

# Canton Observer

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## THE WEEK AHEAD

**Local government:** The Canton Board of Trustees holds its regular meeting 7 p.m. Tuesday at the administration building, 1150 S. Canton Center Road.

### THURSDAY

**Ice time:** The Plymouth Whalers host the Toronto Majors for a 7:30 p.m. game at Compuware Arena, Beck Road north of M-14. Call the box office, 453-8400 for ticket information.

### FRIDAY

**From the heart:** The Canton Knights of Columbus will sponsor a "Daddy-Daughter Valentine's Dance" from 7-9 p.m. at St. Thomas A' Becket's Family Life Center, 555 Lilley in Canton. The special night includes dance music, flower corsages, pictures with dad and date, and refreshments. Girls ages 3-13 years are welcome.

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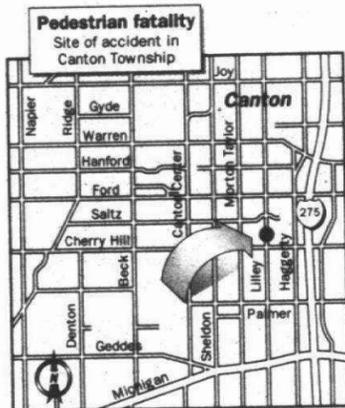
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## Pedestrian killed by teen driver

BY VALERIE OLANDER  
STAFF WRITER

Canton residents may have seen Leona Deluca-Ilardi walking throughout the township. In fact, it wasn't unlikely to see her walk from her home



in the Lilley and Cherry Hill area to the Summit on the Park recreation center several miles away.

"She liked to walk. She walked for exercise. She just walked all over - all through the neighborhoods," said her son, Ralph Ilardi.

The 65-year-old Canton woman was killed Wednesday night as she walked to a nearby gas station with her 6-year-old grandson to buy him a candy bar. The grandson, Angelo Ilardi, was not injured.

They crossed Lilley Road, north of the traffic light at Cherry Hill, apparently because there is no sidewalk on the east side of Lilley Road. The sidewalk starts on the west side of the road in front of the day care center where the accident occurred.

The driver of the 1995 Pontiac Grand Am was not ticketed for causing the fatal traffic accident. However, the 19-year-old Canton man was arrested at the scene for alleged drunken driving under Michigan's zero tolerance law for underage drinkers. Charges are pending a war-

rant from the Wayne County Prosecutor's Office.

Adopted in 1994, the law makes it illegal for anyone under the age of 21 to drive a vehicle with a bodily alcohol content (BAC) of over .02 percent. Anyone over 21 would be considered legally drunk with a BAC of .10.

The driver reportedly claimed to have cough medicine, which has small amounts of alcohol in it. The driver declined comment.

"He denies drinking. He did blow a .02 on the Breathalyzer. Cough medicine, maybe, or it could have been two beers, it all depends on someone's size and weight ... That's what a judge or jury will have to decide (if charges are filed)," said Canton Police Officer Leonard Shemanske.

If charged and convicted under the zero tolerance law, he faces a 30-90 day driver's license suspension with mandatory \$125 reinstatement fee, four points on his driver's record and possible fines up to \$250.

The Ilardi family had just finished eating dinner when the grandmother



Leona Deluca-Ilardi

suggested taking Angelo to the store for a candy bar, which she often did, said Ralph Ilardi, Angelo's father. Within minutes of the two leaving the house, a woman motorist who saw the

Please see FATAL ACCIDENT, A2

## He's in it for the long haul

■ For Canton Waste Recycling's Paul Denski Jr., business is picking up. But Denski's joy is giving back to the community through dozens of charitable and volunteer efforts.

BY VALERIE OLANDER  
STAFF WRITER



One would expect a Tim "The Toolman" Taylor grunt of enthusiasm when Paul Denski Jr. talks about trucks. After all, he is the owner of

Canton Waste Recycling and owns a fleet of 18 trucks, most of which he overhauled himself.

"I love that Nissan commercial, 'Dogs love trucks.' Well, Denskis love trucks, too," said the third-generation garbage man.

But when talking about community activism, one wouldn't expect the same rumble of enthusiasm from a guy who keeps snapshots of his first rebuilt truck in his desk drawer.

Unless you knew Denski, of course. Denski sits on the board for the Canton Community Foundation, Century Club; and he's a member of the Friends of Cherry Hill Historic District, St. Joseph Mercy Hospital Interactive Health Education

Please see DENSKI, A4



STAFF PHOTO BY BILL BRESLER

Committed: Paul Denski Jr. loves trucks of all kinds, and has overhauled most of the 18 the company fleet. Community activism is also one of his priorities.

## Kohl's is likely tenant at center

BY VALERIE OLANDER  
STAFF WRITER

Kohl's is in. Winkelman's is out.

The rumor that Kohl's department store is coming to Canton at the abandoned Kmart site, Ford and Sheldon, is becoming more than talk. An application to make renovations to the building is expected to be submitted to Canton's Planning Department this week.

That fills the empty 90,000-square-foot building that Kmart vacated in October when it opened its new 24-hour Super K at Ford and Haggerty.

However, the news also comes at the same time Winkelman's announced it will be closing all its stores, including the 8,800-square-foot store at New-Towne Plaza next to the soon-to-be Kohl's.

Crowley's recently pulled out of a deal to buy the financially-strapped woman's clothier. Detroit-based Winkelman's announced it would close. "The official company closing is March 31, but we'll close as we sell down," said Canton store manager Lori Amin.

"Actually, it's still up in the air whether we will consolidate merchandise at certain stores or dwindle down our stock. (On Thursday) we had 32 crates of brand-new spring clothes

Please see KOHL'S, A4

## Act now or 'Year 2000' bug will byte: Expert

BY TEDD SCHNEIDER  
STAFF WRITER

If everyone gets busy and does what they're supposed to, the world won't come crashing to a computer-assisted halt on New Year's Day 2000.

But Frank St. Onge believes that's the biggest hurdle facing businesses and consumers in overcoming what he calls "The Millennium Challenge" - correcting the date-related computer programming glitch that could cause massive headaches at the turn of the century.

Human complacency and procrastination are the enemies as much as technical know-how, St. Onge told Canton Chamber of Commerce members Wednesday during the chamber's monthly luncheon at the Summit.

"Realistically, there are only about 330 (business) days until this thing kicks in. If you've not started (to address the problem), you have a great challenge ahead of you," said the director of audit services for St. Joseph Mercy Health System. St. Onge is also in charge of the health care provider's computer compliance

### CHAMBER LUNCHEON

efforts. "If you don't do anything, you're going to fail."

The glitch, commonly referred to as the "Year 2000 Problem" is due to the fact that computer programmers for years used a two-digit field to identify the year. For example, 1998 is labeled "98." That meant that when the millennium arrives your computer - and other electronic devices that use a computer chip - will "think" it's 1900, not 2000.

What will that mean? It will create havoc for people and companies who haven't addressed the problem, according to St. Onge. Problems could range from lost mortgage payments and billing records that disappear, to total system shut-downs.

"An elevator that's programmed for maintenance at regular intervals wouldn't respond if it was under the impression that maintenance hadn't

Please see BUG, A4

## Exchange students thriving at PCEP

BY TONY BRUSCATO  
STAFF WRITER

While many Plymouth-Canton high school students are counting down the clock to summer vacation, there are at least two students who may be a bit sad to walk away come summertime.

"I'm going to miss my friends a lot," said Ilona Kouvo of Helsinki, Finland, who is participating in a student-exchange program. "When I leave, I'll definitely have to come back to see all my friends."

Michele Choukmaev is visiting from Sao Paulo, Brazil, and is looking forward to going home, but with some reservations.

"I miss home, and a lot of my friends," said Michele. "However, I've made a lot of friends here ... probably I will come back."

They have taken well to Plymouth-Canton schools. Each carries a 3-plus grade point average, and both are involved in varsity sports.

Ilona was a member of the Plymouth-Canton girls' basketball team.

"Everyone was really, really nice to me," said Ilona. "While I played basketball in Finland, I didn't know all the technical terms. However, everyone helped me and I figured out the system. Coach (Bob) Blohm is an awesome coach."

Please see EXCHANGE, A3



STAFF PHOTO BY BILL BRESLER

Working out: Michele Choukmaev practices on the parallel bars at Plymouth Salem High School. An exchange student from Sao Paulo, Brazil, she's living with the Bartlett family in Canton while attending Plymouth-Canton Community Schools.

# Temporary court begins jury trials

BY TONY BRUCATO  
STAFF WRITER

For the first time since fire destroyed Plymouth's Dunbar Davis Hall of Justice July 2, jury trials have resumed in 35th District Court.

"The chairs aren't plush, and there really isn't a jury box," said court administrator Kerry Erdman. "The judge's bench, and desks for the lawyers, are your average six-foot tables that you can buy at any office supply store."

The temporary courthouse, which has been operational for approximately two months, consists of modular buildings bolted together, across from the former courthouse.

Erdman says each of the two courtrooms can seat nearly 30 people, though they hope to expand that.

"The courtrooms are certainly smaller than what we had at the old courthouse," noted Erdman. "And it's by no means plush. We

**'We've found out the jury's deliberating room is less than private.'**

Ron Lowe  
—35th District Court judge

can hear the heating and air conditioning units, and the creaking of the floors."

Judge Ron Lowe has his own observations. "The jury has made it very, very clear their chairs are uncomfortable," said Lowe.

"And, we've found out the jury's deliberating room is less than private."

Lowe said the courtroom is cleared when the jury deliberates so no one can listen.

While it's been nearly seven months since 35th District Court has held jury trials, Erdman expects the court to be caught up with jury proceedings by the middle of next month as "we become real aggressive in catching up."

Non-jury proceedings had been performed since the fire from temporary facilities in Plymouth, Plymouth Township and Canton... as well as courts in Redford, Livonia, Westland and Romulus.

Next week, preliminary drawings for a new, three-story courthouse will be shown to the District Court Authority. That group consists of representatives from the five cities and townships the court serves. If all goes well, plans could move forward towards construction of a new courthouse on the same site as the previous court.

Lowe says the new building will house administrative and probation on the first floor, with two courtrooms on the second floor, plus another two court-

rooms on the third floor. "We probably won't use all the courtrooms right away, but we want to build big enough to last us through the year 2020," said Lowe.

It's also expected to be larger - 33,000 square feet compared to the 20,000 square feet in the old courthouse.

While court officials were hoping the new facility could be constructed with the \$4 million in insurance settlements, Lowe doesn't believe that will happen.

"Most architectural firms during the interview process pushed the construction costs to about \$5 million," said Lowe. "There's no doubt in my mind the Building Authority will have to come up with a way to pay additional costs."

To comment via e-mail: tschneider@oe.homecomm.net. If your comments are intended for publication, please include your name and telephone number.



Young fun: Brett Mizzi, 4 years old, gets his face painted by his sister Jenna.

# Students earn top festival ratings

BY DIANE HANSON  
SPECIAL WRITER

More than 3,500 middle school musicians were hitting the high notes and the low notes at the District 12 Solo & Ensemble Festival held at Livonia Franklin High School on Saturday.

This is the 20th year Franklin has hosted the student musical talent event. "It has grown just about every year and that's really a tribute to all the band directors in our District 12 (who) work so hard to encourage the kids to play at both the junior and senior high level," noted Kristi Jasin, Franklin's band director.

More than 150 students from Central, Pioneer and East middle schools along with Plymouth Christian Academy, Our Lady of Good Counsel and the Plymouth-Canton Educational Park orchestra program participated in the festival.

"It's really a big event," noted Michael Karboske, band director at East Middle School. "I take my hat off to the Livonia Public Schools and their band director and the band boosters for organizing such a big event."

The two-weekend event, with the senior high students performing on Feb. 7, is the largest district festival in the Michigan School Band and Orchestra Association (MSBOA). District 12 includes Wayne, Washtenaw and Monroe Counties.

"Solo & Ensemble is something that the students do in addition to their everyday band work at school," explained Karen Byrd, Pioneer Middle School's band director. "It's strictly voluntary."

Byrd said the students prepare a solo, duet, trio or quartet and perform for judges who are specialists in their instruments. Performances are rated from division one to division five. The first two places receive medals explained Byrd.

Hulce said other special moments Saturday were the unveiling of the sign by a group of children, and an introduction of Hulce by Wilma Newton, one of the original founders of the PCAC.



Getting ready: Pioneer Middle School seventh-graders (from left) Tim Blough, Jeff Hanson and Marcus Martin warm up before their festival performance.

"One means they did an outstanding job and they get a blue medal. A two means a superior job with a red medal."

Peter O'Neill and Zach Shemon, Pioneer eighth-graders, said they practiced their saxophone duet a lot together and individually over the past two months. The boys earned a first division medal for their efforts.

Performers in a multitude of musical combinations are moved from warm-up rooms to performance rooms at seven-minute intervals to play before a judge, family members and friends.

"I like this to be for them a learning experience to get that opportunity to play in front of a judge," noted Karboske. "It builds character for them."

Byrd pointed out that the students are judged on criteria like

tone, timing, rhythm, correct notes and musicianship. "It's also a way for them not only to get feedback on what they are doing wrong but also what they are doing well," she said.

"It's nice to hear it from someone other than their band director or private teacher."

Jon Craighead considered Solo & Ensemble to be just as important as sports. The East Middle School seventh-grader left basketball practice early Saturday morning to spend most of the day at the festival.

He had just completed a clarinet duet with Stephanie Hajduk and captured a blue medal by a piano solo and a clarinet solo later in the day. "It keeps me entertained," said Craighead of his musical pursuits. "It's help-

ing me learn."

The hardest part, Martin explained, was "Just getting all the notes. You can press down one key and get five different notes."

The trio traded a second division medal and Martin admitted that during the performance he was "a little nervous." And how did he feel afterward? "Relieved," he breathed.

The trio traded a second division medal and Martin admitted that during the performance he was "a little nervous." And how did he feel afterward? "Relieved," he breathed.

# Exchange from page A1

Michele was a bit more daring, playing tennis and gymnastics for Plymouth Salem, sports she had never participated in at home. "I love it," said Michele. "It's been a rewarding experience."

Back home, Michele went to school with about 2,000 students.

Quite different "This school is really big," said Michele. "I'm used to having the same classes the whole year, and spending the whole day together with the same classmates. Here is good because you change classes and meet so many people."

Michele gets credit for attending Plymouth-Canton classes, and will graduate about six months after returning home.

Iona, who comes from a high school of about 400 students, says her grades are all for personal satisfaction.

"I won't get any credits for this year," said Iona. "I will graduate in a few years after I return home. I used this year to learn English and enjoy some great experiences."

Both girls say they've had a number of memorable experiences with their host families. Mackinac Island, Traverse City, Chicago, Niagara Falls and Florida are just some of the places they've visited. Michele had her first experience with snow, something she'd never seen before.

While the students are expected to learn and experience the U.S. and take their experience back to their homeland, it is also meant to be an experience for the host families.

"Host families will learn and grow as they share and exchange ideas and compare lifestyles," said Gideon Levenbach of Plymouth, a representative of Program for Academic Exchange.

"It's been a very positive experience, a lot of fun," said Carolyn Bartlett of Canton, host mom to Michele. "Our four children have enjoyed having her, and she has really bonded well with all of them. We even had her

**'Host families will learn and grow as they share and exchange ideas and compare lifestyles.'**

Gideon Levenbach  
—Program for Academic Exchange

brother here for five weeks during Christmas."

Kevin Meyn of Plymouth is Iona's host dad. "It's really been a rewarding experience," said Meyn. "Iona is sports-minded, and fit very well with our two boys. She's kind of like the daughter I never had."

Levenbach says foreign students pay approximately \$7,000 for their expenses to get to the U.S., and are expected to pay for their expenses while here.

"Many families can't afford to pay for all the expenses while showing students around, so they must be prepared to pay their own way," said Levenbach. "However, we do have families that, many times, will pay some of the expenses."

Levenbach noted he is currently searching for host families to house three students who will be visiting beginning next August. In somewhat of an oddity, more foreign students come to the U.S. than American students who go abroad.

"It's easier for students to come here because they are required to have three years of English, which many foreign schools require anyway," said Levenbach. "It's more difficult for students here to go abroad because of the language barriers."

Families interested in hosting a foreign student, or students interested in opportunities to study abroad should contact Gideon Levenbach at (734) 453-8562.

# Fatal accident from page A1

accident came to their door telling them to call 911, he said. Ralph Iardi ran to the scene. "The grandson was standing there crying," said witness

Zachary Parton, 17, of Canton. Parton was in the northbound lane when the accident happened. The southbound Grand Am swerved suddenly into his

lane, hitting Iardi, he said. "I was the first one to her. I didn't know what to do. I tried to get someone with a car phone to call for help," said the Plymouth Christian Academy senior.

"I just feel bad for the family and the kids that hit her too. They were my age," said Parton. There were two passengers in the Grand Am.

Iardi was taken by Canton Fire Rescue to St. Joseph Mercy Hospital in Ypsilanti. She died several hours later.

"I believe (the driver) swerved to miss Angelo and hit my mom instead," said Ralph Iardi. "When I got there he was yelling, 'Daddy, Daddy.' He was just shaking," the father said.

Leona Iardi moved in with her son and his family about three years ago when they moved to Canton.

Born in Italy, Iardi came to the United States at the age of 16. She raised her family in the

St. Mary of Redford area in Detroit. She was a member of St. Thomas A' Becket parish in Canton and involved with the church's seniors' club.

She is survived by two sons Albert, Ralph (Diane) and Iliana; two daughters, Debbie (Steve) Campbell and Brenda; one grandchild; and one sister, Genevieve DeMarco.

Visitation is 2-9 p.m. today at the McCabe Funeral Home in Canton. A 9:30 a.m. Monday service is planned at the McCabe Funeral Home Chapel and a 10:30 a.m. Mass at St. Thomas A' Becket Catholic Church with the Rev. Richard A. Kelly Jr. officiating. Burial is at Holy Sepulchre Cemetery in Southfield.

To comment via e-mail: tschneider@oe.homecomm.net. If your comments are intended for publication, please include your name and telephone number.

# Resident to head insurers' group

Frank McMurray, a Canton resident has been elected national vice president of the National Association of State Farm Agents (NASFA) for 1998 and currently serves as an Executive Board Member.

McMurray served as President of NASFA from 1987-1990. He helped update NASFA's by-laws and was instrumental in creating the framework for the NASFA legal fund.

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Investigating damage: Fire chief, Larry Groth, escorts fire reconstruction staff around the building pointing out areas they will have to board up. Representing INRECON out of Ann Arbor are (from left) Jim Peldo and Frank Bellomo.

# Rusty Nail hosts Feb. 15 benefit for woman who lost home in fire

The Rusty Nail Lounge in Canton will hold a benefit to help raise expense money for waitress Lisa Douw at noon on Sunday, Feb. 15.

Douw, 27, and her 6-year-old daughter are homeless after a fire gutted the apartment they were renting inside a house at 238 E. Ann Arbor Trail in Plymouth on Wednesday.

"The Red Cross put them up at a local hotel for the first few nights but now they're looking for a place to live. They had no insurance," said Kris Grooms, Rusty Nail bartender.

An estimated \$100,000 property loss stemmed from the fire Wednesday at the four-unit

apartment house. After a passing motorist noticed smoke coming from the eaves of the house at 8:52 a.m., 15 Plymouth Community Fire Department firefighters responded.

The fund-raiser will include food, a prize raffle and other specials. There is no admission charge. Donations will be accepted throughout the afternoon. The Rusty Nail is at 43845 Ford Road, west of Morton Taylor Road. For information, call 981-0076.

\$220,000 in damage to contents of the house. The cause is undetermined but it is not an arson fire, Groth said.

Damage was estimated at \$100,000 to the property and \$220,000 to contents of the house following Wednesday's fire.

The fund-raiser will include food, a prize raffle and other specials. There is no admission charge. Donations will be accepted throughout the afternoon. The Rusty Nail is at 43845 Ford Road, west of Morton Taylor Road. For information, call 981-0076.

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# Denski from page A1

Center Development committee and St. Joseph Mercy Hospital Community Advisory Board.

He also donates financially to the Canton Project Arts Juried Fine Arts show and participated in the restoration project of the historic Bartlett-Travis House where he supplied gloves, dust masks and containers to haul debris away from the site.

The restoration project wasn't the first time Denski has offered his company's services for community projects. He assisted with a housing rehab project by providing a free Dumpster onsite, and also at the annual Liberty Fest and Archery Tournament.

He also sponsors Movie Night in the Park and outdoor concerts during the summer months in Heritage Park.

"I enjoy working with people. (Supervisor Tom) Yack encouraged me to go through Leadership Canton," Denski said, rolling his eyes.

"You know I'm not a meeting person, but I did it anyway. That program turned me on to all these people and all these needs."

Before experiencing Leadership Canton, Denski said, "I

gave money. My education was not complete until I went through Leadership Canton."

"My favorite group is the Foundation because they look at the big picture. They give money for scholarships, for Project Arts. I've had the most fun I could have sitting on that board."

The Plymouth Township resident graduated from the Plymouth-Canton Educational Park in 1973. His class was the first to graduate from PCEP.

His ambition to continue in the family business started in high school. His father helped him rebuild his first truck, which he used to start a commercial rolloff garbage business.

"It was a small, one-man operation. My first customers were Lou LaRiche Chevrolet and Don Massey," he said.

The business suited him just fine until 1985 when he decided that being in business for himself involved too much time away from his family. He helped a friend start up another business, Locpac, and then worked with him until 1992 when he took over Canton Waste Recycling from his uncle, David Denski. The company employs 35.

"It's been the family business

# Kohl's from page A1

in."

Canton Community Planner Jeff Goulet said he recently met with representatives from Kohl's and strip mall owners Ramco-Gershenson, Inc. to discuss facade changes to the empty building.

Plans are to tear off the existing garden center area for the traditional Kohl's entrance, he said. A new roof is also in the design.

"It's projected to be open by August by the time school starts," he said.

Kohl's will also have to meet new Downtown Development Authority (DDA) requirements that include aesthetic improvements, such as decorative brick walls and lighting on Ford and Sheldon roads.

Linda Anderson, a spokeswoman for Ramco-Gershenson, confirmed that a lease has been signed for the 90,000-square-foot Kmart site, but would only go as far as saying it was "a family-oriented department store."

The adjoining Winkelman's has yet to notify them of ending its lease at NewTowne Plaza. However, Anderson said the company is confident the retail

**■ The adjoining Winkelman's expects to close no later than March 31, according to a store official. Winkelman's, which had earlier filed for bankruptcy protection, decided to close its stores last month after a deal with Crowley's failed to materialize.**

space will be leased to another retailer quickly.

"The income of the area is going up so we've been changing the character of the shopping center," she said.

The housing boom in Canton has resulted in new homes in the upward \$200,000 range. The changing demographics have attracted the attention of various home and family-type known retailers, she said.

During 1997, Ramco-Gershenson has drawn Borders Outlet, GNC health food store and Sally Supply to the NewTowne Plaza. Agape Christian bookstore also expanded.

Marketing trends show that people are shopping closer to home; "we call it cocooning" rather than shopping at larger malls, she said.

# Board OKs roads study

By RICHARD PEARL STAFF WRITER

A Southfield firm will conduct a feasibility study on the cost of establishing a roads program in Canton as part of the township's possible takeover of road jurisdiction from Wayne County.

The \$20,000 study, authorized Jan. 27 by the Board of Trustees, is expected to take four-six weeks.

The Plante & Moran consulting firm of Southfield was chosen to conduct the study.

"We hope to draw upon Plante & Moran's client base of similar communities to see how we would compare, to give us some benchmark communities who have done this and see how they did it," said Tony Minghine, township director of finance and budget, in requesting the study.

Specifically, he said, the township wants to learn how it would pay for the roads and what the costs associated with a roads program would be.

Commenting on the financing question, Supervisor Tom Yack said the county could make some of its federal revenue sharing money available.

"Almost every community contributes general fund money for the county roads," he said, but the county uses revenue sharing funds instead of the general fund for roadwork.

# Bug from A1

been performed in 100 years," St. Onge said.

Other potential problems:

- Credit cards won't be accepted;
- Utilities that rely on date-sensitive timing for load demand and monitoring will be compromised;
- Downloading data from corrupted systems could damage your personal computer;
- Household appliances and alarm systems could malfunction.

Damage to the world economy could reach billions of dollars and lawsuits are already in formative stages, St. Onge said.

While the potential problems have been known in the computer community for some time, St. Onge said, the original belief was that only older, mainframe computers would be affected. "It's only been in the last eight or nine months that people have begun to realize other things will be affected."

The good news is that major industries are already addressing the situation, which requires reprogramming and then testing computers. "The testing part is more than half your effort," St. Onge said. The health care and banking industries are already devoting significant time and money to their efforts.

The impact of the "Year 2000 Problem" will hopefully lessen as more people begin to pay attention, he said.

To comment via e-mail: tschneider@oe.homecomm.net. If your comments are intended for publication, please include your name and telephone number.

# School board elections

## Senate OKs bills to move voting to November ballot starting in 2002

By TIM RICHARD STAFF WRITER

Voters would see school board elections on the November general election ballot beginning in 2002 under three controversial bills passed by the state Senate and sent to the House.

Annual school elections on the second Monday of June would be gone.

The results, everyone agrees, would be higher voter turnout and fewer special elections.

But critics said school board candidates would get lost in the shuffle of media attention in even years to presidential, congressional, gubernatorial, legislative, county and township candidates.

"I was a township clerk. We have too many elections," said Sen. Loren Bennett, R-Canton, sponsor of one of the bills. "We have turnouts of 30,000 for presidential elections and 1,500 for school elections."

Bennett saw no problem with mixing nonpartisan school board candidates with partisan national, state, county and township candidates on the same ballot. "We already have nonpartisan candidates on that ballot - judges," he said during the Feb.

4 debate.

"I nearly fell off my chair," said Sen. Joanne Emmons, R-Big Rapids, "when a school board member, who shall be unnamed, said in our hearing, 'We don't want all those people voting in our election!'"

School elections would be consolidated on Tuesday following the first Monday in April, August and the November general election.

Schools also could hold elections with city elections in odd-numbered years, but there would be a price: They would have to pay 105 percent of the cost to the city. That price is expected to discourage special elections, said the lead bill's sponsor, Sen. George McManus, R-Traverse City.

The lead bill Feb. 4 was passed on a 31-5 vote. Supporting it were Bennett, Bill Bullard Jr., R-Milford, Michael Bouchard, R-Birmingham, Mat Dunaskis, R-Lake Orion, and John Schwarz, R-Battle Creek.

Area senators opposed were Robert Geake, R-Northville, Alma Wheeler Smith, D-Salem, Gary Peters, D-Bloomfield Township, and Dianne Byrum, D-Onondaga.

All others voted yes except

Mike Rogers, R-Brighton, who had an excused absence.

Smith, a former South Lyon school board member, said, "In June, the newspaper can focus on the school board. In November, they are focused on the president and governor. Where do you think we're going to get coverage of some quality and quantity?"

"I have problems mixing the school board with the general election," added Peters. "It gets lost on the ballot, and school boards don't get the same kind of attention."

McManus said such fears are groundless. "I ran four times for the community college board in a November election and had no problem," he said.

