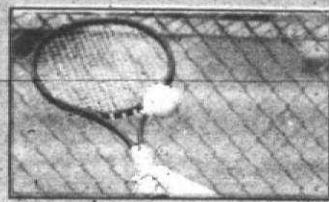


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# Canton Observer

Volume 11 Number 74

Monday, April 7, 1986

Canton, Michigan

52 Pages

Twenty-five cents

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## The Canton Connection

**EXTRA MILERS:** The Plymouth-Canton Board of Education, at its last meeting, honored two employees as Extra Milers — Laura Wiener and James Johnson.

Weiner, music teacher at Plymouth Canton High, holds a bachelor's and master's of music degrees from Eastern Michigan University and has been with the district for 11 years. Her music duties include leadership of the CEP Swing Ensemble. In presenting the honor Trustee E.J. McClendon noted, "Her groups have performed throughout the community where they are recognized for their quality. She excites young people to do better than they think they can do."

Johnson, a special education teacher of emotionally impaired students at Central Middle School, began his work for Plymouth-Canton in a resource room at Pioneer Middle in 1980 and then moved to his present assignment at Central. He also serves outside the district as a captain in the U.S. Army Reserve. Lauding Johnson as a model of caring, McClendon said his service to the district is "constant, determined, and committed to the youth with whom he works."

**ROUGH TRANSLATION:** Don't fret if you've heard Canton Supervisor James Poole mumbling incoherently recently. Poole may have been practicing a speech he gave in Japanese at the American Yazaki Corporation's grand opening. Poole stunned many observers by welcoming the founders of the Japanese-based corporation to Canton with a speech in their native language. For the non-Japanese speaking people in the audience, who might have been at a loss to what was said, following is a rough translation.

"Hallelujah, brothers! Thank you and welcome to Canton Township. Let us hope that your beautiful trees, your company, and our community will grow and prosper together for many years. Thank you and God Bless us all." Bonnie Miyazaki, a Canton

Please turn to Page 4

## Landfill bills target Woodland

By Diane Gale  
staff writer

Resident complaints of foul odors from a nearby landfill have spurred state Rep. James Kosteva, D-Canton, to introduce two bills he hopes will attack the annoyance.

The controversy centers around Woodland Meadows, Hannan and Van Born. Five area homeowners filed a lawsuit last year against the owners, Waste Management, Inc. The complaints subsided, however, when the company bought their land,

said Wayne Councilman Robert Beeny.

"It eliminates the complaints but it didn't eliminate the odor problem," Beeny said.

Kosteva's two-bill package would require landfill operators to pay a surcharge to the local community. The legislation also would impose stricter requirements when disposing of sewage sludge.

**IF PASSED** Kosteva's bill would require landfills to be at least 1,500

feet from residential property. Presently there is a 300-foot distance requirement.

He admits the law probably won't affect existing landfills, like Woodland. However, Kosteva said he would pursue a retroactive clause and review existing laws that could apply.

"The fact of the matter is there's an identified problem and whether it will affect Woodland Meadows we don't know but it can help others in the future," Kosteva said. "I'm not

optimistic we can make this retroactive."

**THE OTHER BILL** calls for requiring landfills pay surcharges to hosting communities. The charge is necessitated, he said, because of:

- Potential loss of tax base revenue from industrial or other land uses.
- Community's cost to monitor health safety standards, taxpayer complaints and similar problems.
- Extra costs could make land-

fills less attractive and spur a movement for alternative waste disposals. For example waste can be burned to create steam to be used as a heat source or to generate electricity.

The bill calls for the surcharge collected by the community to be earmarked for specific landfill problems. The funds could be spent on planning productive uses for the site after its closure and to conduct audits and investigations of the landfill as well as other uses, Kosteva said.

## Tornado safety: a serious business

By Doug Funke  
staff writer

A tornado has never touched down in Plymouth — at least to the knowledge of Charles VanVleck, director of emergency preparedness for the township.

Nor has VanVleck ever seen a tornado during his years as a volunteer weather skywatcher.

That's what has him worried. "People have to realize it's not a question of if but when. It's going to happen some day. From a preparedness standpoint, you always work on the premise it's going to happen this year," he said.

Most tornadoes in Michigan will occur from April through July during late afternoon or evening hours, the state police emergency management division points out. Almost all tornadoes move in a westerly direction at average speeds of 20 to 45 miles per hour.

VanVleck, aware of human nature and how people react to years of uneventful warnings, expresses concern that many of us are letting down our guard.

**"PEOPLE GET** the impression we're in a safety zone and that they're going to go around us or over us," he said. "That's not the case. We've been very lucky up to now."

The standard advice still applies during a tornado warning.

Seek shelter immediately in basements — under heavy furniture, if possible. Avoid windows and glass doors. A warning means a tornado has actually been sighted or is strongly indicated by radar.

Persons who live in mobile homes are advised to go elsewhere during tornado warnings. VanVleck said he wouldn't even hang around that long.

"If I lived in a mobile home park and there was a tornado watch (opportunity for a storm to develop), I'd go then and visit a friend with a house," VanVleck said. "Go somewhere that has a good shelter."

It also pays to keep a battery-powered radio and a flashlight at hand for emergencies.

The Plymouth-Canton communities have mobilization plans in the event a tornado watch were called

by the National Weather Service.

Volunteer skywatchers first take up positions along Napier from N. Territorial to Cherry Hill, then after receiving delivery of radios, move further west.

**IF A FUNNEL** cloud were spotted, information would be sent to a command post at the Plymouth Hilton. From there, information is relayed to the city of Plymouth Police Department.

Plymouth Police would notify police departments in Plymouth Township, Canton, Northville and Northville Township by radio or telephone.

Plymouth Township public safety officials would then decide whether to activate a radio signal that alert all Plymouth-Canton schools and five key businesses in the area.

Those businesses would then begin a phone relay notification system of

other businesses if the danger were to occur during working hours.

"If a tornado was imminent, students would be taken to pre-determined building safety areas," said Richard Egli, administrative assistant for community relations in the Plymouth-Canton schools.

"We'd certainly rather be safe than sorry," he said. "We take weather warnings seriously."

Sirens will sound a steady tone for three to five minutes when there is a tornado warning. To avoid confusion, there is no all-clear signal.

**IF A TORNADO** were to touch down in Plymouth, officials would mobilize at the township hall complex at Ann Arbor Road and Lilley. In Canton, a command post would be established at township hall at Canton Center Road and Proctor.

Mutual aid pacts with neighboring police and fire departments could be invoked, if necessary.

Persons are advised not to call regular police and fire numbers during a major storm unless an emergency actually exists. Tune to radio or television for updates on weather conditions, emergency preparedness officials advise.

VanVleck said he's always looking for volunteers to train as Skywatchers and emergency shelter managers. He can be reached at 453-2548.

Everyone, though, can respect nature and take alarms seriously.

"I happened to be in West Bloomfield when they were blase and a tornado struck in 1974," said William Lenaghan, director of emergency services in Canton.

"I think the potential is always there. There is no safeguard I know of except taking cover. My family always goes to the basement."



FILE PHOTO

Ten years ago last month, a tornado slammed into West Bloomfield.

## Victim's parents slam legal system

By Diane Gale  
staff writer

*"Until we see him behind bars we won't rest."* — Evelyn Mercado.

Ella Maria Mercado Fisher was found gagged with duct tape in her Canton Township home in June 1984. Two years later, Evelyn and Manuel Mercado, continue a quest to see her husband, Charles Fisher, in prison for the first degree murder of their only daughter.

They thought their wish had come true in February when a jury found Fisher guilty. It was a long investigation, a long 2 1/2-month trial and they wanted it all to end.

The Mercados traveled from their home in Bowie, Md., on a regular basis to help with the investigation and to hear the trial. In fact near the end of the trial they rented a room at the Mayflower Hotel in Plymouth to be

closer to the proceedings in the City-County Building in Detroit.

Their celebration of the jury's decision took a dramatic turn March 26 — the date Fisher was scheduled for sentencing. Considering the step a formality, they expected Judge Morcom to give their son-in-law a

life-in-prison sentence, which is mandatory for first-degree murder.

**INSTEAD JUDGE MORCOM** nullified the jury's verdict and granted a motion for a new trial.

First the Mercados were stunned. Then they began crying and screaming.

Fisher is charged with staging a robbery in his Canton Township home and gagging his wife with duct tape. She died less than a week later from lack of oxygen to the brain.

granting a new trial," said Timothy Baughman, Wayne prosecutor's chief of criminal division appeal. Trying to get lengthy transcripts — estimated at 1,000 pages — will hold up the appellate process, Baughman predicts.

Since a gag rule was given during the closing statements it prevented the attorneys from objecting to remarks during that time, Judge Mor-

com said. She agreed with Fisher's attorney, Daniel Burgess, who cited improper remarks by the prosecuting attorney during his closing statements.

Fisher is charged with staging a robbery in his Canton Township home and gagging his wife with duct tape. She died less than a week later from lack of oxygen to the brain.

ing. Evelyn Mercado said the scene is a blur now but she does remember that the judge almost threw her out of the courtroom. Manuel Mercado recalls what he said and emphatically repeats it.

"This is a miscarriage of justice," said Mercado, an engineer with the

U.S. Department of Defense at the Navy yard in Washington, D.C.

Judge Morcom ruled some of the prosecuting attorney's remarks during closing statements were inappropriate. He couldn't be stopped because Judge Morcom wouldn't allow the attorneys to make objections during closing statements.

Fisher was denied a fair trial, Judge Morcom said.

"What can we do except be outraged, and wonder why it had to happen that way and why he could get off that easy," Evelyn Mercado said. "We thought at least after the sentencing we could start rebuilding our lives. It seems like these past two years ... almost two years have been for nothing."

"There was always another court date and we would always hold off on our plans. First of all in our

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IN TODAY'S ISSUE

## Canton's block grant funds earmarked

By Kevin Brown  
staff writer

A plan to pay for renovation along Michigan Avenue between Belleville Road and Hannan, housing rehabilitation and senior center improvements is awaiting county approval.

The plan awaits acceptance following the Canton Township Board's approval on Tuesday of a citizen's committee recommendation for al-

locating federal 1986-87 Community Development Block Grant funds.

Frank McMurray, chairman of the township's CDBG Advisory Council, said the county is expected to decide on the council's recommendations in June. The council, made up of citizens representing various segments of the township, collected several recommendations at a March 13 public hearing.

Saying last year's \$325,000 CDBG

grant to Canton was expected to be trimmed 10 to 20 percent, the advisory council presented a \$284,000 request for fiscal year 1986-87, McMurray said.

**THE REQUEST** includes \$150,000 for Michigan Avenue corridor development. From this amount, \$15,000-\$20,000 would pay for a study "directed toward the elimina-

tion of slums and blight," as stated in an advisory council report. The study would examine facade and architectural improvements. Remaining funds would be available for low-interest loans to businesses qualifying for improvements under grant requirements.

The advisory council also has requested \$70,000 to bring 14 homes of low and moderate income-level resi-

dents up to code; \$25,000 for improvements to the Canton Senior Center including parking lot paving and landscape improvements; \$23,000 to help pay the salaries of four to five staff coordinating grant-funded programs; \$10,000 to pay for a siren to alert Canton residents east of I-275 of weather or other emergencies; and \$6,000 to help fund First Step, an agency providing services to victims of domestic violence.



## obituaries

### DONALD L. LIGHTFOOT

A memorial service for Mr. Lightfoot, 77, of Northville will be held at 11 a.m. tomorrow (Tuesday) in Schrader Funeral Home with burial at Rural Hill Cemetery, Northville. Visitation will be this evening at Schrader Funeral Home. Memorial contributions may be made to the Michigan Cancer Foundation.

Mr. Lightfoot, who died March 30 in Plymouth, was born in Morley, Mich. A retired independent contractor in heating and cooling, he moved to the Plymouth/Northville community from Belleville in 1928. He was a member of the Rotary Club of Plymouth and organized the club's first chicken barbecue which was the forerunner of the Plymouth Fall Festival. He was a charter member of the Plymouth Elks Lodge, and an officer in the Thompsonville Masonic Lodge, F & A M.

Survivors include: wife, Ethel; daughters, Shirley Lightfoot of Melvindale, Joan Thompson of Alvarado, Texas, Susan Mullin of Silver Point, Tenn.; sons, Donald of Kalamazoo, Barrie of Indian Rocks Beach, Fla., John of Kalamazoo, and Jeff of Northville; 17 grandchildren and 4 great-grandchildren.

### ANNA CHIMIENTI

Funeral services for Mrs. Chimienti, 100, of Canton Township were held recently in St. John Neumann Catholic Church in Canton with burial at St. Hedwig Cemetery, Dearborn Heights. Officiating was the Rev. Edward Baldwin with arrangements made by Schrader Funeral Home, Plymouth. Memorial contributions may be made in the form of Mass offerings or to the Salvation Army.

Mrs. Chimienti, who died April 3 in Ann Arbor, was born in Italy and moved to Canton in 1981 from Dearborn. She had come from Italy to Dearborn 65 years ago.

Survivors include: son, Gus of

Dearborn Heights, Sandal and Paul, both of Dearborn; daughters, Lenore Kurth of Canton, Rose Bonk of California, Lena Scanlon of California, Jessie Sdao of Southfield, and Phyllis Hornbuckle of Detroit; sister, Juliet Perocco of New York; 29 grandchildren and 28 great-grandchildren.

### JOHN MIGDA

A memorial service for Mr. Migda, 38, of Safety Harbor, Fla., is planned for 11 a.m. April 12 in the First United Methodist Church of Plymouth.

Mr. Migda, who died April 1 in Safety Harbor, Fla., was a Plymouth resident for some 33 years. He was self-employed with J.M. Excavating Co. Survivors include wife, Debbie; daughter, Emily; sons, Johnny and Matthew; mother, Virginia; and sisters, Jackie, Nancy and Jeri.

### GEORGE L. O'CONNOR

Funeral services for Mr. O'Connor, 88, of Plymouth were held recently in Schrader Funeral Home with burial at Riverside Cemetery, Plymouth. Officiating was Lt. Larry Manzella. Memorial contributions may be made to the Canton Lions Club.

Mr. O'Connor, who died March 25 in Ann Arbor, was born in Chicago Ridge, Ill., and moved to Plymouth more than 50 years ago. An avid hunter and fisherman, O'Connor was a guard for the railroad who was retired.

Survivors include: sons, Roger Kiser of Canton and Kiser of Fremont, Ind.; daughter, Treatha Frech of Flat Rock; and 10 grandchildren.

### RICHARD L. RANGE

Funeral services for Mr. Range, 58, of Plymouth Township were held recently in Schrader Funeral Home with burial at Parkview Memorial Cemetery, Livonia. Officiating was

### Pastor Neil G. Morse

Mr. Range, who died April 2 in Ann Arbor, was born in Detroit. He was retired as a manager of a Secretary of State's office. Survivors include: daughters, Susan Murrah of Detroit and Janet Atkins of Golden, Colo.; step-daughters, Bonnie McWaters of Ann Arbor, Deborah Thams of Farmington, Sheryl Kerner of Keokuk, Iowa, Gwen Rippee of Petoskey, Christine Puckett of Livonia; brothers, Carroll Range of Livonia and Arthur Range of Utica; mother, Freda Range of Utica; and seven grandchildren.

### EARL H. HOWE

Funeral services for Mr. Howe, 87, of Plymouth were held recently at Hendry Convalescent Center in Plymouth with burial at Knollwood Cemetery, Canton. Officiating was Lt. Larry Manzella with arrangements made by Schrader Funeral Home.

Mr. Howe, who died March 24 in Plymouth, was a retired railroad lineman.

### FINBAR P. O'LEARY

Funeral services for Mr. O'Leary, 66, of Northville were held recently in Ross B. Northrop & Son Funeral Home with burial at Rural Hill. Officiating was the Rev. Leo Sheltreau.

Mr. O'Leary, who died March 30 in Middlebelt Hope Center, Westland, was born in Detroit and had lived 60 years in Northville. He was a retired stock checker for Ford Motor Co. and was a member of the UAW. Survivors include: wife, Frieda; daughter, Anne White of Plymouth; son, Michael of Westland; brother, Jerry of Redford; four grandchildren and one great-grandchild.

### AXEL H. JOHNSON

Services for Mr. Johnson, 60, of Lapeer were held recently at Glen Eden Cemetery with Pastor Jerry Farrell officiating. Memorial contributions may be made to the American Diabetes Association.

Mr. Johnson, who died March 24 in Flint, was born in Detroit. He was a carpenter. Survivors include: wife, Hazel; daughter, Barbara Meyers of Plymouth; sisters, Alice and Esther; and two grand-daughters.

### JOHN PETERSEN

Funeral services for Mr. Petersen, 51, of Westland were held recently at Schrader Funeral Home with the Rev. Ted Grotjohn officiating.

Mr. Petersen, who died March 31 in Wayne, was born in Copenhagen, Denmark, and moved to the Westland/Xpian communities in 1960 from Denmark. He was a member of the Danish Club of Detroit, the St. Clair Yacht Club, and was a member of the Danish Brotherhood. He is survived by wife Winnie and father Kristian of Denmark.

## U-M alumni club organizes locally

A local chapter of the Alumni Club of the University of Michigan has been formed and is seeking to expand its membership among the estimated 2,000 alumni living in the Plymouth, Northville, Canton, and Westland area.

The club — officially designated the University of Michigan Club of the Plymouth Community — will meet at the Plymouth Cultural Center on Jan. 20. (A Plymouth-Northville predecessor club disbanded some 20 years ago).

At the initial meeting, officers and board members were elected to serve until the annual meeting which will be held on Monday, June 2.

The officers are: Tom Turner, president; Jeff Liphaw, treasurer; Robin Lenardon, secretary; Pat Danna, vice president; and Marty Gargaro, district rep. Board members include Linda Brown, Bob Ey-

ans, David Keahl, Emily Lawrence.

A chance to learn more about the club (persons need not be a graduate of the university to become a member) is scheduled for 7:30 to 11 p.m. Friday, April 25, with "F-Bell Night" at the Box Bar in Plymouth.

No formal program is planned. The evening is planned as a chance to get acquainted with other alumni, learn about the club and reminisce.

The annual meeting will be held in the Plymouth Cultural Center in June. Other events planned include an outing to a U-M athletic contest and a family picnic this summer.

Interested persons may sign up for the P-Bell event by sending a check for \$10 per person (\$5 of which goes to provide scholarships to deserving local students) to Jeff Liphaw, 480 Auburn, Plymouth, MI 48170.



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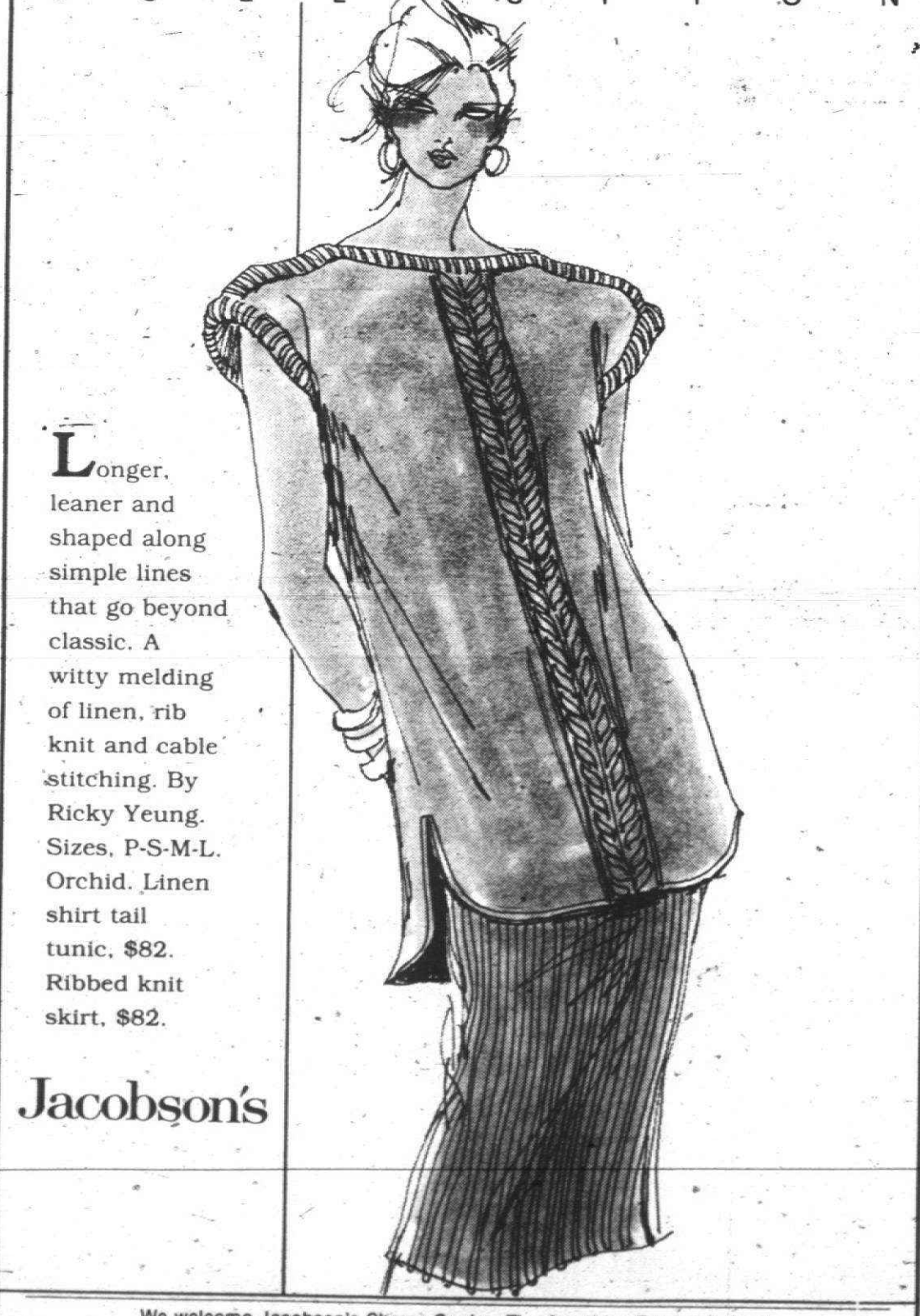
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## Godfathers transform office on the Trail

By Penny Wright  
special writer

Looks like fairy godmothers (in this case, godfathers) really do exist.

