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Canton Observer

Volume 13 Number 44

Monday, December 21, 1987

Canton, Michigan

52 Pages

Twenty-five cents

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The Canton Connection

TOP CHORDS: Earlier this month 12 students from the CEP vocal music department, who had been accepted into the Michigan School Vocal Association Regional Honors Choir, spent the day in Royal Oak Kimball High in competition for the State Honors Choir.

Seven pieces of choral music had been learned and memorized by these students in preparation for the audition. When it was all over, the following students were notified of their acceptance into the State Honors Choir: Joan Zaretti, a junior at Plymouth Salem High who sings with the CEP Concert Choir; Amy Pennington, a junior at Salem who sings with the Madrigal Singers; Andreas Grubert, a senior at Salem who sings with the CEP Concert Choir; and Michael Kavalhuna, a senior at Plymouth Canton High who is a member of the CEP Concert Choir.

The honors choir consists of the 100 best choral singers in the state, chosen on the basis of vocal tone quality, pitch and rhythmic accuracy, sight-reading and musicianship. The State Honors Choir will perform Saturday, Jan. 23, in Hill Auditorium in Ann Arbor. The concert is free and open to the public.

TOYS FOR TOTS: Henderson Glass, at Joy and Canton Center Roads, again this year is participating in the annual Marine Corps Toys for Tots program by being a drop-off point for donations. Residents are encouraged to donate new, unopened toys.

KETTLE VOLUNTEERS: For years the red kettles and bellringers of the Salvation Army have been a visible part of the Christmas season. The kettle effort raises funds for Salvation Army projects throughout the year. But the Salvation Army needs volunteers to ring bells at the red kettles at shopping centers throughout Canton through Christmas Eve. Anyone who can volunteer may call the Salvation Army at 453-5464.

COMMANDING CLASS: Canton Police sergeants Laura Golles and Robin Cripe completed command officers training school conducted by Northwestern University and held at Eastern Michigan University. The one-year program required one week each month of extensive training in dealing with typical situations a command officer would encounter. Canton Public Safety director John Santomaro's objective is to send every Canton command officer to this training course, said Dave Boljesic, Canton Police information officer. The officers will be sent in pairs.

EXPLORERS EXPLORE: Youths from Plymouth Canton High, Wayne Memorial, John Glen, Divine Child, Romulus and Inkster are participating in Ann Arbor Hospital's Career Exploring Program. Boy Scout Explorer Troop 1877 consists of 52 students who meet once every two weeks, beginning in September and ending in March. The Explorers experience hands-on experience in 12 departments of the hospital to gain knowledge and exposure to various health careers. In the laboratory the students test blood samples and in the operating room learn to set up the instruments for an operation.

Board seeks to fill trustee vacancy

By Diane Gale
staff writer

Canton Trustee Steve Larson's resignation Wednesday starts the countdown for finding a resident to serve the rest of his term — a move that's entangled in a lot of political controversy.

The remaining six trustees have 45 days to fill the position. If they fail to elicit four votes for one candidate the governor will call a special election.

The winner would serve the few months that would by that time remain in Larson's term, which expires November 1988.

HIRING SOMEONE to fill the newly created superintendent position is closely tied to re-

placing Larson.

Trustees voted 4-3 to hire a superintendent to handle virtually all of the responsibilities now held by the supervisor.

Trustees Larson, John Preniczky, Loren Bennett and Bob Padgett, who proposed the change, voted in favor of hiring a superintendent and Supervisor James Poole, treasurer Gerald Brown and clerk Linda Chuhuran voted against.

At the time trustees also voted to slash to part time the clerk's and treasurer's posts. However, those changes have since taken a back seat. This issue could be used as a bargaining chip for a fourth vote on filling Larson's seat and/or approving a superintendent candidate.

Candidates for Larson's post likely will be

quizzed about their stands on the superintendent issue. Without a compromise a deadlock vote is inevitable.

Tuesday's board meeting — 7 p.m. at township hall — is the earliest trustees can nominate a replacement for Larson for a board vote.

"I would think you would want to post that the vacancy exists," said Chris Thomas, state director of elections. "I know of no real set procedures demanding they get nominations but the more open they are the better."

Chuhuran said: "I don't think we are going to be able to agree but stranger things have happened. I think we should advertise and say there's a vacancy. Let's put it out to the general populous so they can put in applications, and we can see who we've got."

MEANWHILE, THE three-member superintendent selection committee — composed of Padgett and residents Phil LaJoy and Tom Yack — have narrowed the field to two candidates.

"I don't think we could extend an offer to one until we have four votes," Padgett said.

Copies of Larson's resignation were submitted to Chuhuran and Poole Dec. 15.

In part it said: "I wish to extend my appreciation to the citizens of Canton Township for allowing me to serve on the board, the employees of the township for the support and assistance and finally my fellow board members — both past and present — that I have had the privilege to serve with."

Larson moved out of Canton to live in his new house in Hamburg Township.

Saloon may lose license

Board approves inquiry

By M.B. Dillon
staff writer

If Plymouth Township Police Chief Carl Berry gets his way, the Plymouthrock Saloon will lose its liquor license.

Berry asked the township board Tuesday night to authorize an investigation to determine whether sufficient evidence exists to warrant revocation of the bar's license.

His proposal passed unanimously. The Plymouthrock was fined \$600 and found guilty last month of selling alcohol to a minor and of allowing a minor to consume alcohol.

THE CHARGES stemmed from the death of Dorcas Ruth Aumann, 67, of Canton Township. Aumann was killed the night of Dec. 13, 1986, when the car in which she was riding was struck head-on by a car driven

by Yvonne Hillier of Westland.

Hillier, then 20, was driving on the wrong side of Joy near I-275 after leaving the Plymouthrock, a bar on General Drive at Joy in Plymouth Township. It was dark, and her car's headlights were off.

Hillier's blood alcohol level was .20, Michigan State Police lab results showed. In Michigan a blood alcohol level of .10 is legally impaired.

Plymouthrock was fined \$200 in November 1985 for selling alcohol to minors. Other charges have been filed and dropped since the bar was licensed in 1981.

The bar, owned by Var-Ken Co. which is owned by Donald Vargo and Peter Eleferio, is frequented by workers from neighboring factories, warehouses and light industrial businesses.

TOWNSHIP OFFICIALS wasted no time in acting on the board's authorization.

"Special counsel has been assigned, and we're in the process of compiling information to see if there's sufficient grounds to revoke the license," Berry said.

The township and Liquor Control Commission have joint authority to

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Drug task force has big agenda

By M.B. Dillon
staff writer

Seventy percent of high school seniors in the United States drink alcoholic beverages. Of that amount, 40 percent drink regularly, according to the Institute for Social Research at the University of Michigan.

The belief that "this area is no different than anywhere in the country" prompted a group of police chiefs, clergy, attorneys, teachers, librarians and parents to form the Plymouth-Canton Community Task Force on Substance Abuse in 1985.

The task force has sponsored edu-

cational programs for parents and has sent professionals to workshops on recognizing and dealing with substance abuse in adolescents.

DESPITE THE GOOD the group has accomplished, "there's no light at the end of the tunnel," said Jean Sebestyen-Tabor, task force chairwoman.

"There probably will remain a need for the group to continue. While we hope we can have some impact on the problem, I don't think it will be solved once and for all in the future."

"When we start looking at mari-

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BILL BRESLER/staff photographer

Heralding the season

Jan Harwood, cantor at Our Lady of Good Counsel Catholic Church in Plymouth, sings "Gesu Bambino" by Pietro Yan. Harwood performed Thursday as part of an Advent series of musical presentations at Good Counsel to herald the coming of Christmas. Thursday's midday concert was attended by

pupils from Our Lady of Good Counsel School. This year's Advent series featured music from many countries, with the use of handbells, the choir, organ and solos. Five of the church's choirs were featured in Sunday's concert.

Pact negotiators to be paid

They won't be going back to the bargaining table until the summer of 1990, but when they do, the management negotiating team for Wayne-Westland Community Schools will be paid for its work.

The school board last week unanimously approved paying its negotiators for the extra work required in future contract negotiations.

Negotiating team members representing the Wayne Westland Teachers Association are reimbursed by the union, said William Reece, union president.

Specifics regarding the amount of compensation for management representatives will be determined after the negotiations in question have concluded, according to Tom Svitkovich, associate superintendent for

communication and finance.

"How much compensation offered would depend on the length of negotiations and other intricacies," Svitkovich said.

He said the idea for the stipend surfaced following the contract negotiations last September, which included many late-night and weekend sessions.

A SECOND general policy approved by board members will pave the way for the district to establish employee guidelines regarding public health in the area of communicable diseases.

The new policy directs the superintendent and/or his designee to "implement rules and regulations to promote optimum public health

standards" throughout the district.

The directive matches the district's public health policy covering students.

In other action last week, the school board:

- Approved a list of 101 people who will be election workers for the special Jan. 22 vote on a proposed \$12.9 million bond issue. The bonds would pay for building repairs and improvements.

- Approved a one-year leave of absence for Joanne Long, home economics teacher at Adams Junior High School. Long, who was named Michigan Home Economics Teacher of the Year recently, will spend a year as a home economics consultant for the state Department of Education in Lansing.

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Inquiry to revoke bar license begins

Continued from Page 1

revoke liquor licenses. The licensee must be given due process — a hearing at which he can present "witnesses and evidence and cross-examine the witnesses appearing on behalf of the township," said Daniel Sparks, LCC director of executive services.

"If the township is convinced it should go ahead, it has to pass a resolution requesting the commission to revoke the license."

Canton Observer

663-670

Published every Monday and Thursday by Observer & Eccentric Newspapers, 36251 Schoolcraft, Livonia, MI 48150. Third-class postage paid at Livonia, MI 48151. Address all mail (subscriptions, change of address, Form 3509) to P.O. Box 2428, Livonia, MI 48151. Telephone 591-0500.

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THE OWNER of Plymouthrock thinks the township's move is unfair. "I don't know how they did it without contacting us," said Eleferio, a former race car driver.

"It seems like that's against the law if we're not there to tell our side."

Plymouthrock was charged with 12 counts by the LCC after Aumann's death. But LCC commissioner Alex Laggis dropped 10 of them when Hillier, who was subpoenaed in August, failed to show at the hearing.

Hillier, sentenced to five to 15 years imprisonment for manslaughter, is in prison. No arrangements were made for Hillier to be transported to the hearing in Lincoln Park. Nor did LCC prosecuting attorney Richard Rubin take Hillier's deposition.

Plymouth Township police said they would have offered to transport Hillier to the hearing had they realized her services were needed.

The LCC didn't know Hillier was in jail until the day of the proceeding, said Verna Foote, LCC supervisor of hearings and appeals.

SPARKS SAID Plymouth Township's chances of success are enhanced because it has — unlike some municipalities — an ordinance dealing with liquor license renewals and revocation.

The township could hit a snag, though, because the law lists conditions for renewal but not revocation. Sparks said cases like this usually end up in circuit court.

Foote said Hillier's mother has called the LCC, upset because the

bar's license hasn't been revoked. "Her mom is very upset because Var-Ken (which owns Plymouthrock) didn't lose its license. Her daughter is incarcerated, and she's paying the price," Foote said.

"It's hard. People think we can just go out and grab a license. Complaints and violations have to be submitted to us."

As to why Hillier wasn't present at the hearing, or her testimony obtained before the hearing, Sparks said: "I don't know what to tell you about that."

"There wasn't much more" for Rubin to do after the LCC commissioner denied his request to adjourn the hearing so that Hillier's deposition could be taken, he said.

"This was an administrative hearing, not a court case. Rules, procedures and so forth are involved," Sparks said.

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Help wanted



Virginia Kocik sorts sweaters in the Plymouth-Canton Clothing Bank at Central Middle School.



Gil Camp arrives with a donation of clothing, accepted by Pam Lyle. The clothing bank also needs cash donations.

Local district clothing bank keeps busy

If you've got new or used clothing to spare, the clothing bank for Plymouth-Canton can use your help.

The clothing bank is housed in a portable classroom at Central Middle School in Plymouth. Donations of new and used clothing are accepted; cash donations also are needed.

"This year, we've noticed quite a

large increase in the number of people coming to us," said Virginia Kocik, director of the clothing bank. There was a slack period a couple of years ago.

Residents can visit the clothing bank twice a year to select clothing for the coming seasons, she said. Records are kept of who receives

what, to guarantee that there's enough clothing to go around.

The clothing bank has been operating for more than 10 years, Kocik said. It was started by Flossie Tonda when she served on the Plymouth-Canton Board of Education.

THE LOCAL school system pays the utility bills and helps with accepting donations at the warehouse for people who can't visit during clothing bank hours.

The clothing bank is open from 9:30 a.m. to noon Tuesdays and Thursdays.

Those who are eligible to use the clothing bank are residents of the Plymouth-Canton Community Schools area. Kocik advised calling first to set up an appointment. For more information, call 451-6673 during clothing bank hours.

"It's strictly clothing," Kocik said. Clothing is available for infants through adults, including men and women. Most of the clothing is for school-age children and teenagers.

Cash donations are welcome, she said. The clothing bank receives some cash donations from school PTOs; cash is used to buy new shoes, socks and underwear.

"Kids go through things so quickly," Kocik said. "Pants for elementary pupils are particularly needed, she said."

"We always need those because these children seem to wear those out."

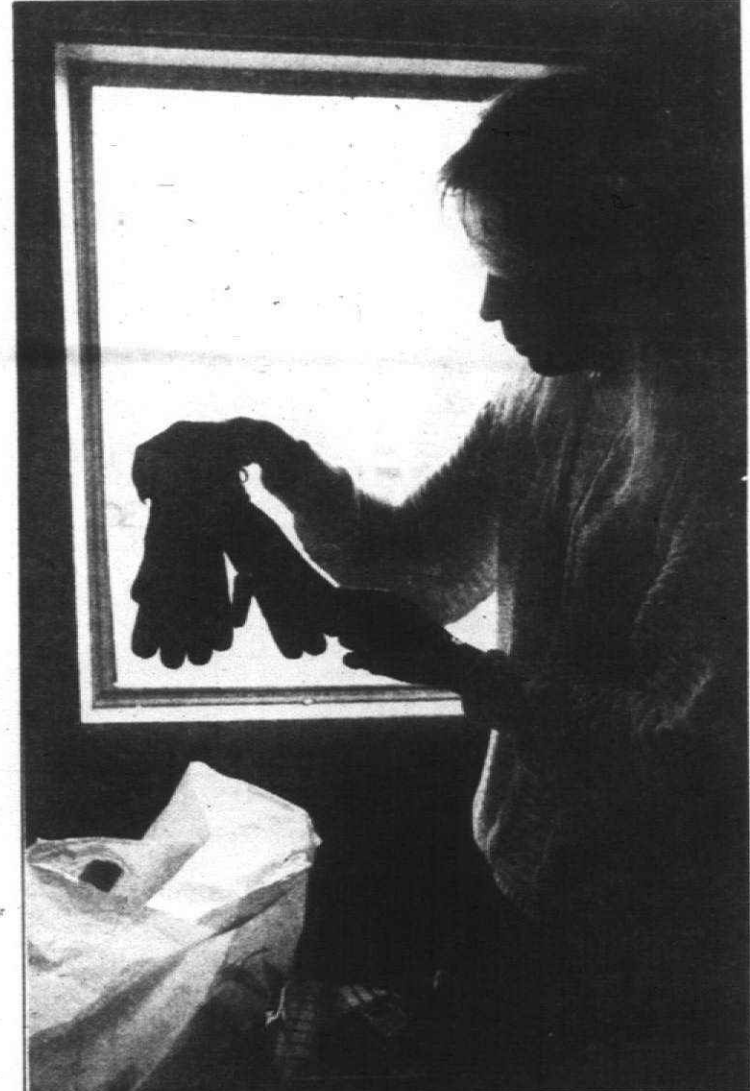
Items the clothing bank can't use are given to the Salvation Army, she said.

The clothing bank receives a number of donations in the fall when parents buy new clothes for their children, Kocik said. Many local elementary schools now have sock or mitten trees set up; those items will be donated to the clothing bank.

SOME SCHOOLS and Scout groups also have clothing drives, she said.

Kocik works at the clothing bank with Pam Lyle, Jeanne Dumas and

Jeanne Dumas (photo at left) sorts out children's gloves.



Accident victim recovering after pinned underwater

By Diane Gale
staff writer

A 31-year-old Inkster man, whose head was reportedly emerged in water for five minutes while he was pinned in a vehicle in Canton, was recovering remarkably well.

"It's not unusual to survive this type of incident but to survive and not have brain damage is more unusual," said Dr. John McCabe of St. Joseph Mercy Hospital in Ann Arbor.

"Five minutes is usually the outer limit of whether you do well," he said. "The fact that he was out in the cold and possibly had his head in the cold water probably made a difference."

"Cold water drownings are different from the warm water because hypothermia decreases the body's

need for oxygen and stimulates a reflex that further decreases the need for oxygen," McCabe said.

THE INKSTER MAN was a passenger in a pick-up truck traveling north on Denton at about 4:44 p.m. on Dec. 15.

The pick-up reportedly ran a stop sign at Geddes and was struck broadside by a 1976 Mustang traveling west on Geddes in Canton.

The impact tipped the pick-up truck forcing it into a ditch with two feet of water, said Dave Boljesic, Canton Police information officer. Two men were in the pick-up.

A witness told police he noticed clothing in the ditch. When he reached in to pull it out, he found the victim. The witness estimated the man was emerged in the water for

about five minutes, Boljesic said.

TWO WITNESSES elevated his body but couldn't totally free the Inkster man from the vehicle.

Canton's fire rescue team released him from the wreckage and transported him to St. Joseph Mercy Hospital where he was listed in good condition late last week.

The driver of the pick-up, a Canton resident, left the accident scene on foot and was stopped by police about 1 1/2 miles away.

Police, who suspect alcohol was a factor, may seek a warrant against the driver for leaving the scene of an injury accident. The charge is a misdemeanor and carries a maximum of one year in prison. The Canton man also could be charged with drunk driving.

Woman charged in break-in

A 19-year-old Dearborn Heights woman has been charged with breaking and entering a Canton house last week.

Linda Therese Zemke was arraigned Dec. 15 on one count of breaking and entering before Judge James Garber in 35th District Court.

A plea of not guilty was entered, and bond was set at \$25,000 cash or a 10-percent bond. A preliminary examination is set for Dec. 28.

About 9:07 p.m. Dec. 14 in the 900 block of Lotz, a couple returned home and saw a red 1988 Mustang parked in their driveway.

The woman honked the horn and pulled in front of the house. As the owner of the house ran in the front door, two men in their late teens ran out another door and jumped into the Mustang.

Police are searching for the two men seen at the house.



Shoes are lined up, waiting for children in need.

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McNamara calls off county budget cuts

By Tom Henderson
staff writer

Christmas came nine days early Thursday for Wayne County employees scheduled to lose their jobs, for users of the county park system and for thousands of poor and sick county residents.

Wayne County Executive Edward McNamara announced he was canceling all layoffs, budget cuts and salary reductions after the state Legislature approved the county solvency package.

The order will keep all floors of the county jail open, along with the county parks system. It will also cancel 75 layoffs that were scheduled to go into effect Friday.

A 50 percent reduction in expenditures for indigent health care and a 4-percent pay cut for county appointees were also rescinded.

McNamara said he will continue

to make budget cuts where warranted, but said none of the items rescinded Thursday would be cut.

Both houses approved the key elements of package Wednesday. It calls for a four-cent-a-pack cigarette tax increase, a tax on Metro Airport parking, increased court fees and a computer software tax.

McNamara announced he would cancel \$12 million in budget cuts Thursday afternoon, at a press conference that was part of the regularly scheduled Wayne County Commission meeting. Commissioners had said they would use the meeting to consider alternatives to McNamara's budget cuts.

"We knew we had a big problem

that couldn't be solved without state help," McNamara said. "Barring some catastrophe, this is a permanent fix for us."

McNamara added he would continue to "oppose any countywide property tax increase."

"There won't be a millage (increase) as long as I'm county executive," he said. "But I never say never, not into a tape recorder."

The solvency package turns over to the county the task of running a health care system for indigent county residents. McNamara said the county hopes to delegate health care services to a private health maintenance organization sometime after Oct. 1, 1988. He denied such a move would make the system "more hard-nosed," saying instead that it

would make county health care "more efficient."

UNLIKE THE GLOOM of recent commission meetings, the mood Thursday was festive, filled with good will and rare occurrences.

For example:

• Detroit Democrats heaped praise on a Northville Republican Commissioner Arthur Blackwell thanked fellow commissioner Susan Heintz who, he said, "single-handedly broke through with (Senate majority leader John) Engler. And without Engler, this package would never have happened."

• Commissioners, many of whom vehemently opposed McNamara's budget cuts, praised the former Livonia mayor.

Commissioner Jackie Currie, D-Detroit, called McNamara and commission chairman Arthur Carter, "the two greatest leaders in Wayne County," an apparent reference to Detroit Mayor Coleman Young.

• Carter joked with McNamara, thanking him for his "rather rare appearance" at a commission meeting. And McNamara told the press that when the package passed, he and Carter hugged each other and said Merry Christmas — "If you can believe that."

• McNamara praised the Detroit Chamber of Commerce, which has extensive contacts with outside Republicans, for supporting a tax increase, something by nature usually abhorrent to chambers of commerce.

McNAMARA SAID the package was not an act of charity but a means of allowing the county to streamline its indigent health care program. Health care for needy county residents has been considered the county's biggest budget drain.

"This gives us the ability to run the most effective indigent health-care system in the state," he said.

McNamara criticized the cigarette industry for its lobbying techniques against the package.

"They must have had 400 lobbyists with R.J. Reynolds (a major tobacco company)," he said. "The pulled every conceivable trick they could think of."

He said the industry spent \$250,000 to fight the increase and, that once the increase passed, "we had breathing space because the cigarette lobbyists go wherever it is cigarette lobbyists go."

Ford will build plant

County Executive Edward McNamara announced Thursday that the Ford Motor Co. will build a \$165 million stamping plant in the city of Wayne and expects to begin operation in January of 1990.

Work on the 86-acre Michigan Avenue site would begin early in January, said McNamara, and will employ 294.

He said there are plans for an eventual second phase. "Ford isn't talking about phase two, but we know there will be a phase two," said McNamara.

He said the county had been competing with Sterling Heights and Monroe for the new plant, which is expected to stamp out parts for its Escort line.

Tom Henderson

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U.S. Game & Services Administration

CHRISTMAS GIFTS

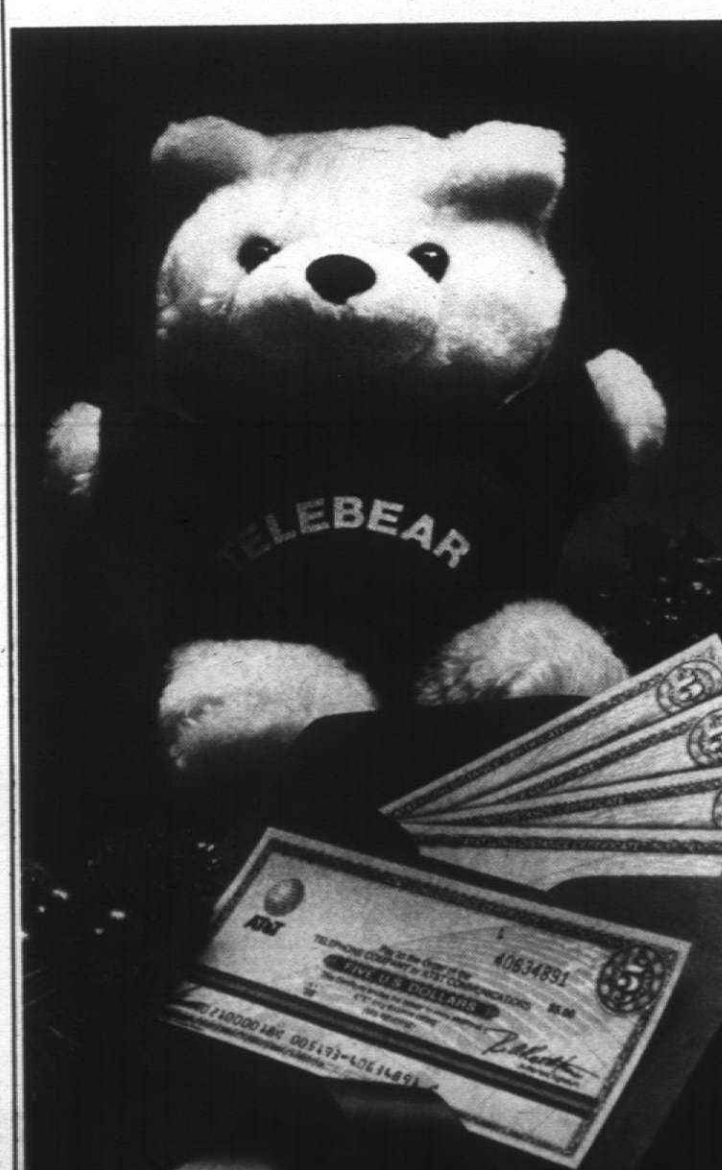
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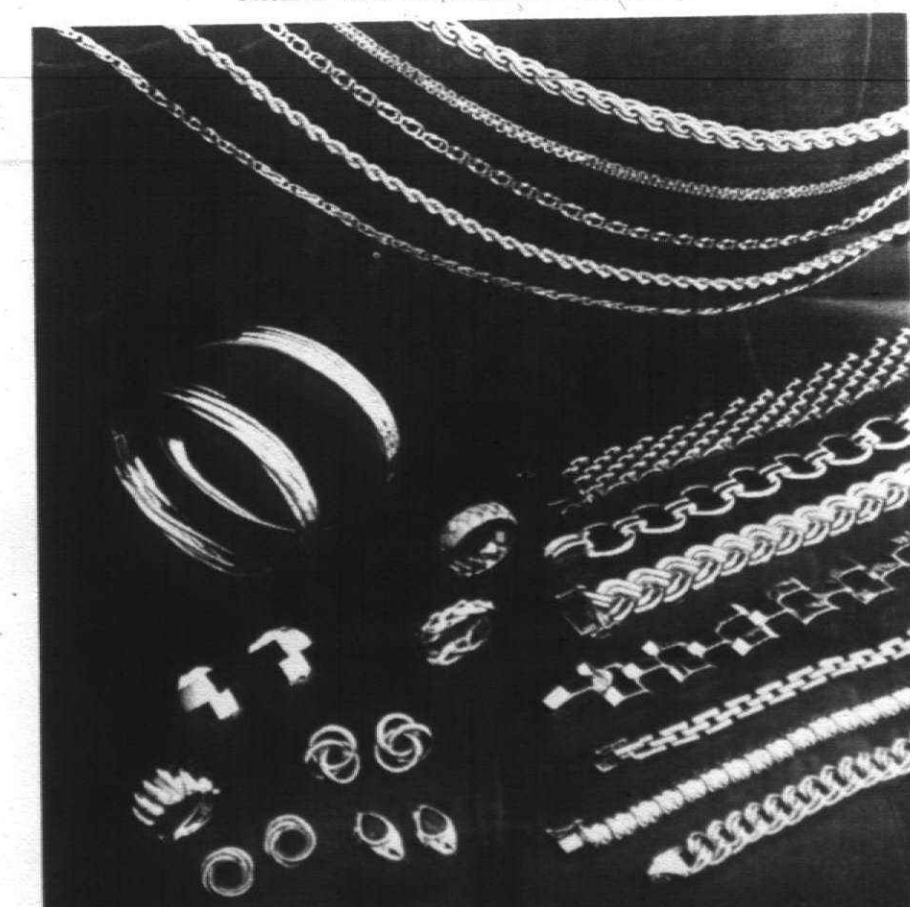
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recreation news

LEARN TO SKI

Canton Parks and Recreation is offering two sessions of the Learn to Ski program at Riverview Highlands — the weeks of Jan. 4 and 11 and the weeks of Jan. 18 and 25. Each session consists of four lessons, two per week, beginning at 5 p.m. for juniors (ages 8-15) and at 7 p.m. for adults (16 and older). The charge of \$35 per person includes four lessons, four lift tickets and four equipment rentals (\$25 if your own equipment). Each lesson will last 45 minutes with free skiing after the lessons. Skiers must provide their own transportation to the Riverview Highlands Ski Area. For information call 397-5110.

SKI LESSONS

City of Plymouth Parks and Recreation once again will offer its ski program through Riverview Highlands, with the first session beginning the week of Jan. 4 and the second session the week of Jan. 18. Each session includes four lessons over a two-week period for a charge of \$35, which includes lift tickets, lessons, and rental equipment (\$25 if you have your own equipment). Lessons for children and adults will be offered. For further information call the recreation office at 455-6620.

TEEN SKI TRIP

Canton Parks and Recreation Department is sponsoring a teen ski trip to Alpine Valley Ski Area on Friday, Jan. 8. All transportation and supervision is provided. Teens may bring their own equipment or rent from Alpine. All fees must be paid upon registration; space is limited. The group will leave Canton Administration Building at 5 p.m. and return about 12:15 a.m. The fee is \$10 for those with their own equipment, \$17 for those without equipment. For further information call 397-5110.

MAIN STREET CLOGGERS

Main Street Cloggers, a family-oriented group, is offering beginners classes on Monday nights starting Jan. 4. Clogging, a traditional American dance, is easy to learn and an excellent way to exercise. Call Linda Summers, 261-7958, for more information.

SENIOR EXERCISE

A program is under way for a class in senior citizen exercise. Anyone 55 and older can participate in an hour of fun and exercise for an annual membership of \$7. For information on dates and times, call Linda Summers at 261-7958.

da Gooldy, director of The SAL Plymouth Community Center, 9451 S. Main, 453-5464.

AEROBICS EXERCISE

Canton Parks and Recreation is sponsoring its winter session of Dynamic Aerobic Exercise classes starting Jan. 5. Classes are 9:30-10:30 a.m. and 10:30-11:30 a.m. on Tuesdays, Thursdays and Fridays for seven weeks. Instructor is trained by Fitness Factory Company. Babysitting services available for a small charge. For details call 397-5110.

RACQUETBALL, WALLYBALL

Plymouth-Canton Community Education offers racquetball and wallyball 6:30-9:30 p.m. Monday through Friday, 8 a.m. to noon, and 1-2 p.m. Saturday, 1-4 p.m. Sundays, at Plymouth Canton High Phase III. Block times of 18 weeks are available at \$76 each. For information, call 451-6660.

SOCCER REFEREE CLINIC

City of Plymouth Parks and Recreation will be sponsoring a certified soccer referees clinic from 6-9 p.m. on Jan. 14, 19, 21, 26, 28 in West Middle School, Ann Arbor Trail at Sheldon. For information, call 451-6660.

Participants must attend each night to become certified. The clinic will be limited to the first 20 people who sign up. For further information call Carol Donnelly of the recreation office at 455-6620.

INDOOR SOCCER

Indoor soccer will be offered 10-11 a.m. Saturdays in the Salvation Army Community Center, 9451 Main south of Ann Arbor Road, Plymouth. The fee is \$35 for eight weeks. Mario Said, a state-licensed Class D soccer coach, will teach the fundamentals of soccer. For information, call Linda at 453-5464.

OPEN GYM

The Western Wayne County Therapeutic Recreation program invites families with handicapped members to the Salvation Army's gym on Main Street in Plymouth 6-8 p.m. every Saturday. For more information, call 397-5110, Ext. 298.

SPECIAL OLYMPICS

The 1987-88 season for Special Olympics is about to begin in Plymouth-Canton. Programs in ice skating, bowling, track and field, and swimming are provided for any mentally impaired person age 8 through adult. There also is a need for volunteers. Anyone interested in

participating or volunteering or wishing more information may call 397-2469 after 6 p.m.

ROLLER SKATING

Roller skating lessons are offered at Skatin' Station in Canton through city of Plymouth Parks and Recreation. Lessons for ages 14 and younger will be 10:15-11 a.m. Saturdays for eight weeks at \$16. Register weekdays during working hours at the Plymouth Cultural Center.

TABLE TENNIS CLUB

A Table Tennis Club meets 6:30-9 p.m. each Wednesday at Central Middle School. For information, call 455-6620.

ISSHINRYU KARATE

Isshinryu Karate classes, sponsored by Canton Parks and Recreation, will be 7:30-9 p.m. Mondays and Thursdays for ages 8-50 in the Canton Recreation Center, Michigan Avenue at Sheldon. Sam Santilli, fifth degree black belt instructor, will instruct for all levels of karate. The charge is \$35 for 10 weeks of classes. Registration is on a continuing basis prior to classes on Monday or Thursday evenings or at the Canton Recreation Center.

JUDO

Judo classes for beginners and advanced will be offered at 2 p.m. Saturdays, 6 p.m. and 7:30 p.m. Mondays.

Participants must attend each night to become certified. The clinic will be limited to the first 20 people who sign up. For further information call Carol Donnelly of the recreation office at 455-6620.

OPEN ICE SKATING

The open skating schedule for the holidays at Plymouth Cultural Center, 525 Farmer, is as follows: Monday, Dec. 21, 1-2:35 p.m.; 3:30-5:50 p.m.; 7-8 p.m.; Tuesday, Dec. 22, 8:30-10:40 a.m.; 10:50 a.m. to 12:50 p.m.; 1-2:40 p.m.; 3:30-5:50 p.m.; Wednesday, Dec. 23, 8:30-9:30 a.m.; 11 a.m. to 1 p.m.; 1-2:30 p.m.; Thursday, Dec. 24, 8:30-11:40 a.m.; 11:50 a.m. to 1 p.m.; 1-2:50 p.m.; Friday, Dec. 25, Christmas Day, arena closed; Sunday, Dec. 27, noon-1:30 p.m.; 1:30-3 p.m.; Monday, Dec. 28, 1-2:35 p.m.; 3:30-5:50 p.m.; 7-8 p.m.; Tuesday, Dec. 29, 8:30-10:40 a.m.; 10:50 a.m. to 12:50 p.m.; 1-2:40 p.m.; 3:30-5:50 p.m.; Wednesday, Dec. 30, 8:30-9:30 a.m.; 11 a.m. to 1 p.m.; 1-2:30 p.m.; Thursday, Dec. 31, 8:30-11:40 a.m.; 11:50 a.m. to 1 p.m.; 1-2:50 p.m.; Friday, Jan. 1, New Year's Day, arena closed; Sunday, Jan. 3, noon-1:30 p.m.; 1:30-3 p.m.

The charge is \$1.25 for adults, \$1 for children, and 75 cents for skate rental. The charge for the one-hour sessions is 75 cents for all ages. For information call the recreation department at 455-6620.

GOP, Dems praise county exec's style

By Tom Henderson and Wayne Peal staff writers

Wayne County executive Edward McNamara joked he was considering taking up residence in Lansing during the recent battle over county finances.

But McNamara's heavy lobbying paid off Wednesday, when the state Legislature approved a budget package including a cigarette tax increase and tax on Metro Airport parking. The package is designed to balance the county budget and eliminate \$130 million in past debt.

The first-year Democrat county executive's face-to-face lobbying also earned respect from members

in both houses and on both sides of the aisle.

"I'll give him credit," Republican House member Bill Gnodtke said. "Whether you like him or not, he gets up here and puts his hand on the wheel."

Legislators praised McNamara's decision to enter the fray even though the county hired Karoub Associates of Lansing to lobby on its behalf.

"You know the rotunda area outside the chambers, where the lobbyists hang out? McNamara was in that space for weeks," Rep. Lyn Bankes, R-Livonia, said. "He was still there at 12:30 last night. It was truly amazing."

Huber to run for U.S. Senate

Robert J. Huber, a longtime conservative figure in Michigan politics, Thursday offered himself to uncertain Republicans as their standard-bearer against Democratic U.S. Sen. Donald Riegle.

"I believe my campaign will attract Republicans from all segments of the party. I am not handicapped by any of the dissent that is plaguing the Republican Party in Michigan," said Huber, 65, Troy resident and chairman of the board of the Michigan Chrome and Chemical Co. of Detroit.

State GOP leaders have been hunting for U.S. Senate candidates for two years. In 1984 they recruited retired astronaut Jack Lousma. This year they tossed around the name of Peace Corps director Lorette Ruper and state GOP Chairman E. Spencer Abraham.

Former U.S. Rep. Jim Dunn, East Lansing builder who lost the '84 Senate primary to Lousma, reportedly is planning to enter the race.

HUBER JUMPED in with both feet, filing a statement with the Federal Elections Commission, hiring McMaster Communications for publicity, establishing a mailing address at P.O. Box 1835 in Troy, and setting up an office at 2655 Woodward in Bloomfield Hills.

He named Clarence J. McLeod of Grosse Pointe campaign manager, Alice Schoenholt of Royal Oak office manager, and Tom Wykes of Dearborn campaign coordinator.

Huber has been mayor of Troy six years, a member of the Oakland

In the House, nine Republican votes assure the four-cent-a-pack cigarette tax increase passed. The 56-49 vote represented the barest majority needed to approve the measure. It would have failed had one legislator's vote been changed. It was McNamara's presence that apparently made the difference.

"If it were (former county executive William) Lucas and the commissioners of Lansing to lobby on its behalf."

Receivership, the municipal equivalent of bankruptcy was seen as the worst possible step Wayne County could take in restructuring its finances.

"McNamara DID a superb job as a lobbyist," said Sen. R. Robert Geake, R-Northville, who introduced the cigarette tax bill in the Senate. "I saw more of Ed McNamara in the last three weeks than in the previous 10 years."

Republicans weren't the only ones

who praised McNamara's style. "There's little doubt in my mind that the presence and credibility of executive McNamara was critical to the adoption and passage of the package," said Rep. James Kosteva, D-Canton.

"I'd give him an A," Rep. William Keith, D-Garden City said. "He knows a representative from Alpena has got to go down and explain to the voters there why he voted for Wayne County."

Still, Keith said the bail out would have happened regardless of McNamara's lobbying skills or devotion. "I would have voted no (on the cigarette tax) this time if there had been any alternative. But we had no choice. Everyone had to give it (a bail out) eventually would have to happen, and everyone knows it. Barnes said she believed an agreement on restructuring indigent health care payments made a larger difference than McNamara's mere presence in Lansing."

DESPISE PRAISE from legislative leaders, not everyone is happy with the way McNamara handled the county's budget crisis.

A Detroit man who filed a recall

petition against McNamara on Dec. 9, protesting proposed budget cuts, said he won't withdraw the petition, even though most cuts probably won't now be made.

"I'd like to keep it going just to show him there is some support (for the position) that the tactics he used weren't the best," said Larry Alcantar, who filed the recall petition. "The cuts were totally crazy. There would have been no place for the indigent to go."

McNamara ordered \$12 million in budget cuts to balance the county budget, including cutting down space at the county jail and payments to mental health care programs.

"If the cuts had gone into effect,"

Alcantar said, "Those individuals least likely to help themselves would have been affected. And he would have subjected the law-abiding citizens of this county to the ravages of the occupants of 128 cells in the county jail. That's preposterous."

Deputy county clerk Bryan Amann said a hearing to approve the language of the recall petition has been scheduled for 9 a.m. Dec. 23 at the City-County Building.

The hearing will not focus on the accuracy of Alcantar's charges, only on whether a reasonable person can understand petition wording, Amann said.

Tim Richard contributed to this story.

Arthritis Today
Joseph J. Weiss, M.D. Rheumatology
1829 Farmington Road
Livonia, Michigan 48152
Phone: 478-7850

ACTIVITY, AGING, AND ARTHRITIS

What does the physician, treating the elderly with arthritis, consider as the ideal home situation?

It is to have the patient living in the upper flat of a two family dwelling, with the front doorbell broken. The person must go down and up the stairs several times a day to get the mail, open the door for callers, and walk down to the basement for laundry, canned goods or food from the freezer.

This scenario is not meant to be funny or cruel at the expense of the elderly. What I am trying to illustrate is the need for the individual to keep walking at all costs, despite having arthritis.

Activity is the best way to keep the emotions, heart, lungs, and muscles strong. The effort may strain the joints, but the alternative of prolonged rest weakens the body. If the joints reach a point that they can't move, then drugs, injections, heat, massage, and eventually surgery may restore mobility. However, if the heart, lungs and mind lose their usual capabilities, the treatment undertaken to improve function often causes more impairment than the medical conditions themselves.

Drug task force makes plans

Continued from Page 1

juana use, or alcohol use, what I find disconcerting is that it's the norm to use now, not the norm not to use amongst kids," said Dale Yagiela, a task force member and executive director of Growth Works. Growth Works offers alternative education and substance abuse intervention for young adults and their families.

"Also, more kids have had earlier experiences with alcohol and drugs than we would have seen before. Kids are probably using drugs at younger ages than at any other time," said Yagiela.

FUNDING has presented problems for the task force, said Sebestyen-Tabor.

The group would like to train area professionals in substance abuse intervention and to "provide education and awareness programs for police, clergy as well as for community members as a whole," she said.

"For all of the training we're talking about, we need \$5,000 to \$10,000. Right now we have just under \$2,000."

The task force recently applied for funding through the governor's Initia-

tive Against Substance Abuse but was turned down. It has received money from the Plymouth Community Fund, and \$2,500 from the Canton Rotary Club.

On the task force's agenda are three plans.

"We're planning a forum to share information among service providers within the community. This would be made up of Growth Works, Plymouth Family Services, the school system and Straight Inc.," said Sebestyen-Tabor.

"We hope to include them all so they can share where they are, and what's going on within their organizations."

The goal is "a high level of continuity, collaboration, and effective service delivery in the community," say task force members.

Plan B is to form a group education committee.

"Our purpose is to provide training and education" for adults and young people, said Sebestyen-Tabor.

PIP Fest, short for Partners in Prevention Fest, is a program for middle school students now in the works. "It's a weekend event where kids can have fun in a positive, drug-free environment," said Sebestyen-

Tabor.

"Lastly, there's the advocacy committee. Their purpose is to promote the task force and to raise funds."

A LACK of money has done nothing to discourage task force members, who see a dire need for the problem of substance abuse to remain in the public eye.

"I get real scared about the way in which this becomes the problem of the month, or the year, and then it kind of dies," said Yagiela.

"Issues become hot and sexy for a time, and then we kind of say it's not important any more."

"We need to look at it from the standpoint of being in it for the long haul."

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CITY OF PLYMOUTH

The Plymouth Housing Commission hereby makes public notice that as of close of business Wednesday, December 23, 1987, the waiting list for the Section 8 Rental Assistance Program will be closed and no applications for the program will be accepted until further notice.

SHARON L. THOMAS Executive Director Plymouth Housing Commission

Published December 21, 1987

PLYMOUTH-CANTON COMMUNITY SCHOOLS WAYNE AND WASHTENAW COUNTIES MICHIGAN

Cancellation of Regular Board of Education Meeting

The regular meeting of the Board of Education of the Plymouth-Canton Community Schools, Wayne and Washtenaw Counties, Michigan, scheduled for Monday, December 28, 1987, has been canceled. The next regular meeting is scheduled for Monday, January 11, 1988, at 7:30 p.m. at the Board of Education Offices, 454 South Harvey Street, Plymouth, Michigan 48170.

Published December 21, 1987

DEAN SWARTZWELTER, Secretary Board of Education

CITY OF PLYMOUTH PLYMOUTH DISTRICT LIBRARY Notice to Bidders

Notice is hereby given that the Plymouth District Library will accept sealed bids up until 2:00 p.m. EST on Wednesday, December 30, 1987 for the following:

Daily Janitorial Service

Specifications and proposal forms may be obtained at the Plymouth District Library during regular business hours.

The Plymouth District Library reserves the right to accept or reject any or all bids, in whole or in part, and to waive any irregularities.

ADDRESS BIDS TO: Barbara Kraft, Library Secretary Plymouth District Library 223 S. Main Street Plymouth, MI 48170

Published December 21, 1987

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Detroit: 872-3400 Westland: 721-7300 Ann Arbor: 652-7420

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obituaries

JAMES L. EGGENBERGER

Funeral services for Mr. Eggenberger, 55, of Plymouth were held recently in the Schrader Funeral Home in Plymouth with burial at Parkview Memorial Cemetery, Livonia. Officiating was the Rev. Roy H. Forsyth. Memorial contributions may be made to the Michigan Cancer Foundation or to the Elks Major Project.