If a school district chooses to run an election in an odd year, said Peters, there would be confusion between city and school issues. Running elections would be complicated by the fact that city and school district boundaries are rarely the same.

"There's too long a lead time (between a November school election and Jan. 1 when new board members take office). A school board could take some dramatic action even if they've been voted out of office," Peters

said.

On one matter, both sides were agreed: reducing the number of special school bond and millage elections.

The bills require all elections to be conducted by cities and townships. Voters would always go to the same precincts. Currently, many school districts conduct their own elections and use different precincts from the cities and townships in which they're located.

Michigan has 555 K-12 school districts and 57 intermediate (county) districts, sometimes called "regional service agencies." In 1994, they held 1,074 millage elections followed by 641 in 1995, according to a Senate Fiscal Agency analysis.

The House has worked on its own, quite different version of conducting elections. The last plan called for four elections per year, in February, May, August and November. School boards would be elected in May. Millage and bond elections would be confined to those four scheduled elections.

Refer to Senate Bills 202, 207 and 224 when writing to your state representative, State Capitol, PO Box 30014, Lansing 48909.

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# Families may qualify for tuition tax credit

State Treasurer Douglas Roberts reminds families paying college tuition for their children that they may be eligible for the Michigan College Tuition Tax Credit Program. The credit is taken on the state income tax form MI-1040.

Parents or guardians with adjusted gross income of \$200,000 or less who have children attending qualified educational institutions (listed below) are eligible to receive a tuition tax credit of up to \$250 per student. The tax credit will be applied to their 1997 income tax liability.

"Michigan families providing higher education for their children will save about \$13.7 million this year, thanks to the tuition tax credit," Roberts said. "I encourage eligible parents or guardians to take advantage of this opportunity to recoup a portion of their college or university expenses."

Eligible schools are those which did not increase both their tuition and uniformly applied fees by more than the 1996 inflation rate of 3 percent.

The following schools are certified by the Department of Treasury as qualified under the provisions of the program:

- Public universities: Central Michigan University, Grand Valley State University, Lake Superior State University, Michigan State University, Michigan Technological University, Northern Michigan University, Saginaw Valley State University, University of Michigan, University of Michigan-Dearborn and Wayne State University.
- Detroit-area community colleges: Oakland Community College, Schoolcraft College, Washtenaw Community College and Wayne County Community College.
- Private colleges: Alma College, Aquinas College, Cleary College, Concordia College, Daventon College, Detroit College of Business, Great Lake College, Hillsdale College, Kendall College of Art & Design, Northwood University, Olivet College, Reformed Bible College, Spring Arbor College and William Tyndale College.

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### Foster care board seeks volunteers

The State Court Administrative Office of the Michigan Supreme Court is seeking volunteers to serve on the Foster Care Review Board in Wayne County.

The five-member board meet one day each month to review a representative sample of cases of children who have been removed from their homes and placed in foster care due to abuse or neglect.

At the reviews, board members interview parents, foster parents, caseworkers, attorneys and other interested parties who may be involved in planning for the child.

Advisory recommendations

are formulated and mailed to the court, child welfare agency, prosecuting attorney, parents and other interested parties. The purpose of the review is to ensure that all agencies, including the court, have established a plan for the ward and progress is being made toward achieving permanency.

The Foster Care Review Boards are comprised of those who reflect a broad cross section of their communities.

The program is seeking volunteers who have demonstrated leadership in other settings. Employees of the Family Independence Agency, court or private child placement agencies

are prohibited by law to serve on Foster Care Review Boards.

Each volunteer who is selected must attend a two-day orientation training in the Detroit area May 14-15. This training is a requirement to serve on the board.

Expenses for training are reimbursed.

Citizens interested in volunteering for a Foster Care Review Board should call (517) 373-1956 for an application. The deadline for receiving applications is March 31. Interviews with prospective candidates will take place in April 1998.

## Engler applauds SEMCOG focus to curb urban sprawl

By TIM RICHARD STAFF WRITER

After decades of talk, Michigan may be edging toward an "urban policy," say regional and state leaders.

"There's no hard definition of 'urban policy,' but it's usually used in discussions of stopping urban sprawl, resurrecting abandoned industrial brownfields, and encouraging investment in older cities."

"We're forming a group of communities. We've met four or five times," said Paul E. Tait, deputy executive director of the Southeast Michigan Council of Governments (SEMCOG).

"Alpena has some of the same problems Detroit has. Grand Rapids and Kalamazoo are actively participating," he told SEMCOG's Jan. 30 executive committee meeting.

"Two weeks ago, the House urban caucus met with an urban core caucus group," said Tait.

The urban caucus is co-chaired by Reps. William Byl, R-Grand Rapids, and Michael Hanley, D-Saginaw. Among its founders last year was Rep. Patricia Godchaux, R-Birmingham.

"Our bedfellows include the Michigan Association of Realtors, which gave the most active support to our policies," Tait added.

"We've had no urban policy in this state or in this country," added John Amberger, SEMCOG's executive director who will retire at the end of March.

"For 30, 40, 50 years, we've needed an urban policy," added guest speaker Mel Ravitz, who this year retired from the Detroit city council and chaired SEMCOG in 1970-72.

**'I applaud the focus of this (urban) summit and the sincerity of those attending.'**  
*Gov. John Engler*

the Build Michigan I was state takeover of the Davison Freeway in Detroit.

### State to 'back off'

Meanwhile, SEMCOG's Amberger reported that Engler and James DeSana, director of the Michigan Department of Transportation, "will back off at this particular time" on their plan to take over 9,000 miles of previously county and municipal roads.

That plan, part of Engler's road repair plan since May of 1997, had raised strong fears from local officials and some behind-the-scenes opposition in Republican legislative caucuses. They fear MDOT 1) won't maintain the roads to previous standards and 2) will local traffic control and curb-cut policies.

SEMCOG, representing local units in the seven-county southeastern region, has coordinated talks with state officials in what DeSana calls "route rationalization." Focus of discussion is that prospect that maybe some county and municipal routes should be taken over by MDOT and vice-versa.

"We have walked in with a clean sheet of paper," said Amberger. He acknowledged the region has differences with DeSana, adding, "He's very direct. He has a great deal of respect for this part of the state."

"Some of the scar tissue from two years ago (when the Engler administration tried to soak up all available federal aid) remains. But we're very hopeful for cooperation."

Carmine Palombo, SEMCOG's manager of transportation programs, said MDOT's proposed 1998 construction program contemplates 50 percent more money for southeastern Michigan.

appears to have hopped on board the environmental and urban policy express train.

"I applaud the focus of this (urban) summit and the sincerity of those attending," Engler said in mid-January remarks to the group.

The governor followed it up in his Jan. 29 state of the state address by recommending an environmental bond issue of \$500 million, 80 percent of which would be used to clean up old city industrial "brownfields" and to discourage paving over of "greenfields."

Engler cited his administration's moves towards helping "our cities to achieve their potential." Among them:

- Renaissance zones - "Since their creation in 1996, the state's 11 tax-free renaissance zones have attracted 43 projects ... Seven of the 11 zones are in urban areas ..."
- MEGA - The Michigan Economic Growth Authority since 1995 has approved 39 projects, "several of which are in urban areas. The projects will invest more than \$1.1 billion in the state ..."
- Housing loans - more than 13,000 low-interest housing loans worth \$633.5 million since 1991 made by the Michigan State Housing Development Authority.
- Urban offices - opening a Department of Environmental Quality office in Detroit.
- Road repair - first project of

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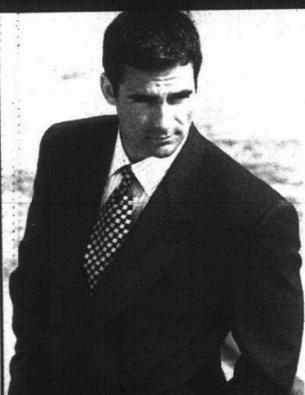
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Engler hops on Even Gov. John Engler

### CLARIFICATION

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## Duggan upholds state term limits

By TIM RICHARD STAFF WRITER

Voters can look forward to a packed August primary ballot after U.S. District Judge Patrick Duggan upheld the validity of Michigan's state term limits.

His ruling means 65 of the 110 state representatives elected in 1992 have served the three terms allowed under a constitutional amendment passed that year. It added sec. 54 to the legislative article.

Term limits won't affect state senators, the governor, lieutenant governor, secretary of state and attorney general until 2002.

"In sum, the court concludes that sec. 54 imposes an insubstantial, content-neutral and non-discriminatory burden on the voting rights of plaintiffs," Duggan wrote.

He disagreed with every contention of the challenging plaintiffs - Citizens for Legislative Choice, Michigan Handicapped Voters' Rights Association, and individual constituents of two Detroit Democratic representatives. They contended the Michigan Constitution violated their rights under the U.S. Constitution.

Duggan disagreed that the burden of term limits falls on racial minorities. "This is scant evidence from which to conclude that minority and inner-city voters are unfairly disadvantaged by sec. 54. White and suburban voters would lose the ability to gain political power through seniority to the same extent as

would minority and inner city voters..."

Appeals are probable:

■ California Assemblyman Bates said he will appeal to the U.S. Supreme Court. He contends voters didn't understand that California Proposition 140 of 1990 contained lifetime bans.

■ The losing attorneys in Michigan - Wayne State University law professors John Mogk and Robert Sedler - say they will carry their case to the 6th U.S. Circuit Court of Appeals in Cincinnati.

But Patrick Anderson, who was involved in the petition drive through Taxpayers United for Term Limitation, said Mogk and Sedler should give up, accept the judgment of the voters and Duggan, and not waste court time and state resources with a further appeal.

Duggan, a Livonia resident appointed to the federal bench by President Reagan 11 years ago, on Oct. 29 denied the plaintiffs' request for a preliminary injunction to block term limits until the court case is finally settled. His ruling Friday dismissed the case entirely.

Term limits generally have been favored by conservatives. They contend a turnover in office is necessary to keep a fresh, citizen-oriented outlook among lawmakers.

Voters approved sec. 54 by 2.3 million to 1.6 million, an approval rate of 59 percent. It was placed on the ballot by an initiatory petition.

19th - Lynn Bankes, R-Redford - eighth term; plans to run for Wayne County commissioner.

21st - Deborah Whyman, R-Canton - third term; announced for state Senate vacancy.

Unaffected: Gerald Law, R-Plymouth, who is in his second term after serving from 1983-91; Eileen DeHart, D-Westland, second term; Tom Kelly, D-Wayne, second term; Bob Brown, D-Dearborn Heights, first term.

Duggan noted the federal government has imposed term limits (on the president) and many states also have imposed them.

Plaintiffs said there was sufficient turnover in the last six House elections so that term limits were unnecessary. Duggan didn't buy that: "So long as there is a rational basis for term limits, the court should not substitute its judgment for the Michigan voters on this matter..." (The court expresses no

### Rivers hosts district 'coffee'

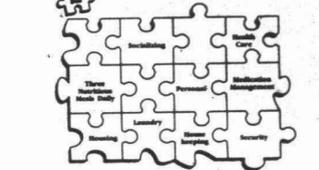
U.S. Rep. Lynn Rivers, D-13th District, has scheduled "coffee hours" to meet constituents in Wayne on Monday, Feb. 16.

Rivers will be at Alex's Garden Patch, 38910 Michigan, 7:30-9 p.m. All constituents are encouraged to drop by, have a cup of coffee, and discuss their concerns with her.

For directions or further information, please call Rivers' district office in Ann Arbor, (734) 741-4210, or Wayne, (734) 722-1411.

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### Experts address trade issues

U.S. Rep. Lynn Rivers, D-13, will host a forum on "International Trade: Economic Boom or Bust?" 7-9 p.m. Wednesday, Feb. 18 in the Friendship Center, 1119 N. Newburgh Road, in Westland.

A panel of experts will discuss the effects international trade has on the economy. Topics include, but are not limited to, trade deficits, open markets, exports, imports and NAFTA.

The panel includes Neil Hesse, director of the Detroit Export Assistance Center, Robert Stern of the University of Michigan, Peter Echstein of the AFL-CIO, Judy Fernside of the Trade Adjustment Assistance Center at the University of Michigan's School of Business.

For more information, contact Michelle Heikka, at (734) 741-4210 or in Wayne at (734) 722-1411.

### Sign of the Beefcarver locations:

- |   |  |  |  |  |   |  |   |
|---|--|--|--|--|---|--|---|
| Allen Park<br>Southfield Rd.<br>(between Dix and Allen)<br>02/11 at 2:30 PM<br>02/18 at 2:30 PM<br>02/25 at 2:30 PM<br>03/04 at 2:30 PM | Bloomfield Hills<br>Woodward Ave. (north of Square Lake Rd.)<br>02/11 at 2:30 PM<br>02/18 at 2:30 PM<br>02/25 at 2:30 PM<br>03/04 at 2:30 PM | Dearborn<br>Michigan Ave.<br>(east of Outer Drive)<br>02/10 at 2:30 PM<br>02/17 at 2:30 PM<br>02/24 at 2:30 PM<br>03/03 at 2:30 PM | Mt. Clemens<br>Gratiot and 16 Mile Rd.<br>02/05 at 2:30 PM<br>02/19 at 2:30 PM<br>03/05 at 2:30 PM | Madison Heights<br>14 Mile Rd.<br>(across from Oakland Mall)<br>02/10 at 2:30 PM<br>02/17 at 2:30 PM<br>02/24 at 2:30 PM<br>03/03 at 2:30 PM | Royal Oak<br>Woodward<br>(north of 11 Mile Rd.)<br>02/05 at 2:30 PM<br>02/12 at 2:30 PM<br>02/19 at 2:30 PM<br>02/26 at 2:30 PM<br>03/05 at 2:30 PM | Warren<br>Van Dyke<br>(north of 12 Mile Rd.)<br>02/13 at 2:30 PM<br>02/27 at 2:30 PM | Westland<br>Wayne and Cowan Rd.<br>02/05 at 2:30 PM<br>02/12 at 2:30 PM<br>02/19 at 2:30 PM<br>02/26 at 2:30 PM<br>03/05 at 2:30 PM |
|---|--|--|--|--|---|--|---|

### Med Max locations:

- |   |   |   |
|---|---|---|
| Farmington Hills<br>02/02 at 1:00 PM<br>02/09 at 1:00 PM<br>02/14 at 11:00 AM<br>02/16 at 1:00 PM<br>02/23 at 1:00 PM | Orchard Lake<br>02/02 at 1:00 PM<br>02/09 at 1:00 PM<br>02/14 at 11:00 AM<br>02/16 at 1:00 PM<br>02/23 at 1:00 PM | Taylor<br>02/04 at 1:00 PM<br>02/11 at 1:00 PM<br>02/14 at 11:00 AM<br>02/18 at 1:00 PM<br>02/25 at 1:00 PM |
|---|---|---|

### Other locations:

- |   |  |
|---|--|
| Farmington Hills<br>Kerby's on Haggerty/8 Mile Rd.<br>02/05 at 10:00 AM<br>02/10 at 10:00 AM<br>02/12 at 10:00 AM | Southfield<br>Big Boy Restaurant<br>Grodan/Telegraph<br>02/11 at 3:00 PM<br>02/18 at 3:00 PM<br>02/25 at 3:00 PM |
|---|--|

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## OBITUARIES

## LYMAN SCOTT SIBOLOSKI

Services for Lyman Scott Siboloski, 25, of Canton were held Feb. 4 at the Uht Funeral Home with the Rev. Drex Morton officiating. Burial was at Michigan Memorial Park in Flat Rock.

Mr. Siboloski was born on July 8, 1972. He died on Feb. 1. He was a laborer.

Survivors include his parents, Lyman and Thelma Siboloski; one sister, Tammy Fay; and two grandmothers, Elsie Siboloski

and Nannie Spivey.

## GILBERT H. RIX

Services for Gilbert H. Rix, 87, of Plymouth will be held at 2 p.m. Sunday, Feb. 8, at Risen Christ Lutheran Church with the Rev. Jacob Dressier and Hugh McMartin officiating. Burial will be at White Chapel Cemetery in Troy.

Mr. Rix was born on June 8, 1910, in Armada, Mich. He died on Feb. 3 in Plymouth. Mr. Rix graduated from Armada High

School. He attended the University of Cincinnati, majoring in chemical engineering. He was a radio and TV engineer at WWJ, a member of the original WWJ-TV (now WDIV-TV) television crew as an engineer and technical director. He worked for WWJ for 31 years from 1944 to 1975. He was a resident of Plymouth since 1984.

He was preceded in death by his parents, Martin H. and Flora Rix. His survivors include his wife, Marie C. Rix of Plymouth; one son, Douglas (Jane) G. Rix of

Rockford, Ill.; two daughters, Carolyn (Tom) E. Rougeaux of Redondo Beach, Calif., Kathleen (Randy) A. Tripp of Adrian, Mich.; five grandchildren, Bradley (Kristin) Patton, Heather Patton, Justin Tripp, Sara Tripp, Holly Tripp; and two great-grandsons, Taylor Patton and Nathan Patton.

Memorials may be made to Alzheimer's Association, 17220 W. 12 Mile Road, Suite 100, Southfield 48076 or Risen Christ Church Building Fund, 46250 Ar.n Arbor Road, Plymouth

48170-3446.

## PAMELA REGAN

Services for Pamela Regan, 44, of Manassas, Va., were held on Jan. 29 with the Rev. Ronald Gripsover officiating. Burial was at Quantico National Cemetery.

Mrs. Regan died on Jan. 23 at Potomac Hospital. She was involved with the school lunch program at Aquinas Catholic School. She was also treasurer of Boy Scout Troop 1919. She was a branch manager for Longaberger and Associates and a teller at First Union Bank.

Her survivors include her husband, F. Weldon Regan of Manassas; her parents, Ralph and Doris Diedrick of Plymouth; two sons, Matthew Regan and Mark Regan of Manassas; and one sister, Connie Jacobs of Northville.

Memorials may be made to Matthew and Mark Regan Trust, Attention: Barbara Mitchell, Nationsbank, 4191 Dale Blvd., Woodbridge, Va. 22193 or to The Matthew and Mark Regan Trust, First Union Bank, 8118 Sudley Road, Manassas, Va. 20109.

## LUELLA K. DETHLOFF

Services for Luella K. Dethloff, 85, of Canton were held on Feb. 7 at the Vermeulen Funeral Home with the Rev. Joel W. Dethloff officiating. Burial was at Riverside Cemetery in Plymouth.

Mrs. Dethloff was born on Oct. 9, 1912, in the village of Cherry Hill, Mich. She died on Feb. 2 in Ann Arbor. Mrs. Dethloff grew up on the family dairy farm at Ford Road and Lilley in Canton. The Dethloff family farmed from 1915 until the land was sold in 1958. She was a member of the Plymouth Grange, which her parents helped build. She was also a member of the Dyer Senior Center in Westland, where she loved to play bingo.

She also enjoyed gardening and crossword puzzles.

She was preceded in death by her husband, Harvey Dethloff; and her parents, James Matthew and Vivian M. Swegles. Her survivors include her three sons, Harvey (Evelyn) Dethloff Jr. of Manchester, Mich., Robert (Eleanor) Lee Dethloff of Salem Township, Richard (Sheryl) Dethloff of Garden City; two daughters, Virginia (William) Andreopoulos of Milwaukee, Wis., Cathryn Kalita of Westland; two brothers, Max Swegles of Plymouth, James R. Swegles of Wayne; one sister, Theo Demeritt of Bay City; 14 grandchildren; and 16 great-grandchildren.

Memorials may be made to the American Diabetes Association Michigan Affiliate Inc., 23100 Providence Drive, Suite 400, Southfield 48075-3680.

## ROBERT JAMES "JAMIE" MEYERS

Services for Robert James "Jamie" Meyers, 43, of Plymouth were held Feb. 7 at the Vermeulen Trust 100 Funeral Home in Plymouth Township. Burial was at Riverside Cemetery in Plymouth.

He was born in Windsor, Ontario. He died on Feb. 2 in Canton. Mr. Meyers was a salesman for Steve Petix Clothier for six years.

His survivors include his fiancée, Nancy R. Marek, and her sons, Jeremy and Gary; one daughter, Staci M. Meyers of Ypsilanti; one son, Matthew A. Meyers of Ypsilanti; two brothers, Michael (Sally) Meyers of Snellville, Ga., and Dennis (Lisa) Meyers of Whitmore Lake.

Memorials may be made to the American Heart Association of Michigan, P.O. Box 721129, Berkley 48072.

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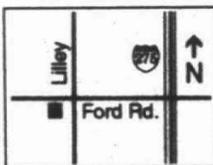
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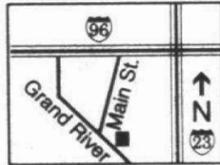
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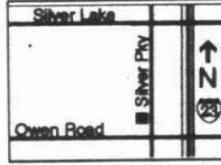
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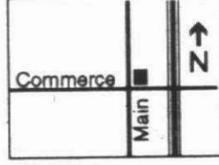
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2 UNIQUE



KELLI LEWTON

## Food for love casts a spell

**O**n Feb. 14, untold numbers of Americans will observe Valentine's Day by presenting a symbol of their love. Some in the form of cards or jewelry, but the most popular form is chocolate.

By giving gifts of chocolate we will be paying unwitting homage to the power of food as a part of the mystic and magic of love.

Food nourishes our body, soul, mind and spirit. It can also be an instrument to demonstrate intentions such as the love that goes with making chicken noodle soup for a beloved sick one, or the suggested passion of chocolate covered strawberries and champagne on a nightstand.

Food has a long history as a tool of sorcery and spell casting - many in the name of love! Throughout the centuries there are numerous accounts of the sorcerers of the stove. Witches and their supernatural counterparts in other cultures were often the purveyors of hidden wisdom.

This is accompanied by the traditional image of witches busily stirring, brewing and simmering over their caldrons. Tales tell of women who would hold and coddle their bread dough in a romantic fashion while chanting the name of their would-be husband or lover. After baking, a woman would share the bread with this man in hopes that he would ingest her feelings and love with the grain and be forever "under her

Please see 2 UNIQUE, B2

### Hearts Afire - Dinner for 2

Celebrate Valentine's Day with someone special. Indulge yourselves with a simply romantic dinner to go - to be reheated in your own kitchen. The students of the Schoolcraft College Culinary Arts program, and chef/owner Kelli Lewton of 2 Unique Caterers, Inc. with Breadsmith Bakeries present this specially prepared menu.

#### A ROMANTIC PRELUDE

- Citrus marinated shrimp served with a tropical passion fruit salsa
- Brie kisses garnished with fruited chutney in phyllo cups
- Young baby field greens tossed with dried cherries and walnuts presented with a savory heart shaped crouton and a raspberry vinaigrette dressing

#### GETTING HOTTER

Chicken or Salmon Wellington, folded with fresh herbs, spinach and wild mushrooms wrapped in puff pastry. Served with aromatic winter vegetables and accompanied by heart baked rolls from the Breadsmith Bakery.

#### BE MINE

Our special chocolate Chambord heart dessert  
The cost per couple is \$35.95. A portion of the proceeds will go toward the Schoolcraft College Culinary Arts program Student Fund and the Beaumont Pediatric Cancer Survivor Scholarship Fund. Please have a credit card number for reservations. Cash or check welcome at time of pick up. Orders must be placed by Thursday, Feb. 12. To fax your order, send your name, daytime phone number, home phone number and choice of entree - Chicken Wellington or Salmon Wellington - to 2 Unique Caterers (248) 642-0803 or call (248) 642-5240.

#### LOCATIONS AVAILABLE FOR PICK-UP

- All dinners must be picked up between 10 a.m. and 4 p.m. Saturday, Feb. 14. Please indicate the pickup location when you place your order.
- 2 Unique Caterers - 1250 Kensington Road, (between Big Beaver and Long Lake Road) Bloomfield Hills - (248) 642-5240
  - Breadsmith of Bloomfield - 3592 W. Maple, (northeast corner of Maple and Lahser), Bloomfield Hills - (248) 540-8001
  - Breadsmith Cafe of Farmington Hills - 32990 Middlebelt (southeast corner of 14 Mile Road and Middlebelt) - (248) 855-5808
  - Breadsmith of Troy - 5069 Livernois (northwest corner of Long Lake and Livernois) Troy - (248) 879-8997
  - Schoolcraft College (Waterman Building) - 18600 Haggerty (corner of Haggerty and Eight Mile Road) - (734) 462-4400 Ext. 5423 or (734) 462-4491.

### LOOKING AHEAD

What to watch for in Taste next week:  
■ Focus on Wine



TAMMIE GRAVES/STAFF ARTIST

## EAT SMART FOR A Healthy heart

BY PEGGY MARTINELLI-EVERTS  
SPECIAL WRITER

With Valentine's Day just around the corner, the grocery stores are filled with chocolate hearts, cakes, gooey desserts, and other irresistible sweets. But if you, or someone you love, is at risk for heart disease, the damage that those wonderful confections can cause may not be worth the moment of pleasure.

February is a month we celebrate love and matters of the heart. It is also a good time to think of our own heart, and the hearts of those we love.

Our cardiovascular system performs the amazing task of delivering oxygen and nutrients to every cell in our body. Our heart adjusts to changes in our activity level, exposure to cold, anxiety and eating. Even our ability to love and feel emotions is ascribed to our heart. The heart is a powerful muscle, but if diseased, can cause the most life-threatening of illnesses. Heart disease is the number one killer of men and women in this country.

Some of the risk factors for heart disease are beyond our control. These include increasing age, family history and race. African Americans have a three- to four-fold increased risk of developing heart disease than white Americans because they have higher blood pressure levels.

Other risk factors are directly under our control. If you have any of the "unchangeable" risk factors, it is even more important to reduce your risk from the "changeable" factors.

The four major changeable risk factors for heart disease are: smoking, high blood cholesterol, high blood pressure and physical inactivity.

To focus on cholesterol, it is important to understand that our body makes, stores and uses all of the cholesterol we need. Some of us are very efficient at keeping cholesterol (from the foods we eat) out of our arteries. Others need to control food choices to help our body control blood cholesterol levels.

There are two main types of cholesterol. LDL cholesterol is like a garbage dump and deposits its cholesterol onto artery walls. This increases the build up of plaques, and increases your risk of heart disease.

HDL cholesterol is like a garbage truck that carries cholesterol away from your arteries and back into storage in your liver. Exercise can help you raise your "good" cholesterol. Controlling the amount of saturated fat you eat can help you lower your total cholesterol.

Other things we can do to promote a healthy heart include controlling our salt intake, specifically sodium as in sodium chloride or table salt.

Salt is one of the most abundant food additives. Salt helps cure meats and fish, is used in pickling vegetables such as olives and sauerkraut, enhances the leavening of baked goods and makes just about everything we eat taste better.

Americans eat about nine pounds of salt per person per year, nearly two times the amount our body needs to be healthy. Many people are salt sensitive and all this excess salt contributes to their susceptibility to high blood pressure. (The precursor to a stroke). If you are not salt sensitive now, it doesn't mean you won't be in the future. So it is prudent to try to keep your salt intake at a reasonable level. Plus, if you are currently eating a lot of sodium rich foods, you're probably not eating enough fruits and vegetables.