The Cinderella-type transformation of the old Michigan Bell building at Ann Arbor Trail and Deer in Plymouth is convincing testimony.

The Wade-Trim Group, an engineering and architectural design firm, has turned the 60-year-old building into a well-equipped, up-to-date office. The renovated building is headquarters for the firm's five subsidiaries. (The firm does consulting engineering work for Canton and for the proposed Son of Supersewer.)

THE TRANSFORMATION of the thick-walled structure took more than "wand waving."

The restoration, begun in the fall of 1981, turned out to be costly and full of surprises for company executives Bob Wade and Don Trim.

"We were too anxious to make everything original. The more we restored, in some cases the bigger the box we put ourselves into," said Trim, the firm's president. "We should have known better."

The two-story beige brick office is opposite Kellogg Park in downtown Plymouth. Visitors enter the building through an entrance hall bedecked with chandeliers and reddish tile floors.

Broad stairs to the second floor are lined with the original oak banister refinished to a natural hue. Tiny lights outline the banister giving the stairs an elegant appearance along with functional lighting.

Passing through the reception area and into the interior, office spaces, a visitor is impressed by the roominess of the building. The 5,800-square-foot structure is divided efficiently into large offices, smaller work stations, meeting areas, centralized computing facilities and a small print shop.

"You are getting an atmosphere and a feeling here that you can't get with a new building. We are more comfortable than in a new building and it's not artificial," said Trim.

"What we have done is take the way things were done and made them compatible with today's work environment."

THE COMPANY'S centralized computing operation is a good example.

Placing a computer room in an office can be a problem. Such installations often require elevated floors to accommodate electrical cables and special air handling ducts to keep the computer operating at maximum efficiency.

Because of the Bell building's 12-foot-high ceilings, a false ceiling could be built between each floor. The 2½-foot-wide false ceiling space makes equipment changes easy, said Trim. "In a new building we would have to design the changes special."

The Bell building has had a patchy past. Originally the structure was used as a switching station in the years preceding the development of the dial telephone.

Wires from each telephone in the community passed through the basement of the building to the floors above. Calls were manually completed by operators. A wall pit with chimney on each floor was used by telephone personnel for soldering repairs.

Michigan Bell sold the building more than 20 years ago. By the time the Wade-Trim Group bought the building, the interior spaces had been used for many purposes including a coin shop and a beauty shop.

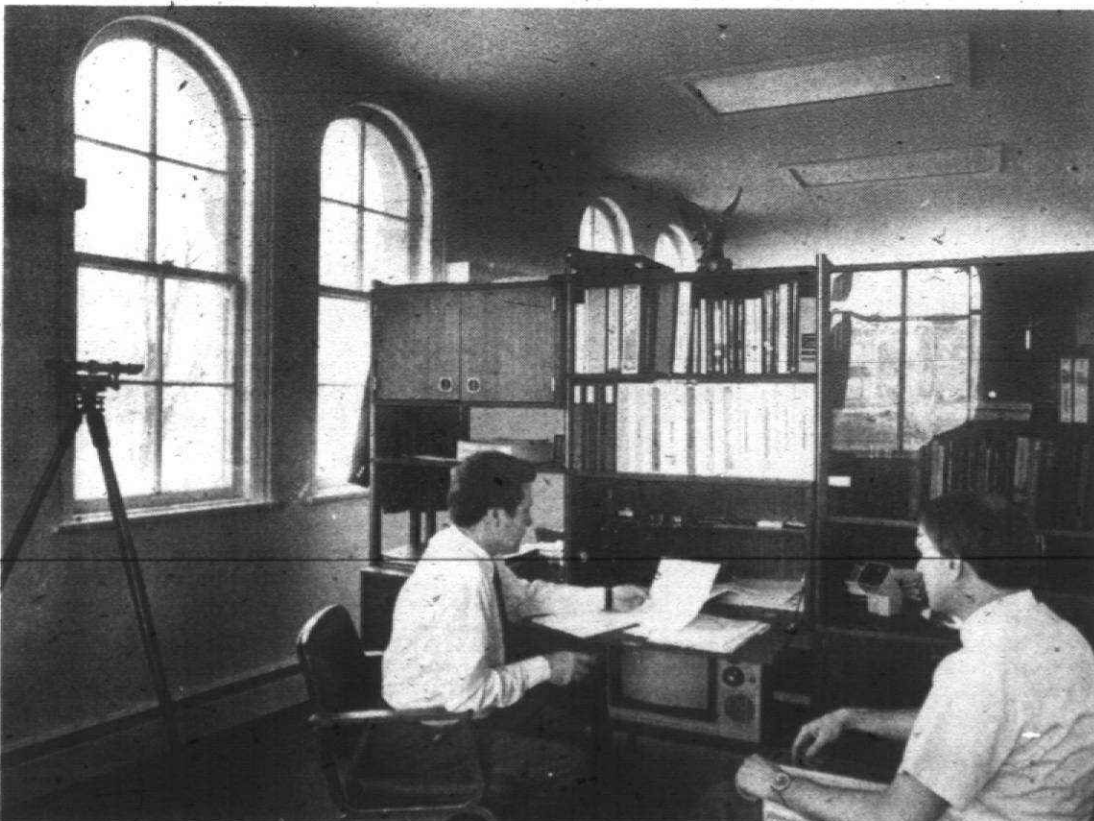
Trim explained the purchase. "Both Bob and I moved to this area in the late '60s. Our first office, an aluminum and glass building in Taylor, was out of the way, and entailed a long daily drive. This place was five minutes from home and better located for the geographical expansion of the business."

The group's other offices are in Taylor, Bay City, Cadillac, Rochester and Tampa, Fla.

WITH THE START of the restoration work the new owners got their first surprise.



The entrance hallway and stairs have been completely redone.



Bob Wade and Don Trim discuss the changes made and the mounting costs.

The electrical wiring turned out to be brittle and unsafe, forcing the decision to completely gut the interior space.

"In the first two days we had three fires. When you touched the wall, the bare wires came together and caused a spark," said Trim.

The original budget for the entire remodeling job was \$80,000, and included an allotment for furnishings. Wade and Trim wound up spending \$40,000 for installation of the new electrical wiring before other renovations began.

More surprises followed. The building's old-style wooden windows proved disappointing. After devoting great effort to restoring the sashes to an operable condition, the windows turned out to be no match against winter winds. Unable to find storm windows to compliment the architectural style of the casements, the single-glazed windows were sealed shut.

Trim commented, "Heating bills are low despite the single-pane glass. The 16-inch to 18-inch masonry walls serve as heat storage for the building."

The "godfathers" encountered another surprise with the first-level flooring. Though the original flooring appeared to be oak, it turned out to be pine. Attempts to sand and restore the wood caused waves and ridges. A new wood floor was eventually installed.

As the cost of the renovation exceeded \$200,000, Wade and Trim decided moving into the building was the only way to ease the financial drain.

CONTENDING THE restoration was a "real learning experience," Don Trim said the company would do it again.

Trim explained, "People are looking for roots these days. That's what this is. Modern office buildings don't have the stability and ambience of this building."

The engineer noted more businesses will probably look at converting older structures to fit their needs if the right building is available. "Renovating an old home wouldn't have worked for us. There aren't too many buildings you could do this to in our area. You would usually see more of this type of office renovation in large cities."

Current plans call for restoring the building's facade this summer. With a note of pride, Trim said company clients are already impressed with the transformation. "The building reflects the company philosophy. We aren't the typical firm, and the services we provide aren't typical."



The former Michigan Bell building now is being renovated by The Wade-Trim Group.

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With brass hinges  
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24" x 36" x 2"  
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Glass-lined Tank  
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## Lucas aide defends his retirement moves

One of County Executive William Lucas' top aides believes he is being unnecessarily criticized for jumping from one of Wayne County's top jobs to a much less important job in order to qualify for a \$21,600-a-year pension at 45.

Jamil Akhtar last week left his post as one of three assistant county executives and became a claims department manager in the county's risk management department.

In his new slot, Akhtar is a union member of AFSCME (American Federation of State, County and Municipal Employees).

The old job paid \$68,000 a year, the new one, which was budgeted but not filled all year, pays \$37,000.

AHKTAR MAY not serve in the job but use vacation and leave time until May 2 when he retires. He plans on practicing law with a former assistant to Oakland County executive Dan Murphy from a Birmingham office.

Akhtar said he will actually save Wayne County some \$80,000 over his expected natural life when he takes the early retirement May 2.

County commissioner Richard Manning, D-Redford, one of those critical of Akhtar's retirement, said, however: "It's what's called cronyism. It's the same thing they (Lucas staff) complained so virgously about in the road commission."

Akhtar's critics said that as an assistant county executive Akhtar helped design the 20-year-and-out pension plan that he is now taking using to retire.

Akhtar claims, however, there is nothing wrong with his retirement, after 22 1/2 years of county service, and indicated he is unnecessarily being singled out.

SOME "450 county employees took early retirements — not just Jim Akhtar," he said.

Akhtar said his early retirement benefits to age 72 will amount to \$638,000. He said if he retired 2 1/2 years later as an assistant county executive he would get benefits of \$25,000 a year and a total of \$712,088, assuming he lived to be 72.

"My early retirement saves the pension system \$80,000," Akhtar said. "By actuarial tables, I'm dead at 72."

As a Lucas appointee Akhtar, however, may not have been reappointed under a new county executive to finish a 2 1/2-year stint.

Lucas, running for governor, will leave the job of county executive at the end of this year.

Akhtar has worked for Wayne County for 22 1/2 years. For 19 1/2 years, he was in the Sheriff's Department and once headed the deputies' union, Local 502 of the Service Employees International.

He moved to the executive staff when Lucas was elected county executive in 1982.

According to a Detroit newspaper gossip column item, Akhtar was angry that his executive staff parking pass was lifted last week.

Akhtar's version: "Ron Chapman (Lucas' chief of staff) overreacted. I guess he was trying to assert himself as the boss."



# April Shower of SAVINGS

**Misty's Wedding Festival**  
25% OFF Custom Printed Wedding Invitations (We also do RUSH orders)

**10% OFF Printed Napkins and Matches**

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Includes Responses, Cards, Reception Card & Matchbook  
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**Misty's Cards and Gifts**  
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**Special! SEWING MACHINE CLEAN & OIL**  
Reg. \$22.95 **\$9.50**

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**Special! VACUUM CLEAN & OIL**  
Reg. \$18.95 **\$7.50**

1. Oil & Clean Entire Vacuum  
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(Not Available at Royal Oak Store)

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No purchase necessary. Includes patterns with several sewing projects. Bring Ad.

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117 Fourth St. (In House of Fabrics)  
Royal Oak  
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• 541-0010

**NORTH**  
22640 Rochester (in Village Outlets)  
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**Country Sampler**  
Country home accessories and furniture

**10% OFF Entire Store**  
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**COUPON \$1.00 OFF CUSTOM DRY CLEANING**

DRAPERY CLEANING SPECIALISTS  
EXECUTIVE SHIRT LAUNDRY

• Pure Cleaned & Glazed  
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• Wedding Gowns  
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**WONDERLAND CLEANERS**  
10991 Middlebelt Rd.  
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Soft louvers that rotate and traverse for precise control of light and privacy. Slender louvers that add grace, beauty and delicacy to expansive window and door openings. Vertical louvers that help shed dust for easier living. Gently textured louvers in real cloth fabrics that lend warmth and individuality. Translucent louvers or opaque louvers. Hues that are you.

**THE CUSTOM MADE VERTICAL BLINDS**  
A Large Selection of FABRICS • MACRAMES • VINYLs from which to choose

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Call us for our Free Shop at Home Service or Quotations  
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31191 Schoolcraft (Between Merriman & Middlebelt Rd.)  
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HOURS: MON. Thru FRI. 9-5 p.m., SAT. 10-2 427-7790

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**THE Home of Counted Cross Stitch, Custom Frames and Framing**

**THINK SPRING!!**  
• Weddings, Anniversaries & Births  
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You do the stitching - let us do the framing - professional, finished look, reasonable rates.

**10% OFF CHARTED BOOKS**  
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**PERM \$35**  
Reg. \$50.00  
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**Are You Hungry?**

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**COUPON**  
Buy one WHOPPER sandwich, get another WHOPPER free.  
Please present this coupon before ordering. Limit one coupon per customer. Void where prohibited by law. Coupon good at 28203 Plymouth Rd., Livonia and 34835 Plymouth Rd., Livonia.  
This coupon good from Monday, April 14th through Sunday, April 20th.  
This offer not valid with any other coupon or special offer.

**COUPON**  
Buy a BACON DOUBLE CHEESEBURGER sandwich and get a second Bacon Double Cheeseburger Free!  
Please present this coupon before ordering. Limit one coupon per customer. Void where prohibited by law. Coupon good at 34835 Plymouth Rd., Livonia and 34835 Plymouth Rd., Livonia.  
This coupon good from Monday, April 7th through Sunday, April 13th, 1986.  
This offer not valid with any other coupon or special offer.

**TWO convenient locations:**  
34835 PLYMOUTH RD. (At Wayne Rd.) LIVONIA  
28203 PLYMOUTH RD. (Between Center & Middlebelt) LIVONIA

**Sentry Window Co.**

**WE WILL NOT BE UNDERSOLD**  
(We can beat any legitimate estimate)

**BUY 5 VINYL (ABOVE 70 I.U.) REPLACEMENT WINDOWS and get FREE STEEL REPLACEMENT DOOR**  
(A \$239.00 Value)

**PERMA-DOORS STEEL REPLACEMENT UNITS**

\*\$229 \*\$249 \*\$259 \*\$269 \*\$279

The insulating capacity of these doors is two and a half times that of solid wood and provide greater protection against break-ins.

\*ALL PRICES INCLUDE INSTALLATION  
Deadbolts and Locks can be purchased at Similar Savings

**CALL FOR INFORMATION 427-6951**

**Denne's Hair Designs**

**GET READY FOR SPRING**

**COUPON \$15.00 OFF ON PERMS**  
Good thru 4-19-86  
For All First Time Clients

**COUPON \$5.00 OFF ON ALL CUTS AND COLORS**  
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**YARD SALE**  
Factory Over-Runs and Excess Frames  
Glass and Mat Board Included.  
**SATURDAY, APRIL 12, 1986**  
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**Golden Ripe Bananas 25¢ Lb.**

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Please present this coupon before ordering. Limit one coupon per customer. Void where prohibited by law. Coupon good at 34835 Plymouth Rd., Livonia and 34835 Plymouth Rd., Livonia.  
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## brevities

## BREVITIES

**DEADLINES**  
Announcements for Brevities should be submitted by noon Monday for the Thursday issue and by noon Thursday for the Monday issue. Bring in or mail announcements to the Observer, 489 S. Main.

## RED CROSS BLOODMOBILE

The American Red Cross Bloodmobile will be at the following locations:

## WSDP / 88.1

WSDP-FM 88.1 is the student-operated radio station at Plymouth Centennial Educational Park.

PROGRAM HIGHLIGHTS  
FRIDAY-SUNDAY

**MONDAY (April 7)**  
4:05 p.m. This Day In History.  
5:05 p.m. Family Health — Herbal tea vs. regular tea.

**TUESDAY (April 8)**  
4:05 p.m. This Day In History.  
5:05 p.m. Family Health — Preference for salt an acquired taste?  
6:10 p.m. Family Report — Divorce mediation.

**WEDNESDAY (April 9)**  
4:05 p.m. This Day In History.  
5:05 p.m. Family Health — Cutting back on salt in your diet.  
6:10 p.m. Community Focus — Host Noelle Torrance with an important person from the community.

**THURSDAY (April 10)**  
4:05 p.m. This Day In History.  
5:05 p.m. Family Health — Heart murmurs.

**Monday, April 7** — At St. John Episcopal Church Parish Hall, 574 S. Sheldon, Plymouth, from 2:30-8:30 p.m. For an appointment call Cindy White at 348-2630.

**Wednesday, April 16** — Plymouth Elks Lodge, 41700 Ann Arbor Road east of Lilley, Plymouth, from 3-9 p.m. For an appointment call Boyd Shaffer at 459-2266.

## HISTORICAL LECTURE SERIES

Tuesdays, April 8, 15, 22 — The Plymouth Historical Museum will hold a series of lectures beginning

7:30 p.m. Tuesdays, April 8, 15, 22, in the Plymouth Historical Museum, 155 S. Main at Church. Dennis Jaworski will discuss "Native American Artifacts." David Jefferson's talk is "Light the Night with Kerosene Lamps," and Thomas Forshee's topic is "Chinese Export for the American Market." The series tickets are \$10 and singles are \$4. Tickets may be purchased at the Plymouth Historical Museum, at Old Village Country Store at 196 W. Liberty, or at the door.

**BASEBALL LATE SIGNUP**  
Wednesday, April 9 — Late registration for the Plymouth-Canton Junior Baseball League will be held from 7:30 to 9 p.m. for boys and girls ages 7-18 in the cafeteria of Plymouth Canton High School. There will be a late charge of \$10 per family in addition to the regular registration fee. There are limited openings for boys 7-12 but many for girls age 13-18. Potential managers or umpires for the 1986 season are requested to sign up at this time.

## S.T.E.P. TEEN

Wednesday, April 9 — Systematic Training for Effective Parents for teens offers a way to raise teenagers today. The class features group discussion to improve communication,

develop more responsible teen behavior, and enhance teen self-esteem and self-reliance. The sessions, sponsored by Plymouth-Canton Community Education, will be from 7-9 p.m. Wednesdays in the Viewing and Listening Room of the Plymouth Canton High Library. Charge is \$17 per person for the training which will run April 9 through May 4. For more information, call 451-6660.

## CRIME PREVENTION

Monday, April 14 — A crime prevention class will be held beginning 8 p.m. on the second floor of the city of Plymouth Police Department. Learn how to prevent crime and/or be the "eyes and ears" for your local police department.

**COFFEE WITH PRINCIPAL**  
Thursday, April 17 — The Coffee with the Principals for parents of students at the Centennial Educational Park will begin at 9:30 a.m. in the conference room of Plymouth Canton High. Participating will be principals Bill Brown, Tom Tattai and Ted Wybrecht.

## CREATIVE WRITING CLINIC

Thursday, April 17 — Canton Public Library is sponsoring a creative writing clinic beginning 7 p.m. in the library. Bill Linn, University of

Michigan-Dearborn professor, will examine writing samples of those planning to attend who submitted writing samples to the library. Dr. Linn, author of the current novel "Missing In Action" will give pointers to those seeking publication and discuss the samples he has received. Sign up to attend by calling 397-0999.

## SUCCESS SEMINAR

Saturday, April 19 — "Highway to Success" will be sponsored by the Plymouth Jaycees from 9 a.m. to 4 p.m. in the Masonic Temple, Penniman Avenue between Main and Union in downtown Plymouth. The seminar will offer insight in the areas of real estate, investing, starting a business, time management, and the

legal system. The charge of \$7.50 includes a lunch. For reservations call 453-7252.

## FOOTBALL SIGNUP

Saturday, April 19 — Plymouth-Canton Steelers Junior Football signups will be held from 10 a.m. to 2 p.m. Saturdays, April 19, May 3, 17, and June 7 in the lobby of Phase III adjacent to Plymouth Canton High School. Players and cheerleaders age 9-13 are eligible. The charge is \$50 per player, \$35 per cheerleader, \$125 family maximum. You must bring a copy of your birth certificate signed by your parent. For more information, call Sue Herman at 455-7299 or Linda Roushok at 459-9519.

## STAR STOP PARTY STORE

42444 FORD RD.  
CANTON, MI

2-Liter	\$1.49	Plus Dep.
6-Pack Cans	\$2.09	Plus Dep.
1/2 Liter	\$1.99	Plus Dep.
8-Pack		Plus Dep.

OFFER GOOD 4-7 THRU 4-21-86

Pepsi, Diet Pepsi, Mountain Dew, Pepsi Free, Diet Pepsi Free, Root Beer.

Slice, Diet Slice, Vernors, Sugar-Free Vernors, A&W Root Beer, Sugar-Free A&W.

A 10 MINUTE PIT STOP  
CAN SAVE YOU  
HOURS DOWN THE ROAD.

Treat your car to a Pit Stop, before it stops on its own. In just 10 minutes, or less, our trained technicians will:

- drain your car's existing oil
- replace it with up to 5 quarts of quality Pennzoil motor oil
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All this for \$19.99 on most imported and domestic cars. So, what are you waiting for? Bring your car in for a Pit Stop today.