Mr. Eggenberger, who died Dec. 14 in Garden City, was born in Detroit and moved to Plymouth in 1966. He worked as an engineering assistant and in computer data at Ford Motor Co., most recently working out of the Carron and Co. building. He was past exalted ruler of Plymouth Elks Lodge 1780, a member of the Dearborn Masonic Lodge, was a member of the U.S. Naval Reserve at Selfridge AFB, and earned his degree from Lawrence Institute of Technology, Southfield. Active in the Elks for 15 years, he held five offices including exalted ruler and won awards for contributions to handicapped children of Michigan and for one of the best rituals. He was a member of the Newburg United Methodist Church, Livonia.

Survivors include: wife, Jeanne; daughters, Wendy Bunch of Farmington, Faydra of Plymouth; mother, Louise of Plymouth; son, David of Plymouth; sister, Bernice Harfil of Crosswell, Mich.; brothers, George of Traverse City, Walter of Garden City, Edward and Allan, both of Redford.

MYRTLE A. WOOLEY

Funeral services for Mrs. Wooley, 73, of Canton Township were held recently in Schrader Funeral Home with burial at Parkview Memorial Cemetery. Officiating was the Rev. Rod Truett. Memorial contributions may be made to the American Cancer Society.

Mrs. Wooley, who died Dec. 9 in Canton, was born in Arkansas. Survivors include: son, Donald of Livonia; sisters, Olive Rutledge and Edith Elliott, both of Westland; six grandchildren and one great-grandchild.

ANTHONY SHIEMKE

Funeral services for Mr. Shiemke, 89, of Plymouth were held recently in St. Kenneth Catholic Church in Plymouth Township with burial at Riverside Cemetery, Plymouth. Officiating was the Rev. William Pettit with local arrangements made by Schrader Funeral Home. Memorial contributions may be made to the Little Sisters of the Poor, 17550 Southfield Road, Detroit 48235.

Mr. Shiemke, who died Dec. 14 in Livonia, was born in Detroit and moved to Plymouth from Dearborn Heights in 1977. He was a former resident of Alpena and Posen. He retired from General Motors as a tool maker in 1963, after being employed by GM for 42 years.

Survivors include: son, Gerald of Plymouth; Eugene of Dearborn Heights; sister, Anna Tadejowski of Detroit; four grandchildren and six great-grandchildren.

BESSIE E. LOUNSBURY

Funeral services for Mrs. Lounsbury, 88, of Mancelona, Mich., were held recently in the Paulin Funeral Home in Mancelona with burial at Fairview Cemetery, Mancelona.

Mrs. Lounsbury, who died Dec. 13 in the Shawnee Manor Nursing Home in Lima, Ohio, was born in Manitoba, Canada, and had lived in Plymouth before moving in 1952 to Big Twin Lake near Mancelona in Kalkaska County. She was a member of the Mancelona United Methodist Church.

Survivors include: son, Lionel Coffin of Los Angeles; daughter, Norma McAllister of Lima, Ohio; stepdaughters, Eileen Whiteman of Escondido, Calif., Wilma Post of Plymouth; stepson, Ford Lounsbury of Chula Vista, Calif.; 13 grandchildren and 12 great-grandchildren.

clubs in action

• MOMS OF TWINS

The Western Wayne County Mothers of Twins Club will hold a monthly meeting at 8 p.m. Monday, Dec. 21, at Holy Cross Lutheran Church, 30650 Six Mile Road, between Middlebelt and Merriman in Livonia. The annual Christmas dinner and auction will be held. Husbands may attend. For more information, call Evelyn Griwicki, 421-3557.

• NOEL DANCE

Westside Singles will hold a Christmas dance from 8:30 p.m. to 2 a.m. Saturday, Dec. 26, at Roma's of Livonia, on Schoolcraft west of Inkster. The dance is for those age 21 and older. Dressy attire should be worn (no jeans). Admission price is \$4. Snacks will be available. There will be a disc jockey. For more information, call the hot line, 562-3160.

• TRI-COUNTY

Tri-County Singles will hold a Christmas dance/party from 8:30 p.m. to 1 a.m. Saturday, Dec. 26, at the Plymouth Hilton Inn, 14707 Northville Road. The dance is for

singles over age 21. Proper attire should be worn. Price is \$4. For more information, call the hot line, 843-8917.

• PHOENIX I

Phoenix I will hold a New Year's dance Sunday, Dec. 27, at Roma's of Garden City, 32550 Cherry Hill at Venoy. Dressy attire should be worn. Price is \$5. Party favors and hats are included. Phoenix I holds dances for singles from 8:30 p.m. to 12:30 a.m. every Sunday. Dances are for those age 25 and older. For more information, call 471-1248.

• VFW DANCE

A New Year's Eve "Gala" will be held Thursday, Dec. 31, at the Mayflower-Lt. Gamble Post No. 6695, Veterans of Foreign Wars. The party will be held at the post home, 1426 S. Mill St., Plymouth, starting at 8 p.m. Appetizers, dinner, noisemakers and dancing are included. Price is \$15 per person in advance, \$18 at the door. There will be a cash bar. Early reservations are recommended. Tickets may be obtained at the post home or by calling 459-6700.

• NATURE WALK

Nature walks are held each month at the University of Michigan Matthaei Botanical Gardens, 1800 N. Dixboro Road, south of the Plymouth Road-Dixboro Road intersection in Ann Arbor. The 2 p.m. Sunday, Jan. 3, tour will be "Folklore and Tree Identification." The tour is free of charge. Participants will learn the identification and history of trees in the area by folk tales, bark, buds and shapes. Trained guides lead the tours. Tours last approximately 1 to 1½ hours. Guides will meet visitors on the front steps of the conservatory at the gardens. Boots are recommended. For more information, call 763-7060.

• WOMEN'S ACTION

The Ann Arbor chapter, Women's Action for Nuclear Disarmament, will meet Sunday, Jan. 10, at the First Baptist Church, 512 E. Huron, Ann Arbor. Doors will open at 7 p.m. and the meeting will start at 7:30 p.m. There will be a small group discussion on "What makes women active?" New members may attend. For more information, call 761-1718.

brevities

• DEADLINES

Announcements for Brevities should be submitted by noon Monday for the Thursday issue and by noon Thursday for the Monday issue. Bring in or mail announcements to the Observer, 489 S. Main, Plymouth 48170.

• READING, STUDY SKILLS

Tuesday, Jan. 4 — City of Plymouth Parks and Recreation in cooperation with Improved Reading Centers of Michigan will be sponsoring an Advanced Reading and Study Skills Program to help students achieve more in less study time, increase self-confidence to attain higher academic goals, increase SAT and ACT scores, improve study skills, better prepare for continuing education, protect education investment, and to help maintain scholarship eligibility.

The first class meeting is scheduled for 6:30-9:30 p.m. Jan. 4 in the Plymouth Cultural Center, 525 Farmer at Theodore. The remaining classes will be 6:30-9:30 p.m. Tuesdays (Jan. 12, 19, 26) for the rest of the month. The charge of \$195 includes 12 hours of instruction in four three-hour classes.

• STORYTIME SIGNUP

Registration for preschool storytime for ages 3½ to 5 will be at 10 a.m. Tuesday in the Dunning-Hough Library, 223 S. Main, Plymouth. The first of the four classes will begin Tuesday, Jan. 12, and last some 30 minutes. Parents must remain in the library.

Registration for the toddler storytime for ages 2 to 3½ will be at 10 a.m. Wednesday. The first of these four classes will begin on Wednesday, Jan. 13, and will last some 20 minutes. Parents are asked to make other arrangements for younger siblings, as parents must participate in this class.

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- SOUTHFIELD (South of 161-12 Mall)
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- STERLING HEIGHTS (Next to Lakeside Mall)
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Metroparks selects new chief Sherman promoted

By Tim Richard
and Philip Sherman
staff writers

A months-long, national search for a new metroparks chief ended when the board of the Huron-Clinton Metropolitan Authority promoted the No. 2 man.

William P. Sherman, 57, will move up to succeed James J. Pompo, who will retire some time early next year as executive director of the 13-park, five-county system.

"I want the metroparks to do more with marketing — I think it's overly conservative in some areas," Sherman said during his November interview before the board.

Sherman, a Macomb County resident, had been Metro Beach Metro-park superintendent from 1968-85 and deputy to Pompo the last two years.

THE SEVEN members of the HCMA board discussed none of the nine finalists whom they had interviewed over the last month. The vote on Sherman was 7-0.

Six finalists were from within the current HCMA staff, and three were park managers in southeastern Michigan.

The board had advertised nationally and even sent members to a national convention in New Orleans to hunt talent.

"I think you folks did an awful good job of hiring in the past," said James G. Young, a two-month board

member from Livingston County. "Out of the nine candidates, I could have supported seven, all were very qualified."

"I concur with Young on the quality," said Robert W. Marans, board member from Washtenaw County. "I was satisfied with seven," said Harry E. Lester, a gubernatorial appointee from Wayne County.

"Our people are good," said Jeanette S. Weiss, a gubernatorial appointee from Wayne County.

THE HCMA board has eight positions, but John C. Hertel vacated the Wayne County post when he moved to Macomb County in October. Hertel did not attend the Nov. 12 and Dec. 3 interviews.

The board voted to send a letter to Wayne County executive Edward McNamara advising him that no one was specifically representing the county.

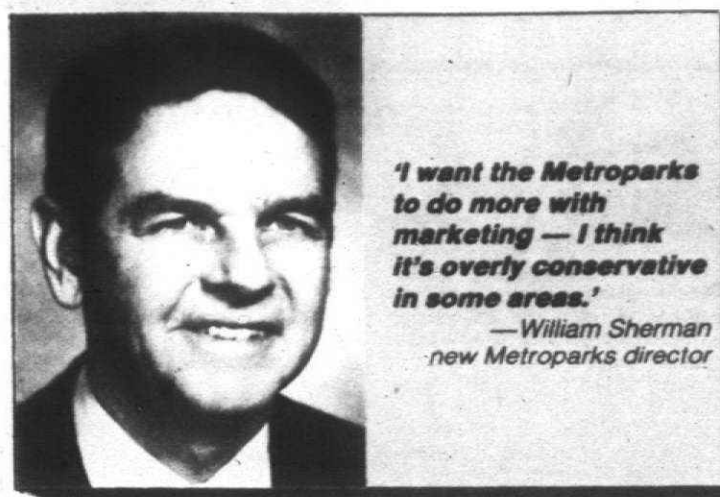
The board spent nine minutes on the hiring item, but most of that time was on whether a deputy should be appointed to assist Sherman.

The deputy's post was created for Pompo in 1969 when David Laidlaw was promoted to executive director.

Thomas Welsh, board member from Macomb County, proposed eliminating the deputy post, but was argued down by Weiss and Marans.

Pompo said he would "put it in my letter" as to when he would leave but gave no precise date.

SHERMAN HAMMERED at the



'I want the Metroparks to do more with marketing — I think it's overly conservative in some areas.'
—William Sherman
new Metroparks director

need to market the metroparks during his interview with the board. "We could, for example, think about getting into shows at Cobo to promote the parks," he said.

He also said the HCMA needs a strategic plan, developed with direction from the commissioners. Sherman said he would be willing to meet one-on-one with each commissioner to ascertain their individual needs.

"I'm a down-to-earth people person who doesn't want to rule by fear," Sherman said of his management style. "I want to be on a first-name basis with everyone and give credit for ideas."

A FORMER teacher, Sherman

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PARDEE AT EUREKA IN TAYLOR

Childhood memories shared after 150 years

(Part 2)

(This continues the series about Plymouth in 1837, the year Michigan became a state.)

Margaret Ahleson, in a long-hand manuscript written 80 years ago, tells of a school built in 1837 on Main Street, opposite Amelia Street.

Of this school, Miss Ahleson wrote: "One of the teachers was Rufus Brown. When children came to school with dirty faces, Mr. Brown would sandpaper them off a little."

This, like much other information about Plymouth 150 years ago, comes from a secondary source. Another secondary source, Silas Farmer's History of Detroit and Wayne County and Early Michigan, published in Detroit in 1890, was of great help to those who followed in his footsteps.

But valuable as they are, secondary sources like Farmer and Ahleson are not as prized by historians as are original sources — that is information from people who lived at the time they are describing.

With that in mind, the balance of these articles about Plymouth 150 years ago will make use of original sources — the recollections of people who lived here at the time Michigan was accepted into the Union.

These original sources will include: the recollections of Aletta Teepie, born here in 1829, an account by A.B. Markham, who settled here in 1825, a report by Joel Kellogg, who came here as a boy in 1829; the recollections of Henry Holbrook, one of the first settlers, a letter written in 1825 by a Presbyterian clergyman, and the memoirs of Henry Utley, an historian who was born in Plymouth 1836.

THE MEMOIRS of Aletta Teepie were published in 1974 in an issue of Michigan History. They tell us what Plymouth Township was like during the 1830s, as viewed through the eyes of a 6-year-old girl.

Lettie, as she was called, was born in 1829 on a farm southwest of Cooper's Corners, the area at the junction of North Territorial and Beck Roads. Norma Baker Cassidy, a long-time resident of Plymouth, knows Cooper's Corners very well, since the Baker farm straddled both sides of North Territorial at Beck when she was a girl.

The Teepie property encompassed

past and present

Sam Hudson

what later became known as Miller Woods — the beech-maple climax forest that Evelyn and Bill Edgar have been guardian angels over for a number of years.

Lettie's father was named Peter Teepie. Her grandfather may have been the William Teepie whose name appears on the first tax assessment roll of Plymouth Township in 1827.

Lettie wrote that Cooper's Corners in the early 1830s had a number "of nice buildings painted white with green blinds. Besides a store with candy in the windows, there was a blacksmith shop and a cooper shop. It was the first cluster of buildings I had ever seen."

Lettie described her home as "very pleasant indeed; the wild flowers, the green fields, and the lofty forest-trees, which appeared to be bowing to each other when the wind blew."

THE TEETLES LIVED in a log cabin by a brook near the woods. Lettie watched her father make potash by leaching wood ashes and boiling down the lye until it was hard and black. He bought the ashes from other settlers who were clearing the land.

Potash was used to make soap. Lettie's father sold his potash in Detroit, hauling it there with wagon and ox-team. It took him a week to make the round trip. Lettie had to stay in the house to look after the siblings, while mother Teepie yoked the oxen and used them to bring in loads of corn and potatoes. Lettie's older sister, Jane, worked in the fields with her mother and the hired hand.

The Teepie children had a pet deer. Lettie's father had to get rid of

it when it began to kick people. Lettie also had a pet frog. She dressed it in doll's clothing until her mother made her return it to the brook.

Lettie recalled her first ride in winter behind a team of horses, and her first visit to her father's sugarbush. That was in the spring 1836, some 151 years ago. Her father reported a yield of 600 pounds of maple sugar that year.

She was frightened one winter's day when she suddenly came across the carcasses of several hogs her father had butchered and had placed around a fire to thaw. For a long time she was haunted in her dreams by the sight. She wrote: "Parents should be careful in this matter to avoid small children getting frightened."

LETTIE ALSO remembered a visit to grandfather Teepie's barn where she heard preaching for the first time.

"Seats were placed in the barn and it was filled with people. The minister took his place and commenced the usual ceremonies and that was the first religious meeting I ever heard. He talked loud, and looked fierce, and I was afraid, and got as close to father as I could."

One year, Lettie caught the "ague," the old name for malaria. She had it for an entire year and it left her, in her words, "near a skeleton." Some days, she wrote, "we would all be sick with it at the same time." Malaria was transmitted by the swarms of mosquitoes that infested the swamps in this part of Michigan. Lettie pointed out that mosquito netting was unknown to the early settlers. They had to rely on smudge pots to drive away the dangerous insects.

(To be continued.)

neighbors on cable

- CHANNEL 8**
- MONDAY (Dec. 21)**
- 3 p.m. ... Christmas Carol — A Charles Dickens classic starring Vincent Price.
 - 3:30 p.m. ... The Grande Beat — A dance show hosted by Greg Lea at the Grande Ballroom.
 - 4:30 p.m. ... Community Upbeat — School teacher Sharon McDonald and Denise Swope produce this talk show about topics such as sports, schools, dance, law, community projects, and the papal visit.
 - 5 p.m. ... Rebirth — A Detroit jazz group performs.
 - 6 p.m. ... Open Lines — Public affairs program featuring local, state, and national government officials.
 - 6:30 p.m. ... A Video Christmas Card — A look at homes in the community decorated for the holidays with Christmas music.
 - 7 p.m. ... Milt Wilcox Show — Former Tiger pitcher Milt Wilcox and Harry Katapodis co-host interviews with sports and media celebrities.
- TUESDAY (Dec. 22)**
- 3 p.m. ... A Video Christmas Card.
 - 3:30 p.m. ... Keep on Moving.
 - 4 p.m. ... Christmas Eve — A black and white classic Christmas movie.
 - 5:30 p.m. ... Christmas Carol.
 - 6 p.m. ... Northville Bluegrass — Mustard Retreat.
 - 6:30 p.m. ... Community Upbeat.
 - 7 p.m. ... Sportsview — Hosts Ron Cameron and Bob Page.
 - 7:30 p.m. ... A Community Holiday Special — Various holiday events from the community including highlights from the "Giving Thanks Parade," the Canton Christmas Tree Light Ceremony, Santa at the Canton Recreation Center and the Bell Choir.
- WEDNESDAY (Dec. 23)**
- 3 p.m. ... Bustin' Barriers.
 - 3:30 p.m. ... The Oasis.
 - 4 p.m. ... Darlene Myers Show.
 - 4:30 p.m. ... Northville Bluegrass.
 - 5 p.m. ... Rebirth.
 - 6 p.m. ... Grande Beat.
 - 7 p.m. ... A Video Christmas Card.
 - 7:30 p.m. ... Sports.
 - 9:30 p.m. ... Videotunes.
- CHANNEL 15**
- MONDAY (Dec. 21)**
- 3 p.m. ... Veselka Polka Band — Dancing and music with a group from Czechoslovakia.
 - 4 p.m. ... A Ford Chorus Christmas — Highlights from the "No Child Without A Christmas" telethon sponsored by Continental Cablevision of Dearborn for the Jaycees. Features residents who are members of the Ford Choir.
- TUESDAY (Dec. 22)**
- 3 p.m. ... A Community Holiday Special.
 - 3:30 p.m. ... Canton Update — Co-hosts Sandy Preblich of the Sandy Show and Canton Supervisor James Poole discuss issues related to growth and development of Canton, and government news.
 - 4 p.m. ... The Messiah — A presentation of the 1st Presbyterian Church of Northville.
 - 5:30 p.m. ... East Middle School Band Concert.
 - 6:30 p.m. ... A Christmas Choir Concert.
 - 8 p.m. ... Christens Cable Talk — Replay of interview with the band Petra.
 - 9 p.m. ... Off the Wall.
 - 9:30 p.m. ... Youthview — A teen perspective on Christian activities. This week music from Kim McLaughlin, Laurie Forsythe and others.
- WEDNESDAY (Dec. 23)**
- 3 p.m. ... A Ford Chorus Christmas.
 - 3:30 p.m. ... Omniscience Sports Scene — Western Lakes Relay Swimming.
 - 5 p.m. ... Human Images.
 - 5:30 p.m. ... A Community Holiday Special.

- THURSDAY (Dec. 24)**
- 3 p.m. ... A Community Holiday Special.
 - 3:30 p.m. ... Canton Update — Co-hosts Sandy Preblich of the Sandy Show and Canton Supervisor James Poole discuss issues related to growth and development of Canton, and government news.
 - 4 p.m. ... The Messiah — A presentation of the 1st Presbyterian Church of Northville.
 - 5:30 p.m. ... East Middle School Band Concert.
 - 6:30 p.m. ... A Christmas Choir Concert.
 - 8 p.m. ... Christens Cable Talk — Replay of interview with the band Petra.
 - 9 p.m. ... Off the Wall.
 - 9:30 p.m. ... Youthview — A teen perspective on Christian activities. This week music from Kim McLaughlin, Laurie Forsythe and others.
- FRIDAYS**
- 3 p.m. ... Canton Township Board of Trustees meeting.
- SATURDAYS**
- 3 p.m. ... Canton Township Board meeting.
- (Because of the Christmas holiday there will be no programming on Omniscience Cablevision Channels 8 and 15 Thursday, Friday and Saturday this week.)

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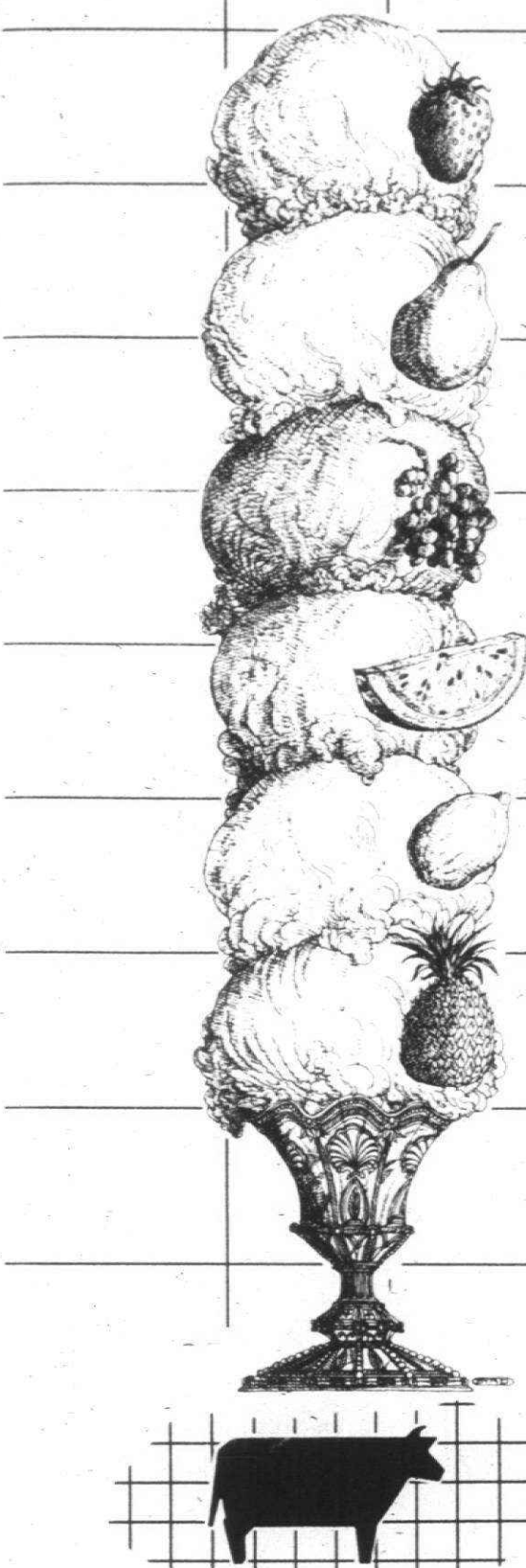
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• Closed Christmas Day DECEMBER 25

• Re-Open Saturday 8 A.M. DECEMBER 26

S'craft will interview all trustee candidates

Schoolcraft College trustees announced Wednesday they will conduct interviews with all candidates who applied for a vacant seat on the board.

Interviews are tentatively scheduled for Jan. 4, 6 and 9. Three more candidates submitted applications last week. Additional applications were expected before Friday's filing deadline.

JOINING THE field were:

- Susan Kopinski of Canton. Kopinski, Canton Township deputy finance director, holds a bachelor's degree in public administration from the University of Michigan-Dearborn.
- Kevin Proust, a Livonia resident. Proust is assistant controller/director of accounting for the Gale Research Co., Detroit. He holds a bachelor's degree in management from UM-D and an associate's degree in pre-business administration from Schoolcraft.
- Judith Quayle of Livonia. Quayle, a community education instructor with the Livonia Public Schools, has recently enrolled in the

school of management at Lawrence Institute of Technology, Southfield. She holds an associate's degree in marketing and applied management from Schoolcraft.

CANDIDATES WHO had previously submitted applications were:

- Charles Greig of Northville. Greig, who ran unsuccessfully for the board in June, is a retired school administrator who is now a consultant for the Wayne County Intermediate Schools. He holds a master's degree from the University of Michigan and a bachelor's degree from Eastern Michigan University.
- William Knudsen of Livonia. Knudsen is a cost and technological specialist with Chrysler Motors, Highland Park. He holds a bachelor's degree from Western Michigan University and is completing a master's program at Central Michigan University. He also holds an associate's degree in science from Schoolcraft.

- Ralph Richardson of Canton Township. Richardson is a manager of wage and economic analysis with Ford Aerospace Communications Corp., Detroit. He holds a master's degree in education from Temple University and a bachelor's in economics from the University of Pennsylvania.
- Roy Sgroi of Livonia. Sgroi, an attorney with a Birmingham-based law firm, received his law degree from the Detroit College of Law and holds a bachelor's degree from Michigan State University.

Board members set policy and review the budget at the two-year community college.

The vacancy occurred last week when trustee Laura Toy resigned to accept a seat on the Livonia City Council.

Schoolcraft is at 18600 Haggerty, Livonia.

The new trustee will serve until June 1989.

Salvation Army needs boost to reach its fund-raising goal

By Tom Henderson
staff writer

The Salvation Army is looking for a lot of generous men, women and children in the battle to bring Christmas to everyone in Wayne County.

The Salvation Army has set a Detroit area fund-raising goal of \$2,350,000 this holiday season, through its annual mail-order and bell-ringing campaigns. Campaigns began the Saturday before Thanksgiving and end Christmas Eve.

The goal is up 30 percent from last year's total, according to Lois Duquay at Army headquarters on Bagley in Detroit. She said the Army gave clothes, toys or food to about 95,000 people in the county last year and expects to easily surpass 100,000 this season.

Yet, as of Wednesday morning, just eight days before Christmas Eve, donations to the Detroit Salvation Army branch had totaled just

\$1,106,000.

"We've had so many people turn to us for help. It's up considerably this year. The mayor (Coleman Young of Detroit) said the need is up 20 percent this year, and I agree with him," she said.

The Plymouth Salvation Army conducts its own campaign and has set a goal of \$100,000, according to Major Bob Gaddis. The Plymouth post expects to help about 300 families this season.

IN PLYMOUTH, bell ringers from Kiwanis, Rotary, the Jaycees, the Junior Jaycees, the Optimists and Visitants are out in force at area stores. In the rest of Wayne County, served by the Detroit Salvation Army, there are up to 2,000 bell ringers taking turns manning up to 200 posts.

Those interested in helping out can send a check to the Detroit Salvation Army at 601 Bagley, Detroit, Mich. 48226-1398. You can specify whether

you want the money to go for food, toys or clothes.

Or you can simply toss some change or bills into the pots of the bell ringers at area stores and malls.

The Salvation Army will also have 12 toy stores in the metropolitan area, including a store in Farmington Hills at Inkster and 8½ Mile and in Dearborn Heights at 26700 W. Warren. Toys can be dropped off at those locations. The needy will then use tickets that have been dispensed by area social agencies to receive the toys.

A sizable contingent of U.S. Marines is helping out in the gathering of toys. A motorcade of Marines from the Brodhead Naval Armory delivered toys Friday to the Bagley headquarters.

Those in the Plymouth-Canton-Northville area can bring canned goods, new toys or money to the Army office at 9451 S. Main in Plymouth.

Contributions are tax-deductible.

OC official rips Cobo expansion

AP — Detroit's increasingly costly Cobo Hall expansion project is sapping Oakland, Wayne and Macomb counties of surplus revenues from new taxes enacted to finance the work, an Oakland County commissioner said.

"It just makes you very upset," Oakland County commissioner Roy Rewold, R-Oakland Township, said. "It's just another case where we keep paying in all the money and we're not getting our fair share back."

Liquor taxes were increased statewide and taxes on hotel room rates in the three counties were raised in 1985 to finance repayment of \$188 million in bonds issued by the city of Detroit to finance the Cobo project. State and Detroit officials said renovation of the downtown facility was needed to keep the city competitive in the convention business.

The agreement called for surplus revenues raised by the taxes to be returned to the three counties, but their shares have plummeted this year.

Oakland County's share fell from \$692,768 last year to slightly more than \$17,000 this year; Wayne County's share dropped from \$717,299 to \$17,747; and Macomb County's share shrunk from \$414,595 to \$10,349.

The cutbacks stemmed from cost overruns on the Cobo project, originally budgeted at \$200 million, Rewold said.

But Robert Kolt, a Michigan Department of Treasury spokesman, said the counties' shares of the surplus dropped this year because of a \$3.1 million increase in Cobo's annual debt service and a slight decrease in revenues from the liquor and hotel taxes.

County farms could receive federal help

Wayne County farmers may be eligible for disaster assistance, U.S. Rep. Carl Pursell said recently.

Wayne is among 38 Michigan counties contained in a disaster resolution drafted by the U.S. Department of Agriculture, Pursell said.

Farmers may apply for emergency loan assistance to cover losses from this summer's drought, he said.

"Unfortunately, many farmers within my district couldn't afford crop insurance — so they won't be eligible for the disaster assistance," said Pursell, who represents Plymouth, Plymouth Township and northern Livonia.

Pursell said he would seek a waiver for farmers allowing those who weren't eligible for crop insurance to receive emergency loans. He also said he would seek to make the federal crop insurance program more cost-effective.

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4

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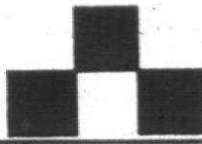
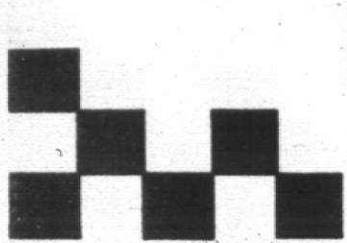
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U.S. General Services Administration



taste buds

chef Larry Janes



No guest dared try the pate

I can remember, a few years back, coming to a Janes family holiday function with an elegant silver tray, laden with scrumptious goose liver pate and English biscuits.

When the Janeses throw a party, everyone congregates around the buffet table because the longstanding family motto still stands — "first come, first served."

I was somewhat disappointed to find that I was the only person enjoying the pate. At the end of the evening, when the table was being cleared and the dishes washed, I politely asked why no one would even try it.

The word was put out earlier that yours truly was bringing "chopped liver." As far as the family was concerned, all the effort — fresh ground meats, splashes of imported cognac and herbs was just that — "chopped liver." One of the lesser-liked cousins even implied that my creation had come "out of a can" like some form of potted meat.

In all honesty, and with a little humor, I wouldn't be that far off by calling Spam a crude form of pate. Even the omnipresent meatloaf, in its true right, could be called a pate.

If you couldn't guess by now, pates (pronounced pa-tays — every now and then at fancy restaurants, you can hear the waiters giggle when customers request pates making it sound like "plates" without the "l") are of French origin. So developed is the art of the pate in France that even distinctions in shapes and ingredients have warranted their own special names.

HENCE, WE HAVE not only the classic pate, which is always presented in a light pastry crust, but other pates, known as terrines, ballotines, galantines and mousses. The difference between meatloaf and a pate lies principally in the choice of ingredients and their proportions.

The American version of meatloaf is often one kind of meat — usually beef — homogeneously ground with eggs, rice and tomatoes. In contrast, the French will combine several meats, typically pork and veal, with whatever other component — it might be chicken, duck or rabbit — that gives the dish its name. And the surprising thing is that the "title" ingredient accounts for only 15 percent of the total.

Key ingredient is pork fat, which must account for no less than 30 percent of the content. For added visual and textural interest, other forcemeats are chopped, cubed, sliced, julienned and ground. These further the great taste.

Finally, the cooking procedures of pates are significantly different than just plain old meatloaf. True, pates completely enclosed in a pastry crust warrant normal baking procedures but the French prefer to poach, braise or bake in a water-filled pan to help retain the juices and ensure uniform cooking of the pate.

And they thought it was just chopped liver!

A few general tips to remember when making a no-fail pate include:

1. Rectangular terrines or loaf pans are the most practical because the contents are easier to remove and slice.
2. All pates are best cooked slowly, never more than 350 degrees. Meat pates are done when they register 160 degrees on a thermometer.
3. Seasoning must be checked by tasting a small amount of the mixture in advance. It should be quite spicy since cold foods invariably taste bland unless they are slightly overseasoned.
4. Don't place a weight on the pate; it only serves to squeeze out the juices and make it dryer. Give a cooked pate a night in the fridge so flavors can mellow and blend and juices can congeal.

And if all else fails and they still won't eat your pate, crumble it and stir into a large pot of tomato sauce, spice it up a bit and you'll have the best tasting spaghetti around — and have the satisfaction that the family still enjoyed your pate — even if they didn't know what it was they were eating. Bon Appetit!

DUCK PATE WITH PISTACHIOS
1 duck, approximately 4-5 pounds
salt and pepper
13 tbsp. cognac
1 lb. ground veal
1 lb. ground pork
¾ lb. ground pork fat
3 eggs
4 cloves garlic, minced
¾ tsp. salt
1 ½ tsp. fresh ground pepper



STEVE FECHT/staff photographer

Wayne County executive Ed McNamara and his wife, Lucille, prepare a recipe for the holidays in the kitchen of their Livonia home. The whole family will be coming over Christmas morning. Breakfast will center around the Egg Casserole (Strata).

Celebrities share recipes

Specialties for holiday season

Christmas and Hanukkah holidays are a time for giving and sharing.

Some of this area's best-known people have been asked to provide a recipe that is one of their holiday favorites. Perhaps it will become one of yours.

More celebrity recipes are on Page 2B.



Judge John and Janet Dillon

HOLIDAY PATE

Whenever my mother cooked a turkey, she always simmered the liver, neck, heart and gizzard with some chopped celery and onion. This broth she later used to moisten the dressing. She had a meat grinder that attached to the edge of the kitchen table and the cooked giblets were then ground up with an onion, a couple of fresh garlic cloves, and then mixed with mayonnaise, a little Worcestershire, parsley, and salt and pepper.

This was chilled and then served to spread on saltine crackers. A batch of whiskey sours, which she shook up in a quart jar accompanied this delicious treat, which whetted our appetite for the turkey dinner.

Now even Taco, our dog gets excited when she sees me attach the old meat grinder to the table, in hopes that a few morsels might "fall" her way.

17th District Judge John and Janet Dillon, Redford Township

Ed and Lucille McNamara

This casserole is prepared the day before Christmas. We open our gifts in the morning while it bakes. We have orange juice (champagne, optional) early, and our breakfast consists of the Strata, buttered toast, either fresh fruit salad or home cooked cinnamon applesauce and coffee cake, and lots of fun and laughter. The entire family is home for these activities.

EGG CASSEROLE (STRATA)

8 slices white bread, remove crusts and place in 9x13 buttered casserole dish
1 lb regular bulk sausage browned
½ lb spicy hot bulk sausage browned
Drain sausage and layer on bread
5 large eggs, beaten slightly
2 ½ cups milk
¼ teaspoons dry mustard
salt and pepper to taste

Mix egg, milk, dry mustard, salt and pepper well and pour over sausage and bread. Cover and refrigerate overnight.

Before baking, spread over the top: 1 can cream of mushroom soup; 1 can button mushrooms (drained) or lightly sauted fresh mushrooms. Bake at 300 degrees for 1 ½ hours. Serves 6 to 8 people.

— County Executive Ed and Lucille McNamara, Livonia



Supt. James and Irene Carli

ITALIAN CHOCOLATE TORTE

This Italian Chocolate Torte has been in the family for decades and has been a holiday favorite. The recipe came from Jim's father's family which migrated from Italy.

The torte is almost as important a tradition near Christmas as decorating the tree. There is not much concern for losing the Italian torte tradition since Jim, his three brothers, their respective families and friends continue to make the dessert.

This scrumptious torte is for those with

discerning eyes, discriminating palates, and chocolate lovers. Happy Holidays and enjoy!

Cake

6 eggs, separated
1 cup sugar
1 cup sifted cake flour
2 tsp. baking powder
2 square (2 ounces) unsweetened chocolate
1 tsp. vanilla

Filling

½ cup sugar
½ cup cornstarch
1 egg yolk
2 cups milk
1 cup butter
1 cup sifted confectioners sugar
1 tsp. vanilla
Semi-sweet chocolate shaved

Cake: Beat egg yolks and sugar together. Sift flour with baking powder, fold into egg yolk and sugar mixture. Beat egg whites until stiff; fold in chocolate and vanilla. Pour into ungreased 10-inch tube pan. Bake in 325-degree oven for 30 minutes. When baked, turn cake upside down until cold.

Filling: Combine sugar and cornstarch. Blend in egg yolk. Add milk gradually, cook until thickened while stirring constantly. Let stand until cold. (This custard will be very thick when cold). Cream butter, sugar and vanilla together, add custard and beat 20 minutes at medium speed. Cut cake into 3 layers; fill and frost with filling. Sprinkle sides and top of torte with finely shaved semi-sweet chocolate. Store in refrigerator several hours before serving. (Suggest preparing 24 hours ahead).

Superintendent of Schools James and Irene Carli, Livonia

CHRISTMAS COCONUT CAKE

This is my great-grandmother's recipe and was only served at Christmas time. My mother had to grate the coconut, as did her mother, by hand on a grater that was very hard on the hands. The tradition of serving this cake only at Christmas makes each member of the family look forward to this treat with great excitement and anticipation.

Bake your favorite white cake or "box" cake, using three (3) 8-in. cake pans. If you are planning to serve more people, double the recipe and use three (3) 9-in. cake pans.

FROSTING:

Grate (very fine) the meat of two (2) fresh coconuts

3 tbsp. cream
3 cups sifted confectioner's sugar
¼ cup soft shortening
1 ½ tsp. vanilla
¼ cup milk from coconuts
Mix all ingredients above, set aside until cake has cooled.

After cake has cooled spread generously between each layer and top of cake. If it is not too difficult, you may try to get this coconut frosting to stick to sides of cake. After you have finished frosting, wrap the cake in a dampened cheese cloth and keep it damp and store cake in a container in a cold (not freezing) place for 4 or 5 days before serving. It is a very moist cake.

— Flossie Tonda, Plymouth-Canton Community



Flossie Tonda

No one dared try goose liver pate

Continued from Page 1

1 tsp. ground allspice
1 tsp. ground nutmeg
1 tsp. dried thyme, crumbled
1/2 tsp. ground cloves
1/4 tsp. sage
1 cup pistachios, chopped

Using a sharp knife, cut along the backbone and using fingers, gently remove skin from the duck, being careful not to tear. Sprinkle skin with salt and pepper and rub the inside with 1 tablespoon cognac. Separate the legs and breast pieces from the body. Cut breasts into 3 strips and sprinkle with salt and pepper. Add 4 tablespoons cognac and allow to stand until ready to use. Bone leg pieces. Grind or process the remaining duck meat with the liver. Transfer to a large bowl and add remaining 8 tablespoons cognac, veal, pork, pork fat, eggs, garlic salt, pepper, allspice, nutmeg, thyme, cloves and sage and mix well. Fry a small amount of the mixture and taste. Adjust seasonings, if necessary. Stir in pistachios. Line a small loaf pan with the duck skin. Spoon half the mixture into mold and pat to pack tightly. Top with duck breast strips, cover with remaining mixture. Fold skin over the top. Cover tightly with foil. Set in a roasting pan and add enough hot water to come halfway up the sides of the loaf pan. Bake at 350 degrees for about 2 1/2 hours or until internal temperature reaches approximately 160 degrees on a meat thermometer. Allow to cool, then chill, covered, for at least 2 days. Remove from pan, slice and serve with toast.

EASY DANISH PATE
1 lb. uncooked calves liver
1/2 lb. pork fat
1 small onion
2 eggs, beaten
1 tsp. salt
1/4 tsp. pepper
2 1/2 cups milk
1/2 cup bread crumbs
3 tbsp. flour
1/2 lb. bacon strips

Grind liver, fat and onions through a grinder or processor. Stir in eggs, salt and pepper, milk and bread crumbs with flour. Line a loaf pan with bacon strips and spoon in mixture, packing tightly. Cover with bacon strips and bake at 350 degrees for 1 1/2 hours. Serve hot as a main course with bread or can be refrigerated, sliced and served as pate with crackers and toast points.

WALNUT TERRINE
10 slices larding fat or bacon strips
1/2 lb. ground veal
1/2 lb. ground pork
1 egg
2 1/2 tsp. chopped shallot
2 medium cloves garlic, minced
1 tsp. flour
1 1/2 tsp. salt
1/4 tsp. tarragon, finely crushed
1/4 tsp. allspice, ground
1/4 tsp. nutmeg
1 cup whole shelled walnuts

Line a 4-cup loaf pan with fat or bacon. Combine all remaining ingredients except walnuts and blend well. Add walnuts and mix gently. Pack into the terrine or loaf pan. Cover with foil. Set in a shallow pan of hot water and bake until a meat thermometer inserted in the center registers 160 degrees, about 1 1/2 hours. Cool, then refrigerate. Remove from pan and slice thinly to serve with toast points or crackers.

PATE DICTATIONARY
Next time you visit a fancy restaurant and the waiter tosses around names you thought belonged to Marie Antoinette, remember this simple pate dictionary with the classic definitions:
Pate: Pastry crust with filling of meat, fowl, fish, vegetables or fruit. Served hot or cold.
Terrine: Earthenware dish lined with bacon or fat in which meat, fish, fowl or vegetables are cooked. Normally baked in a slow (300 degrees) oven, often in a water bath to control temperature. Serve cold.

CRANBERRY-PEAR SALAD
1 medium orange, peeled
2 medium pears, cored and coarsely

chopped
1/2 cup seedless green grapes, halved
1/2 of an 8-ounce can (1/2 cup) whole cranberry sauce

Section orange over a small bowl, reserving juice in bowl. In a medium bowl combine orange sections, pears and grapes. Stir cranberry sauce into reserved orange juice; pour over fruit mixture. Toss to coat. Makes 4 servings.

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Celebrities give holiday recipes



Township Clerk Esther and Ken Hulsing, Plymouth Township

SWEDISH PICKLED SHRIMP
2 to 2 1/2 lbs. fresh or frozen shrimp in shells
1/4 cup celery tops
1/4 cup mixed pickling spices
1 tsp. salt
2 cups sliced onions
7 or 8 bay leaves
1 recipe Pickling Marinade

Cover shrimp with boiling water; add celery tops, spices and salt. Cover and simmer for 5 minutes. Drain, then peel and de vein under cold water. Alternate cleaned shrimp, onions and bay leaves in shallow baking dish. Marinate as below.

PICKLING MARINADE: Combine 1 1/2 cups salad oil, 1/4 cup white vinegar, 3 tablespoons capers and juice, 2 1/2 teaspoons celery seed, 1 1/2 teaspoons salt, and a few drops of Tabasco sauce. Mix well. Pour over shrimp. Cover; chill at least 24 hours, spooning marinade over shrimp occasionally. Remove bay leaves. Drain and serve. These pickled shrimp will keep at least a week in the refrigerator. Makes about 6 servings.



Supervisor Jim and Maureen Kelly, Redford Township

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2 medium pears, cored and coarsely

chopped
1/2 cup seedless green grapes, halved
1/2 of an 8-ounce can (1/2 cup) whole cranberry sauce

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CHRISTMAS WAFERS
1 cup butter
1/2 cup half and half
2 cups flour
Mix and chill overnight. Roll out dough and cut into small circles with a cookie cutter. Dip in granulated sugar and pick with a fork.
Bake at 400 degrees for 7-8 minutes (they will not brown).
Put together as wafers with the following icing:
1/4 cup butter
1/2 cup confectioner's sugar
1 egg yolk
1 tsp vanilla
Food coloring if desired.

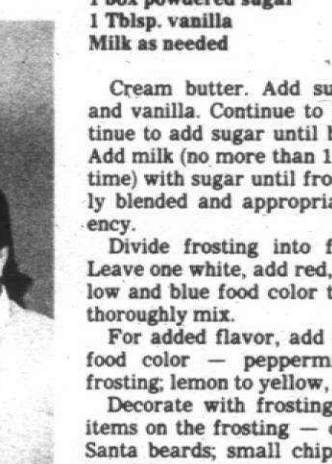


18th District Judge Gail and Richard McKnight, Livonia and Board of Education trustee.

