for a change I was not

word spoken and sip of wine at

"Lickety-Split Meals" update at the store. The cost for the

Zonya Foco, registered dieti- book, pocket size grocery list, ian and author of "Lickety-Split" and wipe/erase menu planner is Meals," has a pocket size grocery \$40. If you already have the list and wipe/erase menu plan- book, but want the grocery list ner to go with her cookbook. The and wipe/erase menu planner, list fits in your grocery cart so the cost is \$15, call 1-(888) 884you can check off what you need LEAN for details. 



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Page 4, Section

#### Prostate health

Men concerned about prostate health are invited to attend a free informational presentation Wednes-day, May 13 at Botsford Inn Banquet Center, 28000 Grand River Ave. Botsford urological surgeon Steven Roth, D.O., will host the discussion. (Attendees will be eligible for a free prostate screening and PSA test his month). Preregister by calling (248) 477-6100.

#### Better hearing

Personalized Hearing Care of Westland is presenting the Second Annual Better Hearing and Speech Day 10 a.m. to 6 p.m. on Saturday, May 16, at MedMax in Westland. Attendees can meet with hearing and speech professionals and people who are successfully coping with hearing and speech problems. MedMax is located at 35600 Central City Parkway, behind Westland Shopping Center.

#### Sacred energy

Sacred Energy Balancing seeks to tap and release life-draining energies (repressed memories/emotions) which prevent people from realizing their potential. To learn about these techniques that can help bring peace of mind, attend SANT's lecture featuring Paul Samarco. Monday, May 18, at 7 p.m. at the Sinnett Holistic Health Center in Livonia located at 29200 Vassar in the Livonia Pavilion. Suite 140, across the street from Sears. Admission \$5. Call (313) 247-

#### Making connections

There are several ways you can reach the Observer Health & Fitness staff. The Sunday section provides numerous venues for you to offer newsworthy information including Medical Datebook (upcoming calendar events); Medical Newsmakers (appointments/new hires in the medical field); and Medical Briefs (medical advances, short news items from hospitals, physicians, companies) We also welcome newsworthy ideas for health and fitness related stories. To submit an item to our newspaper you can call, write, fax or e-mail us

CALL: (734) 953-2111 Observer & Eccentric Newspapers (Specify Datebook, Newsmakers or Briefs, Attn: Kim Mortson 36251 Schoolcraft Road Livonia, MI 48150 FAX: (734) 591-7279 E-MAIL:

### Quaker Oats wants you to enter Smart Heart Challenge

The Quaker Oatmeal Cereals company wants to bring the Smart Heart Challenge to a community such as Plymouth, Canton, Westland, Garden City, Livonia or Redford with a chance for you to win a \$5,000 cash prize and become a hero in your town.

In January, 101 people in Lafayette, Colorado volunteered for the challenge and ate oatmeal for 30 days to see if simple lifestyle changes, including eating oatmeal, could help reduce their cholesterol. After 30 days, 98 percent of them lowered their choleserol, on average by 27 points.

In addition, by becoming an "Oatmeal

As grand prize winner, you can win \$5,000 cash if your community is chosen as wise made the next Smart Heart Challenge town or of Michigan. \$1,000 if you're among the nine finalists. Approximately 150 participants in

your community will receive cholesterol testing free-of-charge which will be admin-istered by professional medical staff.

Quaker Oatmeal Cereals will sponsor

events during the 30 days and a local heart-healthy organization will benefit from a donation for every bowl of oatmeal aten during the challenge.

To receive an entry form:
Call 1-800-735-3555 or visit www.
quakeroatmeal.com and follow the prompts
to the Smart Heart Challenge Search.
Print out the entry and fill it out.

Mail all entries to: The Smart Heart Challenge Search, P.O. Box 2356, Maple lains, MN 55592-2356. No purchase necsary. Entries must be received by June 5, 8. You must be a United States resident nd 18 years of age or older to enter.

# halitosis (hal'ə-tē'sis) L.N. 2. Valuto (b) S. I.S. + smelling breath.

### **CURES ARE BETTER** THAN COVER-UPS

he onions you piled on your hot dog at lunch or the garlic butter you spread on a dinner roll may not be the primary reason you have halitosis. For better or worse, it's also known as - bad

Truthfully, 90 percent of bad breath is usually the result of an oral problem such as faulty dental fillings, gingivitis, abscesses, dentures, oral cancer and extruded teeth.

Halitosis is caused by volatile sulphur compounds (VSC) produced by active bacteria that breeds around the gums and tongue. The sulphur causes the unpleasant odor that has led consumers to spend approximately \$500 million annually on mouthwash, mints and toothpaste

According to Richard Miller, D.D.S. in his book "Beating Bad Breath," traditional over-the-counter dental products do nothing to treat the bacteria problem only masquerade the "bad odor with a stronger,

more pleasant-smelling one." If halitosis is the diagnosis you suspect, or you've been discreetly told by a friend or loved one, there is a viable solution says dentist Brian Andress, who recently merged his 10-year Livonia practice with Herbert Elfring Jr., D.D.S., to a new location in Novi

"One of the most important factors in treating halitosis is to break down the sulphur compounds produced by the bacteria," said Andress. "In order to do that your dentist needs to evaluate what's causing the accumulation of bacteria and treat the cause whether it's gum disease or a loose crown that needs to be removed and cleaned before it can be replaced."

Andress said if in fact you have a loose crown, ordinary brushing and rinsing won't take care of the real problem — the build up of bacteria that may be active under the unstable dental appliance. The bacteria needs to be destroyed not covered up with breath mints or fruity mouthwash.

As unpleasant as it may sound, the tongue is a large breeding ground for the bacteria that causes nalitosis. It harbors a significant amount of bacteria due to numerous coatings that build up from foods and beverages such as milk, sauces, coffee, and foods creamy in nature that leave behind thick coatings and substances around our taste buds every time we

The layers enable the bacteria to go unaffected "in a warm, low-air environment and produce the sulphur compounds of halitosis." (Beating Bad Breath,

Andress recommends using a simple tool called a tongue scraper to remove the build-up of coatings that may be causing your bad breath. The tool, typically plastic, can be purchased at a drug store in the hygiene aisle or obtained from your dentist.

The tool in no way reduces bacteria around the teeth and gums, but the device can be effective to reach the back portion of your tongue that you might not touch with the toothbrush. Your dentist can give you a few simple tips on its use to be one step closer to having better breath and a healthier smile.

Unfortunately said Andress, one of the most effective ingredients in the fight against halitosis is not found in over-the-counter toothpaste and mouthwash. CLO2, chlorine dioxide, works to destroy the sulphur at the molecular level.

Alcohol free, safe for your teeth and gums, CLO2 attacks the source of the bacteria treating the com-

According to Anne Russell, R.N., Ply-

Support group, Gov. John Engler like-

wise made the declaration for the state

gy Awareness Week," said Russell.

Living with life-threatening food aller-

awareness week will serve to get accu-

rate medical information to the general

public in order to increase their knowl-

edge and sensitivity about serious food

affected. One group of doctors reported

in children in the past 10 years.

Following the announcement that ple believe food allergies are rare or

May is Asthma & Allergy Awareness affect only a small number of adults."

Month, The Food Allergy Network At the upcoming Friday, May 15,

(national nonprofit organization) has meeting of the Michigan Food Allergy

declared May 11 to 15 Food Allergy Network, Dr. Marc McMorris, a Uni-

mouth resident and director of a Food and management. The meeting will help a Anaphylaxis Education & begin at 7 p.m. at the Arbor Health

"I am very pleased that Gov. Engler Reactions can range from mild to life-

has approved May 11-15 as Food Aller- threatening. Doctors estimate that

gies is a challenging and often frighten-ing burden for children. Hopefully, this nal cramps, vomiting, diarrhea,

Doctors across the country report an allergic reactions in the U.S. they are

increase in the incidence of food aller- milk, eggs, peanuts, tree nuts, shell-

gy. Children are the largest group fish, soy and wheat. There is no cure

versity of Michigan pediatric allergist,

will discuss peanut allergy diagnosis

Food allergy is caused by an abnor-

mal immune system response to a food.

hundreds of Americans die each year

as a result of a food-allergic reaction.

swelling of the mouth or throat, diffi-

culty breathing, asthma and respirato-

ry diseases. Severe reactions can some-

Eight foods cause 90 percent of the

for food allergies. Strict elimination of

the food in question is the only way to

avoid an allergic reaction.

times prove fatal.

Building in downtown Plymouth.



Breath check: Dr. Brian Andress observes the Halimeter results as patient Debbie McElroy has her breath checked. Looking on is Dr. Herbert Elfring Jr. The Halimeter gauges the level of bacteria in an individual's mouth that can cause halitosis.

Food allergy is caused

by an abnormal immune

system response to a

range from mild to life-

cult problems of living with food aller-

food. Reactions can

Network's 18,000 members.

they need is well founded.

pounds for up to five hours in contrast to traditional toothpaste and mouthwash that may work for only two hours. However, an over-the-counter mouthwash containing an antiseptic ingredient, such as Listerne®, works to kill active bacteria, said a local dental

The Novi dentist said you can obtain CLO2 prodacts from your dentist, orthodontist, or oral surgeon. Two examples include Oxyfresh™ and Retardex™ Other products and devices that can help fight bad breath include floss, a soft bristle toothbrush (reguarly replaced), tongue scraper and water irrigator

Andress and Elfring utilize a device in their office called a Halimeter. The apparatus measures the concentration of bacteria in parts per billion. A patient who believes they have or is aware of problem, places a small plastic straw in their mouth that is attached to the Halimeter. The straw can be moved around the tongue while the machine measures the concentration of volatile sulphur com-

Andress said the back of the tongue usually reads a higher level of compounds than the front. The dentist said an average patient will register between 80 to

120 parts per billion. However, if a significant amount of bacteria is found the number can be as high as 180. "Then we know for sure how serious the halitosis problem is and can look for causes such as gum disease, decay or something as simple as replacng an older filling."

Some people may be surprised to learn prescription medications and medical conditions can also cause halitosis. For example, commonly used medications such as decongestants, antihistamines, antihypertensives, antidepressants and antipsychotics can possi-

Diabetes, liver failure, gall bladder disease, tonsillitis, sinusitis, emphysema and pneumonia are just a few conditions that also trigger bad breath.

lem then you should seek medical attention from your physician who can advise a treatment in conjunction with an improved cleaning regimen," suggested Andress.

Oral care is your best defense against halitosis. If you suspect you have a problem don't wait until a spouse, friend or co-worker has to break it to you gen-

are welcome from throughout Michigan's food industry includhe Observer area. Items should ing The Kroger Co of Michigan, e sent to: Observer Newspa. Farmer Jack, Foodland and the . Metro Home Health Care pers, 36251 Schoolcraft, Livo- area's food brokers will join Services Inc., is the first home nia 48150. Our fax number is together to support the "Cash for care agency in Michigan and the (734) 591-7279. E-mail kmort-Kids" program, to benefit VARI- second in the United States to

ems for Medical Newsmakers

St. Joe's recognized

St. Joseph Mercy Hospitalthrough Saturday, June 7, Ann Arbor has been named metropolitan Detroit's food induswinner of the Overall Environtry will sponsor "Cash for Kids" a mental Excellence Award by the coupon redemption program to Washtenaw County Environbenefit Southfield-based Variety mental Issues Group. The Children's Charity.

The award was one of 16 pre-New director sented to businesses and organizations that practice environmentally sound behavior in the named director of labor and areas of water quality protection, delivery in the Oakwood Divipollution prevention, waste sion of Maternal Fetal Medicine reduction and recycling.

"We're very proud of our tem. She also works at Oakwood Mile Road (Suite 8) in Farmingaccomplishments and strong Healthcare Center- Canton. "As ton Hills under the name, Feet commitment to protecting the our Division of Maternal Fetal environment," said Duane New- Medicine continues to grow, we land, executive vice president. are excited that Dr. Garmel has an outpatient basis and allows and children are always wel-"Each employee plays a role in joined our practice. She will be a most people to return to tennis our success, and their efforts great asset to the community in type shoes within two weeks. A have definitely made a differ-

Rite Aid drugstores has

Day Mammograms program in

initiative now in its ninth year.

them to have yearly mammo-

grams beginning at age 40.

Mother's Day Mammograms

links uninsured or underinsured

women with sources for free

Free Mother's Day Mammo-

grams cards are currently avail-

able in Rite Aid's 380 stores in

Michigan. "Do it for yourself and

those who love you," said

Michelle Engler, first lady of

hotline that links callers to free

with the Michigan Department

of Community Health.

mammograms.

Michigan.

launched its annual Mother's

Cash for kids

#### Rite Aid offers free mammograms **MEN'S HEALTH**

RESOURCE "Just the Facts," on prostate ancer. One in eight. That's Michigan. The award-winning Rite Aid, who played a key role in developing Rite Aid's Mother's during their lifetime. educates women about the Day Mammograms program. importance of practicing healthy "Rite Aid became involved in breast care habits and reminds breast cancer early detection programs because we saw a need

> is more than 90 percent." Last year's Mother's Day Mammograms program generated 1020 calls from women in Michigan, 627 of whom received free mammograms through the

for increased access to mammo

grams. When breast cancer is

detected and treated in its early

stage, the five-year survival rate

MEDICAL NEWSMAKERS

Beginning Monday, June 1

Sara Garmel, M.D., has been

of the Oakwood Healthcare Sys-

high risk pregnant mothers,"

said Dr. George Kazzi, corporate

director of Oakwood Maternal

This spring, every level of and Fetal Medicine

ETY - The Children's Chari- the distinction of American Dia-

Three celebrities have The cards feature a toll-free designed Mother's Day cards provide a natural extension of mammogram programs in their the Mother's Day Mammograms area. In Michigan, the program program by spreading the imporis being presented in partnership tant message of early detection methods

Additional information on "Approximately 180,000 women are diagnosed with Mother's Day Mammograms probreast cancer each year," says gram is available, (800) Suzanne Mead, vice president of RITEAID; visit the Rite Aid Web corporate communications for site at http://www.RiteAid.com

the number of men, who will get prostate cancer sometime An estimated 184,500 new cases of prostate cancer will be discovered nationally in 1998

and an estimated 39,200 men will die of it this year accord ing to the American Cancer Early detection and educa-

tion continue to be the best medical tools in fighting the disease. Cancer experts esti mate that as many as 80 per cent of the deaths from prostate cancer are pre ventable. The risk of prostate cancer increases with age Although 80 percent of al prostate cancers are diagnosed in men over the age of 65, men age 40 and older should be alert to the signs of prostate cancer and have a digital retal exam done annually

Contact your local hospits r prostate screenings or mak an annual appointment with

#### **MEDICAL DATEBOOK**

Items for Medical Datebook are welcome from the Observer-area medical community. Send to: Medical Datebook, c/o The Observer Newspapers, 36251 Schoolcraft Road, Livonia 48150 or faxed to (313) 591-

#### MON, MAY 11

**CELIAC SPRUE SUPPORT** Tri-County Celiac Sprue Support Group (TCCSSG) is a support group for persons who have been liagnosed with Celiac Sprue and Dermatitis Herpetiformis. Group knowledge of the hear, lungs, will meet at 7 p.m. at Southfield Presbyterian Church, 21575 West 10 Mile Road. Call M. Campbell (248) 477-5953 or E. Lobbestael, (313) 522-8522.

her practice to 38215 W. Ten **BREASTFEEDING SUPPORT** 

LaLeche League of Livonia meets monthly for breastfeeding support and information. Babies The procedure is performed on come. Meeting begins at 7 p.m. Please call for location and addiproviding quality clinical care to plastic surgery technique is used tional information. Theresa (734) 261-6814; Vicki, (313) 937-3011 on the skin so scarring is minimal. For information call (248) and Michele (734) 591-7071.

> FREE CANCER SCREENING To inform and educate men on

the importance of prostate health, Dr. Derrick Williamson D.O. and Dr. Steven Roth, D.O. Botsford urologist to conduct free lectures, physical screening exams and PSA blood tests. 7 p.m. at Botsford General Hospi tal's Community Room, 28050 Grand River Ave., in Farmington Hills. Call to preregister, (248) 477-6100.

**BASIC LIFE SUPPORT** 

signs and symptoms of heart

attack and CPR, choking rescue

skills. \$25. Providence Medical

Center Livonia, from 6-9 p.m.

Call 800-968-5595 to register

**POSTPARTUM SUPPORT GROUP** 

offer a Mother-Baby Support

a.m. The group meets in the

A near the South Entrance.

Registration is required, call

Group on Tuesday, from 10-11

PRE-POSTNATAL EXERCISE St. Mary Hospital in Livonia will offer a six-week Pre-Postnatal **HEALTH FAIR** Exercise Class from May 13 Camelot Hall Convalescent Centhrough June 17. Designed to tre in Livonia is hosting a free romote fitness and a healthy health fair from 10 a.m. to 2 p.m. ifestyle prior to and following May 12 to celebrate Nursing delivery. The class will meet in Home Week. Complimentary Pavilion Conference Room A blood pressure and cholesterol from 6 to 7 p.m. Cost, \$35 per screening is available. Camelot

Hall is located at 35100 Ann **BLOOD PRESSURE** Arbor Trail west of Wayne Road Call Joyce at 522-1444.

St. Mary Hospital in Livonia will present a two-part class on "The Ups and Downs of Blood Pres-Intended for those 12 years and sure," beginning Wednesday, older interested in learning basic May 13, from 7:00 to 9:00 p.m. in Pavilion Conference Room A, near the Levan Road Entrance A \$10 class fee covers course materials. Registration is required. Please call (734)655-

person. Call (734) 655-1100.

**MEDITATION AWARENESS** St. Mary Hospital in Livonia will This program examines the science of meditation and energy awareness. Participants will learn to meditate, blending the West Addition Conference Room body, mind and spirit for better health. Free at the Oakwood Healthcare Center. North West (313) 655-1100 or toll free, 1-800-

land (36555 Warren Road). Call

### WED, MAY 13

OSTEOPATHIC MANIPULATION Osteopathic Manipulation Therapy and Health. Botsford physician Jan Danto, D.O., discusses how hands-on manipulation of bones, muscles and joints can be beneficial. The two-hour class, 9:30-11:30 a.m. at Botsford General Hospital's Classroom 2 East, A & B. 28050 Grand River Ave. Call to register, (248) 471-8020.

#### THUR, MAY 14

(313) 414-9001.

**HEALTH SCREENING** St. Mary Hospital is Livonia will hold a blood pressure and cholesterol screening on Thursday, May 14 from 5:30 to 8 p.m. in the Pavilion Conference Room A The cost of the cholesterol screening is \$15 and it includes both the total and HDL cholesterol. Registration is required call (734) 655-8940.

# Outing to benefit pituitary patients

SAVE \$\$\$ ON HEARING AID BATTERIES FOR

Golfers who want to putt for patients of pituitary effects of such tumors. iseases have until May 15 to register for a special enefit tournament. The golf charity, the first of its and in the country, will take place June 3 at Dunham Hills Golf Course in Hartland, beginning at 10 a.m. The event is sponsored by the Michigan and physicians' understanding of pituitary disease hapter of the Pituitary Tumor Network Associaion, a non-profit organization dedicated to acreasing public awareness of pituitary diseases.

The four-person scramble costs \$100 for an indiidual entry and \$400 for a foursome. Business organizations may sponsor special events, includng the Hole-in-One and Longest Drive contests, or

Teresa Sullivan, the coordinator of the Michigan Chapter of PTNA in Brighton, said proceeds from the event will help the chapter promote and sponsor various events to educate pituitary tumor

patients and their family members about the

While only 1 or 2 percent of the world's popula-

tion experience pituitary tumors, Sullivan said, the number of cases has been increasing in recent years as detection and diagnostic methods improve The pituitary gland, located at the base of the

brain, regulates hormone secretion in the blood, which in turn signals other glands, such as the thyroid and pancreas, to produce additional hor-

The slow-growing pituitary tumors are almost always benign, but they cause over-secretion or decreased secretion of hormones. Large pituitary tumors also may impair vision by spreading to nearby optic nerves.

For more information on the golf outing, contact Teresa Sullivan at (810) 227-5615

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### May 11 to 15 is Food Allergy Awareness Week were almonds and lo and behold, they were peanuts. I ate them, my throat got itchy, I got stomach cramps, diarrhea and was gasping for breath to the point where I passed out."

reporting an increased number of children with food allergies. A study in the New England Journal of Medicine of 13 children were fatal and near fatal foodinduced allergic reactions, found four of gies, according to The Food Allergy the six cases of fatal food-induced aller-

Restaurants offer an opportunity for improvement. Few offer training for employees to teach them how to properly answer queries from food-allergic consumers. From a consumer's perreal, millions of Americans will continspective, the fear of having a reaction because someone else didn't take them some, the reactions may cost them their life," said Munoz-Furlong.

seriously or provide the information Allergic reactions have been reported 4040 or visit FAN's Web site at and several people have died because www.foodallergy.org restaurant staff were not properly The monthly meeting of the Food

trained in food allergy awareness. Doctors reported that most allergy Support group is open to the public. reactions occur when allergic individuals, after being assured that their meal County and surrounding communities Convincing others food allergies are is "safe," eat a food that contains the are welcome. The meetings are free and to 6 million Americans," said Anne real and getting accurate information ingredients to which they are allergic. donations are accepted. For more infor-Munoz-Furlong, founder of The Food about ingredients while eating at One peanut-allergic individual reports, mation, call Anne Russell, (734) 420.

Allergy Network (FAN), "yet most peorestaurants are two of the most diffi
"Someone told me the nuts on a danish 2805.

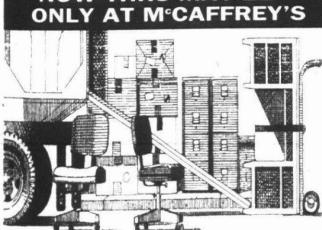
Schools across the country are

gic reactions had occurred in school. Food allergy appears to be increasing, allergic reactions can be severe and have caused fatalities. "Until we educate others that food allergies are ue to experience allergic reactions - for

For free information, call 1-800-929-

Allergy & Anaphylaxis Education & Individuals and children from Wayne

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# Web gets deeper with new sites

Sonce said that it isn't important to know a lot of facts ... only where you need to go to find them.

And that's what makes the World Wide Web so fun. Because there is very little in

facts, data or information that, with a few keyword searches, you can't locate online:

I am amazed every week by the things I find. Here are some other neat sites I surfed across this past week:

■ AnyWho

(www.anywho.com) - A few weeks ago, I wrote about a number of sites that are called People Finders, resources for locating phone numbers, addresses and maps. It's so good I put a permanent, full-time link to it on my PCMike site (www. pcmike.

You can do a reverse phone number search here, great for finding out who's paging you.

■ Cyberpaperboy (http://www.cyberpaperboy. com) - This site just gets better and better. A labor of love from Net aficionado David Akerley, this site lets you search by individual states for local and regional news.

U.S. Library of Congress

(http://lcweb.loc.gov/rr/news/ot hint.html) - Even the US Library of Congress is into online news. On this site, they've put links to hundreds of the world's online newspapers and journals.

■ Babynames.com

(http://www.babynames.com)-Whether you're an expecting parent, new parent or just interested in names and meanings, you will find what you need on this site. Instant search for the meaning behind the most popu-

■ Cancer Trials Web Site

(http://cancertrials.nci.nih.gov/ )- The big health story last week dealt with an experimental drug that has been shown to cure cancer in mice. This site from the National Cancer Institute offers information on the role of cancer trials in advancing cancer research.

■ MEAP Scores

(http://www.mde.state.mi.us/re ports/meap/) - There's been a lot of controversy about the MEAP scores of Michigan students. This is the official state site that lists them all.

Tiny Keychain Guns (http://www.cnn.com/TRAVEL/N EWS/9805/06/keychain.guns/ind ex.html) - There was a tremendous amount of news coverage last week about those small, inexpensive, two-shot pistols that have gone undetected through metal detectors at airports in Europe. I've received email from a couple of teachers asking for a picture.

■ Computer Virus Myths

(http://kumite.com/myths/) -Webmaster Rob Rosenberger is an expert on computer viruses and he says that almost every warning you receive by e-mail is a hoax.

Online printing

(http://www.originalab.se) -This site is in Sweden but it allows you to create business cards, calendars from year 1800 to 9999, and greeting cards. You get a back ready for your printer, or you can take the file to your local print shop for printing. And best yet, it's all free.

Free PC Mike Mailing List (http://www.pcmike.com) - My column only appears in the Sunday editions of the Observer & Eccentric Newspapers and my WXYT-Talkradio and WDIV-TV reports from Friday through Sunday. This free e-mail newsletter will keep you up to date on late-breaking news and resources affecting PC users and the Internet. You can subscribe free from the pcmike.com page.

Mike Wendland covers the Internet for NBC-TV Newschannel stations and can be seen locally on WDIV-TV4. You can reach him through his Web site at http://www.pcmike.com

#### **BUSINESS CALENDAR**

#### MON, MAY 11

RETAINING EMPLOYEES Don Vicek (former VP of Domino's Pizza), and Paul J. Theisen (employment specialist) are hosting a seminar on obtaining and retaining quality employees. 7:50 a.m. to noon at Laurel Manor located on Schoolcraft Road in Livonia. Cost, \$297 for

workshop. Call 1-800-459-0438

### TUE, MAY 12

**ACCOUNTING CONFERENCE** An Accounting for Tax Practi tioner Conference will be held at the Laurel Manor in Livonia. The registration fee is \$135 for

MACPA members; \$175, non-

members. Suggested CPE credit; eight hours

accounting/auditing credits MFG. RESOURCE PLANNING

The Michigan Manufacturing Technology Center will host a workshop on Manufacturing Resource Planning (MRP II) at Schoolcraft College from 8 a.m. to noon (\$175 cost). Call Barbara Bartolatz , 1-800-292-4484 Ext. 4165, for more information

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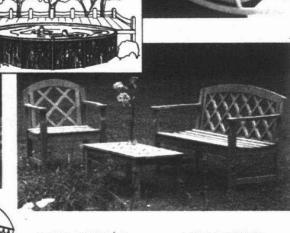
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Page 1, Section C Sunday, May 10, 1998



Classical Bells: Kay French (first row, left), Carl Reyes; Darlene Ebersole (second row), Donna Calhoun, Corrine Kert; Darcie West (third row), Millie Everson, Sue Trisch; and Doris Edwards (fourth row), Judi Rachwitz, and Julie Sigler ring their handbells in a Sunday, May 17 concert at St. Matthew's United Methodist Church in Livo-

## Teamwork gives Classical Bells a very nice ring

arlene Ebersole compares her Classical Bells ensemble to the Rockettes or a football team. The 13-member group must work together to make "Maple Leaf Rag" sound the way Scott Joplin intended. The ragtime tune is one of several with which Classical Bells will ring in their 15th anniversary Sunday, May 17, with 135 handbells and 63 hand chimes at St. Matthew's United Methodist Church in Livonia.

"Chattanooga Choo Choo" never sounded like this. Classical Bells' toetapping music, a mixture of jazz, ragtime, popular tunes and sacred favorites including Handel's "Passacaglia," "Takeda Rhapsody" with oriental gong, "Ain't Misbehavin'," and "Song of Triumph" with harp and

chimes, is sure to please every **Classical Bells** 

one on hand.
"The most Concert What: The handbell contagious part ringers' 15th is the teamwork anniversary coninvolved and cert features music that's what ranging from jazz to makes it fun. ragtime, popular said director tunes and sacred Darlene Eberfavorites. When: 4 p.m. Sunsole of Canton." It's like no other day, May 17. instrument. It's Where: St. Matthew's United like taking a Methodist Church, piano apart and 30900 Six Mile. giving everyone (between Merriman two to three

and Middlebelt). Livonia. \$10 for adults, \$8 adult advance sales, \$5 children ages 12 and under. For more information, call (734) 464-7813.

#### keys to play. Techniques

During a rehearsal on May 4, the handbell ringers used a variety of techniques from hitting the bells

with mallets to plucking the bells and damping the ring. Depending on the song, Ebersole switches ringers around from section to section for variety.

"It's very demanding to play whether in the bass or treble section, which at times requires four to six bells in hand," said Ebersole, who is also bell director at St. Matthew's United Methodist Church.

Added Julie Sigler of Troy, "ringers in the bass section we found out they burn out in a couple of years because it's just so much work."

Classical Bells, like most handbell choirs, wear gloves while playing with sound justification. Ebersole compares the bronze hand bells to the Liberty Bell and tower bells that form a green patina from exposure to the elements

"There's a number of reasons for the gloves," said Ebersole. "It's traditional for bell ringers number one, but we've also got our hands on the bells for certain techniques and there's no protective covering. It also prevents our hands from getting callouses during a 3-hour rehearsal or performances during the week and many ringers play in two or three choirs.'