1880 Packard, Ann Arbor  
665-5601 M-F 8-6, Sat 8-5  
320 W. Grand River, Brighton  
227-1847 M-F 8-6, Sat 8-5  
903 Ann Arbor Road, Plymouth  
455-9430 M-F 8-6, Sat 8-5

**PIT STOP**  
QUICK OIL CHANGE, INC.

Famous Recommendation For:



**MONDAY**  
**DOLLAR DAY**

Buy any one menu item, get a second item of same or lesser value for just

**\$1.00**  
(After 4 p.m.)

THE FAMOUSLY FUN FAMILY PUB

**trygolly!**

(313) 459-4190  
1020 West Ann Arbor Rd.

## Poole cleared in case

Wayne County Prosecutor's office has decided Canton Supervisor James Poole did not violate the Open Meetings Act as charged by Terry Chuhran.

Chuhran, Canton Township Clerk Linda Chuhran's husband, asked the prosecutor's office to bring charges against Poole for not calling on him during a board meeting.

At the Jan. 7 meeting Poole, chairman of the board, failed to recognize Chuhran and two other people in the audience, Terry Chuhran charged. The last agenda item of the meeting — to amend the board rules to provide for a policy for the entire board on conflict of interest — also was bypassed. The item was placed on the agenda at Clerk Chuhran's request. An adjournment was called by Trustee Bob Padgett and supported

by Trustee Loren Bennett. Wiley Wilson, Wayne county prosecutor of civil and special litigation, said he reviewed letters from Terry Chuhran, the township attorney, as well as agenda and board proceedings of the meeting before making a decision.

## Chuhran guilty

Canton Township Clerk Linda Chuhran, who was ticketed following a Dec. 15 traffic accident in which she was driving a township car, was fined \$110 Tuesday for failure to use due care and caution.

The incident occurred in the midst of a controversy about Canton vehicles assigned to administrators. No injuries resulted from the accident.

Chuhran appeared before 35th District Court Judge James Garber. The civil infraction stemmed from a traffic mishap at Warren Road near Haggerty. According to a Canton Township Police report, Chuhran was driving west on Warren in the left lane when the car's brakes locked.

The car continued west into the right lane and into the intersection, crossing both lanes of northbound Haggerty. It then struck a car southbound on Haggerty. The report stated that the intersection was wet and salt-covered. The car Chuhran was driving skidded nearly 145 feet before impact, the report continued.

**STAN'S DISCOUNT BEVERAGE**  
38001 Ann Arbor Road

AAW, DIET AAW, VERNORS, DIET VERNORS, SLICE, DIET SLICE, PEPSI, DIET PEPSI, PEPSI FREE, DIET PEPSI FREE, MOUNTAIN DEW

8 PACK \$2.09  
1/2 LITERS \$1.38  
2 LTR. BOTTLES \$1.38  
24 CANS \$7.99

Offer Good April 7-April 13, 1986.

**Levi's**

**GUYS' SOCKS**  
Soft, comfortable 100% cotton in the latest spring colors. Choose crew or slouch styles.

CREW \$2.99  
SLOUCH \$3.99

**GUYS' PIQUE KNIT SHIRTS**  
Cool, short-sleeve styling in vibrant colors. 65% poly, 35% cotton. In sizes S-XL.

\$10.99  
REG. \$15.99

**GUYS' BOOT CUT DENIM JEANS**  
Classic 5-pocket jean in 100% cotton. Sizes 28-40.

\$15.99

**GUYS' FASHION JEANS**  
100% cotton with computer stitch back pockets. In sizes 29-36.

\$14.99  
REG. \$19.99

**STUDENTS' AND BOYS' STRAIGHT LEG JEANS**  
All-around denim jeans for students and boys in 100% cotton. In sizes 25-30 and boys sizes 8-14.

\$15.99

**Great Fashion Savings**

**GUYS' AND BOYS' DENIM JACKETS**  
Guys and boys' prewashed, 100% cotton jackets. In guys' sizes 38-46 reg. & 38-48 long and boys' sizes 12-20. Boys' \$21.99.

\$31.99  
SAVE \$8.00

**GIRLS' DENIM JACKETS**  
A special purchase in 100% cotton comfort. Sizes S-L. Girls not in Tel-Twelve or Labuff Square Mall.

\$12.99  
AFTER AD \$11.99

**GALS' SUPERSTRAIGHT JEANS**  
5-pocket styling in 100% cotton. Sizes 3-15. Save \$8.00.

\$19.99  
REG. \$27.99

VISA and Mastercard accepted. Prices good through Saturday, April 12-1986.

**STUDENTS' AND BOYS' STRAIGHT LEG JEANS**

All-around denim jeans for students and boys in 100% cotton. In sizes 25-30 and boys sizes 8-14.

**Sagebrush**  
Clothes You Live In

• TEL-TWELVE MALL  
• WESTLAND MALL  
• NEXT TO MEIJER\* IN ROYAL OAK  
• NEXT TO MEIJER\* ON FORD ROAD AT CANTON CENTER  
• PARDEE AT EUREKA IN TAYLOR

# GRAND OPENING

## SALE

**DETROIT TIGER AUTOGRAPHED BASEBALL**  
WITH PURCHASE OF LASER DISC BASEBALL PER FAMILY.

**ONE OF THESE FABULOUS PRIZES**

**GRAND PRIZE:**  
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**1st. PRIZE:**  
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**2nd. PRIZE:**  
\$329.95 RCA 19" diagonal color portable with keyboard control and cable-ready, FLR-472.

**3rd. PRIZE:**  
\$399.95 FISHER complete mini stereo system with AM/FM and dual cassette, DCS-W06.

**4th. PRIZE:**  
\$169.95 SANYO car stereo cassette player with detachable speakers, Model TR-850H.

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\$99.95 HITACHI AM/FM cassette recorder with detachable speakers, Model TR-850H.

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<b>SAVE \$52.95</b> 25 WATTS PER CH. Jet Sound 5-Band Graphic Equalizer. 25 watts per channel, 4-way fader control, twin LED power level indicators. JSE-214. Regular \$119.95.	<b>FREE!</b> DIGITAL Audiovox AM/FM Stereo Cassette. Electronically tuned radio with quartz clock, 12 station presets, auto seek tuning. AVX-932. Reg. \$99.95.	<b>SAVE \$50.95</b> AUTO REVERSE DOLBY NR Panasonic AM/FM Pushbutton Cassette. FM Optimizer & impulse noise reducing, fader control, locking fast forward/reverse. CG-5530. Regular \$149.95.	<b>SAVE \$106.95</b> HQ CIRCUITRY WIRELESS REMOTE Panasonic VHS Video Deck with Remote. 14-position 68-channel tuner, 11 function wireless remote, 14-day/2-event programmable, HQ circuitry, 1-touch recording, special effects playback. Model PV-1380. Regular \$379.95.	<b>SAVE \$17.95</b> DOLBY B & C NR Sanyo Cassette Deck with Dolby C. Metal tape capability, dual 5-segment LED VU meters, auto stop, soft touch controls. RDS-37. Reg. \$64.95.	<b>SAVE \$100.95</b> 15" 3-WAY SPEAKERS Fisher 15" 3-Way Speaker System. 15-inch woofer, 4-inch ferro-fluid midrange, 3-inch ferro-fluid tweeter. Model STV-675. Regular \$199.95.	<b>SAVE \$80.95</b> ADC Laser-Tracking Compact Disc. Triple-beam pickup, passes the toughest tracking tests, 10-track programmability. CD-160X. Regular \$229.95.
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DETROIT 14368 Grosse Pointe at 7 Mile Rd.	527-4303
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# Opinion

Emory Daniels editor/459-2700  
Susan Rosiek assistant managing editor

489 S. Main/Plymouth, MI 48170

10A(C)

O&E Monday April 7, 1986

## How 'Salem' High School got its name

Part 28

"Salem upsets Stevenson" the headline may read, referring to a victory of one of the local high school teams, or "Canton tops Northville."

The correct names, given by the board of education in the 1970s era, of course, are Plymouth-Salem and Plymouth-Canton high schools.

But students long ago, as well as teachers, administrators and even board members soon began to drop the prefix, eliminating the word "Plymouth."

So did those who write newspaper headlines, preferring "Salem" and "Canton" to the longer names — much to the chagrin of longtime residents.

What happened to the Plymouth High I once attended? they ask, complaining because "a little town like Salem gets all the publicity which by rights should go to Plymouth."

INITIALLY IT WAS proposed that four high schools be built at Centennial Educational Park.

At a meeting of the board in June 1968, the year voters authorized the borrowing of \$11 million for a new high school and other purposes, one of the board members suggested that the four schools be named Plymouth High, Canton High, Superior High, and Salem High.

That proposal was not acted on but the board did decide to name the first school built Plymouth High.

What circumstances led to the adoption of the names the schools bear today? First, a "little background."

In July 1970, when the two schools were under construction, board minutes referred to them as Plymouth High and Canton High. A year later,

in August 1971, when dedication of the first of the schools was set for Dec. 5, it still was being called Plymouth High.

BECAUSE PLYMOUTH and Canton were the two largest communities in the school district, naming the schools after them did not appear to be controversial.

Yet at its October 1971 meeting, in a move that seemed to indicate a wavering in its position, the board decided to refer the matter of naming the proposed four high schools to students in the sixth to 12th grades.

There is no indication of what results this brought out, on Dec. 21, the board reiterated its decision to call the first new school Plymouth High and the second Canton High. It also directed that the term Plymouth Centennial Educational Park be used on diplomas for both school graduations. The motion passed by a 4-3 vote, an indication that other forces were at work.

Those forces came to the surface at a board meeting on March 13, 1972, when a large group of residents and teachers were in attendance. Among subjects discussed were school attendance boundaries, the division of the sophomore class then at old Plymouth High, the accreditation of Canton High, and the naming of the schools.

Other board members wanted to adhere to the two-school plan that

Opinions and ideas are most fertile when shared with others.

That's why "The Observer" encourages its readers to share their views with others by making use of the From Our Readers column.

While the Observer expresses its opinions on the editorial page, we always leave space open for our readers to express their ideas.

Submitting a letter to the editor

### past and present

Sam Hudson

There was, apparently, a reluctance on the part of some parents to have their children attend a school called "Canton High" in spite of the administration assurances that Canton High would be fully accredited. Residents from the Lake Pointe area, for example, said their children would have a feeling of being cut off from the Plymouth High School district by being assigned to Canton High. There also was a vague feeling at the time that the name "Canton" High would lack the status on a diploma that had long been associated with "Plymouth" High.

IN AN ATTEMPT to solve that problem, board member John E. Hasekat proposed a one-high-school concept, using both schools for different types of courses so that students would be in both buildings but identified with one school. His motion was defeated.

Other board members wanted to adhere to the two-school plan that

had been adopted in 1967. One board member pointed out that the one-school concept would mean single athletic teams and a single band, limiting athletic and other extracurricular opportunities.

Finally, board member George Lawton, seconded by board member Wilson Sick, moved to rename the buildings. From then on the first was to be called Plymouth-Salem High School. The second building was to be renamed Plymouth-Canton High

School. Members Lawton, Sick, John Graves, John Ono, Esther Hulsing and Frederick Penar voted yes. Only John Hasekat voted no.

It wasn't long before the students began calling the two schools Salem and Canton. Even the board minutes began to drop the prefix when referring to the schools.

SOME MIGHT place the responsibility for this unforeseen occurrence on the board.

But others might say that the fault was with the parents who were reluctant to send their children to a school that did not bear the name Plymouth. It was they who badgered the board until it came up with a compromise that appeared to settle the questions at the time but has since caused irritation on the part of many Plymouth residents.

At this late date, could the board decision, made over a decade ago, be reversed and the two schools be called Plymouth High and Canton High as the board originally intended?

Why not? All it would take is a board resolution.

To be continued

## Opening day 62 years ago recalled

the stroller  
W.W. Edgar

So the parade became only a memory.

But the band made up for it inside the field before the game began. With the players lined up for a march, the band took them to the center field flagpole. That was quite a sight, but the Star Banged Banner also was played from that space. It was quite an opening.

Of course, those who can recall the old days at the opener in 1924 when The Stroller made his first appearance, T. Cobb was in center field and swinging three bats instead of two when it was his turn at the plate.

Another colorful memory is the small wooden stand in right field. It held only about 1,000 fans and was

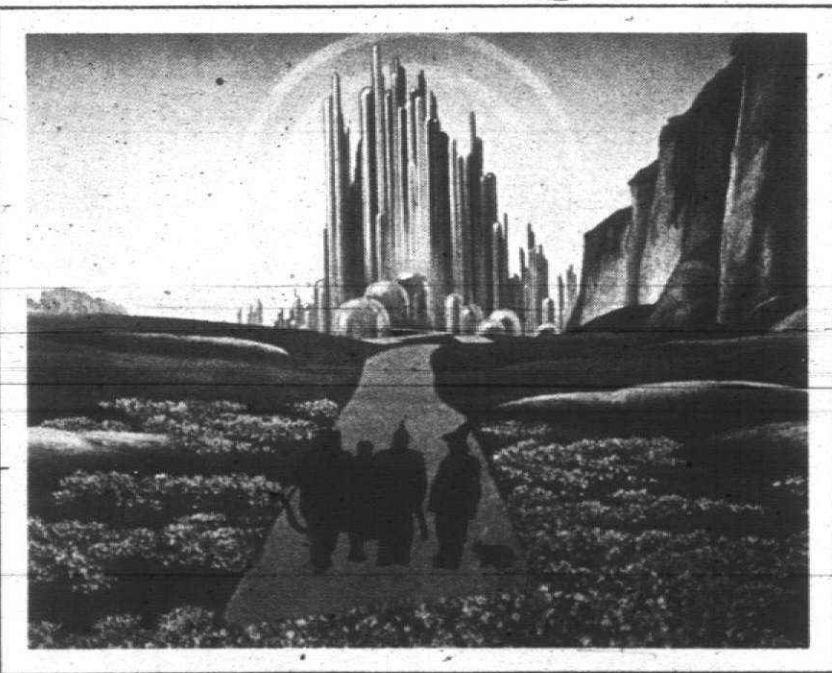
called Harry Heilmann's stand. It was this group that turned out most regularly that helped Harry win the batting title three times — in odd years in the 1920s.

ANOTHER MEMORY for the old-timers is Johnny Bassler with the catcher's mitt and "Hookie" Daus on the pitching mound.

To get there, one had to climb a ladder and then master a cat walk. It was a task and strange compared to the changes that have taken place. But they have left some fond memories.

And when The Stroller sat there for the 62nd consecutive year, these scenes all came back to him. He just wishes some could be revived.

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## neighbors on cable

CHANNEL 8  
MONDAY (April 7)

5 p.m. ... Tell Me A Story — Gina talks about the letter "T" and the numeral "7," and reads the story "The Little Engine That Could."

5:30 p.m. ... Healthierize — A program about exercising your arms, legs, and other parts to get in shape.

6 p.m. ... Masters of Dance — This week's program takes a look at baton and cheerleading.

6:30 p.m. ... The Food Chain — Debi Silverman talks about dealing with depression symptoms, signs, various types of depression, the role of a therapist, and techniques of relaxation.

7 p.m. ... Come Craft With Me — Host Kay Micaleff welcomes Melissa Smith, a Plymouth youngster who makes Prairie Dolls.

7:30 p.m. ... High School Sports — The best of the 1986 winter sports season continues with a look at boys basketball.

9:30 p.m. ... Single Touch LIVE — J.P. McCarthy takes calls and talks about upcoming events for singles in the area.

10 p.m. ... Videotunes LIVE — Hosts Jimi Ray and Dr. Z with a special hour of videotunes of local bands.

TUESDAY (April 8)

5 p.m. ... Cinematica — Hosts David Daniele and John Martin review movies to be shown on Family Home Theater: "Meet John Doe," and "The Man Who Died Twice."

5:30 p.m. ... Economic Club of Detroit — Don Peterson, chairman and chief executive officer of Ford Motor Company, talks about the automotive business.

6:30 p.m. ... Investor News — Host Jim Lanzl of Prescott, Ball & Turben discusses various investment possibilities.

7 p.m. ... Beyond the Moon — Host Mike Best talks about Mars, the red planet.

7:30 p.m. ... Our Government: From A Fifth Grade Perspective — Students from fifth grade class at Allen Elementary dramatize the three branches of government.

8 p.m. ... The Soaring Kites — Third annual kite flying contest, part of the Mayflower Hot Air Balloon Festival in Canton.

9:30 p.m. ... Single Touch — J.P. McCarthy and co-host talk with area singles about issues of concern.

WEDNESDAY (April 9)

(Programing identical to the same as shown on Channel 8 on Monday.)

CHANNEL 15

MONDAY (April 7)

Noon ... Total Fitness — Jackie Starr works with aerobics.

12:30 p.m. ... For Your Health — Host Pat Schiberas talks with Jeanne Vogt, president of the accounting aide society of metro Detroit.

1 p.m. ... Cooking With Cas — Cas cooks "paprka-less" chicken with guest cook Diane Uchalik of the Polish Muslims rock band.

1:30 p.m. ... Michelle's Craft Show.

2 p.m. ... Looking Back at Olde Dearie Days — Interviews with Plymouth merchants and residents in Old Village.

3 p.m. ... Human Images — Students at Plymouth Centennial Educational Park discuss Euthanasia (mercy killing) with professionals.

3:30 p.m. ... The Sandy Show — Host Sandy Preblich talks with Norm Compton, Omnicon Sports Director.

4 p.m. ... Tornado Preparedness — Three films are featured.

5 p.m. ... 1st Presbyterian Church of Northville Presents: A Celebration. Sermon title is "Prodigal Comes Home."

6 p.m. ... MESC Job Show — Lo-

cal job listings with Jeff Tressler of the Canton MESC follows job hunting information.

6:30 p.m. ... A Commitment to Caring — The McDonald's House of Ann Arbor provides a helping hand to the world.

7 p.m. ... Legislative Floor Debate — Information about what's going on in Lansing as it relates to Plymouth and Canton. This week State Sen. Robert Geake, R-Northville, talks about the income tax rollback and other topics.

7:30 p.m. ... The Governor's Report — Gov. James Blanchard talks about the income tax rollback and other issues before the state government.

8 p.m. ... Why Us, the Larkens? of Taxes.

9 p.m. ... Money Talks.

9:30 p.m. ... Taking Care of Business.

TUESDAY (April 8)

Noon ... Hamtramck Rotary.

12:30 p.m. ... Psychic Sciences — Ellie's guest is Joanne Songer, astrologist.

1 p.m. ... Teen Rap.

1:30 p.m. ... Canton Update — Canton Township Supervisor James Poole and Sandy Preblich talk about what's happening in Canton.

2 p.m. ... Canton Easter Egg Hunt — Canton children scramble for Easter eggs. The third annual kite flying contest follows.

2:30 p.m. ... Optimism: "A Way of Life." Plymouth Optimists Club presents an oratorical contest for area students.

3:30 p.m. ... Omnicon Game of the Week.

5 p.m. ... Canton Sesquicentennial Ball.

7:30 p.m. ... Live Call-In with Youth For Understanding — Two students and a host mother, along with public relations person Barb Krick, explain the foreign exchange student exchange program in this area.

8:30 p.m. ... Laureate Prizes for Literature — Fifth annual ceremony of Plymouth-Canton Community Schools to honor budding writers. Repeated by request.

9:30 p.m. ... Youth View — Scott Wesley Brown talks about performing in eastern Europe and Michelle Pillar discusses her songs for singles.

WEDNESDAY (April 9)

Noon ... 1st Presbyterian Church of Northville Presents: A Celebration.

1 p.m. ... MESC Job Show.

1:30 p.m. ... A Commitment to Caring.

2 p.m. ... Legislative Floor Debate.

2:30 p.m. ... Governor's Report.

3 p.m. ... Why Us, the Larkens?

3:30 p.m. ... The American Way of Taxes.

4 p.m. ... Money Talks.

4:30 p.m. ... Taking Care of Business.

5 p.m. ... Total Fitness — Exercise with Jackie Starr.

5:30 p.m. ... For Your Health — Host Pat Schiberas.

6 p.m. ... Cooking With Cas.

6:30 p.m. ... Michelle's Craft Show.

7 p.m. ... Plymouth Olde Dearie Days.

8 p.m. ... Human Images.

8:30 p.m. ... Sandy Show.

9 p.m. ... Tornado Preparedness.

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# Jobless rate stays steady at 9%

Michigan's seasonally adjusted unemployment rate remained at 8.9 percent according to March figures. There was no change in the rate from February, said Richard Simmons Jr., director of the Michigan Employment Security Commission. The number of jobless workers across the state rose only by 3,000 in

March to 387,000. In March of 1985, the unemployment rate was 9.7 percent with 428,000 out of work. "Normally, there is very little change in Michigan's labor force from February to March," Simmons said. "This year, there was a marginal

increase in the number of jobseekers entering the labor force. Most of these jobseekers did find employment. "As a result, there was no change in Michigan's March unemployment rate." Michigan's labor force grew in March by 11,000 to 4,349,000, and total employment climbed by 8,000 to 3,962,000. Job gains were scattered, occurring primarily in nonmanufacturing industries such as services and wholesale trade. The current seasonally adjusted rate is the lowest for any March since 1979 when the rate was 7.1 percent.

Figures for major market areas show that unemployment remained about the same in metropolitan Detroit in February. The unadjusted jobless rate edged down to 9.3 percent from 9.4 percent in January. In the major labor market areas, the jobless rates for February: Declined in Battle Creek, Benton Harbor, Grand Rapids, Muskegon and the Upper Peninsula. Remained unchanged in the Detroit and Kalamazoo areas. Rose in the Ann Arbor, Flint, Jackson, Lansing and Saginaw areas. The Upper Peninsula had the highest rate for the month at 16.4 percent, down slightly from January's 16.6.