DECORATED BUTTER COOKIES
My mother, sister and I made these cookies for as long as I can remember. My mom died in 1958, but my sister and I as teenagers always made mom's cookies at Christmas. She and I made them together in the late 1960s when we both were first married. Now we each make them with our families.
My children, Ted, 18, Molly, 15 and husband Dick have never missed a year. I now usually do the baking and the cutting out, but everyone joins in for the decorating.

Every year I add a new cookie cutter or two that represents something new in our family. This year I have added a cutter of the state of Colorado. It'll be decorated with Denver highlighted where Ted is in school. We do Michigan and Illinois cookies to represent where our McKnights are. We, of course, do lots of Santas, Christmas trees and angels, sharing them all with neighbors and other McKnight relatives.

BUTTER COOKIES
2 sticks butter
1/2 cup granulated sugar
1 egg
1 Tbsp. vanilla
3 cups sifted flour
1/4 tsp. baking powder
Cream butter. Add sugar gradually until butter and sugar are mixed. Add egg and vanilla. Mix well. Combine flour and baking powder. Add flour mixture slowly. The mixture becomes dough-like. Form a ball. Chill at least two hours; overnight is even better. Cut ball in half. Roll out to 1/4-inch thickness on dusted board. Cut out Christmas shapes. Place on ungreased cookie sheet. Bake at 425 degrees 5-7 minutes on middle rack of oven. Cookies are done when lightly browned. Adjust time, based on your own oven.



City Manager Jon and Lori Austin, Garden City

FRESH CRANBERRY CAKE
Combine and set aside:
1/2 cup orange juice
1/4 cup sugar (or 1/4 cup rum)
Sift together:
2 1/4 cups flour
1 tsp. salt
1 tsp. baking powder
1 cup sugar
1 tsp. soda
Mix with flour mixture:
1 cup nuts
1 cup coconut
1 cup fresh, uncooked cranberries
grated rind of 2 oranges
In small bowl combine:
2 eggs beaten
1/4 cup salad oil
1 cup buttermilk

Add liquids to flour mixture and blend until smooth. Pour into well greased tube pan. Bake one hour at 350 degrees. Cool enough to touch, then turn out. While cake is still warm, pour orange juice mixture over all. Drain standing liquid. Decorate with greenery and more fresh cranberries for a festive dessert!

KRAUT SALAD
1 cup sauerkraut, drained and chopped

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CHRISTMAS WAFERS
1 cup butter
1/2 cup half and half
2 cups flour
Mix and chill overnight. Roll out dough and cut into small circles with a cookie cutter. Dip in granulated sugar and pick with a fork.
Bake at 400 degrees for 7-8 minutes (they will not brown).
Put together as wafers with the following icing:
1/4 cup butter
1/2 cup confectioner's sugar
1 egg yolk
1 tsp vanilla
Food coloring if desired.



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1 egg
1 Tbsp. vanilla
3 cups sifted flour
1/4 tsp. baking powder
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Sift together:
2 1/4 cups flour
1 tsp. salt
1 tsp. baking powder
1 cup sugar
1 tsp. soda
Mix with flour mixture:
1 cup nuts
1 cup coconut
1 cup fresh, uncooked cranberries
grated rind of 2 oranges
In small bowl combine:
2 eggs beaten
1/4 cup salad oil
1 cup buttermilk

Add liquids to flour mixture and blend until smooth. Pour into well greased tube pan. Bake one hour at 350 degrees. Cool enough to touch, then turn out. While cake is still warm, pour orange juice mixture over all. Drain standing liquid. Decorate with greenery and more fresh cranberries for a festive dessert!

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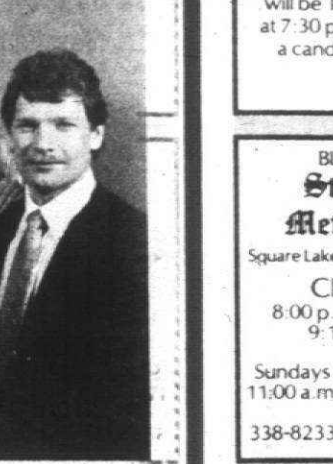
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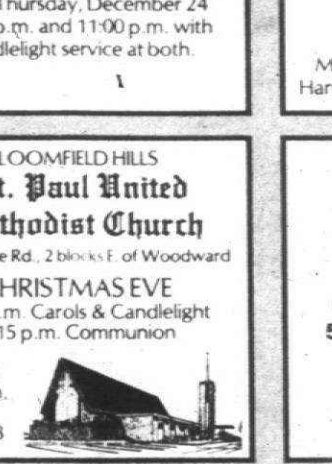
GRANDMA K'S Honey & Spice SPIRAL SLICED HAM
Let your Kowalski sales clerk help you select a Grandma K's Honey & Spice SPIRAL SLICED HAM. It's prepared with the special old world touches that you've learned to expect with the Traditional Excellence of all Kowalski products. Grandma K's Hams are fully cooked and ready to eat — the finest ham you've ever served. Place your order at least one day in advance.

A Variety of PARTY TRAYS
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Place your order at least one day in advance at any Kowalski store or by calling 873-8200.

Kowalski "Kowalski"
Since 1920

CHRISTMAS WAFERS
1 cup butter
1/2 cup half and half
2 cups flour
Mix and chill overnight. Roll out dough and cut into small circles with a cookie cutter. Dip in granulated sugar and pick with a fork.
Bake at 400 degrees for 7-8 minutes (they will not brown).
Put together as wafers with the following icing:
1/4 cup butter
1/2 cup confectioner's sugar
1 egg yolk
1 tsp vanilla
Food coloring if desired.



18th District Judge Gail and Richard McKnight, Livonia and Board of Education trustee.

DECORATED BUTTER COOKIES
My mother, sister and I made these cookies for as long as I can remember. My mom died in 1958, but my sister and I as teenagers always made mom's cookies at Christmas. She and I made them together in the late 1960s when we both were first married. Now we each make them with our families.
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BUTTER COOKIES
2 sticks butter
1/2 cup granulated sugar
1 egg
1 Tbsp. vanilla
3 cups sifted flour
1/4 tsp. baking powder
Cream butter. Add sugar gradually until butter and sugar are mixed. Add egg and vanilla. Mix well. Combine flour and baking powder. Add flour mixture slowly. The mixture becomes dough-like. Form a ball. Chill at least two hours; overnight is even better. Cut ball in half. Roll out to 1/4-inch thickness on dusted board. Cut out Christmas shapes. Place on ungreased cookie sheet. Bake at 425 degrees 5-7 minutes on middle rack of oven. Cookies are done when lightly browned. Adjust time, based on your own oven.

FRESH CRANBERRY CAKE
Combine and set aside:
1/2 cup orange juice
1/4 cup sugar (or 1/4 cup rum)
Sift together:
2 1/4 cups flour
1 tsp. salt
1 tsp. baking powder
1 cup sugar
1 tsp. soda
Mix with flour mixture:
1 cup nuts
1 cup coconut
1 cup fresh, uncooked cranberries
grated rind of 2 oranges
In small bowl combine:
2 eggs beaten
1/4 cup salad oil
1 cup buttermilk

Add liquids to flour mixture and blend until smooth. Pour into well greased tube pan. Bake one hour at 350 degrees. Cool enough to touch, then turn out. While cake is still warm, pour orange juice mixture over all. Drain standing liquid. Decorate with greenery and more fresh cranberries for a festive dessert!

KRAUT SALAD
1 cup sauerkraut, drained and chopped

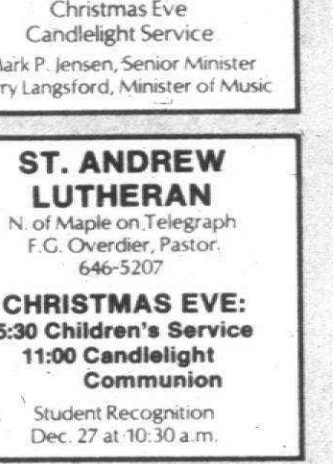
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Sift together:
2 1/4 cups flour
1 tsp. salt
1 tsp. baking powder
1 cup sugar
1 tsp. soda
Mix with flour mixture:
1 cup nuts
1 cup coconut
1 cup fresh, uncooked cranberries
grated rind of 2 oranges
In small bowl combine:
2 eggs beaten
1/4 cup salad oil
1 cup buttermilk

Add liquids to flour mixture and blend until smooth. Pour into well greased tube pan. Bake one hour at 350 degrees. Cool enough to touch, then turn out. While cake is still warm, pour orange juice mixture over all. Drain standing liquid. Decorate with greenery and more fresh cranberries for a festive dessert!

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In small bowl combine:
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KRAUT SALAD
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BEVERLY HILLS UNITED METHODIST CHURCH
Evergreen & 13 Mile Road
CHRISTMAS EVE SERVICES
of
CANDLELIGHTING, CAROLS,
COMMUNION
7:00 and 11:00
John W. Bray, Pastor

OPE LUTHERAN CHURCH
39200 W. 12 Mile Road
Farmington Hills, MI 48331
December 24
Candle Light Service
7:30 p.m.
December 25
Festival Eucharist
10:45 A.M.
Victor H. Mesenbring, Pastor

Kirk In The Hills
Presbyterian
1340 W. Long Lake Rd. • Bloomfield Hills • 626-2515
CHRISTMAS EVE
Family Service 5:00 p.m.
(Infant care provided for Family Service only)
Holy Night Services 7:30 & 10:00 p.m.
MINISTERS
James F. Anderson • Robert L. Lindsey • Brian R. Paulson

THE COVENANT BAPTIST CHURCH
5800 West Maple Road
West Bloomfield, MI 48322
855-9191
Living Nativity
December 22 & 23, 7:00 p.m. - 9 p.m.
December 24, 4:45 p.m. - 6:00 p.m.
Christmas Eve
Candlelight Service
6:30 p.m.

COMMUNITY CONGREGATIONAL CHURCH
27800 Southfield Rd. at 11 1/2 Mile Rd.
Lathrup Village • 557-0044
CHRISTMAS EVE
7:00 p.m. Family Service
11:00 p.m. Candlelight Service
"The Light of Christmas"
Rev. Thomas H. Beaven
Everyone Welcome
Sunday Services 10:00 a.m.

OUR SHEPHERD
LUTHERAN CHURCH
MISSOURI SYNOD
2225 E. 14 Mile Road
Birmingham, Michigan
646-6100
4 blocks east of Woodward (Park in Rear)
Rev. Howard G. Allwardt • Rev. Ray E. Scherbarth
Christmas Eve 6:30 and 11:00 p.m.
Christmas Day 10:00 a.m.
New Year's Eve 7:00 p.m.
New Year's Day 10:00 a.m.

FIRST UNITED METHODIST CHURCH BIRMINGHAM
1589 West Maple at Pleasant
Ministers: Robert P. Ward • William R. Wright
Ronald K. Fulton • Charles H. Beynon
CHRISTMAS EVE
4:00 p.m.
Family Service
All Ages Welcomed!
8:00 & 11:00 p.m.
Traditional Communion Services
Child care at 8 p.m. only

First United Methodist Church
33112 Grand River, Farmington
Rev. Arthur L. Spafford, Minister
Dec. 20 - 10:00 a.m.: Worship "Just Follow The Signs"
Christmas Eve - 6:30 p.m. and 11:00 p.m.
Service of Carols and Lights
"God's Word Breaks The Silence"
Nursery Provided

Northbrook Presbyterian
22055 W. 14 Mile Rd. at Lahser Rd. • 642-0200
Pastors: M.L. Dunkelberger and Peter Moore
Thursday, December 24, Christmas Eve
5:30 p.m. - Family Worship - Children Welcome to Attend
Youth Choirs perform musical, "Oh My Stars, It's Christmas"
8:00 p.m. - Candlelight Worship Service
Service of the Word and Northbrook's handbell choir
11:00 p.m. - King's College Service of Candles and Communion
Adult Choir
Visitors are Most Welcome

christ church cranbrook
EPISCOPAL
470 Church Road
Lone Pine & Cranbrook Roads
Bloomfield Hills, Michigan 48013
(313) 644-5210
WEDNESDAY, DECEMBER 23
2:00 p.m. - Christmas Eucharist
and Holiday Tea
CHRISTMAS EVE
5:00 p.m. - Eucharist & Creche Filling
8:00 p.m. - Festival Holy Eucharist
11:00 p.m. - Festival Holy Eucharist
CHRISTMAS DAY
10:00 a.m. - Holy Eucharist

CHURCH OF OUR SAVIOUR
PRESBYTERIAN
Candlelight Christmas Eve Services
6:00 p.m.
11:00 p.m.
Nursery Provided
6655 Middlebelt (S. of Maple)
West Bloomfield 626-7606
WORSHIP • FELLOWSHIP • FRIENDSHIP

ST. JAMES EPISCOPAL CHURCH
355 West Maple
Birmingham, Michigan 48011
CHRISTMAS EVE
December 24, 1987
7:00 p.m. - Family Choral Eucharist (Junior Choir)
There will be nursery care at the 7:00 p.m.
9:00 p.m. - Family Choral Eucharist
(High School and College Choir)
11:00 p.m. Festival Choral Eucharist (Senior Choir)
CHRISTMAS DAY
December 25, 1987
10:00 p.m. - Holy Eucharist with Carols

CROSS OF CHRIST LUTHERAN CHURCH
Lone Pine and Telegraph
Bloomfield Hills
Phone 646-5886
DECEMBER 24
Christmas Eve Services
6:00, 8:00 and 11:00 p.m.
DECEMBER 24
Christmas Eve Services
6:00, 8:00 and 11:00 p.m.
DECEMBER 25
Christmas Day Service 10:30 a.m.
DECEMBER 31
New Years Eve Services
7:00 p.m.
JANUARY 6
Epiphany Service 7:30 p.m.

St. Paul's United Methodist Church
620 Romeo Street, Box 307, 651-9361
Rochester, Michigan 48063
CHRISTMAS EVE
Thursday, December 24, 1987
5:30 p.m. FAMILY CELEBRATION AND CANDLELIGHT SERVICE
Meditation - "Softly, Softly" - Dr. Hickey
7:30 p.m. FAMILY CELEBRATION AND CANDLELIGHT SERVICE
Meditation - "Softly, Softly" - Dr. Hickey
9:30 p.m. FAMILY CELEBRATION AND CANDLELIGHT SERVICE
Meditation - "Softly, Softly" - Dr. Hickey
11:30 p.m. WORSHIP AND CANDLELIGHT SERVICE
Sermon - "God Has Spoken" - Dr. Hickey
In Christian Science, Christmas stands for the real, the absolute and eternal - for the things of Spirit, not of matter. The basis of Christmas is love, loving its enemies, returning good for evil, love that "suffereth long and is kind."
Mary Baker Eddy, The First Church of Christ Scientist & Miscellany
We invite you to join us Wed., Dec. 23 at 8:00 p.m.
Testimony Meeting followed by Christmas Song at 9:15 p.m.
* First Church of Christ, Scientist
1119 North Main Street • Rochester, MI 48063
Phone 652-3155 Reading Room Phone 651-1881
Sunday Service & Sunday School
on Dec. 27 at 10:30 a.m.

ORCHARD UNITED METHODIST CHURCH
30450 Farmington Road
Farmington Hills, Michigan
Between 13 & 14 Mile Roads
626-3620
MINISTERS: Paul F. Blomquist
James E. Greer II
DIRECTOR OF MUSIC: Jan Brachel
CHRISTMAS EVE
5:00 p.m. - Traditional Family Service
Children's Choirs
Candlelight Ending
9:00 p.m. - Christmas Eve Message
Chancel Choir
Candlelight Worship
11:00 p.m. - Holy Communion
Quiet Meditation
Candlelight Closing
Nursery for Crib thru 2 years olds at 5:00 p.m. only.



FAITH COVENANT CHURCH
14 Mile & Drake
Farmington Hills
661-9191
"COME LET US RETURN TO THE LORD"
Hosea 6:1
You've been away for awhile. Welcome back home! "Return to me" says the Lord, "and I will return to you."
Christmas Eve Candlelight Services: 5:00 p.m. & 11:00 p.m.
Child Care Available.

FIRST PRESBYTERIAN CHURCH OF BIRMINGHAM
1669 West Maple • 644-2040
CHRISTMAS EVE
5:00 p.m. - Carol Service for Young and Old
Youth Choir, Scriptures
Congregational Carols
11:00 p.m. - Traditional Christmas Eve Worship
Meditation: The Reverend Roland Perdue
"GOOD TIDINGS, CAROLS AND GOSPEL"
Chancel Choir and Instruments
* Child care available for 5:00 p.m. only.

CHRISTMAS EVE By CANDLELIGHT
A Celebration For the Entire Family
December 24, 1987
10:00 P.M.
LIVONIA BAPTIST CHURCH
32940 Schoolcraft Road
Livonia, Michigan 48150
For Information Call: 422-3763
Come and Join Us For The Special Time of Worship

Hosanna - Tabor Lutheran Church
9600 Laverne, S. Redford
(Halfway between Beech Daly & Inkster Rd.)
CHRISTMAS EVE
Family Carol Service 6:00 p.m.
Candlelight Service 10:30 p.m.
CHRISTMAS DAY
Festival Service 10:00 a.m.
Rev. Glenn P. Kopper, Pastor

First Presbyterian Church of Plymouth
CHRISTMAS EVE
5:00 p.m. - Family Service of Scripture and Carols
8:00 p.m. - Candlelight Communion Service
11:00 p.m. - Festival Candlelight Service of Scripture, Music and Poetry
DECEMBER 27th
10:00 a.m. - Service of Lessons and Carols
Philip Rodgers Nagle, Minister
Mark Morningstar, Assistant Minister

First United Methodist Church
45201 N. Terminal Rd. • Plymouth, Michigan 48170 • (313) 453-1280
CHRISTMAS EVE - Three Services
6:00 p.m. & 8:00 p.m. - Family Worship - Candlelight, Carols and Proclamations
10:00 p.m. - Holy Communion and Candlelight
Special Music by Choir, Organ and Handbells
Nursery Care Provided

NATIVITY UNITED CHURCH OF CHRIST
9435 Henry Ruff
Livonia • 421-5406
Rev. Donald Lintelman, Pastor
CHRISTMAS EVE
DECEMBER 24, THURSDAY
11:00 p.m. Candlelight Services
"The Gift Has Arrived"
DECEMBER 27, SUNDAY
10:00 A.M. Service
"Speaking of Time"
Babysitting Available

ST. JOHN'S LUTHERAN CHURCH
13542 Mercedes Ave., Redford
(1 block south of Schoolcraft, 1 block east of Inkster)
Phone: 538-2660
8:00 P.M. Christmas Eve
Candlelight Carol Service with Holy Communion
10:00 A.M. Christmas Day
Worship with Holy Communion
Special Finnish Language Christmas service at 8:30 a.m. on Christmas Day

St. Paul's Lutheran
Wisconsin Synod
17810 Farmington Road
Christmas Eve
Family Candlelight Service
7:00 p.m.
Christmas Day
Matins Song Service
10:00 a.m.
Everyone Welcome!

ANTIOCH LUTHERAN CHURCH
33360 West 13 Mile Road
Corner of 13 Mile & Farmington
Farmington Hills • 626-7906
Pastor Gary D. Johnson
Christmas Eve Services
7:00 p.m. & 10:30 p.m.
Candlelight Service
Sunday, December 27th
10:00 a.m.

CHRIST THE GOOD SHEPHERD LUTHERAN CHURCH
Missouri Synod
42690 Cherry Hill Rd. • Canton • 981-0286
Dec. 24 - 7:00 p.m. Children's Program
Dec. 24 - 11:00 p.m. Candlelight Service
Dec. 25 - 10:30 a.m. Christmas Worship
Dec. 31 - 7:00 p.m. New Years Eve Worship

CHRISTMAS EVE
CANDLELIGHT SERVICE
7:30 p.m.
For the Whole Family - Nursery Care Provided

RESURRECTION LUTHERAN CHURCH
8850 Newburgh at Joy
Livonia
CANDLELIGHT SERVICE
Dec. 24 - 7:30 p.m.
Merlin E. Jacobs, Pastor
427-9575

ST. MICHAEL PARISH
11441 Hubbard
Livonia, MI 48150
CHRISTMAS SCHEDULE
Eve: 5:00 p.m., 7:00 p.m., 9:30 p.m.
Day: 10:00 a.m., 12 noon

ST. TIMOTHY PRESBYTERIAN CHURCH
16700 Newburgh Road
Livonia, Michigan
THE CHRIST FESTIVAL
Christmas Eve at 7:30
Theme: "The Magic of the Night"
The Traditional Service will include Carols, Communion and lighting of candles
Rev. J. Conla Smith, Interim Pastor
This Creative Christ Centered Congregation invites you to celebrate with us

FAITH COMMUNITY MORAVIAN CHURCH
46001 Warren Road
one block west of Canton Center
Canton
CHRISTMAS EVE
CANDLELIGHT SERVICE
7:30 p.m.

TIMOTHY LUTHERAN CHURCH
8820 Wayne Rd. - Livonia
(313) 427-2290
CHRISTMAS EVE SERVICES
at 7:30 p.m. and 11:00 p.m.
Roland C. Troike, Jr.
Pastor
All Visitors Welcome!!!

First Baptist Church
45000 NORTH TERRITORIAL ROAD
PLYMOUTH, MICHIGAN 48170
455-2300
December 24th - 7:30 p.m.
Christmas Eve Service
Candlelight & Carols
December 27th
9:40 a.m. Sunday School
11:00 a.m. & 6:30 p.m.
Worship Dr. William M. Stahl
Pastor

"REJOICE IN CHRIST'S BIRTH"
St. Peter's Evangelical Lutheran Church
1343 Penman Ave. - Plymouth-4532-3393
(one block west of Downtown Plymouth)
CHRISTMAS EVE - Children's Service - "Spread The Word"
CHRISTMAS DAY - Worship - 10:00 a.m.
A CARING PLACE
We care because He cared and gave His life that we might live.

ST. JOHN'S EPISCOPAL CHURCH
574 S. Sheldong Road - Plymouth
CHRISTMAS EVE WORSHIP
6:40 p.m. Youth Choir & Handbell Musical Offering
7:00 p.m. Festival Holy Eucharist of the Nativity
(Nursery Care Available)
10:40 p.m. Musical Offering with Harp & Flute
11:00 p.m. Festival Holy Eucharist of the Nativity
CHRISTMAS DAY
11:00 a.m. Holy Eucharist & Holy Baptism

Mariners' Church
A House of Prayer for All People
Using the 428 Book of Common Prayer
CIVIC - ANGLICAN - EPISCOPAL
EVE OF CHRISTMAS
Thursday, December 24 - 7:30 & 11:00 p.m.
Duplicate Services: Festival Choral Eucharist
Nursery at 7:30 Service only
Sunday, December 27 - 8:30 a.m. Holy Eucharist
11:00 a.m. The Festival of Lessons & Carols
11:00 a.m. Church School with Nursery
Free Parking - Ford Auditorium Garage with Entrance at Jefferson and Woodward
The Rev. Richard W. Ingalls, Rector
Kenneth Sweetman, A.R.C.C. Organist and Chormaster
170 E. Jefferson Avenue, Detroit 48226 • 259-2206

WARD PRESBYTERIAN CHURCH
17000 Farmington Road
Livonia, MI 48154
CHRISTMAS EVE - Dec. 24
5:00 P.M. Family Christmastime Program
4:30, 6:30 and 8:30 P.M. - Pre-Service
Concert - Ward Chancel Ringers
5:00, 7:00 and 9:00 P.M.
"Faces at the Manger: The Shepherds"
Dr. Bartlett L. Hess
NEW YEAR'S EVE - Dec. 31
7:45 P.M. Communion Service
Rev. John Crimmins
9:00 P.M. - Film "Baseball Mania"
9:45 P.M. - Refreshments
10:30 P.M. - Candlelight Service "Launch Out"
Dr. Bartlett L. Hess
Special Music by Karen Kelly, Soprano

UNITY OF LIVONIA
affiliated with Unity School of Christianity
Publisher of the "Daily Word"
The Most Beautiful Services of the Year

1987 CHRISTMAS CANDLELIGHTING
Wednesday & Thursday Evenings
December 23rd & 24th 7:30 p.m.
"To Jesus with Love" is the Reverend Sorenson's subject.
Everyone who comes will receive a candle to use in a special way during the service. Rev. Billy Collins will share in this special time for the whole family. This is a good time for friends to attend Unity Christmas Candlelighting gives such a special meaning to this time of the blessed birth.
Jesus is the reason for the season
Special music will be provided by our Christmas Choir.
Identical services. Child Care provided.
RE-LIGHT YOUR CANDLE SERVICE
Tuesday, December 28th, 11:30 a.m.
Rev. Gene Sorenson and organist Marie Connors bring you a special prayer service to keep Christmas alive in your heart. Bring your candle from the candlelighting service and come...light it...and enjoy the traditional Christmas Carols and Silent Unity Service.
Sunday Services 10:00 and 11:30 a.m., with
Gene Sorenson, Sr. Minister
Child Care and Classes for all ages
Sunday Evening Vesper Service 8:00 p.m. with
Billy Collins, Associate Minister
featuring Candlelight Oasis and Sing-along
28660 Five Mile Road, between Inkster & Middlebelt
421-1760
Dial-A-Positive Thought
261-2440
Children's Joyline
421-5555

Get in soup-making habit Tips for diabetics: learn to 'eat smart'

Back in the days of wood or coal kitchen stoves, a soup or stockpot seemed to be part of the picture. Soup making was a habit. The stockpot was always simmering and ready for a handful of onions, beans or leftovers. Nowadays, with our fast-paced lives, soup comes in a can or a box. Great-tasting soup does not have to take much time to make for lunch, dinner or even breakfast.

You can make two kinds of soup from scratch: soup on purpose or soup by circumstance. Soup on purpose is when you deliberately assemble or buy the ingredients. Soup by circumstance or happenstance is a collection of bits and pieces from the refrigerator or freezer (leftovers).

Most leftover meat and vegetable tidbits will only keep in the refrigerator for a couple of days. So don't wait too long to make the soup or you'll need to freeze these bits and pieces.

The best soup is still made from homemade stock. If you have made stock from a chicken carcass or beef bones and cannot use it immediately, freeze it. Stock is quite perishable so don't keep it in the refrigerator for more than two days. Fish and vegetable stock are important for meatless soup making.

Homemade stock can be used to dilute condensed soups and add some additional nutritional value to them. A key to a good stock is to start the cooking in cold water. This helps to draw out the juices in the bones. Another key is to maintain a low steady heat for a flavorful stock.

DON'T HESITATE to use good canned stock or broth, bouillon granules or cubes in place of homemade stock. With the addition of fresh ingredients the family will think the soup has simmered all day. Use a blender to minimize cooking times of raw vegetables or cut vegetables into small, even-sized pieces for fast cooking. A pressure cooker can be used to speed up the cooking of meat or scraps.

Always remove the fat from soup before serving. Nothing is worse than grease floating on the top of the bowl of soup. Chill the soup, the fat will rise to the top and solidify when cold. The solid fat can be easily removed with a spoon.

Floating a paper towel on the top of the soup will also absorb fat. Or put an ice cube in a thin cheesecloth and swish back and forth, the fat will collect on the cloth. Roll up a few sheets of paper toweling, dip in the soup. When fat collects, snip off the end and repeat.

Soup comes under several different titles, such as broth, consommé, cream, chowder, bisque or fruit soup. However, enticing the name, it's soup. For a cream soup, do not boil after adding the milk product or you'll ruin it. Heat just to the boiling point or cook in double boiler.

To make soup creamy, use cream, half and half, sour cream, yogurt or milk. Use parsley lavishly, but dried herbs discreetly in soups. Add herbs at the end of the cooking time for more flavor. If the soup is too spicy, simmer three to four medium potato pieces in it. Then discard potato.

Pound a handful of spinach or celery leaves or parsley and add to the broth before serving for a fine green color.

A nice, rich soup is made by the addition of browned onions or meat or browned onion skins. Tomato skins also will lend flavor and color to a soup. To enhance the flavor of soup, add a little red or white wine or dry sherry. Beer can add an inter-

esting touch to bean, cabbage or vegetable soup. After these additions do not boil the soup.

Be creative with the soup thickening. Noodles, pasta, dumplings, cereal (oatmeal is especially good), rice, raw potato or dry crustless bread are just a few suggestions. Egg yolks are also used as a thickener. However, remember that you add the egg yolks just before serving.

Garnish the soup attractively for serving. In a large tureen, mugs, compote dishes or even small casseroles. Have all soup garnishes at room temperature. A thin slice of lemon or orange is the most popular garnish for a clear or thick soup. Other garnish ideas are floating small cheese or meat balls, pieces of herbs, a sour-cream dollop with herbs, bean sprouts, grated raw carrots, hard-boiled egg slices, nuts or croutons.

Lois Thieleke

home economist, Cooperative Extension Service

By C.L. Rugenstein special writer

Can people with diabetes "eat smart" during the holidays and still enjoy themselves? "Yes," said Patricia Gralewski, registered dietician at Macomb Hospital Center. "Use normal management for diabetes management is maintaining as normal or near-normal a blood-sugar level as possible," she said. She offered some tips on how to do this.

Surprisingly, consistency in timing of meals ranks first, especially for those dependent on insulin. "Eating meals at a regularly scheduled time is important because it prevents swings in blood sugar levels," Gralewski said. Some adjustment may be necessary to accommodate holiday party schedules.

For instance, "If a party supper is set for 8 p.m., and you usually eat at 6, you may have to have your evening snack at 6 p.m. and supper at 8." (Diabetics usually have four meals a day: breakfast, lunch, supper and a snack.) If unsure about switching times, or about anything during the holidays, "Check with your doctor or dietician," Gralewski said.

Tip two is obvious: Avoid refined carbohydrates — pies, cakes or candied yams — because they cause blood sugar to soar. If, however, resistance crumbles when confronted by pumpkin pie, "Make sure you take a small piece and eat it with the meal." Blood sugar will not rise as

rapidly as if the pie were eaten alone.

(AN INCIDENTAL baking tip for diabetics and friends who will host them is to reduce the amount of sugar that recipes call for and add extra vanilla to enhance sweetness.) Tip three is to eat less fat, a good tip for everyone, as heart disease is reputedly the number one killer of Americans but especially of overweight and obese diabetics.

Eating less fat means avoiding the obvious again: fried foods, gravies, and limiting the use of butter or margarine. And for salads, "Use a vinegar-based salad dressing instead of oil." Diemel, available commercially at Meijer's and bulk food stores, is a good example.

Fats can be further reduced by "cleaning up" recipes. When whole milk, cream or sour cream are called for, substitute skim milk, low-fat yogurt or low-fat cottage cheese. Cottage cheese pureed in a blender with a little lemon juice makes an excellent dip, Gralewski said.

Diabetics usually have a food plan individually tailored by a doctor or dietician to meet their calorie needs, so tip four is eat a balanced diet. Choose foods from each of the four

(or in the case of the diabetic exchange list, six) food groups: meat, vegetables, fruit, milk, starch and fat.

"Portion control is very important — don't overeat. You want to have an equal distribution of calories spread over your four meals." The body can handle the food better that way, especially for those on insulin.

ANGEL MACAROONS (Yield: 60, Serving size: 2) 1 16-oz. one-step angel food cake mix 1/2 cup sugar-free strawberry flavored pop 2 tsp. vanilla or almond extract 2 cups unsweetened, shredded coconut 1/2 cup chopped walnuts

Cover baking sheet with aluminum foil. In large mixing bowl beat the cake mix together with the carbonated beverage and vanilla on low speed for 1/2 minute, then medium speed for 1 minute, scraping sides of bowl. Fold in coconut and nuts. Drop by teaspoonfuls onto foil-lined baking sheet, 2 inches apart. Bake at 350° for 10-12 minutes. Slide foil onto cooling rack. Cool. Store in airtight containers.

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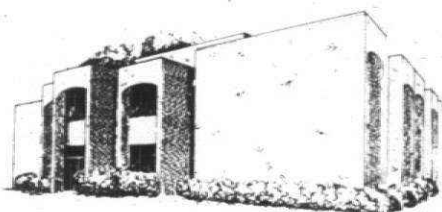
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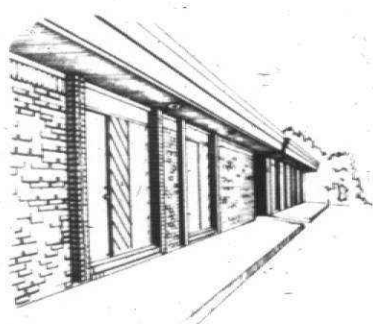
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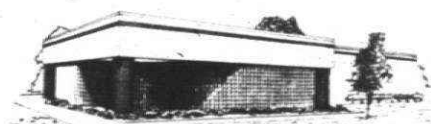
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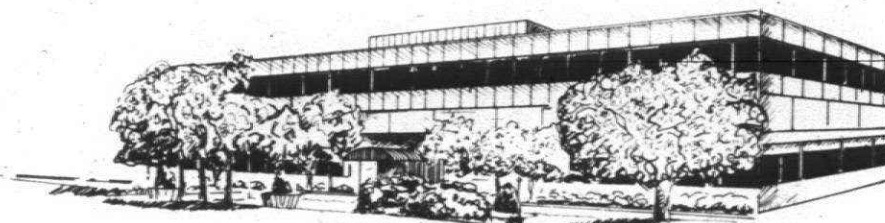
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Sports

Brad Emons, Dan O'Meara editors/591-2312

Monday, December 21, 1987 O&E

(P,C)1C

Chiefs, Rocks notch victories

Plymouth Salem, Plymouth Canton and Farmington continue to impress with their early-season success on the wrestling mats.

In division openers, the Rocks handled North Farmington 48-22 in the Lakes Division Wednesday, and the Chiefs whipped Livonia Churchill 54-13 Thursday.

Farmington finished strong and managed to overtake Livonia Stevenson 38-31 in its initial Lakes meet Wednesday.

Farmington Hills Harrison was not as successful, however, dropping a 67-18 decision Wednesday to Northville.

SALEM 48, N. FARMINGTON 22: The Rocks improved their record to 4-1, having also defeated Churchill, Carleton Airport and Northville. The lone loss was to Romulus.

Salem led 27-0 after the first five weight classes. Successive pins by Ron Fontaine, Jeff Delbeck and Dave Mang from 105 to 119 gave the Rocks the early momentum.

Steve and Brian Burlison also recorded pins for Salem. Zaim Cumalaj had North's lone fall at 198 pounds.

CANTON 54, CHURCHILL 13: The undefeated Chiefs found themselves on the short end of a 13-6 score after four bouts, but they won the last nine matches to turn the contest into a rout.

After the Chargers won Josh Barry four to start the match, three Barry

wrestling

pulled Canton within a point with a pin at 126. Tim Nardini won by injury default at 132 and put the Chiefs in front to stay, 18-13.

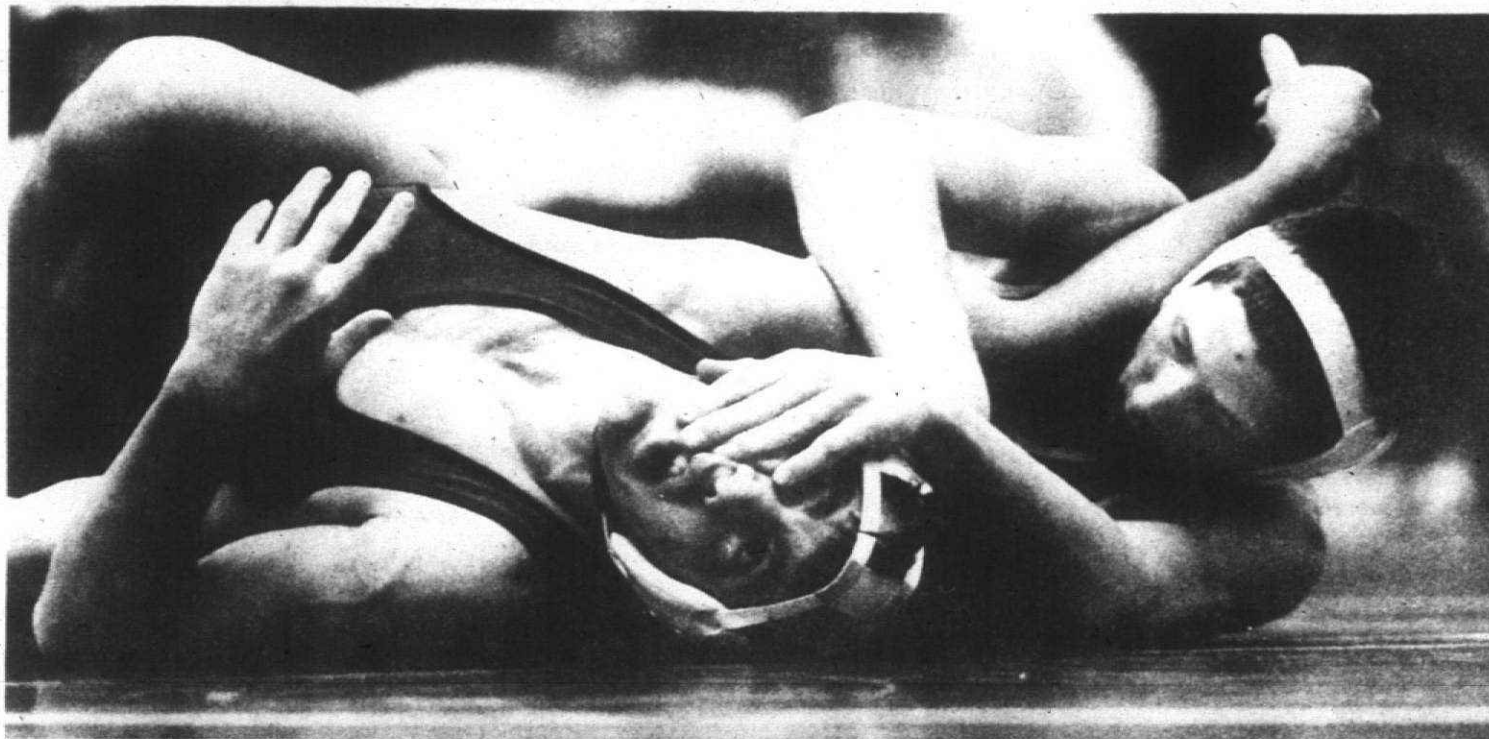
Tom Flores, Liam Rentz, Larry Pardi and Tony Sayers also scored pins for Canton, 4-0.

FARMINGTON 38, STEVENSON 31: Bill Lindbert, Charles Wyatt and Paul Daniels finished the match with three straight pins at 185, 198 and heavyweight as the Falcons, 2-0, erased a 31-20 deficit and claimed the victory.

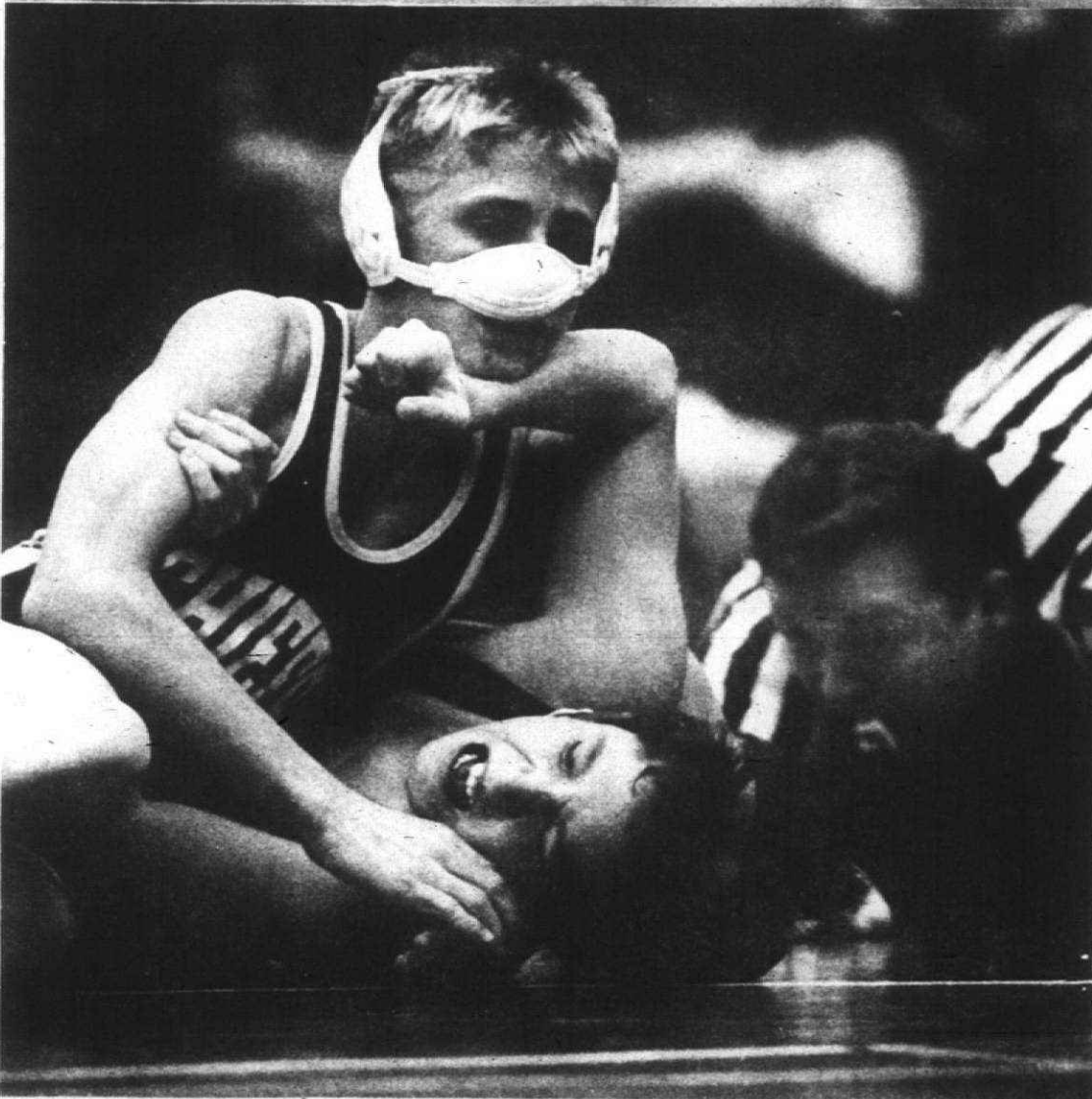
Farmington led 20-12 after Rob Woodbeck's decision over Atila Omar at 132 pounds, but the Spartans won the next four bouts — three by decision, one by pin — to build an 11-point lead after the 167-pound contest.

The Falcons had an ace up their sleeve, however, and each of the last three Farmington wrestlers finished off his opponent with increasing speed. Lindbert pinned his opponent in 1:39, Wyatt 1:12 and Daniels 30 seconds.

NORTHVILLE 67, HARRISON 18: The Hawks scored all of their points on pins by Ray Pudlik at 98 pounds, Troy Soeder at 138 and Matt King at 185. Harrison is 0-2.