Changing eating habits is never easy, but sometimes it's a matter of life and death. A friend has a husband with heart disease. To help him eat correctly, and make the right choices, she has learned new cooking techniques. She continually experiments in the kitchen to find the best tasting low-fat, low-sodium recipes. Although her husband lusts for a huge 12 ounce, juicy steak with a butter-and sour cream-filled baked potato, he knows that the food she serves is a far better way to show her love.

So this Valentine's Day, light the candles, put on some soft music and enjoy an intimate meal with that special person. But instead of high fat foods, enjoy each other's company today and for years to come, with a sensible, heart-healthy diet.

Peggy Martinelli-Everts of Clarkston, is a registered dietitian and director of clinical operations for HDS Services, a Farmington Hills-based food service and hospitality management company. Look for her story on the second Sunday of the month in Taste. See recipes inside.

### HEALTHY HEART CHART

#### To lower fat and cholesterol:

- Enjoy fat-free or low-fat milk and dairy products.
- Use low-fat sandwich meats.
- Remove the skin from poultry before eating. Choose lean cuts of meat (look for "loin" or "round" in the cut).
- Choose vegetarian toppings for pizza, and eat vegetarian meals as often as possible.

■ Eat commercially prepared cakes and cookies in moderation because they are usually made with saturated fats such as hydrogenated vegetable and tropical oils.

■ When using more than one egg in a recipe, replace every other egg yolk with a teaspoon of polyunsaturated vegetable oil.

■ Blend low-fat cottage cheese with a

little lemon juice and skim milk for a great tasting sour cream substitute.

■ Enjoy ice milk and sherbet rather than full-fat ice cream

#### To lower salt and sodium:

■ Cook foods without added salt or don't salt foods at the table.

■ Watch out for the salt in processed foods such as noodle and rice mixes, stuffing mix, frozen dinners, and

canned vegetables. Choose fresh or home prepared more often.

■ Tenderize meats with seasoning and vinegar rather than meat tenderizer.

■ Try the lower sodium versions of some of your most commonly eaten foods. There are dozens of items on the market today.

## Holy mackerel! Fat fish are good for you

### MAIN DISH MIRACLE



MURIEL WAGNER

It's no secret that substituting fish or shellfish for meat helps to lower your intake of saturated fat. That's the kind of fat that has been associated with increased risk of heart disease and various cancers.

Even fat fish such as salmon and sardines have a lower saturated fat content than the lowest fat cuts of beef.

But fat fish such as salmon, mackerel, albacore tuna, herring or sardines have another health benefit. They're high in Omega-3 fatty acids. Unlike saturated fat, the Omega-3 fatty acids lower both cholesterol and triglycerides.

To help my patients take advantage of these health benefits of fish, I modified a favorite recipe for salmon loaf to preserve the low saturated fat content of the salmon.

Evaporated skim milk and egg whites were substituted for the whole milk and eggs in the original recipe. Rinsing the canned salmon several times with water substantially lowers the sodium content. You might want to

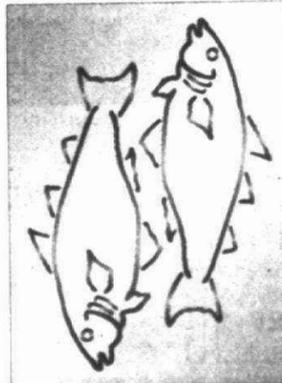
make rinsing other canned fish standard procedure if sodium is a concern.

One of my favorite accompaniments with salmon loaf used to be a creamy egg sauce that had lots of butter.

Instead of this fat and cholesterol-laden addition, my revised recipe includes two fat-free versions of traditional tartar and dill sauce. These sauces make interesting taste contrasts, and can be served either singly, or side by side with salmon loaf. As you know, regular tartar sauce, substantially increases the fat content of any fish or seafood dish because of the high fat content of the mayonnaise it contains.

Serve salmon loaf with unpeeled, steamed new potatoes, fresh asparagus, and a squeeze of lemon juice for a taste of spring.

Speaking of spring, have you entered your favorite main dish salad recipe in



the contest being sponsored by the American Heart Association of Michigan?

The recipe should contain no more than a 3 ounce portion per serving of protein such as lean meat, chicken, fish, legumes or soy, and a fat-free, or reduced fat dressing, which is within American Heart Association dietary guidelines.

Recipes must be typed or clearly written. Include your name, address and a daytime phone number where you can be reached.

Send recipes to: American Heart Association of Michigan/Recipe Contest, 16310 W. 12 Mile Road, Southfield, MI 48076, or fax (248) 557-8533.

Deadline for entry is Monday, Feb. 25. Five finalists will be chosen, and asked to prepare their salads for judging at the "Ask a Nutrition Expert - The Registered Dietitians," a free educational event noon to 4 p.m. Sunday,

March 8, at Tel-Twelve Mall in Southfield.

The winning recipes will be featured in the Observer & Eccentric Taste section on Sunday, March 15, and in a brochure to be produced by the American Heart Association of Michigan.

First prize is a gift certificate for two for lunch at the Golden Mushroom in Southfield. Second place is two cookbook selections from the American Heart Association. Third place is one cookbook from the American Heart Association.

All five finalists will receive a subscription to my "Eating Younger" newsletter, which is filled with tips, recipes and nutrition information. If you have questions, call me, (248) 350-1190.

Muriel G. Wagner is a registered dietitian and nutrition therapist with an office in Southfield. She publishes "Eating Younger," a quarterly newsletter filled with recipes and nutrition tips. To subscribe, send a check or money order for \$13.50 to Eating Younger, P.O. Box 69021, Pleasant Ridge, MI 48069.

Look for Muriel's column in Taste on the second Sunday of the month. See recipes inside.

## 2 Unique from page B1

spell." Remember the old wives tale - "The way to a man's heart is through his stomach?"

**Cast your spell on Valentine's Day.** Make dinner for your special someone, or call our stove sorcerers to order a romantic meal that's sure to set "Hearts Afire." (See related chart for details).

**Favorite Romantic Meals**

- **Chef Jacki Lord of Rochester** - Foie Gras for starters, followed by Beef Tenderloin with Mushrooms and a very special cabinet, and the kids at grandma's.
- **Judy Sorrentino of Birmingham** - Pasta of any variety is very sensual as it is swirled on the fork.
- **Chef Jeff Schroeder of Livonia** - Rack of lamb, zinfandel, and, of course, we will both cook dinner on Valentine's Day accompanied by lots of candles and Frank Sinatra.
- **Chef Steven Smith of Farmington Hills** - Lots of red wine, good pasta with fresh tomato sauce and veal scallopine with a hint of fresh lemon.
- **Kathy Brian of Birmingham** - Angel Hair pasta with sautéed

garlic and fresh herbs followed by chocolate dipped strawberries and champagne in the hot tub.

■ **Jennifer Gokajlo of Troy** - There is nothing sweeter than waking up to homemade pancakes with fresh berries and Mimosas.

### Aphrodisiacs

Over the centuries, thousands of foods have been said to act as an aphrodisiac. Newly harvested wheat, onions, anchovies, artichokes, garlic, ginger, leeks, horseradish, caraway, caviar, mackerel, oysters, rosemary, saffron and sage are just a few.

The mysterious drink of the cocoa plant has been famous since the time of the Aztecs as a powerful incantory tool. The word itself comes from the Aztec "Xocolatl" meaning bitter water. It is fabled that King Montezuma drank over 50 cups a day, as he believed it to be an aphrodisiac. In support of the over zealous King Montezuma, chocolate contains bioactive characteristics that influence the central nervous system and caffeine, which

can be a mood-altering stimulant for many people.

Some foods were recognized as aphrodisiacs because of their rarity. Unknown plants newly released in the marketplace were often perceived as enchanted or containing special powers.

When tomatoes reached Europe from the New World they were known as love apples with special romantic power. Also, the sweet potato was touted to have an impact on unbridled passion for those who would dare to partake.

Other vegetation and spices have been called aphrodisiacs because they produce physiological effects experienced by people making love. Many spices such as cayenne, curries and other chilies have been told to have an effect on the sex organs, to get blood pumping and cause a furious sweat. Many of these spices were banned in Puritan societies.

### Sweet trivia

■ The celebration of Valentine's Day in the United States began around the Revolutionary

War.

■ The oldest known Valentine was penned by the Duke of Orleans, from the Tower of London to his French wife after being taken prisoner by the English in 1415.

■ The Romans celebrated Feb. 14 as the Feast of Lupercal, dedicated to the pastoral god Lupercus and the goddess of love, Juno.

■ The first Valentine was reported to have been sent in 270 by St. Valentine to the jailer's blind daughter on the eve of his execution as a note of appreciation for sending messages and food.

*Chef Kelli L. Lewton is owner of 2 Unique Caterers and Event Planners in Bloomfield Hills. A graduate of Schoolcraft College's Culinary Arts program, Kelli is a part-time instructor at the college. Look for her column in Taste on the second Sunday of the month.*

## Valentine fare that's also heart healthy

See related story on Taste front.

Recipes compliments of Peggy Martinelli-Everts, registered dietitian, director of clinical operations for AIDS Services Inc., a Farmington Hills-based food service and hospitality management and consulting company.

### BREAST OF CHICKEN, RED WINE SAUCE

- 4 boneless, skinless chicken breasts
- 1/2 teaspoon pepper
- 1/2 teaspoon paprika
- 1/2 teaspoon dill
- 2 tablespoons finely chopped green onion
- 1 cup sliced mushrooms
- 1/2 cup dry red wine or white wine
- 1 cup canned low-sodium chicken broth
- 2 tablespoons chopped fresh parsley
- 1/2 cup tomato, peeled and chopped
- 1 teaspoon arrowroot (optional)

Season chicken breasts with pepper and spices. Sauté until light brown on low to medium heat in a non-stick fry pan. Remove chicken and add onions and mushrooms to pan. Sauté one minute. Add wine and cook one minute.

Add broth, parsley and tomatoes. Return chicken to mixture and simmer until liquid is reduced by half.

In a small cup mix arrowroot with 1 teaspoon cold water to make a paste. Stir this into the mixture to thicken the liquid slightly.

(It is not necessary to thicken this sauce, however, this step improves consistency.)

Cover and place in the oven for 15 minutes at 350°F. Serve with rice.

Cook's note: Arrowroot is a starchy product of the tropical tubers by the same name. The root stalks are dried and ground into a fine powder. Arrowroot is used as a thickening agent for puddings, sauces, and other cooked foods. Unlike cornstarch, it doesn't impart a chalky taste when undercooked. You can find arrowroot in the baking section of most supermarkets. Arrowroot received its unusual name because the root was used in the treatment of poisoned arrow wounds.

**Nutrition information per serving:** Calories 210, Protein 28g, Fat 4g, Sodium 198mg, Carbohydrates 6g. Serves 4.

### CARROT COCOA BROWNIES

- 1/4 cup unsweetened cocoa powder
- 1 cup all purpose flour
- 1 1/2 teaspoons baking powder
- 1/2 cup granulated sugar
- 1/2 cup carrots, finely shredded
- 1/4 cup skim milk
- 2 tablespoons applesauce
- 4 egg whites
- 1 teaspoon vanilla extract

Preheat oven to 350°F and coat a 9-inch square pan with vegetable oil spray. In a medium-sized bowl, sift together cocoa powder, flour and baking powder.

Mix in sugar and carrots. In a measuring cup, measure milk and add applesauce, eggs and vanilla. Lightly beat with a fork and add to dry ingredients.

Mix until just blended. Pour batter into pan and bake 20 minutes or until toothpick inserted in center comes out clean. Cool and cut into 12 squares. If desired, top with sifted powdered sugar or serve with frozen yogurt. Serves 12.

**Nutrition information per serving:** Calories 100, Protein 3g, Fat 1.2g, Sodium 32mg, Carbohydrates 20g.

584mg.

The sodium will be reduced by about one half if the salmon is rinsed and drained before adding the other ingredients.

**Food Exchanges:** 3 Lean Meats; 1 Bread; 1 Vegetable.

### TANGY TARTAR SAUCE

- 1 cup fat-free mayonnaise
  - 1 tablespoon sweet pickle relish
  - 1 teaspoon salad mustard
  - 1 tablespoon parsley, chopped
  - 1 tablespoon onion, finely chopped
  - 1/4 cup celery, finely chopped
  - 1 tablespoon white vinegar
- Combine all above ingredients. Serves 6.

### DILL SAUCE

- 4 green onions, chopped
  - 2 tablespoons fresh dill, or 2 teaspoons dried dill
  - 2 tablespoons lemon juice
  - 1/2 cup Fat-Free Miracle Whip Dressing
- Mix all ingredients. Let stand for 1/2 hour before serving (allows flavors to blend). Serves 6.

**Nutrition Facts:** For a serving of either of the sauces: Calories 34; Total Fat 0g; Saturated Fat 0g; Cholesterol 0mg; Sodium 256 mg.

**Food Exchanges:** 1/2 Bread

Nutrition News you Can Use from my Winter "Eating Younger" Newsletter:

■ **Avoid the scale** - Weighing yourself ties you to a dieting mystique that includes self-defeating ideas like "skipping meals," and "no-no" foods and "self-denial."

■ **Substitute another goal for weight loss** - Look at your food choices as an insurance policy that lowers your risk for diseases like diabetes, heart disease, high blood pressure and cancer. A loss of only 10 percent of your body weight will lower your disease risk significantly.

■ **Indulge in some cravings** - What matters is how much and how often you eat the food. Never-never foods can become sometime foods if you control the amounts.

# Follow the Italian example when you use ricotta

By DANA JACOBI SPECIAL WRITER

The next time you pass the dairy case in your supermarket, look at the ricotta cheese and picture a misty morning over rolling hills. Hear tinkling bells punctuate the sound of bleating sheep. Smell the damp earth and the fresh scent of hay on the farm mingled with smoke from a wood fire.

In Sicily last October, I encountered exactly this scene when I went to watch the Primitivo brothers turn the foamy milk from their herd of sheep into pecorino cheese.

But the main attraction for me turned out to be the silky, smooth dairy byproduct of this process called ricotta.

Ricotta, which means recooked, is made from whey left after the curds have been separated.

For Italians, ricotta is an ingredient commonly found in many dishes. As breakfast and as a dessert, Italians eat ricotta topped with honey or a sprinkling of sugar. Most Americans know ricotta as the creamy layer in lasagna, the pleasantly bland filling in ravioli and manicotti, and the rich body of cheesecake.

Following the Italian example, you will also want to use it in pasta maritata, which is

spaghetti topped with marinara sauce and a dollop of ricotta. This tomato-cheese sauce makes a delicious, satisfying meal in about the time it takes to cook the pasta.

Virtually all ricotta in Italy is made by skilled manual workers, using sheep's milk. Even though it's now being made in the United States, sheep's milk ricotta may still be hard to find. Your best bet may be a cheese department in a gourmet store or via mail-order.

More common in the U.S. is commercially-produced ricotta made from cows milk. It is more moist, milk and sweet tasting than the Italian product, which tastes like fresh milk and is fluffy enough to cut with a knife.

The reduced-fat or part-skim ricotta found in American supermarkets is often closer to the Italian version than whole milk varieties. For the best texture when cooking, avoid fat-free and "lite" ricotta made with fillers.

Cannoli Cream is the filling for one of Sicilians' favorite desserts and a simple way of using ricotta. Serve Cannoli Cream in small cups, like a sublime pudding, or buy cannoli shells at an Italian bakery.

### CANNOLI CREAM

- 15 ounces reduced-fat ricotta cheese
- 1 cup confectioners sugar
- 2 tablespoons chopped dark chocolate
- 1 tablespoon raisins, coarsely chopped
- 1 tablespoon golden raisins, chopped
- 1 teaspoon finely minced orange zest
- Cinnamon, for garnish
- 4 teaspoons chopped shelled pistachios, for garnish (optional)

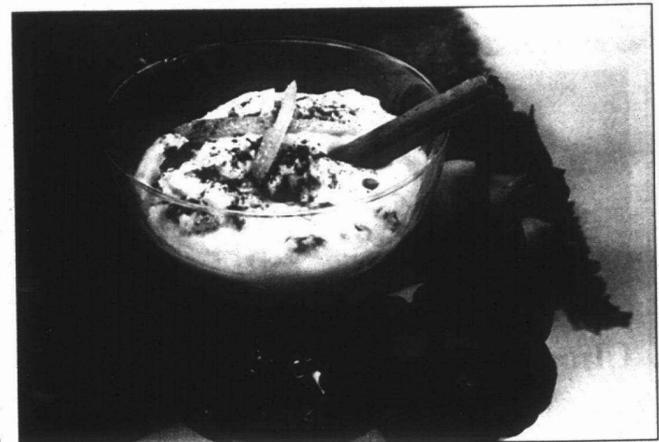
Using a wooden spoon, press the ricotta cheese through a fine sieve into a medium bowl, making the cheese as smooth as possible.

Mix in the chocolate, raisins, golden raisins, and orange zest.

Divide the cream among 4 dessert dishes. Sprinkle some cinnamon over each serving and top with the pistachios, if using. Cover the dishes with plastic wrap and refrigerate at least 1 hour, or up to 24 hours before serving.

If you freeze it for later, let the Cannoli Cream sit at room temperature for 15-20 minutes before serving.

Each of the 4 servings contains 285 calories and 10 grams of fat.



Easy dessert: Serve Cannoli Cream in small cups with chopped, shelled pistachios. This easy dessert keeps 2-3 days in the fridge.

Recipe and information written for the American Institute for Cancer Research by Dana Clappot Cooking, and "The Natural Kitchen: SOY!"

## Cookies, winter pasta sure to please

See related Two Unique column on Taste front. Recipes compliments of Kelli Lewton, owner Two Unique Caterers & Event Planners, Bloomfield Hills.

### Valentine Sugar Cookies

- 4 cups sifted flour
  - 1/2 teaspoon salt
  - 2 teaspoon baking powder
  - 1 sticks butter (8 ounces)
  - 2 1/4 cups granulated sugar
  - 2 eggs
  - 1 teaspoon pure vanilla
  - 1 teaspoon fresh lemon juice
  - Zest of 1 lemon
- Combine flour, salt and baking

### Warm Winter Pasta

- 5 ounces Angel hair pasta (dry)
- 2 tablespoons capers
- 1 large roasted pepper (peeled, seeded and cut into thin strips)
- 1/2 cup sun-dried tomatoes, cut into thin strips
- 1 chicken breast (6 to 7 ounces, cooked, butter-fried and cut into thin strips)
- 8 ripe plum tomatoes (diced)
- 1 large bunch of basil (cleaned and cut into paper fine strips)
- 4 cloves garlic (minced)
- 1 medium onion (diced)

Roll out 1/2-inch thick and cut with heart cookie cutter. Place on lined cookie trays. Refrigerate 20 minutes. Bake 8-10 minutes at 325°F until golden.

Decorate with tinted chocolate, icing, colored sugars and Valentine confections. Makes about 2 dozen.

### WARM WINTER PASTA

- 1/2 cup extra virgin olive oil
- 10 ounces Angel hair pasta (dry)
- 2 tablespoons capers
- 1 large roasted pepper (peeled, seeded and cut into thin strips)
- 1/2 cup sun-dried tomatoes, cut into thin strips
- 1 chicken breast (6 to 7 ounces, cooked, butter-fried and cut into thin strips)
- 8 ripe plum tomatoes (diced)
- 1 large bunch of basil (cleaned and cut into paper fine strips)
- 4 cloves garlic (minced)
- 1 medium onion (diced)

Boil pasta with a pinch of salt and olive oil until al dente.

Heat olive oil in a large skillet. Sauté onions for a minute or so until they appear to start becoming translucent. Add garlic and continue to saute for another minute or so.

Add tomatoes and simmer for 3-4 minutes. Add remaining ingredients and basil. Mix in pan until hot, season with fresh cracked pepper and salt to taste. Serve over pasta. Serves 2.

Serve with a crusty loaf of peasant style bread and red wine.

## Work a 'Main Dish Miracle' with canned salmon

See related story on Taste front. Recipes compliments of Muriel G. Wagner, registered dietitian.

### SALMON LOAF

- 1 (14 3/4 ounce) can Red

- 1 cup evaporated skim milk
- 2 tablespoons parsley, chopped
- 1 1/2 cups soft bread crumbs
- 2 teaspoons fresh lemon juice
- 1 tablespoon green onions, chopped
- 1/4 teaspoon freshly ground black pepper
- 2 egg whites, slightly beaten

Flake salmon. Add milk and combine with other ingredients. Spray loaf pan with nonstick spray. Pack salmon mixture into loaf pan. Bake in a 375°F oven for 25-30 minutes or until browned.

Serve with a spoonful of Tangy Tartar Sauce and a spoonful of Dill Sauce. Serves 6.

**Nutrition Facts:** Calories 252; Total Fat 7g; Saturated Fat 1.5g; Cholesterol 35mg; Sodium

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<b>Center Cut Only PORK LOIN ROAST</b> <p><b>\$2.69</b> LB.</p>	<b>Just for the Sweethearts in Your Life</b> <b>BEEF TENDERLOIN FILLET STEAKS</b> <p><b>\$8.99</b> LB.</p>	<b>Whole BEEF TENDERLOINS</b> <p><b>\$3.99</b> LB.</p>	<b>Whole FRESH TURKEY BREAST</b> <p><b>\$1.29</b> LB.</p>
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<b>Sahlin's Oven Roasted TURKEY BREAST</b> <p><b>\$3.99</b> LB.</p>	<b>Center Cut SWORDFISH STEAKS</b> <p><b>\$6.69</b> LB.</p>	<b>Extra Large COOKED SHRIMP</b> <p><b>\$10.69</b> LB.</p>	<b>Amieh Valley Cap Off MEDIUM RARE ROAST BEEF</b> <p><b>\$3.39</b> LB.</p>
<b>Our Own U.S.D.A. Slowly Cooked</b> <b>Roast Beef</b> <p><b>\$3.99</b> LB.</p>	<b>Upari's Old Fashioned</b> <b>Hard Salami</b> <p><b>\$2.79</b> LB.</p>	<b>Upari's Premium Smoked Turkey Breast</b> <p><b>\$3.69</b> LB.</p>	<b>Premium - 99% Fat Free Chicken Breast</b> <p><b>\$3.79</b> LB.</p>
<b>Upari's Old Fashioned</b> <b>Swiss Cheese</b> <p><b>\$2.99</b> LB.</p>	<b>Upari's Mild Colby LONGHORN CHEESE</b> <p><b>\$2.09</b> LB.</p>	<b>Twice Baked Potatoes Broccoli / Bacon / Cheese</b> <p><b>2 for \$3.00</b></p>	<b>Upari's Mild Colby</b> <b>Muenster Cheese</b> <p><b>\$2.69</b> LB.</p>

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<b>Uncook Jumbo Tiger Shrimp</b> <p><b>Only \$7.99</b> lb.</p>	<b>Twice Baked Potatoes Broccoli / Bacon / Cheese</b> <p><b>2 for \$3.00</b></p>
<b>Lean &amp; Meaty Baby Back Ribs</b> <p><b>Only \$3.29</b> lb.</p>	<b>Upari's Premium Smoked Turkey Breast</b> <p><b>Only \$3.69</b> lb.</p>

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<b>Our Own U.S.D.A. Slowly Cooked Roast Beef</b> <p><b>Only \$3.99</b> lb.</p>	<b>Premium - 99% Fat Free Chicken Breast</b> <p><b>Only \$3.79</b> lb.</p>
<b>Upari's Old Fashioned Hard Salami</b> <p><b>Only \$2.79</b> lb.</p>	<b>Kawalski Pressed Corn Beef</b> <p><b>Only \$2.69</b> lb.</p>
<b>Old Colony Baby Swiss Cheese</b> <p><b>Only \$2.99</b> lb.</p>	<b>Upari's Mild Colby Muenster Cheese</b> <p><b>Only \$2.69</b> lb.</p>

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## Butternut Squash Soup a honey of a winter warmer

(NAPS) - When the days are shorter and the frigid air nips at your nose, there's nothing like a hot bowl of homemade soup to warm you from the inside out. Like rubber rain boots and earmuffs, soups are an important part of the winter season. Fortunately, preparing homemade soups does not have to be time consuming or difficult. Just a squeeze of honey turns butternut squash, carrots and potatoes into Butternut Squash Soup - a honey of a winter warmer.

Honey's wholesome taste is a perfect addition to a variety of traditional recipes, and soups are no exception. Honey adds a subtle rich flavor to savory soups without being overly sweet. Served alone or with fresh baked bread, Butternut Squash Soup will chase away those winter chills.

There are approximately 300 varieties of honey produced in the United States. For Butternut Squash Soup try a mild, medium bodied variety like clover or orange blossom. Cooking with honey is easy and caring for it is a snap. Store it at room temperature, never in the refrigerator. The countertop or pantry shelf is ideal. If honey turns cloudy or crystallizes (a natural process), simply place the honey jar in

warm water and stir until crystals dissolve. Or place the honey in a microwave-safe container and microwave it on HIGH, stirring every 30 seconds, until crystals dissolve. Be careful not to boil or scorch the honey.

Seeking that perfect dish for any time of year? Try one of more than 100 delicious low-fat recipes from the new cookbook "Sweetened Naturally With Honey." To order, send a check or money order for \$2.95 to: National Honey Board, Dept. NPR, PO Box 125, Wisconsin Rapids, WI 54495. Allow 6 to 8 weeks for delivery.

### BUTTERNUT SQUASH SOUP

- 2 tablespoons butter or margarine
- 1 onion, chopped
- 2 garlic cloves, minced
- 3 carrots, diced
- 2 celery stalks, diced
- 1 potato, peeled and diced
- 1 butternut squash, peeled, seeded and diced\*
- 3 cans (14.5 oz each) chicken broth
- 1/2 cup honey
- 1/2 teaspoon dried thyme leaves, crushed
- Salt and pepper, to taste

In large pot, melt butter over medium heat. Stir in onions and garlic. Cook and stir until lightly browned, about 5 minutes. Stir in carrots and celery.

Cook and stir until tender, about 5 minutes. Stir in potatoes, squash, chicken broth, honey and thyme. Bring mixture to a boil, reduce heat and simmer 30 to 45 minutes, or until vegetables are tender.

Remove from heat and cool slightly. Working in small batches, transfer mixture to blender or food processor; process until smooth. Return pureed soup to pot. Season to taste with salt and

pepper. Heat and serve. Makes 6 servings.

■ Butternut squash is available nearly year round. However, if you can't find it, this soup is equally delicious using other varieties of squash such as acorn or Hubbard squash.

**Nutrients per serving:** Calories 292 (13 percent calories from fat); Total Fat 4.5 G; Protein 4.8 G; Carbohydrates 65.3 G; Cholesterol 10.4 mg; Sodium 858 mg; Dietary Fiber 9.6 G.

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Susan DeMaggio, Editor 248-901-2567

on the web: <http://observer.eccentric.com>

Sunday, February 8, 1998

## Shoppers bid sad farewell to Winkelman's



These are the final days for Detroit retailing legend, Winkelman's, though many of the stores are already closed. Longtime customers have shopped their favorite hunting ground recently, to say goodbye, and pick up a final bargain... or two.

BY SUSAN DEMAGGIO  
EDITOR

Sharon Sime of West Bloomfield browsed through the clothing racks at Winkelman's Oakland Mall store, Wednesday afternoon, but the pickings were slim.