## Mental health hearing set

A public hearing is scheduled at the Northville Regional Psychiatric Hospital at 9 a.m. Wednesday to discuss the state mental health budget for 1987-88. The hearing will take place inside the complex's administration building auditorium. The hospital is on Seven Mile west of Haggerty Road. Information gathered at the hearing will be used by the Mental Health Advisory Council in suggested policy decisions to the state Mental Health Department. The council is expected to submit its recommendations to the depart-

ment director in May. This is one of four hearings scheduled across Michigan this month. According to council chairman David Neal, the council is looking for public comment on these issues: What are the problems with availability and quality in local mental health services? What local groups need special mental health services? In case of funding cuts, which services should be saved? If additional funds are made available, how should they be spent?

## 'Star Wars' expert at UM-D

A technical director for the Reagan Administration's Strategic Defense Initiative — the so-called "Star Wars" — will speak at 5 p.m. Monday, April 14, at the University of Michigan-Dearborn in a lecture series co-sponsored by Ford Motor Co. James A. Ionson, director of the innovative science and technology office, will speak in the UM-D Recreation and Organizations Center. Admission is free.

UM-D is on Evergreen south of Ford Road, Dearborn. Ionson has degrees in mathematics, physics and astronomy from UM and a Ph.D. in physics from the University of Maryland. Ionson's office is charged with identifying and nurturing critical technologies — novel sensing, innovations in burst-mode space power and advanced materials and propellants.

## S'craft registration still on

Mail-in registration runs through April 18 for continuing education and community service courses at Schoolcraft College. For more information on course offerings, call 591-6400, ext. 409 and ext. 410. Schoolcraft is located at 18600 Haggerty Road, between Six and Seven Mile Roads, in Livonia.

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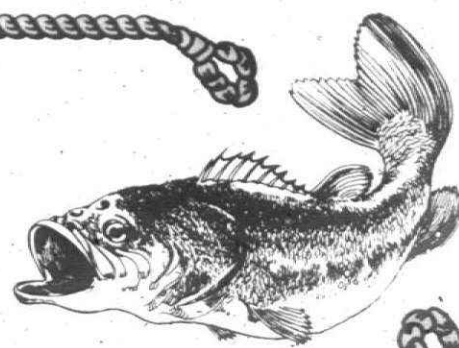
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Monday April 7, 1986 O&amp;E

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## Fresh from the



## SEA



The fish market of today displays an array of items that is wondrous to behold. The American consumer is eating more fish and seafood—it is the “in” food of the Eighties, with marketing and shipping techniques that have improved dramatically to bring us varieties unavailable before.

The result is a bonanza for the cook. Most fish can be prepared in a half-hour or less...the texture is delicate, the flavor is superb, and the health benefits are many.

Fish teamed with grapefruit is a marvelous choice. Grapefruit's sweet-tart flavor complements the delicacy of fish and seafood and adds piquance.

Use a gentle hand when preparing fish and, for most varieties, combine it with other fresh ingredients while being careful not to overwhelm the subtle flavor.

Here are some suggestions on how to enjoy the bounty from the sea with its fruit accompaniment.

Pasta Salad Neptune calls for the new “imitation” crab meat. Made mostly from pollock, it is a tender, delicate fish that does, indeed, taste like crab and costs about one-fifth of the genuine article's price. The salad contains a perfect contrast in taste and texture, and the dressing is superb—a sparkling melange of flavors.

Hot Shrimp Oriental stars shrimp—the most popular seafood in America—and gives it a delightful, hot-spicy sauce that sings with flavor. Or for drama, serve a whole red snapper or sea bass in the Mediterranean style. On another occasion, try Poached Fish with Fennel. Poached steaks are served with a fennel-scented grapefruit sauce, demonstrating the amazing variety of flavors that can be enjoyed when serving fish.

Make your meals fresh from the sea and fresh from the market—for results that are nutritious, delicious and inspired.

## Hot Shrimp Oriental

- 1 can (6 ounces) tomato paste
- 1/4 cup grapefruit juice
- 3 tablespoons cold pressed sesame oil, divided
- 3 tablespoons oyster sauce
- 2 tablespoons dry sherry
- 2 tablespoons soy sauce
- 1 green chili pepper, charred and finely chopped
- 2 cloves garlic, finely minced
- 1 tablespoon freshly grated ginger root
- 24 large shrimp, peeled and deveined
- 1 head bok choy, coarsely chopped
- 1/2 pound snow peas, stems and strings removed
- 2 grapefruit, peeled and sectioned
- Hot, cooked rice

In a small bowl combine tomato paste, grapefruit juice, 1 tablespoon sesame oil, oyster sauce, sherry and soy sauce; set aside. To char the chili pepper, place on the end of a long fork. Hold chili over flame until skin is blackened. Peel skin off and discard. Remove seeds. Chop chili. In large skillet or wok over medium-high heat, heat remaining 2 tablespoons sesame oil; stir in garlic cloves, ginger root and chopped chili pepper. Add shrimp, bok choy and snow peas. Cook, stirring until shrimp are done and vegetables are tender-crisp, about 3 to 4 minutes. Add reserved tomato paste mixture. Stir in grapefruit sections. Heat through. Serve over hot rice. Yield: 6 to 8 servings.

## Poached Fish with Fennel

- 1 1/2 pounds fish, cut into 4 steaks (swordfish, tile fish, halibut)
- 1/2 cup grapefruit juice
- 3/4 teaspoon crushed fennel seeds
- 1/4 teaspoon salt
- 1/8 teaspoon pepper
- 1 1/2 tablespoons cornstarch
- 1 tablespoon water
- 1/4 cup chopped parsley
- 1 grapefruit, peeled and sectioned

In large skillet arrange fish in a single layer. Combine grapefruit juice, fennel seeds, salt and pepper; pour over fish. Bring to a boil. Reduce heat. Cover. Simmer 6 to 8 minutes or until fish flakes easily when tested with a fork. Remove fish to a serving platter; keep warm. Combine cornstarch with water. Bring pan liquids to a boil. Stir in cornstarch mixture. Cook, stirring constantly, until mixture boils; boil 1 minute. Stir in chopped parsley. Spoon sauce over fish. Garnish with grapefruit sections. Yield: 4 servings.

## Pasta Salad Neptune

- 1/2 pound fusilli (pasta), broken in 2-inch pieces or rotelle
- 2 tablespoons olive oil
- 1 tablespoon white wine vinegar
- 1/3 cup grapefruit juice, divided
- 1 pound frozen imitation crab meat, thawed and cut into 1-inch pieces
- 3 cups broccoli florets, steamed tender-crisp
- 2 cups fresh spinach leaves, in coarse pieces
- 1 cup cherry tomatoes, halved
- 2 green onions, sliced
- 2 grapefruit, peeled and sectioned
- 2 1/2 cup mayonnaise
- 1/4 cup coarsely chopped fresh basil leaves, or 1 tablespoon dried leaf basil
- 1/2 cup fresh parsley leaves
- 2 tablespoons Dijon-style mustard

Prepare pasta according to package directions; drain. Turn into a large bowl. Add oil, vinegar and 1 tablespoon grapefruit juice; mix well. Gently fold in imitation crab meat, broccoli, spinach, cherry tomatoes, green onions and grapefruit sections. In food processor or container of electric blender combine remaining grapefruit juice (about 1/4 cup), mayonnaise, basil, parsley, and mustard; process until smooth. Pour over pasta mixture. Toss lightly to coat well. Yield: 6 servings.

## Mediterranean Baked Fish

- 2 cups (one 15 ounce can) tomato sauce
- 1/2 cup grapefruit juice
- 1/4 cup dry white wine
- 1/2 teaspoon dried leaf oregano, crumbled
- 1/2 teaspoon dried leaf thyme, crumbled
- 1 whole red snapper or sea bass (2 1/2 to 3 pounds), dressed
- 1/2 pound whole green beans, trimmed
- 1/4 cup sliced, pimiento-stuffed green olives
- 2 tablespoons capers, well-drained
- 1/8 teaspoon hot pepper sauce
- 2 grapefruit, peeled and sectioned

In medium saucepan combine tomato sauce, grapefruit juice, wine, oregano and thyme. Bring to boiling. Place fish in shallow baking dish. Pour sauce over fish. Cover dish. Bake in a preheated 350°F. oven 25 minutes or until fish flakes easily when tested with a fork. Meanwhile, in a medium saucepan, combine green beans with 1-inch, boiling salted water. Cover. Reduce heat; simmer 12 to 15 minutes or until tender. Drain. Stir in olives, capers and hot pepper sauce. Remove fish from baking dish to heated platter. Stir grapefruit sections into sauce in dish. Spoon sauce and grapefruit sections over fish. Arrange beans on platter. Yield: 4 servings.



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## Berries top off easy shortcake

Has there ever been a more blissful dessert than strawberry shortcake? Tender, warm and flaky biscuits, filled with red, juicy berries then served with a generous helping of rich tasting whipped topping, it's a lure that's hard to resist.

Though beautiful to behold, home-baked shortcake is also fast and easy to prepare with an all-purpose baking mix. Follow the step-by-step directions for Cinnamon Sugar Topped Shortcake to bake a perfect biscuit in less than 20 minutes. At serving time, assembly is quick — with strawberries sliced and sugared in advance — and convenient with whipped topping to spoon over the glorious dessert.

### CINNAMON SUGAR TOPPED SHORTCAKE

2 1/2 cups all-purpose baking mix  
5 Tbsp. sugar  
1/2 cup milk  
1/4 cup margarine, melted  
1 tsp. cinnamon

2 pts. strawberries, sliced  
2 Tbsp. sugar  
1 8-oz. container (3 cups) whipped topping, thawed

Combine baking mix and 3 tablespoons sugar. Add milk and 3 tablespoons margarine, mixing until soft dough forms. On surface lightly covered with baking mix, knead dough 8 to 10 times, roll out 1/2-inch thick. Cut with 3-inch biscuit cutter. Place on ungreased cookie sheet. Brush with remaining margarine; sprinkle with combined remaining sugar and cinnamon. Bake at 425 degrees, 10 to 12 minutes or until golden brown. Remove from cookie sheet immediately, cool. Split.

Combine strawberries and sugar, let stand 10 minutes. For each serving, cover bottom half of shortcake with strawberry mixture and whipped topping. Cover with top half of shortcake and additional strawberry mixture and whipped topping. 6 servings.



Who could resist tender, warm and flaky biscuits with red, juicy strawberries and a generous dollop of whipped topping?

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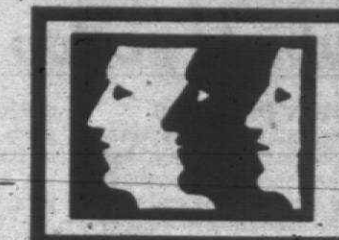
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**NEW SPRING AND SUMMER HOURS:**  
SUNDAY 9-6  
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# Suburban Life

Ellie Graham editor/459-2700



Monday April 7, 1986 O&amp;E

## Sunny skies bring out student crowd

By Julie Brown  
Staff writer

Plymouth and Canton students didn't have to travel south last week to enjoy their Easter break.

Although the rain didn't stay away every day, warm temperatures and sunny skies on some days made the outdoors closer to home a great place to be.

Jeremy Johnson, a 9-year-old Plymouth resident, took to the road during his break.

"Just riding my minibike and playing with my friends," the Smith Elementary School student said in describing his Easter break activities.

The parks in Plymouth and Canton also proved to be popular gathering places for students on break.

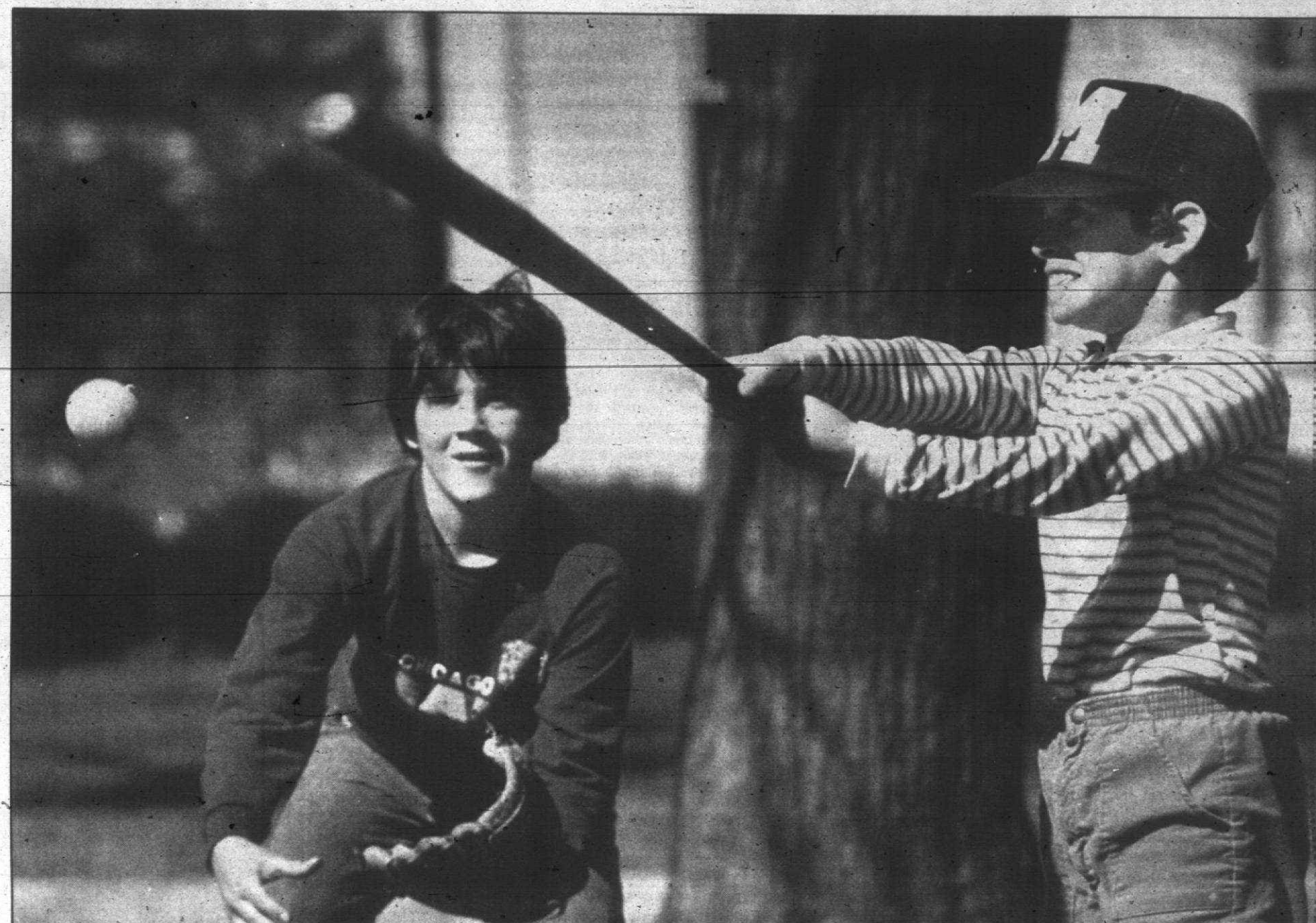
FOR MIKE GLOBKE, a 16-year-old Canton resident, and Kevin Zielke, a 13-year-old Canton resident, the area around Kellogg Park in Plymouth provided the ideal spot to perfect their skateboard techniques. Mike is a student at Plymouth Canton High School and Kevin attends Central Middle School.

Jeremy Shaft and James McDonald, both 8-year-old Canton residents, were enjoying being outdoors last week.

"I've been spending the night at people's house and just going outside and playing, flying a kite, stuff like that," Jeremy said. Both he and James attend Plymouth Christian Academy in Canton.

Although Easter break had to come to an end this week, Plymouth-Canton students will have summer vacation to look forward to before too long.

"I wish it was summer vacation," Jeremy said.

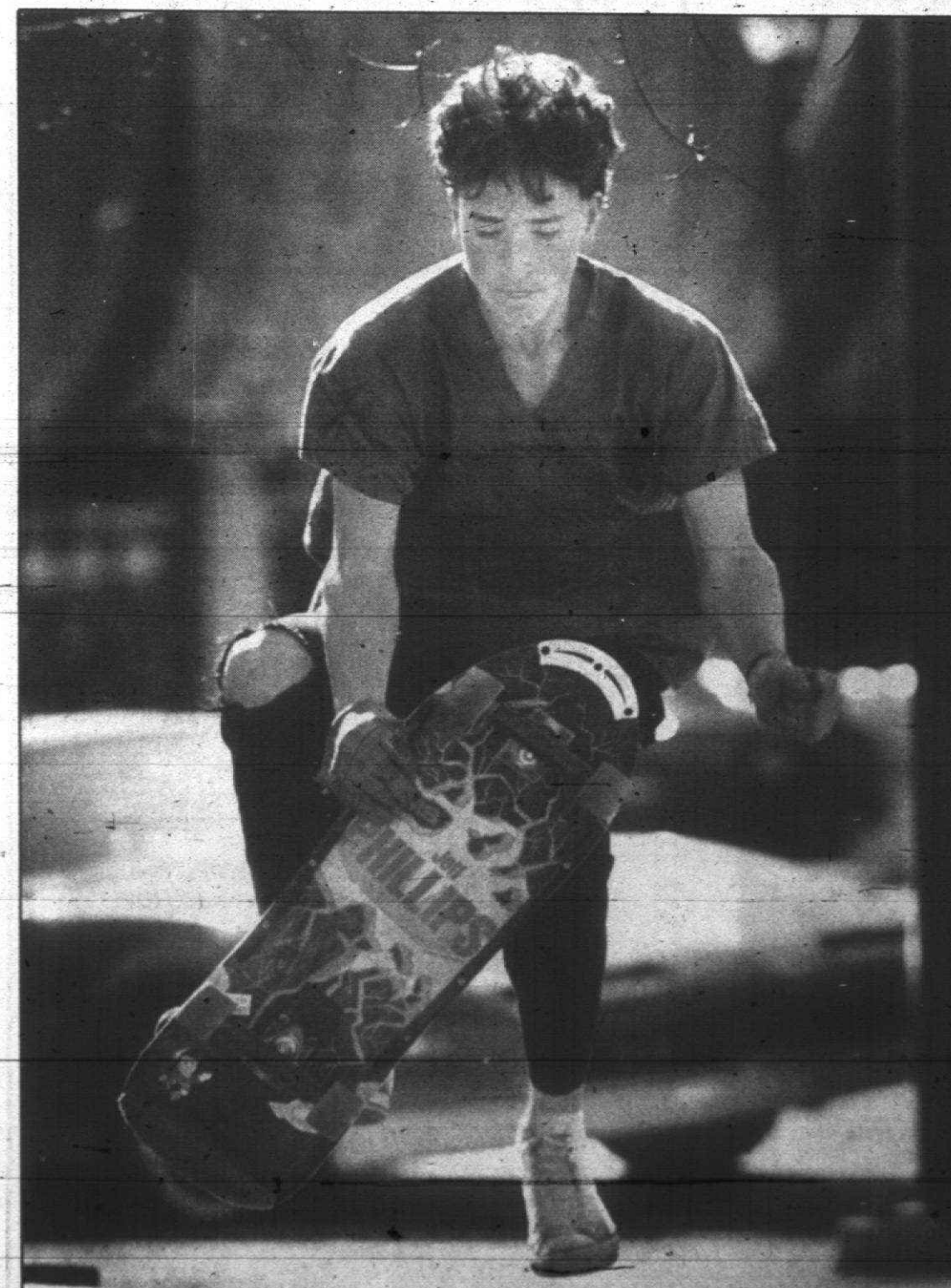


Staff photos by Bill Bresler

Randy White, 9, swings at the ball during a game in Plymouth. Brian Kuhns, 11, is the catcher with the watchful eye. Randy and Brian were among Plym-

outh and Canton students who were enjoying some time away from their studies last week. Sunshine

and warm temperatures brought many of those students outdoors.



The area around Kellogg Park in Plymouth provided a spot for 16-year-old Mike Globke to use his skateboard.