BILL BRESLER/staff photographer



Liam Rentz of Plymouth Canton (above) has the advantage over his Churchill opponent, Chris Sproull, in their 138-pound bout Thursday. Rentz eventually ended the match with a pin at 4:33. Canton's Jason Fortin (left) also has the upper hand over Joe Morrow, but it required a hard struggle to achieve it. The Churchill wrestler later reversed the situation and scored a fall over Fortin at 98 pounds. As a team, the Chiefs defeated Churchill to run their early-season record to 4-0. Plymouth Salem also was successful in its latest meet, defeating North Farmington 48-22 and raising its record to 4-1.

wrestling

FARMINGTON 38, LIVONIA STEVENSON 31

98 pounds: Joe Goudeseune (F) pin. Tony Sierra, 2:58.
105 pounds: Dave Wojciechowski (LS) pin. Chris Phillips, 1:23.
112 pounds: Chris Gardiner (F) pin. Randy Davis, 2:31.
119 pounds: Mike Schmoch (LS) pin. Matt Mullins, 2:06.
126 pounds: Steve Lee (F) dec. Tony Fasdani, 4-0.
132 pounds: Rob Woodbeck (F) dec. Atila Omar, 13-0.
138 pounds: Paul Gedeist (LS) dec. T.J. Armstrong, 6-2.
145 pounds: Kurt Will (LS) dec. Todd Jacobs, 13-0.
155 pounds: Jarrod Wilkinson (LS) dec. Mike Kelly, 14-1.
167 pounds: Mike Farr (LS) pin. Brian Watter, 3:54.
185 pounds: Bill Lindbert (F) pin. Matt Shadard, 1:39.
198 pounds: Charles Wyatt (F) pin. Joe Shymanski, 1:12.
Heavyweight: Paul Daniels (F) pin. Bret Harvey, 0:30.

PLYMOUTH CANTON 54, LIVONIA CHURCHILL 13

98 pounds: Joe Morrow (LC) pin. Jason Fortin, 2:38.
105 pounds: Tom Flores (PC) pin. Sean Wells, 1:49.
112 pounds: Darin Dudek (LC) dec. Matt Keeler, 12-3.
119 pounds: Casey Krause (LC) dec. Scott Swartzinski, 10-3.
126 pounds: Josh Barry (PC) pin. Dana Wood, 3:51.
132 pounds: Tim Nardini (PC) won by injury default over Eric Shellenbarger.
138 pounds: Liam Rentz (PC) pin. Chris Sproull, 4:33.
145 pounds: Craig Rinke (PC) dec. Tom Sarah, 9-3.
155 pounds: Larry Pardi (PC) pin. Mark Pierce, 2:38.
167 pounds: Gary Golchuck (PC) won by forfeit.
185 pounds: Ron Seal (PC) dec. Ryan Hickman, 5-0.
198 pounds: Tony Sayers (PC) pin. Jack Narduzzi, 1:02.
Heavyweight: Jerry French (PC) won by forfeit.

Please turn to Page 2

OCC beats stubborn SC

By C.J. Risak
staff writer

When it comes to shooting a basketball, you've got to have legs.

It may sound funny — fans always talk about a shooter's touch, or a shooter's eye — but it's true. Ask anyone connected with Schoolcraft College's mens team.

Going into Wednesday's game with defending NJCAA Division II champion Oakland Community College, SC was a heavy underdog. Factor in an ankle injury to point guard Deon Frederick, the team's second-leading scorer, and the absence of leading rebounder-Ladon Tait, who was taking a final exam, and the odds on winning were astronomical.

SC coach Dave Bogataj knew it before the opening tip. "Hey," he said, "we'll give it a shot. We'll have some fun."

For more than three-quarters of the game, the Ocelots did have some fun. And OCC certainly didn't. Everytime the Raiders put on a spurt, SC answered.

Until the eight-minute mark. Then talent-rich (and more rested) OCC literally ran the Ocelots into the floor, pulling away to a 109-81 victory.

"THEY'RE DECEPTIVE," said OCC coach Lynn Reed of his opponent. "They don't ever quit."

Raiders stifle Lady Ocelots

It was a pivotal game, matching the two teams that tied for the Eastern Conference women's basketball championship last season: Oakland Community College vs. Schoolcraft College.

So at the end of the first half, when OCC coach Larry Hojna examined the stat sheet and noted that his team had hit just 10-of-39 floor shots, he couldn't have been too happy.

Then again, when he glanced up at the scoreboard and saw his Lady

Raiders had a 24-19 lead, he couldn't have been too unhappy, either. OCC's defense, particularly in the paint, and board work frustrated SC throughout the contest and was largely responsible for the Lady Raiders' 66-46 win at SC.

"Defensively, we played a great first half," said Hojna, whose team — ranked 18th in the NJCAA — remained unbeaten through 11 games (2-0 in the conference). "We kept them out of the middle all night."

basketball

Whenever a team has three good shooters — and they have three — you can never get too far ahead."

The Raiders won their national title a year ago with full-court pressure defenses that helped them dictate the game's tempo. They tried the same against SC, which dressed just seven players for the game, but it didn't work. OCC led 47-40 at the half after a quick blitz that resulted in two baskets in the final 24 seconds.

"We were gambling a little too much with our press in the first half," said Reed. "We softened it up a little bit in the second half and played better overall defense."

That helped the Raiders build leads in the second half — they went up 63-48 with 13:46 to play after a 10-3 surge — but the Ocelots would come right back. A 13-5 SC run cut that 15-point gap to seven, 68-61, with 10:51 left.

Steve Hawley's three-pointer pulled SC to within 76-70 with 8:09 on the clock. But that was it for the Ocelots. Their legs were gone, and their shooting went awry. They didn't score another point for 3½ minutes.

They were getting one shot and that was it."

REGINA WOODARD, the 6-foot center from Bloomfield Hills Lahser, was the workhorse inside for OCC. Woodard poured in 24 points and grabbed 20 rebounds. Michelle Taubee added 16 points and Shelley Duncan had 11 with 11 rebounds. OCC outrebounded SC 45-23.

No one enjoyed an outstanding game for SC. Sharon Miller was the

WHICH WAS all the opening a team like OCC needed. The Raiders ran off 13 points in that span to stretch their six-point lead to 19. Carson Butler scored five of those points, including a three-pointer, and Derrick Williams had four.

"We ran out of gas," said Bogataj. "They've got a good team. They kept pouring people in, they just kept bringing in fresh legs — and we didn't have them."

OCC's inside game also hurt the Ocelots. Williams and Sam Smith were both outstanding, scoring 31 and 29 points respectively, doing most of the damage in the paint. Butler and Eric Hawkins added 16 points apiece.

The Ocelots stayed close in the first half, although they never led, thanks in great part to Mark Claiborne. The Wayne Memorial graduate poured in 17 first-half points, including five in a row in a 7-0 streak that pulled SC to within 43-40 24 seconds before halftime.

Claiborne finished with a team-high 23 points. Hawley had 21, Ryan Williams 16 and Frederick 12.

OCC, 8-3 overall and 2-1 in the Eastern Conference, is idle until Jan. 6, when it plays at St. Clair CC. SC, 5-7 overall and 0-3 in the conference, hosts Wurtsmith Air Force Base Jan. 6.

Lady Ocelots' leading scorer with 12 points. Linda Lankford added 11 and Michelle Dykinski netted 10. Lankford and Miller combined to make just 5-of-14 free throws, as SC was a mere 11-of-23 from the line.

OCC is now idle until Jan. 6, when it hosts St. Clair CC. SC dipped to 6-5 with the loss — its second this season to OCC (first in the conference) — and is 0-2 in conference play. The Lady Ocelots host Kalamazoo Valley CC at 6 p.m. Tuesday.

Harrison triples sink intra-city foe

By Dan O'Meara
staff writer

Jason Lichtman was hoping to capitalize on the new three-point rule in high school basketball sometime this season.

Thursday night was one of those times. Lichtman connected on three such shots, including two at crucial stages late in the game, to lift Farmington Hills Harrison to a 58-52 victory over crosstown rival North Farmington.

"I've been working on that a lot this season," said the 5-foot-9 guard after he helped rally the Hawks from a 52-49 deficit in the last four minutes.

"I thought the three-point shot could open things up, because we're not that big inside."

"The shot was open and I had the opportunity to take it," Lichtman added, "and I took it."

THE RAIDERS led 52-49 after John Shelton's layup, but one shot by Lichtman quickly tied it. Teammate Chad Burgess followed with a corner shot that put Harrison on top 54-52 with 3½ minutes left.

Having taken the lead, the Hawks went into a delay mode, but North got the ball again after a missed layup only to give it back on a turnover.

With the Raiders still in position to tie, Lichtman drilled another three-pointer at 1:29 and, with it, decided the issue.

"The three-point shot has changed this game, hasn't it?" Har-

basketball

ison coach Mike Teachman said. "I'm in favor of it, because it adds more skill to the game."

"Teams had been putting people in the weight room in recent years and banging away inside. It was getting away from a skill game."

MILLARD COLEMAN's free throw concluded the scoring, but the Raiders had chances even after Lichtman's shooting display. Kurt Dudek, Matt Hoffman, Vanoy Hill and Shelton all attempted the triple in the time remaining. But they were unsuccessful, and the Hawks grabbed the rebound each time.

"If we had made a couple of those shots we had, it could have gone either way," North coach Tom Negoshian said.

While Lichtman was at center stage in the end, Harrison was led throughout by Burgess and Bryan Wauldron with 19 and 18 points, respectively. Lichtman finished with 11.

Bill Green, a big post player, paced the Raiders with 18 points, 12 coming in the first half when North got the ball inside with regular success. Hill added 10 points, Hoffman and Dudek seven apiece.

"This was a real nice team effort," said Teachman, whose team

Please turn to Page 2

sports shorts

SKI TRIP
Canton Parks and Recreation is sponsoring a teen ski trip to Alpine Valley Ski Area on Friday, Jan. 8. The fee is \$10 for anyone with his/her own equipment, \$17 for those without.
All fees must be paid upon registering, which should be done in person at the recreation department, 1150 S. Canton Center Rd., Canton. All transportation and supervision will be provided by the department staff.
The group will leave from the Canton Township Administration Building at 5 p.m. Jan. 8 and return at approximately 12:15 a.m.

SKI LESSONS
Canton Parks and Recreation Department is offering two sessions of the Learn-to-Ski program at Riverview Highlands.
Each session consists of two lessons per week for beginners and intermediate skiers. Each lesson will last 45 minutes, with free skiing after the lesson.
The fee is \$35 per person, which includes four lessons, four lift tickets and four equipment rentals. The fee is \$25 per person if the individual has his/her own equipment.
The first session is scheduled for the weeks of Jan. 4 and 11, the second the weeks of Jan. 18 and 25. Times are 7 p.m. for adults (16 years and older), 5 p.m. for juniors (8 to 15 years old).
Skiers must provide their own transportation to Riverview Highlands Ski Area. Call 397-5110 Monday through Friday for further details.
Skiers must register in person at the parks and recreation department, 1150 S. Canton Center Road, Canton, Mich. 48188.

SOCCKER OPENINGS
Canton Socceromede is accepting limited team and individual registrations for its coming second session, which begins Monday, Jan. 4.
Openings in all age divisions are available for both male and female players. The cost is \$575 per team for an eight-game session, \$325 for under-8 teams.
The entry deadline is Thursday, Dec. 31. Call 483-5624 for team information between noon and 7 p.m. daily, 397-1000 or 455-8620, be-

Harrison knocks off cage rival

Continued from Page 1

heads into the holiday break with a 3-1 record. North is 1-3.

"JIM HILL played a marvelous game, giving away as much size inside as he did, and Burgess and Wauldron are antelopes out there. They just know how to play the game."

The Raiders, hitting seven of their first 11 shots, jumped to a 16-10 lead as Green and Jim Ratajski dominated early with their inside scoring. But Coleman's three-point basket at the first-quarter buzzer pulled the Hawks with 16-14, and Ratajski got into foul trouble as the half progressed.

Harrison, shooting 5-of-8 to start the second period, continued to gain momentum and took a 33-28 half-time lead after Burgess and Wauldron combined for eight unanswered points.

"This is a real high-character group," Teachman said. "It doesn't do any good to panic when a guy 6-6 is shooting over you. He has to keep working to make that shot, and he'd have had to make 70 percent of those shots to beat us."

Teachman added the Hawks did a good job of not allowing North's perimeter players to penetrate and possibly create a troublesome foul situation for his team.

DUKE'S SHARP shooting helped the Raiders to a strong second-half start, but Harrison managed to keep pace and took a 45-43 lead into the final when Litchman canned his first three-pointer at the buzzer.

"That's a pro shot he took at the end of the quarter," Teachman said. "You have to take that shot now, because it's three points."

Green scored the first basket of the fourth period to tie, and he and Hill gave North 47-46 and 50-48 leads before Burgess pulled the



RANDY BOST/Staff photographer

Vanoy Hill drives past Jason Lichtman with a move toward the basket. Hill had a good game as he scored 10 points for North.

wrestling

Continued from Page 1

PLYMOUTH SALEM 48 NORTH FARMINGTON 22
98 pounds: Matt Kominski (PS) won by forfeit.
105 pounds: Ron Fontaine (PS) pin. Jeff Head.
112 pounds: Jeff Deibels (PS) pin. John Cassidy.
119 pounds: Dave Mang (PS) pin. Adam Cook.
126 pounds: Scott Contini (PS) dec. Dave Appel.
132 pounds: Dave Marley (NP) dec. Mike Shumailo.
138 pounds: Ed Barlage (PS) dec. Brian Feldman.
145 pounds: Chris Sweet (NP) pin. Mike Smith.
155 pounds: Steve Burleson (PS) pin. John Lewis.
167 pounds: Brian Burleson (PS) pin. Chris Servis.
185 pounds: Jeff Jacobs (NP) dec. Craig Power.
198 pounds: Zaim Cummalai (NP) pin. Chuck Graczyk.
Heavyweight: Scott Brethaupt (PS) won by forfeit.

NORTHVILLE 67 FARMINGTON HILLS HARRISON 18
98 pounds: Ray Pudlik (FH) pin. Kevin Kahan.
105 pounds: Chad Bomsher (N) won by forfeit.
112 pounds: Mike Mathis (N) pin. Eric Parson.
119 pounds: Keith Graham (N) pin. Ted Prusinski.
126 pounds: Mike Frey (N) pin. Kevin York.
132 pounds: Dave Geddumundson (N) pin. Ed Serio.
138 pounds: Troy Soeder (FH) pin. Chris Hartbeck.
145 pounds: Garret Potter dec. Jason Fox.
155 pounds: Darren Keobe (N) pin. Leo Devine.
167 pounds: Mike Donovan (N) pin. Todd Lytwynick.
185 pounds: Matt King (FH) pin. Mike Masz.
198 pounds: Mike Hale (N) pin. Phillip Hong.
Heavyweight: Derrick Forbing (N) pin. Mondel Hightower.

Twice a week is better

exercising options
Myrna Partrich
Runners should work on quadricep muscles

Dear Myrna: I am a 32-year-old man in great shape... I think I have been running just a few years and really love it. I have a keen sense of my body, although I do not know anything medical at all. I would like to know more about quadricep muscles — the muscle in the front leg? Should I be building it for the sake of running?

A keen sense of your body — I call it body awareness — is extremely important if you are into physical activity at all.

If you have been running and enjoying it — great. Since you are aware of your body, pay close attention to your skeletal system (bones and joints). Let's think about safety. The joint most likely injured when running is the knee.

You have asked about quadricep muscles.

These muscles are of major importance to you to assure safety when running. The knee joint depends on the quadricep muscle group for its strength and mobility. Our quadricep muscles (top thigh muscles of the legs) are the largest group of muscles in the body and are essential in performing many activities such as walking, climbing stairs and running.

When running you use your hamstring (back muscle of the thigh) muscles, more than quadriceps. You need to balance your muscular strength of your leg for safety.

Let's study the quad to achieve an understanding of how important this muscle is to you. This powerful muscle group is composed of four large individual muscles — rectus femoris, vastus medialis, vastus lateralis and vastus intermedius.

These large anterior thigh muscles cross the knee joint and insert in the upper end of the tibia (anterior lower leg muscle) and act to extend the knee. The three vastus muscles lie under the rectus femoris and have their origins on the upper femur.

To strengthen this muscle group most efficiently, it is important to recognize that knee extension is the primary movement elicited by the quadriceps. Being a runner, assuming you run long distances, it makes good sense to balance your leg muscles properly and strengthen quads for knees.

Following are two simple ways to strengthen your quads:

- Sitting front leg raises — Start by sitting on the floor with your body weight supported on the elbows. One knee is bent with the foot placed flat on the floor. The other leg is extended in front of the body. Lift the extended leg six to 12 inches off the floor, then lower it slowly. During this exercise the quads are contracting isometrically and the hip flexors are working isotonically. Start with your toe up, around 50 repeats, move toe outwards (50 repeats) and then turn toe in (50 repeats). When this exercise gets "slightly easy" add leg weights, two pounds at a time, gradually increasing. Straight leg raises are often prescribed for people with knee problems — chondromalacia patella — to help strengthen quads.
- Standing squat — Stand up against a wall with your back side touching. Place yourself in a sit position with the knee bent 100 to 110 degrees. Hold the position for a full clock minute. Come up slightly and then down again, back into position another minute. Gradually increase the time.

Your quadricep muscles are chief contributors to achieving an aerobic heart rate. In aerobics we use all of our large muscle groups — very important muscles indeed!

Livedoti returns to alma mater

SUCCESS HAS MANY definitions, especially in sports. Which best explains Dominic Livedoti. Examine only the statistics and you're left wondering how a guy who had just two winning seasons in his last seven of coaching high school football could land a job as head coach of a college team?

Connections would be the probable assumption. Livedoti pulled some strings, brown-nosed the right people, and — presto! — fanagled himself a job coaching football at his alma mater, Olivet College.

All that is surface stuff, however; mere fantasy. Because if you know Dominic Livedoti, you know he is a winner — whatever the won-loss record indicates.

"I feel I was successful as a high school coach," Livedoti says. "I know coaches are judged by their record, but at West Bloomfield I thought we got the maximum from our kids. We worked hard to be what we are."

That didn't show up so much in the win column. West Bloomfield was 4-5 this season, 5-4 in 1986. And that, comparatively speaking, was an improvement. The Lakers won just nine of 36 games from 1982 to 1985.

SO WHAT GOT Livedoti the position? Not politicking, "I never applied for any college jobs," he remarked Tuesday. "I did not seek this job out. They called me."

The answer lies in attitude. Sure, it helped that Livedoti was a former

working and never take anything for granted.

When Livedoti arrived at West Bloomfield, he immediately began upgrading the program. He still takes pride in the school's weight room, located behind the gym. When he arrived, the school's weightlifting equipment was contained in one small room. Livedoti's office was adjacent to that room.

It has since expanded, annexing his office and spilling out into the hallway behind the gym. He now teaches a weightlifting class, an elective that is filled each semester.

He'll be facing a similar task at Olivet, which can't match West Bloomfield's extensive weight area.

THE OLIVET PROGRAM is in disarray. Under Glen Stevenson's direction the past six seasons, the Fighting Comets annually battled Kalamazoo College for the dubious distinction as doormat of the NCAA Division III Michigan Intercollegiate Athletic Association. Stevenson resigned after Olivet went 2-6-1 last season. His record at Olivet was 10-43-1.

Livedoti is promising nothing, other than hard work. "Let's change some attitudes, let's change some work habits, and let's win some games," he outlined.

Upgrading the weight room, establishing an athletic study table and recruiting the Detroit area more intensely are his initial plans. Only about one-quarter of the nearly 50 Fighting Comets on the '87 roster were from the three-county metro-Detroit area.

"I will come back to Oakland County and recruit," promised Livedoti. "I'm going to recruit the state of Michigan. I'm going to call on every coach I know, and if I don't know them I'll introduce myself."

He wouldn't say so, but it was obvious Livedoti relished the chance to bring in talent instead of trying to mold what was handed him.

"I'm going to miss this type of kid," he said about leaving West Bloomfield. "Now I'm going to recruit the kids I want. (At West Bloomfield), it was fun to watch where a kid ends up after four years of football."

So why abandon a solid position at West Bloomfield for the uncertainty of an Olivet?

"I think the challenge to do something else," answered Livedoti. "I want to see if I can go to the college level and be successful as a coach. I have an intense desire to be successful."

And it was Livedoti's ability to communicate that desire to his players that got him the Olivet job.



C.J. Risak

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(Myrna Partrich, co-owner of The Workout Company of Bloomfield Township, is happy to answer any questions readers may have regarding exercise. Please send your signed letters to: Sports Department, Myrna Partrich, 1225 Bowers, Birmingham 48012. Signatures will be withheld upon request.)

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Greetings

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THE
Observer & Eccentric
NEWSPAPERS

class reunions

As space permits, the Observer & Eccentric Newspapers will print without charge announcements of class reunions. Send the information to Reunions, Observer & Eccentric Newspapers, 36251 Schoolcraft, Livonia 48150. The date of the reunion must be included in the announcement, along with the first and last name of at least one contact person and a telephone number.

• AVONDALE
The class of 1976 will have a 12-year reunion on April 29 at Petruzzello's in Troy and organizers are looking for graduates. For information, call 465-2277 or 263-6803 or write Reunion Planners, P.O. Box 291, Mount Clemens, Mich. 48043.

• BIRMINGHAM SEAHOLM
The class of 1977 will have a 10-year reunion Saturday, Dec. 26, at the Northfield Hilton. For more information, write to Reunions, A Class Organization Inc., P.O. Box 1369, Palatine, Ill. 60067.

• BLOOMFIELD HILLS ANDOVER
The class of 1963 will have a 25-year reunion Friday through Sunday, Oct. 14-16, 1988, at the Kingsley Inn in Bloomfield Hills. For more information, call Rita Clevers-Ritter at 644-0069.

• BUCHANAN ELEMENTARY
Mrs. Ryan's 1971-72 Open Classroom will have a 15-year reunion in December. For more information, call 582-9920.

• CLARENCEVILLE
The class of 1977 is planning a 10-year reunion for Saturday, Feb. 13. Send name, address and telephone number to 19602 Antago, Livonia, 48152. Or call 532-6999 or 478-4469.

• CLARENCEVILLE
The class of 1978 is planning a 10-year reunion on Aug. 18, 1988 at Holiday Inn Livonia West ballroom. Requested is a \$10 deposit per couple and searching for class members. Call Kimberly Gault Youngquist at 592-1693.

• COOLEY
The class of 1948 is planning a 40-year reunion. For more information, call Richard Ward at 961-8989 or John May at 258-7373.

• DETROIT EASTERN
Detroit Eastern High School class of 1941 is looking for classmates for a reunion. Write to P.O. Box 1362, Berkley, Mich. 48072.

• FERDALE LINCOLN
The class of 1937 is planning a 50-year reunion for spring 1988. For more information, call Pat (Price) Newton at 681-0963, Dorothy (Bone) Ager at 545-1233, Ruth (Kotowski) Kuxhaus at 542-4168 or Winnie (Hunt) Findlay at 643-7444.

• GARDEN CITY EAST
Class of 1968 is planning a 20-year reunion next year. Interested persons may contact Leah Betts at 525-0793.

• JOHN GLENN
The class of 1978 will have a 10-year reunion July 16, 1988. For more information, call 287-6820 or write: Class of 1978, 23353 Clinton, Taylor 48130.

• LIVONIA FRANKLIN
The class of 1968 is planning a 20-year reunion for Aug. 20, 1988. For more information, contact Charlene (Cornett) Teeter at 261-3259.

• LIVONIA STEVENSON
The class of 1968 will have a

20-year reunion Aug. 5-7, 1988. For more information, call Doug Steinhoff at 552-4295, Kathy (Smith) Gaynor at 547-3837 and Jim Bray at 981-2371.
• DEBATE
Debate team members from 1967-1987 are meeting at the Perou residence, 16006 Riverside, in Livonia at 4 p.m. Dec. 27. The subdivision is across from the high school. Attire is casual. For information, call George Croll at 523-9409 or 453-1038; Alan Helmkamp at 591-3737 or 591-9491; or Geoff Nickol at 455-5502.

• MACKENZIE
The class of 1938 (January and June) is planning a 50-year reunion for June 25, 1988, at the Danish Club in Detroit. For more information, call Marion (Teclu) Brodie at 3668 S. Shimmons Circle, Auburn Hills 48067. Or call 373-8414. Or call Vera Koepke Rowden at 532-6375, Shirley Craig Young at 255-9824 or Margaret Humm Kasenow at 532-7395.

• OSBORN
Information is needed about members of the class of 1978 for a 10-year reunion. Call 978-1132.

• PLYMOUTH
The class of 1938 will have a 50-year reunion June 25, 1988. For more information, call Helen E. Shepard at 464-0384.

• PONTIAC CATHOLIC
Pontiac Catholic High School is seeking alumni from its founding parishes, St. Michael and St. Frederick Catholic churches. The school also is seeking alumni of its sister school of the '60s and '70s, Dominican Academy of Oxford. Forward information to Pontiac Catholic High School, Alumni Office, 1300 Giddings, Pontiac 48055.

• REDFORD
The class of 1964 will have a 25-year reunion Saturday, July 16, 1989. Anyone interested in attending, helping with the planning or knowing the whereabouts of other classmates, call Ann Smedley at 689-6815.

• NORTHVILLE
The class of 1938 is planning a 50-year reunion for June 25, 1988, at Genetti's. For more information, call Gwen Marburger at 349-0524 or Leona Leavenworth at 455-2523.
The class of 1948 is planning a 40-year reunion for August 1988. For more information, call Pat Herriman at 459-2729 or Grace Light at 349-1367.
The class of 1968 will have a 20-year reunion Aug. 5, 1988. For more information, call Penny (Anchors) Irwin at 525-8644 or Ron Barnum at 349-8027.

The class of 1978 is planning a 10-year reunion. Send your address to Northville High School, 775 N. Center, Northville 48167.

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The class of 1968 plans a 20-year reunion Oct. 1, 1988. Direct inquiries to Tan Line Sutan Center at 459-2207.

• ROYAL OAK
The class of 1938 will have a 50-year reunion May 13, 1988. For more information, call 647-6400 or 398-4333.

• ROCHESTER
The class of 1982 is planning a five-year reunion Sunday, Dec. 27 at the Rochester Elks Lodge, 600 E. University Drive. Dinner, slide-show and music. Send \$24 a person or \$40 a couple to RHS Reunion, c/o Amber McLean, 980 Ironwood Dr., Rochester 48063. Or call 651-9597.

• ST. AGATHA
The class of 1977 needs help in locating class members. Call Ann Donabedian at 455-4053 after 5:30 p.m.

• ST. HENRY
The class of 1968 of St. Henry Grade School is planning a reunion for July 23, 1988, at the Knights of Columbus Hall in Lincoln Park. For more information, call Sandy Ungar Carns at 386-9510, Maryanne Spradich-Randt at 277-2002 or Bev Lewis Chinavare at 381-4513.

• SEAHOLM
The class of 1977 will have a 10-year reunion at 6:30 p.m. Friday, Dec. 26, at the Northfield-Hilton, 5500 Crooks, Troy. For more information, call 455-4053 after 5:30 p.m.

• SOUTHFIELD
The class of 1968 is planning a 20-year reunion for November 1988. For more information, call Debbie (Antonucci) Leo at 478-0285 or Margie (Clark) Duncan at 476-7364.
The class of 1978 needs volunteers and help in locating members for its 10-year reunion in November. Call Gary Lichtman at 642-7444 or Denise Bartlett at 517-546-7627.

• TROY
The class of 1967 is planning a 20-year reunion. For more information, send name and address to Reunion, 17 Kirks Court, Rochester Hills 48063.

• WALLED LAKE
The class of 1963 will have a 25-year reunion July 23, 1988. For more information, call Linda Josephson at 685-9876.

information, call Class Reunions, A Class Organization Inc. at (312) 397-0010.
The class of 1982 will have a holiday reunion Saturday, Dec. 26, at the Troy Hilton Inn. Stephenson Highway at Maple Road. Cost is \$16. To make reservations, call 474-4679.

• SOUTHEASTERN
The class of 1958 is attempting to call classmates for its 30-year reunion Oct. 22, 1988. The reunion will be held at The Hoffman House in Warren. For more information, call Joe Gualtieri at 774-4600 or 885-1448.

• SOUTHFIELD
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The class of 1978 needs volunteers and help in locating members for its 10-year reunion in November. Call Gary Lichtman at 642-7444 or Denise Bartlett at 517-546-7627.

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• WALLED LAKE
The class of 1963 will have a 25-year reunion July 23, 1988. For more information, call Linda Josephson at 685-9876.

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better position to offer your own. You'll be able to talk about the dangers of various drugs. And what your child can do to avoid them.

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Who's it going to be?

To make sure you have the right answers, contact your local agency on drug abuse.

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STREET SCENE

Inside **S²**

Is self-defense
the best defense?

Holiday shoppers worried about getting packages or purses stolen are better off paying attention to their surroundings than buying self-defense devices. See page 5D.

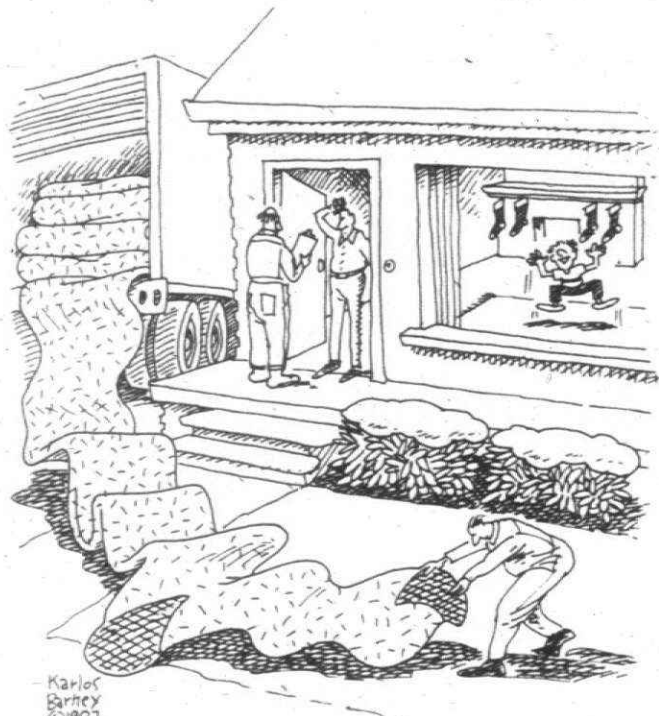
The Observer & Eccentric Newspapers

Monday, December 21, 1987 O&E

★ 1D

Six Little-Known Holiday Traditions

by Karlos Barney



Resourceful toddlers surprise their parents with creative use of the family VISA card.



By replacing conventional silverware with feedbags, the Larsons eat their holiday dinner and unwrap gifts simultaneously.



Neighbors gather on Christmas Eve to watch Waldo Reemer trim his wife's festive hairdo.



Near-sighted Juan Sanchez mistakes the family dog for the annual Christmas piñata.



Philanthropist Reginald Williams sends educational toys to needy native children in Tonga.



Christmas cheer punctuates the long Arctic night as Russian and American forces exchange holiday warheads.

Holiday travel can start family tradition

By Iris Sanderson Jones
special writer

Q. Christmas can be lonely when you don't have grandparents and cousins around to help you celebrate. I have always wanted to go away for the season but my husband thinks we should stay home with the kids and start our own traditions. What do you think?

W.C.,
Canton

A. A surprising number of people celebrate all or part of the Christmas season away from home. You can start your own tradition by going to the same place every year, or by moving around and showing your children the way different cultures celebrate the season.

Why not try it two ways by traveling for a few days before or after Christmas and spending Christmas Day at home. That would give you the best of both worlds and might lure your husband out into other places.

We have enjoyed December travel in many places. A few days at Club Med in Ixtapa, Mexico, may not seem much like Christmas to you but lots of people like to warm up before the snow sets in. And your travel agent can tell you about Club Meds that specialize in kids.

We have enjoyed the wonderful Spanish-American Christmas traditions in San Antonio, Texas, where they line the San Antonio river with luminarias (candles glowing in paper bags), celebrate Mariachi Mass at the San Jose Mission, have a public

Blessing of the Pets and celebrate the season with Pancho Claus in the Mexican market. That's Christmas, and that's fun.

I have friends who gathered grandparents, parents, kids and grandchildren together for many years on New Year's weekend at the Potawatomi Inn, in Indiana's Pokagon State Park, which is just across the Michigan border. That's fun too.

You can write the scenario any way you want it: at the Golden Lamb, a historic inn in Lebanon, Ohio; at the Grand Traverse Resort in Acme, Mich.

This year, I spent a few days early December days at the Grove Park Inn, a great stone hotel where people have vacationed for half a century in Asheville, N.C. It is on the lip of a hill, with views across tennis courts and a golf course to the Blue Ridge Mountains and the Smokies.

There is always something going on in the lobby of the Grove Park Inn during December. They call the lobby "The Great Hall," and that is exactly what it is, a high rectangular room supported by six wood-clad pillars. There are great stone fireplaces at either end.

The tiny elevators that take you to the upper floors of the main lodge are hidden inside those two massive rises of stone. The stone is so thick there is not even a hint of the heat from roaring fires that burn in the great grates whenever there is a nip in the air.

Most people don't stay in the main lodge during the winter because the heat is hard to control on a cold win-

ter day. At that time of year they walk along the hallway, past photographs of all the famous people who have stayed there, and rest their heads in the new wing. Another new wing opens next year.

During the Christmas season, the Great Hall is full of Yuletide events. I sat there one Saturday afternoon while the pianist wrapped me in the

sounds of "I'm Dreaming of a White Christmas." The snow had stopped falling outside, but the great Christmas tree that dominated the room was all aglitter.

Santa had been there the afternoon before, along with a very popular Yuletide magic show. People sat on sofas or at small tables, sipping drinks from the bar or drinking the

hot tea, or the hot spiced apple cider, served every afternoon.

The Grove Park Inn was only one of many resort hotels in the area when it was built in 1913. Asheville was known before George Vanderbilt, grandson of Cornelius Vanderbilt, created the fabulous French chateau called Biltmore House on 125,000 acres near Asheville in 1895,

We have enjoyed December travel in many places. A few days at Club Med in Ixtapa, Mexico, may not seem much like Christmas to you but lots of people like to warm up before the snow sets in.

but there is no doubt that the great house attracted the rich and famous of the day to the valley.

None of the other historic Asheville resorts are left now. Only the Grove Park Inn, built by Dr. Edwin Wiley Grove, owner of the St. Louis pharmaceutical firm that produced Grove's Bromo-Quinine and Grove's Tasteless Chill tonic. His fireplaces were built to hold 12-foot long logs.

The building has been many things over the century, including a rest center for Navy personnel during World War Two. It was a summer-only hotel until it began year-round operation in 1984. Last year the Inn's Christmas celebrations earned it a place in the top 20 December events listed by the Southeast Tourism Society.

The Grove Park Inn is just one example of the places you can go to celebrate the season. Pick a place that would interest your husband. Try it next year for a few days in December. It might be a tradition you could all get used to.



The central portion of the Grove Park Inn.

Jump-start needed for weak movie 'Batteries'

RECENT RELEASES:

"Batteries Not Included" (C+) (PG) 100 minutes
Spielberg's latest release features extraterrestrials. Jessica Tandy and Hume Cronyn are an elderly couple who, along with several others, face eviction from their beloved city apartment. Unusual relationship develops between the ETs and humans. Does have some humorous scenes, but in the final analysis — it's bland. (Jeff Limatta)

"Dark Eyes" (A) 115 minutes
Marcello Mastroianni is a masterful turn-of-the-century romantic ne'er-do-well. Rich, sensuous cinematography compliments superb rendition of screen play based on Anton Chekhov stories.

"Eddie Murphy Raw" (A+) (R)
Eddie Murphy, the stand-up comic, footage taken from live concerts.

"House of Games" (R)
Modern mystery teams up with sedate female psychologist with clever con man. Slow-paced, low-energy story is saved by an unusual plot twist that gives it an unexpected ending. (Kathy Guyor)

"Howling III" (PG-13)
Terror stalks the earth. Watch out for the full moon.

"Leonard Part VI" (A+) (PG)
Superspy Bill Cosby is lured out of retirement to save the world.

"Overboard" (B-) (R) 110 minutes
Marginally clever story with some good comedy is marred by overly rapid transition of super-snoopy rich lady (Goldie Hawn) to sensitive, caring mother of four boys living in slovenly surroundings. Their daddy (Kurt Russell) is unbelievably sensitive for such a crude fool. He's not at all convincing.

"Week" (A) (R) 115 minutes
Nick Nolte is superb as prisoner who rehabilitates himself — first by reading and then by writing a play about prison life. Their performances attract attention of critic (Rita Taggart) who campaigns for Nolte's release. It's all very well done but Nolte's acting is the very best.

STILL PLAYING

"Baby Boom" (C-) (PG-13) 105 minutes
Diane Keaton stars in a yuppie comedy about a single business executive whose life is drastically changed by unexpected, unwanted arrival of a baby. Overly cute and very predictable with too few laughs and too many yawns. Reviewed by Kathy Guyor.

"Blue Monday" (A+) (R)
When a kid feeds growth-promotor to a mysterious insect, it's time to leave town — or at least pick another film.

"Cinderella" (A+) (G) 74 minutes
All you mean stepmothers and jealous stepsisters watch out! Cinderella's Fairy Godmother is back in town with all of Disney's original.

"Dirty Dancing" (B-) (PG-13) 105 minutes
Well-done and entertaining show-biz cliché. Rich, idealistic young girl (Jennifer Grey) falls in love with working-class dance instructor (Patrick Swayze). Music, dance and dialogue are good, but plot has more trite twists than Chubby Checker in the Peppermint Lounge.

"Empire of the Sun" (A) (PG) 150 minutes
Poignant, riveting Spielberg story of interned English boy separated from parents during World War II Japanese invasion of China. Brilliant photography, ethereal sound and excellent acting add up to a winner.

"Fatal Attraction" (A) (R) 110 minutes
Michael Douglas, family man, and his one-night stand which turns into a nightmare at the hands of a psychotic woman (Glenn Close) in this suspenseful thriller. Riveting performances and a strong story build to an explosive, nerve-shattering conclusion. Reviewed by Kathy Guyor.

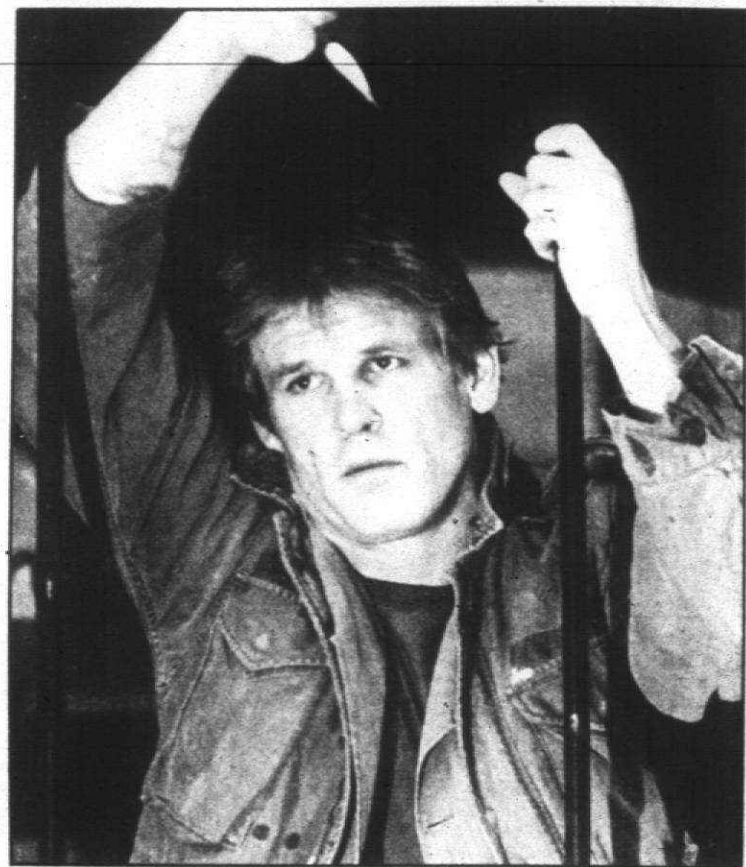
"Fatal Beauty" (C-) (R) 110 minutes
Rigid father (Dudley Moore) and



Goldie Hawn and Kurt Russell play the couple in 'Overboard.'

the movies

Dan Greenberg



Nick Nolte, the playwright, in 'Weeks.'

Whoopi Goldberg as a narcotics cop in a pink convertible starts out fast and funny. Sam Elliott is a good adversary and eventually her boyfriend. The story delivers a strong message about drugs but ultimately a poor, unrealistic plot and an excess of violence make this an unpleasant experience.

"Flowers in the Attic" (D+) (PG-13) 95 minutes
When Dad dies, nasty mother (Victoria Tennant) imprisons children in attic of grandpa's mansion to get back into the will. Louise Fletcher is stiff and stilted as the repressed and arrival of a baby. Overly cute and very predictable with too few laughs and too many yawns. Reviewed by Kathy Guyor.

"Hello Again" (C) (PG) 94 minutes
Sister Zelda (Judith Ivey) magically recalls Lucy (Shelley Long) from the grave. Screenwriter Susan Isaacs should have been so lucky with her leaden script and performances to match. Only sister Zelda sparkles.

"Hiding Out" (A) (PG-13) 99 minutes
Jon Cryer is excellent portraying 27-year-old stockbroker hiding out from the Mob by faking it as his cousin's (Keith Coogan) high-school classmate. Top comedy, suspense and romance as the second time through high school teaches him what's important in life.

"Hope and Glory" (A+) (PG-13) 110 minutes
An absolutely charming and marvelous two hours of World War II in England through the eyes and from the viewpoint of 6-year-old Bill (Sebastian Rice Edwards). Sarah Miles is his mother, and the rest of the cast, although locally unknown, are superb, in particular Ian Bannen as the crabby, cantankerous but loving grandfather. Don't miss it.

"Less Than Zero" (R)
Andrew McCarthy, Jami Gertz and Robert Downey searching for their identities on Beverly Hills' fast track.

"Like Father Like Son" (B-) (PG-13) 96 minutes
Rigid father (Dudley Moore) and

"Fatal Beauty" (C-) (R) 110 minutes
Rigid father (Dudley Moore) and

Professor Dan grades the movies	
A+	Top marks - sure to please
A	Close behind - excellent
A-	Still in the running for top honors
B+	Pretty good stuff but not perfect
B	Good
B-	Good but notable deficiencies
C+	Just a cut above average
C	Mediocre
C-	Not so hot and slipping fast
D+	The very best of the poor stuff
D	Poor
D-	It doesn't get much worse
F	Truly awful
Z	Reserved for the colossal bad
No advanced screening	

pensive call girl charged with killing an abusive client. Striesand's acting is the icing, but the cake includes top performance by Richard Dreyfuss, Maureen Stapleton, James Whitmore, Karl Malden, Eli Wallach, Robert Webber and Leslie Nielsen.

"The Running Man" (B) (R) 105 minutes
Futuristic action set in police state in 2017. Arnold Schwarzenegger is game show contestant fighting for his life. Good guys win, bad guys lose. Lots of action, violence and drool groans delivered as only Schwarzenegger can. Reviewed by Kathy Guyor.

"Sign O' The Times" (C) (PG-13) 89 minutes
Combination concert-video features Prince and Sheila E. Sexually suggestive rock in stereo. Should prove entertaining to Prince fans but offers very little to the rest of us. Reviewed by Jeff Limatta.

"Stacking" (C-) (PG) 95 minutes
Mauldin, must melodrama. What do you expect from a film about Monty Python farming in 1954? Excellent photography is not worth this trek down home.

"Nuts" (A+) (R) 120 minutes
Barbra Streisand is superb as ex-

"The Wild Pair" (A+) (R)
Beau and Lloyd Bridges team with Bubba Smith in this story of murder and mayhem as an undercover cop and an FBI agent get together.

"Three Men and a Cradle" (B+) (PG) 100 minutes
One pretty baby, three handsome men, many comical situations and a good story equal a very funny movie. Selleck, Danson and Guttenberg are terrific as three single men learning to care for and love a baby left on their doorstep. Reviewed by Kathy Guyor.