Bells of every size lay on the black velvet-covered tables in front of the ringers who play from piano scores. These bells are cleaned and clappers removed once a year. Twice a year, they're polished on the outside.

Please see TEAMWORK, C5

#### MAKING















# MARKETING A CAUSE

## Advocates make case for lifelong learning through the arts

art organizations throughout the area, the ubiquitous "m' word" keeps coming up - marketing.

Clearly, it's a sign that those who promote the arts aren't practicing elitism but a new-styled salesmanship aimed at mass appeal.

Throughout a recent two-hour public discussion entitled, "Building the Arts from the Grassroots," a panel of eight arts advocates swatted at the "m' word" as it fluttered

like a cagey bee around their heads. Apparently, they're getting used to talking like brazen entrepreneurs. Actually succeeding at marketing, however, is a game of hit

and miss. Welcome to Arts Advocacy 101. also known as, "How to sustain the

arts at the edge of the 21st century. According to panelists, the formula for success sounds like a 1990s mantra - a blend of populist appeal, capitalist zeal for self-sufficiency

and a finely tuned marketing plan.

"Building the Arts from the Grassroots" was part of the ongoing public discussion about culture and community sponsored by the Observer & Eccentric Newspapers.

#### Central to life

Other than to keep open their doors, the overriding objective for arts organizations is to convince their respective communities that the arts aren't tangential to life but central to lifelong learning.

The arts, the panelist agreed, proride an "inclusive" way to promote diversity and community pride.

That's hardly a surprising position. But the panelists' idealism is tempered with a pragmatic atti-

"I'm an idealist. My goal is to keep the arts alive," said Janet Torno, executive director of the

Please see CAUSE, C2

WHAT: "Building the Arts from the Grassroots" was held Saturday, May 2, at the William Costick Activities Center in Farmington Hills in conjunction with the Third Annual Farmington Festival of the Arts.

The forum was part of an ongoing discussion initiated by the Observer & Eccentric Newspapers about the state of the arts in our communities. It is in response to the "American Canvas Report" released by the National Endowment for the Arts in the fail of 1997. This is the third of a series of articles, which addresses this subject. Previous articles were published on Oct. 26, 1997 and Feb. 1, 1998

WHO: Participants in this forum, which addressed the mission of local arts organizations, included representatives from

Ann Arbor Art Center - Marsha Chamberlain

Birmingham Bloomfield Art Center - Janet Torno

Canton Art Association - Gene Hammonds Farmington Arts Commission - Fern Barber

Livonia Arts Commission - Bob Sheridan

Paint Creek Center for the Arts, Rochester - Betty Ruedisuell Plymouth Arts Council - Jennifer Tobi

Southfield Parks & Recreation Dept./Centre for the Arts - Bill Waterhouse

NOTE: These arts organizations offer a range of fine art classes, exhibits, annual art

The commissions serve as umbrella agencies for local arts groups

Available on Cable / Video "Building the Arts from the Grassroots" will air during May on Channel 8 in Farming.

ton/ Farmington Hills.

For a copy of the videotape, call Sally LePla-Perry, Farmington Area cultural arts coordinator, (248) 473-9583

# Glitter of glass mesmerizes artist

What: An exhibit of glass vessels and flowers by Theresa Pierzchala, an instructor at Center for Creative Studies College of Art and Design

When: Through Wednesday, May 27. Hours are 9 a.m. to 9 p.m. Monday to Thursday, until 5 p.m. Friday and Saturday, and 1-5 p.m. Sunday

Where: Livonia Civic Center Library (second floor showcases), 32777 Five Mile Road, east of Farmington Road.

Theresa Pierzchala was working at a pizzeria for more than 10 years when she decided at the age of 30 to return to school. Intrigued by glass art from childhood, Pierzchala entered Center for Creative Studies College of Art and Design with no idea that creating art with hot glass would become a passion.

The 39-year-old Detroit artist is now an instructor in the crafts department at Center for Creative Studies College of Art and Design where she received a bachelor of fine arts degree. It's evident when Pierzchala talks about glass,

she's still mesmerized by the medium "Being Polish, I've always been fasci-

nated with the cut glass at the Polish Cultural Center," said Pierzchala, who grew up on Detroit's eastside. "I always wanted as a kid to live in stained glass windows. Even now, I wouldn't mind taking an excursion inside.

Pierzchala likes to refer to her blown glass vessels as landscapes. Not merely surface decoration, Pierzchala layers various colors of glass to instill depth

Please see GLASS, C2



layers dimension into vessels resembling abstract land-

#### ARTS FESTIVAL



Woodcut print: "No One is to Blame" by artist Michael McCullough.

### Greektown art fair delivers food, culture Michael McCullough is working Churchill High School in Livonia. night and day to make sure he has

enough woodcut prints for the Greektown Arts Festival Friday-Sunday, May

The Farmington Hills artist is doubling his stock of black and white and color woodcuts of nature, lighthouse, animal, and ethnic scenes. They were a popular item at last year's show.

Greektown is an excellent show along with Art in the Park in Plymouth and the Birmingham Art Fair in fall, said McCullough, a graduate of

McCullough likes the "energy of German Expressionists" Edvard Munch. actually a Norwegian, and Franz Marc who frequently used woodcuts, lithographs and intaglio prints to address social issues and political injustices in early 20th century Germany McCullough own prints convey a similar power. A black and white stormy seascape is reminiscent of the terror in Munch's work.

Please see GREEKTOWN, C5

#### **Greektown Arts Festival**

What: Produced by the Greektown Merchants Association in cooperation with the Michigan Guild of Artists and Artisans, the eighth annual festival features work by 125 visual artists and entertainment by local and national touring acts.

When: 5-10 p.m. Friday, May 15, 11 a.m. to 10 p.m. Saturday, May 16 and noon to 6 p.m. Suriday, The Imagination Station offers free art activities for kids and their parents from noon to 5 p.m. each day of the festival

Where: Monroe, St. Antoine and Beaubien streets n Detroit's Greektown.

Cost: No charge. For more information, call (313) 963-5445 or (734) 662-3382.

# Cause from page C1

Birmingham Bloomfield Art For Torno, that's meant changing the name of what was known

as the Birmingham Bloomfield Art Association, thereby broadening its identity from a neighborhood organization to a regional art center.

"We looked at the demographics (of the membership), and realized that we're a gathering place for people in the region, she said.

A "gathering place" is not to be mistaken as a substitute for public arts education, said Betty Ruedisueli, executive director of the Paint Creek Center for the Arts in Rochester.

"Schools cannot drop their arts programs," she said. "We're perhaps the next step for students. We can keep their interest

Initial exposure and instruction to the arts, according to Ruedisueli, should remain in primary and high schools.

organizations is largely based on al affairs office. an evolving grassroots interest cultural upheaval of the 1960s, raise money (to sustain them-

utive director of the Ann Arbor "It'd be a mistake to position

ourselves as an alternative (to public arts education)," she said. "We provide programs to aug-

But as some public schools reduce funding for art programs, art organizations are indeed

Instructors at the BBAC, for instance, are teaching art classes to students from the Pontiac School District, which eliminated art from their curriculum.

#### Centers for art

Arguably, the only issue more controversial than contemporary art seems to be public funding for the arts, said Bill Waterhouse, director of Southfield parks and recreation department, which oversees the Southfield Centre for the Arts.

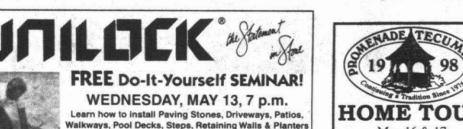
The Southfield Center for the Arts offers facilities, and promotes the activities of arts ter, Farmington artists are The recent success of arts groups through the city's cultur-

"We try to provide the basis for in the arts that began with the any organization to go out and cess of the Farmington Festival public grant process has grown entree to different levels of

#### Correction Notice

In our May 10th ad, we incorrectly stated that the Aiwa CT-X428M car deck was a CD deck with CD changer control This is a cassette deck.

We apologize for any confusion or inconvenience this may have caused.



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d your \$30.00 check made out to Woodward Pream Cruise, inc. and mall ong with the completed form below to: 1898 WDC MEMBERSHIP, P.O. Box I, Huntington Woods, MI 48070. Post office will not deliver to a P.O. Box line to apply is July 1, 1998, Allow 4-6 weeks for delivery



said Marsha Chamberlain, exec-selves)," said Waterhouse. "But enough money and in-kind ser-appear they have to take ownership."

While Livonia and the Farmington area have the equivalent of a cultural affairs office, only Southfield has an actual physical structure - an "arts center." "It's a tough sell," said Bob

Sheridan, chair of the Livonia Arts Commission. "A great deal of the budget goes to basic city services. Libraries and the arts just can't seem to get enough." In Canton, two community buildings are used to host exhibits. Meanwhile, two years

into a study to determine how to build a community theater, supporters are still searching for funding sources, said Gene Hammonds, president of the Canton Art Association. An alliance with Plymouth

arts groups, Project Arts, has helped to consolidate resources. "There's definitely strength in numbers," said Hammonds.

Despite the odds of public funds going to build an art cenencouraged that their day will

Some consider the recent sucof the Arts as the strongest argument for a local art center "In our area, 63 languages are

spoken," said Fern Barber, president of the Farmington Arts Commission. "The art (in the festival) is an example of our multicultural diversity." The Farmington festival brought together 23 arts groups,

representing about 1,500 artists from many disciplines. Largely through the Farmington Community Art Association which organized the festival,



May 16 & 17 10 am to 6 pm ~ 7 Houses ~

Show House in the tree LOCUST LANE FARM Lost Arts

Cemetery tou \$8 Seniors/Stude over 60 or under 18 ain rides & displays

For more information, call: fecumseh Area Chamber (517) 423-3740 seh is 25 mi SW of Ann Arbor on M-50

CEMBE PF THINK SPRING CRANBROOK GARDENS

26th ANNUAL SPRING PLANT SALE Wednesday, May 13 10 a.m. - 7 p.m. Thursday, May 14

10 a.m. - 3 p.m. **MICHIGAN** WOODLAND WILDFLOWERS AND FERNS

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CRANBROOK GARDENS 380 Lone Pine Road Bloomfield Hills, MI (248) 645-3147



vices were raised to support the

event, said Barber. To succeed amid a elimate of art organizations are learning to to the panel. sound and act like aspiring entrepreneurs.

"The arts at a community leve have to be run like a business.' said Southfield's Waterhouse. "Yet it's difficult for a volunteer-driven organization to be run like a business."

largely volunteer staff might be like trying to nail down Jell-O. Through public and member surveys, however, many of the the power of art to educate and larger art centers have adapted an age-old principle of generat-

ing supply to meet demand. 'Growth in the arts has to do at understanding their communities and programming based Ruedisueli. on what people want," said Chamberlain of the Ann Arbor Art Center.

Appeals to corporate sponsorships have also increased as the cumbersome and increasingly competitive, she said.

"Before corporations would give us money upfront," said Chamberlain. "Now it's market- the National Endowment for the driven. They want to know how Arts concluded that the arts many times their name will establishment had to "undergo a ing plan

"But it all helps to build audi-

cultural institutions need to ences. While attracting members and "open up" to serve a larger pubreduced public funding while funds is a top priority, arts orga- litrying to attract volunteers, cor- nizations also hope to deflate the porate sponsors and members, mystique of the arts, according the arts," according to the panel, is to increase public awareness

"We're attempting to bring art to a level where the average person can appreciate it," said Sheridan of the Livonia Arts "One of the key roles is to

make people feel comfortable with the arts," said Torno of the Corralling the energies of a Bloomfield Birmingham Art Making art accessible, however, isn't the same as diminishing

"It's important that the arts occasionally make people feel uncomfortable. Art is sometimes with organizations being better about social issues that involve all of us," said Paint Creek's "The real value of what we do

> creative processes," said Ann Arbor Art Center's Chamberlain. "Exhibits of diverse art is the learning. In its report on the state of American culture, "American geographical and generational Canvas," published last October,

is to help people develop their

come to feel, share and communicate about their lives. "(The arts) can bridge cultural,

mouth Arts Council.

an adjacent room

wholesale overhaul."

The report recommended that

The first step in "opening up

of the essential role of the arts in

The timing not only seems

right, but the panelists each

No wonder. As the Internet

facilitates speed-of-light commu-

nication, the nature of communi-

ty is undergoing a fundamental

In the cultural state of flux,

the opportunity is at hand for art

organizations to advocate and

educate, said Jennifer Tobin.

executive director of the Ply-

Arts Council invites young moth-

ers to come together to plan

exhibits as their children play in

"It's moms learning about art,"

said Tobin. "Art organizations

are a place where people can

A program at the Plymouth

spoke with a sense of urgency.

building communities.

Who could argue? Now to implement the market-

# Glass from page C1

and dimension the Livonia Arts Commission about what I'm going to do next," showcases through May 27 at said Pierzchala. the Civic Center Library Pierzchala also has work at work that Pierzchala knows River's Edge Gallery II in Can- color. She teaches a class in the and Gallery Function Art, Ponti-

"They're very painterly, definitely landscapes abstracted Pierzchala. "Whether it's red or that use color." said Pierzchala. 'I use the natural formation of things. Deep colors are indicathe color to look deep. The color tive of a passion. It becomes a the depth." Glass consumes all of low."

It's apparent by looking at the

ton, the Detroit Artists Market subject at Center for Creative Studies in addition to glass blowing and casting. "I teach them how effective it is," said yellow, it means totally different is what attracts you to go into totally different work just whether it's gray, black or yel-

Pierzchala's waking hours. Three layers of transparent 1997. "I love her work," said When she's not blowing glass, or wine, white and salmon glass Alanskas, a Livonia Arts Comteaching six hour classes on the form an abstract which looks missioner. "It's so beautiful."

subject, Pierzchala reads about like a mountainous landscape The vessels, flowers and glass and art. "I spend so much running through the center of paperweights are on display in time researching and thinking one vessel. Green and blue shapes resemble trees and sky in another. "These are heavy," said Pierzchala. "The thick walls allows me to paint three dimensionally instead of two dimen-

Lee Alanskas first saw Pierzchala's work at the Livonia Arts Commission's arts and crafts festival last June at Greenmead Historical Village An award winning artist, Pierzchala took first place in the "Our Town" exhibit at The Community House in Birmingham in



# oteworthy

Gallery exhibits, art shows, classical concerts

MAKING CONTACT: Please submit items for publication to Frank Provenzano, The Eccentric Newspapers, 805 E. Maple, Birmingham, MI 48009 or fax (248) 644-1314

#### ART FAIRS & FESTIVALS

BIRMINGHAM FINE ART FESTIVAL 10 a.m. to 5 p.m. Sunday, May 10 Shain Park, and adjacent streets in downtown Birmingham; (248) 644

GARDEN CITY ARTS EXHIBIT/SALE Annual art show featuring original works, 10 a.m. 7 p.m. Monday, May 11 & 10 a.m. 2 p.m. Saturday, May 16. Sheridan Square, 30000 Ford Road, Garden City: (734) 277-2697

GREEKTOWN ARTS FESTIVAL 135 artists from across the country, 5-10 p.m., Friday, 11 a.m.-10 p.m. Saturday, noon-6 p.m. Sunday. May 15-17. Greektown, along Monroe. Beaubien and St. Antoing streets: (313)

HOUSE & GARDEN SHOW

Pewabis Pottery presents "For the House and Garden Show and Sale. May 15-17 at the Community House in irmingham, 380 S. Bates; (810) 775-

ART IN NORTHYILLE

\*Discover Art in Northville," a walking tour of downtown Northville galleries. restaurants and cafes. Noon-5 p.m. Sunday, May 17. Sponsored by the Northville Arts Commission and the Northville Central Business Association 248) 348-1213.

#### AUDITIONS. COMPETITIONS & SCHOLARSHIPS

Birmingham Bloomfield Art Center Calligraphy Study Grant for students teacher or practitioners of calligraphy Deadline: June 1. Submit proposals to net Torno, executive director, BBAC 1516 S. Cranbrook Road, Birmingham 48009; (248) 644-0866 CALLING ARTISTS TO "CELEBRATE

The Congregational Church of Birmingham, United Church of Christ is calling artists working in diverse media to enter its annual juried art show. Celebrate Life." Applications are due Friday, May 29. Fee: \$10. For entry forms, call (248) 646-4511

LYRIC CHAMBER ENSEMBLE Summer Music Camp Auditions to musicians age 9-17 years old on May

13-16 at four locations. Positions open for strings, brass, winds, percussion and prano. A \$10 nonrefundable audtion fee required. All students should be prepared to play one solo work (min. 2minor two-octave scale. Faculty members include members of the Detroit Symphony Orchestra. For list of dates ocation and tuition, call (248) 357

MICHIGAN THEATRE & DANCE TROUPE Open auditions through August. Dancers 16 years old and older Auditions by appointment on Saturdays beginning at 2 p.m.; (248) 552-5001. TROY COMMUNITY CHORUS

Seeks a chorus director for its new sea son beginning in September. Candidates must be available for Tuesday evening rehearsals from 7:30-9:30 p.m., two for nal concerts in May and December. and various other local community engagements. Candidates should send their resume and salary requirements to 48099. (248) 879-0138.

WORKSHOP ON SHAKESPEARE 7-9 p.m. Tuesdays and Thursdays, May duction at Canada's 1998 Stratford Festival. Leading the workshop will be Niels Herold and Bruce Mann of Oakland University. Fee: \$250

#### BENEFIT

PRINCESS DI DRESSES Dresses from the Collection of Diana. Princess of Wales' will be held Friday, Brook Art Gallery, Wilson Hall, Oakland University campus, Rochester, Tickets \$10. general; \$5. students, children under free. Proceeds go to Meadow Brook Theatre's educational outreach programs. (248) 377-3300

#### WORKSHOPS

ANN ARBOR ART CENTER

Spring classes, including watercolor, collage, weaving, bead stringing, photography and stained glass. Summer classes begin June 15, 117 W. Libe downtown Ann Arbor: 313: 994-8004 ext 113 THE ART STUDIO

Adult art classes in oils, pastels and

drawing. Children's after school classes in drawing, painting and crafts 4417 S 248) 360-5772

BIRMINGHAM BLOOMFIELD ART CEN-Soring classes include non objective painting, floral still life. Art Deco

Painting: 1920s-1930s For children. drawing for teens, stone sculpture. bookbinding. Art Camps for children grades 1.9, from June 22 July 3 and August 10-21. Sessions 9 a m - 3 p m. Mon Friday Formerly known as the Birmingham Bloomfield Art Association 1516 S. Cranbrook Road. Birmingham.

CREATIVE ARTS CENTER OF PONTIAC Spring classes, including drawing. sculpture and painting Children's classes included drawing and cartooning painting, mask making, arts and crafts 'An Evening at the Ford House with es include beaded jewelry, ceramics. Flutist Theodosii Spassov," 8 p.m. photography. Chinese brush painting Saturday, May 16. Benefit performance and blues guitar, 47 Williams Street on behalf of the American Cancer Pontiac: (248) 333-7849

D & M STUDIO'S SUMMER ART CAMP his year's them. "North to Alaska." ngs, paintings, paper mache, ceramic and more. Camo runs tune-August 14 All classes at Once Upon an Easel

8691 N. Lilley Road, Canton: (734) JEWISH COMMUNITY CENTER

Registration for Spring Session, includ wood carving, wood burning, six steps to basic Judaism, and basic Hebrew reading 6600 W. Maple Road, West

LONGACRE HOUSE - ART CLASSES The Longacre House of Farmington Hills, 24705 Farmington Road, between 10 Mile and 11 Mile roads. To register. 248: 477 8404

#### MARYGROVE COLLEGE "Kindermusik Beginnings." a program

for children ages 18 months 3 years. Spring term through June 27, 8425 W McNichols Road, Detroit: 313: 927 MSU MUSIC SCHOOL FOR YOUNG

to age 5. Children and parents, move music, learn songs and chants, play Friday mornings through May 22. Cost. \$100 Antinch Lutheran Church Farmington Hills: 800\ 548 6157. 517 | 355 7661

PAINT CREEK CENTER FOR THE ARTS Spring classes for adults and children. bead making, clay, collage, drawing. matting painting photography scurpure, tapestry and watercolor, 407 Pine

#### 651 4110 U-M DEARBORN

shops over 14 weeks begin on May 16. nstructors include Susan Rell. Electra Serra Witty Green, Mary Stephenson For more information 1734, 593-5068 4901 Evergreen Road 1165 AB.

Street, downtown Rochester, 248.

#### MUSIC STUDY CLUB OF METRO DETROIT

Cantor Stephen Dubov and accompanist Zina Shaykket, 1 p.m. Tuesday, May 12 Temple Beth El (740X) Telegraph Road and 14 Mile Road, Bloomfield Hills; (248) 851 4307

#### HAMMEL MUSIC CONCERTS

Planist Sue Downs in a program of pop favorities and light jazz 7 p.m. Tuesday. May 12 at Hammel Music in Livonia, 7 p.m. Wednesday, May 13 at Hammel

#### Telegraph Road: (248) 594-1414 MUSICA VIVA INTERNATIONAL

KELSEY MUSEUM OF ARCHAEOLOGY

Passion for Egypt: David Roberts, 1796-

1864." Roberts' drawings and paintings

eastern country. University of Michigan.

during his travels through the middle

brough Sept. 30 - "A Community

Between Two Worlds: Arab Americans

n Greater Detroit," produced by the

Michigan State University Museum and

Woodward Avenue, Detroit; (313) 833-

OPERA

Donizetti 8 p.m. Wednesday, May 13;

Sundays, May 10 & 17, Detroit Opera

of Woodward Avenue) Detroit Tickets:

\$18-\$95, call (313) 874-7464 or (248)

Ann Arbor; (313) 763-3559

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Choir, 3 p.m. Sunday, May 17, St. Hugo.

of the Hills Church, 2215 Opdyke Road.

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MUSEUM DOCENTS

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Economic & Social Services, 5401

Through June 30 - "A Victorian's

Taking flight: The choreography of Jessica Sinclair and 50 student-dancers

including Kelly Snyder (above) are featured in "An Evening of Dance." The

performance will be held 8 p.m. Thursday-Friday, May 14-15 at Cranbrook

School's Lerchen Hall, 550 Lone Pine Road. Admission free; (2 48) 645-

Society of Childhood Cancers, Tickets, \$15. Ford House, 1100 Lakeshore Road, Grosse Pointe Shores: (313) 884 4222 **GRAMMY-WINNING TENOR** Jerry Hadley in a befit performance 8

o.m. Saturday, May 16, Michigan

#### Theater, 603 E. Liberty, Ann Arbor. Tickets: \$25-\$100: (734) 763-TKTS.

B'HAM TEMPLE The Merling Trio 8 p.m. Saturday, May 16. Tickets: \$15. general; \$14. seniors/students, 28611 W, 12 Mile Road between. Inkster and Middlebell

#### Farmington Hills; (248) 788-9338. CHAMBER MUSIC SOCIETY OF 8 p.m. Tuesday, May 19, planist Yefim

Bronfman, Tickets: \$5-\$39, Orchestra. Hall, 3711 Woodward Avenue, Detroit 313 576-5111. DANCE

#### ORIGINAL CHOREOGRAPHY

"An Evening of Dance," featuring choreography by Upper School dance instructor Jessica Sinclair, More than 50 dancers perform 8 p.m. Thursday Friday. May 14-15. Cranbrook School's Lerchen Hall, 550 Lone Pine Road, Admission free: (2.48) 645-3064

LECTURE

#### AUTHOR/ACTIVIST PAT MORA Poet, memorist and children's auth

Pat mora 7:30 n.m. Wednesday May 20 as part of the Emily Fisher Lecture Kingswood Auditorium, Cranbrook Educational Community 1221 Woodward Bioomfield Hills 248: 645

#### Opera, Operetta & All that Jazz 1 a lei ture by Karen DiChiera of the Michigan Opera Theatre, noon Thursday, May 21.

Information Technology Auditorium

1200 N. Telegraph, Pontiac (248) 858

MEETING

SING IN THE SPRING

**FARMINGTON ARTISTS CLUB** p.m. Wednesday, May 13, featuring guest speaker Mary Stephenson teacher and watercolonist. Admission 12 Mile Road, Farmington, 1248, 478 9243

#### MUSEUMS (ON-GOING) MUSEUM OF AFRICAN AMERICAN HISTORY

Through June 21 - "Affirmations." the sculpture of Richard Hunt, through June 30 - The Life & Times of Paul Robeson," Coleman A. Young Exhibitions Room, 315 E. Warren Detroit, 313: 259-4109

May 11 - In celebration of their 20th Anniversary, the Michigan Association of Calligrapher's is sponsoring an exhib-"Calligraphic Continuum," through June 29. Exhibit includes juried exhibit of work by instructors from around the country. Opening reception 6 p.m. Thursday, May 14. The Galleria. Oakland County Executive Offices. 1200 N. Telegraph, Pontiac. HABATAT GALLERY

MICH ASSOC. OF CALLIGRAPHERS

May 15 - The geometric, glass sculpture of Jon Kuhn. Opening reception 7:30 p.m. 7 N. Saginaw, Pontiac: 1248 333-2060.

#### SHAWGUIDO GALLERY May 15 - 7 p.m., "One of the Ways." works by Lee Stoliar, 7 N. Saginaw, Pontiac: (248) 333-1070

May 15 - 5 p.m., annual Student xhibition. Center for Creative Studies 201 E. Kirby, Detroit; (313) 664-7464 UZELAC GALLERY May 15 - 7 p.m., "Nancy Raitt," Uzela

#### Gallery, 7 N. Saginaw, Pontiac; (248) DAVID KLEIN GALLERY

STUDENT EXHIBIT/CCS

May 16 - "Recent paintings by Michigan artist Charles Pompilius Through June 6, 163 Townsend Birmingham; (248) 433-3700. GALLERIE BLUE

#### May 16 - 2 p.m.. The sculptures of Bruce Garner, 568 N. Old Woodward, Birmingham; (248) 594-0472. U-M DEARBORN/BERKOWITZ GALLERY

May 16 - "Botanicals II: Florals & Landscapes by Michigan Artists. May 16. Alfred Berkowitz Gallery, thir floor, Mardigian Library, 4901 Evergreen, Dearborn, (734) 593-5058

#### GALLERY EXHIBITS

GALLERY BLU Through May 15 - "Works by Lenore Gimpert." 568 N. Old Woodward Avenue, Birmingham; (248) 594-0472 POSNER GALLERY

Nathaniel Mather and Barbara Coburn. Wood sculptures by Leslie Scruggs. 523 N. Old Woodward Avenue Birmingham; (248) 647-2552 SOUTH OAKLAND ART ASSOCIATION

Through May 15 - "Visual Images.

Through May 15 - New paintings by

#### American Center Building, 2 Franklin Road, Southfield, 248-855

THE WETSMAN COLLECTION Through May 15 - Repet tions Revisited Lewelly from the Netherlands, Germany, Denmark England, Italy, Slovakia and Norway 132 N. Old Woodward, Birmingham

# ARTSPACE II

Through May 16 - New Master Prints by Claes Oldenburg," published by Gemini. G.E.L. of Los Angeles in 1991 303 E. Maple, Birmingham, (248) 258-

### CARY GALLERY

Through May 16 - "surie Seregin Mahoney, New Paintings 226 Walnut Blvd., Rochester: (248) 651-3656 ELAINE L. JACOB GALLERY

of ceramics by recent faculty, including

#### Sandra Beicher, Caroline Court, John A Murphy, Rick Pruck er, Annette Siften Joe Zajac, 480 W. Hancock, Detroit 313 993 7813

CUNNIFF STUDIO GALLERY Through May 17 - Sculpture of Dick Hallagan 11 S Broadway Lake Orio 248 693 3632

#### artists nurtured by the Birmingham Bioomfield Art Center formers, the Birmingham Bloomfield Art Association who have achieved successful careers. nithe world of art if eaturing works by Barbara Dorchen Todit Errokson Thomas Humes Caro Luc Stepher Magsig Gail Mally Mack, Claudia Shepard, Mary Brecht Stephenson, Christine Welsh 2516.5

Through May 22 - Born in the 8844.

CREATIVE RESOURCE Through May 23 "River of Light An Exhibit of Contemporary impressionism for sland pastels by Maple downtown Birmingham (248) F.4 7 RF.RR

Road, Birmingham, 248, 644,7904

#### ROBERT KIDD GALLERY Through May 23 - Bob Nugent New Paintings 1 and 10hristina Bothweil

Birmingham - 248, 642 3909 SUSANNE HILBERRY GALLERY Through May 23 - New Works b Rowland 1555 S. Woodward Birmingham 248 642 8250

#### OBJECTS OF ART

Through May 23 - Students from Orchard Lake Middle School in West Bloomfield display and sell artwork including jewelry, clay, paintings, sc tures drawings 6243 Orchard Lake Road Est Bioomfield 248 539 333

#### HIGH SCHOOL ART COMPETITION Through May 25 - Annual high school

competition of 26 schools. Birmingham Bloomfield Art Center, 1516 S. Cranbrook Road Birmingham | 248

LIVONIA CIVIC CENTER LIBRARY hrough May 27 - The glass sculpture of Theresa Pierzchala, the watercolors of Donna Vogelheim, and a mixed-media exhibit by members of the Visual Arts Association of Livonia, 32777 Five Mile

Road: 734) 421-2000, ext. 351.