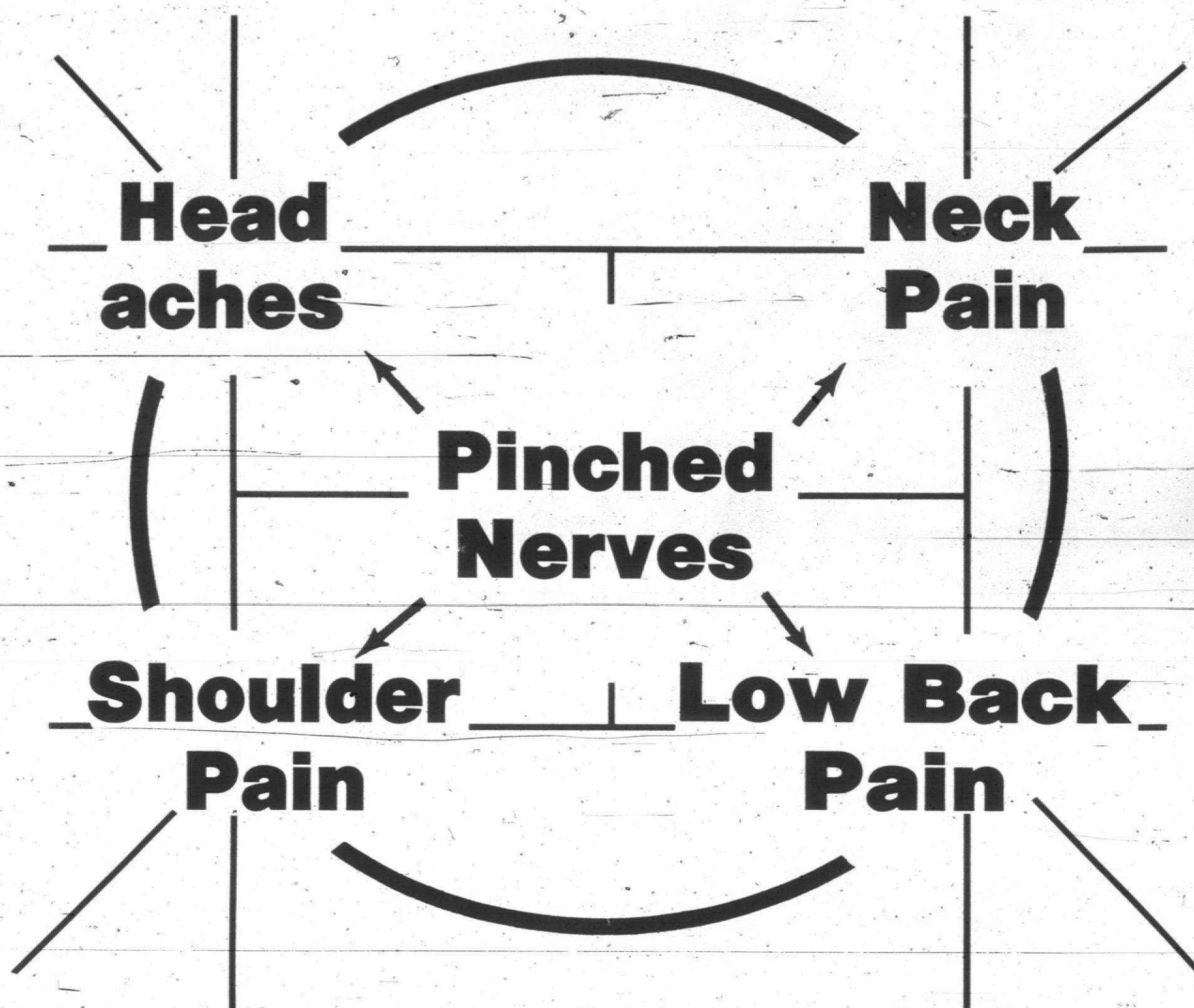


For Jeremy Shaft (left) and James McDonald, both 8, ice cream is the pause that refreshes.



Julie Oldham, 12, and her cousins enjoyed a picnic with their moms Friday at Plymouth

Township Park. Finding a crawfish in the brook was a part of the fun.



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| <input type="checkbox"/> backaches        | <input type="checkbox"/> neck aches          | <input type="checkbox"/> depression          | <input type="checkbox"/> double vision |
| <input type="checkbox"/> facial aches     | <input type="checkbox"/> hay fever           | <input type="checkbox"/> leg pains           | <input type="checkbox"/> nervousness   |
| <input type="checkbox"/> nervous tension  | <input type="checkbox"/> shortness of breath | <input type="checkbox"/> indigestion         | <input type="checkbox"/> itching       |
|   |  | <input type="checkbox"/> tiredness           | <input type="checkbox"/> neuralgia     |



DR. MASHIKE

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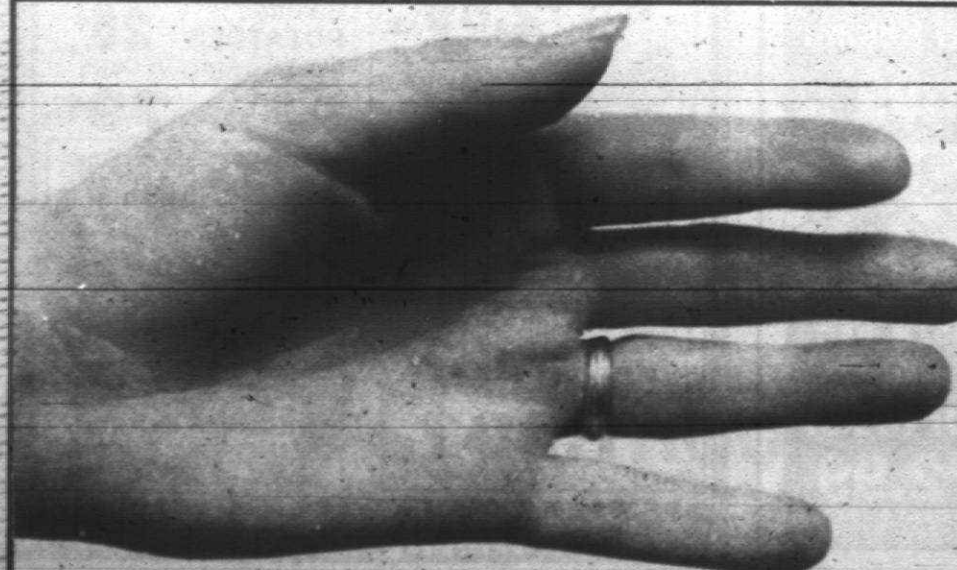
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## clubs in action

### NURSERY OPENINGS

The Plymouth Children's Nursery Inc., a cooperative nursery school, has a limited number of openings for 3-year-old girls and boys and 4-year-old girls for the fall term, beginning in September. The school is at Warren and Haggerty roads in Canton Township. For additional information, call Linda at 981-1707 or Gail at 455-5298.

### FARM AND GARDEN

The Lake Pointe Women's National Farm and Garden Association has two cookbooks available from group members. A number of salads from the Spring Salad Luncheon are included, along with other recipes submitted by the members. The price is \$5. For additional information, call Jean Pink at 453-2802.

### CAESAREAN PROGRAM

The Plymouth Childbirth Education Association will offer a Caesarean orientation at 7:30 p.m. Monday, April 7, at the Newburgh Methodist Church, 36500 Ann Arbor Trail, Livonia. This will be an introduction to Caesarean preparation classes. Couples anticipating a Caesarean birth, as well as Lamaze-prepared couples, may attend. There is a \$1 per person charge at the door. For additional information, call to register, call 459-7477.

### PLYMOUTH SENIORS

The Plymouth Township Seniors meet at the Friendship Station Club Hall, 42375 Schoolcraft, on the following days: Mondays from 10 a.m. to noon for euchre and pool. Tuesdays from 6:30 to 8:30 p.m. for pinocle. Fridays from 11:30 a.m. to 3:30 p.m. and 6:30 to 9:30 p.m. for bridge and pinocle. Seniors living in Plymouth Township or the city of Plymouth may attend. For additional information, call Helen Krupa at 459-6259.

### DANCERS' COOKBOOK

The Polish Centennial Dancers of Plymouth cookbook, "Secrets from Centennial Cupboards," is available from group members. It features a number of Polish recipes, along with American recipes. The price is \$5. For additional information, call Kathy Floied at 459-7255.

### FAMILIES ANONYMOUS

Families Anonymous, a self-help program for relatives and friends concerned with drug abuse or behavioral problems, will meet at 8 p.m. Thursdays in St. John Neumann Catholic Church, 44800 Warren in Canton.

### THREE CITIES

The Three Cities Art Club will meet at 7:30 p.m. Monday, April 7, at the Plymouth Township Hall Meeting Room, 42350 Ann Arbor Road at Lilley. The meeting will include a video painting demonstration and a members' critique (not more than two pictures per person). Plans for the club's spring judged show will be discussed. The public may attend. For additional information, call Jean Bologna, club president, at 455-4995.

### BOTANICAL GARDENS

The Friends of the Matthaei Bo-

tanical Gardens will sponsor a program at 7:30 p.m. Monday, April 7, in the Botanical Gardens auditorium, 1800 Dixboro, Ann Arbor. The program will be presented by Susan and Tony Reznick. It will cover garden construction, soil and moisture requirements, planting times, appropriate plants, and other topics. The grounds are open from 8 a.m. to sunset. The inside exhibits are open from 10 a.m. to 4:30 p.m., and the Gift Shop is open from 11 a.m. to 3 p.m. Tuesday through Friday and from 10 a.m. to 4 p.m. Saturday and Sunday. There is no admission charge for the outdoor trails and job-by exhibits. For the Conservatory, there is a \$1 fee (75 cents for senior citizens, 50 cents for children). For additional information, call the Botanical Gardens at 763-7060.

### ROSE SOCIETY

The Huron Valley Rose Society will meet at 7:30 p.m. Tuesday, April 8, in the auditorium at the Matthaei Botanical Gardens, 1800 Dixboro Road, Ann Arbor. The program will cover the best use of roses in landscaping, with an overview of landscape design and fundamental design principles. The speaker will be Mike Hommel, landscape planner, who will answer individual questions for those who bring yard plans.

### WISER

WISER-Widowed in Service will meet at 8 p.m. Tuesday, April 8, in Room B 200 of the Liberal Arts Building at Schoolcraft College, 18600 Haggerty Road, Livonia. Speaker Mark Rogers of Prudential-Bache will present an investment workshop. The organization provides self-help and information sharing for widowed persons. For additional information, call the Women's Resource Center at Schoolcraft College, 591-6400 Ext. 430.

### DIVORCE GROUP

The Women's Divorce Support Group will meet at 8-10 p.m. Tuesday, April 8, in Room F 100 of the Forum Building at Schoolcraft College, 18600 Haggerty Road, Livonia. Irene Pione, an attorney, will discuss the legal aspects of divorce. For additional information, call the Women's Resource Center at Schoolcraft College, 591-6400 Ext. 430.

### SPRING CLASSES

The spring series of enrichment classes at New Morning School, Plymouth Township, begins the week of Wednesday, April 9. New sessions of the "Me and My Shadow" parent and toddler class will begin, including an evening session scheduled to begin from 6 to 7 p.m. Wednesday, April 9. Daytime "Me and My Shadow" classes will also be held, along with a number of other classes. Pre-school classes will begin Tuesday, April 16. The school is at 14501 Haggerty. For additional information on any of the classes, call the school at 420-3331 between 8:30 a.m. and 2:30 p.m. weekdays.

### SPRING FASHIONS

The St. John Neumann Women's Guild will present a Spring Fashion Show at 7:30 p.m. Wednesday, April 9, St. John Neumann Church is at

44800 Warren Road, Canton. Fashion will be by The Willow Tree, Plymouth. Makeup will be by "What's My Color." All women of the parish may attend. Refreshments will be served.

### SUPPORT GROUP

A Support Group for those with Parkinson's disease, their friends and relatives will meet at 7 p.m. Thursday, April 10, at Hull Elementary School, 34715 Lyndon, Livonia. The speaker, Barbara Kellom, will discuss "The Telephone and You as a Parkinson's Patient." For additional information, call 459-0216.

### WESTERN WAYNE NOW

The Western Wayne County chapter of the National Organization for Women will meet at 7:30 p.m. Thursday, April 10, in the I.M.C. Room at Emerson Junior High School, 29100 W. Chicago, Livonia. Barbara Bilge will present the program, which will examine portrayals of women in the media. For additional information, call 591-9344.

### PLYMOUTH-CANTON PWP

Plymouth-Canton Parents Without Partners will meet at 7:30 p.m. Thursday, April 10, and Wednesday, April 23. The meetings will provide an orientation for new members. For additional information, call Pat at 721-2202 or Ellen at 455-3851.

### LA LECHE LEAGUE

The La Leche League will meet at 7:30 p.m. Thursday, April 10, at 44032 Yorkshire, Canton. Advantages and disadvantages of breastfeeding will be discussed, along with information on establishing a happy nursing relationship. For additional information, call Johanne at 453-9171.

### HISTORICAL SOCIETY

The Plymouth Historical Society will meet at 7:30 p.m. Thursday, April 10, at the Plymouth Historical Museum, 155 S. Main St., Plymouth.

The April meeting will be a joint meeting including the Plymouth Historical Society, the Plymouth Branch National Farm and Garden Club, the Lake Pointe Garden Club, the Trailwood Garden Club, and the Tonquish Creek Garden Club. The program will be "Antique Gardens: Period Landscaping for Restored Homes, 1830-1930." It will be presented by Scott Kunst, historic landscape designer. The slide lecture will outline the changing styles of gardening through the 19th and early 20th centuries, and will include suggestions on how to develop an "old-fashioned" garden to fit the style of a house. For additional information, call the Plymouth Historical Museum at 455-8940.

### COMMUNITY CHORUS

The Plymouth Community Chorus spring dinner will feature choral director Dr. Kenneth Jewell. It will be Thursday, April 10, at the Mayflower Meeting House. Tickets are available through the co-sponsors, the Plymouth Community Chorus members and from the Plymouth Community Arts Council office, 332 S. Main St., above John Smith's. For additional information, call 455-4080 or 455-5280.

### ART AUCTION

An Art Auction will be given by the Plymouth Newcomers Club at 7 p.m. Saturday, April 12, at the Northville Recreation Center, 303 W. Main St., Northville. Original signed etchings, lithographs, paintings and sculpture will be among the items featured. Starting prices will range from \$5 to \$1,000. The Plymouth Newcomers will contribute all proceeds to the Plymouth Community Fund. Tickets, at \$2.50 each, may be purchased from club members or by calling 455-8971. Tickets are also available at The Country Charm shop in Plymouth.

### ARTS AND CRAFTS

A Spring Arts and Crafts Show

will be held from 10 a.m. to 5 p.m. Saturday and Sunday, April 12-13, at the Eddie Edgar Sports Arena, 33841 Lyndon, Livonia. The annual event is sponsored by the Michigan Cultural Association. Admission will be free for children, \$1 for adults.

### FARM AND GARDEN

The Plymouth Branch, Women's National Farm and Garden Association, will meet at 12:30 p.m. Monday, April 14, at St. John's Episcopal Church, 574 S. Sheldon Road, Plymouth. Judy Corneliier will speak.

### ROCKS AND MINERALS

The Plymouth Rock and Mineral Society will meet at 7:30 p.m. Monday, April 14, at the Plymouth Cultural Center. The program, "How to Set Up a Showcase," will be presented by Joyce Hanschu. The public may attend.

### GENEALOGY

The Western Wayne County Genealogical Society will meet at 8 p.m. Wednesday, April 16, in the Carl Sandburg Library Branch, 30100 Seven Mile Road, Livonia. The speaker will be Margaret Ward of the Burton Historical Collection, who will discuss oral history.

### CANTON WOMEN

The Canton Women's Club will meet 1:30 p.m. Thursday, April 17, at the Faith Community Moravian Church, 46001 Warren Road, Canton. The Canton Women's Club is co-sponsored by the YWCA of Western Wayne County, and will meet on the first and third Tuesday of every month. The club is for women who are interested in participating in cultural events, group discussions and

### EXERCISE CLASSES

A six-week class of exercises for pregnant women will be held Wednesday, beginning 7:30-9 p.m. Wednesday, April 16, at the Northville Recreation Center, 303 W. Main St., Northville. Original signed etchings, lithographs, paintings and sculpture will be among the items featured. Starting prices will range from \$5 to \$1,000. The Plymouth Newcomers will contribute all proceeds to the Plymouth Community Fund. Tickets, at \$2.50 each, may be purchased from club members or by calling 455-8971. Tickets are also available at The Country Charm shop in Plymouth.



Please turn to Page 7

You are invited to attend the Michigan Eye Institute Cataract Focus Group. At the Cataract Focus Group, you will meet the doctors, staff and former patients of the Michigan Eye Institute, and learn about new techniques to restore cataract impaired vision. A complimentary light lunch will be served, and information will be provided for you to take home.

Wednesday • April 30 • 12:00 Noon

**MICHIGAN EYE INSTITUTE**  
29877 Telegraph Rd., Suite 100, Southfield  
For reservations, please call Stephanie Rubin at 357-3560

## Welcome to Easy Living

Enjoy the freedom and security of your own home without the hassles of homemaking. The easy living lifestyle you've been waiting for is at Plymouth Towne Apartments. Your lease includes no charge extras such as daily dining service, weekly housekeeping and much more. For a complete tour or brochure, call (313) 459-3890.

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Facilities may vary.

## clubs in action

### Continued from Page 6

recreational activities. Guest speakers will also provide information on different topics. For additional information, call Cynthia Nichols, area program director, at 561-4110.

### EPILEPSY GROUP

The Epilepsy Support Program will meet at 7:30 p.m. Thursday, April 17, at Resurrection Lutheran Church, 8850 Newburgh Road, Livonia. A speaker from the Epilepsy Center of Michigan will be featured. For additional information, call Jim Brown at 478-8466 or Helen Gleichauf at 532-5692.

### CHEMICAL DEPENDENCY

The speaker will discuss chemical/alcohol dependency at the 8 p.m. Thursday, April 17, meeting of Plymouth-Canton Parents Without Partners. The meeting will be held at the Plymouth Hilton Inn, Northville and Five Mile roads, Plymouth. This will be a general meeting and orientation for new members, followed by a dance. For additional information, call Pat at 721-2202 or Ellen at 455-3851.

### SPRING BOUTIQUE

The United Methodist Women's Spring Boutique will be held from 9:30 a.m. to 5 p.m. Friday, April 18, at the First United Methodist Church, 45201 N. Territorial Road, Plymouth. A variety of items will be available. Doughnuts will be served 9:30-11 a.m., and luncheon will be served from 11 a.m. to 1:30 p.m. There will also be a bake sale.

### MOMS/TOTS PLAY

A Morning Play Group for Moms and Tots, sponsored by the Canton Newcomers, will meet on the fourth Friday of each month in members' homes. Sit back and relax over coffee with other mothers of infants and preschoolers while they play. For reservations and more information, call Linda, 981-0727.

### VFW BREAKFAST

Mayflower Lt. Gamble Ladies Auxiliary Veterans of Foreign Wars will have a pancake breakfast the first Sunday of every month at the VFW Hall, 1426 S. Mill, just north of Ann Arbor Road. Menu includes pancakes, sausage, eggs, toast and French toast. Cost is \$2 for adults and \$1 for children 5 and under.

### ST. JOHN NEUMANN SENIORS

The 50-Up Club meets at 7 p.m. the first Tuesday of each month at the church on Warren Road, west of Sheldon. New members may attend. For information, call Betty Gruchala, president.

### U.S. COAST GUARD AUXILIARY

United States Coast Guard Auxiliary Canton Flotilla 11-11 meets the fourth Tuesday of the month in Room 2510, Plymouth Salem High School, 46181 Joy Road, just west of Canton Center. The flotilla welcomes new members. Call Robert Kinsler, 455-2676, for information.

### TAKE OFF POUNDS

TOPS Chapter 1288 meets every Thursday evening in Faith Community Church, 46001 Warren, Canton. Weight-in starts at 6:30 p.m., with a meeting following, 7-8 p.m. For information, call 981-0446.

### CIVIL AIR PATROL

U.S. Air Force Auxiliary Squadron 16-1 invites interested people to attend its weekly meetings, 6:30-10 p.m. Thursdays on the fourth floor of the main building, Willow Run Air-

port. Any U.S. citizen 13 years of age and older may become a volunteer. For information, call Robert Elzen, commander, 326-9673.

### OPTIMISTS

Club meets at 7 p.m. the first and third Mondays of each month in the Miles Standish Room of the Mayflower Hotel. Plymouth and Canton residents may call 453-8547 for membership information.

### GOLF LEAGUE

The Plymouth Women's Golf League will hold an organizational meeting at 10 a.m. Thursday, April 24, at the Hilltop Golf Club, Plymouth. The meeting will include voting on a new scoring procedure and rules revisions. There are openings for new members. Golfing will begin Thursday, May 1, and will run for 17 weeks every Thursday morning. There is a \$15 registration fee. For additional information, call 455-9155 or 349-3529.

### GERANIUM SALE

Bird Elementary School Cub Scout Pack 293 is holding a red geranium sale. Orders will be taken until Thursday, April 24. The cost is \$1.75 per plant. Plants will be delivered Friday through Sunday, May 2-4.

### FOUNDER'S DAY

Canton's third annual Founder's Day Ball will be Saturday, April 26. The event will include hours of dancing, dinner, dancing, an open bar and door prizes. Tickets are available at Canton Township Hall, 397-1000, the Canton Historical Society, 397-0088, or from Arlene Woods, 455-5915. The tax-deductible donation is \$17.50 per person or \$35 per couple. The event is sponsored by the Canton Beautification Committee and the Canton Historical Society.

### CHORUS COOKBOOK

Plymouth Community Chorus cookbook, "All Our Best," is available at Plymouth Book World and from chorus members. Price is \$7.95.

### POPS CONCERT

The Plymouth Symphony's Pops Concert, "Fascinatin' Rhythms," will be held at 7:30 p.m. Saturday, May 3, at the Plymouth Canton High School cafeteria. Tickets are \$8 for adults, \$5 for students and senior citizens. They may be purchased Wednesday, April 9, at Sack's of Forest Avenue, 550 Forest Ave. Tickets may also be ordered through the mail by sending a stamped, self-addressed envelope to: Plymouth Symphony League, 45287 Woodleigh Way, Plymouth 48170. For additional information, call 453-3042.

### TOPS MEETING

TOPS (Take Off Pounds Sensibly) meets 7:30-8:30 p.m. Wednesdays in Central Middle School, Main at Church, Plymouth. Ideas on weight reduction are discussed. For information, call 453-4756 or 455-1583.