In the midst of a two-week-old liquidation sale, the prices were right (60 percent off) but the choices were few.

"I feel so bad that Winkelman's won't be around anymore," she said. "I have such strong ties to the company. Winkelman's has been a tradition in my life since I was a kid. My mom took me shopping here, my husband's

company did the building engineering for Winkelman's stores, and when I had a community TV show, Winkelman's lent me the clothes I wore on the air."

Jayne DiPonio of Troy shared her thoughts about the 70-year-old Detroit-retailer closing its remaining 49 stores in Michigan and Ohio.

"Through the years, Winkelman's was my number one choice for coats, party dresses and shoes," she sighed. "I spent some of the most joyful moments of my life in the bargains I bought at Winkelman's. Now what am I going to do? I'll probably take my business to Hudson's."

Sherry Triest of Livonia bemoaned the closing of the store Laurel Park Place, while other shoppers in the check-out line nodded their heads in agreement.

"It's so sad! Winkelman's was always full of wonderful merchandise. Nearly every Saturday afternoon, I spent a little of my paycheck here. Winkelman's always had clothing in a rainbow of colors and lots of sizes, priced so a working woman could afford them. They will be missed!"

An employee who declined to have her name in print, said she and her co-workers were scrambling to put resumes in the hands of surrounding mall stores.

"We've been pro-active on finding a replacement tenant for Winkelman's," she said. "It's no secret that they've been having difficulties for the past few years. Those stores won't remain dark for long."

Cindy Ciura, corporate marketing director for Schostak & Co., (with three Winkelman stores leaving Schostak centers at Laurel Park Place, Wonderland Mall and Macomb Mall) said the empty store space is already under discussion.

"We've been pro-active on finding a replacement tenant for Winkelman's," she said. "It's no secret that they've been having difficulties for the past few years. Those stores won't remain dark for long."

The customer service line for the Petrie Co. is (888) 701-8182.

**In related news:** The Limited Inc. of Columbus, Ohio announced it would close all its Cacique lingerie stores this year, but would add 265 stores to the more profitable Victoria's Secret and Bath & Body Works divisions.



Double dipping at Bernard C.

## Chocolates bring smiles

This Valentine's Day, if you'd like to give your sweetheart a bit of paradise, then a gift from Bernard C. Chocolates might do the trick.

"We love giving people a new chocolate to try, because of the way they react," said Cathy Kapatos, owner of Bernard C. Chocolates in Troy and Southfield.

"You wouldn't believe all of the moans (of delight) we get and the things people say. Some people say it's better than their spouse or better than sex. We were thinking about doing a radio commercial, just featuring all of the different moans and sounds people make when they taste our chocolate for the first time."

What sets Bernard C. apart from other fine chocolates?

For starters, the company uses only the freshest ingredients and no artificial additives in its products, in order to extend their shelf life and for the taste, Kapatos said. The cream centers are made with whipping cream, not butter cream, which makes them lighter and silkier than most, and the caramel and toffee centers aren't hard or chewy. They're more on the liquid side.

Another Bernard C. Chocolates feature is its wide selection. Forty-seven different center fillings are available, and an additional 20 fillings are seasonal.

For Valentine's Day, there are three special fillings: Marion berry, which is kind of like a blackberry, creme praline, and mocha raspberry.

In the tradition of fine European confectioners, a lot of attention is given to how the chocolates are presented. Gift wrapping is available upon request, and the wrapping changes every two weeks to reflect the changing seasons and holidays.

Some prices include: \$1.10 for a Valentine's Day chocolate, heart-shaped suckers; \$7.50 for a small bag filled with truffles or heart-shaped chocolates; \$12 to \$14 for a small to medium box of chocolate; \$40 for a 19-ounce box of assorted chocolates (Henry said that was the most popular size for Christmas and that it contains about 54 pieces); and \$75 for a box of 100 chocolates.

Bernard C. Chocolates are the creation of award-winning confectioner Bernard Callebaut, whose family has been in the chocolate business for four generations. His family owned the Callebaut Chocolate Factory in Wize, Belgium, from 1911 until 1980, when it was sold to another company.

In 1992, he moved to Canada and opened a chocolate factory in Calgary. Several years ago, he expanded the factory and its production capacity, which enabled him to begin shipping products to the United States.

Kapatos said she got involved with the company through friends, Lamont Tolley and his wife, Judy Strite, who live in Calgary. They fell in love with the chocolate years ago, and whenever they'd visit Kapatos and her husband, they'd bring along a gift box of it.

When Tolley found out about the factory's expansion, he urged Kapatos to open a Bernard C. store with him in Michigan. For two years, she put him off. But, in August 1996, on a visit to Calgary, she decided to call the company and inquire about store opportunities, just to get her friends off her back.

Kapatos and Tolley now own two Bernard C. stores: Somerset Collection North in Troy, (248) 643-8808, and Applegate Square, (248) 356-2100, in Southfield, (248) 356-2100.

When asked who her major competitors were, she mentioned Godiva and Sydney Bogg, but she had nothing bad to say about them.

"We're 'choco-holics.' We like everyone's chocolate," she said. "But ours is special and we think it's the best and our customers seem to agree."

Other great chocolate finds include confections at Rocky Mountain Chocolate Factory, Nordstrom's Habits Truffles; Jacobson's Joseph Schmidt chocolates; and Hudson's Frank chocolates.

## Winkelman recalls his stores in their heyday

The closing of the women's fashion stores founded by his father and uncle back in February 1928, at Fort and Junction in Detroit, is a "sad" time for Stanley Winkelman, 75, of Bloomfield Hills.

In a phone interview from Arizona where he is vacationing, he said mismanagement and the drive for high profits contributed to the failure of Winkelman's after it was acquired by the Petrie Co. of Secaucus, N.J., in 1984.

"In its heyday (the early '80s) Winkelman's did \$100 million in sales from 100 stores," he said. "Since we went public in 1959, we never lost money. We never missed paying a dividend. But we weren't greedy. We invested in people and in our stores."

"I don't think the new management was in tune with what was going on. They couldn't manage it."

Winkelman recalled with fondness, the annual spring coat event where hundreds of styles at special prices were brought in to the delight of customers and store managers who enjoyed brisk, swift sales.

Of late, the merchandise quality had been downgraded and a sameness crept into the inventory mix.

A glimmer of hope for the chain, in bankruptcy protection since 1995, came on Dec. 24 when Crowley's announced plans to buy Winkelman's. However, by January, Crowley's board of directors called off the deal, "probably thought it was too much of a risk," said Winkelman.

He said the decision to close the chain was a business trade off by shareholders in search of a tax-free transaction.

After the closing announcement, Winkelman's customers rushed to the stores for bargains, refunds, and the last chance to redeem gift certificates. Slated to remain open through March, most locations had liquidated their inventory by the first week in February. Many are already gone.

"Winkelman's was a family legacy, but it was also a Detroit tradition," Winkelman stated. "It was viable to the end. It had longevity. But, now it's a memory like other fine retailers, B. Siegel's, Himelhoch's and Alberts."

Winkelman said merchants moving into the 21st century will retail through high technology, and the ways of the past will simply disappear.

— Susan DeMaggio



Stanley Winkelman

## Valentine Contest has a winner!



News of special events for shoppers is included in this calendar. Send information to: Malls & Mainstreets, c/o The Observer & Eccentric Newspapers, 805 East Maple, Birmingham, MI 48009; or fax (248) 644-1314. Deadline: Wednesday 5 p.m. for publication on Sunday.

### SUNDAY, FEB. 8

**Puppet show**  
Performed daily from 7 p.m. Saturdays 11, 1 and 3 p.m. Sunday at 1 and 3 p.m.

**Meadowbrook Village Mall.**  
Adams/Walton. Rochester Hills. (248) 375-9451.

### WEDNESDAY, FEB. 11

**Art of massage workshop**  
Learn what you can do to alleviate tension and headaches at the Naturally shop from 6:45 to 9 p.m. Presented by Robyn Veros, CM, of Just Relax. Complimentary.

**550 Forest Ave. Downtown Plymouth.**  
(734) 453-9491.

### THURSDAY, FEB. 12

**Trunk show set**  
View the entire Hino & Malee spring collection through Feb. 14 at Rox & Sherm. Representative Elaine Louie will assist shoppers with selections of jackets, pants, vests, skirts and accessories from 10 a.m. until closing.

**Bloomfield Plaza. Maple/Telegraph.**

Two weeks ago, we asked readers to come up with an ending for the opening lines from the traditional love poem, *Roses are red...*

The winner was Diane Hackman of Garden City. She wins a makeover for two at the trendy Bellissima Salon in West Bloomfield, followed by a candlelight dinner for two at the upscale Ruth's Chris Steak House in Troy. Here's her winning poem:

Roses are red,  
Violets are blue.  
When you kiss me,  
My brain goes wahoo!

The following poems deserve an honorable mention:

Roses are red,  
Violets are blue.  
In a world full of peanuts,  
You're a cashew!  
— Donna Spellman, Redford

Roses are red,  
Violets are blue.  
Together 32 years,  
and it still feels brand new!  
— Wilma Rush, Farmington

Roses are red,  
Violets are blue.  
If we get take-out  
there's no dishes to do!  
— Brenda Mobarek, Walled Lake

Roses are red,  
Violets are blue.  
I think that your earring,  
just fell in my shoe!  
— The Rhineharts, Plymouth

Roses are red,  
Violets are blue.  
Your such a romantic  
Don Juan took lessons from you!  
— Sue Baker, Westland

Roses are red,  
Violets are blue.  
I'll be your wallpaper,  
if you be my glue!  
— Tina Rothwell, Rochester Hills

Roses are red,  
Violets are blue.  
I treasure the thought  
of forever with you!  
— Arnold Jahne, West Bloomfield

Roses are red,  
Violets are blue.  
Your name is my mantra,  
I'm a true guru.  
— Chris Miller, Livonia

Roses are red,  
Violets are blue.  
I love you more than  
McDonald's drive-thru!  
— Julie Montgomery, Camden

## ADDED ATTRACTIONS

(248) 855-8877.

### FRIDAY, FEB. 13

**Fall fashion fun**  
See the David Brooks collection for fall at Kathryn Scott, with a trunk show from noon to 4 p.m. Brooks manufactures classic, updated sportswear in sizes 4-16, and petite sizes 2-14.

**148 Pierce. Birmingham.**  
(248) 642-3064.

**Bridal fashion show**  
Preview trends in gown styles for all members of the bridal party, plus check out the new lace, trims, fabrics and headpieces, 7 p.m. at Haberman's. Trims. Dressmaker/designer referrals. The event is free, but reservations are required.

**117 West Fourth. Royal Oak.**  
(248) 541-0010.

**Concert/Sidewalk Sale**  
Hear the Larados perform at 6 and 8 p.m. on stage near Crowley's. They'll provide a high-powered rendition of '60s-'60s sound and lots of rock 'n' roll Doo Wop. Shoppers can register to win a basket of 10 Beanie Babies and an Annabelle plush toy.

**Livonia Mall. Seven Mile/Middlebelt.**  
(248) 476-1160.

### Home show

Marketers present a showcase of exhibits to improve your home, garden and quality of life through Feb. 15, during regular mall hours.

**Tel. Twelve Mall. 12 Mile/Southfield.**  
(248) 353-4111.

### VALENTINE'S DAY/SATURDAY, FEB. 14

**Madeline kids event**  
Hudson's welcomes Parisian story heroine Madeline for Valentine activities that are tres bien, noon to 3 p.m. in the children's department.

**Somerset Collection North.**  
**Big Beaver/Coolidge. Troy.**  
(248) 816-4999.

**Family Fun center**  
The Big Comfy Couch characters, Molly and Lunette from the PBS series, perform at 4 and 6 p.m. in the Fountain Court. Free. Photo op follows.

**Fairlane Town Center.**  
**Michigan/Southfield Fwy. Dearborn.**  
(313) 593-1370.

**Adopt a kitten**  
The Backdoor Friends cat shop has adoptable cats and kittens available 9 a.m. to 5 p.m. They sell cat-themed gifts and jewelry, clothing and cat toys. Cat beanie babies, too.

**Muirwood Square Grand River/Drake.**  
**Farmington Hills.**  
(248) 442-0840.

## Where can I find?

This feature is dedicated to helping readers locate sources for hard-to-find merchandise in the marketplace. If you've seen any of the items in your retail travels (or basement) please call Where Can I Find? (248) 901-2555.

Slowly and clearly, leave your name, number and message, and you should see your input in the following Sunday's column.

(248) 901-2555

### Here's what we found:

• **Chez dresses** are at Amy's 3750 Woodward (north of Mack across from Orchestra Hall) at (313) 832-2466.

• **Shiny Sinks Plus** can be ordered through the mail for information, 1-800-433-5818.

• **Refills for a bean bag** can be found in the JC Penney spring catalog, two cubic feet for \$19.99.

• **Raggedy Ann dolls** were sold through the JC Penney Christmas catalog. We found someone who make a 36-inch doll for \$50.

• **Music Search** is a 900-number and that is not toll free. It is 1-900-737-6647.

• **Mennen shaving tale** is no longer in production, a tip from a reader, check around at small drug stores, they might carry it. (Or try Clubman, it works just as good, he opined.)

• **Bronner's**, Frankmuth has the white Hummel nativity set for Pat.

• **Several readers offered Pit games.** Al might try Rence Camera Service and General Repairs, Little Mack, St. Clair Shores, (810) 772-8344 for the Bell and Howell Slide Cube projector #977Q.

• **Beanie Babies** can be found at Susan B. Ashley Co. in Livonia (313) 422-8700, each \$6.99.

• **Solid color borders** including black, were spotted at Office Max, 10 Mile and Southfield. Sharon of Canton said she saw some at Wallpaper Outlet, 3500 Lilley, south of Ford Road. "They will make cuts from solid-color paper," she advised.

• **Several distributors offered sources for therapy magnets:** Dr. Leonard's catalog has a set of 20 for \$7.99 at 1-800-455-1918. Dr. Morrow's in Berkeley at (248) 399-7575, they are in the Harriet Carter catalog 1-800-377-7878 on page 84.

• **Frank Wright** sells them at (313) 459-4639; Bonnie Walton sells them at (313) 836-5467; Brian Barker sells them at (248) 545-5917. Eleanor Radke sells them at (248) 474-1068. E.W. Allen & Co. sells them at (248) 540-9246 - read the Alternative Medicine Digest for more sources.

• **Chestnuts in a jar** were purchased during the holidays at Williams Sonoma stores - Laurel Park, Twelve Oaks, Somerset South.

• **Lenore Ewald** of Livonia has three years' worth of Reader's Digests from the '70s she wants to deliver to any local agency that would like them. Many of the magazines have never been opened.

• **Barb Wojick** has a 20-something-strong collection of Fannykins, the brown and tan statuettes from Hallmark, purchased back in the '70s. She would like to find a good home for them with a collector.

### We're still looking for:

• **A bunch of plastic bow tacks** for the Wham-O Bownow tie for Connie Jordan. "I know they don't make this anymore, but I still make the bows and I need the tacks!"

• **1986 Mother's Day plate** by Avon.

• **Al is looking for Wood to Wood**, (similar to Liquid Gold), purchased through Family Circle about five years ago. It is a self-polisher for cabinets.

• **Douglas** is looking for old home Jeopardy game from the '60s, '70s and '80s.

• **Susan** wants the old board game Go to the Head of the Class.

• **Deb** is looking for Ivory Snow flakes for a Girl Scout project.

• **A lapdesk** with a formica top and beanbag base for Carol.

• **A long-sleeve button-down cardigan** of short length, to wear under a waist-length jacket for Cassy of Livonia.

• **The Littlefoot** toy figure from The Land Before Time.

• Marilyn is looking for a book Star Fish by Irv Furman.

• John called saying Tric Trax, the game from the '60s, a race car set, it is not made by Brio. He is still looking for it.

• **Jerry** wants Flamingo bathroom accessories.

• **Winnie** wants a recording or a videotape of the 1998 Rose Bowl Parade, to buy or copy.

• **Toddler plastic pocket bib** (by Kangaroo) and Thank You Ruled Bib (by Family Concepts) used to buy at Baby's R Us, and also for June, Smuckers Marshmallow topping.

• **Toddler book of Sound, Press Page First Words** by Publications International Ltd. for Evelyn.

• **Kathy** wants a Baby Dear doll designed by the Goldenbooks illustrator Eloise Wilkin, manufactured by Vogue.

• **Margaret** is looking for Chupa Chups suckers in a #1 bucket.

• **Lynn** needs the Revlon natural herb cleanser (makeup remover) in a 10 oz. plastic jar. It is discontinued.

• **Clare Redding** hopes to locate a set of genuine ebony and ivory keys for a grand piano she inherited which was built in 1936. She does not want plastic.

• **Irene** is looking for Milk Plus cleaning cream.

• **Edith** wants 10-inch tapered slim candles made by Colonial Candle of Cape Cod.

• **Serena** of White Lake is looking for Battle Troll dolls, action figures.

• **An adjustable single edge blade safety razor** for Ron.

• **Dustin** is looking for an autographed Barry Sanders game used jersey.

• **Walt Disney** animated "101 Dalmatians" movie.

• **Men's one- or two-piece pajamas** with feet for Carol of Westland.

• **Nail products** by Mavala found in drug stores.

• **A 1953 McCall Giants Golden Make-It books** and a game Survivorshot for Barb.

• **Bodyology Cool Blue Eye Gel** for Chris.

• **Fine crochet cotton**, size 30, 40 or 50, for Gerri.

• **A 1960 board game WA-HOO**, similar to the game Trouble, it has an Indian theme for Cheryl.

• **The song J.P. McCarthy used to play** on his radio show. "Charge of the Lite brigade and the Bugler," for John, he's willing to donate to the J.P. Foundation.

• **Need a pattern for a Red Wing afghan.**

• **Uncle Dan's Potato Chips** for Laura of Livonia.

• **Sharon** would like Night Spice cologne by Old Spice.

• **The game Hotel.**

• **Edwin Jeans** for girls and Big Ben jeans for boys for Karen.

• **Looking for a book/record** from the 60's Shy Trunky, about an elephant.

• **Debbie** is looking for a Mary Mag power doll house from the 60's on magnetic stilts, in its entirety.

• **A Miss Piggy doll** for a Westland reader.

• **A shop that sells the Puff-haze underwear** that used to be available at Kmart stores for a Redford reader.

Compiled by Sandi Jarackas

## RETAIL DETAILS

Retail Details features news briefs from the Malls & Mainstreets. For inclusion, send information to: Retail Details, c/o The Observer & Eccentric Newspapers, 805 E. Maple, Birmingham, MI 48009, or fax to (248) 644-1314.

### Sears will test market Gilda's Club merchandise

Sears, a national sponsor of Gilda's Club, will test sales of special logoed merchandise for the non-profit, cancer support organization named in honor of comedian Gilda Radner.

The merchandise will be available from Sunday, February 8 through Sunday, March 22 in the Twelve Oaks Mall store in Novi.

The signature Gilda's Club red door and signage will alert shoppers to the "Gilda's Club Shop" which will be located in an area adjacent to the Men's department. The merchandise will include: T-shirts, sweatshirts, tote bags, baseball caps, mugs, mouse pads, and Sears' exclusive Gilda's Club necklace collection, designed by celebrity friends and members of Gilda's Club.

Ten percent of sales will be donated to the local clubs. Gilda's Club provides free social and emotional support to people living with cancer, and their families and friends, in a non-residential and home-like meeting place.

**Hudson's offers grants**  
Hudson's 1998 Community Giving Guidelines are now available to non-profit organizations seeking funding for programs involving children and youth. The CGP focuses on agencies that nurture youth with emphasis in three areas: Preventing Child Abuse, Developing Self-Sufficiency and Education Through the Arts. Organizations interested in applying for a grant should obtain guidelines from their local Hudson's store executive office, or call

*Make her heart beat a little faster...*

14 Kt. Gold Hearts  
from \$20

**O & D Bush Jewelers**  
Family Owned & Operated Since 1944  
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Plymouth  
455-3034

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• CD's OVER \$10 • TAPES OVER \$7

**CANTON** 42679 Ford Road in Canton Corners (734) 981-7530  
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Monday-Thursday 9:30-9  
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Sunday 11-6

**Plymouth Jewelry & Gifts**

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**REAL GOLD. REAL ROSES.**  
For less than the price of a dozen roses, this genuine long-stemmed American Red Rose has been preserved and dipped in 24K gold.

a rose that lasts forever! **\$69.95**

We have hundreds of gift ideas that say "Happy Valentine's Day" quantity limited

**Valentines' Kids** Feb. 11 - 14  
Black & White Portraits

Send someone you love a photo gift from the heart

• Mini Photo Session • Four 4x5 Black & White Photos  
Call for your appointment today!

**\$29.95** **Precious Memories Studio** (734) 416-1414  
7309 N. Lilley Canton

# Sweet Deals for your Sweetheart!

Surprise Your sweetie with one of these lovely gift ideas from your local merchants. And remember...  
**Valentine's Day is Saturday, February 14th!**

**Kingsboro CLEANERS**

<b>\$1.00 Off</b> Each Item Left for Dry Cleaning -No Limit- Coupon must be presented with incoming order Expires 3-30-98	<b>\$1.00 Off</b> Each Item Left for Dry Cleaning -No Limit- Coupon must be presented with incoming order Expires 3-30-98
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3200 N. Lilley Rd. CANTON 981-1601 • 44374 Cherry Hill CANTON 981-8254

**Spend Valentine's Day in Comfort!**

Overnight accommodations, keepsake plush teddy bear, milk chocolates, long stem rose in a keepsake glass vase, dinner for two at Jonathon B. Pub, two adult admissions to the cinema of your choice, and special holiday breakfast bar.

Packages available with whirlpool rooms. Also available without dinner and cinema tickets.

Call 734-458-7111 for availability and rates.

Packages are available Friday and Saturday

**Comfort Inn**  
29235 Buckingham Ave.  
Livonia

Wouldn't you just love to give your Valentine the **ULTIMATE GIFT!**!!  
How about a... **Video Valentine**

We will take 25-30 of **YOUR** favorite pictures and put them on a video along with music and special effects. Satisfaction guaranteed. Call for details on this special offer...**'99.95**

**CONNOR FAMILY TREE VIDEO, INC.**  
455-9971

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THE MOST DELICIOUS GIFT OF THE YEAR

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ALL WORK DONE ON PREMISES

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KIDS STUFF WITH PREVIOUS EXPERIENCE

5504 N. Sheldon Rd. (next to Krogers) (734) 459-6669  
STORE HOURS: Mon-Fri 10-8 • Sat 10-7 • Sun 12-6

**SKATIN STATION II's Valentine's Day Skate**  
Sat., Feb. 14, 1998 • 7:30-10:30 p.m.

Admission \$4.25 per person  
Family Admission (4 max) \$10.00  
Skate Rental \$2.00  
Blade Rental \$5.00

**25¢ MARRIAGE LICENSE CONTEST.**

**FUN!** The boy and girl who got married the most times will be named...  
**KING & QUEEN** and...  
**WIN 1 Night FREE**  
Skating for 2, dinner for 2 at our snack bar and a couples skate for you and the partner of your choice!

8611 Ronda Drive • Canton • (734) 459-6400

## ARTISTIC EXPRESSIONS



LINDA ANN CHOMIN

## Painter puzzles over words

The longer Nancy Hopper talks, the more detailed a portrait she paints of herself, and her art. Visitors can talk to the Birmingham artist, as well as read into her paintings, Sunday, Feb. 8, at a reception to open her one-woman exhibition in the Livonia Civic Center Library Fine Arts Gallery.

Words dominate the newest of Hopper's 38 paintings in "Sharing My Heart." Hopper began creating the designerly paintings late last summer. But long before painting, words were Hopper's game.

### Background

Born in Portland, Ore., Hopper graduated from Oregon State University with a degree in journalism and home economics. She worked briefly for the food section of The Oregonian before becoming a full-time wife and

mother. Her background as a journalist, and the fact she is an admirer of Frank Lloyd Wright, Mondrian and Tiffany is evidenced in the jewel colors and architectural nature of her wordy art works.

"I realized I'm always intrigued with the design and lettering quality, but I don't want it to be the focus of the piece," said

### Sharing My Heart

**What:** An exhibition of paintings and mixed media by Nancy Hopper of Birmingham.

**When:** Through Monday, March 2. An opening reception to meet the artist takes place 2-4:30 p.m. Sunday, Feb. 8.

**Where:** Livonia Civic Center Library Fine Arts Gallery, 32777 Five Mile, (east of Farmington Road), Livonia.

Hopper. "I want the focus to be the overall design. I'm doing this instead of painting something from life or a photograph. It's not copying something. It's more creative."

Art has always been a part of Hopper's life. As a young girl, she admired the art work of her mother, a graphic designer. Through college, she took art classes but never considered the subject seriously.

After the birth of her first child, Chuck, she took a watercolor class "to get out of the house."

When Chuck died suddenly before his fourth birthday, Hopper's husband encouraged her to take a class at the Birmingham Bloomfield Art Association. Becoming engrossed in painting helped ease the pain and encouraged healing.

"Thinking back now to when I was in school, I used to draw circles and fill in the letters of words in the newspapers," said Hopper. "In middle school, I went to a show of van Gogh's work and thought this is such an ugly subject, just a pair of old boots, and look how beautiful he made it."

### On tour

One of Hopper's pieces, "Ritual Sticks" is currently on tour as part of the Michigan Water Color Society's 50th Annual Exhibition which debuted at the Detroit Institute of

Please see EXPRESSIONS, C2



**Wordy:** Nancy Hopper used text to create "Open Paris Market," one of her newest paintings.

**Lovers:** (Right) Edvard Munch created this provocative lithograph printed by Auguste Clot in 1896. **Retour de Russie:** (Below) In 1818, Theodore Gericault recorded the defeat of the Napoleonic army.



# Lithography exhibit

A 'PRINTS' OF A SHOW

BY LINDA ANN CHOMIN  
STAFF WRITER

"The Jockey" by Toulouse-Lautrec and Honore Daumier's image of a slain man lying on the floor in his night cap and bed clothes are two of the most recognizable lithographs in the world of art. To commemorate the 200th anniversary of lithography, the Detroit Institute of Arts is exhibiting both prints in the first of two exhibitions organized by Nancy Sojka, associate curator of graphic arts.

"A Celebration of Lithography: 19th century Invention and Innovation" focuses on European artists who pioneered the medium and draws primarily from the museum's permanent collection with additional lithographs lent by Bloomfield Hills collectors Marianne and Alan Schwartz and the Toledo Museum of Art.

To give viewers a detailed look at the complete process, Madonna University art professor Doug Semivan will give a demonstration Saturday, March 14, in the printmaking studio on the Livonia campus for Graphic Arts Council members. Semivan will take the audience through the various stages from drawing the image on stone to printing.

Invented in Germany by Alois Senefelder in 1796 and perfected by him in 1798, lithography enabled printers to produce written text faster and more economically. Shortly thereafter, printers began to encourage artists to adopt this new process.