#### A.C., T. GALLERY Through May 29 - "The New Member Show.\* 35 E. Grand River, Detroit:

(313) 961-4336.

PLYMOUTH COMMUNITY ARTS COUNCIL Through May 29 - "Hanging by a hread," fiber works by Cynthia Wayne Gaffield, Chris Roberts-Antieau and

#### Kathy Zasuwa. 774 N. Sheldon Road: Plymouth: (734) 416-4278. ARIANA GALLERY

Through May 30 - "12th Annual Teapot Show," featuring a silent auction of a Warren Mackenzie teapot. Features over 60 artists, 119 S. Main, Royal

#### ELIZABETH STONE GALLERY Through May 30 - 6 p.m., "No Rhyme r Reason: Whimsical Nursery Rhymes Fables and Tales," the art of Joel E.

Oak: (248) 546-8810.

LAWRENCE STREET GALLERY Photography '98." 6 N. Saginaw, Pontrac: (248) 334-6716. 9TH ANNUAL BASKETRY INVITATIONAL Through May 30 - Internationally recognized basketry exhibit features work

of 30 artists from the U.S. and Japan

Tourlentes," and the conceptual art of

The Sybaris Gallery, 202 E. Third

Street, Royal Oak; (248) 544-3388

lim Melchert, 23257 Woodward

Avenue, Ferndale, (248) 541-34444.

Tanis, 536 N. Old Woodward,

Birmingham; (248) 647-7040

#### REVOLUTION Through May 30 - "Cultural Containment: Works by Stephen

BOOK BEAT Through May 31 - The Garden: Recent photographs, collages and paintings by Jeffrey Silverthorne." 26010 Greenfield Road, Oak Park; (248) 968-1190

DIA

**DECORATIVE ADDITIONS** Through May 31 - "Photography of Maureen Electa Monte " Adams Square Building, 725 S. Adams Road Birmingham; (248) 594-0826

Through May 31 - \*Detroit Public Schools Student Exhibit," featuring works of 500 students, 5200 Woodward, Detroit; (313) 833-7900 TROY LIBRARY

#### Through May 31 - Artwork of Kris Azeris Lamb, 510 Big Beaver Troy 248 524 3538

PAINT CREEK CENTER FOR THE ARTS Through June 5 - "CHAINART" an exhibit in the main gallery, an instalia tion by Mark Bates in the first floor

#### gallery 407 Pine Street, Rochester 248 651-4110. HILL GALLERY

Through June 6 - "Wes Mills." Drawings," "Ken Price: Sculpture," 40. W. Brown Street Birmingham: (248)

Through June 6 - "Images of Africa."

#### Hamilton Row Birmingham 248 64"

MOORE'S GALLERY

PEWABIC POTTERY Through June 6 - Works of Sally B 10125 E. Jefferson, Detroit, 313, 822

#### Through June 20 - "New Sculpture" by Susan Aaron Taylor, Opening reception pm Friday May 15 " N Sag haw.

THE ANDERSON GALLERY

ARNOLD KLEIN GALLERY hrough June 30 - "Heavens" featuring Michigan artists Sargent Eckstein, Bob Jacobson, Karen Kieln, Karin Klue. Donella Voge: 32782 Woodward Avenue, Royal Oak . 248 . 647 7709



nev." an exhibit of new sculpture by Susan Aaron-Taylor, opens Friday, May 5 at The Anderson Gallery.

Ethereal: "The Fool's Jour-

Greektown fair apart from other

summer art shows. Shopping in

the art booths or in the shops in

Trapper's Alley is worth the trip

Ann Arbor Summer Art Fair.

#### BOOKS

# Food writer's memoirs recall a tumultuous life and times

Tender at the Bone: Growing Up days at the University of Michi- Ann Arbor artist who showed up By Ruth Reichl



Random House, \$23)

oir authored by New York Times writer startling revelachild growing up dishwasher." in New York

kitchen in order to save herself er, is ultimately a look at people, and others. Her high-strung mother, she relates, was "tasteblind and unafraid of rot." And, though this may seem slightly comical some 30 or 40 years the time, it was something to be dealt with seriously.

to keep Mom from killing any-

Slowly, at the elbow of occasional household maids (two of whom are depicted here in almost tactile color), the budding gourmet learned the secrets to memorable cooking in general, plus the alchemy behind such specific dishes as wiener schnitzel and apple dumplings. (Yes, she shares recipes here. although "Tender at the Bone" is collection of restaurant reviews.) blossomed a bit later, however.

no more a cookbook that it is a Her culinary talents really when she began to entertain hungry high school friends at n't cook but did make the world's unchaperoned house parties. (To best potato salad: Serafina. say that her mother and father Reichl's beautiful and mysteriwere rather unconventional in ous Ann Arbor roommate; the their approach to parenting is an author's "sweet and accommounderstatement.) Her gifts were dating" - though rather insular honed further during her college - father; and Doug, the hungry

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Poetry Discussion Group discuss-

es Louise Gluck's Pulitzer Prize-

winning book "The Wild Iris." 1

Daughter Book Group discusses

Patricia MacLachlen's "Baby," 7

p.m. Monday, May 11; open mic

poetry night, 7 p.m. Wednesday

11 a.m. Saturday, May 16; Joyce

White talks about and signs "Soul

Food: Recipes and Reflections

1 p.m. Saturday, May 16; Eric

Lugosch performs, 4 p.m. Satur-

day, May 16 at the store, 31150

Southfield Road, (248)644-1515.

BARNES & NOBLE (NORTHVILLE)

from African-American Churches,"

May 13; folk singer Bob Miller,

p.m. Sunday, May 10; Mother-

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FIELD)

able experience at a San Francisco collective during the '70s where "everybody did everything, from cooking the food to mopping the floor."

like," Reichl says of the time she Reichl begins spent at the collective restaurant "from lifting fifty-pound sacks of flour off the delivery truck to tion: When she burning my hands on hot plates was a small as I snatched them from the

While food, glorious food, may she be the centerpiece for "Tender at learned her way around the the Bone." Reichl's book, howevplaces and an era. Lucky for us, it is rendered in an engaging journalistic style, spiced with wit and humor, and leavened with a healthy dollop of insight. (Occalater, Reichl assures us that, at sionally, it is enlivened, according to Reichl, with a soupcon of fantasy, too.) If it's a bit of a "My mission," she recalls, "was mishmash in regard to form and structure, its hodgepodge quality seems to detract relatively little

Reichl's various and lively cast is headed up by her highly unpredictable, unstable mother who was often given to grandiose plans for parties, entertaining and life in general that she would eventually abandon to her husband and young daughter. ("When lithium entered our lives vears later we were deeply

grateful," writes the author, in reference to her mother's eventual diagnosis and treatment.) Other important players here include Aunt Birdie, who could-

gan and on trips abroad. She on her Packard Road doorstep also racked up some highly valu- one summer evening in the late '60s, stayed to enjoy a sauerbraten-and-potato-pancake dinner and, eventually, became her husband.

there was no job I didn't acter/essence seems revealed mostly through the voice of the storyteller - which is informed and informal, sophisticated and unpretentious, sincere and imaginative all at once

Reichl's ability to spirit any reader away to scattered points on the globe also adds significantly to the luscious texture of this memoir. It's a delight to visit on these pages the modest Greenwich Village apartment where she started our life in the '50s, the above-mentioned Packard Road roost she called home on the "wrong side" of Ann Arbor, a Tunisian medina fragrant with "saffron, cayenne. mint and cumin." the Berkeley commune circa 1970, a shadowy French wine cellar "where ancient electric heaters rested on the dirt floor, keeping the red

wines comfortable. Finally, "Tender at the Bone" is a kind of delicious history that reveals to us not just something about these people and places but about the times in which they existed, also. For those readers who regard the Eisenhower era and tumultuous '60s and '70s as an especially significant period, this book should hold special significance. The author's remembrances of life in Ann Arbor and Berkeley during this latter time are not just upclose and personal - they're

often fascinating. At the outset. Reichl tells us "I learned that the most important thing in life is a good story. No doubt about it, "Tender at the Bone" is a good story.

#### Road at Six Mile. Northville. BARNES & NOBLE (BLOOMFIELD

Nancy Washburne signs "Snorkel-

ing Guide to Michigan Inland

Lakes," 7:30 p.m. Friday, May

15, at the store 17111 Haggerty

hgallagher@oe.homecomm.net Joyce White signs "Soul Food: Recipes and Reflections from African-American Churches" noon Rick Bloom, CPA and attorney Friday, May 15; St. Dunstan's discusses financial matters 2 Theatre Guild cast members of p.m. Monday, May 11; Paul Her "Into the Woods" read stories ron discusses and signs "Anais and Sandra Scott signs "Starting Nin: A Book of Mirrors, 7:30 p.m. Again," 10 a.m. to 6 p.m. Friday, Tuesday, May 12 at the library May 15, to benefit St. Dunstan's 26000 Evergreen Road, South-Theatre Guild at the store 6575 field, (248)948-0460. Telegraph Road, Bloomfield Hills BORDERS (BIRMINGHAM, SOUTH (248)540-4209

HILLS)

MURDER, MYSTERY & MAYHEM Fiction group discusses Ursula Hegi's "Intrusions," 7 p.m. Thursday, May 14, at the store, 35167 Grand River, Farmington

(248)471-7210. BORDERS (ROCHESTER HILLS) Robert Goldstein discusses the political and historical aspects of flag desecration, 6:30 p.m. Wednesday, May 13, at the store 1122 S. Rochester Road,

Rochester Hills (248)652-0558. BORDERS (DEARBORN) Zonya Foco signs and discusses "Lickety-Split Meals," 7 p.m. Sunday, May 10; J.D. Salinger discusses "Catcher in the Rye," 7

Arts Ensemble performs 7 p.m. Friday, May 15: Dandy the Chip Bear with Mike and Daniel Campbell, 11 a.m. Saturday, May 16 at the store, 5601 Mercury Drive,

12: Constance Cook discusses "Lobbying for High Education: How Colleges and Universities Wednesday, May 13: Josip and Other Disasters." 8 p.m. Thursday, May 14, at the store

**BORDERS (ANN ARBOR)** Mitch Albom signs "Tuesdays with Morrie," 7:30 p.m. Monday, May 11; Nancy Washburne signs "Snorkeling Guide to Michigan Inland Lakes," 7 p.m. Tuesday May 12; Sigrid Nunez signs "Mitz The Marmoset of Bloomsbury, 7:30 p.m. Wednesday, May 13; Rick Moody signs "Purple America," 7:30 p.m. Thursday, May 14: Dorinda Hafner signs "United Tastes of America," 3 p.m. Satur

Liberty, Ann Arbor (734)668p.m. Thursday, May 14; Vocal

Dearborn, (313)271-4441.

**SHAMAN DRUM** Judith Elkin discusses "The Jews of Latin America," 4 p.m. Monday May 11; Grace Lee Boggs reads from "Living for Change: An Autobiography," 8 p.m. Tuesday, May Influence Federal Policy," 4 p.m. Novakovich reads from "Salvation 313 South State Street, Ann

Arbor 734-662-7407.

day, May 30 at the store 612 E.

# Park West auctions art works

/PRNewswire/ - When the auc-24 and 25, Park West Gallery of and a special collection of rare over 400 paintings, watercolors, more than 400 custom-framed ings from the '50s and '60s. original works of fine art at a public auction.

ations by old and modern mas- works of fine art at affordable ters, Altman, Peter Max, Tarkay prices directly to the public," and more than 30 contemporary said Albert Scaglione, president living artists, begins at 3 p.m. on and Founder of Park West nday, May 24, and at 8 p.m. Gallery. on Monday, May 25, at the Marriett East Lansing, 300 M.A.C. Avenue in East Lansing, Michi-

view before each auction time.

SOUTHFIELD, Mich., May 7 of aquatints, etchings and that claim," continued Scaglione. lithographs from most periods by

"Since 1969 Park West has worked directly with artists and The auction, featuring cre- estates in bringing high quality

"We liquidated the estates of Erte and Escher. We have the exclusive worldwide contracts for There will be a one-hour pre- new works at auction from Tarkay, Krasnyansky, LeKinff, Auction items, spanning five Picot, Golkar, Wood, Fanch, catalog descriptions which meet centuries, include wood engrav- Medvedev and many other all federal and state requireings by Renaissance artist artists. We continually bring ments, Each work comes with a Albrecht Durer; rare etchings by new high quality works to the Certificate of Authenticity. For mbrandt; etchings by Goya; auction market. Buying from us additional information, contact hand-signed works from the is buying from the artist. No Park West Gallery at 248-354-1920s-'60s by Picasso; a selection other auction company can make 2343, or 800-521-9654.

Also crossing the auction block tioneer's hammer falls on May Miro, original prints by Chagall, will be the Park West Collection, Southfield, Michigan will offer hand-signed Dali wood engrav- drawings, lithographs, serigraphs and etchings by many world renowned living artists -Altman, Picot, Agam, Fanch, Mouly, Max, Cambier, Dus, Chemiakin, Ali Golkar, Dubi Arie, Steynovitz, Wood, Cambour, Tarkay, Krasnyansky and

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29, 2:40, (5:00 @ \$3.50) 7:29, 9:20 ALL TIMES SUN-THURS. OBJECT OF MY AFFECTION (R) 45 (4:10 @ \$3.25) 6-45 9:1 DEEP IMPACT (PG13) NY CITY OF ANGELS (PG13) 12:15, 3:-0, 6:400, 9:15 15, (4:45 @ 53.25) 7:10, 9:40 \$ 1:30, 4:00, 7:30, 10:00 ODD COUPLE IE (PC13) SLIDBIG DOORS (PC13) NV LOST IN SPACE (PC13) THE BIG HET (R) NV 12:00, 2:30, 9:30 12:00, 2:30, 5:00, 7:50, 9:30 12:15 (4:00 @ \$3.25) 8:00 12:30, 2:50, 5:15, 7:20, 9:40



# Greektown from page C1

"You don't see a lot of wood- on a lake and bears in trees, his cuts," said McCullough, a native subject-matter deals with everyof Redford Township. "People thing from African and Oriental like that primitive appeal.'

McCutlough exhibited his keep the viewer guessing as to prints for the first time in fall of the origination of country, reli-1996. He began working in the gion and foretold event. medium while studying for his bachelor of fine arts degree at Eastern Michigan University in sive," said McCullough. "By the the early 1990s. He frequently time you draw it and get it onto carves during fairs, and has an the wood then carve it you have example of a finished woodblock, hours into a print like the zebra rice paper and the kitchen spoon used to hand-rub the prints in

"I enjoy the process, the challenge of drawing it backwards," said McCullough. "I can't wait till I see the first print." Artists and Artisans, the eighth

Among McCullough's newest pieces are portraits of Marilyn annual Greektown Arts Festival Monroe, Diana Ross and a zebra features works by 125 artists at a watering hole. From a litter from 20 states and two Canadian of Dalmation puppies to a loon provinces

nal Classical Bells

and ringers.

History

Teamwork from page C1

"Each bell is a different size and labeled by octave," said professional musicians and Deris Edwards, one of the origischools or classes for handbell Edwards, who directs the bell ringing, most learned the art by choirs at Mt. Hope Congregajoining church choirs. As a cially, tional Church in Livonia, has group, Classical Bells have perresearched the history of bells formed with the Detroit Symphony Orchestra and the Michigan Opera Theatre. The group has

cultures to vanishing wildlife.

Veiled women in "The Prophecy"

"Printmaking is labor inten-

which took 125 hours. I have a

huge list of subjects I'd like to

four to five years."

do, probably enough for the next

Presented by the Greektown

Merchants Association in cooper-

ation with the Michigan Guild of

three CDs currently on the She found primitive man rang shelves at Harmony House locabells fashioned from clay or wood tions and Hammell Music from the beginning of time. "That's why Classical Bells Handbells, however, were was formed," said Corrine Kert devised in the 16th and 17th of Plymouth. "The directors century as a way for English

never get to ring. They say they tower bell ringers to practice love the bells but never get to change ringing. Larger sets of play them. hand bells were cast by Millie Everson began ringing foundries in the 1700s when in 1973 with encouragement "tune ringing" became popular from the choir director at eventually flourishing in 19th Rosedale Gardens Presbyterian century England, Hand bells Church in Livonia. At the time, first arrived in America in the Everson attended a Methodist 1840s when P.T. Barnum church but switched and became brought a Liverpool tune ringing a member of the Presbyterian band to America for a tour. congregation after learning to Groups of tune ringers in Ameriring. Everson, who taught voice as adjunct faculty at Schoolcraft

"It's a wonderful musical medi-

ca didn't form until the 1920s. "One of our first bell ringers College in Livonia in the 1970s, was Paul Revere who had a fac- now directs three bell choirs at tory in Boston that manufac- the Rosedale Gardens church. tured hand bells," said Edwards.

All of the Classical Bells are um," said Eversole of Livonia "It's also so visually beautiful. teachers. Since there are no The way the bells are rung it's almost like a ballet. In Classical Bells we emphasize that espe-Classical Bells thrives on movement and hamming it up. Their choreography keeps all

eves in the audience trained on the ringers. Two members of the bass section try to top each other in a skit during "Maple Leaf Rag." Props such as feathers and hats in "Ain't Misbehavin" put them in the mood and keep the audience guessing as to what's next. For "Serenade for a Picket Fence," Margie Moore plays spoons on her thigh. Another composition uses everything but bells as the ringers turn a loose leaf binder, plastic bags and music stands into rhythm instru ments to play a melody

"We try to make it a little entertaining as well, as long as you don't hurt the music," said

If you have an interesting idea for a story invalving the perform

JULY CONT.

Bela Fleck

19 Alison Krauss

24 The Mayericks W/ BR5-49

25 Kevin Nealon

Pinocchio

15 Richard Jeni

18 Wizard of Oz

20 Carrot Top

29- Good Guys /

The Family Havorice

30 Motor City Nationals

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MUGUST

13 David Grisman Quintet

The juried art, music, good acts including former Twistin' food and atmosphere set the Tarantula guitarist George Friend's new band "Black Beauty" featuring Thornetta Davis, Johnny Bassett and the Blues Insurgents, the Bill Heid Trio and the Bird of Paradise Orches-

We're encouraging people to Rick Pinkerton of the Music come down with their children Menu Cafe coordinated the fair's and enjoy making art at the entertainment ranging from Imagination Station," said Dave swing to Greek dancing, rocka-Kronenberg, art fairs director for billy, Latin rock, traditional the Michigan Guild of Artists African rhythms, jazz, gospel and Artisans, organizers of the

Other local artists exhibiting "The Greektown area is reviving and thriving. It's a wonderful destination. We have a lot of neat and interesting art, a good amount of jewelry, pottery painting, glass, wood, fiber, photography, and printmaking and

The festival stage will showcase local and national touring

30 percent are new artists.

Greektown Arts Festival Entertainment The Greektown Arts Festival Stage on Beaubien Street at Monroe treet in Greektown will offer for free a variety of acts from rockasilly and soul to latin rhythms and acid jazz. For more information, all (313) 963-5445. Entertainment Schedule

in the Greektown Arts Festival are Carole Berhorst, clay, and Michael MacManus, jewelry. Bloomfield Hills; Sandra Bellestri, painting, Lake Orion Jeanine Sova and John Chestnut, toys, Clarkston; Denise Szadyr, clay, Waterford, and Debra Vantol, glass, Auburn

rom 4-5 p.m.; Bird of Paradise Orchestra plays jazz and swing 5:30-5:30 p.m.: Sugarfoot performs acid jazz and funk 7-8 p.m.; Sugar Ray Norcia, former Roomful of Blues frontman and harpist, plays with the help of an expanded version of Johnny Bassett and the Blues Insurgents 8:25-9:30 p.m. ■ Sunday, May 17: Tru Light Temple Gospel Choir sings 1-2 p.m. he Bill Heid Trio featuring jazz guitar great Perry Hughes plays from 2:30-3:30 p.m.; and Johnny Bassett and the Blues Insurgents return to the stage with Detroit blues legends. Johnny "Yard Dog" Jones, Thornetta Davis and Joe Weaver 4-5:30 p.m.

#### ART BEAT

Art Beat features various happenings in the suburban art world Send Wayne County arts news leads to Art Reat Observer Newspapers, 36251 Schoolcraft Livonia, MI 48150, or fax them to (313) 591-7979

#### **CONCERT TODAY**

Joshua Cullen, a 13-year-old piano prodigy from Livonia, will perform 4 p.m. Sunday, May 10. in the recital hall in the nes music building at Central Michigan University. The program include compositions Beethoven J.S. Bach, Rachmani noff and Frederic Chopin, For information, call (517) 774-3197. Cullen was accepted into the

University of Michigan's School of Music at age 12. He began nano studies at age 5 and made his professional debut with the Livonia Symphony at age 8. A year later, he performed with the Moscow Philharmonic In April, he tours as a soloist

with the Chicago Sinfonietta in Switzerland and Germany. In June and September of 1999, he will perform with the Czech National Symphony Cullen has released an all-

Mozart compact disc which Major" with the Czech National

#### **BEADWORK DEMONSTRATION**

Friday, May 15: The Shack Shakers, rockabilly swingers from

lashville, perform 5:30-6:30 p.m.; Black Beauty, a new rockabilly

act featuring former Twistin' Tarantulas member George Friend, and

Robert Gordon hits the stage 8:20-9:30 p.m.

hornetta Davis perform 6:50-8 p.m.; and "rockabilly songbird"

■ Saturday, May 16: The Hellenic Society starts off the day with

raditional Greek dancing noon to 1 p.m.; African Rhythm Project

performs traditional African rhythms and jazz 1:15-2:10 p.m.; Pena

World Beat plays Latin rhythms rock and jazz 2:30-3:40 p.m.; The

New Orleans-style brass band Motor City Street Band hits the stage

Canton Township is looking for artists and crafters for its seventh annual Fine Art and Fine Craft Show 10 a.m. to 9 o.m. Saturday, June 20, and 11 a.m. to 5 p.m. Sunday, June 21, during the Liberty Fest in Hertage Park.

CALL FOR ARTISTS

This is a juried show and participants must submit slides or photographs of their paintings prints, sculptures, ceramics, jewelry, drawings, pastels, and selected fine crafts. No commercially produced merchandise is

For an application, call Sharon Dillenbeck at (734) 453-3710.

#### HANDS-ON MUSEUM AUCTION The Ann Arbor Hands-On Museum hosts a benefit family auction 6-9 p.m. Friday, May 15, at the museum, 219 East Huron,

Ann Arbor. Tickets are \$75 per family and includes dinner, silent auction. and hands-on experiences as you visit with a pilot, an archaeologist, a dentist, and detective. Come and explore "What You Wanna Be When You Grow Up."

The Woodland Indians Trad

ing Company and Gallery presents a beadworking demonstration by Ojibwe Indian Karen Rossi noon to 5 p.m. Sunday, May 17 in its new location at 26161 West Six Mile Road between Inkster and Beech Daly in Redford The fee for making your own

earrings is \$5. For more information, call (313) 387-5930. Hours are 11 a.m. to 7 p.m

Tuesday-Wednesday, until 8 p.m. Thursday-Friday, and 10 a.m. to 4 p.m. Saturday. Closed Sunday and Monday except for special events like the beadwork demonstration

#### CANTON ARTIST SHOWS

Connie Lucas exhibits her work in a one person show through May 13 at the Left Bank Gallery, 503 East Street, Flint. Viewing hours are noon to 4

p.m. Tuesday to Saturday. For more information, call (810) 239-"Exploring the Human Condi

social and political issues in soci ety. Lucas addresses issues of violence, war, peace, child abuse includes Piano Concerto A For more information, call (734) aging, anger, and feminist con



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1 Steven Wright

6 Air Supply

imeless Classic

Kansas W/ Symphony Orchestra \$22,50 pay / \$12,50 lawn



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To find out about other MS fund raising events, call 1-800/247-7382

## Nifty gadgets give gardeners a helpful hand

BY DONNA MULCAHY SPECIAL WRITER

Gardening, like everything else in life, is easier when you have the right tools. I asked some gardening experts to tell me which ones they'd recommend and here's what they said.

Brookstone, which has locations at the Somerset Collection-South in Troy, Twelve Oaks Mall in Novi and Lakeside Mall in Sterling Heights, has lots of nifty gardening gadgets. I heard that from several people and they were right.

One of the things there that caught my eye is the electronic Home & Garden Whiz, \$50. It looks like a handheld calculator, but contains thousands of gardening and household hints. It can tell you what types of plants work best under certain conditions, how they should be planted and much more.

> Other neat things Brookstone include: · A five-piece,



ing beige and green canvas tote. Together, they're \$50. Bought separately, the tool set is \$35 and the tote is \$25. The tools include a

cultivator, fork, planter, trowel and narrow weeder, all with a comfortable grip and made out of rustproof, die-cast aluminum.

· A padded, steel-frame platform for kneeling or sitting, \$30. • A 16-piece Gardener's Choice Tool

Kit, complete with 16 tools and a green plastic carrying case that has a parking spot for each of them, \$75. • A garden seat/tool caddy with 12 tools, \$100.

Mike Bovio, purchasing manager for English Gardens, which has four locations, including one in West Bloomfield, recommended the follow-

Whisk Rake, by Lewis Tool. It's a small, six-tine rake the size of a whisk broom and costs \$12.98. "It's great for raking under low-growing shrubs and perennials," Bovio said.

Grow-through plant supports, about \$8, by Rainbow. They look like a wire grid shelf, supported by plastic-coated legs. Like tomato cages, they're used to prevent plants from flopping over and must be set in place early in the growing season before the plants are

Gardener's Lever Loops by Bosmere, \$2.98 for a package of 50. They're little plastic clips that open and close with a squeeze of the thumb. Use in place of string or twist ties on tomato plants and vines.

Hide-A-Guide garden hose guiding system, \$3.98 by Aquapore Moisture Systems. When not in use, the guide can be pushed flush into the ground to prevent mowing problems.

Floral snips by Fiskars, \$5.98. They're great for delicate shaping and dead-heading, Bovio said.

Bill Saxton, co-owner of Saxton's in Plymouth, which sells gardening and power equipment, recommended Preen by Greenview It's a chemical that stops weeds from spreading by preventing seeds on the surface of the ground from taking root. It costs

about \$20 to cover 2,500 square feet. Saxton, whose father founded the store in 1928, also recommends: Mantis portable gasoline tillers, \$319; Little Ames plastic planter's wagon, for sitting on and storing tools, \$59.95; Permascape for Trees, a mat made out of recycled tires to put around trees and prevent weeds, \$16.49; and Coronna hand tools with comfort

grips, about \$7 to \$10. Denny Snell, garden store manager for Bordine's Nurseries in Rochester and Clarkston, recommended the Gold Digger, a new tool with a 3-foot handle and several different heads for edging, planting and weeding, \$36.95.

Another new product he likes is The Soil Scoop by Garden Works, \$16.98. It looks like a serrated spoon and is good for scooping, digging and tilling soil in a pot.

He also recommended Lewis Lifetime hand tools, about \$10 each; tile joint weeders for picking weeds out of sidewalk cracks, \$5.99; and electronic pH meters, which start at \$9.98.

Happy gardening!

# The Saks experience

# Somerset expansion aims to make it fun for shoppers

While Saks Fifth Avenue was pleased to announce the opening of a 40,000square-foot expansion of the Men's Store at its Somerset South location in Troy in mid-April, it's already apparent that all of the changes involved will be more than pleasing to its patrons. And, that's intentional, of course

Indeed, few shoppers will even notice that such major construction work is going on. Yet, the major changes at the store aren't taking place gradually as the Somerset store becomes Michigan's largest and most complete Saks outlet.

For example, last Thursday the entire Men's

I 'It's wonderful to have all this room. now — and to see all of this here in one spot. Our customers will love it.'

store manager

Store made a coordinated move from several locations into its new consolidated location on the first level of the new addition, which defines the western boundary o the Saks building, facing Kim Nye Coolidge Highway. What the customers saw Thursday morn

ing was a com

expanded collection of designer sportswear, clothing, footwear and accessories on display, all in one location, with added services like a Humidor and an exemplary Men's Fitting Complex for on-the-spot custom tailoring and even made-to-

All of it was ready for business by

What they didn't see were the 60 Saks employees who finished a busy workday Wednesday, then stayed after the mall closing at 9 p.m. working into the wee hours to move menswear stock, "It's wonderful to have all this room displays and set up registers and furnishings in their new locations.

