

Canton Observer

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HomeTown COMMUNICATIONS NETWORK, INC.

Sunday
January 4, 1998

VOLUME 23 NUMBER 51

CANTON, MICHIGAN • 56 PAGES • <http://observer-eccentric.com>

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THE WEEK AHEAD

Pancake breakfast: The VFW Number 6695 Ladies Auxiliary will be hosting an all you can eat pancake breakfast on from 9 a.m. to noon Sunday at 1426 S. Mill St. in Plymouth. The cost is \$3.50.

MONDAY

Local government: The Canton planning commission meets at 7 p.m. in the administration building. Agenda items include a proposed Farmer Jack Supermarket at Canton Center and Cherry Hill.

BPW: The Suburban West BPW is meeting for dinner at 6 p.m. Monday at the Holiday Inn-Livonia on North Laurel Park east of I-275 and north of Six Mile Road. Call Eunice Taylor at (734) 254-9617.

TUESDAY

Chiefs in action: Ann Arbor Huron visits Plymouth Canton High School in a boys' basketball matchup. Game time is 7:30 p.m.

WEDNESDAY

Newcomers: The Canton Newcomers hold their monthly meeting at 7 p.m. in the Hanford Clubhouse. Call 451-5426 for information.

FRIDAY

Gala ball: Canton Community Foundation is hosting its fourth annual Canton Winter Ball at Laurel Manor in Livonia. The evening includes a gourmet dinner, open bar, and live music. Reception begins at 6:30 p.m. dinner at 8 p.m. and dancing at 9 p.m. Attire is semi-formal, tickets are \$60 per person. This is the largest fund-raiser for the foundation. Call (734) 398-5000 for reservations.

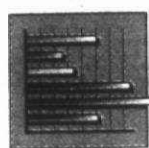
INDEX

■ Obituaries	A3, A4
■ Classified Index	K3
■ Real Estate	G1
■ Crossword	G7
■ Jobs	K1
■ Home & Service	L2
■ Autos	L2
■ Taste	B1
■ Arts & Leisure	D1
■ Sports & Recreation	E1
■ Health News	E5

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DDA chief: No rush for licenses



BY VALERIE OLANDER
STAFF WRITER

A new statewide allotment of Class C liquor licenses hasn't caused a stir among Canton businesses. The township also has seven additional licenses after the recently completed mid-decade census.

Canton Township is in no hurry to dip into a newly created pool of state liquor licenses. Neighboring Plymouth has eight restaurants clamoring to receive one of the 50 Class C licenses set aside for Michigan business within Downtown Development Districts, which meet cer-

tain criteria, such as half of their sales coming from food.

"Up to this point no one has applied for one. As far as I know there's only one that may be interested," said Ralph Shufeldt, Canton's Downtown Development Authority chairman.

Applications by eight new and existing Plymouth businesses became a sore issue when city commissioners consid-

ered ranking the restaurants in the most desired order rather than by first request when making the recommendations to the Liquor Control Commission.

The one business reportedly interested in Canton is the Lai Thai restaurant at Canton Crossings shopping center. The manager of Lai Thai was unavailable for comment.

In addition to the 50 licenses up for grabs statewide, no one has made an application for seven additional liquor licenses made available to Canton from its mid-decade census. One license is granted for every 1,500 people. Cooker's received Canton's last liquor

license last year before the seven additional licenses were issued by the state for its population growth.

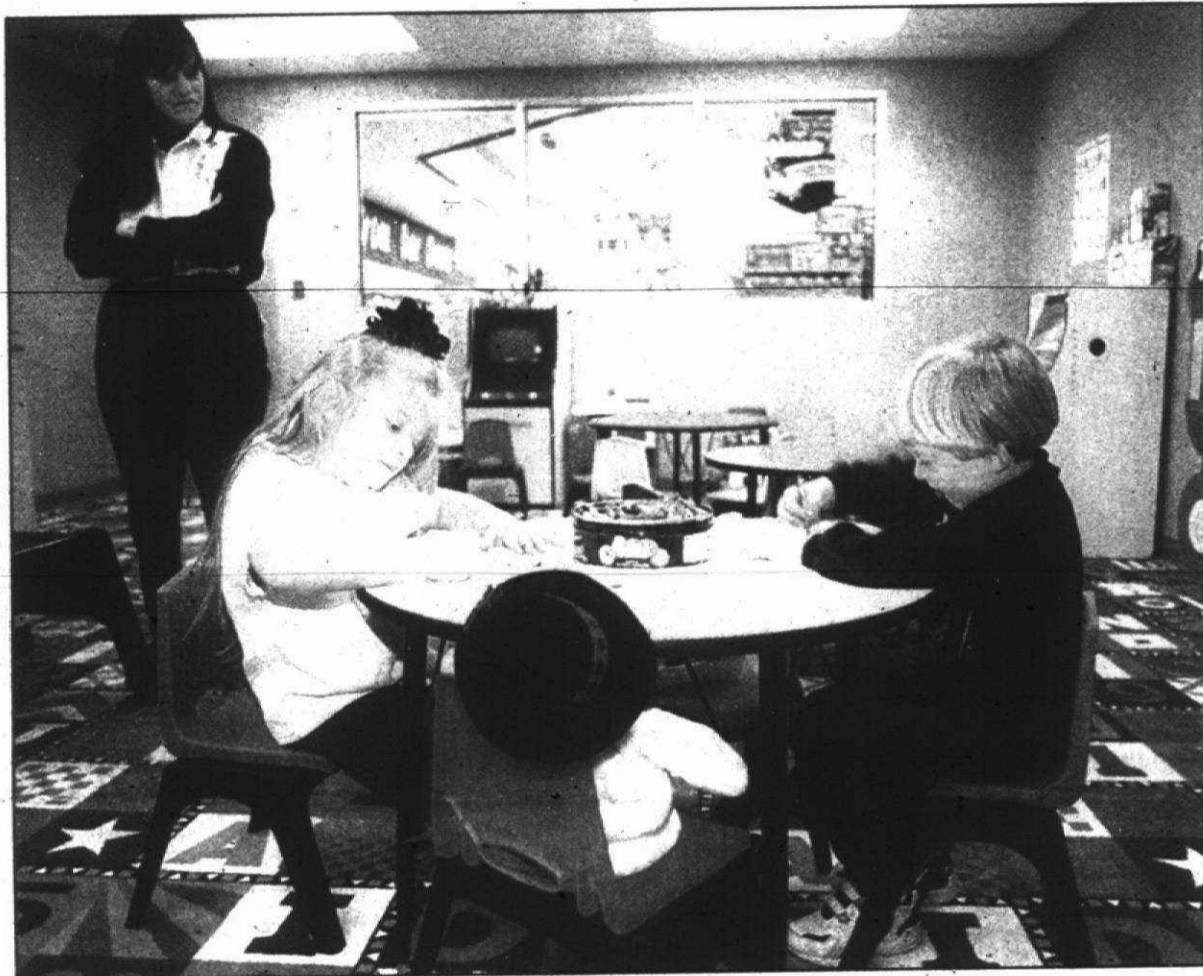
"Smaller restaurants have expressed interest, but the (township) board has taken the position that they would wait and see how development goes," said Terry Bennett, township clerk.

For example, five new hotels are eyeing a location in Canton. Three, including a Marriott Courtyard, have plans for Michigan Avenue near Lotz, and two others are likely to locate at Ford and Lotz roads.

Bennett said new businesses request-

Please see LIQUOR LICENSES, A2

It's shop and drop at new Kroger



STAFF PHOTO BY BILL BRESELER

Out of the aisles: Denise Duff watches over Tiffany and Tate Braboy, who are playing while mom shops.

Store's kid care pleases parents

BY VALERIE OLANDER
STAFF WRITER

When Lisa Braboy of Canton goes grocery shopping, her two young children don't mind going with her.

That's because the new Kroger store on Canton Center Road, just south of Ford, has a free one-hour day care center where Tiffany, 6, and

Tate, 4, can color or play with toys. It beats following around a grocery cart from aisle to aisle in search of bread, milk and the like.

While some parents don't like bringing children with them to the grocery store because of bad behavior, Braboy says her children are very good. They'd just rather play, than shop.

Her oldest son, Theo, 10, would like

to stay in the Kid's Corner playroom as well, but is too old for the service, which is offered for children ages 3-8.

Although only using the service once before, Tiffany and Tate ran immediately to a small table to color as mom signed them in Thursday morning. Parent and child, or children, get matching identification

Please see SUPERMARKET, A3

Pair faces additional robbery charges

BY MATT JACHMAN
STAFF WRITER

Despite some confusion over their identities, two men charged in the Nov. 26 holdup of a Livonia gas station were sent to trial Tuesday.

Detroiters Anthony Leo Smith, 25, and Willie James Carroll, 21, are facing similar charges in a Dec. 15 gas station robbery in Canton.

Smith and Carroll were bound over to Wayne County Circuit Court on armed-robbery charges at a preliminary examination before 16th District Court Judge Kathleen McCann.

Smith faces an additional charge of using a firearm during a felony, and is charged as a habitual offender because of a 1992 drug conviction.

Carroll was originally charged with the firearm violation. But testimony by the manager of the Mobil station on Farmington Road at Six Mile put the gun in Smith's hands during the robbery.