### PRESCHOOL

Christ Our Savior Lutheran Preschool, 14175 Farmington Road in Livonia, is accepting applications for the 1986-87 school year. Morning and afternoon classes for 3-year-olds are held Tuesday and Thursday, and for 4-year-olds on Monday, Wednesday and Friday. For additional information, call 522-6630.

### CANTON BPW

Canton Business and Professional Women meets the second Monday of each month at the Roman Forum Restaurant on Ford Road. Cocktails at 6 p.m., dinner at 6:30 p.m., and program at 7:30 p.m. Dinner charge

is \$7.50 per person. Call Susan Pack, 455-0973, for information.

### SWEET ADELINES

Midwest Harmony Chapter of Sweet Adelines rehearses in the Senior Citizen Fire Station Center, 10800 Farmington Road, Livonia, just south of Plymouth Road. Women who like to sing four-part harmony may attend. For information, call Pat Daubennier of Canton, 981-4098, or Barbara Williams of Westland, 721-3861.

### ZESTERS

Zesters, a club for Canton residents 55 and older, meets at 12:30 p.m. Thursdays in the Canton Recreation Center, 44237 Michigan at Sheldon. Membership fees are \$1 to join and \$1.50 per month. For more information about the club, call the Canton senior citizen office, 397-1000 Ext. 278.

### CIVITAN CLUB

The Plymouth-Canton Civitan Club meets at 6:30 p.m. the third Thursday of each month. Men and women may attend to learn about Civitans — a group of neighbors, business associates and friends — all volunteers interested in programs and projects based on the needs of the community. Call 453-2206 for more information.

### TOASTMASTERS

The Oral Majority Toastmasters Club of Plymouth invites visitors to see how the club enables members to speak up and move ahead, whatever their occupations. The club meets at

5:30 p.m. Tuesdays at Denny's restaurant, Ann Arbor Road at I-275. For information, call Phyllis K. Sullivan, 455-1835.

### MAYFLOWER-LT. GAMBLE POST VFW

Mayflower-Lt. Gamble Post 6695, Veterans of Foreign Wars, meets at 8 p.m. the second and fourth Tuesdays of the month at the post home, 1426 S. Mill, Plymouth. New members are welcome. For information, call the post, 459-8700.

### CANTON ROTARY

Canton Rotary Club meets at noon Monday in the Roman Forum on Ford Road between Haggerty and Lilley. Lunch is \$5. For information, call Richard Thomas, 453-9191.

### WOMEN FOR SOBRIETY

Self-help group for alcoholic women meets 1 p.m. Tuesdays in Newman House, Schoolcraft College campus, Haggerty at Seven Mile, Livonia. A hot line, 427-9460, operates 24 hours a day.

### CANTON KIWANIS

The Kiwanis Club of Canton meets 6:30-8 p.m. Mondays (except after a holiday) in Denny's restaurant, Ann Arbor Road east of I-275. New members are welcome. For information, call James Ryan, 459-9300.

### VOLUNTEERS NEEDED

FISH of Plymouth/Canton, an organization serving residents, is seeking volunteers. Opportunities to serve include transportation, typing, baby-sitting and telephone calling. Call 453-1110 for information.

## HAIR ONE

UNISEX  
BARBERING  
SALON

5 Stylists To Serve You

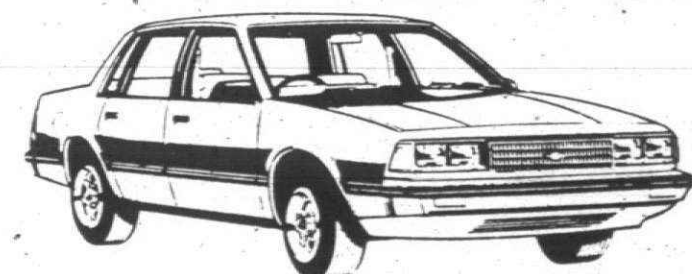
HAIR CUT	COMPLETE STYLE
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EXPIRES 4-23-86	Reg. '111 EXPIRES 4-23-86
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459-7350

# MICHIGAN FOOD BANKS WEEK HELP US! FEED THE HUNGRY

The Foodbank of Oakland County distributes donated food through a network of fifty agencies serving the needy in our area. They include St. Vincent DePaul depots, the Salvation Army, Lighthouse, FISH closets, and numerous church pantries, shelters and soup kitchens. In Oakland County alone over 200,000 people need supplementary and emergency food from time to time.

**"HELP US FEED THE HUNGRY" With Your Cash Donations!**



Celebrity 4-dr. Sedan

THIS EFFORT IS CO-SPONSORED BY THE MICHIGAN FOOD BANKS AND THE FOOD INDUSTRY COUNCIL OF THE GREATER DETROIT CHAMBER OF COMMERCE.

## WIN THIS MICHIGAN MADE AUTOMOBILE

- All entries must be on official entry blank.
- Entries must be received by April 16, 1986.
- One automobile will be awarded. Chances of winning depends on the number of entries.
- No Cash donations required to enter.

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CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
PHONE NUMBER \_\_\_\_\_  
DONATION AMOUNT \_\_\_\_\_  
MAKE CHECKS PAYABLE TO FOODBANK OF OAKLAND COUNTY  
MAIL TO: P.O. BOX 636 PONTIAC, MI 48066

ENTER TODAY - NO DONATION NEEDED. ANY TAX FREE CONTRIBUTIONS WILL HELP FEED THE HUNGRY. PLEASE SEND YOUR DONATIONS AND ENTRY BLANK TO: P.O. BOX 636 PONTIAC, MI 48066. ALL DONATIONS WILL BE TAX DEDUCTIBLE TO THE EXTENT PERMITTED BY LAW. THE WINNING ENTRY WILL BE DRAWN AT THE "ALL MICHIGAN DINNER" ON APRIL 20, 1986. YOU NEED NOT BE PRESENT TO WIN.

## "THE SURVIVING SPOUSE...HOW TO PREPARE FOR THE FUTURE"

Wednesday, April 16, 1986  
12:30 - 3:00 p.m.  
Civic Center Pavilion for the City of Southfield  
26000 Evergreen Road, Southfield Michigan

Both men and women will benefit from attending. Speakers will present legal, financial and tax information and advice in a clear, concise and understandable manner. Questions from the audience will be answered by the speakers.











graphology

Lorene Green

*handwriting analysis  
you very much, I  
started reading your*

## Young writer lives in the here and now

Dear Lorene:

I would appreciate a handwriting analysis by you very much. I just started reading your column. I had one done once and it was interesting and mostly right.

I write with my right hand and I'm 21 years old.

L.O.,  
Southfield

Dear L.O.:

At this particular time, you are experiencing an inordinate concern for self. Your own wants and needs often assume top priority. This desire for recognition is evident in your behavior and mannerisms.

On the job or in the home, you dislike being confined to small quarters. You like freedom of activity and space.

Most of your goals are set at a practical level. You live in the here and the now with much concern for daily activities. But there are so many things you want and you want them now. To gain them, you can be aggressive and possibly manipulative. A tendency to cling to what you have is also evident.

**MOOD SWINGS** cause you to feel optimistic at times, but also can allow negative feelings to take over. When this happens, you can become

careless and operate in a slapdash fashion, not taking time to exercise caution. A bit of laziness also can creep into the picture as does the temper that often waits just below the surface.

There is concealment in your handwriting. This causes you to color the picture to put yourself in a better light. You want so much to have others see you as more sophisticated than you inwardly feel that you will overcompensate in your talk and actions for the inferior feelings.

You are a bright young lady. Your mind is active with good thought association. However, you often find it difficult to keep an open mind to new ideas and concepts. It might be helpful to think about this bit of wisdom I once heard a speaker offer. "A good mind is like a good motel, open all year long."

As a public service, our readers are invited to have their handwriting analyzed through this newspaper. Write to Lorene C. Green, a certified graphologist. Use a full sheet of white paper writing in the first person singular. Age and handedness are helpful and feedback is always welcome.

## WISER investing is workshop topic

The WISER (Widowed in Service) group will meet at 8 p.m. Tuesday in Room B200 of the Liberal Arts Building at Schoolcraft College, 18600 Haggerty, just north of Six Mile.

Mark Rogers, an investment coun-

selor with Prudential Bache, will conduct an investment workshop.

The group is sponsored by the college's Women's Resource Center. For more information, call the center at 591-6400 Ext. 430 or 432.

## Church to be site of rummage sale

The Association of Our Lady of the Rosary is sponsoring a rummage sale from 11 a.m. to 3 p.m. Saturday. The sale will be in the basement of

St. Pius X Church, 23310 Joy, seven blocks east of Telegraph. The proceeds will benefit the parish fund.

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# Sports

Chris McCosky, Brad Emons editors/591-2312



Monday April 7, 1986 O&E

(P.C)1C

## Rocks seek respect, title defense in '86

By Chris McCosky  
staff writer

You have to wonder what members of the Plymouth Salem baseball team thought when they first glanced at the state's preseason rankings.

The state's baseball coaches listed Plymouth Canton among its top 10 teams. No mention was made of Plymouth Salem. You might figure that Salem deserved a bit more respect than that.

After all, the Rocks won the Western Lakes baseball title last season (the Observer incorrectly awarded the title to Walled Lake Western in last Thursday's edition) and return with a strong contingent of players.

"I just can't believe everyone thinks Canton is so great," said Salem assistant coach Jim Gee. Head coach John Gravin was in Florida and unavailable for comment. "We have our entire pitching staff back.

### baseball

We've 14 juniors up off the JV team and that JV team had a team batting average of .370."

Gee's JV team also won its third straight Western Lakes title last year with a 13-4 record. Join those players with eight players off last year's 16-7 varsity unit and you have the makings of a solid baseball team.

SENIOR CHRIS Davis established himself as the Rocks No. 1 hurler last year with a 6-1 record. He'll anchor a six-man pitching rotation for the Rocks. Senior Brian Tiller and junior Shane Smith, both used extensively a year ago, return along with senior John Storm.

The Rocks coaching staff is ex-

pecting big things from sophomore Fidel Cashero, a hulking left-hander who may be the hardest thrower on the squad. Junior Craig Hawley, another lefty, should also see considerable work.

Bolstering the pitching staff will be experienced catcher Steve Dawson. The senior, a three-year varsity performer, will also provide the Rocks with valuable on-the-field leadership.

With the exception of shortstop, the infield appears set. Curt White, a senior, will play first. Paul Makara, who missed all of last year with a shoulder injury, will play second. Mike Kesson, who led the Rocks in hitting for much of last season and was a first-team All-Area choice, will play third.

A trio of juniors are battling for the shortstop role: Sean Hunter, Todd Robinson and Jerry Sumner.

IN THE OUTFIELD, Rob Adams is the lone returning starter. Senior Brian Drewry, juniors Tim Dowd, Dale DeYoung and Rick Genrich are all vying for playing time. Tiller may also see action in the outfield.

As good as this Salem team looks on paper, there remains a nagging question mark. The team graduated a host of standout players from last year's edition, including starters Tom Moore (two-time All-Area), Dom BeBello, Doug Kirkpatrick, Tim Robinson and Pat Walsh.

That is an awful lot of hits to replace. True, there are a host of .300 hitters coming up from the JV. But, not every .300 JV hitter hits .300 at the varsity level.

Regardless, though, the Rocks should be very much in the chase for the Western Lakes crown.

The team opens Wednesday at home against Redford Thurston.

THURSDAY: A look at the 1986 Plymouth Canton softball team.



file photo

Chris Davis was 6-1 last season and will be expected to anchor a deep Salem pitching staff this season. The Rocks are seeking to defend their Western Lakes championship.

## Springtime conjures up a bitterly sweet memory

I CAN'T believe he's been dead for nine years.

I forget sometimes that he is dead; probably because the memory of his short, beautiful life comes back to me every spring. Temperatures warm up, kids wearing mitts and carrying baseball bats begin hunting the playgrounds for some dry earth.

It never fails to take me back.

The summer of 1971 — one of the happiest summers of my life. I was 15 years old, playing baseball for several teams while helping my father coach a little league team (kids between the ages of 11 and 13). Baseball was my life, how could I not be happy?

About an hour into our first practice — I was hitting fly balls to the outfielders while my father worked over the infielders — a frail-looking boy approached my father and asked if he could try out for the team.

Frail-looking might be an understatement. He looked sick, anorexic even. He spoke with a lisp. You had to wonder if the kid could pick up a baseball, let alone throw one.

NEVERTHELESS, my father gave him a tryout. To this day, I can see the look of utter joy that spread across the little kid's face. His expression was such that you'd have thought my father said: "Sure, and here's a million dollars to spend as you wish."

I think my father saved the boys' life by giving him a tryout — at the



Chris McCosky

very least, he gave the boy a reason to live.

What he lacked in ability, he more than made up for with heart and hustle. After virtually every practice, I would, at his constant begging, stay an extra hour to hit him ground balls or throw extra rounds of batting practice.

"Come on Chrich, jucht a few more." I can still hear him saying that to me with his characteristic, endearing lisp.

His enthusiasm for the game of baseball was unbridled and infectious. The whole team got caught up in his spirit. We had a powerhouse team.

THE SKINNY little kid was our starting second baseman that year and our leadoff hitter. What a fire-plug he was! He loved playing the game so much that he had trouble containing his emotions on the field.

He chattered non-stop (even though I doubt anyone on either team could fully grasp what he was trying to say). He bounced around the infield the same way a waterbug skims the surface of a pond.

When he got a hit or made a good

play in the field, he would applaud himself. Imagine, throwing a guy out, taking off your glove and giving yourself a nice ovation. It was the cutest thing I have ever seen, but only this little guy could pull it off.

I remember one time, he made the final out of the game. I think he left the tying run at third base. He seemed shocked that he failed, but he didn't cry or throw a fit. He simply came back to the bench and apologized to the whole team.

"I'm chorry guysh, won't happen again."

What a great kid. You just felt great being around him.

AS HE GREW older, he matured both physically and mentally, but his enthusiasm never waned. He was a first-string player in junior high school, first-team junior varsity his freshman year in high school.

But the biggest thrill of his life came during the spring of his sophomore year. He made the varsity baseball team. I remember calling him and congratulating him from my college dormitory. He told me he was so excited that he almost started crying, "right there in front of the guys." He said he had to run into the shower to keep from being seen.

The young man was killed that summer in a head-on car crash. The guy who so prematurely ended my friend's life was stone drunk at the time.

Ah spring, what a splendid and sorrowful time of year.

## Mann gets 1st, 2nd at invite

The Plymouth Canton girls track team made a strong showing at the eight-team Spring Break Invitational at Ann Arbor Huron last weekend.

Rachel Mann took first place in the 2-mile run with a 12:22.1. She placed second in the mile with a 5:44.1.

Karen Boluch was second in the

880-yard run (2:38.2). She also anchored Canton's third-place 2-mile relay, teaming with Marie Jarosz, Jennifer Gansler and Anne Marquard on a 10:52.1.

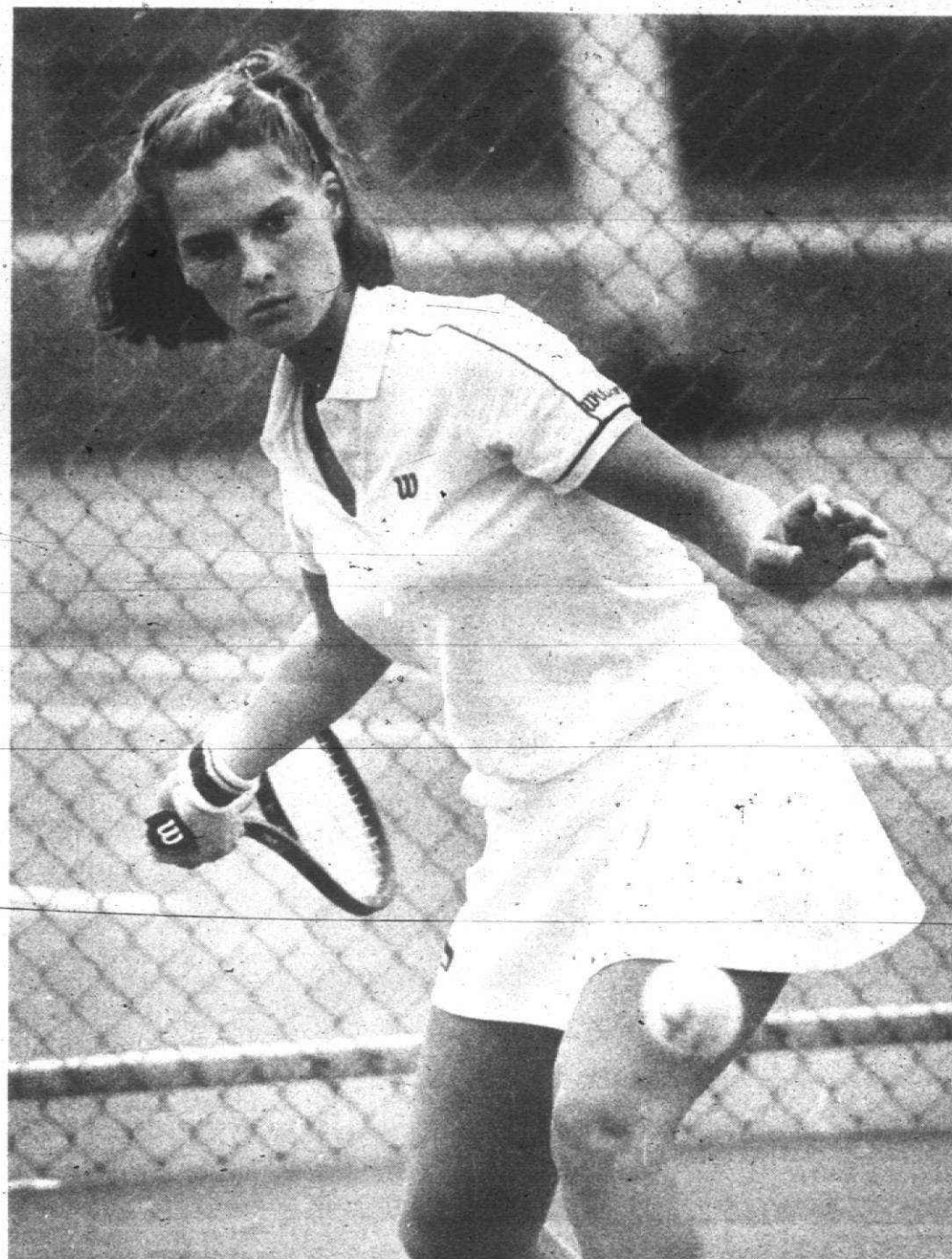
Tory Barger was third in the open 2-mile (13:33.0).

JANET ARMSTRONG took a

fourth in the high jump (4-9) and Tanya Walaskay was fourth in the 110-yard high hurdles (17.9). Jarosz was fourth in the open mile (5:55.1).

Yolanda Horton, Walaskay, Kim Davis and Sherry Figurski placed fourth in the 880 relay (1:58.0) and

Please turn to Page 2



BILL BRESLER/staff photographer

Salem grad Wendy Gilles, the No. 1 singles player in Michigan last fall, has made a quick and smooth jump into Big 10 college tennis.

## Swinging siblings

### Wendy Gilles blends nicely while older sister struggles

By Chris McCosky  
staff writer

What adjustment?

Wendy Gilles went from the No. 1 high school player in the state to the No. 1 singles player at the University of Wisconsin without skipping a beat — although she did skip her final semester at Plymouth Salem.

"Wendy has been just fine," said Wisconsin coach Kelly Ferguson. "She plays like a senior. She's adapted great."

Wendy graduated from Salem in January after winning the state Class A singles championship in October. She immediately enrolled at Wisconsin and joined the tennis team.

While the rest of her Salem classmates are preparing for the prom, Wendy Gilles has busied herself at U-W winning four straight matches at No. 2 singles, then posting a 3-5 record at No. 1. She also plays No. 1 doubles for the Badgers, and partner Lisa Fortman are 8-4.

IRONICALLY, Wendy's arrival has somewhat pushed her sister, sophomore Chris Gilles, into the background. As a freshman last year, Chris qualified for the NCAA nationals at No. 1 singles.

Since Wendy's arrival, Chris has played primarily at No. 3 singles.

"Chris has lost some confidence in her game," Ferguson said. "It's nothing drastic, and we're hoping for her to come out of it. Before she would stand on the baseline and never miss. Lately she's been more erratic. With her style of play, she can't afford to be that way."

Chris, who could not be reached for comment, was 6-6 at No. 1 before moving down. She's 10-2 at No. 3. Chris and Cathy Van Pelt are 13-4 at No. 2 doubles.

"It's not that I am any better than Chris or that she's better than

**'Chris (Gilles, right) has lost some confidence in her game. It's nothing drastic, and we're hoping for her to come out of it. Before she would stand on the baseline and never miss. Lately she's been more erratic. With her style of play, she can't afford to be that way.'**

— Kelly Ferguson  
Wisconsin coach



me," said Wendy. "We're both pretty equal. I think that Kelly just saw that Chris was having some problems and put me at No. 1."

Although it hasn't affected her play, the fast leap into college life hasn't exactly been a breeze for Wendy.

"THE BIGGEST difference is getting used to a team concept," she said. "I have to get used to playing for a team and not just for myself. It's weird, everyone is playing for the same goals. You don't have time to get down on yourself. Like if you lose a singles match, you have to forget it because in 10 minutes you have to play doubles."