The new Men's Store carries designer selections which include Giorgio Armani, Canali, Corneliani, Hickey Freeman, Donna Karan, Calvin Klein, Hugo Boss and Oxxford. For store manager Kim Nye — who was among the late-staying workers Wednesday night — the Saks Somerset store expansion is a personal dream come true. An anchor at the Somerset location for the past 31 years, the Saks Fifth Avenue site now expands by more than one-

publication on Sunday.

Wardrobing seminar

Symphonic winds

free. 10 a.m.-9 p.m.

Health-O-Rama Bonus

News of special events for shoppers is in

in this calendar. Send information to: Malls &

Mainstreets, c/o Observer & Eccentric Newspapers.

805 East Maple, Birmingham, MI 48009; or fax

(248) 644-1314. Deadline: Wednesday 5 p.m. for

WEDNESDAY, MAY 13

Project Helth-O-Rama Bonus Days, for those age

18 or over, provides free, confidential testing and

services, including height-weight, blood pressure,

hearing, vision, glaucoma, nutrition counseling,

pulmonary function, medication counseling, podia-

try, and Health Education literature and displays.

Optional tests are also available for nominal

fees.Co-sponsored with Botsford General Hospital.

Wednesday and Thursday, May 13-14, 10 a.m.-6

Livonia Mall. Seven Mile/Middlebelt. (248) 476-

THURSDAY, MAY 14

Liz Claiborne Seminars feature dresses and

sportswear, commentated by Liz Claiborne special-

Hudson's, Somerset Collection. Big

FRIDAY, MAY 15

The Novi Concert Band appears from 7:30 p.m. to 8:30 p.m. at the Livonia Mall stage, near Crow-

ley's, to feature music from Broadway, marches,

light classics and pop. The band, a symphonic wind

emble formed in 1982, performs outdoor con-

Livonia Mall. Seven Mile/Middlebelt. (248) 476-

SATURDAY, MAY 16

It's the All Fashion Doll Show at Meadowbrook

Village Mall, featuring Barbie Dolls. Appraisals

are available during show hours and admission is

Meadowbrook Village Mall, N. Adams/Walton.

st, Heather Guild. Elisabeth Dept. 1:00 p.m.

Beaver / Coolidge. Troy. (248) 816-4000.

certs throughout the metropolitan area.

Nye, a Bloomfield Hills native now living in Troy, began her retailing career with Saks while working in the omerset store after graduation from Michigan State 18 years ago. The personal meaning of the expansion and renovation was obvious as she stood in the new Men's Store area, understating her own enthusiasm with a simple: now - and to see all of this here in one spot. Our customers will love it."

third of its previous 125,000-sq.-ft. size.

Fuller, early Thursday morning before the opening hour.

Nye took Eccentric staffers on a quick pre-opening tour of the new Men's Store facilities Thursday morning, right after that late-night relocation, and then expanded our tour to include a look at what is happening upstairs on the Second Level of the

There, we found the spacious new Chanel Ready-to-Wear boutique. There's also an elegant St. John Shop,

Fifth Avenue Club Suite. Each area is ence separate and spacious. The expansion also puts the spotlight on new and enlarged designer collections, including Ann DeMuelemeester, Etro, Donna Karan Signature, Ralph Lauren Collection, Escada, Armani le Collezioni,

and On the move: Helping set up stock displays and handle last minute arrangements in Saks Fifth

Avenue's new Men's Department are visual manager Michael Knicely, left, and visual stylist Bill

Only a first-time Saks visitor would even think about asking if the regular patrons might find all the relocation of sales areas, stock and product during the reconstruction and renovation, ... well, mightn't it be disconcerting or confusing? After all, it is rare to find a store undergoing such a complete and major overhaul while still remaining

'We've planned to do it, and do it know at Saks. Shopping is supposed to 1999.

open for business.

She pointed out the finished walls,

a Birger Christensen Fur Salon and be a pleasant, fun, relaxing experi-

installed to screen construction areas during store hours, noting few shoppers have even realized that work was

As for finding the merchandise in its Valentino Boutique, Zoran, Alberta Ferretti, Max Mara, Piazza Sempione, Misnew relocations, all the store employees are making it a personal duty to ease any confusion and make it easy for patrons - and for a Saks shopping excursion, that says it all.

The complete remodeling, including a new Elizabeth Arden Spa, will make the Saks Somerset location the premier Saks Fifth Avenue site in the region.

The majority of reconstruction and renovation - including new elevators is expected to be complete before Christmas 1998, says Nye, but some well," Nye said. "That's the only way we remaining detail work will go over into

# ADDED ATTRACTIONS

Wardrobing seminar

Liz Claiborne Seminars feature dresses and sportswear, commentated by Liz Claiborne specialist, Heather Guild. Elisabeth Dept. 1:00 p.m.

Hudson's, Somerset Collection. Big Beaver / Coolidge. Troy. (248) 816-4000.

Keeping the peace

Macomb Mall's own T.C. Bear hosts a sing-a-long show for kids from ages 2 to 13, featuring T.C.'s Tips for Keeping the Peace — learning peaceful ways to solve conflicts they face in their lives without resorting to violence. There's also an essay contest (forms at the Mall's Information Center available through May 16), with a \$25 gift certificate prize for youngsters writing about an "Act of Peace," experienced or witnessed. Show (near Sears entry) hours: 11 a.m., 1:00 and 3:00 p.m.

Macomb Mall. Gratiot/Masonic. Roseville. (810)

**MONDAY, MAY 18** 

Informal modeling Andre Laug's Spring '98 Special Order Collec-tion, informal modeling. Designer Salon, second floor. 10 a.m. to 5 p.m.

Saks Fifth Avenue Somerset Collection. Big Beaver / Coolidge. Troy. (248) 643-9000. TUESDAY, MAY 19

Chanel Spring '98 Special Order Collection, informal modeling with special representative. Designer Salon, second floor. Tuesday and Wednesday, May 19-20. 10 a.m. to 5 p.m.

Saks Fifth Avenue, Somerset Collection. Big Beaver / Coolidge. Troy. (248) 643-9000. THURSDAY, MAY 21

Saks shows Lihli

Lihli's Spring '98 Special Order Collection, info

mal modeling with special representative. Design er Salon, second floor. Thursday and Friday, May 21-22. 10 a.m. to 5 p.m.

Saks Fifth Avenue, Somerset Collection. Big Beaver / Coolidge. Troy. (248) 643-9000. WEDNESDAY, MAY 27

McFadden showing Mary McFadden's Spring '98 Special Order Colection, informal modeling special representative. Designer Salon, second floor. Wednesday and Thursday, May 27-28. 10 a.m. to 5 p.m.

Saks Fifth Avenue, Somerset Collection. Big Beaver / Coolidge. Troy. (248) 643-9000. SATURDAY, MAY 30

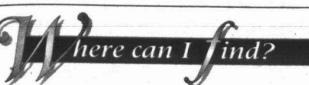
Sears auditions kids Sears is hosting a search at its Oakland Mall location to find the "Sears Kid Beat Reporter" for the Detroit Shock, of the Women's National Basketball Association. Youngsters ages 8 through 16 will try their hand at sports reporting as audition judges score entrants on creativity, delivery and poise. Winner will attend a Shock home game to cover the live-action and other prizes. Sears is an official sponsor of the WNBA. Auditions are Saturday, May 30, noon-2 p.m.

Sears, Oakland Mall. John R/14 Mile Road. Trov. (248) 597-4100

WEDNESDAY, JUNE 24 Rock-N-Roll artistry

Huffs Promotions brings the "Rock-N-Roll Fine Arts Show" to the Westland Center, featuring artwork by such artists as John Lennon, Bob Dylan, Ron Wood, David Bowie, Yoko Ono, Ringo Starr, Donna Summer, Gerry Garcia and other icons from the Rock generation. The exhibit was a feature at the opening of the Rock-N-Roll Hall of Fame and has toured the country. It's more than a display, the artwork is also available for purchase. Opens Wednesday and runs through Sunday, June

Westland Center. West Warren / Wayne. Westland. (313) 425-5001.



· For Margaret Murrays Hardware on Plymouth road in Redford sharpens knives, (313) 937-8360.

· Rubi Glo is carried at Walgreen's. · Linda Kelly from Lord & Taylor at Fairlaine called to say Nars cosmetics is not sold locally, it is out of New York, and is a studio line. you might try the stores at Somerset Collection in Troy. Also Estee

Lauder discontinued Moisture Balance Translucent face powder. · Cheryl had glass string beads for Don and found a Corn Pop-• McNichols Electric on 6 Mile in Detroit (313) 342-6070 for stain-

less steel handles for pots and pans. • Fuller Brush distributor can be found at Professional Sanitary Supply in Pontiac (248) 253-0820, or Home Trends catalog 800-810-2340 and many other called in saying they were Fuller Brush distributors, we passed their names on

We're still looking for:

• Solid Almond-color (no pattern) Corelle by Corning dishware for

 Nancy is looking for Johnsons Jubilee (white) wax for appli-. Thomas wants a mini cheer horn that was advertised in the

newspaper from the winter Olympics in Nagano and a 1974 8th grade St. Joan of Arc vearbook. · Wagner's Earl Grey green tea decaffeinated 24 bags in a box.

. Dorothy is looking for chocolate candies by Wilbur Buds (like Herseys kisses). Carol wants a game called Quinto 5.

. Cloria wants a plastic cane cylinder that you can insert flowers

• Z replacement for a Pyrex 4 cup glass coffee maker • canne is looking for an Iron Quick system (saw on TV) and

Art Van is retailer of the year Resolve by Merrill Dow for cold sores. guth is wondering where to take spoons/silverware to be refinished they accidentally went in the garbage disposal.

• Julie is looking for a Samsung phonograph that plays old style and CEO of Art Van Furniture, is stores and remodeling and expan-lander is an Extraordinary Ministhe National Home Furnishings sion of five units. Expansion ter and currently is chairman of Rose Marie wants slacks, shorts by Cape Cod . Meijers use to Association's 1998 Retailer of the

• Decky from Livonia wants Almay Moisture balance eye cream. · A twin comforter for a child Power Ranger theme for Mary.

mance in three areas: contribu-· Jane and Eleanore are looking for a little girls wooden ironing tions to the industry community . Sally of Livonia is looking for a child's book King and I it is service and personal business achievements and leadership of

about a King who has 3 sons it is from the late 50's. · And Foster Beans. der's Michigan-based company is • Mens socks Duro Fresh for Marilyn of Livonia and she has old Avon bottles to sell if anyone is interested

 Kay is looking for Flush Cups. · Oscar Meyer little plain (baby) hot dogs for Gail.

• Maxine wants an enamel roasting pan 9x12 and 7 3/4 high. · Gertrude is looking for a child's book called My Big Red Ball and machine washable Haggar 42 Long suits or separates.

· Patricia is looking for a 1989 Color photos of the Northern Lights. • Lee Ann wants a toy Terrifying Hydra (from the Hercules line

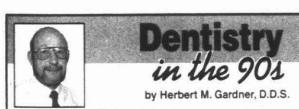
of Dispey toys). . My Sin perfume for Lisa of Waterford.

· Yvette wants Mackie Shaving Balm made in Canada. Jane wants headbands used during exercise by DASHA. • Ann is looking for gold or silver pendants inexpensive for kids.

· Sharon of Southfield is looking for a 1992 Hallmark porcelain Carousel horse. For Sheldon Red Foot Powder use to be able to buy it at Circle

Drugs in Madison Hats. • Margaret is looking for a Maple Junior high (Dearborn) year-

Complied by Sandi Jarackas

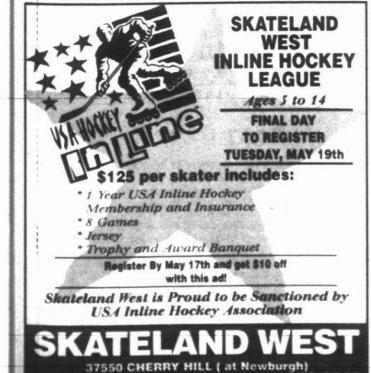


#### **ADULT CONCERNS**

While most young adults experience fewer cavities due to a decline in the consumption of sweets, the risk of getting tooth decay begins to rise with the onset of middle age. Part of the problem has to do with gum recession, which leaves vulnerable roots exposed. There is also the possibility that old fillings may allow bacteria to seep down into old cavites to start decay anew. Furthermore, many older people experience reduced saliva production, a condition aptly called "dry mouth," which reduces its ability to stave off tooth decay. For all these reasons,

19171 MERRIMAN • LIVONIA (248) 478-2110

P.S. As their gums recede, middle-aged patients should begin to consider fluonde application



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# **RETAIL DETAILS**

Macomb opens new

Concierge" within the grocery Macomb Mall, at Gratiot and aisles. The recently renovated Masonic in Roseville, has Kroger store is undergoing a announced the opening of three complete transformation, based new stores: Norma Jeans, feaupon input of local patrons and turing handbags, jewelry and residents. The Kroger Concierge women's accessories (next to serves as a personal liaison dur-Sears); Gateway 2000 Couning the transition to help locate try Store, a state-of-the-art PC products, answer questions and software store, training center and service center, complete with rural decor including a silo. grain bins and tractor seats next to Crowley's); The Icing, not be currently offered. The features earrings, ear piercing, revamped Orchard Lake store clothing and womens' accesincludes 4,000 new items in sories (next to Rogers & Holstock, including international lands Jewelry). Openings are foods and an expanded kosher also scheduled later this year for section and also offers "Super Silver Cinemas, a new eight-Sample Saturdays" through screen theater, and Kirk's Cafe. May, featuring ethnic cooking featuring coffee, coffee beans. demonstrations and sampling by soft drinks, sandwiches, soups some of the top local restauand kitchen gift items (next to rants, from 11 a.m. to 2 p.m.

#### **Kroger adds Concierge**

Art Van Elslander, chairman ed the opening of three new

ment award.

For the rest of the month of May, some **Kroger** employees at the Orchard Lake store, Lone Pine and Orchard Lake Road,

Van Elslander was cited for

outstanding leadership perfor-

his own company. Van Elslan-

the nation's ninth largest home

Van Elslander was honored at

a furniture industry awards gala

held recently in the Ballroom of

the International Home Furnish-

Van Elslander was named as

Michigan's 1997 Retailer of the

Year by the Home Furnishings

Representatives of Michigan.

Last year, he also received the

National Buyer Appreciation

award from the Tupelo Furniture

Marketing Association. Company

achievements during 1997 includ-

The Village Garden ...

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ings Center, High Point, N.C.

furnishings retailer

Mall walkers meet

holds its monthly meeting 9:30 a.m., Wednesday, May 13 in the ed. Located across Coolidge from lower level auditorium of West- the Somerset Collection South, land Center on West Warren. the salon's special hours for the

and Design division of the nation-

selected Van Elslander as recipi-

ent of its 1998 Man of Achieve-

almost 40 years in the home fur-

1959. The family-owned business

now operates 26 stores through-

out Michigan and is the state's

largest home furnishings retailer

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market and employing 2,700.

nishings industry. He opened his

first store, a 4,000-sq.- ft. unit, in

Van Elslander's career spans

will trade grocery smocks for The Shopping Center encourages Watch Fair are 10 a.m.-8 p.m. blazers and serve as a "Kroger those interested in walking for Friday and 10 a.m. 5 p.m. Saturexercise by opening its doors in the mornings to walkers beginning at 7:00 a.m. through Arcade 2. Mall walking ends at 10 a.m.

#### Make-up artistry

Trish McEvov's team of makeup artists is available for a complimentary makeover and makerelated to the relocation of sec- up application at Saks Fifth tions and products within the Avenue at the Somerset Collecstore, and also take consumer tion on Wednesday, May 14. Call requests for products which may (248) 643-9000 for a personal

Jules R. Schubot Jewellers holds its fourth annual Watch Fair, Friday and Saturday, May 15-16, at its Troy salon, featur ing some of the world's finest watches in extended collections from Piaget, Jaeger le Coultre, Breitling, Baume & Mercier. lucky customer will win a Bre-Westland Walkers Club itling, and on Saturday, a Baume & Mercier will be award-

destroyed by fire. Wife Mary Ann

the church, civic groups, and the

arts. The pair has been honored

Cancer Foundation, the Goodfel-

lows, Catholic Youth Organiza-

tion and the Michigan Patrons of

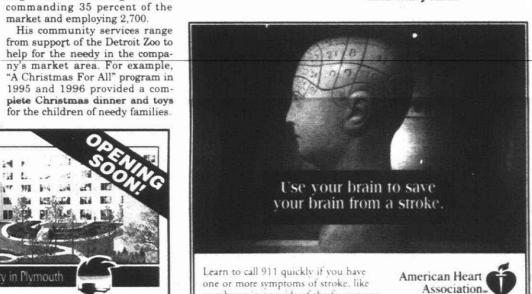
#### Beadwork demo

Karen Rossi of Karen's Kreations presents a demon stration of North American Indian beadwork creation, from noon to 5 p.m., Sunday, May 17 at the North American Indian Art Gallery and Trade Center, 26161 W. Six Mile Road, Redford. The Gallery is a consortium of native artists and entrepreneurs offering authentic North American Indian art, crafts and trade goods and services. Call (313) 387-5930 for

Spring Sample sale MVP, Inc. will offer an extraordinary selection of Maria Pinto day and evening clothing. Cartier, Blancpain and Vacheron stoles and scarves, sizes 4-16, at Constantin. On Friday, some reduced pricing during its Spring Sample Sale. Held at the Northfield Hilton, in Troy, the sale runs from 9 a.m.-7 p.m. May 21-22. Call (248) 879-2100



The Van Elslanders have 10 Art Van Elslander with his wife Mary Ann.



numbness in one side of the face or one

limb, sudden dimness of loss of vision, loss of

speech, sudden severe headache or dizziness along

at 1-800-553-6321 to learn more about stroke sympto-

or visit http://www.amhrt.org on the World Wide Web.

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# Naples, Fla., offers a beautiful, year-round getaway

BY BRIGITTE D. KNUDSON SPECIAL WRITER

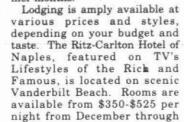
Naples is southwest Florida's answer to Miami's trendy South Beach and Palm Beach's inescapable luxury all rolled into one neat package.

Located on the calm and clear Gulf of Mexico about 35 miles south of Fort Myers' Southwest Regional Airport, Naples offers something for everyone - pleasant weather, pristine beaches, great shopping, diverse restaurants and plenty of interesting things to see and do.

While Naples is a haven for weary northerners in the winter, it is a wonderful place to visit year round. In fact, after April the population begins to decrease, making restaurants and other attractions less crowded and more affordable.

The average high temperature is 77 degrees, with lows in the winter months usually in the mid 50s. During summer, expect temperatures in the mid to upper 80s during the day, and the low 70s in the evening. While water temperatures in the

Big catch: Livonia's Brigitte Knudson had no trouble landing the big ones in the Gulf waters off Naples.



Gulf of Mexico hover in the mid to upper 60s during winter, they rise to the mid 80s during sum-

mer months.

to September. If renting a condo is more your style, average prices of \$600-\$2000 per week during the peak season drop considerably to \$300-\$1000 weekly during late spring and summer.

April, but the price drops to

\$145-\$275 per night from June

Naples is home to 41 miles of pristine, white beaches. Southwest Florida is famous for the amount of shells that wash up on its beaches, and shelling is a favorite pastime of beach -goers.

If shopping is your forte. Naples offers an abundance of world-class shopping. The Village on Venetian Bay is a beautiful site to shop or take in a meal. Built on stilts right on the bay, these scenic, pastel shops are reminiscent of Venice, Italy.

The 5th Avenue Shops, located in Olde Naples, offer many upscale boutiques and restaurants. During the evening, the area becomes a stomping ground for the well-heeled in search of quality live entertainment and gourmet food.

Finally, a trip to Naples is not complete until visiting the eclectic shops at Tin City. Tin City is located on US-41 right at the Naples Docks. Tin City features shops that carry everything from T-shirts to crystal. Weary shoppers can dine while overlooking the gorgeous bay at Merriman's, a wonderful seafood restaurant.

Naples is home to an abundance of good restaurants. A good bet for the breakfast and lunch crowd is Mancini & Moishe, a Jewish-Italian restaurant (3745 Tamiami Trail N.). The friendly people here bake all of their own breads and bagels and home cook all of their featured meats (pastrami, brisket, turkey and corned beef).

If a pub and grill is more your style, the recently opened McCabe's Irish Pub & Grill, located in The Inn on Fifth (699 5th Ave. S.), is a fun choice. Run by a second-generation Irish-American, the inside of the pub was built in Ireland by master craftsmen and then shipped in pieces to Naples. A crew was then brought from Ireland to assemble the pub.

After you've sunned, shopped and eaten, it will be time to take in a little activity. Naples offers activities for all interests and

If golf is your game, there are over 40 courses available in Naples and Marco Island (just south of Naples). While tee



Prime shopping: The Village at Venetian Bay is one of Naples' most popular shopping centers.

times can be reserved with a telephone call at public courses, the various private courses operate a little differently

Nature lovers find a proverbial jungle of activities while visiting Naples. The Everglades lie southeast of the city, and many tour operators offer a variety of excursions ranging from guided nature tours to swamp buggy

The Corkscrew Swamp Sanctuary, located northeast of Naples and operated by the National Audubon Society, is an 11,000 acre sanctuary that features 500 year-old cypress trees and is home to a number of local animal species, including alligators, white-tail deer, and a number of bird species. A 2.5 mile nature trail winds through these various environments. Admission for adults is \$6.50, children 6-18 \$3, under 6 free. National Audubon Society members pay

But visitors need not leave the

city of Naples for wildlife adventures. The Conservancy (14th Ave. North off of Goodlette-Frank Rd.) features a wildlife rehabilitation center as well as kayak rentals, guided boat tours, and an outdoor aviary. Kids will really love the indoor Discovery Center, with its animals and hands-on displays. The Southwest Florida Museum of Natural History is housed here and features seven aquariums as well as daily sea-turtle presentations. Admission is just \$5 for adults, \$2 for children 3-12, and free for

If you love the sea, a variety of choices await you at the Naples Docks. Charter boats offer half and full day deep-sea fishing. dolphin watching, and dinner cruises. Day trips to Key West also leave from this location and include breakfast and dinner at rates starting from \$70 per per-

children under 3.

On a May deep-sea fishing excursion, I caught many red grouper and snapper.

The Gulf of Mexico can also be enjoyed by landlubbers at the historic Naples Pier, located a few blocks west of the Olde Naples area. The pier features ample seating for enjoying the ocean and beach scenery. A fishing license is not needed for fish-

ing at the pier. Finally, for the young and young at heart, the Teddy Bear Museum of Naples (2511 Pine Ridge Rd.) hosts a collection of over 3,000 teddy bears and includes displays of antique and limited-edition bears. Bearmaking demonstrations are popular, but be sure to call first at 598-2711 for availability.

If you are planning a visit to Naples, Fla., be sure to visit their web site (www.naples-florida.com), which offers further information on places to stay, dining, golf, attractions, weather and local businesses.

Brigitte Knudson is Livonia free-lance writer.

#### **GREAT ESCAPES**

Great Escapes features various travel news items. Send news leads to Hugh Gallagher, assistant managing editor, Observer & Eccentric Newspapers Inc., 36251 Schoolcraft, Livonia, MI 48150, or fax them to (313) 591-

#### **TELL US YOUR STORY**

We want to hear from you? Have you been someplace interesting? Have you had a special adventure? Is there a quiet island you'd like to recommend or a highly promoted place you'd like to warn against? Do you have special tips for other travelers to make their journeys easier? Have you met some interesting people in other countries that you'd like others to know about? We want to share your stories and your color pictures on our travel page. Call Hugh Gallagher at 734-953-2118, or fax him at 734-591-7279 or e-mail him at hgallagher@ homecomm. net.

#### LIGHTHOUSE CRUISE

The Great Lakes Lighthouse Keepers Association is hosting a Detroit to Toledo lighthouse excursion aboard the Diamond Jack on Sunday, Aug. 23. The full day of cruising will provide views of the Grosse Ile, Boblo,

Detroit River and Toledo Harbor lighthouses plus other maritime sites. Three light meals are included, \$78 per person. Deadline is June 20. Write to: GLLKA, Henry Ford Estate, 4901 Evergreen, Dearborn, MI 48128. Phone 313-436-9150 or fax 313-436-9143. GLLKA is a non-profit organization dedicated to lighthouse preservation and education.

#### AIRPORT ALERT

WJR-AM (760) has created an hourly airline travel update which airs two minutes after the top of every hour during peak drive times. Operations director

Al Mayers said the reports were started to provide air travelers with important updates during Northwest Airlines contract negotiations. The reports include cancelled and delayed flights information. The reports air during drive times except during play-by-play sports broadcasts.

#### CYCLING CLASSIC

The Habor Springs Cycling Classic is Saturday, May 30. The annual tour begins three miles north of Harbor Springs at the Birchwood Inn and travels M-119, one of the most scenic Lake Michigan shoreline roads. To accommodate a range of cycling

ability, rides of 20 miles, 40 miles and 100 kilometers are planned. For information and lodging packages, call the Birchwood Inn at 1-(800)530-9955.

#### SAFE BOATING

The Michigan Boating Industries Association is offering, free to the public, the 1998 edition of the Michigan Boating Annual (a \$7.95 value) and a safe boating kit as part of National Safe Boating Week, May 16-22. The Boating Annual is designed for boaters who travel and travelers who boat as it highlights different ports around the state. The publication offers a listing of U.S. Coast Guard, U.S. Power Squadron and local sheriff's departments and other boating services. The boating safety kit includes information designed to help boaters operate their vessel responsibly and in accordance with the U.S. and Michigan regulations. The theme of this year's National Safe Boating Week focuses on flotation devices. The slogan is: "Wear Your Life Jacket - Boat Smart From the Start." To receive your free copy call (734)261-0123 or stop in or write to the MBIA at 31398 Five Mile, Livonia, MI 48154-6109.

Roundtrip rates that blow away the competition!

# How to become an exchange student

tured a story by Caitlin Kilkka of an exchange student in Finland. Here is some information if you are interested in becoming an exchange student.

There are many opportunities to live in various countries as an exchange student for a summer, a semester or a school year. Planning a year or more ahead allows students to plan their school schedules to incorporate the experience better. Several established programs include:

Youth for Understanding, based in Washington, D.C., offers summer, semester and

The May 3 Travel section fea- year programs in 30 countries. Costs range from about \$3,000- New York, offers similar pro-West Bloomfield on her year as \$3,500 for many summer programs. In addition, a summer grams to \$5,700-\$6,100 for academic year programs. Deadline for summer and fall departure applications is April 1, while winter departure applications are due Oct. 20. Early fall applications for the following year allow the best choice of countries, possible scholarships and early-bird discounts. YFU also sponsors foreign students coming to the United States and is actively seeking host families for the 1998-99 school year. Call 1-800-TEENAGER for informa-

American Field, based in language study/home stay program is offered in five countries. Contact AFS at 1-800-237-4636.

Rotary International sponsors year-long exchanges to 75 countries. Students apply to local Rotary clubs through written applications and interviews. Students pay their own round trip transportation and insurance costs while Rotary provides educational expenses and a monthly allowance. Call Rotary International at 1-847-866-3000 for a local contact.



Roundtrip Air from Detroit 3 Nights Sydney & 4 Nights Caims Reef Cruise, Sydney Harbor Cruise Kuranda Rail & Skyrail

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#### Sunday, May 10, 1998

# OBSERVER SPORTS SCENE

#### Mat winners

It was the culmination of the firstever Community Education-sponsored all-city middle school wrestling program: the individual weight division champions.

The program, though always lobbied for by those involved in Plymouth Canton's and Plymouth Salem's high school wrestling programs, didn't get off the ground until this year, thanks in great part to the direction provided by John Demsick, himself a championship-caliber wrestler at University of Michigan.

The lack of competitive middle school wrestling teams here puts both our teams behind right from the start," said Demsick, considered the leading candidate for the vacant Canton wrestling coach's position. "Belleville, Romulus and Ann Arbor are among the majority of schools that have a three-month season for middle schools with dual meets and tournaments.

"I knew it would be a help to offer a city-wide program that at least ended with a tournament."

Demsick's middle school program ended with a tournament at Canton HS. First-place winners were: in the 58-73 pound class - Zachary Streif; 82-88 - Alex Freitag; 95-105 -Richard Demsick; 118-122 - Jeff Hamilton; 123-133 — Doy Demsick; 135-139 - Skye Matuniak; 143-149 Dan Cepela; 151-173 — Bob Moore; 177-185 — Shahein Rajaee; 195-201 Philip Rothwell.