Ali Ahmad Moukalled pointed Smith out in court and said though he had on a hockey mask, he saw Smith's face and could identify him "even if you put him between a hundred persons."

"Maybe he forgot to cover his face," he said later, under cross-examination by Smith's attorney, David Cripps.

However, questioned by Carroll's attorney, Douglas Monds, Moukalled said he had a vision problem in his right eye.

Moukalled, 43, said he was alone in the station at midday on Nov. 26, and working under the counter when he felt something on his head and looked up to see Smith threatening him with a long-barreled gun. Smith used "bad words," Moukalled said, and told him to open the cash register.

At some point, Smith pulled the

Please see ROBBERY, A3

Major events ranged from triumphant to tragic

Editor's note: This is the second of two articles. The first installment ran in Thursday's Observer.

■ YEAR IN REVIEW

From a national archery tournament to the opening of the first new metro Detroit Catholic school in nearly three decades, 1997 was the year of the "Big Event" in Canton.

One of the biggest incidents though, occurred outside the township limits.

But the fire that destroyed the 35th District Court will have a continuing impact on Canton and the other communities served by the court for the next few years. It will take that long to build a new courthouse on the same Plymouth Road site. Meanwhile, court operations are being housed in temporary quarters across the street on property owned by the Unisys Corp.

Following is a look back at some of the top stories during July-December:

July

■ The 35th District Court in Plymouth burns to the ground after vicious thunderstorms snapped an electrical line over the courthouse roof. Fire Chief Larry Groth criticized Detroit Edison: "They did send a supervisor out 1 or 1 1/2 hours after we arrived...He couldn't do anything about the wires across the building."

■ The figures are in and Canton's

population has grown by more than 17 percent, or almost 11,000 residents, since 1990. The township was one of several metro Detroit communities conducting mid-decade census counts. The count, which was budgeted at \$115,000 could bring in several times that in additional state shared revenues for the balance of the decade.

■ Plymouth-Canton Community Schools announces it will create a new program for preschoolers. The program is partly a response to the 4,669 preschool aged children living in Canton.

August

■ The U.S. Archery Association's 113th National Target Championships drew a record 530 competitors to Canton for a week-long tournament in Heritage Park. Despite some organizational problems, the association and the township agree that Canton will host the event for at least one more year. "I think the economic impact on Canton is greater than what people realized. I also think there was some spinoff into Plymouth," said Elaine Kirchgatter, township treasurer and one of the local officials who helped put together the

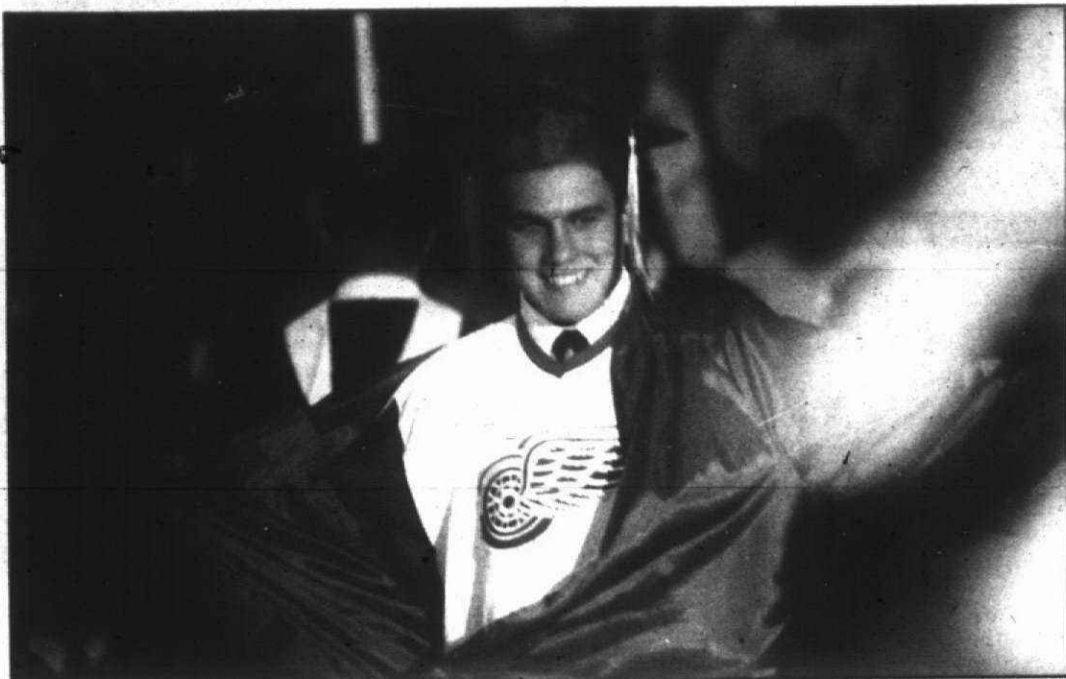
Please see YEAR IN REVIEW, A2



FILE PHOTO



Wins and losses: Jim Nickell of Canton competes during the National Archery Association Championships at Heritage Park in August. At left, firefighters battle the July 2 blaze that leveled the 35th District Court in Plymouth. The court serves Canton as well.



Canton scenes: Plymouth Canton High School senior Andy Jones found two reasons to celebrate last June - his graduation and the Detroit Red Wings' Stanley Cup victory. At right, Mary Hawk planned to appeal the planning commission's denial last April of her request to expand her family's farm market at Ford and Beck Roads. Below, teacher Diane Fonagay helped open classes last August at All Saints Catholic School, the first new school for the Detroit Archdiocese in nearly three decades.



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Year in review from page A1

Wayne County Circuit Court Judge James J. Rashid throws out Jerry Vorva's lawsuit against the March 22 school board election. Vorva promises to appeal and seeks concessions from school officials in return for dropping the suit. The stalemate over voter-approved bonds continues.
All Saints Catholic School, the first new school opened by the Archdiocese in decades, opens its doors.
Former Plymouth-Canton Community Schools Superintendent John "Mike" Hoben dies at 73. "He was a tremendous contributor to our entire area, not only our school system," said current Superintendent Chuck Little.
Charles Fisher posts bond during the middle of the fourth trial for the 1984 murder of his wife, Ella Maria, at their Canton Township home. A hung jury resulted in a mistrial and Fisher pleaded no contest before an unprecedented fifth trial could begin. Fisher was sentenced to 12 years and 8 months in prison, with credit for nearly eight years served so far.
Two DDA bond issues totaling \$5 million would ease travel on Ford Road. The bond issues, if approved, would pay for construction of access drives, lighting and burial of some utilities and would be paid back over 20 years through DDA tax revenues.
Sales are down at businesses that line Michigan Avenue due to the ongoing road work. "We're down about 40 percent in gas and the Hostess and Frito Lays sales are down by about 20 percent," said Michael Farmer, store manager for the Clark station at Canton Center.
Henry Ford Health Systems announces new facilities for Canton and Plymouth.
Canton could land as many as five new hotels in the near future. Developers are looking at sites along Ford Road and Michigan Avenue as the business corridors expand.
The township board approves a \$113,000 overhaul of its chambers to improve cable television coverage of meetings.
A third gun-related incident in a Canton mobile home park leaves a Livonia man injured. The victim was reportedly shot after visiting a female resident he met over the Internet. Police arrest two suspects.
Smith, Carroll and the third man, Sherron Franklin, 21, were charged in the Canton holdup. They were sent to trial in circuit court after waiving a Dec. 26 preliminary examination in 35th District Court.

Liquor licenses from page A1

Two businesses that have liquor licenses in escrow, but have yet to open their doors are the Happy Days restaurant on Michigan Avenue and the Mesquite steakhouse (formerly Misty Duck).
state, a business would have to make an application to Canton's DDA board, which would make a recommendation to Canton's Board of Trustees. The township board recommendation would be passed on to the state Liquor Control Commission, which has final authority.
LCC officials were unavailable for comment, however, Bennett said she was told several weeks ago that four of the 50 licenses have been granted so far statewide.
It is unclear as to when applications must be sent to the LCC. Originally, the deadline was said to be Dec. 31, although there have been reports to the contrary, Bennett said.
Legislators sought creation of the new liquor licenses in 1996 for developing downtowns. Backers claimed restaurants stimulate general business growth.
Canton's DDA recently extended its boundaries to stretch along Ford Road from the Westland line to west of Canton Center, encompassing an 853-acre area.
To comment via E-mail: newsroom@econline.com. If your comments are intended for publication, please include your name and telephone number.
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Smith, Carroll and the third man, Sherron Franklin, 21, were charged in the Canton holdup. They were sent to trial in circuit court after waiving a Dec. 26 preliminary examination in 35th District Court.
Crippls protested. "When I cross-examined the complainant, I was not cross-examining as to the commission of a felony firearm," he said.
Crippls and Monds argued against the bind-orders on the grounds that the arresting officers had not had grounds to stop the Aerostar.
That a blue van was seen in the vicinity prior to the Dec. 10 Livonia robbery is not articulable suspicion that this vehicle should be pulled over," Crippls said.
No one has been charged in the Dec. 10 holdup, which occurred at a Clark station on Eight Mile and Merriman.
Smith is free on bond, while Carroll was still in custody Tuesday.