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SOME GIFTS ARE REMEMBERED LONG AFTER THE Holidays



Ladies' 18 kt. gold ring with 3 marquise diamonds - \$1,560



Ladies' 18 kt. gold ring with 3 brilliant-cut diamonds - \$1,060



Ladies' 18 kt. gold ring with 6 brilliant-cut diamonds - \$875



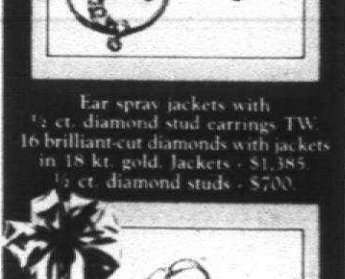
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WACHLER David Wachler & Sons

STREET BEATS

Beat of Celtic songs holds Yuppies at bay

By Barbara Ziemba
special writer

It's the weekend, and downtown Detroit's trendier night spots are jammed with dressed-to-excess Yuppies eager to dance the night away.

But at a popular Irish pub in Greektown, old Celtic songs with a smattering of oldies and Motown tunes are in demand when the four-man group Blackthorn takes the second-floor stage.

Richard McMullan, Bob Phillips and Dan Taggart have performed at the Old Shillelagh since September 1984 ("The weekend the Tigers won the World Series," recalls the Belfast-born McMullan).

NEWCOMER FRED Klein came aboard in February when he was brought in to perform on a recording the group previously cut.

Blackthorn's genesis took root when teachers Phillips and McMullan, met while both worked at Warren De La Salle High School.

For almost two years, McMullan and Phillips were almost unaware of each other's existence, let alone that they were both musicians.

"I was playing solo at folk clubs on the east side," said Phillips, who teaches at Birmingham Brother Rice High School. "When we finally met, we started hanging out in empty classrooms after school and played guitar."

PHILLIPS was also playing at Union Street, a popular Wayne State University student hangout, and oc-

asionally McMullan would sit in with him.

Taggart, a manufacturer's representative with Automotive Industries, was involved with Celtic (pronounced KEL-TIC) music since 1976. "I played all over New England, then came back to Detroit in 1981," Taggart said. "Then I got together with Bob, and then we got together with Richard, and the rest is history."

When the Shillelagh (pronounced SHIL-LAY-LEE) hired the three musicians, they chose an appropriate name for their group that tied in neatly with their downtown digs. The shillelagh, a wooden club, is traditionally cut from a blackthorn tree, explained McMullan.

The Shillelagh's patrons are predominantly college-aged, although not exclusively so. There are drawn to the pub's relaxed, non-singles bar atmosphere and the easy rapport with Blackthorn.

AUDIENCE PARTICIPATORY endeavors (translation: sing-alongs) are mandatory, and newcomers quickly catch on to the chorus of the ever-popular "Wife and Child Velvet Band."

Playing a pub setting means that Blackthorn's repertoire must stretch beyond authentic Celtic fare to include mainstream selections. "But that's also another reason why we've been so successful," McMullan said. "Our stuff runs the gamut from Irish music to 60s material."

Audience musical sophistication is increasing. While a medley of stan-

dard Irish tunes is always in demand, Shillelagh customers are receptive to genuine Irish folk music. "During the first two sets, they're very aware, really listening," Phillips said. "By the third and fourth sets, it changes to the old parish hall atmosphere and they want to participate more in what's going on."

COLLEGE STUDENTS from as far away as Ann Arbor and Lansing come to Detroit to catch Blackthorn's act, and McMullan and Phillips often recognize past students dropping in to catch their former teachers performing.

One Saturday last June, members of Brother Rice's Jazz Band, who had since graduated, showed up at the Shillelagh to jam with the group, and the crowd roared its collective approval.

Music from today's Ireland, particularly the "Six Counties" — Northern Ireland — is difficult to include in their act.

"Some of the more recent songs are pretty bitter, and we try to stay away from the more political aspects of the music that don't really fit into this type of atmosphere," McMullan said.

One song the group does perform that's been well received by Shillelagh audiences tells the true story of two friends, one a Protestant and the other Catholic, who are both killed in the violence that's been a part of life in Northern Ireland since the 1960s. Bittersweet rather than angry, McMullan brought the song



Irish group Blackthorn changes the beat for Greektown Yuppies.

with him from a recent visit to his homeland.

IT'S THE KIND of song that can quiet a crowd that's a little out of hand and the four musicians rely on their humor and a ballad or two to settle things down.

On the flip side, sometimes an audience can become so attentive to what Blackthorn is performing that the pub takes on a concert-like mood. While it's not an unwelcome reaction, the group admits it's a little odd considering the surroundings.

For the most part, though, it's a fun-loving crowd that fills the old downtown landmark that at the turn of the century was a Greek men's

club. Visitors from as far away as Australia are not uncommon, and the band tries to oblige long-distance patrons with a song or two from their homeland.

On the drawing board for Blackthorn is another recording session tentatively set for next February. The selections for this cassette, like the first, will be material the group plays during the early part of their performances — nostalgic ballads, whimsical tunes and rousing hand-clapping songs. Also, a live broadcast from the Old Shillelagh is in the talking stages now, and for the third year in a row, the band has been invited to play on J.P. McCarthy's St. Patrick's Day show. The band will

also perform at Somerset Mall in Troy on March 6 from 2-4 p.m. as part of its St. Patrick's Day celebration.

BARS IN places like Toronto, Boston and Chicago have inquired about Blackthorn's availability to perform in their cities, and while no one in the group is prepared to throw everything overboard and go into show business full time, it's still an inviting prospect.

"If we do decide to start moving around, it's going to feel odd having to cajole audiences all over again because we've been spoiled by our regulars at the Shillelagh," McMullan said.

IN CONCERT

● MITCH RYDER
Mitch Ryder will perform at 10 p.m. Wednesday, Dec. 23, at Alvin's, 5756 Cass, Detroit. Tickets are \$10. For more information, call 832-2355.

● ROBB ROY
Robb Roy will perform Saturday, Dec. 26, at the Hamtramck Pub, Caniff, off I-75.

● CARUSO
Caruso will perform Monday through Saturday, Dec. 26, at Jagers, 3481 Elizabeth Lake Road, Waterford Township. For more information, call 681-1700.

● SECOND SELF
Second Self will perform Thursday, Dec. 31, at St. Andrew's Hall in Detroit. For more information, call 287-8090.

● TED NUGENT
Ted Nugent will perform Thursday, Dec. 31, at Cobo Arena in Detroit.

● ECHO & BUNNYMEN
Echo & the Bunnymen will perform Friday, Jan. 29, at Hill Auditorium in Ann Arbor. Tickets are \$16.50 and \$15 and available at TicketMaster Outlets. To charge tickets by phone, call 423-6666.

etMaster Outlets. To charge tickets by phone call 423-6666.

● WHITESNAKE
Whitesnake will perform Saturday, Feb. 13, at the Joe Louis Arena in Detroit. Tickets are \$17.50 and available at TicketMaster Outlets. To charge tickets by phone, call 423-6666.

● STING
Sting will perform Friday, Feb. 19, at the Masonic Temple Theater in Detroit. Tickets are available at all TicketMaster Outlets. To charge tickets by phone, call 423-6666.

COLLEGE

Here are the top-10 songs being played on WORB-FM, the campus radio station at Oakland Community College.

1. "Head Gone Astray," Soup Dragons.
2. "Jesus on TV," Celibate Rifles.
3. "Rake at the Gates of Hell," The Pogues.
4. "Look Away," Game Theory.
5. "Jerusalem," Sinead O'Connor.
6. "Lights Out," Easter 17.
7. "Rocket U.S.A.," Thin White Rope.
8. "Sloppy Hears," Frazier Chorus.
9. "People Who Grinned Themselves to Death," The Housemartins.
10. "No Bunny," Pailhead.

COUNTRY

Here are the top-10 songs being played on WWWW-FM, a country and western station in Detroit.

1. "The Last One To Know," Reba McEntire.
2. "Love Me Like You Used To," Tanya Tucker.
3. "Crazy From the Heart," The Bellamy Brothers.
4. "Somebody Lied," Ricky Van Shelton.
5. "Lynda," Steve Wariner.
6. "I Can't Get Close Enough," Exile.
7. "Heaven Can't Be Found," Hank Williams, Jr.
8. "You Haven't Heard the Last of Me," Moe Bandy.
9. "Those Memories of You," The Judds.
10. "Maybe Your Baby's Got the Blues," The Judds.

JAZZ

Here are the top-10 jazz numbers being played on WJZZ-FM, a jazz station in Detroit.

1. "Still Life Talking," Pat Metheny Group.
2. "Heat of Heat," Kevin Eubanks.
3. "Just Between Us," Gerald Albright.
4. "Short Stories," Bob Berg.
5. "Gift of Time," Jean Luc Ponty.
6. "Zoe's Song," Peter Moffitt.
7. "Brasil," Manhattan Transfer.
8. "Nothing Like the Sun," Sting.
9. "Mind Time," Dave Valentin.
10. "Love is a Rush," Wilton Felder.

REVIEWS

A VERY SPECIAL CHRISTMAS — various artists

This is a holiday fund-raiser, with profits directed toward Special Olympics. It's also a pretty terrific pop album.

Almost everybody's favorite star is here and highlights abound. Bruce Springsteen steals the show, though, with a four-alarm reading of "Merry Christmas Baby." The rhythm and blues war horse has long been a staple of his live holiday shows.

At the other end, Madonna turns in a show-stopping version of the obscure "Santa Baby." It's hard to tell whether Madonna's witty, nasal vocal pokes fun at her old Material Girl image — or at Cyndi Lauper — but it sure does live up to the proceedings.

The album's heaviest moment belongs to Sting (surprise, surprise). Nonetheless, his "Gabriel's Message" creatively blends synthesizers and multitracked vocals into a heavenly new wave choir.

Frosty voiced Annie Lennox is a solid choice to update "Winter Wonderland," while fellow Earthly



Dave Stewart has a ball playing around with the high-tech background.

TOUGH GIRL Chrissie Hynde of the Pretenders shows her tender side with a sensitive version of "Have Yourself a Merry Little Christmas." Band mate Malcolm Foster's tasteful guitar work also graces the track.

Whitney Houston coos "Do You Hear What I Hear," while local hero Bob Seger lends his considerable vocal chops to "Little Drummer Boy."

All told, rock and Christmas haven't hit it off this well since Phil Spector's Christmas Album was back in 1963.

A new Christmas classic is born. And you can dance to it. — Wayne Peel

THE NEW POSSIBILITY — John Fahey.

This is a different kind of Christmas album. The provocative title is first indication; the music inside is proof.

It's an instrumental album, just Fahey and his unaccompanied guitar. Together, they deliver two sides of traditional Christmas hymns in untraditional ways.

Fahey's inventive guitar work can be as stinging as an arctic wind, or as gentle as a lullaby. Throughout, it lends a strange sense of majesty to the sparse production.

Fahey's playing samples many styles. There are traces of delta blues, touches of folk, hints of wandering minstrel. Yet Fahey remains his own artist — difficult to pigeon hole but easy to appreciate.

Clearly, his is the definitive version of "What Child Is This?" Since there

street seen

Charlene Mitchell



Street Seen reporter Charlene Mitchell is always looking for the unusual and the unique. She welcomes comments and suggestions from readers. Write her in care of this newspaper, 36251 Schoolcraft, Livonia 48150, or call 591-2300, Ext. 313.



And now — 'Eyecatchers'

First glasses were put in pockets or purses when not in use. Then they were hung by standard-issue black cords around necks. Now there are "Eyecatchers," made from antique settings and designed by Virginia Schneider in Birmingham. Prices range from \$15-\$20. For a fitting, call 540-7686.

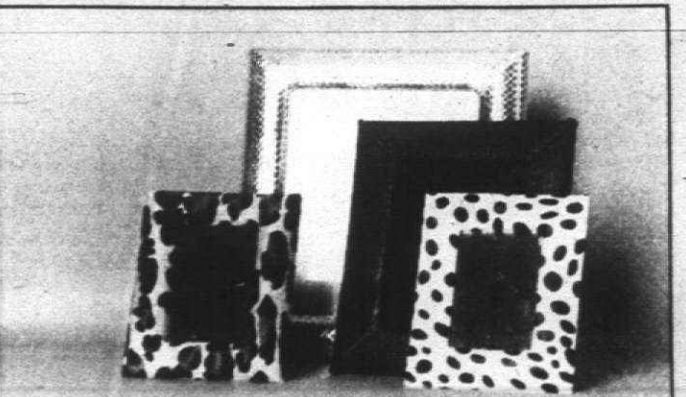
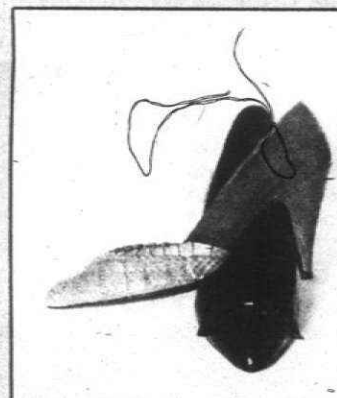


Day to remember

For hard to please relatives or friends who deserve something nice, try a gift certificate for a Day at Bloomies Face and Body. It is presented rolled like a scroll, services are hand written in beautiful silver ink calligraphy. Comes inside a silver bag with an attractive holiday ornament or fresh flower attached. Includes pedicure, facial or body massage. Packages start at \$15. Call Bloomies of Farmington Hills, 553-9550.

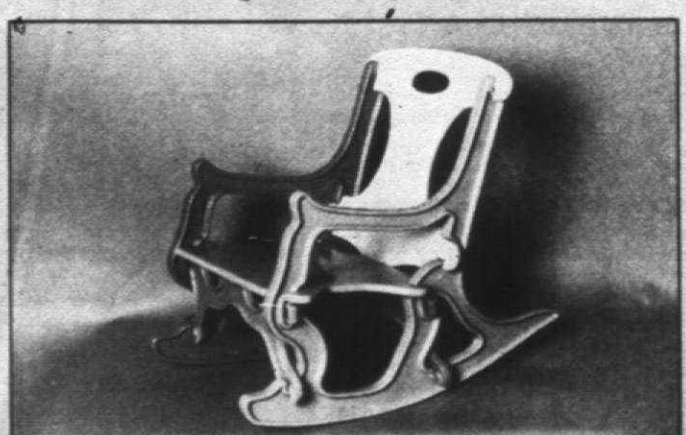
Fancy ancy

Come and see one of the largest selections of fancy-dance footwear in all of Michigan. Styles are definitely "Hollywood" oriented although basic everyday footwear is available too. Buy one pair and get the second pair for one cent. Dress-up styles with feminine bows and sensible heels are the hottest looks. Celebrity Shoes, 27600 Schoolcraft, Livonia.



Out of Africa

Ever since Meryl Streep and Robert Redford's came out of Africa, skins have been in — and that includes picture frames as well. They only safer you have to make is to Gorman's Inner Circle shop for these snakeskin, faux leopard and zebra fur frames sure to call attention to any favorite photo. Wonderful and arty for the truly adventurous. Priced according to size and skin type.



Strong as a rock-er

Here's a child's rocking chair that actually breaks apart into six pieces for easy storage and cleaning. The multicolored chair is extremely sturdy when put together and is recommended for toddlers 2-6 years. And mom, it's OK if junior drops ice cream all over the chair. The pieces can go into the dishwasher. \$28. Smart Alecs, Birmingham.

STREET WISE

Erudite delight

Educational extravaganza, you say. Well the Cranbrook Institute of Science has a bevy of fun-filled activities now through Tuesday, Jan. 3. Retrace the cosmic event of the past by taking an imaginary journey into the distant past through planetarium demonstrations titled "The Christmas Star." Hours are 1:30, 2:15 and 3 p.m. Saturday and Sunday (7:30 p.m. Saturday). There will be additional performances from Sunday, Dec. 27, through Tuesday, Jan. 3.

"The Wall" by Pink Floyd will be highlighted by an all-new laser light show at 7:30 p.m., 8:30 p.m. and 9:30 p.m. Fridays and at 8:30 p.m. and 9:30 p.m. Saturdays. "Ornaments," starring Frosty the Snowman and other whimsical creatures, will be shown at 3:45 p.m. Saturdays and Sundays with special weekday performances at 3:45 p.m. Dec. 26 through Jan. 2.

Rodney the Singing Rocket provides a holiday treat for children ages 3-6 who ordinarily cannot enjoy educational planetarium programs. Young participants can sing along with Rodney as they are introduced to the planetarium through a fanciful excursion on an imaginary space ship. Hours are 11:30 a.m. Monday through Saturday, Dec. 21 to Jan. 2.

Other educational activities and attractions during regular museum hours include physical science and

Homework theater

"Educating Rita" will open for a four-week run at 8 p.m. Thursday, Dec. 31, at Meadow Brook Theatre on the campus of Oakland University in Rochester.

Terence Kilburn, artistic director for Meadow Brook Theatre, will direct the Willy Russell's comedy. The Meadow Brook production will feature Cynthia Darlow as Rita, a culture-starved hairdresser and wife who gets a go-off English professor to teach her literature and literacy in an adult-education tutorial.

Darlow, who is from Detroit, appeared in the Broadway production of "Grease" and has extensive credits in off-Broadway and regional

Ice invitational

The 23rd Annual Great Lakes Invitational College Hockey Tournament will take place on Tuesday and Wednesday, Dec. 29-30, at Joe Louis Arena.

The University of Michigan will face off against the University of Wisconsin at 5 p.m. Tuesday. The Wolverines, coached by Red Berenson, feature such area players as Jim Ballantine of Birmingham and Alex Roberts of Bloomfield Hills. Chris Tancill of Livonia will return home as a member of the Badgers.

At 8 p.m. Tuesday, five-time GLI champion Michigan State will meet Michigan Tech in the second game of the night. The Spartans, coached by Ron Mason, include Mike Gilmore of

Fiddle fun

George Bedard and the Bonnevilles will perform honky-tonk and rockabilly numbers Saturday, Dec. 26, at the Apartment Lounge in Ann Arbor. The group will even pull out the fiddle for some of its tunes.

The Apartment Lounge is in the Huron Towers complex across from the Veterans Administration Hospital. There are jazz jam sessions on Thursdays, dance bands on weekends and Mondays, and a DJ on Wednesday. On Dec. 31, the Daytonas will perform.

(The Apartment Lounge is at 2200 Fuller Road. For more information, call 769-4060.)

Novi restaurant: 'roaring success'

Your traveling taster visits area eateries and rates them on a 100-point scale. Up to 30 points are awarded for atmosphere, which includes general atmosphere and service; 55 points for food, and 15 points for price/value rating. A total count of 50 points or less indicates a restaurant is not recommended; 60-74 points mean passing to good; 75-89 points designate very good with some extraordinary features; and 90-100 points show that a very special dining experience awaits you.

HOME SWEET HOME, 43180 NINE MILE, NOVI (347-0095), provides a return to the "good old days" of traditional American meals and decor. This new, lively and exciting restaurant is located in a magnificently remodeled old home, and its style is exceptional.

Each of the different dining rooms — on two floors — has its own style, but certain common, uncommon elements can be seen throughout. The lighting, for example, is provided by unusual and creative fixtures; the salt and pepper shakers differ on each table. Interesting prints, mirrors and art objects decorate the walls and even the floors.

The approach is "down-home casual" rather than elegant; the atmosphere is fun-filled and warmly inviting. The house itself and the attention to detail in the decor make this a most unusual setting. Most guests were casually dressed — in sports shirts or sport coats without ties for men, and slacks or informal outfits for women.

The restaurant is closed on Monday, and reservations are accepted for large groups only. There is an attractive bar in case you need to wait for a table, and it was more than 30 minutes before we were seated. Dinner took an hour and a half. GENERAL ATMOSPHERE — 15 points maximum. Points awarded — 15.

Our hostess was gracious and made us feel welcome, she visited the table while we were eating to be certain that everything was "just right." Waiters are casually dressed, and our made a few helpful suggestions about the menu offerings. The restaurant is still new but so busy that there are some lapses in service. Our waiter apologized several different times for delays in taking care of us. The bus person forgot to bring rolls until we asked for them but did keep our water filled and our silverware clean. SERVICE — 15 points maximum. Points awarded — 11.

Wiley's spicy pieces of chicken (\$3.75) are an excellent appetizer. They are plentiful, tasty and well worth trying. The pork tenderloin and chicken skewer (\$3.50) is also quite good. The delicate ginger and scallion glaze is a nice complement to the grilled items. The seafood chowder (\$1.95) with a tomato base, has loads of seafood, tomatoes and other vegetables; it was served piping hot.

Entrees are served with a fresh, cold salad which is adequate but not imaginative. The Caesar (\$3.50) was disappointing because the dressing was too heavy. The shortbread biscuits which accompany the meal are "homey" and delicious. Drinks are average in strength. BEFORE THE ENTREE — 15 points maximum. Points awarded — 12.

The smoked slab of ribs (\$13.50) was out of this world. The barbecue sauce hit the spot, neither too heavy nor too mild. The meat loaf sandwich (\$4.25) was another example of an "American" dish that was just



Home Sweet Home: high marks all around.

a counting for taste

D. Gustibus

what we had expected; the gravy added to the flavor. A special swordfish dijonaise (\$13.50) was slightly burned on the grill. Its charred flavor blocked out the mild dijon sauce. The stuffed cabbage (\$6.95) had cranberries served over it, a surprising, but nice, touch in appearance and taste. The dish was very good, both sweet and hearty. We also enjoyed the onion nest (\$3) which consists of loads of thin onion strips that

are fresh and not at all greasy. ENTREE, VEGETABLES AND GARNISHES — 30 points maximum. Points awarded — 25.

Whatever else you do, don't miss the brownie with ice cream and chocolate sauce. It is rich and wonderful, beyond compare. The sweet potato pie is also quite worthy trying, but it does pale next to the brownie. There's nothing like a hearty "homemade" dessert, and Mom

would have been proud to have done as well. DESSERT — 10 points maximum. Points awarded 10.

Dinner cost about \$45 per couple with tip, but you could easily eat for less if you ordered more moderately. The style of the food and the low prices on many entrees help account for the enormous popularity of this very new eatery. PRICE/VALUE — 15 points maximum. Points awarded — 10.

A COUNTING FOR TASTE — 100 points maximum. Total points awarded: 87. Home Sweet Home is a roaring success. It's worth the wait, especially if you want old-time cooking and a casual — but exciting and appealing — eating environment.

D. Gustibus welcomes your reactions, comments and suggestions.

Outlying Areas -

a continuing story

by Ray Kosarin



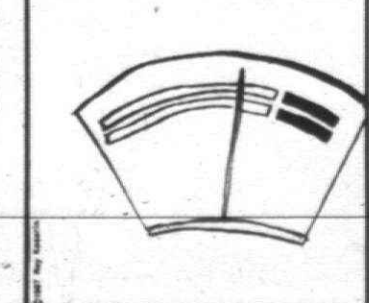
"BRING A FRIEND... OR JUST BRING YOURSELF."



GOD, COULD YOU IMAGINE HAVING TO CELEBRATE NEW YEAR'S BY YOURSELF?



Men, if you're about to turn 18, it's time to register with Selective Service at any U.S. Post Office.

Heads up
Staying alert is best weapon in holiday shopper's arsenalBy Loraine McClish
staff writer

The best way for holiday shoppers to protect themselves from having their purse or packages snatched or their wallets lifted during the high-crime season is to be alert.

That's it. It's that simple. Just be alert to what's happening around you.

One of the most telling insights on what makes an easy mark have come straight from the source, the criminal.

Prisoners who were convicted of street crimes were shown a video of a busy street in a shopping section of a large city. While viewing the tape they were asked to pick out which of the shoppers were the easiest targets.

It was the daydreamer. The shopper with head in the clouds. It was the shopper who could be taken by surprise and never be able to identify the thief.

IN THE SUBURBS street crime has come to mean — like it or not — mall crime. If you think malls are safe you are lowering your guard. Malls are ideal places for drug exchanges. It's where the money is, and it's warm in there.

Criminals don't like working out in the cold or, on bad days, criminals also like to sleep in. They do their very best work late afternoons and evenings.

Usually the criminal is a male. He is most likely 13-22 years old, usually on drugs or alcohol, and — bet on it — in good physical condition.

Whether attacked on the street or in a mall, stare the thief in the eye. You're one up on him right then and there because he knows you can identify him. Ask him what he wants. Give it to him. Then yell, "Fire!"

Fellow shoppers, unfortunately, don't respond to "Help!" these days. But people the world over respond to "Fire!"

On the street keep as much space between yourself and places of concealment as possible. Space is time, and time is safety.

In the parking lot, if you can possibly avoid it, don't park next to a van or a camper. They are the perfect shelter for any skullduggery afoot.

As soon as you leave the building have your keys in your hand. No fumbling for the right key at the last minute.

But while keeping alert, do take a minute to look under the car from the front or the rear, not the side, for anybody who shouldn't be there. Grabbing your legs



Being aware of your surroundings and avoiding problems is the best form of self defense. But if you're going to use a defense device, make sure it's legal and you know how it works.

from under the car is a relatively new, but popular gambit in the criminal world. It's also a good idea to look in the back seat before unlocking the door.

Once inside, lock the doors and windows, even before you buckle up.

THERE ARE A couple of psychological games you can play — and win — with criminals to protect your

Criminals won't stop because there is a chance that someone might already have called the police. And someone — most likely Cbers — probably did.

Crime prevention agencies as well as many senior centers throughout the country have sold the banners because they've been proven to be effective.

In this area they can be purchased from Citizens Against Crime in Livonia, 476-1800.

Chances of getting shot greater for gun owners

By Loraine McClish
staff writer

If you own a gun to protect yourself or are contemplating buying one, you should know that the gun owner — or a member of the family — is six times more likely to be the victim of a shot than a gun than a criminal.

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The hand-held Defender container disperses a legal tear gas that can stop an assailant in seconds. A burst to the face produces a severe burning sensation to the eyes and skin, a temporary blindness, a tightness in the chest, difficulty in breathing, coughing and dizziness.

The irritant lasts about 20 minutes, ample time for you to get away. The attacker will not die from the chemical. He will not be permanently damaged from it.

But he will be left with an invisible, ultra-fine, light-sensitive dye for police use in suspect identification.

One model of the Defender is to be used on your person, and comes with a key ring, to be at the ready at all times. There is a built-in safety device that won't allow bursts of the chemical at the wrong time. The most unusual feature is that it doesn't have to be unscrewed or unlocked. It can be fired directly from its case.

The other model of the Defender is for home use, to be placed strategically around the house. Citizens Against Crime recommends you own at least two, one at the front door, the other in the bedroom. It looks much like an air freshener. It also can be used effectively in campers or cars.

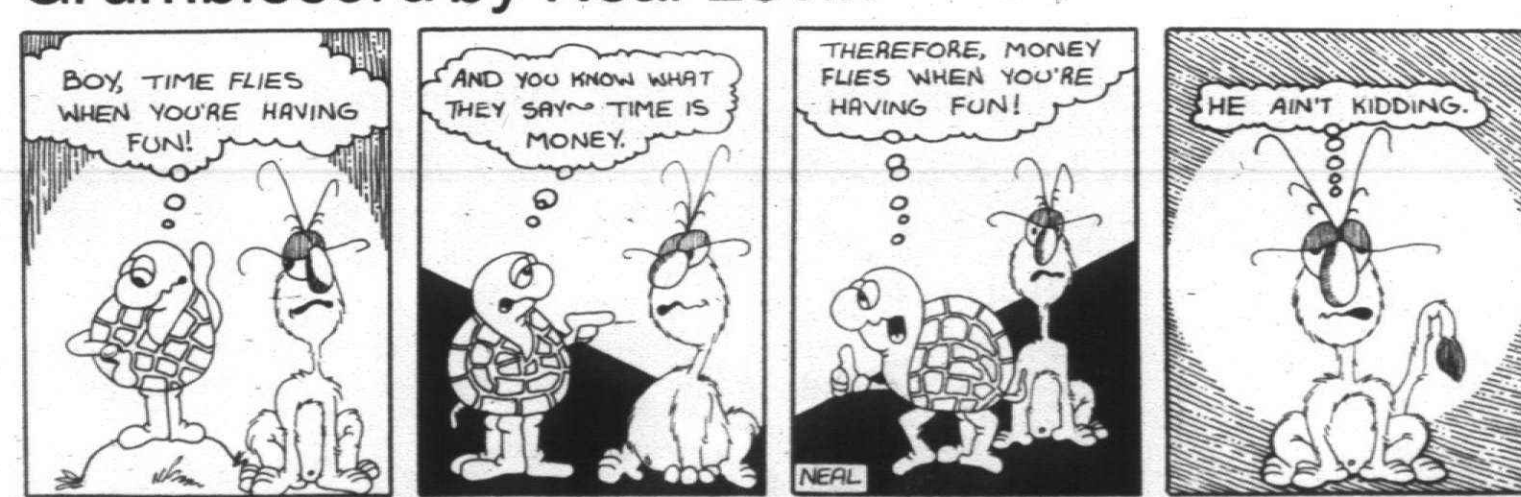
Both models are deceptively light-weight.

THE DEFENDER is sold by Citizens Against Crime as a money-maker to help the public service organization give free seminars on the types of crime people fear most.

The office for the Detroit area is at 29200 Vassar, Suite 695, Livonia. A staff of six answers requests from any type of interested group of at least 25 for an audience-participation session in churches, schools, libraries and businesses.

The philosophy of Citizens Against Crime is prevention.

Grumblecord by Neal Levin



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home while you're out during the holidays.

The first rule is: Don't advertise. The man who wins the free trip to Hawaii and announces on television that he and his family are leaving Friday is saying goodbye to everything in his house that is portable. The same might very well apply to the family who is planning an out-of-town wedding, the family that leaves every weekend for the cottage up north, or even a day of holiday shopping.

A gadget that automatically turns off the lights during the day and on in the evening, less than \$5 at stores such as K mart; is probably the most recommended device for home protection by law enforcement agencies. That, plus keeping a television set (for short periods of time) or a radio on while you are gone. Combining the two might be more effective than a \$10,000 burglar alarm system.

Another device for those without a dog is to pretend that you do own one. Buy the largest dog dish you can find and paint it with the most ferocious-sounding name you can think of. Maybe Goliath, or Diablo, or Fang.

Or put a bumper sticker on your car that reads "I Love Dobermans." These are games you are playing, of course, but they are effective.

FOR SAFETY IN your car, the biggie to be alert to this season is called "bumper rape."

Bumper rape is not necessarily rape, though it could be. It could also be a kidnapping, a mugging, the theft of your money or your car. And the victim is generally a woman.

Bumper rape occurs when your car is ever so slightly nudged into from the rear. The reaction is generally to get out of the car, see what damage is done, exchange whatever information needs to be exchanged, and be on your way. But in the case of bumper rape, the criminal uses the opportunity to commit a crime.

This is an unusually fast-growing crime. You will know you are a victim if you are on a relatively uncrowded street, and you know very little damage has been done to the car.

Don't get out of the car. Let him come to you. Keep the engine running and the car in drive. Listen to whatever he has to say from not more than a crack in your window. If he doesn't make much sense it is more than likely that he is high on something or is otherwise an unstable personality.

If you are in real trouble on a street or highway, either because of a stalled car or an accident, your best protection is a red and white banner that reads "Call the Police." That you carry in your glove department. The fluorescent banner will adhere to the glass when placed in the back window. Lock the doors and windows and wait for the police.

Most area police are against self-defense devices

Crime prevention bureaus in the Observer & Eccentric circulation area were contacted for suggestions on how best to protect yourself against street crime.

Members generally were against the idea of carrying any protection device on your person. The reasons? It very likely could be used against you; it probably would be at the bottom of your purse or in some other inaccessible spot the time of attack; and there are no guarantees that the device is going to produce the desired result.

BIRMINGHAM Police Lt. Jack Kalbfleisch recommends your keys as the best and most immediate weapon. Before you leave the lighted building, wrap your keys in your fist, with your car key protruding from your middle and index finger for jabbing into the face of an attacker.

He also suggests anything that you have in your hands, a purse, an umbrella, a book, a package, to be used as a weapon.

FARMINGTON HILLS Crime Prevention Bureau sells the Sound Alarm. It is about four inches long, is carried on a key chain and gives off a high-screaming sound. It sells for \$2. The telephone number is 474-6818.

GARDEN CITY Police Sgt. Joe Milkovich gives lessons on how to use the Kubaton. It is a five-inch plastic stick to be carried on a key ring and is only to be used after you are familiar with the instructions. Milkovich teaches what body pressure points to hit to let a would-be attacker. The telephone number is 422-1122.

LIVONIA Police Sgt. James Garred recommends the shrillest whistle you can find, an air raid whistle, a referee's whistle, a traffic policeman's whistle.

WESTLAND Police Sgt. Michael Terry says, "Yell and scream and kick and holler — as loud as you can."

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Benny forgot to shop early

By Sharon Dargay
staff writer

Benny was both a wiseman and a procrastinator. One night, his pals, the three famous Biblical wisemen, said they planned to follow an eastern star and did he want to come — as long as he brought a nice gift? "Sure," said Benny, heading for the marketplace mall, which was too crowded. So he went home and thumbed through a few mail order catalogs. "Gee, the shipping price on this stuff alone would clean out my talents — which are buried underground anyway," Benny thought. The toymakers' tent, usually open until sunset, had closed early. The 24-hour VII-XI store was a day's hike. And a Dunkin' Donuts family pack somehow just didn't seem appropriate. So when the appointed time arrived, his three pals, armed with gifts they had bought early — gold, frankincense and myrrh — set out to follow their destinies. Benny, the original last-minute Christmas shopper, clutched a carton of hemp-flavored Chew and headed east, mumbling, "It's the thought that counts."

THE MORAL of the parable? Shop early. But if it's Dec. 24, the discount and department stores have closed and your gift list still reads like the Detroit telephone book, it's time for a little gift improvisation. With some stores open all night, last-minute shopping isn't as tough as it used to be. There's more than Hostess Twinkies and hot coffee to go on some 24-hour market and drug store shelves. "You should come here at 11 p.m. on Christmas Eve," says Teresa Stoner, assistant manager at Perry Drug Store on Woodward, just south of Square Lake Road, Bloomfield Hills. "You'd see lines at every counter, at least two registers open and the manager running around."

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Elves make Christmas merry

By Rob McCabe
staff writer

As soon as you step through the doors of Mr. Z's restaurant in Redford Township this holiday season, it feels as if you've stepped into a Christmas fantasy come true. Tinsel and small colored lights twinkle like a million stars, while mechanical elves come to life, adding to the childhood memories that many of us share. Kevin Altink and Betty Funk own the new establishment, which was formerly Bogart's restaurant. The owners work side by side with their employees to keep their customers happy. Altink is a 30-year-veteran restaurateur. "We're booked quite a lot," Altink said during a break in his hectic schedule. "We have excellent food, service and the prices are great. We also have the Show Time Band, which performs Tuesday through Saturday evenings, and a DJ, Mexican Bobby, on Sunday and Monday nights." Altink said all the food is fresh

and that he presides over prepping of the food and cutting of the meat. He makes the soups and seasons the food. ALL ENTREES are served with warm dinner bread, garlic toast, choice of soup, potato, rice pilaf or Italian vegetable and a garden salad. Entree prices range from \$6.95 for baked lasagna to \$21.95 for surf and turf. "Where else can you get a quality meal, drinks and live entertainment for under \$50?" Altink queried. The restaurant's busiest day is Sunday when an all-you-can-eat buffet is offered for \$5.95. If you're planning a party, banquet facilities are available. This Christmas is the first holiday that Mr. Z's has decided to decorate its interior, said Janet Nader, a long-time restaurant manager. The restaurant will be decorated for other holidays as well. "You should see what we plan to do for St. Patrick's Day," she added, with a smile. Mr. Z's is at 27331 Five Mile.



Mechanical elves are in motion during the holidays at Mr. Z's restaurant in Redford Township.

second runs Louise Okrutsky

Morbid fascination manifests itself in many ways — from slowing down on the highway to check out why the police and ambulance surround a disabled car to watching something like "Blue Velvet." The 1986 movie attracted much attention for its macabre sexual content. Dennis Hopper excels in a role al-

most too unsettling to watch for two hours. When he starts to inhale nitrous oxide, the faint of heart may want to call the whole thing off. Isabella Rossellini plays the woman caught in Hopper's web of obsession and deception. Like Hopper, she turns in a memorable performance. You'll also know why Rossellini

raised a few eyebrows by wearing a blue velvet gown to the Oscars that year. Nice PR move. The movie was directed by David Lynch, whose credits include "Elephant Man" and the very strange but riveting cult classic, "Eraserhead." ANOTHER MOVIE that the oh-so-delicate may wish to at least fast-forward through some scenes is "The Fly."

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PHONE: 592-4646
BANQUET FACILITIES FOR 10 TO 100

Gala New Year's Eve Party
7:30 P.M. - 2:30 A.M.
The Karas House
23632 Plymouth Road
(1 block E. of Telegraph) Redford
\$85 per Couple includes:
Champagne at Midnight, Hors d'oeuvres & Dinner
OVER 25 KINDS OF HOT & COLD HORS D'OEUVRES
PATE & CHEESE TABLE DESSERT TABLES
Featuring:
— CARVING AND SEAFOOD TABLES
Roasted Prime Rib, with herb butter, Potato au Gratin, Scallops, Crab
in wine sauce, with hollandaise, Shrimp, New York Strip, Beef, Lamb, Turkey, Duck
and more...
Call 592-4646 for information
ALL RESERVATIONS SEATING

THE LANSDOWNE PRESENTS NEW YEARS '88 CELEBRATION
COME ABOARD THE PROMENADE DECK
• Cruise through a Luxurious Dinner Buffet
• Set Sail to an unlimited Host Bar
• Sink in our Scandalous Dessert Table
• Sway Fore and Aft to 50's & 60's Oldies
Featuring Dick Deal & the U.S. Male
Tickets Must be Purchased in Advance
Reservations Also Accepted for the Main Dining Room
For Information and Reservations
259-6801
THE LANSDOWNE
on the River
Behind Coke Hall
201 W. ATWATER
PRICE \$120*/COUPLE

HOLIDAY PARTY SUPPLIES
LAST MINUTE GIFTS
10% OFF WITH COUPON
Until December 31, 1987
Everything you need to make your holiday party a success can be found under one roof — decorations, balloons, hats, noise makers, confetti — ALL AT WHOLESALE PRICES! We also carry everything for the table including color-coordinated paper and plastic plates, cups, napkins, flatware and tablecovers.
For the ideal last minute gift, pick up one of our popcorn gift cans — all sizes, unlimited quantities.
Detroit Popcorn Company
12065 Telegraph
(313) 531-9200

It's the Biggest Party in Town!
NEW YEARS EVE AT THE HYATT.
Featuring Maynard Ferguson!
With Laurel Massey, formerly of Manhattan Transfer!
5 bands! 5 parties in one! With more people, more action, more fun than any other place in town!
• Maynard Ferguson • Teen Angels • A.K.A. • Mel Ball & Colours
• The Motor City Quintet
\$35 per person
Arrive early and enjoy a leisurely dinner. Party late and "Take the Elevator Home", guest rooms for only \$95 plus tax, single or double occupancy.
Call 593-3020 for tickets, dinner and room reservations.
Tickets available at all Hyatts and AAA Ticketmaster Outlets. Must be 21 years old. Bottles and cars prohibited.
HYATT REGENCY DEARBORN
PITTSFORD TOWN CENTER
PITTSFORD, MI 48070

50% OFF* restaurants,

NOW ONLY \$24.95

With coupon Expires 12/22/87

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Here's what your membership includes:

- CONVENIENT PLASTIC DINING AND TRAVEL CARD**
...Your Metro Membership includes a personal wallet-size card which you present to our Society of Gourmet Restaurant selection to receive your 50% off discount. No coupons to present!
- HANDSOME FAMILY PASSBOOK WITH HUNDREDS OF 2/1 OR 50% OFF COUPONS.**
...at informal restaurant, movies, shows, sports, hotels...
- SINGLE PERSON EXCLUSIVE CLUB**
...offers single people an opportunity to eat at 50% off at most of our participating establishments. This is a Metro Exclusive!
- EXCLUSIVE METRO MAPS** to pinpoint the locations of our Society of Gourmet Selections.

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1) Number of offers in pastbook (excluding travel and merchandise)	over 1500	over 800	METRO
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3) Dining & Wining (Number of Uses)	311	225	METRO
4) Are all coupons valid for 2/1 or 50% off?	YES	NO (Some coupons offer discounts from 10%-25%)	METRO
5) Percentage of FINE DINING valid for 50% off (No value limits)	75%	NONE	METRO
6) Are there restaurant and movie coupons not valid on weekends?	NONE	YES (many)	METRO
7) Number of Fine Dining restaurants who limit time of use to NON-PEAK hours on weekends.	22	45	METRO
8) SINGLE PERSON May eat at 50% off at restaurants (No guest required)	YES	NO	METRO
9) Are hotels valid year round? (No peak season exclusions)	YES	NO	METRO
PRICE	\$27.95	\$30.00	METRO

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Amato's
Bobby O's
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Radisson Plaza
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King Lim
Murdoc's
Max & Ermas
Lemon Peel
Petition
Griz & Gibby's
Polish Princess
Cros
Cafe Rio
Miti Street
Alams
Spaghetti Bender
Lipsticks
DRC
C.J. Barrymore
Travers
C.U.'s
Hazel Park
Peacock
Heavy Eddies
James on 7
WINDSOR DINING
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INTERNATIONAL CUISINE
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B



Susan Thomas models her one-of-a-kind collage collar which features a bold new look for leather. The artists uses antique lace, pony and lamb fur, painted suede and metallic leather fringe for a unique way to dress up simple outfits.

The ART

of wearing it well

By Jackie Klein
staff writer

Buttons and bows, leather and lace, fringes and furs — that's what artist-designer Susan Thomas' belts and collars are made of.

The one-of-a-kind accessories are for the woman who's daring and has a unique sense of style, says Thomas, who puts intriguing collage designs on leather.

"I used collage in my paintings and decided to use the art form in fashion design," said the former photographic model.

Collage is a technique in which bits of objects are pasted together on a surface in an incongruous relationship. Thomas pastes and handsews antique buttons, old pieces of lace, bits of fur, fringe, mili-

tary badges and what-have-you on her leather and paints designs on it.

"I'VE MADE MANY trips to the Southwest and that inspired the look," she said. "I may buy material, lace and feathers in New York. But combing flea markets for antique buttons, military badges and other unusual artifacts is the most fun."

In the first leather item she did, Thomas used an old piece of lace owned by her grandmother and some gold braid. She began to create and sell her items about a year-and-a-half ago. The accessories go well with a leather skirt or pants and a simple ivory or black blouse or sweater.

Thomas for 10 years was a fashion designer and model for the Detroit auto show. Her creations have been shown at Gallery Birmingham, Troy Gallery and the Detroit Artists Market.

For information, call 335-0438.



Kathy Cameron models a screen print from artist Carol Stormzand's wearable dream images. The subtle design can be dressed up or down with the proper accessories for the elegant or funky casual look.

Artist-designer Carol Stormzand displays her hand painted scarves, just one of the many accessories in her collection of colorful, wardrobe picker-uppers.



Dream images to wear

By Jackie Klein
staff writer

"Wearable dream imagery" distinguishes the designs of artist Carol Stormzand.

Her subtle, screen prints on silken fabrics come from what Stormzand calls her waking dreams of the unconscious. And there's a story behind the images.

"Artists are always looking for something different," she said. "Ancient cultures haven't been nurtured

in our society and these cultures, which believe in the significance of dreams, provide unique creations for artists, poets and musicians."

STORMZAND IS screen printing designs on separates for women. She also hand paints scarves, socks, T-shirts, tote bags and even shirts for men who go for the unusual in dressing.

"You can't buy our look in a store," Stormzand said. "Hand-painted clothes aren't for the conserva-

tive man. But for women, the look can be funky casual or elegant depending on accessories."

Stormzand also has done a series of bird paintings on clothes and gave a workshop at Dominican High School on dream images with a grant from the Michigan Council for the Arts. Her work has appeared in the Troy Art Gallery and Detroit Artists Market.

Stormzand can be reached a 874-0234.

Creative Living



Monday, December 21, 1987 O&E

★1E



designing
ways
**Eve
Garvin**

IN MY last column, I talked about California and the San Francisco look. Traveling south to Los Angeles you get an entirely different look. The look there is more glamorous, flamboyant, in keeping with the Hollywood flavor. It is a knockout look, most suitable for those surroundings but adaptable to other areas.