Other medal-winners were: Justin Bulmer, Steve Carter, Jason Cepela, Nathan Dillard, Matt Fiorenzi, Jon Kleemann, Steve Koenig, Andrew Koppin, Scott Marinski, Martin Mayotte, Ken McDonell, Matt McKinley. Pat Moran, Chris Pocock, Evan Reissenweber, Quinn Richards, Kevin Rodriguez and Jeremy Walker.

#### Simons signs

Missy Simons, Plymouth Salem's all-purpose soccer star, has signed to attend Wofford College in Spartanburg, S.C.

Simons has played sweeper, stopper, midfield and, this season, has been at striker most of the time. She is the Rocks' leading scorer.

A starter at Salem since her freshman year, Simons will bring size and strength, as well as well-developed overall abilities, to the Lady Terriers' program. She is the third recruit signed by Wofford coach Josef Lorenz.

#### Cruisers honored

· The Plymouth-Canton Cruisers finished their winter session with their awards banquet, with honors presented in three categories.

whose attitudes reflect desire, determination, dedication and dependability) was given to Colin Smith and Allison Arble in the 8-and-under age group; Stephen Orey and Kristen Nevi in the 9-10 division; Mike Horgan and Amy Mertens in the 11-12 division; and Brian Mertens and Alex Evans in the 13-14 group.

The Achievement Award was presented to: Trevor Silbernagel, Alyssa Johnson and Emily Stephens, 8-andunder; Ryan Smith and Amanda Newman, 9-10; Ben Dzialo, Jeff Nevi, Jamie Bielak and Sarah Bealafeld. 11-12; and Brad Nilson and Kari Foust, 13-14.

The Most Improved Swimmer Award was given to: Steve Johnson, Katie Gorman and Lucy Liu, 8-andunder; Greg Calabrese, Patricia Ahern and Elaine Lafayette, 9-10; Adam Sonnanstine, Matt Vivian, Katie Bielak and Alex Derian-Toth, 11-12; and Garrett Stone, Nick Markou and Beth Evan, 13-14.

Kristen Stone was named the 15-18 division's most valuable swimmer.

### Chiefs boosters

The Canton Chiefs Football Booster Club will meet at 7 p.m. Wednesday, May 13 in Room 165 of Plymouth Canton HS. Among topics to be discussed will be fund-raising goals for the upcoming season.

All parents of Canton football players are asked to attend. Parents who will have freshmen football players at Canton this fall are also encouraged to attend. Future meetings will be held at 7 p.m. on the second Wednesday of the month in Room 165 of Can-

For further information, please call booster club president Anne Sicilia at (734) 397-3046.

# Booming bats bail out Salem, 1



Throughout the season, different parts of Plymouth Salem's game have shone brightly. Problem is, the Rocks haven't had all phases glowing at once. Against John Glenn, it was the offense that pulled out the victory.

Just when it was needed most. The Plymouth Salem softball team's bats came alive Thursday when they were needed most, allowing the Rocks to overcome an 11-7 deficit and eventually escape with a 12-11 triumph over visiting Westland John Glenn Thurs-

The win, combined with Wednesday's 6-3 victory over Walled Lake Western, boosted Salem's record to 9-10-1 overall

and to 6-7 in the Western Lakes Activities Association. The Rocks are 4-4 in the WLAA's Lakes Division.

Glenn overcame a 6-2 Salem lead by scoring five runs in the fourth inning and four more in the fifth. The Rocks narrowed the gap to 11-8 with a run in the fifth, then tied it with three runs in the sixth - the first scoring on Dawn Allen's sacrifice fly, the second on a wild pitch, and the third on Katie Kelly's single.

Heather Sonntag, who had two hits in the contest, scored the game-winning run in the bottom of the eighth on a base hit by Becky Esper. Esper had three hits in the game, driving in two

Allen also had two hits, including a three-run triple in Salem's six-run third, to finish the day with four RBI. Kelly added three hits and one RBI, Karen Prosyk had two hits and two RBI, and Stefanie Volpe got a hit and

Amanda Sutton was the winning pitcher (she's now 6-5) in relief; Shannon Coultas started but left after sur-

rendering 10 runs (seven earned) in 4 1/3 innings. Sutton worked the last 3 2/3 innings, giving up just one run.

In Wednesday's victory at Western, Sutton again was the winning pitcher. She worked all seven innings and did not allow an earned run, allowing seven hits and two walks, with two strikeouts.

Volpe had three hits, including a double, and drove in two runs, while Esper collected two hits and three RBI. Allen aslo had two hits and Coultas totaled one hit and one RBI

Please see SOFTBALL, D3

# A team to be wary of

# Chiefs could be the upset specialists

If you're looking for a darkhorse in Tuesday's Western Lakes Activities Association tennis meet, Plymouth Canton may just fit the role.

North Farmington is, without question, the favorite to take the title while Northville is a close second. But the Chiefs, which have won six straight dual meets, might just surprise a few folks and walk away with the crown.

"There's an outside chance," Canton coach Barb Hanosh said of taking first place. "But the chance is there."

Considering how the Chiefs have played of late, it may not be such a remote possibility.

Canton dismantled Livonia Churchill at home Thursday to the tune of 7-1. It bumped the Red and White's record to 8-2-1 on the season.

The Chiefs swept the singles compe-

Shab Singh defeated Rob Aloe in straight sets 6-2, 6-2 at the No. 1 slot. Vinnie Ikeh dispatched Ian Quay 6-4, 6-4, while Matt Nagy ripped Tom Fitzstephens 6-1, 6-0.

The sophomore has put together quite a year. He's currently second in the league and boasts a 10-1 record.

"He has played very well all year," Hanosh said.

At fourth singles, Richie Ikeh defeated Churchill's Ken Tfeng 6-3, 6-4. Canton was nearly as dominant in doubles.

Gary Levenbach and Jason Darow teamed to take a two set win over Bob Koivunen and Mark Waldron, 7-6(7-4),

Churchill's lone win came at No. 2 doubles. Scott Risner and Eric Williams defeated Canton's Scott Mincher and Chris Houdek 6-2, 6-1.

The Chiefs took the final two matches in straight sets.

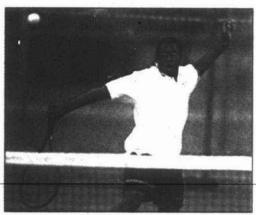
Chris Foff and Nate Mootart defeated Ben Luong and Mike Horka 6-0, 6-3. Andy Oleszkowicz and Luke Montgomery beat Adam Rourke and Chris Singelton 7-5, 6-1.

"It has been a great season," Hanosh said. "I knew we had great potential just by seeing the talent we had last year.

The coach felt the Chiefs could've accomplished a little more than they did last year. She challenged her team to play more in the off-season and

return this spring in better shape. "We needed a change in perspective,"





A strong start: Canton concluded its dual-meet season on a winning note, winning seven of eight flights against Livonia Churchill including a sweep of all four singles, with No. 1 Shab Singh (above) and No. 2 Vinnie Ikeh (left) both winning their matches in straight sets.

Hanosh explained, "if we were going to reach our goal of becoming a better, more competitive team '

The Chiefs took her challenge seri-

"I've been impressed with the amount of improvement I've seen," Hanosh said.

Still, it took a lineup change early in the season to get the Chiefs going. Can-

ton won its first match this spring, but then tied Walled Lake Central. "I felt we should've beat them,"

Hanosh said.

The coach shook her lineup up following the tie. The rest, as they say, is

"We've stayed with that lineup

Please see TENNIS, D2

# Canton's depth a winner

Posting all those impressive times sure looks good in a track roundup, but when it comes to winning dual meets, what really counts is what comes after the first-place finishes.

For Plymouth Canton's boys team, that's what won it in Thursday's meet at Farmington Harrison.

The Chiefs remained unbeaten in the Western Lakes Activities Association's Western Division, thanks to sweeps in four of the individual running events that allowed them to cruise to an 81-56 triumph.

"I was surprised," said Canton coach Bob Richardson. "I had no idea we could sweep them in all of those, especially the 400.

Canton improved to 4-0 against division foes; its overall dual-meet record is 4-1. Harrison is 0-4 within the division, 1-4 overall.

The Chiefs didn't just get victories in the 400-meters, 800-meters, 1,600meters and 3,200-meters. They got second and third, too.

Bryan Boyd finished first for Canton in both-the 1,600 (4:50.0) and 3,200 (10:49.0). In the 1,600, the Chiefs also got a second from Jerry Reynolds (4:53.0) and a third from Shaun Moore (4:56.0); in the 3,200, they got a second from Jason Rutter (10:53.2) and a third from John Mikosz (11:00.4).

Jerry Gaines won the 400 for Canton (53.5), with Larry Anderson second (53.6) and Jack Tucci third (55.1). And Marty Kane finished first in the 800 (2:05.9), with Moore second (2:06.4) and Steve Blossom third (2:09.5).

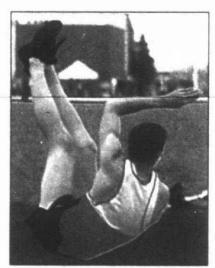
Kevin Keil and Mark Popejov gave the Chiefs a solid one-two punch in the shot put and discus. Keil was first in both (46-feet, 8-inches to win the shot, 156-1 for a first in the discus), with Popejoy taking second (44-11 in the shot, 141-3 in the discus)

Another Canton winner was Eric Larsen in the long jump (20-4 1/4). Larsen was also second in both the high jump (5-10) and 200 (23.2)

Gary Lee, Karamjit Singh, Jason Falardeau and Nate Howe combined for a Chiefs' win in the 400 relay (48 1), and Blossom, Dave Hylko, Rutter and Kane teammed for a first in the 3,200 relay (9:34.8).

A win Tuesday at Northville would guarantee Canton the outright Western Division championship. The Chiefs compete at the Class A regional at Redford Union Friday.

Salem still 1st



Point-winner: Canton's Eric Larsen won the long jump and was second in the high jump.

Plymouth Salem remained perfect in WLAA dual meets with an 82-55 win over North Farmington Thursday at

Please see BOYS TRACK, D2

# Lukasik's 2-hitter lifts Rocks to win

Plymouth Salem's 5-0 road win over Westland John Glenn Thursday was classic baseball: Good pitching, timely hitting and excellent defense

The Rocks used all of those ingredients to beat their hated Lakes Division rival. Jason Lukasik tossed a two-hitter and struck out nine Rocket batters. "He had a lot of first strike

pitches," Assistant coach Aaron Rumberger said. "That allowed him to use his curveball and changeup later in the count to get the strikeouts. It was Salem's third win in a

row. Not bad for a club that was on a six-game downer going into the week. The Rocks, at any rate, improved to 12-10 overall, 6-6 in the WLAA and 4-4 in the Lakes Division.

Salem got all the runs Lukasik needed in the first inning. Mike Hoben and Kurt Berlin each knocked in runs with ground

The Rocks added single runs in the third, fourth and seventh innings. Tony Bernhardt squeeze bunted a run home in the fourth while Joe Rizzi knocked in anoth-

er in the seventh. Lukasik was helped out with some excellent Salem fielding. The Rocks picked up double plays in the second and third innings to keep the sophomore right hander

out of trouble. Rumberger added that his team didn't commit an error in the con-

"We played as well defensively as we've played all year," he said.

Franklin 5, Canton 4: If timing is everything, then Plymouth Canton's clock must've stopped.

The Chiefs kept coming close to Livonia Franklin Thursday, but they couldn't beat their WLAA Western Division rivals.

"We had plenty of opportunities to score," said Canton coach Scott Dickey, his team now 8-10 overall and 5-7 in the WLAA. "We just couldn't get the runs in, we couldn't get the job done.'

Ben Tucker started and absorbed the loss for the Chiefs, allowing five runs (two earned) on five hits and one walk, with three strikeouts, in 4 1/3 innings. Kevin Tomasaitis worked the final 2 2/3 innings, surrendering three hits.

Joe Cortellini led the Canton offense with two hits and two runs batted in. Oliver Wolcott, David Kwiatkowski and Andrew Copenhaver each had one hit.

Canton 9, Farmington 1: On Wednesday, Canton had no problem finding runs in a lopsided win at Farmington.

Oliver Wolcott, a freshman second baseman, provided the offensive firepower. Wolcott went 4-for-4, including two doubles, and drove in three runs. Andrew Copenhaver and Pat Van Hull each had a hit and scored two runs, and Joe Cortellini had a hit and an RBI

Jeff Page was the winning pitcher. He tossed a three-hitter, walking three and striking out

Salem 9, Western 8: Mark Runchey singled Jeff Bennett home in the bottom of the fifth inning Wednesday to lift the

Please see BASEBALL, D3

er's choice.

Nozewski improved his record to 6-0

with a complete-game four hitter. He

Nozewski, who carries a 1.27 earned

run average with 38 strikeouts and 27

walks in 38 innings, is 10-1 the last two

doesn't throw harder than 80 miles per

His fastball is his best pitch but he

"He seems to be able to get out of

trouble, that's what his strength is.'

Salter said. "He's not overpowering but

Marx, who was idle the previous two

weeks because of a leg injury, allowed

Marx gave himself a 1-0 lead with a

Chris Woodruff, the Shamrocks'

seventh. Scott Hay (2-1) got the all and to 4-2 in the Michigan

Ply. Christian 3, Roeper 0: worked the first six innings and

field Hills Roeper.

ome run in the top of the first inning.

five hits, walked four and hit four bat-

walked six and struck out 10

hour, coach John Salter said.

he's good in the clutch.

ters with pitches.

His hit capped an excellent win in relief of Berlin. He Independent Athletic Conference

Becky Mize and Melissa

walks, with seven strikeouts.

On Wednesday, the Chiefs'

with a five-hitter in Canton's 9-3

victory over Farmington. Single

fifth finished off the Falcons.

three runs and three hits.

Shamrocks slip past Brother Rice twice

The Shamrocks tied the score with a

run in the bottom of the second. Follow-

ing walks to Chris Woodruff and Antho-

y Tomey and consecutive steals, Mario

D'Herin picked up an RBI with a field-

Rice added two unearned runs in the

fifth to take a 3-1 lead, thanks to one hit

The Shamrocks pulled within one in

the bottom of the fifth when Woodruff

doubled to score Matt Firlik, who led off

Dave Lusky started the rally, reach-

because the second strike got past the

Marx then hit Casey Rogowski with a

pitch, putting runners on first and sec-

Rice catcher and went to the backstop.

and two walks and two CC errors.

the inning with a double.

help from a passed ball.

# Rocks roar past Raiders

had to offer wasn't much, compared to Ply-The Rocks totally dominated this Western

Lakes Activities Association dual meet, winning 14 of 17 events in running their record to 5-1 overall (3-1 against WLAA Lakes Division rivals) with a 108-29 triumph Thursday at North.

There were two double-winners in individual events in the meet, one from each school Salem's Rachel Jones finished first in both the 100-meters (13.1) and 200-meters (26.6); North got wins from Melissa Gratz in both the shot put (36-feet, 8-inches) and discus

The Raiders (1-4 overall, 0-4 in the Lakes) only other win was by Katie Gaffey in the 100 hurdles (17.1).

Salem's depth was the obvious difference The Rocks got the wins in all the other field events, with Autumn Hicks in the high jump (4-10), Brynne DeNeen in the long jump (14-11) and Kelly Van Putten in the pole vault

In the individual events, leading the Rocks was Melanie Mester in a regional qualifying time of 5:36.1 in the 1,600. Other firsts in individual events went to Aisha Chappell in the 300 hurdles (49.8); Shannon Will in the

Salem boosters

picnic and fund-raisers.

The Plymouth Salem

Linebackers Football Booster

Club will have its monthly meet-

ing at 7:30 p.m. Wednesday,

May 20 in the Salem HS cafete-

ria. Among the topics to be dis-

cussed will be the golf outing,

Parents of any boy playing, or

planning to play, football at

Salem in the fall are encouraged

to attend. For further informa-

tion, call club president Joe

Mestrovich at (734) 459-1122.

**Golf opportunities** 

·A ladies league is now in ses-

sion at the Golden Bear Golf

Center at Oasis, located at 39500

Five Mile in Plymouth. Cost for

the season is \$215 per person

(pro-rated after the April 28

starting date), which includes all

fees. Ladies will choose a tee

time between 4:30-6:10 p.m. on

Monday, Tuesday and Thursday,

or on Wednesday between 7:30-

400 (1:06.3); Annemarie Vercruysse in the 800 (2:29.1); and Ellen Stemmer in the 3,200

ka Konecny. Wendi Leanhardt, Jones and Michelle Bonior were first (52.9); Hicks, Leanhardt, DeNeen and Jones captured the 800 (1:49.8): Vercruysse Heather Whittington, Erin Kelly and Miranda White were first in the 1,600 (4:35.6); and Stemmer, Evelyn Rahhal, Vercruysse and Alyson Flohr got top honors in the 3,200 (11:00.00).

Last Tuesday in the annual Mangan Meet, the Rocks came away with most of the firsts against cross-campus rival Plymouth Canton. The meet was non-scoring in terms of

Salem had three double-winners in individual events against Canton: Tiffany Grubaugh in the shot put (36-4) and discus (118-11); Hicks in the high jump (5-0) and 400 (1:00.1); and Flohr in the 1,600 (5:29.4) and 3.200 (12:04.4).

Other individual winners for the Rocks were Bonior in the 100 (13.1); Jones in the 200 (26.8); and Rahhal in the 800 (2:28.9).

their choice has been made, the

ladies will play with the same

foursome each week through the

with the chance to practice pitch-

ing, putting and chipping, at the

intermediate and beginner lev-

instruction, with advanced video

technology, is included. Call

Stephanie Ashley or Bridgette

Orosz at (734) 420-4656 for more

learn the game of golf. A junior

camp, held at the Golden Bear

Golf Center at Oasis (39500 Five

Mile, in Plymouth), will run on

from 7:30-noon on Mondays,

Tuesdays, Wednesdays or Thurs-

days from June 15-Aug. 4. Cost

is \$128 per child (once a playing

time is selected, it will remain

the same each week through the

Fees include greens fees, chap-

erones, starters, picnic, trophies

and prizes. Here's a great chance

completion of the program).

9:30 a.m. or 4:30-6:10 p.m.; once pitching, putting and chipping,

els. Personalized one-on-one

The program provides women

Aug. 4 conclusion.

Nkechi Okwumabua in the long jump (17-4); Erin Stabb in the 100 hurdles (16.9); and

rick, Leanhardt, Jones and Bonior teamme in the 400 (51.3); Hicks, Leanhardt, DeNeen and Jones combined in the 800 (1:48.4) Becky Phelan, Hicks, DeNeen and Shannon Will won the 1,600 (4:15.6); and Rahhal, Stemmer, Vercruysse and Phelan were first in the 3 200 (10:02 1)

Salem had just one first-place finish: Flohr, in the 1,600-meter run (5:30.4). Rahhal was second in the 1,600 (5:34.4).

The Rocks benefitted from two other sec- the high jump relay team of Chappell and Hicks (9-9 combined) and the 4x800 relay of Rahhal, Stemmer, Vercruysse and Katie Bonner (10:05.5). They also had fouor thirds, two fourths and three fifths.

lege athletic offices.

Boys track from page D1

the 110-meter hurdles (15.3), Pat Johnson in the 100 (11.9), The Rocks are 4-0 in the Lakes Cameron Blanchard in the 200 Division, 7-0 overall. North is 2-(23.9). Scott Kingslien in the 400 2 in the Lakes, 3-2 overall. Salem overcame a stumbling (54 4) Nick Allen in the 800

(2:02.8), Ian Searcy in the 1,600 start in the field events - the (4:37.0) and Jon Little in the Raiders won four of the five — to win seven of the eight individual running events and three of the four relays. And the Rocks did it in 45.2; the 800 relay in 1:35.1; and the 3,200 relay in 8:51.0. without a single individvual event double-winner.

Salem completes its dual-meet season by hosting Westland Sean Galvin was their only John Glenn at 3:30 p.m. Tues victor in field events; he finished first in the high jump (5-6). day. On Friday, the Rocks will compete in the Class A state Other Salem individual-event winners were Dave Clemons in regional at Redford Union.

Tennis from page D1

except for third and fourth doubles." Hanosh commented.

The resulting win streak has put the Chiefs in a solid position or Tuesday's conference match. Most of Canton's players will be seeded from second to fourth in the WLAA. Baring any early round upsets, the Chiefs shouldn't see any North Farmington or

MI, 48170 (phone 416-9177); o

Canton, MI, 48187 (phone 455

6634); or Dave Hall, 11204 Bell

Steve Rapson, 93697 Oak Brook

Northville players until the semi-finals.

While it would be nice to take

The Rocks won the 400 relay

it wouldn't be a failure for the Chiefs if they didn't. "To take first, second or third would be great," she said. "I'd be'

#### WEEK AHEAD

comeback. Western led 7-4 going pitched five innings allowing with Thursday's win at Bloominto the bottom of the third. Brett Burelson cut the deficit to one with a two-run homer and the Rocks added two more runs to take an 8-7 advantage Salem led 9-7 when Western for Plymouth Christian Acade outs. Kiesel pitched the final got its final run in the top of the my, which improved to 8-7 over- inning

Softball from page D1

every winning pitcher, there's Good defense, some big bats the season for Elizabeth Elsner. and, if you're associated with The junior first baseman fin-Plymouth Canton, you've got to ished with three hits and four know there's always another runs batted in for the Chiefs.

pitcher or two to call on. The Chiefs ran their record to 17-7 overall, and to 7-1 in the the Canton attack, with Brown WLAA's Western Division getting an RBI. Jendrusik took (which is good for first) with a the loss for Franklin, allowing

ace Tom Marx outshined Redford

Catholic Central's ace Tony Nozewski at

the plate but certainly not on the

mound when their two teams met in a

Marx, a senior left-hander expected to

go high in next month's Major League

draft, hit a home run in the first game

only to lose to his counterpart, 4-3. The

Shamrocks completed the sweep with a

Both wins came when CC scored runs

The sweep gave the Shamrocks a 14-4

overall record, 10-4 in the Catholic

League Central Division. They needed

at least one win in yesterday's double-

header against Warren DeLaSalle,

which ended the Central Division regu-

lar-season schedule, to clinch first place.

The first round of the Catholic League

playoffs will be played Saturday in

Utica. Matchups will appear in Thurs-

Baseball from page D1

Wednesday double-header at CC.

2-1 victory in Game 2.

in its last at-bat.

day's Observer.

Gretchen Hudson, who missed part of the early portion of the Patty Snook improved to 4-1 season due to a sore elbow, seems fully recovered now. Hudson, a junior, improved her runs in the first and third record to 10-0 with the two-hit innings got the Chiefs started,

ter and struck out 10. The only hits she surrendered Becky Camilleri and a fourinning single by Franklin pitcher hits and one walk, striking out Lori Jendrusik.

Hudson, on the other hand. was the beneficiary of 10 hits - Christina Kiessel each slugged cause. Jenny Dudas also including one of the hardest hits two-run doubles in Canton's knocked in two runs

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Canton 5, Franklin 0: Behind ever recorded at Franklin's field, seven-run fifth. Elsner added a 225-foot blast over the fence, two hits, including a double, and the third fence-clearing homer of three RRI for the Chiefs

Ladywood 12-6. Marian 3-14:

Jones, a senior righthander.

James Jones and Bill Kiesel got the victory, allowing two hits went 2-for-3, and each scored a

combined on a two-hit shutout and two walks, with six strike- run for PCA, which had 10 hits

Playing in Birmingham Thurs day the Blazers got solid nitch ing in game one then fell victim Brown added two hits apiece to to some hot Marian bats in the Rebecca Pawlick provided the

solid pitching in the 12-3 game shutout victory over host Livonia five runs on 10 hits and three one Ladywood victory. She pitched all seven innings allowing six hits and four walks while striking out four.

Melanie Grewe was the hitting star in the game as she went 4for-4 and knocked in a run. Anie Bolongino had three hits and an shutout; she did not walk a bat- and a seven-run outburst in the RBI, Becky Mitchell knocked in a run with a double, Kristen Snook, who helped her own Barnes and Wendy Boise each were a third-inning single by cause by collecting two hits, had two hits and two RBI and allowed one earned run on five

Marge Day knocked in one. Marian took game two 14-6. Livonia. The Blazers had just Bolongino had three hits and three hits and Barnes had the Carrie Kovachevich and three runs batted in a losing lone RBI.

the Central Division of the Catholic League. Regina 2-2. Ladywood 11-12:

Harper Woods took advantage of Livonia's inexperience on the mound and took a pair of easy home wins on May 6.

Erin Picken started and tool

the loss for Ladywood The Blaz-

ers fell to 8-14 overall and 3-9 in

The Eagles scored all three of

their runs in the second inning

Travis Yonkman singled in the

first run and Evan Gaines sin-

gled in the next two. John

Isensee and Derric Isensee both

The Blazers led the opener 2-0 going into the bottom of the first inning, but surrendered three runs and never challenged Regina again. Pickens started and took the loss for Ladywood.

Ann Pattock knocked in both Blazers' runs. Kim Keller had The nightcap was almost a

na scored nine runs in the first three innings to take control. Pawlick started and lost for

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catcher, figured in all of CC's scoring ond. Woodruff followed with a double to of starter Mike Haller, earned the pitchthe one-run victory.

Woodruff is now hitting .385 with 18 RBI, which ranks third on the team behind Rogowski (26) and Lusky (23). He leads the Shamrocks with seven

"He's been a good, consistent clutch hitter and has improved defensively state tournament starts and the fourcatching." Salter siad. "We knew he

could hit. He hit pretty well last year on the varsity. The Shamrocks eked out another one-

tie with a run in the bottom of the sev-CC scored twice in the bottom of the seventh to secure the victory, getting single and was sacrificed to second on a bunt by Firlik. A walk to Lusky put ing first base despite striking out runners on first and second and

score Firlik with one out for a 2-1 victo-

and finished with two hits and three right-center field to bring both home for ing victory. Tomey allowed two hits, walked one and struck out three to improve to 3-1 on the mound.

Control has been a problem for Tomey. He had walked 17 batters in 15

innings prior to Wednesday's appear-Tomey could be a big asset once the

ball, three-strike count is used. "Anthony does better in the summer when they're playing 4-3 count," Salter said. "That extra ball really helps him. run win in the nightcap, breaking a 1-1 He throws the hardest of all our guys, about 83 or 84."

Rice scored its only run in the first Adam Harris started things with a against Haller, using a triple and a

ground out to go up 1-0. The Shamrocks tied the score with a run in the bottom of the first. Lusky Rogowski followed with an RBI single to and Woodruff both singled to put runners on first and third. Tomey followed with an RBI single to put the Sham-

Crusaders win 1st

Madonna University's baseball team advanced at the NAIA Regional tournament at Marion, iversity of St. Francis (Ill.), 7

cushion entering the seventh

when St. Francis chopped the deficit to a run. Madonna's scheduled second game against Ohio Dominican

But the Crusaders rallied for four in the bottom of the seventh to put the game away. was postponed by rain and reset J.R. Taylor went 2-for-4, for Saturday. scored a run and drove in one Mitch Jabczenski went the dis-

while Daryl Rocho's two-run sintance for the Crusaders, raising gle was a highlight of the sev his record to 7-2 with a sevenenth-inning rally. hitter. He struck out seven. Madonna moved to 30-24-1 Jabczenski was cruising along with a shutout and a three-run

with the victory while St. Francis slipped to 25-24.

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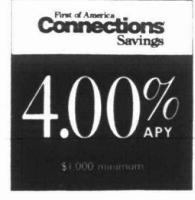


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Week Treasury Bit rate less not more than 1%. As of 4/6/96, the interest rate for this iter is set at 6.51%. The APY ranges from 4.58% to 6.18%. The interest rate for the portion of the balance below \$25,000 is ted to the 13-Week Treasury Bit rate less not more than 5%. As of 4/6/98 this interest rate is set at 4.50%. The APY is 4.59%, Fees may reduce earnings on the Connections Savings account. Offer is available to individuals only. Marriber FDIC. Equal Housing Cender. **Git** For individuals with a TDD device service is available from 9 a.m. 5.p.m. M-F at 1.800-289-4614. 6. ©1998 First of America Bank Corporation.

**GIRLS TRACK** Crystal Alderman in the 300 hurdles (48.9). The Rocks won all four relays. Jenny Fred-Salem swept the relays. In the 400, Zden-

SPORTS ROUNDUP

with play at the beginners and

intermediate levels. For more

information, call Stephanie Ash-

ley or Bridgette Orosz at (734)

Registration is now underway

for the Schoolcraft College Bas-

ketball Camp of Champions, for

boys 6-18 years old. The camp

will be under the direction of SC

former NJCAA All-American at

SC who later starred at Baylor

University: Briggs guided the

Ocelots to their best season in

school history in his first season

named NJCAA Eastern Confer-

main focus will be on fundamen-

tals of the game, in shooting,

ballhandling, passing and

defense, with drills in rebound-

ing and one-and-one play. There

The camp will be from 9 a.m.-1

ence coach of the year.

basketball coach Carlos Briggs,

SC hoop camp

The two dual-meet triumphs capped a strong week for Salem, which traveled to the 20-team Flint Mott Relays May 1 and came away with a narrow victory. The Rocks scored in 13 of 14 events, finishing with 50 points — one more than runner-up Flint Central (49) and two more than third-place Detroit Renaissance (48). Pinckney was

the championship, Hanosh said

very pleased."