Robbery from page A1
goalie-face mask down to cover his face better, Moukalled said. The other man also wore a mask, he said.
He could not identify Carroll as a participant. "I am not sure, because I didn't see his face," he said.
After the robbers took about \$800, Moukalled said, Smith took him to a back room and made him lie down. He put a hand truck on him and some empty pop cases on top of it, and told him not to move for a few minutes or he would be shot, Moukalled said.
Testifying next was Brian Kahn, one of two Livonia Police Department officers who arrested Smith, Carroll and a third man just before 1 a.m. Dec. 16, about an hour after a gas station in Canton Township was robbed by two masked men, one of whom carried a sawed-off shotgun.
Kahn said he knew of the Canton holdup — and that another officer had seen a blue van in the area of a Livonia gas station that was robbed in the same manner on Dec. 10 — when he saw the van with three men in it on westbound Six Mile. He followed it and watched as it sat near a pay phone, outside the same Mobil station that was robbed Nov. 26, for a few minutes, he said.
The van continued west, with Kahn following, he said. Another officer, Brian Duffy, pulled it over near I-275, Kahn said. Kahn backed up Duffy.
With the driver, whom Kahn identified as Carroll, out of the van, Duffy asked him if there were any weapons in it, Kahn said. Carroll said there were, Kahn said.
When the back-seat passenger was getting out of the van, a goalie mask was visible inside, Kahn said. Next to it officers found a sawed-off sluggun, he said.
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Police: Woman unhurt in reported abduction

A 22-year-old Canton woman reported being abducted by her boyfriend for three days.
The victim told police the boyfriend stopped at her home Dec. 26 and asked to speak to her outside. Once outside, he pushed her into his car and took her to his apartment, where he allegedly held her against her will until Dec. 29.
She had broken up with the 24-year-old Canton man two weeks prior to the alleged abduction.
The woman was not physically injured, police said. The suspect also was accused of taking a \$200 necklace that she was wearing at the time of the abduction. The necklace had been given to her by a new boyfriend.

Bomb threat
Police were called to Steel Technologies, 5501 Belleville Road, at 9:25 p.m. Dec. 30 on a report of a bomb threat.
A male caller told a night supervisor: "There's a bomb in the building. You better get the... out of there, man."
The building was evacuated as police investigated the threat. The night manager told police that the caller may have been one of their own workers because several wanted to get off of work early because of the holidays.
The night manager sent the employees home early following the bogus threat.
Fire
A small fire was reported at a home on the 44000 block of

Malicious destruction
Approximately \$800 in damage was reported to a 1996 Honda Accord, caused when someone ripped off the car's spoiler and stole it.
The incident occurred sometime Christmas eve night or early Christmas morning on the 5900 block of Sandhurst.
Stolen car
A 1989 Pontiac Grand Prix was stolen from 51000 block of Mott sometime between 4-7 p.m. Dec. 24. The owner told police he returned from a shopping trip and noticed the car gone from in front of his home.
A 1990 Ford Mustang was stolen from Canton Gardens Apartment complex sometime between 5:45 - 8:40 a.m. Dec. 29.
The car was last seen when his girlfriend left for work in the morning. The owner of the car told police he was about to make the last month's payment on the car.
Break-in
A home on the 44000 block of Westminister in the Sheldon and Ford road area was broken into sometime between 3:40 p.m. Dec. 22 and 4:30 p.m. Dec. 25.
The home was ransacked and Christmas presents were ripped open by the thief. Jewelry, amounting to \$675, was reported stolen.
The culprit cut a screen at rear bathroom window to gain entry, police said.

Supermarket from page A1

'It's a wonderful opportunity for parents whose children want everything they see on the shelves.'
Amanda Rice
-day care worker
anyone," said Rice, a senior at Eastern Michigan University studying elementary education.
All employees in Kroger's Kid's Corner go through a background check and are trained in CPR and other first aid techniques, she said. Of the three other employees in the playroom, one is also attending EMU studying to be a teacher, another has a degree in child psychology and five children, and the third just loves kids.
Kroger has been implementing the new service in several of its stores over the past year, said

store manager Tom Lazorka. About five stores have a Kid's Corner, including two in Ann Arbor and one in Redford. The Canton store opened Dec. 7 and had 73 visitors to the playroom that day, according to Rice.
"We do this at select stores based on the area demographics and size of the store," said Lazorka. "It's a wonderful opportunity for parents whose children want everything they see on the shelves."
So far, 400 people have registered for the service. The first 1,000 will get a T-shirt, coloring book and crayons, said Rice. Registering involves filling out an application with basic information, including medical backgrounds. The children can stay immediately.
It's open from 10 a.m. to 8 p.m. To comment via e-mail: newsroom@econline.com. If your comments are intended for publication, please include your name and telephone number.

Chocolate for a cause

At fund-raiser: Carole and Tom Yoder of Canton attended the recent Chocolate Jubilee fund-raiser for the Alzheimer's Association. The annual event raised some \$350,000 for support and education services to Alzheimer's patients and their families in Wayne, Oakland and Macomb Counties.

Robbery from page A1

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Taste

Keely Wygonik, Editor 313-953-2105 on the web: <http://observer-eccentric.com>

FOCUS ON WINE



RAY & ELEANOR HEALD

Read label fine print to know quality

What makes a \$50 merlot that much better than a \$10 merlot? The grape is the same, so how can you judge quality? According to Agustin Huneeus, president of Napa Valley's Franciscan Estate Selections, you can best judge wine quality by "the place where the grapes were grown."

For the past few years, California wineries have operated with short supplies of grapes and wine. This was caused by low crop yields and replanting due to phylloxera, the vine-planting disease that attacks the roots. In the same period, consumer demand for wine has grown, due in part, to reports about health benefits associated with wine consumption.

With the large 1997 harvest in California and new vineyards bearing

fruit, projections indicate the supply of wine will double by year 2000. What worries Huneeus is that a large part of the increase

will come from California's hot, high-yielding Central Valley. He's also concerned about the number of wines labeled chardonnay and merlot from places such as Australia, Chile, Argentina, France and even Bulgaria. This surge of imported wines increased 35 percent in 1997 due to California's short supply, growing market demand and a worldwide wine glut.

How can premium producers combat this double edged sword? By emphasizing where the wine was grown.

Place is everything

"Since ancient times, wine's hierarchy and pricing has been related to its place of origin," Huneeus explained. "What sets apart a \$10 cabernet sauvignon from a \$50 wine, both from a quality standpoint and in the



Wine Picks

In Wine Picks, we try to guide you to the best wines that have most recently entered the market. We judge wines based on quality within their price range. We do not offer extensive notes because, as people, we are not genetically equipped to smell and taste the exact same things. But we all recognize quality and it originates in special places.

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consumer's mind? Simply, it's the place where the grapes were grown. By putting emphasis on varietal (grape name) rather than appellation (place), the California wine industry has left the door open to the dragons. The use of varietal as a point of distinction, without due importance given to appellation, can be used by any winery anywhere in the world."

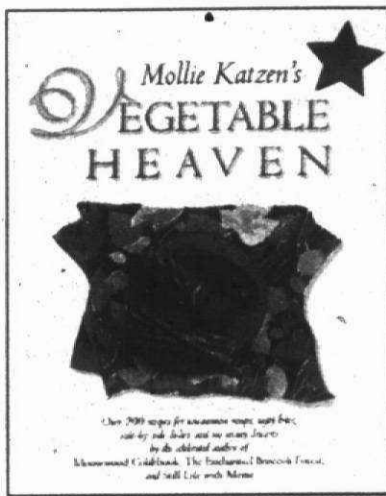
Using chardonnay as an example Huneeus explains that California developed a special style that producers around the world copied and then used to enter the lucrative American market. He warns that it is now happening with merlot.

Please see WINE, B2

LOOKING AHEAD

What to watch for in Taste next week:

- 2 Unique
- Main Dish Miracle



DINNER WILL BE HEAVEN IF YOU PLAN AHEAD

STORY BY KEELY WYGONIK



Good cooks are good planners. "Take time once a week and sit down with your cookbooks," said Mollie Katzen best known as the author of "Moosewood Cookbook." "Pick out three or four things. Make a list, and get the groceries."

The time to think about food is not on your way home from work, but when you're not busy. "People make time to jog, but not cook," said Katzen who helped mainstream vegetarian cuisine in 1977 with her "Moosewood Cookbook," which was revised in 1992. "Plan to cook, and write down what you like in a book. You can make sauces and soup one week ahead, cut up vegetables the night before."

Katzen's goal is to make good food accessible to people, not complicated, joyful and good, so "they'll want to do it again."

Her newest book, "Mollie Katzen's Vegetable Heaven: Over 200 recipes for uncommon soups, tasty bites, side-by-side dishes, and too many desserts," (Hyperion, \$27.50) is a companion text to "Mollie Katzen's Cooking Show 200: Vegetable Heaven," which airs on public television nationwide. The series features 26 menus created from recipes found in her newest book. Locally, WTVS Channel 56 is considering it for their lineup, but has not scheduled it yet. The series started in October; check your cable listing for out-of-town public TV stations which might feature Katzen's show, and stay tuned for an update from WTVS.