Then of course there's the academic adjustment. "I don't want to discuss it," she said with a laugh. "I was hit hard by the first exam. I've been in the library a lot since."

Helping ease the pressure, though, is the fact that Wendy spent a lot of time with the Badger

team last season, watching her sister play.

"I knew four of the girls really well before I came here," she said. "It's been super. They've helped me a lot."

AND WENDY'S emergence, as well as the return of a healthy Lisa Fortman, has boosted the Badger's stock in the Big 10 title chase.

Wisconsin is 13-8 and 2-0 in the Big 10. Ferguson said she plans on rotating the Gilles sisters and Fortman in the top three singles spots. For example, last weekend Chris played No. 1 against Northern Illinois, Wendy played No. 2 and Fortman played No. 3.

"I'm switching them for two reasons," Ferguson said. "For the competition, and we're trying to get all three of them into nationals."

Right now, all three are ranked in the top eight in the region. Ferguson wants to see all three within the top six.

A highly probable expectation.



3:30 Decoy Carving	3:30 Decoy Carving	4 pm Silent auction ends—presentation of paintings to highest bidder
6:30 Photography	6:30 Photography	

**For information call 517-582-5630 or 515-350-9336**  
 No-bidder, Wildlife Habitat Foundation



## class reunions

As a public service and when space permits, the Observer & Eccentric Newspapers will print announcements of class reunions. Send the information to Marie J. J. Observer, c/o Eccentric Newspapers, 36251 Schoolcraft, Livonia 48150. Please include the date of the reunion as well as the first and last name with telephone numbers.

### GARDEN CITY

The 1966 graduating classes from both Garden City East and West High Schools are planning a class reunion, Call Doris Guffey, 522-9189 (West), or Karen Colvaid, 427-7012 (East).

### SOUTHFIELD

Southfield High School class of 1966 is planning a reunion. Help is needed in locating class members. Call 548-6329 or 357-2379.

### ST. GREGORY

Detroit St. Gregory High School alumni will hold a reunion Friday, April 11, at Monaghan Knights of Columbus Hall, 19801 Farmington Road, Livonia. Call Tom Watters, 476-8383.

### ST. THERESA

Detroit St. Theresa High School alumni will hold a reunion Friday, April 18, at the Monaghan Knights of Columbus Hall, 19801 Farmington Road, Livonia. For information, call Tom Watters.

### MARIAN

Marian High School class of 1971 will hold a 15-year reunion. Call 646-0414.

### ROCHESTER

Rochester High School class of 1976 will hold a 10-year reunion Saturday, Oct. 25. For information, call 652-1241.

### ROYAL OK DONDERO

Royal Ok Dondero High School June class of 1956 will hold a 30-year reunion Saturday, May 31, at Red Run Golf Club, Royal Oak. Call 645-5968.

### ST. GERARD GRADE SCHOOL

St. Gerard Grade School class of 1967 is planning a class reunion for spring 1987. Help is needed in locating classmates. Call 546-8335 or 444-1967.

### ST. CECILIA

Detroit St. Cecilia parish reunion will be held Friday, April 25, at

### Monaghan Knights of Columbus

19891 Farmington Road, Livonia. Call Tom Watters, 476-8383.

### BENTLEY

Livonia Bentley High School class of 1966 will hold a 20-year reunion for June 28. Call 373-8436 or 538-1133.

Bentley class of 1971 will hold a 15-year reunion on July 5 at the Karas House in Redford. Call 937-1362 or 478-9557.

### MUMFORD

Mumford High School class of 1966 will hold a 20-year reunion Saturday, Nov. 29, at Roma's of Bloomfield. Call Mary Fairbanks, 559-4694, or Ddra Smith, 863-8492.

### ROSEVILLE

Roseville High School class of 1966 will hold a 20-year reunion. Call 543-8635.

### WARREN WOODS

Warren Woods High School class of 1976 will hold a 10-year reunion Saturday, April 12, at the Sterling Inn, Sterling Heights. Call 775-8780.

### PLYMOUTH

Plymouth High School class of 1966 will hold a two-day reunion with a dinner dance on Saturday, Aug. 30, and a family picnic on Sunday, Aug. 31. Call 349-1892, 453-2046, or 425-2733.

Plymouth class of 1966 will hold a reunion Saturday, July 5. For information or to sign up, write: Class of '66, 930 Auburn, Plymouth 48170.

### ROYAL OK DONDERO

Royal Ok Dondero High School will hold a 20-year reunion. Call 540-7458, 879-1164 or 471-4343.

### IMMACULATE

Immaculate High School class of 1966 will hold a 20-year reunion at the Livonia Holiday Inn on Saturday, Sept. 27. Help is needed in locating classmates. Call Eva Gies Swihart, 592-0014, or Jo Ann Milazzo, Chlewski, 651-5384.

### ROMEO

Romeo High School classes of 1935-36 will hold a joint reunion Sunday, Aug. 31. Class of '35, call Elmer Warren, 644-3704; '36 class, call Elmer Warren, 644-3704.

### ROOSEVELT/ROBICHAUD

Roosevelt/Robichaud High School classes of 1960-61 will hold a 25-year reunion on Saturday, April 19, at the Fairlane Center Holiday Inn, Call Nancy Woods Bryer, 397-3096, or Di-

### Curry Glatter, 562-1088.

### PLYMOUTH CANTON

Plymouth Canton High School class of 1976 will hold a 10-year reunion Saturday, Aug. 23, at the Plymouth Hilton. For more information, write Canton Class of 1976, P.O. Box 5357, Plymouth 48170.

### LINCOLN

Lincoln High School in Warren class of 1976 is planning a 10-year reunion. Call 884-3231.

### DENBY

Denby High School January-June classes of 1948 will hold a reunion. Call Norinne Gabanna Manzoni, 777-1310, or Marianne Singler Smith, 773-1009.

### SEAHOLM

Seaholm High School class of 1966 will hold a reunion in the Community House, Call Mary Fairbanks, 643-7689, or Jane Clinton, 647-8562.

### ST. THERESA

St. Theresa High School class of 1966 will hold a 20-year reunion. Help is needed in locating classmates. Call 478-6474 or 538-3657.

### FARMINGTON

Farmington High School class of 1966 will hold a 20-year reunion on Saturday, June 21, at the Fairlane Manor, Dearborn. Help is needed in locating classmates. Contact Nancy Coon Thomas, 34661 Princeton Drive, Farmington Hills 48018, or call 553-0842.

### KIMBALL

Kimball High School class of 1966 will hold a 20-year reunion Saturday, Aug. 9, at the Northfield Hilton. Call Sally Gabler, 589-1658, or Bob Rowland, 540-7510.

### HAZEL PARK

Hazel Park High School class of 1942 is planning a 45-year reunion. Help is needed in locating classmates. Send information to Hazel Park High School, c/o Mrs. Bill Gibson, 2372 Hoover, Hazel Park, 48030, or call Roberta Cook Baron, 547-8780, or Emma Skinner Makinen, 553-2156.

### DENBY

Denby High School class of 1966 will hold a 20-year reunion on Friday, Nov. 28. Help is needed in locating classmates. Call Karlene Todd Werner, 689-7914, or Sharon Niemann Hissong, 772-2752.

### FERDALE

Ferdale High School class of 1951 will hold a 35-year reunion at the Fox and Hounds in Bloomfield Hills on Saturday, Nov. 8. Call Dee

### union May 31 at Red Run Golf Club, Royal Oak. Call 645-5968.

### CODY

Cody High School class of 1966 will hold a 20-year reunion on the Novi Hilton on Aug. 9. Call Bev Czubski Bastian, 420-0593.

### ST. ALPHONSUS

St. Alphonsus High School class of 1966 will hold a 20-year reunion Oct. 18. Whereabouts of some class members is still needed. Call Pat Salvata Rashid, 261-6282, or Debbie Sikora Yeager, 581-1424.

### TROY

Troy High School class of 1976 will hold a 10-year reunion Oct. 5442 or 652-4514.

### WALLED LAKE WESTERN

Walled Lake Western High School class of 1971 will hold a 15-year reunion. Write Jack Miles, 1871 Meadow Ridge, Walled Lake 48088, or call 669-2929.

### COOLEY

Cooley High School class of 1946 will hold a reunion June 7. Call Phyllis McFarland, 437-2814.

### MACKENZIE

Mackenzie High School classes of 1976 will hold a combined reunion on May 22 at the Presidential Inn, Southgate. Call Frank Guerrero, 383-7346, or Marjorie Clay, 525-5130.

### HENRY FORD

Henry Ford High School class of 1966 is planning a reunion. Whereabouts of class members is needed. Call Elaine Budge, 541-8877.

### HAMTRAC

Hamtramck High School January and June classes of 1946 are planning a 40-year reunion. Call Henry Golata, 278-3711.

### CODY

Cody High School class of 1976 is planning a 10-year reunion. For further information, write 1976 Cody Class Reunion, P.O. Box 755, Dearborn Heights 48127.

### DENBY

Denby High School class of 1966 will hold a 20-year reunion on Friday, Nov. 28. Help is needed in locating classmates. Call Karlene Todd Werner, 689-7914, or Sharon Niemann Hissong, 772-2752.

### FERDALE

Ferdale High School class of 1951 will hold a 35-year reunion at the Fox and Hounds in Bloomfield Hills on Saturday, Nov. 8. Call Dee

### Seward Beslin, 557-7439.

### CLINTONDALE

Mt. Clemens Clintondale High School class of 1977 is planning a 10-year reunion. Call 293-5568.

### PONTIAC NORTHERN

Pontiac Northern High School class of 1971 will hold a 15-year reunion on Aug. 9. For more information, call 625-7680 or 673-3473.

### CENTERLINE

Centerline High School class of 1961 will hold a 25-year reunion in June. For more information, call Ed Anderson, 263-9493.

### BALDWIN

Birmingham Baldwin High School class of 1936 will hold a 50-year reunion on June 21 at the Fox and Hounds restaurant. Help is needed in locating class members. Call Helen Brown McAlpine, 652-7873, or Doris Vehmeyer Cole, 644-5584.

### NORTH FARMINGTON

North class of 1981 will hold a five-year reunion June 21 at Roma's of Livonia. Call Lisa Salisbury, 661-1383.

### ST. CATHERINE

St. Catherine High School class of 1936 will hold a 50-year reunion in June. Call Constance Mink Grand, 573-3979.

### SOUTHWESTERN

Southwestern High School class of January 1939 will hold a 47-year reunion on May 22 at the Presidential Inn, Southgate. Call Frank Guerrero, 383-7346, or Marjorie Clay, 525-5130.

### ST. LUKE GRADE SCHOOL

All alumni of St. Luke Grade School, Detroit, may attend a reunion Oct. 11 at the Dearborn Hyatt Regency. For more information, call 478-1110.

### SOUTHFIELD

Southfield High School class of 1966 will hold a 20-year reunion. Call Alicia Quezada-Duncan, Sandy Chapman-Kuhna, 357-2379, or Rip Hill, 478-0627.

### ST. GREGORY

St. Gregory High School class of 1936 will hold a 50-year reunion Friday, April 11. Call 693-1487 or 649-5385.

### NORTHVILLE

Northville High School class of 1976 will hold a 10-year reunion on July 28. Call Karen Kress Mrowka, 420-0578, or Kim Goldie Lewis, 349-3203.

### WARREN

Warren High School class of 1966 will hold a reunion on Aug. 22. For information, call Constance Henderson Beutner, 649-5656.

### CASS TECH

Cass Tech High School classes of 1955, 1956 and 1957 will hold a combined reunion on Saturday, June 21. Call Susan Wilmet Hitchcock, 981-2385, Dick Beyerlein, 595-0575, or Corell Jones, 883-2675.

### DENBY

Denby High School class of 1966 is planning a 20-year reunion for Saturday, Nov. 8. Call Dee

day, Dec. 28. Call Charlie DiMaria, 362-3744.

### NORTHVILLE

Northville High School class of 1966 will hold a reunion on July 26. Help is needed in locating class members. Call Mary Kay Smith McVoy, 477-3472, or Jerry Island, 476-1579.

### HENRY FORD

Detroit Henry Ford High School classes of 1960-61 will hold a combined reunion in June. Call Frank Mengel, 444-3163, or Karen Kontour Shipman, 363-2038.

### NORTH FARMINGTON

North class of 1981 will hold a five-year reunion June 21 at Roma's of Livonia. Call Lisa Salisbury, 661-1383.

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# IF ONLY THE GOVERNMENT SPENT OUR TAX DOLLARS AS SCRUPULOUSLY AS THEY COLLECT THEM.

Last year, the federal government collected over \$300 billion in personal income taxes. Money that was used to take care of the needy. To run the country. And to protect it. But that's not all it was used for.

LAST OF THE BIG-TIME SPENDERS.

Your taxes also went to pay \$435 for a \$7 hammer, \$7,417 for a 1-cent pin. And \$511 for a 60-cent light bulb.

In a single year, the government gives away over \$5 billion in benefit payments. Totally by mistake. And the government not managing its money properly costs taxpayers over \$2 billion every year.

These incidents of inefficiency and mismanagement are so vast they could fill a book. (To be exact, they fill over 21,000 pages of documents in the President's Private Sector Survey on Cost Control.)

Yet as wasteful as they are, they're not the problem, just the symptoms. The problem is a system of inefficient government procedures and practices that allows them to happen. Out-dated policies and controls that are out of control and threatening the interests of all Americans.

IS AMERICA GOING TO WASTE AWAY?

America is staring straight down the barrel of a financial disaster. The

federal deficit is closing in on \$200 billion a year. The national debt has already reached an unimaginable \$1.8 trillion.

One of our only chances to head off disaster is to stop wasting our tax dollars.

That's why we formed Citizens Against Government Waste.

WHO AND WHAT IS CITIZENS AGAINST GOVERNMENT WASTE?

Citizens Against Government Waste is a non-profit educational foundation made up of concerned

citizens. Democrats, Republicans, Conservatives, Liberals.

Taxpayers just like you, who are extremely concerned with how their tax money is being mismanaged.

To that end, we've established a toll-free phone number: 1-800-USA-DEBT. By calling it, you can receive information that will give you a better understanding of the real magnitude and consequences of government waste. And what you can actually do about it.

So call, or write us at 1511 K Street, N.W., Suite 540, Washington, D.C. 20005. Please.

Because our country can't afford this. And neither can you.

For more information, write 1511 K Street, N.W., Suite 540, Washington, D.C. 20005

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITIZENS AGAINST GOVERNMENT WASTE

1-800-USA-DEBT

A Public Service of The Newspaper & The Advertising Council

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**502 Help Wanted**  
**Dental-Medical**

**BRIGHT**, outgoing person, experienced in medical billing needed for busy Rochester office. Call 10am-4pm, Mon-Fri. 552-9293

**CERTIFIED HHA/LPN/RN** - Quality Care is expanding to the Westside suburbs. We provide Staff Relief to institutions, home care to children, adults, terminal patients & geriatric patients. There are full & part-time positions available in your area. We will be recruiting in the Plymouth area - next week please call for appointment. 557-6690

**CHIROPRACTIC ASST./Receptionist**. Must be good typist. Full or part-time. Apply 30405 W. 12 Mile, Farmington Hills or call: 478-3334

**CHIROPRACTIC RECEPTIONIST** Part time, afternoons, Mon, Wed, Fri. 2-4pm thru 7:30pm. General office skills required. 27527 Joy Road, one half block W. of Inkster Rd. 522-5501

**CLERICAL POSITION** Full or Part Time For Busy Receptionist Office 398-8070

**DENTAL ASSISTANT** Needed for progressive dental practice. Experience preferred. Benefits available. Westland, Linda 422-5560

**DENTAL ASSISTANT** - private practice in Westland area. 2 or more years experience necessary. CDA preferred. Salary commensurate with experience. 328-2011

**DENTAL ASSISTANT** - State of the art dental practice located in Westland seeking a full-time Dental Assistant to do high quality, 4-handed dentistry. Wages & benefits to be discussed at interview. 651-0545

**DENTAL ASSISTANT** Experienced, chairside in 4-handed dentistry. For growing 2 doctor, people oriented, prevention minded practice. Excellent salary & benefits. Send resume to: "Preventive Dentistry, 1135 S. Lapeer Rd., Lake Orion, MI 48035

**DENTAL ASSISTANT** Part time for Dearborn Hills office. Call 277-0050

**DENTAL ASSISTANT** - part time for Troy office. Approximately 20 hours. Experience necessary. 689-9818

**DENTAL ASSISTANT** 4 days a week, includes 2 evenings & Saturday 425-0171

**DENTAL ASSISTANT** Part time for congenial Southfield orthodontic office. Call 558-5120

**DENTAL ASSISTANT** needed, part time for friendly 2 doctor office in Garden City/Westland area. Experience only. Call 425-9131

**DENTAL ASSISTANT** Part time, full time. Experience preferred. Pleasant personality a must. Livonia. 533-7542

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**502 Help Wanted**  
**Dental-Medical**

**DENTAL ASSISTANT** Are you in need of a change? Try us! Experienced in 4-handed chairside. Medical & dental benefits. Farmington Hills area. 478-4892

**DENTAL ASSISTANT** - newly expanded office. Dearborn needs bright & energetic chair side assistant with experience in 4-handed technique to join our practice full time. Non smoker only. Call 563-2610

**DENTAL ASSISTANT** wanted for modern W. Dearborn office. If you enjoy working with people and want a chance to better yourself, we would like you to join our caring dental team. Call 565-5057

**DENTAL ASSISTANT** Modern group practice in Warren seeking full time enthusiastic, personable, chairside assistant. Experience preferred. EXCELLENT SALARY, good benefit package. Qualified candidate contact: Jill, 979-2800

**DENTAL HYGIENIST** - Plymouth/Canton area. Experience necessary. A preventive oriented dental practice looking for a highly motivated individual. Full or part time. No weekends. Good benefits. 453-0942

**DENTAL HYGIENIST** Perio Office 4 days. No evenings or weekends. Birmingham. 647-3546

**Dental Hygienist** Part time position for busy Livonia office. Good benefits. 425-0640

**DENTAL HYGIENIST** to work part time in modern prevention oriented practice. Plymouth/Canton area. 455-8444

**DENTAL HYGIENIST** needed, full time or part time. Troy office. Good benefits. Call ask for April 689-9012

**DENTAL HYGIENIST** Part time, may lead to full time. Experience preferred. Farmington Hills area. 533-7542

**DENTAL HYGIENIST** for Westland practice, immediate part time position with full time possibilities in the near future. For interview please call 728-4202

**DENTAL HYGIENIST** West Dearborn. One of our good Hygienists is moving out of state. If you can replace her, please call Dr. Biles & Weiss at 563-3400. Fringe benefits. 478-4892

**DENTAL HYGIENIST** part time for preventive oriented practice. Excellent salary. City of Wayne. 728-1700

**DENTAL HYGIENIST** Part time for progressive dental office in Southfield. 358-2404

**DENTAL HYGIENIST** General practice seeking quality hygienist for 2 or 3 days. Farmington Hills. Call evenings. 348-1322

**DENTAL HYGIENIST** - experienced hygienist needed 1 eve. & 1 Sat. per week for our newly expanded office. Non smoker only. 563-2610

**DENTAL HYGIENIST** needed part time in busy N.W. Detroit practice. A plus personality. 553-2171

**DENTAL HYGIENIST** 3 days, excellent position open for someone wishing to become a member of a dental team. \$12 hour, rel. plies confidential. 728-4202

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**Dental-Medical**

**DENTAL RECEPTIONIST** - mature, with experience in pegboard & insurance, some typing skills. Farmington Hills office. Full time. 553-2171

**EMT AMBULANCE DRIVERS** Need strong, start \$17,700 up to \$26,700 plus mileage. 16401 W. 7 Mile, Detroit. 553-2171

**DENTAL ASSISTANT** needed for Livonia office. 261-2730

**FRIENDLY**, motivated Hygienist wanted to sub 8 weeks for Hygienist on pregnancy leave. Permanent position possible for right person. Rochester Hills area. 552-7172

**HOMECARE** Home health aides, LPN's, RN's needed for home care for terminally ill patients. On-call, good pay, flexible hrs. Must have dependable transportation. Send resume & cover letter to: Hospital of Michigan, Attn: Personnel, 22401 Foster Winter Dr., Southfield, MI 48075

**HOME HEALTH AIDES** - Nurse Aides, male attendants. Staff relief/ private duty. Work with the best. Professional Healthcare. 557-3650

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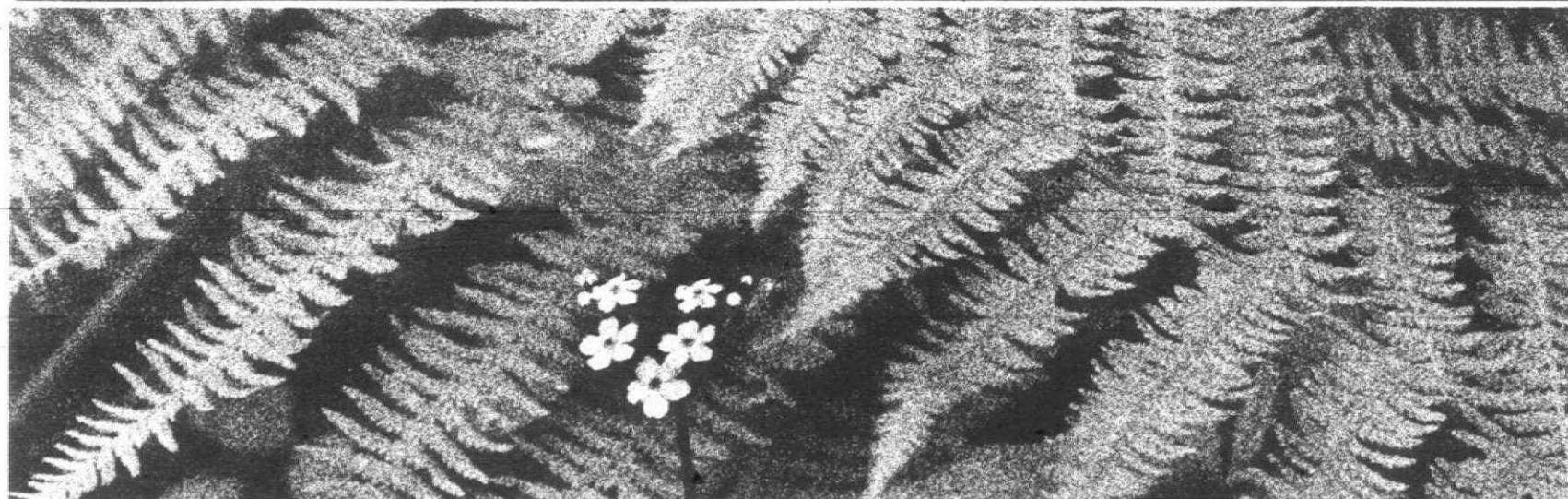


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# Fitness for the handicapped

By Mona Grigg

There was a time, not so many years ago, when the prescription of a wheelchair was a "sentence" to the disabled person and the chair itself became a prison.