Monday, May 11

Canton at Churchill, 4 p.m. Stevenson at Salem, 4 p.m. Bishop Foley at Redford CC, 4 p.m. Tuesday, May 12 John Glenn at Canton, 4 p.m. Wednesday, May 13 Stevenson at Canton, 4 p.m. Salem at Northville, 4 p.m. GIRLS SOFTBALL

> Monday, May 11 Churchill at Canton, 4 p.m. Salem at Stevenson 4 nm Wednesday, May 13 Canton at Stevenson, 4 p.m. Northville at Salem, 4 p.m. **BOYS TRACK**

Monday, May 11 Redford CC at U-D Jesuit, 4 p.m. Tuesday, May 12 John Glenn at Salem, 3:30 p.m. Canton at Northville, 3:30 p.m. **GIRLS TRACK** Tuesday, May 12

Salem at John Glenn, 3:30 p.m Northville at Canton, 5:30 p.m. GIRLS SOCCER Wednesday, May 13 Churchill at Salem (CEP), 7 p.m. TBA - time to be announced

Anyone interested in submitting items t Sports Scene or Sports Roundup may send them to the sports editor, 36251 Schoolcraft. Livonia, MI, 48150, or may FAX them t

Indian tryouts The Michigan Indians trave baseball team, for 11-and-under

The Our Lady of Good Counsel Golf Outing, sponsored by the players, are conducting tryouts Booster Club, is set for two for its team. There are no resi starts: 7:30 a.m. and 1 p.m. Satdency requirements. The team will play 45-to-50 urday, May 30 at St. John's Golf Course, located at 14830 Shelgames, with various weekend don in Plymouth

available at the Schoolcraft Col- (phone 455-8257).

shirt, Registration forms are wood, Plymouth, MI, 4817

(\$40 for dinner only), with your as coach last year and was choice of a.m. or p.m. starts in the shotgun format. The price includes 18 holes of golf, cart, lunch and dinner. There will also p.m. daily, from June 22-25. The be a silent auction.

including former pro and colle-

Cost is \$100 per camper.

which includes a free camp T-

**Good Counsel golf** 

Proceeds will benefit Lady of Good Counsel athletic programs. Checks should be made

tournaments and an opportunity Cost is \$90 for golf and dinner to advance in the Little League World Series. Players must have a birthdate between Aug. 1, 1986 and July 31, 1987. For further information, call Bruce Price at (734) 453-9180

home) or (734) 459-2960 (work). payable to OLGC Booster Club and mailed to Rick Huetter, 10110 Creekwood, Plymouth,

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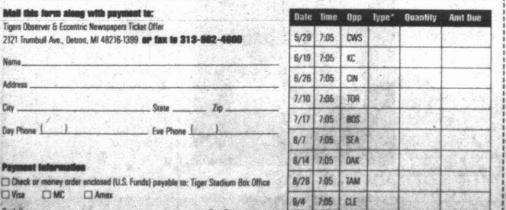
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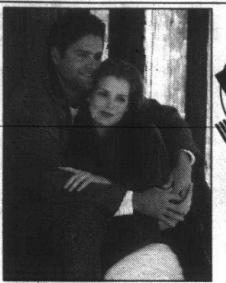
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potential, lots of character and very low maintenance, updated and in mint condition, 1940s era, hurry this one will not be on the market long, \$27906 FOXY LADY

Trim, very attractive, toxy lady, 50s, 57's, sparkling green eyes, enjoys up north, walking in the woods, and the simple things in life. Seeking spiritually-minded DWM, 50-62, \$27919

LOOKING FOR SMILLAR

Degreed DWF, 42, 5'6', student leacher, one daughter, seeks degreed, professional homeowner SWM, for concerts, theater, adventure, and to share life. Troy area, \$27916

LOOKING FOR LOVE

Pretty, romantic, intelligent SWF, loves family, enjoys movies, dancing, concerts, theater, looking for smart man, 40-55, sincere, romantic, turn, kind-hearted. No games, no players.

GLAMOROUS BABE
SWF. 32. 56°, blonde, no dependents, siender yet curvaceous, outgoing, great cook, educated, well-dressed, likes line dining, cultural events, travel, stimulating conversation. Seeking

43-55, for monogamous LTR. No kids. 174137

A ROMANTC AT HEART

Very attractive SF, 38, blonde/green. 56\*, 130bs, likes moves, dining out, horseback riding, etc. Seelong attractive, caring PM, who likes children, for possible LTR. 174218

SUNSETS & MOONLIGHT

SWF, 44, 57\*, brown/hazel, N/S, enjoy sports, jazz, C&W, quiet times at home. Seeking romantic, honest, family-onented S/DWM, 36-54, 57\*, N/S. All calls will be answered. 127913

SWF, 39, 55\*, 119lbs, professional, very classy and attractive, seeks similar, between 39-50, I'm adventurous, optimistic, and romantic, You must be kind, loving, active, and value family and friends. 127818

PRETTY NATURE LOVER

SWF, 43, 57\*, 127lbs, studying alternative medicine, into self growth, woods wallong, singing, natural health, laughing, speaking truth, life. I'm spunky, unique, loving, Seeking N/S, soul connection SWM, 38-48, 127813

OLD SCHOOL WAYS

Humprous SEE soul connection SWM, 38-48. 277813
OLD SCHOOL WAYS
Humorous SF, 41, 56\*, 130bs, brown/
hazel, no kids, never married, enjoys
comedy clubs, drag racing. Seeking
commitment-minded SM, 39-49, race
unimportant, for a mutually furfilling
relationship. Ypsi Township area.
277816
LADY IN WAITING

mgers man committed to personal growth. \$\pi\$9594 \$\ \text{DANSEL IN DISTRESS}\$
Attractive SWF, 36, 5'11', blonder green, seeks tall, heroic SWM, 30-42, to rescue me from having too much time on my hands, for possible LTR. \$\pi\$4239 \$\ \text{DAMETHING DIFFERENT!}\$
SOMETHING DIFFERENT!
SBF, 24, 54, dark-skinned, curvaceous, terminine, seeks financially secure WM, 30-, for fun, and friendship.
\$\pi\$7737.

GREEN-EYED LADY medium build, N/S, enjoys sports, movies, biking, dancing, Seeking SWM, 25-32, who has similar interests, and a good sense of humor \$27689\$

DUT TOTAL TO

T7779

OUTDOORSY, YOUNG 60S

Physically fit DWF, looks 50, proper values, enjoys outdoors, biking, water, beach, boats. Seeking honest, sincere SM, N/S, financially/emotionally/physically secure, for monogamous relationship, for all the right reasons. T7690

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Full-fliquired, hard-working, blue-collar OLD-FASHIONED 110lbs, enjoys dancing, cider mills, all winter activities. Seeking caring, true romantic, sensitive, old-fashioned guy. 127646

romantic. sensitive. old-fashioned guy. \$\frac{\text{TSENJOY SPRING}}{\text{LET'S ENJOY SPRING}}\$

LET'S ENJOY SPRING
Attractive, affectionate, down-to-earth DWF, 36, 577. 128bbs, blond/green, NS, one child, enjoys running, warm weather, concerts, dearcing. Seeking nice, fun, secure SWM, 35-49, NS, to enjoy life together. \$\frac{\text{TSENJOY SPRING}}{\text{SPROJE}}\$

LOCKING FOR SMART MAN SF, seeks very hip-acting, open-minded, carring, rugged-looking SWM, 45-50, 587-511", in shape, Mickey Rourke hye, no dependents under 18, financially/temotionally stable, willing to work on a relationship. No blonds. \$\frac{\text{TSPROJE}}{\text{SPSP}}\$

LIMTLESS RELATIONSHIP Romantic, intelligent 18 desire go. If you have a heart you wouldn't mind losing, please call. \$\frac{\text{TSPSOJE}}{\text{SPSSOJE}}\$

ROMANTIC AND BEAUTIFUL, intelligent, kind-hearted S8F, 34, enjoys working, out, crowles, concerts, concerts, increased, enjoys exercise, spiritual growth, plays, concerts, increased only the collar power of the following plays as were law, spiritual growth, plays, concerts, accerts, increased, enjoys exercise, spiritual growth, plays, concerts, accerts, instruct, ethorics, good conversation, fravet, and more. \$\frac{\text{SPSOWN-EVED GRIL}}{\text{SPSOWN-EVED GRIL}}\$

LIMITLESS PELATIONSHIP
Romantic, intelligent lady, 26, 577, 195bs, seeks mature WM, 30-45, who's not afraid to let his desire go. If you have a heart you wouldn't mind losing, please call. \$29593

ROMANTIC AND BEAUTIFUL. Intelligent, Kind-hearted SBF, 34, enjoys extracted, and more. Seeking attractive SBM, 28-39, who is looking to share friendship, possible LTR. \$29559

LOOKING

FOR JOHN MALKOVICH
FUN, esspigoing, educated, single more seeks SM, 35-45, for possible LTR. Kide are great. \$7-401

INDEPENDENT MOM

DWPF, 32, 5'4' 106lbs, more of two, homeowner, with healthy mind and body, seeks PM for dating, sports, travel, site. Pymouth area. \$24-039

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Hohest, caring, college-educated, down-to-earth SWF, 27, sown-brown, NS, emjoys movies, concerts, thealtoy, gol. Seeking horses, tasygoing, thus, sincere SWPF, 26-32, N/S 32-005

LABT CHANCE

Pretty SWF, forg har, brown eyes, enjoys hockey, baseball. Seeking nice, physically R SM, for monogenious LTR. leading to marriage, to games, No players. \$24188

HAWARAN HEART

Attractive, increase, inch-haranted, homorous, Hawaisian DWF, 36, 5'5', darkforown, part-time college student, morn, ericoys bowling, billiards, tancing, sunshine. Seeking horses, streamed, and remember, sowning, billiards, tancing, sunshine. Seeking horses, streamed, and remember, sowning, billiards, tancing, sunshine. Seeking horses, streamed, and seeking horses, streamed, and traveling, good conversation, fire direing, barbacutes. Seeking horses, streamed on traveling, good conversation, fire direing, barbacutes. Seeking horses, streamed on traveling, good conversation, fire direing, barbacutes. Seeking horses, streamed on traveling, good conversation, fire direing, barbacutes, special charter, and the seeking horses, streamed on traveling, good conversation, fire direing, barbacutes, special charter, and the seeking horses, streamed on traveling, good conversation, fire direing, barbacutes, special charter, and the seeking horses. Lash, norest, loving, educated, special charter,

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Iffile land, 45 likes dragging hisses

40-50, under 6', N/S, moderate drinker, easy to laugh and talk with. \$27532

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Vivacious, lovely SWF, 46, N/S, enjoys movies, plays, music, dining in out, sports, quiet times. Seeking loving SWM, 44-58, with sense of humor, with similar interests, for LTR, \$27531

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Attractive, independent, honest, sensitive tady, 42, petite, enjoys danding, music, dining, card playing, and outdoor activities. Seeking well-proomed gentleman, 40-50, NvS, with similar interests. 179592

SPARKLING, SPUNKY, STYLISH Sensual, gorgeous, fit, 40, 571, 130-10s, MA degree, into biking, reading, antiquing, giggling. Seeking SWM, N/S, degreed, fit, outgoing guy, 179654

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Attractive widowed WF, 59, with blue eyes, would like to meet S/DBM, 55-65, for relationship, 1 enjoy the outdoors, fishing, walks, quiet times, and more. 179662

STILL BELIEVE

SWF, young 46, petite to medium, brown/brown, N/S, seeks carrig, honest, family-oriented man who enjoys walks, talks, golf, hockey, music, movies, bowling and much more, for LTR, 179620

DO YOU QUALIFY?

Are you a sweet, considerate SWM, 68-73, N/S, who would enjoy goffing, bowling, people, cards, walking, a liftite dancing, football, travel, 179627

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Attractive WF, 42, advance degree, very fit, romanic, fun. Looking for educated, attractive man who loves animals, children, travel up North, and life, 179667

CLASSY LADY

Attractive DWF, 41, 573\*, medium

KIND-HEARTED

T-4033

KIND-HEARTED

DWF, 40, auburn/green, 5-5°, 120lbs, N/S, no dependents, attractive, caring, enjoys movies, old cars, nature, antiques, art fairs. Seeking tall, fit WPM, 36-43, N/S, N/Drugs. T24041

ATTRACTIVE AND OUTGOING

DWF, 51 years young, N/S, enjoys drining, movies, antiques, long walks, travel. Seeking honest, sincere SM, good sense of humor, for friendship, possible LTR. T24187

LOG CABIN DREAMING

SUV owner wanted: Spontaneous, college-educated SWPM, 36-50, 5°10°+, N/S, no dependents, with old-fashioned values, town/country style, who enjoys nature, outdoors, up North, log cabins, dogs, blue jeans, Serious about settling down. T24131

FUN-LOVING, UPBEAT LADY Attractive, honest, fit SWPF, 39, 5°5°, brown/brown, N/S, enjoys summer activities, polf, dancing, travel, and more. Seeking attractive SWPM, 36-44, 5°11°+, with similar qualities, interests, for LTR. T24134

3REMINGHAM AREA RN

Attract we DWF, 48 years young, caring an "sensitive, enjoys life and all if has to offer, seeks caring, educated man w, ha sense of humor for friendship less fing to LTR. T24139

BELIEVE IN MAGRC?
Shapely, fit, pretty, petite 5'4', 118ibs,
SWF, 41, professional, N/S, with a bai-anced personality. Looking for edu-cated, professional, 40-80, to share in life's treasures and active lifestyle.

T74225 LIGHT MY FIRE

FRIENDS FIRST

SWF, 36, employed, seeks self-sufficient S/DWM. H/W proportionate, employed, series of humor, enjoy a variety of activities. \$\frac{17}{150}\$ tips of activities. \$\frac{17}{150}\$ ti

LIGHT MY FIRE
Passionate pretty DF 40, with medium build. Seeking SWM. 38-50, N/S, N/D, for dating, mating, and relating, Will you spark my interest? 274235
CUTE,
CARING, CHARACTER
Full-figured, sensitive SWPF, 40, 51, no dependents, N/D, enjoys writing, long talks, seeks kind, witty, Protestant SM, 40+, who values honesty. No garmes. Oakland County area. 274195

WHAT are you waiting for ?



DO you see yourself in this picture? You can make it happen. Just place a personal ad because there are lots of people who'd love to enjoy a fine dining experience with you.

To place your FREE personal ad, call

1-800-518-5445

# Observer & Eccentric

SWEET, NEAT, PETITE
Widowed WF, 87, likes theater, walking, dining, intelligence, dancing, concerts, seeks male, N/S, N/D, for tender loving care, 'T9420',
LOOKING FOR MY KINDRED

LOOKING FOR MY KINDRED
Beautibil, intelligent, strong, secure,
passionate, 'humourous, creative
SWF, 24, loves moves, musc, adverture, and romanos. Seeking SWM. 2535, to share life, love, and dreams
with: 12\*42\*79

WALLED LAKE/NOVI
I'd love to be perfect. Young, thin, nch,
I'm not. Can you appreciate a DWF,
58, and 50/bs overweight, who is taithful, loving, gentle? Imperfect people
get lonely too. 12\*42\*44

SF, good cook, seeks DWPM, 39-50,
5\*10° plus, large build, N/S, good
handy man. We are both honest, sincere people, who enjoys convertible
days, comedy club nights. Let's taik.
12\*2498

SINCERE Protestant: easygoing overweight DWF, 42, 510°, NS, from South Lyon, enjoys swimming, walking, bowling cards, pets, traveling, Seeking honest loyal SWM, N/S 957820

EXTRAORDINARY BLACK WOMAN Intelligent, degreed, professional,

HII
Open, flexible DWF, young 40 not a stuffy type, who would love to laugh stuffy type, who would love to laugh
with you, enjoys computers, gardening, fishing, travel, moives, and laughter. 17830

LOVE NOT GAMES
Shy at first, honest, tender-hearted,
romantic, attractive, full-figured
DWPF, 41,516; enjoys simple things,

CAN YOU MAKE ME LAUGH? SF, 50, 577, red/green, enjoys trausi

ATTRACTIVE SBM. 23

CITY/STATE ZIP CODE

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T7915

ORION-OXFORD

Attractive SWM, 37, 5'9", 175lbs, N/S, likes horseback ridding, camping, animals, movies. Seeking attractive, down-to-arith, family onented SWF, for possible LTR. Come horseback rid-

Seeking SF for LTR 17989

ROMANTIC-AT-HEART

Physically fit SM 37, 62°, brown/blue, good sense of humor, enjoys laughter, romance, cuddling, freplaces, long walks, outdoor activities, horseback riding. Seeking open-minded SF 17975 ### T7975

ATTRACTIVE PROFESSIONAL
Fit SM, 36, 510", brown/blue, great smile, local business man, no kids, never married, recently relocated to North Oakland County, seeks fit.

for friendship, possible corr relationship, 177974 TEST VIAGRA RX

DATE-TRAVEL

SEEKING MY STANLEY CUP

ful, well-established SWM, 4 150lbs, with many interests i LOOKING FOR QUALITY TIME

each other \$7834
AUTOMOTIVE PROFESSIONAL
SWM. 35, 57, 140lbs, very good-looking, MBA, engineering manager for auto company, likes skung, goting, and travel. Seeking. SF, 25-35, for ITR \$7838. RELATE! THEN IT'S A DATE!

ALL I WANT IS SOMEONE

CUDDLE ALERT

Attractive, passionate, caring, sensitive, fit, romantic DWM, 39, 621, 19510s. Libra, enjoys music, laughing, moves, reading, romance and life. Seeking attractive, fit, affectionate, cuddy S/DWF, 28-42, for fun and LTR. #7907

SINGLE AGAIN

Attractive, passionate, caring, sensitive, unique SWM, 31, 6', physically fit, no dependents, enjoys outloaf activities, quiet elvenings, movies, long walks. Seeking ambificious, sensitive, romantic S/DWF, HW, proportionate, for friendship, possible LTR. #7907

SINGLE AGAIN

Attractive, passionate, caring, sensitive, unique SWM, 31, 6', physically sequence elvenings, movies, long walks. Seeking ambificious, sensitive, unique SWM, 31, 6', physically fit in dependents, enjoys outloar activities, quiet elvenings, movies, long walks. Seeking ambificious, sensitive, unique SWM, 31, 6', physically fit in dependents, enjoys outloar activities, quiet elvenings, movies, long walks. Seeking ambificious, sensitive, unique SWM, 31, 6', physically fit, no dependents, enjoys outloar activities, quiet elvenings, movies, long walks. Seeking ambificious, sensitive, romantic S/DWF, HW, proportionate, for fit affection activities, quiet elvenings, movies, long walks. Seeking ambificious, sensitive, unique SWM, 31, 6', physically fit, no dependents, enjoys outloar activities, quiet elvenings, movies, long walks. Seeking ambificious, sensitive, unique SWM, 31, 6', physically fit, no dependents, enjoys outloar activities, en

DARK BLUE EYES

PRETTY ASIAN

mantic, and has a variety of inter-is. 127833 ROMANTIC GENTLEMAN

ROMANTIC GENTLEMAN
Sincere, understanding DVM, 58,
58", brown/brown, N/S, N/Drugs, enjoys concerts, bowling, walks, outdoor
sports, family events. Seeking marrage-minded S/DWF, 35-50, who
wants to be treated like a lady. Give
me a call. \$7.726

LOYAL

Tall, honest DVM, 53, 6'4", N/S, slender, in good physical condition, sense-

! HONEY,

VERY ATTRACTIVE

ESCAPE

SINGLE AGAIN
Attractive SWM, 39, 5'8", 160lbs. possible LTH. 127/910
LONG HAIR
SWM, 27, 510°, 172lbs, very athletic, enjoys working out, tennis, white water rafting, dancing, mountain biking and much more. Seeking SWF, 18-28, nice figure, energetic, kids ok. 127/915.

PROFESSIONAL, GOOD-LOOKING SWPM. 40, 5'6", 160lbs, dark har

GUY NEXT-DOOR SWPM, 59", medium

ntelligent sense of humor and is not umpy \$\overline{m}\$7912 NEW TO AREA

Honest, humorous, sincere, loving caring SM 44 5.10", 180lbs, true gen tleman, seeks special SF, with diverse

BRIGHT, GOOD-LOOKING... uthful, well-established SWM, 43.

Extremely fit, athletic, honest, intelli-gent, romantic SWM, 30s, 510° 175-lbs, strong athletic build, N/S, social

friendship, more. 177784 LOOK NO FURTHER 38- 17718

OUTDOOR LOVER
Tim, good-looking SWM, 35, 511\*
sandy hair/blue eyes, would apprecate a nice, sweet, tim gal who enjoys outdoor activities, lakes, woods and back roads on motorcycle or working.

seeks romance, with family-onented SWF No players please. \$\frac{\pi}{2}\$ 821 WHY \$\frac{\pi}{2}\$ 821

compassionate appreciative gentle-man. 127835

With this tall, affectionate, attractive SWM, 27, 84°, 230ths, brown/blue, fit.

LOOKING FOR LOVE SWM, 43, 5'10", 230lbs, brown/blue, SWM, 43, 510', 23085, prowropue, many interests, seeks aftractive, curvy SWF, 30-40, for possible LTR \$7725 AVERAGE GUY SM, 42, 62', 220lbs, down-to-earth, easy on the eye, great series of humor entrepreneur in search of

LET'S HAVE FUN

PARTNER OKI

PARTNER OKI

Nice, successful, down-to-earth SWM,
42, full of romance, and mischief,
seeks interesting, presentable SWF,
age open, for socializing, fun, and possible relationship, \$7,7827

TAKE A CHANCE
Sincere DWM, 38, 6'3", 250lbs,
blondblue, N/5, seeks sim, attractive
female, for dates and companionship
All replies answered. \$7,7629

ADVENTUROUS
Good-looking SWM, 29, 510", 155lbs,
dark hair and eyes, enjoys traveling,
skling, sporting events, working out,
humor, romantic climners, and much
humors, \$1,251.

SEEKING GOOD-LOOKING DUDE
Financially secure SM, 50, 510\*,
165lbs, light-brown reddish/blue, NS,
seeks LTR with the right person. My
compatible star signs are Aries.
Gemini, Libra, and Segittanus 177873

STOP HERE

SWPM, 42, 58\*, fit, no dependents,
communicative, curious, humorous,
fexible and persevering, edectic taste
in movies, music and more. Seeking
fit, emotionally available SWF, to
share healthy, happy relationship.
177827

TURNER SPECIAL LADY
Happy-go-lucky, well-built, very goodlocking WM, 38, 61, 210lbs, blondenbrown/brown, excellent shape, great
physique, loves workouts, sports,
bosting, Seeking goal-oriented, fit,
very attractive, sligh lemale, £77645
HONEST AND SINCERE
Kind SWM, 37, enjoys music, movies,
laughter, and spectator sports. Seeking SWP, 27-38, for threndship, possible LTR. Kindness, honesty, and
straightforwardness are important.
£77638

EBONY SEEKING NORY

#77638
EBONY SEEKING IVORY
SBM. 31. 62°. 200lbs, N/S. light
drinker, no kids, very well-amployed,
seeks SWF, 21.35. for dating, and
possible LTR, #77633 Smart-looking, educated, successful businessman, 46, seeks beautiful, imart, tough, polifically moderate wo-nam, to love and listen to. North Western suburbs. \$\mathbb{T}7874 VERY HANDSOME GENTLEMAN

Western suburbs. 127874
SOMEONE SPECIAL
Attractive, affectionate, honest DWM, 3 611 185/bs, enjoys outdoors, darts, movies, romantic evenings, and travel. Seeking S/DF, 30-38, perter-medium build, with similar interests, for friendship, possible LTR 127785.

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I'M OK
Easygoing, active DWM, 48, 5'9", 195ibs, N'S, average looks, above average sense of humor, seeks down-toearth WF, 40s. HW proportionate, for
fun leading to LTR. \$27685
SOMEWHERE OUT THERE
Honest, Italian SWCM, 32, 6'f, enjoys
softball, hockey, bowling, Seeking
happy, fun SWCP, 25-30, willing to try
anything, LTR. \$27639
COMPANION WANTED
Honest, affectionate DWPM, 52, 5'11",
in good shape, N'S, new in area, enjoys all social activities. Seeking humorous, sincere, silm SF, for possible
LTR. \$27688 BOZELL WORLDWIDE, INC
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BELIEVE IN ROMANCE Good-looking, tall, professionally em ployed SWM, 40, enjoys traveling OK INTERNATIONAL & ASSOCIATES INC OMS ENERGY FAIRLANE PLAZA SOUTH

OVER EASY Inviting, financially/emotionally secure, active, open-minded DWM, 45, 57°, 140lbs, N/S, seeks WF, with similar traits, for possible LTR, 127636 DEVELOPMENTALLY DISABLED PLANSSORE healthy charming development of the property of the proper indsome: healthy, charming, dever-mentally disabled SWM, 41, seeks nice, attractive lady, to be a friend, dinner regularly for dinner and con-

unimportant \$7540

APRIL LOVE...
is for the very young at heart. SWM, 49, seeks SCF 35-50, with good morals, to share my life and find April love with me. \$27641

TWO COUNTRY CLUBS

Handsome SWPM, 49, large build, excellent golfer, C&W dancer, seeks slender, active, young-looking SWF. 35-53, comfortable in jeans or formal gown, for LTR. 277642 gown, for LTH. 177642

PROFESSIONAL AND 24

Honest SUM, 5107, 185lbs, enjoys movies, dancing, guitar, piano, working, out, chess. Seeking attractive SWF, 20-28, for romance and love.

o explore all of life's mystenes 177536 NO GAMES

summer nights, are N/S N/D petite-medium build, 3 are the lady I'm looking for

Seeking DVP with kids, for companionship, monogamous relationship West Bloomfield area. 1277719 SEEKING SOULMATE Attractive, degreed DWM, 55, 59' 145lbs, NS, social drinker, enjoys family, movies, concerts, theater, dning out, quiet evenings. Seeking physically it. S/DWF, 42-48, for LTR. 1277720 SEEKING GOOD USED VINTAGE

ARE YOU PAR FOR MY COURSE? incere, caring, honestly handsome VM, 39, 611, 190lbs, brown/blue

LIVES IN REDPORD
Retired DWM, 517", 150lbs, brown/brown, in good shape, light smoker and drinker, seeks similar S/DWF, for

VISITORS BUREAL CONELY SENIOR
Lonely widowed WM, desires to meet widowed WF, over 65, for welking, movies, dancing, travel. Must be active, have a sense of humor and be intelligent for a bur relationship. MOTOROLA SEMICONDUCTOR PR MOTOROLA INC. AUTOMOTIVE PRODU

BUILDING "NEWCOR INC GILVY & MATHER ADVERTISING PPG INDUSTRIES INC PRICE WATERHOUSE LLP PRUDENTIAL SECURITIES BIRMINGHAM-GOLD BLOOMFIELD HILLS-BRONZE **50TH ANNIVERSARY** UNITED WAY TORCH DRIVE

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Thanks to their commitment and dedication, United Way

in need one more reason to smile.

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MACCO BY HOUR STANDARDS PRINCIPLE AND MARKET STANDARDS PRINCIPLE WE CARE BRIEFIT ADMINISTRATION OF TRANSFERM COMMENT AND TRAINING SERVICE NATIONAL LABOR RELIGION SOARCE REGION SOCIETA OF THE CONTROLL OF THE SOARCE OF PRISONNEL MANAGEMENT.

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STILL LOOKING
SWF, 28, 573°, brownhazel, enjoys dining, darts, dancing, Red Wings. Seeking commitment-minded SWM, 25-35, for possible relationship. 127914 SUMMER ROMANCE
SWF, 27. seeks SWM, 27-32, good personality, sense of humor, who enjoys sports, outdoors, concerts, moves, romance, to have fun with this summer, and a LTR with right person.

SM, 35-40, 6+, for lasting relationship.

27-4281

UNDER CONSTRUCTION

Beautiful SF, blonde/blue, building a fine structure, needs an attractive SM construction babe, 30-42, to help finish the plans. It will be worth the call.

27-7735 PREFERRED STOCK

SIT me plans. It will be worth the call.