"It's really a cooking class," she said in an interview during a recent visit to metro Detroit.



TERENCE MCCARTHY

Author: Mollie Katzen shows readers that vegetables can really taste heavenly in her newest cookbook, "Mollie Katzen's Vegetable Heaven."

"I can't stand it when there's dead time. I talk about the origins of onions, and give people a lot of information about why I do what I do. I hope to teach people how to cook the way everyone is telling them to eat, to fit food into their lifestyle, that's beautiful and delicious."

Besides being a cook and writer, Katzen is a pianist and artist. She studied at the Eastman School of Music, Cornell University, and San Francisco Art Institute where she earned a fine arts degree with honors in painting.

This book, like others that preceded it, "The Enchanted Broccoli Forest," (1982), "Still Life with Menu" (1988), and "Pretend Soup and Other Real Recipes: A Cookbook for Preschoolers and Up" (1994) is beautifully illustrated with 55 of her vibrant paintings of vegetables, herbs and fruits and appetizing still-life paintings with culinary themes. Cooking tips and suggestions for hard-to-find ingredient substitutions accompany each recipe.

"I find that most of my readers don't identify

themselves as strict vegetarians," said Katzen. "Forget the labels. Most people just want to eat good food, some with meat, some without. I have tried to keep time, cost, and labor to a minimum without compromising the quality and novelty of the results. I know that many of us are seeking simple pleasures, attempting to live well within our means and the constraints of our daily lives."

Married, and the mother of a son and daughter, Katzen knows it's difficult to please everyone. "Pizza is a really good way to make dinner for a family where everyone wants something different," she said. "Everyone can customize the toppings."

Katzen suggests keeping a supply of pizza dough in the freezer, and a few topping ingredients such as canned artichoke hearts, grated Parmesan or pecorino cheese, and ripe tomato slices on hand. "Take the container out of the freezer before you go to work, and it will be ready to roll, so to speak, when you get home."

Please see HEAVEN, B2

Diet rich in fiber, fruits, veggies won't tip the scale

LIVING BETTER SENSIBLY



BEVERLY PRICE

There is no time like the present to consider getting off that 1,200 calorie, low-fat diet, eat sensibly, lose weight, and still enjoy what you're eating. Consider the following types of foods you should never eat when planning your New Year's Resolutions:

- A diet too low in fat - The problem with very low-fat diets is they stimulate sugar cravings. Many of my clients were overdosing on refined carbohydrates such as white rolls, white rice, noodles, snack crackers, fat-free cookies, and candy, particularly jelly beans and licorice. This led them to an overconsumption of calories, and therefore, weight gain.
- Your body has a built-in sensor that knows what kinds of nutrients you are eating. When you feed your body natural, wholesome foods, its needs are satisfied. When you feed your body candy, processed foods, and fat-free junk, it doesn't sense any nutrients coming in. It then urges you to continue eating. Eating a high refined carbohydrate

diet stimulates your body to produce insulin which in turn activates your fat storage mechanism. Eating a moderate amount of fat can alter this mechanism causing you to consume more calories for energy. Also, consuming whole grains in place of the refined variety creates a feeling of fullness and satiety which helps you to consume less calories. In addition, with very low-fat diets, you may not be eating enough fat to absorb fat-soluble vitamins such as A, D and E.

- Fat-free cookies - If you take a look at the ingredients on most brands of fat-free cookies, they are loaded with sugar, filled with preservatives and chemicals, and contain small amounts of hydrogenated fats, which are detrimental to you. Most of all, they lack fiber so you have no sense of fullness when you're eating them. You may rationalize that you can eat two, fat-free 50 calorie cookies in place of a 100 calorie apple, but you will end up eating more cookies in the long run, which adds up to extra calories.

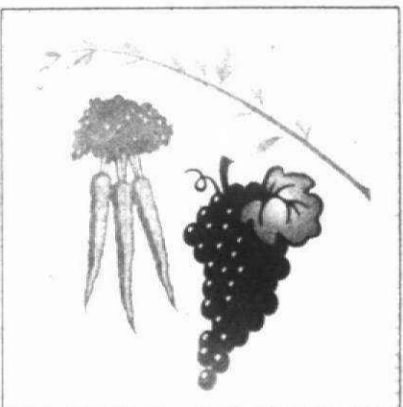
Nutrition Secret: If you want a treat, look for whole grain, fruit juice sweetened, high fiber snacks made by Health Valley or Auburn Farms. They are tasty and filling. Your best bet is to

grab fruit (fresh or dried) or raw vegetables as an in between meal snack. It's almost impossible for fruit and vegetable calories to turn into fat. If everyone ate the recommend five or more servings of fruits and vegetables, the overall cancer incidence rates could decline by 20 percent.

- Traditional pasta dishes - Many people think they are eating healthy when they are actually harming themselves by eating traditional pasta dishes made with white flour noodles. In the refining process, 23 different nutrients, including fiber, are stripped away with only four added back (this is called enriched). In addition, the lack of fiber in white pasta makes it hard to tell when you're full, so you just keep eating until you have consumed too many calories. Just one cup of cooked pasta contains about 200 calories, and those can add up fast.

Nutrition Secret: Try a nutritious and tasty pasta dish made with buckwheat pasta. The whole grain pasta will fill you up quickly.

- Big bagels and other breads - Many bagels weigh six ounces and contain approximately 480 calories, and that's with nothing on them! There is very little nutritional value in most



bagels as they are made with white flour. They contain no fat, which is why people are flocking to bagel stores.

Nutrition Secret: Look for 100 percent whole grain bagels, and small bagels, which are whole grain as well.

- Chicken and fish - Eating chicken and fish instead of meat isn't as good for you as you think. Many people switch to these when trying to lower their cholesterol only to find little or no change in their blood values and weight. Another problem is that all animal protein, including chicken and fish, causes calcium loss, which increases your risk of osteoporosis.

Please see DIET, B2

Carrots bring color and flavor to every meal

Carrots are a valuable source of a wide variety of substances in foods called carotenoids with exotic names like cryptoxanthin and zeaxanthin. Carotenoids provide a wealth of health benefits, including protection from the damages of free radicals that have been linked to cancer. As antioxidants, they can help fight cancers of the bladder, larynx, esophagus, stomach, colon/rectum and prostate.

For carrots with the best nutrition, look for bright, even orange color and smooth skin. Avoid limp carrots. Select medium-sized, tapered carrots, which are sweeter and more flavorful than small ones, and more tender than larger, more mature carrots. Clip off any greens before storing, since they can sap moisture. Storing carrots in a perforated plastic bag in your crisper drawer will help them stay crunchy for several weeks.

Carrots are delicious served raw in salads or as crudites for dips, but winter is the perfect time to use them in warming, vegetable soups. Add chopped onion, celery, garlic, green beans and carrots to de-fatted chicken stock and simmer until the vegetables are tender. Season the mixture with salt, pepper, nutmeg, parsley and dill. Mix in spinach, peas and mushrooms and cook a few minutes more. For a richer-tasting thicker texture, puree all or part of the soup and heat through before serving.

Carrots can bring color and flavor to every part of a meal. When an eye-catching starter is needed, make a colorful carrot puree filling for zucchini boats, made by cutting cooked zucchini in half length-wise and removing the seed-filled centers to form a boat-shaped shell. As a savory side dish for baked fish or grilled chicken, pair sliced carrots with turnip cubes, sliced celery, chopped garlic and onion. Simmer the vegetables, covered, in chicken stock until they are tender. Uncover the pan and cook until the liquid is reduced to a glaze before serving.

Chinese stir-fries would be lackluster without the colorful crunch of carrots. Combined with chopped onion, broccoli florets, mushrooms and black beans, seasoned with a soy garlic-ginger cooking sauce, and served over steamed brown rice, they make a satisfying and nutritious meatless entree. Ginger-Roasted Carrots is a full-flavored dish that complements the lighter flavor of poultry and fish.

GINGER-ROASTED CARROTS

2 teaspoons maple syrup
1 teaspoon sesame oil
1/2 teaspoon freshly grated ginger
Dash of hot pepper sauce
1/2 pound eggplant, cut into slices or chunks

1 medium onion, quartered
1 medium tomato, quartered
1/4 pound mushrooms
2 large carrots, cut into thick diagonal slices

Preheat the oven to 425°F. In a large bowl, stir together maple syrup, sesame oil, ginger and red pepper sauce. Toss the vegetables with the ginger mixture, coating them evenly. Arrange the vegetables in a baking dish coated with non-stick cooking spray, pouring any remaining marinade over them.

Bake 30-35 minutes, until all the vegetables are browned and tender. You may wish to sear them briefly under the broiler to intensify their color. Serve immediately.

Each of the 4 servings contains 73 calories and 1 gram of fat.

Recipe and information from the American Institute for Cancer Research.



AMERICAN INSTITUTE FOR CANCER RESEARCH

Full-flavored dish: Pair Savory Ginger-Roasted Carrots with poultry or fish.

Low-fat dishes great way to start a healthy new year

See related story on Taste front.