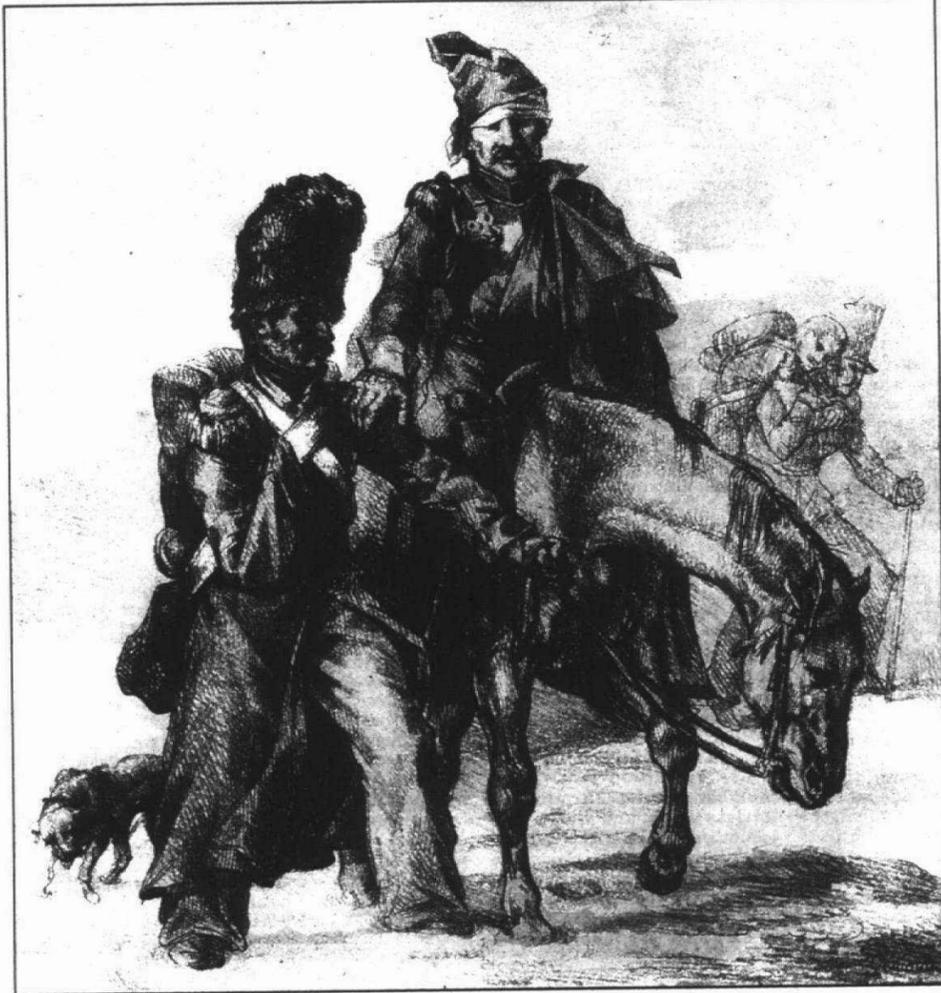
"Artists were looking for an opportunity to work more spontaneously than they could in intaglio," said Semivan. "The fluidity of materials and the ability to work larger in size influenced their choice. Color was a big draw. It was much easier to print color in lithography than intaglio and you can get larger editions. Lithography had then as it does now the ability to become a public image."

Hardships caused by the Napoleonic Wars and Senefelder's secrecy about the process made fine art lithography scarce before 1815. The arrival of peace and publication of detailed technicals in 1818, permitted artists such as Daumier, Degas, Manet, Delacroix, and Toulouse-Lautrec to work in lithography. Fortunately, one of the strengths of the DIA's collection are the 19th century French prints given to the museum in the 1970s by Bernard F. Walker, a former Detroit resident now living in Florida. The gift allows almost an entire wall to be devoted to Theodore Gericault.

"Lithography had its ups and downs in the 19th century," said Sojka. "In the early part of the 1800s, French artists made the greatest strides in creativity. America and Germany were more commercial. Gericault was a terribly important artist, a part of this pioneering group."

Throughout the last 200 years, lithography has documented history. In 1818, Gericault's "Retour de Russie (Return from Russia)" illustrated the tremendous national pride after the Napoleonic army was defeated. One of the most prolific lithographers of all time, Daumier during the period between the 1830s and 1850s, roasted the legislative body and

Please see LITHOGRAPHY, C2



## Posters color 19th century Paris

BY LINDA ANN CHOMIN  
STAFF WRITER

Accompanying "A Celebration of Lithography: 19th century Invention and Innovation," is an exhibition of French and American posters from the 1890s assembled by Ellen Sharp, curator of the Detroit Institute of Art's graphic arts department.

Posters by Alphonse Mucha, Pierre Bonnard, and Henri de Toulouse-Lautrec demonstrate a very important aspect of color lithography as it developed commercially in the 19th century. The exhibit draws from the museum's permanent collection of two dozen works by Maxfield Parrish, Edward Penfield and Eugene Grasset.

"Posters are important for popularizing lithography," said Sharp. "Early posters did not have much of the imagery in color. This was a period when in the 19th century people were moving away from the cities and had more leisure time and people wanted to attract them.

The posters were so popular that people were pulling them from the kiosks. The government had to pass laws. Then people started building big collections."

American posters were influenced by lithographs Toulouse-Lautrec produced for cafes and entertainment venues. While in Paris, Harper's monthly magazine became a name in posters.

"What's interesting, American posters came from the world of publishing," said Sharp. "The French poster came from the fields of entertainment which showcased some very colorful people."

According to Sharp, posters such as Toulouse-Lautrec's "Divan Japonais," commissioned by the owner of the Paris cabaret, became so popular that people had poster parties.

"People really like these posters because they're colorful," said Sharp. "For the designer, posters are a real challenge because you have to integrate imagery and text. This is a difficult aspect of lithography."

### A Celebration of Lithography: 19th Century Invention and Innovation

**What:** An exhibition commemorating the bicentennial of lithography with prints by European artists and pioneers in the field—Francisco Goya, Theodore Gericault, Eugene Delacroix, Honore Daumier, Edouard Manet, Edgar Degas, and Henri de Toulouse-Lautrec. For more information, call (313) 833-7900.

**When:** Through Sunday, April 5. **Where:** Detroit Institute of Arts, 5200 Woodward Avenue.

**Cost:** No charge. Recommended museum admission of \$4 adults, \$1 students, children/Founders Society Members free.

**Related activity:** Madonna University art professor Doug Semivan demonstrates the process of creating a lithographic print, Saturday, March 14 at Madonna University, 36600 Schoolcraft (I-96 and Levan), Livonia. The cost is \$20, you must be a member of the Graphic Arts Council and the Founders Society to attend. For more information, call (313) 833-9830.

## EVENT

### Mardi Gras

**What:** A Cajun-style dinner, silent and live auctions by Joe DuMouchelle, music by the New Reformation Dixieland Band, and dancing to benefit the Plymouth Community Arts Council.

**When:** 6 p.m. to midnight Saturday, Feb. 21.

**Where:** Fox Hills Country Club, 8766 North Territorial, Plymouth. **Cost:** \$50 per person. Call (734) 416-4ART for tickets.

## Mardi Gras costumes arts council benefit

BY LINDA ANN CHOMIN  
STAFF WRITER

Throughout the years, Frank Kuszak, co-owner of Frances Jewelry Gallery, and his partner have donated items to various local organizations to help with fund-raising.

As chairman of the Mardi Gras celebration to benefit the Plymouth Community Arts Council on Saturday, Feb. 21, Kuszak was pleasantly surprised by the support he received from local merchants when he asked for contributions for the silent and live auctions to be held during the event.

"They were very generous," said Kuszak, an arts council board member and co-owner of Frances Jewelry Gallery. "The money will go to help fund all the programs and to help pay off the building. We really need to sell this out. It's really a political thing with the schools cutting art and music. Ask a high school kid who's Monet and they'll ask who does he play for. If he's not a hockey player, they don't get it.

That's why the arts council is important."

In years past, the arts council's winter fund-raisers featured entertainment ranging from dinner theaters to cabaret performances by blues singers along with an annual auction of art. The Mardi Gras celebration will combine a Cajun dinner with silent and live auction led by Joe DuMouchelle, music by the New Reformation Dixieland Band and dancing. Billed as America's most entertaining jazz band, this seven member group has delighted audiences for more than 27 years.

Organized by the Rev. Gary Miller and the Oppermann brothers, Dave and Nick, the band was to perform a single jazz worship service when the excited response to their music triggered the formation of the New Reformation Dixieland Band, now a Michigan institution providing New Orleans two-beat, Chicago-style four beat and

Please see EVENT, C2



**Off the wall:** The use of a painting for one year from the Plymouth Community Arts Council's Art Rental Gallery is among the items to be auctioned at a Mardi Gras celebration to benefit the arts council.



GUIDE TO THE MOVIES

General Cinema, Showcase, Star, United Artists, etc. listings for various theaters and movies.

Subtlety, strong dialogue highlight debut collection

Within the Lighted City By Lisa Lenzo (University of Iowa Press, \$19.95) Subtlety, word-perfect dialogue and light touches...



VICTORIA DIAZ

Presidential thriller doesn't keep pace with real events

Lady President By Xavier Joseph Carbajal (New Future Publishing, \$24.95) The husband of his Vice President and her two children. This stunning event makes Marie Arcola president just as the ranks of pulp fiction writers...

BOOK HAPPENINGS

- BARNES & NOBLE (NORTHVILLE), BORDERS (BIRMINGHAM), READ IT AGAIN BOOKS, BARNES & NOBLE (BLOOMFIELD), BORDERS (FARMINGTON HILLS)

Black History Month recalls democracy's promise

BY FRANK PROVENZANO STAFF WRITER

There's nothing typical about Nefertiti Steward, from her earthy African apparel to her flashing smile to her ancient Egyptian namesake.



Nefertiti Steward

Whether she's ringing up the sale of an African Kente cloth, a tribal woodcarving or the latest Terry McMillan novel, Steward invariably hands customers a calendar of events sponsored by her store and held at the mall.

Victoria Diaz is a Livonia freelance writer who specializes in book and theater reviews. You can reach her by e-mail at 953-2045, then press 1854.



Bluesman: Folk singer Leadbelly is among the many African American musicians in Ivan Stewart's lexicon of melodic images.

The growing debate seems to be whether Black History Month has either become overly ethnocentric or is the quintessential celebration of diversity.

initiated a forum on race with a town hall meeting in Dayton, Ohio. With the administration in a political quagmire, however, it's unclear what the next step will be for the initiative.

Even Steward estimates that store sales will increase 70 percent in February, the highest monthly revenue except for the holidays.

understanding of African American history, according to Kimberly Camp, director of the Museum of African American History.

Whether we realize it or not, everything is viewed through a color lens. We can't get to the other issues until we get through issues of race.

Role of the arts Apparently, for the first time in three decades, an American president concurs.

Have a Heart! Fight Hunger

This Valentine's Day -- a time when people show their love -- you can reach out with love and help hungry men, women and children in our community.

Through a generous grant offered by a Rhode Island philanthropic foundation, gifts received between February 4th and 14th may be eligible for a one-to-one match, doubling their value.

So have a heart! Clip the attached coupon and send it to Forgotten Harvest with your heartfelt gift! Together, we can make a difference!

Form with fields for Name, Address, City, State, Zip, Telephone Number, and a checkbox for 'Enclosed is my check for \$'.

Valentine's Day 1998 advertisement for various florists including Cardwell Florist, Decker's Flowers & Gifts, Floyd's Flowers, Irish Rose Florist, French's Flowers & Gifts, and Merri-Craft Florist.

THEATER

# Hilberry's 'Of Mice and Men' finely crafted

John Steinbeck's timeless drama "Of Mice and Men" will run in repertory through March 11 at the Hilberry Theatre on the corner of Cass and Hancock on the campus of Wayne State University in Detroit. Upcoming performances 8 p.m. Friday, Feb. 21; 2 p.m. and 8 p.m. Saturday, Feb. 22. Call (313) 577-2972 for dates and additional show times. BY SUE SUCHYTA SPECIAL WRITER

Like his novel, John Steinbeck's script transcends time in

"Of Mice and Men." Though set in the Depression, the enduring themes, woven simply into the story, can be understood and embraced by any culture and time period.

Lennie is a strong giant of a man with a child's mental capacity. George, his grumbling guardian, has resigned himself to a personally unfulfilling existence because Lennie is completely dependent on him. The two have been on the road, working as hired hands, dreaming of

the day when they might have a small place of their own. George must constantly protect Lennie from his own naivete, strength, and the cruelty of others, while suppressing his own frustrations.

David Haig embodied the challenging and difficult role of Lennie with gentleness and poignancy. His speech and gait defined Lennie's limitations without being mocking, and his hesitancy and trusting vulnera-

# Farmington Players continues season with 'The Heiress'

Farmington Players presents "The Heiress" 8 p.m. Fridays and Saturdays, Feb. 13-14, Feb. 20-21, Feb. 27-28; and 8 p.m. Thursday, Feb. 26; 2 p.m. Sunday, Feb. 8, 15, and 22 at the Players Barn, 32332 W. 12 Mile Road (1/2 mile west of Orchard Lake Road), Farmington Hills. Tickets \$5, call (248) 553-2955. BY SUE SUCHYTA SPECIAL WRITER

"The Heiress" is made-for-movie material.

William Wyler's film version of "The Heiress" made in 1949, starred Olivia De Havilland and Montgomery Cliff. De Havilland won an Oscar for her performance of Catherine Sloper, a plain rich woman who is sought after by a fortune hunter played by Cliff. The 1949 film version was adapted from the 1947 Broadway play by Ruth and Augustus Goetz.

"Washington Square," which played at metro Detroit movie

theaters last year, was more closely based on the novel by James.

"We are going back to the original source, to the novel, for our movie," said producer Julie Bergman Sender. "One of the things that's good about novels that last a long time is that there are many ways to interpret them."

Players will have the opportunity to see how Farmington Players interprets the story of "The Heiress," which opened Friday at the Players Barn.

**ADVERTISEMENT POSITION ANNOUNCEMENT CHARTER TOWNSHIP OF NORTHVILLE DEPARTMENT OF PUBLIC SERVICES**

Northville Township Water and Sewer Division, is seeking a qualified person to fill a full time Technician II position. Job responsibilities include various tasks related to field work such as sewer manhole rehabilitation, water line repair, etc. The position shall pay \$12.37/hour, with benefits. Interested applicants may obtain an application at Northville Township Civic Center, 41600 Six Mile Road. Return applications to Township Hall, c/o Debbie Wilhelm. Deadline for applications is 4:30 p.m. February 18, 1998. EOE. (2-5-98 NPI 818046)

**PLYMOUTH DISTRICT LIBRARY PUBLIC NOTICE**

The Plymouth District Library Board will hold its REGULAR meeting Tuesday, February 17, 1998 at 7:30 p.m. at 705 S. Main Street, Plymouth, Michigan, 48170.

The Plymouth District Library will provide necessary reasonable auxiliary aids and services, such as signers for the hearing impaired and audio tapes of printed materials, to individuals with disabilities at the meeting/hearing upon seven (7) days notice to the Plymouth District Library. Individuals with disabilities requiring auxiliary aids or services should contact the Plymouth District Library by writing or calling the following:

Barbara Kraft, Library Secretary  
Plymouth District Library  
705 S. Main Street  
Plymouth, MI 48170  
313-453-0750  
X217

**NOTICE OF PUBLIC HEARING CHARTER TOWNSHIP OF PLYMOUTH TUESDAY, FEBRUARY 10, 1998**

**ESTABLISHMENT OF AN INDUSTRIAL DEVELOPMENT DISTRICT FOR KEY PLASTICS, INC. PLYMOUTH, MICHIGAN**

PLEASE NOTE: The Board of Trustees of the Charter Township of Plymouth has established a public hearing to hear the request of Key Plastics, Inc., to establish an Industrial Development District for the following described property:

**LEGAL DESCRIPTION**  
SOUTH 491 FT OF THE FOLLOWING DESCRIBED PARCEL, 25H1A1 REHAB PT OF E 1/4 SEC 25 T15 R0E BEG S 1D 27M W 48.50 FT AND S 88D 08M E 210 FT FROM N 1/4 COR SEC 25 TH S 88D 08M E 670 FT TH S 1D 30M W 2885.12 FT TH N 72D 46M W 273.99 FT TH S 17D 14M W 10 FT TH N 72D 46M W 396.61 FT TH N 73D 12M W 22.10 FT TH N 1D 01M E 1509 FT TH S 87D 51M E 540.40 FT TH N 2D 14M 30 SEC E 788.42 FT TH NEWLY ALONG A CURVE CONCAVE TO SW RAD 378.99 FT ARC 540 FT TH N 61D 29M W 241.18 FT TH N 48D 29M W 53.92 FT TO POB.

THIS LEGAL DESCRIPTION IS MEANT TO INCLUDE THE SOUTH 91 FEET OF THE BUILDING COMMONLY KNOWN AS 40300 PLYMOUTH ROAD, PLYMOUTH, MI 48170 FOR PURPOSES OF THE CREATION OF AN INDUSTRIAL REHABILITATION DISTRICT.

Parcel is located at 40300 Plymouth Road, between Haggerty and Eckles Roads.

The Board of Trustees will meet at 7:30 p.m., in the Meeting Room of the Township Hall, 42350 Ann Arbor Road, Plymouth, Wayne County, Michigan 48170. Phone number 453-3840 X 224.

MARILYN MASSENGILL, CMC  
Clerk, Charter Township of Plymouth

**CHARTER TOWNSHIP OF PLYMOUTH NOTICE OF PUBLIC HEARING FOR DETERMINATION OF 1998 COMMUNITY DEVELOPMENT BLOCK GRANT FUNDS FEBRUARY 24, 1998**

Notice is hereby given that a Public Hearing concerning the Community Development Block Grant Program will be held by the Board of Trustees of the Charter Township of Plymouth at 7:30 P.M. in the meeting room of the Township Hall which is located at 42350 Ann Arbor Road, on February 24, 1998.

The purpose of the Public Hearing will be to afford the public the opportunity to place before the Board any proposed use of the 1998 Community Development Block Grant Funds. Preliminary indications from the Wayne County Office of Block Grant, Wayne County Community Development Block Grant Program are that the estimated 1998 Funding Allocation for the Township will be approximately \$100,000.

**PROPOSED 1998 PROJECTS**

1. Plymouth Council on Aging	\$100,000.00
2. Senior Transportation Program	6,000.00
3. American Disability Act Accessibility Program	10,000.00
4. Plymouth Township Park Alterations	74,000.00
5. Administration	10,000.00
<b>TOTAL</b>	<b>\$100,000.00</b>

The Board of Trustees of the Charter Township of Plymouth, upon completion of the Public Hearing, will determine the use of the 1998 Funds. Any written comments regarding proposed use of the 1998 Funds should be directed to Christine G. Hiss, Community Development Block Grant Coordinator, Charter Township of Plymouth, 42350 Ann Arbor Rd., Plymouth, MI, 48170. Postmarked by February 20, 1998.

MARILYN MASSENGILL, CMC  
Clerk, Charter Township of Plymouth



## If you're eligible for Medicare, don't deal with promises or hype.

Here's an opportunity to gain valuable information about a Medicare health plan from Care Choices Senior. Come talk to us face-to-face about Care Choices Senior, a Medicare-approved HMO from Mercy Health Plans.

You'll discover how this plan delivers the most important medical benefits seniors need - like prescription drug coverage, annual physicals, full hospitalization - with only a \$5 physician office visit copayment.

And you'll learn how Care Choices Senior can provide these services at a very affordable cost - your monthly plan premium can be as little as \$0.

We'll explain how Medicare works, and how Care Choices Senior is able to cover all of your healthcare benefits, at no additional cost to you. In fact, we even have options where you owe nothing other than your regular monthly Medicare Part B premium.

And we'll provide details on all the medical services you receive...

- Prescription drug coverage, up to either \$600 or \$1,500 per year; dependent on plan selection
- Annual physicals and immunizations
- Coverage on certain vision and dental services
- Virtually no claim forms or paperwork to worry about
- Worldwide emergency room coverage
- And much, much more

Come to one of the informative meetings shown below and learn more about the advantages of Care Choices Senior. Representatives will be present with additional information and applications. To reserve your seat, simply call 1-800-257-1200 ext. 171 now.

You're under no obligation to buy at these meetings, but you will learn enough to make an informed decision. Without all the promises and hype.

Call 1-800-257-1200 ext. 171 to reserve your seat or for more information on Care Choices Senior.

Come to one of these special meetings:

Location	Date	Times
St. Joseph Mercy Hospital - Senior Building	February 9, 1998	1:00 - 3:00 PM
	February 20, 1998	1:00 - 3:00 PM
Baker's Square Restaurant - 5946 Sheldon Rd.	February 16, 1998	2:30 - 4:30 PM
	February 23, 1998	2:30 - 4:30 PM



Breaking down the barriers to good health.

All people enrolled in Medicare Parts A and B, or Part B only, and who live in Genesee, Oakland, Macomb, Livingston, Washtenaw or parts of Wayne County, may be eligible for Care Choices Senior. You must continue to pay Medicare premiums and use plan providers. Some copayments may apply. Care Choices Senior is a product of Care Choices HMO, a competitive medical plan administered by Mercy Health Plans, and contracted with the Health Care Financing Administration (HCFA).

**Art Beat** features various happenings in the suburban art world. Send Wayne County arts news leads to Linda Ann Chomin, arts reporter, Observer Newspapers, 36251 Schoolcraft, Livonia, MI 48150, or fax them to (313) 591-7279.

**WILD GIFTS FOR YOUR VALENTINE**

If you're tired of buying your loved one the same boring gift for Valentine's Day, the Detroit Zoo suggests something creative and wild.

The Detroit Zoological Society offers expressions of love to last the whole year when you adopt an animal such as a polar bear, red panda, Siberian tiger, or river otter.

Adoptions start at \$25 and includes sponsorship of an animal of your choice for one year, a photo of the type of animal you adopt, a certificate of adoption suitable for framing, a biannual newsletter, and a fact sheet about your zebra or penguin.

"It's an old classic," said Emily McSweeney who is directing the show. "It's a real challenge for the actors to put themselves in the clothing and try to present the aura of 1850s New York, to transport the audience back to make them believe they're there. It's a bit of history and nostalgia."

The setting is 1850 New York City. Plain, shy Catherine Sloper is courted by fortune hunter Morris Townsend. Her Aunt Penemman tries to move the courtship along, while Catherine's embittered father, Dr. Austin Sloper, tries to end the affair.

Capturing the feel of the period was a challenge behind the scenes too for Cynthia Tupper, president of the Farmington Players, and the other women who made the costumes.

"Not everyone in the audience will know how accurate it is, but we know," said Tupper. "We spent over 150 hours making costumes and researching the period for authenticity."



Gift of love: Just in time for Valentine's Day, the Detroit Zoological Society offers expressions of love to last the whole year when you adopt an animal such as polar bear, Siberian tiger or river otter.

There are more than 100 animals available to adopt.

Just in time for Feb. 14, the Wildlife Preservers Valentine's Day package sweetens the \$25 sponsorship by including a box of Gayle's chocolates and a cuddly, bean-bag replicate of the animal you adopt. The red panda, polar bear, Siberian tiger, Grevy's zebra, dart poison frog, and rock-hopper penguin are available for \$50 in the special Valentine package. For a unique way to tell your loved one that there's no "otter" person quite like them, a river otter in the new exhibit can be adopted for \$55 and includes a plush otter.

Proceeds from the adoption program are used for veterinary care, exhibit renovations, educational classes, seminars, and to support the Species Survival Program. All sponsorships are 100 percent tax deductible.

So take a walk on the wild side this Valentine's Day, call (248) 541-5717.

**POETRY READING**

Diane Wakoosi, poet-in-residence and English professor at Michigan State University, reads from her works 7 p.m. Wednesday, Feb. 11 in room 110 at Schoolcraft College, 18600 Haggerty Road, Livonia. Admission is free.

Wakoosi is a nationally recognized poet and author of more than 20 volumes of poetry including "The Collected Greed," "Medea the Sorceress," "Jason the Sailor," and "Emerald Ice" which won the William Carlos Williams prize.

**CONCERT PROGRAM**

Music critic John Guinn will present a lecture 6 p.m. Thursday, Feb. 12 at Madonna University, 36600 Schoolcraft, Livonia. The program highlights the evening's concert by the Detroit Symphony Orchestra at Orchestra Hall. The non-credit fee of \$20 includes one ticket to the performance. Guinn will discuss

the pieces to be performed by the orchestra, which includes Mozart's "Exsultate Jubilate," Faure's "Requiem," and Vaughan-Williams' "Symphony No. 2." The lecture runs one hour. To register, call (734) 432-5731.

**CALL FOR ARTISTS**

The Arts League of Michigan is looking for African American, Asian American, Hispanic American, and Native American female fine arts juried touring exhibition titled "She Be Me." Deadline for receipt of entries (not post-mark) is Feb. 12.

Mediums include printmaking, photography, sculpture, watercolor, oils, jewelry, metal, ceramics, fiber, and papers. Subject matter should deal with relationships (parenting, siblings, family, love, friendships, community), cultural/community icons (women who have made a difference), or autobiographical memories (personal histories, sharing your story). Each artist selected to exhibit receives a participation honorarium of \$400. An additional \$400 fee will be paid to those artists selected to present a community arts education seminar.

For more information, call (313) 577-1371.

**OPENING RECEPTION**

The Plymouth Community Arts Council will host the fourth annual Western Wayne County Regional Exhibition of the Michigan Art Education Association Feb. 8 to Mar. 6 at the Joanne Winkelman Hulce Center for the Arts, 774 North Sheldon at Junction, Plymouth.

The public is invited to the opening reception 2-5 p.m. Sunday, Feb. 15. For more information, call (734) 416-4ART.

The exhibition of student art works is a collaboration between the Plymouth Community Arts Council, the Wayne County Council for the Arts and Michigan Art Education Association.

**FROM ROMANCE TO SPORTS**

An author of eight popular romance novels and a sports journalist with the Detroit News will be featured speakers this month in the Voices and Visions Series at the Northville District Library, 531 West Main Street. Call (248) 349-5592.

In a belated celebration of Valentine's Day, Shelly Thacker talks about "From Northville to New York City: the Real Life of a

Published Author" 2 p.m. Monday, Feb. 16. A graduate of Northville High School, Thacker's latest book is "Timeless."

Vartan Kupelian, author of "Stalking the Tiger," will speak 7 p.m. Thursday, Feb. 19. Kupelian has covered five Olympics and reports on hockey and golf for the Detroit News. He has published three books on the Detroit Red Wings.

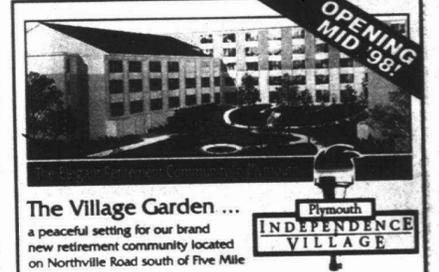
**ART CLASSES**

Wondering what to do during school break? D & M Studio's Once Upon An Easel is having Break All-Day Workshops 10 a.m. to 3 p.m. Monday, Feb. 23 and Thursday, Feb. 26 at the studio, 8691 North Lilley Road, at Joy, Canton.

Monday's program features a Southwest theme, Thursday spotlights the Far East. Cost is \$30 per session. Call (313) 453-3710.