The Designers Group in the Troy Design Center has that look and emphatically says "Wow." Starting with the manager Harriet Pauluzzi and on to the lines they represent, you get that Hollywood feel.

Case goods, occasional pieces, dining and bedroom groups, are manufactured by Ello. The upholstery there is Thayer Coggin and Preview. The Nicoletti line is all leather upholstery imported from Italy. The 950 fan chair, which won the most beautiful chair in the world award in 1985, is displayed here. Ello distributes the chair.

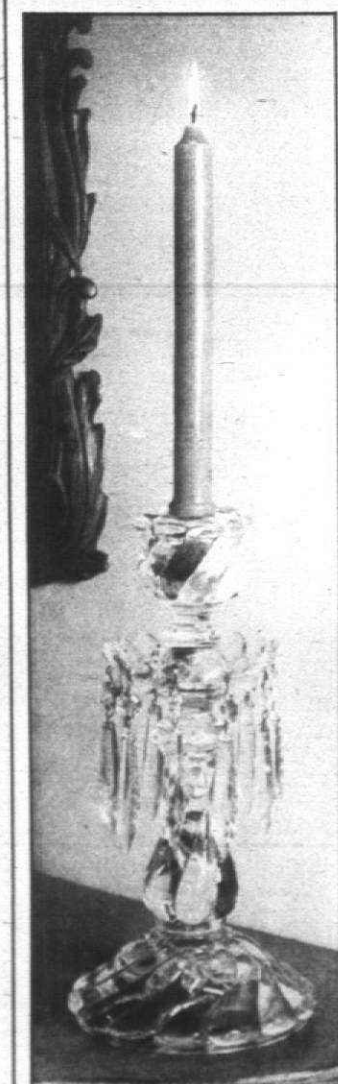
TO MOVE INTO a new subject, I would like to tell you that I have been asked to do a design forum in two parts for the National Council of Jewish Women. The dates are Jan. 13 and Jan. 20. On Jan. 13, my apartment will be open for the occasion. Ticket bearers will be shown through my apartment in the North Park Towers and we will then proceed to the Penthouse where refreshments will be served.

Jan. 20 will be devoted to answering problems which I hope you will present to me in writing on Jan. 13. On the 20th I will also put together a mock model of a house.

I look forward to seeing all of you and promise two eventful afternoons.

For information on tickets, call the National Council of Jewish Women office, 258-6000.

Eve Garvin is a Southfield resident who has been an interior designer in the area for many years. She welcomes questions and comments from readers. Send those to her in care of this newspaper, 36251 Schoolcraft, Livonia 48150.



From the Victorian era comes this 12-inch crystal candlestick holder, complete with light refracting crystal prisms. \$155. Jeff Fontana Designs.

Rekindling some old flames

AN ELECTRIC light is nice to read by, necessary for shaving or applying makeup and is certainly required for cooking when you want to see what you're doing. But other than those mundane things of life, they add little except light to the chilly almost unfriendly winter atmosphere.

Candles, on the other hand, flatter everything, casting a warm friendly soft glow on faces, reflecting in eyes, softening otherwise harsh elements of a room.

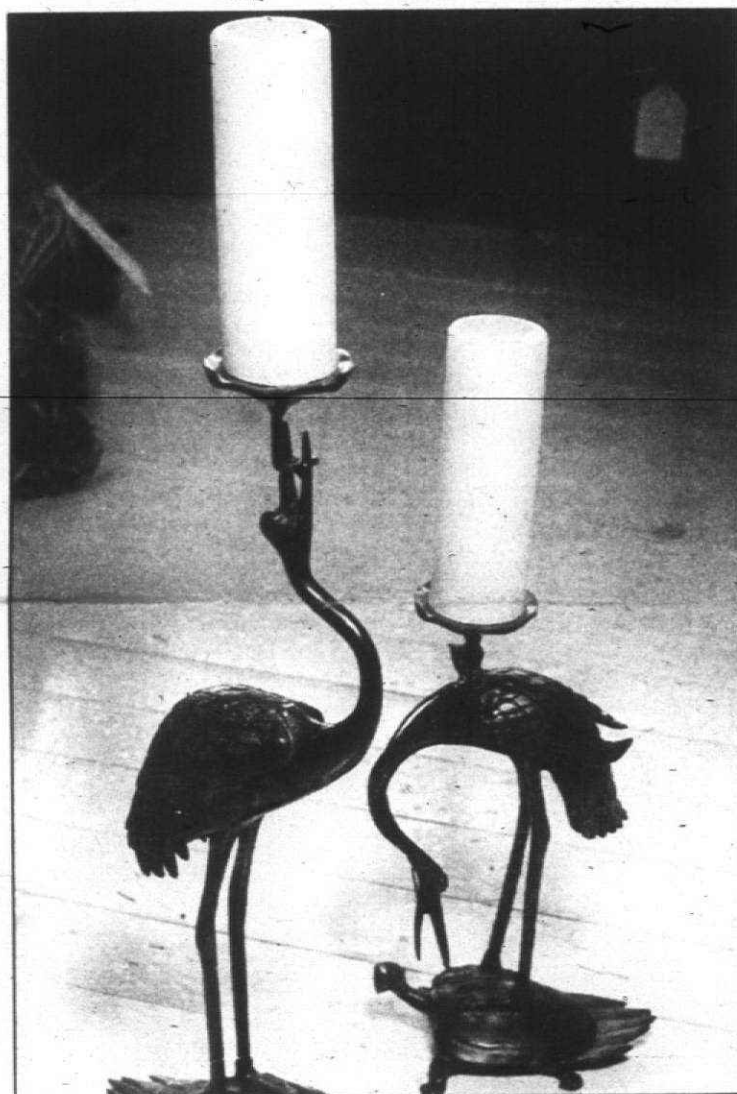
More than anything, they welcome people into a room, almost saying, "Come in, sit down, friend and relax." At the same time, they add a note of elegance, a lot of old-world charm and an ambience one simply can't get from a light bulb.

CANDLEHOLDERS COME IN an intriguing number of shapes and materials these days, some in the form of sculpture, others in sparkling crystal and still others designed to lend a light fragrance to the atmosphere.

Floor candlestands are making a comeback as glowing accents and single candleholders with candelabra overtones are important again, evoking memories of fringed piano shawls and tinkling prisms.

Here's a sampling of old flames guaranteed to lend a warmth of personality and hospitality to winter evenings.

— Rustle Shand



temptations

**Rustle
Shand**



There's nothing like a softly glowing fragrance candle to set the scene, and Rigaud is the ultimate. Made in France since 1880, Jackie Kennedy Onassis made them popular in the U.S. Elegantly set in crystal with silver finished top

and base, the Rigaud candle burns for 50 hours, filling the atmosphere with a delicate spicy fragrance while dispelling cigarette smoke and unpleasant odors. Bonwit Teller, \$25 to \$55.

At the left, these heavy iron crane on turtle candleholders have an antique, weathered bronze finish. Below, a welcoming entry candle stands on the floor in a walnut finished footed stand. Tying a tasseled cord around the fat candle adds a touch of the baroque. \$85 each. Curiosity Shoppe, Franklin Village.

Staff photos by Jerry Zolynsky

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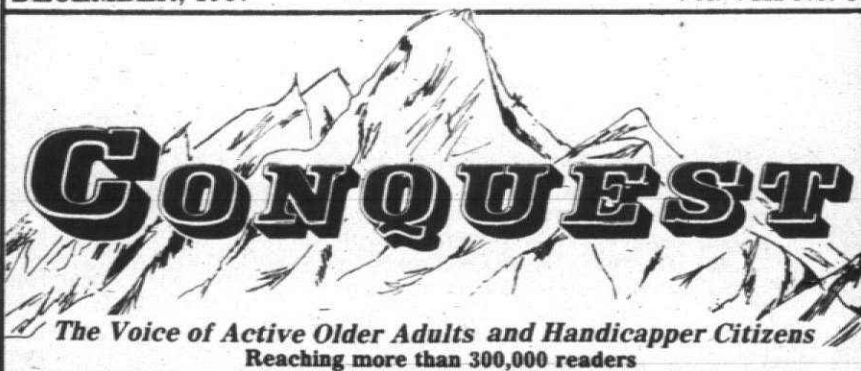
HONORED: Dr. Ronald M. Coburn, recipient of Special Tributes!



HENNY YOUNGMAN

DECEMBER, 1987

Vol. VIII No. 8



SALLY CASE

'Second Time Around'

McGuire Sisters



*Christene
Phyllis
Dorothy*

COVER STORY INSIDE CENTER SPREAD

Reported by Carrie Young
Photography by Tina Schambers

Senior & Handicapper

Happenings . . .



'Hits Home'

SONDRA BERLIN IS SPECIAL for many reasons. Not just because she is the co-owner of the Weight Watchers Group, Inc., side-by-side with her sister Florine Mark. And, not just because she gets her picture taken with Governor James Blanchard (shown here) for her being appointed to the Michigan Civil Rights Commission, representing firsthand the civil rights of Michigan's 1.5 million handicapper citizens. But, Sondra is also highly respected as a lady who has polio — complete with horror stories and all — but prevails over the polio as attractive, competent businesswoman, and social calendar activist.

'Easy Hearing Music'

An album of Christmas songs designed for easier listening for hard of hearing persons is now available in LP, or cassette tapes.

Called: Christmas for All to Hear, is available for \$11.99 from Easy Hearing Music, Inc., P.O. Box 6229, Evanston, IL 60204.

Send name, and address. Make check payable to "Easy Hearing Music, Inc." and note that Visa or Mastercard is accepted.

NEWS

For up-to-date information on well-rounded needs and concerns of hearing impaired and deaf persons of all ages, and up-to-date listings of meetings and special events. Persons are encouraged to write to this newsletter publication called: Soundings, serving hearing impaired persons in southeastern MI.

The membership is near 300 persons. There is no charge for the publication, but because of postage costs, donations of any amount are deeply appreciated, says its editor and founder Pat Haggerty, severely hearing impaired himself.

Articles and news items are encouraged to be sent in written form, he noted.

For more information or to be a member, persons should write to: Soundings, c/o Pat Haggerty, 6265 Porteridge, Canton, MI 48187.

Post Polio

For anyone who has polio this article is MUST reading. For friends of persons who have had earlier year diagnosing, better read this.

And, especially if you're an individual who remembers the days of the iron lung. Or still, yet, relies on that iron lung. . . you should take a closer look at this news item.

It particularly applies to you if you have long ago been diagnosed as having polio, but now seem to be having problems.

Here's why:

At William Beaumont Hospital's Barnum Health Center, in Birmingham, MI, it has just been announced that a Post Polio Clinic for individuals who are "Post polio" and having problems, is established with your total welfare at concern.

Spokesperson Midge Vandenberg is asking all interested parties to call the Physical Therapy Department.

"This clinic is for anyone who has had polio in the past and now has any of the following," Ms. Vandenberg outlined:

"1. Increased weakness; 2. Fatigue; 3. Pain; 4. Difficulty walking; 5. Difficulty doing daily activities. . ."

She also noted that the clinic is open to anyone who needs:

1. Updated lightweight braces; 2. A new seating system; 3. Information on polio; 4. Tips on energy conservation; 5. Functional evaluation; 6. Referrals for individual exercise programs; 7. Advice on home modifications.

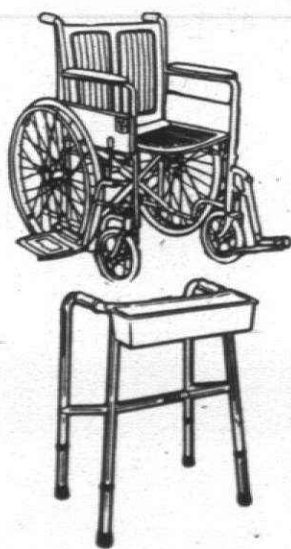
Says Ms. Vandenberg, physical therapists perform strength and range of motion testing, gait (walk) evaluation, and posture assessment. Occupational therapists evaluate wheelchair systems, fine motor coordination, activities of daily living, changes, arm/hand function and need for hand splinting. Orthotists evaluate old braces, educate about new options. Physicians provide referrals as needed for further medical services such as therapies, and bracing work.

"This is important this clinic," emphasized Ms. Vandenberg, "because of the alarming number of cases being reported nationally of post polio individuals having backlashes."

Actual clinic days are Tuesdays from 11a.m. - 1p.m., by appointment only.

Again, call: (313) 258-3700, and ask for Ms. Vandenberg.

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By CARRIE YOUNG
Executive Editor

'Holiday Depression has good news...'

SAN DIEGO, CA — It is the place where a recent convention of editors and publishers of senior citizen news publications met for a special health care and sharing forum, hosted by Senior Publishers Group (SPG) President Leonard Hansen.

Featured guest speaker: Dr. Joyce Brothers addressed the topic, "Treatment for Depression in Older Adults, Handicappers," and others in physical or psychological pain.

She, among a panelist of many, made emphasis on "the positive treatments..." Her message was delivered to SPG editors, and reporters, of which CONQUEST Newspapers is an award-winning member.

Holidays mark an alarming time for depression-related suicides and attempts. A spokesperson for the National Foundation for Depressive Illness, Inc., also noted "...this is not a seasonal problem...it doesn't go away. Nor can it be permitted to continue as 'misunderstood' in the dangerous make-up of myths and stereotypes built on ageism."

"Positive treatment..." is the real story that came out of this "Major Issues for 1987-88 meeting for mature market journalists, co-sponsored by SPG, Pfizer Pharmaceuticals, and Mature Market Seminars.

That's why my column!

Best time, they say. It is when Holiday Depression makes its biggest impression: Its worst.

Afterall, this is its worst season.

But, do you really need me telling you?

Is it absolutely necessary to bring renowned psychologist Dr. Joyce Brothers and other experts into this picture?

PAUSE.....

Well, I've been thinking.

THE VERDICT IS IN: Yes. Yes, we need new objectivity. Some straight facts might indeed help in getting to the heart of matters.

Continued on Page 30



Dr. Joyce Brothers addresses topic, "Treatment for Depression in Older Adults, Handicappers," and others in physical or psychological pain.



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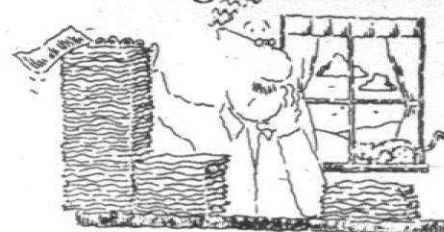
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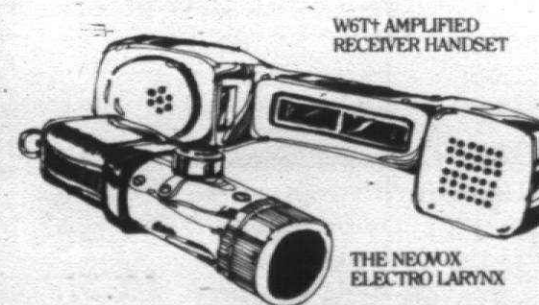
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We have some exciting new things to show you at the **Michigan Bell Telecommunications Quality Centers for the Handicapped**—starting with the broad selection of state-of-the-art communications products and services on display. These products and services are designed for customers ranging from those with severe impairments to people who have difficulty seeing, hearing or moving about.

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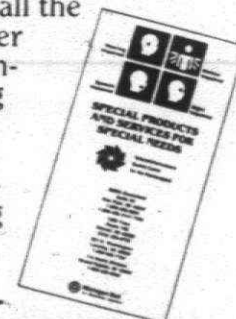
And there are many more modern electronic products including tone or signaling devices, emergency call systems, and Telecommunications Device for the Deaf (TDD) that can help you communicate more easily, and increase both your independence and your personal security.

But our Centers offer more than just products. They are staffed with experts skilled in meeting the special communications needs of customers with physical impairments. The Center personnel are also involved with programs for the handicapped in hospitals, health seminars and social service agencies—all with the result of constantly enhancing their understanding of your special communications needs.

If you or someone you know could be helped by these products and services, why not visit one of our Centers soon? They are located in Oak Park, Detroit, Lansing and Grand Rapids and all are open Monday through Friday from 8:30 a.m. until 5 p.m. Here are the addresses and phone numbers:

- ☐ 26200 Greenfield, Suite 43 (between Lincoln and 11 Mile at the back of the Lincoln Office Center), Oak Park, MI 48237
1 800 482-8254 (Voice);
1 800 482-3141 (TDD)
- ☐ 1365 Cass Ave., Room 102
Detroit, MI 48226
(313) 223-8732 (Voice/TDD)
- ☐ 221 N. Washington
Lansing, MI 48933
1 800 525-7134 (Voice/TDD)
- ☐ 114 North Division
Grand Rapids, MI 49503
1 800 525-9628 (Voice/TDD)

Or if you are unable to stop in and you would like our free brochure, "Special Products and Services for Special Needs," call the number of the Center in your area. Remember, if you're looking for special ways to communicate more easily and more efficiently, we're waiting to give you all the special attention you can use at:

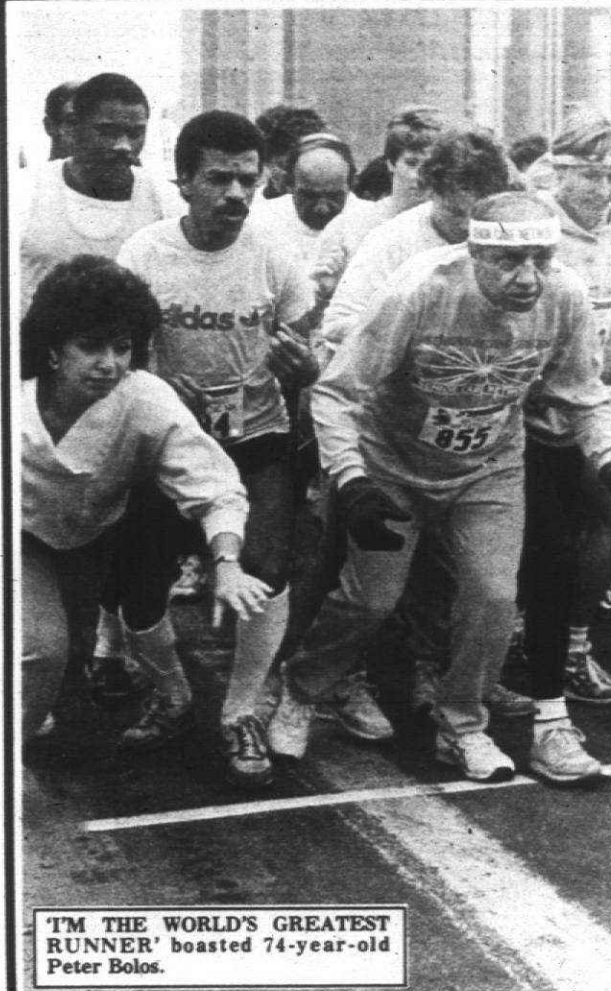


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'I'M THE WORLD'S GREATEST RUNNER' boasted 74-year-old Peter Bolos.

'Fitness, Fun and... Fame'



Peter Bolos told his daughter, Sadie, he was too old to take up running when she first suggested it.

Now, almost two years and several wins later, 74-year-old Bolos says there's no stopping him. "I will run until I die," Bolos told CONQUEST, "I'm running a track to heaven."

Bolos, of Grosse Pointe, MI, last ran 14 races. Recently he participated in the Detroit Dietetic Association, 10K run in Hart Plaza.

Sporting a canary yellow tee-shirt emblazoned with a blazing yellow sun on an orange field, Bolos completed the Dietetic run in 53:59 for the 50-year-old category. His best timing is 50:1 or 8 and a quarter minutes per mile, he said.

Bolos, a former professional prizefighter, said his enthusiasm for running increased after his first three marathons.

"I said to myself, 'if I can run three races and win, I'm going to be a champion runner.'"

Training six days a week with marathon runs constant, Bolos is boasting of a 20-pound drop in weight; now from 169 to a trim 150 and all muscles.

As for his daughter, Sadie? She also attributes changes in her father's attitude to running.

"His stress level is down. He's not as anxious. He's happier, and he's made friends his own age," Sadie said.

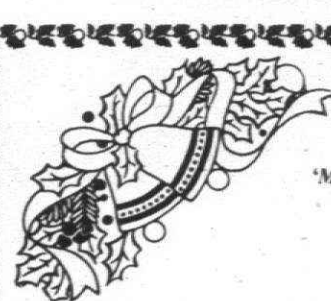
Bolos' only wish now:

"...That more seniors would begin a fitness program. Take up walking, riding, or jogging. If everybody gets out and does something, they'll live a longer, healthier life."

Bolos welcomes the competition, but warns: "I'm difficult to beat!"

I'm a good runner, and a classy runner. I'm the world's greatest runner, Bolos said.

You know, sounds awfully familiar talk...a lot like another famous ex-prizefighter who was "the greatest."



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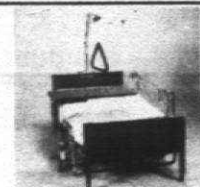
383-6000 ext. 257, Lincoln Park

Call: 271-8120, Dearborn OR... 733-0841, Flint

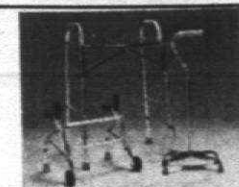
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Dr. Ronald Coburn's gift to...

The Retired Senior Volunteer Program

"Dr. Coburn, please accept our heartfelt gratitude and deepest appreciation for this Christmas present. This is only an attempt to thank you for your generosity...It is only an 'ATTEMPT' because I don't think a few words can really express our sincerest appreciation..."

CAROL M. ZIELINSKI, M.A., C.S.W., DIRECTOR
RETIRED SENIOR VOLUNTEER PROGRAM
(R.S.V.P.) OF WAYNE COUNTY, MI

It was not the easiest thing for Ms. Zielinski to get used to the idea of being on the 'receiving end' of giving. After all, she is in the business of senior citizens who voluntarily give of themselves for others.

Nor, was this an easy position for Dr. Ronald M. Coburn to be in. He, too, is in the business of helping others; primarily extending his long arm of generosity to those in the senior citizen community.

But, Dr. Coburn is still very modest about his philanthropic endeavors, despite his longstanding involvement in supporting major senior citizens projects and worthwhile programs.

Dr. Coburn, with his nationally renowned reputation, as a cataract specialist, finds his true love of life is in first restoring the precious gift of sight to thousands.

His next love is making sure that the seniors who have their lives renewed will be able to live it to their fullest, and greatest potential.

And that is where this Christmas story unfolds:

This month, Dr. Coburn presented a Christmas package to Wayne County's members of the Retired Senior Volunteer Program, (R.S.V.P.).

The gift? A full-year's subscription of CONQUEST Newspaper to thousands of giving, dedicated volunteers.

"We were shocked, ecstatic," said R.S.V.P. director Zielinski, "I have been aware of CONQUEST for over 9 years. It is truly a wonderful paper. It serves a very special population and offers them articles and newsworthy items relative to their needs and concerns."

Ms. Zielinski said, since the newspaper is so "upbeat in mood, honest, and useful—what all newspapers should be," so, too, is the one-year free subscription to its 2,200 membership.

Accepting the gift was Joy Graves, manager of the Western Wayne County section of R.S.V.P., and active volunteer, 77-year-old Doris Fedus of Livonia. Doris, petite, reminded that good things come in small packages, who also boasted of her husband Rudolph, 79, who completes the volunteer pair.

"This gift could not be going to a more deserving group of giving volunteers," Ms. Graves told CONQUEST, "and happily it will start off a very good year. She noted that 1988 is Michigan's 15th year anniversary as a working, viable R.S.V.P. non-

profit organization, with a volunteer anniversary party planned for late summer.

Ms. Graves told Dr. Coburn and staff:

"It is very gratifying that he has taken such an interest in these seniors who just don't get the recognition they deserve," she smiled, "We've heard so many great things he's done for others, but we never expected this."

The gift is inspiring, Ms. Graves said, as



Dr. Ronald M. Coburn presents Christmas gift to Doris Fedus of Livonia and Joy Graves, manager of the Western Wayne County section of R.S.V.P.

is working with the senior volunteers themselves.

R.S.V.P., though a national ACTION program, has some similar nationwide volunteer guidelines, but also has targeted programs that specifically meet Michigan's needs, even differing from county-to-county.

"The seniors are very, very needed. They are amazing how they keep programs running," Ms. Graves said, "minimum age is 60, but in Wayne County, they boast their oldest volunteer at age 94."

Today, there are more than 750,000 R.S.V.P. volunteers in Michigan who are provided challenging and meaningful volunteer opportunities, and they donate their skills, time, and enthusiasm."

Here's a brief listing of Volunteer Opportunities:

ARTS AND CRAFTS RECREATION ASSISTANCE where R.S.V.P.'ers encourage activity for the elderly in retirement centers, and nursing homes; CARPENTRY, needed anywhere from Evangelical Home for the Aged, to Teenage Parent Alternative School, to Detroit's international renowned World Medical Relief.

CHILDREN-PRESCHOOL AGE, from Children's Hospital to day care centers; WXYZ's Channel 7 Adult Literacy Program, where seniors can help others to read virtually in their own backyards and communities; CHILDREN- SCHOOL AGE, where volunteers are tutors and special friends in schools, hospitals, foster care, and self-help programs including substance abuse.

Each year volunteers deliver meals to fellow seniors, make minor home repairs, offer transportation and visit the home-bound. Some work on the telephone reassurance projects. And, still others help handicappers wheelchair ramps designed and built by volunteers. Some are stationed as clerical workers at non-profits such as: American Red Cross (offices throughout Wayne County) Lutheran School for the Deaf in Livonia, and others are friendly visitors, work for television, radio, and other areas in fund-raising, and special events.

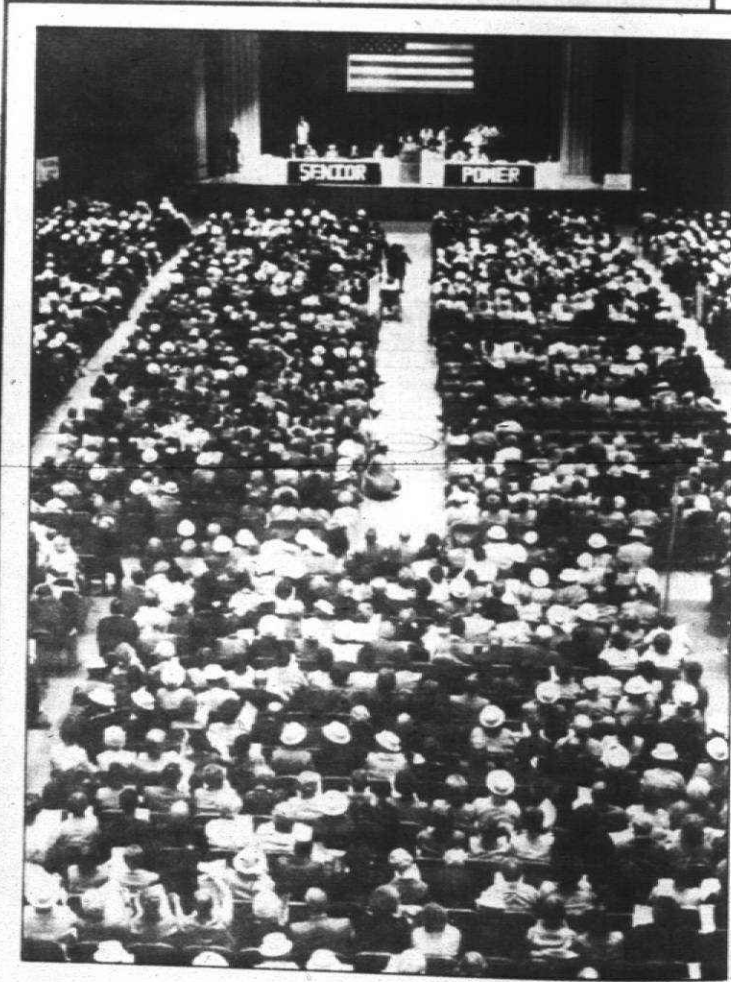
From receptionists and host and hostesses, to packaging, mailings, and sortings to tour guides, and computer assistances...they keep Michigan moving in a positive motion.

Continued on Page 31

Story by Carrie Young/Photo by Tina Chambers



Seniors prepare for 14th annual Grand March!



Projection: 1988 Senior Power Day links with A.A.R.P.

(EDITOR'S NOTE: There are many ideas and notions of what senior power day is. But, in the context of this news story, senior power represents an annual Michigan event — of national reputation — and undeniable significant import.

The political, yet nonpartisan, event is:
SENIOR POWER DAY

For the past 3 years, each month of May, has marked a time when seniors from all across Michigan invade the state capitol city, Lansing. They come in busses, caravans, and in numbers, all 6,000. They rally for their political rights; lobby for issues of legislative importance to them and future generations. And, they invite state and national leaders to speak...and to listen.

In recent years, in an effort to further 'grandstand,' the seniors have culminated their political forum with a grand march to the state capitol building.

But, times are changing.

CONQUEST reports on today's concerns for Michigan Sen-

ior Power Day, and its impact and effectiveness in creating changes.

This story is about questions, like: Should health care still be a number one priority, at this coming year's 14th annual? What impact—legislatively—has Senior Power Day made on past issues on transportation, housing, and energy issues...?

What to do about coordinating Michigan's 6,000 Power Day goers with 60,000 seniors who will also be invited to attend the bi-ennial national convention of the 30 million strong American Association of Retired Persons, (AARP).

AARP plans for a May, 1988 Cobo Hall convention. Senior Power Day is scheduling its 14th annual event, also in May, 1988.

Then, there are the rumblings that Senior Power Day should become regionalized...more local.

This story is the first of two stories about solutions to all the questions. And, at this writing, it appears: There are more answers than questions.)

'Stevie Wondering' More state funding for the Michigan School for the Blind?

At the school for the blind, recalls Stevie's superintendent, Dr. Robert Thompson, "Stevie got an education where everywhere else, he was denied. He got the fair break to perform his first billboard chart hit: *Fingertips*, because the school saw his potential as a guiding light for thousands of other physically challenged, visually impaired, and blind persons.

Today, the Michigan School for the Blind still looks to Stevie Wonder as their own personal success story; particularly its current superintendent Dr. Velma Allen.

"There are so many changes needed that are critical to the school's survival. I fight for them, but nothing could have helped us more than Stevie's reunion-visit last fall."

"When it comes to budget time, we need all the help we can get to encourage funding... things are so antiquated in so many ways," Dr. Allen lamented. "That's why we're counting on last year's visit, and Stevie's promise to come back and help with fundraising."

LAST YEAR: Governor James Blanchard's "Program to Rebuild Michigan," included a budget of \$113,000 for the school for the blind, according to Phillip Runkel, superintendent of the State's Department of Education.

That \$113,000 was intended to build a new roof for the service building, and to insure fire protection improvements.

The total budget for that year's public investment program for all 'special schools' was: \$4,422,500.

Compare the school for the blind's service building's roof to a \$9 million dollar project under the Department of Management and Budget, Robert H. Naftaly, director.

There, priority remodeling and additions for state facilities, totalling \$4 million were funded. And, a new program initiated by the Governor to provide \$5 million in funds for remodeling and renovating existing colleges and universities. Total budget: \$121,250,000.

This year, perhaps the budget building tour guide on priority listing might be Stevie Wonder. A man who sees with an 'eye' for the truth. Just a suggestion.



An address to the Michigan School for the Blind, Lansing, MI

Photo by Tina Schambers



"We'll be holding Senior Power Day a bit earlier in 1988, so we may coordinate with the national A.A.R.P. convention at Cobo Hall — combining our strength in numbers in excess of 66,000..."

— Rosella Neumann



"No problem," says Rosella Neumann, immediate past chairperson of the Michigan Senior Power Day Steering Committee.

Ms. Neumann, who resigned that honored post to recently elected Julius Oton of Dearborn, MI, is quite pleased with how Michigan Senior Power Day (SPD) is going to become even stronger, and more effective by working cooperatively with those national organizers of the American Association of Retired Persons (AARP).

"We'll be holding Senior Power Day a bit earlier," said Ms. Neumann, a senior political activist from Alpena, MI. "Actually, we'll be having Senior Power Day later in April. And, because AARP has always been very impressed with Michigan's organization, they are managing a way for our Power Day Committee to actually become a part of their convention."

Such a solution, indeed. Particularly since CONQUEST's last reportage at the summer meeting of SPD's Steering Committee was full of question, and confusion.

"Rosella is quite capable," admired Olivia Maynard, director of Michigan's Office of Services to the Aging.

"Members of the Commission on Services to the Aging selected Rosella to represent them on the Senior Power Day Steering Committee for 1988," Ms. Maynard said. "As former chairpersons of this Committee she offers a wealth of experience and I believe they've made an excellent choice..."

Ms. Maynard also noted:

"Rosella has been Michigan's Health Advocacy Services Trainings Coordinator for the American Association of Retired Persons (AARP)," she said. "Having worked closely with national AARP officials, I foresee a very successful combination of conventions to take place in Detroit. Indeed, this coming spring appears to have all the makings of a very exciting time for older adults and for the aging network in our Great Lake State."

An unexpected compliment was also provided to the SPD Steering Committee and its volunteers. Ms. Maynard told CONQUEST:

"What has helped to keep Senior Power Day impressive to other states, and nationally, is that the seniors work year-round themselves to put this event together.

She emphasized: "They DON'T rely on professionals to put it on. It's the committee of seniors who work it out; plan it; learn the local needs; and they raise the funds, too."

Funding, according to the Steering Committee's June 12, 1987 Treasurer's Report, shows revenues from: The sale of advertising to the annual News Herald Magazine; Paid Exhibitors (who station themselves health-care convention style in the basement level) in the Lansing Civic Center; Corporation donations; individual donations; souvenir sales (buttons, hats, bags, etc.) and meal collections.

BUT STILL, what about those nagging "discussion-arguments" about Power Day's effectiveness as a state rally?

Co-founder and first chairperson Bob Murray, at age 80, has his own ideas, he says, based on firsthand experience:

"I suggest we go to local power days, because I believe we've outlived our purpose at the state level."

Murray of Lansing noted: I'm talking from experience. Next year is election year, and you know the Governor and those legislators—they'll never be around. You'd have to kidnap 'em to get their attention."

Murray also feared lack of interest, "...I see the seniors all downstairs picking up the goodies—not up in the great auditorium..."

"And, the speeches are too political," he mused. "So, we get Claude Pepper (D-Fla) great advocate of the seniors. He spends 20 minutes talking about himself, and the other about how wonderful Senator Don Riegle (D-Mich) is...all they do is endorse each other."

However, Steering Committee member Dr. Keith McCall—a longstanding activist and former chairperson, explained:

"It has been visionaries like Bob (Murray, to serve 4 more years) who first brought us Power Day in the first place, and it will be people like Bob who will help us through these transition stages."

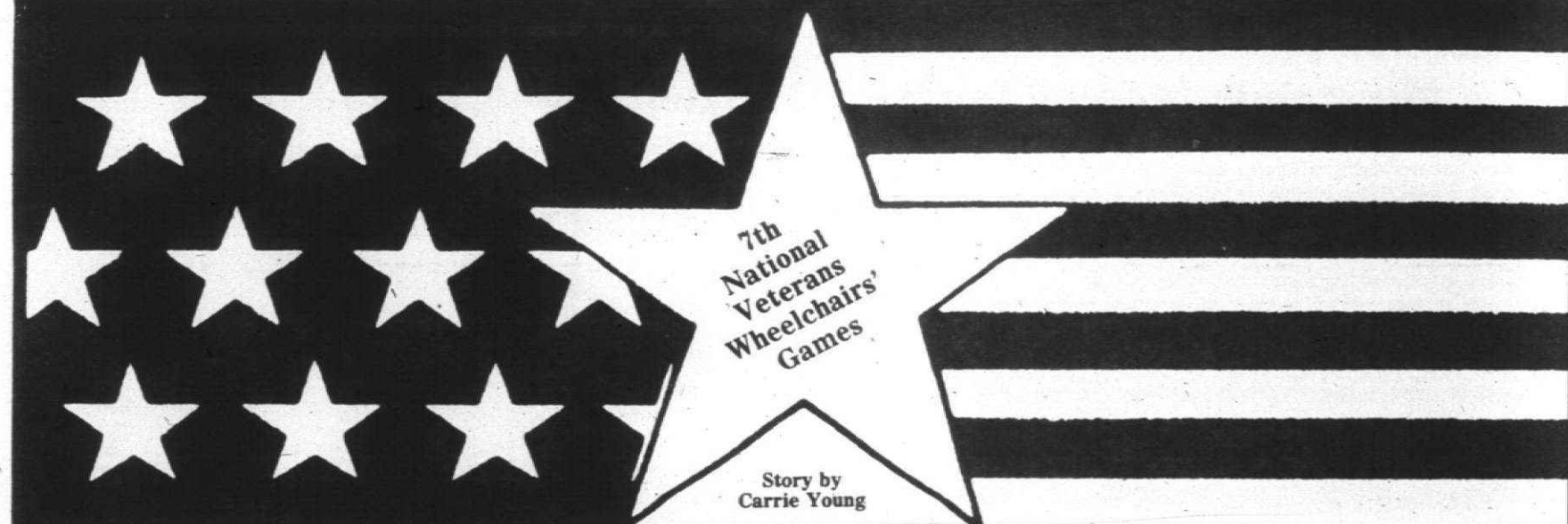
Dr. McCall, though, steadfast in his belief in the power of numbers. He also argued the need for a continued state rally so that additional legislation will actually be made, as a direct result of Power Day.

Today, there already exists many regional and local senior power days that Dr. McCall said "complement" the statewide event.

"This is a growth phenomenon, and I see it as a challenge for us to be more innovative, as well as an opportunity to start right now in planning for:

"...SENIOR POWER: The 1990's."

(NEXT MONTH: More in-depth interviews on the issues, the people, and the needs to be addressed at the 14th annual Senior Power Day, 1988.)



'PARALYZED WALK'

(EDITOR'S NOTE: This is the second of a two-part series that reported on the largest wheelchair games in the U.S.A., called: the 7th annual national Veterans Wheelchair Games, where more than 500 athletes nationally and from Great Britain competed in strenuous athletic events.

The event was hosted by The Paralyzed Veterans of America, Veteran Administration and the site University of Michigan, featured keynote speaker "Bo" Schembeckler, U of M Wolverine Coach.

Last month we reported on more than 40 events and exhibitions, and provid-

All eyes were upon one man. He is paralyzed. Yet on this medically miraculous day, this paralyzed man went for a short walk.

He climbed steps and walked about 200 feet using a computer-controlled stimulator.

Dr. E.B. Marsolais, chief of Rehabilitation Medicine at the Cleveland Veterans Administration Medical Center, was the moderator and physician-researcher who fielded questions from CONQUEST Newspaper.

CONQ: Just what exactly is this remarkable thing we're all witnessing called?

Dr. Marsolais explained the system is titled: "Functional Neuromuscular Stimulation," (FNS). The FNS involves a fine wire electrode (s) and a computer-controlled muscle stimulator that is worn on a belt, and is a technological advancement that "can" mean walking again for paraplegic persons who now utilize wheelchairs.

"Paraplegic subjects who participate in this research have between 50 and 60 coiled, stainless-steel wire electrodes implanted in their trunk, hip, thigh, and calf muscles," Dr. Marsolais told CONQUEST.

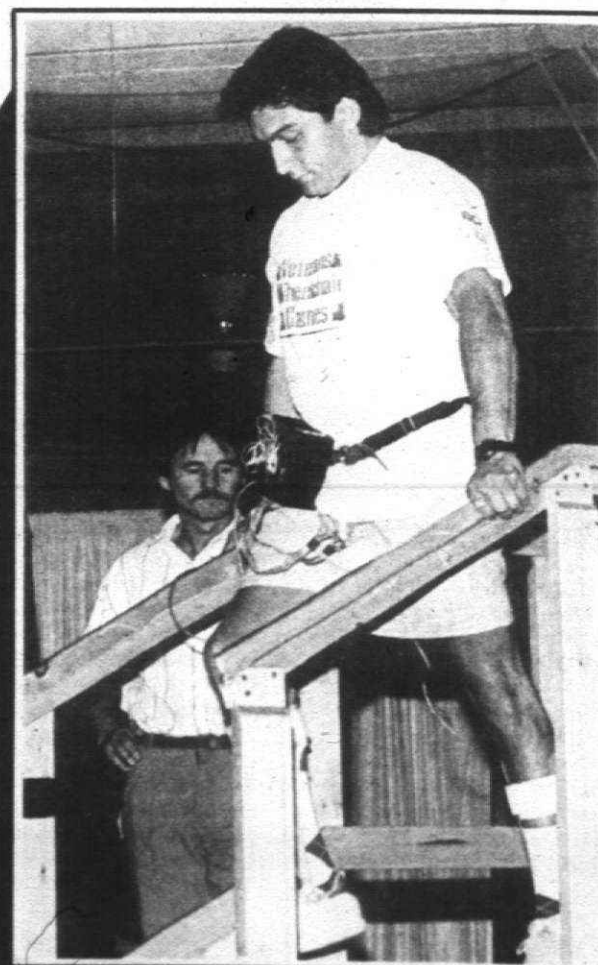
"The wires emerge through the skin and are connected to a portable computer about the size of a large calculator," he said, "a microchip in the computer controls the delivery of electrical signals to the electrode, which have been implanted alongside nerves."

The event was the highlight of the Games to so many veterans who have suffered spinal cord injuries, admitted Michael Delaney, associate director of Development, for the Paralyzed Veterans of America (PVA).

Delaney, a wheelchair user himself, is a former national president of PVA, was past chapter president for the Michigan Chapter of PVA, and while, then, a resident of Dearborn, MI, he was vice-president of MPVA, as well as legislative chairperson to PVA.

ed due credit to the corporate sponsors who made it all happen, including: Michigan's own Gold Medal Sponsor, Randy Kowalski, president of Home C.A.R.E., Inc., of Dearborn and Southgate (ALSO A CONQUEST SPONSOR); Gresham Driving Aids, of Wixom, as a Michigan bronze medal sponsor, and another sponsor of CONQUEST Newspaper.

This month, CONQUEST will explore the fascinating medical advancements introduced at the Games which: allow the paralyzed to walk.)



Photography by Tina Schambers

"I know that so many veterans don't want to get their hopes up that this will someday soon be perfected and they'll be candidates for it," said Delaney.

Very true, admitted Dr. Marsolais, however, noting:

"There are 2.5 million stroke patients and people with Multiple Sclerosis. And then there are cases as many as 400,000 spinal cord injured persons who might be able to utilize this device."

"But, he assured, "that doesn't mean that a few years down the road, the numbers will be expanded. Before this, we had "nothing."

Dr. Marsolais also praised the volunteers for "their great sacrifice" in subjecting themselves to the frontline of these painful experiments. Right now, this is not practical, but...."

He explained, that as a result of spinal cord injuries, the nerve can no longer carry signals from the brain to the muscles.

Electrical stimulation, by means of implanted electrodes, imitates normal electrical activity in the nerves to cause contraction of the paralyzed muscles.

"This technique of functional electrical stimulation has enabled six complete paraplegics to stand and walk, using a walker or crutches for balance; three of them have been able to climb and descend stairs," said the doctor.

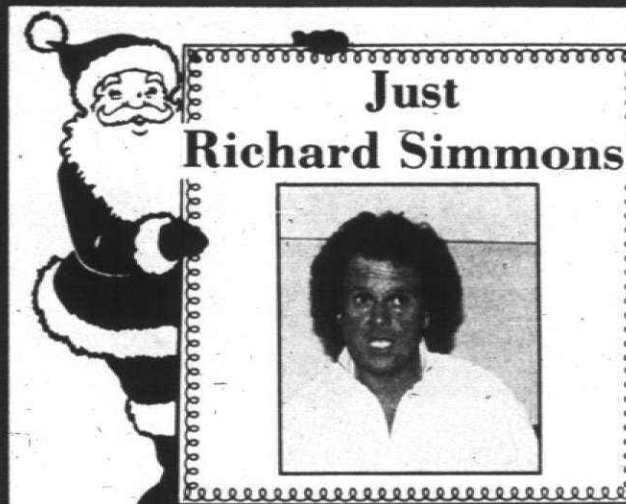
Each research subject controls the stimulation with a hand-switch while allowing him to initiate a step or a functional activity from a menu.