Join Nanette Cameron of Living Better Sensibly for a variety of vegetarian cooking classes offered throughout winter. Classes include information, tasting and recipes. Call (248) 539-9424 for registration information as space is limited. Check out our web site 222.nutritionsecrets.com

SPINACH DIP

1 package frozen chopped spinach thawed and drained well
1/2 cup chopped water chestnuts
1 cup non-dairy sour cream
1 cup low-fat non-dairy mayonnaise
1 package Lipton vegetable soup mix
1 round rye bread loaf

Combine ingredients and mix well. Chill for at least 2 hours. Cut out the center of a round rye bread loaf. Take the center piece of bread and cut it into cubes.

Fill the hollowed out bread bowl with the dip. Use the cubed pieces of bread as the garnish and serve together. Serves 56 (1 tablespoon each)

Per serving: 86 calories; 3g fat; 0g protein; 14g carbohydrate; 0mg cholesterol; 33mg sodium; 0g fiber.

BUCKWHEAT AND BLACK BEAN SALAD

8 ounces buckwheat pasta
1/2 cup balsamic vinegar
1/4 cup olive oil
1/4 teaspoon salt
1/2 teaspoon pepper
1/2 teaspoon garlic powder
1 1/2 cups cooked black beans or 1 (14 ounce) can black beans, drained
1 large red pepper, cut into chunks
6 to 12 black olives pitted and thinly sliced
1 tablespoon drained and minced capers
1/4 cup chopped parsley

Cook and drain pasta according to package directions. Plunge into cold water to stop cooking.

To make dressing: In a small bowl combine balsamic vinegar, oil, salt, pepper and garlic powder. Whisk well.

In a large bowl mix pasta, black beans, red pepper, black olives and capers. Pour dressing over pasta

and vegetables, and toss well. Garnish with fresh parsley. Serves 4.

Per serving: 416 calories; 12g fat; 14g protein; 63g carbohydrate; 0mg cholesterol; 495mg sodium; 8g fiber.

CANDY CARROTS

1 pound small baby carrots, cut in half
1/3 cup unsweetened apple juice concentrate, thawed
1 teaspoon ground cinnamon

Combine carrots and apple juice in a large saucepan and stir well. Bring to a simmer, cover and cook over moderate heat for 15 to 20 minutes, until carrots are tender-crisp. Add cinnamon and cook for an additional 5 minutes. Serves 6.

Per serving: 39 calories; 0g fat; 1g protein; 9g carbohydrate; 0mg cholesterol; 26mg sodium; 3g fiber.

STUFFED MANICOTTI

Sauce
4 cups no salt added tomato sauce
1 teaspoon garlic powder
2 teaspoons basil
2 teaspoons oregano
Filling
1 (10.5 ounce) package firm tofu, drained
1/2 cup grated soy mozzarella cheese
1/2 cup green onion, chopped
2 teaspoons basil, crushed
1/2 cup parsley, finely chopped
4 manicotti shells or 12 jumbo shell macaroni (4 ounces dry weight)

Combine the first 4 ingredients; set aside. In a small bowl, crumble tofu with a fork. Add mozzarella cheese, onion, remaining basil and oregano and parsley. Mix thoroughly. Gently stuff mixture into partially cooked manicotti shells (shell should be firm).

Spray a small casserole dish with nonstick cooking spray. Place half of the tomato-herb sauce in the dish. Spread evenly. Place stuffed shells on sauce. Pour remaining sauce over the shells. Bake 30 minutes at 350°F. Serves 4.

Per serving: 23 calories; 6g fat; 14g protein; 30g carbohydrate; 4mg cholesterol; 23mg sodium; 2g fiber.



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ARTISTIC EXPRESSIONS



LINDA ANN CHOMIN

Traders Pow Wow to form gallery

"We're still here" is a favorite saying at the North American Indian Art Gallery and Trade Center. In fact, that's the premise behind the Dec. 16 opening of the business led by the Woodland Indians Trading Company — to let the public know that North American Indians are alive and making art.

Thanks to a group of traders (Karen Rossi, an Ojibwa living in Redford; Joyce Tinkham, an Ann Arbor artist, Nisga'a Indian and owner of Trillium Treasures in Dixboro; Andrea White (Ojibwa) and husband Truman (Oneida) owners of Turtle Island Living Art; Ruth Maracle (Mohawk), Ga-Weh-Ni'You Gallery, and Cherokee photographer S. Kay Young, art works by tribes ranging from Apache to Seneca and Potawatomi are for sale in the gallery.

Woodland Indians Trading Company board president Geo Fuhst (Ojibwa), one of the guiding forces behind the first metropolitan Detroit outlet for North American Indian art, crafts and trade goods along with board vice president Adrienne Brant James (Mohawk), invites the public to visit the gallery.

"There's a big interest already in Native American art work," said Fuhst, a Redford Union Schools board member. "We have a good mix of traditional and contemporary. If they come in, they may learn some new information. We're not just all feathers and horses. We're still around and we're here."

Located on Telegraph, north of Six Mile Road, the gallery offers authentic beaded works, drums (from handheld to Pow Wow size), paintings, soapstone carvings, medicine wheels, kachina dolls, music, books, dream-catchers, pipestone pipes, ceramics and photography.

If you're looking for information on genealogy or a book on Indian Cooking, or "The Birds of Algonquin Legend," you're sure to find it here. If not, the staff will track it down for you.

Opportunities for artists
"I think, the thing about Indian art is it's so culturally based; it comes out of our history," said James. "We opened the art gallery to try to provide opportunities for our people to make their work available. I want to

North American Indian Art Gallery and Trade Center
What: A gallery and gift shop featuring paintings, jewelry, pottery, and a variety of crafts created primarily by Woodland Indians.
Where: 17321 Telegraph, north of Six Mile, Suite 207.
Hours: Presently by appointment only. Call (313) 535-7602 or reach them at their Web site: <http://www.indian-world.org>

Please see EXPRESSIONS, D2



S. KAY YOUNG

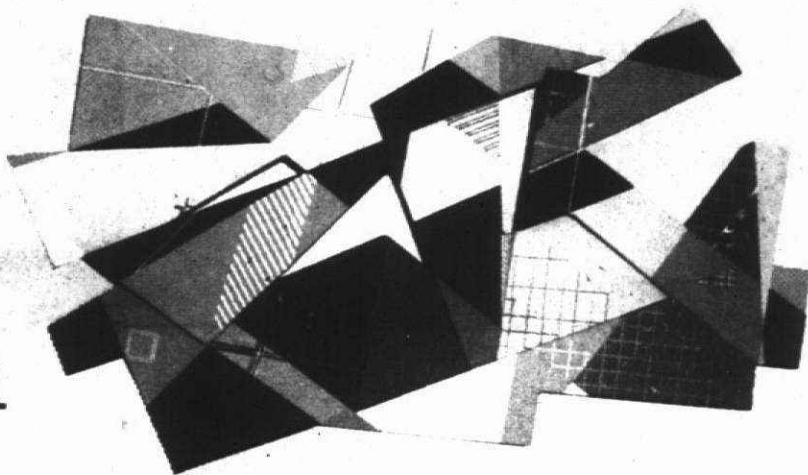
Native art: The North American Indian Art Gallery spotlights a variety of items including images by Cherokee photographer S. Kay Young, an instructor at the Turtle Island Learning Circle in Redford.



STAFF PHOTO BY BRYAN MITCHELL

Colorful vision: Harold Linton of Farmington Hills, an internationally renowned colorist, seeks to increase awareness of how the application of color can enhance perception.

Artist colors our world with many hues



Engaging: Linton's fine art paintings, such as "Out in the Light," are distinguished by highly animated color schemes.

BY FRANK PROVENZANO
STAFF WRITER

The natural light in Harold Linton's Farmington Hills studio streams through the skylights and into a monochromatic work space.

There's no semblance of a trendy avocado hue or warm harvest gold. Just a few soft blue and violet splashes from a series of abstract watercolor paintings tacked to a white wall.

For a painter and color theorist whose advice on color schemes is sought internationally by architects and designers, Linton's studio is conspicuously without much pigmentation.

Similar to his decisively Piet Mondrian-like abstract paintings, Linton's neatly organized studio reflects a disciplined approach to illuminating a somewhat obscure field of study — color design.

Blessed with equal parts fine artist and methodical academician, Linton has both an aesthetic sensibility and practical explanation about those stimuli that make the optic nerve throb with pleasure.

"My goal is to define (the application of color) as a profession," said Linton, chair of the Department of Art and Design at Lawrence Tech University in Southfield. "I'm trying to build awareness of color and how it relates to perception and optical art."

For the last 15 years, Linton has written and published extensively — arguably, more than anyone — about the effect of color relationships on retail, design and architecture.

As proven by da Vinci, Rembrandt, Velazquez, Van Dyck and later by the Impressionists, capturing the subtleties of light illuminates and enhances the essence of a subject.

Linton puts it more directly: "Color is the subtext of life."

As the wheel turns

After his presentation at the first international conference on color education three years ago, Linton was invited to establish the first master's degree program for colorists in Europe at the University of Art and Design in Helsinki. Last year, Linton spent on sabbatical in Finland to initiate the program.

Besides teaching at Lawrence Tech, he's currently finishing his eighth book, "Color in Architecture: Design Methods for Buildings, Interiors and Urban Space," to be published next year by McGraw Hill.