197735

LIVONIA LADY

LOTS TO OFFER

Attractive, silm, educated, fit SWF, 50+, enjoys arts, travel, fitness, educated, and fun. Seeking secure, educated, open, baring SM, for partner.

17782

SECRET GARDEN PREFERRED STOCK
Attractive, alender, affectionate, out-going, energetic
SWPF, 48, 5°5", independent, seeks
still, fit, attractive, honest, humorous
SWPM, 42-52, 6°+, N°S, degreed, for
friendship first. 277909
HEY, GUYS!
Anybody out there looking for SWF,
53, attractive, open-minded, intelligent,
humorous, who enjoys weekend getaways, good corriversation, camping
indoors and outdoors, and much
more. 277917
SECOND TIME AROUND
Spunky, classy, sensual, loving, lonely SF, 120tils, blonde, senior, not
young but fun, seeks witty, humorous
SWM, 60 plus, N/D, who enjoys ballroom dancer, to spend time with.
27966

JUST LISTED ©7782

SECRET GARDEN

DWPF, 40s, 58", blonde, seeks large, furry teddy bear, 58" plus, who enjoys music, theater, concerts, motorcycles, slow dancing, and just being together. ©7778

music, meater, concerts, motorcyces, slow dancing, and just being together. 177778

ROMANTIC
Pretty, petite, trim DWF, 57, 54", blonde/green, enjoys fining, dancing, theater, and more, seeks tall, handsome, ff, romantic, gentleman, to share life's pleasures. 17724

LOOKING FOR MY SOULMATE
SF, 48, petite, long blonde/green, seeks down-to-earth, honest, sincere, decorit man, financially secure, who will treat me well. No heavyweights, or baidles. 27 4090

GENTLEMAN:
I'm tall, slender, pretty, very intelligent, refined, humorous, fun, affectionate, smoker, 51, and interested in being romantically wined and dined by gerit, 50-65, tall, intelligent, classy, confident, marriage-minded. 17 6633

BE MY VALENTINE
DWF, 42, 55", blonde/hazel, full-figured, more of two, MO, N/S, enjoys dancing, playing cards, movies, easy listening music. Seeking, romantic, caring, honest SM, 40-46, for LTR. Livona. 174143

GREAT COOK...

GREAT COOK...

GREAT COOK...

GREAT COOK...

Seeks well-proorned, enrolionally stable, easyygoing, sensitive S/DWM, 49-55, for monogamous LTR. No kids. 174137

A ROMANTIC AT HEART

TICK TOCK TICK TOCK

SWPF, 35, strawberry-blonde/green,
slender, enjoys golfing, traveling, and
quiet romantic evenings. Seeking
SM, 30-30, with similar interests, for
possible 'insting relationehip. 274/277

PRESCRIPTION FOR ROMANCE
Beautiful, successful doctor SWF.
305, 5'S', silm, sincere, honest,
accomplished, well-travelled, loves
sports, golf, theater, and traveling,
Seeking educated, successful, mature
centleman, 35-43, for relationship, to gentleman, 35-43, for relationship, to start family. 127644 34, ATTRACTIVE, CLASSY PRO

SWM, 30+, N/S. 1279551

ALLURING & INTELLIGENT
Tall SWF, 36, with long strawberryblonde hair, seeks LTR with an intelligent man committed to personal
growth. 1279594

DAMSEL IN DISTRESS
Attractive SWF, 36, 5'11', blonde/
green, seeks tall, heroic SWM, 30-42,
to rescue me from having too much
time on my hands, for possible LTR.
1274239

SOMETHING DISFERENTI

GENTLEMEN ONLY PLEASE.
Little lady, 45, likes dancing, blues, hockey, classic cars, weekend trips, tv nights, seeks patient golf partner, 40-50, under 6°. N/S, moderate drinker, easy to laugh and talk with. 927:532

with similar interests, for LTR. 27531
WIDE VARIETY OF INTERESTS
Attractive, employed, educated SBF,
5'6", 147bs, HW proportionate, N/S,
social drinker, no dependents, variety of interests. Seeking SM, 44-53, who believes in romance, opening doors, for one-on-one, honest, monogamous relationship. 27592

SENSUOUS AND ATTRACTIVE
DWF, 5'5", 135lbs, black/sexy, looking for her Mr. Right, 45+, to share romance and adventure. Serious replies only. 279536

FUN-LOVING

Attractive, sincere SWF, 44, 5'4", 115-lbs, N/S, black/brown, seeks good-looking SWM, 40-50. HW proportionate, to share fun, romance, monogamous relationship, and compatible partner for the future. 279543

I'M READY, ARE YOU?
Can you relate to my dilemma? Attractive SWPF, seeks an open, honest, physically fit, intelligent SPM, 45-55, N/S, loves life and challenges, if this fits, let's start with friendship, explore the possibilities. 278919

PRETTY, SLENDER, SENSUAL Sophisticated, smart, secure "sweetheart" seeks best friendflover for life, nice guy? good-looking, in shape, refined, cultured, romantic, young 50s gentleman, Let's enjoy deventure, world travel, life's liner things. Golf a plus. 279552

LOOKING FOR

LOVE NOT GAMES

Attractive DWF, young 49, 5'4', brown blue, N/S, financially/emotionally secure, for triendship, leading to LTR. 279553

ROCHESTER AREA LADY

Very attractive, classy, adventurous, sensitive, sensible, romantic DWF, 52, 52, 53, and 50 compassionate SWM, 45-55, financially secure, for triendship, leading to LTR. 279553

ROCHESTER AREA LADY
Very attractive, classy, adventurous, sensible, sensible, romante DWF, 52, 56°, 132lbs, college-educated, enjoys golf, cards, reading, boating, camping, traveling, Seeking, similar in a pentieman. T95889
TIMID BUT PASSIONATE
Attractive, independent, honest, sensitive tady, 42; petitis, enjoys dancing, music, diring, card blaving, and out-

Fun-loving DWPF, 49, great figure, warm heart, seeks fit, energetic, with SWPM, with obvious presence to share special times. \$27.451

LOVES

PINK FLAMINGOS

ROMBRICH STORM

PINK FLAMINGOS

Romantic, aristic, imaginative, spontaneous DWJF, Rubenesque, enjoys life, camping, fishing, ocean, travel, art, blues, motorycles, sunshine, good times. Seeking established, caring SWM, 30-50, long hair, beand, similar interests. Kids ok. \$27501

PERKY BROWN-EYED GIRL

DWF, 38, 511, brown-brown, romantic, caring, land, seeks S/DWM, 35-43, for friendly, enjoyable weekends, a little hand-holding, slow dancing, and good conversation. \$27452

REAL LOVE

Attractive SBF, 40, 527, full-figured, no children: at home, enjoys music, movies, travel, plays, concerts. Seeking SM, 35-60, with no children at home, for relationship. Race unimportant. \$2750

portant. 127500

ARABIC
PRINCESS
Spicy, classy, beautiful, divorced mom, 29, with two, small kids. Seeking sincere, classy guy, 30-45, who enjoys the finer things in life. 1279502

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I'd like my ad to appear in the following category: I WOMEN SEEKING MEN I MEN SEEKING WOMEN

2241 Mail to: Observer & Eccentric Newspapers Classified/PERSONAL SCENE 36251 Schoolcraft Livonia, MI 48150 Fax: 1-800-397-4444

Seeking strong, self-assured man, who can make me laugh. North Oakland area. \$24215

Enjoys most music, sports, concerts Seeking beautiful petite SWF, 20-40

VERY ATTRACTIVE
Great build, athletic SWM, 6', 190lbs, blue eyes, plays all sports, great dancer, loves movies and outdoors.

woman for relationship who is affectionate. Let's make our fantasies come true. Cail me. 127/826

FULL-FIGURED HIPPIE

Affectionate SBM. enjoys bowling, pool, parks, movies, diring out, much more. Seeking attractive, warm, loving, caring, affectionate full-fligured hypite fernale, 35-48, any race, for possible LTR. 127/908 reasure 17824

COMPLETE ME1

Romantic, SWPM, 34 has everything now except you. Like me, please be Catholic, N.S. never married, and unbelievably affectionate. Capture my heart foreverl 17828

The following information is kept strictly confidential and is necessary to send out instructions you will need

CALL 1-800-518-5445 OR FILL OUT THE COUPON BELOW TO PLACE YOUR FREE AD!

remainments to 1537 FEMALE MATE WANTED
Retired, widowed WM. 72, 510\*
140lbs, enjoys boating, fishing, animals, gardening, movies, and dining
out, Seeking WF, with similar interests. \$24231
ROAMING COMPANION WANTED
DWCM, 62, 516\*, enjoys R.V. camping, boating, Seeking retired, mendly, daring SWF, 55-64, light smoker and diniker ok, \$27727 PVS CHEMICALS INC REYNOLDS METALS COMPANY RUDOLPHILIBBE CORP SAGINAW MACHINE SYSTEMS INCORPORATED R.P. SCHERER CORPORATION

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THE STANDARD PRODUCTS COMPANY

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GOLD ACHIEVEMENT

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brighten the lives of others in our community.

the organizations listed on this page and their

Because of your help, United Way Community Services and

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THANKS FOR GIVING!

ur sincerest thanks to all of the 1997 Honor Award-

vinning companies and organizations whose generous

contributions helped United Way give hope and help

to 1.7 million people in our community. This public

expression of recognition is a small token of our tremendous

heartfelt thanks to you and your employees for continuing to

Thanks to you there is help, there is hope,

there is one more reason to smile.



LECTRICAL WORKERS, LOCAL 58

IRE FIGHTERS LOCAL 1-35

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PLYMOUTH
ROSEVILLE
SALINE
SOCIAL SECURITY ADMINISTRATION
GRAND RIVER BRANCH OFFICE
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#### **RECREATION NEWS**

# Redford lady a Queen again



For Betty Trimper of Redfrod, the Michigan Queens Tournament was a great challenge and she was able to take the crown over a field of the finest women bowlers in the state. "It was my biggest thrill in bowling," said Trimper. But hold on a minute, that was four years ago at Bowl One in Troy when she won the "Queens" in 1994. Last Sunday it was Betty Trimper again with her second cham-

pionship crown in the Michigan Queens Tournament at Westland Bowl as she defeated Sandy Winbigler of Roseville in the final match, 238-201. Every year since 1984, The Michigan Women's Bowling assoication has run the Queens Tournament. It is considered to be the premier event of the year and brings out the top competitors from throughout the state, and held in a different city every year. In order to reach the winners circle, one has to bowl through the qualifying rounds, make the cut to match play. It then eliminates down to the final five in a stepladder format. Trimper finished the match play in the top seed, so only had to bowl one game in the finals. In the first step of final play Jennifer Slagter of Grand Rapids defeated Carmen Allen of Detroit 264-235. Jennifer then met Susan LaRegina of Midland and in a hot shooting match LaRegina won 249-245. Sandy Winbigler then met and defeated LaRegina 245-235. Then along came Betty Trimper, displaying a powerful shot as she connected five strikes in a row and took advantage of Sandy's nine count taps in the 5th and 6th frames "I knew then that I could win" said Trimper. She averages 200 in the Luxury Ladies Invitational and the Bonanza Ladies Trio. Although she did not take up the sport of bowling until the age of 17, she has come on as one of the area's fine players. With one 300 game, two MWBA Queens crowns and a high series of 772, she hopes to hit an 800 series someday. Betty was on the All-City first team 1991-92, Mid-States Masters Champion in 1990, City All-Events actual in 1992 and second team All-City in 1990-91. "I would like to win the MWBA Queens again," she said after accepting her crown and \$4,000 check for first place. Winbigler, who had won this same event in 1996 took home \$2,000 for second place and LaRegina earned \$1,000 for third. All of the competitors showed a lot of talent, the strikes were lighting up the scoreboard and it was a day when anyone could have won with the good break here or there, but Redford's Betty Trimper showed her power and talent on this day. It was her day all the way!

What a way to end a season. It was a real old fashioned slug fest as the All-Star Bowlerettes held a roll-off between first half champs Contour Power Grips and second half winners Hi Tech Pro Shop. The record setting Contour Power Grips team had to be considered a heavy favorite with a line-up consisting of Aleta Sill, Jeanne Gebbia, Cyndi Black, Carmen Allen and Lida Bishop. Everybody was throwing strikes, but Hi Tech had a few more of them with Sandy Winbigler (610), Robin White (693), Novella White (648), Carol Mielczarek (682) and Petesy Wray (635). Hi Tech won the first two games 1130-1002 and 1137-1080. That was, nough to seal the victory, buy by rule, a third game was played and again Hi Tech came through with 1001 to 933. The new Champions were recognized at the annual banquet last Monday, and individual awards were also presented. The high game was sixway tie with Gwen Finley, Rose Edwards, Aleta Sill, Peggy Smitley (Westland), Julie Wright (Farmington Hills) and Sandy Winbigler each with a 300 game. High average for the 97-98 season was Farmington Hills own Tamika Glenn with 220.94 including 11 700's. League average for the season was 193.31. High series was 794 by MickeyWebb and most improved bowler was JulieWright who went up 17.62 pins from the past season. It turned out to be a fantastic year for the league bowling on Monday nights at



Repeat winner: Betty Trimper of Redford was Queen once again.

Cloverlanes in Livonia.

A special treat is in store for PBA Tour fans when the Greater Detroit Open comes to Taylor Lanes this week. On Monday (May 11) at 8:30 p.m. there will be a shoot-out between a team of AMF staff pro bowlers and Storm Products. Using the Baker system format, they will be shooting for a \$3,500 in prize money to the winning team. The Storm team consists of Pete Weber, Del Ballard, Dennis Horan, Brian Himmler and David Ozio. AMF shooters include: Brian Voss, Bob Learn and Joe Firpo. This looks like a fun-filled event to watch, especially under the Baker system with a different bowler for each frame. It is open to the public at no charge for admission, just come on down to Taylor Lanes on Eureka Road a half mile west of Telegraph. If you missed getting in the Pro-Am, give Taylor Lanes a call, there are still a few openings (734) 946-9092.

# Noticing what's around you can make it special



**NOWICKI** 

During this past week, the dense fog has made driving more of a challenge than usual. Driving through clouds water droplets can be treacherous, when the sun begins to dis-

sipate the fog, we can begin to see things we don't ordinarily

When I felt I could take my eyes off the road for a few moments while driving to work in the fog, I was delighted to see what looked like balls of cotton on the vegetation in some fallow fields.

Some balls of cotton were big, most were modest in size, but they appeared to be on every plant. In fact, some plants had three or four. I could see them best when the sun was behind the plants, or they were backlit.

These balls of cotton were spider webs that had collected moisture from the fog. Each delicate strand of webbing was covered with tiny beads of water. All the lines clustered together made it dense enough so I could see the entire web.

I am always amazed at the number of webs in the field. Though I walk by them everyday, they remain invisible to me and unsuspecting insects - until dewy mornings

like we had last week

Most of the webs I saw from my car were irregular in shape and were only about 2-3 inches around. These little webs were made by spiders in the group called the Therididae. Spiders in this group are not very big, but by the number of webs I say they are very plentiful. Near the tops of plant stems sticking up from last year, they build an irregular tangle of silk designed to ensnare unsuspecting insects.

Larger webs highlighted with dew illustrated the bowl and saucer web design very well. Arched in a well constructed dome was the main body of the web. Above the dome was an irregular tangle of webbing. Some have the dome upside down like a bowl with a saucer underneath serving to catch anything that might fall down. Typically the spider resides in the dome/bowl and waits for an insect to fall in or on the dome. Then the spider reaches through the webbing of the dome and subdues its prev.

Each web has the potential of catching an insect. Though there are far more insects than webs, its good to know that spiders are out there helping to control the insect popula-

Its also enjoyable to see their delicate webs highlighted with dew and backlit by the rising sun. Just one of those simple pleasures of the natural world that can be enjoyed by anyone who takes the time to look!

#### **BOWLING'S BEST SCORES**

**BOWLING HONOR ROLL** 

Plaza Lanes (Plymouth)

Guys & Dolls: Frank Pencola, 268-

Country Lanes (Farmington) B'Nai Brith Pisgah: Lyle Schaefer

227-288/711; Bryan Levine, 259-227 210/696; Andy Rubin, 219-236 238/693: Jerry Lash, 224-225-233/682; Allen Zuppke, 230-248/660

Plum Hollow Lanes (Southfield)

Brith Morgenthau B'Nai L'Chayim/Zeiger-Gross: Lee Weinstein. 217-200/607: Len Moss. 205-209/605; Bill Yaker, 211-202; Bob Franklin, 201-207; Larry Schlussel, 234.

Bowl One Lanes (Troy)

Survivors Mixed: Bob Nolan, 300 925 Classic: Bill Kolar, 298.

Sacred Heart: Jim Hicks, 279; Phil Tompkins, 279.

Bowl One Rollers: League Champs: Mike Leslie, Debbie Leslie, Jim Barner, Tammy Barner.

Goodtimers: League Champs: Jo Mason, Eldora Best, Ede Zingler, Wilda Newbold, Kathy Cornell.

Jacks & Jills: League Champs: Branda Reeves, Brenda Sullen, Gary Holloway, Calvin Sullen

Tuesday Night Men: League Champs: Subway: Scott McGlone, David Silver man, John Neville, Dan Wilson, Brian Craczyk, Michael Hoobler.

Monday Merchants: League Champs: Jeff McIntosh, Gary Palys, John Sudderth, Lenny Palys, Greg Sudderth,

Golddusters: League Champs: No Passing Zone: Tyree Trickey, Dennis Sadler, Mary Franke, Lou Tosi. Bowl One Sunday Nighters: League

Champs: A.W.K.I.W.R.: Tina Bianchette. Sherry Smigiel, Rick Smigiel, Tony Tom-

Stan's Mixed: League Champs: Living Hell: Penny Welch, Maggie Hunter, John McFall, Don Hunter

Bowl One Jewels: League Champs Olde Goats: Jim Edgil, Kathy Wells. Isabel Matthew, Jerry Wells.

# How to make money by marking the tees

Ever wonder where those three-foot tall granite stones standing to the side of you when you're about to tee off come

Well, if your teeing it up on area courses, there's a good chance those boulders came courtesy of From Tee to Green.

The brainchild of West Bloomfield resident Dick Steinhart and cousin Joe Korman, who presently lives in Burlington, Ont., From Tee to Green is a business that sells tee markers to golf courses. Not only is there a picturesque lavout of each hole displaying not only the direction. but hazards such as water and sand as well - but also room for advertisers to pitch their prod-

"It was pretty much my cousin Joe's idea several years ago. explained Steinhart, whose job it is to negotiate deals with golf courses as well as sell advertising. "We've played a lot of golf together and just one day he got

the idea and went with it. Up and running in Canada prior to January, 1997 when it began operations locally. From Tee to Green has signed deals with such local courses as Links at Pinewood, Cattails and Bushwoods. Steinhart said he is currently in negotiations with Shenandoah in West Bloomfield and Twin Lakes in Rochester Hills.

The rocks, quarried in Quebec and sandblasted in Hamilton run on an average between \$2,500 and \$3,000 apiece and are given to the courses free of charge, according to Steinhart. The sale of advertising covers the cost

"It's a unique and tasteful way of sponsorship," said Steinhart who shares his explained "You're competing with a lot of advertising dollars, but it's well worth it. You have quite a few people going by each day. Steinhart, who plays quite a

few rounds at Links at Pinewood, said he has such local sponsors as Paramount Bank. Carl's Golf, Remax, Tobacco Road, Tri-County Building. Siegel's Deli, Strategic Financial Advisors and Earth-to-Earth already under contract or soon to be for future tee markers.

Anyone wishing for services offered by From Tee to Green can contact Steinhart at (248)

■ The St. Mary's College athletic department is sponsoring

the inaugural Eagle Golf Outing on Friday, May 22, at Shenan-doah Golf Course in West Bloomfield. All proceeds from the event will benefit the student athletes

at St. Mary's College. Several packages are available, single as well as foursomes, starting at \$125. Corporate sponsorships and dinner-only packages are available.

Prizes and raffles will be included as well as "longest drive" and "closest to the pin" contests.

For more information, call the St. Mary's College athletic

department at (248) 683-0344. Shenandoah Country Club

will be the site of a ladies golf clinic this summer.

Sponsored by West Bloomfield Parks and Recreation, the clinic, which will be offered four times throughout the summer, is for beginners and will cover swing, stance, chipping, putting and

Session II runs May 19-June 2 and meets at 6-7:30 p.m. Tuesdays. Session III runs June 8-22 and runs 6-7:30 p.m. and Session IV runs June 15-29 and will be held 9-10:30 a.m. Mondays.

The cost is \$60 for West Bloomfield residents and \$66 for non-residents. Please register one week in advance of each session by calling West Bloomfield Parks and Recreation at (248)

■ The Academy of the Sacred Heart Parent's Club will host its seventh annual Golf Classic at Great Oaks Country Club in Rochester Hills on Monday,

The event includes lunch, dinner, gifts and four-person teams engaging in a best-ball scramble on Great Oaks' challenging 18hole layout. Prizes will be awarded to winners in each flight, including a separate flight for female foursomes. Additional contests and an informal live auction of golf and various sports packages is sure to make the day a memorable one

Cost is \$250 per person. Hole sponsorships are available at a cost of \$250.

The 1998 Golf Classic is chaired by Academy parents Larry Graves of Bloomfield Hills, Fim Glaros of Royal Oak and Jerry Watson of Troy Proceeds from the event bene-

fit the athletic and recreational program at the Academy. For more information, call the

Academy at (248) 646-8900, ext.

### **OUTDOOR CALENDAR**

#### ARCHERY

JUNIOR OLYMPICS

The Oakland County Sportsman Club in Clarkston offers a Junior Olympic Archery Development Program beginning at 1 p.m. on Sundays. Call (248) 623-0444 for more information.

#### JUNIOR ARCHERS

A weekly program for junior archers begins at 9 a.m. Saturdays at Detroit Archers in West Bloomfield. Call (248) 661-9610 or (313) 835-2110 for more infor-

### **BANQUETS**

DUCKS UNLIMITED

The Birmingham-Bloomfield-Troy Chapter of Ducks Unlimited will hold its 21st Annual Sportsman's Dinner on Wednesday, May 13, at the San Marino Club in Troy. The fun-filled evening includes door prizes, raffles, and silent auctions. The event begins with an open bar at 6 p.m, dinner at 7 p.m. and a live auction at 8 p.m. Tickets are \$60 each and \$95 per couple. Call Paul Montgomery at (248) 608-2949 for tickets and more infor-

#### CLASSES

FLY FISHING

The Michigan Fly Fishing Club will present Fly Fishing For the Beginner on Saturday and Sunday, May 23, 24. Both day-long sessions run 9 a.m. to 5 p.m. and will be held at the Drayton Plains Nature Center. Cost is \$80 per student. Call Rick Sak at (743) 464-3271 for more information and to register.

**HUNTER EDUCATION** 

Wayne County Sportsmen's Club will hold several hunter educafion classes in the upcoming months at its clubhouse and grounds in Romulus. These classes will be taught by certihed instructors. Students must be present for both days of their pective class. All equipment will be provided. Classes will be

offered Aug. 29-30, Oct. 3-4, Oct. 17-18 and Nov. 7-8. Cost is \$10.50 and includes lunch both days. To pre-register call (313) 532-0285.

#### **CLUBS**

The School for Outdoor Leadership, Adventure and Recreation SOLAR) a non-profit organization interested in promoting the appreciation of outdoor activities, meets at 7:30 p.m. on the first Tuesday of each month at the Colony Hall in Southfield. Call (248) 988-6658 for more information.

#### METRO-WEST STEELHEADERS

Metro-West Steelheaders meets at 7:30 p.m. on the first Tuesday of each month in the cafeteria at Garden City High School, Call Dominic Liparoto at (248) 476-5027 for more information.

#### MICHIGAN FLY FISHING

The Michigan Fly Fishing Club meets at 7 p.m. the first and third Wednesdays of each month at Livonia Clarenceville Junior High School. Call (810) 478-1494

#### **FOUR SEASONS**

The Four Seasons Fishing Club meets at 7:30 p.m. the first Wednesday of each month at the Senior Citizen's Center in the Livonia Civic Center. Call Jim Kudej at (313) 591-0843 for more information.

#### FISHING BUDDYS

Fishing Buddys Fishing Club meets monthly in Rochester Hills. The meetings are open to all anglers. Call (248) 656-0556 for more information.

#### **CLINTON VALLEY BASS**

Clinton Valley Bass Anglers club is seeking new members (boaters and non-boaters are welcome.) The club meets monthly at Gander Mountain in Waterford. Call Mike Daly at (248) 666-8910 for more information.

#### BASS ASSOCIATION

The Downriver Bass Association, a non-tournament bass club. meets at 6:30 p.m. the fourth Tuesday of every month at the Gander Mountain in Taylor. Call

(734) 676-2863 for more informa-

#### MEETINGS

The monthly meeting of the state Natural Resource Commission will be Wednesday and Thursday, May 13-14 in Lansing. Persons who wish to address the commission or sons with disabilities needing accommodations for effective participation should contact Teresa Golden at (517) 373-2352 a week in advance.

### SEASON/DATES

SPEARS/BOWS

Spearing, hand netting and bow season for suckers, carp, gar and bowfin runs through May 31 on non-trout waters south of M-46

#### SMELT

Smelt netting season on nontrout streams runs through May 31 south of M-72 and May 1-31 north of M-72. Bow and spear fishing on non-trout inland waters is open for gar, carp and bowfin May 1-Aug. 15. Check the 1998 Michigan Fishing Guide for exceptions and closures.

#### TURKEY

The spring turkey season runs through May 31 by special permit in designated areas only.

#### SHOOTING RANGES

**BALD MOUNTAIN** 

Bald Mountain Recreation Area in Lake Orion has shotgun (skeet & trap, sporting clays, 5stand), rifle, pistol, and archery shooting facilities. Range hours are 10 a.m. to dusk on Wednesdays, 10 a.m.-6 p.m. Saturdays and Sundays and noon-dusk on Mondays and Tuesdays. Bald Mountain is located at 1330 Greenshield Rd., which is three miles north of the Palace of Auburn Hills off M-24. Call (248) 814-9193 for more information

#### **PONTIAC LAKE**

Pontiac Lake Recreation Area in

Waterford has rifle, pistol, shotgun, and archery ranges. Range hours are 10 a.m.-5 p.m. Wednesdays through Sundays. Pontiac Lake Recreation Area is located at 7800 Gale Rd. Call (248) 666-1020 for more informa-

#### **ORTONVILLE RECREATION** Ortonville Recreation Area in

Ortonville has rifle, pistol and shotgun shooting facilities. The located at 5779 Hadley Rd. Call (248) 693-6767 for more informa-

#### **OAKLAND COUNTY PARKS** COUNTY PARK REQUIREMENTS

Advanced registration is required for all nature programs at Oakland County Parks. Call (810) 625-6473 to register or for

more information SPRING STAR PARTY Discover the magic of the spring skies and learn about spring constellations with members of the Nature Center staff and volunteers from the Oakland Astronomy Club during this program, which begins at 8 p.m. Saturday, May 16, at Independence Oaks. MICHIGAN'S ENDANGERED Review the current status of some of Michigan's endangered plants and animals during this program, which begins at 1:30 p.m. Saturday, may 23, at Inde pendence oaks.

STATE PARK REQUIREMENTS Maybury State Park, Proud

Lake Recreation Area, Bald Mountain Recreation Area. Highland Recreation Area and Island Lake Recreation Area offer nature interpretive programs throughout the year. A state park motor vehicle permit is required for entry into all state parks and state recreation areas. For registration and additional information on the programs at Maybury call (810) 349-8390. For programs at Bald Mountain call (810) 693-6767.

### STATE PARKS

#### GOLF OUTINGS/CLINICS

# Momen's Health





SUPPLEMENT TO

Observer & Ec

Eccentric

**NEWSPAPERS** 

Part of HomeTown Communications Network™

SUNDAY, MAY 10, 1998

# Women's Health Special focus on women's health issues

The Observer & Eccentric Women's Health Guide offers information on exercise, nutrition and spirituality. The articles however, should not replace the advice and an annual check up from your physician.

Page 3. Prayer can do wonders for your blood pressure and increase heal-

Top 12 ways to combat stress.

Page 4. Healthy summer cooking tips for lighter, low-cal dishes. Page 5, Use the Internet as a valu-

able resource. Rate your nutrition using scale.

Serving guide can help you plan meals. Page 6, Hormone Replacement Therapy can aid in the reduction of

osteoporosis and heart disease. Page 7, Learn to recognize your own personal joys. Be grateful for your uniqueness.

Walking can be done almost anywhere with plenty of benefits.

#### CREDITS

Advertising: Peg Knoespel Cover design: Glenny Merillat Ad layout: Sheryl Labon

Are you sleepy during the day

Do you have high blood pressure

attending a meeting.

often move during sleep?