**VOCAL SCHOLARSHIPS**

The Plymouth Community Chorus, as part of its continuing music education program, is offering three vocal scholarships to students pursuing an education in the performing arts: \$800 to a graduation senior and two



**The Village Garden** ... a peaceful setting for our brand new retirement community located on Northville Road south of Five Mile

We offer elegant luxury apartments with services and amenities to provide you an exciting retirement lifestyle.

**"Now Accepting Reservations."**

Call Linda for more information and your free Color Brochure.  
313-453-2600 or 800-803-5811

# We can't stop winning awards.

In addition to the 70 we told you about last year, we've just received 26 more!

*This latest batch was won in Suburban Newspapers of America's 1997 Editorial Contest. With all the modesty we can muster, we're going to list them here:*

<b>Best Entertainment/Lifestyle Section</b>	<b>Best News Photo</b>
First Place—Clarkston Eccentric, Clarkston Life	First Place—West Bloomfield-Lakes Eccentric, Watching
Second Place—Birmingham Eccentric, Suburban Life	Second Place—Garden City Observer, Clinton Rally
Third Place—West Bloomfield-Lakes Eccentric, Lakes Café	Third Place—Rochester Eccentric, Ride Me Down Easy
<b>Best Editorial Writing</b>	<b>Best Feature Photo Story or Series</b>
First Place—Oxford Eccentric, Closed Doors	First Place—Livonia Observer, Derek's Day
Second Place—Lake Orion Eccentric, Lake Orion Editorial	Third Place—Westland Observer, Festival
<b>Best Column Writing</b>	Third Place—Rochester Eccentric, Handful of Hope
First Place—Clarkston Eccentric, Carolyn Walker	<b>Best Breaking News Story</b>
Second Place—Rochester Eccentric, Jay Grossman	First Place—Plymouth Observer, Fire Destroys Courthouse
Third Place—Birmingham Bloomfield Eccentric, Judith Doner Berne	Third Place—Birmingham-Bloomfield Eccentric, Bungled Robbery
<b>Best Editorial Page</b>	<b>Best Local Election Coverage</b>
First Place—Southfield Eccentric	Third Place—Farmington Observer
Second Place—Lake Orion Eccentric, Jay Grossman	<b>Best Young People's Coverage</b>
<b>Best Coverage of Local Business &amp; Economic News</b>	First Place—Plymouth and Livonia Observer, Life in the 6th Grade
Third Place—Birmingham-Bloomfield Eccentric	<b>Best Coverage of Local Education/School District</b>
<b>Best Sports Photo Journalism</b>	Second Place—Farmington Observer, Back to School series
First Place—West Bloomfield-Lakes Eccentric, Not Quite Spring Training	Third Place—Southfield Eccentric, Professor who Survived Holocaust
Second Place—West Bloomfield-Lakes Eccentric, Riding the Wave	
<b>Best Sports Section</b>	
Second Place—Livonia, Westland Observer	

THE  
**Observer & Eccentric**  
NEWSPAPERS

Part of HomeTown Communications Network™

TRAVEL

# Couple enjoy papal visit and great art in Italy

BY HUGH GALLAGHER  
STAFF WRITER

Irene and Casey Ambrose of Bloomfield Hills had been to Italy several times before, but this time was different, an adventure that began at church.

"I have a daughter (Eileen) who likes to go to 6:15 Mass at St. Hugo's," said Irene.

The Rev. Monsignor Michael Dylag of the Pope John Paul II Cultural Foundation was saying Mass.

"We went up to talk to him, we knew other people that he knew," Irene explained. "He mentioned that he was a friend of the Pope. He said, 'If you're interested when I take a trip you can come along.'"

Dylag had known the Pope when both were at Orchard Lake's St. Mary's Seminary.

The Ambroses joined a group of 32 that left the day after Thanksgiving for a scheduled Dec. 2 meeting with the pontiff.

John and Mary Kruse of Bloomfield Hills also joined the group.

The scheduled meeting was delayed by two days, but on Dec. 4 the audience was arranged.

Italy was a familiar vacation spot for the Ambroses. He is a longtime Walled Lake attorney and she is a well-known commercial artist. According to the warm and outgoing Casey, he goes where his wife takes him, and it's her love of art that has drawn them back to Italy. This trip, in addition to meeting His Holiness, they had planned a trip to Florence, a rich repository of Renaissance art that they had missed on previous visits.

On the day they were to meet the Pope, a convoy of taxis lined up outside their hotel. Once inside the Vatican, they went from one chamber after another, climbing several staircases in the process.

"They took us inside a waiting room filled with beautiful paint-

ings and sculptures outside his private chapel," Irene said. "We were told the Pope would arrive sooner in the chapel and kneel in prayer. You come in when the Pope is ready to say Mass."

Pope John Paul II said Mass for the group and then joined the visitors in the adjoining library where a receiving line was formed.

"When he came to us, Monsignor Dylag introduced us in Polish, I understand a little Polish," Irene said.

Pointing to Casey, Irene said, "Then he started talking Lithuanian. (The Pope's mother is Lithuanian.) The Pope looked at him and said 'God Bless Lithuania.'"

Casey said the Pope called him a Litvak, a common term for Lithuanians.

John Paul gave each person a rosary with his coat of arms. Dylag shared breakfast with Edmund Cardinal Szok, former archbishop of Detroit and the Vatican's chief financial officer.

The papal visit was followed by a tour of the Vatican.

"It was interesting," Casey said, "everyone knows Michelangelo did all these things, but (Giovanni) Bernini did many designs and sculptures."

The trip to Florence almost didn't happen because of a confusing train schedule, but the couple finally made their way to the beautiful city. There they visited the grand palaces of the Medici. They saw Michelangelo's "David," the Duomo mosaic church (the Cathedral of Florence), the Baptistery of St. John, the Uffizi Gallery and other famous sites.

"It's a beautiful city with so much happening," Irene said.

The trip to Rome and Florence

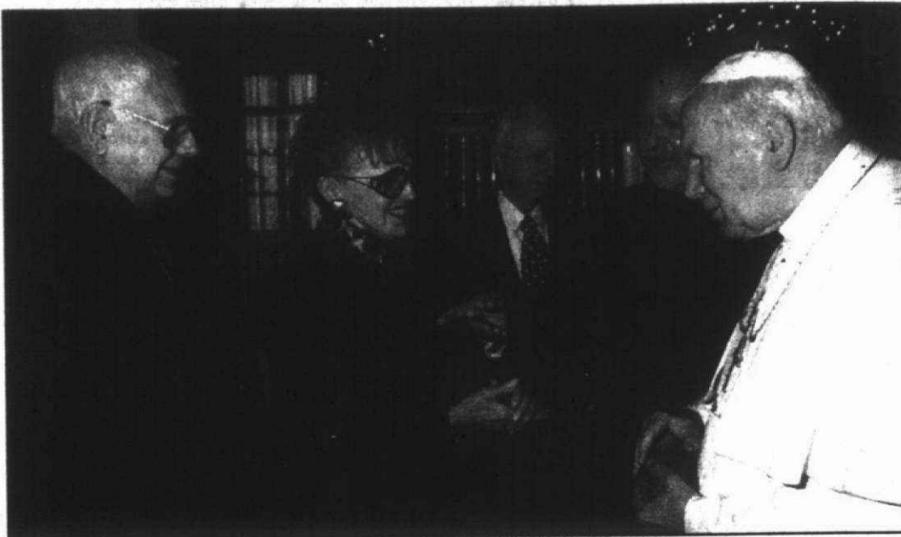


PHOTO COURTESY L'OSSERVATORE ROMANO

**Papal audience:** Pope John Paul II is introduced to Casey and Irene Ambrose by The Rev. Monsignor Michael Dylag in the Vatican library.

was a last minute adventure that created a scheduling problem for the busy couple. In May they had scheduled a post Christmas trip to Mexico. They barely got home from Italy and took care of Christmas, when they were on the road again.

Though past the age when most people retire, the Ambroses keep busy with their professional and social activities. Irene is an active artist. Casey continues working at the law practice that he shares with some of his children. The couple have eight adult children. He has also won notoriety for his sax playing. His trio performs every week at a son's restaurant.



**Vatican sculpture:** Giovanni Bernini's "Extasy of St. Teresa," one of many works by great Renaissance sculptor in the Vatican.



**Leading prayer:** His Holiness John Paul II second leads a prayer at the Vatican.

## GREAT ESCAPES

Great Escapes features various travel news items. Send news letters to Hugh Gallagher, assistant managing editor, Observer & Eccentric Newspapers Inc., 36251 Schoolcraft, Livonia, MI 48150, or fax them to (313) 591-7279.

### TELL US YOUR STORY

We want to hear from you? Have you been someplace interesting? Have you had a special adventure? Is there a quiet island you'd like to recommend or a highly promoted place you'd like to warn against? Do you have special tips for other travelers to make their journeys easier? Have you met some interesting people in other countries that you'd like others to know about? We want to share your stories and your color pictures on our travel page. Call Hugh Gallagher at 734-953-2118, or fax him at 734-591-7279 or e-mail him at hgallagher@oe.homecomm.net

### CROSS COUNTRY

REI (Recreational Equipment Incorporated), 17559 Haggerty Road in Northville, presents Bob Taylor's slide presentation, "Cross Country Skiing in Yellowstone National Park," Wednesday, Feb. 11. Taylor has been doing alpine (downhill) skiing for 40 years and nordic (cross country) for 25. For times and more information, call REI (248)347-2100.

### TUSCANY VACATION

The Birmingham Bloomfield Art Association is still taking reservations for its special arts tour, "The Hill Towns of Tuscany and Umbria," May 10-22. Join



**Romantic Italy:** The beautiful architecture of Florence is just one of the many sights that the BBAA will take in during a trip to the "Hill Towns of Tuscany and Umbria."

Janet Torno, BBAA executive director, for an excursion to two of Italy's most beautiful regions. The tour guide will be Shelley Perlove, professor of art history and director of art administration at the University of Michigan-Dearborn. Highlights of the trip include the famous churches and cathedrals of Florence, the leaning tower of Pisa, the zebra-striped cathedral of Siena and the birthplace of St. Francis of Assisi. Accommodations will

include six nights at the Grand Hotel Minerva in Florence and four nights at the Hotel Athena in Siena.

For more information, contact Janet Torno at (248)644-0866 or Dallas Phillips of Phillips Travel at (248)437-1733.

### MAPLE SYRUP

The Deerhurst Resort will hold its Maple Syrup Festival March 7 to April 5. On March 27-28 guests can enjoy the Maple Syrup Festival weekend package for \$289 Canadian which includes two nights accommodations, a Friday evening reception, Saturday breakfast and dinner, a sugar bush tour, a musical stage show, Sunday brunch and take-home pancake

kit. Price is per person based on double occupancy. The resort is in Huntsville, Ontario. For reservations, call 1-800-441-1414.

### COUNTRY MUSIC WEEKEND

The 18th Annual Country Concert will be held at Hickory Lakes in Shelby County, Ohio, July 9-12. Classic rockers America and Creedence Clearwater Revisited join a lineup of country music entertainers including Tim McGraw, Faith Hill, Clint Black, Deanna Carter, Lorrie Morgan, Collin Raye, Diamond Rio, Neal McCoy and others.

For ticket and camping information, call 937-295-3000 or write to Country Concert '98, Ft. Loramie, OH 45845 or check their website at www.countryconcert.com.

### BLOSSOMTIME FESTIVAL

The communities of St. Joseph and Benton Harbor are preparing for the annual Blossomtime Festival, April 26 through May 3.

The theme of this year's festi-

val is Legends of the Silver Screen

For more information, call or write to the Blossomtime Festival, 151 East Napier Ave., Benton Harbor, MI 49022 or call (616)926-7397.

## Celebrate Fifty Years of Great Skiing

Visit Boyne and celebrate 50 years for \$50. What's included? Take advantage of the midweek 4-day packages for \$43 a day. Includes lift tickets & lodging. Package price is per person, per night, based on 2-11. Rooms and taxes are included. Some restrictions apply. Not available during holidays. Meals, tax and gratuities are included. Kids 8 & under ski & sleep FREE.

Boyer Mountain Boyne Highlands 616-549-6000

800-GO-BOYNE boyne.com

## Just How Quickly Can Burnout Fade Away? Discover For Yourself.

It's easy with Hilton's BounceBack Weekend®. Come as early as Thursday and rekindle your spirit with someone you love. At Novi Hilton and Southfield Hilton Garden Inn, enjoy a free, freshly prepared Continental breakfast each day, or trade up to a full breakfast. At Hilton Suites, enjoy a free full breakfast and complimentary evening beverage reception. And, at Northfield Hilton, enjoy a free full breakfast buffet. You can make reservations online at [www.hilton.com](http://www.hilton.com) or call your professional travel agent, 1-800-HILTONS, or a Hilton in the Detroit area.

**DETROIT AREA:** Auburn Hills Hilton Suites 248-334-2222 \$109, Detroit Metro Airport Hilton Suites 313-728-9200 \$89, Northfield Hilton 248-879-2100 \$89, Novi Hilton 248-349-4000 \$89, \*Southfield Hilton Garden Inn 248-357-1100 \$85

Beverage reception included in suite price. Subject to state and local laws. Kids 18 and under stay free in parents' or grandparents' room. Offer valid through 12/30/98. Program valid Thursday through Sunday. \*Offer valid every day of the week at hotel with asterisk. Saturday night stay required at some locations. Earlier check-out is subject to payment of lowest available non-BounceBack rate. Rates will be confirmed at time of reservation. Limited availability. Advance reservations required. Rates do not include tax or gratuities and do not apply to meetings, conventions, groups, or other promotional offers and are subject to change without notice. The Hilton logo and logotype are registered trademarks of Hilton Hotels Corporation ©1998 Hilton Hotels.

## 1/2 PRICE CRUISE SPECIALS!

To take advantage of these and other specials, call or visit AAA Travel Agency.

**CARIBBEAN CRUISE** 50% OFF

7 days, for selected sailings through 3/28/98

**ALASKA CRUISE** 50% OFF

7 days, for selected May 1998 sailings

Prices are cruise only, per person, based on double occupancy, and subject to change and availability. Port charges are included. Other restrictions apply. Ship's registry: Netherlands, Bahamas.

2017 Canton Center Rd. in Canton 313-844-0146  
37399 W. 6 Mile in Livonia 313-462-8000  
7800 W. Outer Drive in West Detroit 313-255-9310

## OBSERVER SPORTS SCENE

### Player of the Week

Mark Hayes, a freshman guard on Madonna University's men's basketball team, was named the Wolverine-Hoosier Athletic Conference player of the week.

Hayes was honored after collecting 22 points and five assists in the Fighting Crusaders' 70-67 upset of Aquinas College Jan. 28. The 5-foot-11 Birmingham Seaholm graduate connected on 4-of-5 three-pointers, including the game-winner from 25 feet at the buzzer.

Hayes is Madonna's leading scorer, averaging 18.1 points a game, third best in the WHAC.

### Rockers jolt Ambush

The St. Louis Ambush may have come into Detroit's Joe Louis Arena in first place, but they left after learning a lesson — and absorbing a loss.

On their fourth annual "School Day" matinee performance, the Detroit Rockers waylaid the Ambush 28-14 Thursday in front of 4,671 mostly school-aged kids.

Dennis Brose did most of the damage for Detroit, which improved to 11-15, scoring six goals. But he didn't do it alone.

Jeff Gold, a Plymouth Salem graduate, contributed two two-point goals and an assist. Travis Roy, from Livonia Stevenson, also added a two-point goal.

The Rockers host the Baltimore Spirit at 3 p.m. today.

### Saints flying

Siena Heights men's basketball team played three games in a five-day stretch ending last Sunday, two of them pivotal Wolverine-Hoosier Athletic Conference games.

The Saints won all three.

On Jan. 28, they beat Tri-State University, which had been unbeaten in the WHAC, 85-78. It was certainly a team effort, with four Saints reaching double-figures in scoring — including Dan McKian (from Plymouth Salem).

The 6-foot-7 junior scored 12 points; he is averaging 8.8 points and 5.8 rebounds for Siena Heights, which improved to 19-6 overall and 5-2 in the WHAC with wins last weekend over Aquinas and Walsh College. Going into last week's action, the Saints were in a three-way tie for the league-lead.

### PCJBL meeting

The Plymouth-Canton Junior Baseball League will meet in Room 103 of Plymouth Canton HS at 7:30 p.m. Wednesday. All residents of Plymouth, Plymouth Township and Canton are invited to attend.

Registration fees, fundraising, registration organization, field assignments and promotional ideas will be discussed.

For more information, call Ray Barnes at (313) 981-5170.

### Salem Football Club

The Plymouth Salem Linebackers Football Booster Club will have their monthly meeting at 7:30 p.m. Wednesday, Feb. 18 in the Salem HS cafeteria.

Parents of any boy playing football, or wanting to play football, this fall are encouraged to attend. Upcoming events to be discussed are the golf outing, picnic and fund-raisers.

For further information, call club president Joe Mestrovich at (313) 459-1122.

### Canton tennis meeting

An introductory meeting for all players and parents of players wishing to compete on Plymouth Canton's boys tennis team this spring will be conducted at 6:30 p.m. Wednesday in Canton HS's Little Theater.

All player and parents of players are strongly urged to attend by coach Barb Hanosh.

### Soccer referees class

A class for new soccer referees will be held on four consecutive Saturdays, beginning Feb. 21, from 10 a.m.-2 p.m. at the Plymouth Cultural Center's Card Meeting Room.

Cost for the class, which runs through March 14 and is open to men and women 12 years old to adult, is \$43 per person. To register, call Brian LaMasse at (313) 397-8325.

## Davey: New season and new attitude



After a short stay in Baltimore, Tom Davey returned to the team he began his pro career with last April — Toronto. Learning from a bad experience, the Plymouth Salem graduate heads to spring training with high hopes.

BY RICHARD L. SHOOK  
STAFF WRITER

There's no such thing as bad — provided you can make something good of it.

Tom Davey, Plymouth Salem's contribution to professional baseball, appears to have learned that lesson of

life from a frustrating 1997 season.

"I learned a lot from going to camp with the Orioles last season," said Davey, back with the Toronto Blue Jay organization this spring after being Baltimore's Rule 5 draft a year ago. "I learned just from being around Big Leaguers.

"I had a real frustrating spring. But the biggest thing I learned was that I let a lot of little things get to me. And a lot of them were non-baseball related."

Davey, 24, was a victim of Baltimore's decision to go for it last spring, a push which got the Orioles off to a hot start and ended with them losing a thrilling playoff to the Cleveland Indians.

That wasn't Davey's fault. There was a tug-of-war in the Baltimore front office which resulted in a change of approach.

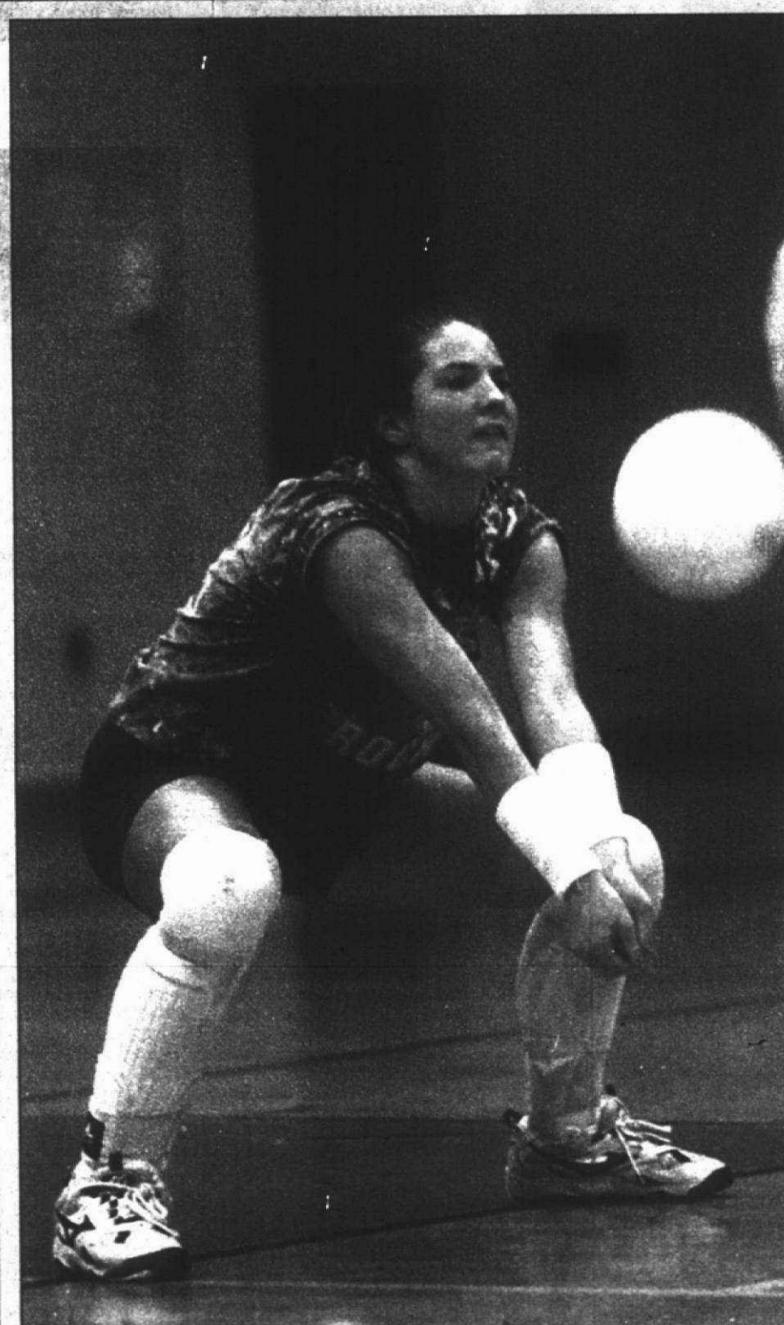
The net effect for Davey was that the

Orioles shouldn't have taken him. When spring training rolled around, they weren't going to mess around looking at somebody they weren't going to carry on their roster. They needed all the experienced pitching help they could get.

Davey spent the whole of spring training and worked in just one regular game and a pair of B games. The 6-foot-7 right-hander also got sick and lost weight.

"I feel a little more comfortable going

Please see DAVEY, D2



Chippewa choice: Salem's Jenny Trott has signed a volleyball letter of intent to attend Central Michigan next fall. Trott, a team co-captain, tied for the team lead in kills in the Rocks win over Stevenson.

STAFF PHOTO BY BILL BRESLER

## Salem blasts past Spartans

BY C.J. RISAK  
SPORTS EDITOR

It was supposed to be the match of the season, pitting a pair of unbeaten in the Western Lakes Activities Association as Livonia Stevenson battled Plymouth Salem.

But as pro football fans can attest, big-time clashes often end up as big-time flops. This match followed those lines, as the Rocks rallied early in the first game, repelled a strong Stevenson rally, then dominated the second set to win easily 15-11, 15-5 Wednesday at Salem.

The win boosted Salem's record to 26-4 overall, 7-0 in the WLAA. Stevenson is 7-1 in the league, 25-4-1 overall.

The early portion of the match belonged to the Spartans, who went in front 3-1 in the first game after a pair of net violations cost Salem two points.

But the Rocks kept their focus — one of their most redeeming traits this season — and quickly got on track, outscoring Stevenson 10-1 to go up 11-4.

The Spartans did not roll over, however. They kept battling, even when Salem was at game-point. It took six tries for the Rocks to get that elusive last point — after Stevenson had scored five-straight.

"We were able to do a lot against them," said Salem co-coach Allie Suffety. "But I'm not taking anything away from (Stevenson), especially after that first game."

"They had a lot of momentum coming out of that first game. But our team is showing a lot of poise in situations where in the past we would have lost that game."

If the Spartans had renewed

Please see VOLLEYBALL, D2

## Trott makes her choice: it'll be CMU in the fall

BY C.J. RISAK  
SPORTS EDITOR

A perfect match?

Jenny Trott and Central Michigan University. A highly-motivated, successful, do-everything volleyball player going to a program that's, at present, mediocre.

And she's excited about the prospect. "Actually, I always wanted to go there," said Trott. "I always wanted to be a teacher, and they have one of the best programs."

Now the hope is the Central Michigan volleyball program will match its secondary education program.

Last Wednesday, Trott finalized her decision: She signed with CMU on the NCAA's first official signing day.

A 5-foot-9 1/2 outside hitter, Trott has been a team leader for the Rocks most of her varsity career. She's one of the few team members to serve as team captain for two years.

Not on a team that's struggling or rebuilding, either. Salem's been a powerhouse in volleyball for most of the '90s.

Her reasons for choosing CMU aren't entirely academic. And they don't exactly follow the mainstream, either.

"Their coach (Terrie Robbie) really works the girls hard," Trott said, relishing the thought. "I talked to a few of their players and they told me they're in the best shape they've ever been in."

"Actually, I'm looking forward

Please see TROTT, D2

## Canton too tough for injured Rocks

Behind the one-two punch of Marcie Emerick and Liz Fitzgerald, Plymouth Canton simply dominated rival Plymouth Salem in gymnastics Wednesday.

The two Chiefs finished one-two in the all-around and two individual events to propel Canton past Salem, 136.90-120.35, at Canton.

The Chiefs improved to 7-3 overall with the win, 3-2 in the Western Lakes Activities Association. The Rocks are 0-5 in both the league and overall.

Unlike most Canton-vs.-Salem meets of the past, which were both high-scoring and close, this was neither. Salem, competing without top gymnast Lindsay Hawraney (out with an ankle sprain), did have the lead after the first event,

32.00-31.5.

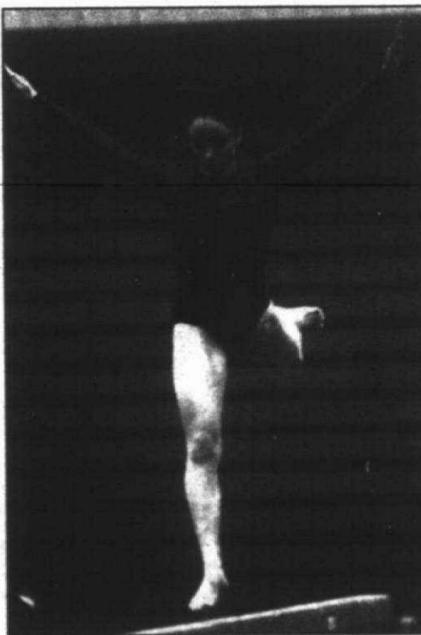
That in part was due to Fitzgerald falling while attempting a very difficult vault. She scored just 7.35, which is very low for her.

Emerick was first in the event with an 8.9. Salem's Allison Bracht was second at 8.75, with teammate Jannine Schmedding third at 8.2. Canton's Nicole Vaagenes placed fourth with an 8.05.

If Fitzgerald was bothered by her sub-par performance in the vault, well — it showed. She bounced back fantastically, scoring better than 9.0 and finishing first in every other event.

Fitzgerald won the uneven parallel bars with a 9.2, the balance beam with an exceptional routine that scored a 9.5, and

Please see GYM, D2



High scorer: Canton's Marcie Emerick had a 9.15 on balance beam en route to a meet-best score in the all-around.