Linton's other books include color forecasting for the design industry, a survey of color design in marketing and the use of color in three-dimensional design.

From computer-generated color schemes, to new palettes being created by the European fashion industry, Linton justifies and forecasts the colors used by marketers, interior designers, architects, graphic designers and product designers.

Hardly coincidental, the increased fascination over the last 40 years with color design emerged along with abstract painting, advertising and niche marketing.

"We're more sophisticated," said Linton. "To get our attention, more complicated hues and nuances of color have been created. You see it in automobile systems from year to year."

The breakthrough research on

the subject can be found in Josef Albers' 1960 classic, "Interaction of Color."

Albers is credited as laying a visual framework for color design, according to Linton. Investigating how light affects the perception of seeing, Albers examined the effects triggered by optical elements.

Until Albers, the field of color theory was largely shaped by da Vinci's proclamation there were only six simple colors, and Sir Isaac Newton's notion of seven hues corresponding with the tones in the harmonic scale.

To some, color theorizing may seem superficial, but the proper color design can lead to significant breakthroughs.

For instance, by changing the color scheme in industrial environments in post World War II factories, one of the first color gurus, Faber Birren, helped to reduce accident rates while increasing productivity.

Nancy Kwallek, chair of the division of interior design at the University of Texas, has contributed to changes in office-interior design.

Please see ARTIST, D2

MUSIC

Israel Philharmonic is heart of nation's culture

BY HUGH GALLAGHER
STAFF WRITER

For violist Yuri Gandelman it was an easy decision to leave his native Russia and emigrate to Israel in 1990.

"When I emigrated I was a principal with the Moscow Chamber Orchestra. But Israel is the country of my family. I think I have to live here," he said. "And the orchestra is so wonderful."

The "orchestra" is the Israel Philharmonic, which brings its January tour of the United States to Ann Arbor's Hill Auditorium Jan. 10 under the direction of Zubin Mehta. It is part of the University Musical Society series.

Gandelman is one of a long line of Russian emigres

to take positions in the IPO.

"This is one of the biggest parts of the orchestra, something like 30 percent," said Gandelman by phone from his home in Tel Aviv. "Some people came in the '70s, some in the '80s and some in the '90s, really three generations. There are a lot of good musicians who have achieved important positions, first chair positions."

The IPO began as the Palestine Orchestra in 1936, 12 years before Israel became a nation.

Arturo Toscanini led the first concert of an orchestra composed of first chair musicians from Germany and Eastern Europe, who had lost their positions due to Nazism.

Please see PHILHARMONIC, D2



JACOB AVIRAM

Dedicated maestro: Zubin Mehta has led the Israel Philharmonic through some of the most turbulent history of recent times.

TRAVEL

Take vacation without leaving home on luxury ship

BY HUGH GALLAGHER
STAFF WRITER

Dennis Wolf, president of Hall & Hunter Realtors of Bloomfield Hills, is well acquainted with the first law of real estate.

"When you think about real estate, you think location, location, location," Wolf said. "You can't think of anything better than a condo that becomes part of the most charming and historical cities in the world."

Imagine if your home traveled and you went along for the ride. The "location" would be anywhere in the world where things were happening - Mardi Gras in Rio, Olympics in Sydney, the running of the bulls in Spain, America's Cup in Auckland.

That's the concept behind the World of ResidenSea, a cruise ship with all the comforts of home, at least the home of any upstanding multi-millionaire. This is not your typical closet-sized cruise cabin. These are luxury condominiums ranging from about 1,100 square feet up to 2,152 square feet (and more if you combine units).

Hall & Hunter is acting as metro Detroit marketing agent for Christie's Great Estates, a division of the famous Christie's Auction House.

"The idea was born by ship architects Petter Yran and Bjorn Strobraaten and shipbuilder Knut Kloster in Norway," Wolf said.

The proposed ship, which recently got the go-ahead to begin construction, will be about

1,000 feet long with 250 private residences and 180 guest suites (also bigger than the typical cruise cabin at 215 to 484 square feet).

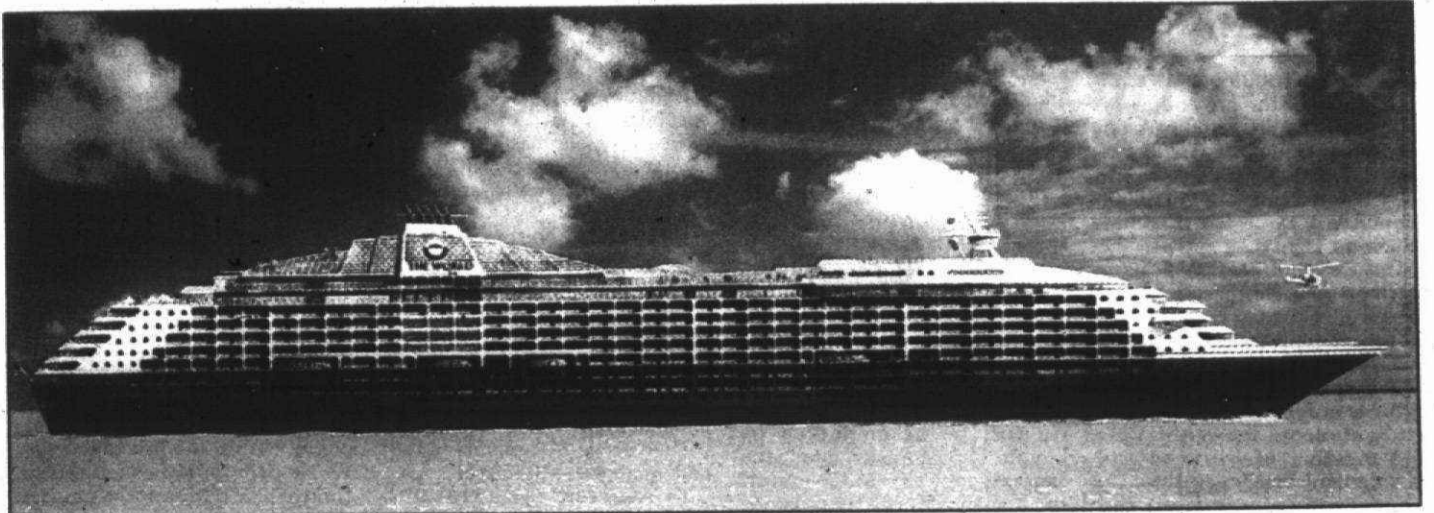
"Each unit will be fully furnished and the owner would be able to bring in his own designer and decorator at this stage," Wolf said. "The furniture, a sound system, all kitchen equipment, televisions in each bedroom, a balcony overlooking the sea are all provided. The smallest units start at \$1.2 million and they're already sold out."

The largest, three-bedroom units go for as high as \$5.3 million. The builders have already received more than \$100 million in commitments and sales.

To qualify for ownership you must show a net worth of \$5 million. It costs \$5,000 just to fill out a reservation form. And all deals are cash.

"It's meant to be a second home to take the place of those other second, third and fourth homes the wealthy have," Wolf said. "The makeup of the residents will be 40 percent American, 40 percent European and 20 percent from other parts of the world."

Technically, the units are not condominiums, in which a buyer purchases the space within the walls of a property, but, according to Wolf, you purchase the right to use the space. In addition to the purchase price you pay a maintenance fee similar to that at a condominium development. The fees will range from



Home afloat: The World at ResidenSea is a more than a cruise ship, it's really a floating city with luxury apartments.

\$61,500 to \$241,300 annually. The fee covers ship operating expenses (including salaries for the 450 staff members), daily maid service, port charges, dry docking and maintenance. On the plus side, there are no real estate taxes, property insurance (the ship is insured), club dues or utility payments.

Of course, you could live aboard all year long if that's your choice or you could rent out your unit for part of the year, or allow the ship's concierge to rent it for you. Then when the ship is going somewhere you want to go,

you can meet up with it and take up residence again.

The ResidenSea offers the usual amenities found on a luxury cruise ship including swimming pools, a health club, seven restaurants, a gallery of lounges and bars, a casino, a 300-seat theater/cinema, a nine hole putting course and a golf simulator, a library, an art museum with exhibits from around the world and a business center so that executives can keep in touch with their businesses while on the high sea.

"The offices will have the latest technology," Wolf said. "And guest suites will be available for rental as offices."

The ship also provides such practical services as a beauty salon and a hospital.

The lounges and theater will feature operas and live cabaret style entertainment. Also historians, naturalists (such as Jean Michel Cousteau) and other specialists will provide seminars before each port stop.

The itinerary for the first three years has been set by the builders; after that the owners will decide together where the ship will go.

"The ship will be circumnavigating the world once a year, hitting the high spots such as the Olympics in 2000 and Carnival in Rio, all the major events of the world," Wolf said.

The builders expect to have the ship completed by early or mid 2000, though they had hoped to complete it by the end of 1999.