No more, says Mary Beth Jones, director of the Tri-City Therapeutic Program (covering the communities of Wayne, Westland and Garden City).

"Almost any sport or recreational activity can be adapted to compensate for a disability," Jones said. "If the adapting equipment isn't on the market, we brainstorm and come up with an adaptation. It's amazing what you can do with just strips of leather or blocks of wood or lengths of pipe. Sometimes the simplest rigging allows someone to participate in an activity where before they could only sit and watch."

But beyond the brainstorming and simple riggings, equipment adaptation for the handicapped has become big business. Thumb through any issue of "Sports 'n Spokes," a magazine for wheelchair competitive sports and recreation, and its companion magazine, "Paraplegia News" (both published by Paralyzed Veterans of America) and the variations on wheelchairs alone are enough to boggle the mind.

The wheelchairs range from the ultra-lights (16-20 pounds) with high-pressure tires, built for track and street racing, to the heavyweights with heavy tires (sometimes "cambered" or tilted inward for stability) used for playing floor games like basketball, soccer or tennis (yes, tennis!).

There are even "off-road" wheelchairs with big, double-wide tires and an add-on ball-like front wheel designed to get through all but the most rugged terrain.

A Montreal-based company called Unicycle Inc. puts out a hand-driven unicycle that hitches on to a wheelchair and converts it into a fast, sturdy tricycle.

The would-be motorcyclist bound to a wheelchair can purchase a model that looks, at first glance, like an ordinary motorcycle with an attached sidecar. The "cycle" is actually seatless — its only purpose is to drive the sidecar, where the driver sits.

For the highly competitive there are wheelchair marathons, national

basketball and tennis competitions, and the Wheelchair Olympics sponsored by the United States Olympic Committee — but for the thousands of active disabled more interested in the participation and the camaraderie than the trophies, more recreational sports are opening up, thanks to the use of adaptive equipment:

- **Bowling** is fast becoming a popular sport for the disabled. Some alleys provide portable ramps that rest on the wheelchair arms, allowing the bowler to maneuver the ramp and roll the ball onto the alley.

More mobile players use a ball with a handle. Adapted for the bowler who cannot fit fingers into the holes, or who doesn't have the strength to grip the ball, the handle provides leverage and automatically retracts when the player releases the ball.

- **Swimming:** Water is the great equalizer for the disabled. The natural buoyancy allows greater freedom of movement and less strenuous exercise can be implemented for seldom-used muscles.

- **Golf:** Motorized golf carts have opened up the course to the disabled as well as the elderly. One clever adaptation is simply a suction cup attached to the end of a putter for picking up the ball.

- **Archery:** A year-round sport, it can be played both indoors and outdoors, in and out of a wheelchair. A leather bow-sling can be fitted around the wrist and bow to help stabilize the movement. Camera tripods can also be modified to hold the bow steady.

- **Boating, fishing and other water sports:** Even the most severely disabled person can experience the exhilarating thrill of sailing with a seat made by the Sailsafe Co. that swings from side to side for steering, yet quickly frees the boater in case of a spill. Hydraulic lifts, flat-bottomed boats and canoes have opened up boating to the disabled. Harnesses for the one-handed fisherman and wrist-rod stabilizers give everyone an equal chance at hauling in the big one.

- **Waterskiing,** a tough enough sport, is no challenge for the disabled person with one strong leg and a good sense of balance. Some skiers have

Please turn to Page 6

# Yoga and the athlete: better fitness

By Martha M. Lostrom  
staff writer

Ellen Thompson adjusts her goggles and slips her 5-foot-2-inch 112-pound frame into the pool. She moves easily through the water, counting laps, shutting the world and everything else out.

George Wisman at 32 regrets the 10 years of his life he "wasted" before making an emotional, mental and physical commitment to becoming fit. His training program has given him more than fitness, it's revitalized his outlook on life.

Pam Touhey moves fluidly into the positions: the dog, the triangle, the lotus. . . . Her classes on yoga draw young and old. Not many who learn the moves with her ever say "I can't," "I wouldn't" or "I shouldn't" again.

The lives of these athletes are star-crossed with the ancient heritage of hatha yoga. For each, it is a separate road to physical goals that provides a strong base for their lives.

Touhey has this picture of herself taken several years ago, after the birth of her twin boys (now 7) and before her daughter (now 4) was born. It's not the ordinary before-and-after picture: Although she's now thinner, the sparkle in her eyes witness a new stature that bespeaks a confidence one can easily feel envious of.

The new "togetherness" Touhey found in herself wasn't accidental. It was through a combination of a background of yoga with a search for fulfillment as an athlete.

"George Wisman was in one of my yoga classes," Touhey said. "He'd been competing in several triathlons, and I was impressed with his approach to athletic training."

"He was looking at yoga for both mental and physical benefits. I was looking to George for direction in training. I thought I'd really like to be able to run a 10K (6.2-mile) race."

Since Wisman began helping Touhey with a training program for a budding athlete, she has taken seven minutes (about one minute per mile) off her first 10K run. Her last six months of training has concentrated on efforts to prepare for her first triathlon this spring. Wisman is coaching her in swimming and biking as well as the running.

Wisman doesn't hesitate to mention

how badly out of shape he was when he tried to re-enter the athletic world. Smoking a half-pack of cigarettes a day, eating a rich diet and feeling the stress of the scramble for money and success in the working world made him a self-confessed mess.

"A friend bugged me into entering my first triathlon in 1982. I had about six months to prepare for it: a one-mile swim, seven-mile run and 25-mile bike. It really beat me. . . . I didn't do it with style. I was hurt, but I finished."

Wisman vowed, for his own satisfaction, never to feel that out-of-shape again. He started to read everything he could find about swimming, biking and running, and any combination of the sports.

He began to notice a pattern through the publications. He saw through the words that most people couldn't follow what the experts were suggesting. Everyone has a different body; everyone must set his own limits.

Wisman saw the need for personalized training programs. He also saw the need for a balance between mind and body, so he took up yoga to help him with concentration, flexibility and endurance.

"The average person is totally capable of everything."

His second triathlon, run several months after the first, was a little easier on him. He became more committed, more efficient and there was a shift for the better in performance as he worked at total training.

Now, having competed in 15 or so triathlons, he is finishing in the top 20 percent. To Wisman, however, the joy is in the training, and he doesn't weigh success on how the race ends.

The discipline and determination that Wisman brought to his shape-up program was the same base that Touhey used to spring from in her first athletic endeavors.

To Touhey, the athletic training blends nicely with her career of helping people become fit. Wisman's help in her fitness training breaks down to five parts: (1) strength; (2) speed — comes naturally, do not pay attention to it; (3) endurance — body uses oxygen better; (4) flexibility; and (5) coordination and skill that comes from practice.



Each yoga posture can be pushed to more demanding workouts. At the annual Yoga Day held by Detroit area yoga teachers Pam Touhey, left, shows an advanced class how to use the wall to get more stretch from a posture.

"Yoga is an exercise in mind, body and spirit," Wisman said. "It's what the triathlete is trying to do."

Running has gotten some bad press because most people overdo it, Wisman said.

"They aren't prepared . . . to make such physical demands of their bodies."

Yoga is an important part of the athlete's life: not only helping him get in shape, but in preventing injury and enabling a faster comeback if injury does occur, Wisman said.

A generic 10-speed bicycle stands ready for triweekly workouts in Wisman's recreation room at home. He finds bike riding the most demanding of all the parts of a triathlon and one that can also keep a person the fittest. Indoor cycling is also the most boring.

"I practice yoga positions on the bike: move forward, lean forward, stand up. It helps keep my muscles from tightening up."

With the headwind roller system Wisman uses for his indoor roadwork, the challenges of just staying upright would prevent boredom for the average rider.

"Bikers are prone to knee injuries and road rash (if you ride a bike, you will fall). Biking is the most high-tech and complicated part of the triathlon and one which demands sharpness and alertness."

Wisman does admit to off days, but says that they are there to provide balance for the emotional and mental sides of the athlete.

In the training program set up for Touhey he encourages her to think of different aspects of the exercise as she works out. For instance, in swimming he might implore her to concentrate on her breathing one day while yelling at her to keep the elbow bent at another practice. Changing focus during training, he feels, makes for the total athlete.

A rather reluctant athlete, Ellen Thompson likens her swim program to the awareness she gets from her daily yoga sessions.

"I use yoga to follow my body, to see how it feels, to tune in and even allow rest when it needs it. I never attempt sports activity without a yoga warmup," she said.

It was to improve her tennis game that she first took up yoga 10 years ago, but it was a combination of her athletics and the Hatha way that has brought her to a fitness level that she says guides her life.

"Yoga helps the swimmer get a streamlined feeling, working with each part of the body, then bringing it all together. . . . I think about moving through the water as efficiently as possible," Thompson said.

Please turn to Page 6



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## Healthy eating: a new passion

America has built health and fitness into its lifestyle. The evidence is all around us — from the number of health clubs springing up across the country — to the new "lighter" food choices in supermarkets and restaurants.

Restaurants have made great strides in giving the health-conscious customer food that he wants. Fast food chains, in fact, are in the forefront of responding to our changing eating habits.

At a restaurant salad buffet, it's fun to see how creative you can be. If you're on a diet, there's no need to eat the standard diet plate of cottage cheese, jello and tomato wedges on a bed of lettuce.

Now healthy salads don't have to be boring. Try a "crunch" salad with fresh veggies like red cabbage, broccoli, sunflower seeds, cucumbers and crackers. Top with a classic Thousand Island or reduced calorie cucumber dressing.

Fitness-conscious diners with big appetites can build a hearty smorgasbord salad with a little bit of everything — from mushrooms, carrots, shredded cheese and garbanzo beans to watermelon and macaroni salad.

With restaurants offering lighter options to keep pace with our changing tastes, you can still eat out and stay on the fitness track.

### — CREDITS —

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Thanks to all the individuals and businesses who contributed to this section.

## Exercise is medicine: take it properly

The following column discusses various aspects of getting in shape for spring. It is written by Dr. Ronald S. Cirone, an emergency physician at Kingswood Urgent Medical Center in Bloomfield Hills. He has been practicing emergency medicine in the great Detroit area for eight years.

Exercise is America's favorite pastime and spring is a time when many try to reacquire themselves with a favorite sport or trim down to fit into last year's bathing suit.

Whatever reason, do it wisely and you can reap the benefits without undue pain and suffering. If done properly, regular exercise will increase muscle strength, help you lose weight, increase your breathing capacity, increase your heart strength, lower your cholesterol level, and decrease the likelihood of developing osteoporosis. It also improves sleeping habits, gives you a better psychological outlook, reduces stress and tension, and increase energy.

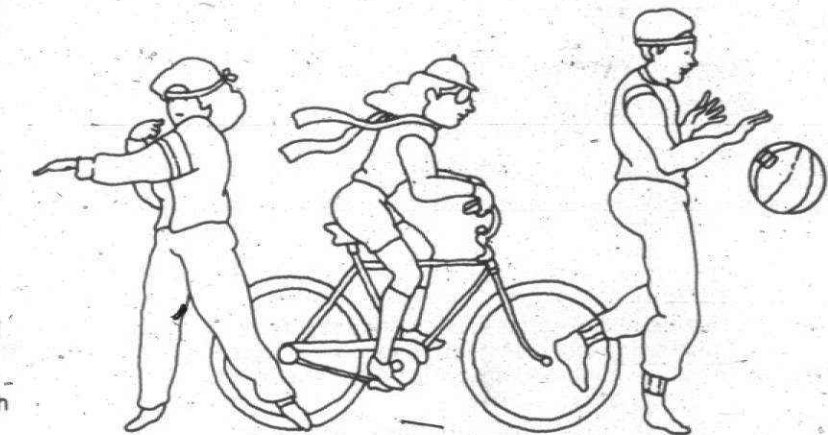
### PREPARATIONS AND PRECAUTIONS:

- Get medical clearance if necessary. Anyone over 35 and sedentary should consult a physician, as should anyone with past heart problems or several risk factors (i.e. smoking, hypertension, high cholesterol etc.).
- Use proper gear and clothing. Wear the correct type of shoes; clothing should be non-restrictive and comfortable. As you complete a workout, cover up and cool down gradually.
- Stretch out and warm up all the necessary muscle groups before you start to work out. Do not bounce; this creates sudden tensions and can be injurious to muscles.
- Know your limitations. Miracles don't happen overnight; even experienced athletes should be aware of overexertion. Be attuned to your body; it will be the best gauge of your limitations. Don't try to "keep up" with others when your body says "slow down."

• Know your training heart rate (70 percent of your maximal heart rate), learn to take your pulse, and try to maintain this rate for about 20-30 minutes during the peak of your exercise. This rate is calculated by subtracting your age from 220 and multiplying by 70 percent. Thus, the training heart rate for a 40-year-old

person is (220-40) x 70 percent equal 126.

- Cool down gradually. Don't stop exercising instantly. Let your heart rate slowly come back to normal.
- Rest. Ideally you should work out every other day, three times a week. This gives your body a day to recuperate.



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## Fitness for the handicapped

Continued from Page 2

learned to ski on one leg as well as any able bodied water-skier, but for those who can't, there is either the "sit-ski," a sled-like ski pulled by a tow-rope, or the "outrigger" ski, a water-ski attached to a crutch that wraps around the arm just below the elbow.

● Horseback riding: "Horseback riding is a phenomenal activity for the disabled because the horse becomes their legs," says Jones. "It gives them such a sense of freedom. The horse can take them into places, wild places, they never could have gone into otherwise." Jones says there are adaptive saddles, but sometimes all that's needed is a simple crossbar attached to the reins that allows the one-armed or weak-wristed rider to guide the horse.

● Winter sports: Skiing — both downhill and cross-country — is fast becoming a popular sport for the disabled. For the single-limb amputee, the "outrigger" ski (similar to the one used for water skiing but with a shorter ski) promotes them from the "baby" hills to the "killer" hills and on to

greater challenges.

The sit-ski, a short sled with upturned sides, and the toboggan are both useful for the skier who cannot stand but still wants to hit the slopes. Some resorts are even adapting special courses to the needs of the handicapped — including the blind.

Ice skating, and even hockey, are sports that are no longer off-limits to the disabled — thanks to adaptive equipment. Hockey on sleds is not that much different from, say, basketball in wheelchairs.

● Weight-training and physical fitness. Exercise and weightlifting equipment has been adapted, both commercially and through brain-storming, for use by both the wheelchair and non-wheelchair disabled.

"I don't like the word 'handicapped,'" Jones said, "and I'm not crazy about disabled" — with all the things these people are capable of nowadays, they've proven they're neither of those things. Those words are out-of-date. I guess that's the next thing we need to brainstorm about.

## Yoga and the athlete

Continued from Page 3

"I think with yoga you learn how to control yourself and the things you can't control, you learn to adapt to. I'm now working on a different approach to yoga at classes at the Ann Arbor Y to build strength," she adds.

A former elementary school teacher who stayed home to raise three children, Thompson has found yoga is the way to build strength and be able to enjoy many athletic sports and feel the best she has ever felt.

Touhey has made yoga, and athletics, a family affair. The 33-year-old often runs with her twin sons and preschooler. On an average weekend, Patrick Touhey, 37, joins the family for a run along Hines Park Drive. Pat, involved in several area businesses, uses exercises to unwind before he starts running.

As Pam Touhey became more involved in developing her athletic abilities, she began to see another niche for herself by combining yoga intuition and sports massage. In the

last New York marathon she went along with runner Doug Kurtis of Novi to be his massage therapist.

"You have to be able to sense how the muscles feel, what the runner needs. The massage can help the tightened muscles relax and renew themselves without injury," she said.

Kurtis finished 40th in the New York event; not the best he had hoped for, but with his worldwide competitive schedule, a very good showing nonetheless. He, too, is now seeing increased benefits for himself as a runner by adding yoga to his training program to increase flexibility.

"Use yoga to measure tension in the body," suggests Touhey. "Yoga can help reduce injury by helping a person stay tuned into the body... each message you get, be open and aware."

For the concentration and focus demanded of the athlete, Touhey finds no better way to succeed at most any sport than the controlled and directed yoga skills she practices and teaches.

## Bicycling has a lot to offer

Everybody knows how to ride a bike, right? Wrong, says Robert Dickieson, 39, of Livonia, a longtime cyclist and currently president of the Michigan Council of American Youth Hostels, a local advocate for the enjoyment of bicycles.

"My advice to you is to ride whatever you have and enjoy it," said Dickieson.

"It's best to have a bike that suits you, but don't go out and buy more bike than you need. The real criteria is that the bicycle be the right size and appropriate for what you're doing," he added.

Dickieson believes too many assumptions are made about bicycles: (1) a fancy and highly technical bike is the best; and (2) everyone knows how to ride a bike.

"A bike won't feel good or be fun if it's not meeting your needs. It may be that you'd be happy with a three-speed bike that takes you around the neighborhood spring and summer evenings. Your kids might be most comfortable on a trail type bike."

Bicycling is just one of several activities that are the strong points of the area AYH. It's the camaraderie of the cyclists that Dickieson likes the best.

"The bicyclists in the club plan day trips, weekend trips, distance trips, picnics and just some casual sightseeing as well. In May I'll go to Ohio for a two-day 210-mile tour, sponsored by the Columbus Council of American Youth Hostels."

This spring AYH, headquartered in Berkley, will offer classes in "effective cycling" that help cyclists develop a better relationship with their bikes and being on the road. Sure, notes Dickieson, you can get on and pedal away. But do you know how to ride with traffic, how to cope with on-the-road emergencies and can you apply the fine points of riding that really mean the enjoyment you are looking for?

For the road, one should consider a pump a part of the bicycle. A couple of tools for minor adjustments and a tire repair kit should round out the

supplies one takes.

"Proper tire inflation can also help you avoid problems," he said.

Bicycle maintenance classes sponsored by AYH at area bicycle shops are held several times a year. Some of AYH's bicycle club's current plans include a progressive dinner ride in May and August, scavenger hunt in June, combination bike and canoe

trips, poker run, destination rides, and Sunday dinner rides.

"One of the things I like about bicycling is that I don't have to go some place to use it. I hop on my bike to go down to the store or visit a friend."

Call the Michigan Council AYH at 545-0511 for more information about bicycle club meetings and spring and summer events.

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## Sports are fun unless you hurt

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here to help. Our Immediate Care department is open extended hours (7 days a week) to care for non-critical conditions, such as sports injuries, colds, sore throats, minor burns and household accidents without an appointment.

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# Easing backaches

Contrary to public opinion, backaches are not normal to the aging process.

There are a myriad of causes for backaches. One cause of backache may be the furniture in your house or apartment — particularly the bed. A soft mattress that "gives" a great deal is a likely source of back trouble. Without proper support, the spine may become unaligned. Soft chairs can cause the same result. If your mattress is too soft, buy a new one. If you can't afford it, stick a board between the mattress and bedsprings.

One major cause of backache among women is high heels or platform shoes. Such shoes distort the posture and the spine, putting strain on lower back muscles.

Some people with backaches discover — after paying huge medical bills — that one leg may be shorter than another, causing strain to back muscles. Lie on the floor and see if your feet touch each other in perfect alignment. If one leg is shorter, spinal adjustment often can eliminate the disparity.

**DON'T ENGAGE** in a lot of

unnecessary bending. Stoves, counters and tables that are too low should be replaced.

Bending and lifting result in a large percentage of backaches. People should keep the burden of weight in front of them, bend their knees, and lift with their arms and legs — not with their lower back.

Many people have thrown out their backs carrying the laundry or groceries off to one side. Keep the spine straight. Carry the burden in front of you.

The two most important causes of backache, according to some experts, are a lack of exercise and an improper diet. It may be hard to believe that an unbalanced diet may cause such a problem, but scientific tests have proved that the addition of a nutritional balance often can eliminate backache quickly and completely.

It must come as no surprise that exercise can eliminate back problems. Healthy back muscles and the spine, helping to keep it straight and in place. Sit-ups are recommended for strengthening back muscles.



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