STAFF PHOTO BY BILL BRESLER

## BASKETBALL

### Chiefs battle, but fall in OT

BY SCOTT DANIEL  
STAFF WRITER

Walled Lake Western's 55-47 home victory over Canton Friday night was everything a high school basketball game should be: intense, spirited, loud and dramatic.

The Warriors fought off a pair of Canton comebacks then pulled away in overtime. Ben Dewar scored 17 points, including seven in the extra frame to lead Western.

"They gave us a lot more than we wanted," Walled Lake coach Rex Stanczak said of the Chiefs. "I'm more proud of this win than any other this season."

The Warriors, which improved to 8-4 overall and 5-2 in the Western Lakes conference, had Canton on the ropes twice Friday before finally putting the game away in overtime.

The Chiefs led 5-4 about midway through the first period. Using a tough man-to-man defense,

Please see CANTON HOOP, D2

B2(CP)

# Salem stays in control, crushes Central

Maybe that trip earlier in the week to Walled Lake Western taught Plymouth Salem's basketball team a lesson. Don't mess with those Walled Lake schools.

After clawing past Western to a three-point win last Tuesday, the Rocks stayed focused Friday against visiting Walled Lake Central, allowing them to post a 63-51 victory. Salem maintained its stranglehold on the Western Lakes Activities Association at 7-0, two games ahead of its nearest rival. The Rocks are 11-2 overall, with 11-straight wins. Central fell to 7-6 overall, 4-3 in the WLAA. "The game really wasn't decided until the very end," said Salem coach Bob

## BASKETBALL

Brodie. "There were a couple of times they got it to within two or three. They had pretty much a one-man show over there, and we had a lot of people contribute in a lot of ways."

Western's one man was Todd Negoshian, who knocked down 26 points, including four three-pointers. However, the Warriors next best scorer was Cory Heitch with seven. Salem has six players score as many points, or more, than Heitch. Tony Bernhardt and Andy Power led the Rocks with 12 points each, with Bhavin

Patel getting nine and Jeff McKian eight. Patel also had eight rebounds, while Bernhardt, Power and Tony Jancevski got seven boards apiece. McKian had four assists and Power had four steals. Although the Vikings did not go quietly, Salem maintained control throughout. The Rocks led 13-9 after one quarter and 32-22 at the half. Central got to within seven after three and narrowed the gap to four with three minutes left to play. But a McKian feed in to Patel for a layup pushed Salem's lead back to six, and the Rocks were never again threatened. The schedule doesn't get easier for

Salem. On Tuesday, the Rocks go up against rival Plymouth Canton, and on Friday they play Westland John Glenn. **PCA 68, S'Field Christian 53:** The outcome was in doubt until the last quarter, when host Plymouth Christian Academy pulled away from Southfield Christian with a 23-11 deluge Friday. The win improved PCA's record to 10-4 overall, 4-2 in the Michigan Independent Athletic Conference. Southfield Christian is 3-10 overall, 0-6 in the MIAC. PCA had the lead after every quarter, but Southfield Christian narrowed the gap to 45-41 entering the final period. Scott Carty's 22 points (with three

three-pointers) led PCA. Derric Iseense added 18 points and eight rebounds, Chris Brandon had 13 points and eight boards, and Nick Brandon got seven rebounds and four assists. **Bryant Curry's 15 points** paced Southfield Christian. "We really passed the ball well," said PCA coach Doug Taylor. "It was by far our best offensive movement of the season. (Southfield Christian) played zone and our guys really passed the ball looking for the open man. They worked the ball around the perimeter and got it inside for layups and nice shots in the paint. The things we worked on in practice for a zone really came together in this game."

# Chiefs splash past Franklin

After losing its first three dual meets, Plymouth Canton's swim team seemed to be struggling — perhaps even doubting itself. Not true, as the past few weeks have proven. The Chiefs have won their last two meets and three of their last four, the latest a 120-66 thumping of Western Lakes Activities Association Western Division rival Livonia Franklin Thursday at Livonia Churchill.

"We found out a lot of things tonight, and it was fun," said Canton coach Kyle Lott. Kurtis Hornick took part in four winning races for Canton, which won 10 of 12 events. Hornick was first in the 200-yard individual medley (2:13.09) and 100 butterfly (58.81). Andrew Locke (Salem) 22:44. Tim Buchanan (Salem) 20:49. Nick Corden (Salem) 20:49. Mike Malik (Salem) 20:58.50. **50 FREESTYLE** Steve Domin (Salem) 22:11. Nick Corden (Salem) 22:14. Andrew Locke (Salem) 22:44. Tim Buchanan (Salem) 22:05. Keith Falk (Salem) 23:09. Dan Kelly (Salem) 23:10. Jacob Varty (Salem) 23:21. Matt Baran (Redford) CC) 23:24. Matt Zaid (N. Farmington) 23:29. Kurtis Hornick (Canton) 23:36.

Other individual wins went to Reeder in the 200 free (1:59.28), with Allen right behind in second (1:59.47); LeClair in the 50 free (24.7); Mike Dempsey in the 100 free (53.37), just ahead of LeClair (53.92); Mus-

## SWIMMING

son in the 500 free (5:18.16); and Allen in the 100 backstroke in a personal-best performance (59.19). Chad Williams, Andy Schmidt, Dempsey and LeClair combined for a win in the 200 free relay (1:37.39). Nov 3-4 overall and 3-0 in the WLAA's Western Division, Canton hosts Livonia Churchill at 7 p.m. Thursday.

**Salem sinks Falcons** A strong showing by Tim Buchanan high-lighted Plymouth Salem's easy victory over visiting Farmington, 130-55 Thursday. Buchanan bettered the state qualifying standards in two individual events. He won the 200-yard individual medley in 2:03.85 (state cut is 2:04.19) and he led off the victorious 200 freestyle relay with a 50-yard clocking of 22.39 (state cut in the 50 free is 22.59).

Others on the 200 free relay were Brian McKay, Dustin Winter and Nick Corden (1:32.42).

The Rocks also won the 400 free relay with Brent Mellis, Corden, Jim McLenaghan and Dan Kelly (3:31.91), and the 200 medley relay with Aaron Shelton, Brian Mertens, Paul Perez and Dave Carson (1:32.32). Other individual winners for Salem, which captured nine of 12 events, were Mellis in the 200 free (1:54.10); Kelly in the 50 free (23.58); Kevin Crabbill in the 100 butterfly (1:01.47); McLenaghan in the 500 free (5:20.69); and Andrew Locke in the 100 breaststroke (1:06.18).

The victory improved Salem's overall dual-meet record to 7-1; the Rocks are 4-0 in the WLAA. Farmington slipped to 2-5 overall, 1-3 in the WLAA. Salem has a showdown against WLAA Lakes Division rival Livonia Stevenson at 7 p.m. Thursday at Salem. Like the Rocks, Stevenson is ranked among the state's top-10 teams.

# Delta can't contain rampaging Ocelots

## MEN'S COLLEGE

With just about everyone stepping up their game, Schoolcraft College was able to subdue a stubborn Delta College, 96-59 Wednesday at SC. The Ocelots remain tied for first place in the Michigan Community College Athletic Association's Eastern Conference with a 10-1 record. They are 21-4 overall. Delta, which was coming off an upset of Henry Ford CC and another win over Wayne CCC, slipped 6-5 in the conference with the loss. The Pioneers are 9-11 overall. Kevin Melson, the conference's leading scorer, continued his superb play by scoring 33 points and grabbing 12 rebounds. But Melson, who converted 11-of-12 free throws, wasn't alone. Eneka Okonwo turned in perhaps his best performance of the season, scoring 19 points and grabbing 18 rebounds — the latter a team-high for the season. Derek McKelvey drained six three-pointers en route to a 20-point scoring spree; he also had five boards and six assists. Pete Males (from Garden City) added 10 points and eight assists, and Dan Gomez (from Canton) contributed 10 points and five rebounds. Delta got all but five of its points from five players. Bruce Simmons netted 24, Waj Kujat had 21, Mike Neely and Wendell Johnson each scored 14, and Montoye Wooten finished with 11. SC's free-throw shooting (20-of-26, 77 percent) proved a major asset. Cornerstone 89, Madonna 61: It's common knowledge among coaches: Young players make mistakes. If such an adage needed support, it got it when Madonna University hosted Cornerstone College last Wednesday. The youthful Crusaders, 3-20 overall and 2-5 in the Wolverine-Hoosier Athletic Conference, committed 24 turnovers to 11 by the league-leading Golden Eagles. Which, by and large, was the biggest difference in the game. Cornerstone attempted 11 more floor shots, making nine of them, and tried 11 more free throws, hitting nine more of those, too. Mark Hayes and Narvin Russaw each scored 11 points for Madonna, with Hayes (a freshman) dishing out four assists and Russaw (a sophomore) grabbing six rebounds and making four steals. Jason Maschke (from Livonia Franklin) added eight points and eight boards. Cornerstone (19-6 overall, 6-2 in the WHAC), got 17 points from Mike Long, 13 from Alan Zichtmaker, 12 from Mark Zichtmaker and 10 from Aaron Krampe.

**Delta got all but five of its points from five players.** Bruce Simmons netted 24, Waj Kujat had 21, Mike Neely and Wendell Johnson each scored 14, and Montoye Wooten finished with 11.

# A poor 2nd half leads to Madonna's downfall

## WOMEN'S COLLEGE

A five-point halftime cushion wasn't cushy enough. Madonna University women's basketball team squandered their halftime lead Thursday night and fell at Cornerstone College, 68-56, to the Golden Eagles. The Crusaders are now 4-3 in the Wolverine-Hoosier Athletic Conference, 14-10 overall. They entered the game in first place in the league. Leading scorer Katie Cushman of Madonna was held scoreless in the game, missing six shots. Chris Dietrich led the Crusaders with 17 points and Jennifer Jacek came off the bench to finish second-high with 10. Jacek and Murray each had seven rebounds while Dietrich had five assists and Cushman four. Madonna made just 4-of-18 three-point shots and shot just 33 percent for the game. Madonna held a 37-32 lead at the half but only scored 19 points in the second half. Megan Rzew had 24 points for Cornerstone. 14-13 overall and 4-4 in the WHAC. The Golden Eagles shot 48 percent and held a 46-30 edge on the boards. Schoolcraft 48, Delta 45: On Wednesday, the host Lady Ocelots improved to 10-11 overall and 6-5 in the Eastern Conference with the win over the Pioneers, who slipped to 3-16 and 3-8.

# Gym — page D1

the floor exercise with a solid 9.05. Her all-around total was 35.1.

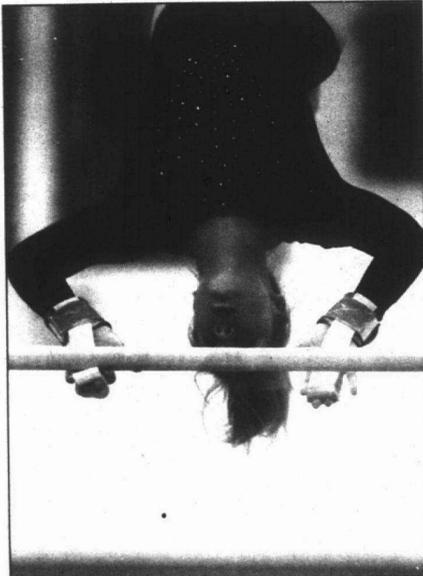
Which was a very good total, but not good enough to overtake Emerick, who scored 35.70. Emerick won the vault, placed second in the beam with a 9.15, tied for second in the bars with an 8.9 with teammate Amy Driscoll, and tied for third in the floor with an 8.75 with Salem's Beth Steinheper.

Driscoll and Vaagenes both turned in strong performances for the Chiefs. Besides bars, Driscoll scored 8.5 in floor and 7.95 in beam; Vaagenes had a 31.70 all-around total, with additional marks of 8.15 in bars, 8.06 in beam and 7.45 in floor. Her all-around total was fourth-best in the meet.

Bracht was best for Salem, scoring 33.85 in the all-around. She was second in both floor (8.8) and vault, took fourth in beam (8.2) and was fifth in bars (8.1).

Other top scorers went to Canton's Melanie Briess in the beam (8.85) and Holly Graham in both the floor (8.35) and beam (8.1). After vault, the tide quickly changed to favor Canton, which outscored Salem in bars 35.15-25.8; beam 35.60-29.8; and floor 34.65-32.75.

The Chiefs host Brighton at 7 p.m. Wednesday, while Salem travels to Walled Lake for a 7 p.m. dual meet Thursday.



STAFF PHOTO BY BILL STEINHEPER

Salem's best: Allison Bracht had a good competition against Canton, finishing third in the all-around with a 33.85 total.

# Davey from page D1

into this spring," said Davey, who left at mid-week and planned to be in Dunedin, Fla., Sunday to get a one week jump on Toronto's other pitchers.

"I know a lot more people," said Davey, who's become a closer since last spring. "Last year was an unsure thing. I know there were no guarantees. I was going to make the (Baltimore) team, but supposedly they were going to give me a shot. This year I know I don't have a shot. But I know that if I have a good year, I have a chance of being brought up (to Toronto)."

"There's more security this year. I'm going to take it as it goes." The spring training experience with the Orioles soured Davey's whole season. "Going back to the Blue Jays, not being happy, not being happy where I was assigned, not being happy with my role ... I developed a little bit of a bad attitude," Davey said. "I took the game for granted and it caught up with me."

"Looking back, at the time my approach was bad. I was selfish. Now I'm going to take things as they come. I was fortunate to be in the situation I was in at the time." Sounds like a young man who went from being age 23 to age 35, in maturity, in just a few summer months. Baltimore offered Davey back to Toronto at the end of spring training last year and the Blue Jays sent Davey back to Class A at Dunedin, where he was 1-3 with a 4.31 ERA in 40 innings. "Toronto moved him up to Double-A Knoxville, where Davey felt he should have been sent in the first place, and he was 6-7 with a 4.63 ERA in 93 innings. The Blue Jays sent him to their Instructional League team right after the season for the purpose of turning the starter into a reliever. He's 6-7 and throws in the 90s, which means intimidation is a weapon he can use. Plus he doesn't have to mess around trying to be cute. "It was a good move for me," he said. "It's a lot easier. I'm more aggressive. I don't have to worry about setting hitters up. I can go right after them."

# Volleyball from page D1

confidence after their first-game comeback, it couldn't have lasted long. Salem quickly grabbed control from the beginning of the second game, scoring the first five points.

"Things are going real nice right now," said Sufity. "We told them we want them playing the ball, not the opponent." Which means play your game, dictate terms and force your opponent to make the adjustments. With such a balanced attack, the Rocks seem quite able to do just that. Three players had eight kills apiece against Stevenson: Jenny Trott, Amanda Abraham and Ellen Stemmer.

**Chiefs still rolling** Slow start — fast finish? Plymouth Canton may have started the season a bit sluggishly, but the Chiefs are in the midst of a fast finish. They won their fourth-straight WLAA match Wednesday, turning back host Farmington Harrison 15-12, 15-11. How strong a performance was it? Canton trailed 7-0 in the first game before rallying to win. "Harrison has really, really good defense," said Canton coach Cynthia Montgomery, her team now 4-2 in the WLAA. "Everything we hit at them they picked up. They played really well against us." But the Chiefs played better. Stephanie Chefan led the attack with 10 kills; Amy Plagens added six. Angie Germain collected seven assists to kills, and Christy Even had 14 digs. Canton hosts Farmington at 6:30 p.m. tonight, then has a tough WLAA match at Livonia Franklin at 6:30 p.m. Wednesday. Hunting with guide George Kline in Area X, near Vienna, Colone enjoyed a splendid hunt that culminated in the shooting of a huge bull. "It was a great experience all the way around," said Colone. "George put us in front of a lot of nice bulls." On opening day, Colone encountered a group of bull which included a couple 6x6's and 6x5's. The smallest bull in the group was a 4x4. Colone didn't get a shot, but one of the other hunters in the area dropped one of the 6x6's. On the second day of the hunt, Colone got his long awaited chance. He saw a group of about 30 or 40 elk which included, "quite a few nice bulls," but couldn't get close enough for a good shot. In the afternoon he spotted a group of elk that were bedded down for the day. "They got up and ran off," explained Colone. "A couple of our group went to the other side of the woods and pushed them back to us." Colone tagged his trophy at 3:50 in the afternoon. The huge five-and-a-half-year-old bull dressed out at 630 pounds. It sported a 6x7 rack with a 40-inch spread and 45-inch main beams. "It was a great experience," added Colone. "It was definitely worth the wait. I never thought I'd get a permit, but I took the chance and I got one. It was a great hunt."

# Local hunter stays in state, bags big elk

For those who think the only way to bag a trophy bull elk is to hunt in another state, Angelo Colone has a tip for you: stay home and apply for a Michigan elk permit. Colone, a Livonia resident, received a hunter's choice permit for Michigan's December elk hunt and opened the day with high expectations. Hunting with guide George Kline in Area X, near Vienna, Colone enjoyed a splendid hunt that culminated in the shooting of a huge bull. "It was a great experience all the way around," said Colone. "George put us in front of a lot of nice bulls." On opening day, Colone encountered a group of bull which included a couple 6x6's and 6x5's. The smallest bull in the group was a 4x4. Colone didn't get a shot, but one of the other hunters in the area dropped one of the 6x6's. On the second day of the hunt, Colone got his long awaited chance. He saw a group of about 30 or 40 elk which included, "quite a few nice bulls," but couldn't get close enough for a good shot. In the afternoon he spotted a group of elk that were bedded down for the day. "They got up and ran off," explained Colone. "A couple of our group went to the other side of the woods and pushed them back to us." Colone tagged his trophy at 3:50 in the afternoon. The huge five-and-a-half-year-old bull dressed out at 630 pounds. It sported a 6x7 rack with a 40-inch spread and 45-inch main beams. "It was a great experience," added Colone. "It was definitely worth the wait. I never thought I'd get a permit, but I took the chance and I got one. It was a great hunt."

## OUTDOOR INSIGHTS



BILL PARKER

DEER & TURKEY SPECTACULAR The Michigan Deer & Turkey Spectacular will be held Feb. 13-15 at the Lansing Civic Center. Show hours are 4-9 p.m. Friday, Feb. 13; 9 a.m.-7 p.m. Saturday, Feb. 14; and 9 a.m.-5 p.m. Sunday, Feb. 15. Admission is \$8 adult, \$3 for children ages 6-11 and children ages five and under will be admitted free. Family is Family Night and all children ages 15 and under will be admitted free when accompanied by an adult.

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## OUTDOOR CLUBS

**SOLAR** The School for Outdoor Leadership, Adventure and Recreation, a non-profit organization interested in promoting the appreciation of outdoor activities, meets at 7:30 p.m. on the first Tuesday of each month at the Colony Hall in Southfield. Call (248) 988-6658 for more information.

## OUTDOOR ACTIVITIES

**WINTER WALK** Kathy Treppa will lead a winter walk beginning at 12 p.m. Saturday, Feb. 14, at the William P. Holiday Nature Preserve in Westland. Call (313) 522-8547 for more information.

## OUTDOOR SHOWS

**CAMPER & RV SHOW** The 32nd Annual Detroit Camper & RV Show will be held Feb. 7-15 at the Novi Expo Center (I-96 and Novi Road). Show hours are 2 to 9:30 p.m. weekdays, noon to 9 p.m. Saturdays, and noon to 6 p.m. Sundays. Admission is \$6.50 (age 13 and up), \$2 for children 6-12 and under, and children five and under will be admitted free. Two-for-One coupons are available exclusively at participating MARVAC dealers.

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**WINTER WALK** Kathy Treppa will lead a winter walk beginning at 12 p.m. Saturday, Feb. 14, at the William P. Holiday Nature Preserve in Westland. Call (313) 522-8547 for more information.

## OUTDOOR SHOWS

**CAMPER & RV SHOW** The 32nd Annual Detroit Camper & RV Show will be held Feb. 7-15 at the Novi Expo Center (I-96 and Novi Road). Show hours are 2 to 9:30 p.m. weekdays, noon to 9 p.m. Saturdays, and noon to 6 p.m. Sundays. Admission is \$6.50 (age 13 and up), \$2 for children 6-12 and under, and children five and under will be admitted free. Two-for-One coupons are available exclusively at participating MARVAC dealers.

## OUTDOOR CLUBS

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<b>Mayflower Lanes</b> 26600 Plymouth Rd. Redford, MI 48239 313-937-8420	<b>Roosevelt Lanes</b> 6701 Roosevelt Allen Park, MI 48101 313-381-0222	<b>Westland Bowl</b> 5040 North Wayne Rd. Westland, MI 48185 734-722-7570	<b>Woodland Lanes</b> 33775 Plymouth Rd. Livonia, MI 48150 734-522-4515

## Body contours offer control

Our physical well-being and self-image are directly linked to our sense of esteem and contentment. Routine checkups are a standard part of most current health maintenance programs. Self-examination is an integral part of this process because it allows us to evaluate and monitor changes as they occur. You may want to include a body image checkup as part of your self-examination.

As a plastic surgeon, I have seen many examples of how a change in physical appearance positively affects a change in spirit. I am reminded of a former patient with multiple sclerosis who requested an Abdominoplasty or "tummy tuck" in order to comfortably lie on a beach with her husband while wearing a bikini. She underwent the abdominoplasty and later returned to thank me for changing her life, despite separating from her husband. She related that the physical changes I created also made a positive change in the way she viewed herself. She no longer had the abdominal protuberance which she found unacceptable. This helped her regain some control of her body which she had watched deteriorate over the years.

Body contouring allows us to enhance our control of those body irregularities that we perceive. There are many body habitus conditions that are not effectively managed with diet and exercise alone. These include - but are not limited to - the skin

laxity caused by aging, weight loss and pregnancy. Liposuction, thigh lift, breast lift and "tummy tuck" are some of the body contouring procedures that allow us to positively alter those conditions not completely controlled by diet and exercise.

Liposuction is indicated when excess fat is the primary problem, such as those inherited, localized fat accumulations. However, skin resection is required when excess skin accompanies the excess fat. In these instances a "tuck" of "lift" is necessary to create the desired body contour change by removing the excess skin and/or correcting the skin laxity.

As the names indicate, a thigh lift, breast lift and "tummy tuck" address the skin redundancy and laxity in their respective areas. The aforementioned patient underwent a "tummy

tuck" which consists of creating an incision along the "bikini line" and removing unnecessary skin and fat from the abdomen. The procedure usually entails tightening the lining (or fascia) that covers the abdominal muscles. The result is an enhanced contour characterized by a firmer and more youthful appearance.

Body contouring is not a reasonable method of weight control because it changes size and girth more than weight. Diet, exercise and lifestyle remain the methods to control weight. Body contouring, however, can enhance control of your body image. It is this restoration of control that affords a positive change of mind.

(Lauran A. Bryan, M.D., specializes in hand, plastic and reconstructive surgery. Her office is located at 26711 Woodward Ave., Suite LL-1 in Royal Oak. Call 248-584-0044 for an appointment.)



DR. LAURAN A. BRYAN



Honoree: Bloomfield Hills resident Dr. Ronald Wadle (far right) and his family were honored recently by Bi-County Community Hospital in Warren with the renaming of an educational room to the "Wadle Conference Room". Dr. Wadle is pictured here with (left to right) Bi-County VP and Chief Administrator Gary Popiel, Bi-County board member Beverly Hartman and his daughter, Rona Wadle.

Healthy Living spotlights Oakland County-related health and medical news and information. To submit information, write: Healthy Living, Observer & Eccentric Newspapers, 805 E. Maple, Birmingham MI, 48009. Or fax: (248) 644-1314.

**WADLE HONORED**  
Bloomfield Hills resident Ronald Wadle, D.O., and his family were honored recently by Bi-County Community Hospital in Warren with the renaming of an educational room to the "Wadle Conference Room". "The osteopathic profession has been very good to me and my family," Dr. Wadle said in a statement. "My contribution is just a small paycheck." Dr. Wadle, a board certified urologist, moved to Michigan in order to complete his medical training. He then set up one of today's largest osteopathic urology practices in the nation, Tri-County Urologists, P.C., which excels in the training of future urologists. Dr. Wadle has been practicing for over 27 years. Dr. Wadle and his extended family have been involved in the osteopathic profession for many years. His parents, Elizabeth and Otto, aided in the development of an osteopathic hospital in New Jersey - Union Memorial Hospital. Dr. Ronald Wadle's brother, Rudi Wadle, practiced pediatrics at Union Memorial until he retired four years ago. Dr. Ronald Wadle's daughter, Rona, will carry on the osteopathic tradition. She is a senior medical student at Chicago College of Osteopathic Medicine and starting this July will intern at Bi-County.

**WILLIAM BEAUMONT HOSPITAL**  
William Beaumont Hospital in Royal Oak recently received another dose of national recognition - this time for delivering top-quality health care in a cost-efficient manner. Beaumont Hospital was named to the 1997 "100 Top Hospitals - Benchmarks for Success" list created by health care information specialist HCIA Inc. and William M. Mercer, Inc. The annual list names hospitals that serve as performance "benchmarks" for the health care industry by delivering the highest quality and most cost-efficient patient care. Named in the category Major Teaching Hospitals, Beaumont was the only hospital in metro Detroit named to the list. On Dec. 19, 1997, Beaumont was named to *Fortune* magazine's list of "100 Best Companies To Work For in America" based on the quality of Beaumont employee programs.

Here is a list of upcoming programs offered by Beaumont Hospital.  
■ **A Childbirth Education Refresher** class, a review of the labor delivery process and relaxation and breathing techniques, for expectant couples is scheduled for Saturday, Feb. 28 from 9 a.m.-1 p.m. at the Beaumont Medical Building, First Floor Classroom, 6700 N. Rochester Road, Rochester Hills. Cost is \$25. Call 1-800-633-7377 to register.  
■ **Baby Care and Safety**, a class teaching basic care for baby's first year of life, will be held Tuesday, Feb. 24 from 7 p.m.-10 p.m. at the Beaumont Medical Building, Conference Room A & B, 6900 Orchard Lake Road, West Bloomfield. Cost is \$20 per couple. Call 1-800-633-7377 to register.

■ **A Health Care Provider Class** for individuals in health-care related fields will provide instruction in life-saving techniques and Basic Life Support (BLS) certification. The class will be conducted Saturday, Feb. 28 from 8 a.m.-1 p.m. at the Beaumont Rehabilitation and Health Center, 746 Purdy, Birmingham. There is a \$40 class fee. Call 1-800-633-7377 to register.

**ST. JOSEPH MERCY-OAKLAND**  
St. Joseph Mercy-Oakland Hospital offers a variety of programs and services designed to meet the health care and educational needs of the community. The following programs pertain specifically to rehabilitation services. For dates, times and locations, call the Mercy Health Line at 1-800-372-6094. The registered nurses and physician referral coordinators will be able to help you register, when necessary, for programs and classes.

■ **Adaptive Golf Clinic** - Run by therapeutic recreation specialists, and volunteer Warren Orlick, this clinic is aimed at helping individuals with a disability to successfully return to the sport of golf by adapting techniques or equipment. Orlick is a well-known golf professional and highly regarded individual in the community.

■ **Amputee Support and Education Group** - Open to amputees and their families and friends. Provides pertinent educational materials and covers medical management, recreation and more.