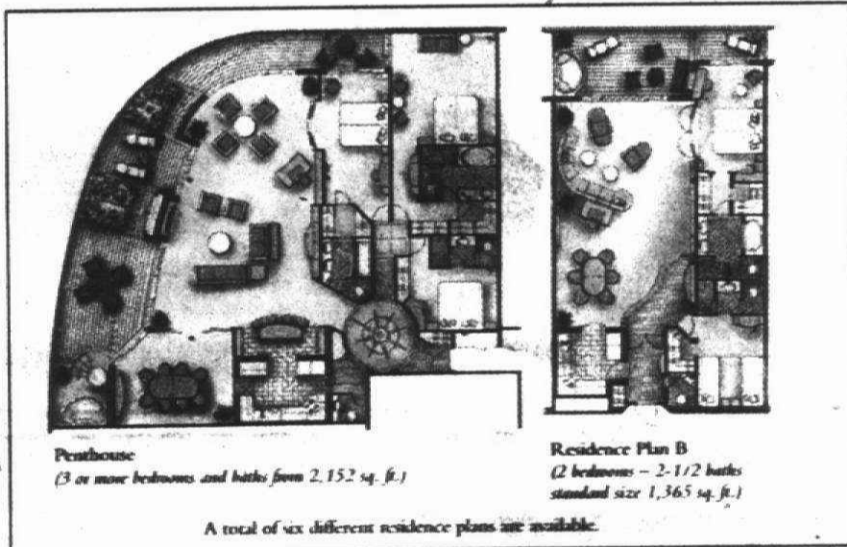
Planned stops the first year, in

addition to Sydney, include the Cannes Film Festival in France, Sri Lanka, the Great Barrier Reef, Easter Island and the Caribbean in December. Unlike a typical cruise ship which pulls into a port for an 8-10 hour stay, the ResidenSea will stay a minimum of two days and up to three weeks for major events such as the Olympics.

Wolf said he has sent out mailings to 250 people believed to have the finances to afford a residence. He said he has received several inquiries, including from two corporations with an interest in purchasing for corporate use.

Anyone wanting more information can contact Wolf at Hall & Hunter, 1(800)390-RELO or (248)647-8100.

Comfort at sea: Here are two of the ship's residence floor plans. The 2,152-square-foot, three-bedroom penthouse is at left; a 1,365-square-foot, two-bedroom unit at right.



GREAT ESCAPES

Great Escapes features various travel news items. Send news leads to Hugh Gallagher, assistant managing editor, Observer & Eccentric Newspapers Inc., 36251 Schoolcraft, Livonia, MI 48150, or fax them to (313) 591-7279.

CROSS COUNTRY SKI GUIDE

The "Cross Country Ski the Lakeshore Guide" for Holland and Grand Haven is now available. The guide provides information on cross country skiing in the Ottawa County, Grand Haven and Holland area. The brochure features a descriptive guide to 12 cross country ski areas, an Ottawa County map showing ski areas, a trail map and information on Pigeon Creek Park, an accommodations guide, a snow condition hot line and information on ski equipment rentals. To receive a copy, call (800)506-1299 or e-mail at info@holland.org or write to Ottawa County Tourism Council, 76 E. Eighth St., Holland, MI 49423.

HAWAIIAN GARDEN LECTURE

Matthaei Botanical Gardens's Art of Living with Nature luncheon and lecture series continues with the second offering on at noon Thursday, Jan. 15. Dr. David Michener will present "The Other Michener's Hawaii: Private Gardens of Island Paradise." The luncheon will feature genuine Hawaiian fare prepared by Chef Jeff Hannah. Seating is limited and early registration is required.

Tickets for the lecture and luncheon are \$30 per person, \$25 for Members of the Friends of Matthaei Botanical Gardens. To register, call (313)998-7061.

Matthaei Botanical Gardens is at 1800 North Dixboro Road, Ann Arbor.

VEGAS TALK

Travel writer Mary Quinley will speak on "Las Vegas: What's Beyond the Casino Walls," 10

a.m. Monday, Jan. 5, at the Alfred Noble Library in Livonia. For information, call the library at (313)421-6600.

WINTER ELVIS FESTIVAL

Huntsville, Ontario, is holding its first Canadian Winter Elvis Festival, Jan. 8-11.

The festival will feature Elvis impersonators, a traveling Elvis museum, and an "Elvis on Snow" parade.

Canadian Pacific's Deerhurst Resort will be transformed into the Heartbreak Hotel during the festival and will be the center of activity. The indoor pavilion will be headquarters for the Elvis Fan Club, house the museums and memorabilia displays and will hold the "Night of Champions" show and dance on Jan. 9 featuring guest impersonators. The hotel is offering a special overnight package starting at \$218 Canadian.

For more information on the Winter Elvis Festival package, call 1-705-789-6411.

ITALY TOUR

Carlson Wagonlit Travel in Plymouth is sponsoring a tour of Italy which will include a viewing of the Shroud of Turin and a Papal audience in Rome, May 24 to June 4. David Guerin will host.

The tour will include stops in Milan, Turin, Venice, Florence, Bologna, Pisa and Rome.

The tour is priced at \$2,995 per person and include roundtrip airfare from Detroit, land transportation on motorcoach, transfers, accommodations in 4-star hotels, continental breakfast each day, a lunch and seven dinners, city tours, insurance, entrance fees and hotel and airport taxes.

For more information, call (313)455-5810.

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Sports & Recreation

The Observer

INSIDE:
The week ahead, E2
Canton volleyball, E3

C/P Page 1, Section E
Sunday, January 4, 1998

C.J. Risak, Editor 313-953-2108

on the web: <http://observer-eccentric.com>

OBSERVER SPORTS SCENE

Floor Hockey

A youth floor hockey skills clinic will be held at Canton's Summit Park beginning Jan. 26. The clinics will be from 4 to 5:50 p.m. at the community center Jan. 26, 27 and 28. Games will be played on Saturdays. Boys and girls in grades one through five are eligible. There is a \$35 fee per child. Canton Parks and recreation, in conjunction with the Wayne-Westland YMCA, is sponsoring the clinics and games. There will be six skill clinics and five games. Emphasis is placed on participation and fun. Registration is Jan. 8 from 6 to 8 p.m. at the Canton Parks and Recreation office, 46000 Summit Parkway.

Whalers' Notes

Plymouth Whalers' forward Jesse Boulter scored a goal in Team USA's 4-1 victory over Switzerland Dec. 30 at the World Junior Championships in Finland.

Boulter opened scoring in the game with a goal at 16:42 of the first period. Michigan State's Mike York added a pair of goals for the Americans.

Team USA finished the tournament's preliminary round with a 2-2 record, which was good enough to qualify for the quarterfinals round.

Besides Boulter, the American team features four other Whalers: goalie Robert Esche, forward David Legwand, defenseman Paul Wara and Nikos Tselios.

Motorsports Expo '98

Appearances by NASCAR Winston Cup drivers Mark Martin and Kyle Petty, along with drag racing stand-out Shirley Muldowney, will be the top attractions at the Motorsports Expo '98 Friday and Saturday at the Novi Expo Center, located at I-96 and Novi Road (Exit 162).

Hours are from 10 a.m. to 9 p.m. Saturday and noon-5 p.m. Sunday. The fan fair includes all forms of motor racing, with famous vehicles and corporate displays in the 106,000 square feet of space. In addition, a major collectibles area will offer sales of unique die cast vehicles, posters, wearables, books, photos and driver memorabilia.

Tickets are \$5, which includes entrance to show and free admission to museum. Proceeds will benefit the non-profit Motorsports Hall of Fame.

Also scheduled to appear are Mike McLaughlin (Busch Grand National), Ron Capps (NHRA Funny Car), Jay Springsteen and Scott Parker (AMA), Bob Keselowski (NASCAR SuperTruck), Mark Weber and Mark Tate (Miss Bud hydroplane) and Paul Gentilozzi (SCCA Trans-Am).

Among the other attractions are Cyber Sweepstakes, with grand prize package of premium tickets to the 1998 Hall of Fame Induction ceremony, including complimentary limousine service and formalwear; live radio control racing competition; Micro-Reality racing; four-lane slot car racing, and prize giveaway "treasure hunt" to facilitate show traffic.

For exhibitor or sponsorship information, call (248) 349-RACE.

Soccer Refs

New soccer referee training will be held from 9 a.m. to 1 p.m. on Feb. 7, 14, 21 and March 7 at Canton Township Hall. Those interested in becoming a soccer referee must attend all four sessions.

You must be at least 12-years-old to take this class. To register, send your name, social security number and a check for \$43 made payable to the Michigan Referee Committee to: P.O. Box 700260, Plymouth, MI, 48170-0945.

For further information, call (313) 454-7335. Class size is limited.

Racquetball League

A men's winter racquetball league will begin Jan. 14 at Body Rocks-Racquetball in Livonia. Players will be divided into divisions based upon ability level. Registration is under way and the cost is \$100 per person. Canton Parks and Recreation is sponsoring the league. Players can register at the Canton parks and rec office located at 46000 Summit Parkway.

Anyone interested in submitting items to Sports Scene may send them to sports editor C.J. Risak, 36251 Schoolcraft, Livonia, MI, 48150, or fax them to (313)591-7279.

Salem wins Grosse Ile tourney; Canton falls



Christmas break.

"Anytime you can play a game it's a bonus," he commented. "It keeps morale up and the players sharp."