"The stimulation stops at the completion of each step awaiting the subject's next command," said the doctor.

Currently, 11 walking speeds are available.

Dr. Marsolais' research program aims to provide paralyzed people with useful functional activities such as: Standing for periods of up to one

Continued on Page 11



START THE NEW YEAR OUT RIGHT:

Reach For Fitness, by purchasing a special book of exercises for physically challenged persons of all ages, as well as senior citizens who want to get into the fitness of things.

The book, "REACH FOR FITNESS," may also be borrowed from your nearest library. It is copyrighted by fitness and diet guru Richard Simmons. Thus far, that is the only unfortunate matter involving the book.

Exceptionally well-

written by more than 300 experts, this book fortunately is not dominated by Simmons who with his external tan seems to know as much about the physically challenged as he does about the harmful rays of the sun.

Yet, regardless of Simmons ulterior motivations for this book used to help finance his nationwide spas, under the Richard Simmons Reach Foundation; the book is otherwise an excellent gift for inspiring a new Year's resolution.

Written with the assistance of the Orthopedic Hospital, Los Angeles, Asthma & Allergy Foundation of America; Cystic Fibrosis Foundation; Muscular Dystrophy Association; National Multiple Sclerosis Society; Spina bifida Association of America; Veterans Administrations Medical Center, Palo Alto; and consultants from the Arthritis Foundation, Southern California Chapter.

The foreword of this book was written by Sylvester Stallone.

Stallone said: "This book is a wonderful testament to the inner strength and courage of handicapped adults senior citizens, and physically challenged children who all wish to excel in life..."

If you think this book is for "the other guy," think again. Nobody is missed.

ON AGING: Consultant Helen G. Ansley, among others try to bust through the myths and stereotypes, while offering specific workouts.

Other areas thoroughly covered include: Alzheimer's Disease; Amputation; Amyotrophic Lateral Sclerosis, (ALS), otherwise known as Lou Gerig's disease; Arthritis, and if you have it, you are joined by 40,000,000 other Americans — both young and old. The disease is for life, and with no known cure the basic common denominator is: Pain (sometimes constant).

So, who wants to exercise? It better be you, because long term inactivity can actually increase both pain and damage. And, with chronic pain doing terrible things to the spirit, Mary Rosenberg, a registered physical therapist with the Arthritis Foundation, insists "your greatest battle can be in keeping that positive, enthusiastic personality that is the real you."

Asthma, as explored by the national Jewish Center for Immunology and Respiratory Medicine, is a complex disease that causes obstruction of a person's respiratory system.

Betcha' you thought of all people, you'd be excused from exercise. WRONG! Controlled exercise is essential, as is serious weight control. Extra poundage makes attacks more frequent.

Back pain; Cancer; Cerebral Palsy; Chronic Bronchitis and/or Emphysema call for EXERCISE. Cystic Fibrosis; Diabetes; Down's Syndrome; Epilepsy; Head Trauma/Brain Injury; Hearing Impairment; Heart Disease; Hemophilia; Hypertension; Curvature of the spine (Idiopathic Scoliosis) Malignant Bone Tumor; Multiple Sclerosis; Muscular Dystrophy; Osteoporosis; Adult Polio Syndrome and so many other physical challenges can be helped by being properly diagnosed and with monitored, prescribed exercise.

So why not forget those excuses for a minutes, and Take time to look for this perfect "get it together" gift of a lifetime. Go to your bookstore, or library.

And, begin to take control of YOUR life!



'CHALLENGE SPEAKER' was 'Bo' Schembeckler of the U of M Wolverines.



DR. E.B. MARSOLAIS, chief of Rehabilitation at the Cleveland VA Clinic is a "key" researcher.



EXECUTIVE EDITOR YOUNG interviews PVA National Coordinator Michael Delaney.

Continued from Page 10

hour; Walking for distances up to one mile at normal speeds; and climbing and descending both step and ramps, and falling and getting up from the ground.

He said: Once the experimental system is fully developed, it will be miniaturized for clinical use and distribution not only to those with spinal cord injuries, but also to selected stroke patients, persons with cerebral palsy, and persons with multiple sclerosis.

The Cleveland research, in cooperation with Case Western Reserve University is supported by funding from the Rehabilitation Research and Development Service of the Veterans Administration and from the Spinal Cord Society.

Of the annual games MPVA Executive Direc-

tor John Etherton told CONQUEST:

"Our goal is to remind our members and others that, as a person with a handicap, you can still set goals—and achieve them—in almost any endeavor, you choose..." Etherton said that the entire event "typifies what can be accomplished when the drive to succeed is there."

MPVA has for more than four decades served the needs of its members—all of whom have catastrophic paralysis caused by spinal cord injury or disease.

MPVA, Etherton said, is funded through private donations, and neither seeks nor receives government funding. For more information on MPVA, persons may call: (313) 525-5626, or write: MPVA, 30406 Ford Road, Garden City, MI 48135.

Photography by Earl Squire

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Please call First Optometry for details and to schedule your appointment at the participating office near you.

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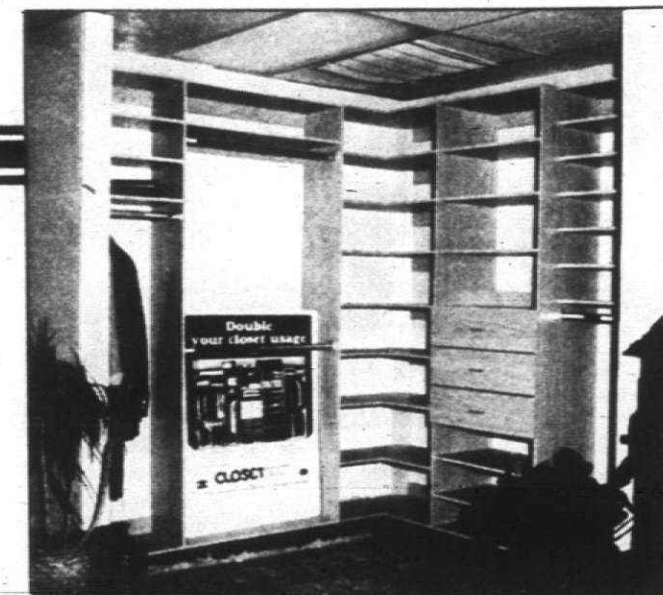
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Grand Opening

...closettec'

"Closettec means that physically challenged individuals can come out of the closet. They can live very independently, with great ease and dignity by hanging up their own clothes, and reaching their own sweaters..."

Sybrena Kenan
Location Manager
CLOSETTEC,
Farmington Hills, MI



It's a New England success story that comes to Michigan, says Ms. Kenan of the four-year-old Boston-based custom producer of a national storage space systems corporation.

Noted for doing such distinguished work for such distinguished citizens as Senator Ted Kennedy, the Grand Opening of Closettec, in Farmington Hills, has received such positive response that the company is already scheduling the opening of six to seven additional locations in the Greater Detroit area.

"These are not just closets," Ms. Kenan noted:

"The focus is specific needs of the handicapper, senior space conscious senior citizens and other people with special needs," she explained. "We don't design a closet. We first have our flexible designers determine the exact, and individual needs of each person so that we may adapt the closet to their actual needs."

KEY: Service, she said. CUSTOMER, is #1. It is also interesting to note that the Michigan Office of Services To The Aging shows that more than 82-percent of seniors still reside in their homes,

and maybe in need of updating.

FOR EXAMPLE: Recently a Livonia handicapper approached Closettec for special advice for the building and construction of his custom-made home to accommodate his wheelchair.

"I'm really happy that we got involved," Ms. Kenan said. "We got to know his needs, and have designed a closet that leaves him in absolute control. Personally, I love it. It makes me feel good."

The Livonia client dubbed the Closettec as not being standard size, but being built with the client's "reach in mind."

The best feedback Ms. Kenan receives is to hear a senior, or physically challenged person commentate:

"I DON'T have to ask someone to do this and do that for me. I can do things myself, and it makes a world of difference to me."

For more information on Closettec, persons should call the Farmington Hills location: (313) 473-0700. Or write: Closettec, 24407 Halsted Rd., Farmington Hills, MI 48018.

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AARP 'Special Recognition'

Dr. Ronald M. Coburn Nominated Nationally

This month, Dr. Ronald M. Coburn, has been nominated for the prestigious "Special Recognition Award," sponsored by the American Association of Retired Persons (AARP).

In announcing the coveted Special Recognition Award, AARP Executive Director Jack Carlson said the purpose of the awards:

"...is to inspire and encourage others in the private sector to participate in worthwhile efforts beneficial to older Americans."

Awards are expected to be presented to corporations, nonprofit organizations, labor unions, universities, foundations, and the media for making outstanding contributions toward enhancing the quality of life for older persons through innovative programs, policies or research.

According to Judy Helein, director of the Special Recognition Awards, "they are based on significance of the work or its potential national impact in helping older persons. Programs and policies of those nominated must be in keeping with AARP's goals and objectives, which are:

- Enhance the quality of life for older persons;
- Promote independence, dignity, and purpose for older persons in society; and
- Improve the image of aging.

Dr. Coburn was nominated for his accomplishments in: Consumer and senior citizen education; new technologies and significant advancements in cataract surgical techniques that are of national, and international import; health; caregiving; media; volunteerism; and literacy.

"We're taking into account intergenerational activities and the needs of special populations such as older women, minorities, families, and the disabled," said Ms. Helein.

A partial list of Dr. Coburn's community involvements extends from:

• **BUSTING BARRIERS**, when Dr. Coburn became the first corporate sponsor of the nation's first-ever project to bring together the proven musical abilities of senior citizens, handicappers and youth to produce a series of albums featuring this intergenerational musical combination. The album received radio, TV, and newspaper attention. Also, it activated interest from celebrities, such as: Pat Boone, to Stevie Wonder. A TV-of-the-week movie contract was signed. More media attention was brought on by a handicapper calling himself "Leaping Larry Dilworth," who—despite his wheelchair and Spina-bifida—skydived to raise Busting Barrier's pledge dollars.

Eventually, Dr. Coburn and the nonprofit Busting Barriers team received a special proclamation from the Michigan Legislature.

• He received a special STATE TRIBUTE from the House of Representatives for providing his free medical expertise and cataract surgeries to low-income families. He was also honored by the Michigan Commission for the Blind.

• Among his other contributions to create a more positive image for older persons, Dr. Coburn has sponsored: The first annual Detroit Regional Senior Olympics, the Michigan Senior Olympics while (organizing for the national olympics); Worldclass Co-ed Senior Baseball; funded Michigan's 1987 national champion Lawnbowling Association which older members are seeking youth, and handicappers. And, in the spirit of good physical health, as advocated by the Michigan Office of Services to the Aging, he contributed to building Michigan's first Wells Fargo Walking and Exercise Course, also one of the first nationally to be installed.

• He contributes to the continuation of life-line programs such as: L.I.F.E., and is this year involving himself in Michigan's statewide Health Care Coalition, while organizing a major sponsorship to ensuring that the 1988 Michigan Senior Power Day political forum of 6,000 older Michiganders works cohesively with the national convention of AARP, with AARP's expected 60,000 seniors to congregate at our state's hosting convention center, Cobo Hall.

• Last year, Dr. Coburn was honored by the National Legislative Council for the Handicapped. His public service work was the basis for the tribute.

• It was also last year, that Dr. Coburn took the lead role nationally in the potentially 'risky business' of mixing entertainment with education.

His hunches paid off, and the Coburn Clinic created Michigan's most requested troupe of older adults, called: "The Catar-Actors," who perform at no cost at senior centers, nursing homes, cocktail parties, and even do theatre work, and worthwhile fundraisers, and benefits—all in their effort to educate people to newest, and safest cataract surgeries, using the entertaining guise of skits, like: "Of Cataracts and Cocktails."

• Today, because of Dr. Coburn's technical, and most innovative advancements in cataract surgeries, he is the number one choice of network television science editors.

Dr. Coburn is known internationally for his advanced technology in cataract surgeries. So beneficial to the reduction of patients' operation time, postoperative discomfort, and quickened rehabilitation time.

Dr. Coburn is teaching surgical seminars across the country, where his breakthroughs are touted as nothing short of "world class excellence in cataract treatment."

"The demand to stay at the leading edge of technology increases every day," says Dr. Coburn. "As patients become more well informed they demand to be treated with only the safest, fastest, and finest technology available."

Dr. Coburn emphasized: "The precious gift of sight is not something patients take lightly. And, the results they can anticipate depend greatly on the surgeon's experience."

With all he offers medically, one might ask, why does Dr. Coburn involve himself so firmly into the community?

HE ANSWERS:

"I am of the opinion that my life belongs to the whole community, and as long as I live, it is my privilege to do for it whatever I can..."

"It matters to me. Especially regarding the seniors. I guess you could simply say, I care."

"I am of the opinion that my life belongs to the whole community, and as long as I live, it is my privilege to do for it whatever I can."

It matters to me.

Especially regarding seniors. I guess you could simply say, I care.



Ronald M. Coburn

The prestigious 'Special Recognition' Award, sponsored by the American Association of Retired Persons is '...to inspire and encourage others in the private sector to participate in worthwhile efforts beneficial to older adults...'

— AARP
Executive Director
Jack Carlson

Celebrity Cookbooks



This probably, and most undoubtedly, is the first time you can throw out that old cliché: "...Too many cooks spoil the broth..."

Not so. Not in this special kitchen of kitchens.

Here, can't get enough chefs. Especially in this time of — holiday cheer — year. Everyone has time to celebrate. If not, they cook it up. There's something to celebrate for everyone. And someone with whom to...

There's YOU and ME, and Michigan's more than 3 million older adults and physically challenged persons of all ages.

That is why — at any season — it is not an unusual assortment of chefs' potpourri, such as: Detroit Free Press Columnist Bob Talbert; legendary Bob Hope; WOMC FM-104's Nick Arama; and for side dishes Sister Mary Francilene, president of Madonna College with her "Mississippi Mud Pie."

Add: Dorothy Zehnder, kitchen manager, at Friendly Frankenmuth's Bavarian Inn. Then invite Jean Vieth Sargent, author of: "An Easier Way, Handbook for Seniors and Handicappers in the Kitchen."

Plus! There's even an express exit-door for the physically and mobility limited, just in case these recipes don't live up to their reputations. It is advised to refer to the Greater Detroit Access Guide for Handicappers and Seniors. There, you will find all-priced restaurants, thanks to this Access Guide, published by the National Council of Jewish Women, in Greater Detroit.

BUT FIRST, THE STORY...

There are four books, each with 'slices' of good information.



Bob Talbert, Free Press columnist, shares his down-home recipes for Easter Seal Services.

1. Michigan's Easter Seal Society has published a "Celebrity Cookbook" of recipes of the celebs. It is an effort to raise needed funds for this oldest and largest voluntary with its direct service health care for handicappers across the country.

In Metro-Detroit more than 80,000 children and adults receive Easter Seal services, where the need arises, be it: stroke, Multiple Sclerosis, a birth defect, cerebral palsy or muscular dystrophy. Grassroots adaptive programs include: postural screenings, speech, physical and occupational therapies, day camping, educational and vocational training services.

The Easter Seals "Celebrity Cookbook shares 100 favorite recipes "from the heart," of popular local and national celebrities.

Donations for each book is \$12.95 and checks should be made payable to: Easter Seals, and persons must also send their name, (organization), address, city, state, and zip code to: The Easter Seal Society of Wayne County, 2545 Hyde Park Drive, Inkster, MI 48141, or phone: (313) 722-3055.

Other celebrities listed with their favorite recipes include:

Lee Iacocca; Tom Selleck; Doris Day; Mort Crim; Jimmy Carter; Bella Abzug; Connie Chung, NBC-News; Dayna Eubanks-Stinson, WXYZ-TV7 News Reporter; Warren Pierce, WJR Radio; and Mayor Guido's Famous Pizza from Michael A. Guido, Mayor of Dearborn. 2. "Cookies and Bars," is a collection of family favorites from Frankenmuth Bavarian Inn, "known the world over for its famous family style chicken dinners."

Unlike most restaurants where recipes are made so v-e-r-y secretive, Dorothy Zehnder doesn't believe in 'skimping', and insists on quality and first-class sharing.

"This is a part of me — a gift," says Dorothy, who says "a kitchen is cupboards full of memories and drawers full of dreams. And, when I'm in the kitchen, I feel I am at the center of all the important events and activities."

The book is full of photos and history about the family, with year-round favorites. It's a compilation of 36 years, of "Cookies and Bars" with a collection of 72 recipes. Dorothy's husband approves of both the cookies, and the book. Husband William Zehnder, known as TINY shares ownership of the Bavarian Inn with Dorothy.

The book is full of color displays, and fully indexed — from Christmas trimmings to summer splendors.

To purchase, persons should send \$6.95 plus \$1.50 for postage and handling to: Frankenmuth Bavarian Inn Motor Lodge, P.O. Box 211, Frankenmuth, MI 48734. 3. "An Easier Way," the handbook for seniors and handicappers in the kitchen and house was written to capture the attention of the millions of persons with physical challenges who may benefit from equipment and devices illustrated and described by its author, Jean Vieth Sargent.

Says Lois O. Schwab, Ed.D., professor of Inde-

pendent Living Rehabilitation Units at the College of Home Economics at the University of Nebraska.

"This book's SUPERMARKET of ideas for persons with mobility concerns is an excellent home reference library, whose ideas translate to new capabilities for everyone."

Resources from cups for shaky hands to flip-open spatulas, to steady cooking utensils and non-skid bowls; this book is complete with a resource list — from "A" for Arthritis Foundation to "U" as in the United Cerebral Palsy Association, Inc.

The large print books are available by writing: The Iowa State University Press, Ames, Iowa, 50010, c/o Jean Vieth Sargent and "An Easier Way".

No charge is indicated.

4. The Greater Detroit Access Guide for Seniors and Handicappers, as published by the National Council of Jewish Women, of Greater Detroit is designed to assist individuals with mobility and communication limitations, and planned to encourage persons to take advantage of community resources throughout Wayne, Oakland and Macomb counties. Each facility is rated by levels of barrier-free accessibility standards, based on the guidelines of the Michigan Barrier Free Design Board.

The book is comprehensive, from: banks, entertainment, government services; hospitals, hotels, libraries, restaurants, recreations, shopping malls and retail centers, and much more.

Complimentary copies are available by calling: (313)557-9604, or by writing The National Council of Jewish Women, Greater Detroit, 16400 W. 13 Mile Rd., Southfield, MI 48076.



Dorothy Zehnder, of friendly Frankenmuth's Bavarian Inn shares her favorite recipes.

McGUIRE SISTERS

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Dorothy, active philanthropist...

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No matter. Because with their never-ending knack for stylish trend-setting; their position; talent, patience; strength; poise; and personality...they're still the same to me.

Only curious omission I made is: *Roots*.

But, that comes later.

First, I'd like to remind folks that this month marks their big break into show business for the pretty sisters. They hit hot as this incredibly harmonic trio and literally 'ran off' the show with top honors.

Oh. By the way, the show: "Arthur Godfrey's Talent Scouts."

Everyone simply went wild over the threesome's uniquely blended family sound. They were instant media sensations, both nationally and internationally.

Almost fairy-tale written, it was: Overnight.

As fast as you can flip one of today's compact discs, these sisters were being billed as the "Little Godfreys," and from a one-nighter, talent guest appearance; they were signed for a seven-year contract with Godfrey.

Meantime, they hooked for an eight-week engagement with the "Kate Smith Show," and media just toppled over itself to feature the little darlings.

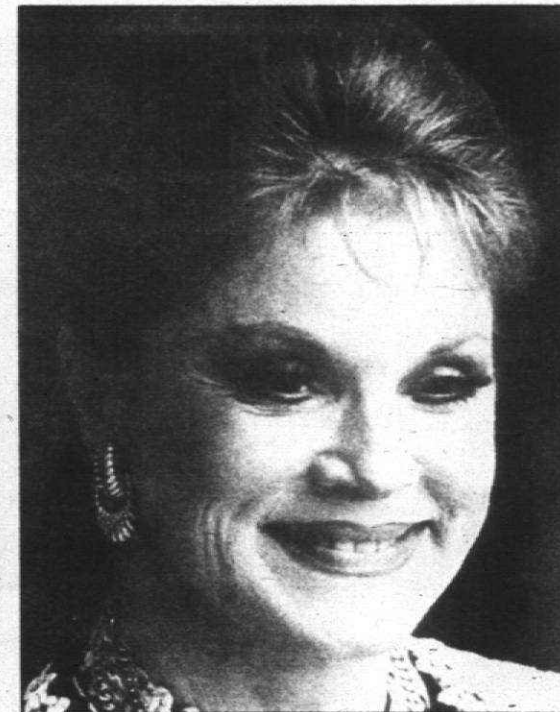
Over the next 14 years, the McGuire Sisters earned more than 30 hits on the Billboard charts, including a string of gold records, among them:

"Sincerely," "Just For Old Time's Sake," "Something's Gotta Give," "HE," "Picnic," "Sugartime," "Muskrat Ramble," and "May You Always."

They appeared on The Ed Sullivan Show; top television shows; had nightclub bookings from Las Vegas to the Waldorf Astoria, to New York. They did a Command Performance before the Queen of England, and performances for four Presidents.



CHRISTENE



PHYLLIS



DOROTHY

CONQ: Before Arthur Godfrey, didn't you first start singing in church?

PHYLLIS: Well, we've been singing since I was 4 years old. I've always had the lead voice. None of us took singing lessons, actually. Dot (Dorothy) and Chris both read...I mean read music, (laughter) and they took piano lessons. I didn't.

Our mother taught us that what we had was God-given talent. As far back as I can remember," Phyllis said, "we've been singing in the church choir. Mother made certain of that."

CONQ: Quite understandable. Your mother was very special, herself. Tell our readers about her. Brag on her!

PHYLLIS: I sure will! We were born in Middletown, Ohio, but mother later moved

to Miamisburg, OH.

DOROTHY: That's because mother was an ordained minister; we had to move.

CHRIS: Yes, she was quite the precedent-setter in her day.

PHYLLIS: That's right, because there weren't too many female ordained ministers in the country in the 1940s. In fact, mother was one of the first to be ordained.

CONQ: Your mother must have been of very strong fiber. Did she instill in you your roots? Real values?

PHYLLIS: Oh, you betcha she did. Mother was strong-willed, and provided us with guidance. We were actually evangelistic singers for awhile.

CONQ: Is that right?

PHYLLIS: Um hum, it was really an accident that we ended up in show business.

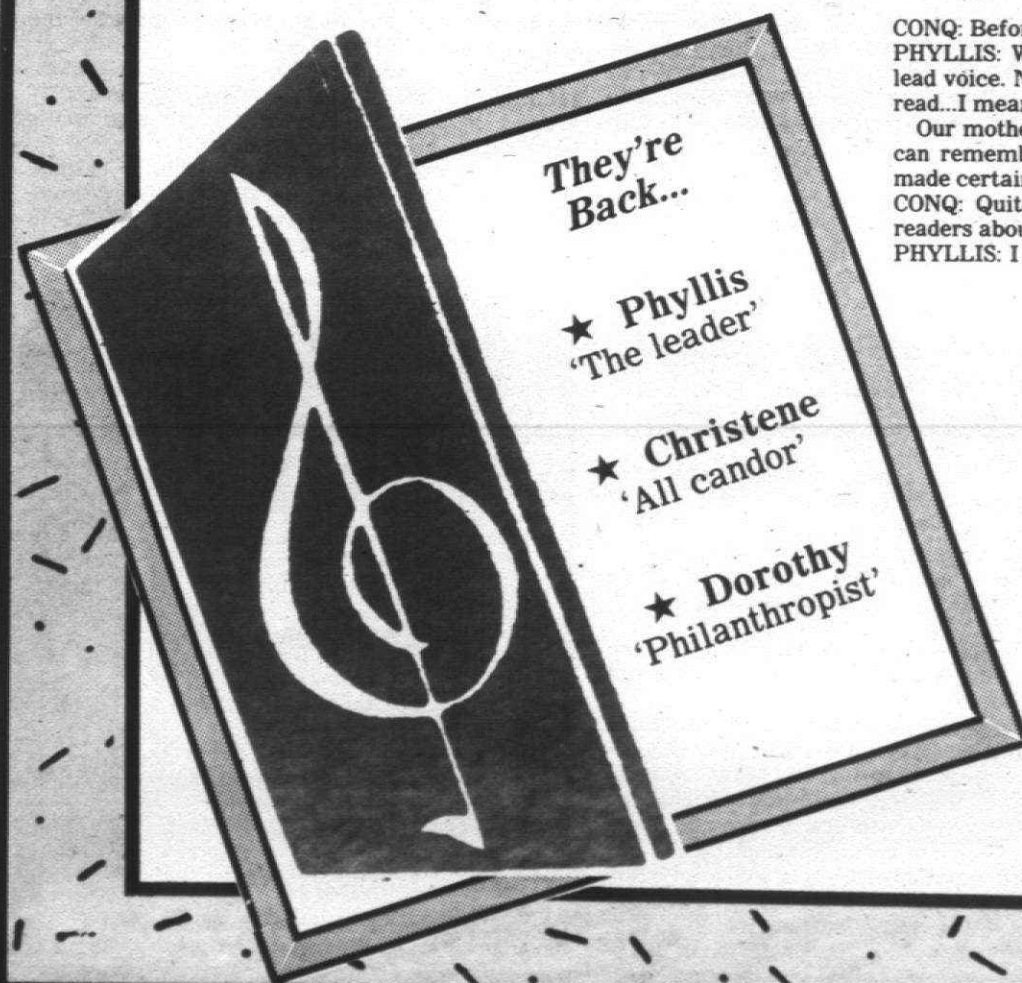
Mother always taught us discipline, and to respect other people. She also taught us that there's no such thing as to rehearse or practice too much.

"I mean she was certainly not a stage door mother — I mean a backstage mother."

PHYLLIS, CHRIS and DOT begin to giggle in unison, and then Phyllis confesses:

"Sometimes we became very bored with some of the hymns that we were singing and special songs. So, we'd work out our own arrangements and boy I tell you some of the church people would say to mother, '... you know, the girls are getting a little fancy....'"

Continued on Page 28



The real story begins with their roots. Because, it seems more than likely that even without their "roots" these three sisters would have such wonderful success. Yet, how would they have handled it? Or, survived it all — or not. Could have been a dangerously, sad story. That's when the real beginning enters: The miracle that would outlast any magic. And to that proud beginning, they credit their mother.



Centerfold Story by Editor Carrie Young/Photography by Tina Chambers

Physically Challenged Workshop

TAKE NOTICE: The 9th annual Awareness of Lifestyles of the Physically challenged will be sponsored from Jan 29 - Feb 5, 1988, at Sterling Height's St. Ephrem Parish Probe, located at 38900 Dodge Park Rd., corner of 17 Mile, one mile east of Van Dyke.

According to Terry Cloyd, special needs coordinator, "...these sessions bring together parents, teachers, handicappers, advocates, siblings, and interested citizens."

For further information, persons should call: (313) 264-2777, Mon-Fri.

First evening, said Cloyd, combines the City of Sterling Heights' Special Recreation Department and a panel of physically challenged teens and adults, who'll offer their thoughts on what happened in their lives that brought them to current 'independent' status.

Duncan Wyeth, cerebral palsy representative to the United State's Olympics Committee will address the difficult issue of: "Letting Go-Raising" and raising independent physically challenged children, a hard earned gift that comes to both parent and child.

February 5, Charline Muszall and son, Rusty, will demonstrate the difficulties of a single parent raising a severely physically challenged child. Her contribution: "RISK TAKING."

Final session is: "Spirituality and the Physically Challenged." "As a community we strive so hard to develop the bodies and minds of handicappers, that we often overlook their spirit," noted Cloyd.



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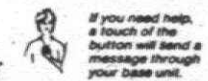
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Santa Claus

'Traveling Via Wheelchair'

By **CARRIE YOUNG**
Executive Editor

Enough, already.

Enough, for now, of troubled kids, forgetful presidents, and self-seeking evangelists.

Enough, for now, of teenage mothers, drug-addicted babies, budget short-falls, and the downs without the ups of Wall-Street.

As I write this story, it is approaching Christmas. And, I have had my fill of gloom and doom. Enough of the "half-empty" glass theory of the world...

Right now, at this very minute, I am thinking of:

CHRISTMAS!

Can't get my mind off...CHRISTMAS. Then, I get to thinking about Santa Claus, and I get crazy thoughts. Like 'sneak' opening all of my Christmas presents.

Thank God the tree isn't up. No matter, I've already blown my cover. Of all the stories I've ever written this will be the one mom reads.

I try to get my mind out of the Christmas mode..., so I check out my window for the weather scene: The sky is intermittently sunny and the cold weather only puts roses in my cheeks. I look back, and my glass is half-full.

So there!

I feel good. I dream of Christmas. Then comes Santa Claus, and I'm a goner. You see: I know Santa Claus personally. First name basis.

No kidding!

I also know he travels by wheels. Oh, sure, he uses a sled. But, that's only because he takes such good care of his Everest & Jennings wheelchair.

I'm happy, because the weather looks perfect for him. A bit concerned for his health.

Santa Claus has diabetes, which is why four years ago he had to start doing his charitable deeds of love via a wheelchair, and carefully adorned sleigh.

Oh..., how rude of me. I forgot to introduce you to Santa Claus...

MEET:

Hank Baranowski, 65, of Dearborn, MI.

He's better known as Big Happy Hank, weighing in at over 240 lbs., and one of the most beloved clowns in America. Been clowning for more than 33 years. But, I call him Santa. Well, because he IS Santa!

"I practice the medicine of laughter," smiles Santa, "I clown to create a smile and share my love. I do antics for the sick, elderly, and people in burn centers. I've been bringing smiles and joy, while raising funds for mentally retarded citizens and handicapped kids."

From hospitals to performances of more than 1,200 kids, Santa Hank has been awarded and honored by such legends as: Red Skelton; Danny Thomas; Jerry Lewis (for his support in the fight against Muscular Dystrophy) and has worked with Joe Glover (former Channel 2 news anchorman); and Soupy Sales.

Santa Hank, who has been an award-winning clown and honored nationally for his love and devotion, is proudest of an 8" x 10" photograph from President Reagan extending a warm thank you for his work with seniors and handicappers of all ages.

"Clowning and now being Santa Claus is what I live for. To me, it's the meaning of love. Sometimes it's the only way to reach a child, or bring some humor to someone who's forgotten about laughing," Santa Hank smiled, "Anyone can put on a suit and call himself Santa or a clown, but the people know the difference. Even with the wheelchair, the kids know I'm the real thing. It's a pity, but it's some of the adults who can't accept. They pity. I don't need pity. No one does. A prayer works much better."

QUESTION? Why is it that I believe in Santa Hank? Why is it thousands of others believe...without question?



Photography by Tina Chambers

Willie (Santa's wife Wilma) prepares him for a day's work.

Well, first of all, where is it written that Santa Claus walks?

Where is it written that Santa can't ride a wheelchair?

THE ANSWER: Nowhere.

So, if you've got to read something to believe it. Then, read this.

If not? How about this true story:

When I was wanting so hard to believe in God, but still wanting proof;

there was a 14-year-old Elaine Che-fan who said quite matter of factly... "Carrie, you just believe! Don't think about it! Just believe, like you believe in Santa Claus."

Her analogy was quite child-like. But, oh so clear. Besides, it made matters simpler. And, it made me feel good.

Just like Santa Hank makes me feel

good. It also makes me feel good to know that Santa is human. That he's had a lot of hard times, but overcame his life's obstacles.

Santa Hank is a recovered alcoholic.

"I was working as an area supervisor at a brewery, and as the years

Continued on Page 22

'Santa's Sleigh on Wheels'

Continued from Page 21

passed, I began to develop a drinking problem. It got so serious I was diagnosed as having sclerosis of the liver."

That is when a drastic change took place in Santa Hank's life: "I gave up liquor. I was doing *wrong* in my heart, *wrong* to my wife, Willie (Wilma, 66) and to my kids. I came to my senses, and one day in 1964, I quit both smoking and drinking. I was in the hospital, and asked the Lord to give me his blessings. A couple of times I heard the priests giving me my last rites. But, the Lord spared me, and I started a whole new appreciation for life. All life..."

It was then that Hank enrolled in a professional clowns school, and that's where he learned to separate the clowns from the clowns.

"It took me four years before I even got good," but as time went on, Hank Baranowski was evolving into Big Happy Hank. "I learned the true reason for clowns. We're here to provide laughter, smiles and love. To share with others who are less fortunate and make them feel good inside."

In his experience from clowning and since 1970 being Santa is hard work, takes time, and practice. He also says: "...it's God's pleasing work and you get more out of it than you put in."

Besides technique comparison 'good clown from bad clown,' such as: a good clown is more honest and sincere, he doesn't rely on flying objects,

racers, and a lot of commercialization; there is also the difference of sharing and caring.

"Sometimes it's so heartwarming it makes me cry," Santa Hank said:

"I picked one girl whose arm had been amputated. She would be Santa's assistant. The teacher said it was her proudest moment, and that the young girl works hard enough for three little girls. I cried. Life has blessed me."

Santa Hank also assures: "I'm no dimstore Santa. I'm a Santa of the heart. I don't go wearing vests that don't fit, and beards that look fake. And, my shoes aren't dirty. I wear shiny boots, a real Santa face, glasses, and two white eyebrows. Oh, yes...and I have a turned up mustache. Everything for me is custom-made. We're not talking *throw-away* beards with me."

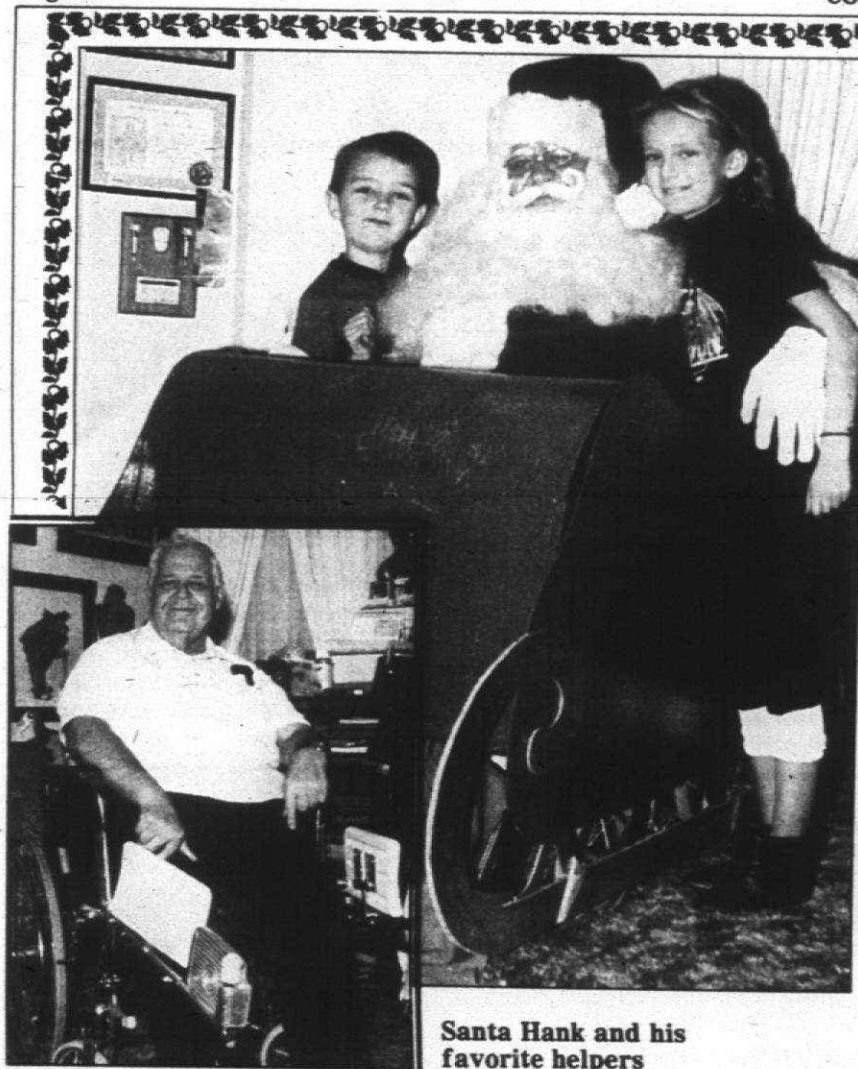
Still not a believer?

Well, drive by Santa Hank's Dearborn workshop. All year-round it is active, busy with his partner in love, Willie. Together they make authentic looking fruit dishes, animals, and big-sized cards by watercolors. Throughout the year, they keep alive the spirit of Christmas.

"There is no end to Christmas," Santa Hank said. "And, since it is never-ending, it is open to all hearts and beliefs. Because, its message is:

"Peace among men and goodwill toward all...as we pray for peace..."

I feel good, because of Santa Hank. I hope you feel good, too.



Santa Hank and his favorite helpers

TWO MORE SANTAS

Santa Claus is so much fun. Such a good thing. Just seems a waste to limit our imaginations to just one.

So, guess what?

I've got two more!

Santa "Gene" Reaves, is an 86-year-old Westlander, who before his current "gig," was the Santa for Detroit's J.L. Hudson Thanksgiving Day parades.

Today, and for the past 25 years, Santa Gene has been raising thousands of dollars for mentally retarded children, and adults, as well as for the Foster Grandparents Program who volunteer their efforts to these handicappers year-round. Santa works hard for contributions and donations each year in order to make Christmas brighter for 1,000 handicappers. He buys Christmas presents: scarves, mittens, and other gifts. And, each year in Plymouth, he has a celebration dinner.

Donations may be sent to: Santa "Gene" Reaves ?? Hixford Westland, MI 48185.

Santa "George Raub" is 92-years-old, and has been honored as Michigan's Senior of the Year several times. He's slept in the Governor's bed. And, he has raised thousands of dollars for the Michigan Lions Club. He is also blind, and near-totally deaf. But, his 'lovableness' transcends age or handicap. For several years he was the "historian" classmate for a group of elementary kids in Westland, his hometown.

So loved, that he was the guest of honor by those same students (now in high school, who re-created a Christmas party once given to him many years ago.

See folks, there is a Santa Claus. And, as I see it:

The more the merrier!

Above right is Santa "Gene" Reaves, 86-year-old Santa from Westland. And (at right), George Raub, age 92, also of Westland.

Photos by Earl Squire



Dr. Ronald M. Coburn

HONORED

There are roasts.

Then, there is this story about a "toast-and-boast" of the highest honor.

The man of the hour is:

DR. RONALD M. COBURN.

And, it is ironically true that Dr. Coburn is the last to know that this month he is being honored by special tributes and testimonials—from national, state, and local dignitaries.

He is being recognized for his nationally renowned technical advancements in cataract surgeries.

The doctor—as philanthropist and humanitarian—is being praised for his longstanding devotion to improving the total positive images of older adults; his close work with senior health care issues; and his innovative means of launching and then keeping alive inter-generational programs for seniors, handicappers, and youth.

AS HONORED:

• OLIVIA PROCTOR MAYNARD, better known as "Libby" Maynard. She is the Director of the Michigan Office of Services to the Aging, appointed by Governor James Blanchard. Libby Maynard is the former Chairperson to the Michigan Democratic Party; Democratic candidate for Lieutenant Governor; and she is former vice-chairperson to the Michigan Democratic Party. Ms. Maynard is listed as: "Who's Who in American Politics," "Who's Who of American Women," and an honoree of the Women Lawyers Association of Michigan.

Of Dr. Coburn's extensive involvement with the senior community, Ms. Maynard said:

"There are not enough Dr. Coburn's out there, and we certainly need more Dr. Coburns. It is always exciting and a rewarding feeling when someone like he, on his own initiative, believes in a cause and is willing to make a commitment beyond something he doesn't have to do...she said.

"What I hope is that other people would see what Dr. Coburn has done and say—that makes sense—maybe I will do what he is doing in my own area, and make that kind of contribution to my community."

She noted: His is a broader commitment that says, "I care about the community in which I live and I'm going to see that I'm part of making it better..."

In Michigan, Ms. Maynard reminded: "Seniors are the fastest growing segment of our population, particularly the 75 and 85-plus. That, in and of itself, says that we need to really, truly look at the concerns of this ever-increasing group."

AS HONORED:

• ROSELLA NEUMANN: Immediate past chairperson of the Michigan Senior Power Day's Senior Power Day Steering Committee. Current Michigan liaison person of the Senior Power Steering Committee to the Bi-Ennial nationwide convention of the American Association of Retired Persons (AARP), being hosted this May in Detroit. She is also on the board of directors of AARP's national Health Advocacy Services Trainings Coordinator.

Of Dr. Coburn's many contributions, Ms. Neumann said:

"I sincerely believe that what Dr. Coburn has been doing is G-R-E-A-T!" she explained, "he involves the seniors themselves, which is something so many people get carried away with and forget that's the whole purpose..."

She told CONQUEST: "I've heard so many stories about Dr. Coburn—all remarkably wonderful. I was just speaking down in Southgate, and people were talking so highly of him. It's everywhere you go...I don't just think of him as a doctor. I see him as a citizen philanthropist. He gets involved where the 'real needs' are..."

Most people want large monuments and large stones with their names engraved," Ms. Neumann smiled. "Dr. Coburn simply wants to be friends with the people he supports. He wants to make a difference for seniors. I sum it up as:

"FRIENDSHIP!"

AS HONORED:

• MARY FINCH HOYT: Former press secretary to the First Lady, Rosalynn Carter during the Carter Administration in the White House.

Ms. Hoyt has been Washington Bureau Chief of the Ladies Home Journal, director of radio and t.v. for the Peace Corps, and is an award-winning Washington writer and columnist specializing in aging issues. She writes primarily for: USA Weekend; The Washington Post, and Good Housekeeping Magazine.

Of Dr. Coburn's caring concerns, Ms. Hoyt spoke quite candidly:

"I'm not surprised that Dr. Ronald Coburn is being honored for his quiet determination to enhance the lives of older individuals," she said...

"I have held lengthy discussions with him not only about his own contributions in furthering the science of ophthalmological microsurgery, but about his deep feelings that he also has a responsibility to heed the many concerns of the older patients in his medical practice.

"I would put it this way: Even though Ron Coburn is one of a new generation of skilled younger specialists, he understands the yearnings of aging men and women to live independent lives; to stay active and involved in their communities; and to be free from worry about leaning on others. Ms. Hoyt boasted,

"In short," she toasted, "he is a caring, committed, terrific human being as well as one of the finest cataract surgeons in the country."

AS HONORED:

• MICHAEL A. GUIDO, MAYOR OF DEARBORN:

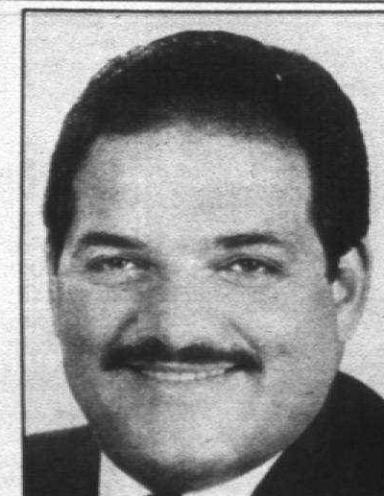
Of Dr. Coburn's local community participation, Mayor Guido said:

"He is fantastic. He treats seniors like family," said Guido. "Here we are right here in Dearborn, MI, and Dr. Coburn is bringing this city respect and

Continued on Page 31



ROSELLA NEUMANN, former chairperson of Senior Power Day, and coordinator of 1988's Power Day held with AARP's national Cobo Hall convention of 60,000 seniors.



MAYOR MICHAEL A. GUIDO, Mayor of Dearborn, praises Dr. Coburn for being a community leader, and for putting Dearborn on the nation's map.