. Do you wake up with morning headaches:

6. Are you irritable, ftigued, or have difficulty

driving, watching TV, reading a book or

8 Do you ever wake up choking, gasping for air

9). Has anyone watched you sleeping and fold you that you hold your breath, short, and

If you answered yes to two or more of these

questions, you may be suffering from sleep

debilitating sleepiness, increase the chance

of driving accidents, and may lead to health

you can suspect sleep apnea, contact your family physician or call the

JOHN H. MORRISON, JR., D.O., F.A.C.O.I.

MEDICAL DIRECTOR

6245 INKSTER ROAD • GARDEN CITY, MI 48135-2599

(734) 458-3330

specialists at Garden City Hospital Sleep Disorder Center.

annea. Untreared, sleep apnea can cause

omplication ingluding heart failure. It

or have a skipping or racing heart during the

concentrating?

Do you find it hard to stay awake while

Take this test.

**SNORING CAN BE** 

**HAZARDOUS** 

TO YOUR HEALTH

Loud snoring is not a joking matter. For many it may signal a breathing problem during

sleep. Some snorers actually stop breathing for brief periods throughout the night.

# Healthy, moisturized skin reflects emotional well-being

■ 'There's nothing good in

Ginger Pierce, R.N.

-Arbonne Internationa

Your skin reflects your overall condi-tion, and putting your best "face" forward might mean confronting the world terms of your skin and a with anything from acne to a flawless. glowing complexion, depending on your physical and emotional well-being.

The skin protects your muscles and bones by taking the brunt of the environmental elements and injuries we subject our bodies to such as sun exposure, cuts, burns, rashes, bruises and

The skin is our bodies shell so-tospeak - a soft veneer that, if not taken care of properly, will show signs of aging and neglect via wrinkles, stretch marks, bruises, psoriasis and more.

To properly protect your skin and restore some of its original, youthful opearance, learn to identify beneficial skin products, design a personal skintype regimen, learn to use basic skin care products effectively and develop healthy habits.

Ginger Pierce, registered nurse and an independent consultant for Arbonne International, says knowing your skin type and getting into a regular routine

Dr. John Morrison

of skin care are the first steps in restoring some of your once-youthful appear-

Skin cells replace themselves more moist cells that grow under your skin gradually surface and become flat and dry. Exfoliate these dead skin cells so that new, rejuvenated cells can repeat

The sun is the worst possible element we could expose our skin, the nurse said. The perceived healthy glow we get from an afternoon of tanning actually means your skin is damaged. The skin defends itself with a protective mechanism - the tan

"The best tan for your skin would be one from a bottle," said Pierce. Tanning beds are just as hazardous, she said. "There's nothing good in terms of your skin and a tan.

However, sun screens and sun blockers will help protect your skin. Unprotected and exposed skin is a target for cancer. Skin cancer rates have risen 7 percent in the last few years with people ages 20-44 suffering from the worse form of skin cancer, melanoma.

Other defenders include:

Sun tan lotion, says Pierce, moisturizes your skin but does nothing to protect if from the harmful rays of the sun

Sun screens with an SPF (sun protection factor) of 15 or higher can be used if you're planning on being in the sun. Sun screens should be applied 15 minutes prior to exposure for maximum results. Reapply the lotion so it remains effective particularly if you're swimming or use a waterproof product.

Children should have a minimum of SPF 15 while outdoors. Apply the sun screen generously to all exposed areas of the skin.

Avoiding the sun's peak exposure time, 10 a.m. to 3 p.m., can go a long way in bypassing a serious sun burn, she said, as can wearing protective clothing including a hat.

Sun blockers, such as zinc oxide, actually provide a little shade by stopping

the sun's rays short of your skin. If you are on medication, ask your physician or pharmacist whether a sunprotection product might interact with your medication to change the protection of the product

Other factors that can cause skin damage include smoking, and excessive and prolonged alcohol consumption. Smokers over time can develop "smokers face," says Pierce. Smoker's face is a pale and yellow pigment to the skin that evolves over time from nicotine exposure. Wrinkles can develop around the mouth area due to smoking

If you drink large amounts of alcohol. your skin's pores dilate, and red blood vessels or spider veins develop all over the surface of your face due to a lack of blood flow and circulation.

Pierce suggests getting rid of bad habits such smoking and developing slowly as we age, Pierce said. Plump new healthy habits such as exercise. maintaining a balanced diet of fruits vegetables and fibers and drinking at least eight glasses of water a day

"Not only will you feel better, but you'll look better," said Pierce.

To develop a skin care program Pierce, a three-year independent consultant with Arbonne International Swiss skin care company), suggests keeping three basic principles in mind  $-\epsilon$  lean. moisturize and protect.

On the average you should wash your face twice a day, depending on your skin-type, usually in the morning when you're preparing for the day and before you go to bed. Use a gentle cleanser that doesn't strip away the natural oils of

Moisturize with a product you know won't cause any allergic reactions and that isn't mineral oil-, wax- or petroleum-based: These ingredients are considered moisture barriers and can clog and seal your pores, preventing moisture from getting through

"You should really read the contents of any moisturizing products you purchase," said Pierce. "Some lotions and creams don't even list ingredients on

Knowing your skin type can go a long way in developing a basic skin care regimen. Traditional types include: normal. dry, oily and combination. Pierce said Arbonne International treats those skin types and four more conditions such as nature, troubled, sensitive and acne.

Mature skin is very dry and has a crepe like appearance to it. You generally see older women with mature skin. which needs a lot of hydration.

Troubled skin requires a combination of a skin care program and the guidance of a dermatologist for conditions such as rosacea, psoriasis and escezma

When it comes to protecting your skin from elements such as the sun. Pierce said many cosmetics and moisturizers now include sun projection factors (SPF) in their ingredients that can be useful against the sun's harmful rays You might need a moisturizer that not only nourishes your skin but protects it



## Power of prayer is positive, offers numerous advantages

Praying for your physical, emotional where the connection is made to the and spiritual well-being has many pos- infinite. itive advantages, says Anita M. Herman, Ed D., Madonna University.

"People who go to church regularly have a better immune systems, don't get sick as often and live longer," said Herman, chairwoman and professor, Department of Gerontology "We know have shown that nearly 50 percent of this through research and from our own personal experiences."

While the actual scientific link between prayer and healing can't be something will happen, it will.

"If you believe you'll feel better you will," said Herman, "Prayer offers hope, cells, plants, animals, and yeast resultcomfort ... it increases morale and gives - ing in the same outcomes - they all one a sense of satisfaction in life."

Herman also added that in order to bled from suffering more swiftly. be effective, prayer must be non-directive To reap the benefits physically, stress Your body uses less oxygen and psychologically, emotionally and spiri- produces less carbon dioxide, improvtually you must connect with God in contrast to a poem, says Herman, man

The Livonia university educator sited numerous benefits to praying including wounds healing faster, lower blood pressure, faster recovery and reduced heart rate.

Herman said recent research studies physicians polled said they prayed for their patients and that a study of heart patients (50 percent were prayed for, 50 percent not; resulted in the more explained. Herman attributes the out- rapid recovery of those patients who come to the idea that if you believe were prayed for than those who had

Investigations have been done with grew faster, were more healthy and ral-

"Prayer can reduce anxiety and ing your immune responses," said Her



Prayer: Anita M. Herman, Ed.D., Madonna University and chairwoman, professor Department of Gerontology addresses a large crowd at the 1998 Womens' Health Day event sponsored by St. Mary Hospital and the Observer & Eccentric Newspapers. Herman talked about the positive effects prayer has been shown to cause both physically, emotionally and spiritually.

# How to combat stress

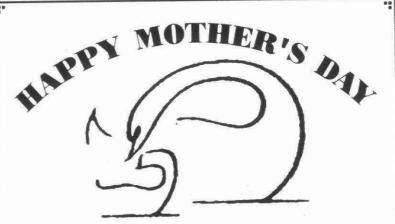
stress and anxiety in your life ...

can be both rejuvenating and therapeu - marathon runner or an olympic swim tic and they are very reasonably priced - mer - 20 minutes of some kind of car Studies show touch has a tremendous - diovascular activity three times a week ing helping with bulimia, reducing cally fit stress and increasing job performance. reducing pain and enhancing immune

Twelve simple ways to combat • Exercise is a great way to release some pent-up tension. It's good for the . Treat yourself to a massage. They mind and the body. Even if you're not a

. Talk, talk, talk Whether you're

Please see STRESS, A4



#### We Truly Appreciate the Special Meaning of Mother's Day!





JESUŚA, MARTINEZ, M.D.

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### ATTENTION

#### CANTON OFFICE PATIENTS

Effective May 15th, 1998, we will no longer be affiliated with the Canton Medical Facility. Please schedule all appointments at the Dearborn Office P.C.

1711 MONROE, DEARBORN

313-565-9510

NEW EXPANDED DEARBORN OFFICE HOURS Mon. 9-6; Tue. 9-5; Wed. 9-7:50; Thur. 9-5; Fri. 9-5

Evening Hours Available (Most major insurances and Mastervard/Visa accepted)

# Women's Health

# Fitness, exercise essential

You've heard it all your life: Exercise in moderate exercis is good for you. But it's too late to start. You're afraid of injury and failure, feel limited by chronic disease and conditions, and have misconceptions about what type of exercise is appropriate. Besides, you've finally reached your "golden years" and there really isn't any point in worrying about physical fitness - right?

Wrong. The American Council on Exercise (ACE), a nonprofit fitness advocacy organization, says it's never too late to reap the benefits of a regular exercise program - even if you have never exercised a day in your life.

May 27, National Senior Health & Fitness Day, is a great time for seniors. especially women, to start enjoying nealthier, active lifestyles, and ACE is here to help them get started.

According to the Fitness Council, 14.2 million people age 55 and older exercise frequently. With one of out every four Americans now over the age of 50, more and more will be turning to fitness to maintain and enhance their quality of life.

"Active seniors will improve their quality of life, reduce the risk of disease and increase mobility and independence," said Gwen Hyatt, an ACE spokesperson specializing in senior fitness. "There may be some limitations, but they should be able to participate

According to ACE, most people can significantly improve their fitness with 30 minutes or more of brisk walking daily. Research shows that you can even benefit from exercising three times a day for 10 minutes at a time. Pain is not needed for gain. One of the reasons so many people quit is because they can't maintain an intense pro-

Moderate physical activity also improves digestion, aids in sleep, reduces stress, improves endurance and is good for managing lower-back pain, arthritis and diabetes. ACE recommends that seniors begin with nonjarring aerobic activities such as swimming, cycling, walking and low-impact aerobic dance

Other popular workouts among seniors include àqua-aerobics, yoga, Tai Chi, line dancing, square dancing, ballroom dancing and gardening. Most important is picking an activity they enjoy and sticking with it.

Fitness programs should include aerobic exercise, strength or resistance training and flexibility exercises. Tufts University research found that even the most elderly and unconditioned can benefit from strength training. Current exercises that emphasize balance

Please see EXERCISE, A5

Stress from page A3



Ha. ha: Laughter can be a great prescription for stress.

laughing or crying, talking to a close friend, family member or trusted professional can do wonders for your psyche Share your feelings and it's quite elp you work out your problems.

Emotions held in can manifest themselves in weight gain, high blood pressure, acne, headaches and chest pain. Don't wait until it's too late to talk to someone, vou're not alone.

■ Prioritize your agenda for the day. ■ Make time for fun. Cut loose, turn up the radio, sing and dance, go for a long drive; laugh; sleep in late; treat vourself to your favorite indulgence.

■ Create a retreat to escape whether it be a weekend away a long drive or a 10-minute break from your daily rou-

Read a book. Bring your imagination to life again

Play soothing music

■ Take a voga class. Focus on your breathing and concentrate on the body as a whole. You'll become more flexible. and proper breathing techniques can affect your heart rate, blood pressure nd blood sugar levels.

■ Use aromatherapy. Essential oils can be found in health food stores and at perfume counters. The scent of orange eases anxiety, constipation and improves the digestive system. Lemon uplifts and rejuvenates. Lavender helps acne and fights colds and colic. Peppermint soothes an upset stomach

■ Know your own limitations. If possible an objective individual can there is a problem that is beyond your control, why fight it?

■ Get a good night sleep. The average person needs at least eight hours sleep for their body to recover from the physical and emotional demands of a normal day. If possible take a 15minute nap or find some down time in your daily routine to regroup.

# Women's Health

# Exercise from page A4

older adults. Before embarking on a new workout regimen. Hyatt recommends that seniors consult their physician and get medical clearance to begin affects. Learn how to exercise safely a program.

How to get started:

Get help: Personal trainers are not just for the rich and famous anymore. A personal trainer can help develop a safe and effective exercise program and provide motivation.

Instead of signing up for two sessions per week every week, spread out a package of visits over a longer period of time (say six months). Make sure instructors are certified by an internationally recognized professional organization, such as ACE, and have some specialty training in senior health and fitness ACE offers free referrals to certified fitness professionals anywhere in the country by calling ACE, (800) 825-

Botsford General Hospital offers ongoing programs including:

Aerobic Weight Training for Pick an activity you're going to ness and muscle strengthening. Meets or community center. Contact your for eight weeks. Mondays and Wednesdays from 5-5:55 p.m., \$60. Preregistra- departments through the Wayne Countion required. Call the Botsford Center tv area to see what kind of group exerfor Health Improvement, TRACC, at cise classes they offer.

Bones in Motion. Individualized programs geared for people seeking to prevent osteoporosis or alleviate its and effectively while strengthening bone mass. Nutritional counseling for osteoporosis also included. Program is conducted by an exercise physiologist and registered dietitian. Call (248) 473-

Kinetics I & II. This eight-week course offers a light fitness program for individuals who have difficulty with daily activities as a result of musculoskeletal or endurance limitations Fees, Kinetics I, \$80, Kinetics II, \$70 Registration required, call (248) 473-

Libraries, bookstores and sporting goods stores are filled with books and videos specifically targeted to, or appropriate for, seniors that can start them n a program and teach them new techniques ACE recommends the following videos and books.

Women, A 55-minute workout with enjoy and stick with it. If you like exeremphasis on both cardiovascular fit- cising with a group, join a health club local YMCA, parks and recreation

### Abundant nutritional resources

The Kitchen Link www.kitchenlink.com

A master index of more than 7,453 ooking-related links online

The Dinner Co-op

dinnercoop.cs.cmu.edu/dinnercoop/ Search for stores, menus, recipes, gourmet food stores, and focus on caffeine, alcohol and vegetarian dishes.

**Gourmet World** www.gourmetworld.com **Internet Chef Archive** ichef.cycor.ca/

Food Etc., (recipes, book reviews and food events in the Pacific Northwest)

www.foodetc.com

The Natural Connection, natural citchen holistic resources, shopping, www.natural-connection.com

Epicurious Foods, includes

recipes, a gourmet forum, cooking dictionary, online cooking classes and uses for leftovers.

www.epicurious.com **Taste of America** 

A complete cooking class with recipes and menus including appetizers, bread, cheese, eggs, salads, rice, soups, stews and pastas.

www/tasteofamerica.com **Kids Cooking Club** www.kidscook.com

While everyone from grandmothers to the government calls on Americans to assume personal responsibility for their actions, the American Dietetic Association (ADA) is urging consumers to take charge of their eating style and control their nutrition des-

"Good nutrition doesn't come in one-size-fits-all." said Cinde Rutkowski, registered dietitian and member of the ADA at Oakwood Hospital/Annapolis Center-Wayne.

"Individual needs and preferences are what uniquely define good nutrition. By stressing that nutrition is 'all about you,' we encourage Americans to integrate basic health principles into their lives with simple, actionoriented tips."

People can achieve a healthful eating style by being realistic, adventurous, flexible, sensible, and active, said Rutkowski. Women in particular should be mindful of their calcium intake regardless of their age. A good foundation of calcium consumption lays the groundwork for strong bones into adulthood to reduce the risk for osteoporosis.

Think about your typical eating patterns and food decisions.

Do you ... (Usually, Sometimes,

Please see FOOD, A6





## This One's For You ...

Better Hearing and Speech Day

Saturday, May 16 10 a.m. - 6 p.m. at MedMax

35600 Central City Pkwy.

· Free · Free · Free ·

An entire day devoted to hearing and speech care. And a unique opportunity to meet with hearing and speech professionals and people who are coping with hearing and speech problems. Presentations and a wealth of information on hearing and speech solutions and resources

#### Presentations:

10 a.m.—Encouraging Speech and Language Development in Children, Chervl Martin, Speech-Language Pathologist, St. Mary Hospital

1 p.m.—Lipreading, Marilyn Lewis, Deaf, Hearing & Speech Center 3 p.m.—Meniere's Disease and Dizziness, Marie Keys, Meniere's Support Group, William Beaumont Hospital

TBD-Self-Empowerment for Hearing-Impaired People, Self Help for Hard of Hearing People, Western Wayne County



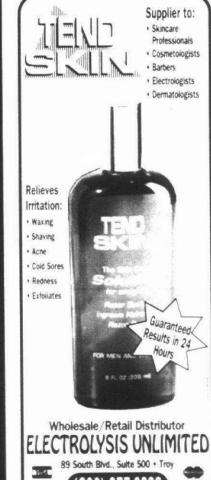
Added Attractions:

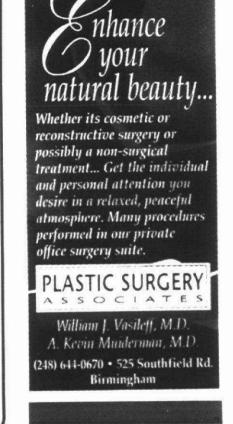
Hands-On Assistive Devices Display Hearing Conservation-What You Should Know

For more information, call (734) 467-5100

Presented as a public service by Personalized Hearing Care May is Better Hearing and Speech Month







• Serving the Community since 1954

Total Joint Surgery

Shoulder Clinic

**Hand Surgery** 

Sports Medicine Pediatric Orthopedics Spine Surgery

The year 2000 is quickly approaching and advances in medicine are greater than ever in the treatment of damaged and arthritic joints.

Tremendous improvements have been made in the last few years. That is good news for the many women who want to continue to live an active lifestyle. With joint replacement surgery, most people are able to resume the activities that they have had to give up. The ability to walk is typically pain free. Many people resume playing golf, swimming, biking, skiing and playing doubles tennis.

Joint replacement surgery has now been performed for more than 30 years. The procedure has become a safe, effective and reliable means of allowing people to treatment options available to regain their independence. you.

Improved quality of lifeoccurs for approximately 95 percent of patients undergoing a joint replacement surgery. Joint replacements will often last 15 years or more. The best results are typically provided an experienced Fellowship trained joint replacement surgeon, with a team of professionals The joint replacement team at Great Lakes Orthopedics, led by Dr. Paul Drouillard has performed more than 3000 hip, knee and shoulder replacements. If you or a loved one has an arthritic ioint, we would be honored to see you in consultation. educate you as to the nature of your problem and the

Terry L. Weingarden, D.O. Daniel L. Morrison, D.O. Roland J. Brandt, D.O. Jeffrey E. Lawley, D.O. Paul J. Drouillard, D.O. Joseph L. Walkiewicz, D.O.

6255 Inkster Road, Suite 103 Garden City, MI 48135 734-422-8400

# Women's Health

# Hormone therapy can aid in reduction of osteoporosis

Preventing heart disease and osteoporosis are the key reasons doctors are prescribing hormone replacement therapy for women near of past menopause. And women can expect to take it for the rest of their lives. according to Dr. Greg Woodfill, a gynecologist at Garden City Hospital.

Osteoporosis looms once a woman stops ovulating, because her bone density levels plummet. To help offset this biological change later in life, adolescent girls should start getting high levels of calcium to build bones. Woodfill advises, because the more bone that is grown the more they have later in life. Women reach their highest levels of bone density in their mid-twen-

Once menopause approaches, doctors recommend having a bone density test taken to determine if there has been bone loss, according to Dr Bruno Borin, a radiologist at Garden City Hospital. This bone density test, using a low dose X-ray, acts as a baseline reading for later tests and to help doctors determine what kind of therapy is

Many factors, like diet and exercise also affect bone density. Soda pop, a large consumption of alcohol and heavy smoking can deplete calcium and add to diminished bone density. On the other hand, a nutritious diet, calcium supplements and exercise help people maintain strong bones.

"It takes time to see the effects of bone loss," Borin said, "Slowly, you see the effects of gravity on the spine Bones become brittle." Once bones become weak, fractures occur a lot more easily. When the breaks occur in the hips or legs it drastically affects the person's mobility, lifestyle and independence, Borin said. The elderly woman might not be able drive or live on their own anymore and sometimes they're bedridden. When quality of life is affected, the person's attitude plummets and their will to live follows.

Dr. Thomas Lewellen, a gynecologist at Garden City Hospital, said he recommends hormone replacement therapy for every postmenopausal woman

However, some woman fear that hormone replacement therapy will increase their chances of getting cancer. Woodfill and Lewellen aren't convinced that HRT poses strong risks for

"The health risks involved in not taking it are greater than the risks involved in taking it," Woodfill said. They stress, however, that women who refuse to take estrogen should talk to

Please see ESTROGEN, A7

# **Food** from page A5

Consider nutrition when you make food choices? Try to eat regular meals including breakfast rather than skip or skimp on some? Choose nutritious snacks? Try to eat a variety of foods?

Include new-to-you foods in meals and snacks? Try to balance your energy (calorie) intake with your physical

Do you ... (Usually, Sometimes,

Eat at least six servings of grain products daily? Eat at least three servings' of vegetables daily? Eat at least two servings' of fruit daily? Consume at least two servings' of milk, yogurt or cheese daily? Go easy on higher-fat foods? Go easy on sweets?

Drink eight or more cups of fluid daily? Limit alcoholic beverages no more than one daily for a woman or two for a man?

Serving sizes vary depending on the food and food group.

Score yourself: Usually 2; Sometimes= 1; Never= 0

If you scored ... 24 points or more Healthful eating seems to be your fitness habit already Still, looking for ways to stick to a healthful eating planand to make a "good thing" even bet-

16 to 23 points ... You're on track. A few easy changes could help you make your overall eating plan healthier.

9 to 15 points ... Sometimes you eat smart, but not often enough to be your "fitness best." What might be your first steps to healthier eating?

0 to 8 points ... For your good health. you're wise to rethink your overall eating style. Take it gradually - step by step! Whatever your score, make moves for healthful eating. Gradually turn your "nevers" into "sometimes" and "sometimes" into "usually.

#### Sample serving sizes

Breads, cereals, rice, pasta group six-11 servings daily: 1 slice (1 oz. enriched or whole-grain bread: 1/2 hamburger roll, basel, English muffin or pita; 1/2 cup cooked rice or pasta; 8 oz 1 cup ready-to-eat cereal.

Vegetable group ... three-five servings daily: 1/2 cup chopped raw, nonleafy vegetables, 1/2 cup cooked vegetables: 1 small baked notato (3 oz.) 3/4 cup vegetable juice

Milk, yogurt and cheese group/twothree servings daily: I cup milk, buttermilk or yogurt, 1 1/2 oz. natural cheese (cheddar, mozzarella, Swiss)

Fruit group ... two-four servings daily: 1 medium fruit tapple, orange, banana, peach); 3/4 cup fruit juice, 1/2 cup canned, frozen, or cooked fruit.

Meat, poultry, fish, beans, eggs and nuts group ... two-three servings daily. 2-3 oz. cooked lean meat, poultry or fish: 1/2 cup cooked legumes requals 1 oz meat), l egg (equals l oz meat).

Fat, oils, and sweets, use sparingly: Sugars, salad dressings, oils, butter,

Source The American Dietetic Association's Nutrition Companion

# Women's Health

nutrition and health books flood the consumer market, often leading to confusion about which books and newsletters are credible and scientifically sound. To help readers cut through the clutter. The American Dietetic Association (ADA) has just released it's Good Nutrition Reading List.

The American Dietetic Association Guide to Women's Nutrition for Healthy Living, by Susan Calvert Finn, Book prehensive guide for mothers to be prooffers advice on basic nutrition to dis - vides practical advice about eating ease prevention throughout a woman's before, during and after pregnancy.

Snacking Habits for Healthy Living by menus

The American Dietetic Association. Chronimed. The appendix provides caloie, fat, and fiber values of snack foods.

The Supermarket Guide. The American Dietetic Association, Pocket size book on reading labels and choosing a healthy food, low-fat meal plan

Calcium in Your Life, by The American Dietetic Association Chronimed, 1997. Explains why calcium is important for everyone and what eaters can do to

Eating Expectantly, by Bridget Swinney. Meadowbrook Press. 1996. Com-Includes extensive sets of recipes and

### Be aware of heart disease risks

women die from heart attack as men, a menopause, a woman's risk of heart fact that may surprise most women. disease is lower than a man's risk. Some 36,070 lives were claimed in 1995. After menopause, the risk is the same. by Michigan's No. 1 killer - heart disease - and more than 50 percent of the - times. But the problem is more signifivictims were women.

One of every two women will die of women than men smoke. cardiovascular disease," said Dr. Pamela Gordon from the Detroit Medical Center "Yet women can fight these

may experience heart disease different- cent," said Gordon. ly than men, and the classic risk factors may not be the same. For men, the first - important to women. Forty-six percent sign may be angina, the chest discomfort caused by lack of blood flow - sure And women over 75 are more like-Women may experience more shortness—by to develop the problem than men. of breath, weakness and general

What are some of the other differences?

Women tend to develop heart disease about a decade later in life or around at www. americanheart org

Smoking increases risk two to six cant for women, because today more

"Studies indicate that women are less successful at quitting than men. While smoking by men has dropped 36 percent in the past 20 years, the number of Women should be aware that they women smokers has declined by 30 per

Smoking isn't the only risk factor of women over 55 have high blood pres-

For more information about women and heart disease and stroke, women may call I-888-MYHEART or visit the American Heart Association's Web site

### Walking: Put your best foot forward

It's as easy as putting one foot in for Cancer Research front of the other. In fact, it IS just While there's an endless variety of almost anyone, almost anywhere But ness is something as simple as walking really beneficial to our health?

ing helps burn fat and calories, relieves - great way to fit this in Brisk hill-walkstress, strengthens the heart and -ing for at least one hour each week is decreases the risk of some forms of can-equivalent to the hour of weekly vigorcer, according to the American Institute - our exercise

putting one foot in front of the other exercise options, taking a daily walk is Walking is one of the most popular one of the simplest. Many of the local forms of exercise in America. The rea-malls including Liovnia and Westland sons are obvious ... walking doesn't cost - allow people to walk around the Cenany money, and it can be done by ter's before the stores open for busi-

ARTR recommends at least one hour of moderate physical activity every day. Absolutely, say health experts Walk. An hour's brisk walk each day is a

# Estrogen from page A6

their doctors about other therapies Various doses of estrogen and proges—you take that chance. The most importerone, as well as other medications. Lant thing is to educate yourself. Know can also be prescribed for woman near—what menopause is rather than think-

issues and you intervene, there's bene - available and discuss them with your fits and risks." Borin said.

If the benefits outweigh the risks ing that it just means that your period "When you're dealing with health stopped Know what therapies are

#### Do you experience. Depression hurts. Get help. · Feelings of hopelessness and sadness Institute for Health • Problems with sleep Studies is now studying · Changes in appetite or investigational medication for weight depression in adults 18 and · Low energy older. All research care is Loss of interest or provided at no cost to those pleasure who qualify. Individuals experiencing poorly controlled medical problems INSTITUTE FOR HEALTH STUDIES cannot be accepted. If you are interested in this research, 1-800-682-6662 please call.

When was the last time you felt like this?

# **Are your DUCTS** making you sick?

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• Have allergies, asthma or other respiratory problems?

· Notice dust on the furniture after cleaning?

• Notice "stale" or "musty" smelling air? · Getting lower air flow from your vents?

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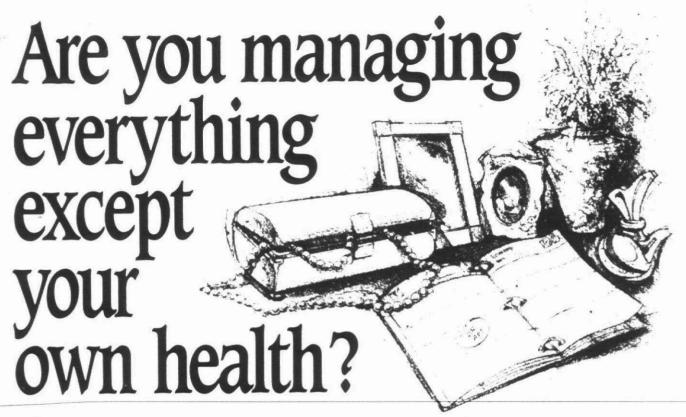
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Reaching Out To The People Of Our Community