■ **Cardiopulmonary Rehabilitation** - Monitored exercise program that is progressive on an individual basis. Comprehensive education is also provided.

■ **Traumatic Brain Injury Support Group (TBI)** - Provides emotional support and education. Encourages social opportunity.

■ **Center for Functional Rehabilitation** - Assists individuals with complicated pain to return to independent functioning while learning to reduce pain behaviors, manage flareups and develop proper exercise and stress management techniques.

■ **Driver Rehabilitation** - Individual assessment of persons with disabilities to determine driving ability.

■ **Help for Hearing Loss** - Classes for those with hearing impairments, as well as their family members and friends. Run by certified audiologists, these classes help individuals cope with hearing impairments.

■ **Martial Arts Therapy and Fitness** - An innovative physical therapy program providing opportunity for handicapped children and adults to improve physical skill and self-esteem in a motivating environment.

■ **Occupational Therapy** - Provides medical occupational therapy services to individuals from infants to geriatric with temporary or permanent disability. Includes, but is not limited to those with stroke, traumatic brain injury, joint replacements, developmental disability, multiple sclerosis, amputations, arthritis, upper extremity orthopedic injury, peripheral nerve injuries, work-related injury and cardiac conditions. Treatment is aimed at assisting an individual to resume daily activities to their fullest potential through restoration, adaptation or compensation.

■ **Spinal Cord Support Group** - Provides emotional support, information on new medical advances and offers professional and peer-led discussions to provide educational resources.

■ **Stroke Folks** - Designed to provide educational and emotional support. Assists in presenting topics and leading discussions selected by the participants. Helps the stroke survivor make the required adjustments in his or her lifestyle.

### Physician of the Year



Award winner: Orthopedic surgeon Mark Kamil (far right) was recently selected Physician of the Year by his peers at Huron Valley-Sinai Hospital in Commerce. Kamil, shown here with (left to right) Elliot Joseph, DMC Senior Vice President, Oakland Region; Dr. Jeffrey Dembs, the 1996 winner and award presenter; and his father, Dr. Richard S. Kamil, received a plaque noting the honor at the annual Medical Staff Dinner/Dance at Wabek Country Club in West Bloomfield. Dr. Mark Kamil, a graduate of Michigan State University who earned his doctorate at Chicago Medical School, is on the Sinai Hospital staff and is Vice Chief of Surgery and the chairman of the Medical Records Committee at HVSH. He has also been in private practice with his father for the past 12 years.

## Plan ahead and enjoy Valentine's Day

If you or your sweetheart resolved to lose weight this year, here's some good news: You don't have to give up sweets on Valentine's Day. The traditional belief about dieting was you had to deprive yourself of every "fattening" food you loved - while eating cottage cheese and tuna fish - in order to lose weight. Well, that was then but these days new wisdom based on scientific studies advises that healthy eating and activity patterns should be structured for the long-term.

In other words, you do not have to deprive yourself of your favorite treats. You merely have to plan for them. If you feel deprived, you're more apt to splurge during a craving. Instead, if you crave potato chips or chocolate, let yourself have a few chips or a piece of chocolate to fulfill that taste. But then move on and be sure you set limits ahead of time.

On days when you give in to those cravings, plan to exercise a little longer or cut out some fat in your other meals to compensate. There are so many healthy recipes and reduced-fat products available currently that you may even be able to enjoy some of your favorite luxuries, like chocolate, with a little less fat. A great way to satisfy a chocolate craving is with a warm cup of low-calorie hot cocoa.

So don't panic as Valentine's Day approaches and you suspect you'll be getting a heart-shaped box of chocolates. Just plan to savor the flavors for days to come, rather than indulging on all of it

at once. One piece of candy says "I love you" as much as a whole box of candy.

You might even consider sharing your sweets with your sweetheart. If a piece of pie a la mode looks too tempting to pass up, share it with your loved one. Then you can both enjoy it without having to eat the whole thing.

Plan on cooking a romantic dinner at home rather than going to a restaurant. This way you will have control over your options and portions. To make it more fun, prepare the meal together.

When grocery shopping for that candle lit dinner for two, stick to a preplanned list. Avoid impulse buys such as Valentine's cookies or chocolates just to have on hand. Chances are they will end up in your hand.

And don't forget, there is more to Valentine's Day than sweets. Take this opportunity to share funny stories, reminisce, or rest a classic love story. Learning about each other will strengthen your hearts; fatty treats can only damage your hearts.

With the weather as sunny and mild as it's been, why not enjoy an all-day outing together? Go for a romantic walk in the woods or take your Valentine ice skating on a nearby pond. The fresh air and solitude is invigorating and

you're getting good exercise at the same time. Finally, if you really want to give from the heart this Valentine's Day, drop off your treats at a Children's Hospital or a shelter. You will certainly get more pleasure out of that than eating all those goodies yourself.

If you're looking for a delicious low-fat dessert to make for your loved one, try this Chocolate Mousse Pie. They'll never know it's low fat!

**Chocolate Mousse Pie**  
Makes 8 servings  
1/2 cups all-purpose flour  
1/2 teaspoon salt  
1/2 cup evaporated milk  
1/2 cup reduced-calorie tub margarine  
1 teaspoon unflavored gelatin  
2 tablespoons boiling water  
1/2 cup granulated sugar  
1/2 cup unsweetened cocoa powder  
1 cup evaporated skimmed milk (well chilled)  
1 1/2 teaspoons vanilla extract  
1 cup whipped topping  
1 tablespoon confectioners sugar  
1/2 teaspoon rum extract  
Unsweetened cocoa powder to garnish (optional)

1. To prepare pie crust, in medium bowl, stir together 1/2 cups of the flour, the salt and the baking powder. With two knives or pastry blender, cut in margarine until mixture resembles coarse crumbs. With fork, stir in 2-3 tablespoons water until mixture forms a soft dough. Gather dough into a ball.  
2. Preheat oven to 350 degrees. Sprinkle work surface with the remaining flour. On floured sur-

face, roll dough into a 12" circle. Fit into a 10" pie plate, fluting edges. Line crust with foil; fill with pie weights or dried beans.

3. Bake crust 10 minutes; remove foil and weights. Bake 12-15 minutes longer, until golden, and set aside.

4. To prepare filling, in small bowl, sprinkle gelatin over 1/2 cup cold water; let stand one minute. Add boiling water, stirring until gelatin is dissolved. Let stand five minutes.

5. In another small bowl, stir together sugar and cocoa. With mixer on medium speed, beat in milk and vanilla; increase speed to high and beat, scraping sides of bowl occasionally, until stiff. Add gelatin, beat until blended. Pour into pastry shell. Refrigerate at least two hours.

6. To serve, gently stir together whipped topping, confectioners sugar and rum extract. Spread on top of pie. Sprinkle with cocoa powder, if desired.

**Per serving:** 237 calories, 6 g protein, 9 g fat, 35 g carbohydrate, 224 g sodium, 1 mg cholesterol.

I read every one of your letters and I love your comments! Please keep writing me with any questions, inspirational stories or suggestions for upcoming articles to: "Talk to the Mirror," Weight Watchers Corporate Communications, P.O. Box 9072, Farmington Hills, Mich. 48334-2974, or fax: (248) 553-7106.

(Florine Mark is an appointee to the Governor's Council on Physical Fitness and the Michigan Fitness Foundation.)

## MEDICAL BRIEFS

### Homeopathy lecture

Homeopathy is a non-habit forming and non-toxic treatment that supports the immune system. Developed almost 200 years ago, it is a therapeutic system of medicine that has spread to almost every country in the world. To learn more about how easily homeopathy can be used in our daily lives attend S.A.N.T.'s lecture. John Youke will be speaking about this natural form of healing and how to relieve common health problems. The meeting begins at 7:30 p.m. Monday, Feb. 16, at the Sinnett Holistic Health Center in Livonia located at 29200 Vassar in the Livonia Pavilion, Suite 140, across the street (Middlebelt) from Sears at the Livonia Mall. Admission is \$5. For more information call (313) 274-4971 or (313) 837-2647.

### Epilepsy study

Henry Ford Hospital's Department of Neurology is seeking epilepsy patients who use Tegretol as their only anti-epileptic drug for a research study. To be eligible, patients must be 18 and take Tegretol three or four times daily. All medications (Tegretol/Tegretol XR), exams, lab and clinic visits are free. For more information, call Barbara Rader Gahry in the Comprehensive Epilepsy Program (313) 876-7227.

### Lyme disease support

Lyme Disease support group, West-ern Wayne County will meet at 6:30 p.m. on the third Tuesday each month at the First United Methodist Church, 3 Towne Square, Wayne. The next meeting will be Feb. 17. Everyone is welcome. For more information, please call Connie at (734) 326-3502.

### H-Pylori screening

H-Pylori antibody screening, a common bacteria that thrives in the stomach lining, is currently being offered to area employers by the Oakland Occupational Healthcare Network. Ulcers often occur when H-Pylori and the toxins it produces damage the stomach lining. The test can help people determine whether or not they are at risk. For more information about the service, or to schedule a screening at your worksite, call 800-2-OAK-WOOD.

### Grief support

Angela Hospice grief support groups meet the second and fourth Tuesdays of every month. This month's meeting will be held Tuesday, Feb. 10 and Feb. 24, at 1 and 6:30 p.m. both days. Workshops are open to the community and are free of charge. Call (734) 464-7810.

### St. Joe's site opens

Canton's newest health care facility, sponsored by Saint Joseph Mercy Health System in Ann Arbor, will open February 17 to the public. A March 29 open house, from 1-4 p.m., will introduce western Wayne County to the services provided in the new Saint Joseph Mercy Canton Health Building, located at 1690 S. Canton Center Road at Summit Parkway. The new 83,000 square feet facility will house urgent care, full-service pharmacy, lab/radiology, physical therapy and rehabilitation, and business health services as well as the expansion of physicians (primary care, oncologists, cardiologists, allergists, orthopedists and other specialists) available.

In addition, the new Canton Health Building will focus on women's health, including specialists, services, and educational programs for women.

Items for Medical Briefs are welcome from all hospitals, physicians, companies and residents active in the Observer-area medical community. Items should be typed or legibly written and sent to:

Medical Briefs  
c/o The Observer Newspapers  
36251 Schoolcraft Road  
Livonia, MI 48150  
or faxed to (734) 591-7279  
or <http://newsroom@eeonline.com>



## Braces

### Adults brush up on benefits

BY KIMBERLY A. MORTSON  
STAFF WRITER

"Braces - make beautiful faces," reads a plaque that adorns the wall of teacher Lynne Waskin's Livonia classroom.

Not your traditional orthodontic candidate, Waskin of Plymouth wore lingual braces in her early 40s to correct an upper and lower jaw discrepancy and ease the pain she suffered from TMJ. A chronic disorder of the temporomandibular joint that can be modified through surgery.

Orthodontics, the branch of dentistry concerning the prevention and correction of teeth irregularities, characteristically draws patients from pre-adolescence into young adulthood. However, a growing number of adults in the last decade have opted to have teeth straightened and overbites corrected with braces.

The field of orthodontists has introduced new technologies that enable adult patients to have teeth improvements made without the stigma of "looking like a teenager."

According to orthodontist Randall Shaw, D.D.S., cosmetic and invisible braces appeal to adults and professionals who "absolutely can't have braces showing."

"Our patients include models, lawyers, television broadcasters, teachers and salespeople. They aren't comfortable being in the public eye with traditional-looking braces," said Shaw, a partner in Ginzler and Shaw Orthodontics of Livonia.

The Livonia orthodontist, who treated Waskin for more than three years, braces secured on the tongue side of a person's teeth (making them virtually unnoticeable) are popular with people who speak or deal with the public on a regular basis.

"As a teacher I didn't want to go around with the 'braces look,'" said the Plymouth mother.

Orthodontic options: The example on the left illustrates SPEED brackets. Smaller in size compared to the traditional bracket - they work more efficiently and are easier to keep clean. (Right) Braces secured to the tongue side of the teeth, lingual, are popular with adults who do a lot of public speaking such as lawyers and teachers.

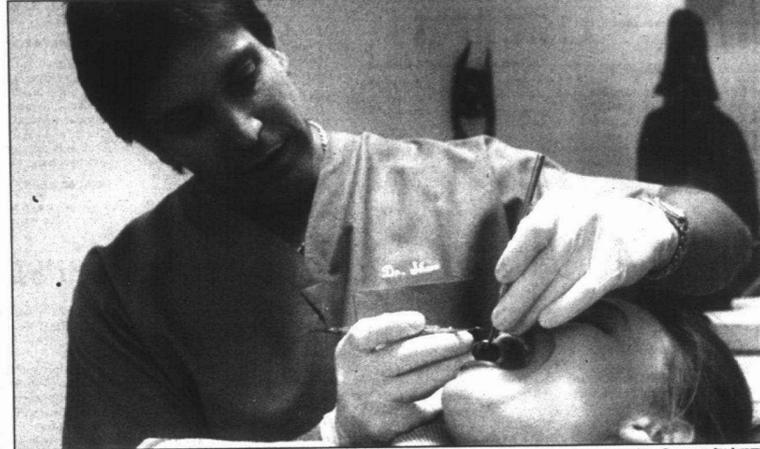
Items for Medical Newsmakers are welcome from throughout the Observer area. Items should be submitted to Observer Newspapers, 36251 Schoolcraft, Livonia 48150. Our fax number is (734) 591-7279.

### New emergency staff

Independent Emergency Physicians Inc. (IEP), a 20-physician emergency medical group, has recently been contracted to staff Providence Hospital and Medical Center's emergency facilities. Martin Harris, MD, chair of IEP, will guide the practice from Providence's Emergency Department in Southfield.

IEP physicians will staff emergency care departments at Providence Medical Center - Providence Park in Novi, the urgent care facilities at Providence Medical Center - Farmington Hills and Mission Health Medical Center - Livonia.

Assisting Harris as associate chairs will be Mary Jo Malafa, MD, serving as medical director of the urgent care facilities at Mission Health Medical Center - Livonia and Providence Medical Center - Farmington Hills.



Check up: Amy Schmidt, an adult patient at Ginzler and Shaw Orthodontics of Livonia, is midway through her braces treatment. Above, orthodontist Randall Shaw examines the progress her braces are making to straighten a slight overbite and realign teeth.

### Orthodontic options

Lingual braces can cost up to 50 percent more than clear and traditional dental appliances and are slower to improve misalignments than braces affixed to the front of a patient's teeth, said Shaw.

Clear braces, manufactured from a transparent ceramic, also are commonly preferred by patients who continue to experience growth of the jaw - such as children who can benefit from redirection, eliminating the need to take teeth out or shorten the time they wear braces.

Other orthodontic improvements include smaller brackets that facilitate shorter durations of treatment, sometimes by up to 25 percent, said Shaw. SPEED brackets work more efficiently, are easier to care for, and feature a longer stretch of wire from bracket to bracket to expedite the optimal force level that gradually brings the teeth into alignment.

Smaller brackets are also more comfortable for the wearer and require less frequent office visits than in the past. Shaw, who joined James Ginzler's practice in 1986, said the acceptance of orthodontics has improved since he started in the field of dentistry, and therefore more adults are seeking out orthodontic options to improve crooked teeth, jaw discrepancies, misalignments, overcrowding and gapping.

### Video, computer technology

Video imaging, introduced nearly 2 1/2 years ago at the Livonia office, lets patients view the anticipated outcome of their treatment through digital photographs and a software program that allows the doctor to alter the image of a person's own teeth on the computer screen.

Shaw said profile and full-arch photographs are taken and enlarged to the full size of the computer screen "to help patients see their own teeth better and help them understand a hard to imagine procedure."

"They have a much better perspective of their teeth and of what is being done in treatment," added Shaw.

"A patient is more inclined to have a problem corrected if they examine it up close and see the before-and-after results," said Shaw, "or what the surgi-

### Walker named biller

Willie Walker has joined MEDHEALTH Wellness Centers, a division of MEDHEALTH Systems Corporation as medical biller. He brings over 14 years of experience in billing and accounts receivables to this position. Walker will be responsible for the medical billing in the MEDHEALTH Wellness Centers. One of two MEDHEALTH Wellness Centers is located in Plymouth.

### New chiropractor

The Clark Chiropractic Wellness Center of Livonia welcomed Darlene Button, doctor of chiropractic, as a new member of their staff. Button is a graduate of Logan College of Chiropractic. She offers Logan Basic, Thompson and Cranial Sacral techniques as treatment. The Center will be hosting a patient appreciation day/open house Feb. 21 from 10 a.m. to 2 p.m. Call for a complimentary appointment, (248) 477-5858. Clark Chiropractic Wellness Center is located at 20270 Middlebelt Road, Suite 7.

### Patients can also view different treatment alternatives side-by-side on the screen such as surgical and non-surgical approaches (acrylic retainer, expanders, twin block) before going ahead with treatment. Shaw said non-surgical procedures, such as the use of an appliance like a twin block, are primarily alternatives for patients who continue to experience growth of the jaw - such as children who can benefit from redirection, eliminating the need to take teeth out or shorten the time they wear braces.

The on-site computer technology also enables the doctors to make modern connections from home to the Livonia office and access files in the event of an emergency or to prescribe a course of treatment. Individual computer terminals are also located at each treatment site where 20 chair-side assistants are notified when a patient arrives for an appointment and provides instantaneous access to patient information eliminating hard-copy files.

Waskin was not a candidate and subsequently underwent oral surgery in 1991 to improve misalignment and restore her teeth to the correct position.

"In the beginning it was an adjustment, but I would wear braces all over again. I don't regret doing it," said Waskin who wore braces for three years.

A few of the drawbacks the Livonia teacher said she experienced with braces included eating many hand-held foods, like sandwiches, with a knife and fork; not being able to bite into apples; cutting down on crunchy snack-type foods; and having to brush her teeth after every meal.

"If anything it got me into the habit, a good one, of brushing my teeth more often," said Waskin. "I carry a toothbrush with me everywhere."

The bottom line, said Shaw, is that new technologies make orthodontics more convenient and suitable for adults than ever before - regardless of age. "Braces are more comfortable, better looking and require less treatment compared to those a decade ago."



A biting problem: A patient's teeth on the left are severely misaligned and crooked. By clicking on the computer screen with a graphic pointer, the teeth (right) move into place and illustrate the outcome he expects following treatment.

### New SJMH medical staff

Paul Berkowitz, MD, and Michael H. Farrell, MD, have been granted medical staff privileges at St. Joseph Mercy Hospital in Ann Arbor.

Berkowitz specializes in nephrology with a special interest in hypertension. He resides in Ann Arbor with his wife and two children.

Farrell specializes in internal medicine and pediatrics. He resides in Ypsilanti with his wife and two children.

### New chief of pulmonary

Bobdan Picurko, MD, has joined the staff of Providence Hospital and Medical Centers as chief of pulmonary medicine and strategic director of critical care. Picurko will lead the clinical and academic activities of the pulmonary medicine section and will practice general pulmonary medicine at Providence Hospital in Southfield and at Providence Medical Center - Providence Park in Novi.

Picurko is board-certified in pulmonary disease and critical care medicine and is an associate professor of medicine at Wayne State University. He specializes in airway disorders including asthma, chronic obstructive pulmonary disease and cystic fibrosis.



Picurko

**MEDICAL DATEBOOK**

Items for Medical Datebook are welcome from the Observer-area medical community. Items should be sent to: Medical Datebook, c/o The Observer Newspapers, 36251 Schoolcraft Road, Livonia, 48150 or faxed to (734) 591-7279.

**BLOOD PRESSURE SCREENING**

St. Mary Hospital blood pressure screenings are free of charge at Wonderland Mall in Livonia from 8-10 a.m. No registration is required. Call (734) 655-2922 or 800-494-1650.

**BASIC LIFE SUPPORT**

This course is intended for those 12 years and older interested in learning basic knowledge of the heart and lungs, signs and symptoms of a heart attack and stroke, adult CPR and choking rescue skills. \$25 fee. Call Mission Health Medical Center - Livonia; 1-800-968-7759. Additional dates for this three-hour program from 6-9 p.m. are March 10; April 14; and May 12.

**SUPERMARKET NUTRITION**

Two-week session (Feb. 10 & 17) led by a registered dietitian helping you choose healthy food at the supermarket from 7-8:30 p.m. at the Westland Kroger. Cost \$10 (\$5 for Oakwood Health Advantage members). Call 800-543-WELL.

**CHILDBIRTH EDUCATION**

The Marian Women's Center at St. Mary Hospital in Livonia from 6-9 p.m. offers a childbirth preparation class based on the Lamaze method. Feb. 10 to March 17 in West Addition Conference Room A. Cost is \$55. Call to preregister, (734) 655-1100.

**SIBLING CLASS**

A special night devoted to siblings which will help prepare

them for the arrival of the family's new baby. Class time is two hours and is recommended for children three to eight years of age. Call 458-3330 for Garden City Hospital class dates and registration.

**FITNESS ON THE GO**

A fitness class designed for expectant mothers offered in conjunction with the Wayne-Westland Family Branch of the YMCA. Tuesday sessions featuring land exercise are held in the gymnasium of the Garden City Hospital Health Education Center and Thursday classes feature water exercises at the YMCA. Both sessions start at 7 p.m. and the first class of four weeks start on Feb. 10 and 12 respectively. Register by calling 458-4330.

**WED, FEB. 11**

**ALS CONFERENCE**

Meeting the challenges of caregiving - sharing techniques and wisdom will be the topic of a seminar at the Holiday Inn Southfield Feb. 18 from 8 a.m. to 5 p.m. If you take care of an ALS patient whether you are a spouse, friend, parent or a medical professional - then you are a caregiver. Topics will include: good nutrition, overview of ALS, benefits of home/hospice care, etc. You must register on or before Feb. 11, call 1-800-88-ALS-MI to RSVP. Holiday Inn Southfield is located at 26555 Telegraph Road, Southfield.

**MON, FEB. 9**

**CARBOHYDRATE COUNTING**

Learn how to add more choices to your diabetic meal plan by learning how to count carbohydrates, read food labels and select from restaurant menus. Program begins at 10 a.m. and concludes at 11:30 a.m. Call Mission Health Medical Center - Livonia; 1-800-968-7759.

**TUE, FEB. 10**

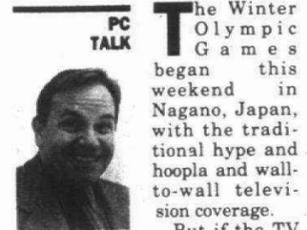
**FACING ALZHEIMERS DISEASE**

St. Mary Hospital in Livonia is presenting a two-part workshop discussing the challenges of Alzheimers Disease on Tue., Feb. 10 and 17 from 7-9 p.m. in the St. Mary auditorium. This is a free workshop but preregistration is required. Call (248) 557-8277. St. Mary Hospital is located on Five Mile and Levan.

**HELP FOR IMPOTENT MEN**

HIM support group: "The psychological Aspects of Sexual Dysfunction at 7 p.m. This program is free. Botsford General Hospital's East Pavilion, conference room 2-B, 28050 Grand River Ave. Novi. Call (248) 477-6100.

**Head to Olympic games via cyberspace**



MIKE WENDLAND

The Winter Olympic Games began this weekend in Nagano, Japan, with the traditional hype and hoopla and wall-to-wall television coverage. But if the TV programming doesn't fit into your schedule, head to cyberspace. There you'll find a growing list of Internet sites devoted to the games. Because the TV coverage is often delayed, in many cases the Internet reporting of various events will be live and current.

For starters, let me steer you towards the Web site maintained by CBS, the official U.S. television network that will cover the Winter Games. The network's Internet site (<http://cbs.sportsline.com/olympics/nagano98/>) carries the latest results, broadcast schedules and news coverage.

Locally, WDIV Online ([www.wdiv.com](http://www.wdiv.com)) will also offer lots of Olympic news. And the Observer newspapers ([www.oeonline.com](http://www.oeonline.com)) will have frequent stories about local con-

nections to the athletes competing so far away in the Japanese Alps.

A must bookmark for Winter Game information is the official site (<http://www.nagano.olympic.org/>) maintained by IBM for the organizing committee. From athlete bios to up-to-date schedules of the latest events, the site is very well laid-out, even offering a free Olympic screensaver that can be downloaded.

It will be interesting, though, to see how IBM does with the Olympic Games site. The computer company failed miserably a few weeks ago with the job of maintaining the Superbowl site. Even before the opening kickoff, the football site was hopelessly jammed.

The faces at Big Blue were Deep Red over that fiasco, so you can only imagine the pressure their Webmasters are under to make this one work.

Before you leave the official Winter Games site, check out the "Olympic Appeal for Peace" during the games. In light of all the tension over Iraq and the talk of imminent military action, that appeal promises to be big news as the showdown with Saddam continues.

Got a favorite Olympic ath-

lete? IBM has also set up a way to send fan mail by e-mail through another site (<http://www.fanmail.olympic.ibm.com/>). You can send messages to individual athletes - many of whom have their own homepages - or to entire teams. IBM promises that all e-mail will be made available to all participants. Many, in fact, have promised to answer fan e-mail as time permits.

The city of Nagano has set up its own site (<http://www.city.nagano.nagano.jp/olympic/index-e.html>). They had some obvious problems translating Japanese into English and there are some strange characters and symbols you'll have to wade through but the site offers up detailed diagrams and pictures of the various event locations.

If you have students at home, perhaps the neatest site I found is the Nagano '98 Kids Info Center (<http://www.2nttca.com:8010/info/nagano/index.html>). Besides the games, kids visiting this site also learn about Japan, the culture and the history of the games. They can also win "cyber medals" by participating in online games patterned after the winter Olympic events.

Ready for some more Winter games sites? Try these:

- Winter Olympics from ESPN's Sportszone (<http://espn.sportszone.com/olympics98/>) - I think they have the best organization and coverage by specific event category.

- The Sports Web (<http://www.sportsworld.com/homeenag.htm>)

- USA Today ([www.usatoday.com](http://www.usatoday.com))
- CNN (<http://cnn.com/olympics/events/1998/nagano/>)

- Nippon Television Network (<http://www.ntv.co.jp/>)

Finally, if you're really a diehard Winter Games fanatic, head to the newsgroups. Check out rec.sports.olympics for discussion, rec.sport.skating.ice, soc.culture.nordic and alt.tv.cports for more spirited and specific online posts.

Mike Wendland covers the Internet for NBC-TV Newschannel stations across the country and can be seen locally on WDIV-TV4, Detroit. His "PC Talk" radio show airs Saturday and Sunday afternoons from 4-6PM on WXYT-Radio AM1270 and he is the author of a series of Internet books, call (888) 222-1866. Reach him through his Web site at <http://www.pcmike.com>

**BUSINESS PROFESSIONALS**

**New employee**

Wes Graff of Livonia, has been hired as director of membership development for the Metropolitan Detroit Convention and Visitors Bureau (MDCVB). Graff will supervise membership recruitment and retention. He was most recently senior director of membership with the Detroit Regional Chamber.

**DADA board of directors**

The Detroit Auto Dealers Association (DADA) elected new officer, Mark J. Snethkamp as vice president. He is president of Bill Snethkamp Chrysler-Plymouth-Jeep/Eagle Inc. in Redford.

Returning as a board member is Walter Norris, president of Livonia Chrysler-Plymouth in Livonia.

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