OLIVIA MAYNARD, Director of the Michigan Office of Services to the Aging: "Dr. Coburn is encouraging to others."



MARY HOYT, former Press Secretary of First Lady Rosalynn Carter, and Washington, D.C. columnist.

'New Center Opens For Head Injured'

This month, Macomb Hospital Center's new Closed Head-Injured Program is introduced by its Director Mary Ann Guidice, MD.

Dr. Guidice is a neurologist, and says the service is unique in southeastern, MI. The unit specializing in treatment for closed head-injured patients in a suburban community hospital offers the advantages of convenience, friendliness, and the efficiency associated with a private hospital.

Dr. Guidice was founding director 10 years ago of the closed head-injury program at Detroit Medical Center's Rehabilitation Institute, and is widely respected as the area's foremost expert on closed head-injuries.



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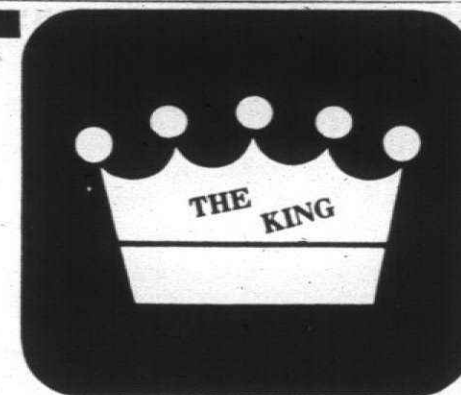
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Henny



Youngman

By CARRIE YOUNG
Executive Editor

Henny Youngman isn't looking for a place in history.

History found Henny. Discovered him. And, applauded him for mastering the vital art of making people laugh.

CONSIDER: Making millions laugh, even when the world says there is nothing to laugh at, is no easy craft.

So, can you blame history for having long ago created a special spot for Henny?

Henny has long ago been etched in the shape of a throne, befitting our nation's King of One-Liners. Hat included.

Refreshingly, Henny doesn't take his hat too seriously.

To note, he says, he likes his hat. The fit is rather good. But, of course, his has stories, laughs, and gags that fill it to the brim.

And, thank God, he winks: For those lean times to keep it trim.

But, enough talk of hats, thrones, kings, and things: All this is making Henny think of scrapbooks....

Henny doesn't like scrapbooks. Not for him. Too much of a nostalgia tendency. A reminder of 82 years compilation of life, one-liners, and life. Brings back his famous mental backlog of thousands upon thousands of jokes.

"It's not that I'm modest about the success I've had, or ashamed of the failure," Henny said. "It's just that there's a tomorrow that you can do something about, and it's more important than scrapbooks and pedestals full of yesterdays."

Besides, Henny thinks aloud: "Your real life never gets into a scrapbook, or carved into your status symbol. It NEVER tells what you did for your wife and kids...."

"It just tells how you did in Cincinnati or Columbus."

HENNY REPORTS: "The only thing they (scrapbooks) prove is how old you're getting, and I find that out every morning when I wake up...."

"The first thing I do is turn to the obituary page. If I don't find my name, I get up and dress for breakfast," he's grinning, "... the day I do find my name, I'll put on my tuxedo and lie down."

Laughter.
That's it! That's what has been nagging at this reporter. Beyond all the laughter, where is Henny?

Who is the man beyond the one-liners?
Is it the Youngman who was actually born Henry?

Henry, whose father Yonkel Jungman, thought his son to walk, talk, and act "nuts," and as it would be, eventually his son would even perform live at the "Nuts Club."

Is it the same young man who went to school for typesetting and printing. Poppa's idea. Only, to eventually wind up at the school of "hard knucks," in a not-so-well plotted out journey to more fame than fortune could ever buy?

Who was this man who came to Westland, MI, answering a Westland firefighter's phone plea to

help raise money for a young girl who suffered closed head injuries in an auto accident.

Firefighter Bob Stottlemeyer said Henny's laughter could raise dollars for not only one victim, but for Michigan's struggling HEAD INJURY ALLIANCE, a non-profit organization for head injured persons and their families.

And, Henny came.

Henny brought himself. His famous one-liners. And, his entry into show business, his prop: The violin.

He also publicly and privately showed the many faces of Henny Youngman.

And, he brought with him a memory of "hills and valleys." Like the time when Al Jolson's career was in a slump. Normally of large ego, Jolson (called Jolie) was weak and scared.

Henny remembers: "I kept tellin him not to wor-

ry, that everybody has hills and valleys, and that if he had as many valleys as I had, his name would be Rudy..."

Al Jolson did make his way back up that hill. As for Henny, "Jolie grabbed me, and hugged me. A hit again, I remember that was the humblest I'd ever seen Jolie."

OF HILLS AND VALLEYS: is how I shall always recall Henny Youngman when he came to Michigan and did us proud.

Henny was in his own valley.

Yet, he made 'em laugh. And, before he was through, both tears and laughter rose to a standing ovation.

Henny? Last seen, he was climbing a hill.

And, that's exactly what I plan to tell you about in this exclusive interview with:

HENNY YOUNGMAN
82-YEARS-Young
KING OF THE 80s

"Take My Wife...Please."

Henny receives instant applause for simply introducing his famous punch-word. But, as the applause died down, Henny's face clouds over. Trying to hold back tears, he speaks:

"My sweet wife, Sadie and I were married for 58 wonderful years. She died a few months ago, and it still hurts...." (Silence.) "But, before she died, Sadie made me promise to keep doing the wife jokes. She would laugh...and she said other people laughed."

Henny looked up, "...for you, Sadie."
Silence was interrupted with thunderous applause. And, Henny's welled up emotions were slowly disappearing as he, himself, got caught up in the laughter of his one-liners.

Three times, he applauded his audience. Several times, he lauded his extended family of comics: both Steve Landesberg, Sgt. Dietrich of Barney Miller fame, and Michigan's own up and coming Gene Taylor. A very funny guy, Taylor is hotstuff at Greater Detroit's The Comedy Castle when he's not reporting for WXYZ's Channel 7 as its entertainment editor.

Sharing the billing, Henny said of Landesberg, and Taylor:

"I'm glad for these young fellas. We need them to make people laugh. They're funny. And, people want — NEED — to laugh a little more."

Henny was serious. He spoke like a proud father of comedy.

And like a true father of comedy, he managed to squeeze into 45 minutes more than 200 jokes, one-liners, and his violin even sounded half-bad in his rapid-fire monologue.

Back stage, CONQUEST shared more private time with the King:

CONQ: Tell me about your wife, Sadie. Your love, and personal loss over her recent death.

HENNY: "We were married 58 years. I loved her. And, I sure do miss her. It hurts. I go home alone, now. It's very empty."

Continued on Page 26



Photo by
Tina Schambers

THE KING OF ONE-LINERS was the recipient of a very emotional standing ovation.

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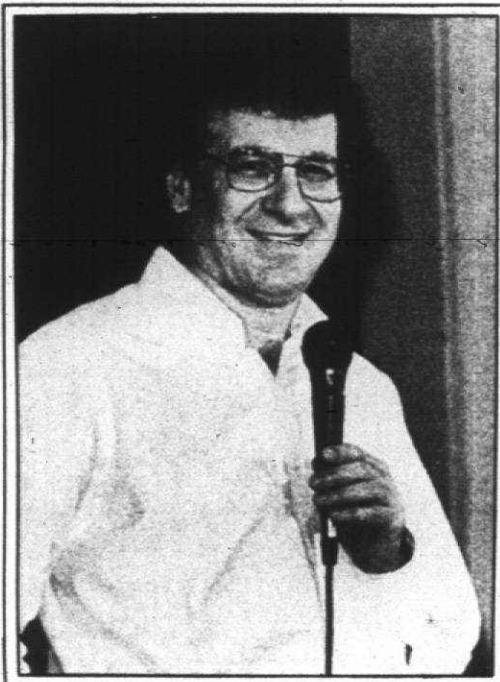


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Henny's Kids



Steve Landesberg

Continued From Page 25

"Sadie was having serious heart trouble for over two years and I stayed with her. I didn't take jobs for a long time, now I'm starting back." CONQ: Your grief, and some anger over losing Sadie is obvious. But, what are you doing about it? Do you have advice for others?

HENNY: I tell them you can grieve all you want, but then you've GOT to go on. You can't...people are sorry for you only up to a certain point. My wife was very nice. She took care of everybody; nice to everybody. Volunteered all her life, and she had a million friends around the world. She was a great gal. And, she put up with my nonsense. I was never untrue to Sadie. But I was full of plenty of 'nonsense'.

"But, I don't sit home anymore bemoaning my fate. Other people shouldn't either. Get up. Get busy. Keep up some kind of regular routine. Let 'em know YOU'RE in business!"

CONQ: Our readers are over age 50, and others are handicappers. You have the power to make them laugh; actually all people. Doesn't that make you feel like you're contributing?

HENNY: Certainly. I don't want people to pity themselves. You've got to keep going. I lived in Miami, and I used to see retired guys walk into the elevator. I didn't know whether to say 'hello,' or 'goodbye' to them. They had just given up on life.

I think retirement is the worst thing a man or woman can do. Even if you're not in great health. You've got your spirit. To just turn your life off is MURDEROUS!

CONQ: Henny, you are a positive thinker. You remind me in a sense of Dr. Norman Vincent Peale, author of "The Power of Positive Thinking."

I've had the privilege, now, of having interviewed both of you. And, I believe you both stir up the positive in people.

If you think about it, you could be called Dr. Henny Youngman!

HENNY: I like King. The hat's a good fit. Why mess around!

"Seriously, though, I am honored by the comparison," Henny said. "I think what I do — make people laugh — is positive. I think it inspires people. Keeps 'em going at whatever they want to do... and look, you can't have it good all the time."

When I look at what other people are doing — you pick up a newspaper and read the Iranians are killing the Iraqs — everybody's killing everybody... I don't know what it is they want out of life. It's just distressing and frightening...."

(EDITOR'S NOTE: It was his parents — particularly his father — who was adverse to Henny becoming a comic. His father's lament was that there was nothing 'serious' to his son. Frustrated, he'd yell at Henny, complaining that Henny acted like a nut. Talked like a nut. And, even played the violin like a nut. His father told Henny (near depression times) that at times 'like these,' what is there to laugh at.

Henny, however of strong conviction, believed in the power of laughter, particularly during bad times.)

CONQ: Isn't that part of your regrets in life? That your father never really got to see the "fruits" and "nuts" of your labors?

HENNY: "My mother got to see some of my success. My father passed away before I could share...I grieve a bit...."

CONQ: Do you believe in God, Henny?

HENNY: "Yes."

CONQ: Then believe that your father is with you at all times. Through the hills and the valleys...spiritually.

HENNY: "I do. I talk about him all the time. And, my mother, too. Wait a minute," Henny gives a funny look: "How old did you say you were?"

CONQ: For our readers, a few fan-satisfying questions, ok?

CONQ: How did you get your funniest punchword, 'Take my wife, Please'?

HENNY: "Well, just before that happened, I was playing synagogues, and I did a benefit where over the air Kate Smith had heard me, and her manager Ted Collins asked me to be on her show. Hers was a major show, and at the time I wasn't giving up much. I had been starving at the Nut Club, as part of an entertainment group. The boss hated us. So one night the band doesn't show up — he fired the band and kept me as a comic, with my violin. I went from earning \$3 bucks to \$5."

CONQ: So you switched overnight from being a "Nut Club" life-of-the-party to a big break with Kate Smith?

HENNY: "Yeh, and I didn't mind going from starving to my big break. It was 1937. Kate Smith's radio show was big time. I was a smash, and was a solid booking for two years."

"The take my wife joke was a simple accident," Henny said, "like so many things in my life. You see, it happened while I was in the dressing room trying to prepare my act. Sadie entered. She needed eight tickets for friends. I had only minutes to get my act together, and get Sadie tickets. Harassed, I blurted out: 'Take my wife, please.' People overheard and immediately started voicing the phrase to me was one of those 'involuntary gags.' I knew what was funny. It didn't take long until the gag was totally voluntary."

CONQ: And, totally legendary.

CONQ: Tell me things that make you feel good. Or things in your life you take pride in?

HENNY: "First, is very personal. I took great pride in my father's open generosity and for haven't having a prejudice bone in his body."

"One of the first things I learned was how to get along with people I thought WEREN'T meant to get along. We lived in a mixed neighborhood. And I got the idea, at an early age, that

the Irish, the Poles, the Blacks, the Italians, the Chinese, and the Jews — to name a few — were put on earth to fight with each other.

"But, my father changed my thinking. There were a lot of orphans without lunches. So Poppa and I arranged for all of us to eat and talk at his office."

"Long before there was a United Nations Building on First Avenue in New York, Poppa had meetings going on in his little office in Brooklyn."

"Listening to what those orphan kids had to say taught me the truth of an old saying my mother used to tell me so often: 'If you think you have trouble, stop complaining for a minute and listen to the other man's.'"

"By listening, I found out that when winter comes, an Italian without an overcoat gets just as cold as a Jew without one. And a Pole with holes in his shoes comes home with just as wet feet as a Black man with worn-out shoes."

"One of the little Chinese kids pointed out — he must have been one of Confucius' great-great-grandkids — that there wasn't a whole lot of difference between ravioli, kreplach, and wonton. They were all equally desirable if you were hungry."

CONQ: What about something that makes you feel good, as a comic?

HENNY: "Nothing better than another comic saying something nice about you, fore example:

"A cute note I got once praising me was signed, The Barber. The letterhead was Perry Como."

Georgie Jessel, then a top musical comedy producer at 20th Century-Fox, and a fan of Henny's said: he would scream praises about me from housetops.... Unfortunately," Henny laughs, "in those days Los Angeles houses were only two-stories high."

"Other praises came from Billy Rose — a popular song lyricist, with big hits like 'Barney Google,' — who among other endeavors, like discovering Betty Hutton, owned the famed Billy Rose's Casa Manana."

"Red Skelton, Abbott and Costello, Jack Benny, Morey Amsterdam, all mutually-liked peers, as are Jerry Lewis, Alan King, Joey Aams, and of special import is the compliment paid to Henny by the late, great Jackie Gleason."

"Gleason, an old neighbor of Henny's in Brooklyn, was on nationwide television. When asked his favorite comic, he answered:

Continued on Page 31



Gene Taylor

Ms. Senior Michigan Pageant selects Sally Case

Sally Case is a queen.

Can't ya tell?

She wears fashionable pink Reeboks.

Just adores her hot pink sweatpants.

And, she bangs out ragtime and boogie, except when her fingers command her piano to sample anything from Bach to rock.

Quite a "cool" gal, this Sally Case.

Wouldn't you agree? And, you do...except for what...?

YOU ASK: Being a great gal doesn't make one a queen.

Oh, so aren't we getting HOITY-TOITY.

Well, let's just say this: Sally Case isn't going shopping tomorrow for bargains on tiaras.

She already has the genuine article.

Her tiara fits just perfectly atop her brilliant brunette hair, and is proportionately positioned to grace her 5-ft. (no inches) petite frame.

It's all very official of course.

Last month, Sally Case was among 12 finalists in the 2nd annual Ms. Senior Michigan Pageant, held in Sally's neighboring county, Clinton Township.

Sally, 77-years-young of Rochester, was competing for the title of Ms. Senior Michigan, a pageant held for women 60 years and older, with its symbolic theme:

"THE AGE OF ELEGANCE."

Sponsored by Health Plus of Michigan and Elias Brothers restaurants, the pageant was organized by Marye Miller, director of Michigan's Senior Olympics, and director of Rochester/Oakland County's Older Person Commission.

"Sally wasn't keen on a beauty pageant, per se," said Ms. Miller, "and neither were we. But, while an associate was in Wash., D.C., we learned of a national pageant for mature women."

Ms. Miller carefully explained: "The emphasis on the pageants were on inner beauty. Four parts: 1. Interview, to recognize personality, outlook on life, charm, and substance; 2. Evening Gown, grace and poise and despite size, how you present yourself; 3. Philosophy On Life, a close-up of total beauty, not materialistic, and 4. Talent, from cooking to sewing, tap dance, piano, singing. (All are equally evaluated as 25-percent of the judging.)

"Sally was a winner," admired



Sally Case

'QUEEN!'

Ms. Miller, "Though they are all winners, there were so many areas where she just shined. Which is exactly the intent of the man who established these pageants."

Al Mott, national director, is a minister, according to Ms. Miller, who began getting involved in a church meal program for seniors. From there he saw more than a need to feed. He saw the total person. He took his idea to his parishioners, and in eight years has more than 26 states involved.

Every year, in April, each state winner competes in Atlantic City, NJ for the title of:

Ms. Senior National Pageant.

"Sally had to be coaxed," Ms. Miller admitted, "it wasn't the fur stole or other prizes she was after...Sally just wanted a chance to show a positive person who has had many, many obstacles to overcome in her life—yet still lives for others and loves..."

On stage at the hosting site, "Sally was overwhelming on the piano and sang ragtime 'Sing You Sinners Sing,' and with a song in her heart she went into a medley of inspiring songs and titles to musically explain her outlook on life..."

A firstclass project, says Ms. Miller, and long overdue.

Indeed. How else would Sally Case have earned the rewards and responsibilities of symbolizing for 1988 "The Age of Elegance."

And just between you and me, the real Sally Case story begins long before the tiara.

This reporter's "INSIDER'S NOTEBOOK" has in it a Guardian angel, and one tough cookie: SALLY DEBAENE CASE

Just in case you might think this frivolous.

Just maybe you got a case of green-eyed envy.

Or maybe, you're so wrapped up in your own problems that

you dismiss Sally Case as a fairy tale story.

TO THAT: Just think...is life a fairy tale?

Sally Case's life has been anything but that of Cinderella.

IMAGINE:

"Suffering from Rheumatoid Arthritis, severely complicated by an auto accident that threw her into a windshield, left her with 58 stitches in her head, and face cuts, an arm sprung, and torn ligaments. Her left arm was totally paralyzed. Her left hip was in a cast and she could not walk."

"I was the breadwinner of five kids, too," she sighed, "and, I was taking care of my husband Walter...dear Walter, who was dying of throat cancer."

Here she was being told by the doctors, she would never walk again; nor play-the piano—which had always been her love, and now out of necessity her family's livelihood.

No quitter, not Sally. "I would painfully slide downstairs (where exists her music studio). I'd slide on my fanny, because if I didn't then I'd never had gotten off my fanny."

"I cried and with the torn ligaments—and the worsened arthritis, developed my own 'push theory' by forcing my fingers down on the piano. It taught me perseverance to work with a handicap so that the handicap doesn't handicap you."

One year later, Sally was the pianist in a regional production of South Pacific.

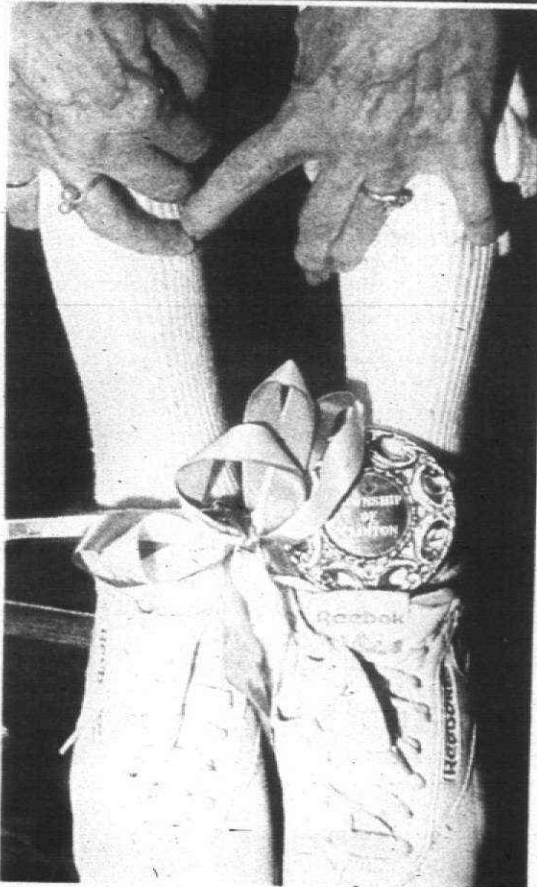
Later, as it would be, Sally taught a young handicapper. A strong-willed girl with one thumb too long; the other a mere stub. Refusing other therapies, she even resisted Sally's "push theory," until about two years after their agonizing musical therapy—and lots of love—did this young girl play at a recital, receiving first place.

"Sally was virtually a single parent, raising five children. Four daughters, ages 3 to 12, would be disciplined by Sally to sing four-part harmonies at fundraisers for the American Cancer Society; The Victory Club, a chapter of the American Heart and Lung associations and persons surviving strokes. Other shows were for MDA, private hospitals, polio networks, nursing homes, and anywhere where a need existed."

While her hands were filled with both arthritis and taking care of Walter—who by then was having myriad strokes—

Continued on Page 28

Story by Editor Carrie Young/Photos by Chris Zepp



Victory over arthritis, Continued from Page 27

Sally remained for 33 years as director of the "Rototones," a singing Rotarian group; worked with the Kiwanis; and had a show on WXYZ-TV, called: "SING-A-LONG WITH SALLY," and jokingly boasts that "...J.P. McCarthy had nothing over me!"

Radio followed, and the family's singing and prayers with her piano to accompany lifted Walter's spirits and those watching television. Then, in 1960 Walter died.

Where did she get the strength? Such burdens for one little pixie?

"Well, you've asked the 64 million dollar question," she searched, "Nobody has ever asked me that..."

SALLY: "I just got up. I taught. I knew I had to do it. You know, it's silly, but I didn't even know how to write a check. It wasn't until four years later I woke up—in March, at 2 a.m.—to a still house. The kids had gone."

"I felt as alone as anyone can feel," yet, she affirmed, "I had to move on, to do more in life. Make it work."

"In 1970, Sally it would seem was to experience unburdened happiness. She married 'a wonderful, kind,' man, Joe Case."

Yet, Sally couldn't help but notice that matters were not quite right with Joe. Soon after their marriage, Joe was diagnosed as having Alzheimer's Disease—a progressive, irreversible neurological disorder affecting an estimated 2.5 million American adults.

"I was diagnosed as having yet another kind of Arthritis: Osteoarthritis, and osteoporosis. Medication and bouts with pain kept me in bed for months...No money...I also had a blood disorder which basically is inflammation of the arteries."

CHOICES.

Sally could barely maintain the home on what she as breadwinner earned through her teachings. "I was forced to put Joe in a retirement center where they care for Alzheimer's disease patients," forcing back tears, "I hated even thinking about it in terms of money, but it costs nearly \$2,000 a month to help Joe." Sally would move to a smaller house, and she would deal with it all.

But, more and more, Sally became less and less alone. Not only did she fill her house with students day and night, but when they would leave, she'd gain more strength from a higher source:

"I'm no preacher on a soapbox, but as God is my witness, the greatest power we have is in being put to the test. We never know how far we can go, until we're there."

"And don't think you're immune to any of this," she insisted, "why Arthritis itself is a very difficult thing. It shows no respecter of age, or time. It can come on overnight. You, like I was, can go from zero to darn near being immobilized."

"I strongly believe, however, that we can overcome. But it is you—YOU—who has to do it," Sally smiled.

'Mc Guire Sisters'

Continued from Page 17

All three broke out in laughter.

CONQ: We're talking kind of interpretations. Same meaning, though.

PHYLLIS: Well, you know how small churches can be... (smiling).

CONQ: Anyway, it was a good foundation for later.

CONQ: By the way, what are some of your favorite songs?

(For the first time, the sisters didn't sing together. They didn't answer in unison. Instead, they just started talking at the same time. Not easy to separate who's who.)

PHYLLIS: Mom liked "HE" very much, and "May You Always."

DOROTHY: I liked "Everyday of My Life."

CHRIS: I love "Picnic."

PHYLLIS: I liked "Something's Gotta Give."

CONQ: Well, I like "Sugar Time." And, with that, these three sang in instant, perfect harmonies,

"Sugar in the morning, Sugar in evening, Sugar at Suppertime...Be my little sugar, and love me all the time..."

CONQ: It's kind of frightening when you all talk at once. Can't tell you apart!

CHRIS: Now, you got the idea! We used to have lots of fun with boyfriends.

DOROTHY: Even when we call our mother, she asks: 'Which one is it?' When we're on the phone, people say 'ONE AT A TIME!'

CONQ: Now, about this comeback. It's hard for me to say that, because I haven't really considered you gals to be gone....

DOROTHY: Well, you can't go on forever, Carrie. Family ties come first. At least for Chris and me. We went strong from 1952 to 1968. Still strong, it was our decision to spend more time with our families.

At the peak of their career, in 1968, without any fanfare, they performed for the last time on "The Ed Sullivan Show" emanating from Vegas' Caesars Palace.

DOROTHY: I mean, I was pregnant with one of the boys, and my husband, Lowell, asked me 'Are you going to have to call William Morris Agency to find out what day you can take off to have the baby?'

During that time, each went their own way, except for family functions. It would be like a vacation.

DOROTHY and Lowell became extensively involved in community affairs. As philanthropists, one of their most rewarding projects was the conversion of an old barn into a Youth Center.

CHRISTENE, earned a diploma in nutrition. And, is currently writing a cookbook. She directed her energies to the business world, as "Chris McGuire, Inc.," and successfully invested in pubs, movie theatres, and diet centers. Active in everything from making public appearances, designing costumes, uniforms, logos and stationary; she, in search for excellence, has taken tennis lessons with Chris Everett's father; studied tap dancing with June Taylor; jazz with Ann Cummings,

and is most proud of her two sons, one of whom is an established actor.

PHYLLIS: Carried on with a successful solo career. Recognized as the "personality" of the group, Phyllis combining comedy with clever impersonations, found it relatively easy to make the transition.

Headlining in Las Vegas, Chicago, and New York, and sharing top honors with Johnny Carson, Danny Thomas, and Sammy Davis, Jr., among others. Phyllis is a skilled comedienne whose impersonations are of Pearl Bailey, Peggy Lee, Judy Garland, Ethel Merman and Louis Armstrong.

And, though she achieved prominence in film and on stage with lead roles in "Come Blow Your Horn," with Frank Sinatra, and is well-remembered for her critically acclaimed starring roles in "Annie Get Your Gun," "The Unsinkable Molly Brown," and "Little Me,"—something was missing.

In 1979, for her efforts on behalf of St. Jude's hospital in Memphis, Tennessee, the Pharmacological Division was dedicated in her honor. In 1980, Phyllis was named St. Jude's 'Woman of the Year.'

CONQ: So, what was missing?

PHYLLIS: My sisters. The harmonies, and just being together. You know, except for family get-togethers, our vacation had turned into a 17-year curtain call.

CHRIS: That's a lot of golf! (They laugh.) And even Milton Berle would say, 'We just had a late curtain call...nearly 18 years!'

CONQ: How'd you get back singing?

As they tell the story—all at once—I sort out that basically two years ago, Phyllis invited Chris and Dot to visit her in New York. Wherever they went, they were stopped by fans asking for autographs, and wanting to know where they were appearing.

"Why not?" they asked each other. And, after about six months of rigorous rehearsals, they unveiled the "New Original McGuire Sisters" at Harrah's-Reno much to the delight of many loyal fans, and to the surprise of immediate new ones.

CONQ: I hope you don't mess with a good thing... sort of like experimenting with Classic Coca Cola.

(THEY LAUGH.)

PHYLLIS: You know we were the Coca Cola Girls for several years, and we may just be doing the Classic Coke commercials again, too. Sort of natural, isn't it?

PHYLLIS: You know, you are right about our roots; and upbringing. Because, we are very grateful for the reception we've been getting since we've been touring. People are very supportive. And, we don't take it for granted.

You know, just because we were hot in the 50's and 60's doesn't mean at all that it would be happening the same way in the 80's.

DOROTHY: There are NO guarantees.

CHRIS: We're just counting our blessings.

(SPECIAL THANKS TO MICHIGAN'S STAR THEATRE, located in Flint. The Star Theatre is the 'home of the stars,' and without their continued cooperation, celebrities with strong messages would not grace the pages of CONQUEST. We salute you, the Star Theatre.)



"If two people come through my doors, and they're both qualified for the job, and share the same aptitudes—I'm here to tell you that I am going to hire the one of them who happens to be in a wheelchair...just based on good past experience, and smart business..."

Randy Kowalski, President of Home C.A.R.E., Inc.

HOME care

'Employ and Enjoy'

It is that simple, says Kowalski, who for the past four years has built one of Michigan's most successful durable equipment companies that specializes in manufacturing and distributing home care aids that allow seniors and handicappers improved quality of living. The intent is to lower costs, and raise standards of "human" care by enabling persons to become less dependent on hospitals and more independent in familiar home surroundings.

Kowalski's methods for success have been quite basic, and he challenges other businesses to share his positive experiences:

"I employ those people who really know from personal experience the dilemmas of the physically challenged of all ages because those are the people we service," Kowalski said.

"And, I've adopted another belief..."

"Employ and Enjoy," where at Home C.A.R.E., Inc., based in Dearborn, MI., handicapper and able-bodied employees join together in "extra-curricular" sporting activities that offer opportunities for personal, and professional horizons."

As Kowalski explained: "We're here to meet the challenge of the physically challenged. That means helping others who call for our services. It means providing the right care providers who know the actual needs through personal experience. And, it means getting to know these employees as people who have same interests as all of us."

Today, Kowalski's company has about 15% handicappers comprising his total employee count.

But, there are no quotas, he insists.

"For us, it just happened naturally," Kowalski recalled, "I met each person under different circumstances, and I started to work with them. They are NOT handicapped...They ARE physically challenged, with a set of challenges that able-bodied people just can't truly appreciate. It took me awhile, but once I understood, it opened up a whole new area for me. It allowed me to work and to start developing and participating with them in coming up with sports programs that were not offered elsewhere."

Home C.A.R.E., Inc. saw a void. "There were very few sports activities and no advancement in sports challenges for physically challenged. Unchallenged, that would mean logically no reason for developing new technology," Kowalski was concerned.

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New Hope for Holiday Depression

Continued from Page 3

Because, on this issue of senior citizens, handicappers, and others in depression, we are *NOT* just talking the holiday blues. We're talking life and death.

Could be a matter that hits home. Could be, you avoid it. Oh, yes, you do your d-u-t-y. Help...Long enough to do the dishes, or take out the trash, or shop for mom, aunt, or grandpa. Just long enough to stick around to pick up and do laundry.

But, you don't stick around long enough to see beyond the d-u-t-y; beyond the undressed and unkempt. Because if you did, you just might find a very special:

"Winner in Defeat."

I ask, because I've been guilty of turning my back...

But, since my own experience with depression that came to me first nearly three years ago as this excruciating pain from a bad dentist's improper treatment resulting in severe and unending pain; my eyes have been opened.

Depression was perfectly normal in my case, everyone said. But, it was not *everyone* who suffered it. It was *ME*. I learned how dangerous it can be, and how deceiving and awful is its ability to transform our outlook on people, places, things...and on life, itself.

But, through my depression, I grew.

My abilities — though impaired in so many ways by the physical pain — became strengthened in my capacity for just knowing that every winner I interview for CONQUEST has known agonies of defeat. I believe that's what makes 'em winners.

PRINCES, like Polish Prince Bobby Vinton: known heartache all too well.

KINGS, like this issue's King-of-One-Liners, Henny Youngman: Comedy covers well this man's years of ups and downs — most recent the grief and depression over the recent loss of his beloved wife, Sadie.

QUEENS? This year's Ms. Senior Michigan.

Sally Case is much, much, more than a talented beauty. She has had more depressing events and has battled more adversity in her life, than most ever read about. But, she exudes happiness, cheer, and lives for others.

Bobby Vinton, Henny Youngman, Sally Case.

All so very different, yet inside so very much alike.

They are all winners who've overcome defeat.

And, there are so many others....

Ever visit groups like Foster Grandparents, low-income older people who give of their time to assist in the growth of handicapped children.

Or, the Retired Senior Volunteer Program. Another national program, with chapters in Michigan. These seniors work in all situations. In fact, many private and public sector programs would have its doors slammed shut, if not for the undaunting volunteer services of these people.

Being useful can *never* be underestimated. Made a part of someone, or something other than ones' own depression is often the greatest therapy for winning. And, look at the millions helped in the process.

Ever visit a widows organization. Maybe you should. Lot of winners there. And, then, there are retirement centers. We all care, but most of us not enough to muster the courage to share. Take time: Talk. Walk. Listen, and learn....

"One of the worst times of the year for widowed women is the holiday season. This is when a woman really misses her deceased husband," says Eva Baclawski, president of Widows Organization, the Dearborn Chapter. Hundreds of these groups exist in our state, thousands nationally.

Eva tells CONQUEST that holiday get-togethers that remain on-going into

By CARRIE YOUNG
Executive Editor



the new year (and all year) are based in her Dearborn Chapter, "... but every widow in Michigan is invited to join, or simply attend.

"Our talk is positive," she smiled, "What Has a Widow to be Thankful For?" and we have fund raisers and boutique sales in order to self-sustain and help widows coping with their loneliness and depression."

Here is Eva, one lady. One widow-to-widow. A self-help group.

She is but one in hundreds of organizations right in our own backyards of myriad types for all kinds of people buried in depression.

Another is J. Edwin Seegmiller, M.D., and director, Institute for Research on Aging University of California, La Jolla, CA.

This 68-year-old is one of the nation's most honored 'scientists scientist' and author of 319 publications. He has made marveling advancements in Arthritis Research.

When I last saw him, he was *unscrambling* the clear differences between Senility, Alzheimer's Disease, and Depression.

All very different illnesses, he says, but often mixed up by scientist, family doctor, and us.

"A diagnostic test available now," says Dr. Seegmiller, could offer several key benefits. First doctors could weed out the large number of patients currently misdiagnosed with Alzheimer's, people whose symptoms *mimic* those of the mind-eroding disease. Many of these people are probably suffering from such disorders as stroke, malnutrition, depression...and some depressions which actually originate from doctors over-medicating."

Nice work, Eva and Dr. Seegmiller: Two fellow humans each in their chosen roles trying to help older persons and handicappers to regain their dignity and competence....

THE GOOD NEWS: Is that life can actually be made better for any senior citizen who actually suffers from depression. New medicines are arriving, extolled to improve 60-70 percent of patients...starting with first treatment.

That's the message of spokespersons for the National Foundation for Depressive Illness, Inc., co-founded by Robert Clampitt, an ex-bureaucrat who himself came down with the illness.

TO THE ISSUE, Dr. Joyce Brothers criticized: "What people (society) feature most about aging is the loss of memory and other mental faculties."

"When a 35-year-old is unable to concentrate and becomes preoccupied and forgetful, a physician is more likely to look for physical causes," she argued, "but, when the same symptoms occur in a 75-year-old, it is *all too easy* to assume that senility or Alzheimer's disease is the cause."

Dr. Joyce Brothers explained:

"A large number of older Americans who are thought to be suffering from some of the more devastating diseases associated with aging are, in fact, suffering from a *treatable illness* called: DEPRESSION."

That is why his national group has formed a HOTLINE, 1-800-248-4344, intended to "demystify" and "de-stigmatize" the illness.

Clampitt says:

1. Ten million Americans are afflicted with depressive illness;
2. Another 30 million family members and loved ones suffer at their side;
3. Two-thirds of depressive illness IS NOT being treated;
4. Up to 40 million people will suffer from it at some point in their lives.

About 10-percent commit suicide.

SYMPTOMS TO WATCH FOR OF DEPRESSION ARE: Comments like how weary, flat, stale and unprofitable seem to me the uses of this world.

OTHER SYMPTOMS besides the above-used oldquote from Hamlet are: Unwarranted guilt; suicidal preoccupation; anxiety and feelings of agitation; psychosomatic symptoms; decreased concentration; and impaired memory, i.e., you can't remember what you just read.

Dr. Joyce Brothers noted: "Even if people eat, they seem to lose weight at an inexplicably rapid rate. A highly desirable effect *IF* you could have it without the rest of the syndrome."

"Sleep is disruptive. People will fall asleep with ease; they will awaken with a start in the middle of the night; go back to sleep with difficulty, and, finally exhausted, get out of bed at 5 a.m."

In a description of older persons' variations, Dr. Brothers remarked that many persons have led productive lives in their 80s and 90s, such as Grandma Moses, Averell Harriman; Leopold Stokowski; Pablo Casals and Artur Schnabel.

"At the other extreme," she said, "there are people like 'Uncle Ned' who retired at 68 and 'just pined away,' because he felt like a *NOBODY* without a title anymore, and no place to go in the morning."

Many such people, and for thousands of different reasons, feel that lonesome, 'who am I?' grief. And, Dr. Brothers said:

Continued On Page 31

Employ and Enjoy, Con't. from page 29

Today, Arthur is defined as the nation's first wheelchair user to become a reporter for a network television newsteam. In recent months he has been on reporting assignments for WDIV/Channel 4's T.V. News team.

"All of my employees' successes makes me feel incredibly good inside," Kowalski said. "And, I just can't say enough about how greatly rewarded all of us have been to each other."

As for that challenge to other business folks, Kowalski advises:

"From one employer to another potential employer—if you've got a chance, *don't sacrifice* a good employee just because her or she is in a chair, or otherwise physically challenged....," he said, "Look at their talents. Give them a chance. Because, you'll be greatly rewarded."

Other current involvements at Home C.A.R.E., include: Sponsoring the Detroit Wheelchair Pistons; the local events of the Jerry Lewis Telethon; the "Walk for America," March of Dimes; advancing durable equipment technology due to sports activities; and being honored as Michigan's only Gold Medal Sponsor of the 7th Annual National Veterans Wheelchair Games, hosted in Ann Arbor, MI.

(FOR MORE INFORMATION: On year-round sports and recreational activities, and field trips; persons should call: Pam Bialik, or Chet Kuskowski, at (313) 271-8120.)

Honored, Con't. from page 23

prominence by holding these national seminars where respected specialists come from all over the country."

The Mayor told CONQUEST: "We've given him a citation from the Mayor's office, but (the citation) for so many reasons doesn't seem enough. He definitely is caring. I went to visit one day...just to visit, no invitation. And, I've witnessed the way he treats people like family. You'd think everyone *was* his family."

"He is sincere. He exudes a personal warmth, and he has a tremendous amount of professionalism and ability," the Mayor noted: "That's the best combination you could ever want in a *community leader*, and doctor."

The Mayor said he "adores" Dr. Coburn's involvement with senior citizens, and his "humbleness."

"He is definitely *NOT* the kind of person who will tell you all he's done. He's a shining example of a person who cares enough to actually do for our city."

"Personally," said the Mayor, "I'm quite honored he chose our city of 100,000 people, because he has put the City of Dearborn on the map."

Holiday Hope, Con't. from page 30

"They begin to experience major depression. A disease, she emphasizes, "...that can be effectively treated if properly diagnosed."

Dr. Brothers said: "There is no longer any question, however, that many senior who appear to lack interest or motivation have a problem that is common to all age groups — especially handicapped persons — Depressive Illness."

"For seniors (and handicappers), the results of misdiagnosis are especially tragic and unbearable," she said. "Depression is a physical illness, comparable in some ways to diabetes."

Those who are suffering from depressive illness and those who love them must come to understand two things.

FIRST: It is *NOT* your fault.

SECOND: It is treatable in a very high percentage of cases.

Sadly, though, comes Dr. Brother's and her peers' lament:

"The magnitude of the problem is comparable to Alzheimer's disease. Yet, the resources committed to it are *miniscule* by comparison."

Older persons, handicappers at any age...can give us guidelines for our own lives if we will only talk to them. Listen to them. And, learn from them.

I now know, that despite my raging battle with physical pain, I can make my future as rich and varied as I choose to make it.

That's why this good news about beating depression is so great.

The best news is that *YOU* and *I* can make a difference.

We can pick a 'winner in defeat.' Either answer a personal plea for help. Or, make a promise you will pick a person — friend, foe, or stranger — and begin very simply on your positive journey together.

Begin by holding hands. It may at first be uncomfortable. The person you want to help may pretend they don't want, or need your help. That's when you grab that hand tighter. And remember that this is a life: A prince, king, or queen.

No matter the odds: Hold that hand close and unconditionally.

And, never take for granted, that the next hand you hold onto may be on the other end....

And holding on for your dear life.

Henny Youngman, Con't. from page 26

"Henny Youngman breaks me up."

CONQ: Your outlook? Your habits? Your goals? Tell me....

HENNY: "My outlook, well, to live to make people laugh. I've put a sign in my apartment window which faced The William Morris Agency. A big sign, saying:

"Book Thy Neighbor."

"Habits.

"I *MUST* be busy, because I can't stand coming home all alone. So I fill my days. I go to the Carnegie Deili. Hang out, and I'm back performing at the Friar's Club. And, I have all my messages through the William Morris Agency sent to me by phone outlets.

"Goals?

"To be in the business of laughter. To spend more time with my daughter, Marilyn (in advertising); and my son, Gary, a successful film maker. I am pals with my grandson, Larry: I think he wants to follow in my footsteps. So I explain show business. And, he explains everything else to

me. He wants to be a critic. My OWN grandson!"

HENNY: "I still do crazy things. You know, a fella just starting out tries everything. So do I. Why should the young have all the fun."

FUN: Through the valleys and into the hills. Fun and laughter. It is a real anthology of Henny's life; a perfect spirit lifter.

HENNY ON LIFE

"... and so it goes. Life copies jokes. Jokes reflect life. People make fun of me because my monologues don't follow any definite line.

Neither does life. Think of the jokes it's played on you. Some people object to the fact that my jokes are just jokes. That's all I mean them to be...."

CONQUEST ON HENNY

Keep up the good laughter. And, on your way up that hill, don't change anything. Not even the violin. And, never stop your life and laughs.

p.s. Break a leg, kid!

Retired Senior, Con't. from page 7

R.S.V.P. volunteer of 15 years, Doris Fedus from Livonia, considers herself a friend to others like slow learners, but she enjoys this special switch with Dr. Coburn and his staff.

"We've got a friend in Dr. Coburn, and he's really concerned about seniors, and us," Doris said. "This is a friendship we'll keep. That's just how we are at R.S.V.P."

(FOR MORE INFORMATION on Dr. Coburn's community concerns, persons should call: (313) 561-7255,

and ask for Judy May.

Or, persons should write:

C/O JUDY MAY
THE COBURN CLINIC
GARRISON PLACE WEST, SUITE L-12

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Dr. J. Edwin Seegmiller, director, Institute for Research on Aging, University of California, La Jolla, CA. says, "A diagnostic test available now could offer several key benefits. First doctors could weed out the large number of patients currently misdiagnosed with Alzheimer's, people whose symptoms mimic those of the mind-eroding disease. Many of these people are probably suffering from such disorders as stroke, malnutrition, depression...and some depressions which actually originate from doctors over medicating."

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Honored



MICHAEL A. GUIDO

Mayor of Dearborn

"He treats seniors like family...Dr. Coburn is bringing this city respect and prominence by holding national seminars where respected specialists come from all over the country." "Personally, said the Mayor, I admire his community leadership with seniors...and quite honored he chose our city of 100,000 people, because he has put the City of Dearborn on the map."



ROSELLA NEUMANN

Immediate Past Chairperson of the Michigan Senior Power Day Steering Committee.

"...Dr. Coburn involves the seniors themselves, which is something so many people get carried away with and forget that's the whole purpose. Most people want large stones with their names engraved, but Dr. Coburn simply wants to be friends. He wants to make a difference."



OLIVIA MAYNARD

Director of the Michigan office of Services to the Aging.

"There are not enough Dr. Coburn's out there, and we certainly need more...It is always exciting and a rewarding feeling when someone on his own initiative, believes in a cause, and is willing to make a commitment beyond something he doesn't have to do. What I hope is that other people would see his work as 'making sense'."



MARY HOYT

Former press secretary to First Lady, Rosalyn Carter, and current Washington Bureau Chief.

"...I'm not surprised Dr. Coburn is being honored for his quiet determination to enhance the lives of older individuals..." She said "Even though Ron Coburn is one of a new generation of skilled younger specialists -- he understands the yearnings of aging men and women to live independent lives. He is caring."

'Community Leadership at its Finest!'