Salem improved to 3-2 with a pair of wins in the

The Michigan Wolverines weren't the only team in blue to win a championship this week.

Plymouth Salem captured the Grosse Ile Tournament title Monday by crushing the host Red Devils 75-51. Coach Bob Brodie was happy with the win and a chance for his team to play over the long

tournament.

The Rocks dominated from the opening tip in Monday's championship. Salem led 20-13 by the end of the first period and took an 18-point advantage into halftime.

Grosse Ile simply couldn't handle the Rocks' up-tempo, pressure-defense style.

"We were able to rotate players early," said Brodie. "We didn't use a lot of our (starting) lineup."

Andy Power led the Rocks with 19 points while Aaron Rypkowski, a junior forward, added 11.

Salem downed Allen Park Cabrini 66-40 in the tournament opener on Dec. 27.

The Rocks led by seven after one quarter and went ahead 28-12 at the half. Brodie said his team was in control the entire way.

"We went out and took care of business," he added. "Despite the early lead, Salem wasn't particularly sharp in the opening minutes."

"Both teams were sloppy early," Brodie said. "But as the game progressed, we got better and better."

Nine players scored for Salem. Jeff McKian led the way with 15 points and Power added 13.

The Rocks return to action Tuesday at Milan then kick off the Western Lakes Activities Association sea-

Please see HOOPS, E2

Abraham heads to Holy Cross

Salem star going east to play basketball

BY SCOTT DANIEL
STAFF WRITER

One of the best athletes in Plymouth Salem history is moving on.

Two-sport star Amanda Abraham will attend Holy Cross University in the fall and play basketball. The 6-foot 2-inch senior will give up volleyball after the current high school season to concentrate on hoops.

"It would be really hard to play two sports," Abraham said. "But I'm going to miss volleyball a lot."

According to Salem volleyball coach Brian Gilles, she's talented enough to do just about anything she wants.

"I think Amanda could've played Division I in either sport," he commented. "She's a very smart volleyball player."

Abraham received a full ride scholarship to attend Holy Cross. The "Crusaders" compete against schools such as Boston College and Colgate in the Patriot Conference.

"I'm excited to go on to the next level," said Amanda.

She chose Holy Cross, which is located just outside of Boston, because of its strong academic record, among other reasons. She said she also liked the campus and the basketball team's head coach.

"They have a very competitive program," Abraham said.

Several other schools showed interest. Central Michigan, Ohio University and Bowling Green were among Abraham's suitors.

Besides her athletic abilities, Abraham is also gifted in the classroom. She carries a grade point average of 3.8 on a 4.0 scale.

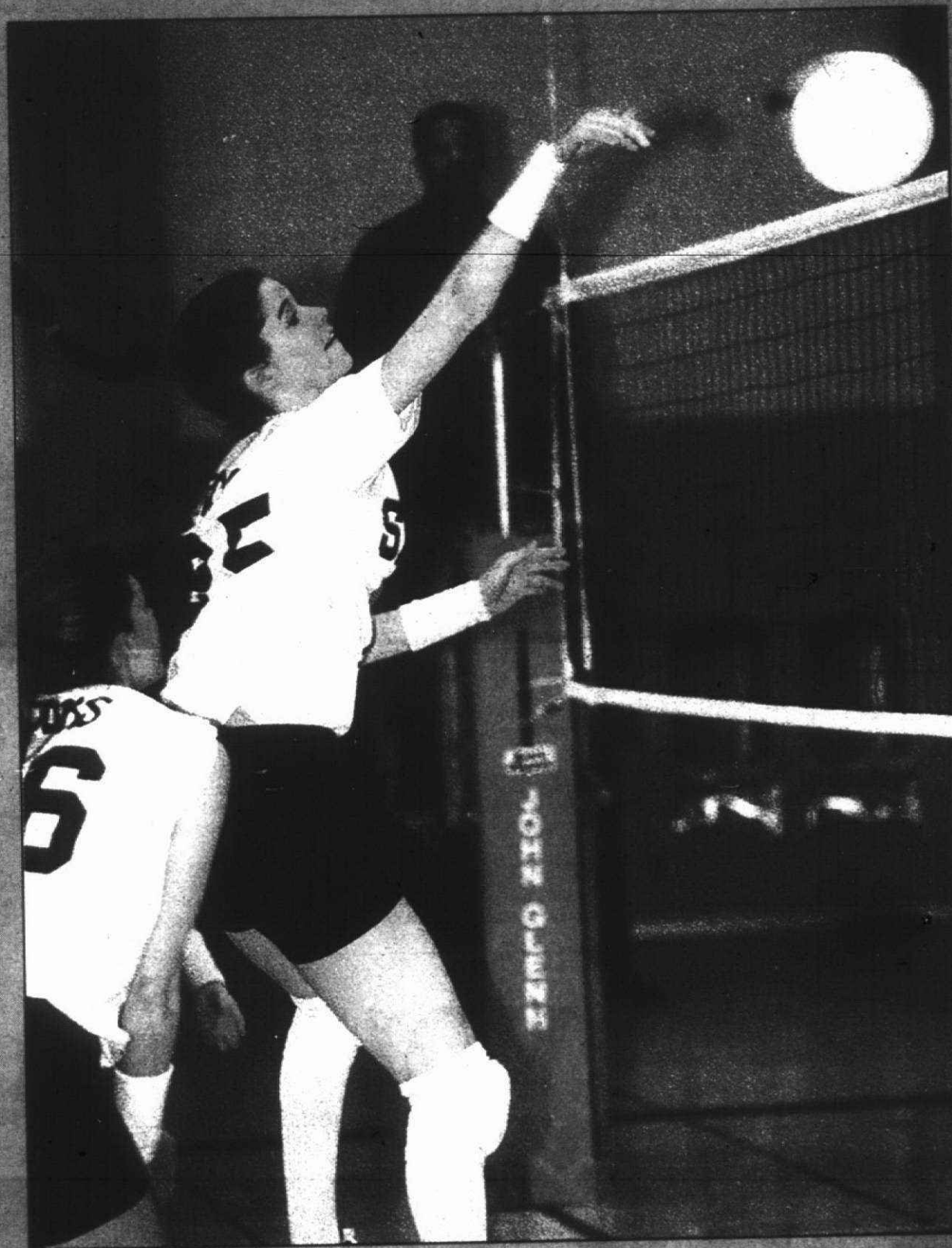
Abraham is considering a major in accounting.

"I'm kind of undecided," she said.

Before she turns all of her energies on college, she still has a Salem volleyball season to focus on. Amanda believes it will be a good one, too.

"I think we'll have a lot of success," she said. "I think this is one

Please see ABRAHAM, E3



STAFF PHOTO BY TOM HANLEY

College-bound: Amanda Abraham will attend Holy Cross University in the fall on a basketball scholarship. She will likely give up volleyball, a sport she earned all-league honors in last year.

Rising Star?

Livonia product Sauk aims for pro grid career

BY STEVE KOWALSKI
STAFF WRITER

Growing up in Livonia, Matt Sauk lived next door to Greg Haeger, a former star pitcher for the Detroit Catholic Central and University of Michigan baseball teams.

Haeger taught Sauk some of the finer points of throwing, but perhaps more importantly, put the fear of God in him.

Haeger played football, basketball and baseball at CC and later pitched in the Detroit Tigers organization. He is now the baseball coach at Madonna University.

But few knew of his passion for hockey better than Sauk.

Haeger looked like Steve Yzerman shooting pucks at the pint-sized Sauk years ago in their neighborhood near

Stevenson High School.

Think Sauk appreciates that now, just finishing a standout career as a quarterback at Utah State where he had to set up in the pocket and elude 300 pound defensive linemen?

A piece of cake compared to some of Haeger's blasts.

"Greg always knew something about something in all the sports," recalled Sauk, over the phone from his parents home in Mission Viejo, Calif. "He'd always play with me. We'd throw the football, he taught me how to throw a curve ball. He'd take slap shots at me in hockey."

Haeger must have been aiming at

the five hole, because Sauk's right arm is not only still intact but as strong as any quarterback's in the land.

That's including Tennessee's Peyton Manning and Washington State's Ryan Leaf.

Sauk's pro prospects are considerably lower because he stands only 6-foot-1 and 215 pounds and his mobility is questioned.

But watch him throw a football nearly 80 yards and with accuracy.

"People look at me and don't see the quarterback in me," Sauk said. "They think I'm a linebacker."

About his speed, Sauk says "It's all right. It gets me around."

Enough to finish 18th in the NCAA in total offense as a senior after finishing 14th in 1996 despite making only seven starts.

A junior college transfer from Orange Coast Junior College near Los Angeles, Sauk was a second-team All Big West choice and finished his career fifth on the USU career passing list with 5,385 yards.

He had three 300-plus yard games as a senior, completing 190 of 378 passes for 2,896 yards with 16 touchdowns and 10 interceptions in the regular season.

Sauk ended on a disappointing note, completing 12 of 30 passes with three interceptions in a 35-19 loss to Cincinnati in the Humanitarian Bowl last Monday in Boise, Idaho.

The game was on ESPN 2, which allowed some of his friends and relatives he left behind in Michigan to watch. An old friend from Livonia, Joe

Please see SAUK, E5

